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Original Article

Monosodium L-Glutamate and Dietary Fat Differently Modify the Composition of the Intestinal Microbiota in Growing Pigs

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Key Words

High-fat diet · Monosodium L-glutamate · Intestinal microbiota · Energy · Growing pig

Abstract

Background: The Chinese have been undergone rapid transition to a high-fat diet-consuming lifestyle, while monosodium L-glutamate (MSG) is widely used as a daily food additive. It has been reported that fat alters the composition of intestinal microbiota. However, little information is available on the effects of oral MSG on intestinal microbiota, and no study was done focusing on the interaction effect of fat and MSG with respect to intestinal microbiota. The present study thus aimed to determine the effects of MSG and/or fat on intestinal microbiota, and also to identify possible interactions between these two nutrients. *Methods:* Four isonitrogenous and iso-caloric diets were provided to growing pigs. The microbiota from jejunum, ileum, cecum, and colon were analyzed. Results: Our results show that both MSG and fat clearly increased the intestinal microbiota diversity. MSG and fat modified the composition of intestinal microbiota, particularly in the colon. Both MSG and fat promoted the colonization of microbes related to energy extraction in gastrointestinal tract via different ways. MSG promoted the colonization of Faecalibacterium prausnitzii and Roseburia, while fat increased the percentage of *Prevotella* in colon and other intestinal segments. *Conclusion:* Our results will help to understand how individual or combined dietary changes modify the microbiota composition to prevent obesity. © 2015 S. Karger GmbH, Freiburg

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Introduction

The mammals had co-evolved with microbes present in their gastrointestinal tracts in the past 160 million years. The intestinal microbiota represents at least about 10^{14} bacteria and approximately 500–1,000 species. The whole genome of intestinal microbiota is about 100 times bigger than the mammalian one [1]. The colonization of the intestine by these microbes is presumed to have consequences for the physiology and metabolism in mammals. Previous studies reported that intestinal microbiota influenced mammalian physiology and metabolism by acting on biological processes including angiogenesis, intestinal epithelial barrier function, and innate- and adaptive immunity [2–4]. Recent experimental evidence also pointed out the possible implication of changes in the intestinal microbiota composition as a possible determinant in some pathological processes including obesity, although the relative contribution of intestinal microbiota and other parameters, including calorie ingestion and physical activity, in the etiology of obesity remains unknown.

Some countries, including China, have been characterized by an amazing development of industry and agronomical activities in recent years. And several metabolic diseases with previously low incidence have rapidly increased in these countries since then. Obesity is reaching pandemic proportions, especially in industrialized countries [5, 6]. According to the survey of the World Health Organization, there are about 700 million obese people and 2 billion overweight individuals around the world [7], which threaten people's health and bring great social burden notably in financial terms [8, 9]. Various factors can induce obesity including environmental and genetic parameters [10, 11]. For the reasons presented above, it is a challenge to control the spreading of obesity in China [12]. Excess dietary fat consumption is an important contributor of obesity related to high energy content, good palatability, and appetite stimulation [13]. The Chinese population, including children and adolescents, has undergone a rapid transition to a high-fat diet. Indeed, this change is occurring faster than the one observed in Western children over the last century [14, 15]. Together with the high dietary fat consumption, in Asian countries, including China, monosodium L-glutamate (MSG) is traditionally added to food on a daily basis [16, 17]. MSG consumption has been reported to be associated with obesity [18], but this finding remains highly controversial [19–22].

In recent studies, associations were found between the composition of intestinal microbiota and some metabolic diseases, e.g., obesity and type 2 diabetes [23, 24]. Overweight and obese individuals have a low diversity of intestinal microbiota [25, 26]. Although the causal links between intestinal microbiota composition and obesity remain unclear, some working hypotheses are related to the effects of the intestinal microbiota on the nutrient digestion and absorption in the gastrointestinal tract [27], on the bile circulation between intestine and liver [28], on the triglyceride absorption, on the promotion of adipogenesis and reduction of lipolysis [29], on the induction of low-grade inflammation, and on interference with the intestinal barrier function [30, 31]. By interfering with metabolism and intestinal microbiota immune regulatory networks, intestinal microbiota may have a positive or negative influence on obesity [32]. For instance, it had been reported that an increased amount of *Lactobacillus* [33], Staphylococcus aureus [34], Escherichia coli [35], and some other species may favor obesity.

