



Correlation of m6A methylation with immune infiltrates and poor prognosis in non-small cell lung cancer via a comprehensive analysis of RNA expression profiles

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Background: Non-small cell lung cancer (NSCLC) is a common type of lung cancer with a poor prognosis. N6-methyladenosine (m6A) methylation, which is a reversible ribonucleic acid (RNA) modification, plays an important role in the occurrence and development of NSCLC. However, the potential effect of m6A methylation on immune infiltrates and prognosis remains unclear.

Methods: In this study, a weighted gene co-expression network analysis was used to screen out messenger RNAs (mRNAs) and non-coding RNAs (ncRNAs) that were co-expressed with m6A regulators. Additionally, 2 molecular subtypes (Clusters 1 and 2) were determined via consensus clustering. Subsequently, a prognostic risk model was constructed using both co-expressed mRNAs and ncRNAs. Based on the risk scores calculated by the prognostic model, the patients were divided into the high-risk group or low-risk group. Finally, the altered patterns of the tumor immune microenvironments (TIMEs) between the 2 stratification methods were thoroughly investigated, and a gene set enrichment analysis was conducted to further examine the potential mechanism.

Results: Patients in Cluster 1 had lower immunoscores, higher programmed death-ligand 1 (PD-L1) expression, and shorter overall survival (OS) compared to patients in Cluster 2. A further investigation based on the prognostic model revealed that the PD-L1 expression levels of patients in the high-risk group were significantly upregulated, and the immunoscores were lower than those in the low-risk group. The immune cells with a high infiltration in Cluster 1 showed a significant positive correlation with the risk score; those with low infiltration showed a significant negative correlation. The hallmarks of the Myelocytomatosis viral oncogene (MYC) targets, the second Gap/Mitosis (G2/M) checkpoint, E2 transcription Factor (E2F) targets, glycolysis, deoxyribonucleic acid (DNA) repair, and unfolded protein response were significantly enriched in Cluster 1, the low-immunoscore group, and the high-risk group.

Conclusions: This study revealed that m6A methylation is closely related to the poor prognosis of NSCLC patients via interference with the TIME, which suggests that m6A may play a role in optimizing individualized immunotherapy management and improving prognosis.

Keywords: Non-small cell lung cancer (NSCLC); prognosis; m6A methylation; tumor-infiltrating immune cells; risk model

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Introduction

Lung cancer is the most common cause of cancer-related deaths worldwide and is the deadliest cancer among men (1). In some developed countries, lung cancer (16.3%) has overtaken breast cancer (15.4%) as the deadliest cancer among women (1). Non-small cell lung cancer (NSCLC) is the most common type of lung cancer, and lung adenocarcinoma (LUAD) and lung squamous cell carcinoma (LUSC) are the most common subtypes (2). For patients with locally advanced or advanced NSCLC, current treatment methods cannot significantly improve overall survival (OS). However, emerging novel anti-cancer treatments, such as immunotherapy, provide a broader perspective, and the multidisciplinary treatment modalities of immunotherapy combined with other conventional methods have gradually aroused wide interest and have benefited many NSCLC patients (3). Thus, it is essential to conduct in-depth studies on the tumor immune microenvironment (TIME) to explore potential immunotherapy targets and to further optimize the clinical treatment management of NSCLC patients. 2/3 of immune cells in the lung cancer microenvironment consist of lymphocytes, 80% of which are T cells. The proportion of B cells in NSCLC tumor tissues is significantly higher than that in normal lung tissues, while the proportions of macrophages and natural killer (NK) cells are significantly lower (4). Lung cancer cells can generate immunosuppressive factors, causing immune escape and cancer progression. In addition, controversy continues as to the effect of the TIME on the long-term survival of NSCLC patients (5). Further investigations of the regulation mechanisms of the TIME may reveal effective biomarkers that can be used to accurately predict patient prognosis.

N6-methyladenosine (m6A) RNA modification can affect normal life activities and disease progression (6-8). The m6A abundance of reversible ribonucleic acids (RNAs) depends on the dynamic interplay between methyltransferases (“writers”), binding proteins (“readers”), and demethylases (“erasers”) (9). Writers include methyltransferase-like (METTL)3, METTL14, METTL16, WT1-associated protein (WTAP), Vir-like m6A methyltransferase associated (KIAA1429), zinc finger CCCH-type containing 13 (Zc3h13), RNA-binding motif protein 15 (RBM15), and RBM15B. Readers include the YTH domain-containing 1 (YTHDC1), YTHDC2, YTH m6A RNA-binding protein 1 (YTHDF1), YTHDF2, YTHDF3, RNA-binding motif

protein X-linked (RBMX), and heterogeneous nuclear ribonucleoprotein C (HNRNPC), and HNRNPA2B1. Erasers mainly include the fat mass- and obesity-associated protein (FTO) and alkB homolog 5 (ALKBH5).

m6A regulators play a vital regulating role in the tumorigenesis, metastasis, and drug resistance of NSCLC. Lin *et al.* (10) found that METTL3 overexpression promotes the proliferation and migration of human lung cancer cells, which are significantly upregulated in LUAD tissues. Wang *et al.* (11) showed that m6A methylation promotes the brain metastasis of lung cancer by inducing the mature splicing of the miR-143-3p precursor. Jin *et al.* (12) showed that METTL3 induces drug resistance and metastasis in NSCLC. Additionally, they (13) further found that ALKBH5 interfered with the expression and activity of Yes1 Associated Transcriptional Regulator (YAP) and thereby inhibited the growth and metastasis of NSCLC. Shi *et al.* (14) suggested that YTHDF1 deficiency inhibited the growth of NSCLC cells and the formation of xenograft tumors by regulating the translation efficiencies of CDK2, CDK4, and cyclin D1, and the depletion of YTHDF1 made cancerous cells resistant to cisplatin treatment and restricted the progression of *de novo* LUAD. However, they observed unexpected results in relation to patient survival, finding that a high expression of YTHDF1 led to better clinical outcomes. Liu *et al.* conducted a prognostic analysis of m6A regulators in LUAD (15), and found that HNRNPC, RBM15, and KIAA1429 serve as risk genes, while YTHDC2 and METTL3 serve as protective genes. A copy number variation (CNV) analysis revealed that the OS of NSCLC patients with any CNV of m6A regulators was shorter than that of patients with the diploid gene (16). The effects of differences among all the m6A methylation levels on the long-term survival of NSCLC patients has not yet been studied, and correlations with the TIME and transduction signals have not yet been deeply analyzed.

With the increasingly extensive exploration and application of immunotherapy in clinical practice (17,18), the role of m6A methylation in tumor immunity has also attracted great attention. The pharmacological inhibition of demethylase FTO helps to reprogram the immune response of leukemia stem cells/initiating cells by regulating the expression of immune checkpoint genes (19). HNRNPA2B1 was reported to amplify interferon- α/β (IFN- α/β) production and enhance the stimulator of interferon gene (STING)-dependent cytoplasmic signaling to exert an anti-DNA virus effect (20).

In addition to the intrinsic carcinogenic pathway of

m6A methylation, many studies have also revealed the special correlation between TIME immune infiltrating cells or immunophenotype and m6A modification. Zhang *et al.* (21) demonstrated that m6A modification patterns in gastric cancer were highly correlated with tumor immunophenotypes (immune-excluded, immune-inflamed, and immune-desert phenotypes). Han *et al.* (22) showed that the level of cluster of differentiation 8 positive (CD8+) T cells in YTHDF1-deficient mice exhibited higher cluster of differentiation 8 positive (CD8+) T cells levels and elevated CD8+ T cell antitumour response. Additionally, non-coding (ncRNAs), such as circular RNAs (circRNAs) have also been reported to exert an immune-suppressive effect through m6A modification (23,24). However, whether m6A methylation plays a role in the immunotherapy of NSCLC has not yet been fully explored, and the role of the interaction between ncRNAs and m6A in immunity/prognosis has not yet been clearly elucidated.

Most previous studies have focused on the potential roles of one or more m6A regulators in NSCLC. In this study, a new method was used to assess the holistic m6A modification abundance, and then to systematically analyze the correlation of m6A RNA methylation with prognosis and the TIME in NSCLC. Namely, the Weighted Gene Co-expression Network Analysis (WGCNA) algorithm was used to screen out messenger RNAs (mRNAs) and ncRNAs co-expressed with m6A methylation regulators. Clustering subtypes and prognostic risk models were established based on co-expressed RNAs to further investigate the specific function of m6A methylation in NSCLC and to improve the prognostic risk stratification of NSCLC patients. Thereafter, the correlation between m6A methylation level and the TIME/prognosis was thoroughly explored by analyzing the relationships among the clustering subgroups, the risk score, PD-L1, the immunoscore, and immune cell infiltration. This study also attempted to determine the regulatory mechanisms of m6A methylation level on immune infiltration and prognosis and to provide insights into its prospects in NSCLC immunotherapy. The following article is presented in accordance with the REMARK reporting checklist (available at <https://dx.doi.org/10.21037/atm-21-4248>).

Methods

Datasets

The transcriptome data of 1,037 histologically confirmed

NSCLC specimens and 108 adjacent normal tissues in The Cancer Genome Atlas (TCGA) database were downloaded for the RNA differential analysis and clustering. In addition, 999 NSCLC patients with corresponding clinical data (for age, gender, TNM stage, tumor subtype, and survival data) were enrolled for further analysis. These patients were randomized into a training cohort (500 patients) and a validation cohort (499 patients) at a ratio of 5:5 using the CreateDataPartition function. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Bioinformatic analysis

The limma package was used to detect mRNAs and ncRNAs that were differentially expressed between tumor and normal tissues. Next, the count data were converted into Transcripts Per Million (TPM) reads, and the mRNA and ncRNA differential expression data were merged with the m6A regulator matrix. The WGCNA package was used for the co-expression analysis (the minimum number of genes of the mRNA module was set to 20, and the minimum number of genes of the ncRNA module was set to 10). The ConsensusClusterPlus package (1,000 iterations and 80% resample rate) was used to classify the NSCLC patients into different m6A methylation subtypes. A WGCNA and principal component analysis (PCA) were conducted using the R package v4.0.3.

