

# Carbapenem-resistant *Acinetobacter baumannii* and *Pseudomonas aeruginosa*: characterization of carbapenemase genes and E-test evaluation of colistin-based combinations

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**Background:** Carbapenemase producing *Acinetobacter baumannii* and *Pseudomonas aeruginosa* are emerging worldwide limiting the use of carbapenems as effective and safe drugs.

**Purpose:** To characterize different carbapenemase genes carried by carbapenem-resistant (CR) *A. baumannii* and *P. aeruginosa* isolates and to evaluate the in vitro effect of some colistin-based combinations by E-test method in Zagazig University Hospitals ICU isolates.

**Methods:** CR *A. baumannii* and *P. aeruginosa* isolated from the surgical intensive care unit (ICU) were tested for carbapenemase genes by polymerase chain reaction and the effect of colistin/meropenem and colistin/tigecycline combinations was evaluated by E-test.

**Results:** Genes coding for OXA-23, NDM and GES were detected in 90, 66.7 and 50% of CR *A. baumannii*, respectively, while genes coding for VIM, GES, NDM and IMP were detected in 50, 40.9, 27.3 and 18.2% of CR *P. aeruginosa*, respectively. Colistin/tigecycline combination showed synergistic and additive effect in 20% and 60% of *A. baumannii* isolates, respectively, while colistin/meropenem combination showed synergistic and additive effect in 63.6% and 36.4% of *P. aeruginosa*, respectively.

**Conclusion:** Carbapenemase genes carriage accounts for high level carbapenem resistance in our isolates. Colistin/tigecycline and colistin/meropenem combinations can be considered for treatment of severe infections by CR *A. baumannii* and *P. aeruginosa*, respectively.

**Keywords:** meropenem, multidrug resistant, synergy, fractional inhibitory concentration, intensive care unit

## Introduction

Carbapenems are well-known  $\beta$ -lactam antibiotics with broad spectrum activity that have long been used for treating severe infections caused by otherwise resistant Gram-negative bacteria (GNB).<sup>1</sup> Nevertheless, these agents have been misused to the extent that they are no longer effective due to the high rate of development of different resistant mechanisms that target them.<sup>2</sup>

Among these resistant mechanisms, acquired carbapenem hydrolyzing enzymes (carbapenemases) emergence and their wide dissemination represented a global health threat which poses serious therapeutic and infection control challenges being associated with elevated mortality rates and increase in hospital stay.<sup>3,4</sup> For these reasons, clinicians became highly concerned about rapidly identifying bacteria carrying these genes to reduce or prevent this problem in health care centers.<sup>5</sup>

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Carbapenemases are diverse and include members of  $\beta$ -lactamase molecular classes A, B and D.<sup>6</sup> Class D oxacillinases (OXA type) are the most prevalent in *Acinetobacter baumannii* while in *Pseudomonas aeruginosa*, carbapenemases are mostly class B (metallo- $\beta$ -lactamases).<sup>7,8</sup>

Although the definitions for MDR and XDR (multi- and extensively drug-resistant) GNB do not necessarily require resistance to carbapenems,<sup>9</sup> the carbapenem-resistant (CR) phenotype is very common for MDR and particularly for XDR isolates because carbapenemase-encoding genes are carried on mobile genetic elements that usually carry genetic determinants for resistance to other antibiotics.<sup>10</sup>

The lack of effective antibiotics against CR-GNB and the drying out of the pipeline of new antibiotics forced physicians to recall old antibiotics (ie, polymyxins) back into clinical use.<sup>11</sup> Most CR-GNB, including those with XDR profile, show in vitro susceptibility to colistin.<sup>12</sup> However, the possibility of emergence of hetero-resistance and the low clinical efficacy of colistin in monotherapy in addition to its high toxicity, led to the utilization of colistin in combination with other antibiotics for desperately ill patients with serious infections especially in intensive care units (ICUs).<sup>13</sup>

The E-test method for antibiotic combination testing is an easily performed, rapid method that showed good concordance with other methods used for evaluating the effect of antibiotic combinations.<sup>14,15</sup> It is thus reliable when results are to be used in guiding combination therapies.<sup>16</sup>

This study was conducted to characterize different carbapenemase genes carried by CR *A. baumannii* and *P. aeruginosa* isolates and to evaluate the in vitro effect of some colistin-based combinations by E-test method in Zagazig University Hospitals ICU isolates.

