


ORIGINAL ARTICLE

Population-based meta-analysis and gene-set enrichment identifies FXR/RXR pathway as common to fatty liver disease and serum lipids

Samuel K. Handelman¹ | Yindra M. Puentes^{1,2} | Annapurna Kuppa¹ | Yanhua Chen¹ | Xiaomeng Du¹ | Mary F. Feitosa³ | Nicholette D. Palmer⁴ | Elizabeth K. Speliotes^{1,2} 

¹Division of Gastroenterology and Hepatology, University of Michigan Health System, Ann Arbor, Michigan, USA

²Department of Computational Medicine and Bioinformatics, University of Michigan Medical School, Ann Arbor, Michigan, USA

³Division of Statistical Genomics, Department of Genetics, Washington University, St. Louis, Missouri, USA

⁴Department of Biochemistry, Wake Forest School of Medicine, Winston-Salem, North Carolina, USA

Correspondence

Elizabeth K. Speliotes, Division of Gastroenterology and Hepatology, University of Michigan Health System, 1150 West Medical Center Drive, Ann Arbor, MI 48109, USA.
Email: espeliot@med.umich.edu

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Abstract

Nonalcoholic fatty liver disease (NAFLD) is prevalent worldwide. NAFLD is associated with elevated serum triglycerides (TG), low-density lipoprotein cholesterol (LDL), and reduced high-density lipoprotein cholesterol (HDL). Both NAFLD and blood lipid levels are genetically influenced and may share a common genetic etiology. We used genome-wide association studies (GWAS)-ranked genes and gene-set enrichment analysis to identify pathways that affect serum lipids and NAFLD. We identified credible genes in these pathways and characterized missense variants in these for effects on serum traits. We used MAGENTA to identify 58 enriched pathways from publicly available TG, LDL, and HDL GWAS ($n = 99,000$). Three of these pathways were also enriched for associations with European-ancestry NAFLD GWAS ($n = 7176$). One pathway, farnesoid X receptor (FXR)/retinoid X receptor (RXR) activation, was replicated for association in an African-ancestry NAFLD GWAS ($n = 3214$) and plays a role in serum lipids and NAFLD. Credible genes (proteins) in FXR/RXR activation include those associated with cholesterol/bile/bilirubin transport/absorption (*ABCC2* (MRP2) [ATP binding cassette subfamily C member (multidrug resistance-associated protein 2)], *ABCG5*, *ABCG8* [ATP-binding cassette (ABC) transporters G5 and G8], *APOB* (APOB) [apolipoprotein B], *FABP6* (ILBP) [fatty acid binding protein 6 (ileal lipid-binding protein)], *MTTP* (MTP) [microsomal triglyceride transfer

Samuel K. Handelman, Yindra M. Puentes, and Annapurna Kuppa contributed equally to this work.

Nicholette D. Palmer and Elizabeth K. Speliotes contributed equally to the supervision.

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protein], *SLC4A2* (AE2) [solute carrier family 4 member 2 (anion exchange protein 2)], nuclear hormone-mediated control of metabolism (*NR0B2* (SHP) [nuclear receptor subfamily 0 group B member 2 (small heterodimer partner)], *NR1H4* (FXR) [nuclear receptor subfamily 1 group H member 4 (FXR)], *PPARA* (PPAR) [peroxisome proliferator activated receptor alpha], *FOXO1* (FOXO1A) [forkhead box O1]), or other pathways (*FETUB* (FETUB) [fetuin B]). Missense variants in *ABCC2* (MRP2), *ABCG5* (ABCG5), *ABCG8* (ABCG8), *APOB* (APOB), *MTTP* (MTP), *NR0B2* (SHP), *NR1H4* (FXR), and *PPARA* (PPAR) that associate with serum LDL levels also associate with serum liver function tests in UK Biobank. **Conclusion:** Genetic variants in *NR1H4* (FXR) that protect against liver steatosis increase serum LDL cholesterol while variants in other members of the family have congruent effects on these traits. Human genetic pathway enrichment analysis can help guide therapeutic development by identifying effective targets for NAFLD/serum lipid manipulation while minimizing side effects. In addition, missense variants could be used in companion diagnostics to determine their influence on drug effectiveness.

INTRODUCTION

Nonalcoholic fatty liver disease (NAFLD) is the hepatic manifestation of metabolic syndrome and has risen to a global prevalence ranging from 23% to 25%.^[1] The hallmark of NAFLD is increased intrahepatic triglyceride accumulation (i.e., steatosis) in the absence of excessive alcohol consumption. NAFLD may progress to more severe liver disease including nonalcoholic steatohepatitis, fibrosis, cirrhosis, and hepatocellular carcinoma. There are few treatments for NAFLD in part due to a poor understanding of its etiology.

At least 50% of patients diagnosed with NAFLD also have dyslipidemia^[2]; most often this is elevated serum concentrations of triglycerides (TG), increased low-density lipoprotein cholesterol (LDL), and reduced serum concentrations of high-density lipoprotein (HDL) cholesterol. Both serum lipids and NAFLD are heritable, and genome-wide association studies (GWAS) have identified specific variants implicating genes that associate with these processes. A meta-analysis of GWAS in 7176 individuals of European ancestry identified variants in or near five loci that associate with NAFLD.^[3] Variants near glucokinase regulatory protein and transmembrane 6 superfamily member 2 also associate with serum lipid traits but in opposite directions, suggesting a common genetic etiology to both serum and liver lipid accumulation that has not been explored extensively.

Here we systematically test for pathways enriched for genetic associations between NAFLD and serum lipids. We used MAGENTA (meta-analysis gene-set enrichment of variant associations)^[4] to identify pathways that have specific genetic associations between

NAFLD and lipid traits. We identify common enriched genes and identify exonic variants in some genes and characterize their effects on multiple serum measures in UK Biobank. These results show how this type of analysis can identify effective targets for therapeutic intervention of NAFLD and serum LDL levels, identify their associations with other organ systems, and identify coding mutations that may affect drug response in clinical trials.

