

24 **Introduction**

25 Biomolecular condensates are dynamic intracellular structures that play a crucial role in
26 organizing cellular biochemistry by locally concentrating proteins and ribonucleic acids (RNA)
27 [1-3]. These condensates influence a range of cellular functions, from accelerating biochemical
28 reactions to sequestering biomolecules and regulating polymer concentrations in the dilute
29 phase [1-3]. While the principles of equilibrium polymer phase separation have been
30 instrumental in describing many aspects of condensate formation and phase behavior, it is
31 essential to recognize that these structures operate within a nonequilibrium cellular
32 environment. As a result, biomolecular condensates are subject to kinetic trapping, aging effects
33 [4-7], and can be driven out of equilibrium by chemically active processes, such as post-
34 translational modifications, polymer production and degradation, and the active remodeling of
35 intermolecular interactions [8-13]. This active nonequilibrium driving leads to novel behaviors in
36 condensates, including size uniformity and resistance to Ostwald ripening [14, 15], asymmetric
37 localization patterns [16], complex topologies [17, 18], dissolution [12, 13], and even droplet
38 division and motion [15, 19]. A deeper understanding of the interplay between active cellular
39 processes and the properties of biomolecular condensates is critical for manipulating these
40 structures within cells and designing synthetic active condensates. Additionally, these active
41 processes are fundamental to defining the evolutionary constraints and strategies that govern
42 biomolecular condensation in cells.

43 DEAD-box helicases are a class of enzymes whose activity is central to biomolecular
44 condensate regulation and homeostasis [13, 20]. The canonical biochemical role of DEAD-box
45 helicases is in RNA processing, where they remodel RNA secondary structures and
46 intermolecular interactions [21, 22]. DEAD-box helicases are non-processive RNA helicases that
47 locally destabilize RNA base-pairing interactions, using adenosine triphosphate (ATP) hydrolysis
48 to facilitate their cycling on RNA [21, 22]. More recently, these enzymes have gained interest

49 due to their association with biomolecular condensates and the role their activity plays in
50 facilitating normal condensate localization and structure in cells [12, 13, 20, 23, 24]. Their
51 activity has also been tied to condensate dissolution and dynamics [12, 13, 20, 25, 26]. The
52 mechanistic roles of this class of proteins in dictating condensate properties is an open area of
53 interest and the capability of DEAD-box helicase activity to produce novel condensate behaviors
54 is only starting to be realized.

55 Many biomolecular condensates are enriched in RNA and rely on RNA for their formation
56 [27]. While RNA can fluidize biomolecular condensates in some contexts [28-30], RNA base-
57 pairing interactions can also drive condensate formation, with extensive base-pairing shown to
58 decrease condensate dynamics [31, 32]. Additionally, RNA secondary structures can influence
59 both RNA incorporation into biomolecular condensates and the dynamics of the condensates
60 themselves [33, 34]. This suggests that condensates containing RNA base-pairing interactions
61 can be sustained out of equilibrium when coupled with energy-dependent helicase activity,
62 which modifies RNA secondary structures and alters RNA-RNA interaction strengths.

63 To investigate the interplay between RNA-RNA interactions, DEAD-box helicase activity, and
64 condensate properties, we engineered a reconstituted system composed of the LAF-1 DEAD-
65 box helicase and a simple, repetitive, base-pairing RNA—a modified MS2 hairpin concatemer.
66 Our results demonstrate that this system exhibits complex RNA concentration dynamics and
67 gradients that are dependent on LAF-1 helicase activity. Increased helicase activity enhances
68 RNA mobility within the condensed phase and prevents the formation of an RNA network. These
69 findings establish a direct link between helicase activity and the metastable composition and
70 dynamical state of condensates. Furthermore, disrupting defined RNA secondary structures
71 induces a second RNA phase transition at the center of the LAF-1 condensed phase. This
72 highlights how ATP-dependent enzymatic activity and RNA secondary structure counterbalance
73 each other to maintain the system in a nonequilibrium steady state. Our work broadens the

74 design principles of active synthetic and biological condensate systems and underscores the
75 pivotal role of DEAD-box helicase activity as a nonequilibrium driver of ribonucleoprotein
76 condensate properties.

77 **Results**

78 **A model condensate system containing base-pairing RNA and a DEAD-box helicase** 79 **exhibits time- and activity-dependent RNA gradients.**

80 To examine the interplay between DEAD-box helicase activity and RNA-RNA interactions
81 in defining condensate properties, we generated a model hairpin multimer, based on a design
82 used previously to study protein-RNA condensates [26], and combined it with a DEAD-box
83 helicase known to form condensates in vitro, LAF-1 (Figure 1a) [25, 28]. These two components
84 form protein-RNA co-condensates in the presence of ATP which are initially homogeneous (Figure
85 1b). However, over time, RNA gradients appear within the condensed phase, with higher RNA
86 intensity at the center of the droplets (Figure 1 b,c). RNA fluorescence intensity decreases in the
87 condensed phase over time suggesting RNA leaves the condensed phase (Figure 1 b,c). These
88 RNA gradients emerge faster in smaller droplets, with smaller condensates also exhibiting a faster
89 RNA decay in RNA fluorescence (Figure S1). Protein intensity remains homogeneous within the
90 condensed phase and slightly increases in concentration over time (Figure 1b, Figure S1). We
91 measured the RNA fluorescence decrease at the center of each condensate as a function of time
92 (Figure 1d). Smaller droplets experience a faster decrease in RNA fluorescence intensity while
93 larger droplets experience a slower decrease in RNA fluorescence intensity. The presence of
94 gradients that are steeper at the boundary and condensate size-dependent fluorescence decay
95 is consistent with RNA leaving from the droplet surface. This suggests that the process depends
96 on the surface area to volume ratio of the condensate and should be renormalizable by a factor
97 of droplet radius. When we renormalize the fluorescence timecourses by the radius of each
98 condensate, we can collapse the fluorescence timecourse curves (Figure 1e). The decay portion

99 of the collapsed fluorescence curve appears exponential in time, and we fit this curve to a single-
100 exponential decay model (Figure 1e,f). The exponential fit timescales are similar across trials in
101 the presence of ATP (Figure 1f). These results show that RNA leaves the condensate over time
102 with a characteristic timescale that depends on a balance between surface area and the amount
103 of RNA in a condensate.

104 We next investigated ways to influence LAF-1's helicase activity in order to use these
105 perturbations to study the influence of activity in our reconstituted system. We avoided varying
106 nucleotide concentration as this can have effects on condensate phase behavior through ATP's
107 chemical properties, independent of its identity as a substrate for LAF-1 [35]. Instead, we varied
108 nucleotide substrate identity, which has a less pronounced effect than nucleotide concentration
109 on biomolecular condensation [35]. To understand how nucleotide identity affects LAF-1's
110 helicase activity, we turned to a bulk fluorescence unwinding assay to study LAF-1's unwinding
111 of a short RNA duplex. The assay monitors the fluorescence of a fluorophore-quencher pair
112 assembled on different strands of an RNA duplex (Figure S2a). We found that LAF-1 is capable
113 of unwinding short RNA duplexes in the presence of ATP (Figure S2b). The ATP analog ATP γ S
114 slows helicase activity and also decreases the total amount of unwound RNA, while LAF-1 is
115 incapable of unwinding the RNA substrate in the presence of ADP (Figure S2b, Table S1). We
116 note that the finding that LAF-1 is capable of unwinding short stretches of duplex RNA
117 contradicts the conclusion of a previously published study [36]. However, it is known that DEAD-
118 box helicase activity is sequence independent but typically inversely related to the strength of a
119 duplex and limited to short stretches of RNA [21, 22]. Therefore, we propose that the previous
120 finding of LAF-1's inability to unwind RNA was a product of the studies' test substrate (18 base-
121 pairs, 70% GC content) being too strong for LAF-1 [36]. The test substrate used in this study
122 has a melting temperature that is higher than the predicted base-pairing energy of the MS2

123 hairpin (24°C vs 22°C) [37]. From these results, we conclude that LAF-1 can unwind sufficiently
124 short duplexes of RNA and that this unwinding activity is related to its ATPase activity.

125 We next wanted to assess how the impeded LAF-1 helicase activity would influence the
126 time-evolution of the RNA gradients we observe in the LAF-1:4xMS2 condensates. By impairing
127 LAF-1's helicase activity with ATP γ S and ADP, we were able to generate faster time-evolution of
128 the RNA gradients and faster fluorescence decay timescales within the condensed phase
129 (Figure 1f, Figure S3). The fit timescale of fluorescence decay also becomes faster as helicase
130 activity is impeded through ATP analogs or ADP. (Figure 1g). This is not due to a change in
131 binding affinity for RNA (Figure S4, Table S2). Overall, these results demonstrate that RNA
132 partitioning and homogeneity within the condensed phase is tied to LAF-1's helicase activity.
133 Proper LAF-1 activity promotes RNA incorporation of the 4xMS2 hairpin and prevents the
134 departure of RNA from the condensed phase.

135 **Preservation of RNA homogeneity correlates with preservation of RNA dynamics within**
136 **the condensed phase.**

137 Though we found higher helicase activity corresponded to slower RNA departure from
138 the condensed phase, we did not know whether helicase activity was slowing RNA diffusion to
139 the condensate boundary or instead preventing RNA departure from the condensed phase. To
140 test if the dynamics of the condensed phase were different as a function of unwinding activity,
141 we performed fluorescence recovery after photobleaching (FRAP) on labelled LAF-1 protein and
142 4xMS2 RNA in the presence of ATP, ATP γ S, and ADP. We performed the FRAP experiments on
143 different condensates at different points in time to construct time-resolved estimates of
144 biomolecular diffusion as a function of LAF-1 helicase activity (Figure 2a-c). RNA recovery
145 dynamics within the condensed phase are initially faster and have similar rates in the presence
146 of ATP, ATP γ S, and ADP (Figure 2). However, over time, the RNA dynamics within the

147 condensed phase slow down or age (Figure 2). This aging becomes pronounced for LAF-
148 1:4xMS2 RNA condensates formed in the presence of ATP after 60-70 minutes (Figure 2a,d),
149 while in the case of ATP γ S occurs after only 40 minutes (Figure 2b,e), and in the case of ADP
150 occurs after only 25-30 minutes (Figure 2c,f). Additionally, the recovery amplitude varies with
151 helicase activity, with higher helicase activity preserving RNA recovery amplitude within the
152 condensed phase for longer (Figure S5). The protein dynamics were constant over two hours
153 with respect to both timescale and mobile fraction and were insensitive to unwinding activity
154 (Figure S6). RNA dynamics are therefore tied to higher LAF-1 helicase activity while LAF-1
155 protein dynamics are not.

156 That the RNA dynamics within the condensed phase were faster with higher helicase
157 activity suggested to us that the longer RNA departure timescale from the condensed phase
158 with ATP was due to a retention of RNA instead of slower RNA diffusion. Coupled to the faster
159 unwinding activity and larger extent of unwinding with ATP seen in our helicase activity assays,
160 this indicates that the formation of RNA secondary structures may promote RNA departure from
161 the condensed phase. Consistent with this view, if we mix the system such that RNA can form
162 hairpins before binding with LAF-1 protein, the RNA is excluded from the condensed phase and
163 a pronounced RNA shell forms around LAF-1 droplets (Figure S7). This suggests that the
164 timescale we extract in the fluorescence timecourses is a timescale related to the RNA folding
165 rate in the system, which strongly depends on helicase activity. With higher LAF-1 helicase
166 activity, there is a lower overall hairpin concentration at any point in time and thus a lower
167 propensity for RNA to leave the LAF-1 condensed phase. With no or lessened LAF-1 helicase
168 activity, hairpins form more quickly and leave the condensed phase.

