#### **RESEARCH**



# FMRP Controls Neuronal Architecture and Synaptic Content of NMDA Receptors in Cultured Hippocampal Neurons

Elisa Corti<sup>1,2,3,4</sup> • Carlos B. Duarte<sup>1,2,5</sup>

Received: 4 January 2025 / Accepted: 20 February 2025 © The Author(s) 2025

#### Abstract

Fragile X syndrome is the most common inherited form of intellectual disability and is caused by the transcriptional silencing of the *Fmr1* gene and the lack of fragile X messenger ribonucleoprotein (FMRP). FMRP is an RNA-binding protein that regulates the synthesis of synaptic proteins which are essential for proper brain function. Although circuit hyperexcitability is a hallmark of fragile X syndrome (FXS), the cell-autonomous effects of FMRP deficiency remain poorly understood. In this work, we investigated the functional consequences of the absence of FMRP on neuronal morphology and on ionotropic glutamate receptor surface distribution, using primary cultures of mice hippocampal neurons isolated from wild-type (WT) and *Fmr1* knock-out (KO) pups. MAP2 staining of *Fmr1* KO neurons showed a decrease in total dendritic length and complexity of the dendritic tree, accompanied by an increase in soma size compared to WT neurons. Moreover, immunolabelling of surface glutamate receptors performed under non-permeabilising conditions showed that *Fmr1* KO neurons presented a higher content of synaptic surface GluN2A and a lower content of GluN2B subunits of NMDA receptors, while GluA1 and GluA2 distribution remained unchanged. Finally, multielectrode array data showed that *Fmr1* KO neurons presented reduced spontaneous activity compared to control neurons. These data support the hypothesis that at the cellular level, *Fmr1* KO hippocampal neurons are less excitable due to altered input processing, driven by structural defects and altered GluN2A expression in the synaptic plasma membrane.

**Keywords** Neuronal excitability · Axonal initial segment · GluN2A · GluN2B

#### Introduction

Fragile X syndrome (FXS) is an X-linked neurodevelopmental disorder (Berger and Weaver 1985; Martin and Bell 1943) and represents the most common inherited form of

- CNC- Center for Neuroscience and Cell Biology, University of Coimbra, Coimbra, Portugal
- <sup>2</sup> CIBB- Center for Innovative Biomedicine and Biotechnology, University of Coimbra, Coimbra, Portugal
- <sup>3</sup> Institute for Interdisciplinary Research (IIIUC), University of Coimbra, Coimbra, Portugal
- Doctoral Programme in Experimental Biology and Biomedicine (PDBEB), Institute for Interdisciplinary Research, University of Coimbra, Coimbra, Portugal
- Department of Life Sciences, University of Coimbra, Coimbra, Portugal

Published online: 02 April 2025

intellectual disability (ID), affecting 1:4000 males and 1:8000 females (Peprah 2012). Despite being a heterogeneous condition, the majority of FXS patients present symptoms such as a lower IQ, stereotyped and aggressive behaviours, avoidant eye gaze, sleep disorders, anxiety and emotional lability (Protic et al. 2022). FXS is caused by the lack of fragile X messenger ribonucleoprotein (FMRP), either due to an expansion of a CGG triplet (> 200 repetitions) in the 5'-untranslated region (UTR) of the Fmr1 gene that triggers DNA methylation and gene silencing (Sutcliffe et al. 1992; Verkerk et al. 1991) or due to missense mutations that impair the functionality of FMRP (De Boulle et al. 1993; Myrick et al. 2014). FMRP is an RNA-binding protein (Ashley et al. 1993) that plays a pivotal role in the transport, stability and ribosomal accessibility of a diverse array of mRNAs. Approximatively 4% of the brain mRNAs interact with FMRP (Ashley et al. 1993) that regulates local synthesis of proteins fundamental for a proper neuronal development and synaptic functionality. For example, the mRNAs that encode for microtubule-associated protein 1A



(MAP1A) and 1B (MAP1B), postsynaptic density protein 95 (PSD95),  $Ca^{2+}$ - and calmodulin-dependent protein kinase II alpha (CamKII $\alpha$ ) and the GluN2A and GluN2B subunits of N-methyl-D-aspartate receptors (NMDAR) are FMRP targets (Darnell et al. 2011).

Insights about the function of FMRP have been gathered from studies using Fmr1 KO animals that recapitulate the behavioural phenotypes observed in patients (e.g. defects in learning, cognition, memory and sociability) (Melancia and Trezza 2018). Among the most reported consequences of the lack of FMRP, there is an increased density of dendritic spines which present an immature morphology (despite this phenotype being age- and brain-region dependent) (He and Portera-Cailliau 2013) and circuit hyperexcitability (Liu et al. 2021). Circuit hyperexcitability in Fmr1 KO animals may arise from (i) an atypical activity-dependent synaptic pruning of excitatory synapses during development, (ii) a decrease of inhibitory tone onto principal neurons or (iii) modification of active and passive properties of principal neurons. Indeed, neurons from Fmr1 KO animals show a larger spine density and altered spine dynamics, probably due to a defective microglia-dependent pruning during development (Jawaid et al. 2018). Moreover, Fmr1 KO mice exhibit decreased expression of GABA<sub>A</sub> receptor subunits (D'Hulst et al. 2006; Gantois et al. 2006), in accordance with recent evidence showing that FMRP modulates tonic inhibition by interacting with the subunit α5 of GABA<sub>A</sub> receptors in the dentate gyrus (Deng et al. 2022). Additionally, FMRP modulates the expression and function of a variety of ligand-gated ion channels, such as NMDAR, and voltagegated Na<sup>+</sup>, K<sup>+</sup> and Ca<sup>++</sup> channels (reviewed in Deng and Klyachko (2021)). In this scenario, it is difficult to pinpoint which phenotype(s) are a direct consequence of the FMRP deficiency and which are compensatory changes.

Excitability is the capability of neurons to fire action potentials when depolarised beyond a certain threshold following stimulation of excitatory synapses. Glutamate is the major excitatory neurotransmitter in the brain, acting mainly through stimulation of α-amino-3-hydroxy-5methyl-4-isoxazolepropionic acid receptors (AMPAR) and NMDAR present on the postsynaptic membrane within dendritic spines. AMPAR and NMDAR are ligand-gated cationic channels that upon opening produce a local depolarisation of the postsynaptic membrane (Corti and Duarte 2023; Hansen et al. 2021). As these excitatory depolarising signals travel towards the soma, they are integrated with inhibitory hyperpolarizing signals, coming from inhibitory synapses located on the dendritic shaft or on the cell body of neurons. Whenever the integrated signal produces a net depolarisation that is strong enough to open voltage-gated Na<sup>+</sup> channels, an action potential is generated and propagated across the axon. Voltage-gated Na<sup>+</sup> channels are accumulated in the proximal region of the axon in a structure named axonal initial segment (AIS), which separates the axon from the somatodendritic compartment (Chavlis and Poirazi 2022; Hille 1978; Magee 2000).

Neuronal excitability is shaped by the combination of passive properties and active properties of a neuron. Passive properties allow the propagation of electric signals without the use of voltage- or ligand-gated ionic channels and are influenced by the amount of neuronal plasma membrane, namely the area of the soma and the complexity of the dendritic tree. Instead, active properties are a direct expression of the abundance of ligand- and voltage-gated ion channels. In this work, we hypothesise that FMRP directly or indirectly regulates neuronal excitability by acting on both active and passive properties of hippocampal neurons. In particular, we used low-density primary cultures to investigate the cell-autonomous consequences of the lack of FMRP on passive and active properties of hippocampal pyramidal neurons, with a main focus on neuronal morphology, synaptic density and membrane content of glutamate receptors.

#### **Materials and Methods**

### **Mouse Model and Genotyping**

Fmr1 knock-out (KO) females (B6.129P2-Fmr1<sup>tm1Cgr</sup>/J) were purchased from Jackson laboratory and crossed with C57BL/6J male mice to obtain heterozygous females for the Fmr1 gene. To obtain wild-type (WT) and Fmr1 KO male pups, Fmr1 heterozygous females were crossed with WT males. Two to five littermates, sex-matched animals were kept in each cage, with food and water ad libitum and a 12-h dark/light cycle. Animals were handled according to Portuguese Law (DL 113/2013) and the European Community Guidelines (Directive, 2010/63/EU) on the protection of animals for scientific experimentation.

The genomic DNA to perform the genotyping of the animals was extracted from a piece of tail in case of pups or from an ear punch in case of adult animals, using the HOT-SHOT method (Truett et al. 2000). Briefly, each piece of tissue was placed in a tube and incubated in an alkaline solution (25 mM NaOH, 0.2 mM EDTA, pH 12) for 30 min at 95 °C. Samples were allowed to cool down to 4 °C and successively an equal volume of the neutralising reagent (40 mM Tris-HCl, pH 5) was added to each tube. Tubes were briefly centrifuged to allow the undigested tissue to sink to the bottom. Polymerase chain reaction (PCR) was performed using the NZYTaq II 2×Green Master Mix (NZYTech) according to manufacturer's instruction, in a final volume of 15 µl. The following primers were used: 5'-TGT GAT AGA ATA TGC AGC ATG TGA-3' (wild-type forward oIMR6734, Jackson Laboratory), 5'-CAC GAG ACT AGT GAG ACG TG-3' (mutant forward oIMR2060, Jackson Laboratory) and



Journal of Molecular Neuroscience (2025) 75:44 Page 3 of 17 4

5'-CTT CTG GCA CCT CCA GCT T-3' (common reverse oIMR6735, Jackson Laboratory). The following cycling temperatures and time were used: the initial denaturation was performed at 94 °C for 5 min, then denaturation at 94 °C for 30 s, annealing at 57 °C for 35 s and elongation at 72 °C for 35 s were repeated for 230 cycles, followed by a final elongation step at 72 °C for 5 min. The products of the PCR were then loaded on a 1% agarose gel in TAE buffer (NZY-Tech) containing GreenSafe (1:10,000, NZYTech) and separated by electrophoresis (100 V for 30 min). The fragment amplified from WT animals was 131 base pair (bp) long; the fragment amplified by Fmr1 KO animals was \_400 bp long, while heterozygous females presented both fragments.