EXPERIMENTAL PROCEDURES

GWAS data and cohort descriptions

GWAS summary statistics from five large-scale meta-analyses formed the basis of this analysis (Table S1). Lipid associations (TG, LDL, and HDL) for the pathway analysis were drawn from the Global Lipids Genetics Consortium.^[5] NAFLD associations were drawn from meta-analysis results in populations of European ancestry^[3] and African ancestry from the Genetics of Obesity-related Liver Disease (GOLD) Consortium.^[6] Among the GOLD cohorts, computed tomography (CT) scanning with a standardized protocol was used to measure hepatic steatosis, which is correlated with decreased liver attenuation ($r^2 = 0.92$).^[7] Associations for body mass index (BMI)^[8] and waist-to-hip ratio adjusted for BMI (WHRadjBMI)^[9] were drawn from the Genetic Investigation of Anthropometric Traits Consortium. Associations for systolic and diastolic blood pressure (SBP and DBP, respectively) were drawn from the International Consortium of Blood Pressure GWAS.^[10] UK Biobank has been described extensively

elsewhere^[11] and was expanded to include laboratory measures, quantitative traits, and biomarkers.

MAGENTA analysis identifies pathways that affect serum lipids and NAFLD

Functional enrichment analysis as implemented in MAGENTA v2.4^[4] was used to test gene sets for enrichment of genetic association signals. Briefly, MAGENTA uses linkage disequilibrium (LD) pattern information to identify independent variants that are assigned to a gene based on genomic coordinates (i.e., 110 kb upstream and 40 kb downstream of the open reading frame). It then assigns the *p*-value of the most significant variant to the gene, corrected for gene size, the independent variants per kilobase, the genetic distance, and the LD using a stepwise multivariate regression approach. To evaluate pathway enrichment, the 75th percentile cutoff for the rank of the gene was used. MAGENTA compares the number of genes in the gene set with gene-wise *p*-values less than this cutoff to the expected number of genes, then computes a nominal gene-set enrichment *p*-value as well as a false discovery rate (FDR) based on 10,000 randomly chosen gene sets of identical size to the putatively enriched gene set.

MAGENTA was used to identify pathways from 10,994 gene sets from Ingenuity, Gene Ontology, REACTOME, BIOCARTA, KEGG, and PANTHER that were enriched for genetic associations with serum lipid traits (i.e., TG, LDL, and HDL). Serum lipid genetic association-enriched pathways were tested for genetic association enrichment pathways with NAFLD in individuals of European ancestry. Pathways that were enriched for serum lipids and European ancestry NAFLD were then tested for genetic association enrichment with NAFLD in individuals of African ancestry. A 75th percentile cutoff for the rank of corrected gene *p*-values to evaluate enrichment and significance at a MAGENTA permutation FDR of $\alpha = 0.1$ to account for multiple testing were specified. In addition, European-ancestry NAFLD association-enriched pathways were tested for genetic association enrichment with BMI, WHRadjBMI, DBP, and SBP.

Relative credibility of individual NAFLD genes

To identify credible genes in the farnesoid X receptor (FXR)/retinoid X receptor activation pathway that were identified in the genetic enrichment for NAFLD, *p*-values for association with NAFLD from the European and African ancestries were meta-analyzed using Fisher's method. These meta-analysis *p*-values are converted to minimum Bayes factors.

Pleiotropic effects of non-synonymous credible gene variants in the UK Biobank

We carried out association analysis using publicly available UK Biobank summary statistics (<https://pan.ukbb.broadinstitute.org/>) for non-synonymous variants in credible genes and then prioritized them based on the lowest *p*-value across all traits considered. FDR-adjusted *p*-values were calculated based on 81 variants tested for the most significant trait for the association analysis. Single-nucleotide polymorphism-specific annotation information was obtained using ANNOVAR.^[12] LD information between variants was obtained using NIH LDlink (<https://ldlink.nci.nih.gov>) for populations of European ancestry from 1000 genomes. An $r^2 < 0.5$ was used to determine independence. Laboratory measures and other quantitative traits considered from UK Biobank were BMI, albumin, alkaline phosphatase (ALP), alanine aminotransferase (ALT), apolipoprotein A, apolipoprotein B (APOB), aspartate aminotransferase (AST), direct bilirubin, urea, calcium, cholesterol, creatinine, C-reactive protein (CRP), cystatin C, gamma-glutamyltransferase (GGT), glucose, glycated hemoglobin, HDL, insulin-like growth factor-1, LDL, lipoprotein A, oestradiol, phosphate, rheumatoid factor, sex hormone binding globin (SHBG), total bilirubin, testosterone, total protein, TG, urate, vitamin D, DBP, SBP, and waist circumference. Co-heritability was also estimated between these traits using the LCV package^[13] across all variants for which European ancestry LD scores^[14] were available.

RESULTS

Setting and participants

Publicly available GWAS summary statistics from European-ancestry studies were used for serum lipids ($n = 100,184$ for TG, $95,454$ for LDL, $99,900$ for HDL, and $96,598$ for TG),^[5] blood pressure ($n = 69,395$ for SBP and DBP),^[10] and anthropometric ($n = 249,796$ for BMI and $77,167$ for WHRadjBMI)^[8,9] traits. For NAFLD analysis, data from the GOLD Consortium were used.^[3,6] This included 7176 individuals of European ancestry and 3124 individuals of African ancestry with CT-measured NAFLD.

