

1 **Contributions of mechanical loading and hormonal changes to eccentric**
2 **hypertrophy during volume overload: a Bayesian analysis using logic-based**
3 **network models.**

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18 **Author Summary**

19 Mitral valve regurgitation is a common heart disease in which a malfunctioning valve
20 allows part of the blood pumped by the heart to flow in the wrong direction. This
21 condition overloads the heart by making it pump more blood volume than normal; the
22 heart temporarily adapts by growing in mass and volume, but if untreated the condition
23 can ultimately lead to heart failure and death. The most effective treatment is to
24 surgically repair the valve; however, in many patients heart function deteriorates even
25 after a successful surgery. Many researchers have studied this condition by
26 experimentally overloading the hearts of dogs and rats, producing large amounts of data
27 on the resulting geometric, mechanical, and biologic changes. Yet there is no clear
28 answer on how to prevent the progression of the disease. In this work we integrate
29 experimental data reported from 70 research articles on experimental volume overload
30 through a simple model of heart mechanics and a more complex model of the molecular
31 signaling pathways inside heart cells. We use a statistical approach to calibrate the
32 computational model, so that it can predict not only average responses but also the
33 degree of expected uncertainty for each prediction. We then use the model to explore
34 how the heart responds to potential treatments during overload.

35

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69

70 **Abstract**

71 Primary mitral regurgitation (MR) is a pathology that alters mechanical loading on the
72 left ventricle and induces a distinctive ventricular remodeling response known as
73 eccentric hypertrophy. Drug therapies may alleviate symptoms, but only mitral valve
74 repair can provide significant recovery of cardiac function and dimensions. However,
75 20% of patients still develop systolic dysfunction post-operatively despite being treated
76 according to the current guidelines. Thus, better understanding of the hypertrophic
77 process in the setting of ventricular volume overload (VO) is needed to improve and
78 better personalize the management of MR. To address this knowledge gap, we employ
79 a Bayesian approach to combine data from 70 studies on experimental volume overload
80 in dogs and rats and use it to calibrate a logic-based network model of hypertrophic
81 signaling in myocytes. The calibrated model suggests that growth in experimental VO is
82 mostly driven by the neurohormonal response, with an initial increase in myocardial
83 tissue stretch being compensated by subsequent remodeling fairly early in the time
84 course of VO. This observation contrasts with a common perception that volume-
85 overload hypertrophy is driven primarily by increased myocyte strain. The model
86 suggests that Endothelin1 receptor activity plays a central role in driving hypertrophic
87 responses and the activation of the fetal gene program. The model reproduces a
88 number of responses to drug therapy not used in its calibration, and predicts that a
89 combination of endothelin receptor antagonist and angiotensin receptor blockers would
90 have the greatest potential to dampen cardiomyocyte hypertrophy and dysfunction in
91 VO.

92 **Author Summary**

93 Mitral valve regurgitation is a common heart disease in which a malfunctioning valve
94 allows part of the blood pumped by the heart to flow in the wrong direction. This
95 condition overloads the heart by making it pump more blood volume than normal; the
96 heart temporarily adapts by growing in mass and volume, but if untreated the condition
97 can ultimately lead to heart failure and death. The most effective treatment is to
98 surgically repair the valve; however, in many patients heart function deteriorates even
99 after a successful surgery. Many researchers have studied this condition by
100 experimentally overloading the hearts of dogs and rats, producing large amounts of data
101 on the resulting geometric, mechanical, and biologic changes. Yet there is no clear
102 answer on how to prevent the progression of the disease. In this work we integrate
103 experimental data reported from 70 research articles on experimental volume overload
104 through a simple model of heart mechanics and a more complex model of the molecular
105 signaling pathways inside heart cells. We use a statistical approach to calibrate the
106 computational model, so that it can predict not only average responses but also the
107 degree of expected uncertainty for each prediction. We then use the model to explore
108 how the heart responds to potential treatments during overload.

109

110 **1. Introduction**

111 Mitral valve regurgitation affects around 5 million people in America, and about 2% of
112 the general population, with prevalence steeply increasing in individuals over 50 years
113 of age [1]. In primary mitral regurgitation (MR) the dysfunction of one or more
114 components of the valvular apparatus allows part of the blood volume pumped by the
115 left ventricle to flow back to the low-pressure atrial compartment, making the heart
116 pump a larger than usual volume of blood against a lower-than-normal resistance. The
117 unique loading conditions imposed by MR induce a distinctive ventricular remodeling
118 response known as eccentric hypertrophy, consisting of the lengthening of individual
119 cardiomyocytes by addition of sarcomeres in series, leading to an organ-scale dilation
120 of the left ventricle volume with little change in its wall thickness [2,3]. The
121 neurohormonal response to volume overload is characterized by the activation of the
122 sympathetic and renin-angiotensin systems, similar to other forms of cardiac
123 overloading [4–6]. If MR is severe enough or if it remains untreated for long enough, the
124 condition can transition from a compensated asymptomatic stage into irreversible heart
125 failure with systolic dysfunction, a condition where the heart is unable to supply
126 sufficient cardiac output to the body [7,8].

127 Drug therapies for heart failure due to primary MR alleviate symptoms and slow its
128 progression, but only mitral valve repair can provide significant recovery of cardiac
129 function and dimensions [2,9]. This fact has led clinicians to operate earlier in the
130 national course of primary MR; yet 20% of patients still develop systolic dysfunction
131 post-operatively despite being treated according to the current guidelines [10,11]. This
132 fact highlights our incomplete understanding of eccentric hypertrophy due to primary

133 MR and its transition into systolic dysfunction and heart failure. A better understanding
134 of this process is needed to improve and better personalize the management of MR.
135 Most computational models of growth and remodeling during volume overload have
136 focused on the role of myocyte overstretch in driving eccentric hypertrophy [12,13]. By
137 contrast, molecular studies have shown reduced activity in stretch-sensitive myocyte
138 signaling pathways during experimental volume overload, the opposite of what would be
139 expected if remodeling is driven by stretch [14–18]. We hypothesized that this apparent
140 paradox might stem from complex interactions between hypertrophic signaling
141 pathways triggered by stretching and those that respond to other hormones and growth
142 factors known to be upregulated during volume overload.

143 Here, we employ a Bayesian approach to combine the wealth of available data on
144 experimental volume overload in dogs and rats using a logic-based network model of
145 hypertrophic signaling in myocytes, with the goal of better understanding the relative
146 influence of multiple factors that influence eccentric hypertrophy. We employed data
147 from 70 studies of experimental volume overload to estimate the probability distribution
148 of input parameters for a network model of hypertrophic signaling in cardiomyocytes
149 during volume overload, accounting for evolving levels of mechanical strain and
150 circulating hormones such as norepinephrine (NE), angiotensin II (AngII), and atrial
151 ANP and brain (BNP) natriuretic peptides. We then validated the ability of the calibrated
152 model to reproduce features of volume overload not included in the calibration, as well
153 as experimental responses to relevant independent experiments such as infusion of
154 hormones that induce myocyte hypertrophy.

155 The calibrated and validated model developed here represents a probabilistic, model-
156 driven meta-analysis of a large body of data on volume-overload hypertrophy, and as
157 such may be useful for screening future pharmacologic interventions [19]. We briefly
158 explored this potential by simulating several combinations of receptor blockades and
159 protein knockdowns to assess their effect on cardiomyocyte size in the setting of
160 volume overload. Our analysis suggests that elevated levels of circulating hormones
161 drive much of the hypertrophic response during late stages of experimental volume
162 overload, and that hormone-driven growth can reduce myocyte strain levels below
163 baseline despite elevated left ventricular volumes. These results contrast with the
164 assumption of most computational models that elevated myocyte stretch drives
165 eccentric hypertrophy but agree with much of the available molecular and signaling
166 data. A screen of potential pharmacological interventions suggests that a combination of
167 endothelin receptor antagonists and angiotensin receptor should have the potential to
168 reduce VO-induced hypertrophy. However, these simulations also identify situations
169 such as β adrenergic blockade where accurate predictions will require a multiscale
170 approach that considers both direct effects on hypertrophic signaling as well as indirect
171 effects through changes in mechanics and hemodynamics.

