Thymic crosstalk coordinates medulla organization and T-cell tolerance induction

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The thymus ensures the generation of a functional and highly diverse T-cell repertoire. The thymic medulla, which is mainly composed of medullary thymic epithelial cells (mTECs) and dendritic cells (DCs), provides a specialized microenvironment dedicated to the establishment of T-cell tolerance. mTECs play a privileged role in this pivotal process by their unique capacity to express a broad range of peripheral self-antigens that are presented to developing T cells. Reciprocally, developing T cells control mTEC differentiation and organization. These bidirectional interactions are commonly referred to as thymic crosstalk. This review focuses on the relative contributions of mTEC and DC subsets to the deletion of autoreactive T cells and the generation of natural regulatory T cells. We also summarize current knowledge regarding how hematopoietic cells conversely control the composition and complex three-dimensional organization of the thymic medulla.

Keywords: autoimmune regulator, dendritic cells, medulla, medullary thymic epithelial cells, natural regulatory T cells, negative selection, T-cell tolerance, thymic crosstalk

Introduction

Healthy individuals mount effective T-cell immune responses directed against pathogens while avoiding autoimmune attacks directed toward self-antigens. The random generation of the T-cell receptor (TCR) repertoire results in the production of autoreactive TCRs, which necessitates their selection in the thymus (1). Anatomically, the thymus is compartmentalized into an outer region called the cortex and an inner region called the medulla. The cortex supports early stages of T-cell differentiation, including the positive selection of CD4$^+$ and CD8$^+$ thymocytes. Nonetheless, the cortex also supports a substantial loss of DP thymocytes that are specific for ubiquitous self-antigens (2, 3). The medulla sustains the induction of T-cell tolerance, which is established by two distinct main mechanisms: negative selection (also known as clonal deletion) of potentially hazardous autoreactive T cells, and the production of natural regulatory T (nTreg) cells. Negative selection consists of the deletion of immature T cells bearing TCRs, which are highly reactive against self-antigens (4, 5). Although this process is remarkably efficient, it cannot completely purge the TCR repertoire of self-reactive specificities and thus allows potentially hazardous T cells to reach the periphery. To control potential deleterious effects of autoreactive T cells that have escaped the negative selection process, the thymus produces a specific subset of T cells called nTregs. This cell type belongs mainly to the CD4$^+$ T-cell lineage and specifically expresses the transcription factor forkhead box P3 (FOXP3), which is essential for their development and function (6). The induction of T-cell tolerance is established within the medullary microenvironment, which is composed of a dense 3D network of
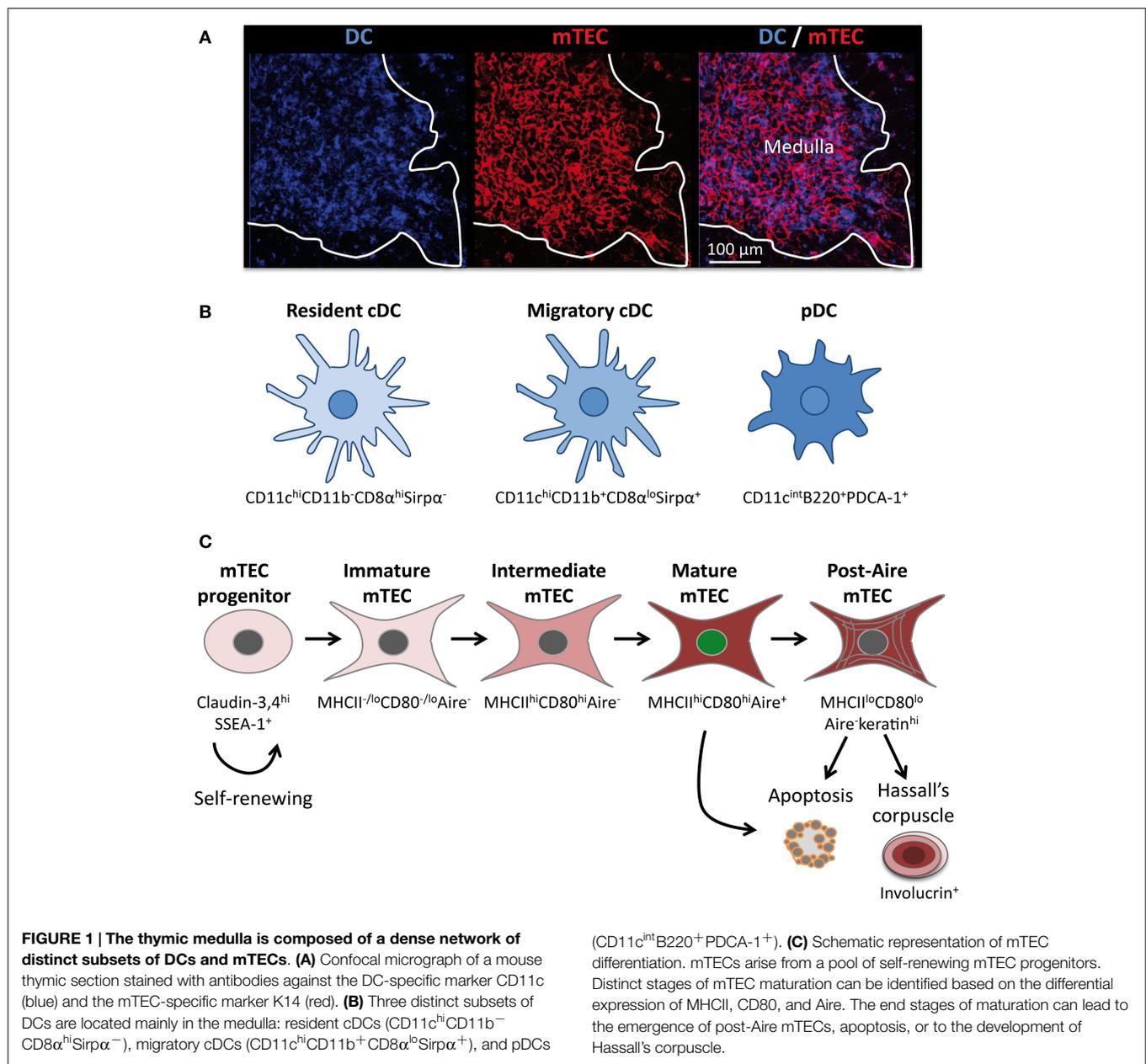
antigen-presenting cells (APCs), namely thymic dendritic cells (DCs) and medullary thymic epithelial cells (mTECs) (**Figure 1A**). In this review, we discuss our current knowledge regarding the phenotypic features of the different subsets of thymic DCs and mTECs as well as their relative contribution to the induction of T-cell tolerance. We also summarize recent progress in our understanding of the thymic crosstalk that sustains the composition and complex three-dimensional (3D) organization of the medulla.