# **Primary Cultures of Hippocampal Neurons**

Primary cultures of hippocampal neurons were prepared from postnatal day 0 or 1 (P0-P1) WT or Fmr1 KO male pups, as described in Nerli et al. (2020), with slight modifications. Briefly, mice were decapitated and both hippocampi were dissected in ice-cold Hank's balanced salt solution (HBSS: 5.36 mM KCl, 0.44 mM KH<sub>2</sub>PO<sub>4</sub>, 137 mM NaCl, 4.16 mM NaHCO<sub>3</sub>, 0.34 mM Na<sub>2</sub>HPO<sub>4</sub>·2H<sub>2</sub>O, 5 mM glucose, 1 mM sodium pyruvate, 10 mM HEPES and 0.001% phenol red, pH 7.2). The hippocampi were pooled together according to the genotype and digested with 0.25% Trypsin (GIBCO) diluted 1:5 in HBSS, to reach a final concentration of 0.05%, for 11 min at 37 °C. Then, the enzyme was blocked by adding an equal volume of HBSS + 10% foetal bovine serum (FBS, GIBCO), and the tissue was centrifuged at 11×g for 5 min at room temperature (RT). The tissue was then mechanically dissociated in Neurobasal medium-A (NBM-A; GIBCO) supplemented with 0.12 mg/ ml gentamicin (GIBCO), 2% B27 (GIBCO) and 0.5 mM L-glutamine. Approximatively 800 µl of supplemented NBM-A per pup was used, to obtain a cell suspension of the adequate concentration. Alive cells were counted using the dye exclusion method with trypan blue (GIBCO) and a Neubauer chamber.

For immunocytochemistry experiments,  $11 \times 10^3$  cells/cm<sup>2</sup> were plated on poly-D-lysine-coated glass coverslips. Two hours later, coverslips were flipped on a feeder layer of rat glial cells in NBM-A (GIBCO) supplemented with 0.12 mg/ml gentamicin (GIBCO), 2% B27 (GIBCO) and 0.5 mM L-glutamine. Neurons grew facing the glial cells but were kept separated from the glial cells thanks to paraffin dots on the neuronal side of the coverslips.

For multielectrode array experiments, poly-D-lysine-coated CytoView MEA 24 multiwells (Axion BioSystems) were used. To obtain the proper number of cells in the required volume, cells were centrifuged (8×g for 3 min, RT) and resuspended in NBM-A (GIBCO) supplemented with 0.12 mg/ml gentamicin (GIBCO), 2% B27 (GIBCO),

0.5 mM L-glutamine and 10  $\mu$ g/ml laminin (Sigma-Aldrich), when necessary.  $25 \times 10^3$  cells in 10  $\mu$ l were plated in the centre of each well, in correspondence of the 16 electrodes array, and 2 h later 500  $\mu$ l of NBM-A (GIBCO) supplemented with 0.12 mg/ml gentamicin (GIBCO), 2% B27 (GIBCO) and 0.5 mM L-glutamine were added to each well.

Cultures were maintained in a humidified incubator at 37 °C, with an atmosphere of 95% air/5%  $\rm CO_2$  for 2 weeks. A third of the initial volume of NBM-A (GIBCO) supplemented with 0.12 mg/ml gentamicin (GIBCO), 2% B27 (GIBCO) and 0.5 mM L-glutamine was added to the wells on day in vitro (DIV) 7. To prevent excessive growth of glial cells, the culture medium was supplemented with 10  $\mu$ M 5-fluoro-2-deoxy-uridine (Sigma-Aldrich) on DIV2.5–3.

### **Immunocytochemistry**

Labelling of surface glutamate receptors was performed as described in Afonso et al., (2019) and Mele et al. (2021). Briefly, we used subunit-specific antibodies (see supplementary table I) against epitopes present in the extracellular region of the receptors. Live neurons were incubated with the antibodies diluted 1:100 in conditioned medium, for 10 min at room temperature (RT) and quickly washed in phosphate saline buffer (PBS: 137 mM NaCl, 2.7 mM KCl, 1.8 mM KH<sub>2</sub>PO<sub>4</sub>, 10 mM Na<sub>2</sub>HPO<sub>4</sub>·2H<sub>2</sub>O, pH 7.4). Cells were fixed in 4% paraformaldehyde (Acros Organic)-4% sucrose in PBS for 15 min at RT and washed three times with PBS. Cells were then permeabilised with ice-cold 0.3% (v/v) Triton-X-100 in PBS for 5 min and incubated with 10% (w/v) bovine serum albumin (BSA) (NZYTech) in PBS for 1 h at RT to block nonspecific epitopes. The preparations were then incubated with primary antibodies targeting intracellular proteins (see supplementary table I) diluted in 3% (w/v) BSA in PBS, overnight at 4 °C, and washed three times with PBS on the following day. Then, cells were incubated with the appropriate secondary antibodies (see supplementary table I) for 1 h at room temperature, washed three times with PBS and mounted on microscope slides (Avantor) using fluorescence mounting medium (DAKO).

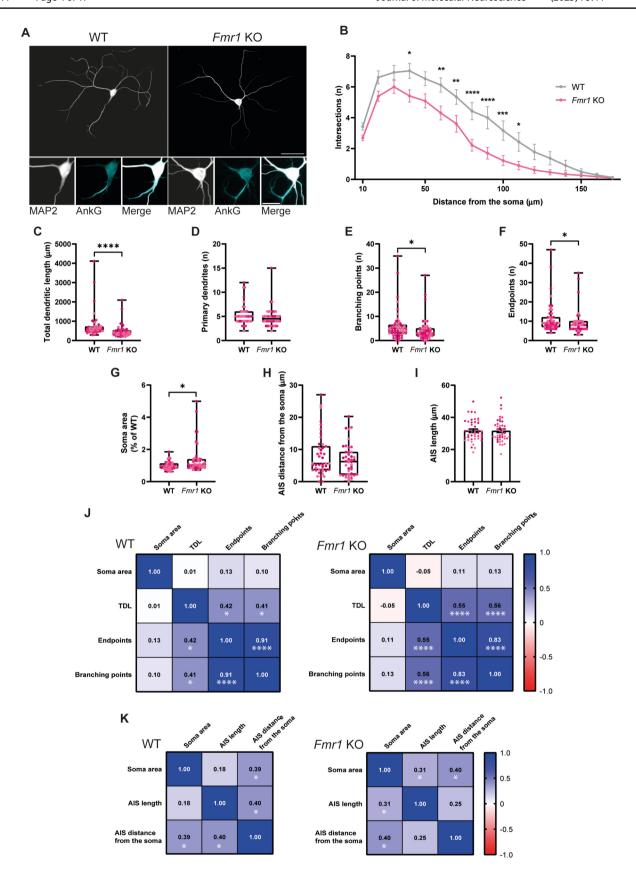
# **Image Acquisition and Quantification**

Fluorescence imaging was performed on a Zeiss AxioObserver Z.1 microscope, using a 20×dry objective with 0.8 numerical aperture (NA) or 63×oil objective with 1.4 NA, coupled to a Zeiss HRm AxioCam. In each repetition, cells were cultured and stained simultaneously and imaged using identical settings.

Fluorescence intensity was quantified using the Fiji image analysis software and the researcher was blind to the genotype. Sholl analysis was performed using the open-source SNT plugin of Fiji, and tracings of the dendrites were used



44 Page 4 of 17 Journal of Molecular Neuroscience (2025) 75:44





**∢Fig. 1** Morphological characterisation of cultured *Fmr1* KO hippocampal neurons. WT and Fmr1 KO cultured hippocampal neurons (DIV15) immunolabelled for MAP2 (scale bar, 50 µm) (A). Insert: somata and axonal initial segments (AIS) of cultured WT and Fmr1 KO hippocampal neurons, immunolabelled for MAP2 and AnkG, respectively (scale bar, 10 µm). Sholl analysis of cultured WT and Fmr1 KO hippocampal neurons (B). Data are expressed as mean ± SEM and analysed with a mixed-effect analysis with Sidak correction (\*p<0.05; \*\*p<0.01; \*\*\*p<0.001; \*\*\*\*p<0.001). Quantification of total dendritic length (TDL) (C), primary dendrites (D), branching points (E), endpoints (F) and soma area (G) of cultured WT and Fmr1 KO hippocampal neurons. n=49 WT and n=46Fmr1 KO neurons were analysed, from N=3 independent preparations. Quantification of the distance between the AIS and the soma (H) and the length of the AIS (I) in cultured WT and Fmrl KO hippocampal neurons. n=42 WT and n=43 Fmrl KO neurons were analysed, from N=3 independent preparations. Each data point represents the results obtained in a neuron and each colour indicates a different preparation (C-I). Two-tailed Mann-Whitney test was used to compare WT and Fmr1 KO conditions (\*p<0.05; \*\*\*\*p<0.0001). Correlation matrix between the soma area, TDL, number of endpoints and branching points in cultured WT and Fmr1 KO hippocampal neurons (J). Correlation matrix between the soma area, AIS length and AIS distance from the soma in cultured WT and Fmr1 KO hippocampal neurons (K). For each correlation, the Spearman coefficient is reported, while the p value is reported only when significant (\*p < 0.05; \*\*\*\*p < 0.0001)

to calculate TDL, number of primary dendrites, branching points and endpoints. MAP2 staining was used to measure the soma area. The distance between MAP2 staining and Ankyrin G (AnkG) staining was used to determine the distance of the AIS from the soma. The length of the AIS was determined by measuring the distance between the first and the last point along the axon in which AnkG staining decreases to 0.33 of the maximum fluorescence intensity, as described in Beros et al. (2024). Neurons with multiple AISs were excluded from the analysis.