The gene set enrichment analysis (GSEA) was conducted on the hallmark gene sets of MSigDB to explore the potential regulatory mechanisms between the methylation subtypes, immune infiltration level, and OS. The ESTIMATE algorithm was used to calculate the immunoscore with the R “estimate package” (25). The relative proportion of 22 immune cells for each NSCLC sample was yielded through CIBERSORT (<https://cibersort.stanford.edu/>). The algorithm of random sampling consisted of 1,000 permutations. Only samples with a P value <0.05 were included in the subsequent analysis to compare the different immune infiltration cells among the subgroups (grouped by m6A methylation subtype and risk score). The corrplot and limma packages were used to test the correlations between PD-L1 and m6A regulators.

A total of 98 prognostic-related RNAs (82 mRNAs, 16 ncRNAs) were screened out from 535 RNAs co-expressed with the m6A regulators using the survival package. Subsequently, the prognostic-related RNAs were used for the least absolute shrinkage and selection operator (LASSO)

regression analysis (26) with the optimal penalty parameter λ , and 19 core RNAs were finally identified to establish a prognostic risk model. In addition, laser regression analysis was also used to screen RNAs from 82 mRNAs and 16 ncRNAs respectively to construct mRNA model and ncRNA model. The prognostic efficacy of the three models was compared by the area under the curve (AUC), and the optimal model was selected for subsequent analysis. The coefficients generated by the optimal model were used to yield the following risk score equation: risk score = sum of coefficients \times co-expressed RNA expression level. The risk scores were calculated separately for patients in the training and validation cohorts. The mean values of the risk scores was set as the cut-off point for dividing patients into high- and low-risk groups.

Statistical analysis

Statistical tests were carried out using R version 4.0.3 and GraphPad Prism 9.0. Based on published literature, 20 m6A RNA methylation regulators were collected (27-32). The expression levels of m6A regulators in tumor tissues and normal tissues were compared using unpaired t tests (the gene “VIRMA” was displayed as “KIAA1429”). A Chi-square test was performed to compare the categorical variables. The Kaplan-Meier method was used to generate survival curves, and the log rank test was used to compare differences between the groups. The correlations between the PD-L1 expression level, immunoscore, and abundance of immune cell infiltration in different subtypes and different risk groups were analyzed using the Pearson correlation test. The independent prognostic value of the risk scores was verified by Cox regression models in both the training and validation cohorts. The predictive efficiency of the 3 prognostic models for 1-, 3-, and 5-year OS was estimated using ROC curves. A $P < 0.05$ was considered statistically significant.

Results

The expression levels of m6A regulators in tumor tissues versus normal tissues in NSCLC

To clarify the role of m6A methylation in NSCLC tumorigenesis, we systematically investigated the expression patterns of 20 m6A regulators in tumor and normal lung tissues based on TCGA database. We downloaded the expression profile data sets of 108 normal samples and

1,037 NSCLC tumor samples and analyzed the distinct expressions of the regulators. The expression levels of the “readers” (i.e., YTHDC1, YTHDF1/2/3, HNRNPC, FMR1, LRPPRC, HNRNPA2B1, and RBMX) showed consistent and significantly higher expression in NSCLC tissues than normal tissues ($P < 0.01$; see *Figure 1A*). “Writers”, such as METTL3, WTAP, KIAA1429, RBM15, and RBM15B, were highly expressed in NSCLC tissues ($P < 0.05$), while METTL14 and Zc3h13 were expressed at a lower rate in NSCLC tissues than normal tissues ($P < 0.01$; *Figure 1B*). The expression patterns of “erasers” (i.e., FTO and ALKBH5) differed. Specifically, FTO was significantly downregulated in tumor tissues ($P < 0.001$), while ALKBH5 was highly expressed ($P < 0.05$; see *Figure 1C*). These results suggest that the expression patterns of various regulators in NSCLC are not consistent, and the extent of their roles in tumorigenesis might also be different. However, the universal expression differences of the regulators in tumor and normal tissues highlighted the prominence of m6A methylation.

The mRNAs and ncRNAs co-expressed with m6A regulators were screened out through the WGCNA algorithm

Given the inconsistency in the expression patterns of the regulators, we adopted a new approach to investigate the role of m6A methylation in NSCLC based on the integrated RNA expression profiles. First, we filtered out the mRNAs (see *Figure 2A*) that were significantly differently expressed in tumor tissues versus normal tissues. Subsequently, the WGCNA algorithm was used to construct a co-expression network of m6A regulators and differentially expressed mRNAs. The soft threshold was set to 3 ($\beta = 3$, $R^2 = 0.95$) to construct an mRNA scale free network, and 13 modules were then identified (see *Figure 2B*) through average hierarchical clustering and dynamic tree clipping. The m6A regulators were mainly clustered in the turquoise and green modules. The genes in the modules were extracted (135 co-expressed mRNAs from the green module and 319 mRNAs from the turquoise module). Similarly, the ncRNAs that were differentially expressed in tumors versus normal tissues (see *Figure 2C*) were used to construct a co-expression network with m6A regulators through the WGCNA algorithm. The soft threshold was set to 4 ($\beta = 4$, $R^2 = 0.93$) to create an ncRNA scale free network, and 21 modules were identified (see *Figure 2D*). m6A regulators were located in the turquoise module, and a total of 400 co-

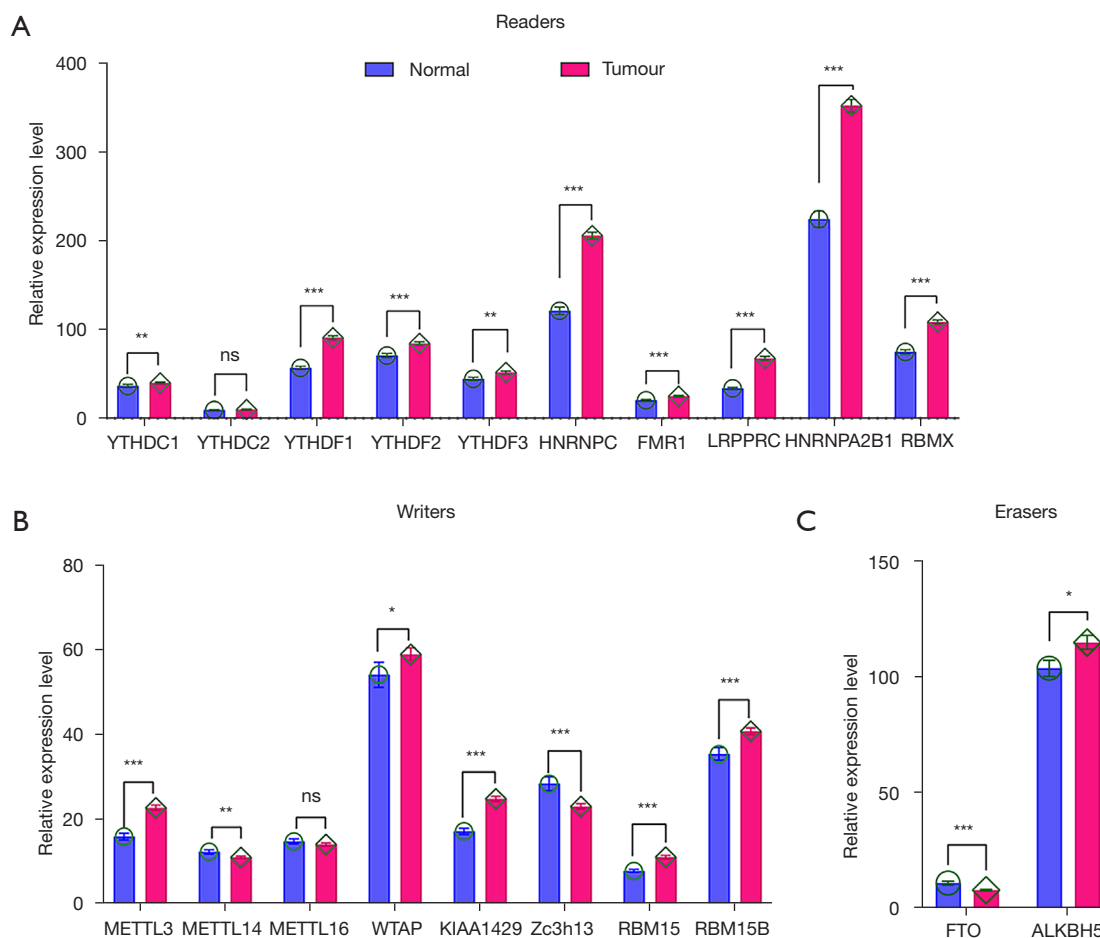


Figure 1 The expression levels of 20 m6A regulators in non-small cell lung cancer (NSCLC). The expression levels of “readers” (A), “writers” (B), and “erasers” (C) in 1,037 tumor tissues versus 108 adjacent normal tissues in TCGA database (the icons at the top of the bars represent standard error). ns, not significant; * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$.

expressed ncRNAs [325 long non-coding RNAs (lncRNAs), 23 microRNA (miRNAs), 28 small nucleolar RNAs (snoRNAs), and 24 small nuclear RNA (snRNAs)] were extracted. Finally, the co-expression patterns of mRNAs (see Figure 2E) and ncRNAs (see Figure 2F) with m6A regulators were further analyzed.

Consensus clustering for RNAs in modules co-expressed with m6A regulators

The NSCLC patients in TCGA database were clustered based on the similarity of the expression levels of the co-expressed RNAs. The lowest Proportion Ambiguous Clustering (PAC) score was generated when $k=2$, which was regarded as optimal clustering (see Figure 3A). 1037 NSCLC patients were clustered into 2 subtypes; that is,

Cluster 1 ($n=788$) and Cluster 2 ($n=249$) (see Figure 3B). The expression patterns of RNAs among different subtypes were analyzed, and the mRNA expression levels differed significantly (see Figure 3C). The expression levels of ncRNA, except for SnoRNA, were slightly lower in Cluster 1 than Cluster 2 (see Figure 3D).