172 **2. Methods**

173 **2.1. Data collection**

174 We reviewed and collected data from 37 research articles on experimental mitral
175 regurgitation in dogs and 33 articles on experimental volume overload in rats by aorto-
176 caval shunt. All data employed for our quantitative analysis were reported as a mean
177 value and standard deviation, so we assumed a normal probability distribution function

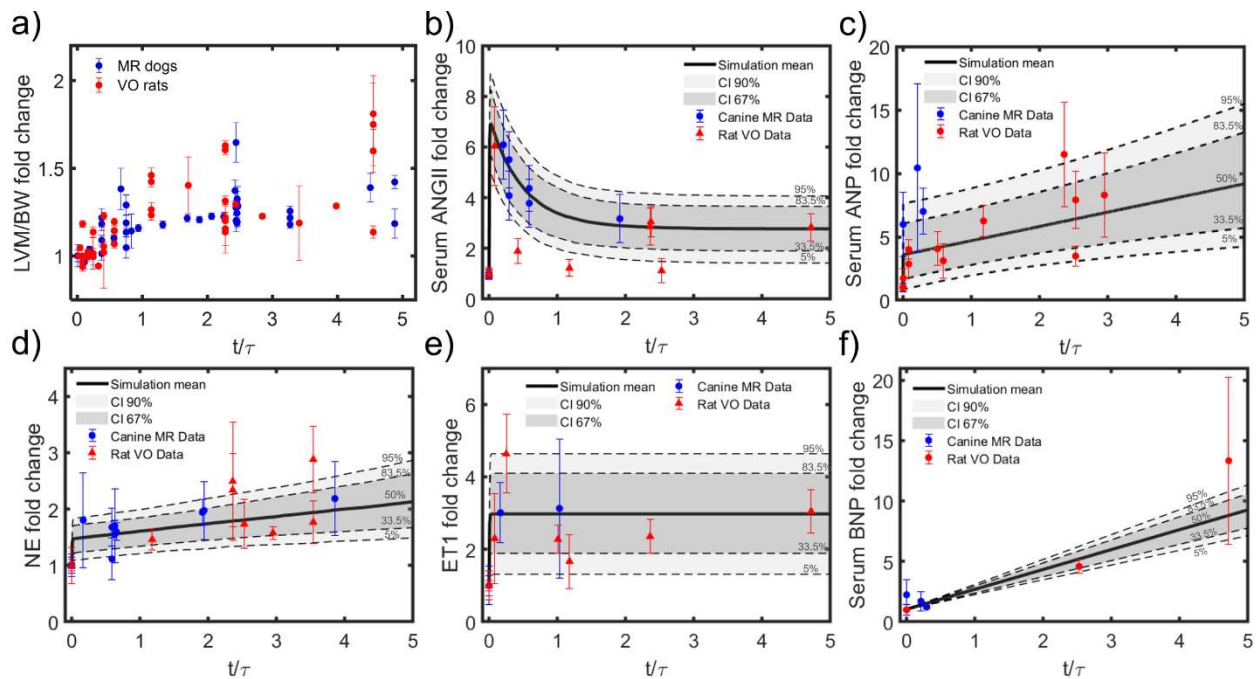
178 (PDF) for all measurement-derived variables. For the estimation of myocardial stretch at
179 tissue scale, we focused on canine experiments to avoid confounding effects of growth
180 in body size and weight common during experimental volume overload in rodents. We
181 collected data on changes in left ventricular (LV) mass, end-diastolic volume (V_{ED}), and
182 free wall thickness (h_{ED}), as well as previously reported estimates of end-diastolic
183 myofiber stretch in healthy dogs (λ_{ED}^0).

184 Both experimental VO and naturally occurring MR in dogs trigger elevated circulating
185 levels of multiple hormones relevant to hypertrophic signaling, including AngII, NE, ET-
186 1, NE, ANP and BNP. We collected all data on plasma or serum concentrations of these
187 hormones reported in the reviewed articles. All these species correspond to input nodes
188 in the cardiomyocyte network model. We also collected data reported in the studies we
189 reviewed on activity and phosphorylation levels of intracellular signaling proteins from
190 Western blotting on myocardial tissue extractions at several stages of VO. Specifically,
191 we collected data on focal adhesion kinase (FAK), Akt, ERK5, ERK12, ELK1, cGMP,
192 p38, and JNK, corresponding to intermediate nodes in the cardiomyocyte signaling
193 model. Additionally, we collected data on the abundance of proteins that are
194 synthesized by myocytes in tissue samples extracted following chronic VO and
195 correspond to output nodes in the model, including SERCA, Myosin heavy chain
196 isoforms αMHC and βMHC , ANP and BNP [20].

197 A detailed list of sources for all the collected quantitative data is summarized in the
198 supplementary material S1.1.

199 2.2. Integration of canine and rat experimental data

200 Plots of the experimental fold change of normalized LV mass to body mass (LVM/BM)
201 during volume overload showed very similar shapes for dogs and rats, but hypertrophy
202 occurred much faster in rats [8]. When we fitted data from each species with an
203 exponential function and normalized the time axis by the time constant of that fit, we
204 found that data from both species aligned (Fig 1a, the full list of data sources is shown
205 in supplementary material S1.1). We therefore normalized all time course data in this
206 study by the time constant for each species. This allowed the use of combined data
207 from both animal models in our quantitative analysis.



208

209 **Fig 1.** Integration of experimental data of MR in dogs and VO in rats. a) Fold changes in
210 LVM/BW over time normalized to each species characteristic growth-time constant. Data-
211 informed time-varying probability distributions of fold changes in circulating concentration of b)
212 angiotensin II (ANGII), c) atrial natriuretic peptide (ANP), d) norepinephrine (NE), e) endothelin
213 1 (ET1), and f) brain natriuretic peptide (BNP). References for all experimental datapoints
214 summarized in supplementary table S1.1 and fitted equations in table S1.3.

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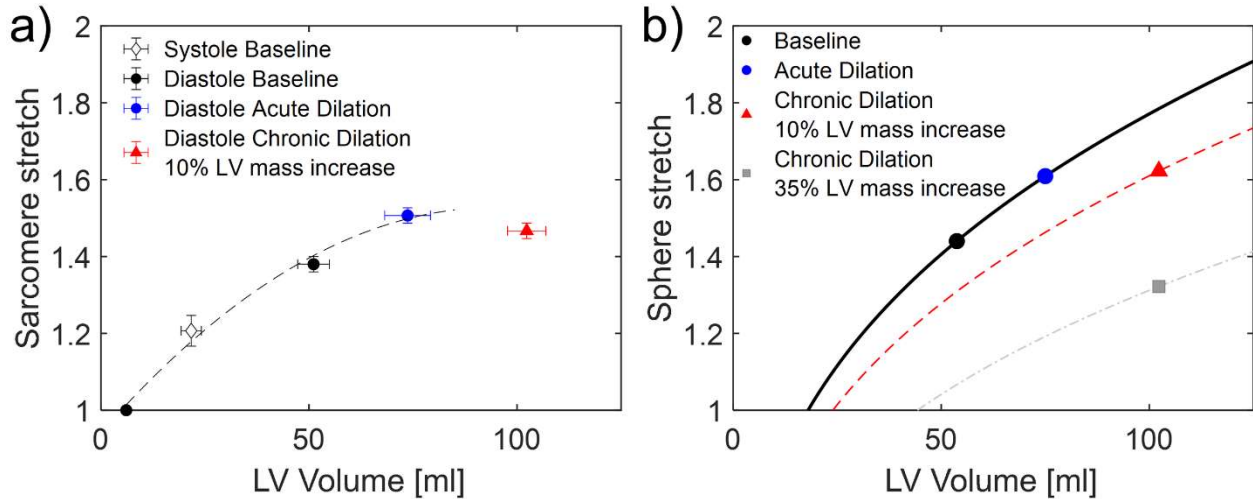
218 2.3. Time-varying hormonal input curves

219 We found baselines or control values of relevant hormone concentrations in blood were
220 consistent across animal sizes and species, suggesting a common homeostatic range
221 of circulating concentrations for each hormone. In this work, we assume that fold-
222 changes in concentration levels of those circulating hormones represented the intensity
223 of the neurohormonal response and would trigger proportional changes in the hormone-
224 receptor reaction input in the cardiomyocyte signaling model. The time resolved data of
225 serum concentrations were normalized to their corresponding baseline or control
226 concentration and plotted as a function of characteristic growth time (t/τ). We confirmed
227 that data from both species followed similar trends and fitted the integrated
228 experimental data with the simplest function that captured the temporal trends (Fig 1).
229 Details of the fitting process and the specific function fitted input dataset curved are
230 provided in the supplementary material section S1.2. and table S1.3 respectively.

231 2.4. Time-varying strain input curves

232 We assumed that changes in tissue-scale mechanical strain are proportionally
233 transduced to changes in the stretch input of the cardiomyocyte signaling model. Unlike
234 hormone concentrations, myocardial strain is a relative measure whose evolution over
235 time cannot be directly calculated from most published studies, so we must rely on a
236 mechanical model of the ventricular chambers to estimate strain from published
237 measurements. For the estimation of myofiber stretch, we assume the left ventricle to
238 be a thin-walled sphere. This oversimplification is not appropriate for some purposes
239 such as computing wall stress, but spherical models do capture the relation between
240 end diastolic volume and sarcomere length (Fig 2) [21], as well as the most salient

241 features of left ventricle pressure-volume behavior [22], and form the core of successful
 242 published phenomenological models of ventricular hypertrophy [23]. Consistent with
 243 most studies of low-pressure VO, we also assume pure eccentric hypertrophy, that is,
 244 all mass increments are deposited in the fiber direction while neglecting the thinning of
 245 the LV walls reported in some studies [24–26].



