

Serum Vascular Endothelial Growth Factor and Angiopoietin-2 Are Associated with the Severity of Systemic Inflammation Rather than the Presence of Hemoptysis in Patients with Inflammatory Lung Disease

Hye Yun Park, Cho Rom Hahm, Kyeongman Jeon, Won-Jung Koh, Gee Young Suh, Man Pyo Chung, Hojoong Kim, O Jung Kwon, and Sang-Won Um

Division of Pulmonary and Critical Care Medicine, Department of Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Korea.

Received: April 25, 2011 Revised: June 3, 2011 Accepted: June 9, 2011 Corresponding author: Dr. Sang-Won Um, Division of Pulmonary and Critical Care Medicine, Department of Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, 50 Irwon-Dong, Gangnam-gu, Seoul 135-710, Korea. Tel: 82-2-3410-3429, Fax: 82-2-3410-6956 E-mail: sangwonum@skku.edu

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Purpose: Vascular endothelial growth factor (VEGF) and angiopoietin-2 (Ang-2) are major mediators of angiogenesis and are induced by tissue inflammation and hypoxia. The purpose of this study was to investigate whether serum VEGF and Ang-2 are associated with the presence of hemoptysis and the extent of systemic inflammation in patients with inflammatory lung diseases. Materials and Methods: We prospectively enrolled 52 patients with inflammatory lung disease between June 2008 and October 2009. Results: The median values of VEGF and Ang-2 were 436 pg/mL and 2383 pg/mL, respectively. There was a significant positive correlation between serum Ang-2 and VEGF levels. VEGF levels were not significantly different according to the presence of hemoptysis. C-reactive protein (CRP) and Ang-2 level were significantly higher in patients without hemoptysis (n=26) than in those with hemoptysis (n=26; p < 0.001 and p < 0.001, respectively). CRP and arterial oxygen tension (PaO₂) were significantly correlated with both serum VEGF (p=0.032 and p=0.016, respectively) and Ang-2 levels (p<0.001 and p=0.041, respectively), after adjusting for other factors. Age and the absence of hemoptysis were factors correlated with serum Ang-2 levels. Conclusion: Our study suggests that serum VEGF and Ang-2 levels are associated with PaO2 and the severity of inflammation rather than the presence of hemoptysis in patients with inflammatory lung diseases. Thus, hemoptysis may not be mediated by increased serum levels of VEGF and Ang-2 in patients with inflammatory lung diseases, and further studies are required to determine the mechanisms of hemoptysis.

Key Words: Angiogenesis, angiopoietin-2, hemoptysis, inflammation, vascular endothelial growth factor

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INTRODUCTION

Angiogenesis is characterized by the formation of new microvessels from preex-

isting vasculature and is associated with numerous inflammatory conditions, such as atherosclerosis, arthritis, retinopathy, and tumor growth.¹ Previous studies provided evidence that inflammation exists in a mutually dependent association with angiogenesis.^{2,3}

Among the numerous angiogenic factors, vascular endothelial growth factor (VEGF) is the most extensively studied and is significantly related to the severity of inflammatory lung diseases, such as active tuberculosis, chronic bronchitis, pulmonary aspergilloma, and pulmonary disease caused by cystic fibrosis.⁴⁻⁷ Overexpression of VEGF is also significantly correlated with lung cancer progression and metastasis. Antiangiogenic agents have received widespread attention as targets for lung cancer therapy.^{8,9} Recent studies reported that VEGF elevation correlates significantly with the presence of hemoptysis in patients with pulmonary aspergilloma.⁶ Another major factor involved in angiogenesis, angiopoietin-2 (Ang-2), is also induced by hypoxemia¹⁰ and plays an important role in initiating vessel sprouting in concert with VEGF.11,12 In contrast with angiopoietin-1, which stabilizes blood vessels, Ang-2 destabilizes blood vessels, initiating angiogenic changes instead of regression, and promotes the neovascularization of tumor cells.13-16

The purpose of this study was to investigate whether serum VEGF and Ang-2 were associated with the presence of hemoptysis and the level of systemic inflammation in patients with inflammatory lung diseases.