Quantification of synaptic protein (PSD95, vesicular glutamate transporter type 1 (vGluT1) and surface glutamate receptors) immunoreactivity was performed as previously described (Afonso et al. 2019). Briefly, regions of interest (ROIs) were manually traced around isolated secondary dendrites. For each dendrite, we considered the longest segment possible. Ideally, this is equivalent to the segment from the branching point between the primary and secondary dendrite up to the first branching point with a tertiary dendrite. Portions of the dendrite that were close to bright aggregates of antibodies (due to the live staining protocol) were excluded, to avoid biases in the quantification. For this reason, in some cases, multiple ROIs were traced on the same secondary dendrite. In addition, we tried to include all the measurable dendrites for each cell. The protein of interest was analysed after setting a userdefined threshold; the recognisable puncta were counted, and the intensity was measured. To focus on glutamate receptor clusters located within presumably active synapses, PSD95 and vGluT1 signals were thresholded as well, and only the receptor clusters that colocalised simultaneously with PSD95 and vGluT1 were included in the analysis. Data were normalised on the length of the analysed dendritic segment, measured on the basis of MAP2 staining.

Fluorescence imaging was performed at the MICC Imaging facility of CNC-UC, partially supported by PPBI—Portuguese Platform of BioImaging (PPBI-POCI-01-0145-FEDER-022122).

### **Multielectrode Array Recording and Analysis**

Prior to start, multiwells were visually inspected to ensure that cultured neurons grew homogeneously on the array of electrodes and the cell density was comparable across genotypes. Spontaneous electrical activity of neurons was recorded using Maestro Edge system (Axion BioSystems) with AxIS Navigator software (Axion BioSystems). Recordings were carried out in NBM-A (GIBCO) supplemented with 0.12 mg/ml gentamicin (GIBCO), 2% B27 (GIBCO) and 0.5 mM L-glutamine. Neurons were allowed to stabilise in the system for 10 min prior to record for 5 min at 37 °C and 5% CO<sub>2</sub> and 95% air. The AxIS Neural Metrics Tool Software (Axio BioSystems) was used to extract and analyse the traces. Coincidence artefacts were removed, and electrodes were considered active if detecting more than five spikes per minute. Spikes were defined as variations greater than 5.5 standard deviations of the noise. Bursts were defined as groups of at least five spikes with an inter-spike interval lower than 100 ms.

#### **Statistical Analysis**

Prism 8 software (Graphpad) was used to visualise the data and to perform statistical analysis. Data were normalised to control conditions, and the Shapiro–Wilk test was used to test normality. If normality was confirmed, data were represented as mean  $\pm$  standard error of the mean (SEM). Outliers were removed with the ROUT test (Q=1%), and statistical analysis was performed using a two-tailed unpaired Student's t-test. If criteria for normality were not met, the median and interquartile range were presented and a two-tailed unpaired Mann–Whitney test was used. To assess the correlation between different morphometric parameters, the nonparametric Spearman correlation coefficient was computed. Significance of each Spearman coefficient was tested by calculating the corresponding two-tailed p value.

### Results

# FMRP Regulates Neuronal Morphology in Cultured Neurons

To determine the effect of the lack of FMRP on the morphology of neurons differentiated in vitro, low-density primary



hippocampal cultures were prepared from postnatal day 0-1 (P0-P1) WT and Fmr1 KO male mice. On day in vitro (DIV) 15, neurons were immunolabelled for the cytoskeletal marker MAP2, to visualise the somatodendritic compartment, and for Ankirin G (AnkG) to identify the axonal initial segment (AIS) (Fig. 1A). To study the effects of the lack of FMRP on dendritic arborisation, we traced dendrites of WT and Fmr1 KO neurons and performed Sholl analysis. The dendritic tree of Fmr1 KO neurons displayed a decreased complexity compared to WT neurons, especially from 60 to 100 µm away from the soma (Fig. 1B); the total dendritic length (TDL) was also reduced in neurons lacking FMRP compared to WT neurons (Fig. 1C). Although no significant differences were detected in the number of primary dendrites (Fig. 1D), there was a reduction in the number of branching points (Fig. 1E) and endpoints (Fig. 1F) in Fmr1 KO neurons. In addition, Fmr1 KO neurons showed bigger somata than the WT control (Fig. 1G). Together, these data support the hypothesis that FMRP regulates the complexity of the dendritic tree and the soma size in differentiated hippocampal neurons. Finally, we focused on the AIS, namely the initial part of the axon in which voltage-gated sodium and potassium channels are clustered and action potentials are generated (Rapp et al. 1996; Stuart et al. 1997). We found no difference across genotypes in the distance between the AIS and the soma (Fig. 1H), as well as in the AIS length (Fig. 1I). These data suggest that FMRP is not involved in the regulation of AIS morphology.

Since Fmr1 KO neurons display a larger soma, that acts as a capacitor accumulating more charge (Limon et al. 2005), but a less complex dendritic tree, that potentially allows for a minor dispersion of postsynaptic potentials (Magee 2000; Rinzel and Rall 1974), we asked whether there could be a compensatory mechanism to correct excitability. To address this question, we correlated the area of the soma with the total dendritic length, the number of endpoints and branching points in WT and Fmr1 KO neurons, by calculating the Spearman coefficient (Fig. 1J). In WT neurons, we found a significant moderate positive correlation between the total dendritic length and the number of endpoints, as well as between the total dendritic length and the number of branching points. We also found a strong correlation between the number of endpoints and the number of branching points, as expected, but there was no correlation between the soma area and the total dendritic length, number of endpoints or number of branching points. In Fmr1 KO neurons, we observed correlations similar to those in WT neurons: more specifically, a moderate positive correlation between total dendritic length and the number of endpoints, as well as between total dendritic length and the number of branching points. Moreover, we observed a positive correlation between the number of endpoints and branching points, while no correlation was found between the soma area and the total dendritic length, number of endpoints or number of branching points.

Since another key factor that controls neuronal excitability is the morphology of the AIS, and considering that the AIS shows great plasticity (Jenkins and Bender 2024; Yamada and Kuba 2016), we hypothesised that neurons could adjust the length and the distance from the soma of the AIS to finely tune excitability. To address this question, we correlated the soma area with the AIS length and distance from the soma in WT and Fmr1 KO neurons (Fig. 1K), despite not having observed any difference across genotypes (Fig. 1H and I). In WT neurons, we found a significant positive correlation between the area of the soma and the distance of the AIS from the soma and between the AIS length and distance from the soma. Interestingly, in Fmr1 KO neurons, there was a significant positive correlation between the soma area and the AIS distance from the soma, as well as between the soma area and the AIS length. On the other hand, Fmr1 KO neurons did not show any correlation between AIS length and distance from the soma.

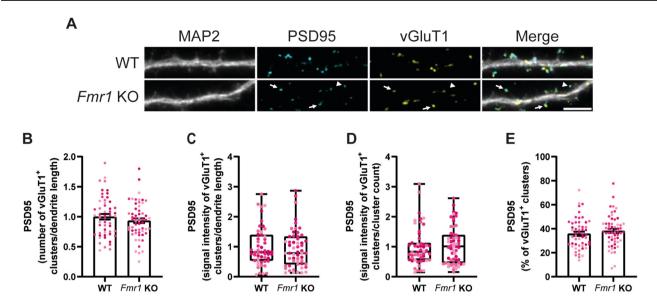
# Synaptic Density Is Not Affected in Mature Cultured Fmr1 KO Neurons

Alterations in spine density and maturation are a major hallmark of FXS, but such alterations seem to be age- and brainregion dependent (extensively reviewed in He and Portera-Cailliau (2013)). Accordingly, FMRP regulates the mRNA of PSD95 and many proteins necessary for a proper synaptic stabilisation and function (Darnell et al. 2011). For this reason, we hypothesised that cultured Fmr1 KO neurons could show differences in synaptic density and glutamate receptor organisation, when compared to WT neurons. To address this question, we immunolabelled WT and Fmr1 KO hippocampal neurons with antibodies against MAP2, the postsynaptic marker PSD95 and the presynaptic marker vesicular glutamate transporter 1 (vGluT1). We measured the number (Fig. 2B) and signal intensity (Fig. 2C) of PSD95 clusters per dendritic length, as well as the signal intensity per cluster (Fig. 1D). We focused specifically on presumably active synapses, by limiting the analysis only to PSD95 clusters that colocalised with vGluT1 (Fig. 2A, arrows). No significant difference was detected across genotypes in any of the parameters quantified. Finally, WT and Fmr1 KO neurons displayed a similar percentage of presumably active synapses (Fig. 2E), determined as the ratio of vGluT1<sup>+</sup>-PSD95 clusters to the total number of PSD95 clusters.

Quantification of the total number of PSD95 clusters and of the total PSD95 signal intensity per dendrite length (Fig. 2A, arrows and arrowheads, supplementary Fig. S1A and B), and of the immunoreactivity per PSD95 cluster (Supplementary Fig. S1C), did not show statistically significant differences between WT and *Fmr1* KO neurons. We



Journal of Molecular Neuroscience (2025) 75:44 Page 7 of 17 4



**Fig. 2** The distribution of active synapses is not affected in cultured *Fmr1* KO hippocampal neurons. Cultured WT and *Fmr1* KO hippocampal neurons (DIV15) immunolabelled for MAP2, PSD95 and vGluT1 (scale bar, 5 μm) (**A**). Arrows indicate vGluT1 positive-PSD95 clusters, while arrowheads indicate vGluT1 negative-PSD95 clusters. Quantification of the number of vGluT1 positive-PSD95 clusters per dendrite length (**B**), signal intensity of vGluT1 positive-PSD95 staining per dendrite length (**C**) and of the signal intensity

per cluster (**D**). Percentage of the PSD95 clusters that colocalise with vGluT1 (**E**). n=53 WT and n=58 Fmr1 KO neurons were analysed, from N=4 independent preparations. Data are represented with a bar plot displaying mean  $\pm$  SEM and were analysed with a two-tailed unpaired Student's t-test, whenever the criteria for a normal distribution are met. In case of a non-normal distribution, the box and whiskers plot is used to represent the data, and a two-tailed Mann–Whitney test is used to compare WT and Fmr1 KO conditions

also quantified the same parameters for vGluT1 (Supplementary Fig. S1D-F), and we did not observe any differences between WT and *Fmr1* KO neurons. Taking together these pieces of evidence, we can conclude that synaptic density is not affected in cultured *Fmr1* KO neurons.