246

247 **Fig 2.** Spherical ventricular model correspondence to cardiomyocyte mechanics. a)
 248 Experimental measurements of sarcomere stretch in dog hearts under physiological loading
 249 conditions, in acute volume overload (Acute dilation) and long-term volume overload after 10%
 250 LV mass growth. Figure adapted from Ross et al. (1971) [21]. b) Replication of baseline, acute
 251 VO, and long-term VO conditions at diastole with a spherical ventricle model. The spherical
 252 model displays reasonable correspondence to experimental measurements at cellular scale.
 253 Notably, for a given amount of ventricle volumetric dilation an exacerbated increase in
 254 ventricular mass may bring sphere stretch below the baseline.
 255

256

With these assumptions, the myofiber strain can be estimated at any time (t^i) as:

$$\varepsilon_{ED}^i = \frac{1}{2} \left[\left(\frac{V_{ED}^i}{V_0^i} \right)^{2/3} - 1 \right], \quad (1)$$

257

where V_{ED}^i is the end-diastolic volume at a given time, and V_0^i is the hypothetical

258

unloaded (zero-pressure) volume. While the end-diastolic volumes V_{ED}^i are reported in

259

the studies reviewed here or can be calculated from reported dimensions, changes in V_0^i

260

must be estimated from reported changes in LV mass (Supplementary material S1.3).

261 The unloaded volume prior to the onset of overload (V_0^0) was estimated based on
262 previous calculations of in vivo end diastolic stretch (λ_{ED}^0) [27], as well as zero-pressure
263 ventricular volumes reported from experiments on healthy dogs [28]. A detailed
264 derivation of strain probability distribution functions from experimental data is provided
265 in Supplementary material S1.3.
266 Once calculated, strain was mapped to the network input myoStrain with an exponential
267 function:

$$W_{myoStrain} = C_{myoStrain}(e^{D_{myoStrain} \epsilon_{ED}} - 1) \quad (2)$$

268 2.5. Model of cardiomyocyte hypertrophic signaling pathways

269 We employed a published computational model of the hypertrophy signaling network
270 that integrates many established pathways implicated in cardiac myocyte growth. The
271 model consists of a logic-based network where the activity of each node follows a
272 normalized Hill equation with possible activity values ranging from 0 and 1 [20,29]. The
273 network consists of 106 nodes representing hormones and intracellular molecules and
274 192 reactions. The model has been used previously in the study of ventricular
275 hypertrophy and was recently optimized in the context of β adrenergic stimulation [30].
276 The set of network parameters is summarized in supplementary table S2. In
277 supplementary figure S1.1 we show a representation of the network model highlighting
278 the nodes with available experimental data.
279 The influence of a reaction on the downstream nodes is modulated by the weight
280 parameter w , which was left at the default value for all nodes except the inputs for
281 AngII, ANP/BNP, ET1, NE, and stretch. The characteristic time constant governing the
282 speed of changes in node activity was chosen as 0.005τ , for all intracellular reactions

283 and 0.02τ for output nodes reflecting protein synthesis, where τ is the fitted time
284 constant for the exponential rise in LV mass, as discussed above. The network model
285 was solved with Netflux (<https://github.com/saucermanlab/Netflux>). More detail about
286 the network model formulation and solution method can be found in [31].

287 2.6. Bayesian inference analysis of experimental data

288 All parameter estimations required in our data processing pipeline were performed
289 within a Bayesian inference framework. The Bayesian inference tool utilized for this
290 study was a standard Markov Chain Monte Carlo (MCMC) algorithm with Metropolis-
291 Hastings selection criteria and Gibbs sampling to navigate the multiparametric space.
292 Briefly, the algorithm iteratively solves a numerical model while randomly varying its
293 input parameters over a predetermined probability distribution, known as the prior
294 probability distribution function (prior PDF) of the parameter space. On each iteration,
295 the likelihood of the model's outputs is evaluated against experimental data. If the
296 likelihood of the outputs with the current parameter set is larger than the likelihood of
297 the previous iteration, the parameter set is saved. If the outputs for the current
298 parameter set are less likely, the decision on whether to save the current parameter set
299 is made randomly. After sufficient iterations, the collection of saved parameter sets
300 converges to a new probability distribution of the parameter space, or posterior PDF,
301 which are associated with probability distributions for the model predictions [32,33].
302 In this study, each MCMC algorithm was applied in two stages, first assuming a uniform
303 probability distribution of the parameters within their physiologically plausible limits for
304 10,000 iterations. The resulting posterior PDF was then used as the prior PDF for a
305 second run of the MCMC algorithm for additional 20,000 iterations, with a check to

306 verify the convergence of the solutions every 5,000 iterations (Supplementary material
307 S1.4). The MCMC algorithm was programmed in MATLAB calling on Netflux. The
308 source code including the transcript of experimental data is available at
309 https://github.com/cardiabiomechanicsgroup/MCMC_cardiomyocyte_VO_growth .

310 *2.6.1. Probability distribution of hypertrophy network input weights*

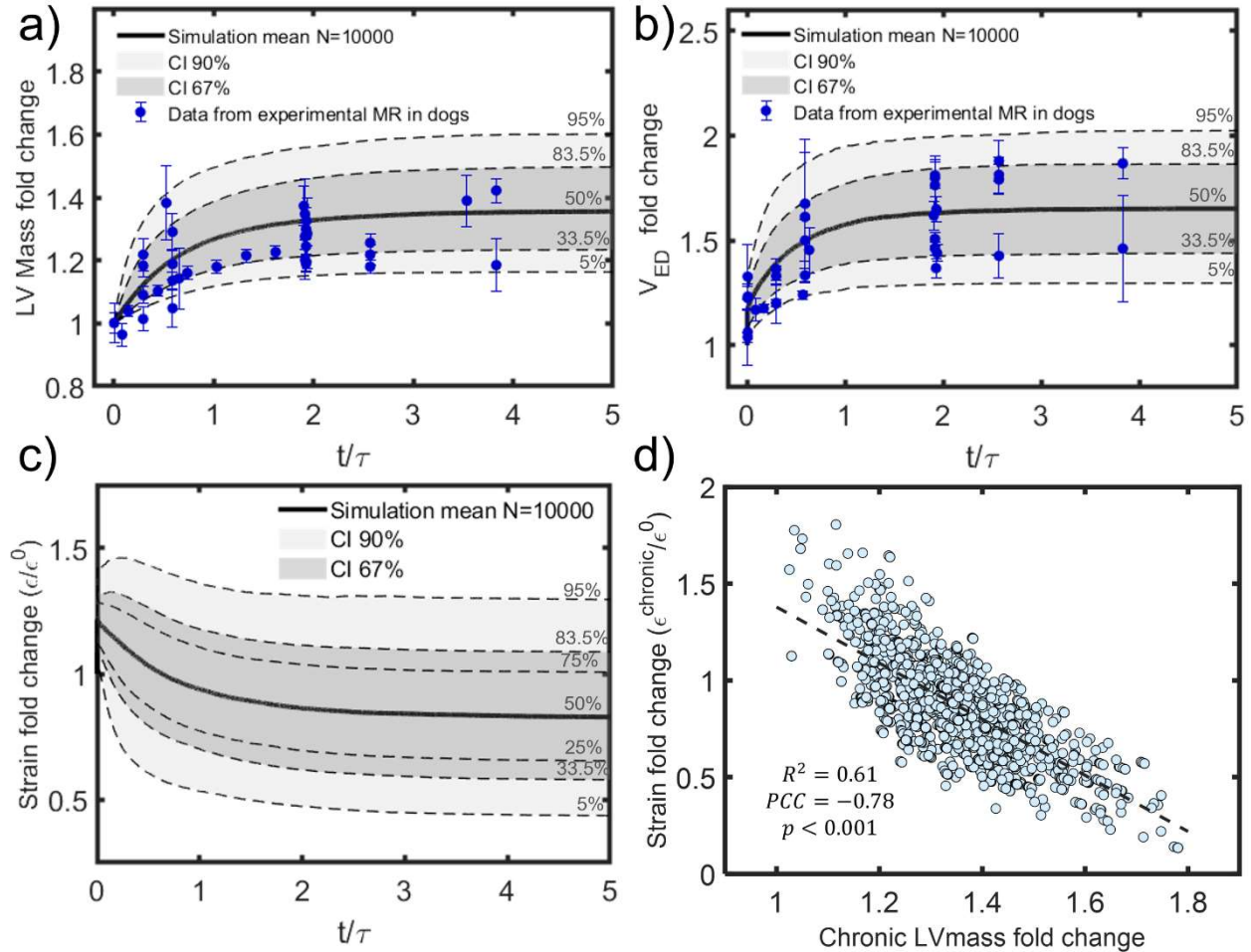
311 The normalized time-varying curves of hormone concentrations and mechanical strain
312 provide information on how these stimuli vary over time but does not resolve their
313 relative influence on cardiomyocyte function. One advance of the current work over
314 previous applications of this network model is that we allow the key hypertrophic stimuli
315 to have different weights. In the cardiomyocyte signaling network model, the weight of
316 the hormone-receptor reaction determines its relative influence on the network for a
317 given fold change in that hormonal input. The time-varying influence of a given input is
318 calculated as the product of its baseline weight ($w_{species}^0$) and its normalized time-
319 varying fold-change curve (sections 2.3 and 2.4), where $w_{species}^0$ is unknown. We
320 employed an MCMC to estimate the PDF of the baseline weights of hormone-receptor
321 input reactions as follows. We first assumed a uniform prior PDF for the input weights of
322 ANGII (w_{AngII}^0), NE (w_{NE}^0), and ET1 (w_{ET1}^0) reactions. Sampling was constrained within
323 the range for which the Cell Area output is sensitive to those inputs. Specifically,

$$\begin{aligned} 0.01 < w_{ANGII}^0 < 0.15 \\ 0.01 < w_{NE}^0 < 0.24 \\ 0.01 < w_{ET1}^0 < 0.17 \end{aligned} \quad (3)$$

