Time-to-enrollment in clinical trials investigating neurological recovery in chronic spinal cord injury: observations from a systematic review and ClinicalTrials.gov database

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Abstract

Currently, large numbers of clinical trials are performed to investigate different forms of experimental therapy for patients suffering from chronic spinal cord injury (SCI). However, for the enrollment process, there are different views on how the time period between injury and interventions should be determined. Herein, we sought to evaluate the impact of time-to-enrollment in chronic SCI clinical trials. A data set comprising 957 clinical studies from clinicalTrials.gov was downloaded and analyzed focusing on the eligibility criteria for post-injury time-to-enrollment. We also aggregated individual patient data from nine clinical trials of regenerative interventions for chronic SCI selected by a systematic literature search from 1990 to 2018. Characteristics of the studies were assessed and compared by dividing into three groups based on time-to-enrollment (group $1 \le 12$ months, group 2 = 12-23 months and group $3 \ge 24$ months). In ClinicalTrials.gov registry, 445 trials were identified for chronic SCI where 87% (385) were unrestricted in the maximum post-injury time for trial eligibility. From systematic literature search, nine studies and 156 patients (group 1 = 30, group 2 = 55 and group 3 = 71) were included. The range of time-to-enrollment was 0.5 to 321 months in those studies. We also observed various degrees of motor and sensory improvement in between three time-to-enrollment groups. Our results indicate that enrolling wide ranges of time-to-enrollment in a group may present imprecise outcomes. Clinical trial designs should consider appropriate postinjury time frames to evaluate therapeutic benefit.

Key Words: chronic; clinical trial; spinal cord injury; systematic review; time-to-enrollment

Introduction

Spinal cord injury (SCI) is a chronic disability with neurological impairment that is currently being managed symptomatically with no effective treatment available. According to pathophysiological response to trauma, SCI can be divided into three phases: acute, subacute, and chronic (Kim et al, 2017; Dalamagkas et al., 2018). Among them, the chronic phase is defined when inflammation has subsided and any kind of neural plasticity and spontaneous regeneration has already failed (Dalamagkas et al., 2018). Regenerative medicine is an exciting and promising approach for the treatment of chronic spinal cord injury. Currently, there are several clinical trials worldwide that attempt to deliver feasibility/proof of concept for regenerative therapies (Kim et al., 2017). A common underlying premise among previous studies suggests that the interval of time between injury and initiation of the experimental treatment has been thought to play a crucial role in recovery. This idea stems from multiple

mechanisms of injury occurring at different time points after the initial insult (Ahuja et al., 2017). However, the chronic phase encompasses a broad range of months and years, and it is common among physician practice to encounter nonstatic injury profiles at multiple time points in a given patent's follow-up visits (Gomes-Osman et al., 2016). In this point, researchers consider paucity of neurological improvement for a certain period to enroll chronic SCI patients for a trial. However, it is unlikely to expect equivalent responses in all patients with a broad range of post injury time (PIT). We believe that including patients with wide-ranging injury durations undergoing an experimental therapy may not allow for adequate generalizability of the results.

In this review, we initially examined the characteristics of clinical trials in the spinal cord injury field contained in the ClinicalTrial.gov registry with a focus on the eligibility of patients based on post-injury time-to-enrollment for enrollment in a trial. Then, we evaluated the effect of time-

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Review

to-enrollment on outcomes in patients with chronic SCI by performing a comprehensive literature search including clinical trials using regenerative intervention for chronic SCI from 1990 to 2018. Only studies with reported individual patient data were included and subsequently analyzed by different time-to-enrollment groups to observe the characteristics of outcomes of their experimental therapies.