## Materials and methods

### Bacterial isolates and primary susceptibility testing

Fifty *A. baumannii* and 43 *P. aeruginosa* non-duplicate clinical isolates collected over a 6-month period (July 2017–December 2017) from the surgical ICU of Zagazig University Hospitals were included in the study. Identification was done by Vitek 2 system (Biomérieux, Marcy l’Etoile, France). The designation “*A. baumannii*” here is used to refer to the pathogenic members of the *Acinetobacter baumannii* complex.

Isolates were tested for antimicrobial susceptibility by the modified Kirby-Bauer disc diffusion method. Antimicrobial susceptibility included that of carbapenems (imipenem and meropenem), aminoglycosides (amikacin and tobramycin), antipseudomonal penicillin/ $\beta$ -lactamase inhibitor (piperacillin/

tazobactam), monobactam (aztreonam), broad spectrum cephalosporins (ceftazidime, cefepime), and antipseudomonal fluoroquinolones (ciprofloxacin, levofloxacin). Minimum inhibitory concentration (MIC) values of meropenem and colistin were detected by broth microdilution method in those isolates found resistant to carbapenems and sub-cultures of these isolates on glycerol broth were stored at  $-20^{\circ}\text{C}$ . *P. aeruginosa* ATCC®27853 was used as a quality control strain (American Type Culture Collection [ATCC], Manassas, VA, USA).

### Detection of *bla* genes responsible for carbapenem resistance in CR isolates by polymerase chain reaction (PCR)

Bacterial DNA was extracted from isolated colonies using QIAamp® DNA Mini kit (Qiagen GmbH, Hilden, Germany). Amplification was done using Taq PCR Master Mix (Qiagen GmbH). Two multiplex PCRs were done; the first was for detection of genes encoding class A carbapenemase (*bla*<sub>KPC</sub> and *bla*<sub>GES</sub>) and genes encoding class B metallo-beta-lactamases (MBL) (*bla*<sub>IMP</sub> and *bla*<sub>VIM</sub>) in all isolates using primers and conditions described by Monteiro et al.<sup>5</sup> *Klebsiella pneumoniae* ATCC BAA-1705 was used as the positive control for *bla*<sub>KPC</sub>. The other multiplex PCR was for detection of genes encoding class D carbapenemase (OXA-type carbapenemase) (*bla*<sub>OXA-23</sub>, *bla*<sub>OXA-24</sub>, *bla*<sub>OXA-58</sub>, *bla*<sub>OXA-143</sub>) in *A. baumannii* isolates only as described by Woodford et al and Higgins et al.<sup>17,18</sup> Detection of (*bla*<sub>NDM</sub>) genes encoding New Delhi metallo-beta-lactamases (NDM) was performed in a separate reaction for all isolates as described by Poirel et al.<sup>19</sup>

### Individual MIC values determination by E-test

MIC values of meropenem and colistin against all isolates and MIC values of tigecycline against *A. baumannii* isolates were determined separately by E-test to be used in fractional inhibitory concentration (FIC) calculation. *P. aeruginosa* ATCC®27853 was used as a quality control strain. Results were interpreted according to the Clinical and Laboratory Standards Institute 2017,<sup>20</sup> except for the MIC values of tigecycline against *A. baumannii* where the standards specified for the *Enterobacteriaceae* family by the US Food and Drug Administration were used (susceptible, MIC  $\leq 2$   $\mu\text{g/mL}$ , intermediate, MIC is  $>2$  to  $<8$   $\mu\text{g/mL}$ , resistant, MIC  $\geq 8$   $\mu\text{g/mL}$ ).<sup>21</sup>

### Antimicrobial combination testing

The effect of antimicrobial combinations was evaluated for colistin/meropenem and colistin/tigecycline in *A. baumannii* isolates and for colistin/meropenem in *P. aeruginosa* isolates

by “Perpendicular E-test” method. Briefly, E-test strips of the two antimicrobials were placed on the agar at right angles intersecting at the respective MIC values previously determined for each antibiotic separately against the isolate. The agar plates were then incubated at 37°C for 18 hours. The MIC value of each antimicrobial in the combination was read.<sup>22</sup>

The fractional inhibitory concentration index ( $\Sigma$  FIC) was calculated for each antimicrobial combination according to the following formula:  $\Sigma$  FIC = FIC [A]+ FIC [B]<sup>23</sup>