324 For the rest of the hormone input reactions, we assign a single “background” reaction
325 weight, sampled within the $0.01 < w_{background} < 0.4$ range. A preliminary study revealed

326 that, within the range of interest, the input reaction weights of ANP and BNP to
327 Guanylate Cyclase A (GCA) receptors have only marginal effects on predicted changes
328 in Cell Area; we therefore prescribed ANP/BNP the same weight as the background
329 species. We assigned null weight to the synthetic drug phenylephrine and isoproterenol
330 (ISO) reactions except when simulating drug infusions. We fixed the weight of the
331 mechanical stimulus input ($w_{myoStrain}^0$) at a single value for each MCMC run and
332 repeated the process for $w_{myoStrain}$ values of 0.02, 0.04 0.05 0.055, 0.06, 0.065, 0.07,
333 0.08, and 0.09. The MCMC also estimates the probability distribution for the tissue
334 strain-to-myoStrain mapping parameter $C_{myoStrain}$, while parameter $D_{myoStrain}$ is
335 calculated for each MCMC iterations with equation 2 and $w_{myoStrain}^0$ and ε_{ED}^0 .
336 On each step of the MCMC, the algorithm randomly samples the w_{ANGII}^0 , w_{NE}^0 , w_{ET1}^0 ,
337 $w_{background}$, $C_{myoStrain}$ parameter space and randomly selects time-varying curves for
338 each stimuli from their respective PDFs (Fig 1 and Fig 3c). The likelihood of the model
339 outputs was evaluated against the experimental data on FAK, Akt, ERK5, ERK12,
340 ELK1, cGMP, p38, and JNK activity and cardiomyocyte growth (CellArea) from dog and
341 rat experiments. We added a condition assigning larger likelihoods to parameter sets
342 that produce a baseline CellArea activity near 0.5, in the most responsive region of the
343 sigmoidal curve.

344 Long-term experiments agree that LV mass plateaus at a new level in chronic stages of
345 VO [34]. We therefore assumed that continued growth at late time points and negative
346 growth (reversal of hypertrophy) at any time point were very unlikely. After convergence
347 of the MCMC we filtered out these very unlikely solutions and recorded the posterior
348 PDFs of the activity of the network nodes of interest.



349

350 **Fig 3.** Results of the organ-scale data analysis. Time-varying probability distributions of a) LVM
 351 fold changes. b) End-diastolic volume (V_{ED}) fold changes, and c) Strain fold change. Influence of
 352 LVM and V_{ED} on the estimation of chronic fold changes in strain. LVM increment displays a
 353 strong inverse correlation with Strain changes. Sources for experimental measurements of LVM
 354 and V_{ED} are summarized in supplementary table S1.1.

355

356 2.7. Sensitivity analysis

357 We evaluated the sensitivity of network outputs (production of ANP, BNP, αMHC , βMHC ,
 358 and SERCA) to the network inputs (weight of ANGII, NE, ET1, ANP and BNP to
 359 receptor reaction) by a standard correlation matrix based on statistical linear regression.
 360 The Pearson correlation coefficient (PCC) was calculated to quantify the parameter
 361 sensitivity. This method exploits the wealth of samples produced during the MCMC runs

362 to yield sensitivity estimates that are meaningful within the expected range of network
363 activity.

364 2.8. Validation of reaction weight posterior PDF

365 Data corresponding to the network outputs ANP, BNP, αMHC , βMHC , and SERCA were
366 not used in the estimation of parameter likelihoods during the MCMC runs. Thus, the
367 first round of validation consisted of comparing the estimated fold changes in activity
368 level of those output nodes to the corresponding fold changes in protein abundance
369 from experimental data.

370 We further validated the calibrated network model against data from independent
371 studies of *in vivo* drug stimulation of hypertrophy. For this, we performed *in silico*
372 replications of infusion experiments of ANGII in rats [35,36], NE in dogs [37–39], and
373 Isoproterenol (ISO) in mice [40] and compared the model-predicted changes in CellArea
374 to reported LV mass growth. We assumed that hormone infusion had no effects on
375 myoStrain.

376 The *in silico* replication consisted of increasing the input weight of the infused hormone
377 according to the circulating concentration fold-changes reported in experiments while
378 keeping the rest of the inputs at their baseline. Baseline values for the remaining inputs
379 were varied by sampling from their posterior PDFs over N=1000 iterations.

380 In the case of ISO infusion, a previous study by Estrada et al. determined that the
381 experimental dosages simulated here were sufficient to saturate the hypertrophic
382 response, so we imposed the maximum weight of 1 on the ISO node to simulate its
383 infusion.

384 2.9. Screening of pharmacological alternatives in the setting of VO.

385 We explored pharmacological alternatives for the treatment of hypertrophy in mitral
386 regurgitation by using the calibrated and validated model to reproduce experimental VO
387 conditions while knocking down the activity of key network nodes. First, we explored
388 drug therapies conventionally used to treat heart failure: β -blockers, Angiotensin
389 Receptor Blockers (ARB), and endothelin receptor antagonists (ET1A), independently
390 and in paired combinations.

391 Next, we identified prospective non-conventional therapeutic targets by running a
392 knock-down sensitivity analysis. For this we set the network model to its mean activity
393 state for chronic VO, then ran iterative simulations in which we knocked down the
394 activity of individual network nodes one by one and recorded the effect on the CellArea
395 node. We calculated the knock-down sensitivity as $S_j = (\Delta y_{CellArea} / \Delta y_j)(y_j^0 / y_{CellArea}^0)$,
396 where $\Delta y_{CellArea}$ and $y_{CellArea}^0$ are the change of activity and baseline activity of the
397 CellArea node respectively, and Δy_j and y_j^0 are the change in activity baseline activity of
398 the knocked-down species.

399 The effect of the drugs on VO-induced hypertrophy was assessed by running standard
400 Monte Carlo simulations (N=1000) with random samples over the PDF of baseline
401 reaction weights, and time-varying fold changes of hormone concentrations and strains
402 characteristic of VO, while assigning null activity to network nodes corresponding to the
403 drug action. Finally, we compared the predicted effect of conventional drugs on growth
404 to the reports by Sabri et al. and Pat et al. on β -blockers [15,16] Murray et al.
405 (2008,2009), Francis et al., and Lee et al. on ET1A [41–45] and Perry et al. and Zhang
406 et al. on ARB [26,46] (Supplementary table S1.2).

407 **3. Results**

408 3.1. Probability distributions of fiber strain.

409 We produced a data-informed continuous probability distribution of end-diastolic strain
410 (ε_{ED}) relative to an unloaded state over the course of experimental VO. The PDF
411 display the expected trends over time, that is, an acute increase in strain owing to the
412 sudden increase of V_{ED} , followed by a gradual decrease driven by the compensatory
413 hypertrophic response (Fig 3). As V_{ED} and LVM curves reach a plateau in chronic VO
414 stages, ε_{ED} also stabilizes at a magnitude close to its baseline. Models in which
415 mechanical strain is the only promoter of cardiomyocyte growth only produce this stable
416 hypertrophied state if strain returns to its baseline level, or the homeostatic strain level
417 is allowed to adapt [13,47]. Interestingly, our data analysis suggests that in 75% of the
418 cases, strain falls below its original baseline level in chronic stages of experimental VO
419 (Fig 3c), with 50% of the cases passing below this threshold relatively early ($t/\tau \leq 1$
420 corresponding to the first 12 days in rats and 6 weeks in dogs). Myofiber strain showed
421 a strong inverse correlation to LVM fold change (PCC=-0.78), suggesting that myofiber
422 stretch falling below baseline is more likely to occur in cases with the greatest mass
423 increase (Fig 3d).

424 3.2. Cross-species data integration and probability distribution of hormonal stimuli.