Data and Methods

ClinicalTrials.gov registry data

Our analysis was restricted to "Spinal cord injury" clinical trials registered with ClinicalTrials.gov until April 2020 (Gomes-Osman et al., 2016). A data set of 957 clinical studies with a status of "Not yet recruiting", "Recruiting", "Enrolling by invitation", "Active, not recruiting", or "Completed" registered with ClinicalTrials.gov was downloaded and locked from the website on April 4th, 2020. Trial data was reported by the trial sponsors or investigators as required by the ClinicalTrials.gov registry (Zarin et al., 2011). Each record contained a set of data elements describing the study's condition, enrolment, study design, eligibility criteria, and other protocol information. Two investigators identified the post-injury enrollment time frame from the eligibility criteria. All trials were divided into "Acute", defined as 2 weeks or below, "Chronic", defined as above 2 weeks, and "Others", defined as no specified PIT frame. For chronic SCI trials, we subdivided groups into "3 months and longer", "6 months and longer", "12 months and longer" and "18 months and longer" depending on each trial's eligibility criteria. Further, trials were subdivided by restricted and unrestricted maximum PIT. The characteristics of the trials were assessed overall and presented as percentages.

Literature search strategy and selection criteria

A comprehensive search of PubMed. Ovid MEDLINE and Ovid EMBASE databases was conducted for all clinical trials treating SCI using keywords 'spinal cord injury', 'treatment', 'regenerative', 'cellular', 'biomaterial', 'scaffold', 'stem cell' and 'stimulation'. A manual search was also conducted to identify all other eligible studies that may have been missed during the original query. Among all identified studies, screening for eligibility according to inclusion and exclusion criteria was conducted by two investigators (YUY and WW), and disagreements were resolved by a third investigator (FMM). The following inclusion criteria were applied to all search results: 1) clinical trials using regenerative treatments including cellular or biomaterial therapy in purpose to restore neurological function; 2) for chronic spinal cord injury patients who received treatment not less than 0.5 months after injury, 3) report individual patient data on outcomes of interest; 4) have at least 6 months of follow-up, and 5) are published in English language. Full electronic search strategy is presented in Additional file 1.

Outcomes of interest

The following variables were extracted: first author, year of publication, age, gender, level of injury, time-to-enrollment (in months), type of intervention, baseline International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI) motor score, baseline ISNCSCI sensory (or pinprick + light touch) score, baseline ASIA impairment scale, ISNCSCI motor score at last follow-up, ISNCSCI sensory score at last follow-up, and ASIA impairment scale (AIS) at last follow-up. Primary outcomes were: change in motor and sensory ISNCSCI scores and improvement of AIS grade.

International Standards for Neurological Classification of Spinal Cord Injury score

ISNCSCI score is a mathematical representation of injury severity in patients with spinal cord injury. The scoring is based on 2 major components (motor and sensory). Motor scores assess the muscle strength in 10 specified muscle groups on a 5-point scale (with a maximum unilateral total of 50 points). Sensory scores are assessed using pinprick and light touch sensations separately and use a 2-point scale for each dermatome (bilateral total of 112 points for each sensory evaluation). The evaluations are made for both sides of the body and all scores are added for a total score out of 324 (Kirshblum et al., 2011). The revised version of the scoring worksheet is presented as **Additional file 2**.

ASIA Impairment Scale

ASIA Impairment Scale (AIS) grading stratifies the severity of impairment for spinal cord injury patients in five grades: A through E (Kirshblum et al., 2011). The scale is adopted from a previously used neurological assessment scale called "Frankel Classification"(Cantu et al., 2013). Similar to Frankel Classification, AIS categorizes various levels of injury with Grade A being the most severe and "complete" impairment while Grade E representing normal neurological function.

Statistical analysis

All patients were divided into three groups based on their time-to-enrollment interval (Group 1: < 12 months, Group 2: 12–23 months and Group 3: \geq 24 months). Mean and standard deviations of motor and sensory ISNCSCI scores were calculated of the three groups with regards to primary outcomes were conducted.

Results

Characteristics of SCI trials in ClinicalTrials.gov registry

In order to observe how researchers are defining the enrollment criteria for chronic SCI trials, we analyzed 957 trials registered in ClinicalTrials.gov registry. Of these trials, 46% (445) of trials were for chronic SCI, 3% (28) for acute SCI and the remaining 51% of trials were missing or did not restrict the PIT in the eligibility criteria (**Figure 1A**). Among the chronic SCI trials, we observed 87% (385) that did not limit the maximum PIT while only 13% (60) of trials restricted maximum PIT for their eligibility. The range of maximum PIT was 1 month to 10 years. We also observed higher trends of unrestricted trials in each subcategory (**Figure 1B**). It means that there is a high probability of participants enrolled with a wide range of PITs.

