

Dipeptidyl peptidase 3, a marker of the antagonist pathway of the renin–angiotensin–aldosterone system in patients with heart failure

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Aims

Recently, dipeptidyl peptidase 3 (DPP3) has been discovered as the peptidase responsible for cleavage of angiotensin (1–7) [Ang (1–7)]. Ang (1–7) is part of the angiotensin-converting enzyme–Ang (1–7)–Mas pathway which is considered to antagonize the renin–angiotensin–aldosterone system (RAAS). Since DPP3 inhibits the counteracting pathway of the RAAS, we hypothesize that DPP3 might be deleterious in the setting of heart failure. However, no data are available on DPP3 in chronic heart failure. We therefore investigated the clinical characteristics and outcome related to elevated DPP3 concentrations in patients with worsening heart failure.

Methods and results

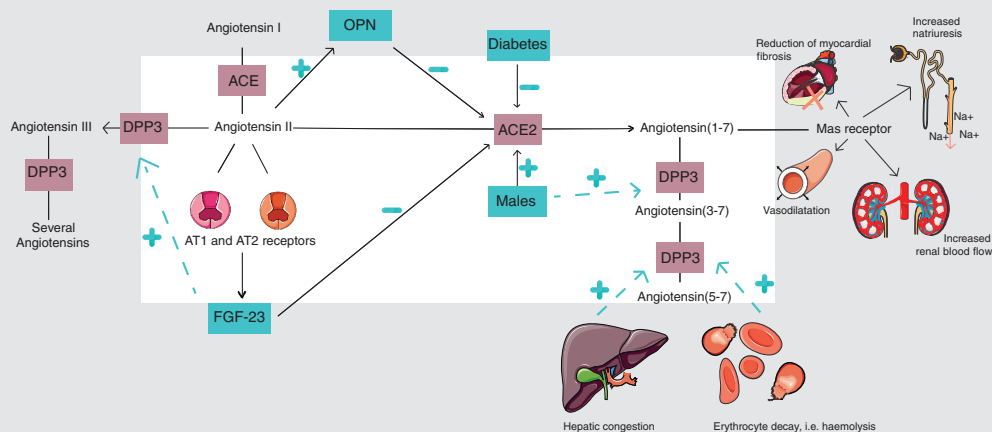
Dipeptidyl peptidase 3 was measured in 2156 serum samples of patients with worsening heart failure using luminometric immunoassay (DPP3-LIA) by 4TEEN4 Pharmaceuticals GmbH, Hennigsdorf, Germany. Predictors of DPP3 levels were selected using multiple linear regression with stepwise backward selection. Median DPP3 concentration was 11.45 ng/mL with a range from 2.8 to 84.9 ng/mL. Patients with higher DPP3 concentrations had higher renin [78.3 (interquartile range, IQR 26.3–227.7) vs. 120.7 IU/mL (IQR 34.74–338.9), $P < 0.001$, for Q1–3 vs. Q4] and aldosterone [88 (IQR 44–179) vs. 116 IU/mL (IQR 46–241), $P < 0.001$, for Q1–3 vs. Q4] concentrations. The strongest independent predictors for higher concentration of DPP3 were log-alanine aminotransferase, log-total bilirubin, the absence of diabetes, higher osteopontin, fibroblast growth factor-23 and N-terminal pro-B-type natriuretic peptide concentrations (all $P < 0.001$). In univariable survival analysis, DPP3 was associated with mortality and the combined endpoint of death or heart failure hospitalization ($P < 0.001$ for both). After adjustment for confounders, this association was no longer significant.

Conclusions

In patients with worsening heart failure, DPP3 is a marker of more severe disease with higher RAAS activity. It may be deleterious in heart failure by counteracting the Mas receptor pathway. Procizumab, a specific antibody against DPP3, might be a potential future treatment option for patients with heart failure.