169 **An RNA network forms within the condensed phase over time.**

170 At the end of the 2-hour timecourse, we noticed that the initially smooth RNA gradients
171 had turned into punctate structures at the center of the condensed phase, and an RNA shell had

172 emerged at the droplet periphery (Figure 3a-d). The brightest RNA punctate structures at the
173 center of the condensed phase correlate with local minima in the LAF-1 protein signal,
174 suggestive of an RNA network or phase that forms over the course of 2 hours (Figure 3e-h),
175 Figure S8). These structures are visible both on a spinning disk confocal microscope and a
176 Zeiss LSM980 laser scanning confocal with an AiryScan 2 detector (Figure S9). The AiryScan
177 processing does not create the punctate structures as an artifact of processing strength (Figure
178 S9). Importantly, these punctate structures do not form over time in the absence of the LAF-1
179 condensed phase, implying they form as a consequence of their high local concentration
180 facilitated by the LAF-1 condensate (Figure S10). These observations are consistent with the
181 recent finding that condensates containing high RNA concentrations can promote RNA
182 aggregation through a percolation transition [38]. The formation of RNA punctate structures
183 which exclude protein along with the slowed RNA dynamics over time suggest the formation of a
184 percolated RNA network and a secondary RNA phase transition that competes with departure of
185 RNA from the condensed phase.

186 **RNA secondary structure prevents a second phase transition of RNA.**

187 To explore the idea of a competing RNA phase transition at the center of the LAF-1-RNA
188 condensate, we reasoned that preventing RNA from leaving the condensed phase due to
189 hairpin formation would increase the prominence of this event. We split the MS2 hairpin
190 sequence into two separate constructs (4xMS2A, 4xMS2B) which each contain a section of the
191 MS2 base-pairing motif (Figure 4a). Though both 4xMS2A and 4xMS2B simultaneously
192 incorporate into the LAF-1 condensed phase to form initially homogeneous protein-RNA
193 condensates, over the course of 90 minutes these constructs undergo a phase transition to an
194 entirely RNA core which excludes LAF-1 (Figure 4b). This process also seems to depend on
195 condensate size, with no RNA core seen for small droplets (Figure 4b). A finer timecourse of this
196 process shows RNA gradients which are initially similar to the complete MS2 hairpin case but

197 without the RNA departure from the condensed phase (Figure 4c). The RNA concentration at
198 the center of the condensed phase continues to increase until there is a complete phase
199 transition wherein the protein is completely excluded (Figure 4c). This effect does not rely on the
200 specific base-pairing between the MS2A and MS2B motifs (Figure S11), which suggests it is
201 due to nonspecific, weak base-pairing interactions between the RNA. This then implies the
202 presence of the MS2 hairpin in earlier experiments prevents some of these transient
203 interactions, either by decreasing the number of possible interaction sites or decreasing the
204 conformational entropy of the RNA molecules. The 4xMS2A and 4xMS2B constructs are not
205 capable of forming condensates under identical assay conditions in the absence of LAF-1
206 protein (Figure S12), meaning that either the presence of the LAF-1 condensed phase or the
207 presence of LAF-1 helicase activity, or both, are required to promote this secondary RNA phase
208 transition.

209 **Discussion**

210 In this work, we have demonstrated that the antagonistic interplay between helicase
211 activity and RNA secondary structure is crucial for preserving condensate homogeneity,
212 dynamics, and composition. The presence of RNA hairpins facilitates the release of RNA from
213 the condensed phase, while ATP-dependent helicase activity counteracts this by unwinding
214 RNA secondary structures, thereby retaining RNA within the condensate (Figure 5).
215 Concurrently, RNA hairpins inhibit multiple interactions among RNA molecules, preventing the
216 formation of a separate RNA phase within the LAF-1 protein condensate (Figure 5). This
217 dynamic tug-of-war ensures condensate homogeneity and promotes effective RNA
218 incorporation, while also preventing the high RNA concentrations within the condensed phase
219 from triggering a secondary phase transition.

220 These findings have significant implications for the biological role of DEAD-box
221 helicases, particularly in promoting RNA incorporation into biomolecular condensates and

222 preventing excessive local RNA concentrations from leading to aggregation or percolation
223 transitions. Our results also suggest that RNA secondary structures may serve as an additional
224 regulatory mechanism, allowing biological systems to favor RNA departure from the condensed
225 phase when helicase activity alone is insufficient to prevent an RNA phase transition. Moreover,
226 we show that the dynamics of biomolecular condensates containing base-pairing interactions
227 can be actively maintained through energy-dependent helicase activity, which is likely critical for
228 RNA processing and folding pathways localized to these cellular structures.

229 Finally, we have developed a novel biopolymer material whose internal enzymatic
230 activity maintains its properties in a nonequilibrium steady state. By coupling enzyme activity to
231 the interaction strengths that govern condensate formation and properties, we expand the
232 design space for nonequilibrium condensates, transcending the sequence constraints of their
233 constituent polymers. This work not only deepens our understanding of the fundamental
234 principles governing cellular organization but also opens new avenues for the design of
235 advanced synthetic condensate systems.

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247

248 **Methods and Materials**

249 *LAF-1 Expression, Purification, and Labelling*

250 LAF-1 expression, purification and fluorescent labelling were performed as previously described
251 [25, 28]. Briefly, the LAF-1 coding sequence was inserted into a pET28a(+) vector and was
252 recombinantly expressed in *E. coli* BL21(DE3) cells following induction with 1mM IPTG. The
253 BL21(DE3) cells were chemically lysed with lysozyme in the presence of Triton X100 and a
254 Roche cOMplete protease inhibitor cocktail tablet, followed by mechanical lysis with a tip
255 sonicator. The lysate was centrifuged and the soluble fraction retained. LAF-1 protein was
256 purified using nickel affinity chromatography followed by heparin affinity chromatography. Purity
257 and yield were assessed via SDS-PAGE and absorbance measurements at 280 nm. LAF-1
258 protein was then dialyzed into buffer containing 10% glycerol and flash frozen in liquid nitrogen.

259 To generate fluorescently labelled LAF-1 protein, Dylight633-NHS ester (Thermo Scientific
260 46417) was used following the manufacturer's protocols. Protein was labelled prior to flash
261 freezing.

262

263 *Unwinding Assays*

264 Unwinding assays were designed and conducted as previously described [39]. RNA and DNA
265 oligonucleotides were ordered from IDT as described in Table 1. Oligonucleotides were
266 prepared as 100 μ M stocks in nuclease free water.

Oligo name	Sequence
Fluorescent Strand	5'-Alexa488-rArGrUrArGrGrUrC-3'
Quencher Strand	5'-(rU) ₂₀ -rGrArCrCrUrArCrU-lowaBlackFQ-3'

Competitor DNA	5'-GACCUACU-3'
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267 **Table 1.** Sequences of oligonucleotides used in the unwinding assay.

268 RNA duplexes were prepared by annealing 200 μ L of 1 μ M fluorescent RNA strand with 20 μ L
269 quencher RNA at 10 μ M in 180 μ L of reaction buffer (20 mM Tris pH 7.4, 2 mM magnesium
270 acetate, 0.2 mM DTT). The reaction was heated to 80°C in a thermocycler and then cooled to
271 21°C in 3°C/3-minute increments. The reaction was spun down at 10,000xg for 10 seconds,
272 then placed on ice for 5 minutes. 250 μ L of the annealing mixture was then transferred to a
273 fresh 1.7 mL microcentrifuge tube, along with 12.5 μ L of 100 μ M competitor DNA and 237.5 μ L
274 of 1x reaction buffer to produce a final duplex stock concentration of 250 nM.

275 LAF-1 protein was thawed at room temperature and buffer exchanged into fresh high salt buffer
276 (20mM Tris pH 7.4, 1M NaCl, and 1 mM DTT). Protein 10x stock solution was then prepared at
277 5 μ M in 20mM Tris pH 7.4, 1M NaCl, and 1mM DTT.

278 Fluorescence measurements were taken on a Tecan Infinite M200 Pro with fluorescence
279 capabilities using an excitation filter of 488 nm with a bandwidth of 9 nm and an emission filter
280 of 530nm with an emission bandwidth of 20nm. The gain was set at 125, 5 flashes were used
281 for the measurement, each with an integration time of 1 msec.

282 A maximum intensity calibration sample was prepared consisting of 50 nM fluorescent RNA, 500
283 nM DNA competitor, 500 nM LAF-1, 2.5 mM ATP in reaction buffer. 70 μ L of sample was
284 transferred to a 96-well all-black fluorescent plate. Fluorescence readings were taken at 1
285 second intervals until a plateau in signal was reached, which was used as the maximum
286 unwinding signal. Maximum calibration measurements were performed in triplicate.

287 Reaction mixtures were prepared with 50 nM annealed RNA and 500 nM LAF-1 in 1x reaction
288 buffer. 63 μ L of the mixture was transferred to the fluorescent plate and fluorescence readings
289 were taken until a plateau was reached. At this point, 7 μ L of 25 mM ATP was added to the

290 mixture, the sample was mixed quickly, and then fluorescence readings were taken of the
291 unwinding reaction. Reactions were performed in triplicate.

292 Fluorescence unwinding curves were normalized by first subtracting timecourse values from
293 their reading at time = 0s. They were then divided by the maximum fluorescence calibration
294 reading, less the intensity at time = 0s. Normalized curves were fit using the fit function in
295 MATLAB. Two fit types were performed, a linear model of the initial rates and a single
296 exponential fit. For the linear fit, an R^2 value and RMSE were computed. For the exponential fit,
297 95% confidence intervals are reported for each fitting parameter (Table S1).

298 Initial rates: $F_{unwound} = k * t + intercept$

299 Single Exponential: $F_{unwound} = A (1 - e^{-bt})$

300

301 *Hairpin Construct Cloning*

302 The pSL vector used for hairpin cloning was derived from the pSL-MS2-12x Addgene construct.
303 pSL-MS2-12X was a gift from Robert Singer (Addgene plasmid # 27119 ;
304 <http://n2t.net/addgene:27119> ; RRID:Addgene_27119) [40].

305 The DNA sequences for single hairpins were ordered from IDT. They were then inserted into a
306 pSL vector with a 5' BamHI restriction site and a 3' BglII restriction site. To create concatenated
307 hairpins, we followed a procedure similar to the one used to originally clone the 12xMS2 hairpin
308 construct [40]. A shorter concatemer number than 12x was desired as this significantly
309 increased in vitro transcription yield while enabling study of base-pairing interactions. We first
310 amplified the single hairpin using polymerase chain reaction (PCR), followed by restriction
311 digest and gel purification. The DNA sequence for the single hairpin was then ligated with T4
312 ligase but in the presence of BamHI and BglII, in NEB buffer 3.1 with 1mM additional ATP. The

313 BamHI and BglII sites have one nucleotide of overhang that is complementary. In this way, we
314 achieved successful head-to-tail ligation which the restriction enzymes cannot cleave when the
315 overhangs ligated in the BamHI-BglII site configuration. Reactions were allowed to proceed
316 overnight at 37°C.