MATERIALS AND METHODS

Study population

The study was approved by the Institutional Review Board of Samsung Medical Center (a 2600-bed University affiliated hospital in Seoul, Korea) and was registered with www. clinicaltrials.gov (NCT01171768). Informed written consent was obtained from all participants.

Patients presented to the Samsung Medical Center for the treatment of benign inflammatory lung diseases, including bronchiectasis, aspergilloma, pneumonia, and post-tuberculosis destroyed lung, between June 2008 and December 2009. Diagnosis of post-tuberculosis destroyed lung (inactive tuberculosis) was considered when chest computed tomography (CT) scan showed the findings compatible with fibrotic sequelae of old tuberculosis and all mycobacterial examinations of sputum or bronchial washing fluid were negative.

Patients with hemoptysis (hemoptysis group) were enrolled if they had hemoptysis within 2 weeks before study enrollment, and the patients without hemoptysis (no hemoptysis group) were enrolled if they did not have any hemoptysis more than 2 years before study enrollment. All study patients except one were admitted to general ward or emergency department for the management of symptomatic benign lung diseases. We excluded patients with neoplastic conditions, including lung cancer, vasculitis, and lung disease associated with collagen vascular disease. Serum samples for VEGF and Ang-2, clinical data, such as age, gender, smoking status, clinical symptoms, and laboratory data. including peripheral white blood cell (WBC) count, hemoglobin (Hb), prothrombin time (PT), C-reactive protein (CRP), and arterial oxygen tension (PaO₂), were obtained at study enrollment.

Determination of sample size

The required sample size was calculated based on VEGF levels according to the presence of hemoptysis in patients with asperilloma.⁶ Assuming 437 ± 164 pg/mL of VEGF in the hemoptysis group and 162 ± 102 pg/mL in the no hemoptysis group, a sample size of 42 patients (21 per group) was required to detect a 120 pg/mL difference between the two groups with a power of 90% and α error of 0.05 using a two-tailed test.¹⁷ Anticipating a potential 20% drop-out rate, we planned to include 52 subjects (26 per group).

Measurement of VEGF and Ang-2

Serum samples from each individual were obtained at the time of study enrollment. Sera were stored at -80°C. Serum VEGF and Ang-2 concentrations were measured in triplicate for each sample using a commercial enzyme-linked immunosorbent assay (ELISA) kit (R&D Systems, Minneapolis, MN, USA). The detection ranges of ELISA kits for VEGF and Ang-2 were 31.2-2000 pg/mL and 46.9-3000 pg/mL, respectively. Therefore, serum was diluted to measure serum Ang-2 levels.

Statistical analysis

Data presented are expressed as either the median and interquartile range (IQR, 25th and 75th percentiles) or the number (percentage) of patients. For univariate analysis or relation with hemoptysis, categorical variables were analyzed using a Pearson χ^2 test or Fisher's exact test; continuous variables were analyzed using a Mann-Whitney U test. VEGF and Ang-2 levels did not fit normality assumptions; thus, log-transformed VEGF and Ang-2 (In VEGF and In Ang-2) values were used in analyses. As the VEGF and Ang-2 levels were measured in triplicate from single patient samples, a mixed model was used to analyze associations between parameters. Additionally, to take random effects between subjects into account, we used the 'random statement' function in PROC MIXED. All *p* values are two-sided with *p*<0.05 considered to indicate statistical significance. Statistical analyses were performed using the SAS software (ver. 9.1; SAS Institute, Cary, NC, USA).

RESULTS

Baseline clinical and laboratory features

Characteristics of the enrolled patients are listed in Table 1. In this study, 52 study patients underwent extensive evaluations for underlying disease including chest CT scan (n= 46), bronchoscopy (n=21), and sputum bacterial and mycobacterial examinations (n=44). There were 25 men and 27 women, with a median age of 58 years (range, 47-66). Of the 52 patients, 14 patients (27%) had a history of smoking, and 22 (42%) had a history of tuberculosis treatment. The most common disease in enrolled patients was bronchiectasis (62%); 14% had an aspergilloma, and 14% had post-tuberculosis destroyed lung. Median VEGF and Ang-2 levels were 436 pg/mL (257-724) and 2383 pg/mL (1807-3209), respectively. In total, 5 patients received oxygen therapy (1-2 L/min) on arterial blood gas analysis.

