

Prognostic prediction of breast cancer patients using machine learning models: a retrospective analysis

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Background: Breast cancer is a common and complex disease, with various clinical features affecting prognosis. Accurate prediction of prognosis is essential for guiding personalized treatment strategies. This study aimed to develop machine learning models for predicting prognosis in breast cancer patients using retrospective data.

Methods: A total of 6,477 patients from Affiliated Sir Run Run Shaw Hospital were included, and their electronic medical records (EMRs) were thoroughly examined to identify 15 clinical features significantly associated with breast cancer survival. We employed eight different machine learning algorithms, including Logistic Regression (LR), Support Vector Machine (SVM), Random Forest (RF), and Extreme Gradient Boosting (XGBoost), to develop and evaluate the predictive performance of the models. In addition, to investigate the sensitivity of different training/testing set radio to model performance, we examined five sets of ratios: 50:50, 60:40, 70:30, 80:20, 90:10.

Results: Among these models, XGBoost demonstrated the highest performance with receiver operating characteristic (ROC) area under the curve (AUC) of 0.813, accuracy of 0.739, sensitivity of 0.815, and specificity of 0.735. Further statistical analysis identified several significant predictors of prognosis, including age, tumor size, lymph node status, and hormone receptor status. The XGBoost model was found to exhibit superior predictive power compared to established prognostic models such as the Nottingham Prognostic Index (NPI) and Predict Breast. Based on the successful performance of the XGBoost model, we developed a prognosis prediction tool specifically designed for breast cancer, providing valuable insights to clinicians, and aiding them in making informed treatment decisions tailored to individual patients.

Conclusions: Our study highlights the potential of machine learning models in accurately predicting prognosis for breast cancer patients, ultimately facilitating personalized treatment strategies. Further research and validation are warranted to fully integrate these models into clinical practice.

Keywords: Machine learning models; breast cancer prognosis; Extreme Gradient Boosting (XGBoost); predictive performance; personalized treatment decision-making

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Introduction

Breast cancer is one of the most prevalent and significant health issues affecting women globally (1). Accurate prognostic prediction plays a crucial role in determining appropriate treatment strategies and improving patient outcomes. Traditional prognostic models, such as the Nottingham Prognostic Index (NPI) (2) and Predict Breast (3,4), have been widely used; however they may have limitations in terms of accuracy and personalized prediction (5). Accurately estimating the mortality risk for all patients diagnosed with breast cancer, regardless of stage and molecular subtype, can have important clinical implications. It may help to stratify follow-up plans, provide patients with valuable information about their prognosis, and identify high-risk individuals who might benefit from participation in clinical trials.

In recent years, machine learning models have demonstrated significant potential in various medical applications, including the prediction of breast cancer prognosis (5-7). These models excel at integrating multiple clinical features and detecting complex patterns that might

Highlight box

Key findings

This study developed and evaluated machine learning models to
predict breast cancer prognosis using data from 6,477 patients.
Among the models tested, Extreme Gradient Boosting (XGBoost)
demonstrated superior performance with a receiver operating
characteristic area under the curve of 0.813, accuracy of 0.739,
sensitivity of 0.815, and specificity of 0.735. Significant prognostic
factors identified include age, tumor size, lymph node status, and
hormone receptor status.

What is known and what is new?

- Traditional prognostic models such as the Nottingham Prognostic Index and Predict Breast provide valuable insights but have limitations in prediction accuracy and personalization.
- This manuscript introduces the XGBoost algorithm, which surpasses these established models in predictive performance.
 It offers a more accurate and personalized tool for prognosis prediction in breast cancer, potentially leading to better-informed treatment decisions.

What is the implication, and what should change now?

- The improved predictive accuracy of the XGBoost model could significantly enhance personalized treatment strategies for breast cancer patients, leading to better outcomes.
- Further research and validation of the XGBoost model in diverse clinical settings are needed to support its integration into routine clinical practice and to optimize patient-specific treatment plans.

pose challenges for conventional statistical methods. The potential for machine learning approaches in clinical prediction modeling has generated considerable interest within the medical community. By leveraging these advanced techniques, we hope to enhance our capacity to accurately predict breast cancer prognosis, enabling clinicians to develop personalized treatment strategies and improve patient outcomes.