Thymic Medullary APCs Involved in T-Cell Tolerance Induction

Features of Thymic DCs
In the thymus, DCs represent only approximately 0.5% of the total thymic cells, which is less than that in other lymphoid

organs. Although peripheral DCs have been long described as heterogeneous, only recently thymic DCs have also been shown to constitute a heterogeneous cell population. It is now accepted that thymic DCs comprise three distinct subsets: two conventional DC (cDC) subsets and plasmacytoid DCs (pDCs) (**Figure 1B**) (7). The two subsets of cDCs, which express high levels of CD11c, have different origins and can be distinguished based on specific cell surface markers. The $CD11b^- CD8\alpha^{hi} Sirp\alpha^-$ (signal regulatory protein α) cDCs develop intrathymically and are commonly termed intrathymic or resident cDCs. In contrast, the $CD11b^+ CD8\alpha^{lo} Sirp\alpha^+$ cDCs have a myeloid origin and continuously migrate from the periphery via the blood circulation into the thymus (8). They are referred to as extrathymic or migratory cDCs. Under steady-state conditions, resident and migratory cDCs represent two-thirds and one-third of the thymic

FIGURE 1 | The thymic medulla is composed of a dense network of distinct subsets of DCs and mTECs. **(A)** Confocal micrograph of a mouse thymic section stained with antibodies against the DC-specific marker CD11c (blue) and the mTEC-specific marker K14 (red). **(B)** Three distinct subsets of DCs are located mainly in the medulla: resident cDCs ($CD11c^{hi} CD11b^- CD8\alpha^{hi} Sirp\alpha^-$), migratory cDCs ($CD11c^{hi} CD11b^+ CD8\alpha^{lo} Sirp\alpha^+$), and pDCs ($CD11c^{int} B220^+ PDCA-1^+$). **(C)** Schematic representation of mTEC differentiation. mTECs arise from a pool of self-renewing mTEC progenitors. Distinct stages of mTEC maturation can be identified based on the differential expression of MHCII, CD80, and Aire. The end stages of maturation can lead to the emergence of post-Aire mTECs, apoptosis, or to the development of Hassall's corpuscle.

cDCs, respectively (7). Resident cDCs arise from a common T/DC precursor and reside exclusively in the thymus throughout their long life (7, 9, 10). They express CD8α mRNA and display CD8αα homodimers at their surface. In contrast, migratory cDCs do not synthesize CD8α mRNA, and the low expression level of CD8α observed at the surface of this cell type is a consequence of the uptake of cell surface CD8αβ heterodimers from thymocytes (11). Strikingly, following their migration in the thymus, migratory cDCs upregulate CD80 and CD86 costimulatory molecules as well as CD11c and MHCII molecules (8). In addition, in contrast to resident cDCs, migratory cDCs proliferate extensively and mature in interdigitating cDCs. Consequently, migratory cDCs overall exhibit a more activated phenotype compared with their resident counterparts (12).

The third subset of thymic DCs corresponds to pDCs, which continuously migrate to the thymus via the bloodstream. They are defined as CD11c^{int}B220$^+$PDCA-1$^+$ and represent approximately 30% of the total thymic DCs (**Figure 1B**). Like their immature counterparts in the periphery, thymic pDCs present a plasmacytoid morphology rather than a dendritic morphology. Upon migration in the thymus, pDCs enlarge and adopt a semi-mature phenotype via the upregulation of CD11c and MHCII molecules (8). Moreover, they express high levels of Toll-like receptors (TLR) 7 and 9 and low levels of TLR 2, 3, and 4 (13). Overall, migratory DCs, i.e., pDCs and cDCs, represent 50% of the total thymic DCs. Parabiosis experiments have shown that migratory DCs are localized in the medulla and at the cortico-medullary junction (CMJ) (8). Antigen-loaded peripheral pDCs were found to be localized preferentially at the CMJ upon their migration in the thymus (14). Intriguingly, both pDCs and migratory cDCs change their phenotype shortly after entering the thymus, suggesting that the medullary microenvironment provides specific factors that contribute to the functional specification of these DC subsets. The identity of these factors that drive the maturation as well as the extensive proliferation of migratory DCs remains elusive.

Features of mTECs

Similarly to DCs, mTECs also constitute a heterogeneous cell population that represent less than 1% of the total thymic cells (15). Histologically, mTECs are commonly identified by the expression of cytokeratin-5, 14, MTS10, and ERTR5 markers as well as by reactivity with the lectin Ulex Europaeus Agglutinin 1 (UEA-1) (16–19). However, it is not completely clear whether these markers stain the bulk of mTECs or whether they preferentially detect some specific subsets. However, the whole mTEC compartment can be identified by flow cytometry and is generally defined as CD45$^-$EpCAM$^+$ (epithelial cell adhesion molecule) Ly51$^{-/lo}$. mTEC subsets can be further defined with respect to other markers, including the levels of cell surface MHCII and CD80 expression as well as of the transcription factor Aire (**Figure 1C**). Recent advances have established the relationship between these different cell subsets by demonstrating that mTEC differentiation proceeds along distinct maturational stages. RTOC experiments have shown that MHCII$^{-/lo}$CD80$^{-/lo}$Aire$^-$ immature mTECs give rise to MHCII^{hi}CD80^{hi}Aire$^+$ mature mTECs (20–22). Consistently

during embryogenesis, MHCII$^{-/lo}$CD80$^{-/lo}$Aire$^-$ immature mTECs appear prior to the emergence of MHCII^{hi}CD80^{hi}Aire$^+$ mature mTECs (20, 22). Mature mTECs are thus believed to derive from immature mTECs via an intermediate stage that is Aire$^-$ but has acquired high levels of MHCII and CD80 expression (**Figure 1C**). Aire$^+$ mature mTECs were initially described to be post-mitotic and short-lived and were thus thought to represent the last stage of mTEC differentiation (20, 21). Apoptosis of this cell type has been proposed to be induced by Aire itself and to be favorable for the diffusion of self-antigens within the medullary microenvironment (21). Recent studies of cell fate mapping, allowing the permanent labeling of Aire-expressing cells even after the termination of transcription, have challenged this concept by demonstrating the existence of a post-Aire stage (23, 24). Approximately half of Aire$^+$ mature mTECs seems to further progress to this post-Aire stage, which does not express Aire and expresses MHCII and CD80 molecules at reduced levels, thereby generating MHCII^{lo}CD80^{lo}Aire$^-$ mTECs (**Figure 1C**) (24, 25). This end-stage maturation of mTECs closely resembles that of keratinocytes (25). Finally, mTECs lose their nuclei to form Hassall's corpuscles that can be detected by the expression of markers such as involucrin, cytokeratins 6/10, desmogleins 1/3, and lympho-epithelial kazal type related inhibitor (LEKTI) (25, 26).

Interestingly, all mTEC subsets are simultaneously present in the post-natal thymus (**Figure 1C**). In addition, the turnover period for mature mTECs is estimated to be between 2 and 3 weeks (20, 21). These observations suggest that the mature mTEC population is continuously replenished by differentiation from an mTEC progenitor. Consistent with this notion of perpetual renewal, recent studies have demonstrated the presence in adults of thymic epithelial progenitors and/or stem cells that are capable of generating both mature cortical and medullary lineages in a stepwise fashion (27, 28). Furthermore, a novel transitional progenitor stage characterized by the expression of cTEC markers such as CD205, β5t, and high levels of IL-7 has been identified in the embryonic thymus and shown to have the potential to generate mTECs (29–31). Moreover, an mTEC-specific stem cell capable of ensuring lifelong mTEC subsets was recently found within the claudin-3,4^{hi}SSEA-1$^+$ (stage-specific embryonic antigen 1) population (**Figure 1C**) (32). Of note, adult mTEC stem cells have a lower regenerative capacity than their embryonic counterparts. At the current stage of knowledge, the relationships among the common thymic epithelial stem cells (27, 28), the transitional progenitor that harbors cTEC-properties (29–31) and claudin-3,4^{hi} SSEA-1$^+$ mTEC stem cells (32) remain unknown. Thus, further investigations are needed to clarify the relationship among these cells as well as their relative contributions to medulla formation and homeostasis within the embryonic and adult thymus. The identification of specific markers that allow distinct discrimination between these cell types would be helpful to evaluate their respective regenerative capacity. Such studies could aid in identifying clinical applications, notably for improving thymic function in the context of elderly or cytoablative treatments. Taken together, these findings have revealed that the medullary epithelium is not static but, in contrast, is much more dynamic than previously considered.