317 After overnight incubation, the samples were run on a 2% agarose gel and gel purified. PCR
318 was then run on the samples to both increase concentration of the concatemers and introduce
319 Gibson assembly overhangs on the concatemers. A second agarose gel and gel extraction step
320 was performed on the products of the Gibson PCR. Many different concatemers were present at
321 this step, and bands corresponding to the desired repeat number were selected. Gibson
322 assembly was performed on the selected hairpin repeat constructs with the pSL vector
323 backbone followed by a 4x dilution with water and transformation into NEB5 α competent cells.
324 Single colonies were picked and grown in LB media before miniprepping and Sanger
325 sequencing.

326

327 *In vitro transcription and RNA labelling*

328 The DNA sequence for the desired RNA construct was amplified with PCR using a primer that
329 also added a T7 promoter sequence in front of the hairpin sequence. PCR products were run on
330 a 2% agarose gel and gel extracted using the Qiagen QIAQuick gel extraction kit.

331 In vitro transcription was performed using the NEB HiScribe T7 High Yield RNA synthesis kit.
332 For fluorescently labelled RNA, 1 μ L of either 10mM Cy3-UTP (APEX-BIO) or 10mM fluorescein-
333 12-UTP (Roche) was included in the 20 μ L in vitro transcription reaction. RNA was purified via
334 lithium chloride precipitation. RNA stocks were diluted to 600 ng/ μ L with nuclease free water,
335 flash frozen in liquid nitrogen, and stored at -80°C for no longer than a month before use.

336

337 *Condensate sample preparation*

338 Unlabeled LAF-1 protein and LAF-1 labelled with Dylight-633 was thawed at room temperature
339 before being buffer exchanged into fresh high salt buffer (20 mM Tris pH 7.4, 1 M NaCl, 1 mM
340 DTT). Labelled LAF-1 and unlabeled LAF-1 samples were combined such that the final LAF-1
341 sample had less than or equal to 1% of the protein labelled. The LAF-1 sample was then diluted
342 to 25 μ M in high salt buffer as a working stock for experiments. RNA samples were thawed and
343 stored on ice until use.

344 Reactions were assembled by mixing 2 μ L of RNA at 600 ng/ μ L with 1 μ L of 3x-folding buffer
345 containing 10 mM Tris pH 7.4 and 10 mM potassium acetate. RNA was heated to 95°C and then
346 cooled to room temperature in 3°C/3 minute intervals. The 3 μ L RNA sample was then mixed
347 with 3.2 μ L of LAF-1 protein at 25 μ M in 1M NaCl, 20 mM Tris pH 7.4, and 1 mM DTT. This
348 mixture was quickly added to another mixture containing 7.8 μ L of 20 mM Tris pH 7.4, 1 mM DTT
349 and 1.2 μ L of 25 mM Mg+nucleotide in 20 mM Tris pH 7.4. The final concentrations of
350 components were then 5 μ M LAF-1, 75 ng/ μ L of RNA, 1.6 mM Mg nucleotide, 20 mM Tris, 200
351 mM NaCl, and 1 mM DTT.

352 Samples were incubated for 8 minutes before transferring 10 μ L to a PDMS chamber adhered
353 to a 1.5H coverslip that had been passivated overnight with 2% w/v Pluronic F-127. The
354 chamber was then mounted on either an Andor Spinning Disk confocal or a Zeiss LSM980 laser
355 scanning confocal.

356

357 *Andor Spinning Disk Fluorescence Imaging*

358 Spinning disk fluorescence imaging was performed on a Nikon Ti-E inverted microscope
359 equipped with an Andor iXon 897E EM-CCD camera, a Yokugawa CSU-X1 Spinning Disk

360 Confocal Scan Head. A 100x Nikon objective with a numerical aperture of 1.4 was used for all
361 spinning disk imaging.

362

363 *Zeiss Airyscan 2 Fluorescence Imaging*

364 Laser scanning confocal imaging was performed on a Zeiss LSM980 laser scanning confocal
365 equipped with a 63x, 1.4 NA, oil objective and an Airyscan 2 detector. Airyscan processing was
366 done with default processing settings. Image grids of 3x3 (Big Image) were used for imaging to
367 increase droplet imaging throughput without producing long time-delays vertical slices. Imaging
368 intervals of 5 minutes between Big Images were used for all datasets. Imaging was done at 21-
369 22°C.

370 In analyzing the timecourses, individual condensates were segmented and tracked in MATLAB
371 using elements of the Image Processing Toolbox. Information about condensate fluorescence
372 and shape could then be extracted using custom MATLAB scripts.

373 Radial profiles were generated in 2-dimensions by averaging pixel intensities at rings with
374 increasing radius from the identified condensate center. Radial profiles were constructed from
375 condensates whose midplanes had an average circularity of at least 0.9 and averaged radial
376 profiles were computed using a radial bin size of 0.24 μm .

377 To measure the intensity at the center of each condensate, the midplane of each condensate
378 was identified by finding the z-slice with the maximum number of pixels. The centroid of this
379 midplane was then calculated and the average pixel intensity within one pixel of the centroid
380 was calculated. Intensity values for the same condensate at different points in time were linked
381 via trajectory construction performed on the midplane centroids. Intensity as a function of time
382 curves were fit to single exponential decay models using Nonlinear Least Squares Curve Fitting
383 in MATLAB.

384 For colocalization analysis, droplets were first segmented relative to the protein channel. A mask
385 was applied using the protein contour, followed by a second segmentation based on the RNA
386 channel. This second segmentation procedure was used to identify RNA puncta in the
387 condensed phase. Colocalization between RNA and protein signal within the droplet contour
388 was calculated using a normalized product of differences from the mean:

$$389 \quad C = \frac{\sum_i \sum_j (A_{ij} - \bar{A})(B_{ij} - \bar{B})}{[\sum_i \sum_j (A_{ij} - \bar{A})^2][\sum_i \sum_j (B_{ij} - \bar{B})^2]}^{0.5}$$

390 Where i and j denote row and column of the images, A denotes Channel 1 and B denotes
391 Channel 2 of the image, and \bar{A}, \bar{B} are the averages of the Channel 1 and Channel 2 images,
392 respectively.

393

394 *Fluorescence recovery after photobleaching*

395 Fluorescence imaging was performed on a Nikon Ti-E inverted microscope equipped with an
396 Andor iXon 897E EM-CCD camera, a Yokugawa CSU-X1 Spinning Disk Confocal Scan Head,
397 and an Andor FRAPPA photomanipulation system. A 100x Nikon objective with a numerical
398 aperture of 1.4 was used for all fluorescence imaging. For FRAP experiments, a spot size of 3
399 pixels, corresponding to roughly 0.42 μm , was used for photobleaching. FRAP timecourses
400 were generated by FRAPping several droplets within a field of view to get statistics on recovery
401 timescale at a particular time-point. Different fields of view were then imaged at successive
402 time-points to generate information about recovery timescale as a function of the time at which
403 the experiment was performed.

404 Individual droplets which had FRAP regions were cropped and bleach spots were identified
405 using custom Python scripts (<https://github.com/stcoupe/FRAP-analysis>). Intensity within the
406 bleached region was normalized relative to the intensity outside the bleach spot but within the

407 droplet. We then performed an affine transformation of the data in order to be able to directly
408 compare FRAP curves. The intensity ratio at the first bleach time-point ($I(0)$) was subtracted
409 from each time-point ($I(t)$), and this was then divided by the difference between the average
410 intensity ratio before bleaching ($\langle I_i \rangle$) and $I(0)$.

$$411 \quad I_{norm} = \frac{I(t) - I(0)}{\langle I_i \rangle - I(0)}$$

412 Note that this is a different normalization procedure than typical for condensate measurements
413 [41]. However given the gradients present particularly in the RNA channels of our condensed
414 phases, the modified normalization procedure was used.

415 Individual droplet FRAP curves were then fit by single exponentials using Nonlinear Least
416 Squares fitting in MATLAB to measure the timescale and amplitude of fluorescence recovery.

417

418 *Fluorescence Polarization*

419 An RNA oligo of rU20 with a 5'-Alexa488 fluorophore was synthesized by IDT.

420 LAF-1 protein was thawed at room temperature before being buffer exchanged into fresh high
421 salt buffer (20 mM Tris pH 7.4, 1 M NaCl, 1 mM DTT). Protein samples were then diluted to 4
422 μ M with high salt buffer and then concentration measurements were then taken in triplicate
423 using a Tecan M200 plate reader with the Nanoquant insert. The samples were then diluted 5-
424 fold with low salt buffer (20 mM Tris pH 7.4, 1 mM DTT) to produce the stock protein
425 concentrations for the serial dilution.

426 Serial dilutions of 1.63x were prepared by filling the wells of a Corning 96-well flat bottom black
427 plate with 105 μ L of assay buffer (20 mM Tris pH 7.4, 200 mM NaCl, 1 mM DTT) containing 2
428 nM fluorescent RNA oligo and the desired concentration of nucleotide. 180 μ L of protein stock

429 solution containing 2 nM fluorescent RNA oligonucleotide and the desired concentration of
430 nucleotide was then added to the first well, and successive volumes of 180 μ L were transferred
431 to subsequent wells. Samples were incubated for 5 minutes before fluorescence polarization
432 readings were taken. Incubation time was tested to ensure the system had equilibrated by this
433 point. Experiments were performed in triplicate.

434 Fluorescence polarization measurements were performed with a Tecan Infinite M1000Pro, using
435 a 470nm excitation filter with a 5 nm bandwidth, a 520nm emission filter with a 10 nm
436 bandwidth, 110 gain, and 10 flashes per reading. The G-factor for the fluorescence polarization
437 was calibrated using fluorescein, and determined to be 1.162.

438 Fluorescence polarization as a function of protein concentration was plotted and fit to a Hill
439 equation using Nonlinear Least Squares Fitting performed in MATLAB. A vertical offset (b) and
440 amplitude term (A) were included to fit the data:

441
$$FP = A \frac{[LAF1]^n}{[LAF1]^n + K_D^n} + b$$

442 Fit parameters and their 95% confidence intervals can be found in Table S2.

443

444

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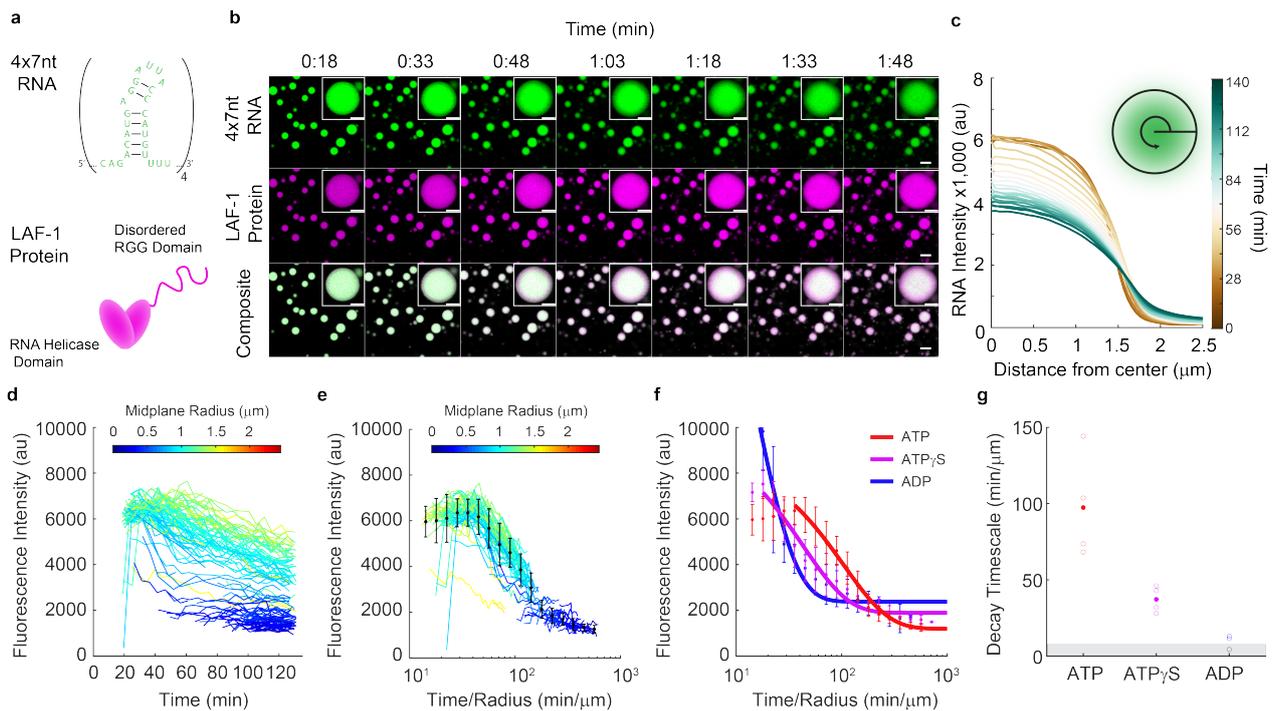


Figure 1: A ribonucleoprotein condensate exhibits time- and activity-dependent RNA gradients. a) Ribonucleoprotein condensates were formed from a MS2-hairpin 4x concatemer (top) and the LAF-1 DEAD-box RNA helicase (bottom) in the presence of ATP. b) LAF-1-4xMS2 RNA co-condensates formed in the presence of ATP are initially homogeneous, but over time RNA gradients develop and RNA fluorescence intensity decreases within the condensed phase. Top) RNA in the condensed phase produces radial gradients over time that depend on condensate size. Middle) Protein signal within the condensed phase is homogeneous and accumulates in the condensed phase over time. Bottom) Overlay of the channels shows radial-dependent RNA:LAF-1 ratios, with higher RNA to protein ratios at the center of the co-condensates. Scale bar = 5 μm . The inset depicts these same phenomena for a single condensate, scale bar = 2 μm . c) Average radial fluorescence intensity profiles for circular droplets with a mean radius of $1.956\mu\text{m} \pm 0.122\mu\text{m}$. 11 Droplets were included in the average. d) Average RNA fluorescence at the center of condensates with different sizes was tracked over time, with each trace color coded by the radius of the condensate's midplane. All condensates experience a decrease in RNA concentration over time, though smaller condensates lose RNA faster, consistent with departure of RNA from the condensate surface. e) Renormalizing time by each condensate's radius collapses the RNA fluorescence decay curves, consistent with a surface-area-to-volume-ratio dependent process. f) Renormalized fluorescence curves for LAF-1-4xMS2 RNA condensates formed in the presence of 1.6 mM ATP, ATP γ S, and ADP, with an exponential fit to the decay portion of the curve shown in solid lines. As helicase activity is impeded (ATP γ S) or abrogated (ADP), RNA departs more rapidly from the condensed phase. g) Fluorescence decay timescales extracted from exponential fits to the time-renormalized fluorescence decay curves. A slower departure of RNA from the condensed phase is seen with higher LAF-1 activity. Open circles represent fit timescales obtained for a single timecourse, filled circles are the mean of that condition. Decay timescales below around 10 min/ μm could not be calculated as the fluorescence had decayed to near the plateau value by the onset of the experiment and are represented as open circles within the grey box.

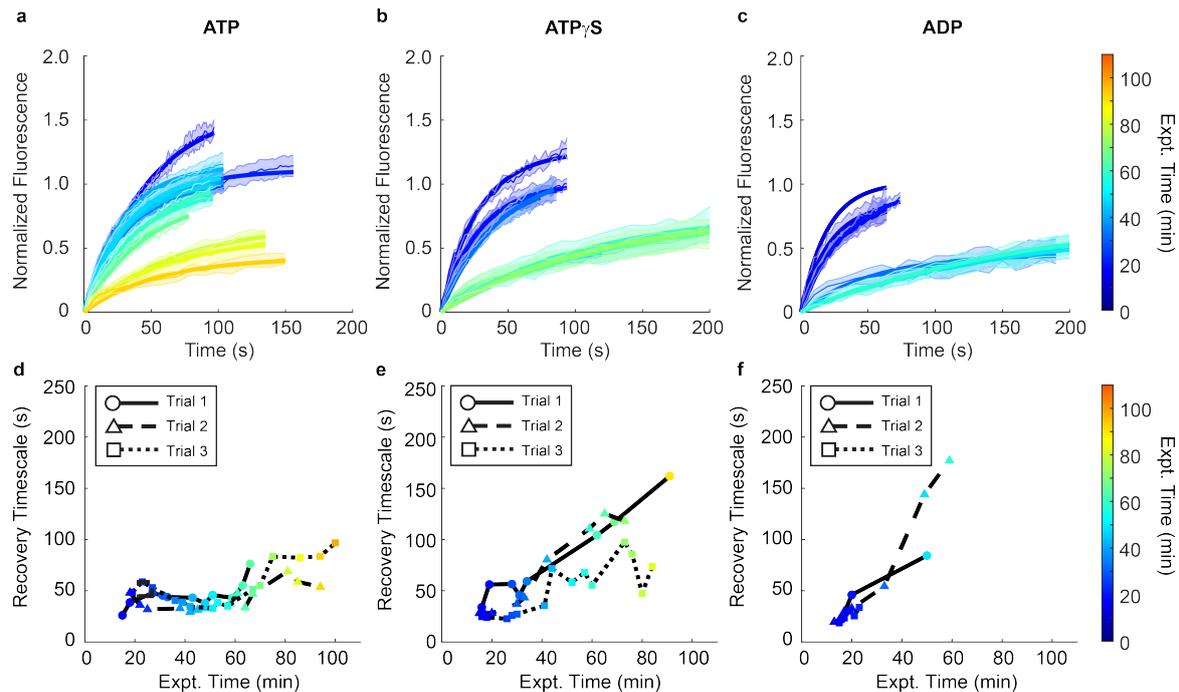


Figure 2: Hairpin RNA mobility within LAF-1 condensates decreases over time and depends on helicase activity. a-c) FRAP timecourse series of 4xMS2 hairpin RNA in LAF-1:RNA condensates formed in the presence of 1.6mM (a) ATP, (b) ATP γ S, or (c) ADP. Condensates formed in the presence of the different nucleotides have similar initial RNA recovery dynamics. However, a faster slowdown of RNA dynamics is seen as helicase activity is decreased. d-f) Recovery timescale as a function of the time at which the FRAP experiment was performed after system initialization for LAF-1:RNA condensates formed in the presence of (d) ATP, (e) ATP γ S, or (f) ADP. Data was compiled across three independent realizations. An increase in recovery timescale is seen for condensates formed with ADP and ATP γ S after 30-45 minutes of experiment time, with RNA dynamics slowest in the presence of ADP. Recovery amplitude fit parameters are shown in Figure S5.

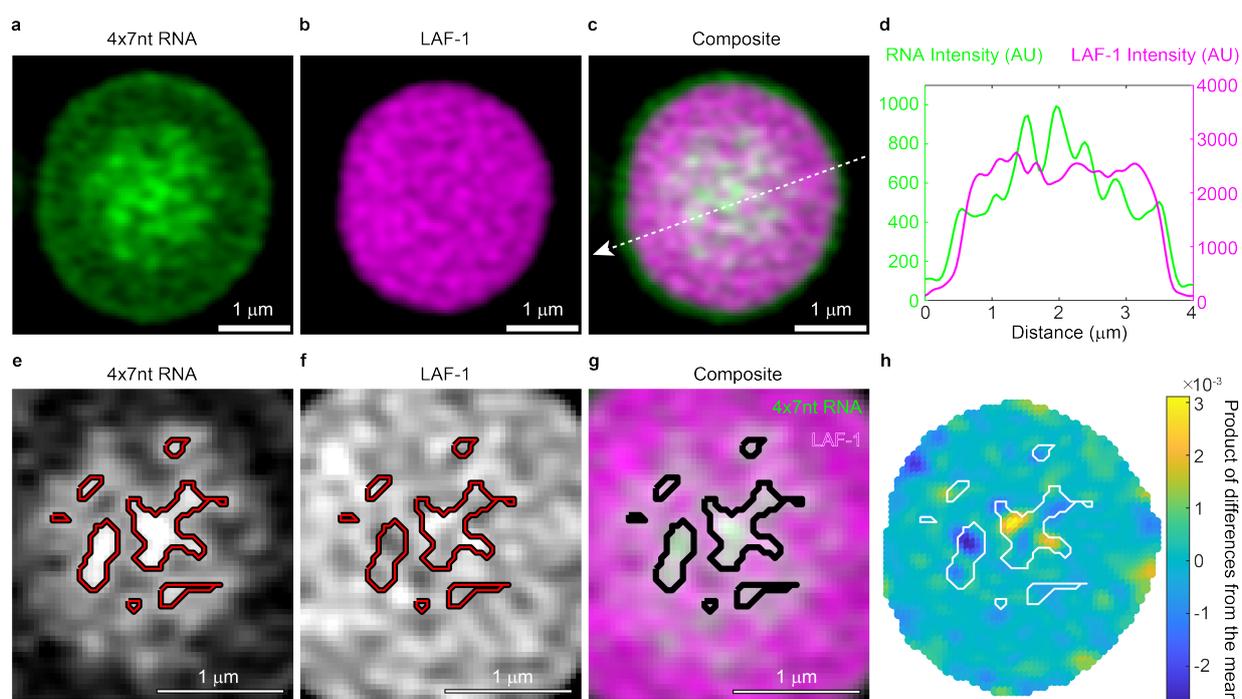


Figure 3: RNA punctate structures form over two hours and correlate with lower LAF-1 fluorescence intensity. a) 4xMS2 RNA fluorescence, b) LAF-1 protein fluorescence, and c) the composite image for a co-condensate that has aged for 2 hours. Bright RNA puncta are observed in the center of the droplet. Scale bar corresponds to 1 μm . d) Line profile over the 4 micron slice shown in (c), which depicts fluorescence versus distance for LAF-1 protein and 4xMS2 RNA. LAF-1 and RNA intensity appear anti-correlated along the line profile, with highest RNA intensity and lowest LAF-1 fluorescence intensity visible at the center of the condensed phase. e-g) Segmenting out the brightest RNA features, these bright RNA regions correlate with local minima in the protein signal. Scale bar corresponds to 1 μm . h) Normalized product of differences from the mean between the RNA and LAF-1 channels reveal that segmented RNA puncta overlay with negative correlation between the two channels. This suggests these RNA rich regions may be locally excluding LAF-1. Refer to Figure S8 for more examples of this phenomenon.

