Clinical and epidemiological research

EXTENDED REPORT

ABSTRACT

Changes in the anticitrullinated peptide antibody

response in relation to therapeutic outcome in early

rheumatoid arthritis: results from the SWEFOT trial

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patients testing positive declined significantly regarding antibodies to cVim, cFib and CEP-1, while anti-CCP antibody occurrence remained stable over time. Turning anti-cVim antibody negative was most common, and anticVim antibody seroreversion during the first three months associated with significantly less 2-year radiographic progression compared with patients who remained positive. Median antibody levels of all tested ACPAs declined uniformly during initial methotrexate therapy and following response to add-on therapy, with no significant

Objective To determine the relationship between

derived from different candidate autoantigens and

patients with early RA enrolled in the Swedish

changes in antibody levels towards citrullinated peptides

therapeutic outcome in early rheumatoid arthritis (RA).

Methods Baseline and 3-month serum samples from 316

Farmacotherapy (SWEFOT) trial were analysed for antibodies

peptides derived from vimentin (cVim), fibrinogen (cFib) and

against cyclic citrullinated peptides (CCP) and citrullinated

 α -enolase (CEP-1). At 3-month follow-up, methotrexate

monotherapy-inadequate responders were randomised to

add-on therapy with sulfasalazine and hydroxychloroguine

or infliximab. In these patients, anticitrullinated peptide

24 months. The proportion of antibody-positive patients

Results During the 2-year follow-up, the proportion of

and relative changes in antibody levels were compared

across ACPA specificities and related to therapeutic

response and radiographic progression.

antibodies (ACPA) were also assessed at 12 and

relation to treatment regimen or radiographic progression. **Conclusions** The influence of early antirheumatic therapy on ACPA seroreversions was markedly different across specificities, and early disappearance of anti-cVim antibodies associated with better radiological outcome. Thus, these data suggest that the disappearance of particular ACPA reactivities may be beneficial in early RA. Trial registration number WHO database at the Karolinska institute: CT20080004; and clinicaltrials.gov: NCT00764725.

INTRODUCTION

The discovery of autoantibodies recognising citrullinated proteins (ACPA) and the development of serological tests for their detection (most notably the cyclic citrullinated peptide (CCP) ELISA tests) have improved the ability to diagnose rheumatoid arthritis (RA) at an early stage and to identify patients at increased risk of a severe disease course.¹ These clinically very useful tests do not, however, formally address the question of which specific citrullinated autoantigens are targeted.² More recently, it has been demonstrated by several groups that antibodies towards immunodominant citrullinated epitopes of different candidate autoantigens can be detected by assays using citrullinated peptides derived from these different autoantigens, and that such antibodies have only a limited cross-reactivity with each other^{3 4} and are subject to different genetic regulations.⁵ ⁶ It has also been demonstrated that antibodies to different citrullinated peptides emerge at different stages and with different dynamics prior to the clinical onset of RA.7

The increased knowledge concerning ACPAs has encouraged a number of studies addressing changes in ACPA levels in relation to therapeutic response (reviewed by Modi et al).⁹ This topic is relevant not only because of direct clinical applications but because it may also provide indirect evidence for the pathogenicity of different ACPAs. Findings so far, however, have been quite disappointing in both respects. Still, the majority of published studies concern either longstanding disease or observational cohorts, and to our knowledge, longitudinal data regarding different ACPA fine specificities in patients with early RA receiving standardised therapy are still lacking. Hence, we set out to analyse the antibody response to immunodominant citrullinated peptides from three candidate autoantigens, in addition to anti-CCP IgG, in the Swedish Farmacotherapy (SWEFOT) trial, a Swedish randomised 2-year clinical trial in early RA, where patients were treated with methotrexate (MTX) for 3 months followed by randomisation of inadequate responders to add-on therapy with either sulfasalazine (SSZ) and hydroxychloroquine (HCQ) or infliximab (IFX).¹⁰ The aims of the study were (i) to characterise changes in the ACPA response during standardised therapy in early RA, both in terms of levels and occurrence, and (ii) to relate changes in ACPA levels and occurrence to clinical outcomes, such as therapeutic response and radiographic joint damage.

