

Case Report

A novel disease-causing mutation in *AVPR2*: Q96H

Mathieu Lemaire¹, David Chitayat^{2,3}, Denis F. Geary^{1,2}, Daniel G. Bichet^{4,5} and Christoph Licht^{1,2}

¹Division of Nephrology, The Hospital for Sick Children, ²University of Toronto, ³Prenatal Diagnosis and Medical Genetics Program, Mount Sinai Hospital, Toronto, Ontario, ⁴Department of Medicine and Physiology, Faculty of Medicine, Université de Montréal and ⁵Centre de recherche, Hôpital du Sacré-Cœur de Montréal, Montreal, Quebec, Canada

Abstract

A 4-month-old male infant was diagnosed with nephrogenic diabetes insipidus (NDI). Genetic testing of the arginine vasopressin receptor-2 (*AVPR2*) yielded a novel X-linked mutation, termed Q96H, in both the proband and his mother; there was no family history. Protein sequence comparison between *AVPR* subtypes shows that Q96 is part of a highly conserved motif. Many other disease-causing mutations, confirmed with *in vitro* expression studies, map to surrounding residues. Molecular modelling studies showed that the equivalent residue in *AVPR1* is likely critical for vasopressin binding. We posit that Q96 must be important for the integrity of *AVPR2* function.

Keywords: *AVPR2*; DDAVP; nephrogenic diabetes insipidus; vasopressin

Introduction

Diabetes insipidus (DI) is a likely diagnosis for a child presenting with dehydration, high plasma sodium (P_{Na}) and osmolality (P_{Osm}) and inappropriately low urine osmolality (U_{Osm}) [1]. Because infants with DI are only mildly hypovolaemic, the degree of polyuria is often underappreciated on initial history [1]. The two forms of DI (nephrogenic and central) are distinguished by administering exogenous vasopressin (DDAVP): failure to increase urine osmolality is diagnostic for nephrogenic DI (NDI) [1].

The goal of NDI therapy is to promote the overall water balance. This is achieved using liberal administration of water, reduction in dietary salt intake and attenuation of the urine output with adjunct medications (hydrochlorothiazide with or without indomethacin and/or potassium-sparing diuretics) [2]. Mutations in the *AVPR2* are a likely cause for NDI [3].

In this report, we present a case of NDI who harbours a novel missense mutation in the transmembrane domain 2

(TM-2) of *AVPR2*. Based on the results of expression studies done with mutant homologous receptors, Q96 is predicted to be important for the integrity of *AVPR2*'s interaction with vasopressin, its cognate ligand.

Case report

The patient presented at 4 months of age, born at term from a healthy mother, with a prolonged history of lethargy, poor feeding, vomiting, irritability and poor weight gain, all of which were noted during the first month of life. On presentation, heart rate was 140 beats/min, respiratory rate 40 breaths/min, blood pressure 82 mmHg/pulse and temperature 36.7°C. Mucus membranes and capillary refill were normal. Birth and current weights were 3.7 kg (50th percentile for age) and 5.6 kg (10th), respectively. Family history was negative for renal diseases, and the parents were unrelated (Figure 1a). The most salient laboratory abnormalities were high P_{Na} (153 mmol/L) and P_{Osm} (315 mOsm/kg H_2O). After admission, persistently high volumes of dilute urine were noted (20–23 ml/kg/h; U_{Osm} 80 mOsm/kg H_2O). Urine sodium was undetectable. NDI was confirmed after two failed trials of DDAVP. After starting NDI therapy, urine output decreased to 3–4 ml/kg/h, and both P_{Na} and P_{Osm} normalized. When seen at 24 months, the patient was doing well, P_{Na} and P_{Osm} were still in the normal range and his weight was up to 15.6 kg (50th percentile).

Results and discussion

Genetic testing was performed to clarify the etiopathology of this infant's NDI. DNA extraction, amplification and direct sequence analysis from a blood sample were performed according to the standard protocol [4]. Sequence analysis of the *AVPR2* gene revealed a novel missense mutation, referred to as Q96H (glutamine → histidine). The mother carries the same X-linked mutation (Figure 1b). Genetic counselling was provided to the mother and the maternal aunt (who was not tested and has no children).

As of 2008, there are 193 distinct disease-causing *AVPR2* mutations described in 307 NDI families (Figure 2a) [3].

Correspondence and offprint requests to: Christoph Licht, Division of Nephrology, The Hospital for Sick Children, 555 University Avenue, Toronto, Ontario M5G 1X8, Canada. Tel: +1-416-813-7654, Ext. 2058; Fax: +1-416-813-6271; E-mail: christoph.licht@sickkids.ca

Conclusion

Herein, we present a case of NDI whose symptomatology appears to be due to a novel disease-causing mutation in TM-2, termed Q96H. Based on comparative analysis of analogous peptides, the expected impact of Q96H on AVPR2 is to reduce significantly the efficacy of the ligand vasopressin in activating the downstream signalling pathway. Further studies of the mutant protein expressed in an *in vitro* system will be required to elucidate in detail the functional relevance of the reported novel *AVPR2* mutation.

Conflict of interest statement. None declared.

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