Tight Collaboration Between Medullary APCs for the Establishment of T-Cell Tolerance

Medullary thymic epithelial cells play a privileged role in the induction of central T-cell tolerance through their ability to express a broad range of tissue-restricted self-antigens (TRAs) (33). A recent study has shown, by using deep transcriptome sequencing, that mature mTECs express 19,293 genes, i.e., approximately 85% of the mouse genome (34). Thus, mTECs constitute the only cell type described that expresses such a large number of genes. The transcription factor Aire is the only regulator known to date that drives the expression of many TRAs (35). Aire alone regulates 3,980 genes (34). The importance of Aire in the induction of T-cell tolerance is illustrated by the fact that mutations in this gene are responsible for the development of the human autoimmune syndrome autoimmune polyendocrinopathy syndrome-1 (APS-1), which is also known as autoimmune polyendocrinopathy candidiasis ectodermal dystrophy (APECED) (36, 37). Similarly to humans, Aire-deficient mice show signs of autoimmunity characterized by inflammatory infiltrates and serum autoantibodies (38). The mechanisms by which Aire controls the transcription of TRAs have been extensively reviewed elsewhere (39–41). In contrast, although Aire-independent TRAs represent approximately 80% of the genes expressed in mTECs, the mechanisms that regulate them are largely unknown. The participation of other regulatory factors as well as epigenetic regulation thus remains to be identified.
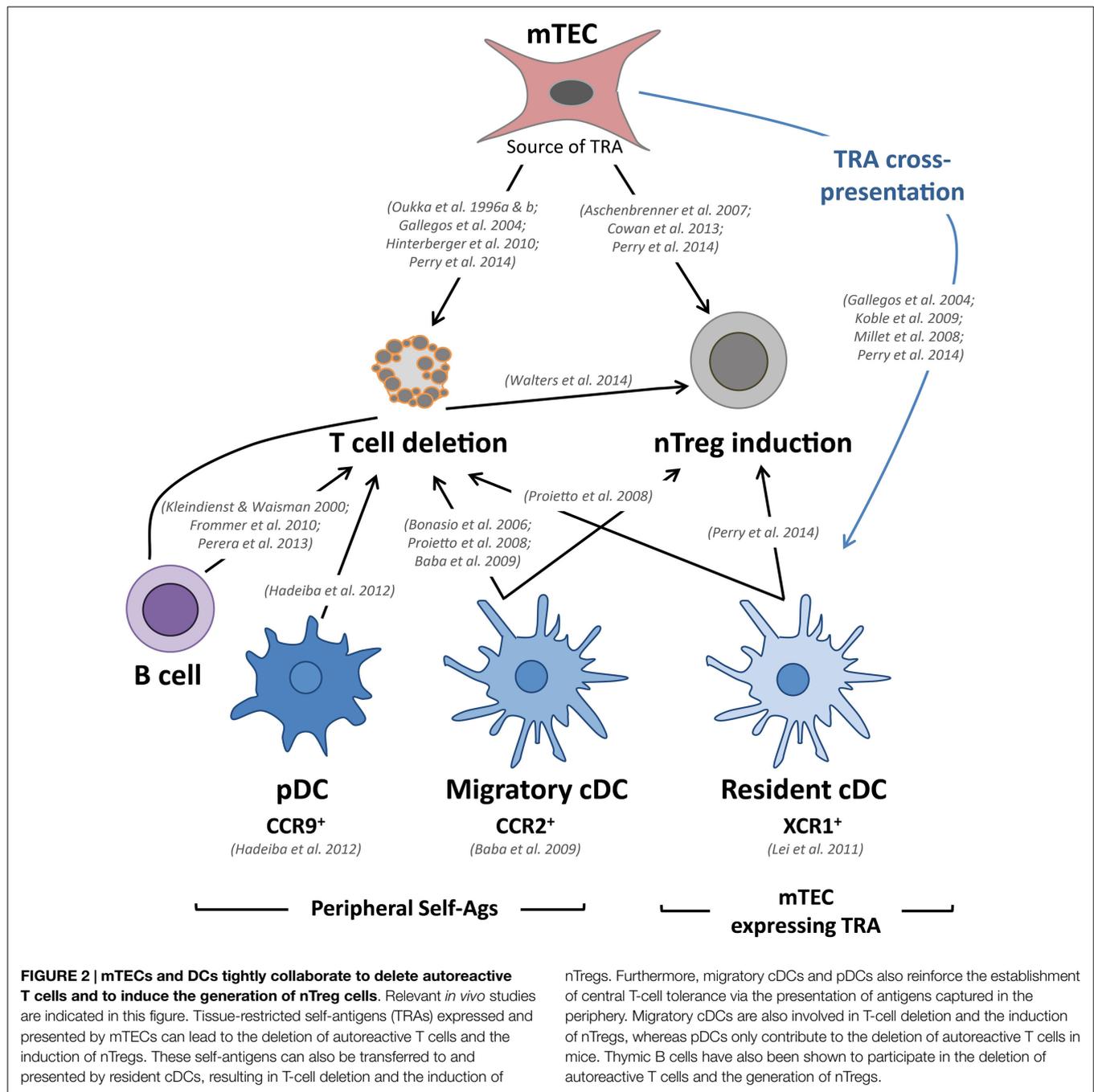
Cross-Presentation of mTEC-Derived TRAs by Resident cDCs

Tissue-restricted self-antigens expressed by mTECs, independently of their subcellular origin, were described to be cross-presented by resident cDCs, which reside in close proximity to mTECs (42–45) (**Figure 2**). This unidirectional transfer of self-antigens is thought to be favored by a high mTEC turnover, which might allow the subsequent uptake of materials by cDCs. Although several potential mechanisms of intercellular material transfer have been proposed, such as the uptake of apoptotic bodies, gap junctions, exosome transfer, and membrane exchange ("nibbling"), experimental evidence is still lacking, and the precise underlying mechanisms remain unclear (46, 47). However, a recent study found that human TECs produce exosomes that carry antigen-presentation molecules and TRAs, suggesting that TEC-derived exosome could be involved in TRA cross-presentation (48). Given that a particular TRA is expressed only by a minor fraction of mTECs (1–3%), this phenomenon of intercellular antigen transfer likely ensures efficient scanning of TRAs by developing SP thymocytes (49). Furthermore, two-photon imaging experiments have shown that SP thymocytes are extremely mobile and make frequent and transient contacts with DCs, which might greatly contribute to the efficient selection of T cells during their 4- to 5-day residency in the medulla (50, 51). Proper localization of resident cDCs in the medulla is controlled by the expression of the chemokine receptor XCR1 and its Aire-dependent associated chemokine XCL1 (52). XCL1-deficient mice show fewer medullary DCs and defective generation of nTreg cells, suggesting that medullary cDCs contribute to nTreg cell development (**Figure 2**). Consistent with this observation, resident cDCs have been found to play an important role in the generation of nTregs via their ability to acquire and present Aire-dependent TRAs (53).