Pathways enriched for lipid trait-associated genes are also enriched in NAFLD

To identify pathways common to serum lipids and NAFLD European populations, GWAS summary statistics for LDL, HDL, and TG were used to assign genetic-association *p*-values to all genes in the

human genome using MAGENTA v2.4 (Figure 1). Gene-set enrichment analysis identified 58 gene sets that were enriched for genetic associations with lipid traits (FDR<0.1) (Table S2). Summary statistics from the GOLD European-ancestry NAFLD GWAS were then used to assign genetic-association p -values to all genes in the genome and tested against the 58 lipid-associated pathways to assess enrichment for genetic associations with European ancestry NAFLD results. Three pathways, hepatic cholestasis ($P_{FDR} = 0.054$), FXR/RXR activation ($P_{FDR} = 0.062$) and chylomicron-mediated lipid transport ($P_{FDR} = 0.076$), were found to be enriched for genetic associations with liver attenuation (Table 1). Of these, only FXR/RXR activation, as defined by Ingenuity, also showed significant enrichment ($P_{FDR} = 0.0089$) for liver attenuation in individuals of African ancestry (Table 1). To test whether the pathway enrichment was specific to lipids and NAFLD, we also tested metabolic syndrome traits for joint genetic association with NAFLD. We assigned genetic-association values to genes based on GWAS summary statistics for BMI, WHRadjBMI, DBP, or SBP. None of the lipid/NAFLD-associated pathways were enriched

for associations with any of these traits, supporting that those pathways were specific for serum lipids and NAFLD (Table S3).

Credible gene identification

Top-associated NAFLD signals in individuals of European and African ancestry were examined in the FXR/RXR activation pathway and found to be driven by different variants in the different ancestries (Tables S4 and S5). The signals were distinct even when extended LD in European-ancestry populations was considered, except for the lead variants in *APOB*, which were the same in both ancestries.

To determine whether particular genes were enriched for associations in both European and African ancestry, genes above the 75th percentile were examined. Twenty-three genes of the 54 effective gene sets were above the 75th percentile across individuals of European and African ancestry. Eleven genes were above the 75th percentile cutoff for NAFLD in both populations; this was not a statistically significant overlap

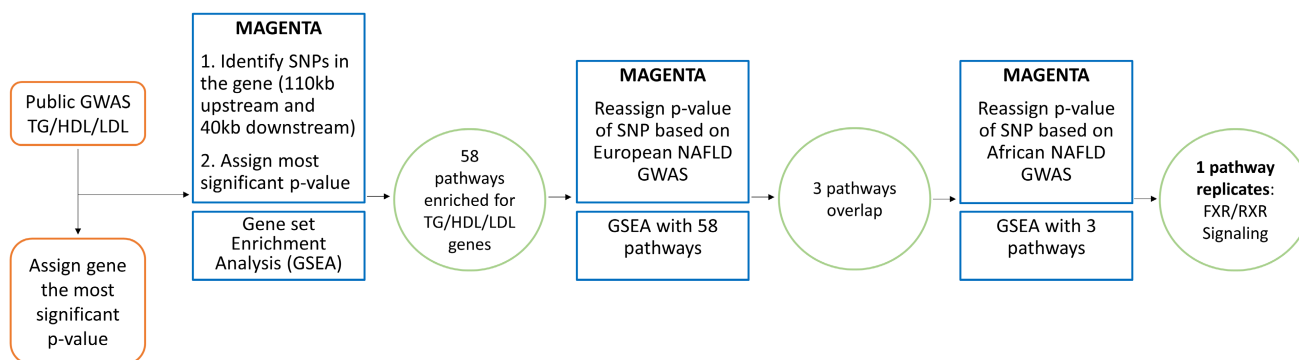


FIGURE 1 Study design of the two-stage pathway analysis. FXR, farnesoid X receptor; GSEA, gene-set enrichment analysis; GWAS, genome-wide association study; HDL, high-density lipoprotein; LDL, low-density lipoprotein; MAGENTA, meta-analysis gene-set enrichment of variant associations; NAFLD, nonalcoholic fatty liver disease; RXR, retinoid X receptor; SNP, single-nucleotide polymorphism; TG, triglycerides.

TABLE 1 Lipid-related gene sets enriched for NAFLD

Database	Gene set	Effective gene-set size	Expected Genes > 75th percentile (n)	Genes > 75th percentile (n)	Nominal enrichment p -value	FDR-adjusted enrichment p -value
European ancestry (n = 7176)						
Ingenuity	Hepatic cholestasis	58	15	24	0.0046	0.054
Ingenuity	FXR/RXR activation	54	14	23	0.0036	0.062
Reactome	Chylomicron-mediated lipid transport	13	3	8	0.0057	0.076
African ancestry (n = 3124)						
Ingenuity	FXR/RXR activation	56	14	23	0.0058	0.0089

Note: For each gene set, the database source, effective number of genes in each gene set, the expected number of genes above the threshold (about 25% of the effective size), and the actual number of genes above the threshold within the pathway are provided. Statistical significance includes the nominal enrichment p -value and the FDR-adjusted p -value.