Breast cancer is a multifaceted disease with a variety of prognostic factors, making accurate prediction challenging. While machine learning approaches have shown potential, it is crucial to evaluate the performance of each specific machine learning method and compare it with conventional regression-based methods, which have consistently demonstrated good performance in stratified follow-up and other clinical applications (2-4). In conclusion, while machine learning approaches hold promise, it is vital to evaluate and compare their performance with conventional regression-based methods to ensure accurate clinical decision-making.

Therefore, in this study, we aim to compare the performance of machine learning approaches with regression-based methods in predicting breast cancer prognosis using a comprehensive dataset. We leveraged the predictors available in the dataset to evaluate the effectiveness and consistency of both approaches. Through an analysis of the performance of these models, we can identify the most reliable and clinically relevant method for predicting breast cancer prognosis. We present this article in accordance with the TRIPOD reporting checklist (available at https://gs.amegroups.com/article/view/10.21037/gs-24-106/rc).

Methods

Study participants

In this retrospective study, we collected electronic medical records (EMRs) of 6,477 breast cancer patients admitted to the Department of Surgical Oncology, Affiliated Sir Run Run Shaw Hospital, Zhejiang University School of Medicine, between August 1998 and November 2021. These EMRs for each patient included a wealth of demographic and clinical feature information such as age, diagnosis date, recurrence and death dates, stage, estrogen receptor (ER as negative or positive), progesterone receptor (PR as negative or positive), human epidermal growth factor receptor 2 (HER2 ER as negative or positive), tumor size, Ki67, intravascular cancer emboli, operating time,

menopausal status, histology (ductal/lobular carcinoma in situ, invasive lobular carcinoma and invasive ductal carcinoma), surgical approach and treatment. The primary outcome was the 5-year overall survival (OS), represented in binary form (1= death, 0= survival). The exclusion criteria for this study were as follows: (I) male participants; (II) received neoadjuvant chemotherapy; (III) missing records for birth, diagnosis, surgery, and follow-up date; (IV) interested feature misses more than 30%; (V) the followup duration of less than 5 years from the date of enrollment for the survival. This study was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and was approved by Ethics Committee of the Affiliated Sir Run Run Shaw Hospital, Zhejiang University School of Medicine (No. S20210910-30). Informed consent was waived considering the retrospective nature of the study.

Feature selection and data processing

We collected 15 easily obtainable clinical features that are believed to be associated with the survival of breast cancer patients from the EMRs according to features importance (8). The percentage of missing values for all features was less than 30%. Before the model development, the categorical features were converted by using either the label or one-hot encoding method, as appropriate and the numerical variables remained unchanged. As for the missing data, we applied the following imputation strategy to deal with:

- (I) If the missing data was a categorical feature encoded using one-hot encoding, we replaced it with zeros.
- (II) If the missing data was a continuous feature or a categorical feature encoded using label encoding, we utilized the Multiple Imputation by Chained Equations (MICE) method with a linear regression model for imputation.

Subsequently, all features were normalized to avoid within-subject differences among features. *Figure 1* shows the flow chart of the study protocol.

Model development and assessment

The dataset was randomly divided into a training set and a test cohort without following any sequences. To investigate the impact of train/test split ratio on the performance of prediction models, we examined five sets of ratios: 50:50, 60:40, 70:30, 80:20 and 90:10. The training set was used to develop and train models, while the test set was

used to evaluate the performance of the models. Eight machine learning models were developed in this study, i.e., Logistic Regression (LR) (9), Support Vector Machine (SVM) (10), Random Forest (RF) (11), Extreme Gradient Boosting (XGBoost; XGB) (12), Multinomial Naïve Bayes (MNB) (13), K Nearest Neighbors (KNN) (14), Multilayer Perceptron (MLP) (15) and LightGBM (LGBM) (16) which are commonly applied in medical binary classification problems and each model was supplied with the same input variables. The models were implemented utilizing Python and the Scikit-learn machine learning toolkit, and the best hyper-parameter combinations of each model were exhausted by a grid search with 5-fold cross-validation to build the optimal model.