mTECs Act as *Bona Fide* APCs

Medullary thymic epithelial cells have thus been initially recognized to play a privileged role in T-cell tolerance because they constitute an "antigen reservoir" that mirrors the peripheral self (33). However, the use of transgenic mouse models that mimic TRA expression in the thymus have shown that mTECs can efficiently induce the clonal deletion of CD8$^+$ T cells (42, 54). Recent studies have demonstrated that they also act as *bona fide* APCs to CD4$^+$ T cells. mTECs have the ability to autonomously present endogenously expressed TRAs via MHCII molecules by using an unconventional endogenous pathway called macroautophagy, which allows the shuttling of cytoplasmic constituents into lysosomes (55, 56). Aire$^+$ mTECs can induce both the negative selection of autoreactive T cells as well as the generation of nTreg cells (**Figure 2**) (53, 57–60). The induction of nTreg cells was found to be mTEC-dependent because mTECs have the ability to foster the development of Foxp3$^-$CD25$^+$ nTreg precursors (61). In accordance with these findings, mice showing an enhanced mTEC compartment display increased production of nTreg cells (62, 63). Conversely, mice showing a reduced mTEC compartment exhibit a reduction of nTreg cells (64, 65). Interestingly, a recent study has shown that a large proportion of thymic Tregs corresponds to peripheral recirculating Tregs (66). The participation of mTECs to this phenomenon of recirculation to the thymus remains to be examined. Interestingly, post-Aire mTECs were found to maintain intermediate TRA expression (24). Thus, it is plausible that this newly identified mTEC subset plays a role in the establishment of T-cell tolerance. Further studies, based for instance on cell-specific ablation, are needed to address this issue. Moreover, although MHCII$^{-/lo}$CD80$^{-/lo}$Aire$^-$ and MHCII^{hi}CD80^{hi}Aire$^-$ mTECs express fewer genes compared with Aire$^+$ mTECs (34), only a few thousands genes are differentially expressed, which suggests that these immature subsets could have a non-redundant function in the induction of T-cell tolerance. In addition, these distinct mTEC subsets express different levels of MHCII and costimulatory molecules, which may significantly impact T-cell selection. Consistent with these observations, *in vivo* knock-down of MHCII molecules specifically in Aire$^+$ mTECs leads to an increased proportion of CD4$^+$ SP and an enhanced selection of nTregs (59). These findings suggest that there is an underlying division of labor within mTEC subsets, with immature mTECs likely providing more potent induction of nTregs and mature mTECs preferentially prone to negative selection. Of note, the *in vivo* dynamics of the interactions of CD8$^+$ and CD4$^+$ T cells with mTECs remain unknown to date. It would be very informative to compare the interactions of medullary CD8$^+$ and CD4$^+$ T cells with Aire$^-$ and Aire$^+$ mTECs to determine to what extent the frequency and duration of these interactions influence T-cell outcomes. Two-photon imaging experiments assessing fresh thymic slices are expected to achieve this goal in the near future and may reveal a complex choreography between SP thymocytes and mTECs.

FIGURE 2 | mTECs and DCs tightly collaborate to delete autoreactive T cells and to induce the generation of nTreg cells. Relevant *in vivo* studies are indicated in this figure. Tissue-restricted self-antigens (TRAs) expressed and presented by mTECs can lead to the deletion of autoreactive T cells and the induction of nTregs. These self-antigens can also be transferred to and presented by resident cDCs, resulting in T-cell deletion and the induction of nTregs. Furthermore, migratory cDCs and pDCs also reinforce the establishment of central T-cell tolerance via the presentation of antigens captured in the periphery. Migratory cDCs are also involved in T-cell deletion and the induction of nTregs, whereas pDCs only contribute to the deletion of autoreactive T cells in mice. Thymic B cells have also been shown to participate in the deletion of autoreactive T cells and the generation of nTregs.

Migratory DCs Reinforce the Presentation of Self-Antigens

Although mTECs express a diverse repertoire of TRAs that largely contribute to the induction of T-cell tolerance, they cannot encompass the spectrum of all peripheral self-antigens. Migratory DCs have been shown to reinforce the deletion of autoreactive thymocytes by sampling peripheral self-antigens that would otherwise be undetectable to developing thymocytes. Studies based on $Rag2^{-/-}$ OTII TCR-transgenic mice have shown that migratory cDCs induce the negative selection of autoreactive $CD4^+$ thymocytes (12, 67). Interestingly, in co-culture assays,

Sirpα^+ cDCs efficiently convert $CD4^+CD25^-$ thymocytes into $CD4^+CD25^+Foxp3^+$ nTregs (12, 68). Migratory cDCs were also found to efficiently induce nTreg cells *in vivo* (12). Thus, in the steady state, migratory cDCs have the ability to transport antigens captured in the periphery and contribute to the establishment of tolerance by deleting autoreactive $CD4^+$ thymocytes and inducing nTreg cells (**Figure 2**). These studies have mainly focused on MHCII-restricted TCR-transgenic models, and consequently, the role of migratory cDCs in $CD8^+$ T-cell deletion remains unclear. Migratory cDCs home to the thymus in a CCR2-dependent manner (69). CCR2-deficient mice display a decreased number of

migratory cDCs in their thymus and exhibit defective negative selection against blood-borne antigens (69). However, the deficiency in CCR2 does not completely alter the migration of these cells, suggesting the potential involvement of other chemokine receptors. Of note, activated cDCs exhibit a reduced ability to home to the thymus, thus preventing the inappropriate deletion of cells capable of recognizing pathogen-derived antigens (67).

A third subset of DCs, namely pDCs, has recently been described to participate in the induction of T-cell tolerance. Until recently, the function of pDCs in the thymus has remained largely enigmatic, although it was suggested that they could protect the thymus against viral infections via their ability to produce type I interferon (7). In the periphery, in addition to secreting large amounts of type I interferon in response to viral infections, it became evident that pDCs can also function as *bona fide* APCs that are capable of modulating T-cell responses (70). Recent advances have demonstrated that pDCs possess tolerogenic properties in specific contexts, primarily through the induction or the proliferation of nTreg cells (71–74). Consistent with these tolerogenic functions observed in the periphery, pDCs were shown to colocalize with Foxp3$^+$ Tregs and to promote the generation of nTreg cells from immature thymocytes via CD40–CD40L and interleukin-3 in the human thymus (75). Similarly, thymic stromal lymphopoietin (TSLP)-activated human pDCs induce the generation of nTregs (76). However, in mice, thymic pDCs do not efficiently induce the generation of nTregs from immature thymocytes *in vitro* (12, 68). *In vivo*, no role of thymic pDCs was observed in the conversion of thymocytes into the nTreg cell lineage (14). These studies suggest that in contrast to their human counterparts, murine thymic pDCs are intrinsically inefficient at inducing nTreg cells. Murine thymic pDCs, however, were shown to transport peripheral antigens to the thymus, inducing the deletion of autoreactive CD4$^+$ thymocytes (14) (**Figure 2**). Their role in the deletion of CD8$^+$ thymocytes remains unclear. The migration of pDCs in the thymus was found to be dependent on CCR9, a chemokine receptor that is also involved in T-cell progenitor homing (14, 77, 78). Importantly, pDCs that are activated by TLR ligands lose their ability to home to the thymus by down-regulating CCR9, thus preventing the unwanted induction of T-cell tolerance toward pathogens (14). Under normal conditions, CCR9 deficiency does not completely block the recruitment of pDCs in the thymus, suggesting that other chemokine receptors could be involved in this process. Interestingly, transgenic mice overexpressing CCL2 in the thymus under the myelin basic protein (MBP) promoter exhibit a massive thymic recruitment of pDCs, which express CCR2 (79, 80). The thymic migration of pDCs could be mediated via both CCR9 and CCR2. The generation of double knockout mice for CCR9 and CCR2 should reveal whether these two chemokine receptors are sufficient for directing the thymic recruitment of pDCs.