PATIENTS AND METHODS

Patients

Serum samples from baseline and 3-month follow-up were available from 316 out of the 487



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patients (64.9%) enrolled in the SWEFOT trial, a randomised non-blinded study described in detail elsewhere.¹⁰ In brief, disease-modifying antirheumatic drug (DMARD)-naive patients with RA with symptom duration <1 year were treated with MTX for 3 months, followed by randomisation to add-on therapy with either SSZ and HCQ or IFX in patients with a 28-joint disease activity score (DAS28) >3.2 at the 3-month evaluation. Longitudinally collected serum samples (months 0, 3, 12 and 24) were available from 139 out of the 258 (54%) randomised patients. Baseline characteristics are shown in table 1. Therapeutic response was classified according to the criteria of the European League against Rheumatism (EULAR).¹¹ Radiographic progression was determined by the van der Heijde modification of the Sharp score (SHS), as determined on radiographs of hands and feet taken at 0 and 24 months.¹² All patients gave informed consent.

Laboratory analyses

Presence and levels of anti-CCP2 antibodies were analysed in serum samples using the second-generation ELISA (Immunoscan CCPlus, EuroDiagnostica AB, Malmö, Sweden) according to the manufacturer's instructions with a cut-off level of 25 arbitrary units (AU)/mL. Antibodies to citrullinated peptides derived from human α -enolase (amino acid (aa) 5-21, CEP-1), vimentin (aa 60-75, cVim) and fibrinogen (aa 36-52, cFib) were analysed using in-house ELISAs as previously described.³ Cut-off levels were set according to the 98th centile among 150 non-RA controls and subsequently converted to 10 AU/mL for all ACPA fine specificities.⁵ Serum samples were stored at -70°C until use, and all samples from each individual were analysed on the same ELISA plate. Any sample that reached the upper limit of the respective ELISA (10% of anti-CCP tests and 1.0-1.6% regarding ACPA fine specificities) was further diluted and reanalysed. The dilution at which the optical density plotted close to the centre of the linear part of the standard curve was used to set the new value in terms of AU/mL. In order to avoid interassay variability, all samples from patients who had ≥ 1 sample at the upper detection limit were reanalysed.

Statistical analyses

For each antibody, absolute levels were compared across different time points using Wilcoxon's signed-rank test. To enable comparison between different ACPA specificities, as the units are not identical, relative changes in antibody levels were also calculated. Only patients testing positive at the reference time point, regarding the particular antibody specificity, were included. Differences in patient characteristics, therapeutic responses or radiological progression between patients with serum samples available and those without were analysed by the χ^2 test regarding categorical variables and Mann–Whitney U test regarding continuous variables.

Relative changes in antibody levels were then compared according to ACPA specificity, therapeutic response, treatment regimen and radiographic progression by Mann–Whitney U test. Anti-cVim seroreversion was also evaluated using a logistic regression model, where radiographic progression was dichotomised according to SHS increase >1 or >5, respectively,¹³ adjusted for baseline DAS28, baseline erosions, current smoking status, sex and EULAR response at 3 months. Therapeutic response according to EULAR criteria was dichotomised into responders and non-responders. During add-on therapy, the study protocol allowed switching between therapy groups, and we chose to categorise patients according to the therapy

regimen evaluated at the time point of interest, regardless of previous switching.

The proportion of positive ACPA tests over time was analysed by McNemar's test and across ACPA specificities by Fisher's exact test. Changes in erythrocyte sedimentation rate (ESR), C-reactive protein (CRP) level and DAS28 among EULAR nonresponders were evaluated with paired t test. Non-parametric correlations were performed to evaluate the relation between changes in antibody levels, ESR/CRP and radiographic progression, respectively. The relationship between the numbers of ACPAs present at baseline and DAS28 were tested by one-way analysis of variance (ANOVA) with Bonferroni post hoc tests and ANOVA for repeated measurements. Two-sided p values <0.05 were considered significant throughout. The statistical analyses were performed using SPSS for Windows V.20.