To quantify the predictive capabilities of each model, we plotted the receiver operating characteristic (ROC) curves and then calculated the area under the curve (AUC) as the main metric to assess the model's performance. Furthermore, the accuracy, sensitivity, and specificity, G-mean as shown in the formulas based on the confusion matrix were used to evaluate the model performance from multiple perspectives, and the Youden index was used as the threshold selection for classification. Finally, we compared the best-performing model with internationally recognized breast cancer prognostic statistical models such as the NPI and Predict Breast to assess whether machine learning methods exhibit significantly better predictive performance compared to statistical methods in the context of breast cancer prognosis.

Statistical analysis

The descriptive and continuous variables were expressed as actual numbers (n) (percentages, %), and means ± standard deviations, respectively. A Chi-squared test was used to compare the categorical variables, while Student's *t*-test was used to compare the continuous variables. The P<0.05 was considered statistically significant. Data were processed and analyzed using IBM SPSS Statistics 26.0 (IBM Corp., Armonk, NY, USA).

Results

Study population characteristics

A total of 2,435 patients met the inclusion criteria for the analysis. The mean age of the participants was 51.85 ± 0.43 years, and 136 (5.59%) and 2,299 (94.41%) of the

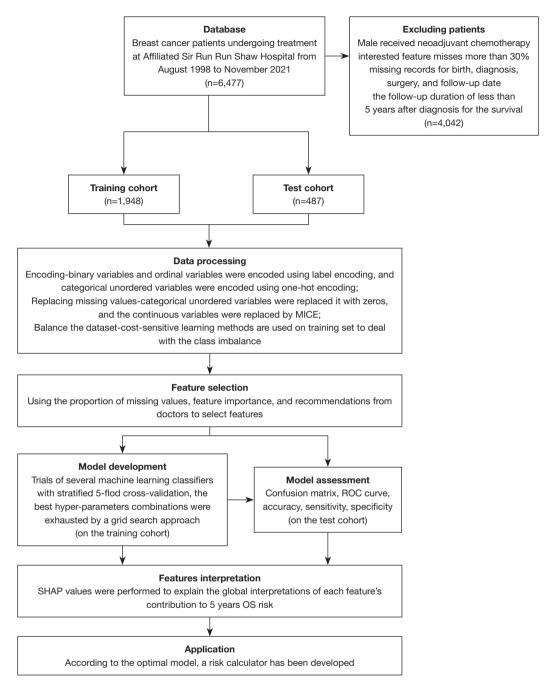


Figure 1 Breast cancer prognosis prediction and decision support framework. A total of 1,358 patients were included in this study, with 15 clinical variables applied. The data were divided into training and test sets. The model was trained using k-fold cross-validation (k=5), and a grid search was conducted to determine the best parameter combinations. MICE, Multiple Imputation by Chained Equations; ROC, receiver operating characteristic; SHAP, Shapley Additive Explanations; OS, overall survival.

patients died and survived within 5 years after diagnosis, respectively. A total of 15 input features were extracted from each EMR, including age, tumor location, tumor size, menstruation status, histology, number of metastatic

lymph nodes, number of dissected lymph nodes, presence of intravascular tumor emboli, number of chemotherapy cycles, radiation therapy, and endocrine therapy. The characteristics of each clinical variable are shown in *Table 1*.