A New Player: Thymic B Cells

In the medulla, in addition to mTECs and DCs, a third type of APC, namely the B cell, has also been implicated in the induction of T-cell tolerance (**Figure 2**). The vast majority of thymic B cells develop within the thymus from Rag-expressing progenitors, whereas recirculating B cells represent a minority (81). Thymic

B cells display unique phenotypic hallmarks in comparison to peripheral B cells. They express high levels of MHCII and costimulatory molecules, supporting their robust antigen-presenting capacity (81). Of note, a recent report has shown that thymic B cells express Aire and display tolerogenic properties upon migration into the thymus (82). An original study using transgenic mice on an I-E-deficient background, in which B cells specifically express I-E MHCII molecules, established the capacity of thymic B cells to mediate the negative selection of CD4$^+$ but not CD8$^+$ T cells (83). Similarly, transgenic B cells, which exclusively present an antigen derived from the myelin oligodendrocyte glycoprotein (MOG), efficiently induce the deletion of MOG-specific CD4$^+$ T cells (84). A recent study has also suggested that thymic B cells capture self-antigens through their B-cell receptors and delete autoreactive T cells by presenting peptides derived from these self-antigens (81). Furthermore, thymic B cells also contribute to the generation of nTreg cells (85).

Therefore, mTECs, DCs and B cells participate in the induction of T-cell tolerance through the negative selection of autoreactive T cells and the generation of nTreg cells (**Figure 2**). Interestingly, a recent study using deep sequencing in a fixed TCRβ chain model comparing different genetically modified mice has shown that bone marrow-derived APCs and mTECs play non-redundant roles in shaping the TCR repertoire (53). Roughly half of the Aire-dependent deletion or nTreg induction processes require antigen presentation by bone marrow cells (53). Moreover, the origin of the tissue antigens captured in the periphery and transported in the thymus by migratory cDCs and pDCs remains unclear. Additional studies are needed to determine the degree of the spectrum of overlap among antigens presented in the thymus by these two cell types. In addition to peripheral tissue antigens, although migratory DCs are suspected to participate in T-cell tolerance toward inoffensive foreign antigens derived from food or the commensal gut flora, experimental evidence is still lacking (86). Thus, it is possible that specific thymic DC subsets capture distinct sets of self-antigens and, consequently, could differentially impact the TCR repertoire. Additional studies performed at the polyclonal TCR level are required to elucidate this important issue.

Involvement of Thymic Crosstalk in the Composition and Patterning of the Medulla
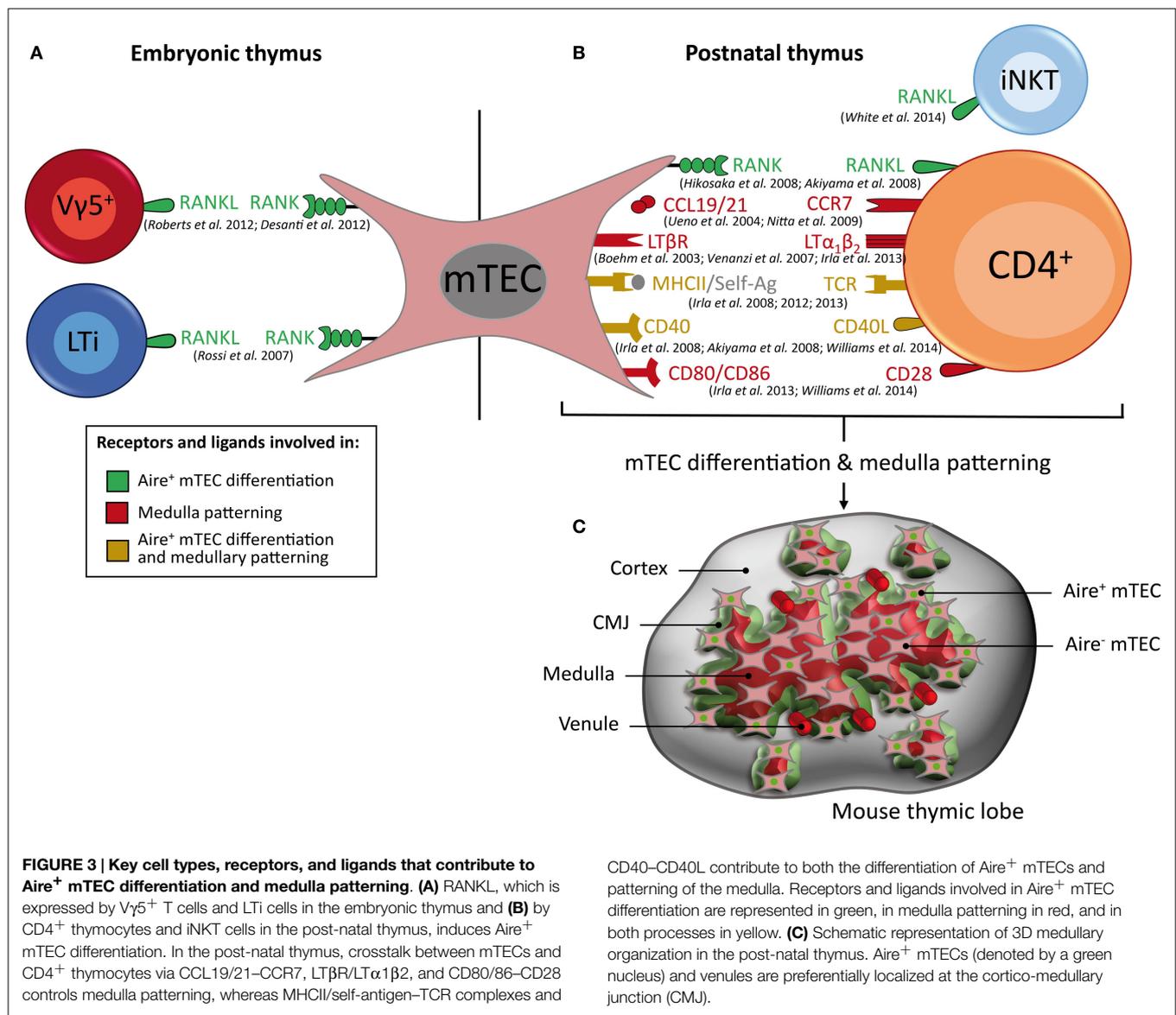
The thymic medulla plays a pivotal role in the selection of SP thymocytes. In turn, the expansion and organization of the medulla is governed by developing SP thymocytes. These reciprocal interactions between these two cell types is referred to as "thymic crosstalk" (87). Mice exhibiting a block in thymocyte development at the DP stage, such as TCRα$^{-/-}$ and ZAP70$^{-/-}$ mice, show prominent defects in medulla formation (88, 89). The transplantation of wild-type bone marrow cells in SCID mice lacking TCR-positive cells restores medulla formation and mTEC maturation, indicating that hematopoietic cells control the development of the medullary epithelium (90). Subsequent studies have established that TCR-bearing mature T cells control medulla formation (88, 91, 92). Thus, these pioneer studies indicated that SP thymocytes provide instructive signals that are critical for controlling the expansion and organization of the medulla. Recent advances have