FIC [A]= MIC drug A when tested in combination with drug B/ MIC of drug A alone

FIC [B]= MIC drug B when tested in combination with drug A/ MIC of drug B alone

Interpretation of the  $\Sigma$  FIC results was done as follows:  $\leq 0.5$ , synergy;  $>0.5$  to  $\leq 1.0$ , additively;  $>1.0$  to  $<4.0$ , indifference; and  $\geq 4$ , antagonism.<sup>23</sup>

When the individual MIC value of an isolate was more than the highest concentration on any of the E-test strips, the strips were placed intersecting at the highest concentration present on this E-test strip. The MIC value used to calculate the FIC index was then considered as one 2-fold dilution above the highest concentration on the E-test strip.<sup>14</sup> This was necessary for meropenem in most of the isolates where individual MIC values for meropenem were  $\geq 32$   $\mu\text{g/mL}$ .

This study was approved by the institutional review board (IRB) – Faculty of Medicine, Zagazig University. A written informed consent was obtained from each patient or the guardians of unconscious patients.

## Results

Thirty out of 50 *A. baumannii* isolates (60%) and 22 out of 43 *P. aeruginosa* isolates (51%) tested were CR; they showed resistance to imipenem and meropenem by disc diffusion method as well as resistance to meropenem by broth microdilution (ie, MIC  $\geq 8$   $\mu\text{g/mL}$ ). These isolates were also resistant to the majority of the tested antibiotic classes expressing an MDR or XDR phenotype.

PCR results showed that all CR *A. baumannii* isolates harbored at least one of the genes under investigation. The most common resistance gene was *bla*<sub>OXA-23</sub> in 90% of the isolates (27/30) followed by *bla*<sub>NDM</sub> in 66.7% of the isolates (20/30), then *bla*<sub>GES</sub> in 50% of the isolates (15/30), while the *bla*<sub>KPC</sub>, *bla*<sub>IMP</sub>, *bla*<sub>VIM</sub>, *bla*<sub>OXA-24</sub>, *bla*<sub>OXA-58</sub> and *bla*<sub>OXA-143</sub> genes were not detected. On the other hand, all CR *P. aeruginosa* isolates harbored at least one of the tested genes except a single isolate in which none of the tested genes was detected. They showed high prevalence of class B carbapenemases where 18/22 (81.8%) harbored at least one of the tested MBL genes. Meanwhile *bla*<sub>GES</sub> was the only serine carbapenemase gene detected in (40.9%) of *P. aeruginosa* isolates (Table 1).

Meropenem MICs for *CRA. baumannii* isolates by broth dilution method ranged from 32 to 512  $\mu\text{g/mL}$  (Table 2). By E-test, all meropenem MIC values were  $\geq 32$   $\mu\text{g/mL}$  (ie, the maximum value on meropenem strip). All these isolates were colistin-sensitive by broth microdilution, where colistin MIC values ranged from 0.38 to 1.5  $\mu\text{g/mL}$ . However, 15 isolates (50%) were tigecycline-resistant (MIC  $\geq 8$   $\mu\text{g/mL}$ ), 12 isolates (40%) were intermediate and three isolates (10%) were tigecycline-sensitive (MIC  $\leq 2$   $\mu\text{g/mL}$ ). MIC for tigecycline by E-test ranged from 2 to  $-16$   $\mu\text{g/mL}$ .

Meropenem MICs for CR *P. aeruginosa* isolates by broth dilution method ranged from 32 to 512  $\mu\text{g/mL}$  (Table 2). By E-test, all meropenem MIC values were  $\geq 32$   $\mu\text{g/mL}$ . MICs for colistin ranged from 0.38 to 16  $\mu\text{g/mL}$ . Twenty isolates (90.9%) were colistin-sensitive (MIC  $\leq 2$   $\mu\text{g/mL}$ ), and two isolates (9.1%) were resistant (MIC  $\geq 4$   $\mu\text{g/mL}$ ).

In the 30 CR *A. baumannii* isolates tested, both colistin/meropenem and colistin/tigecycline combination showed additive effects against most of the isolates; 25 (83.3%) and 18 (60%), respectively (Figure 1), but synergism was only detected for colistin/tigecycline combination in six isolates (20%). Meanwhile, no antagonism was detected for either combinations (Table 3).