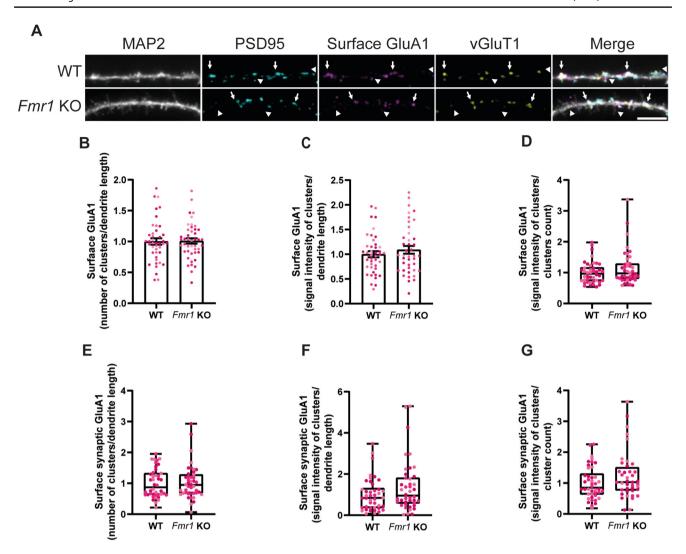
# FMRP Specifically Regulates the Synaptic Expression of GluA2-AMPA Receptor Subunits

AMPA receptors are widely expressed in the brain (Martin et al. 1993) and are formed by the heteromerisation of four subunits, GluA1 to GluA4 (Corti and Duarte 2023), but GluA1 and GluA2 are the most abundant subunits in hippocampal neurons (Wenthold et al. 1996). AMPA receptor abundancy in the synaptic plasma membrane is tightly regulated, being a major determinant of synaptic strength and spine architecture (Gomes et al. 2003; McKinney et al. 1999). In order to elucidate the role of FMRP in regulating GluA1 distribution on the neuronal surface under resting conditions, WT and Fmr1 KO neurons (DIV15) were incubated with a primary antibody directed against an extracellular epitope of GluA1 under non-permeabilising conditions (Fig. 3A, arrows and arrowheads). No differences were found between WT and Fmr1 KO neurons when analysing the number (Fig. 3B) or signal intensity (Fig. 3C) of total surface GluA1 clusters per dendrite length, as well as the signal intensity per cluster (Fig. 3D). Then, we hypothesised that FMRP-deficient neurons could exhibit a dysregulation in surface GluA1 distribution selectively at the synapses. To answer this question, the analysis was restricted to GluA1 clusters that simultaneously colocalised with the synaptic markers PSD95 and vGluT1 (Fig. 3A, arrows). We found that WT and *Fmr1* KO neurons did not show significant differences in terms of number (Fig. 3E) and signal intensity (Fig. 3F) of surface synaptic GluA1 clusters per dendrite length. The signal intensity of synaptic clusters per cluster count was comparable across genotypes (Fig. 3G). Together, these data indicate that FMRP is not involved in the regulation of the distribution of GluA1 in the neuronal surface in cultured hippocampal neurons.

GluA2 is the only subunit of AMPA receptors that is not permeable to calcium, making it a very important player in the control of many Ca<sup>2+</sup>-dependent processes (Man 2011). We investigated the GluA2 surface expression in cultured WT and *Fmr1* KO hippocampal neurons (DIV15) by incubating the cells with a primary antibody directed against an extracellular epitope of the AMPA receptor subunit under non-permeabilising conditions (Fig. 4A, arrows and arrowheads). We observed that *Fmr1* KO neurons exhibit a higher number of GluA2 clusters (Fig. 4B) and increased GluA2 content in the plasma membrane (Fig. 4C), but the amount of protein per cluster was comparable to WT neurons (Fig. 4D). We then investigated whether this generalised increase in surface GluA2 affects



44 Page 8 of 17 Journal of Molecular Neuroscience (2025) 75:44



**Fig. 3** GluA1 distribution on the neuronal surface is not affected in cultured *Fmr1* KO hippocampal neurons. Representative images of DIV15 WT and *Fmr1* KO hippocampal neurons immunolabelled for MAP2, PSD95, surface GluA1 and vGluT1 (scale bar, 5 μm) (**A**). Arrows indicate synaptic GluA1, while arrowheads indicate extrasynaptic GluA1. Quantification of the number of surface GluA1 clusters per dendrite length (**B**), signal intensity of surface GluA1 staining per dendrite length (**C**) and signal intensity per cluster (**D**). Quantification of the number of synaptic surface GluA1 clusters per dendrite length (**E**), signal intensity of synaptic surface GluA1 staining per

dendrite length (**F**) and signal intensity per synaptic GluA1 cluster (**G**). Synaptic localisation was assessed by simultaneous colocalisation with PSD95 and vGluT1. n=42 WT and n=44 Fmr1 KO neurons were analysed, from N=3 independent preparations. Each data point represents a neuron, and each colour indicates a different preparation. Data are expressed as mean  $\pm$  SEM and were analysed with a two-tailed unpaired Student's t-test, whenever the criteria for a normal distribution were met (**B**-**G**). In case of a non-normal distribution, a two-tailed Mann–Whitney test was used to compare WT and Fmr1 KO conditions

the synaptic content of this AMPA receptor subunit. To address this question, we restricted our analysis on GluA2 clusters that simultaneously colocalised with the synaptic markers PSD95 and vGluT1 (Fig. 4A, arrows). Interestingly, we found that *Fmr1* KO neurons displayed the same number (Fig. 4E) and signal intensity (Fig. 4F) of synaptic surface GluA2 clusters, as well as the same signal intensity per cluster (Fig. 4G), when compared to WT neurons. Taken together, these data show a role for FMRP in regulating the surface content, but not the synaptic content, of GluA2.

# NMDA Receptor Distribution Is Impaired in Fmr1 KO Cultured Hippocampal Neurons

NMDA receptors for glutamate are fundamental for a proper synaptic development and plasticity (Barkus et al. 2012). These receptors are tetrameric ion channels composed by two obligatory GluN1 subunits and two GluN2 or GluN3 subunits (Hansen et al. 2021). In the hippocampus, GluN2B is widely expressed during development and partially substituted by GluN2A as neurons mature (Wenzel



Journal of Molecular Neuroscience (2025) 75:44 Page 9 of 17 4

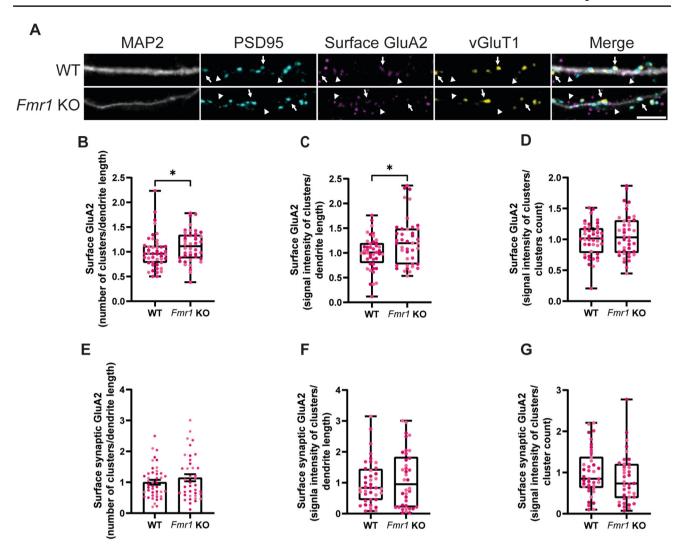


Fig. 4 GluA2 is more abundant on the surface of cultured Fmrl KO hippocampal neurons, but the synaptic content is not altered. Representative images of WT and Fmrl KO hippocampal neurons (DIV15) immunolabelled for MAP2, PSD95, surface GluA2 and vGluT1 (scale bar, 5  $\mu$ m) (A). Arrows indicate synaptic GluA2, while arrowheads indicate extrasynaptic GluA2. Quantification of the number of surface GluA2 clusters per dendrite length (B), signal intensity of surface GluA2 staining per dendrite length (C) and signal intensity per cluster (D). Quantification of the number of synaptic surface GluA2 clusters per dendrite length (E), signal intensity of synaptic

surface GluA2 staining per dendrite length (**F**) and signal intensity per synaptic GluA2 cluster (**G**). Synaptic localisation was assessed by simultaneous colocalisation with PSD95 and vGluT1. n=45 WT and n=42 Fmr1 KO neurons were analysed, from N=3 independent preparations. Each data point represents a neuron and each colour indicates a different preparation. A two-tailed Mann–Whitney test was used to compare WT and Fmr1 KO conditions in case of a nonnormal distribution (\*p<0.05) (**B**–**D**, **F**, **G**). Data were expressed as mean  $\pm$  SEM and analysed with a two-tailed Student's unpaired t-test (**E**)

et al. 1997). Notably, FMRP binds the mRNAs of both GluN2A and GluN2B (Darnell et al. 2011).