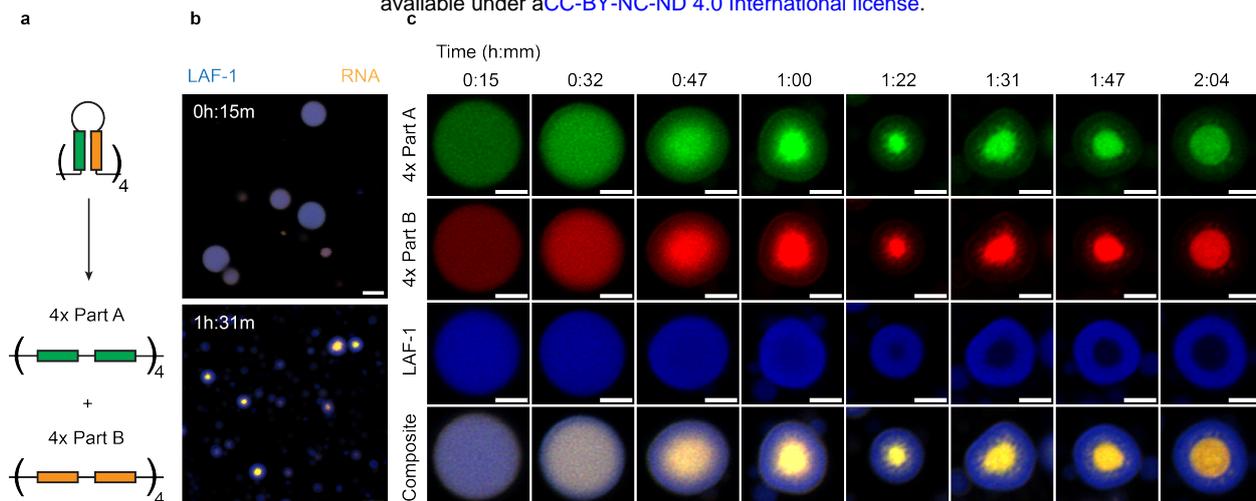


Figure 4: RNA constructs that lack stable RNA secondary structures undergo a second phase transition. a) The 4xMS2 hairpin construct was split into two separate constructs (Part A and Part B) that preserve the total base-pairing energy of the MS2 hairpin but which can only be satisfied intermolecularly. b) Condensates with both constructs are initially homogeneous in both protein and RNA (Top). After 90 minutes, the RNA in the system condenses at the center of the protein rich phase (Bottom). This second phase transition only occurs for condensates above a critical size. Scale bar corresponds to $5 \mu\text{m}$. c) Snapshots of single condensates of roughly $4 \mu\text{m}$ diameter over two hours. Complete exclusion of LAF-1 protein from the RNA-rich phase occurs after 80-90 minutes. Scale bar corresponds to $2 \mu\text{m}$.

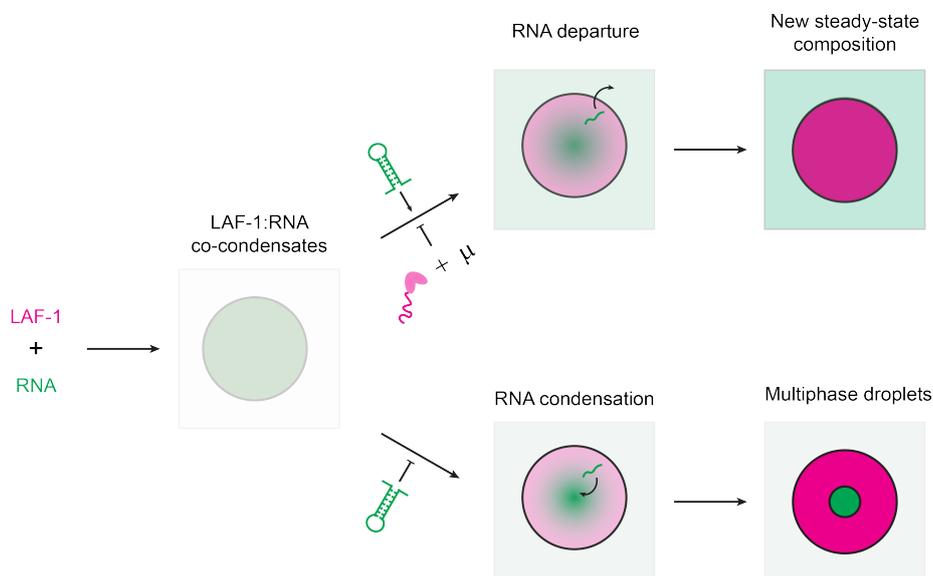


Figure 5: Model: Energy-dependent helicase activity and RNA secondary structure work in concert to preserve condensate homogeneity and dynamics. The formation of RNA secondary structure promotes RNA exclusion from the condensed phase. RNA helicase activity weakens or prevents RNA secondary structures from forming and therefore promotes RNA inclusion within the condensed phase. A condensation or aggregation of RNA occurs over time and is mitigated by the presence of RNA secondary structure, which decreases the number of potential RNA-RNA interaction sites, reduces RNA conformational entropy, or both.

Supplementary Information

Nonequilibrium phases of a biomolecular condensate facilitated by enzyme activity

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Condition	$k_{initialrates}$ (fraction/s)	Intercept (fraction)	Linear R ²	Exp. A (fraction)	$k_{exponential}$ (fraction/s)
ATP	0.0134	-0.0186	0.996	0.777 (0.763, 0.790)	0.0246 (0.0232, 0.0259)
ATP γ S	0.00224	-0.0162	0.983	0.289 (0.286, 0.291)	0.0107 (0.0103, 0.0111)
ADP	-0.00023	-0.00354	0.724	-0.0179 (-0.0186, -0.0173)	0.0354 (0.0239, 0.0470)

Table 1: Kinetic parameters for LAF-1 duplex unwinding assays performed with different nucleotides. Parameters were extracted from either a linear fit to the initial unwinding rates (columns 2-4) or single exponentials of the entire curve (columns 5 and 6). R² values report on the goodness of fit for the linear fit parameters in columns 2 and 3. For the exponential fits, 95% confidence intervals of fit parameters are displayed in parentheses.

Condition	K _{D, App} (nM)	K _{D, App} , 95% CI (nM)	n	n, 95% CI
Buffer	25.2	(23.1,27.2)	1.68	(1.48,1.88)
MgCl ₂	22.6	(20.3, 24.8)	1.95	(1.62,2.28)
MgATP	11.2	(9.44,13.0)	0.85	(0.73,0.96)
MgATP γ S	14.6	(6.5, 22.7)	1	-
MgADP	8.53	(5.06,12.0)	0.54	(0.39,0.70)

Table 2: Apparent binding affinity parameters for LAF-1 fluorescence polarization assays in the presence of different nucleotides and their 95% confidence intervals. Fluorescence polarization curves in Figure S4 were fit to a Hill model where n was included as a fitting parameter except in the case of ATP γ S where it was fixed at 1.

References

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- Linder, P. & Jankowsky, E. From unwinding to clamping – the DEAD box RNA helicase family. *Nature Reviews Molecular Cell Biology* **12**, 505–516. ISSN: 1471-0080. <https://doi.org/10.1038/nrm3154> (2011).

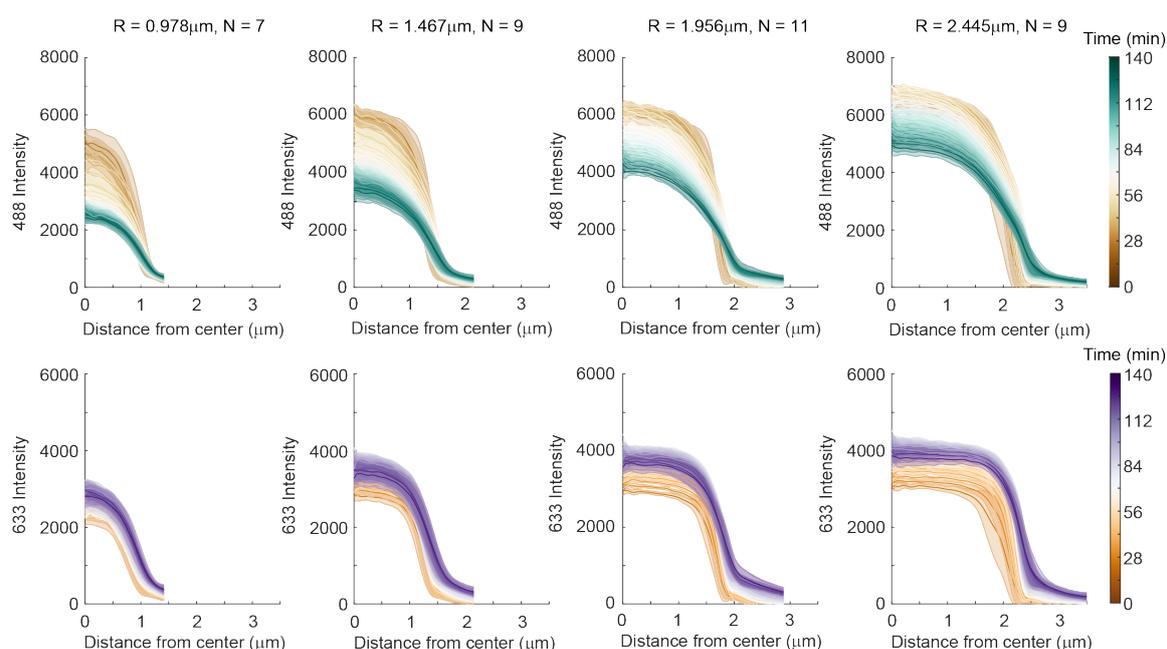


Figure S1: Average radial fluorescence intensity profiles for circular droplets of various sizes. Number of droplets included in the average and the radial bin center are indicated at the top. Each bin has a width of 0.245 μm . Top Row) Average 4xMS2 RNA radial intensity profiles as a function of time. Gradients emerge more quickly and RNA fluorescence decreases faster in condensates of smaller sizes. This is consistent with RNA leaving from the condensate boundary. Bottom Row) LAF-1 radial intensity profile as a function of time. Protein profiles spatially match those of RNA at early times. No gradients are present in the LAF-1 profiles until the condensate boundary is encountered. Protein fluorescence increases over time.

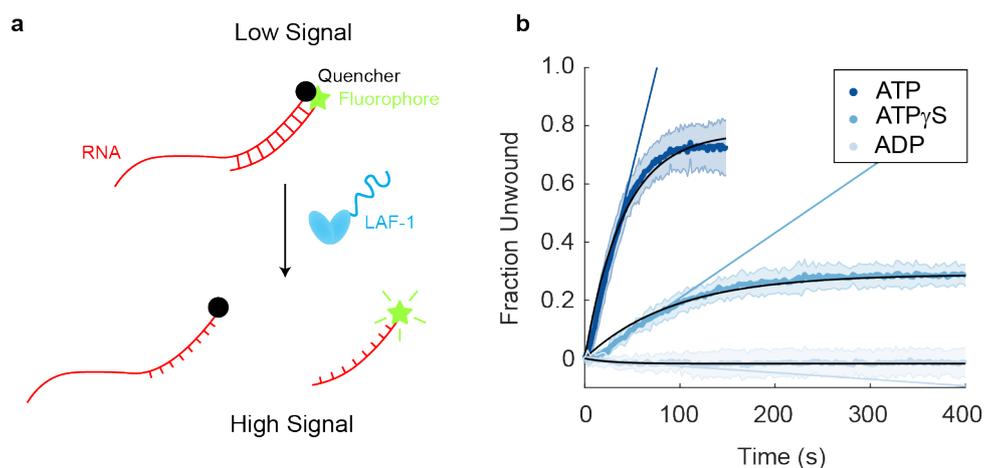


Figure S2: LAF-1 can unwind a short RNA duplex in an ATP-dependent manner. a) Overview of the real-time fluorescence-based unwinding assay [1]. Two RNA strands are annealed such that a fluorophore-quencher pair are in close proximity in the duplexed configuration. One of the RNAs contains a ssRNA overhang, known to be important for other DEAD-box helicases' unwinding activities [2]. Upon unwinding, the fluorophore is liberated and the sample increases in fluorescence emission. b) Normalized unwinding curves from an unwinding assay performed on an RNA construct with a 50% GC content, 8-bp duplex and a U₂₀ ssRNA overhang. Assays were performed in the presence of 500nM LAF-1, 100 mM NaCl, and 2.5mM of the indicated nucleotide. Fastest unwinding rate and highest unwinding fraction are seen with the system containing ATP. ATP γ S results in slower unwinding and a lower overall fraction of RNA unwound. ADP does not enable RNA unwinding by LAF-1. Fits were performed to single exponentials (solid black lines) and linear fits of the initial unwinding rates (solid colored lines) (Table S1).