**Table 1** *bla* genes detected by PCR in carbapenem resistant isolates

Isolates	<i>bla</i> genes	Class A		Class B			Class D				Total + ve
		<i>bla</i> <sub>KPC</sub>	<i>bla</i> <sub>GES</sub>	<i>bla</i> <sub>IMP</sub>	<i>bla</i> <sub>VIM</sub>	<i>bla</i> <sub>NDM</sub>	<i>bla</i> <sub>OXA-23</sub>	<i>bla</i> <sub>OXA-24</sub>	<i>bla</i> <sub>OXA-58</sub>	<i>bla</i> <sub>OXA-143</sub>	
<i>A baumannii</i>	No (%)	0 (0)	15 (50)	0 (0)	0 (0)	20 (66.7)	27 (90)	0 (0)	0 (0)	0 (0)	30 (100)
	Total	15 (50%)		20 (66.7%)			27 (90%)				
<i>P aeruginosa</i>	No (%)	0 (0)	9 (40.9)	4 (18.2)	11 (50)	6 (27.3)	NA	NA	NA	NA	21 (95.5)
	Total	9 (40.9%)		18 (81.8%)			NA (not applicable)				

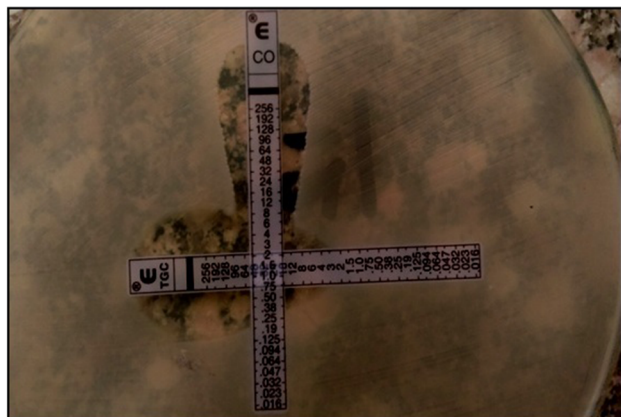
**Abbreviations:** *A baumannii*, *Acinetobacter baumannii*; *P aeruginosa*, *Pseudomonas aeruginosa*; PCR, polymerase chain reaction.

**Table 2** Carbapenemase gene distribution among isolates, the corresponding meropenem MIC range and the effect of antimicrobial combination

No. of isolates	Carbapenemase genes detected	Meropenem MIC range <sup>a</sup>	FIC (range)/effect of combination	
			Colistin/meropenem	Colistin/tigecycline
<i>Acinetobacter baumannii</i>				
15	OXA-23 + NDM	32–512	(0.75–1.17) add/indiff	(0.43–1.17) syn/add/indiff
9	OXA-23 + GES	64–512	(0.75–1.17) add/indiff	(0.46–1.26) syn/add/indiff
2	NDM + GES	256	(0.83) additive	(0.49–1) syn/add
3	OXA-23 + GES + NDM	128–256	(1–1.17) add/indiff	(0.49–0.92) syn/add
1	GES only	32	(0.87) add	(1.16) indiff
<i>Pseudomonas aeruginosa</i>				
5	VIM only	64–512	(0.36–0.81) syn/add	NA (not applicable)
3	GES only	64–512	(0.28–0.58) syn/add	NA
4	NDM only	32–128	(0.22–0.56) syn/add	NA
4	VIM + GES	128–256	(0.31–0.75) syn/add	NA
2	IMP + GES	64–128	(0.36–0.51) syn/add	NA
1	NDM + IMP	128	(0.73) add	NA
1	NDM + VIM	128	(0.28) syn	NA
1	VIM + IMP	128	(0.41) syn	NA
1	None detected	32	(0.36) syn	NA

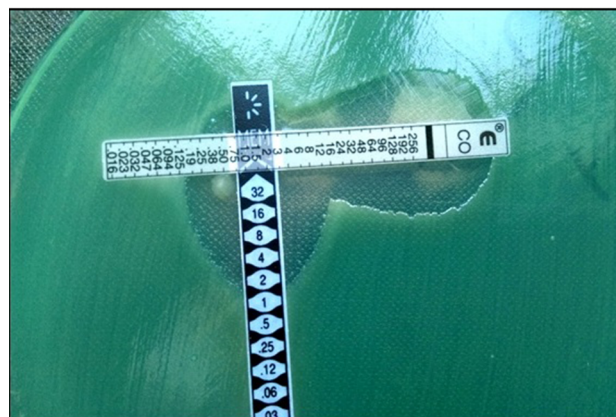
**Notes:** <sup>a</sup>Measured by broth microdilution method.