($p = 0.58$; Fisher's exact test). To identify credible genes that were responsible for the genetic enrichment for NAFLD, we meta-analyzed the p -values for association with NAFLD from the European and African ancestries and converted the meta-analysis p -values to minimum Bayes factors. Genes that had a minimum Bayes factor at least $\sqrt{10}$ fold versus the median gene in the pathway were defined as credible. **Figure 2** provides a graphical representation of the statistical evidence of the gene (protein) associations in the different ancestries. *APOB* (APOB, Apolipoprotein B), *ABCC2* (ATP binding cassette subfamily C member; MRP2 (multidrug resistance-associated protein 2)), *ABCG8* (ABCG8) (ATP-binding cassette [ABC] transporter G8), *ABCG5* (ABCG5) (ATP-binding cassette [ABC] transporter G5), *NR1H4* (FXR) (nuclear receptor subfamily 1 group H member 4 [FXR]), *FOXO1* (forkhead box O1; FOXO1A), *PPARA* (peroxisome proliferator-activated receptor alpha; PPAR), *FETUB* (fetuin B; FETUB), and *FABP6*

(fatty acid binding protein 6; ILBP (ileal lipid-binding protein) had highly statistically significant associations (Bayes factor $> \sqrt{10}$ fold) in both ancestries. *SLC4A2* (solute carrier family 4 member 2; AE2 (anion exchange protein 2)), *NR0B2* (nuclear receptor subfamily 0 group B member 2; SHP (small heterodimer partner)), and *MTTP* (MTP) (microsomal triglyceride transfer protein) had strong associations in populations of European ancestry and less significant associations in populations of African ancestry. Lead variants in these credible genes are summarized in **Table 2**. All of these variants had a Z-score of 3 or greater for promoting fatty liver in populations of European ancestry in GOLD. The functions of the corresponding genes/proteins are summarized in **Table 2** and graphically in **Figure 3**. They play a role in cholesterol (*ABCG8* (ABCG8), *ABCG5* (ABCG5), *APOB* (APOB), *MTTP* (MTP)), bile acid (*ABCC2* (MRP2), *FABP6* (ILBP), *NR1H4* (FXR), *PPARA* (PPAR)), and glucose (*FOXO1* (FOXO1A) and *NR0B2* (SHP)) biology as well as solute secretion (*SLC4A2* (AE2)) and tumor biology (*FETUB* (FETUB)).

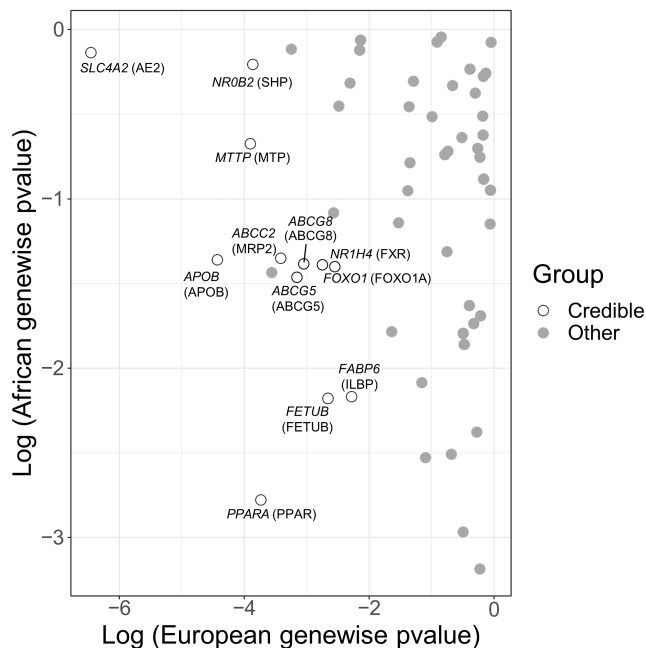


FIGURE 2 Summary of gene-wise associations with liver attenuation. Each point corresponds to a single gene, with a gene-wise p -value on each axis (log scale) in either the African or European subgroups of Genetics of Liver Disease (GOLD). Filled circles represent credible genes, which are labeled with gene names. The bars represent the MAGENTA enrichment cutoff. *ABCC2* (MRP2), ATP binding cassette subfamily C member 2 (multidrug resistance-associated protein 2); *ABCG5* (ABCG5), ATP-binding cassette (ABC) transporter G5; *ABCG8* (ABCG8), ATP-binding cassette (ABC) transporter G8; *APOB* (APOB), apolipoprotein B; *FABP6* (ILBP), fatty acid binding protein 6 (ileal lipid-binding protein); *FETUB* (FETUB), fetuin B; *FOXO1* (FOXO1A), forkhead box O1; *MTTP* (MTP), microsomal triglyceride transfer protein; *NR0B2* (SHP), nuclear receptor subfamily 0 group B member 2 (small heterodimer partner); *NR1H4* (FXR), nuclear receptor subfamily 1 group H member 4; *PPARA* (PPAR), peroxisome proliferator activated receptor alpha; *SLC4A2* (AE2), solute carrier family 4 member 2 (anion exchange protein 2).

Variants in credible genes associate with a range of laboratory measures in the UK Biobank

To better define the potential effects of credible genes on physiology, we identified and evaluated non-synonymous variants in credible genes for statistically significant associations with continuous serum and anthropometry measures in UK Biobank (Tables **S6** and **S7**). Variants in high LD were collapsed into single entries when $r^2 > 0.9$. *ABCG5* R50C and *ABCG8* D19H share a common haplotype (rs11887534 and rs6756629; $r^2 = 0.95$ in populations of European ancestry), as do *ABCC2* (MRP2) V1188E, C1515Y (rs17222723 and rs8187710; $r^2 = 0.98$ in populations of European ancestry), *APOB* (APOB) L2739P, and S4338N (rs676210 and rs1042034; $r^2 = 1.00$ in populations of European ancestry); all other variants were independent. We show the association for up to two variants per gene (three in *APOB* (APOB) to show the range of effect) with an FDR adjusted $p < 0.1$ for associations with serum lipids or liver function tests (**Figure 4**, **Table S7**) and with all traits (**Table S6**). **Table S6** contains all non-synonymous variants in the credible genes and association p -value with all quantitative traits reported in the UK Biobank. These non-synonymous variants were generally not in LD with the lead variants from **Table 2** (see **Table S8**).