The composition of intestinal microbiota is known to be affected by diverse factors, such as temperature, dietary contents, use of antibiotics etc. [36]. Although some studies have been done to evaluate the influence of dietary fat on the composition of intestinal microbiota [37, 38], little is known regarding the effect of MSG on intestinal microbiota, and, to our knowledge, there is no published data on the influence of MSG and dietary fat ingestion on the intestinal microbiota composition. Pigs are considered to be a suitable animal model for studying human nutrition due to their apparent similarities to humans; i.e., both species are omniv-





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orous, and they share nutritional, digestive, hematological and cardiovascular characteristics [39]. In the present study, MSG was provided to growing pigs at a concentration that was not vastly different from that found in human food, with a consideration of the dietary fat content. The aim of this study was thus to determine the effect of an oral daily supplementation with MSG and/or fat on the composition of porcine intestinal microbiota through Denaturing Gradient Gel Electrophoresis (DGGE) and quantitative PCR quantification.

Material and Methods

Experimental Design, Animals, and Diets

A 2 × 2 factorial design was used in the present study. A total of 32 growing pigs (crossbred population composed of York, maternal Landrace, and Duroc breeds; average body weight 25 ± 1.3 kg) from 4 litters were used. The pigs were randomly divided into four groups (8 repeats), half male and half female per group. Four iso-nitrogenous and iso-caloric diets (basal diet (BD); high fat diet (HF); basal diet with 3% MSG (BDM), and high-fat diet with 3% MSG (HFM)) were provided to growing pigs. The BD group acts as control. The detailed compositions of the four diets are shown in supplemental table 1 (supplemental material available at *http://content.karger.com/ProdukteDB/produkte.asp?doi=380889*). The four diets and water were provided to the test pigs in ad libitum as MSG is related with food intake regulation. 30 days later, the pigs were weighed and then sacrificed by jugular puncture under general anesthesia via the intravenous injection of 4% sodium pentobarbital solution (40 mg/kg body weight). The average daily gain and carcass segmentation test was performed. Analysis on the composition of *longissimus dorsi* was also performed. The contents of jejunum, ileum, cecum, and colon from each pig were collected and then immediately stored at -20 °C until analysis. All experimental procedures used in this study were approved by the Animal Care and Use Committee of the Chinese Academy of Sciences.

DNA Extraction

The metagenomic DNAs of intestinal microbiota were isolated from 250 mg of contents of jejunum, ileum, cecum, and colon using The QIAmp DNA Stool Mini kit (Qiagen, Hilden, Germany) following the protocol of 'Isolation of DNA from Larger Volumes of Stool' described in QIAamp[®] DNA Stool Handbook (2nd ed.). Purified DNA samples were eluted in a final volume of 50 μ l with ddH₂O, and the qualities and concentrations of purified DNAs were determined by spectrophotometry using NanoDrop[®] ND2000 (NanoDrop Technologies Inc., Wilmington, DE, USA). Purified DNAs were stored at –70 °C until analysis.

DGGE Profiles of Intestinal Microbiota

Electrophoresis was performed with a D-Code universal mutation detection system (Bio-Rad, Hercules, CA, USA) using 8% (m/v) polyacrylamide gels (37.5:1, acrylamide: bisacrylamide) with a 35-65% gradient of 7 mol/l urea and 40% (v/v) formamide. Electrophoretic runs were done in a Tris-acetate-EDTA buffer (40 mmol/l Tris, 20 mmol/l acetic acid, and 1 mmol/l EDTA) at 200 V for 10 min and then 120 V for 16 h. Gels were stained with ethidium bromide (1%) and then viewed by a Molecular Imager[®] ChemiDocTM XRS+ instrument (Bio-Rad). DGGE profiles were compared by determining the migration and peak density value of bands using Quantity One 4.62 software (Bio-Rad), while the tolerance was set as 1%. The similarity system tree diagram was built using unweighted pair-group method with arithmetic means (UPGMA) clustering. The diversity of intestinal microbiota was evaluated through three indexes: i) the Shannon-Wiener index (H' =





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- $\Sigma(ni/N) \ln(ni/N)$, ii) the Simpson dominance index ($\lambda = \Sigma(ni/N)^2$), iii) the evenness index (e = H'/lnS), with S being the total bands number, ni being peak density value of bands, and N being the sum of peak density value of all bands.