**Abbreviations:** FIC, fractional inhibitory concentration; MIC, minimum inhibitory concentration; add, additive; indiff, indifference; syn, synergy.



**Figure 1** Colistin/tigecycline combination test (*Acinetobacter baumannii*).  
**Notes:** The MIC of colistin was 0.75 µg/mL when tested alone but was 0.25 µg/mL when tested in combination. The MIC of tigecycline was 16 µg/mL when tested alone but was 3 µg/mL when tested in combination. This was an additive effect (isolate no. 12; Table S1).

**Abbreviation:** MIC, minimum inhibitory concentration.



**Figure 2** Colistin/meropenem combination test (*Pseudomonas aeruginosa*).  
**Notes:** The MIC of colistin was 0.75 µg/mL when tested alone but was 0.25 µg/mL when tested in combination. The MIC of meropenem was >32 µg/mL when tested alone but was 2 µg/mL when tested in combination. This was a synergistic effect (isolate no. 1; Table S2).

**Abbreviation:** MIC, minimum inhibitory concentration.

**Table 3** The effect of colistin based combinations against *Acinetobacter baumannii* and *Pseudomonas aeruginosa*

Antimicrobial combination	Synergy No (%)	Additive No (%)	Indifferent No (%)	Antagonism No (%)	Mean FIC (SD)	Min/Max FIC
<u>COL/MEM</u>						
<i>A. baumannii</i>	0/30 0%	25/30 (83.3%)	5/30 (16.7%)	0/30 0%	0.95 (0.18)	0.75/1.17
<i>P. aeruginosa</i>	14/22 (63.6%)	8/22 (36.4%)	0/22 0%	0/22 0%	0.49 (0.26)	0.22/0.81
<u>COL/TGC</u>						
<i>A. baumannii</i>	6/30 (20%)	18/30 (60%)	6/30 (20%)	0/30 (0%)	0.8 (0.24)	0.43/1.26

**Abbreviations:** COL, colistin; MEM, meropenem; TGC, tigecycline.

Out of 22 CR *P. aeruginosa* isolates tested, the colistin/meropenem combination showed synergistic effects against most 14 (63.6%) isolates (Figure 2) and additive effect in eight (36.4%) isolates (Table 3).

## Discussion

This study depicts the increasingly reported threat of carbapenem resistance in the two frequently isolated Gram negative non-fermentative bacilli in Zagazig University Hospitals (ie, *A. baumannii* and *P. aeruginosa*), where 60% of *A. baumannii* and 43% of *P. aeruginosa* isolated over a 6-month period were CR. They all showed high level meropenem resistance with MIC values ranging from 32 to 512 µg/mL. In addition, they all exhibited an MDR profile being non-susceptible to at least one agent in at least three of the tested antimicrobial classes. This is attributed to the fact that mobile genetic elements carrying carbapenemase genes also carry genetic determinants of other antimicrobial resistance.

Screening our CR isolates for nine carbapenemase genes previously reported in our region yielded at least a single PCR product in 51/52 isolates which underscores the production of carbapenem-hydrolyzing enzymes as a common mechanism for high level carbapenem resistance displayed by our isolates. In a study in Saudi Arabia only 11 of 39 (18%) CR *P. aeruginosa* yielded a PCR product for carbapenemase genes.<sup>24</sup> Extended spectrum β-lactamases (ESBLs), porin mutations and/or presence of efflux pumps are other carbapenem resistance mechanisms that were implicated in carbapenem resistance in the absence of carbapenemase genes in tested isolates.<sup>25</sup>

In CR *A. baumannii* isolates, *bla*<sub>OXA-23</sub> was the most frequent carbapenemase gene and the only OXA-type carbapenemase detected in 27/30 (90%), followed by *bla*<sub>NDM</sub> in 20/30 (66.7%) then *bla*<sub>GES</sub> in 15/30 (50%). Kateete et al, in another African study, reported *bla*<sub>OXA-23</sub> 60% (9/15) as the most frequent OXA-type carbapenemase gene detected in CR *A. baumannii* followed by *bla*<sub>OXA-58</sub> (2/15, 13%) and *bla*<sub>OXA-24</sub> (1/15, 7%), while *bla*<sub>VIM</sub> was the only metallo-β-lactamase detected in 2/15 (13%) in such isolates.<sup>26</sup> The *bla*<sub>KPC</sub> gene, the metallo-β-lactamases (VIM, IMP) genes as well as other tested OXA-type genes were not detected in our CR *A. baumannii* isolates.