Comparison of clinical laboratory features depending on the presence of hemoptysis

In patients with hemoptysis (n=26), bronchiectasis (54%), aspergilloma (27%), and post-tuberculosis destroyed lung (19%) were observed. In those without hemoptysis (n=26), bronchiectasis (69%), post-tuberculosis destroyed lung (8%), pneumonia (19%), and pulmonary tuberculosis (4%) were observed. Patients with hemoptysis had more significant history of tuberculosis treatment compared with those without hemoptysis. However, the median CRP and Ang-2 levels were significantly higher in patients without hemoptysis than in those with hemoptysis (CRP; 0.34 vs. 3.29 mg/dL; p<0.001, and Ang-2; 2017 vs. 2946 pg/mL; p<0.001). There was no significant difference in age, gender, smoking history, presenting symptoms, or laboratory findings (including WBC, Hb, PT, PaO₂, serum VEGF levels) (Table 2).

	Median (IQR) or No. (%)
Age	58 (47-66)
Sex	
Female	25 (48%)
Male	27 (52%)
Smoking status	
Current smoker	2 (4%)
Ex-smoker	12 (23%)
Non-smoker	38 (73%)
Comorbidities	
Hypertension	8 (15%)
Diabetes mellitus	2 (4%)
Prior therapy for tuberculosis	22 (42%)
Lung Diseases	
Bronchiectasis	32 (62%)
Aspergilloma	7 (14%)
Post-tuberculosis destroyed lung	7 (14%)
Pneumonia without bronchiectasis	5 (10%)
Pulmonary tuberculosis	1 (2%)
Presenting symptoms	
Cough	36 (69%)
Dyspnea	15 (29%)
Fever	7 (13%)
Laboratory findings	
WBC (#/µL)	8035 (6257-10533)
Hemoglobin (g/dL)	12.5 (11.3-14.0)
PT (INR)	1.05 (0.99-1.13)
CRP (mg/dL)	1.13 (0.24-4.13)
PaO ₂ (mm Hg)	81.7 (66.1-90.5)
VEGF (pg/mL)	436 (257-724)
Ang-2 (pg/mL)	2383 (1807-3209)

Table 1 Baseline Characteristics of Enrolled Patients (n–52)

WBC, white blood cell; PT, prothrombin time; CRP, C-reactive protein; VEGF, vascular endothelial growth factor; Ang-2, angiopoietin-2; IQR, interquartile range; INR, international normalized ratio; PaO₂, arterial oxygen tension.

Correlation between serum VEGF or angiopoietin-2 and other parameters

The median VEGF levels were 375 pg/mL in bronchiectasis, 472 pg/mL in aspergilloma, 554 pg/mL in post-tuberculosis destroyed lung, and 451 pg/mL in pneumonia. The median Ang-2 levels were 2444 pg/mL in bronchiectasis, 1689 pg/mL in aspergilloma, 3021 pg/mL in post-tuberculosis destroyed lung, and 4344 pg/mL in pneumonia.

Serum Ang-2 levels were significantly correlated with serum VEGF levels (p=0.028) (Fig. 1). Serum VEGF levels demonstrated a significant positive correlation with WBC and a negative correlation with PaO₂ levels (Table 3). Age, gender, smoking status, presence of hemoptysis, and CRP levels showed no significant correlation with VEGF levels