Cluster subtypes were significantly related to the clinical characteristics of NSCLC patients

An analysis of the expression patterns of the m6A regulators among subtypes revealed that some regulators had markedly higher expression levels in Cluster 1 than Cluster 2, especially HNRNPC, LRPPRC, and WTAP, which had relatively high expression levels in tumor tissues. Clustering subtypes were closely related to the clinicopathological

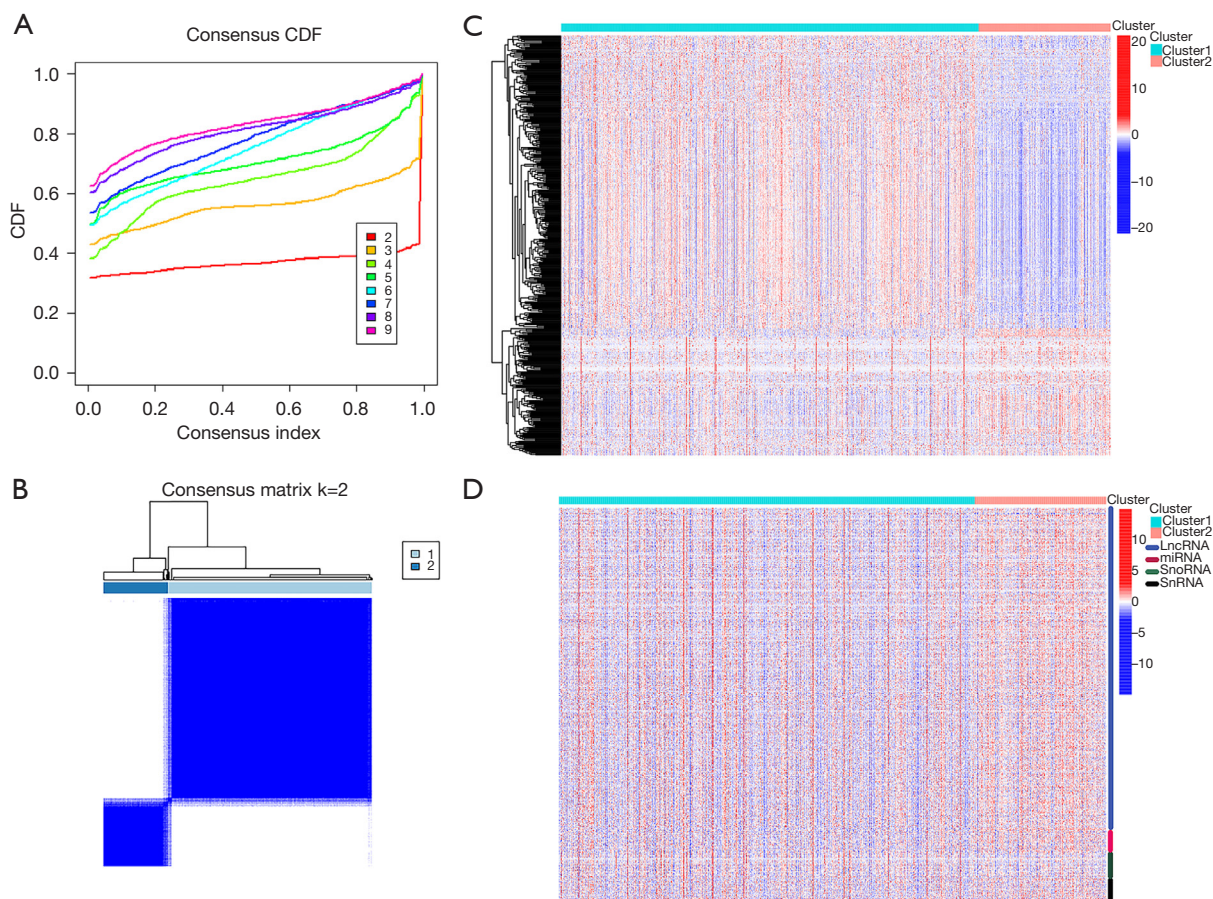


Figure 3 Consensus clustering of co-expressed RNAs and an analysis of RNAs expression patterns among clustering subtypes. (A) Consensus clustering cumulative distribution function (CDF) when the k value ranged from 2–9 and (B) consensus clustering matrix for k=2. The expression patterns of mRNA (C) and ncRNA (D) among different subgroups.

characteristics of NSCLC patients (see *Figure 4A*). Cluster 2 mainly included female LUAD patients ($P < 0.001$), while Cluster 1 mainly included patients with lymph node metastasis ($P < 0.001$), a higher T stage ($P < 0.05$), and at more advanced stages ($P < 0.05$; see *Figure 4B*). The OS of Cluster 1 was shorter than that of Cluster 2 ($P = 0.002$; see *Figure 4C*).

Patients in Cluster 1 had lower immunoscores, differentiated immune cell infiltration levels, and higher PD-L1 expression

To further investigate the effect of m6A methylation on the TIME in NSCLC, we assessed differences in the immunoscores and infiltration levels of 22 immune cells among the subtypes. The immunoscore in Cluster 1 was

significantly lower than that in Cluster 2 ($P < 0.001$; see *Figure 5A*). Cluster 1 showed higher infiltration levels of activated T cell CD4 memory, resting NK cells, M0 macrophages, M1 macrophages, activated mast cells, and eosinophils, while Cluster 2 was more highly correlated with B cell memory, resting T cell CD4 memory, regulatory T cells (Tregs), monocytes, resting dendritic cells, activated dendritic cells, and resting mast cells (see *Figure 5B*). Further, we found that PD-L1 expression in Cluster 1 was significantly more upregulated than that in Cluster 2 ($P < 0.001$; see *Figure 5C*). In addition, the correlation between PD-L1 and various m6A regulators was further analyzed. There was a significant positive correlation in the co-expression pattern among the regulators. PD-L1 was positively correlated with WTAP, HNRNPC, FMR1, and many other regulators, while it was negatively correlated

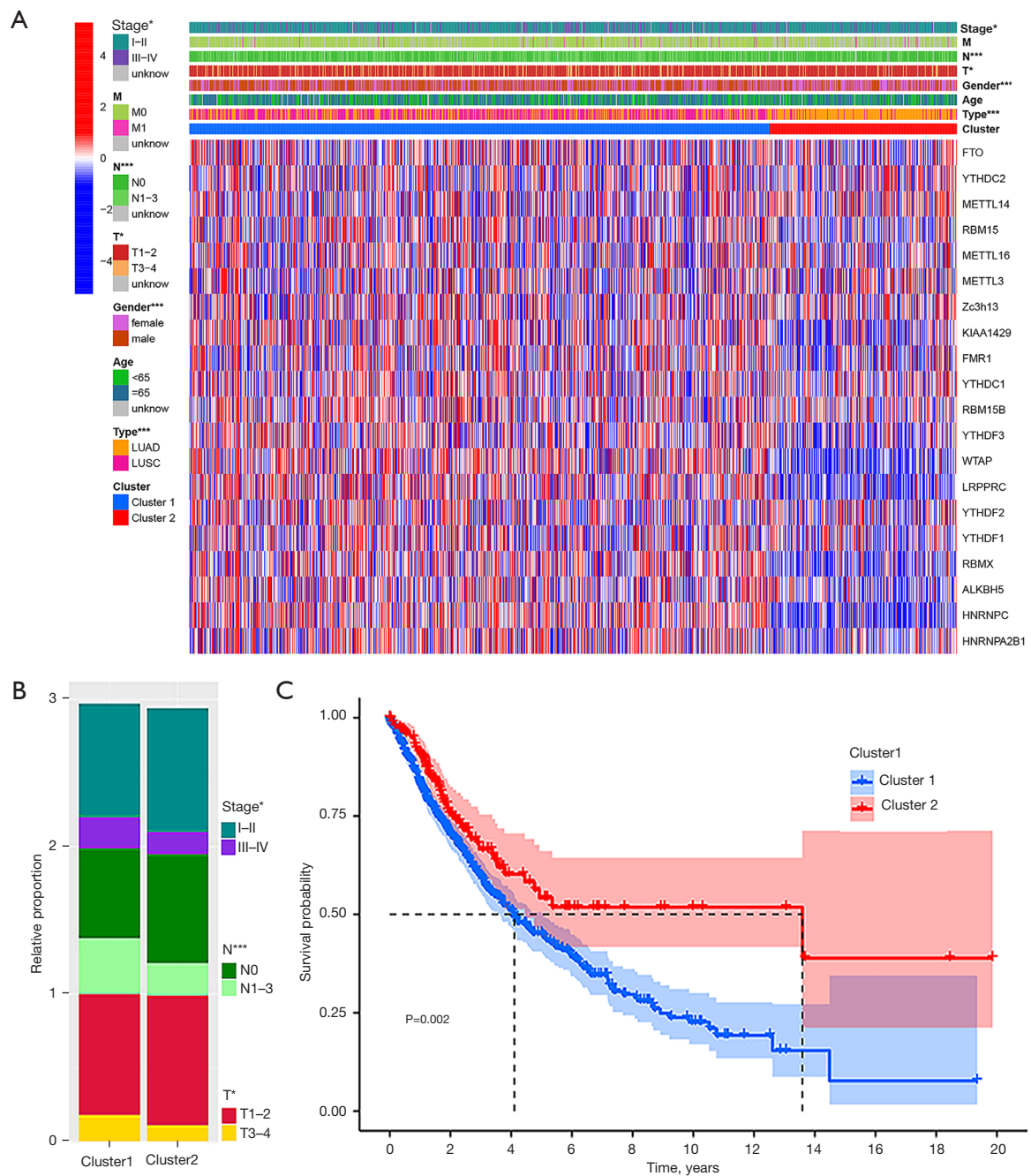


Figure 4 Clinicopathological characteristics among cluster subtypes. (A) The average expression levels of the 20 regulators in TCGA were ranked from low to high, and the differences and clinicopathological characteristics among subtypes were displayed using a heatmap; (B) the relative proportions of T stage, N stage, and cancer stage among cluster subtypes; (C) Kaplan-Meier curves of OS for patients with non-small cell lung cancer (NSCLC). *P<0.05, ***P<0.001.