Cloning and Sequencing of Bands in Polyacrylamide Gels after DGGE

All different bands visualized in polyacrylamide gels after DGGE were extracted and placed in TE buffer at 4 °C overnight. The extracted DNAs were amplified by RT-PCR, and the PCR products were processed for the DGGE analysis to identify the different bands. The amplification products were purified using a Promega Wizard SV Gel and PCR Clean-up System (Promega Corporation, Madison, WI, USA) and then be linked to pGEM-T Easy (Promega Corporation). The plasmids were introduced into competent DH5 α cells and incubated overnight at 37 °C. Cells that contained successfully constructed plasmids were obtained using an X-Gal screening test. The plasmids were obtained using EZ-10 Spin Column Plasmid DNA Minipreps Kit (BBI, Shanghai, China) according to the recommended protocol and then sequenced at BGI (Beijing, China). The partial-length 16S rDNA gene sequences were directly compared with corresponding sequences in the 16s ribosomal RNA sequences (Bacteria and Archaea) databank via National Center for Biotechnology Information using BLASTN.

Quantitative PCR Quantification of Intestinal Microbiota

Quantitative PCR was performed to further quantitatively evaluate the effect of dietary supplementation with fat and MSG on the subpopulation of species related to energy extraction using group-specific primers. The following 16 microbial genera were previously reported to be associated with energy harvesting: Bacteroidetes, Bacteroides fragilis, Bacteroides thetaiotaomicron, Firmicutes, Akkermansia muciniphila, Clostridium coccoides group, Clostridium leptum subgroup, Clostridium difficile, Clostridium clostridiiforme, Clostridium coccoides eubacteria, Faecalibacterium prausnitzii, Fusobacterium prausnitzii, Methanobrevibacter smithii, Peptostreptococcus productus, Prevotella, and Roseburia. Quantitative PCR was carried out using species- and group-specific primers of intestinal microbiota that target 16S rDNA genes (supplemental 2 (supplemental material available at http://content.karger.com/ProdukteDB/produkte. table asp?doi=380889)). The quantitative results were normalized by contrasting to the total intestinal microbiota. The dilutions were added to a final volume of 25 µl. Amplification and detection of DNA by RT-PCR was performed with ABI PRISM 7900 HT (Applied Biosystems, Foster City, CA, USA) using 384-well plates. Duplicate sample analysis was routinely performed in a total volume of 25 µl using SYBR[®]Premix Ex TaqTM II (TAKARA, Dalian, China). Data from duplicate samples were analyzed using the ABI 7900 SDS software (version 2.3; Applied Biosystems).

Statistical Analyses

Principal component analysis (PCA) was done based on peak density value of bands using PC-ORD program, and the results were obtained using the princomp program of SAS 9.2 (SAS Institute Inc., Cary, NC, USA). The data are expressed as means ± SEM. Differences between groups were assessed by ANOVA. Statistical analyses were performed with SAS 9.2. The differences were considered as statistically significant for p < 0.05.

Results

MSG and Dietary Fat Promoted Fat Deposition in Muscle in Growing Pigs

MSG and dietary fat had no obvious effects on average daily gain and food intake of pigs. The parameters used to evaluate carcass segmentation, containing slaughter yield, back fat thickness, lion-eye area, total fat and total skeletal muscle, were also not effected by dietary supplementation of MSG and dietary fat (data not shown). The result of *longissimus dorsi* composition analysis was shown in figure 1. Both dietary supplementation of MSG and fat had no effect on crude protein and dry matter. Surprisingly, MSG and fat promote fat deposition in *longissimus dorsi*, and an obviously synergistic effect was found when the two nutrients were given in one diet.





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Fig. 1. Dietary supplementation of MSG and fat can influence the main components in muscle of growing pigs (n = 4). **A** Crude protein, **B** dry matter, **C** fat.