425 The best-fit characteristic time constant for mass growth is (τ_M) 1095 hours for dogs
426 and 283 hours for rats. The ratio of the species time constant is $\tau_{M_{dog}}/\tau_{M_{rat}} = 3.86$.
427 Interestingly, this ratio is close to the proportion between the heart rates (HR) of the
428 sampled populations, which is often used for allometric scaling [48]. With an average
429 HR of 363 ± 14 bpm for rats and 95 ± 4 bpm for dogs, the ratio is $HR_{rat}/HR_{dog} =$
430 3.82 ± 0.22 .

431 3.3. Probability distribution of input stimuli reaction weights

432 In this section we present the results of the Bayesian analysis of the signaling network
433 model and probabilistic fitting of its input parameters. Preliminary screenings of the
434 parameter space revealed that the baseline weight of the myoStrain input ($w_{myoStrain}^0$)
435 greatly modulated the occurrence of experimentally unlikely solutions, such as growth
436 reversal and runaway growth that never stabilized. We therefore ran a series of MCMCs
437 with fixed $w_{myoStrain}^0$ while randomly sampling the rest of the input reaction weights as
438 described in section 2.6.1. We found that constraining the baseline weight of the
439 myoStrain input within the range $0.055 \leq w_{myoStrain}^0 \leq 0.060$ minimized the number of
440 unlikely solutions. For $w_{myoStrain}^0 > 0.06$, the solutions tend to be dominated by the
441 myoStrain input, resulting in a reversal of growth at later time points despite continuing
442 simulated overload, while the solutions for $w_{myoStrain}^0 < 0.05$ were dominated by
443 adrenergic stimulation, increasing the chances of runaway growth (Supplemental
444 material S1.5). The results presented here were therefore obtained with a fixed
445 $w_{myoStrain}^0 = 0.06$, which was associated with the highest mean likelihood among the
446 myoStrain values we tested.

447 The posterior PDF of the remaining input reaction weights converged to:

$$\begin{aligned}w_{ANGII} &= 0.010 \pm 0.002 \\w_{NE} &= 0.033 \pm 0.014 \\w_{ET1} &= 0.056 \pm 0.025 \\w_{background} &= 0.031 \pm 0.022\end{aligned}\tag{4}$$

448 We calculated correlations among these inputs weights. The strongest correlation was
449 between w_{ET1}^0 and $w_{background}^0$ with a Pearson PCC=-0.42, while all other PCC
450 magnitudes were below 0.3.

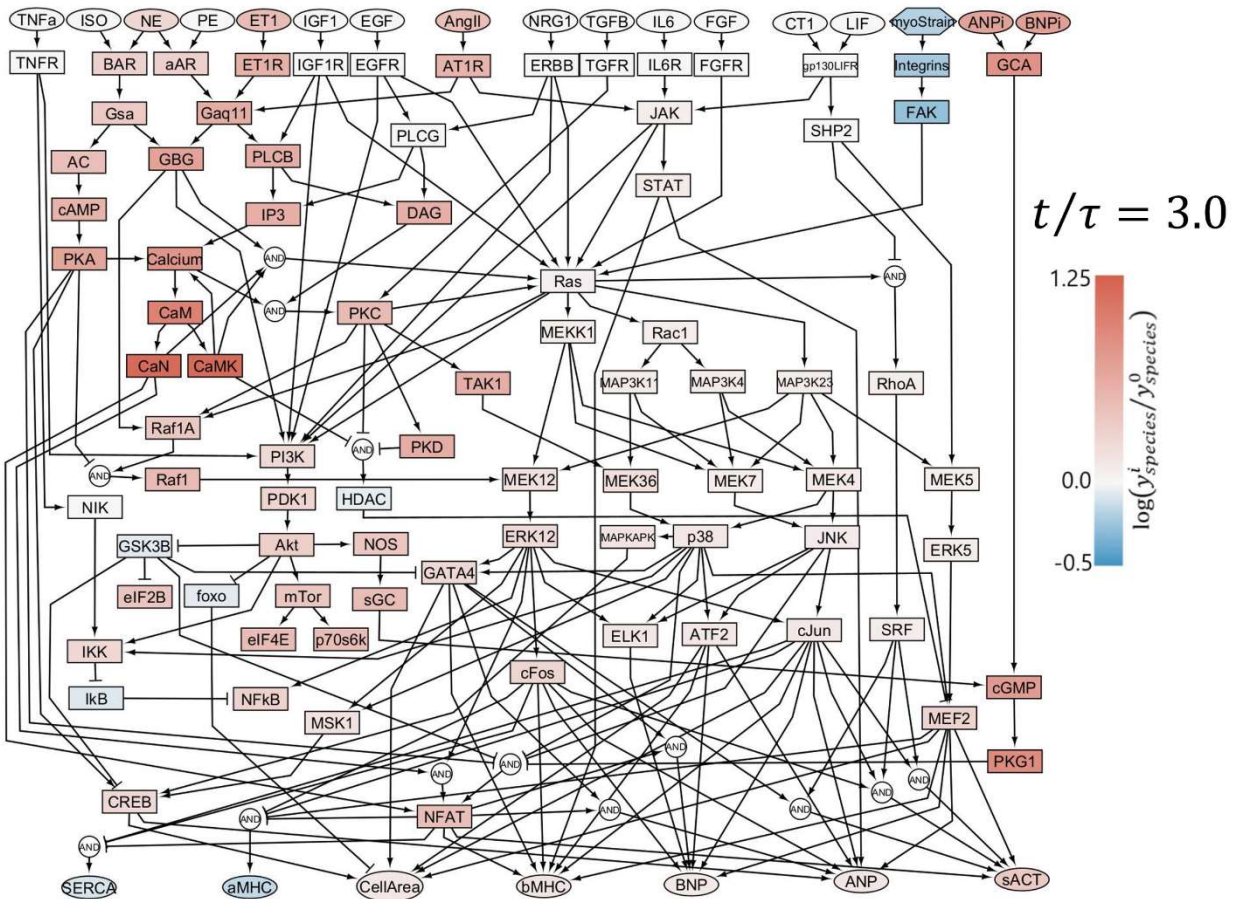
451 The network outputs were insensitive to the strain-to-myoStrain mapping parameters.
452 The PDF of the mapping parameter converged to $C_{myoStrain} = 5.86 \pm 1.38$.

453 3.4. Sensitivity analysis

454 The sensitivity revealed that all network outputs were far more sensitive to ET-1 than to
455 any of the other network inputs examined in this study (Fig 4). This suggests that, in
456 chronic stages of VO, variation in ET-1 circulating concentrations within its probable
457 range has the largest influence on cardiomyocyte size and function of any individual
458 hormonal or mechanical growth factor. According to this analysis, higher levels of ET-1
459 in chronic stages of VO are associate with greater cardiomyocyte growth, greater
460 myocardial production of β MHC, ANP and BNP, and reduced myocyte synthesis of
461 SERCA and α MHC (Fig 4). This result is consistent with the knock-down sensitivity
462 analysis, where the elimination of ET-1 stimulation produced the largest change in
463 activity of multiple signaling nodes downstream of ET-1 including calcium, calmodulin
464 (CaM), CaM kinase, and mTor (Supplementary figures S1.10, S1.11). This result
465 implies that among the circulating hormones known to be altered during VO,
466 manipulating ET-1 levels, receptor-activity, or signaling should offer the greatest
467 potential to modulate hypertrophy and other myocardial responses to VO. This
468 hypothesis is explored further in Section 3.6 below.