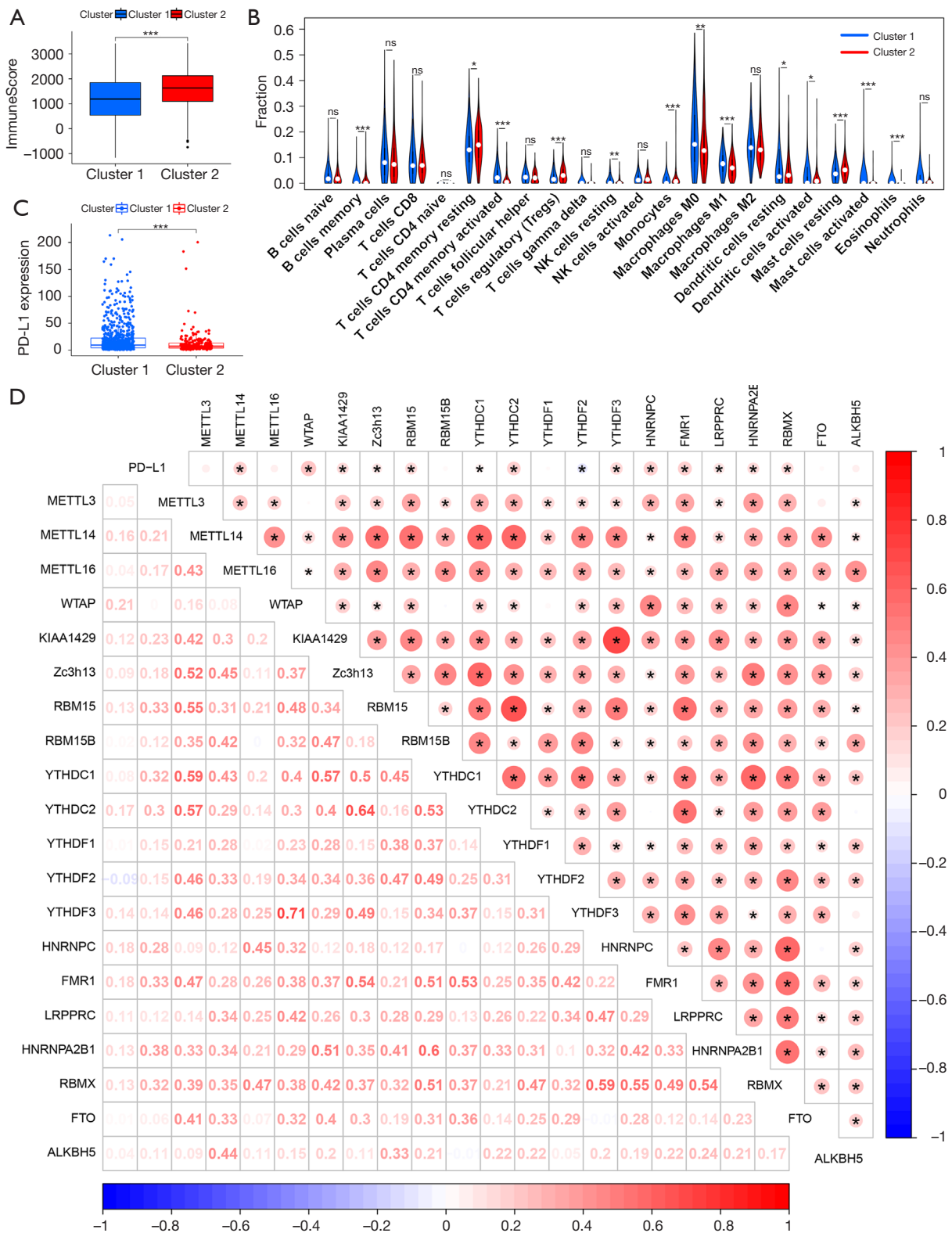


Figure 5 Differences in the TIME among clustering subtypes. (A) Inconsistent immunoscore levels in Cluster 1/2 subtypes; (B) the infiltration levels of 22 immune cell types in 2 clusters (Clusters 1 and 2); (C) PD-L1 upregulation in Cluster 1; (D) the correlation of PD-L1 with m6A methylation regulators. ns, not significant, *P<0.05, **P<0.01, ***P<0.001.

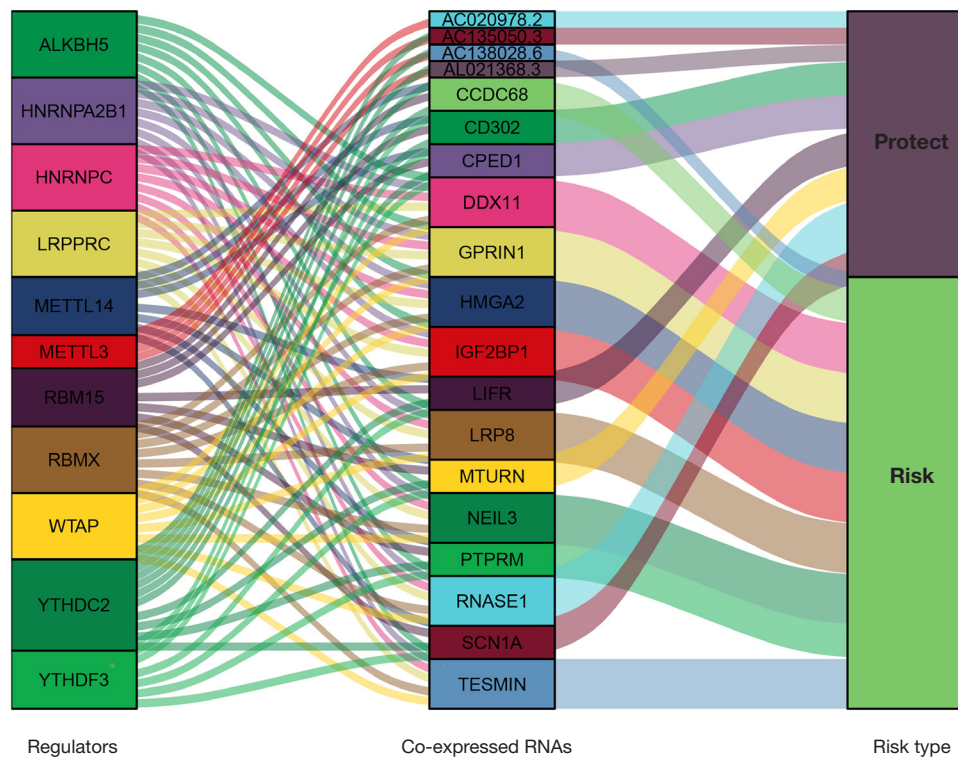


Figure 6 The co-expression relationship between m6A regulators and RNAs used to construct the prognostic model. The middle column represents the RNAs used to construct the prognostic model (AC020978.2, AC135050.3, AC138028.6, AL021368.3, CCDC68, CD302, CPED1, DDX11, GPRIN1, HMGA2, IGF2BP1, LIFR, LRP8, MTURN, NEIL3, PTPRM, RNASE1, SCN1A, and TESMIN); the left column represents their co-expression relationship with m6A regulators, and right column represents the risk type of RNA.

with YTHDF3 ($P < 0.05$; see *Figure 5D*).

Construction and validation of the prognostic model through the integration of co-expressed mRNAs and ncRNAs

Based on the differential OS of subtypes, we inferred that m6A methylation was associated with poor prognosis in NSCLC. To further reveal the prognostic value of m6A methylation genes in NSCLC patients, we randomly divided 999 patients with survival data in TCGA database into a training cohort (500 patients) and a verification cohort (499 patients). A total of 98 co-expressed RNAs (82 mRNAs, 15 lncRNAs, and 1 miRNA; $P < 0.05$) were screened out via a univariate Cox regression analysis. Subsequently, 19 RNAs (15 mRNAs and 4 lncRNAs) were extracted to establish a prognostic model in the training cohort through a LASSO regression analysis. Additionally, their co-expression relationship with m6A regulators was inspected (see *Figure 6*). The coefficients obtained by the

LASSO algorithm were used to calculate the risk scores of the training and validation cohorts, and the following formula was used: risk score = cumulative addition values of (regression coefficient * RNA expression level) (see *Table 1*).

Based on the average risk score of the training cohort, the patients were divided into the high-risk group and low-risk group. In the training cohort, the OS of the high-risk group was significantly shorter than that of the low-risk group ($P < 0.001$; see *Figure 7A*), and similar conclusions were also drawn for the validation cohort ($P < 0.01$; see *Figure 7B*). To evaluate the accuracy and superiority of the prognostic model, another 2 models were constructed via a separate analysis of mRNA and ncRNA in the training cohort. By mimicking the integrated analysis process, 16 mRNAs (i.e., CPED1, CD302, SCN1A, NEIL3, PTPRM, CCDC68, MTURN, ANLN, LIFR, GPRIN1, DDX11, RNASE1, IGF2BP1, HMGA2, MT-ND6, and LRP8) and 7 ncRNAs (i.e., SH3BP5-AS1, AL122010.1, AL021368.3, AL162586.1, AC020978.2, AC135050.3, and AC138028.6) were screened out with the minimum value of the mean-

Table 1 Regression coefficients used for the calculation of the prognostic risk scores

mRNAs	Coefficient	mRNAs	Coefficient	mRNAs	Coefficient	lnRNAs	Coefficient
CPED1	-0.01370	CCDC68	0.02450	TESMIN	0.00397	AL021368.3	-0.05140
CD302	-0.01160	MTURN	-0.00098	RNASE1	-0.00001	AC020978.2	-0.28200
SCN1A	-0.03750	LIFR	-0.00456	IGF2BP1	0.00285	AC135050.3	-0.04870
NEIL3	0.00198	GPRIN1	0.00726	HMGA2	0.00164	AC138028.6	0.11400
PTPRM	0.00231	DDX11	0.00350	LRP8	0.00789		

The coefficients of RNAs used to construct the prognostic risk model.