Search results, studies and patient characteristics

To understand the range of time-to-enrollment in clinical trials, we performed a literature search which revealed a total of 508 studies (Figure 2). Following inclusion and exclusion criteria evaluation, 19 studies remained and were evaluated for individual patient data after a primary screening of article title and abstracts. Of the 19 studies, nine clinical trials which presented individual patient data were included in the final analysis (Table 1; Grijalva et al., 2010; Lima et al., 2010; Rao et al., 2013; Chen et al., 2014; El-Kheir et al., 2014; Mendonça et al., 2014; Shin et al., 2015; Hur et al., 2016; Vaguero et al., 2016). Median (range) time-to-enrollment was 18.5 months (0.5–321). Specifically, five studies (Grijalva et al., 2010; Lima et al., 2010; Chen et al., 2014; Mendonca et al., 2014; Vaquero et al., 2016) included participants who had a wide range of time-to-enrollment (Figure 3). This wide variability could potentially affect the outcome of chronic SCI.

Study	Country	Sample size	Type of treatment	Range time-to- enrollment (mon)	
Grijalva et al., 2010	Mexico	8 Cervical	4-Aminopyridine	24–132	
		4 Thoracic			
Lima et al., 2010	Portugal	13 Cervical	Olfactory mucosal cells + rehabilitation	18-189	
		7 Thoracic			
Rao et al., 2013	China	8 Cervical	Olfactory ensheathing cells	8–15	
Chen et al., 2014	China	5 Cervical	3 Olfactory ensheathing cells	62-165	
			1 Schwann cells		
			1 Olfactory ensheathing cells + Schwann cells		
		Control arm: 2 Cervical	Placebo	16-186	
El-Kheir et al., 2014	Egypt	10 Cervical	Autologous bone marrow-derived cells + rehabilitation	12-36	
		40 Thoracic			
		Control arm: 5 Cervical	Placebo rehabilitation	N/A	
		10 Thoracic			
Mendonca et al., 2014	Brazil	13 Thoracic	Bone marrow-derived mesenchymal stem cells + rehabilitation	18-180	
Shin et al., 2015	South Korea	19 Cervical	Human neural stem/progenitor cells	0.5-7.1	
		Control arm: 15 Cervical	Placebo	0.25-6	
Hur et al., 2016	South Korea	7 Cervical	Adipose-derived mesenchymal stem cells	3–28	
		6 Thoracic			
Vaquero et al., 2016	Spain	12 Thoracic	Bone marrow-derived mesenchymal stem cells	38-321	

N/A: Not available.

Table 2 | Change of AIS grade by time-to-enrollment groups

				Group 1		Group 2			Group 3			
Study	Total No. of patients	AIS grade change	Percent age of change	No. of patients	AIS grade change	Percentage of change	No. of patients	AIS grade change	Percentage of change	No. of patients	AIS grade change	Percentage of change
Grijalva et al., 2010	14	1	7							14	1	7
Lima et al., 2010	20	6	30				3	0	0	17	8	47
Rao et al., 2013	8	8	100	5	5	100%	3	3	100			
Chen et al., 2014	5	0	0							5	0	0
El-Kheir et al., 2014	50	17	34				41	15	37	9	2	22
Mendonca et al., 2014	14	8	57				2	0	0	12	8	67
Shin et al., 2015	19	5	16	19	5	26%						
Hur et al., 2016	14	2	14	6	0	0%	6	2	33	2	0	0
Vaquero et al., 2016	12	4	33							12	4	33

Neurological recovery after SCI

To independently evaluate the effect of time-to-enrollment on chronic SCI outcomes, we separated the participants based on their time-to treatment into three groups in each trial. Several degrees of improvement were reported in AIS grade in a select group of subjects across all studies. Particularly, we observed total percentages of AIS grade improvement were varied between groups of time-to-enrollment within each study (**Table 2**). Although the majority of patients remained unchanged at last follow-up compared to baseline with regards to AIS including 67% (20/30) in the Group 1, 64% (35/55) in the Group 2 and 68% (48/71) in the Group 3 (**Figure 4**).