469

470



471

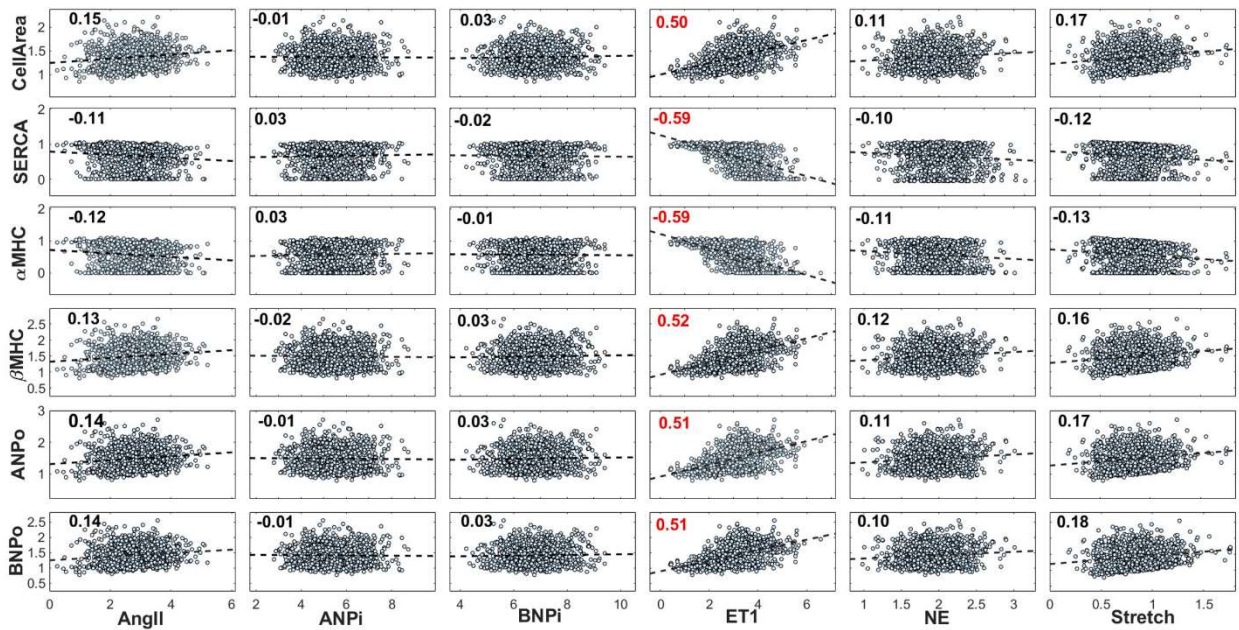
472 **Fig 4.** Sensitivity analysis of network outputs to inputs in chronic stages of chronic VO. Each
 473 marker represent the final state of a simulated VO experiment. A linear regression model
 474 (dashed line) is fit to each simulation-generated output-input pair. Pearson PCC is displayed on
 475 the upper left corner of each. The PCC represents the relative influence of inputs on each
 476 output, with ET1 displaying the largest influence on all outputs.
 477

478 3.5. Validation

479 The calibrated model properly predicts the activation of the fetal gene program in the
 480 context of experimental volume overload, including the downregulation of SERCA and
 481 α MHC and upregulation of ANP, BNP, and β MHC (Fig 5).

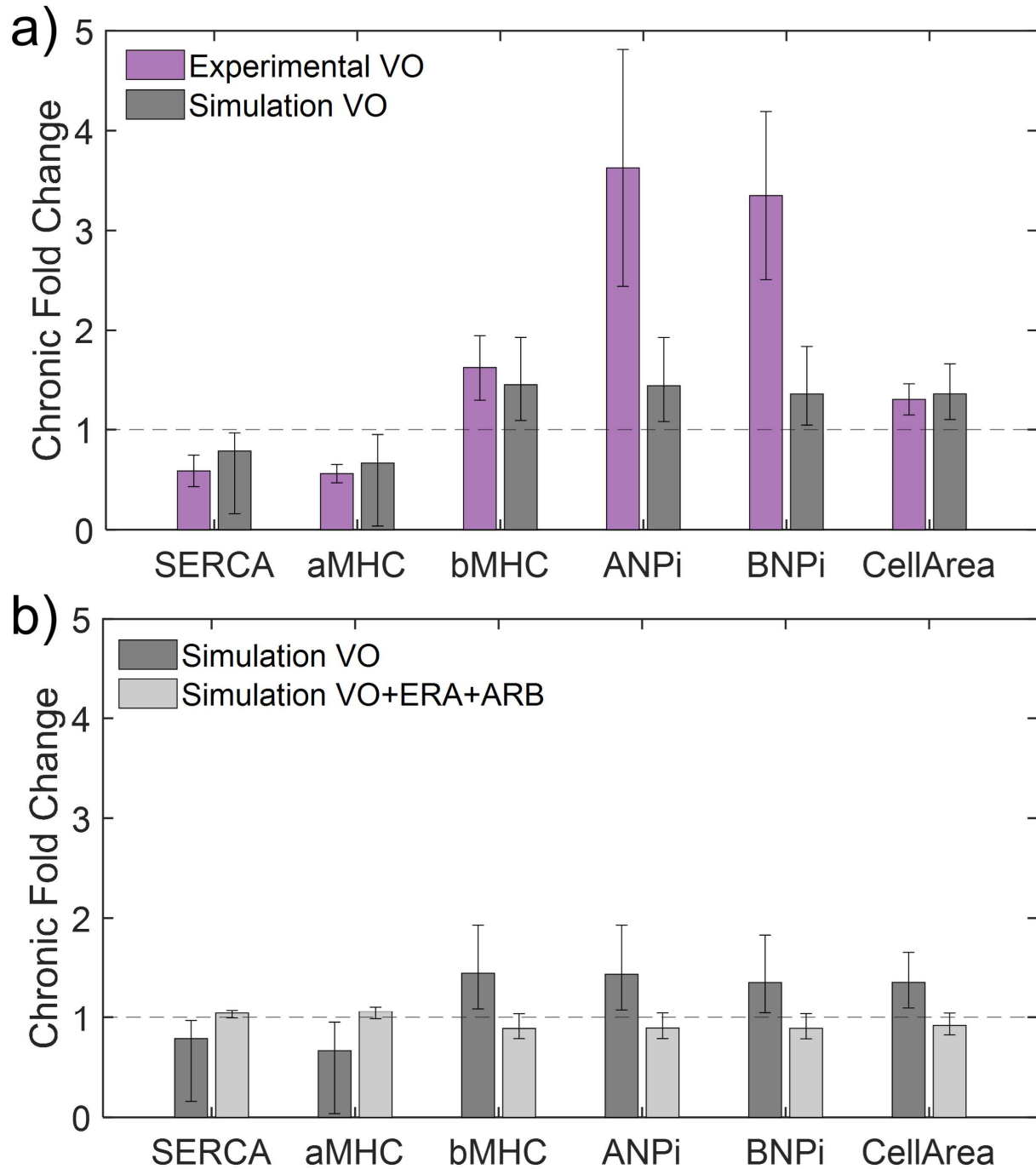
482 The model predictions of myocyte protein synthesis also quantitatively agree with the
 483 magnitude of measured fold changes in SERCA, α MHC, and β MHC abundance in
 484 cardiac tissue, but underestimate the magnitude of observed changed in ANP and BNP

485 (Fig 6a). Notably, our model reproduces the reported dephosphorylation of FAK and
486 decrease in Integrin activity during chronic volume overload (Supplementary figure
487 S1.9) [15–17]. This finding was independent of the choice of strain-to-myoStrain
488 mapping function. Rather, because integrins and FAK are directly downstream of
489 myoStrain in the network model, this result was a direct consequence of the data-driven
490 prediction that tissue-scale strain falls below its baseline in most cases of experimental
491 volume overload (Fig 5).



492

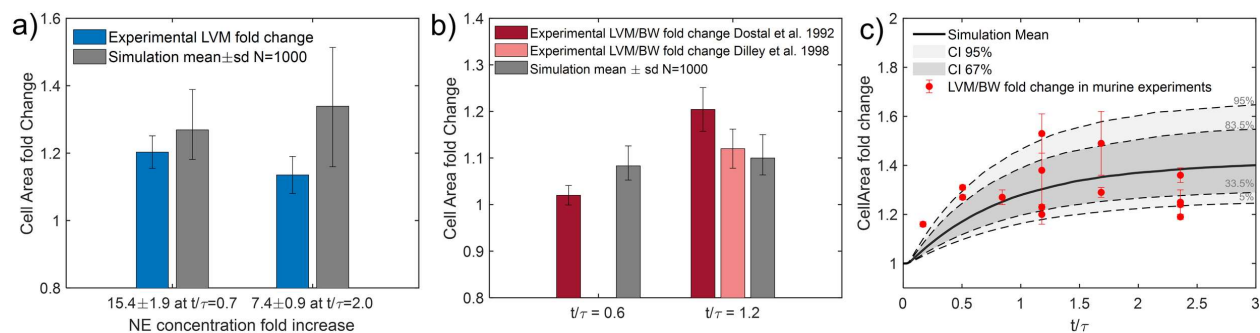
493 **Fig 5.** Diagram of cardiomyocyte signaling network model. The color-code indicates the
494 logarithm of the fold change in activity of each node in chronic stages of VO respect to baseline,
495 red means protein activity/abundance is above baseline and blue indicates protein
496 activity/abundance falls below baseline.
497



498

499 **Fig 6.** Activity of network output nodes as representation of cardiomyocyte function. a)
500 Validation of calibrated model predictions of network output nodes representing protein
501 abundance of SERCA (Zheng et al. 2009) [17], aMHC, bMHC (Freire et al. 2007, Lachance et
502 al. 2014) [49,50], ANP (Fareh et al. 1996) [51], BNP (Zheng et al. 2009, Fareh et al. 1996) and
503 growth Cell Area (Urabe et al. 1992) [17,51,52]. The model (gray bars) shows good agreement
504 with the trends observed from in vivo experiments in dogs and rats (purple bars). b) Effect of
505 ERA+ARB treatment in the context of VO. The model predicts the combination of endothelin
506 receptor antagonists (ERA) and angiotensin receptor blockers (ARB) has the potential to revert
507 cardiac hypertrophy and inactivate the fetal gene program (light gray bars).