	16S rDNA diversity indexes															
	jeju	num			ileum				cecum				colon			
	BD	HF	BDM	HFM	BD	HF	BDM	HFM	BD	HF	BDM	HFM	BD	HF	BDM	HFM
S	1	11	1	1	14 2.614	14	12	12	22	22	23	25	21	20	25	18
Π λ e	1	0.096	1	0 1 -	0.075 0.991	0.078 0.984	0.093 0.978	0.101	0.049	0.048 0.990	0.048 0.986	0.043	0.049	0.053	0.042	0.058 0.991
e	-	0.988	-	-	0.991	0.984	0.978	0.924	0.989	0.990	0.986	0.984	0.960	0.992	0.994	0.991

S = Bands number; H' = Shannon-Wiener index; λ = Simpson dominance index; e = evenness index; BD = basal diet, HF = high fat diet, BDM = basal diet + MSG, HFM = high fat diet + MSG.

MSG and Dietary Fat Change the Composition of the Intestinal Microbiota in Growing Pigs In the present study, the influences of dietary fat and MSG on intestinal microbiota in growing pigs were determined through DGGE. The results are shown in figure 2 and table 1. Dietary fat increased microbial diversity in the jejunum, and MSG counteracted this change when added to dietary fat. As for ileum, both dietary fat and MSG decrease the diversity of ileal microbiota; the two dietary supplements have synergistic effects. On the other hand, both dietary fat and MSG increase the diversity of cecal microbiota; here too, the two dietary supplements have synergistic effects. Interestingly, both dietary fat and MSG increase the diversity of colonic microbiota when given individually, but the two nutrients have antagonistic effects when given together. In order to further evaluate the effect of dietary fat and MSG on intestinal microbiota, PCA was done based on band peak density value. The PCA results are shown in figure 3. MSG has a marked effect on ileal microbiota, while dietary fat and MSG have less effect on intestinal microbiota when given together. It is worth noting that with respect to the diversity of colonic microbiota some interactions between dietary fat and MSG are apparent.







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Fig. 2. PCR-DGGE profiles of intestinal contents using the following primer sets of intestinal microbiota: HAD-1 GC and HAD-2 (35-65% DGGE). The clustering dendrogram was generated with Quantity One software using the UPGMA method. 1) *Holdemaniafiliformis,* 2) *Escherichia fergusonii,* 3) *Ruminococcuscallidus,* 4) *Clostridium hylemonae,* 5) *Allisonellahistaminiformans,* 6) *Actinobacillusarthritidis,* 7) *Actinobacillus minor,* 8) *Clostridium chauvoei,* 9) *Clostridium chauvoei,* 10) *Clostridium chauvoei,* 11) *Clostridium glycolicum,* 12) *Shigellaflexneri,* 13) *Salmonella enterica* subsp., 14) *Roseburiafaecis,* 15) *Pseudomonas geniculate,* 16) *Enterobacter cloacae,* 17) *Lactobacillus taiwanensis.*

Fig. 3. Corresponding PCA analysis of intestinal microbiota. 1) BDileum, 2) HF-ileum, 3) BDM-ileum, 4) HFM-ileum, 5) BD-cecum, 6) HF-cecum, 7) BDM-cecum, 8) HFM-cecum, 9) BD-colon, 10) HFcolon, 11) BDM-colon, 12) HFMcolon.

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Table 2. Changes of preponderant and microbial genus related to energy extraction in jejunum induced by supplementation with fat and/or MSG (n = 4)

Species	Abundants/all bact	eria % (mean ± SD)	Analysis of variance (p values)				
	BD	HF	BDM	HFM	fat effect	GSM effect	interaction
Firmicutes	3.5120 ± 0.9797	6.3907 ± 2.4155	2.842756 ± 0.4754	5.3374 ± 1.6080	0.1330	0.6218	0.9145
Bacteroidetes	20.6380 ± 6.3896	22.6909 ± 8.7698	17.4051 ± 7.8590	37.8840 ± 9.8415	0.1848	0.5353	0.2743
Peptostreptococcus productus	0.9282 ± 0.1057	1.1448 ± 0.4551	0.5515 ± 0.1275	0.3832 ± 0.1674	0.7130	0.0432	0.4685
Clostridium coccoides group	0.8033 ± 0.5710	0.2970 ± 0.0735	ND	0.7533 ± 0.3846	-	-	-
Prevotella	0.0125 ± 0.0013	0.4394 ± 0.0668	ND	0.3648 ± 0.0954	-	-	-

Table 3. Changes of preponderant and microbial genus related to energy extraction in ileum induced by supplementation with fat and/or MSG (n = 4)