	With hemoptysis (n=26)	Without hemoptysis (n=26)	p value
Age	56 (47-65)	60 (48-66)	0.826
Sex			0.405
Female	11 (42%)	14 (54%)	
Male	15 (58%)	12 (46%)	
Smoking status			0.252
Current smoker	2 (8%)	0	
Ex-smoker	7 (27%)	5 (19%)	
Non-smoker	17 (65%)	21 (81%)	
Comorbidities			
Hypertension	6 (23%)	2 (8%)	0.248
Diabetes mellitus	1 (4%)	1 (4%)	1.000
Prior therapy for tuberculosis	15 (58%)	7 (27%)	0.025
Lung diseases			0.005
Bronchiectasis	14 (54%)	18 (69%)	
Aspergilloma	7 (27%)	0	
Post-tuberculosis destroyed lung	5 (19%)	2 (8%)	
Pneumonia	0	5 (19%)	
Pulmonary tuberculosis	0	1 (4%)	
Severity of diseases			
No. of involved lobes	2 (1-3)	3 (2-4)	0.390
Presenting Symptoms			
Cough	16 (62%)	20 (77%)	0.229
Dyspnea	6 (23%)	9 (35%)	0.358
Fever	2 (8%)	5 (19%)	0.419
Laboratory findings			
WBC (#/µL)	7645 (6353-9695)	8285 (5973-10638)	0.742
Hemoglobin (g/dL)	13 (11-14)	12.4 (11.8-13.9)	0.615
Platelet (× $10^3/\mu$ L)	216 (186-260)	250 (195 - 317)	0.359
PT (INR)	1.06 (1.01-1.14)	1.04 (0.98-1.12)	0.359
aPTT (sec)	36 (31-38)	38 (34-41)	0.039
CRP (mg/dL)	0.34 (0.13-2.09)	3.29 (0.60-7.19)	0.001
PaO ₂ (mm Hg)	83.5 (75.1-94.2)	74.7 (64.7-87.6)	0.142
VEGF*	389 (270-684)	449 (224-776)	0.934
Ang-2*	2017 (1633-2597)	2946 (2101-4698)	< 0.001

Table 2. Comparison of Clinical Laborato	ry Features according to	o the Presence of Hemoptysis
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WBC, white blood cell; PT, prothrombin time; aPTT, activated partial thromboplastin time; CRP, C-reactive protein; VEGF, vascular endothelial growth factor; Ang-2, angiopoietin-2; INR, international normalized ratio; PaO₂, arterial oxygen tension.

*The analysis used a mixed model, accounting for the random effect between subjects (logarithmic transformed VEGF and Ang-2 values were used).

(Table 3). Ang-2 levels showed significantly positive correlations with age, WBC, and CRP levels, while demonstrating a negative correlation with PaO₂ levels (Table 3).

Multivariate analysis using PROC MIXED for repeated measures data was performed to identify factors significantly correlated with serum VEGF or Ang-2 levels. CRP levels and PaO₂ were found to be significant correlated with both serum VEGF (p=0.032 and p=0.016, respectively) and Ang-2 levels (p<0.001 and p=0.041, respectively) after adjusting for other factors (age, gender, smoking history, and the presence of hemoptysis) (Table 4). Age and the absence of hemoptysis were significantly correlated with serum Ang-2 levels (Table 4).

DISCUSSION

In the present study, serum VEGF levels did not differ according to the presence of hemoptysis. However, we demonstrated that serum VEGF and Ang-2 levels in patients with inflammatory lung diseases correlated significantly with elevations in serum CRP and reduction of PaO₂.



Fig. 1. Correlation between serum VEGF and Ang-2 levels. VEGF, vascular endothelial growth factor; Ang-2, angiopoietin-2. p=0.028.

Variables	Ln [VEGF]			Ln [Ang-2]		
variables	Coefficient	SE	p value	Coefficient	SE	p value
Age	-0.003	0.005	0.524	0.013	0.003	< 0.001
Sex (female*)	0.114	0.128	0.375	0.144	0.081	0.077
Smoking status [†] (non-smoker*)	0.116	0.144	0.423	0.092	0.092	0.317
Comorbidities						
Hypertension (No*)	-0.159	0.177	0.370	-0.020	0.113	0.862
Diabetes mellitus (No*)	-0.050	0.333	0.880	0.260	0.211	0.220
Prior therapy for tuberculosis (No*)	0.089	0.130	0.493	-0.154	0.082	0.061
Presenting symptoms						
Cough (No*)	0.247	0.137	0.074	0.196	0.087	0.026
Dyspnea (No*)	0.355	0.139	0.011	0.286	0.087	0.001
Fever (No*)	-0.199	0.187	0.288	0.030	0.120	0.801
Hemoptysis (No*)	0.011	0.128	0.934	-0.420	0.074	< 0.001
Amount of hemoptysis (cc)	-0.0001	0.0003	0.672	0.0003	0.0002	0.121
Laboratory findings						
WBC (#/µL)	0.00006	0.00002	0.005	0.000064	0.00001	< 0.001
Hemoglobin (g/dL)	0.016	0.017	0.358	-0.004	0.011	0.745
PT (INR)	1.085	0.733	0.141	1.0961	0.462	0.019
CRP (mg/dL)	0.022	0.02	0.160	0.059	0.009	< 0.001
PaO ₂ (mm Hg)	-0.006	0.003	0.055	-0.004	0.002	0.027