For results presented in **Figure 4**, effect sizes are oriented toward the LDL-increasing allele due to LDL having sufficient sample size for accurate effect estimate, unless otherwise noted in **S6**. As shown in **Figure 4**, variants in *ABCC2* (MRP2) (V1188E, C1515Y), *ABCG5* (ABCG5) (G27A), *ABCG5/8* (ABCG5/8) (C50R, H19D),

TABLE 2 Lead variants in credible genes that significantly increase liver steatosis in the Genetics of Liver Disease cohort

Gene (protein)	Ingenuity subpathway	Relative credibility	Variant-effect allele
<i>ABCC2</i> (MRP2)	Bile acid secretion	8	rs10883407-A
<i>ABCG5, ABCG8</i> (ABCG5, ABCG8)	Cholesterol secretion	7.6	rs17031754-T
<i>APOB</i> (APOB)	Cholesterol secretion	19	rs478588-A
<i>FABP6</i> (ILBP)	Bile acid absorption	6	rs2546379-G
<i>FETUB</i> (FETUB)	Tumor suppression	8	rs2889755-T
<i>FOXO1</i> (FOXO1A)	Gluconeogenesis	4	rs2755212-C
<i>MTTP</i> (MTP)	Cholesterol secretion	7	rs12645746-C
<i>NR0B2</i> (SHP)	Gluconeogenesis; hepatocytic uptake	4	rs6658653-C
<i>NR1H4</i> (FXR)	Bile acid absorption; synthesis	5	rs12297245-A
<i>PPARA</i> (PPAR)	Bile acid synthesis; fatty acid transport and oxidation	36	rs5768754-A
<i>SLC4A2</i> (AE2)	Bicarbonate secretion	39	rs2373929-G

Note: For each credible gene, the gene symbol (protein symbol), terminal process in the Ingenuity subpathway, and relative credibility defined as the Bayes factor versus *APOE* (the median gene in the FXR/RXR pathway) is provided. The lead variant reported by MAGENTA includes the effect allele (lower liver density, higher liver fat). Effect sizes were significant at FDR < 0.1.

Abbreviation: GOLD, Genetics of Liver Disease.

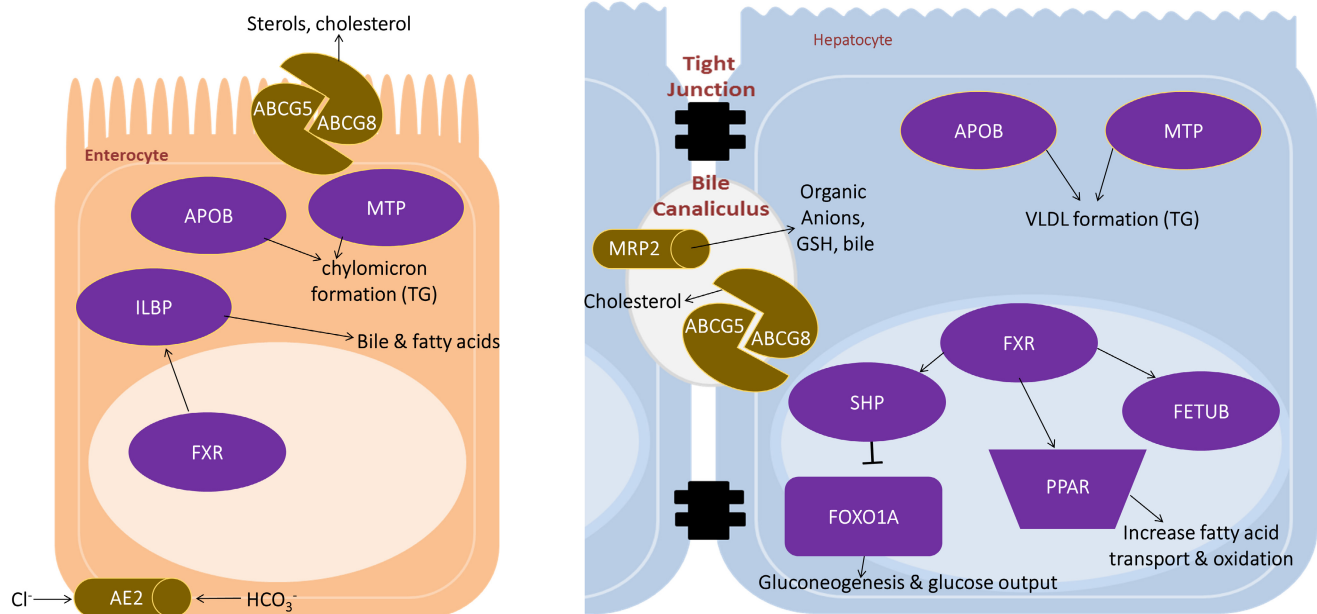


FIGURE 3 Summary of physiological role of credible genes. This graphic summarizes the well characterized role of each gene/protein (see text for additional detail). An intestinal enterocyte is shown in beige on the left with the lumen at the top of the figure; hepatocytes in blue are shown on the right. In both cells, cytosolic and nuclear proteins are shown in purple symbols, while membrane-associated proteins are shown in brown symbols. TG, triglycerides.

and *NR1H4* (FXR) (T183M) were associated with increased serum LDL but decreased serum ALT, the most sensitive and specific serum marker of hepatocyte injury. Variants in *MTTP* (MTP) (I155T, S688G), *PPARA* (PPAR) (A286V), and *NR0B2* (SHP) (G171A) were associated with increased serum LDL and increased serum ALT. Variants in *APOB* (APOB) (T98I, R1923H, L2739P/S4338N) and *FABP6* (ILBP) (M124I) had statistically significant associations with LDL but did not have statistically significant associations with ALT. A

variant in *SLC4A2* (AE2) (R311Q) had a strong association with bilirubin. Variants in *APOB* (APOB) (T98I, R1923H, L2739P/S4338N) associated with increased LDL, increased serum TG, and decreased serum HDL. Variants in *APOB* (APOB) that increased LDL also associated with decreased ALP (T98I, L2739P/S4338N) and decreased direct bilirubin (T98I, R1923H). Variants in *FABP6* (ILBP) (M124I) associated with increased serum LDL were also associated with increased serum HDL. A variant in *PPARA* (PPAR) (A268V) associated