To understand if FMRP contributes to regulate the surface distribution of GluN2A, we incubated live WT and Fmr1 KO neurons with an antibody that recognises an extracellular epitope in GluN2A N-terminus under non-permeabilising conditions (Fig. 5A, arrows and arrowheads). We then measured the number and signal intensity of GluN2A clusters per dendritic length and the signal intensity per cluster. We observed a slight increase in the number of surface GluN2A clusters in Fmr1 KO

hippocampal neurons, but the difference was not statistically significant (Fig. 5B). Nonetheless, we detected an upregulation in total surface GluN2A signal intensity in neurons lacking FMRP (Fig. 5C), indicating that more GluN2A is found in the neuronal plasma membrane under these conditions. At the same time, there was a slight increase in the signal intensity of each cluster (Fig. 5D), but the difference did not reach statistical significance. We then asked if this increase in surface GluN2A could impact the synaptic content of this receptor in hippocampal neurons lacking FMRP. This was assessed by analysing



44 Page 10 of 17 Journal of Molecular Neuroscience (2025) 75:44

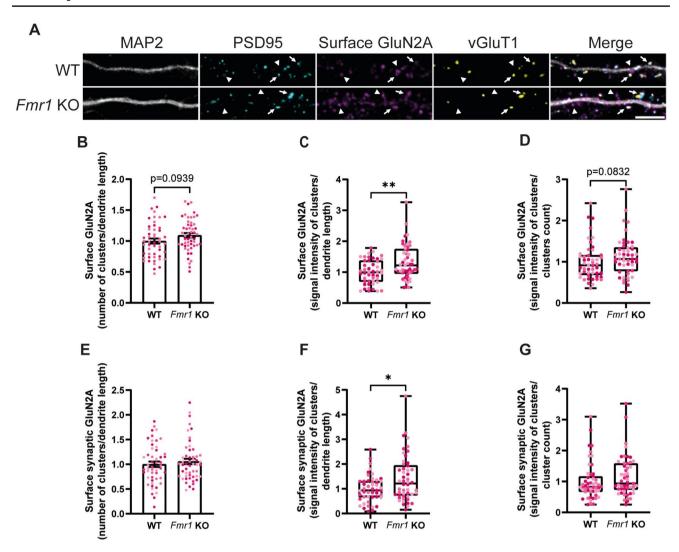


Fig. 5 GluN2A is more abundant on the synaptic surface of cultured Fmr1 KO hippocampal neurons. Representative images of cultured WT and Fmr1 KO hippocampal neurons (DIV15) immunolabelled for MAP2, PSD95, surface GluN2A and vGluT1 (scale bar, 5 μm) (A). Arrows indicate synaptic GluN2A, while arrowheads indicate extrasynaptic GluN2A. Quantification of the number of surface GluN2A clusters per dendrite length (B), signal intensity of surface GluN2A staining per dendrite length (C) and signal intensity per cluster (D). Quantification of the number of synaptic surface GluN2A clusters per dendrite length (E), signal intensity of synaptic surface

GluN2A staining per dendrite length (**F**) and signal intensity per synaptic surface GluN2A cluster (**G**). Synaptic localisation was assessed by simultaneous colocalisation with PSD95 and vGluT1. n=51 WT and n=52 Fmr1 KO neurons were analysed, from N=4 independent preparations. Each data point represents a neuron and each colour indicates a different preparation. Data are expressed as mean  $\pm$  SEM and analysed with a two-tailed unpaired Student's t-test, whenever the criteria for a normal distribution were met (**B**–**G**). In case of a non-normal distribution, a two-tailed Mann–Whitney test was used to compare WT and Fmr1 KO conditions

the GluN2A clusters that colocalised simultaneously with PSD95 and vGluT1 (Fig. 5A, arrows). The results showed a similar number of synaptic surface GluN2A clusters in WT and Fmr1 KO neurons (Fig. 5E). Moreover, surface GluN2A signal intensity per dendrite length was increased in Fmr1 KO neurons (Fig. 5F), but this increase was not sufficient to significantly affect the signal intensity per cluster (Fig. 5G). Taken together, these results show that FMRP regulates the abundance of GluN2A in the neuronal plasma membrane and in the synaptic compartment in cultured hippocampal neurons.

In complementary experiments, we analysed the distribution of GluN2B subunits of NMDAR receptors (Fig. 6A, arrows and arrowheads), and we found no differences across genotypes in the number (Fig. 6B) and signal intensity (Fig. 6C) per dendrite length of surface GluN2B clusters. In addition, no differences were found in GluN2B signal intensity per cluster (Fig. 6D). Surprisingly, when considering only the synaptic fraction of GluN2B clusters, we observed that *Fmr1* KO neurons had a lower number of GluN2B clusters in the synapses (Fig. 6E, arrows), but the signal intensity per dendrite length (Fig. 6F) and the signal intensity per



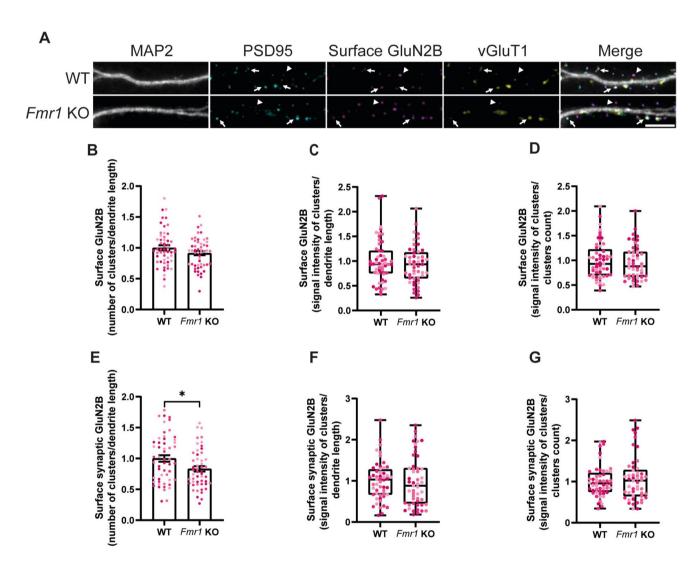
Journal of Molecular Neuroscience (2025) 75:44 Page 11 of 17 4

cluster (Fig. 6G) were comparable to control. These pieces of evidence point towards a role for FMRP in regulating the distribution of GluN2B-containing NMDA receptors within synapses.

# Spontaneous Firing Activity Is Decreased in Fmr1 KO Hippocampal Neurons

To assess how the differences in passive and active properties of *Fmr1* KO neurons impact neuronal firing, we recorded spontaneous neuronal activity with microelectrode

arrays (MEAs) (Fig. 7A). We found an overall reduction in the mean firing rate corrected for the number of active electrodes in *Fmr1* KO neurons (Fig. 7B). Then, we evaluated the capability of FMRP-deficient neurons to produce firing patterns by looking at bursts. On one hand, *Fmr1* KO neurons exhibited burst frequency (Fig. 7C) and duration (Fig. 7D) comparable to control neurons. However, FMRP deficiency increased the inter-spike interval (ISI) within bursts (Fig. 7E) and reduced the number of spikes per burst (Fig. 7F). Taken together, these results show that *Fmr1* KO hippocampal neurons present functional alterations in their



**Fig. 6** GluN2B is less abundant on the synaptic surface of *Fmr1* KO primary hippocampal neurons. Representative images of cultured WT and *Fmr1* KO hippocampal neurons (DIV15) immunolabelled for MAP2, PSD95, surface GluN2B and vGluT1 (scale bar, 5 μm) (**A**). Arrows indicate synaptic GluN2B, while arrowheads indicate extrasynaptic GluN2B. Quantification of the number of surface GluN2B clusters per dendrite length (**B**), signal intensity of surface GluN2B staining per dendrite length (**C**) and signal intensity per cluster (**D**). Quantification of the number of synaptic surface GluN2B clusters per dendrite length (**E**), signal intensity of synaptic surface GluN2B

staining per dendrite length (**F**) and signal intensity per synaptic surface GluN2B cluster (**G**). Synaptic localisation was assessed by simultaneous colocalisation with PSD95 and vGluT1. n=53 WT and n=50 Fmr1 KO neurons were analysed, from N=4 independent preparations. Each data point represents a neuron and each colour indicates a different preparation. Data are expressed as mean $\pm$ SEM and analysed with a two-tailed unpaired Student's t-test, whenever the criteria for a normal distribution were met (**B**–**G**). In case of a non-normal distribution, a two-tailed Mann–Whitney test was used to compare WT and Fmr1 KO conditions



firing properties and in the capability to fire patterns of action potentials.

# **Discussion**

Although FXS is known to arise from the deficiency of FMRP, the functional consequences of the lack of this RNAbinding protein on brain physiology are not fully elucidated. To investigate this problem, we used primary cultures of hippocampal neurons from WT and Fmr1 KO mice, to obtain low-density cultures composed mainly by pyramidal neurons, with a limited number of inhibitory neurons and no microglia (Kaech and Banker 2006). This method allowed to selectively address cell-autonomous consequences of FMRP deficiency on neuronal morphology, synaptic density and surface expression of glutamate receptors. We found that neurons lacking FMRP were characterised by a shorter and less complex dendritic tree and increased soma size, while the length of the axonal initial segment (AIS) and its distance from the soma were comparable to control neurons. Despite this, we found that the soma size and the positioning of the AIS positively correlated, but only in Fmr1 KO neurons. Moreover, the density of excitatory synapses and the expression of GluA1 and GluA2 in the postsynaptic membrane were unchanged upon *Fmr1* KO, but neurons lacking FMRP presented more GluN2A and less GluN2B in the postsynaptic membrane. Finally, we observed a reduction of spontaneous activity in *Fmr1* KO neurons compared to control.