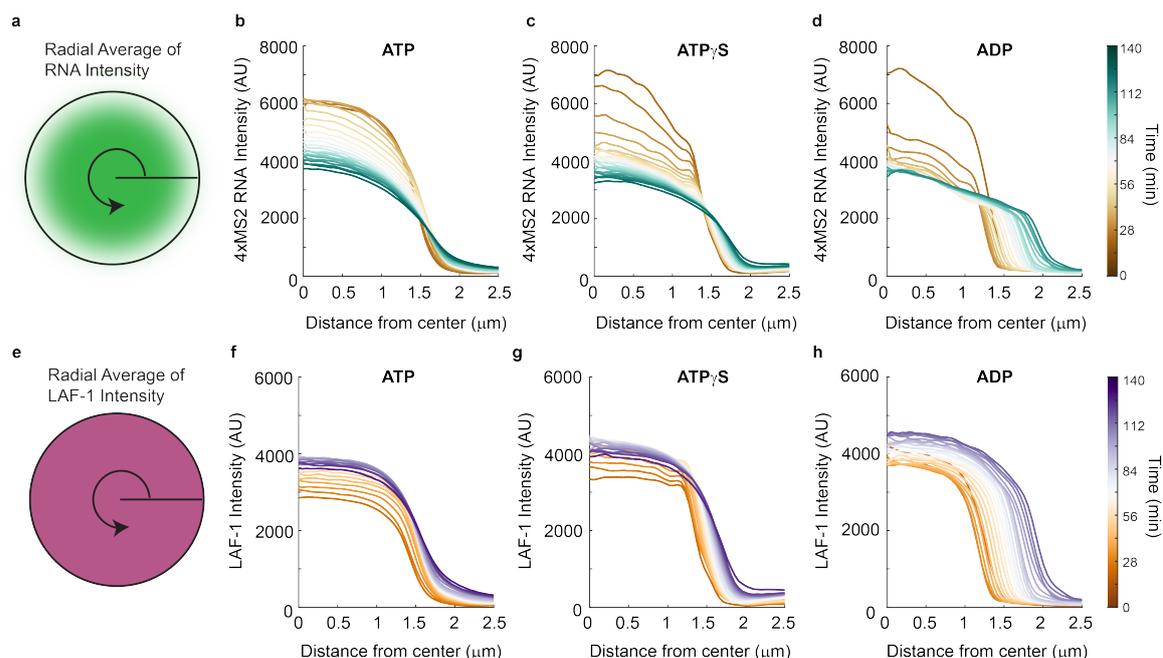


Figure S3: Radial gradient time-evolution depends on nucleotide identity. a) Average radial RNA intensity profile for LAF-1:4xMS2 RNA co-condensates formed in the presence of (b) ATP, (c) ATP γ S, or (d) ADP. A faster evolution of RNA gradients and RNA fluorescence decay are seen as helicase activity is impeded with ATP γ S and abrogated with ADP. e) Average radial LAF-1 protein intensity profile for LAF-1:4xMS2 RNA co-condensates formed in the presence of (f) ATP, (g) ATP γ S, or (h) ADP. Protein intensity increases in the condensed phase with ATP, ATP γ S, and ADP, with no spatial variation of protein signal within the condensed phase, and an increase in signal over time. Number of droplets included in each average: (b,f) 9 for ATP, (c,g) 9 for ATP γ S, (d,h) 6 for ADP. All droplets averaged had a radius of $1.71 \mu\text{m} \pm 0.122 \mu\text{m}$ and an average circularity of > 0.9 .

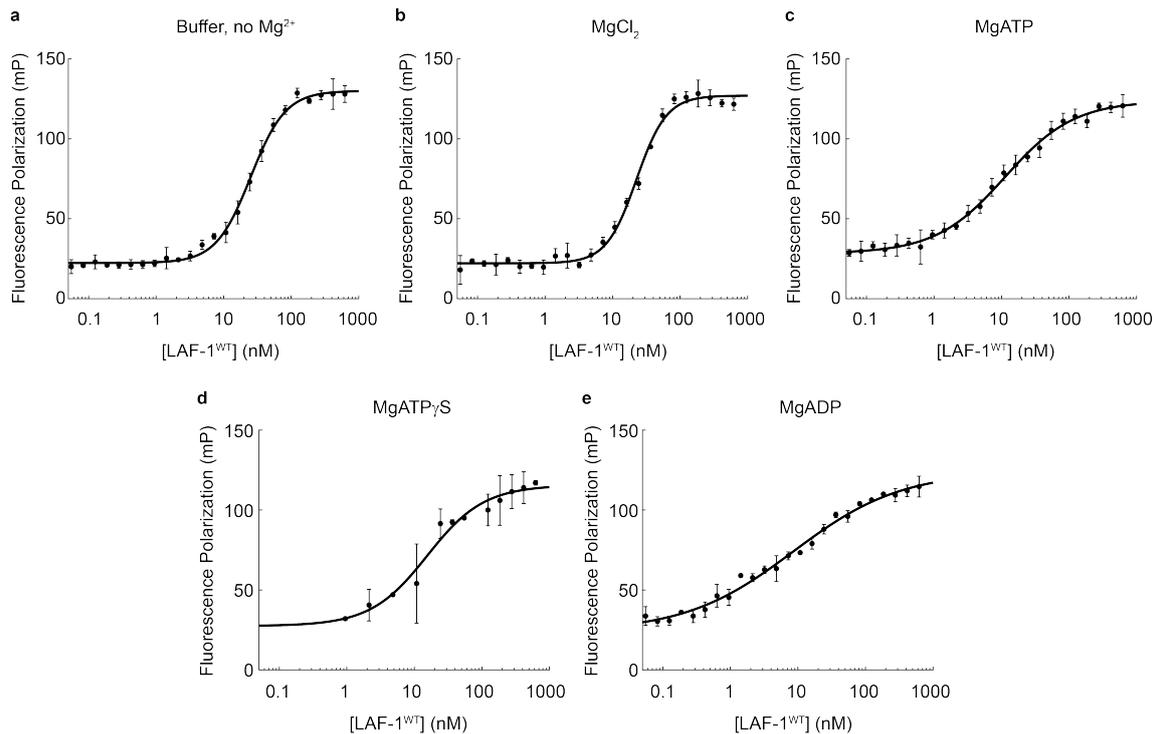


Figure S4: LAF-1 binds RNA with the same apparent affinity in the presence of a variety of nucleotides, but nucleotide presence decreases cooperativity of RNA binding. (a-e) Fluorescence polarization curves comparing LAF-1 binding to rU₂₀ in (a) buffer (b) buffer + 1.6mM MgCl₂, (c) 1.6 mM MgATP, (d) 1.6 mM MgATP γ S, or (e) 1.6 mM ADP. Error bars are the standard deviation over three independent replicates. Solid line represents the fit of the data to a Hill binding model, where cooperativity or n was included as a fit parameter, except for ATP γ S where n was fixed at 1. The apparent dissociation constants, Hill coefficients, and 95% confidence intervals for the fit parameters displayed in Table S2.

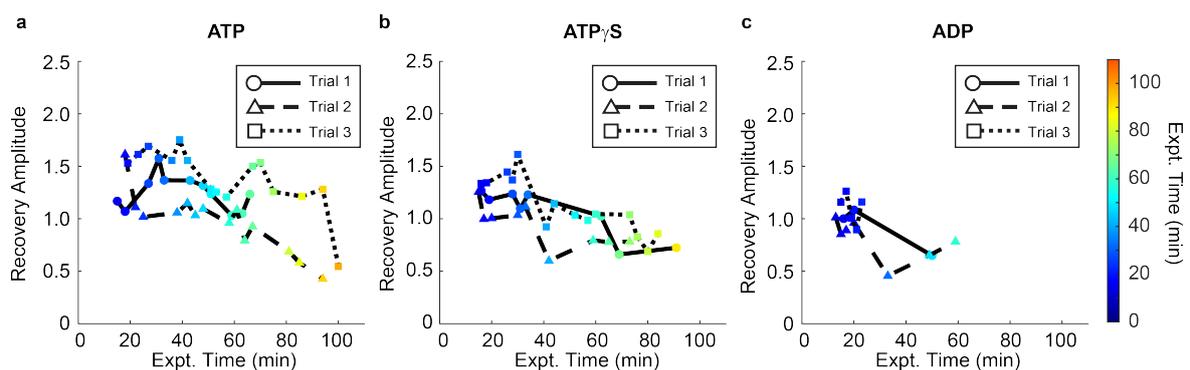


Figure S5: Hairpin RNA mobility within LAF-1 condensates decreases over time and depends on helicase activity. a-c) FRAP recovery amplitudes from the FRAP series of 4xMS2 hairpin RNA in LAF-1:RNA condensates shown in Figure 2. Condensates were formed in the presence of 1.6mM (a) ATP, (b) ATP γ S, or (c) ADP. A faster drop in recovery amplitude occurs as helicase activity is decreased. Recovery amplitudes greater than 1 are a result of RNA gradients in the condensed phase, with higher RNA concentrations at the center of the droplet.