Gene (Protein)	Variant	ALP	ALT	AST	GGT	DBili	HDL	LDL	TG
<i>ABCC2</i> (MRP2)	V1188E		↓	↓	↓	↓		↑	
	C1515Y		↓	↓	↓	↓		↑	
	S921G		↓	↓	↓	↓			
<i>ABCG5</i> (ABCG5)	G27A		↓	↓				↑	
<i>ABCG5/ABCG8</i> (ABCG5/8)	C50R	↓	↓	↓		↓		↑	↑
	H19D							↑	
<i>ABCG8</i> (ABCG8)	K400T					↓		↑	
<i>APOB</i> (APOB)	T98I	↓				↓	↓	↑	↑
	R1923H					↓	↓	↑	↑
	L2739P	↓		↑			↓	↑	↑
	S4338N							↑	
<i>FABP6</i> (ILBP)	M124I					↑	↑		
<i>MTTP</i> (MTP)	I155T		↑	↑				↑	↑
	S688G		↑					↑	
<i>NROB2</i> (SHP)	G171A	↓	↑		↓	↓	↑	↑	
<i>NR1H4</i> (FXR)	T183M	↑	↓	↓	↓	↓	↑		
<i>PPARA</i> (PPAR)	A268V	↑	↑				↑	↑	
<i>SLC4A2</i> (AE2)	G26E			↑	↑	↑	↓		↑
	R311Q					↑			

FIGURE 4 UK Biobank laboratory associations for non-synonymous variants in credible genes. Each row corresponds to a gene and non-synonymous variant (or a pair of variants in the case of high linkage disequilibrium ($r^2 > 0.5$); one haplotype includes amino acid substitutions in both *ABCG5* and *ABCG8*). The additional columns provide an inverse-normal-transformed effect size (expressed as upward red [increased percentage of a SD] and downward blue [decreased percentage of a SD] arrows) for individual traits. All of the effect sizes are oriented toward the low-density lipoprotein (LDL)-increasing allele (see Table S7 for additional details). ALP, alkaline phosphatase; ALT, alanine transaminase; AST, aspartate aminotransferase; DBili, direct bilirubin; GGT, gamma-glutamyltransferase; DBili, Direct bilirubin HDL, high-density lipoprotein; LDL low-density lipoprotein; TG, triglyceride.

with increased serum LDL also associated with increased serum TG. A variant in *NR1H4* (FXR) (T183M) that was associated with serum LDL was associated with serum HDL. A variant in *NROB2* (SHP) (G171A) that was associated with increased LDL was also associated with increased serum TG and decreased serum HDL. Other notable associations include *NR1H4* (FXR) T183M with CRP and SHBG and *NROB2* (SHP) (G171A) with CRP (Table S6).

For the credible genes, except for *FETUB* (FETUB) and *FOXO1* (FOXO1A), at least one non-synonymous variant had a significant association with one or more of the 35 serum quantitative traits (Table S6). In contrast, many of these variants did not associate with overall obesity, as measured using BMI, or abdominal obesity as measured using waist circumference (Table S6). These results support the initial observation that gene associations with the FXR/RXR pathway are specific to serum lipids and liver function and not to the broader set of serum quantitative traits.

Specific genetic variants dissociate genetically coheritable traits

We also examined the effects of variants on traits (Table S6) relative to the coheritability of traits (Table S9) in the European population in the UK Biobank. *SLC4A2* (AE2) R311Q increases bilirubin

but does not affect other liver function tests, consistent with the genetic coheritability estimates between these traits. In contrast, *ABCC2* (MRP2) V1188E/C1515Y, S921G, and *ABCG5/ABCG8* (ABCG5/ABCG8) C50R H19D decrease bilirubin, ALT, AST, and ALP. The pronounced increase of SHBG in *NR1H4* (FXR) T183M is expected with decreased ALT.^[15] ALT and HDL are negatively correlated across the genome, so *NROB2* (SHP) G171A shows this pattern, while *NR1H4* (FXR) T183M shows associations in the same direction for these traits. Finally, LDL is generally, although not strongly, positively correlated with ALT and AST across the genome. Therefore, the effects of *ABCC2* (MRP2) (V1188E/C1515Y), *ABCG5/ABCG8* (ABCG5/ABCG8) (G27A or C50R/H19D), and *NR1H4* (FXR) (T183M) all increase LDL while decreasing ALT and AST.

DISCUSSION

We performed a systematic evaluation of pathways enriched for genetic associations between NAFLD and serum lipids with results supporting a causal role for genetic variation. For some members of the pathway, effects on serum lipids and NAFLD were congruent, whereas others were opposing. This is important for therapeutic development, as toxicity to the liver is one of the most common reasons for drug failure. Knowledge

of potential toxicities will inform drug development targeted toward altering serum lipids.

The approach implemented in this study focuses on pathway-level reproducibility across populations and is not subject to the limitations of requiring variant reproducibility across populations. Although there is overlapping signal in the FXR/RXR pathway for populations of both European and African ancestry, the individual variants are largely different. Even if the associations of individual variants mostly generalize between populations,^[16] differences in allele frequencies could result in a differential set of these threshold genes between groups, especially if these genes are subject to selection.^[17] These results also show that highly significant *p*-values were not an inevitable consequence of follow-up studies in a large sample like the UK Biobank, which may be overpowered. However, these data support a pathway-level or systems-level interpretation of the findings, due to the genetic evidence in two independent populations as studied herein. Therefore, the interpretation of these findings is dependent on the molecular biology and biochemistry of the individual genes.

