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Impact of cabazitaxel on 2-year survival and palliation of tumour-related pain in men with metastatic castration-resistant prostate cancer treated in the TROPIC trial

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Background: Cabazitaxel significantly improves overall survival (OS) versus mitoxantrone in patients with metastatic castration-resistant prostate cancer after docetaxel failure. We examined patient survival at 2 years and tumour-related pain with cabazitaxel versus mitoxantrone.

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Methods: Updated TROPIC data (cut-off 10 March 2010) were used to compare 2-year survival between treatment groups and assess patient demographics and disease characteristics. Factors prognostic for survival ≥ 2 years were assessed. Pain and Eastern Cooperative Oncology Group performance status were evaluated in the overall patient population.

Results: Median follow-up was 25.5 months. After 2 years, more patients remained alive following cabazitaxel than mitoxantrone [odds ratio 2.11; 95% confidence interval (CI) 1.33–3.33]. Treatment with cabazitaxel was prognostic for survival ≥ 2 years. Demographics/baseline characteristics were balanced between treatment arms irrespective of survival. Pain at baseline and pain response were comparable between treatment groups. Average daily pain performance index was lower for cabazitaxel versus mitoxantrone (all cycles; 95% CI -0.27 to -0.01 ; $P = 0.035$) and analgesic scores were similar. Grade ≥ 3 peripheral neuropathies were uncommon and comparable between treatment groups.

Conclusions: Cabazitaxel prolongs OS at 2 years versus mitoxantrone and has low rates of peripheral neuropathy. Palliation benefits of cabazitaxel were comparable to those of mitoxantrone. The study was registered with www.ClinicalTrials.gov (NCT00417079).

Key words: cabazitaxel, symptom relief, palliative care, prostate cancer, treatment response, quality of life

introduction

In the past 3 years, several new agents have demonstrated a survival benefit in patients with metastatic castration-resistant prostate cancer (mCRPC) previously treated with docetaxel. Cabazitaxel is a next-generation taxane that has preclinical activity against a range of tumour types (Vrignaud, et al. manuscript submitted), the ability to cross the blood–brain barrier (Semiond, et al. manuscript submitted) and a safety profile consistent with other chemotherapies [1–3]. In the phase III TROPIC trial, cabazitaxel plus prednisone/prednisolone significantly improved overall survival (OS) in patients with mCRPC versus mitoxantrone plus prednisone/prednisolone, with a 30% reduction in the risk of death [hazard ratio (HR) 0.70; 95% confidence interval (CI) 0.59–0.83; $P < 0.0001$; data cut-off 25 September 2009] [4]. Based on the results of the TROPIC trial, cabazitaxel (25 mg/m² once every 3 weeks) plus prednisone was approved by the EMA, FDA and other national health authorities for the treatment of men with metastatic ‘hormone-refractory’ prostate cancer whose disease has progressed after receiving a docetaxel-containing regimen [2, 3]. Extended follow-up (cut-off 10 March 2010) demonstrated continued divergence of the survival curves (HR 0.72; 95% CI 0.61–0.84; $P < 0.0001$) [5].

While the primary aim of therapy for mCRPC is to extend survival, tumour-related pain is associated with increased morbidity, reduced performance status and psychological deterioration [6, 7]. In addition, peripheral neuropathies, a known side-effect of taxanes, can be incapacitating for patients [8].

In this TROPIC trial update, we present follow-up data on the subgroup of patients who survived ≥ 2 years. Furthermore, we examine the impact of cabazitaxel plus prednisone/prednisolone compared with mitoxantrone plus prednisone/prednisolone on pain, Eastern Cooperative Oncology Group performance status (ECOG PS) and the occurrence of peripheral neuropathies.

patients and methods

The design of the TROPIC study has been described previously [4]. The study was registered with ClinicalTrials.gov (NCT00417079).