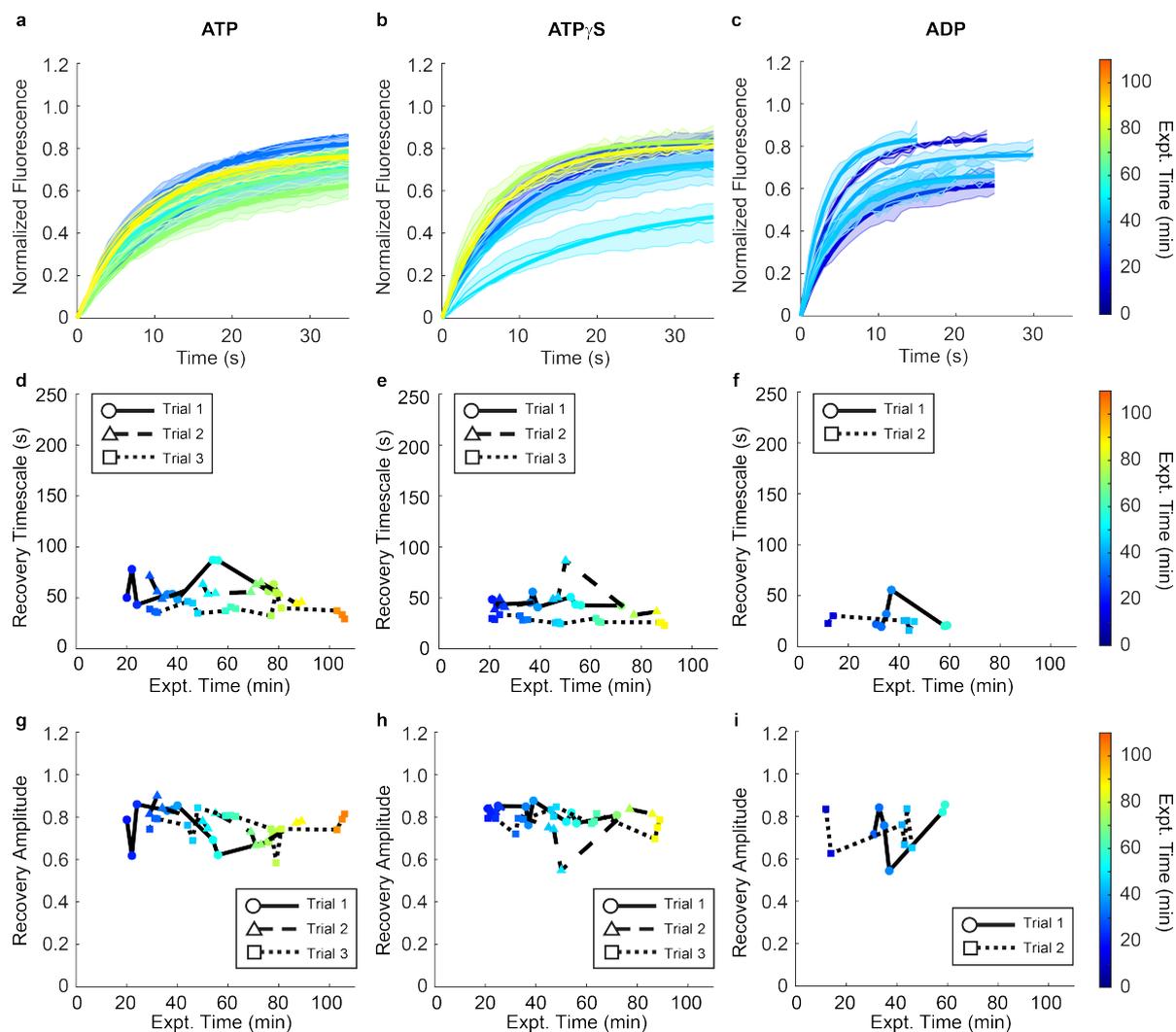


Figure S6: LAF-1 protein mobility in LAF-1:4xMS2 hairpin condensates does not change over time and is independent of helicase activity. a-c) FRAP timecourse series of LAF-1 protein in LAF-1:4xMS2 RNA condensates formed in the presence of 1.6mM (a) ATP, (b) ATP γ S, or (c) ADP. There is no difference in LAF-1 protein dynamics with different nucleotides present and LAF-1 protein dynamics do not change over time. d-f) Recovery timescale and (g-i) recovery amplitude as a function of the time at which the FRAP experiment was performed after system initialization for the indicated nucleotides. No difference in protein dynamics is seen between systems with different nucleotides, nor is there time-evolution of protein dynamics.

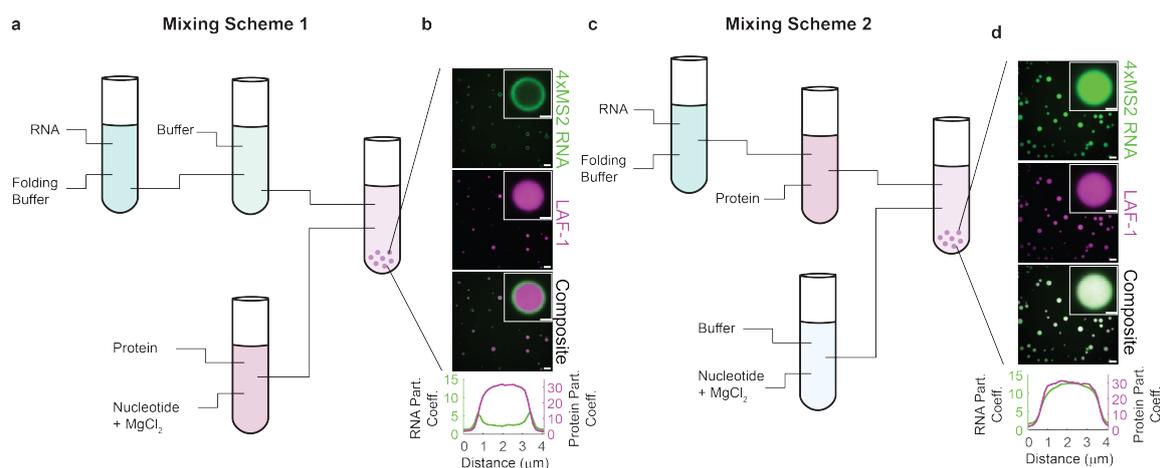


Figure S7: System mixing order affects droplet morphology. a) In the first reaction scheme, 4xMS2 RNA is annealed in buffer containing 10 mM Tris pH 7.4 and 10 mM KAc by heating to 95°C and then cooled to room temperature. This RNA mixture is added to low salt buffer, and a mixture of LAF-1 protein in high salt buffer with nucleotide and magnesium are then added to initiate condensate formation. b) This reaction scheme results in core-shell structures of the droplets, where RNA accumulates at the LAF-1 condensate surface. This is believed to be due to RNA secondary structure formation prior to condensate formation. Scale bar of larger micrograph = 5 μm , inset scale bar = 1 μm . c) In the second reaction scheme, 4xMS2 RNA is annealed as described above, but first added to the LAF-1 protein in high salt buffer. This protein-RNA mixture is then added to low salt buffer containing ATP and magnesium to initiate condensate formation. d) This second reaction scheme produces initially homogeneous LAF-1:RNA co-condensates. We believe this to be due to condensate formation and RNA inclusion in the condensed phase prior to stable RNA secondary structure formation. Scale bar of larger micrograph = 5 μm , inset scale bar = 1 μm .

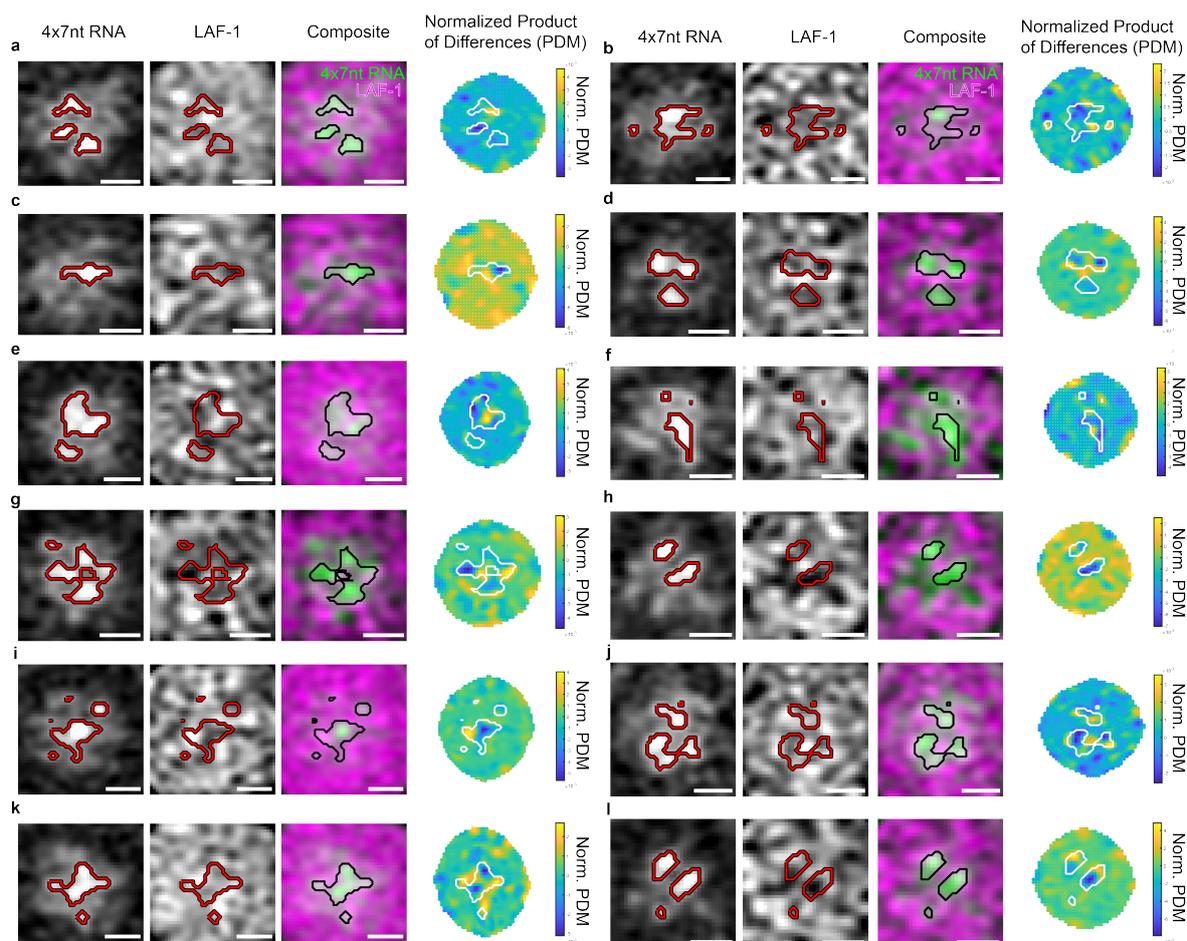


Figure S8: Normalized product of differences from the mean (PDM) analysis of different condensates. Additional examples of RNA punctate structures excluding LAF-1 protein from separate condensates. A more negative PDM value (more blue) indicates stronger anticorrelation between protein and RNA channels. Scale bar = $0.51 \mu\text{m}$. Related to Figure 3.