Among genes within the FXR/RXR pathway, results from genetic variants highlight consistency with the known biology (i.e., their role in cholesterol homeostasis or metabolic syndrome^[18] is well-characterized). *APOB* (*APOB*) is the primary apolipoprotein in chylomicrons and LDL, with increased expression observed in liver tissue of patients with NAFLD.^[19] *PPARA* (*PPAR*) is part of the nuclear receptor superfamily, which is highly expressed in liver.^[20] *PPARA* (*PPAR*) is a master regulator of lipid metabolism, modulating hepatic fatty acid transport and beta-oxidation.^[21] In animal studies, a protective effect preventing steatosis has been observed. This was postulated to be via the inhibition of hepatic lipid and lipoperoxide accumulation,^[22] although these findings may not extend to humans.^[23] ATP-binding cassette transporters G5 and G8 (*ABCG5* (*ABCG5*)/*ABCG8* (*ABCG8*)) are required for efficient cholesterol trafficking. In liver cells, they mediate hepatic cholesterol and plant sterol excretion into bile.^[24] Up-regulation of transgenic murine *ABCG5*/*ABCG8* leads to reduced absorption of dietary cholesterol and increased cholesterol efflux into bile. *NR1H4* (*FXR*) is reported to be a positive regulator of the reverse cholesterol transport pathway, known to promote increased biliary disposal of peripheral hepatic cholesterol into fecal matter via (*ABCG5* (*ABCG5*)/*ABCG8* (*ABCG8*)).^[25] Down-regulation of *NR1H4* (*FXR*) in NAFLD can lead to lower (*ABCG5* (*ABCG5*)/*ABCG8* (*ABCG8*)) expression, possibly resulting in cholesterol accumulation as seen in *ABCG5*/*ABCG8*-deficient mice.^[26] As a result, *NR1H4* (*FXR*) T183M has a prominent effect on SHBG, which both contributes to adverse fatty liver effects^[27] and may be a key mediator of the link between fatty liver and insulin resistance.^[28]

The carrier protein fetuin B *FETUB* (*FETUB*) is synthesized in the liver and in human hepatocytes. Treatment with FXR agonists has been shown to increase *FETUB* (*FETUB*) expression.^[29] Taken together, our results indicated that liver fat and serum lipids share at least some genetic causes; however, the underlying biological roles are not entirely understood.

In this work we show that the FXR/RXR activation pathway is enriched for genetic associations with both serum lipids and liver attenuation. Increased serum LDL with a decrease in liver fat has been observed with the FXR-agonist obeticholic acid.^[30] There is currently substantial debate surrounding whether this is an on-target or off-target effect or ascribed to the drug at all. Our data show that a missense variant in *NR1H4* (*FXR*; T183M) reduces liver enzyme concentrations and increases serum LDL, supporting an on-target effect, although the functional impact (i.e., gain or loss of function) was not directly assessed. Further support is seen with oral administration of chenodeoxycholic acid, a bile acid and natural FXR/RXR ligand, which also increases plasma LDL,^[31] further supporting that FXR agonists may have an LDL-increasing effect. In animal models, chenodeoxycholic acid^[31] and obeticholic acid^[32] reduce hepatic triglyceride content but show worsening serum lipid profiles as a side effect.^[33] This effect is opposite of what is seen in epidemiologic studies, in which NAFLD correlates with higher serum LDL, triglycerides, liver function tests (ALT/AST), and lower HDL. Several variants in the genes in the FXR/RXR pathway have similar atypical associations with reduced levels of liver enzymes and increased LDL levels. This includes *ABCC2* (*MRP2*) (V1188E, C1515Y), *ABCG5* (*ABCG5*) (G27A), and *ABCG5/8* (*ABCG5/8*) (C50R/H19D). This suggests that global targeting of these genes to reduce liver fat may cause undesirable and inadvertent increases in LDL.

In contrast, variants in several other genes including *PPARA* (*PPAR*) (A286V) and *NR0B2* (*SHP*) (G171A) simultaneously decrease liver function tests and serum LDL. Treatment with *PPAR*-alpha agonists, including fibrates or selective agonists, reduce LDL as well as serum triglycerides without increasing liver fat in mice^[34] and humans,^[35] further supporting this congruent effect on serum lipids and NAFLD. *NR0B2* (*SHP*) interacts with *FOXO1* (*FOXO1A*) to cause *FOXO1*-mediated glucose-6-phosphatase transcription.^[36] Drugs targeting *SHP* do not yet exist; however, genetic analysis suggests that *SHP* may be a promising target for simultaneous reductions in LDL and liver fat. Although we found one mutation in *MTTP* (*MTP*) (S688G), its associations were not as severe as other reported mutations, such as reduced serum cholesterol and increased risk for NAFLD.^[37] Not surprisingly, targeting *MTTP* (*MTP*) with lomitapide, an inhibitor of *MTTP* (*MTP*), decreases serum LDL in familial hypercholesterolemia but increases liver fat as a side effect.^[38]

These data validate the use of genetics to predict both on-target effects such as lowering cholesterol as well as increasing liver fat.

Biologically, there is support for the role of implicated credible genes and their effect on liver fat accumulation and serum lipids. *APOB* and *MTTP* play a role in the formation of chylomicrons in the intestine and very-low density lipoprotein in liver. Mutations that interfere with their function can lead to decreases in LDL and TG in serum and an increase in fat deposition in the intestine and liver.^[39] *ABCG5/ABCG8* are present on the canalicular side of hepatocytes and can serve to excrete sterols, including cholesterol, into bile. Mutation of these proteins in mice^[26] or humans leads to higher absorption of cholesterol from the intestine and higher serum LDL levels and cardiovascular disease risk.^[40] Overexpression of these proteins leads to increased cholesterol efflux into bile and cholelithiasis.^[41] *SLC4A2* (AE2) regulates the intracellular pH by exchanging intracellular bicarbonate for extracellular chloride ion in hepatocytes and cholangiocytes,^[42] which are involved in bile production. *MRP2* is also a canalicular transporter that transports organic ions, glutathione, and bile. Mutations of this transporter would also lead to accumulation of bile in hepatocytes and increase LDL in serum. *ILBP* regulates bile acid trafficking in enterohepatic circulation. Overall, the decreased activity of *APOB*, *MTTP*, *ABCG5/ABCG8*, and *MRP2* prevents normal efflux of lipids, cholesterol, or bile from liver, and for some intestine, and can lead to damage of these organs.