RESULTS

Descriptive characterisation of the ACPA response during early RA

Patient characteristics are shown in table 1. We found no significant differences between patients with serum samples available, compared with those without, regarding the clinical characteristics shown in table 1, EULAR response rates at months 3 and 12 or median 2-year difference in SHS (p>0.05 for all). Changes in ACPA levels during follow-up, in baseline antibodypositive patients subsequently receiving add-on treatment, are shown in figure 1. Absolute levels of all tested ACPAs declined both during months 0-3 (p<0.001 for all specificities) and months 3-12 (p<0.001 regarding anti-CCP, p<0.01 regarding anti-CEP-1, anti-cVim and anti-cFib antibodies), while no significant change could be detected for any ACPA during months 12-24. As shown in figure 2, the proportion of patients testing positive declined significantly between 0 and 24 months regarding anti-CEP-1 (40.9% vs 28.2%, p=0.002), anti-cVim (31.2%) vs 13.0%, p<0.001) and anti-cFib antibodies (29.7% vs 22.2%, p=0.019), whereas anti-CCP antibody status remained unaltered (69.8% vs 67.6% positive, p=0.45). Reversion from positive at baseline to negative at 2 years was significantly more common regarding anti-cVim (26 out of 43) compared with anti-CEP-1 (20 out of 54, p=0.026), anti-cFib (15 out of 41, p=0.032) and anti-CCP antibodies (5 out of 97, p<0.0001), respectively. Among patients testing negative at baseline, one (1%) had turned positive at the 24-month follow-up regarding anti-cVim antibodies, four (5%) regarding anti-CEP-1, five (4%) regarding anti-cFib and three (5%) regarding anti-CCP antibodies.

Relative changes in ACPA levels in baseline antibody-positive patients subsequently receiving add-on treatment are detailed in online supplementary table S1. There were no statistically significant differences in relative changes between ACPA specificities during any follow-up period.

ACPA response in relation to therapeutic response

The relative changes in different ACPAs in relation to MTX response are depicted in figure 3A. Median antibody declines were non-significantly greater in EULAR responders compared with EULAR non-responders regarding all ACPA specificities. During add-on therapy, that is, months 3–12, levels of all ACPAs showed greater declines among responders compared with non-responders, reaching statistical significance for anti-cVim (p=0.034) and anti-CCP IgG (p=0.025), and borderline significance for anti-CEP-1 IgG (p=0.075) (figure 3B). We also tested whether relative changes in ACPA levels correlated to changes in DAS28 or inflammatory markers (detailed in online supplementary table S1).

Table 1 Patient characteristics according to treatment modality

	Initial MTX monotherapy (months 0–3, n=316)	Add-on DMARD combination (months 3–12, n=55)	Add-on TNF inhibitor (months 3–12, n=84)		
Women (%)	231 (73)	45 (82)	64 (76)		
Disease duration, mean months (SD)	6.2 (4.8)	5.8 (3.0)	6.2 (3.4)		
Rheumatoid factor positive (%)	213 (67)	37 (67)	53 (63)		
Concurrent low-dose prednisolone (%)	42 (13)	6 (11)	8 (10)		
DAS28, mean (SD)	5.7 (1.0)	5.9 (1.0)	6.0 (1.0)		
DAS28 at 3 months, mean (SD)	4.0 (1.4)	4.7 (1.0)	5.0 (1.0)		
Erosions, n (%)*	107 (38)	22 (45)	27 (36)		
Median anti-CCP level, AU/mL (IQR)†	811 (259–2147)	874 (234–2556)	743 (187–1883)		
Median anti-CEP-1 level, U/mL (IQR)†	50.7 (21.3–119.5)	45.8 (20.8–113.7)	46.0 (20.4–103.4)		
Median anti-cVim level, U/mL (IQR)†	22.7 (14.4–40.8)	25.3 (11.2–31.6)	20.4 (14.6–38.3)		
Median anti-cFib level, U/mL (IQR)†	32.6 (18.6–64.1)	40.7 (18.2–64.1)	23.3 (15.3–46.8)		
Median number of ACPAs, median (range)	2 (0–4)	2 (0-4)	1 (0-4)		

Baseline values are given unless otherwise indicated. *Data available from 282, 49 and 75 patients, respectively.

†Among positive patients only.

ACPA, anticitrullinated protein antibody; CCP, cyclic citrullinated peptide; CEP-1, citrullinated α -enolase peptide-1; cFib, citrullinated fibrinogen peptide; cVim, citrullinated vimentin peptide; DAS28, 28-joint disease activity score; DMARD, disease-modifying antirheumatic drugs; MTX, methotrexate; TNF, tumour necrosis factor.