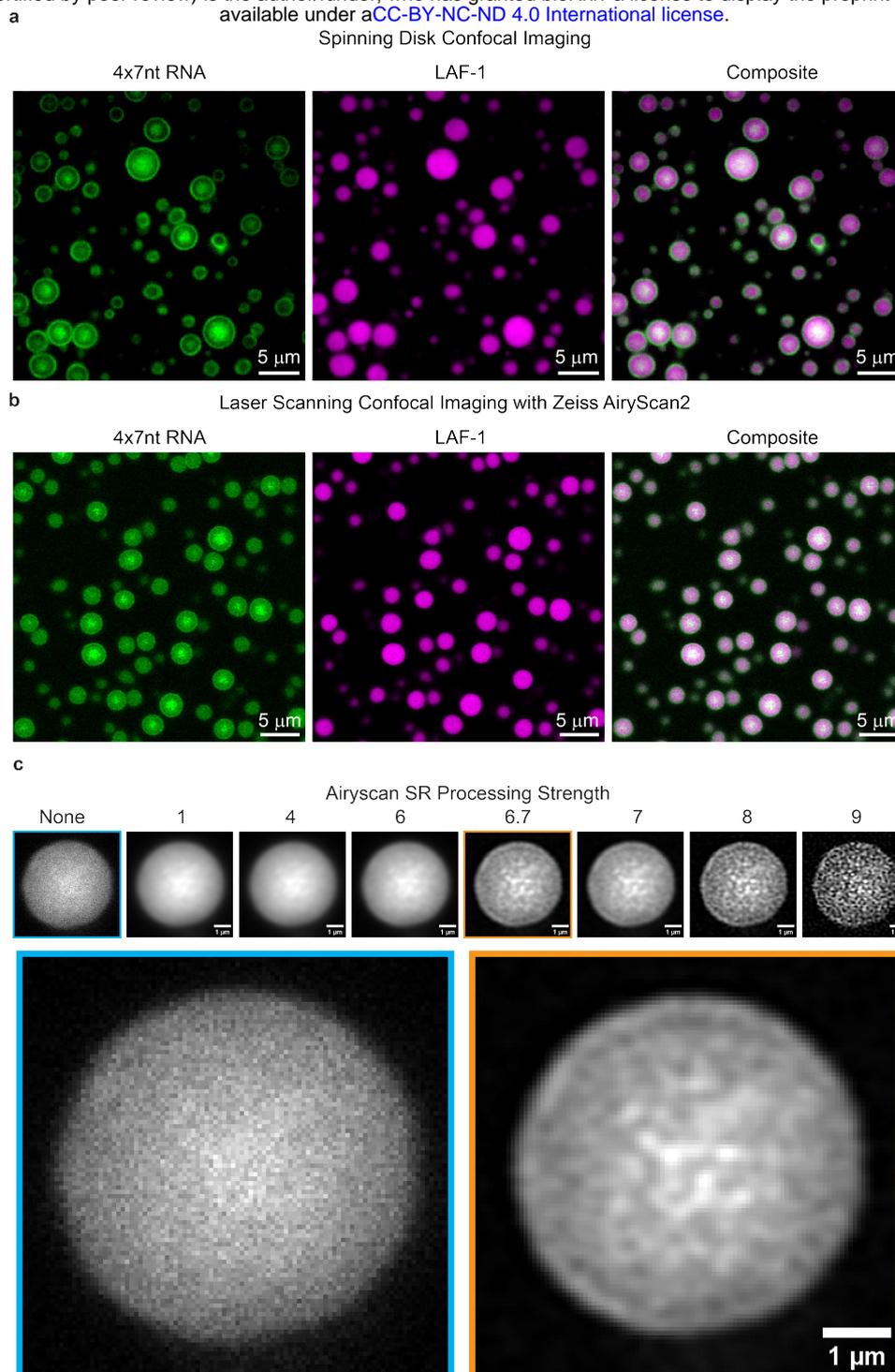


Figure S9: A coarse RNA structure is visible at the interior of LAF-1:4xMS2 RNA condensates after 2 hours. a) Imaging performed on a spinning disk confocal microscope shows coarse RNA structures at the core of LAF-1:4xMS2 condensates but with low spatial resolution. Scale bar = $2\mu\text{m}$. b) Imaging with a laser scanning confocal equipped with an Airyscan 2 detector increases spatial resolution of condensate imaging and shows RNA puncta at the core of LAF-1-RNA condensates. c) AiryScan processing strength changes the clarity of the spatial structure at the center of the condensate without introducing artificial spatial structure. Left to right shows the effect of increasing Airyscan processing strength. Shown below are larger images of the no Airyscan processing version (Left) and the image processed with the automatically detected Airyscan processing strength of 6.7 (Right).

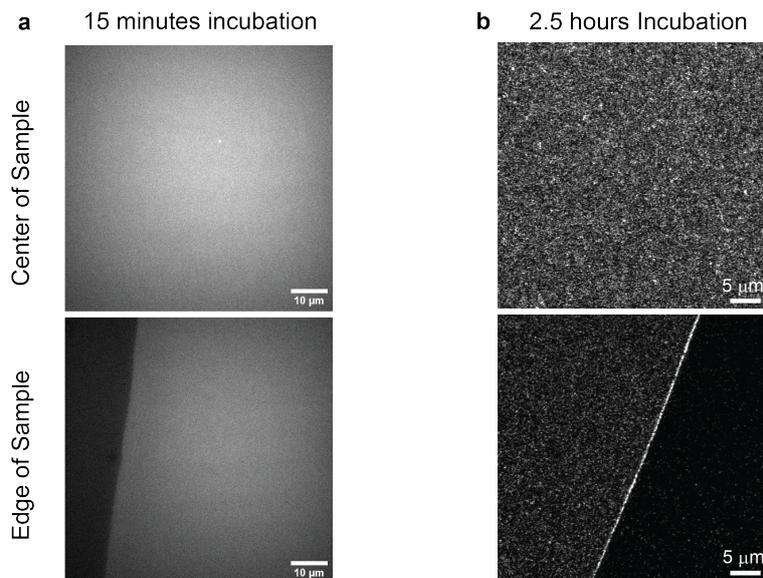


Figure S10: The 4xMS2 construct does not undergo aggregation or phase separation independent of the LAF-1 condensed phase. Under identical assay conditions to the condensate timecourses, but in the absence of LAF-1, 4xMS2 condensates do not form either initially (a) or after 2.5 hours of incubation (b). Micrographs in (a) were taken on a spinning disk confocal while the micrographs in (b) are from a Zeiss LSM980 with an Airyscan 2 detector. Scale bars correspond to: (a) 10 μm , (b) are 5 μm .

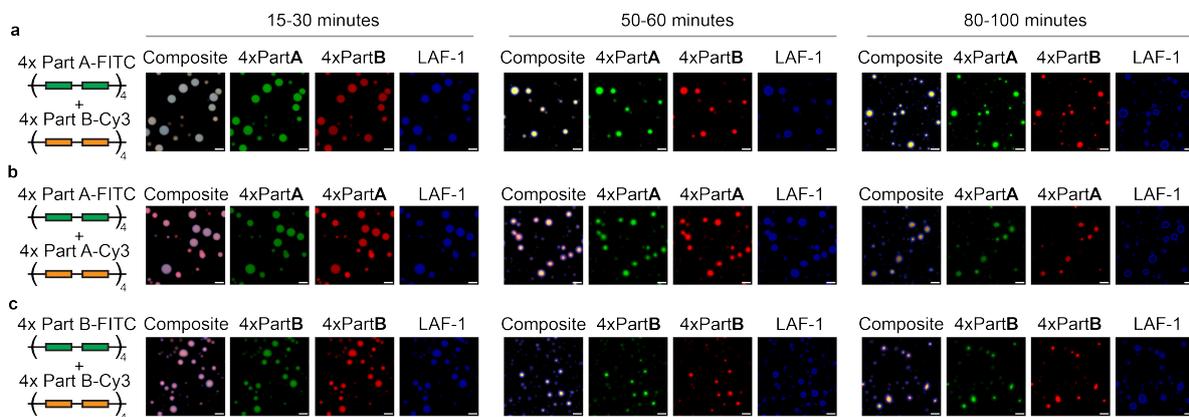


Figure S11: The second RNA phase transition does not depend on the specific base-pairing of the MS2 region. Separation between RNA-rich and protein rich phases is observed when both Part A and Part B of the MS2 hairpin sequence are present (a) but also when only tandem repeat of the Part A is present (b) or when tandem repeats of Part B are present (c). Though the condensates begin as homogeneous protein-RNA droplets, separation between protein- and RNA-rich phases occurs over 50-90 minutes in all cases. This suggests the full MS2 hairpin on a single RNA strand is helping to prevent coalescence of RNA within the condensed phase. Green channel indicates RNA labelled with fluorescein while the Red channel indicates RNA labelled with Cy3. Scale bar is equal to 5 μm in all panels.

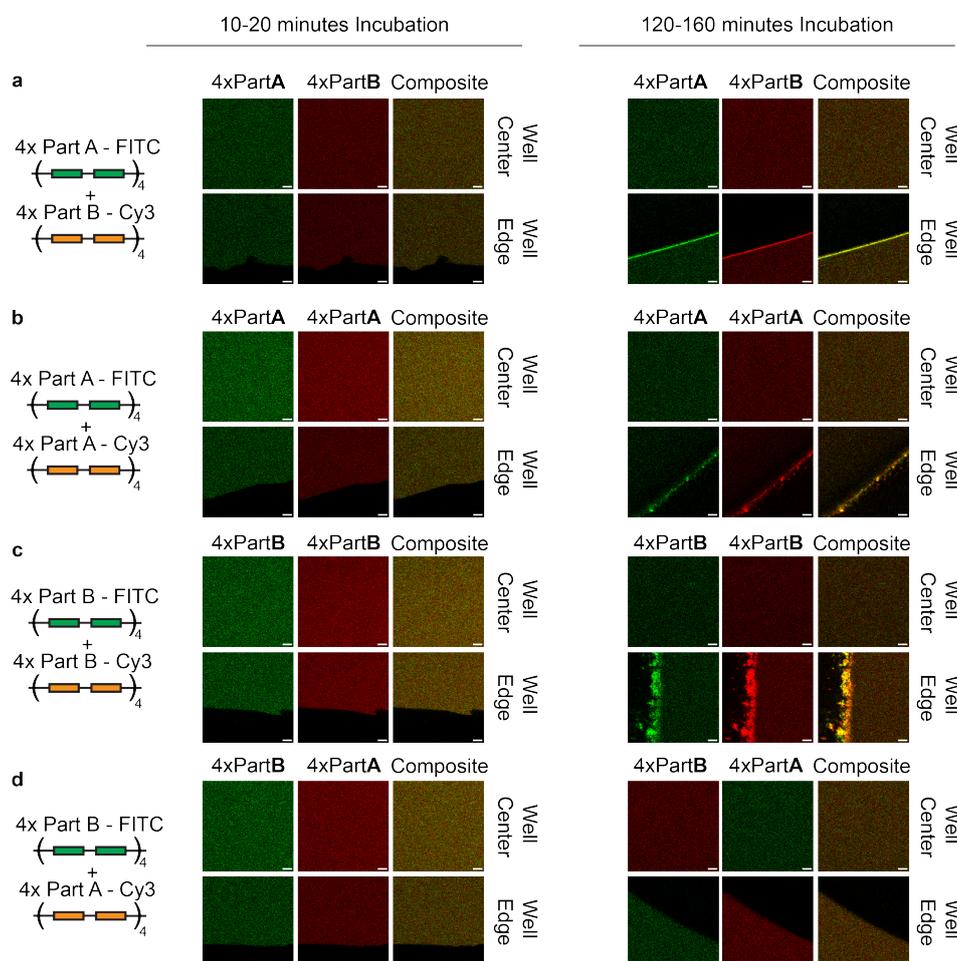


Figure S12: The different combinations of MS2 single-stranded sequences do not undergo phase separation or aggregation in the absence of LAF-1. Combining tandem repeats of Part A and Part B of the MS2 hairpin sequence (a), only Part A of the MS2 hairpin sequence (b), only part B of the MS2 hairpin sequence (c), or part A and part B with different fluorescent tags (d), do not form aggregates in the absence of LAF-1 either initially or over 2 hours. Green or left hand channel indicates RNA labelled with fluorescein while the Red or center channel indicates RNA labelled with Cy3. Some aggregation can be seen at the well edge after 2 hours but is not seen in the bulk. Scale bar is equal to 5 μm in all panels.