Table 1 Overview of the extracted features

Features	Total (N=2,435)	Survival (N=2,299)	Death (N=136)	P value
Age (years), mean ± SD	51.85±0.43	51.55±0.43	57.05±2.45	<0.001
Tumor location, n (%)				0.68
Inner upper	545 (22.4)	514 (94.3)	31 (5.7)	
Inner lower	107 (4.4)	100 (93.5)	7 (6.5)	
Outer upper	445 (18.3)	420 (94.4)	25 (5.6)	
Outer lower	646 (26.5)	617 (95.5)	29 (4.5)	
Overlapping	571 (23.4)	537 (94.0)	34 (6.0)	
Center	91 (3.7)	84 (92.3)	7 (7.7)	
Accessory breasts	5 (0.2)	4 (80.0)	1 (20.0)	
Missing	25 (1.0)	23 (92.0)	2 (8.0)	
Tumor size (cm), mean ± SD	2.1±0.05	2.12±0.05	2.76±0.28	< 0.001
Menstruation, n (%)				< 0.001
Postmenopausal	1,232 (50.6)	1,188 (96.4)	44 (3.6)	
Premenopausal	1,203 (49.4)	1,111 (92.4)	92 (7.6)	
Histology, n (%)				0.045
Invasive ductal carcinoma	1,895 (77.8)	1,782 (94.0)	113 (6.0)	
Ductal carcinoma in situ	189 (7.8)	185 (97.9)	4 (2.1)	
Mucinous carcinoma	48 (2.0)	48 (100.0)	0	
Invasive lobular carcinoma	70 (2.9)	64 (91.4)	6 (8.6)	
Lobular carcinoma in situ	1 (0.04)	1 (100.0)	0	
Other invasive carcinoma	231 (9.5)	218 (94.4)	13 (5.6)	
Missing	1 (0.04)	1 (100.0)	0	
Number of metastatic lymph nodes, mean \pm SD	1.44±0.1419	1.25±0.1286	4.71±1.19	< 0.001
Number of dissected lymph nodes, mean \pm SD	15.87±0.3874	15.82±0.3974	16.8088±1.7253	0.25
Intravascular tumor emboli	126 (5.2)	111 (88.1)	15 (11.9)	0.002
Chemotherapy cycle number, mean \pm SD	4.1865±0.1816	4.1795±0.186	4.3052±0.8285	0.76
Radiation therapy, n (%)				0.43
Yes	1,100 (45.2)	1,043 (94.8)	57 (5.2)	
No	1,335 (54.8)	1,256 (94.1)	79 (5.9)	
Endocrine therapy, n (%)				< 0.001
Aromatase inhibitor	614 (25.2)	582 (94.8)	32 (5.2)	
Tamoxifen	589 (24.2)	567 (96.3)	22 (3.7)	
Toremifene	359 (14.7)	352 (98.1)	7 (1.9)	
Medical castration + aromatase inhibitor	25 (1.0)	23 (92.0)	2 (8.0)	
Medical castration + TAM	17 (0.7)	17 (100.0)	0	
Other	99 (4.1)	94 (94.9)	5 (5.1)	
Not used	327 (13.4)	288 (88.1)	39 (11.9)	
Missing	405 (16.6)	376 (92.8)	29 (7.2)	

Table 1 (continued)

Table 1 (continued)

Features	Total (N=2,435)	Survival (N=2,299)	Death (N=136)	P value
ER, n (%)				0.93
Positive	634 (26.0)	599 (94.5)	35 (5.5)	
Negative	1,801 (74.0)	1,700 (94.4)	101 (5.6)	
PR, n (%)				0.31
Positive	702 (28.8)	668 (95.2)	34 (4.8)	
Negative	1,733 (71.2)	1,631 (94.1)	102 (5.9)	
Her2, n (%)				0.10
Positive	639 (26.2)	595 (93.1)	44 (6.9)	
Negative	1,796 (73.8)	1,704 (94.9)	92 (5.1)	
Ki67, mean ± SD	28.69±0.81	28.37±0.83	34.23±3.64	0.001

SD, standard deviation; TAM, tamoxifen; ER, estrogen receptor; PR, progesterone receptor.

It could be seen from the descriptive statistics that seven features (age, tumor size, menstruation, number of metastatic lymph nodes, intravascular tumor emboli, endocrine therapy, Ki67) were significantly different among the output classes (survival and death).