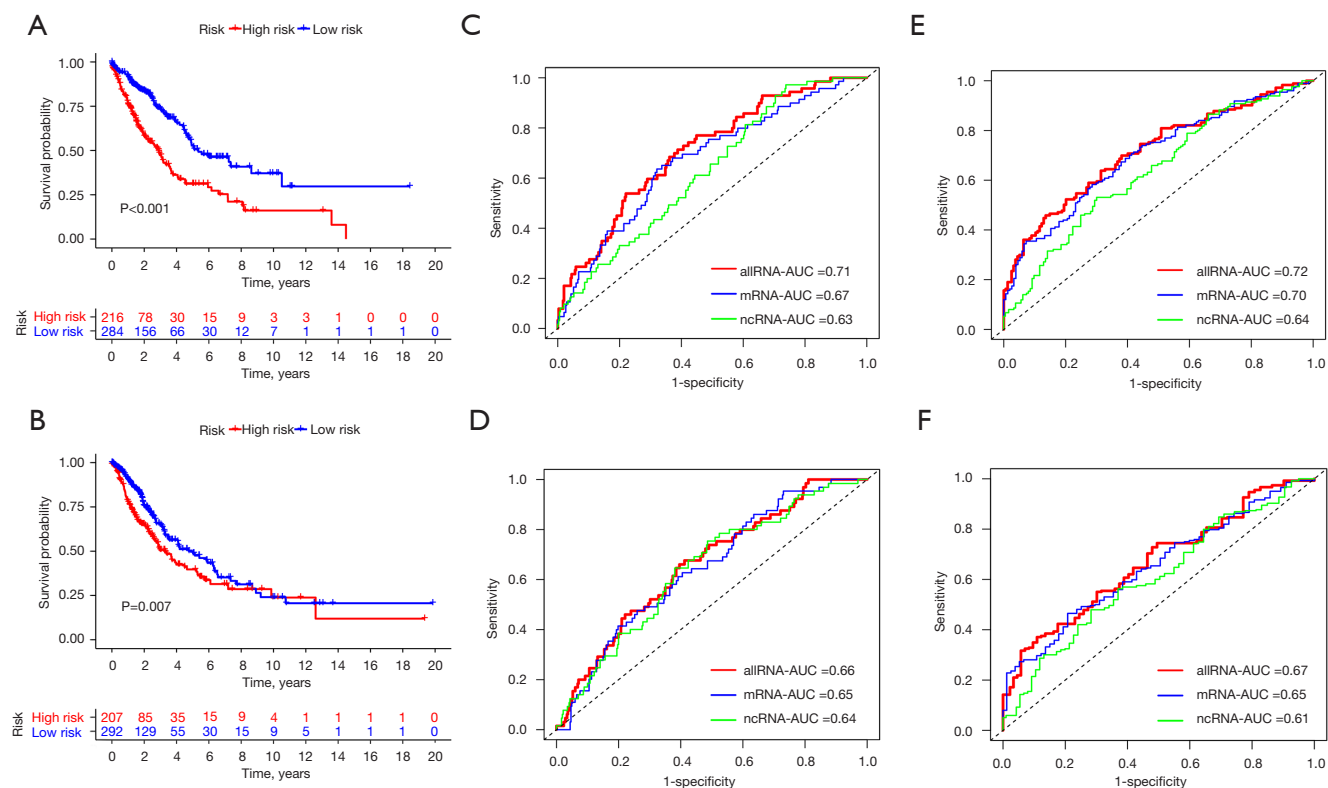


Figure 7 The predictive power analysis of the 3 prognostic models based on the AUCs. Kaplan-Meier survival curves of non-small cell lung cancer (NSCLC) patients grouped by risk score in the training cohort (A) and validation cohort (B). Time-dependent ROC curves used to calculate the 1-year AUC value of the 3 groups in the training cohort (C) and validation cohort (D). A comparison of the 3- (E) and 5-year (F) AUC values of the 3 groups in the training cohort.

square error (MSE) ($\lambda = \text{lambda.min}$). The AUC values of the 3 groups were compared by a receiver operating characteristic (ROC) curve analysis. The 1-year AUC values of the RNA integration analysis group, the mRNA group, and the ncRNA group in the training cohort were 0.71, 0.67, and 0.63, respectively (see *Figure 7C*). In the validation cohort, the AUC values of these groups were 0.66,

0.65, and 0.64, respectively (see *Figure 7D*). Additionally, we analyzed the 3-year (see *Figure 7E*) and 5-year (see *Figure 7F*) ROC curves in the training cohort to further compare the predictive power of the 3 models. These results demonstrated that the prognosis model constructed through RNA integration analysis was superior to the other 2 models and was better able to predict the prognosis of

NSCLC patients.

Subsequently, univariate and multivariate Cox regression analyses were performed on each cohort to verify whether the risk score calculated according to the optimal model could be used as an independent prognostic factor for NSCLC patients. In the training cohort, the univariate analysis showed that gender ($P<0.01$), tumor (T)T stage ($P<0.001$), and risk score ($P<0.001$) were strongly correlated with OS (see *Figure 8A*), while the multivariate analysis results suggested that T stage ($P<0.001$) and risk score ($P<0.001$) were closely related to OS (see *Figure 8B*). In the validation cohort, both the univariate and multivariate analyses (see *Figure 8C,8D*) showed that age ($P<0.05$), T stage ($P<0.001$), and risk score ($P<0.001$) were prognostic factors. Further, to prove the versatility of the model, we stratified the NSCLC patients in TCGA database by gender (see *Figure 8E,8F*), age (see *Figure 8G,8H*), tumor subtype (see *Figure 8I,8J*), and T stage (see *Figure 8K,8L*). The Kaplan-Meier curves of OS all showed that patients with high-risk scores had relatively poor survival ($P<0.01$).

The distribution of the risk scores, OS, survival status, and prognostic-related RNA expression profiles was further investigated. As the risk score increased, the number of deaths gradually increased, and the expression levels of risky RNAs (i.e., NEIL3, GPRIN1, DDX11, TESMIN, IGF2BP1, HMGA2, LRP8, and AC138028.6) increased significantly, while the expression levels of protective RNAs (CPED1, CD302, SCN1A, MTURN, LIFR, RNASE1, AL021368.3, AC020978.2, and AC135050.3) decreased significantly. Tumor subtype, gender, T stage, node stage, and immunoscore differed significantly between the risk subgroups (see *Figure 9*).

The variation patterns of the TIME in Cluster 1 were associated with higher risk scores

By comprehensively analyzing the risk score, clustering subtypes, and the TIME, we found that the risk score of Cluster 1 was significantly higher than that of Cluster 2 ($P<0.001$; see *Figure 10A*). Patients with a low immunoscore had a high-risk score ($P<0.001$; see *Figure 10B*), and there was a significant negative correlation between risk scores and immunoscores. ($R=-0.342$; $P<0.001$; see *Figure 10C*). In addition, the expression level of PD-L1 in the high-risk group was significantly upregulated in Cluster 1 ($P<0.01$; *Figure 10D*). Based on the correlation analysis between the infiltration level of immune cells and the risk score, we found that immune cells with a higher infiltration level in

Cluster 1 [activated T cell CD4 memory ($R=0.16$), resting NK cells ($R=0.15$), activated mast cells ($R=0.20$), M0 macrophages ($R=0.27$), and M1 macrophages ($R=0.15$)] had a strong positive correlation with the risk score ($P<0.001$; see *Figure 10E-10I*), whereas those with a higher infiltration level in Cluster 2 [B cell memory ($R=-0.19$), resting T cell CD4 memory ($R=-0.15$), Tregs ($R=-0.16$), monocytes ($R=-0.26$), resting dendritic cells ($R=-0.21$), and resting mast cells ($R=-0.25$)] had a significant negative correlation with the risk score ($P<0.001$; see *Figure 10J-10O*). Our results indicated that the immune cells with differences in m6A methylation between clustering subtypes might be vital prognostic factors, and illustrated a conceivable mechanism whereby m6A affected the long-term survival of NSCLC patients by altering the TIME.

The GSEA suggested that multiple hallmarks were dynamically enriched in Cluster 1, the low-immunoscore group, and the High-Risk group

To elucidate the intrinsic regulatory mechanisms through which m6A methylation and the TIME affected the prognosis of NSCLC patients, we conducted a GSEA on Cluster subtypes, immunoscore groups, and risk stratification. Gene sets with $|$ Normalized Enrichment Score (NES) $| >1$, normalized p-val <0.05 , and False Discovery Rate (FDR) q-val <0.25 were considered significant. A total of 17 hallmarks (e.g., mTORC1 signaling, unfolded protein response (UPR), MYC targets V1, and E2F targets) were significantly enriched in Cluster 1 (see *Table 2*), 15 hallmarks (e.g., G2M checkpoint, mTORC1 signaling, MYC targets V1, and E2F targets) were enriched in the high-risk group (see *Table 3*), 9 hallmarks (e.g., MYC targets V2, MYC targets V1, G2M checkpoint, and E2F targets) were enriched in the low-immunoscore group (see *Table 4*), and no hallmark was significantly enriched in Cluster 2 and the low-risk score group. Notably, MYC targets V1/V2, the G2M checkpoint, E2F targets, DNA repair, glycolysis, UPR, and late estrogen response pathways (see *Figure 11A-11H*) were significantly enriched in patients with a lower immunoscore and higher risk score in Cluster 1. Our results further demonstrated that the interaction between m6A methylation and the TIME affected the long-term survival of NSCLC patients, and these hallmarks might be dynamically implicated in the poor prognosis of a distinct TIME affected by m6A methylation. Additionally, 11 hallmarks (e.g., complementary and inflammatory responses) were