As non-responders to add-on triple therapy or tumour necrosis factor (TNF) inhibitor demonstrated less pronounced ACPA declines than non-responders to initial MTX monotherapy (figure 3A, B), we wanted to test whether small improvements had occurred although EULAR response criteria were not met. Indeed, there were small but statistically significant improvements among non-responders to initial MTX monotherapy regarding ESR (mean difference -7 mm/h, p=0.001), CRP (-9 mg/L, p=0.001) and DAS28 (-0.2, p=0.001), whereas no significant differences were found regarding non-responders to add-on therapy (p>0.2 for all).

Next, we related changes in antibody levels during months 3-12 to add-on treatment modality within the same time period. No significant differences were found between patients receiving add-on DMARDs compared with those that received IFX (figure 4). Likewise, using a dichotomous definition (positive/ negative), neither the 0-month and 3-month ACPA status nor ACPA reversion associated with EULAR response at 3 or



Relative change in levels of different anticitrullinated protein Figure 1 antibody (ACPA) specificities in patients with early rheumatoid arthritis receiving add-on therapy at 3 months. For each ACPA specificity, only patients testing positive at baseline were included. ***p<0.001, *p<0.01, n.s., not significant, as tested by non-parametric statistics on absolute antibody levels. CCP, cyclic citrullinated peptide; CEP-1, citrullinated α -enolase peptide-1; cVim, citrullinated vimentin peptide; cFib, citrullinated fibrinogen peptide; MTX, methotrexate; DMARD, disease-modifying anti-rheumatic drugs; TNFi, tumour necrosis factor inhibitor.

12 months (data not shown). In these analyses, patients who switched treatment group (12 patients positive for anti-CCP, 6 for anti-CEP-1, 4 for anti-cVim and 3 for anti-cFib antibodies) were categorised according to the therapy evaluated at the 12-month visit, and importantly the change in ACPA levels was very similar among patients who switched (all but one switched from DMARD combination to IFX) compared with patients treated with the same drug throughout the whole 9-month period (data not shown).

Finally, the number of ACPA specificities present at baseline was related to EULAR responses and DAS28 over time. There was a statistically significant difference in baseline DAS28 according to the number of ACPAs present (p=0.035), where post hoc tests showed that patients testing positive for two ACPAs tended to have lower DAS28 compared with those with



Status of different anticitrullinated protein antibody Figure 2 specificities at different time points in early rheumatoid arthritis. Only patients receiving add-on therapy were included (n=139). *p=0.019, *p=0.002, ***p<0.001, comparing 0-24 months. CCP, cyclic citrullinated peptide; CEP-1, citrullinated α -enolase peptide-1; cVim, citrullinated vimentin peptide; cFib, citrullinated fibrinogen peptide.



Figure 3 Relative changes in antibody levels in relation to treatment response after 3 months of methotrexate therapy (A) and after 9 months of add-on therapy (B) in early rheumatoid arthritis. CCP, cyclic citrullinated peptide; CEP-1, citrullinated α -enolase peptide-1; cVim, citrullinated vimentin peptide; cFib, citrullinated fibrinogen peptide.

four ACPAs (p=0.068) and compared with those without any of the tested ACPAs (p=0.067). ANOVA for repeated measurements showed no significant impact of the number of ACPAs on DAS28 during follow-up (p=0.82; see online supplementary figure S1). The number of ACPAs present at baseline was not related to EULAR responses at 3 or 12 months (data not shown).

ACPA response in relation to radiographic progression

Change in antibody status within the first three months was related to radiographic progression during 2 years (table 2). Reversion from positive to negative regarding anti-cVim antibody status was associated with lower total SHS at 2 years

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Figure 4 Relative changes in antibody levels during months 3–12 in relation to add-on therapy regimen following inadequate response to methotrexate in early rheumatoid arthritis. CCP, cyclic citrullinated peptide; CEP-1, citrullinated α -enolase peptide-1; cVim, citrullinated vimentin peptide; cFib, citrullinated fibrinogen peptide; DMARD, disease-modifying anti-rheumatic drugs; TNF, tumour necrosis factor.

and a lower rate of radiographic progression compared with those who remained positive (p=0.012 and 0.015, respectively), while no significant differences were found regarding anti-cFib and anti-CEP-1 antibody seroreversions (table 2). Anti-cVim antibody seroreversion remained associated with less occurrence of radiological progression after adjusting for baseline DAS28, baseline erosions, current smoking status, sex and EULAR response at 3 months (p=0.005 for SHS progression >1 and p=0.013 for SHS progression >5, respectively).