Model performance

We compared eight algorithms for breast cancer prognosis prediction. Table 2 presents the performance metrics of each model, including AUC value derived from the ROC curve (Figure 2), accuracy, sensitivity, specificity, and G-mean, across various training and testing splits. The results demonstrated that the XGBoost algorithm maintained good performance at all different ratios. Meanwhile, as anticipated, when the training set ratio was relatively small (e.g., 50:50), the performance of several machine learning algorithms improved with an increase in the training set ratio, which suggests that the models learned more effectively. However, when the training set ratio was further increased to 90%, a decrease in model performance was observed, indicating potential overfitting effects. Ultimately, the best performance was obtained by the XGBoost algorithm in the primary evaluation metric, AUC value of 0.813 on the 80:20 training/testing split, along with fairly high values in other evaluation metrics, suggesting good classification performance. However, we found that no classification model achieved the highest scores across all evaluation metrics. While the MNB model achieved the highest accuracy value of 0.848 and the highest specificity value of 0.865, it achieved the lowest sensitivity value of 0.556. Similarly, the LR model exhibited extremely high sensitivity value of 0.889, but it performed comparatively poorer in terms of accuracy and specificity metrics.

Model explanations

In this research, we utilized the Shapley Additive Explanations (SHAP) tool to reveal the individual contributions of each feature to the model predictions which is useful in model interpretation. Figure 3A presents the feature importance plot for the XGB model, in order of importance based on the average absolute SHAP values. The beeswarm plot depicted in Figure 3B describes the specific impact of each feature on the prediction of the 5-year mortality risk. Each dot represents the SHAP value of each feature for all individual patients, with the colors ranging from blue (low feature value) to red (high feature value). These points are distributed relative to a vertical line at zero, where all the feature values on the left side of zero exert a negative effect on clinical outcomes, while the feature values on the right side exert a positive effect on clinical outcomes. The features on the right indicated by red dots are positively correlated with outcomes, while the features indicated by blue dots are negatively correlated with outcomes.

Number of metastatic lymph nodes, age and Ki67 were determined to be the four most important features with the highest SHAP values (0.483, 0.289 and 0.220, respectively; *Figure 2A*), followed by tumor size, chemotherapy cycle number, number of dissected lymph nodes, endocrine therapy not used, menstruation, radiation

Table 2 Comparison of various models' performance on the test set under different train/test split ratio

Model	AUC	Accuracy	Sensitivity	Specificity	G-mean
Training/testing (50:50)					
LR	0.745	0.805	0.529	0.821	0.659
SVM	0.735	0.811	0.559	0.826	0.679
RF	0.781	0.869	0.515	0.890	0.677
XGB	0.774	0.873	0.397	0.901	0.598
MNB	0.679	0.715	0.515	0.727	0.612
KNN	0.614	0.944	0.0	1.0	0.000
MLP	0.703	0.775	0.471	0.793	0.611
LGBM	0.755	0.865	0.382	0.893	0.584
Training/testing (60:40)					
LR	0.746	0.786	0.500	0.803	0.634
SVM	0.767	0.854	0.444	0.878	0.625
RF	0.783	0.801	0.611	0.812	0.704
XGB	0.782	0.861	0.500	0.883	0.664
MNB	0.661	0.732	0.500	0.746	0.611
KNN	0.615	0.945	0.000	1.000	0.000
MLP	0.732	0.805	0.481	0.824	0.630
LGBM	0.759	0.858	0.426	0.884	0.614
Training/testing (70:30)					
LR	0.754	0.724	0.683	0.726	0.704
SVM	0.772	0.654	0.756	0.648	0.700
RF	0.786	0.837	0.659	0.848	0.747
XGB	0.778	0.806	0.634	0.816	0.719
MNB	0.718	0.686	0.659	0.688	0.673
KNN	0.652	0.725	0.585	0.733	0.655
MLP	0.759	0.748	0.683	0.752	0.717
LGBM	0.777	0.713	0.780	0.709	0.744
Training/testing (80:20)					
LR	0.789	0.643	0.889	0.628	0.747
SVM	0.795	0.741	0.815	0.737	0.775
RF	0.809	0.745	0.815	0.741	0.777
XGB	0.813	0.739	0.815	0.735	0.774
MNB	0.758	0.848	0.556	0.865	0.693
KNN	0.751	0.741	0.778	0.739	0.758
MLP	0.746	0.694	0.703	0.693	0.699
LGBM	0.786	0.649	0.852	0.637	0.737