The observed decrease in dendritic length in cultured Fmr1 KO hippocampal neurons at DIV15 is in accordance with what has been reported for cultured DIV7 and DIV20 Fmr1 KO neurons (Braun and Segal 2000), showing stable alterations throughout neuronal development. Fmr1 KO neurons had a lower number of branching points and endpoints but not of primary dendrites. Thus, the lack of FMRP negatively affects higher-order dendrites in a selective manner. Interestingly, MeCP2 KO neurons, a model of the neurodevelopmental disorder Rett syndrome, display a reduction of the number of primary dendrites at DIV6 or DIV9, without significant alteration in the number of secondary dendrites. Such phenotype is switched in older neurons (DIV12 and DIV15) that present no alteration in the number of primary dendrites but a lower number of secondary dendrites (Baj et al. 2014). Moreover, the

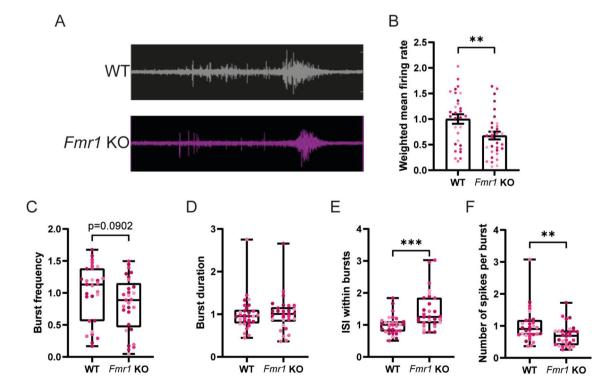


Fig. 7 Fmr1 KO hippocampal neurons display altered firing properties. A Representative traces of spontaneous activity of cultured WT and Fmr1 KO primary hippocampal neurons (DIV15). **B** Quantification of the mean firing rate weighted on the number of active electrodes. **C** Quantification of the burst frequency, **D** burst duration, **E** inter-spike interval (ISI) within bursts and **F** number of spikes per burst. n=30 wells with WT neurons and n=30 wells with Fmr1 KO

neurons were analysed, from N=5 independent preparations (6 wells per genotype per experiment). Each data point represents a well, and each colour indicates a different preparation. Data are expressed as mean  $\pm$  SEM and analysed with a two-tailed unpaired Student's *t*-test, whenever the criteria for a normal distribution were met (**B**-**E**). In case of a non-normal distribution, a two-tailed Mann-Whitney test was used to compare WT and Fmrl KO conditions



soma of Fmr1 KO neurons was bigger compared to control neurons. Phosphatase and tensin homologue deleted on chromosome 10 (PTEN) is a putative mediator of the increase in soma volume observed in Fmr1 KO neurons. Indeed, previous studies reported that PTEN regulates soma size via inhibiting the Akt/mTOR pathway in hippocampal granule neurons (Tariq et al. 2022). Interestingly, the mRNAs of both PTEN and mTOR are a target of FMRP (Darnell et al. 2011), and hyperactivity of the mTOR complex has been found in juvenile Fmr1 KO mice (Sharma et al. 2010), as well as in FXS patients (Hoeffer et al. 2012). Furthermore, PTEN protein expression is increased in Fmr1 KO hippocampi. This increase in PTEN directly contributes to the pathophysiology of FXS, since genetic deletion of PTEN restores the aberrant dendritic arborisation and spine density and length of Fmr1 KO granule neurons (Sathyanarayana et al. 2022). In addition, mutations in the *PTEN* gene result in elevated expression and phosphorylation of FMRP in the hippocampus (Lugo et al. 2013) and were associated with autism spectrum disorder (ASD) (Conti et al. 2012).

Surprisingly, no differences were observed across genotypes regarding the positioning and length of the AIS, despite the fact that the main organiser of this region, Ankirin G (Bennett and Lambert 1999), is transcriptionally regulated by FMRP (Darnell et al. 2011). Considering the fact that larger neurons present higher membrane capacitance, while shorter dendrites allow an easier flow of current (Chavlis and Poirazi 2022), we hypothesised that the shortening of the dendritic tree observed in neurons lacking FMRP could be a compensatory mechanism that would allow counteracting the increase in soma size. However, to our surprise, we did not find any correlation between the morphometric parameters related to the dendritic tree and the soma. Instead, we observed a significant moderate positive correlation between the soma area and the AIS length in Fmr1 KO neurons, but not in WT neurons. These alterations may allow adjusting neuronal excitability in neurons lacking FMRP. This view is supported by the available evidence showing that longer AIS contain more Na<sub>v</sub>1.2 channels (Freal et al. 2023). Moreover, an increase in persistent sodium current in the entorhinal cortex of Fmr1 KO mice (Deng and Klyachko 2016) and an increase in Na<sup>+</sup> conductance in L2/3 of the prefrontal cortex of Fmr1 KO mice (Routh et al. 2017) have been reported. Finally, in this work, we observed a significant correlation between the AIS length and distance from the soma in WT neurons but not in Fmr1 KO neurons. The AIS shows great plasticity in response to differences in neuronal morphology: in neurons harbouring a large dendritic tree, such as pyramidal neurons, excitability is enhanced when the AIS is longer and/or located distantly from the soma (Gulledge and Bravo 2016). The fact that this correlation is not present in Fmr1 KO neurons points out that plasticity mechanisms that control excitability may be dysfunctional in FMRP-deficient neurons.

In this work, we also analysed the alterations in the density of active synapses in Fmr1 KO neurons and characterised the surface expression of various AMPAR and NMDAR subunits. First, we found no difference in the density of active excitatory synapses between WT and Fmr1 KO neurons, as determined by the colocalisation of vGluT1 and PSD95. This may be a consequence of the model used in this study: WT and Fmr1 KO neurons were cultured on a feeder layer of WT astrocytes, which allow keeping a low density of neurons, adequate to study isolated dendrites. It was previously reported that the dendritic arbour area and the density of PSD95 and synaptophysin clusters are more developed in Fmr1 KO neurons co-cultured with WT glia for 7 days compared to Fmr1 KO neurons co-cultured with Fmr1 KO glia (Jacobs and Doering 2010). The effects of a co-culture with WT astrocytes on the morphology of older Fmr1 KO neurons (e.g. DIV15) are unknown, but we cannot exclude the presence of a trophic effect of WT glia on the synaptic density in Fmr1 KO neurons measured in this work. We chose not to culture Fmr1 KO neurons on a feeder layer of Fmr1 KO astrocytes because it has been reported that coculturing WT neurons with Fmr1 KO astrocytes reduces the area of the dendritic arborisation and increases the number of active synapses at DIV7 and DIV14, when compared to WT neurons co-cultured with WT astrocytes (Jacobs et al. 2010). The latter effect of Fmr1 KO astrocytes on synaptic development may account for our results showing no difference in the density of active excitatory synapses between WT and Fmr1 KO neurons. Therefore, using genotypematched astrocytes would not enable to selectively focus on the cell-autonomous effects of FMRP deletion, as it would introduce an additional variable, i.e. the astrocyte genotype. In addition to the effects described above, Fmr1 KO astrocytes also decreased the rate of survival of co-cultured Fmr1 KO neurons (Jacobs and Doering 2010).

Secondly, Fmr1 KO neurons showed an upregulation in the total surface expression of GluA2, while the pattern of GluA1 distribution was not altered by the lack of FMRP. When focusing specifically on the synaptic compartment, we found that the distribution of AMPAR subunits in Fmr1 KO neurons did not significantly differ from the distribution of AMPAR subunits in WT neurons. This contrasts with the results obtained in a previous study showing that the synaptic delivery of GluA1 is impaired in organotypic cortical slices prepared from P7 Fmr1 KO mice, with a consequent reduction in LTP (Hu et al. 2008). In addition, silencing Fmr1 expression with a siRNA increases GluA1 internalisation in cultured hippocampal neurons (Nakamoto et al. 2007), despite the fact that GluA1 mRNA is not among FMRP targets (Darnell et al. 2011). The effect of FMRP on the surface distribution of GluA1 may not be cell-autonomous



given the results obtained in the present study showing no alterations in synaptic GluA1 surface expression in cultured Fmr1 KO neurons. The similar GluA2 surface expression observed in the present work when cultured WT and Fmr1 KO neurons were compared is in accordance with the results obtained in hippocampal synaptoneurosomes (subcellular fractions containing the pre- and postsynaptic regions) isolated from Fmr1 KO mice (Chojnacka et al. 2023). However, they contrast with the evidence from previous studies reporting that synaptic GluA2 is upregulated in CA1 pyramidal neurons in organotypic slices prepared from P9 Fmr1 KO mice, but such phenotype is reverted in organotypic slices prepared from P14 Fmr1 KO mice (Banke and Barria 2020). Moreover, P21 Fmr1 KO mice exhibit a higher expression of GluA2 in CA1 pyramidal neurons (Hwang et al. 2022), but it is unclear whether this oscillatory expression of GluA2 in FMRP-deficient neurons impacts the plasma membrane and synaptic expression of this subunit. This discrepancy may be due to different developmental stages of the animals used, but it may also hint that intracellular mechanisms responsible for the surface expression of GluA2 are distinct and at least partially independent from the ones regulating actual GluA2 synaptic content, for example through post-translational modifications (reviewed in Corti and Duarte (2023)). Since the results obtained in the present work showed comparable synaptic contents in GluA1 and GluA2 across genotypes, any defect in synaptic transmission and excitability observed in cultured Fmr1 KO neurons is unlikely to result from AMPAR dysfunction. Whether the upregulation in total surface expression of GluA2 observed in dendrites of Fmr1 KO neurons is relevant in the context of synaptic plasticity remains to be elucidated.