*A. baumannii* strains harboring *bla*<sub>OXA-23</sub> have been reported to emerge around the world replacing *bla*<sub>OXA-58</sub> that predominated for a long period among CR *A. baumannii* isolates and became the most prevalent carbapenemase gene circulating in different Mediterranean countries including Egypt.<sup>27,28</sup> The higher carbapenemase activity of OXA-23

and/or horizontal gene transfer might provide a selective advantage for such isolates.<sup>29</sup>

KPCs and GES-type class A carbapenemases have been described in *A. baumannii*.<sup>30</sup> Only GES-type carbapenemase was reported in Mediterranean countries. In addition, a Turkish study found that *A. baumannii* strains that belong to ST2, a part of the worldwide distributed clone II group, co-harbor both *bla*<sub>OXA-23</sub> and *bla*<sub>GES-11</sub>.<sup>31</sup> This applies to the current study where *bla*<sub>GES</sub>, and not *bla*<sub>KPC</sub>, was detected and coexisted with *bla*<sub>OXA-23</sub> in 12/30 (40%) of CR *A. baumannii* isolates.

In Egypt NDM-1 and NDM-2 encoding genes have been reported since 2011.<sup>32,33</sup> Another Egyptian study identified MBL-encoding genes *bla*<sub>VIM</sub> and *bla*<sub>NDM-1</sub> in 86.4% and 59.1% of MBL-producing *A. baumannii* isolates, respectively.<sup>34</sup>

In CR *P. aeruginosa* isolates, *bla*<sub>GES</sub> was detected in 40.9% of the isolates (9/22). Metallo-β-lactamase (MBL) genes were detected in 18/22 isolates including *bla*<sub>IMP</sub> (18.2%, 4/22), *bla*<sub>VIM</sub> (50%, 11/22), and *bla*<sub>NDM</sub> (27.3%, 6/22). In a study in Saudi Arabia, two MBL types, VIM and/or IMP, were detected in 12/34 CR *P. aeruginosa* isolates.<sup>24</sup> In Uganda, metallo-β-lactamase genes detected in CR *P. aeruginosa* were *bla*<sub>IMP1</sub> (36%, 9/25), *bla*<sub>IMP2</sub> (4%, 1/25), *bla*<sub>VIM1</sub> (32%, 8/25), and *bla*<sub>NDM1</sub> (4%, 1/25).<sup>26</sup>

The KPC enzyme-encoding gene (*bla*<sub>KPC</sub>), known to be prevalent among *Enterobacteriaceae*, was not detected in our isolates but was identified in *Pseudomonas* (16.9%) and *Acinetobacter spp.* (11.9%) from another Egyptian study.<sup>35</sup>

In the past few years, antibiotic combination therapy has been employed as the standard for treating severe infections by CR GNB, particularly those with an XDR profile, justified by the possible additive or synergistic effect of adding drugs and by the broad spectrum activity that suppresses the emergence of resistant subpopulations if one antibiotic is used.<sup>36</sup> However, the irrational use of antibiotic combinations can worsen the existing antibiotic resistance problem. Thus, antibiotic combination should be rationally optimized based on preliminary in-vitro or animal studies followed by clinical trials on human subjects. Experts further recommend that combinations should be individualized based on the agent involved, its antibiotic susceptibility pattern, the type of infection and the patient's characteristics.<sup>13</sup>