Table 2 (continued)

Table 2 (continued)

Model	AUC	Accuracy	Sensitivity	Specificity	G-mean
Training/testing (90:10)					
LR	0.776	0.664	0.786	0.657	0.718
SVM	0.806	0.615	1.0	0.591	0.769
RF	0.803	0.770	0.857	0.765	0.810
XGB	0.781	0.758	0.857	0.752	0.803
MNB	0.774	0.861	0.643	0.874	0.750
KNN	0.756	0.734	0.857	0.726	0.789
MLP	0.788	0.664	0.857	0.652	0.748
LGBM	0.789	0.803	0.714	0.809	0.760

AUC, area under the curve; LR, Logistic Regression; SVM, Support Vector Machine; RF, Random Forest; XGB, Extreme Gradient Boosting; MNB, Multinomial Naïve Bayes; KNN, K-Nearest Neighbors; MLP, Multi-Layer Perceptron; LGBM, Light Gradient Boosting Machine.

therapy, pathology invasive ductal carcinoma, tumor location outer lower, ER positive and overlapping and so on. Furthermore, as indicated in *Figure 2B*, the higher number of metastatic lymph nodes, older age, higher Ki67 value, larger tumor size, and not using endocrine therapy were associated with an increased risk of mortality within 5 years for breast cancer patients, while the greater number of dissected lymph nodes, higher chemotherapy cycle number, menopause and radiation therapy can reduce the risk of death. Although the SHAP value distribution was highly dispersed, the correlations of the features with 5-year OS remained consistent with domain knowledge of most of the features.

Model comparison

Due to a high proportion of missing data in the Histologic Tumor Grading within the EMRs used in this study, this feature was not included in the constructed model. However, the NPI and Predict Breast models incorporate this feature. In order to facilitate a meaningful comparison, we selected the subset (n=206, survival =193, death =13) of patient samples from the test set that presented with available Histologic Tumor Grading value to compare the performance of the best-performing XGB model with the NPI and Predict Breast models. The NPI was calculated using the formula NPI = $(0.2 \times S) + N + G$, where S denotes tumor size, N denotes lymph node stage, and G denotes histological grade. On the other hand, the Predict Breast model's prediction was calculated based on its openly

available source code and risk coefficients. The ROC curves and AUC values for the three models are depicted in *Figure 4*. The results indicated that the XGB model achieved the best predictive performance (AUC =0.733), followed by NPI (AUC =0.637), and Predict Breast performed the least accurately (AUC =0.592).

Model application

Based on the XGB model, we have developed a postoperative prognosis prediction tool for breast cancer patients, as shown in *Figure 5*, which can be accessed via https://t54e757334.vicp.fun/tool. By inputting the patient's clinical features and treatment regimen, this tool can assist doctors in gaining a better understanding of the patient's disease progression, which facilitates precision treatment for breast cancer, allowing for more targeted and efficient interventions.