In the present work, we also found that the total surface expression of GluN2A, but not GluN2B, was upregulated in cultured Fmr1 KO hippocampal neurons. In addition, synapses in cultured Fmr1 KO neurons also presented a higher content of GluN2A, but the content of GluN2B was downregulated. Previous studies reported differences in the decay time of NMDAR-mediated excitatory postsynaptic currents in hippocampal slices from juvenile Fmr1 KO mice, consistent with an early expression and insertion of GluN2A in hippocampal synapses during the development of Fmr1 KO mice (Banke et al. 2024). Moreover, upregulation in the expression of GluN2A and GluN2B in total hippocampal lysates (Toft et al. 2016) and in the synaptosomal fraction (Lundbye et al. 2018) of Fmr1 KO mice was reported, in accordance with the fact that FMRP directly regulates the protein synthesis of these two subunits (Darnell et al. 2011). Although an upregulation in GluN2A expression means a higher surface and synaptic content in Fmr1 KO neurons, the same cannot be concluded for GluN2B in our experimental setting. This imbalance in NMDA receptor subunits may have deep consequences on dendritic processing of incoming inputs: in fact, GluN2A-containing NMDAR exhibit faster activation and deactivation kinetics and allow less charge transfer than GluN2B-containing NMDAR, making NMDAR-mediated excitatory postsynaptic currents smaller and faster when GluN2A is abundant (Vicini et al. 1998). It has actually been shown that Fmr1 KO hippocampal slices present a weaker summation of stimuli delivered in close temporal proximity compared to control slices, e.g. in response to a paired-pulse stimulation (Banke et al. 2024). Moreover, NMDAR-mediated calcium entry is fundamental for the expression of plasticity through activation of CamKII (reviewed in Nicoll and Schulman (2023)). On one hand, GluN2A confers reduced calcium permeability to NMDAR when compared to GluN2B (Sobczyk et al. 2005), and the marked abundance of GluN2A in Fmr1 KO neurons may explain the impairment in the expression of plasticity observed in FMRP-lacking animals (Lauterborn et al. 2007). Indeed, dampening the increased levels of GluN2A in Fmr1 KO juvenile mice either by pharmacological inhibition or by crossing Fmr1 KO mice with Grin2A KO mice restores both long-term potentiation (LTP) and long-term depression (LTD) mediated by metabotropic glutamate receptors mGluR5 (Lundbye et al. 2018). On the other hand, CamKII interaction with GluN2B is important in maintaining synaptic strength and expressing LTP (Sanhueza et al. 2011), and the decrease in GluN2B here reported in Fmr1 KO synapses coupled with an hypoactivation of CamKII observed in Fmr1 KO neurons (Chen et al. 2023) provides a further mechanism to explain deficits in the expression of plasticity in FMRP-deficient animals.

Lastly, our results also showed a reduction in spontaneous activity in cultures of Fmr1 KO hippocampal neurons when compared to control neurons, as determined with MEA. In particular, we observed a reduction of the mean firing rate and the number of spikes per burst, while the burst duration and frequency were comparable to those observed in control neurons. This result may be a direct consequence of the lack of FMRP in cultured hippocampal neurons, coupled to the upregulation in synaptic surface expression of GluN2A-containing NMDAR, an increase in the soma size and/or a dysfunctional positioning of the AIS in respect to the soma size. These alterations are expected to make an effective depolarisation of the somatodendritic compartment more difficult to achieve, despite the fact that the dendritic tree is less complex and that AMPAR transmission was not changed in Fmr1 KO hippocampal neurons. The effective contribution of these features in tuning input integration and neuronal excitability still remains to be determined and more studies are needed. Moreover, additional studies are required to determine how the cell-autonomous features in Fmr1 KO hippocampal neurons are integrated within the more complex reality of a brain circuit, and how other cell types such as glial cells or interneurons turn this



44

Journal of Molecular Neuroscience (2025) 75:44 Page 15 of 17 4

hypoexcitability of pyramidal neurons into hyperexcitability of neuronal circuits.

**Supplementary Information** The online version contains supplementary material available at https://doi.org/10.1007/s12031-025-02325-8.

**Author Contribution** E.C. performed experiments, analysed the data and wrote the manuscript. E.C. and C.B.D. designed the experiments. C.B.D. proofread the manuscript.

Funding Open access funding provided by FCTIFCCN (b-on). This work was supported by the Horizon 2020 programme – Marie Skłodowska-Curie Actions via the Innovative Training Network Syn2Psy (grant agreement 813986) and by the European Regional Development Fund (ERDF), through the Centro 2020 Regional Operational Programme and the COMPETE 2020 Operational Programme for Competitiveness and Internationalisation and Portuguese national funds via Fundação para a Ciência e a Tecnologia (FCT), under projects UIDB/04539/2020, UIDP/04539/2020 and LA/P/0058/2020 and by the fellowship 2021.08008.BD (to E.C).

**Data Availability** No datasets were generated or analysed during the current study.

#### **Declarations**

Competing Interests The authors declare no competing interests.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

#### References

- Afonso P, De Luca P, Carvalho RS, Cortes L, Pinheiro P, Oliveiros B, Almeida RD, Mele M, Duarte CB (2019) BDNF increases synaptic NMDA receptor abundance by enhancing the local translation of Pyk2 in cultured hippocampal neurons. Sci Signal 12:eaav3577
- Ashley CT Jr, Wilkinson KD, Reines D, Warren ST (1993) FMR1 protein: conserved RNP family domains and selective RNA binding. Science 262:563–566
- Baj G, Patrizio A, Montalbano A, Sciancalepore M, Tongiorgi E (2014) Developmental and maintenance defects in Rett syndrome neurons identified by a new mouse staging system in vitro. Front Cell Neurosci 8:18
- Banke TG, Barria A (2020) Transient enhanced GluA2 expression in young hippocampal neurons of a fragile X mouse model. Front Synaptic Neurosci 12:588295

- Banke TG, Traynelis SF, Barria A (2024) Early expression of GluN2Acontaining NMDA receptors in a model of fragile X syndrome. J Neurophysiol 131:768–777
- Barkus C, Dawson LA, Sharp T, Bannerman DM (2012) GluN1 hypomorph mice exhibit wide-ranging behavioral alterations. Genes Brain Behav 11:342–351
- Bennett V, Lambert S (1999) Physiological roles of axonal ankyrins in survival of premyelinated axons and localization of voltage-gated sodium channels. J Neurocytol 28:303–318
- Berger CA, Weaver DD (1985) The Martin-Bell syndrome: the physician's dilemma. Am J Dis Child 139:116
- Beros JL, King ES, Clarke D, Jaeschke-Angi L, Rodger J, Tang AD (2024) Static magnetic stimulation induces structural plasticity at the axon initial segment of inhibitory cortical neurons. Sci Rep 14:1479
- Braun K, Segal M (2000) FMRP involvement in formation of synapses among cultured hippocampal neurons. Cereb Cortex 10:1045–1052
- Chavlis S, Poirazi P (2022) Modeling dendrites and spatially-distributed neuronal membrane properties. Adv Exp Med Biol 1359:25–67
- Chen YS, Zhang SM, Tan W, Zhu Q, Yue CX, Xiang P, Li JQ, Wei Z, Zeng Y (2023) Early 7,8-dihydroxyflavone administration ameliorates synaptic and behavioral deficits in the young FXS animal model by acting on BDNF-TrkB pathway. Mol Neurobiol 60:2539–2552
- Chojnacka M, Beroun A, Magnowska M, Stawikowska A, Cysewski D, Milek J, Dziembowska M, Kuzniewska B (2023) Impaired synaptic incorporation of AMPA receptors in a mouse model of fragile X syndrome. Front Mol Neurosci 16:1258615
- Conti S, Condo M, Posar A, Mari F, Resta N, Renieri A, Neri I, Patrizi A, Parmeggiani A (2012) Phosphatase and tensin homolog (PTEN) gene mutations and autism: literature review and a case report of a patient with Cowden syndrome, autistic disorder, and epilepsy. J Child Neurol 27:392–397
- Corti E, Duarte CB (2023) The role of post-translational modifications in synaptic AMPA receptor activity. Biochem Soc Trans 51:315–330
- D'Hulst C, De Geest N, Reeve SP, Van Dam D, De Deyn PP, Hassan BA, Kooy RF (2006) Decreased expression of the GABA<sub>A</sub> receptor in fragile X syndrome. Brain Res 1121:238–245
- Darnell JC, Van Driesche SJ, Zhang C, Hung KY, Mele A, Fraser CE, Stone EF, Chen C, Fak JJ, Chi SW, Licatalosi DD, Richter JD, Darnell RB (2011) FMRP stalls ribosomal translocation on mRNAs linked to synaptic function and autism. Cell 146:247–261
- De Boulle K, Verkerk AJ, Reyniers E, Vits L, Hendrickx J, Van Roy B, Van den Bos F, de Graaff E, Oostra BA, Willems PJ (1993) A point mutation in the FMR-1 gene associated with fragile X mental retardation. Nat Genet 3:31–35
- Deng PY, Klyachko VA (2016) Increased persistent sodium current causes neuronal hyperexcitability in the entorhinal cortex of Fmr1 knockout mice. Cell Rep 16:3157–3166
- Deng PY, Klyachko VA (2021) Channelopathies in fragile X syndrome. Nat Rev Neurosci 22:275–289
- Deng PY, Kumar A, Cavalli V, Klyachko VA (2022) FMRP regulates GABA<sub>A</sub> receptor channel activity to control signal integration in hippocampal granule cells. Cell Rep 39:110820
- Freal A, Jamann N, Ten Bos J, Jansen J, Petersen N, Ligthart T, Hoogenraad CC, Kole MHP (2023) Sodium channel endocytosis drives axon initial segment plasticity. Sci Adv 9:eadf3885
- Gantois I, Vandesompele J, Speleman F, Reyniers E, D'Hooge R, Severijnen LA, Willemsen R, Tassone F, Kooy RF (2006) Expression profiling suggests underexpression of the GABA<sub>A</sub> receptor