Species	Abundants/all bacteria % (mean ± SD)						Analysis of variance (p values)			
	BD	HF	BDM	HFM	fat effect	GSM effect	interaction			
Firmicutes	1.9035 ± 0.2189	11.1943 ± 1.4881	4.3741 ± 1.1205	2.2283 ± 0.7357	0.0501	0.0239	<0001			
Peptostreptococcus productus	0.5686 ± 0.1941	1.6744 ± 0.5641	0.3647 ± 0.2018	3.1662 ± 1.9060	0.3887	0.6491	0.0839			
Prevotella	ND	0.0443 ± 0.0124	1.9669 ± 0.3512	ND	-	-	-			

BD= Basal diet; HF = high fat diet; BDM = basal diet + MSG, HFM = high fat diet + MSG; ND = not detected.

MSG and Dietary Fat Markedly Change the Percentages of Energy Harvesting-Related Species in Total Intestinal Microbiota in Growing Pigs

Using DGGE technology, the general changes of intestinal microbial composition can be determined, but some species that represent less than 1% of the total intestinal microbiota cannot be detected. After broadly literature review, the percentages of 17 energy harvesting-related species within the total intestinal microbiota were further determined by RT-PCR using group-specific primers. The result of cloning and sequencing of bands after DGGE show that most of changes are related to energy harvesting-related species.

Less microbial species were detected in the jejunum. Indeed, only 6 out of the 17 species were detected in this intestinal part. The results are shown in table 2. Furthermore, our results indicate that addition of dietary fat decrease the percentage of the jejunal *Clostridium coccoides* group while increasing the percentages of jejunal *Prevotella*. Dietary supplementation with MSG markedly decreased the percentages of jejunal *Peptostreptococcus productus* (p = 0.0432), *Prevotella*, and *Clostridium coccoides* group.

Similarly, there were In the ileum also only few microbial species were present. As indicated in table 3, only 4 out of the 17 species were detected. Our results indicate that addition of dietary fat increased the percentages of ileal *Peptostreptococcus productus* (p = 0.0300) and *Prevotella*. Dietary supplementation with MSG markedly increased the percentages of ileal *Firmicutes* (p = 0.0239), *Bacteroidetes* (p = 0.0085), and *Prevotella*. When dietary supplementation with both fat and MSG was done, the two nutrients have antagonistic effects on *Firmicutes* (p < 0.0001).

As expected, an increased number of microbial species were found in the cecum when compared with the data obtained in the small intestine. Little impact on the percentages of species with energy extraction capacity was found when giving dietary fat and MSG together (table 4). Addition of dietary fat increase the percentages of cecal *Prevotella* (p = 0.0490) and



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Table 4. Changes of preponderant and microbial genus related to energy extraction in cecum induced by supplementation with fat and/or MSG (n = 4)

Species	Abundants/all bact	eria % (mean ± SD)	Analysis of variance (p values)				
	BD	HF	BDM	HFM	fat effect	GSM effect	interaction
Bacteroidetes	69.4465 ± 8.7494	68.8480 ± 4.0937	82.9468 ± 5.7753	58.6386 ± 11.0435	0.1103	0.7045	0.1303
Firmicutes	33.2687 ± 6.0711	31.5021 ± 4.5565	24.3763 ± 3.1377	26.8105 ± 6.5385	0.9508	0.2269	0.6984
Bacteroides fragilis	0.0031 ± 0.0018	0.0572 ± 0.0164	0.0038 ± 0.0009	0.0032 ± 0.0015	0.1237	0.1518	0.3118
Bacteroides thetaiotaomicron	0.0039 ± 0.0029	0.0068 ± 0.0025	0.0251 ± 0.0230	0.0018 ± 0.0010	0.2381	0.5557	0.1560
Clostridium coccoides group	3.1156 ± 1.7242	4.6772 ± 1.1390	2.5195 ± 0.9287	5.4637 ± 0.9423	0.0932	0.9408	0.5905
Clostridium leptum subgroup	3.0298 ± 1.1952	1.4676 ± 0.6432	2.2224 ± 0.8187	2.2066 ± 0.4821	0.3298	0.9397	0.3878
Fusobacterium prausnitzii	0.0596 ± 0.0198	0.0706 ± 0.0239	0.1122 ± 0.0524	0.2101 ± 0.0984	0.4188	0.1204	0.4901
Methanobrevibacter smithii	0.0083 ± 0.0050	0.0041 ± 0.0011	0.0015 ± 0.0005	0.0017 ± 0.0004	0.5912	0.0507	0.3401
Peptostreptococcus productus	0.8705 ± 0.5207	0.1096 ± 0.0572	0.8530 ± 0.3845	0.7547 ± 0.3455	0.2370	0.3517	0.3592
Faecalibacterium prausnitzii	1.4241 ± 0.7306	0.6435 ± 0.2047	1.4751 ± 0.5340	2.3984 ± 0.9853	0.9168	0.1928	0.2185
Prevotella	0.1403 ± 0.0844	2.7196 ± 1.2531	0.5815 ± 0.2330	6.3986 ± 3.1962	0.0490	0.2582	0.4313
Roseburia	0.0233 ± 0.0164	0.1148 ± 0.0358	0.1140 ± 0.0507	0.4885 ± 0.1354	0.0223	0.0037	0.0851