We conducted analyses of several pre-specified end points. Patients alive at ≥ 2 and < 2 years were compared between treatment groups, and a multivariate analysis of factors prognostic for survival was conducted. Data from analyses of present pain intensity (PPI) and analgesic score are reported. Information on ECOG PS deterioration was collected while patients were on treatment. An analysis of occurrence of new or worsening peripheral neuropathies during treatment was also carried out (see supplementary material, available at *Annals of Oncology* online).

end points and statistical analysis

overall survival. OS was analysed using the Kaplan–Meier method. The percentage of patients alive at ≥ 2 years was compared between treatment groups using a χ^2 -test. To identify prognostic factors for long-term survival of ≥ 2 years, candidate factors were assessed by multivariate analysis (see supplementary material, available at *Annals of Oncology* online).

pain and analgesic assessment. Pain response and pain progression were pre-specified end points. Pain was assessed using both the McGill–Melzack questionnaire [9], to assess PPI, and an analgesic scoring method (adapted from 10) (supplementary Table S1, available at *Annals of Oncology* online). Pain was assessed before each treatment cycle and at the end of the study treatment visit. Pain was evaluated every 6 weeks during the first 6 months of follow-up, and every 3 months thereafter, until documented progression or initiation of other anticancer therapy. Area under the curve (AUC) of PPI and analgesic score were calculated. The average daily PPI and analgesic score for each patient was defined as the AUC of PPI or analgesic score divided by the number of days on which PPI or analgesic score was assessed. Additional detail is provided in the supplementary material, available at *Annals of Oncology* online.

performance status. Patients with an ECOG PS of 0–2 were enrolled. ECOG PS was assessed before enrolment and at the start and end of each cycle in the intent-to-treat population, until the end of treatment. This analysis recorded changes in ECOG PS on treatment.

peripheral neuropathies. Neuropathy grade at baseline and during treatment was recorded. New or worsening neuropathy was compared between treatments using Fisher’s exact test.

results

Between 2 January 2007 and 23 October 2008, 755 patients from 146 centres in 26 countries were randomised within the TROPIC study. At the time of data cut-off (10 March 2010) for the updated analysis, 585 death events (77.5%) had occurred. With time to death used as the duration of follow-up in patients who died before this date, and survival times censored for surviving patients, the median follow-up was 13.7 months. Alternatively, if deaths were censored and survival times were considered events, the median follow-up for both treatment groups combined was 25.5 months (interquartile range: 20.7–30.0 months). Sixty (15.9%) of 378 patients in the cabazitaxel group and 31 (8.2%) of 377 patients in the mitoxantrone group survived ≥ 2 years (odds ratio 2.11; 95% CI 1.33–3.33). Based on the updated Kaplan–Meier curve (Figure 1), the probability of surviving ≥ 2 years was 27% (95% CI 23% to 32%) with cabazitaxel versus 16% (95% CI 12% to 20%) with mitoxantrone. Baseline demographic and baseline disease characteristics were well balanced within and between patients who survived ≥ 2 years and < 2 years (Table 1). Patients surviving ≥ 2 years received a slightly higher median number of cycles versus patients surviving < 2 years in both the cabazitaxel [a median of 10 (range 1–10) and 6 (range 1–10) treatment cycles, respectively] and the mitoxantrone groups [a median of 6 (range 1–10) and 4 (range 1–10) treatment cycles, respectively]. Furthermore, in the cabazitaxel group, patients who survived ≥ 2 years were less likely to discontinue treatment due to disease progression than patients in the mitoxantrone group (Table 1). Adverse prognostic factors were similar between treatment groups in patients who survived ≥ 2 years (Table 1). Tumour-related symptoms at baseline, including pain as measured by analgesic use, were comparable with the overall patient population enrolled in TROPIC (Table 2) [4].

In the multivariate analysis, binary variables identified as prognostic factors for survival ≥ 2 years were rising prostate-specific antigen (PSA) at baseline, treatment group (cabazitaxel versus mitoxantrone), baseline pain and time from last

docetaxel dose to randomisation in TROPIC (< 6 versus ≥ 6 months). Continuous variables identified as prognostic factors were time in years from first hormone treatment to enrolment in TROPIC and baseline alkaline phosphatase (Table 3).

The mean AUC of PPI was lower for cabazitaxel versus mitoxantrone (Figure 2A). The average daily PPI score was reduced by 0.138 [95% CI -0.27 to -0.01 ; $P = 0.035$ (t -test)] during treatment with cabazitaxel versus mitoxantrone. Mean AUC for analgesic score was similar between the two treatment groups, albeit slightly lower in the cabazitaxel group versus the mitoxantrone group (Figure 2B). Average daily analgesic scores were similar for cabazitaxel and mitoxantrone [95% CI -5.06 to 6.06 ; $P = 0.9$ (t -test)] and changes in PPI scores were similar for cabazitaxel and mitoxantrone (improvement in 21.3% versus 18.2%, worsening in 32.4% versus 32.1%, and stabilisation in 46.2% versus 49.7%, respectively).