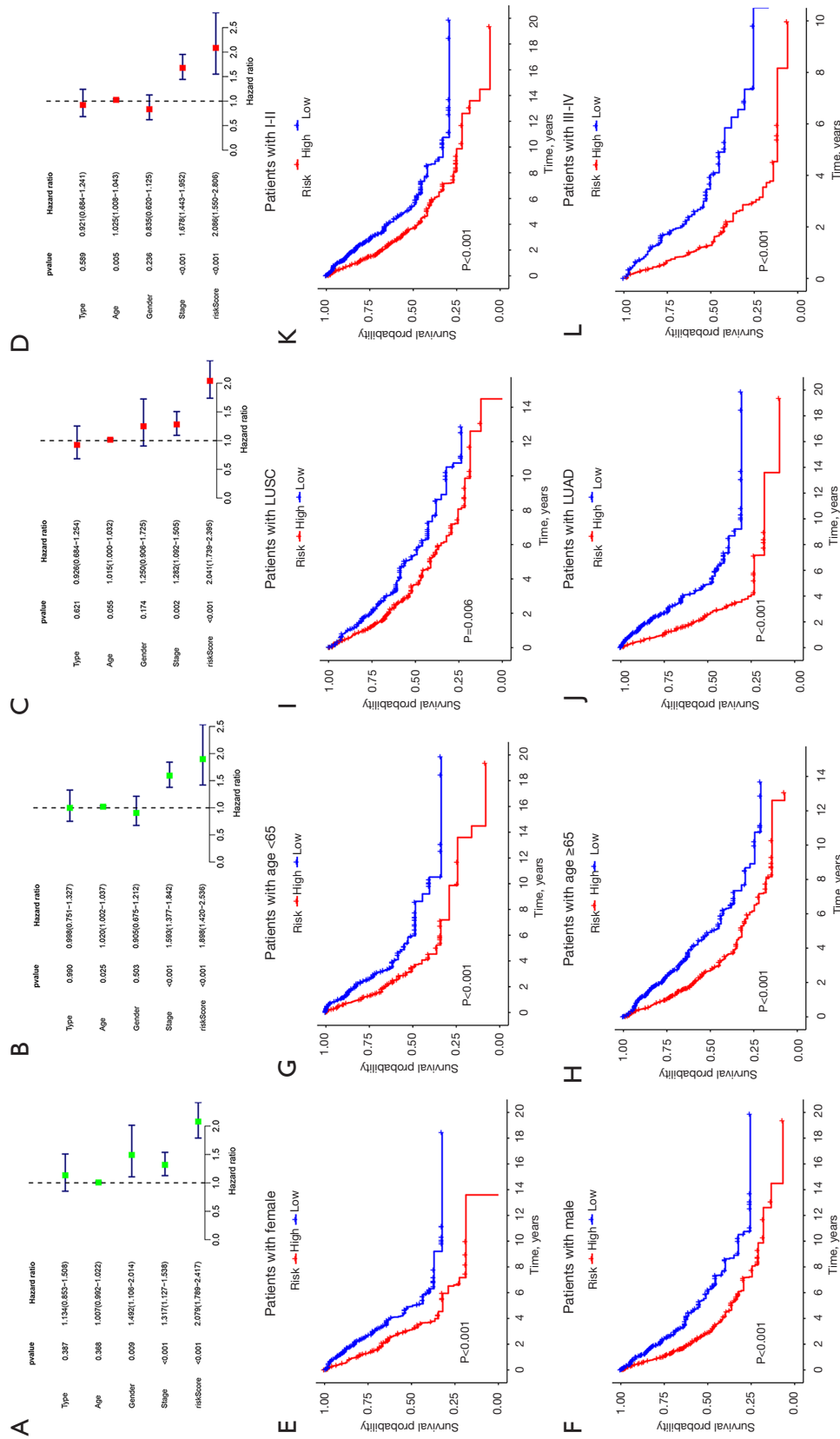


Figure 8 Independent prognostic efficacy analysis of the risk score and the versatility validation of the prognostic model. Univariate (A,C) and multivariate (B,D) Cox regression analyses in the training (A,B) and validation cohorts (C,D). Kaplan-Meier curves of OS in patients with different clinical characteristics; gender: female (E) and male (F), age: <65 years (G) and ≥65 years (H), tumor subtype: squamous cell carcinoma (I) and adenocarcinoma (J), tumor stage: stage I-II (K) and stage III-IV (L).

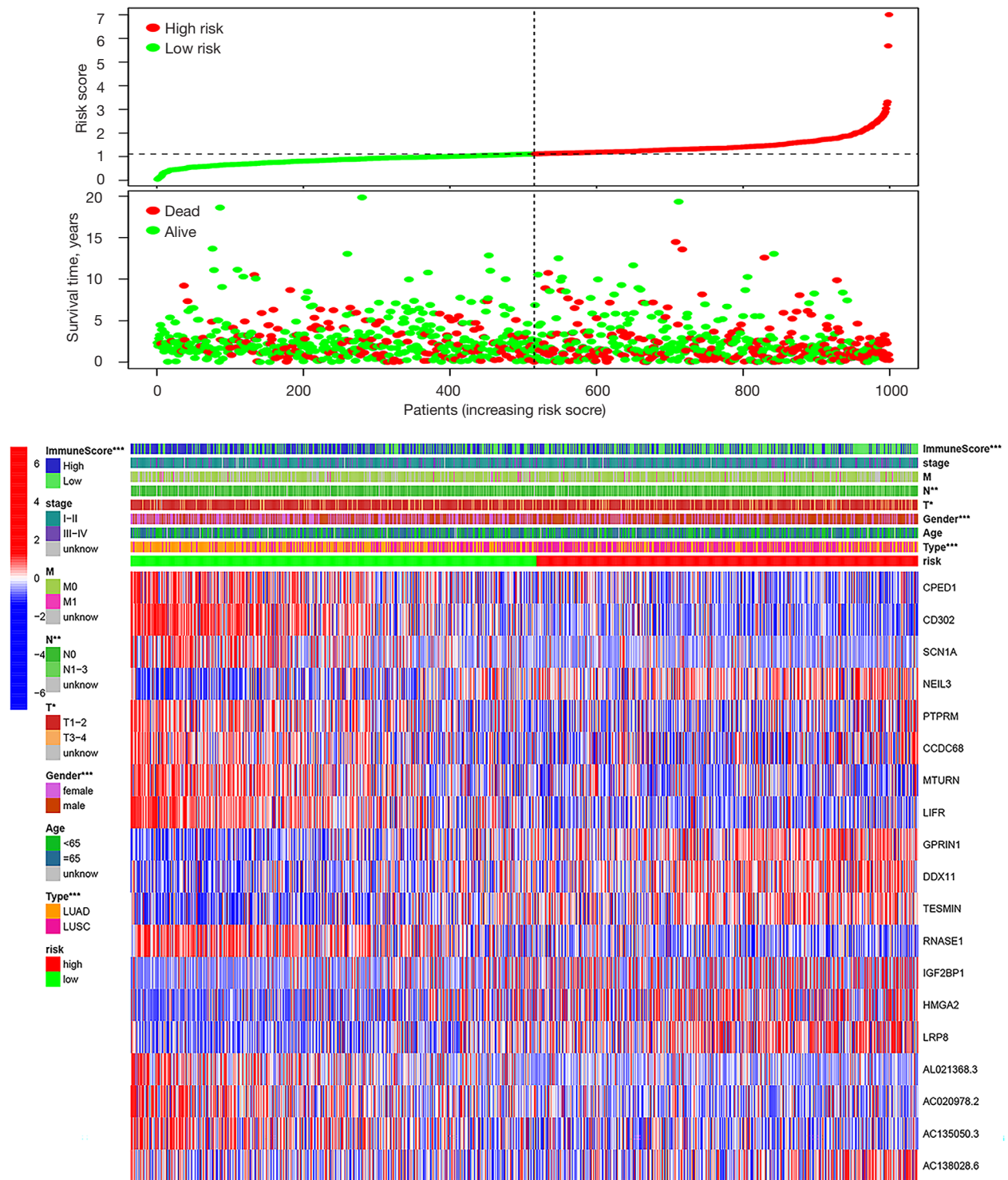


Figure 9 Distribution of risk score, overall survival (OS), and survival status, and the heatmap of prognostic-related RNAs. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

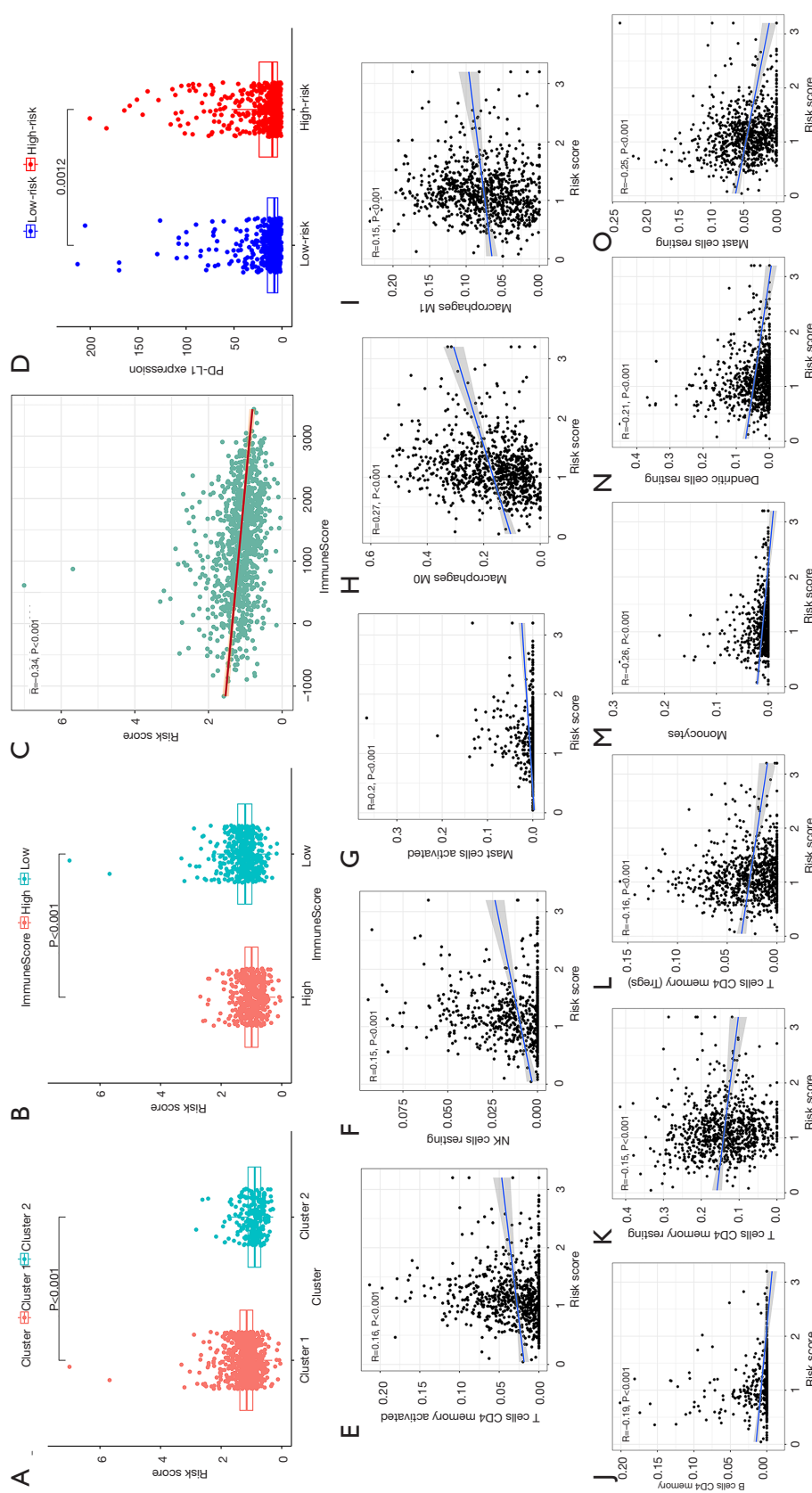


Figure 10 Correlation analysis between the risk score and the tumor immune microenvironments (TIMEs) of non-small cell lung cancer (NSCLC). Distribution of risk scores stratified by Cluster 1 and 2 (A), immunoscore (B), and the expression level of PD-L1 among high- and low-risk groups (D). The correlation of the risk score with the immunoscore (C) and immune cell infiltration abundance (E-O) [activated T cell CD4 memory (E), resting NK cells (F), activated mast cells (G), M0 macrophages (H), M1 macrophages (I), B cell memory (J), resting T cell CD4 memory (K), Tregs (L), monocytes (M), resting dendritic cells (N), resting mast cells (O)].