We also tested whether the number of ACPAs present at baseline was related to radiographic progression. Median SHS progression differed significantly according to number of ACPAs present (p=0.010), but not when analysing patients with ≥ 1 ACPA only. As anti-CCP IgG was present in 98% of the patients with ≥ 1 ACPA, we expected anti-CCP antibodies to be the strongest baseline predictor of radiographic progression. Indeed, patients with anti-CCP antibodies at baseline had a larger median 2-year increase in SHS (p=0.001) than anti-CCP antibody-negative patients. This was also seen regarding antibodies to cFib (p=0.022), while the differences did not reach statistical significance regarding anti-CEP-1 and anti-cVim antibodies (p=0.079 and 0.13, respectively). In a multivariate model including all ACPAs and the adjustments described above, only anti-CCP antibody occurrence remained significantly associated with SHS progression >1 (p=0.024), while the ACPA fine specificities did not (p>0.28 for all). The latter was not altered by removing anti-CCP antibody status from the model. No significant correlations were found between relative changes in ACPA levels of any specificity and the 2-year SHS, or 2-year radiographic progression (data not shown).

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Anti-cVim				Anti-CEP-1			Anti-cFib					
0-/3-months antibody status	—/— (n=178)	+/— (n=21)	+/+ (n=54)	p Value*	—/— (n=153)	+/— (n=14)	+/+ (n=85)	p Value*	—/— (n=179)	+/— (n=12)	+/+ (n=60)	p Value*
SHS total score at baseline	1 (0–6)	1 (0–4.5)	2 (0–5)	0.66	1 (0–5)	2.5 (0–6)	2 (0–6.5)	0.73	1 (0–5)	4 (0–7.5)	3 (0–6)	0.81
SHS total score at 2 years	4 (0–12)	0 (0–10.5)	7 (3.8–13.3)	0.012	4 (0–10)	5 (0–13.5)	9 (3–16)	0.33	4 (0–10)	9 (4–21)	9.5 (2–13.8)	0.72
Change in total score during 2 years	1 (0–6)	0 (0–4)	4 (0–10.3)	0.015	1 (0–5)	1.5 (0–7)	4 (0–11.5)	0.65	1 (0–5)	5 (0–13.3)	3.5 (0–9)	0.59

Values are median (IQR) van der Heijde modified Sharp score (SHS).

*As calculated by Mann-Whitney U test comparing +/- and +/+.

ACPA, anticitrullinated protein antibody; cVim, citrullinated vimentin peptide; CEP-1, citrullinated α-enolase peptide-1; cFib, citrullinated fibrinogen peptide.

DISCUSSION

In this longitudinal investigation of multiple ACPA specificities in early RA, we found substantial heterogeneity in how different ACPAs disappear from the circulation upon antirheumatic therapy. In contrast to anti-CCP IgG, all tested ACPA fine specificities showed declining occurrence over time. Anti-cVim antibodies were the most common to revert from positive to negative, and their early disappearance associated with less radiological progression. Thus, the current study suggests that the disappearance of particular ACPA reactivities may be beneficial in early RA.

With regards to changes in ACPA levels, we found that levels of all ACPAs declined independent of therapeutic response during the first three months of MTX treatment. Whether this phenomenon is specific for MTX monotherapy, or a result of initial antirheumatic therapy per se, or even a consequence of the longitudinal course of disease, cannot be determined as no control group to MTX monotherapy was included. In line with our data, Mikuls et al¹⁴ found that anti-CCP antibody reduction was associated with early disease, but not with therapeutic response to oral DMARDs. Also, Rönnelid et al¹⁵ reported significant anti-CCP antibody declines during the first year of early RA, without association to therapeutic response to oral DMARDs. In contrast, Böhler et al¹⁶ described response-associated ACPA declines in an RA cohort with mean disease duration of >5 years, but found no relation to disease duration. In a Canadian early arthritis cohort, anti-CCP antibody fluctuations did not relate to clinical outcome.¹⁷ Differences in study populations and follow-up strategies might underlie these somewhat discrepant results.