Table 5. Changes of preponderant and microbial genus related to energy extraction in colon induced by supplementation with fat and/or MSG (n = 4)

Species	Abundants/all bact	eria % (mean ± SD)	Analysis of variance (p values)				
	BD	HF	BDM	HFM	fat effect	GSM effect	interaction
Firmicutes	26.2944 ± 3.6063	22.9064 ± 2.3034	30.0668 ± 2.9462	48.3318 ± 4.6283	0.0298	0.0005	0.0061
Bacteroidetes	37.0751 ± 5.5998	45.9538 ± 7.1753	43.0762 ± 6.7602	59.2038 ± 11.7137	0.1345	0.2342	0.6568
Bacteroides fragilis	0.0051 ± 0.0022	0.0144 ± 0.0076	0.0048 ± 0.0013	0.0068 ± 0.0062	0.3818	0.5429	0.7147
Bacteroides thetaiotaomicron	0.0094 ± 0.0048	0.0035 ± 0.0028	0.0084 ± 0.0081	ND	-	-	-
Clostridium coccoides group	5.1648 ± 1.2656	11.2793 ± 2.2489	5.8250 ± 1.1229	6.0493 ± 1.1818	0.0471	0.1456	0.0638
Clostridium leptum subgroup	0.6690 ± 0.0777	1.6621 ± 0.2370	1.7190 ± 0.2297	0.9482 ± 0.1276	0.4143	0.5816	0.0002
Prevotella	3.9999 ± 1.2033	2.9679 ± 0.6942	2.9383 ± 0.3578	4.7990 ± 0.7318	0.8601	0.6197	0.1302
Faecalibacterium prausnitzii	0.9160 ± 0.0935	0.9601 ± 0.1620	2.8883 ± 0.4459	1.7118 ± 0.3104	0.0423	0.0001	0.0495
Fusobacterium prausnitzi	0.1533 ± 0.0401	0.1929 ± 0.0243	0.8358 ± 0.0772	0.2938 ± 0.0543	<0.0001	<0.0001	<0.0001
Peptostreptococcus productus	5.0210 ± 0.4358	1.8800 ± 0.6580	1.4813 ± 0.1410	0.6200 ± 0.1478	0.0002	<.0001	0.0149
Methanobrevibacter smithii	0.0285 ± 0.0141	0.1144 ± 0.0329	0.0121 ± 0.0035	0.0120 ± 0.0027	0.0404	0.0033	0.0359
Roseburia	1.9507 ± 0.4530	0.9430 ± 0.2559	2.0390 ± 0.5520	0.6523 ± 0.1776	0.0063	0.7478	0.6514

BD = Basal diet; HF = high-fat diet; BDM = basal diet + MSG; HFM: high-fat diet + MSG; ND not detected.

Roseburia (p = 0.0223). When dietary supplementation with both fat and MSG was given, no interaction of the two nutrients was observed.