The median time to pain progression was 11.1 months in the cabazitaxel group and was not reached in the mitoxantrone group because a large proportion of patients was censored [279 (74.0%)]. There was no statistically significant difference between treatment groups in time to pain progression [$P = 0.5$ (stratified log-rank test)] or pain response [9.2% cabazitaxel versus 7.7% mitoxantrone; $P = 0.6$ (χ^2 -test)].

Most patients had an ECOG PS ≤ 1 at baseline (Table 2) and very few had PS deterioration during treatment (cabazitaxel versus mitoxantrone: deterioration in 19.6% versus 19.8%; improvement in 1.1% versus 2.2%; stabilisation in 79.3% versus 78.0%, respectively). Patients who received cabazitaxel had a statistically non-significant delay in ECOG PS deterioration compared with mitoxantrone [$P = 0.1328$; HR 0.776; 95% CI 0.558–1.080 (Figure 3)].

New or worsening peripheral sensory neuropathy/peripheral motor neuropathy was observed in 5.4%/8.4% (20/31 of 371) of patients in the cabazitaxel group versus 1.3%/2.2% (5/8 of 371 patients) of patients in the mitoxantrone group, respectively [$P = 0.0035/P = 0.0002$ (Fisher’s exact test); Table 4]. Overall, the majority of new or worsening peripheral neuropathy was

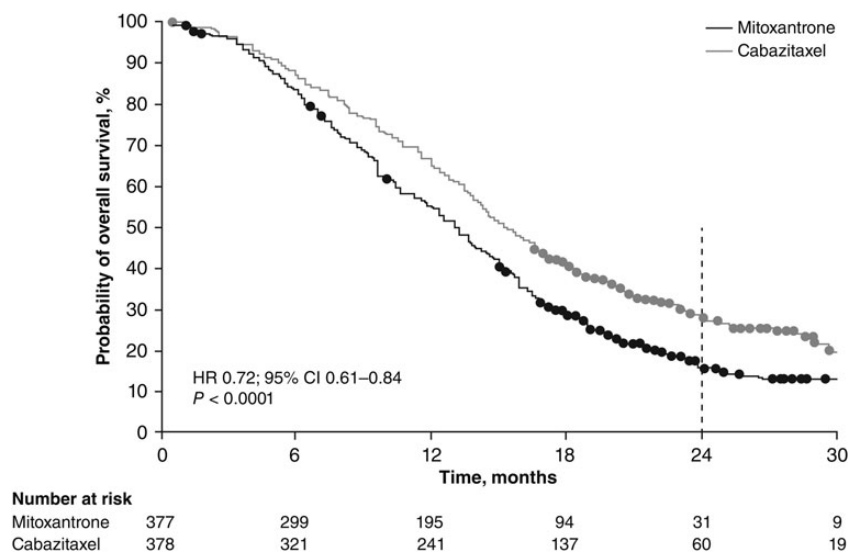


Figure 1. Kaplan–Meier estimate of the probability of survival of patients receiving mitoxantrone or cabazitaxel (updated analysis: cut-off 10 March 2010). Originally published in Oudard [5]. With permission from Future Medicine Ltd.

Table 1. Patient baseline demographics and disease characteristics according to OS