Discussion

The study focused on developing machine learning models for predicting prognosis in breast cancer patients. Eight different machine learning methods were employed and evaluated to forecast the survival of patient. The study used the AUC value, accuracy, sensitivity, and specificity to evaluate the predictive performance of the model. The AUC value was used as the main indicator for overall classification performance, regardless of how the classification threshold was set. The accuracy was used to evaluate the classification

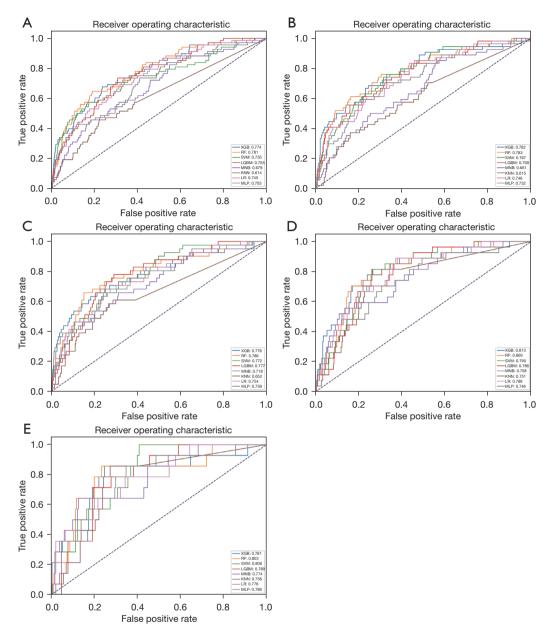


Figure 2 The receiver operating characteristic curves of eight machine learning model under different train/test split ratio. (A) The ROC curves of eight machine learning model on 50:50 train/test radio. (B) The ROC curves of eight machine learning model on 60:40 train/test radio. (C) The ROC curves of eight machine learning model on 70:30 train/test radio. (D) The ROC curves of eight machine learning model on 80:20 train/test radio. (E) The ROC curves of eight machine learning model on 90:10 train/test radio. XGB, Extreme Gradient Boosting; RF, Random Forest; SVM, Support Vector Machine; LGBM, Light Gradient Boosting machine; MNB, Multinomial Naïve Bayes; KNN, K-Nearest Neighbors; LR, Logistic Regression; MLP, Multi-Layer Perceptron; ROC, receiver operating characteristic.

accuracy of the model in the overall sample. However, on our imbalanced data, the model may tend to predict the majority of categories, resulting in high accuracy and poor actual performance. The sensitivity measured the modell's ability to recognize positive examples, while specificity indicators measure the model's ability to recognize negative examples. Analysis based on the AUC values indicates that multiple machine learning methods exhibit strong

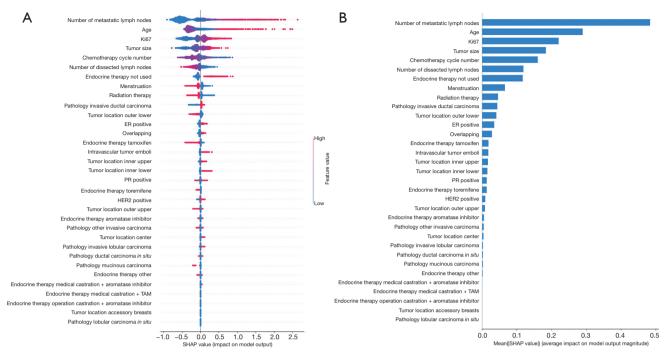


Figure 3 Summary SHAP plot. (A) Global feature importance in XGB model output. (B) Relationship between features and 5-year OS in XGB model. ER, estrogen receptor; PR, progesterone receptor; HER2, human epidermal growth factor receptor 2; TAM, tamoxifen; SHAP, Shapley Additive Explanations; XGB, Extreme Gradient Boosting; OS, overall survival.

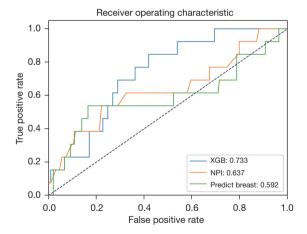


Figure 4 The receiver operating characteristic curves of XGB, NPI and predict breast. XGB, Extreme Gradient Boosting; NPI, Nottingham Prognostic Index.

predictive performance in forecasting the survival rates of breast cancer within the test dataset. Notably, the XGBoost model outperformed the other seven algorithms, boasting an impressive AUC of 0.813 on the 80:20 training/testing radio. While its performance may vary in other

metrics, including accuracy (0.739), sensitivity (0.815), and specificity (0.735), it demonstrated superior overall efficacy, which allows it to balance positive and negative samples well. This highlights the XGBoost model's robust discriminatory ability in identifying patients with varying prognoses. Most importantly, based on the XGBoost model with the highest AUC value, we can modify its threshold to adapt to different prediction needs, such as increasing the threshold to improve the recognition ability for negative cases, i.e., increasing specificity, or decreasing the threshold to improving the recognition ability for positive cases, i.e., improving sensitivity.