In the colon, again as expected, the microbial species were much more abundant than in the small intestine. Dietary supplementation with fat and MSG together markedly influenced the percentages of species with energy extraction capacity (table 5). We observed that the addition of dietary fat decreased the percentages of colonic *Firmicutes* (p = 0.0298), *Bacteroides thetaiotaomicron, Peptostreptococcus productus* (p = 0.0002), and *Roseburia* (p = 0.0063) while increasing the percentages of colonic *Clostridium coccoides* group (p = 0.0471), *Faecalibacterium prausnitzii* (p = 0.0423), *Fusobacterium prausnitzii* (p < 0.0001), and *Methanobrevibacter smithii* (p = 0.0404). Dietary supplementation with MSG markedly decreased the percentages of colonic *Bacteroides thetaiotaomicron, Peptostreptococcus productus* (p < 0.0001), and *Methanobrevibacter smithii* (p = 0.0005), *Faecalibacterium prausnitzii* (p = 0.0001), and *Fusobacterium prausnitzii* (p < 0.0001). When dietary supplementation was performed with both fat and







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Fig. 4. Dietary MSG and fat influence the ratio of *Firmicutes/Bacteroidetes* in the gastrointestinal tract of growing pigs (n = 4).

MSG, the two nutrients synergistically decreased the percentage of colonic *Peptostrepto-coccus productus* (p = 0.0149) while having antagonistic effect on the colonic *Firmicutes* (p = 0.0061), *Clostridium leptum* subgroup (p = 0.0002), *Faecalibacterium prausnitzii* (p = 0.0495), *Fusobacterium prausnitzii* (p < 0.0001), and *Methanobrevibacter smithii* (p = 0.0359).

Discussion

The primary cause of obesity is the excess energy intake. An increased energy intake as small as 1% can induce an increased body weight in the long term (several years) together with possible metabolic alterations [41]. Excessive energy intake is associated with increased nutrient absorption through the intestinal epithelium; and in this process, the intestinal microbiota may play a significant role [42–44]. Changes in intestinal microbiota composition and metabolic capacity may be associated with metabolic changes in the host. For instance, in the laboratory situation of a-xenism, the lack of intestinal microbiota coincides with the accumulation of glycogen produced via gluconeogenesis [45]. Gene expression related to the metabolism of carbohydrate, fat, and amino acids in luminal bacteria are modified in obese individual when comparing intestinal microbial metagenomics of twins with different body weight [46]. It was most believed that the unbalance of *Bacteroidetes* and *Firmicutes* has been related to obesity [47], and there are more *Firmicutes*, less *Bacteroidetes*, and consequently a





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higher *Firmicutes/Bacteroidetes* ratio in the gastrointestinal tract of obese mice and human [34, 48, 49]. Factors that induce obesity also change *Bacteroidetes* and *Firmicutes* in a similar way. High-fat diet modifies intestinal microbiota composition, and increase the ratio of *Firmicutes/Bacteroidetes* within a small range [50]. In the present study, similar results were found (fig. 4). However, in contrast to previous studies, the ratio of *Firmicutes/Bacteroidetes* in jejunum was decreased, indicating that the modification of the intestinal microbiota composition may be different depending on the intestinal anatomical segments used compared with the microbiota in feces. No obvious effect of MSG when given alone on the microbiota composition was observed. Another interesting result is that the individual addition of either dietary fat or MSG has no influence on the ratio of *Firmicutes/Bacteroidetes* in colon, but the ratio of *Firmicutes/Bacteroidetes* was increased when the two nutrients were added at the same time.

In the present study, several species with energy-harvesting capacity were found to be influenced by dietary fat and MSG. Dietary fat increased the percentage of colonic Methanobrevibacter smithii while MSG had the opposite effect. Methanobrevibacter smithii is a hydrogen-consuming methanogen [25, 47], which produces acetic acid and butyric acid by eliminating hydrogen and formic acid to supply energy substrates for colonic epithelial cells. Taking into account that less Methanobrevibacter smithii are present in the gastrointestinal tract of obese individuals [51], the results obtained suggest that there is no simple relationship between the relative amount of this bacteria, dietary fat consumption and obesity. There is however a good correlation between the relative amount of *Methanobrevibacter* smithii and the relative amount of other bacteria, namely Bacteroides thetaiotaomicron, which have a marked ability to use plant polysaccharides compared with other intestinal microbes [52, 53]. In the genome of Bacteroides thetaiotaomicron, there are 173 different glycosyl hydrolase activities, which allow *Bacteroides thetaiotaomicron* to decompose the vast majority of glucosidic bond. Methanobrevibacter smithii can promote Bacteroides thetaiotaomicron to degrade fructose and produce formic acid [54]. The two bacteria can act in synergy for harvesting energy from polysaccharides [55]. Although Bacteroides thetaiotaomicron was not detected using RT-PCR method in the present study, it is possible that dietary fat and MSG may modify the colonization of Methanobrevibacter smithii and thus the amount of polysaccharide utilization in the intestinal tract. This illustrates the difficulty to predict the metabolic and physiological consequences of changes in the composition of the intestinal microbiota.