Table 2 Important hallmarks enriched in Cluster 1 versus Cluster 2 m6A Modification RNA: Cluster 1 *vs.* Cluster 2

HALLMARK-Name	ES	NES	NOM p-val	FDR q-val
MTORC1_SIGNALING	0.6471	2.2730	0.0000	0.0000
UNFOLDED_PROTEIN_RESPONSE	0.6027	2.2645	0.0000	0.0000
MYC_TARGETS_V1	0.7627	2.1995	0.0000	0.0011
E2F_TARGETS	0.7654	2.1313	0.0000	0.0020
G2M_CHECKPOINT	0.7243	2.0928	0.0000	0.0016
DNA_REPAIR	0.5654	2.0429	0.0000	0.0025
PI3K_AKT_MTOR_SIGNALING	0.5054	1.9945	0.0000	0.0049
MYC_TARGETS_V2	0.7363	1.9689	0.0000	0.0060
UV_RESPONSE_UP	0.4329	1.8987	0.0000	0.0097
ESTROGEN_RESPONSE_LATE	0.3657	1.6967	0.0018	0.0490
GLYCOLYSIS	0.4686	1.9176	0.0019	0.0089
OXIDATIVE_PHOSPHORYLATION	0.5960	1.9334	0.0060	0.0077
MITOTIC_SPINDLE	0.5120	1.7669	0.0061	0.0326
HYPOXIA	0.4221	1.7157	0.0170	0.0463
SPERMATOGENESIS	0.4134	1.5733	0.0203	0.0927
P53_PATHWAY	0.3614	1.5926	0.0264	0.0877
REACTIVE_OXYGEN_SPECIES_PATHWAY	0.4989	1.6784	0.0273	0.0527

ES, enrichment score; NES, normalized ES; NOM p-val, normalized p value; FDR q-val, false discovery rate q value.

Table 3 Important hallmarks enriched in the high-risk group versus low-risk group Risk Score: high risk *vs.* low risk

HALLMARK-Name	ES	NES	NOM p-val	FDR q-val
G2M_CHECKPOINT	0.7624	2.2063	0.0000	0.0023
MTORC1_SIGNALING	0.6346	2.1950	0.0000	0.0012
MYC_TARGETS_V1	0.7439	2.1411	0.0000	0.0023
E2F_TARGETS	0.7834	2.1390	0.0000	0.0017
MYC_TARGETS_V2	0.8063	2.1147	0.0000	0.0027
GLYCOLYSIS	0.5009	2.0785	0.0000	0.0031
MITOTIC_SPINDLE	0.5588	1.9556	0.0020	0.0091
UNFOLDED_PROTEIN_RESPONSE	0.5064	1.7980	0.0021	0.0358
ESTROGEN_RESPONSE_LATE	0.3504	1.6348	0.0084	0.0753
HYPOXIA	0.4254	1.7375	0.0086	0.0461
DNA_REPAIR	0.4800	1.7443	0.0123	0.0488
UV_RESPONSE_UP	0.3566	1.6012	0.0139	0.0865
REACTIVE_OXYGEN_SPECIES_PATHWAY	0.4979	1.7116	0.0203	0.0491
CHOLESTEROL_HOMEOSTASIS	0.4188	1.5833	0.0300	0.0893
PI3K_AKT_MTOR_SIGNALING	0.3793	1.4975	0.0353	0.1374

Table 4 Important hallmarks enriched in low immunoscore group versus high immunoscore group Immune infiltration levels: low vs. high

HALLMARK-Name	ES	NES	NOM p-val	FDR q-val
MYC_TARGETS_V2	0.7678	2.0505	0.0000	0.0185
MYC_TARGETS_V1	0.6698	1.9846	0.0019	0.0108
G2M_CHECKPOINT	0.6815	2.0272	0.0038	0.0108
E2F_TARGETS	0.6982	1.9809	0.0039	0.0082
GLYCOLYSIS	0.4068	1.6855	0.0145	0.0743
DNA_REPAIR	0.4579	1.7119	0.0214	0.0740
WNT_BETA_CATENIN_SIGNALING	0.4643	1.5358	0.0379	0.1080
ESTROGEN_RESPONSE_LATE	0.2963	1.4047	0.0418	0.1766
UNFOLDED_PROTEIN_RESPONSE	0.4209	1.5558	0.0461	0.1060

significantly enriched in the high-immunoscore group (see *Table 5*).

Discussion

m6A methylation is the most abundant RNA modification of eukaryotes (33), which can affect RNA metabolism through a variety of mechanisms and is associated with the occurrence and progression of many diseases. Naturally, the effect of m6A methylation on malignant tumors has attracted extensive attention (6,29,34). Shen *et al.* (34) found that the demethylase ALKBH5 can participate in the occurrence of acute myeloid leukemia by targeting the prognostic-related oncogenes such as transforming acidic coiled-coil containing protein 3 (TACC3). The regulatory role of m6A regulators in the metastasis and drug resistance of NSCLC has been studied (10-14,35); however, the correlation between m6A and the TIME has not been elucidated, and debate continues as to the effect of the total methylation level on the long-term survival of patients and its intrinsic mechanisms (14-16).

Immunotherapy has benefited numerous patients with lung cancer in recent clinical practice. The detection of protein PD-L1 level played an important role in the systemic treatment of NSCLC (36), in this study, we identified that NSCLC patients with elevated m6A methylation abundance tended to have higher levels of PD-L1 expression than patients with reduced m6A abundance, which may provide relevant guidance for PD-L1 therapy. However, many organs (skin, gastrointestinal tract, etc.) may be slightly to moderately affected during immunotherapy (37). Based on the analysis of the effect

of m6A RNA methylation on the TIME and the potential regulatory mechanisms, more clinical treatments are likely to be exploited, and more promising immunotherapy targets might be discovered, which could further improve the long-term survival of NSCLC patients, and may also be applied to the precision treatment of tumors to reduce the incidence of adverse reactions.

In this study, the expression level and co-expression pattern with mRNA/ncRNA of m6A regulators were elucidated in NSCLC. The expression levels of METTL16, Zc3h13, and FTO in tumor tissues were lower than those in normal lung tissues, while YTHDC2 expression was not significant, and the expression of 16 other regulators was significantly increased. Further, we attempted to stratify NSCLC patients using an additional methodology. Specifically, the WGCNA algorithm was used to screen out RNAs co-expressed with m6A regulators, which were used for clustering to eventually obtain 2 subtypes with differential methylation levels. METTL14, RBM15, YTHDC2, and YTHDF3 were assembled in 1 mRNA co-expression module, while WTAP, HNRNPC, LRPPRC, HNRNPA2B1, RBMX, and ALKBH5 were classified into another module. METTL, and YTHDC2 formed a co-expression network with the ncRNAs. Miscellaneous and ubiquitous ncRNAs are capable of acting as oncogenic drivers and tumor suppressors in organisms. ncRNAs modified by m6A can regulate cell proliferation and migration. Conversely, some ncRNAs can affect the expression of m6A regulators. Studies indicate that METTL3 can induce miRNA maturation by promoting the m6A modification of primary miRNA (38), which in turn can also interfere with METTL3 expression (39). Zhang