So far, most CR GNB are susceptible to colistin. In the present study all CR *A. baumannii* and 90.9% of CR *P. aeruginosa* isolates were colistin-sensitive and this nominates colistin to be a cornerstone drug in combination therapy. In CR *A. baumannii*, the colistin/meropenem combination showed additive effects in most (83.3%) of the isolates

and indifferent effects in only 16.7%. This agrees with a recent Lebanese study where 'Perpendicular E-tests' showed additive effects of the colistin/meropenem combination in *A. baumannii*. Synergy, however, was not detected in either studies but a reduction of colistin MIC in combination means lower doses of colistin can be used in therapy, thus minimizing its toxic effects.<sup>16</sup> In CR *P. aeruginosa*, the colistin/meropenem combination showed better results where synergistic and additive effects were detected in 63.6% and 36.4% of the isolates, respectively. Daoud et al on testing this combination, found that six strains (54.5%) of *A. baumannii* and three (27.3%) strains of *P. aeruginosa* showed synergy while five (45.5%) strains of *A. baumannii* and seven (63.3%) strains of *P. aeruginosa* showed additive effect, while only one (9%) strain of *P. aeruginosa* showed antagonism.<sup>37</sup>

On the other hand, the colistin/tigecycline combination against CR *A. baumannii* isolates showed synergistic, additive and indifferent effects in six (20%), 18 (60%) and six (20%), respectively. Karaoglan et al found that 96% and 64% of CR *A. baumannii* isolates were colistin- and tigecycline-sensitive, respectively. Meanwhile, the colistin/tigecycline combination revealed synergistic effects in 12% of such isolates.<sup>38</sup> Ni et al in a study on MDR *A. baumannii* strains, reported that the colistin/tigecycline combination had a synergistic effect in 24.3%.<sup>39</sup> In contrast, a recent Turkish study found colistin/tigecycline combination synergistic in 2%, additive in 6%, indifferent in 88%, and antagonistic in 4% of *A. baumannii* isolates; all were tigecycline- and colistin-sensitive, concluding that the colistin/tigecycline combination is not an optimal treatment choice.<sup>40</sup>

The synergistic or additive outcome of the colistin-based combination could be due to its ability to disrupt the bacterial outer membrane which facilitates the entry of the other agents into the bacterial cell. In addition, discrepant results of antibiotic combinations in different studies could be due to the different antibiotic selective pressure and genetic makeup of the isolates leading to their differential adaptation in different environments and consequently difference in their response to antimicrobial agents.<sup>16</sup>

## Conclusion

High level carbapenem resistance detected in CR *A. baumannii* and CR *P. aeruginosa* in this study is attributed to the carriage of carbapenemase genes in different combinations. Colistin/tigecycline and colistin/meropenem combinations can be considered for treatment of severe infections by CR

*A. baumannii* and *P. aeruginosa*, respectively, after adequate review of relevant pharmacodynamic and pharmacokinetic data. Moreover, the in vivo efficacy of these combinations needs to be proved by further clinical studies.

## Limitations of the study

Primers used in this study amplify all alleles of the GES gene. So, a sequencing step would be helpful to differentiate between alleles of GES gene with ESBL and carbapenemase activities.

## Disclosure

The authors report no conflicts of interest in this work.

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## Supplementary materials

**Table S1** Individual MIC values of tested agents, FIC values of tested combinations and corresponding carbapenemase gene/s for all *Acinetobacter baumannii* isolates