44 Page 16 of 17 Journal of Molecular Neuroscience (2025) 75:44

- subunit delta in the fragile X knockout mouse model. Neurobiol Dis 21:346–357
- Gomes AR, Correia SS, Carvalho AL, Duarte CB (2003) Regulation of AMPA receptor activity, synaptic targeting and recycling: role in synaptic plasticity. Neurochem Res 28:1459–1473
- Gulledge AT, Bravo JJ (2016) Neuron morphology influences axon initial segment plasticity. eNeuro 3:ENEURO.0085-15.2016
- Hansen KB, Wollmuth LP, Bowie D, Furukawa H, Menniti FS, Sobolevsky AI, Swanson GT, Swanger SA, Greger IH, Nakagawa T, McBain CJ, Jayaraman V, Low CM, Dell'Acqua ML, Diamond JS, Camp CR, Perszyk RE, Yuan H, Traynelis SF (2021) Structure, function, and pharmacology of glutamate receptor ion channels. Pharmacol Rev 73:298–487
- He CX, Portera-Cailliau C (2013) The trouble with spines in fragile X syndrome: density, maturity and plasticity. Neuroscience 251:120–128
- Hille B (1978) Ionic channels in excitable membranes. Current problems and biophysical approaches. Biophys J 22:283–294
- Hoeffer CA, Sanchez E, Hagerman RJ, Mu Y, Nguyen DV, Wong H, Whelan AM, Zukin RS, Klann E, Tassone F (2012) Altered mTOR signaling and enhanced CYFIP2 expression levels in subjects with fragile X syndrome. Genes Brain Behav 11:332–341
- Hu H, Qin Y, Bochorishvili G, Zhu Y, van Aelst L, Zhu JJ (2008) Ras signaling mechanisms underlying impaired GluR1-dependent plasticity associated with fragile X syndrome. J Neurosci 28:7847–7862
- Hwang JY, Monday HR, Yan J, Gompers A, Buxbaum AR, Sawicka KJ, Singer RH, Castillo PE, Zukin RS (2022) CPEB3-dependent increase in GluA2 subunits impairs excitatory transmission onto inhibitory interneurons in a mouse model of fragile X. Cell Rep 39:110853
- Jacobs S, Doering LC (2010) Astrocytes prevent abnormal neuronal development in the fragile x mouse. J Neurosci 30:4508–4514
- Jacobs S, Nathwani M, Doering LC (2010) Fragile X astrocytes induce developmental delays in dendrite maturation and synaptic protein expression. BMC Neurosci 11:132
- Jawaid S, Kidd GJ, Wang J, Swetlik C, Dutta R, Trapp BD (2018) Alterations in CA1 hippocampal synapses in a mouse model of fragile X syndrome. Glia 66:789–800
- Jenkins PM, Bender KJ (2024) Axon initial segment structure and function in health and disease. Physiol Rev 105:765–801
- Kaech S, Banker G (2006) Culturing hippocampal neurons. Nat Protoc 1:2406–2415
- Lauterborn JC, Rex CS, Kramar E, Chen LY, Pandyarajan V, Lynch G, Gall CM (2007) Brain-derived neurotrophic factor rescues synaptic plasticity in a mouse model of fragile X syndrome. J Neurosci 27:10685–10694
- Limon A, Perez C, Vega R, Soto E (2005) Ca<sup>2+</sup>-activated K<sup>+</sup>-current density is correlated with soma size in rat vestibular-afferent neurons in culture. J Neurophysiol 94:3751–3761
- Liu X, Kumar V, Tsai NP, Auerbach BD (2021) Hyperexcitability and homeostasis in fragile X syndrome. Front Mol Neurosci 14:805929
- Lugo JN, Smith GD, Morrison JB, White J (2013) Deletion of PTEN produces deficits in conditioned fear and increases fragile X mental retardation protein. Learn Mem 20:670–673
- Lundbye CJ, Toft AKH, Banke TG (2018) Inhibition of GluN2A NMDA receptors ameliorates synaptic plasticity deficits in the Fmr1-<sup>fy</sup> mouse model. J Physiol 596:5017–5031
- Magee JC (2000) Dendritic integration of excitatory synaptic input. Nat Rev Neurosci 1:181–190

- Man HY (2011) GluA2-lacking, calcium-permeable AMPA receptors—inducers of plasticity? Curr Opin Neurobiol 21:291–298
- Martin JP, Bell J (1943) A pedigree of mental defect showing sexlinkage. J Neurol Psychiatry 6:154–157
- Martin LJ, Blackstone CD, Levey AI, Huganir RL, Price DL (1993) AMPA glutamate receptor subunits are differentially distributed in rat brain. Neuroscience 53:327–358
- McKinney RA, Capogna M, Durr R, Gahwiler BH, Thompson SM (1999) Miniature synaptic events maintain dendritic spines via AMPA receptor activation. Nat Neurosci 2:44–49
- Melancia F, Trezza V (2018) Modelling fragile X syndrome in the laboratory setting: a behavioral perspective. Behav Brain Res 350:149–163
- Mele M, De Luca P, Santos AR, Vieira M, Salazar IL, Pinheiro PS, Duarte CB (2021) GRASP1 ubiquitination regulates AMPA receptor surface expression and synaptic activity in cultured hippocampal neurons. FASEB J 35:e21763
- Myrick LK, Nakamoto-Kinoshita M, Lindor NM, Kirmani S, Cheng X, Warren ST (2014) Fragile X syndrome due to a missense mutation. Eur J Hum Genet 22:1185–1189
- Nakamoto M, Nalavadi V, Epstein MP, Narayanan U, Bassell GJ, Warren ST (2007) Fragile X mental retardation protein deficiency leads to excessive mGluR5-dependent internalization of AMPA receptors. Proc Natl Acad Sci U S A 104:15537–15542
- Nerli E, Roggero OM, Baj G, Tongiorgi E (2020) In vitro modeling of dendritic atrophy in Rett syndrome: determinants for phenotypic drug screening in neurodevelopmental disorders. Sci Rep 10:2491
- Nicoll RA, Schulman H (2023) Synaptic memory and CaMKII. Physiol Rev 103:2877–2925
- Peprah E (2012) Fragile X syndrome: the FMR1 CGG repeat distribution among world populations. Ann Hum Genet 76:178–191
- Protic DD, Aishworiya R, Salcedo-Arellano MJ, Tang SJ, Milisavljevic J, Mitrovic F, Hagerman RJ, Budimirovic DB (2022) Fragile X syndrome: from molecular aspect to clinical treatment. Int J Mol Sci 23:1935
- Rapp M, Yarom Y, Segev I (1996) Modeling back propagating action potential in weakly excitable dendrites of neocortical pyramidal cells. Proc Natl Acad Sci U S A 93:11985–11990
- Rinzel J, Rall W (1974) Transient response in a dendritic neuron model for current injected at one branch. Biophys J 14:759–790
- Routh BN, Rathour RK, Baumgardner ME, Kalmbach BE, Johnston D, Brager DH (2017) Increased transient Na<sup>+</sup> conductance and action potential output in layer 2/3 prefrontal cortex neurons of the fmr1<sup>-/y</sup> mouse. J Physiol 595:4431–4448
- Sanhueza M, Fernandez-Villalobos G, Stein IS, Kasumova G, Zhang P, Bayer KU, Otmakhov N, Hell JW, Lisman J (2011) Role of the CaMKII/NMDA receptor complex in the maintenance of synaptic strength. J Neurosci 31:9170–9178
- Sathyanarayana SH, Saunders JA, Slaughter J, Tariq K, Chakrabarti R, Sadanandappa MK, Luikart BW, Bosco G (2022) Pten heterozygosity restores neuronal morphology in fragile X syndrome mice. Proc Natl Acad Sci U S A 119:e2109448119
- Sharma A, Hoeffer CA, Takayasu Y, Miyawaki T, McBride SM, Klann E, Zukin RS (2010) Dysregulation of mTOR signaling in fragile X syndrome. J Neurosci 30:694–702
- Sobczyk A, Scheuss V, Svoboda K (2005) NMDA receptor subunitdependent [Ca2+] signaling in individual hippocampal dendritic spines. J Neurosci 25:6037–6046
- Stuart G, Schiller J, Sakmann B (1997) Action potential initiation and propagation in rat neocortical pyramidal neurons. J Physiol 505(Pt 3):617–632



Journal of Molecular Neuroscience (2025) 75:44 Page 17 of 17 4

Sutcliffe JS, Nelson DL, Zhang F, Pieretti M, Caskey CT, Saxe D, Warren ST (1992) DNA methylation represses FMR-1 transcription in fragile X syndrome. Hum Mol Genet 1:397–400

- Tariq K, Cullen E, Getz SA, Conching AKS, Goyette AR, Prina ML, Wang W, Li M, Weston MC, Luikart BW (2022) Disruption of mTORC1 rescues neuronal overgrowth and synapse function dysregulated by Pten loss. Cell Rep 41:111574
- Toft AK, Lundbye CJ, Banke TG (2016) Dysregulated NMDA-receptor signaling inhibits long-term depression in a mouse model of fragile X syndrome. J Neurosci 36:9817–9827
- Truett GE, Heeger P, Mynatt RL, Truett AA, Walker JA, Warman ML (2000) Preparation of PCR-quality mouse genomic DNA with hot sodium hydroxide and tris (HotSHOT). Biotechniques 29(52):54
- Verkerk AJ, Pieretti M, Sutcliffe JS, Fu YH, Kuhl DP, Pizzuti A, Reiner O, Richards S, Victoria MF, Zhang FP et al (1991) Identification of a gene (FMR-1) containing a CGG repeat coincident with a breakpoint cluster region exhibiting length variation in fragile X syndrome. Cell 65:905–914
- Vicini S, Wang JF, Li JH, Zhu WJ, Wang YH, Luo JH, Wolfe BB, Grayson DR (1998) Functional and pharmacological differences

- between recombinant N-methyl-D-aspartate receptors. J Neurophysiol 79:555–566
- Wenthold RJ, Petralia RS, Blahos J II, Niedzielski AS (1996) Evidence for multiple AMPA receptor complexes in hippocampal CA1/CA2 neurons. J Neurosci 16:1982–1989
- Wenzel A, Fritschy JM, Mohler H, Benke D (1997) NMDA receptor heterogeneity during postnatal development of the rat brain: differential expression of the NR2A, NR2B, and NR2C subunit proteins. J Neurochem 68:469–478
- Yamada R, Kuba H (2016) Structural and functional plasticity at the axon initial segment. Front Cell Neurosci 10:250

**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