Table 3. Univariate Analy	vsis of Associations	between Serum VEGF or	Angiopoietin-2 levels	and Other Measured Parameters
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Ln, natural logarithm; WBC, white blood cell; PT, prothrombin time; CRP, C-reactive protein; VEGF, Vascular endothelial growth factor; Ang-2, angiopoietin-2; SE, standard error; PaO₂, arterial oxygen tension.

Analysis using a mixed model to account for the random effect between subjects (logarithmic transformed VEGF and Ang-2 values were used). *Reference category.

[†]Smoking status: smokers (current smoker or ex-smoker) and non-smoker.

Angiogenesis, the growth of new capillary blood vessels from pre-existing vasculature, is an important contributor to tissue inflammation and abnormal remodeling in inflammatory diseases. Consistent with previous data that levels of VEGF are significantly elevated in inflammatory disorders, including lung inflammatory disease,^{6,7,18,19} our present results also demonstrated that VEGF levels were increased in inflammatory lung diseases, such as bronchiectasis, aspergilloma, post-tuberculosis destroyed lung, and pneumonia, when compared with published normal values.^{20,21} Additionally, elevated VEGF levels correlated with severity of inflammation. Significant change in the serum VEGF levels

	Coefficient	SE	Т	p value
Ln [VEGF]				
Age	-0.007	0.005	-1.26	0.211
Sex (female*)	-0.142	0.177	-0.80	0.424
Smoking status [†] (non-smoker*)	0.121	0.180	0.67	0.503
The presence of hemoptysis	0.188	0.152	1.24	0.218
CRP (mg/dL)	0.042	0.020	2.16	0.032
PaO ₂ (mm Hg)	-0.007	0.003	-2.45	0.016
Ln [Ang-2]				
Age	0.012	0.003	4.43	< 0.001
Sex (female*)	0.127	0.090	1.42	0.157
Smoking status [†] (non-smoker*)	0.025	0.091	0.28	0.783
The presence of hemoptysis	-0.275	0.077	-3.59	< 0.001
CRP (mg/dL)	0.038	0.010	3.88	< 0.001
PaO ₂ (mm Hg)	-0.003	0.002	-2.06	0.041

Table 4. Multivariate Correlations between Serum VEGF or Angiopoietin-2 Levels and Other Measured Parameters

Ln, natural logarithm; T, t statistic value; VEGF, vascular endothelial growth factor; Ang-2, angiopoietin-2; CRP, C-reactive protein; SE, standard error; PaO₂, arterial oxygen tension.

Analysis using a mixed model to account for the random effect between subjects (logarithmic transformed VEGF and Ang-2 values were used). *Reference category.

[†]Smoking status: smokers (current smoker or ex-smoker) and non-smoker.

with the treatment of inflammatory lung diseases have been reported.^{4,6} To our best knowledge, however, our present study is the first to demonstrate that serum VEGF levels are positively correlated with serum CRP levels and WBCs. In a previous study on patients undergoing major surgery, there was no significant correlation between increases in serum VEGF levels and serum IL-6 or CRP levels.²²