	OS ≥2 years		OS <2 years	
	Cabazitaxel	Mitoxantrone	Cabazitaxel	Mitoxantrone
Total population, N (%)	60 (15.9)	31 (8.2)	318 (84.1)	346 (91.8)
Median age, years (range)	69 (52–83)	64 (52–85)	67 (46–92)	67 (47–89)
ECOG PS, n (%)				
0–1	60 (100)	31 (100)	290 (91.2)	313 (90.5)
2	0	0	28 (8.8)	33 (9.5)
Median PSA, ng/ml (range)	122.8 (9–3205)	63.4 (7–2268)	152.0 (2–7842) ^a	136.6 (2–11,220) ^b
Measurable disease, n (%)	30 (50)	14 (45.2)	171 (53.8)	190 (54.9)
Visceral disease (liver and/or lung), n (%)	9 (15.0)	6 (19.4)	81 (25.5)	83 (24.0)
Patients completing planned 10 cycles of study treatment, n (%)	32 (53.3)	8 (25.8)	77 (24.8) ^a	42 (12.4) ^c
Prior chemotherapy regimens, n (%)				
1	39 (65.0)	20 (64.5)	221 (69.5)	248 (71.7)
≥2	21 (35.0)	11 (35.5)	97 (30.5)	98 (28.3)
Pain at baseline, ^d n (%)	14 (23.3)	7 (22.6)	160 (50.3)	161 (46.5)
Median haemoglobin, g/dl (range)	12.6 (9.6–15.6)	12.7 (10.8–15.2)	11.9 ^a (7.3–18.5)	12.0 ^c (7.6–16.0)
Median number of cycles (range)	10 (1–10)	6 (1–10)	6 (1–10) ^a	4 (1–10) ^c
Median relative dose intensity, % (range)	95.5 (67.2–100.4)	98 (74.8–102.8)	96.2 (49–108.2) ^a	97.1 (42.5–106) ^c
Time from last docetaxel treatment to disease progression, n (%)				
≤3 months	37 (61.7)	16 (51.6)	236 (74.2)	269 (77.7)
>3 months	21 (35.0)	15 (48.4)	81 (25.5)	75 (21.7)
Missing	2 (3.3)	0	1 (0.3)	2 (0.6)
Median time from last docetaxel dose to disease progression, months	1.5	2.5	0.7	0.7
Median total prior docetaxel dose, mg/m ²	519.4	526.9	586.0	529.4
Median time from last docetaxel dose to randomisation, months	6.2	6.5	3.7	3.4
Median time from first hormonal therapy to randomisation, years	6.1	5.5 ^e	3.9 ^f	3.8 ^g
Main reasons for treatment discontinuation, n (%)				
Completed study treatment period	31 (51.7)	8 (25.8)	74 (23.3)	38 (11.0)
Disease progression	18 (30.0)	18 (58.1)	162 (50.9)	249 (72.0)
Adverse event	8 (13.3)	3 (9.7)	59 (18.6)	29 (8.4)

CbzP, cabazitaxel plus prednisone; MP, mitoxantrone plus prednisone.

^an = 311.

^bn = 339.

^cn = 340.

^dPain was assessed using the McGill–Melzack PPI scale and analgesic score derived from analgesic consumption.

^en = 30.

^fn = 315.

^gn = 343.

Table 2. Baseline patient and disease characteristics

	Cabazitaxel (n = 378)	Mitoxantrone (n = 377)
Age		
Median, years (range)	68 (46–92)	67 (47–89)
≥75 years, n (%)	69 (18.3)	70 (18.6)
ECOG PS 0/1, n (%)	350 (92.6)	344 (91.2)
Pain at baseline, ^a n (%)	174 (46.0)	168 (44.6)
Analgesic use at baseline, n (%)	255 (67.4)	242 (64.2)
Median time from last docetaxel dose to disease progression, months	0.8	0.7

^aPain was assessed using the McGill–Melzack PPI scale and analgesic score derived from analgesic consumption.

grade 1/2; three patients in each group had grade ≥3. In the cabazitaxel group, only one (5.6%) patient with peripheral sensory neuropathy worsened from grade 1 to grade 3 and two

(10.0%) patients with peripheral motor neuropathy worsened from grade 1 to grade 2, compared with baseline. No patient receiving mitoxantrone reported worsening neuropathy. The rate of new grade ≥3 peripheral neuropathies was the same in each group [three patients each (0.8%)]. Only one patient (0.3%) in each treatment group developed drug-related grade ≥3 peripheral neuropathy.

discussion

In recent years, several therapies have demonstrated an OS benefit in patients with mCRPC [4, 11–13]. Cabazitaxel significantly improved OS in patients with mCRPC post-docetaxel, with a 30% reduction in risk of death (cut-off 25 September 2009) [4]. Updated analyses of OS (cut-off 10 March 2010) show that this survival benefit was sustained after long-term follow-up. Baseline patient and disease characteristics, as well as treatment history and

Table 3. Factors prognostic for survival for ≥ 2 years (intent-to-treat population; multivariate logistic regression; stepwise selection method)

Factor	Odds ratio (95% CI)	P-value
Rising PSA at baseline, yes versus no	2.330 (1.004–5.407)	0.0488
Treatment, cabazitaxel versus mitoxantrone	1.849 (1.055–3.241)	0.0318
Time from first hormone treatment to enrolment, years	1.134 (1.043–1.233)	0.0033
Baseline alkaline phosphatase	0.945 (0.916–0.976)	0.0005
Baseline pain, yes versus no	0.482 (0.268–0.867)	0.0149
Time from last docetaxel dose to randomisation, <6 months versus ≥ 6 months	0.410 (0.238–0.707)	0.0013

Odds ratio of 1 indicates that presence of factor does not affect odds of outcome; odds ratio >1 indicates that presence of factor is associated with greater odds of outcome); odds ratio <1 indicates that presence of factor is associated with lower odds of outcome.

adverse prognostic factors, were consistent between mitoxantrone and cabazitaxel treatment groups. Patients who survived ≥ 2 years in the cabazitaxel group were less likely to discontinue treatment due to disease progression compared with those in the mitoxantrone group. As such, it seems logical to conclude that the difference in survival between the two treatment groups is likely due to a treatment effect of cabazitaxel. However, no further predictors of outcome were identified.