The average improvements in motor and sensory ISNCSCI scores in each study are displayed in **Table 3**. We observed that studies with available data had different degrees of improvement between the three time-to-enrollment groups. For example, results from a study by Hur et al. (2016) showed an average improvement in sensory ISNCSCI score of 11.0 \pm 15.9, which included 17 \pm 22.7, 7.3 \pm 7.8 and 4 \pm 5.7 in the Groups 1, 2 and 3, respectively (**Table 3**). It is important to mention that time-to-enrollment in chronic SCI may have a significant impact on outcomes.

The average improvements in motor and sensory ISNCSCI scores in the three groups based on their initial AIS grades are

presented in **Table 4**. Regardless of the type of therapy, the average improvement in motor scores for baseline AIS A was 6.59 ± 5.14 in the Group 1, 6.85 ± 5.98 in the Group 2 and 2.46 \pm 4.14 in the Group 3. However, for baseline AIS B patients, the average motor score improvement was 25.3 ± 24.1 in the Group 1, 8.24 ± 4.15 in the Group 2 and 6.82 ± 5.62 in the Group 3. Interestingly, the average sensory score improvement was more prominent in the Group 2 (33.5 ± 32.2 and 58.8 ± 22.0 for both baseline AIS A and AIS B, respectively) (**Table 4**).

Discussion

Study design, specifically time-to-enrollment, has historically been inconsistent across SCI clinical trials particularly in studies evaluating chronic stage SCI where baseline functional status is most static and minimal spontaneous neurological improvement occurs. Here, our study provides important data that may shape and optimize future clinical trials. This method favors particular time-to-enrollment ranges depending on the targeted pathophysiology and mechanism of the therapeutic intervention being investigated. However, we acknowledge that the chronic injury period is potentially the most difficult time point to elicit biological influence over the injured spinal cord in a beneficial manner (Fawcett et al., 2007).



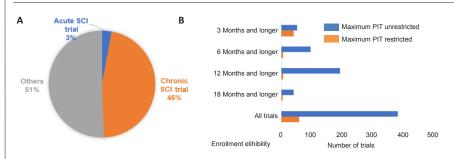


Figure 1 | Characteristics of studies in ClinicalTrials.

gov. (A) Distribution of trials according to eligibility criteria status by "Acute" as 2 weeks or below, "Chronic" as above 2 weeks and "Others" as nothing available information about PIT frame. (B) Characteristics of eligibility of PIT frame of chronic SCI trials. Trials were subdivided by restricted and unrestricted maximum PIT. PIT. Post-injury time; SCI: spinal cord injury.

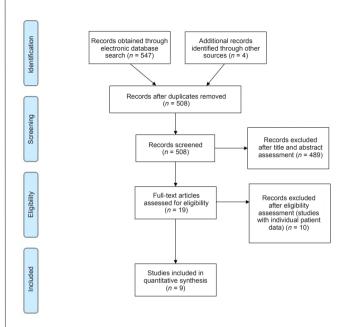
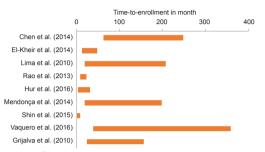


Figure 2 | PRISMA flow diagram of search strategy and study selection. PRISMA: Preferred Reporting Items for Systematic Reviews and Meta-Analyses.





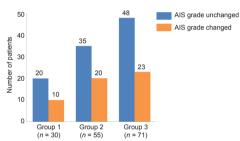


Figure 4 | Distribution of number of patients with AIS grade change from baseline to last follow-up after therapeutic intervention in Group 1: < 12 months, Group 2: 12–23 months, and Group 3: ≥ 24 months. AIS: ASIA impairment scale.