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Graphical Abstract



Simplified depiction of the renin–angiotensin–aldosterone system. Angiotensin I is converted to angiotensin II by angiotensin-converting enzyme (ACE). Angiotensin II is degraded to angiotensin III and several other angiotensins. Angiotensin II directly stimulates osteopontin (OPN) synthesis and activates the AT₁ and AT₂ receptors, eventually leading to increased fibroblast growth factor-23 (FGF-23) concentrations. FGF-23 has a proposed direct stimulation effect on dipeptidyl peptidase 3 (DPP3), as indicated by the dotted arrow. Both OPN and FGF-23 negatively influence ACE2 concentrations. ACE2 converts angiotensin II to angiotensin (1–7). Angiotensin (1–7) activates the Mas receptor, leading to reduction of myocardial fibrosis, increased natriuresis, vasodilatation and increased renal blood flow. DPP3 converts angiotensin (1–7) to angiotensin (3–7) and angiotensin (5–7). Diabetes has a negative effect on ACE2 concentrations. Male sex has a positive effect on ACE2 levels and a proposed direct positive effect on DPP3 levels, as indicated by the dotted arrow. Both decay of liver cells and erythrocytes will release DPP3 into the plasma, depicted by the dotted arrows.

Keywords

Dipeptidyl peptidase 3 • Renin–angiotensin–aldosterone system • Angiotensin II • Mas receptor • Angiotensin-converting enzyme 2

Background

It was recently discovered that dipeptidyl peptidase 3 (DPP3) is responsible for enzymatic cleavage of both angiotensin II (AngII) and the heptapeptide angiotensin (1–7) [Ang(1–7)] to Ang(3–7) and Ang(5–7).^{1,2} (*Graphical Abstract*). Ang(1–7) is part of the angiotensin-converting enzyme 2 (ACE2)–Ang(1–7)–Mas receptor (AAM) axis, which is considered the antagonistic pathway of the renin–angiotensin–aldosterone (RAAS) system.³ Activation of the AAM pathway leads to vasodilatation, increased renal blood flow and increased natriuresis. The beneficial effects of angiotensin-converting enzyme inhibitors (ACE-i) and angiotensin receptor blockers (ARBs) have been partly attributed to stimulation of the Mas receptor.^{4,5} In contrast, breakdown of Ang(1–7) by DPP3 would inhibit the potentially beneficial effects of the AAM pathway, and might therefore have deleterious cardiovascular effects⁴ (*Graphical Abstract*). This is supported by a study showing that DPP3 infusion in healthy mice caused cardiac depression and these effects were antagonized by procizumab, a specific antibody directed against circulating DPP3.⁶ In patients with cardiogenic shock, higher DPP3 concentrations were associated with a higher short-term mortality and severe organ dysfunction.⁷

Since activation of the RAAS plays a key role in the development and progression of heart failure (HF), the role of DPP3 might be of interest in these patients as well. However, the prevalence, predictors and clinical outcomes of elevated DPP3 concentrations in patients with HF have not yet been established. We therefore investigated the clinical characteristics and outcome related to elevated DPP3 concentrations in patients with worsening HF.

Methods

We measured DPP3 concentrations in 2314 subjects from a multinational, observational cohort of patients with chronic, worsening HF (BIOSTAT-CHF).⁸ DPP3 was measured in serum samples with a DPP3 luminometric immunoassay (DPP3-LIA) by 4TEEN4 Pharmaceuticals GmbH, Hennigsdorf, Germany.⁹ The DPP3-LIA has a measuring range between 0.06–400 ng/mL; the upper limit of normal, based on a cohort of healthy volunteers, is 40 ng/mL. We excluded 158 samples due to visible haemolysis with normal haemoglobin levels, leaving 2156 samples for the present analysis. Baseline characteristics were evaluated between the lowest three quartiles and the highest quartile of DPP3 concentrations, using a *t*-test or Mann–Whitney *U* test for parametric and non-parametric variables, respectively.

A multivariable linear regression analysis was performed to identify predictors of DPP3 concentration. All variables with a $P < 0.1$ in univariable regression were added to the multivariable regression model. Stepwise backwards selection eliminated the non-significant variables.