In contrast to prior studies (17-22) focusing solely on pathological characteristics, our research utilized a comprehensive dataset spanning a broader timeframe, representing the Chinese population. Notably, age, tumor size, lymph node status, and hormone receptor status were identified as key predictors in our analysis. These findings align with established knowledge in the field, emphasizing the importance of these factors in breast cancer prognosis, and also validating the reliability of our model (8). Furthermore, treatment modalities such as the number of dissected lymph node, postoperative chemotherapy, and

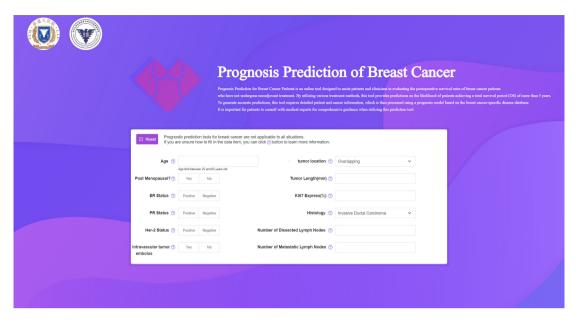


Figure 5 Breast cancer postoperative prognosis prediction tool homepage. ER, estrogen receptor; PR, progesterone receptor.

endocrine therapy were factors that had a higher impact on patient survival compared to some pathological features, indicating the importance of treatment.

Previous research has shown that machine learning approaches do not necessarily outperform appropriate statistical models in low-dimensional clinical settings (23). Considering the potential risks associated with suboptimal medical decisions, thorough evaluation of clinical prediction models is essential to assess their performance and utility (24). Efforts should focus on enhancing generalizability through multi-center collaborations and ensuring transparency by incorporating model explanations in clinical applications (25).

Evaluation against established prognostic models like the NPI (2) and Predict Breast (3,4) demonstrated the superior efficacy of our machine learning model. This highlights the potential of machine learning algorithms to improve prognostic prediction accuracy in breast cancer patients. Classical methods are often faced with issues such as collinearity, heteroscedasticity, complex interactions between variables, and higher-order interactions between predictors, all of which machine learning approaches can effectively overcome.

The development of a postoperative prognosis prediction tool based on the XGBoost model represents a significant advancement in personalized treatment decision-making. Clinicians can leverage this tool to gain valuable insights into the progression of diseases and guide tailored treatment

strategies, ultimately improving patient outcomes and optimizing the allocation of resources in healthcare settings.

Despite yielding promising results, it is important to acknowledge certain limitations. Firstly, this study utilized retrospective data from a singular institution, potentially introducing biases. Future studies should consider multicenter collaborations to enhance generalizability. Additionally, although machine learning models provide accurate predictions, their complex nature can limit interpretability. Efforts should focus on incorporating model explanations and ensuring transparency in clinical applications.

Conclusions

In conclusion, our study demonstrates the potential of machine learning models, particularly XGBoost, in providing precise prognostic predictions for breast cancer patients. By incorporating easily obtainable clinical features, these models can provide valuable insights to clinicians, assisting in personalized treatment decision-making and ultimately improving patient outcomes. Further research and validation are warranted to fully integrate these models into clinical practice.

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Footnote

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Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at https://gs.amegroups.com/article/view/10.21037/gs-24-106/coif). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This study was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and was approved by Ethics Committee of the Affiliated Sir Run Run Shaw Hospital, Zhejiang University School of Medicine (No. S20210910-30). Informed consent was waived considering the retrospective nature of the study.

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