In summary, we identified the FXR/RXR pathway as playing a role in serum lipids and NAFLD. We identified missense variants in *APOB* (*APOB*), *MTTP* (*MTP*), *ABCG5/ABCG8* (*ABCG5/ABCG8*), *ABCC2* (*MRP2*), *FABP6* (*ILBP*), *SLC4A2* (*AE2*), *NR0B2* (*SHP*), *NR1H4* (*FXR*), and *PPARA* (*PPAR*) that affect serum lipids or liver ALT, consistent with the role of these genes in lipid and liver processes. We showed that a missense variant in *NR1H4* (*FXR*) is associated with liver ALT and serum LDL cholesterol. While the exact molecular mechanism remains to be determined, this effect is supported by additional biomarkers, such as AST, GGT and HDL. We have also shown that missense variants in *PPARA* (*PPAR*) and *NR0B2* (*SHP*) decrease ALT and serum LDL. In mice, *PPARA* knockout mice have increased liver steatosis and liver inflammation on various diets (reviewed in Liss and Finck^[43]). A *PPARA* agonist Wy-14643 was able to prevent hepatic steatosis and inflammation in mice on a methionine and choline-deficient diet but not in *PPARA* knockout mice, suggesting an on-target effect of increasing fatty acid oxidation.^[44] Studies in humans have not been done but our data would suggest that altering *PPARA* (*PPAR*) function with the missense variant (e.g., V268A) would decrease liver fat, serum LDL, and serum TG. In support of this, fibrates in humans are weak *PPAR* agonists and

have been shown to decrease both serum LDL, serum TG and liver fat,^[45] thus supporting this as a target for NAFLD and combined serum hyperlipidemia. Our data also show that *NR0B2* (*SHP*) A171G associates with liver fat, serum LDL, and serum TG. The mechanism of how affecting *NR0B2* (*SHP*) molecularly results in these lipid effects is not known. One intriguing possibility is that *SHP* has been found to negatively regulate *PPAR* in cardiomyocytes^[46]; therefore, its loss would result in increased *PPAR* activity, which, as noted previously, results in decreased liver fat and serum LDL cholesterol.

While the current study was well-powered using the largest set of existing studies for the traits of interest, it is not without limitations. Among these, there remains uncertainty surrounding the causal genes and mechanisms as they relate to NAFLD. This is partially attributed to the reliance of MAGENTA on proximity, providing the necessary *enrichment* of causal genes needed for the analysis. Furthermore, this study relies on a range of liver function traits, including liver attenuation and liver enzymes. These measures, which represent noninvasive proxies, are imperfect indicators of underlying liver disease, especially in the setting of excess liver fat. Moreover, there is always concordance for measures of liver-fat risk and changes in liver function tests. Finally, these pathways should not be considered in isolation. Results from animal models^[47] of bile acids suggest that NAFLD resolution is contradictory and implicates additional processes^[48,49] not addressed here. Continued deep phenotyping^[50] and characterization of the epidemiological relationships between liver function tests and liver fat accumulation are needed. Given the growing population burden of fatty liver disease, further mechanistic characterization of the bile acid pathway in fatty liver and dyslipidemia could reap tremendous rewards in advancing health.

CONCLUSIONS

Pathway-level associations provide insight into disease etiology and contributory processes. We used a gene-set enrichment approach to highlight pathways that affect related traits (i.e., serum lipids and liver attenuation) with some distinct features. We identified genes involved in FXR/RXR activation with effects on both serum lipids and NAFLD in humans. In many cases, non-synonymous variants in the pathway were found to have strong associations with both serum lipids, especially LDL, and liver function tests. The associations of pathway members on serum lipids and liver function tests are diverse, suggesting that not all members of the pathway, if affected, will impact the same traits. This work highlights both promises and pitfalls in the use of genetic data to explore potential side effects from therapies targeting individual genes. Our observations

are consistent with the variation seen in humans and further support disease treatment and prevention considering individual variability (i.e., precision medicine).

AUTHOR CONTRIBUTIONS

Study concept and design: Elizabeth K. Speliotes. *Study supervision:* Elizabeth K. Speliotes and Nicholette D. Palmer. *Analysis, data interpretation, and statistical analysis:* Samuel K. Handelman and Yindra M. Puentes. *Manuscript draft:* Samuel K. Handelman, Annapurna Kuppa, Nicholette D. Palmer, and Elizabeth K. Speliotes. *Critical revision of the manuscript for important intellectual content:* Elizabeth K. Speliotes, Samuel K. Handelman, Yindra M. Puentes, Annapurna Kuppa, Yanhua Chen, Xiaomeng Du, Mary F. Feitosa, and Nicholette D. Palmer.

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CONFLICT OF INTEREST

Nothing to report.

ETHICS STATEMENT

All research in this study was approved by the Institutional Review Board of the University of Michigan (Ann Arbor, MI). Internal review board (IRB) approval was not required to use publicly accessible GWAS summary data. For IRB approvals and consent documentation, refer to the cited studies.

ORCID

Elizabeth K. Speliotes  <https://orcid.org/0000-0002-1002-4140>

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SUPPORTING INFORMATION

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