Results

Table 1 shows baseline characteristics comparing the highest quartile of DPP3 with the three lowest quartiles. Spearman correlations for the continuous variables showing a statistical difference in the baseline table can be found in online supplementary Table S1. Median DPP3 concentration was 11.45 ng/mL with a range from 2.8 to 84.9 ng/mL. Out of 2156 patients in whom DPP3 was measured, only 31 (1.4%) showed DPP3 levels above the median found in cardiogenic shock patients (33.4 ng/mL).⁶ Patients in the highest quartile (median DPP3: 17.95 ng/mL) vs. the other three quartiles (median DPP3 7.84, 10.13, and 12.93 ng/mL, respectively) were characterized by higher New York Heart Association class (NYHA class IV: 13.4% vs. 11.3%, $P = 0.001$), more frequent history of valvular surgery (12.1% vs. 6.1%, $P = < 0.001$) as well as valvular aetiology of HF (11.0% vs. 6.9%, $P = 0.003$). Atrial fibrillation was more common in the highest quartile (51.6% vs. 43.3%, $P = 0.001$), but diabetes mellitus was less frequently present (27.5% vs. 33.0%, $P = 0.020$). Men had higher DPP3 concentration than women (mean 13.0 vs. 12.2 ng/mL, $P = 0.010$). Patients in the highest quartile showed more signs and symptoms of congestion, higher liver enzymes, lower cholesterol levels, higher renin and aldosterone, as well as higher biomarkers predictive of more severe disease compared to the lower three quartiles. Patients in the highest quartile of DPP3 were less likely to use an ACE-i/ARB at baseline. There was, however, no significant association between baseline DPP3 levels and target dose of ACE-i/ARB after 9 months of encouraged up-titration. DPP3 levels were not predictive of an inability to up-titrate ACE-i/ARB to guideline-recommended target doses.

From a multivariable linear regression analysis with stepwise backwards selection, we identified that the six strongest predictors for higher concentration of DPP3 were the absence of diabetes, higher log-alanine aminotransferase (ALT), log-total bilirubin, higher osteopontin (OPN), fibroblast growth factor-23 (FGF-23) and N-terminal pro-B-type natriuretic peptide (NT-proBNP) concentrations (all $P < 0.001$) (Table 2). Other independent predictors of higher DPP3 concentrations were growth differentiation factor-15 (GDF-15) (beta 0.052, $P = 0.002$), aldosterone concentrations (beta 0.037, $P = 0.002$), female sex (beta -0.085 , $P = 0.005$), valvular surgery (beta 0.126, $P = 0.009$), and higher alkaline phosphatase (beta 0.029, $P = 0.025$). Due to missing values across several variables, the multivariable regression is based on 739 subjects.

During a median follow-up of 21 months, 561 (26%) patients died and 870 (40%) either died or had a hospital admission for HF. Mortality ranged from 20.4% in the lowest quartile to 36.0% in the highest quartile. Similarly, death or HF hospitalization occurred in 34.7% in the lowest quartile to 50.3% in the highest quartile. In a univariable survival analysis, higher DPP3 concentrations were significantly associated with an increased risk of mortality

($P < 0.001$) and with the combined endpoint of death or HF hospitalization. Although higher DPP3 concentrations were associated with worse clinical outcomes, this association was no longer significant after adjustment for potential confounders, in particular OPN and FGF-23, as well as after adjustment for the previously published BIostat-CHF risk prediction model¹⁰ (Table 3).

Discussion

In this study, the main predictors of higher DPP3 concentrations in patients with HF were higher bilirubin, OPN and FGF-23 concentrations, while diabetes and female sex were associated with lower DPP3 concentrations. The hypothetical explanations why these variables are associated with DPP3 concentrations are depicted in the *Graphical Abstract*, and will be discussed below. The *Graphical Abstract* is meant to be hypothesis generating on the role of DPP3 in HF and should be regarded as such. As is always the case with correlations, we cannot assume causation.

Moreover, we showed that patients with higher DPP3 concentration also had higher renin and aldosterone levels, higher NYHA class, more valvular disease, more signs and symptoms of congestion and higher liver enzymes. We also observed an increased risk of adverse outcome in patients with higher DPP3 levels; significance was, however, lost after adjustment for the BIostat-CHF risk model.

Under normal physiological circumstances, DPP3 resides inside the cytoplasm. Our finding that bilirubin and ALT were associated with DPP3 levels as well as a history of valvular surgery, might suggest that a low degree of continuous haemolysis, possibly originating from an artificial heart valve, contributed to increased DPP3 concentrations. Alternatively these biomarkers, combined with an increase in alkaline phosphatase, could originate from liver cell decay, from right-sided congestion. Moreover, increased liver enzymes in HF, in particular total bilirubin, are independent predictors of worse outcome, thereby, along with higher NT-proBNP and GDF-15, reflecting a more diseased patient.^{11,12}

Fibroblast growth factor-23 is elevated in HF and chronic kidney disease patients and correlates with disease severity. Activation of the AT₁/AT₂ receptors leads to decreased expression of the Klotho receptor, the receptor for FGF-23, leading to increased concentrations of FGF-23.¹³ AngII infusion in mice resulted in a 1.5–1.7 time increase in FGF-23 serum concentrations.¹⁴ Moreover, FGF-23 attenuates the beneficial effect of ARBs on the AAM axis.¹⁵

Osteopontin is a protein associated with inflammation, angiogenesis and bone resorption, and is activated by AngII.¹⁶ Several studies demonstrated that ARBs nearly normalized OPN serum concentrations and intramyocardial expression both in patients with hypertension and rats with either dilated cardiomyopathy or oxalate deposited kidney disease.^{16–18} Activation of the AAM axis is suggested to be responsible for this normalization of OPN levels.