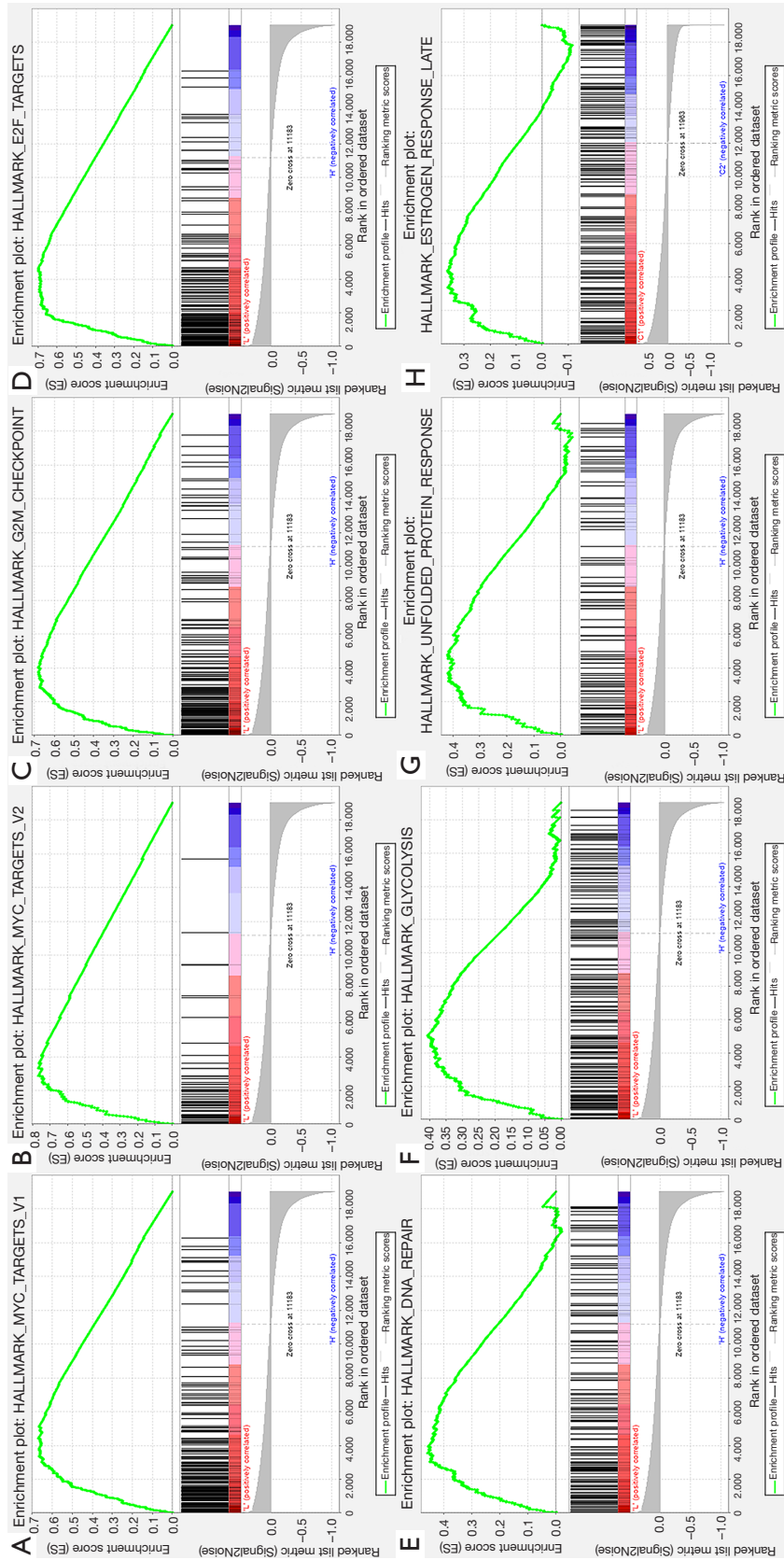


Figure 11 The GSEA results for 3 subgroups (clustering subtypes, risk, and immune score stratification). MYC targets V1 (A); MYC targets V2 (B); G2M checkpoint (C); E2F targets (D); DNA repair (E); glycolysis (F); unfolded protein response (UPR) (G), and estrogen late response pathways (H) were jointly enriched in patients with a high level of m6A methylation, low immune infiltration and high-risk score patients.

Table 5 Important hallmarks enriched in high immunoscore group versus low immunoscore group Immune infiltration levels: high vs. low

HALLMARK-Name	ES	NES	NOM p-val	FDR q-val
ALLOGRAFT_REJECTION	0.8122	2.6791	0.0000	0.0000
COMPLEMENT	0.6919	2.6637	0.0000	0.0000
INFLAMMATORY_RESPONSE	0.7326	2.6573	0.0000	0.0000
INTERFERON_GAMMA_RESPONSE	0.8162	2.5633	0.0000	0.0000
IL6_JAK_STAT3_SIGNALING	0.7437	2.5249	0.0000	0.0000
KRAS_SIGNALING_UP	0.6180	2.5041	0.0000	0.0000
IL2_STAT5_SIGNALING	0.5761	2.4576	0.0000	0.0000
INTERFERON_ALPHA_RESPONSE	0.8049	2.2724	0.0000	0.0000
COAGULATION	0.5678	2.1274	0.0000	0.0003
APOPTOSIS	0.4463	1.9010	0.0000	0.0079
TNFA_SIGNALING_VIA_NFKB	0.5936	2.0888	0.0021	0.0006

et al. (40) verified that METTL3 can stimulate excessive miR-25-3p maturation and is closely related to cigarette-induced cancer transformation in patients with pancreatic ductal adenocarcinoma. Wu *et al.* (41) found that m6A modification can trigger the dissemination of colorectal cancer cells by affecting the expression level of lncRNAs. Based on the new perspective of the mRNA/lncRNA integrated analysis, the m6A modification level can be better assessed, and the role of m6A methylation in NSCLC can also be thoroughly explored.

Based on the subsequent analysis of cluster subtypes, some meaningful conclusions can be drawn. According to the differences in OS, PD-L1, immunoscore, and immune cell infiltration, we preliminarily inferred that the m6A methylation level affected the long-term survival of patients and the TIME in NSCLC. Many regulators (METTL14, WTAP and KIAA1429, etc.) showed a consistent positive correlation with PD-L1. At the clustering level of m6A abundance, it was also concluded that NSCLC patients in cluster 1 with higher methylation abundance tended to have higher expression levels of PDL1 than cluster 2. In hepatocellular carcinoma (42), many regulators (METTL3, RBM15B and LRPPRC, etc.) were negatively correlated with regulatory T cells (Tregs) and monocytes, and positively correlated with activated CD4 T cells. Likewise, in this study, patients in cluster 1 had increased activated CD4 T cells, decreased Tregs and monocytes.

Unexpectedly, gender differences in methylation levels were statistically significant. Relevant studies on this topic are relatively scarce; however, studies have shown that

sex hormones can stimulate the growth of tumors, while estrogen receptors are differentially expressed among genders in lung cancer and can affect the prognosis of patients (43,44). Taking the results of the GSEA into consideration, we speculated that the late pathway of estrogen response might be associated with gender differences in m6A methylation, and the hallmark was significantly enriched in Cluster 1, which had a higher proportion of male patients. Using this clustering method, we observed the difference in the proportion of tumor subtypes among the cluster subgroups. Notably, Cluster 1 was closely related to lymph node metastasis and more advanced tumor stages, which are the clinicopathological features of poor prognosis. In addition, some «readers» such as HNRNPA2B1 and HNRNPC had been identified with relatively consistent changes with m6A methylation abundance, that is, patients with high expression of HNRNPA2B1 or HNRNPC were significantly enriched in cluster 1 with higher methylation abundance and poorer prognosis than cluster 2. Therefore, the m6A methylation abundance and the prognosis characteristics may be evaluated through detecting the expression levels of the above-mentioned regulators.

The prognostic risk model constructed by the integrated co-expressed RNAs was used to stratify the NSCLC patients in TCGA database to further investigate the relationship between prognostic characteristics and cluster subtypes. Cluster 1 with a shorter OS had a higher risk score. An in-depth analysis of PD-L1 expression, immunoscore, and immune cell infiltration among the

risk subgroups yielded highly consistent results with the cluster subtypes. The PD-L1 expression in Cluster 1 and the high-risk group was significantly increased, and patients in Cluster 1 had lower immunoscores, which showed a significant negative correlation with the risk scores. Immune cells with a high infiltration level in Cluster 1 had a significant positive correlation with the risk score, and immune cells with a high infiltration level in Cluster 2 had a significant negative correlation with the risk score. Consequently, we inferred that the distinct OS among cluster subtypes might be closely related to the transition of the TIME. Studies have shown that lung cancer patients with higher PD-L1 expression tend to have a poor prognosis (45) and benefit more from immunotherapy (46). Research on the correlation between PD-L1 and ubiquitous m6A methylation in NSCLC patients might extend understandings and result in more individualized treatment strategies for immunotherapy. The mutual interference between tumor cells and immune cells could trigger the reprogramming of the lung microenvironment, which may promote tumor progression and metastasis and affect reactivity to immunotherapy (47,48). However, to date, the effect of m6A methylation on the tumor microenvironment of NSCLC has not been studied. Our preliminary research showed that Cluster 2, which had a lower m6A methylation level, had a higher immune infiltration score and longer OS than Cluster 1, and hallmarks, such as complementary and inflammatory responses, were significantly enriched. Thus, m6A methylation may play an important role in immunologically “cold” tumor transition and the improvement of the long-term survival of NSCLC patients. The immunologically transition may be implemented by using “writers” and “erasers” as potential therapeutic targets to reversibly change the m6A modification abundance.

To further explore the potential mechanisms of the interaction among m6A methylation, immune infiltration, and prognosis, we stratified the NSCLC patients in TCGA database for a GSEA through these 3 patterns and found that the hallmarks of the MYC targets, the G2M checkpoint, E2F targets, DNA repair, glycolysis, and the UPR were significantly enriched in patients with higher m6A methylation levels, lower immune infiltration, and higher risk scores. He *et al.* (29) found that if modified by m6A, the MYC gene interfered with the pathogenesis and progression of tumors. The m6A modification regulated by METTL3 and FTO acts on damaged DNA sites instantly, prompting DNA damage responses (49). Yu *et al.* (50) revealed that ALKBH5 inhibited the progression of bladder

cancer and made it sensitive to cisplatin through the m6A-dependent glycolysis pathway. The UPR pathway in tumor-infiltrating immune cells may have immunosurveillance and immunosuppressive functions (51).

In summary, this study systematically assessed the effect of m6A RNA methylation on the TIME and prognosis of NSCLC patients via an RNA integration analysis. Two subtypes (Clusters 1 and 2) were identified by consensus clustering for RNAs co-expressed with m6A regulators, for which OS, the TIME, and the PD-L1 expression levels differed significantly. Risk score, which was developed from a prognostic risk model jointly constructed by co-expressed RNAs, was an independent prognostic indicator of patients with NSCLC. Subsequently, further investigations of the correlation between clustering subtypes and prognosis revealed that the TIME status of Cluster 1 (which had a higher PD-L1 expression level, lower immunoscore, and a higher level of infiltrating immune cells) was associated with higher risk scores. Thus, we speculated that m6A RNA methylation might lead to the poor prognosis of NSCLC patients by inducing changes in the immune microenvironment. MYC targets, the G2M checkpoint, E2F targets, DNA repair, glycolysis, and UPR pathways are potential regulatory mechanisms. It should be noted that our study had several limitations. First, our extrapolation was not validated externally due to a lack of sufficient available data. Additionally, the regulatory mechanisms of m6A methylation on the TIME warrant further investigation.

Conclusions

In conclusion, our study illustrated the possible mechanisms through which m6A methylation is related to the poor prognosis of NSCLC patients via interference with the TIME. As a reversible modification, m6A methylation might occupy a position in tumor immunotherapy in the future (e.g., by turning immunologically “cold” tumors “hot”), which could further improve the prognosis of patients.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://dx.doi.org/10.21037/atm-21-4248>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work, including ensuring that questions related to the accuracy or integrity of any part of the work have been appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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