508 Next, we simulated published studies of chronic infusion of individual hormones that
 509 play a role in volume-overload-induced growth. Sustaining elevated NE circulating
 510 concentration 15.4 ± 1.9 fold times above normal levels for one month ($t/\tau = 0.7$)
 511 produced a simulated growth of $26 \pm 9\%$, which is reasonably close to the reported
 512 $20 \pm 5\%$ by King et al. [38]. Sustaining a circulating NE concentration 7.4 ± 0.9 fold
 513 times above normal levels for 3 months ($t/\tau = 2.0$.) produced a simulated growth of
 514 $33 \pm 17\%$, which was larger than the reported increase in LV mass of $15 \pm 6\%$ (Fig 7a).
 515 It is important to highlight that these two studies evaluated both different concentrations
 516 of NE and different time periods of infusion.



517

518 **Fig 7.** Validation of model predictions on the effect of growth factor infusions against
 519 experimental data. a) Prediction of growth (gray bars) by infusion of NE against experiments in
 520 dogs by King et al. (1987) (left blue bar) [38], and Laks et al (1973) (right blue bar) [37]. b)
 521 Prediction of growth (gray bars) by ANGII infusion against experimental data by Dostal et al.
 522 (1992) (dark red bars) and Dilley et al. (1998) (light red bars) [35,36]. c) Time-varying probability
 523 distribution of growth by infusion of isoproterenol against experimental data in mice (red
 524 markers), as compiled by Estrada et al. (2020) [40].
 525

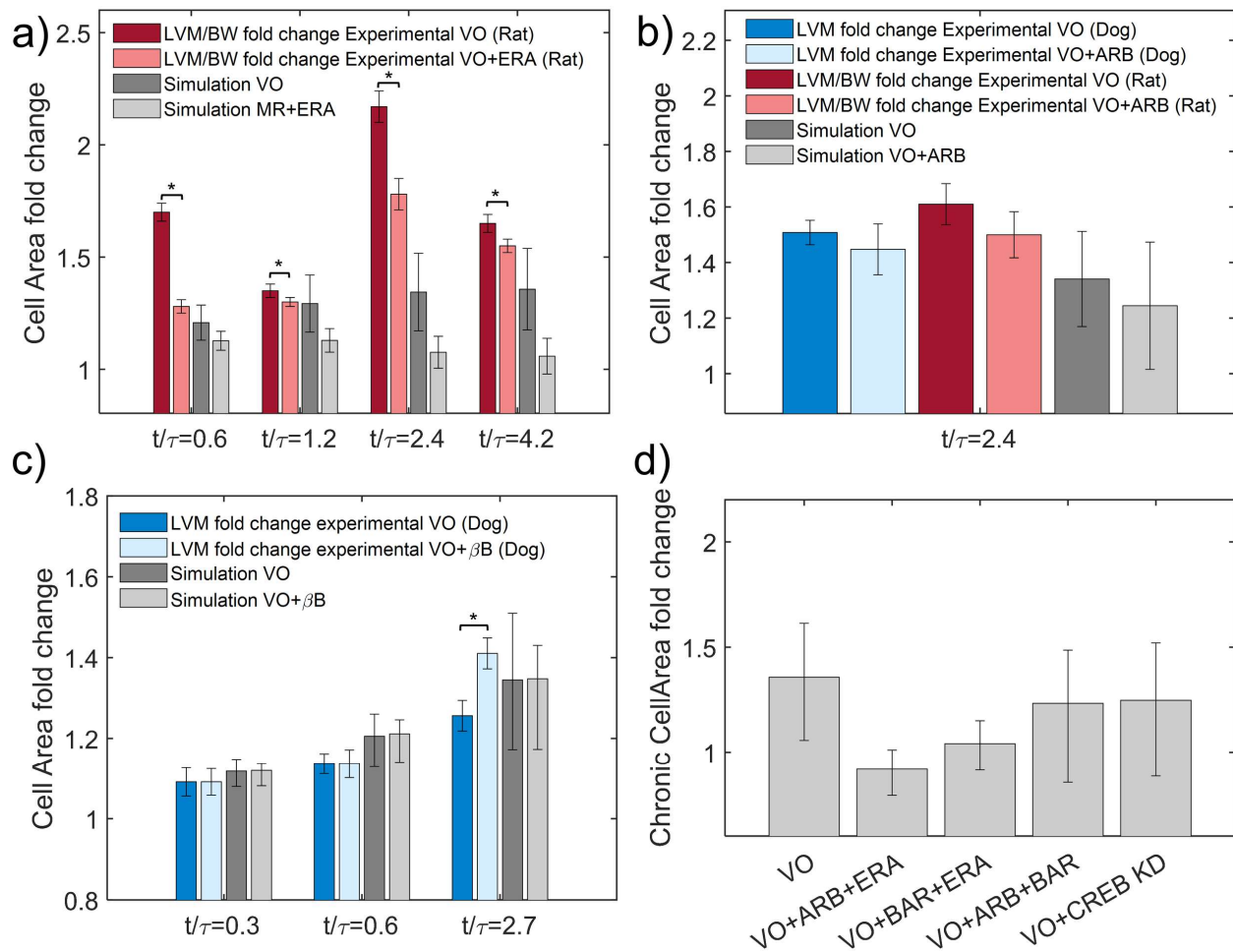
526 When we reproduced the ANGII infusion experiments by Dilley et al. and Griffin et al. by
 527 imposing a fold-change increase in ANGII of 3.5 ± 0.3 , the predicted cardiomyocyte
 528 growth of $11 \pm 4\%$ agreed well with reported ventricular mass growth in both
 529 experiments (Fig 7b). Simulating a saturating dose of ISO infusion in mice also

530 produced a cardiac growth curve that matched published data well, when the
531 characteristic growth time was scaled using the mice-to-dog heart rate ratio (Fig 7c).

532 3.6. Screening of pharmacological alternatives for treatment of VO.

533 To explore possible therapeutic alternatives for the treatment of mitral regurgitation, we
534 simulated the effect of several interventions related to circulating hormones elevated
535 during VO. We simulated the effects of endothelin receptor blockers (ERA), angiotensin
536 receptor blockers (ARB), and β -blockers, administered throughout the course of VO
537 independently and in paired combinations. The largest mean effect of a single drug was
538 produced by ERA, which reduced CellArea growth from $35 \pm 24\%$ to only $6.5 \pm 11\%$, an
539 effect that is supported by empirical evidence (Fig 8a). In rat VO experiments, ERA
540 significantly reduced the LVM/BW ratio and reduced ventricular remodeling with respect
541 to controls [41–44,53]. By contrast, our model predicted that total blockade of the AT1
542 receptor would result in a $-10 \pm 40\%$ reduction in CellArea growth relative to untreated
543 controls, an effect that should be statistically undetectable given the high variability (Fig
544 8b). This result also agreed with negative results by Perry et al. and Dell'Italia et al. in
545 dogs and by Zhang et al. in rats, who reported that neither ARB nor angiotensin
546 converting enzyme inhibitors (ACEi) improved left ventricular function or significantly
547 reduced hypertrophy in experimental MR in dogs [26,46,54]. In dogs, β -blockers do not
548 produce any effect on ventricular mass in the first month of VO ($t/\tau < 0.7$) [55], but
549 chronic use of this drug ($t/\tau > 2.7$) appears to exacerbate hypertrophy in dog and rat
550 models of VO [14,16]. In our model, β -blockers produced a negligible mean effect
551 across all stages of VO (Fig 8c).

552



553
 554 **Fig 8.** Model predictions on the effect of drug treatments in the context of VO. a) Predictions on
 555 the effect of endothelin receptor antagonist (ERA) on mass growth in VO (gray bars), and
 556 validation against experimental data on ERA treatment of VO in rats (red bars) by Francis et al.
 557 2004 ($t/\tau = 0.6$), Murray et al. 2008 ($t/\tau = 1.2$), Lee et al. 2005 ($t/\tau = 2.4$), and Murray et al.
 558 2009 ($t/\tau = 4.2$) [41–43,45]. b) Predictions on the effect of angiotensin II receptor blockers
 559 (ARB) on mass growth in VO (gray bars), and validation against experimental data on ARB
 560 treatment of VO in rats (red bars) by Zhang et al. 2010 [26,46], and in dogs (blue bars) by Perry
 561 et al. 2002 at $t/\tau = 2.4$. c) Predictions on the effect of β -blockers on mass growth in VO (gray
 562 bars), and validation against experimental data from dog models (blue bars) by Sabri et al. 2008
 563 ($t/\tau \leq 0.6$) and Pat et al. 2008 ($t/\tau = 2.7$) [15,16]. d) Prediction on the effect of combined drug
 564 therapies and CREB knock down in chronic VO ($t/\tau = 3.0$) (light gray bars). ERA combinations,
 565 particularly ERA+ARB show largest potential to revert cardiac hypertrophy in VO. The * symbol
 566 indicates t-test statistical significance $p < 0.05$.