Although increased survival is the primary aim for mCRPC treatment, relief of symptoms associated with the disease, particularly pain, should be a key concern, since it significantly impacts patient quality of life and may be undertreated [14]. Mitoxantrone is known to provide palliation of tumour-related pain and accordingly is often used in this setting, despite lack of evidence to suggest an OS benefit [10, 15–17]. We have shown that cabazitaxel provides similar palliation of pain to mitoxantrone, as measured by PPI and analgesic score. Other treatments have demonstrated the ability to provide palliation of symptoms in comparison with prednisone. Abiraterone acetate showed improved fatigue and pain [18, 19], while enzalutamide showed improvements in quality of life [13]. Furthermore, results from a recent study investigating radium-223 chloride versus placebo [20] have shown that treatment with radium-223 chloride prolongs the time to the first skeletal-related events, known to contribute to tumour-related pain [21].

ECOG PS is a further measure of quality of life, and here we show that ECOG PS deterioration was similar between treatment groups, despite patients in the cabazitaxel group receiving a greater number of treatment cycles versus those in the mitoxantrone group. These results suggest that any adverse events observed with cabazitaxel may only have a moderate influence on overall patient status. One such adverse event frequently observed in previous studies of patients receiving treatment with taxanes is peripheral neuropathy [8], which can affect quality of life. Ongoing compassionate-use and expanded-access programmes investigating cabazitaxel in real-world populations have reported a lower incidence of peripheral

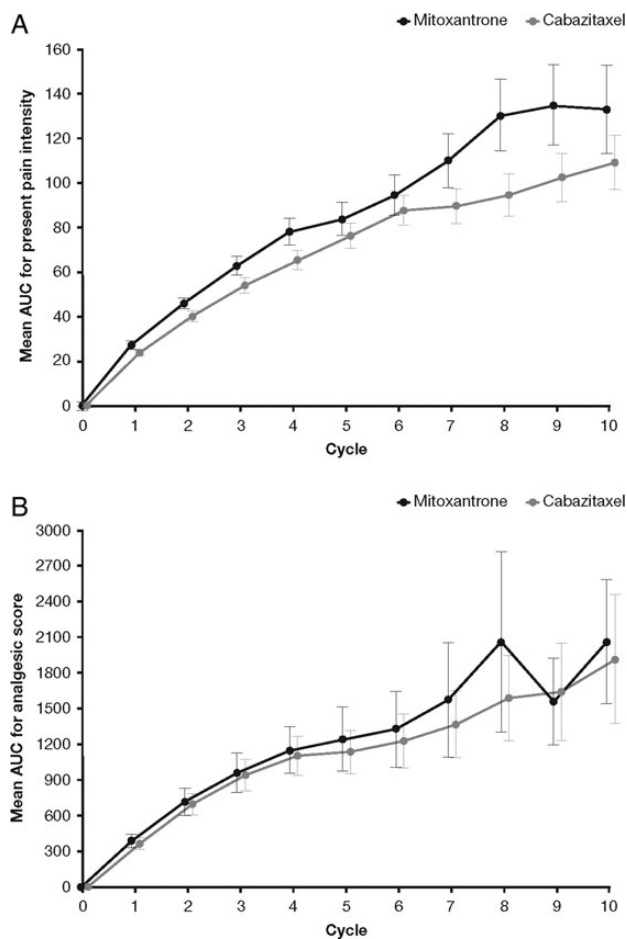


Figure 2. Mean AUC for (A) PPI and (B) analgesic score, by treatment cycle. Part A originally published in Oudard [5]. With permission from Future Medicine Ltd.