	MIC (µg/mL)			Colistin + tigecycline				Colistin + meropenem				bla gene/s
	MEM	CL	TGC	CL	TGC	FIC	Combin.	CL	MEM	FIC	Combin.	
1	256	0.5	12	0.125	3	0.5	synergy	0.25	32	1	additive	OXA-GES-NDM
2	128	1.5	6	0.75	3	1	additive	0.75	32	1	additive	OXA-GES
3	256	0.38	16	0.125	8	0.83	additive	0.125	32	0.83	additive	OXA-NDM
4	128	1	16	0.5	8	1	additive	0.38	32	0.88	additive	OXA-GES
5	128	0.5	8	0.125	3	0.625	additive	0.25	32	1	additive	OXA-NDM
6	64	0.75	6	0.5	1	0.83	additive	0.25	32	0.83	additive	OXA-NDM
7	64	1.5	2	0.5	1	0.83	additive	1.0	32	1.17	indifferent	OXA-NDM
8	512	0.75	3	0.25	1	0.66	additive	0.25	32	0.83	additive	OXA-GES
9	32	0.5	3	0.125	1.5	0.75	additive	0.25	16	1	additive	OXA-NDM
10	64	0.75	16	0.25	2	0.46	synergy	0.25	32	0.83	additive	OXA-GES
11	128	0.75	8	0.38	2	0.75	additive	0.25	32	0.83	additive	OXA-NDM
12	512	0.75	16	0.25	3	0.52	additive	0.25	32	0.83	additive	OXA-NDM
13	128	1	3	0.25	2	0.92	additive	0.50	32	1	additive	OXA-GES
14	512	1	16	0.25	3	0.43	synergy	0.25	32	0.75	additive	OXA-NDM
15	128	1	3	0.38	1	0.71	additive	0.38	32	0.88	additive	OXA-NDM
16	256	0.38	6	0.19	3	1	additive	0.125	32	0.83	additive	GES-NDM
17	32	1.5	8	1	4	1.16	indifferent	0.75	12	0.87	additive	GES
18	512	0.5	6	0.19	3	0.88	additive	0.25	32	1	additive	OXA-NDM
19	128	0.5	8	0.38	4	1.26	indifferent	0.25	32	1	additive	OXA-GES
20	128	0.75	6	0.38	4	1.17	indifferent	0.25	32	0.83	additive	OXA-NDM
21	128	1	6	0.38	4	1.05	indifferent	0.38	32	0.88	additive	OXA-GES
22	128	0.75	8	0.5	2	0.92	additive	0.50	32	1.17	indifferent	OXA-GES-NDM
23	256	0.75	6	0.25	1	0.49	synergy	0.25	32	0.83	additive	GES-NDM
24	128	0.75	2	0.25	0.75	0.71	additive	0.25	32	0.83	additive	OXA-NDM
25	64	0.75	16	0.5	1	0.73	additive	0.50	32	1.17	indifferent	OXA-GES
26	512	0.75	16	0.5	6	1.04	indifferent	0.38	32	1.01	indifferent	OXA-NDM
27	256	0.75	6	0.25	1	0.49	synergy	0.38	32	1.01	indifferent	OXA-GES-NDM
28	64	1	12	0.25	3	0.5	synergy	0.25	32	0.75	additive	OXA-GES
29	256	0.38	8	0.19	3	0.875	additive	0.125	32	0.83	additive	OXA-NDM
30	64	1.5	2	1	1	1.16	indifferent	0.75	32	1	additive	OXA-NDM

**Abbreviations:** FIC, fractional inhibitory concentration; MIC, minimum inhibitory concentration; CL, colistin; MEM, meropenem; TGC, tigecycline.



**Table S2** Individual MIC values of tested agents, FIC values of tested combination and corresponding carbapenemase gene/s for all *Pseudomonas aeruginosa* isolates

	MIC ( $\mu\text{g/mL}$ )		Colistin + meropenem combination			Combination	bla gene/s
	Meropenem	Colistin	Colistin MIC	Meropenem MIC	FIC		
1	128	0.75	0.25	2	0.36	synergy	GES-VIM
2	256	16	3	8	0.31	synergy	GES-VIM
3	128	1	0.38	2	0.41	synergy	VIM-IMP
4	128	1	0.5	4	0.56	additive	NDM
5	64	2	1	1	0.51	additive	GES-IMP
6	128	1.5	0.38	2	0.28	synergy	NDM
7	256	1	0.25	8	0.38	synergy	VIM
8	128	0.75	0.5	4	0.73	additive	IMP-NDM
9	128	0.75	0.25	2	0.36	synergy	GES-IMP
10	512	2	1	16	0.75	additive	VIM
11	32	2	0.38	1	0.22	synergy	NDM
12	256	1.5	0.75	16	0.75	additive	GES-VIM
13	128	2	1	4	0.56	additive	NDM
14	512	0.75	0.25	16	0.58	additive	GES
15	128	0.5	0.125	2	0.28	synergy	VIM-NDM
16	64	0.38	0.125	1	0.34	synergy	GES
17	256	1	0.25	8	0.38	synergy	VIM
18	64	1.5	0.50	2	0.36	synergy	VIM
19	256	8	2	8	0.38	synergy	GES-VIM
20	128	2	1.5	4	0.81	additive	VIM
21	32	0.75	0.25	1	0.36	synergy	-
22	128	0.5	0.125	2	0.28	synergy	GES

**Notes:** Meropenem MIC values  $>32 \mu\text{g/mL}$  (highest concentration on E-test strip) were calculated as  $64 \mu\text{g/mL}$  (two-fold dilution above highest concentration on E-test strip).

**Abbreviations:** FIC, fractional inhibitory concentration; MIC, minimum inhibitory concentration.

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