Our finding that anti-cVim antibodies were the most frequent ACPA specificity to disappear from the circulation is in line with previously published data concerning the related anti-Sa antibody in a North American early polyarthritis cohort.¹⁸ In contrast, two smaller studies found stable occurrence of autoantibodies to vimentin-derived citrullinated antigens over 3 and 7 years of early RA, respectively.^{19 20} Rantapää-Dahlqvist and coworkers found declining levels of antibodies to mutated citrullinated vimentin (MCV) in patients with early RA who responded to therapy,²¹ while Guzian *et al*¹⁸ reported an equally severe disease course in patients with polyarthritis turning negative for anti-Sa antibodies compared with those remaining positive. With regards to prediction of radiological outcome, baseline testing for different ACPA specificities has previously shown little value if the anti-CCP antibody status was known.^{22–24} However, there are a number of reports suggesting a more pronounced association between antibodies to vimentinderived citrullinated antigens and radiological progression.²⁵⁻²⁷

In addition, anti-MCV antibodies were recently shown to directly mediate bone resorption.²⁸ Against this background, it is intriguing to see that our study clearly demonstrates an association between the early disappearance of specific anti-cVim antibodies and less radiological progression, also after adjustments for other known predictors such as baseline joint damage and current smoking.¹³

Interestingly, we observed a trend towards greater decline in ACPA levels among responders to add-on therapy compared with non-responders, regardless of whether therapeutic response was achieved by DMARD combination therapy or addition of a TNF inhibitor. We have no apparent explanation as to why non-responders demonstrate declining ACPA levels during the first three months of MTX monotherapy, but not during non-response to add-on triple therapy or TNF inhibitor. One very speculative explanation to the disparate response associations between therapy regimens (and time points) could be that there are qualitative differences in ACPAs affected by the initial therapy, compared with ACPAs declining later, or in response to intensified therapy. Such qualitative differences could include, for instance, antibody isotype/subclass, glycosylation pattern or avidity,^{29 30} which in turn may influence the pathogenic potential of the autoantibodies. The fact that non-responders to MTX, in contrast to add-on therapy non-responders, experienced slight improvements in ESR, CRP and DAS28 may have also influenced these findings.

We found that the propensity of the different ACPAs to revert from positive to negative was anti-cVim>anti-CEP-1=anticFib>anti-CCP despite similar relative changes in antibody levels. Thus, one could argue that differences in cut-off procedures underlie these findings, but the in-house citrullinated peptide ELISA assays used for detecting anti-cVim, anti-cFib and anti-CEP-1 antibodies have the same reference sample and cut-off limit (98th centile among 150 non-RA controls). Moreover, since the commercial anti-CCP ELISA kit uses an even more stringent cut-off, corresponding to the 99th centile among 260 blood donors and the 98th centile among 521 disease controls, this actually strengthens the differences observed between anti-CCP antibodies and the ACPA fine specificities. Thus, anti-CCP antibodies likely act as surrogate markers not only for antibodies against CEP-1, cVim and cFib but also for ACPAs targeting other citrullinated antigens, not investigated here, and that may remain unaltered during pharmacotherapy. At the same time, one cannot rule out the possibility that other ACPA specificities, not investigated by us, would demonstrate even more decrease and seroreversion, in response to therapy, than we could observe for anti-cVim antibodies.

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A weakness of the current study is that a substantial proportion of patients did not have serum samples available from all follow-up visits. There are, however, no differences in clinical characteristics, response patterns or radiological progression between those who had available serum samples and those who had not. Therefore, we believe that this fact is unlikely to have a major influence on the results.

We conclude that the effect of early antirheumatic therapy on circulating ACPAs is markedly different across different antibody specificities with regards to seroreversion. The association between the disappearance of anti-cVim antibodies after 3 months and less radiological progression at 24 months should encourage further work to explore the prognostic potential of repeated measurements of different ACPA specificities in early RA.

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