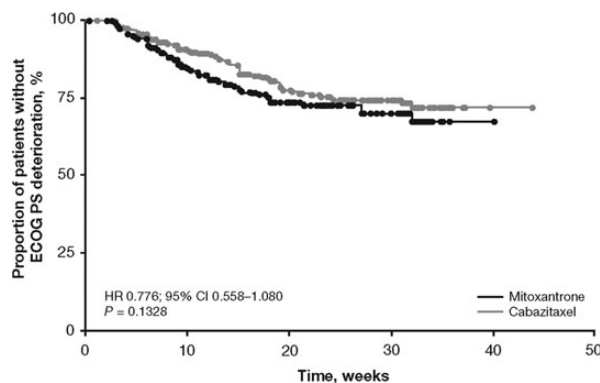


Figure 3. Time to ECOG PS deterioration.

Table 4. Shift tables of incidence

Cabazitaxel (N = 371)			Mitoxantrone (N = 371)		
Baseline status ^a	Post-baseline status ^b , n (%)		Baseline status ^a	Post-baseline status ^b , n (%)	
(A) Peripheral sensory neuropathy					
Grade 0, n = 351	No change	332 (94.6)	Grade 0, n = 350	No change	345 (98.6)
	Increased to			Increased to	
	Grade 1	15 (4.3)		Grade 1	3 (0.9)
Grade 1, n = 18	Grade 2	4 (1.1)	Grade 1, n = 19	Grade 2	2 (0.6)
	No change	17 (94.4)		No change	19 (100)
Grade 2, n = 2	Increased to Grade 3	1 (5.6)	Grade 2, n = 2	No change	2 (100)
	No change	2 (100)		No change	2 (100)
(B) Peripheral motor neuropathy/neuropathy peripheral					
Grade 0, n = 351	No change	322 (91.7)	Grade 0, n = 348	No change	340 (97.7)
	Increased to			Increased to	
	Grade 1	17 (4.8)		Grade 1	4 (1.1)
	Grade 2	10 (2.8)		Grade 2	1 (0.3)
	Grade 3	1 (0.3)		Grade 3	3 (0.9)
Grade 1, n = 20	Grade 4	1 (0.3)	Grade 1, n = 22	No change	22 (100)
	No change	18 (90.0)		No change	22 (100)
	Increased to Grade 2	2 (10.0)		Grade 3, n = 1	No change

^aBaseline events were those reported before treatment (visit = 0).

^bPost-baseline events were treatment-emergent adverse events (AEs) or pretreatment AEs still ongoing during treatment (visit >0); patients with \geq grade 1 AEs at baseline but no AEs during treatment were assigned the same grade as baseline grade.

neuropathies with cabazitaxel compared with first-generation taxanes [1, 8, 22]. We found a similarly low rate of these events in the TROPIC trial: 0.8% of patients experienced grade \geq 3 peripheral neuropathy. Furthermore, few patients with pre-existing grade 1/2 neuropathy reported worsening of symptoms.

Prognostic factors are valuable tools to predict outcomes based on patient and disease characteristics. We carried out analyses to assess whether factors found to be prognostic for survival in previous studies [23] were also prognostic for survival \geq 2 years in TROPIC. Some previously defined factors were indeed prognostic in our analyses, including pain, alkaline phosphatase and PSA. We also identified that a longer time from first hormone treatment to enrolment was prognostic for survival \geq 2 years. This finding is not unexpected, as patients with more aggressive disease would be expected to have a shorter time between first hormone treatment and study enrolment.

Although in recent years, the availability of agents that improve survival in patients with mCRPC has increased, minimal data are available on optimal sequencing strategies for these therapies. For example, data collected on post-study treatments in TROPIC do not show a clear pattern of treatment sequencing (supplementary Table S2, available at *Annals of Oncology* online). As treatment decisions are increasingly influenced by financial considerations, the availability of robust data on sequencing is particularly important to maximise the value of available therapies.

In conclusion, treatment with cabazitaxel is associated with a significant long-term OS benefit compared with mitoxantrone. Furthermore, treatment with cabazitaxel was associated with an impact on pain associated with mCRPC, and had a safety profile

consistent with other chemotherapies, with low rates of peripheral neuropathy. Further studies are required to refine our understanding of predictors of outcome that will aid in defining the optimal sequence of agents for patients with mCRPC.

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funding

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disclosure

AB has received honoraria from Sanofi, Janssen, Novartis, Amgen and Roche. JSdB, SO, AOS and BT have served as paid consultants/advisors for Sanofi. MO is in a steering committee for a Sanofi-sponsored study. AOS, AB, MO and SH have received research funding from Sanofi. AOS and BT have acted as investigators for Sanofi. LS and JD are employees of Sanofi; LS holds stocks and shares in Sanofi. GG and IK have declared no conflicts of interest.

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