We recently showed that men with HF have higher circulating ACE2 concentrations than women.¹⁹ ACE2 is also expressed in testis tissue, potentially explaining higher serum concentrations in men.¹⁹ In a healthy cohort, no sex differences regarding DPP3

Table 1 Baseline characteristics

	Q1–3 combined	Q4	P-value (Q1–3 vs. Q4)
<i>n</i>	1617	539	
DPP3 (ng/mL)	10.13 [8.45–12.18]	17.95 [16.09–21.70]	
Demographics			
Age (years)	69 ± 12	69 ± 12	0.591
Female sex	447 (27.6)	117 (21.7)	0.008
Systolic blood pressure (mmHg)	125 ± 22	123 ± 21	0.006
Diastolic blood pressure (mmHg)	75 ± 13	74 ± 12.44	0.011
Heart rate (bpm)	79 ± 20	80 ± 19	0.485
Weight (kg)	82 ± 18	83 ± 19	0.400
NYHA class			0.001
I	44 (2.8)	4 (0.8)	
II	594 (37.8)	166 (31.7)	
III	756 (48.1)	284 (54.2)	
IV	178 (11.3)	70 (13.4)	
Medication use			
ACE-i/ARB			
Percentage of target dose at baseline			0.001
0–49%	989 (61.2)	358 (66.4)	
50–99%	387 (23.9)	135 (25.0)	
100%	241 (14.9)	46 (8.5)	
Percentage of target dose at 9 months			0.068
0–49%	746 (46.1)	273 (50.6)	
50–99%	496 (30.7)	165 (30.6)	
100%	375 (23.2)	101 (18.7)	
Beta-blockers	1382 (85.5)	419 (77.7)	<0.001
Mineralocorticoid receptor antagonists	867 (53.6)	279 (51.8)	0.485
Loop diuretics	1610 (99.6)	539 (100.0)	0.274
Digoxin	289 (17.9)	116 (21.5)	0.070
Medical history			
Myocardial infarction	634 (39.2)	197 (36.5)	0.295
Coronary artery bypass graft	280 (17.3)	98 (18.2)	0.695
Valvular surgery	99 (6.1)	65 (12.1)	<0.001
PCI	369 (22.8)	104 (19.3)	0.098
Atrial fibrillation	700 (43.3)	278 (51.6)	0.001
Stroke	142 (8.8)	59 (10.9)	0.158
Peripheral vascular disease	176 (10.9)	57 (10.6)	0.904
Hypertension	1030 (63.7)	311 (57.7)	0.015
Smoking			0.894
None	586 (36.3)	201 (37.3)	
Past	807 (50.0)	267 (49.5)	
Current	222 (13.7)	71 (13.2)	
Diabetes mellitus	533 (33.0)	148 (27.5)	0.020
COPD	271 (16.8)	103 (19.1)	0.237
Renal disease	424 (26.2)	171 (31.7)	0.016
Treated thyroid disease			0.033
No	1467 (90.7)	474 (87.9)	
Hypothyroidism	124 (7.7)	47 (8.7)	
Hyperthyroidism	26 (1.6)	18 (3.3)	
Current malignancy	60 (3.7)	20 (3.7)	0.999
Heart failure aetiology			
Hypertension	171 (10.8)	48 (9.0)	0.266
Cardiomyopathy	401 (25.3)	132 (24.7)	0.817
Valvular disease	110 (6.9)	59 (11.0)	0.003

Table 1 (Continued)