Recently, several clinical studies have shown that circulating levels of Ang-2 are increased in septic shock patients, as well as non-septic patients with, or at risk of, acute lung injury/acute respiratory distress syndrome; this is related to vascular permeability and pulmonary dysfunction.²³⁻²⁶ In these studies, serum Ang-2 levels were positively correlated with serum CRP levels. In the present study, Ang-2 levels were positively correlated with CRP levels and WBCs, both representing markers of inflammation. Compared with the levels of Ang-2 in previous studies,^{23,25,27} the median level of Ang-2 in septic shock patients was greater than 4000 pg/ mL; this is significantly higher than the levels seen in the current study (median Ang-2 level of 2383 pg/mL). However, the levels of Ang-2 in the current study are similar to data measured in cancer patients, including lung, breast, and prostate,^{15,28} and were greater than the levels of Ang-2 in the healthy volunteers without lung disease (1000-1500 pg/mL).28 Our findings suggest that high Ang-2 levels are associated with the severity of inflammatory lung disease in patients without sepsis, and that the Ang-2 levels in inflammatory diseases are similar to the levels reported in the setting of various cancers.^{15,28} To our best knowledge, this is the first reported study to evaluate Ang-2 levels in inflammatory lung diseases, including bronchiectasis, post-tuberculosis destroyed lung, and aspergilloma.

During development of inflammatory tissue, hypoxic conditions can promote angiogenesis, leading to induced VEGF and Ang-2 production. Expression of Ang-2 was elevated in cultured endothelial cells exposed to hypoxia,^{29,31} while VEGF mRNA expression was increased.^{32,33} In the present study, PaO₂ levels were correlated inversely with VEGF and Ang-2 levels; suggesting that angiogenesis mediators may be released in response to low PaO₂ in patients with inflammatory lung diseases.

Significant associations between VEGF and Ang-2 levels have been noted in earlier studies in patients with various tumors,²⁸ diabetes mellitus,³⁴ and asthma.³⁵ The present study demonstrated that serum VEGF and Ang-2 levels had a significant positive correlation in inflammatory lung diseases.

However, in contrast to a previous study,⁶ our study did not find a significant association between the presence of hemoptysis and VEGF levels. This lack of an association may be explained by differences in the distribution of disease between the hemoptysis and the no hemoptysis groups. As shown in Table 2, the prevalence of bronchiectasis (54%), aspergilloma (27%), and post-tuberculosis destroyed lung (19%) in the hemoptysis group differed from the no hemoptysis group where bronchiectasis (69%), pneumonia (19%), and post-tuberculosis destroyed lung (8%) were prevalent.

When the VEGF levels were compared between patients with aspergilloma, which were present only in the hemoptysis group, and those with pneumonia, which were present only in the non-hemoptysis group, no significant difference in VEGF levels was observed. Additionally, when comparison was restricted to patients with bronchiectasis from both groups, VEGF levels were not significantly correlated with the presence of hemoptysis. The lack of a significant difference in VEGF levels between the hemoptysis and no hemoptysis groups can be partially explained by the different disease distribution in the two groups. In previous reports of associations between VEGF levels and hemoptysis in 21 pulmonary aspergilloma patients,6 the mean serum VEGF levels in 6 patients with hemoptysis and 15 patients without hemoptysis were 437 pg/mL and 162 pg/mL, respectively. The reported serum VEGF levels were similar to the aspergilloma patients with hemoptysis in the current study.

The present study has several other limitations. The measurements of VEGF and Ang-2 levels were made with serum, not lung tissue; it is unclear whether serum VEGF or Ang-2 levels reflect the levels in lung tissue. Also, because the present study was conducted with multiple inflammatory lung diseases, the sample size might have influenced the statistical power; this limits the interpretation of the study despite the fact that a formal sample size calculation was performed. Finally, the timing of measurement of serum angiogenesis markers in this study was not uniform in relation to stages of lung injury. Since the level of serum angiogenesis markers could vary in different stages of lung injury, our data should be interpreted conservatively. A largerscale study in patients with bronchiectasis, aspergilloma, and pneumonia is needed to further clarify the association between hemoptysis and VEGF levels.

In conclusion, serum VEGF and Ang-2 levels were associated with the PaO₂ and the severity of inflammation, rather than the presence of hemoptysis in patients with inflammatory lung diseases. Hemoptysis in patients with inflammatory lung diseases may not be mediated by increased serum levels of VEGF and Ang-2. Further studies are required to determine the mechanism(s) of hemoptysis in patients with inflammatory lung disease.

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