facilitated our understanding of the underlying molecular and cellular participants that are responsible for these crucial processes in the establishment of T-cell tolerance.

AIRE+ mTEC Differentiation in the Embryonic Thymus

In the embryonic thymus, lymphoid tissue inducer (LTi) cells identified as $CD3^- CD4^+ IL-7R\alpha^+$ were found to regulate the first cohort of Aire+ mTECs, which emerge around embryonic day 16 of gestation (**Figure 3A**) (20, 22, 93). LTi cells are present during embryogenesis at a time that correlates with the appearance of Aire+ mTECs, before the development of SP thymocytes (22). The emergence of Aire+ mTECs is controlled by a member of the tumor necrosis factor (TNF) superfamily: receptor activator of nuclear factor kappa-B (RANK), which is expressed by mTECs, and its corresponding ligand, RANKL (also known as

TRANCE), which is expressed by LTi cells (**Figure 3A**). Strikingly, mice that are deficient for RANK or RANKL show an absence of Aire+ mTECs in the embryonic thymus, indicating that this TNF member regulates the emergence of Aire+ mTECs (22, 94). In accordance with these findings, the exposure of 2-deoxyguanosine-treated fetal thymus organ cultures (FTOCs) to recombinant RANKL or an agonistic antibody to RANK induces the appearance of mature mTECs (22, 95, 96). Conversely, the addition of osteoprotegerin, a soluble decoy receptor for RANKL, or the recombinant RANK-Fc protein, impairs Aire+ mTEC differentiation (94, 97). Importantly, LTi-deficient $Rorc^{-/-}$ mice do not show a complete absence of Aire+ mTECs, suggesting that other embryonic cell types play a role in the development of the medullary epithelium (98). An additional cellular contributor, the invariant $V\gamma5^+ TCR^+$ dendritic epidermal T-cell progenitor, which also expresses RANKL, has likewise been recently implicated in the emergence of Aire+ mTECs in the embryonic thymus

FIGURE 3 | Key cell types, receptors, and ligands that contribute to Aire+ mTEC differentiation and medulla patterning. (A) RANKL, which is expressed by Vγ5+ T cells and LTi cells in the embryonic thymus and (B) by CD4+ thymocytes and iNKT cells in the post-natal thymus, induces Aire+ mTEC differentiation. In the post-natal thymus, crosstalk between mTECs and CD4+ thymocytes via CCL19/21–CCR7, LTβR/LTα1β2, and CD80/86–CD28 controls medulla patterning, whereas MHCII/self-antigen–TCR complexes and

CD40–CD40L contribute to both the differentiation of Aire+ mTECs and patterning of the medulla. Receptors and ligands involved in Aire+ mTEC differentiation are represented in green, in medulla patterning in red, and in both processes in yellow. (C) Schematic representation of 3D medullary organization in the post-natal thymus. Aire+ mTECs (denoted by a green nucleus) and venules are preferentially localized at the cortico-medullary junction (CMJ).

(**Figure 3A**) (97). The addition of purified Vγ5$^+$ thymocytes or LTi cells in reaggregate thymus organ culture (RTOC) experiments induces similar proportions of Aire$^+$ mTEC differentiation. Interestingly, Vγ5$^+$ thymocytes and LTi cells are both present in individual Aire-expressing medullary environments, suggesting that they act collectively to influence mTEC maturation. Mice that are deficient in both LTi and γδ T cells (Rorc$^{-/-}$ × Tcrd$^{-/-}$ mice) show a further decreased number of fetal Aire$^+$ mTECs compared with mice that are deficient in either LTi or γδ T cells alone. However, Rorc$^{-/-}$ × Tcrd$^{-/-}$ double-deficient mice do not show a complete absence of Aire$^+$ mTECs, which suggests that other cell type(s) that remain(s) to be identified could also be involved in this differentiation process. Therefore, the two innate immune cells, Vγ5$^+$ thymocytes and LTi cells, both of which express RANKL, drive the emergence of Aire$^+$ mTECs in the embryonic thymus.

AIRE$^+$ mTEC Differentiation in the Post-natal Thymus

In the post-natal thymus, the RANK–RANKL axis also plays a crucial role in the differentiation of mature mTECs (**Figure 3B**). The absence of RANK or RANKL expression leads to a drastic reduction of Aire$^+$ mTECs and TRA expression (22, 94, 99). Conversely, mice that are deficient for osteoprotegerin, a soluble decoy receptor for RANKL, display a large medulla with many Aire-expressing mTECs (99). In contrast to the embryonic thymus, Aire$^+$ mTECs are partially reduced in the post-natal thymus from RANK$^{-/-}$ or RANKL$^{-/-}$ mice, which suggests that after birth, additional signal(s) are involved in the differentiation and maintenance of mature mTECs. These observations led to the identification of a second member of the TNF superfamily, namely CD40, which is involved in this process (**Figure 3B**). CD40$^{-/-}$ and CD40L$^{-/-}$ mice show more subtle defects in mTEC subsets compared with those observed in RANK$^{-/-}$ or RANKL$^{-/-}$ mice (94, 100). However, these defects were markedly increased in RANK$^{-/-}$ × CD40$^{-/-}$ double-deficient mice compared with RANK$^{-/-}$ mice, demonstrating that RANK and CD40 cooperate to promote mTEC differentiation in the post-natal thymus (94). Moreover, Aire and TRA expression are dramatically affected in these double-deficient mice, which consequently develop severe autoimmune manifestations. Taken together, these findings provide strong support for a model in which the emergence of Aire$^+$ mTECs during embryogenesis involves RANK signaling, whereas the subsequent mTEC differentiation in the post-natal thymus involves cooperation between the RANK and CD40 signals (**Figures 3A,B**).