In the same line of thought, *Peptostreptococcus productus* has a strong ability to degrade lignin [56, 57]. Dietary fat increased the percentage of *Peptostreptococcus productus* among total ileal microbes while fat decreased its relative amount in colon, demonstrating once again that the effect of dietary changes may be different according to the segment of the intestine. Dietary fat may thus enhance the degradation of lignin in the distal part of the small intestine while decreasing the utilization of lignin in the large intestine. MSG decreased the percentage of *Peptostreptococcus productus* in both jejunum and colon, showing once again complex interactions between these two dietary compounds on the intestinal microbiota.

The species that were most affected by dietary fat and MSG are *Faecalibacterium prausnitzii* and *Fusobacterium prausnitzii*. *Faecalibacterium prausnitzii* has a high capacity to degrade undigested dietary fibers [58–60]. It has been reported that more *Faecalibacterium prausnitzii* were found in the gut of obese individuals than in their lean counterpart [61], though less studies came to an opposite conclusion [62]. *Fusobacterium prausnitzii* can efficiently use undigested compounds to produce butyrate used as energy substrate by for colonic epithelial cells [63]. Dietary supplementation with both fat and MSG increases the percentage of these two species by 3- and 6-fold respectively.

Prevotella also have a great ability in fermentation and hydrolysis of dietary fibers to produce acetic acid and propionic acid [64]. Addition of dietary fat increased the percentages of *Prevotella* in total jejunal, ileal, and cecal microbiota while addition of MSG has no influence

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on *Prevotella*. *Clostridium* which also play a role in energy harvesting was reported to be present at much different levels in obese individuals than in individuals with low body weight [26]. The fact that dietary fat enhance colonization of *Clostridium coccoides* group, *Clostridium leptum* group and *Faecalibacterium prausnitzii*, while MSG just enhance colonization of *Faecalibacterium prausnitzii*, strongly suggest that dietary fat and MSG affect the intestinal microbiota of growing pigs via different ways.

The individual body weight has been reported to be closely associated with the diversity of its intestinal microbiota. Indeed, intestinal microbiota diversity is clearly decreased in obese or overweight individuals [25, 26]. In our study suggests that both dietary fat and MSG can increase the diversity of intestinal microbiota. This result may be considered as somewhat paradoxical given some previously published data. One underlying reason may be related to the different used models. Another reason maybe that dietary fat or MSG enhance the energy and amino acid supply in the gut [65, 66], which may promote microbial growth and proliferation.

Conclusion

The composition of intestinal microbiota and obesity are likely linked by complex relationships. In addition, the metabolic capacity of intestinal microbiota is also an important parameter to be taken into account. In the present study, we have shown that addition of dietary fat and MSG can markedly change the composition of intestinal microbiota, with antagonistic interaction between the two dietary compounds, especially in the colon. Interestingly, dietary fat and MSG promote the colonization of microbes with energy-harvesting capacity in the intestinal tract via different ways, which was consistent with promoted fat deposition in muscle. Dietary fat promoted colonization of Methanobrevibacter smithii, Peptostreptococcus productus, Faecalibacterium prausnitzii, Fusobacterium prausnitzii, bacteria from the Clostridium coccoides and Clostridium leptum groups as well as Roseburia and Prevotella. By contrast, MSG only promoted the colonization of Faecalibacterium prausnitzii and Roseburia. Further work is obviously required in order to establish clear causal links between the dietary changes, the changes in intestinal microbiota composition, the changes in the metabolic capacity of the microbiota and the metabolites released from dietary and endogenous luminal substrates, particularly those which are used by colonocytes and peripheral tissues.

Availability of Supporting Data

The data sets supporting the results of this article are included within the article and its additional files.

Authors' Contributions

ZF and YY conceived and designed the experiments. ZF, LW, and DF performed the experiments. ZF analyzed the data. ZF and TL contributed reagents/materials/analysis tools. ZF, FB, and YY wrote the paper.

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Disclosure Statement

The authors declare that they have no competing interests.

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