	Q1–3 combined	Q4	P-value (Q1–3 vs. Q4)
Clinical profile			
Bibasilar rales/crackles	600 (38.2)	226 (43.0)	0.058
Peripheral oedema			<0.001
Not present	574 (43.5)	153 (32.2)	
Ankle	404 (30.6)	125 (26.3)	
Below knee	273 (20.7)	136 (28.6)	
Above knee	70 (5.3)	61 (12.8)	
Elevated JVP	339 (31.3)	129 (37.7)	0.033
Hepatomegaly	202 (12.5)	104 (19.4)	<0.001
Third heart tone	156 (9.7)	55 (10.3)	0.754
Orthopnoea	532 (33.0)	215 (40.0)	0.004
Dyspnoea VAS score	50 ± 22	44 ± 23	0.012
Laboratory values			
Angiotensin-converting enzyme 2 ^a	5.19 (0.70)	5.65 (0.76)	<0.001
Haemoglobin (g/dL)	13.3 [11.9–14.5]	13.4 [12.0–14.6]	0.299
Haematocrit (%)	40 [36–43]	41 [37–44]	0.014
Serum creatinine (µmol/L)	101 [83–127]	106 [86–141]	0.004
Urea (mmol/L)	11.0 [7.4–17.4]	12.1 [8.0–19.9]	0.006
Sodium (mmol/L)	140 [137–142]	139 [136–141]	<0.001
Potassium (mmol/L)	4.2 [3.9–4.6]	4.2 [3.9–4.6]	0.125
NT-proBNP (ng/L)	2469 [1098–5340]	3333 [1520–6513]	<0.001
AST (U/L)	24 [18–32]	32 [25–46]	<0.001
ALT (U/L)	24 [16–35]	28 [20–47]	<0.001
Alkaline phosphatase (µg/L)	81 [63–112]	89 [70–128]	<0.001
Gamma-GT (U/L)	47 [26–91]	81 [42–133]	<0.001
Total bilirubin (µmol/L)	13 [9–20]	18 [12–27]	<0.001
TSH (mU/L)	1.85 [1.16–3.00]	2.00 [1.32–3.20]	0.085
Glucose (mmol/L)	6.3 [5.4–8.0]	6.1 [5.2–7.6]	0.011
Triglycerides (mmol/L)	1.2 [0.9–1.7]	1.1 [0.9–1.5]	0.002
Total cholesterol (mmol/L)	4.1 [3.4–5.0]	3.9 [3.2–4.8]	<0.001
HDL cholesterol (mmol/L)	1.1 [0.9–1.3]	1.0 [0.8–1.3]	0.005
LDL cholesterol (mmol/L)	2.5 [1.8–3.2]	2.4 [1.7–3.0]	0.111
bio-ADM (pg/mL)	33.7 [22.5–54.0]	40.9 [26.9–74.8]	<0.001
Troponin T (µg/L)	0.03 [0.02–0.06]	0.03 [0.02–0.06]	0.535
Aldosterone (pg/mL)	88 [44–179]	116 [46–241]	<0.001
Renin (IU/mL)	78.3 [26.3–227.7]	120.7 [34.74–338.9]	<0.001
FGF-23 (RU/mL)	192.0 [110.0–453.4]	377.2 [155.1–1308.8]	<0.001
Osteopontin (ng/mL)	211 [175–252]	237 [190–285]	<0.001
GDF-15 (pg/mL)	2535. [1616–4038]	3647 [2041–6289]	<0.001
CA-125 (U/mL)	36.1 [15.6–108.4]	69.9 [21.6–201.2]	<0.001

Variables with a normal distribution are displayed as mean ± standard deviation; variables with a non-normal distribution as median [interquartile range]; and categorical variables as *n* (%).

ACE-i, angiotensin-converting enzyme inhibitor; ALT, alanine aminotransferase; ARB, angiotensin receptor blocker; AST, aspartate aminotransferase; bio-ADM, biologically active adrenomedullin; CA-125, cancer antigen-125; COPD, chronic obstructive pulmonary disease; DPP3, dipeptidyl peptidase 3; FGF-23, fibroblast growth factor-23; GDF-15, growth differentiation factor-15; GT, glutamyl transferase; HDL, high-density lipoprotein; JVP, jugular venous pressure; LDL, low-density lipoprotein; NT-proBNP, N-terminal pro-B-type natriuretic peptide; NYHA, New York Heart Association; PCI, percutaneous coronary intervention; TSH, thyroid stimulating hormone; VAS, visual analogue scale.