Several groups have investigated the cellular sources of RANKL and CD40L in the post-natal thymus. Although SP thymocytes were initially found to promote the organization and maturation of the medulla, it remained to be determined whether the instructive signals were provided in a different manner by CD4$^+$ and/or CD8$^+$ thymocytes. RANKL was found to be expressed by both CD4$^+$ and CD8$^+$ thymocytes, with a preferential expression by CD4$^+$ thymocytes (101). In contrast, CD40L was found to be exclusively expressed by CD4$^+$ thymocytes (99, 100). The simultaneous analysis of RANKL and CD40L proteins revealed a sequential acquisition of first RANKL on CD69$^+$ semi-mature

CD4$^+$ thymocytes and then of CD40L on CD69$^-$ mature CD4$^+$ thymocytes, suggesting that RANKL and CD40L are delivered by distinct CD4$^+$ subsets (101). The respective role of CD4$^+$ and CD8$^+$ thymocytes in mTEC differentiation was explicitly addressed through the use of knockout mice lacking either CD4$^+$ or CD8$^+$ thymocytes (100). The numbers of CD80^{hi}Aire$^+$ mature mTECs are essentially unaffected in mice lacking CD8$^+$ thymocytes (β2m$^{-/-}$ mice), which suggests that they are dispensable for this process. In contrast, the numbers of CD80^{hi}Aire$^+$ mature mTECs are strongly reduced in mice that lack the positive selection of CD4$^+$ thymocytes, such as *H2-Aa*$^{-/-}$ and *CIIta*$^{IV-/IV-}$ mice (100). Thus, CD4$^+$ thymocytes play a dominant role in promoting the development of the mature mTEC compartment (102). Nevertheless, in mice lacking CD4$^+$ thymocytes, a minor population of CD80^{hi}Aire$^+$ mature mTECs is still detectable, suggesting that another cell type is also involved in the acquisition of a mature phenotype. Even if a rare number of LTi cells is present in the post-natal thymus, it is unlikely that these cells contribute significantly to mTEC differentiation after birth because Id2$^{-/-}$ mice, which lack LTi cells, exhibit normal mature mTEC cellularity (99). Similarly, TCRγδ-deficient mice do not exhibit any obvious defect in mature mTECs (99). Thus, LTi and TCRγδ cells seem to be dispensable for mTEC differentiation during post-natal life. A recent study has suggested that invariant NKT cells that also express RANKL participate in Aire$^+$ mTEC differentiation in adult mice (103). Thus, it is likely that CD4$^+$ thymocytes and invariant NKT cells cooperate to drive mTEC differentiation (**Figure 3B**). Although CD4$^+$ thymocytes play a dominant role in mTEC differentiation, it remained to be determined whether they influence this differentiation process via the release of soluble mediators or by directly engaging in physical interactions with mTECs. The generation of transgenic mice lacking MHCII molecules specifically in mTECs has shown that TCR–MHCII-mediated contacts between the two cell types are required for normal mature mTEC cellularity (100). Furthermore, mTEC differentiation occurs only when CD4$^+$ thymocytes recognize their cognate antigen on mTECs (96, 100). Taken together, these findings revealed distinct molecular and cellular mechanisms that sustain the generation of mTECs that display a mature phenotype in the embryonic and post-natal thymus.

Three-Dimensional Organization of the Thymic Medulla

The 3D reconstruction of wild-type thymic lobes has revealed that the medulla is highly complex, consisting of a major central compartment surrounded by ~100 islets (**Figure 3C**) (104–106). Interestingly, individual medullary islets initially derive from a single progenitor (107). Thus, during thymic development, some growing mTEC islets likely fuse together, leading to the emergence of larger islets and ultimately to a major central compartment. Additional studies of the 3D organization of the thymic lobes during thymus development from fetal to adult stage would be extremely informative to further understand the formation of the medullary architecture. Similar studies performed during aging should also reveal fundamental mechanisms of thymic involution. The recent development of multicolor fate mapping systems based on Cre-lox technology are expected to unravel the dynamics of

the development and remodeling of the medulla during a lifetime (108). Importantly, such transgenic systems should aid in determining whether individual medullary islets are indeed derived from a single progenitor or, alternatively, whether they are derived from several clones. The discovery of the co-existence of a major medullary compartment and a hundred distinct smaller islets with a broad volume distribution raises questions regarding the functional relevance of individual islets compared to the central medulla. We estimate that individual islets may contain from only a few to as many as several thousand cells, with an average of a few tens or a few hundreds of cells (unpublished observations). Thus, for the smallest islets, it remains to be determined whether this low number of cells expresses a TRA array large enough to induce T-cell tolerance or, in contrast, whether these few cells do not express sufficient TRA and may permit the escape of potentially hazardous autoreactive T cells. It would be interesting to determine whether the large medulla and small individual islets display similar sets of TRAs. In addition, to be functional, small medullary islets must be vascularized, which remains to be further investigated using 3D reconstruction (106). Thus, further investigation is required to improve our understanding of the functional implications of the medullary topology. Of note, the medulla is not smooth at all, but on the contrary exhibits a highly folded/convoluted shape, with a complex contour at any scale, ranging from the total structure to the cellular level. Such multi-scale complexity is described best by fractal geometry, which affords a high area of interface for a given volume (105). Such characteristics are also typically found in the lungs or intestinal microvilli, which have a large surface area to maximize the exchange of oxygen or nutrients, respectively. In the case of the thymic medulla, this fractal shape ensures a large interface area between the cortex and the medulla, which is referred to as the CMJ. This fractal geometry also ensures that the average distance from any location within the cortex to the nearest medulla remains reasonably low (105). By comparison, the distances from any location within the cortex to the nearest medullary location are significantly reduced compared with the distances that would be obtained for the simplest shape, i.e., a spherical medulla. The CMJ likely plays a critical role in the function of the thymus because it constitutes the site where T cells go through at three critical steps of their journey through the thymus: (i) T-cell progenitors enter the thymus from venules preferentially located at the CMJ, travel outward in the cortex and subsequently migrate inward from the cortex to the medulla, undergoing positive selection; (ii) they cross the CMJ and migrate through the medulla, undergoing negative selection; (iii) they ultimately leave the thymus and enter the periphery, again via venules located at the CMJ (109–111). Indeed, the CMJ exhibits a high density of large venules, representing a privileged site for thymocyte homing/export, by extra/intravasation through venule walls, respectively (**Figure 3C**). Remarkably, the CMJ is also particularly dense in Aire$^+$ mTECs, which is expected to favor the encounter with SP thymocytes that are migrating from the cortex to the medulla (93, 105). This distribution is strikingly pronounced in neonates compared to adults. This observation is consistent with the finding that Aire is important during the perinatal period to prevent the emergence of autoimmune disorders (112). Therefore, the CMJ represents not only a privileged site of T-cell progenitor homing and export of mature T cells but also a privileged region

that favors the encounter of SP thymocytes with Aire$^+$ mTECs. A first wave of negative selection is thus expected to occur in this region, which could play a more important role in the induction of T-cell tolerance than previously thought.