Table 3 | Change in ASIA score by time-to-enrollment group

			Group 1		Group 2		Group 3		
Study	Motor score	Sensory score							
Grijalva et al., 2010	N/A	N/A							
Lima et al., 2010	3.2±3.8	11.9±29.6			1.3±1.2	-2.3±3.2	3.5±4.0	14.4±31.5	
Rao et al., 2013	N/A	N/A							
Chen et al., 2014	0.4±0.5	3.8±4.3					0.4±0.5	3.8±4.3	
El-Kheir et al., 2014	9.0±4.6	57.7±23.0			9.0±4.3	57.2±23.0	9.3±5.8	60±24.3	
Mendonça et al., 2014	N/A	N/A							
Shin et al., 2015	11.1±11.1	13.8±18	11.1±11.1	13.8±18					
Hur et al., 2016	1.4±2.1	11.0±15.9	1.8±2.6	17.0±22.7	0.7±1.6	7.3±7.8	2.0±2.8	4.0±5.7	
Vaquero et al., 2016	N/A	N/A							

Group 1: < 12 months, Group 2: 12–23 months and Group 3: ≥ 24 months. Data are expressed as the mean ± SD. N/A: Not available.

Table 4 | Change in ISNCSCI score by time-to-enrollment group

ASIA score	Group 1		Group 2		Group 3		
	AIS A	AIS B	AIS A	AIS B	AIS A	AIS B	
Motor	6.59±5.14 (22)	25.3±24.1 (3)	6.85±5.98 (20)	8.24±4.15 (29)	2.46±4.14 (35)	6.82±5.62 (11)	
Sensory	14.0±15.7 (22)	19.0±40.0 (3)	33.5±32.2 (20)	58.8±22.0 (29)	11.8±22.4 (35)	37.4±46.0 (11)	
Total	24.2±18.7 (25)	48.5±47.2 (4)	40.3±35.7 (20)	64.4±26.2 (31)	14.3±24.6 (35)	44.2±49.7 (11)	

Group 1: < 12 months, Group 2: 12–23 months and Group 3: \geq 24 months. Data are expressed as the mean \pm SD (N). AIS: ASIA impairment scale; ISNCSCI: International Standards for Neurological Classification of Spinal Cord Injury.

In our initial observation, we found that the trials related to chronic SCI in ClinicalTrials.gov registry mainly consisted of inclusion criteria with no upper limit on post-injury times for enrollment. Such a criterion leads to inclusion of participants in a trial with a wide range of post-injury time. These findings raise questions about the capacity of the trials to supply sufficient amounts of evidence of optimal time-to-enrollment for intervention. Hence, we included nine clinical trials for the treatment of chronic SCI patients using regenerative therapies where time-to-enrollment after SCI varied from 0.5 to 321 months. It will, therefore, be important to understand the relationship between treatment efficacy and how soon after injury the treatment should be initiated. A previous study by Kirshblum et al. (2011) examined the degree of spontaneous improvement with regards to improvement in AIS scale between 1 and 5 years after SCI in 987 subjects (Kirshblum et al., 2004). The authors noted that 5.6% of people with injuries classified as complete (AIS A) 1 year after SCI still converted to an incomplete injury by year 5, with 3.5% converting to AIS B and about 1% to either AIS C or AIS D (Kirshblum et al., 2004). This result suggests that, to some extent, spontaneous recovery overlaps with a therapeutic benefit. Therefore, well powered studies with robust control arms are necessary to differentiate the impact of treatment from spontaneous recovery. It is also unclear how best to determine individual therapeutic efficacy thresholds at different time points in the chronic stages of SCI. In other words, it is difficult to determine the therapeutic benefit for an individual on the basis of average outcome from a wide range of time-toenrollment. Figure 4 demonstrates the distribution of patients and their improvement in AIS grade as a function of their respective time-to-enrollment. These results may serve as a suggestion for future investigators in designing clinical trials with the goal of maximizing therapeutic benefit. However, we strongly encourage adequate power in future trials to avoid statistical limitations resulting from small sample sizes across groups. In the present study, we acknowledge that this very issue, small sample sizes across groups, is a limitation but provides further justification for larger scale future studies.