^aACE2 values are reported in relative quantification, meaning the value depicted is not an absolute concentration, but a concentration relative to the rest of the BIostat-CHF index cohort.

could be found.⁹ Men with HF might express higher levels of DPP3 similar to ACE2 expression. However, this sex difference theory is still debatable. In contrast, patients with diabetes mellitus exhibit lower levels of ACE2, likely due to glycosylation of the enzyme.^{20,21} Furthermore, in patients with diabetes mellitus, the functionality of both ACE2 and Ang (1–7) is altered.²²

Recently, a monoclonal antibody specifically directed at DPP3 was designed. This antibody, procizumab, rapidly improved cardiac function in an acute HF mouse model.⁶ Procizumab might therefore serve as a potential AAM activating therapy that could amplify the beneficial effects of RAAS blockers.

This study has several strengths and limitations. To our knowledge, this is the first study on DPP3 levels in HF. The large number

Table 2 Multivariable linear regression analysis for log-dipeptidyl peptidase 3 levels for continuous variables

Variable	Standardized beta	95% CI	T-value	P-value
Log ALT	0.096	0.07–0.12	7.473	<0.001
Diabetes mellitus	−0.128	−0.18 to −0.07	−4.497	<0.001
Log total bilirubin	0.062	0.03–0.09	4.485	<0.001
Osteopontin	0.062	0.03–0.09	4.344	<0.001
Log FGF-23	0.065	0.03–0.10	3.650	<0.001
NT-proBNP ^{−2}	0.048	0.02–0.07	3.534	<0.001
GDF-15 ^{0.5}	0.052	0.02–0.08	3.167	0.002
Aldosterone	0.037	0.01–0.06	3.045	0.002
Female sex	−0.085	−0.15 to −0.03	−2.799	0.005
History of valvular surgery	0.126	0.03–0.22	2.63	0.009
Alkaline phosphatase ^{0.5}	0.029	0–0.05	2.24	0.025

Standardized beta-coefficient is depicted per standard deviation of the variable.

$n = 739$, adjusted $R^2 = 0.327$.

ALT, alanine aminotransferase; CI, confidence interval; FGF-23, fibroblast growth factor-23; GDF-15, growth differentiation factor-15; NT-proBNP, N-terminal pro-B-type natriuretic peptide.

Table 3 Cox regression analysis for mortality and the combined endpoint of heart failure hospitalization or mortality

	Mortality			Hospitalization or mortality		
	Hazard ratio (per log increase of DPP3)	95% CI	P-value	Hazard ratio (per log increased of DPP3)	95% CI	P-value
Univariate	1.848	1.513–2.256	<0.001	1.558	1.319–1.839	<0.001
Corrected for OPN and FGF-23	1.174	0.945–1.459	0.147	1.128	0.948–1.343	0.172
BIOSTAT-CHF risk model	1.173	0.965–1.425	0.109	1.096	0.937–1.281	0.254

CI, confidence interval; DPP3, dipeptidyl peptidase 3; FGF-23, fibroblast growth factor-23; OPN, osteopontin.

of subjects as well as the number of biomarkers available allow for adequate positioning of DPP3 in HF. One limitation is that we could not correct for low-grade haemolysis, even though macroscopic haemolytic samples ($n = 158$, mean DPP3 30.6 ng/mL) were excluded. While we expect haemolysis to increase DPP3 concentrations, we could not verify this as reticulocytes, lactate dehydrogenase and haptoglobin were not available in our cohort. Another important limitation is the fact that concentrations of circulating DPP3 were very low in general, meaning that the hypothesized effects might be modest in patients with chronic HF. In addition, several studies have shown effects of DPP3 to be related to degradation of AngII. We cannot say with certainty whether in chronic HF DPP3 (antagonism) will affect AngII or Ang(1–7); however, given the relationship with outcome in our study, we consider an effect on the AAM axis to be more likely.

Conclusion

Dipeptidyl peptidase 3 is an enzyme that counteracts the antagonistic AAM pathway of the RAAS system. Predictors of DPP3 concentrations were related to either cell decay or to the RAAS system. Higher OPN, FGF-23 and aldosterone levels indicate more disease

severity and suggest a deleterious role for DPP3 by counteracting the Mas receptor pathway. DPP3 was univariately associated with worse outcomes, but significance was lost after correction for confounders. Future research is warranted to further investigate the potential of DPP3 as an actionable biomarker in HF, alongside classic RAAS inhibitors. Procuzumab, a specific antibody against DPP3, might be a potential future treatment option for patients with HF.

Supplementary Information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

Conflict of interest: none declared.

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