Cellular and Molecular Crosstalk in Medulla Organization

Alterations in the cortico-medullary migration of SP thymocytes result in marked defects in the medullary organization. This is well illustrated in mice that lack CCR7 expressed by SP thymocytes or its two ligands CCL19 and CCL21 expressed by mTECs, which are responsible for the migration of SP thymocytes from the cortex to the medulla (113). CCR7- and CCR7 ligand-deficient mice show an arrest of thymocyte migration in the cortex and abnormal medulla formation characterized by small medullary regions that are sparsely distributed throughout their thymi (113, 114). The complex 3D organization of the medulla is preferentially controlled by positively selected CD4$^+$ thymocytes (105, 115). H2-Aa$^{-/-}$ mice lacking CD4$^+$ thymocytes are devoid of any large medullary compartment, leading to a reduced medullary volume. In these mice, the numbers of mTECs are severely reduced, affecting CD80^{hi}Aire$^-$ and CD80^{hi}Aire$^+$ subsets (96). However, the formation of the medulla is less severely affected in mice lacking CD4$^+$ thymocytes than in mice lacking SP thymocytes such as TCRα$^{-/-}$ and ZAP70$^{-/-}$ mice. These observations suggest that other cell type(s) participate in the expansion of the medulla. Although invariant NKT cells have been implicated in Aire$^+$ mTEC differentiation, their role in the organization of the medulla remains to be defined. CD8$^+$ thymocytes seem to play a minor role compared with CD4$^+$ thymocytes because β2m$^{-/-}$ mice, which lack CD8$^+$ thymocytes, do not exhibit defects either in the 3D organization of the medulla or in the composition of the mTEC subset (96, 105). These observations suggest that CD4$^+$ thymocytes are prominently required for the development and 3D organization of the medulla by controlling mTEC cellularity. Furthermore, the organization of the medulla is also dependent on antigen-specific TCR–MHCII-mediated interactions between autoreactive CD4$^+$ thymocytes and mTECs displaying autoantigen–MHCII complexes (96). Several MHCII-restricted TCR-transgenic mice lacking expression of the cognate antigen, such as OTII-Rag2$^{-/-}$, B3K508-Rag1$^{-/-}$, and female Marilyn-Rag2$^{-/-}$ mice, show severe impairment in medulla formation. In contrast, this defect is restored when the cognate antigen is expressed by mTECs, as for example in OTII-Rag2$^{-/-}$ mice crossed with Rip-mOVA mice (in which the Rip-mOVA transgene drives the synthesis of membrane-bound OVA specifically in mTECs), or provided exogenously, as for example in OTII-Rag2$^{-/-}$ mice injected with OVA$_{323–339}$ peptide. Moreover, RTOC experiments in which OTII-Rag2$^{-/-}$ thymocytes are reaggregated in the presence or absence of OVA$_{323–339}$ peptide have demonstrated that the addition of the cognate antigen restores the numbers of mTECs similarly to those induced by WT thymocytes (96). These antigen-specific interactions between mTECs and CD4$^+$ thymocytes also require the engagement of the CD28–CD80/86 and CD40–CD40L costimulatory axes (**Figure 3B**). Defects in the CD28–CD80/86 or CD40–CD40L costimulatory pathway alone have a slight effect on the architecture of the medulla (105, 116). In contrast, the combined absence of CD28–CD80/86 and CD40–CD40L results

in a drastic impairment in medulla formation (116). These different experimental results thus favor a model in which autoreactive CD4$^+$ thymocytes control the formation and organization of the medulla in an antigen-dependent manner that involves the CD28–CD80/86 and CD40–CD40L costimulatory pathways. Interestingly, two-photon microscopy experiments have revealed that autoreactive thymocytes do not directly undergo cell death after encountering a negative selecting ligand but instead remain viable and motile for some time in the medullary microenvironment (51). They adopt a confined migration pattern during which they likely provide to mTECs instructive signals that would be necessary for both mTEC differentiation and organization.

A third member of the TNF superfamily, namely the lymphotoxin β receptor (LTβR) expressed by mTECs, and its ligand, the heterotrimer LTα1β2 expressed by SP thymocytes, was found to orchestrate the organization of the medulla (105, 117, 118). A deficiency in LTβR leads to a disorganized medullary architecture and alterations in mTEC subsets, notably in UEA-1$^+$ mTECs and terminally differentiated involucrin$^+$ mTECs (117–119). LTβR signaling also regulates the expression of Aire-independent TRAs and CCL19 in mTECs (120, 121). These defects are associated with the appearance of signs of autoimmunity, which suggests that LTβR signaling is required for the establishment of central tolerance (117, 120). Of note, mice that are deficient for LTβR ligands, such as LTα$^{-/-}$, LTβ$^{-/-}$, or LIGHT$^{-/-}$ mice, exhibit an intermediate phenotype compared with that observed in LTβR$^{-/-}$ mice. Consequently, the contribution of lymphotoxin signaling to mTEC development is only partially understood (117, 118). The 3D reconstruction of LTα$^{-/-}$ thymic lobes has revealed that LTα$^{-/-}$ mice are devoid of any large medullary compartment, leading to a substantial reduction of the medulla volume. Of note, the absence of LTα results in a less drastic phenotype compared with that observed in mice lacking CD4$^+$ thymocytes, which suggests that other(s) mediator(s) contribute to the effect mediated by CD4$^+$ T cells (105). Interestingly, the absence of Aire results in morphological changes in mTECs (26). However, it remains unclear whether Aire affects the 3D organization of the medulla in terms of the numbers and volumes of the medullary islets. Further investigations including the identification of other molecular participants in the topology of the medulla as well as the determination of the 3D distribution of specific mTEC subsets are required. Indeed, recent findings have revealed a differential distribution of mTEC subsets throughout the medulla. Aire$^+$ mTECs were found to be preferentially positioned at the CMJ, whereas post-Aire mTECs were described to be localized toward the center of the medulla (24, 93, 105). A 3D map of distinct mTEC subsets, including mTEC stem cells, may thus reveal a subtle compartmentalization of these specific cell types within the thymic medulla.

Importantly, this cellular crosstalk between mTECs and autoreactive CD4$^+$ thymocytes regulates a cascade of events that control the expression of TNF superfamily members that are essential for both the differentiation and organization of mTECs. In this context, autoantigen-specific interactions between mTECs and CD4$^+$ thymocytes, involving the CD40–CD40L and CD28–CD80/86 axes, lead to the upregulation of lymphotoxin ligands in autoreactive CD4$^+$ thymocytes (96, 116). Then, LTβR signaling induces RANK expression in mTECs (95, 96), and subsequently, RANK signaling induces the upregulation of CD40 in mTECs (101). This cellular crosstalk with autoreactive CD4$^+$ thymocytes is likely to fine-tune the homeostasis of the medulla, allowing the thymus to adapt optimally for the establishment of T-cell tolerance.

Concluding Remarks

Thymic crosstalk is the indispensable interplay between medullary APCs and developing T cells that coordinates the induction of T-cell tolerance. DCs, B cells, and mTECs have all been shown to control the selection of SP thymocytes. DCs reinforce the induction of T-cell tolerance by cross-presenting mTEC-derived TRAs and by displaying peripheral self-antigens captured in the periphery. Furthermore, thymic B cells can also express Aire and act as APCs. Nevertheless, mTECs are the lead player in T-cell tolerance induction due to their constitutive expression of TRAs. At the molecular and cellular levels, studies conducted over the last decade have furthered our understanding of the thymic crosstalk that sustains mTEC differentiation as well as the organization of the medulla. However, the precise consequences of thymic crosstalk on mTEC differentiation, proliferation, and survival remain to be defined. Additional studies are needed to identify the downstream target genes induced in mTECs by crosstalk signals in both the embryonic and the post-natal thymus. Future work can be expected to elucidate how thymic crosstalk shapes the T cell repertoire. Such studies would be extremely informative for further delineating the mechanisms that govern the establishment of T-cell tolerance. This knowledge is expected to pave the way toward novel therapeutic strategies aimed at preventing the development of autoimmunity and controlling age-associated thymic involution.

Acknowledgments

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