

Far Lateral Craniotomy for Resection of Foramen Magnum Meningioma

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Abstract **Objective** Foramen magnum meningiomas present a formidable challenge to resection due to frequent involvement of the lower cranial nerves and vertebrobasilar circulation. The video shows the use of a far lateral craniotomy to resect a foramen magnum meningioma. **Design, Setting, and Participant** A 49-year-old woman presented with neck pain and was found to have a large foramen magnum meningioma (~Fig. 1A, B). Drilling of the posterior occipital condyle was required to gain access to the lateral aspect of the brain stem. The amount of occipital condyle resection varies by patient and pathology. **Outcome/Result** Maximal total resection of the tumor was achieved (-Fig. 1B, C), and the patient was discharged on postoperative day 4 with no neurologic deficits. The technique for tumor microdissection (Fig. 2) is shown in the video. **Conclusion** Given the close proximity of foramen magnum meningiomas to vital structures at the craniocervical junction, surgical resection with careful microdissec-**Keywords** tion and preservation of the overlying dura to prevent postoperative pseudomeningo-► far lateral cele is necessary to successfully manage this pathology in those patients who are foramen magnum surgical candidates. occipital condyle The link to the video can be found at: https://youtu.be/Mds9N1x2zE0.



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Fig. 1 T1-weighted, contrast-enhanced magnetic resonance (MR) imaging of the foramen magnum meningioma. (A) Preoperative axial image showing the foramen magnum meningioma with medullary compression. (B) Preoperative sagittal image showing the predominantly left-sided foramen magnum meningioma. (C) Postoperative axial image revealing maximum total resection of the foramen magnum meningioma. (D) Postoperative sagittal image revealing maximal total resection of the foramen magnum meningioma. (Used with permission from Barrow Neurological Institute, Phoenix, Arizona).



Fig.2 Intraoperative photographs revealing key moments in the surgical approach and resection. (A) Labeled photograph displaying the key step of drilling the posterior occipital condyle. (B) Initial tumor resection after opening of the arachnoid membrane overlying the tumor. (C) A dilated nerve fascicle of CN XI noted after removal of tumor entering the jugular foramen. (D) Labeled photograph revealing tumor resection bed with preserved cranial nerves and coagulated thin tumor layer along the lateral dura. C1, cervical 1; CN, cranial nerve; VA, vertebral artery. (Used with permission from Barrow Neurological Institute, Phoenix, Arizona).

Publication Comments

This is a masterful demonstration of the "far lateral" approach to resect a left ventral foramen magnum meninigioma. This is absolutely the quintessential lesion that is best addressed with this approach. I strongly agree, there is rarely a reason, when addressing intradural pathology, to disrupt the articular surface between the occipital condyle and cervical 1 (C1). As the video demonstrates, I also often end up leaving a small plaque of tumor just ventral to the dural entry point of the ipsilateral vertebral artery. Early in my career, I would completely mobilize the vertebral artery out of the foramen transversarium of C1 and C2 to transpose it to allow access to this otherwise somewhat blind area, but I now think this is not a fruitful undertaking. It puts the artery at significant risk, takes a very long time, and by no means guarantees a surgical cure. Of note, I usually use an autologous fascia lata graft sewn in with a running 5-0 monofilament suture to get a watertight closure to avoid pseudomeningocele formation at the conclusion of tumor resection. I also prefer the "hockey-stick" incision rather than

a C-shaped retroauricular incision. I feel this video will be a great primer for anyone planning to perform this approach. Congratulations to the authors on a great result.

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Conflict of Interest None declared.

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