In chronic SCI studies, the total ISNCSCI score may not be representative of the most important aspect of functional changes after SCI (Steeves et al., 2007). In many respects, the ISNCSCI motor score is considered more reliable than the ISNCSCI sensory score in predicting functional outcome after SCI (Marino and Graves, 2004). In clinical trials, it is necessary to establish a functionally meaningful ISNCSCI motor score threshold in order to report the benefit of a therapeutic intervention. In general, this threshold depends on both the level and severity of the SCI, as well as the degree of spontaneous recovery after SCI with conventional treatments. Previous studies have reported that a low cervical, ASIA A-injured patient is likely to spontaneously improve about 10 points in ISNCSCI motor score 1 year following SCI (Waters et al., 1993; Marino et al., 1999; Geisler et al., 2001). It was proposed that a response to treatment of an additional 10-point improvement in the ISNCSCI motor score (efficacy threshold now being 20 points) might be considered a valid primary outcome end point to demonstrate the efficacy of a therapeutic intervention (Fawcett et al., 2007). Our analysis with baseline AIS A presented 2.4 to 6.8 point improvement depending on their enrollment period. It might suggest that in chronic SCI where motor recovery has been relatively sieged the therapeutic efficacy threshold of ISNCSCI motor score should optimize

according to the enrollment period.

The ISNCSCI sensory score has been recognized as a valid outcome measurement (Steeves et al., 2007). The lack of sophistication and highly variable light touch at different assessment times of sensory score does not seem useful. However, the ISNCSCI pin-prick score describes more accurately preserved spinal sensory function (e.g. sacral sparing in people with an ASIA B classification) (Crozier et al., 1991; Katoh and el Masry, 1995). It is still valuable for classifying and stratifying ISNCSCI sensory scores of participants for clinical trial to predict the future recovery. We indicated that time-to-enrollment had significant association with sensory and motor improvement.

The presented study has certain limitations. First, there are many more trials investigating experimental treatment modalities for spinal cord injury. However, the usual way of reporting includes a mean/median time period for study group(s). Therefore, only a portion of the clinical trials could be analyzed with regards to time-to-enrollment. Second, heterogeneity among studies by age, sex, level of injury, severity of injury is also accountable. Although the main purpose of the presented study is to evaluate the impact of time-to-enrollment, we speculate that more clear views can be obtained with a similar set of interventions.

Conclusion

Future studies are required to validate our findings with more precise understanding of optimal time-to-enrollment protocol therapies for chronic SCI patients. Results from this study may be used as supportive evidence to compare the therapeutic benefit of different interventions at particular time points following a SCI. Depending on the mechanism of proposed regenerative treatment, clinical trials should consider the appropriate timing after injury to start intervention.

Author contributions: Designing review protocol: FMM, YUY, MB; writing the protocol and report: FMM, YUY, WW; screening potentially eligible studies, and creating 'Summary of findings' tables: FMM; YUY; extracting data: FMM, YUY, JZ; data analysis: YUY, WW; interpreting results: FMM, YUY, SG, AJW, WQ, MB; updating reference lists: FMM, AJW, WQ; creating 'Summary of findings' tables: FMM, YUY; critically revising the report: WW, JZ, SG, AJW, WQ, MB. All authors approved the final version of this manuscript for publication.

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Open peer reviewer: John Houle, Drexel University, USA. Additional files:

Additional file 1: Search strategy.

Additional file 2: International Standards for Neurological Classification of Spinal Cord Injury (ISNSCI) scoring sheet.

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P-Reviewer: Houle J; C-Editors: Zhao M, Song LP; T-Editor: Jia Y

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Additional file 1. Search Strategy

Ovid Database(s): Embase 1988 to 2018 Week 33, EBM Reviews - Cochrane Central Register of Controlled Trials July 2018, EBM Reviews - Cochrane Database of Systematic Reviews 2005 to August 8, 2018, Ovid MEDLINE(R) and Epub Ahead of Print, In-Process & Other Non-Indexed Citations and Daily 1946 to August 14, 2018 Search Strategy:

#	Searches	Results
1	exp Spinal Cord Injuries/	104014
2	exp Paraplegia/	29007
3	exp Quadriplegia/	20703
4	("brown presentation" or "brown sequard disease" or "Brown Sequard syndrome" or "Brown-Sequards syndrome" or "central cord syndrome" or "central spinal cord syndrome" or "medullary transverse lesion*" or Paraplegia* or "Post Traumatic Myelopath*" or Quadriplegia* or "Spinal Cord Contusion*" or "Spinal Cord Injur*" or "Spinal Cord Laceration*" or "Spinal Cord Transection*" or "spinal cord transsection*" or "spinal cord transverse lesion*" or "Spinal Cord Trauma*" or "transverse cord lesion*" or "transverse lesion*" or "transverse spinal cord lesion*" or "Traumatic Myelopath*").ti,ab,hw,kw.	150827
5	1 or 2 or 3 or 4	168989
6	exp Bone Marrow Transplantation/	98496
7	exp Stem Cells/	483689
8	exp Tissue Scaffolds/	29389
9	exp Biocompatible Materials/	140685
1(((("bone marrow" or hematopoietic or haematopoietic) adj4 (transplant* or graft* or transfer* or transfus*)) or (embryonic adj2 cell*) or "Biocompatible Material*" or Biomaterial* or Cellular or "colony forming unit*" or "embryoid bodies" or "embryoid body" or haemangioblast or haemangioblasts or hemangioblasts or hemangioblasts or hemangioblasts or "megakaryocyte erythroid progenitor*" or "mother cell*" or myoblast or myoblasts or "precursor cell*" or "progenitor cell*" or scaffold* or "side population cell*" or "stem cell*").ti,ab,hw,kw.	2763364
11	6 or 7 or 8 or 9 or 10	2805329
12	2.5 and 11	11539
13	B exp Time Factors/	1210355
14	("best time*" or earlier or earliest or early or late or later or latest or "time factor*" or timeliness or timing).ti,ab,hw,kw.	5989767
15	5 13 or 14	5989767
16	5 12 and 15	1981
17	/ exp controlled study/	5778758
	8 exp Randomized Controlled Trial/	937436
	exp triple blind procedure/	156
) exp Double-Blind Method/	410168
21	exp Single-Blind Method/	73906
	exp latin square design/	338
	B exp Placebos/	327932
	exp Placebo Effect/	10288
25	6 ((control* adj3 study) or (control* adj3 trial) or (randomized adj3 study) or (randomized adj3 trial) or (randomised adj3 study) or (randomised adj3 trial) or "pragmatic	9059302



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clinical trial" or (doubl* adj blind*) or (doubl* adj mask*) or (singl* adj blind*) or (singl* adj mask*) or (tripl* adj blind*) or (tripl* adj mask*) or (trebl* adj blind*) or (trebl* adj blind*) or (trebl* adj blind*) or (trebl* adj mask*) or "latin square" or placebo* or nocebo* or random*).mp,pt.

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29 27 not 28	547

30 remove duplicates from 29

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Scopus

- 1 TITLE-ABS-KEY("brown presentation" or "brown sequard disease" or "Brown Sequard syndrome" or "Brown-Sequards syndrome" or "central cord syndrome" or "central spinal cord syndrome" or "medullary transverse lesion*" or Paraplegia* or "Post Traumatic Myelopath*" or Quadriplegia* or "Spinal Cord Contusion*" or "Spinal Cord Injur*" or "Spinal Cord Laceration*" or "Spinal Cord Transection*" or "spinal cord transsection*" or "spinal cord transverse lesion*" or "Spinal Cord Trauma*" or "transverse cord lesion*" or "transverse lesion*" or "transverse spinal cord lesion*" or "Traumatic Myelopath*")
- 2 TITLE-ABS-KEY((("bone marrow" or hematopoietic or haematopoietic) W/4 (transplant* or graft* or transfer* or transfus*)) OR (embryonic W/2 cell*) OR "Biocompatible Material*" OR Biomaterial* OR Cellular OR "colony forming unit*" OR "embryoid bodies" OR "embryoid body" OR haemangioblast OR haemangioblasts OR hemangioblasts OR "megakaryocyte erythroid progenitor*" OR "mother cell*" OR myoblast OR myoblasts OR "precursor cell*" OR "progenitor cell*" OR scaffold* OR "side population cell*" OR "stem cell*")
- 3 TITLE-ABS-KEY("best time*" OR earlier OR earliest OR early OR late OR later OR latest OR "time factor*" OR timeliness OR timing)
- 4 TITLE-ABS-KEY((control* W/3 study) or (control* W/3 trial) or (randomized W/3 study) or (randomized W/3 trial) or (randomised W/3 study) or (randomised W/3 trial) or "pragmatic clinical trial" or (doubl* W/1 blind*) or (doubl* W/1 mask*) or (singl* W/1 blind*) or (singl* W/1 blind*) or (tripl* W
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