567

568 When simulating pairwise combinations of these drugs, ERA plus ARB (ERA+ARB)
 569 produced the largest predicted effect on ventricular hypertrophy, returning CellArea to
 570 its original size and deactivating the fetal gene program (Fig 6b, 8d). In line with this

571 prediction, Leskinen et al. report the combination ERA+ARB blocked natriuretic peptide
572 synthesis by the cardiac tissue [56].

573 When we knocked down intermediate nodes individually in the context of simulated
574 volume overload. Only CREB knock-down produced a mean CellArea decrease larger
575 than 10%, with a total effect $-11 \pm 42\%$. However, the large variability suggests even
576 this effect would be undetectable in practice (Fig 8d). In the supplementary material
577 section S1.6. we compare how CREB knock-down performs against the blockade of
578 hormonal and mechanical stimuli, producing a similar mean effect on CellArea as ARB.
579 However, as CREB is located downstream the signaling reaction cascade, it has no
580 effects on intermediate signaling proteins (Supplementary figures S1.10, S1.12).

581 **4. Discussion**

582 This study used a Bayesian approach and well-established models of cardiac
583 hypertrophy to integrate a large body of experimental VO data in rats and dogs. The
584 resulting model can produce probabilistic predictions of cardiomyocyte hypertrophic
585 response to neurohormonal and mechanical stimulation, with an appropriate
586 propagation of experimental and model-induced uncertainty into the model's outputs.
587 The calibration against the activity of multiple signaling proteins in independent and
588 interconnected pathways enabled the adjustment of the relative influence of each
589 growth stimulus. The calibration was reasonably successful when tested against NE,
590 ISO, and ANGII infusions and the effect of various receptor blockers administered
591 during experimental VO.

592 The model identifies ET1 as one of the main drivers of hypertrophy in chronic stages of
593 VO. Consequently, the model predicts that the most effective strategies to block VO-

594 induced hypertrophy are combination therapies with multiple blockers including ERA,
595 especially with ARB, which mostly returns cardiomyocyte size to normal and deactivates
596 the fetal gene program.

597 The study of Leskinsen et al. 1997 and Fareh et al. 1996 on ERA+ARB effects on
598 neurohormonal profiling in VO in rats showed that the combined inhibition of both
599 receptors blocked the cardiac natriuretic peptide synthesis and reduced intracellular
600 Calcium concentration. The authors suggest that hormonal stimulation mostly regulates
601 cardiac secretion with myocyte stretch having marginal influence. The authors also
602 suggest that ET1 stimulation is more important in regulating the myocyte adaptive
603 response to VO than AngII [51,56]. Both observations confirm some of the most
604 prominent model predictions. Furthermore, according to several studies, ERA treatment
605 prevents cardiac growth and remodeling and cytokine expression in rat models of VO
606 [41–45]. Despite the apparent benefits of ERA in experimental VO and its proven
607 vasodilator effect, their clinical use has been limited by potentially severe side effects,
608 such as alterations of liver function, anemia, and edema. The most common clinical
609 application of ERA is to treat pulmonary artery hypertension, and recent efforts point to
610 the development of selective ERAs for treating persistent hypertension [57].

611 Our model suggests that the effect of NE as a growth factor is marginal in experimental
612 VO. The exaggerated NE concentration levels required by Laks et al. and King et al. to
613 produce LV mass increases below 20% support this notion [37,38]. In consequence, our
614 model predicts only negligible effects of β -blockade on cardiac hypertrophy at any stage
615 of VO. This prediction agrees well with observations in isolated cardiomyocytes, and
616 short-term experiments in vivo. However, chronic β -blockade during experimental VO

617 appears to exacerbate hypertrophy after several months in dogs [16,58,59]. We
618 hypothesize that this observation results from an indirect of β -blockade on hypertrophy
619 through modulating of LV contractility, an effect that is not included in the model
620 employed here. Evidence supporting that hypothesis includes the fact that β -blockade
621 partially restores FAK phosphorylation levels during experimental VO, indicating
622 increased activation of stretch-modulated hypertrophic pathways [14–16,60].

623 In clinical studies, β -blockers improves LV function, symptoms, and survival in patients
624 with chronic MR and heart failure (A. Ahmed & Dell'Italia, 2004; M. I. Ahmed et al.,
625 2012), but these benefits appear to be due to modulation of changes in signaling
626 pathways that occur with heart failure, effects not modeled in the present study.

627 One of the most interesting implications of our analysis is our prediction that in most
628 cases of VO, the combination of early overstretch and sustained neurohormonal
629 activation trigger sufficient hypertrophy to drive stretch below its baseline levels. This
630 prediction did not derive from the signaling network but rather from the Bayesian
631 approach to integrating published data on observed LV mass and volume increases
632 across a large number of experimental studies (Fig 2b,3c). This prediction may explain
633 the otherwise puzzling depression in the activity of key mechano-transduction proteins
634 in the context of volume overload. While FAK phosphorylation is elevated in pressure
635 overload and aortic valve regurgitation relative to baseline, FAK phosphorylation is
636 reduced in VO despite elevated LV volumes that are commonly assumed to indicate
637 elevated levels of myocyte stretch [15,16]. Interestingly, experiments on skeletal muscle
638 demonstrate that FAK dephosphorylation is a marker of mechanical unloading [61,62],
639 and the genetic restriction of FAK activity induces dilated thin-wall LV cardiomyopathy in

640 mice when challenged with pressure overload [63], evidence that establishes an
641 interesting link between the dilated ventricle phenotype and mechano-transduction
642 depression. In previous work, we identified Ras as a relevant hub responsible for the
643 crosstalk of multiple pathways [20,29]. In the current work we found Ras was a critical
644 node integrating the competing effects of mechanical stretch and neurohormonal inputs
645 in VO. During early VO, elevated stretch and neurohormonal stimulation drove strong
646 activation of Ras, while in chronic VO reduced stretch was offset by continuing
647 neurohormonal stimulation, maintaining a low level of Ras activation (Fig 5,
648 Supplementary material 3).

649 **5. Limitations and future directions**

650 The ability to predict not only mean responses but also the uncertainty around those
651 predictions is a major advantage of Bayesian approaches. However, one important
652 limitation of the analysis presented here is that the range of uncertainty in our model
653 predictions is noticeably wider than the uncertainty in the experimental data used for
654 validation. Part of this predicted uncertainty is the inevitable consequence of integrating
655 disparate sources of data, which included the work of several research groups on
656 animals of different sizes and species and applying two different models of VO. Another
657 likely contributor is that we treated the levels of the various circulating hormones as
658 independent of each other; for example, some of our randomly selected parameter sets
659 will include extreme increases of AngII and low levels for the rest of the hormones.
660 However, in reality most reports suggest that the expression of these neurohormones is
661 correlated to the severity of cardiac insult, and therefore to each other. The current
662 model also lacks output-to-input feedback loops. For example, the strain-time curve is

663 imposed through random sampling, with no previous knowledge of the growth response,
664 and the CellArea likelihood is evaluated all available data on mass increases, not just
665 those occurring at a similar level of strain. Another limitation worth mentioning is that the
666 current model ignores the mechanical effects of neurohormonal alterations. Notably, the
667 drugs tested herein are known to have vasodilating effects, while AngII is a potent
668 vasoconstrictor, so changes in their concentrations modulate ventricular afterload. The
669 activity of adrenergic receptors modulates the muscular tone and contractile function of
670 the heart, thus potentially also modulating the mechanical strain. To address these
671 sources of variability, we can introduce additional experimental data and covariance
672 relations to the likelihood evaluation and incorporate this model of isolated
673 cardiomyocytes into a multiscale model of cardiovascular function. A multiscale model
674 could couple the amount of predicted cardiomyocyte growth to tissue and organ-scale
675 ventricular models to update the estimations of myocardial strain and introduce
676 feedback loops between systemic hemodynamics, neurohormonal alterations, drug
677 effects, and heart loading. One of the advantages of the Bayesian inference approach is
678 that all these proposed model improvements and data additions can be built on top of
679 the present work to narrow the range of predicted uncertainty.

680 We assumed changes in neurohormonal circulating concentrations are proportionally
681 transduced into receptor activity; this assumes large receptor availability and non-
682 competitive binding, neglects changes in receptor abundance, and ignores possible
683 differences in hormonal concentrations between the bloodstream and the immediate
684 cellular environment. Hormone concentrations in myocardial tissue extractions can be
685 several orders of magnitude larger than circulating concentration. However, they

686 showed similar trends, suggesting that the circulating and local values are at least
687 correlated (Dell'Italia et al., 1995, 1997; Tallaj et al., 2003). Ultimately, calibrating the
688 model to widely accessible data such as serum concentrations improves its translational
689 value.

690 **6. Conclusions**

691 We present a comprehensive data analysis of experimental data of volume overload
692 using a cardiomyocyte signaling model within a Bayesian inference framework. The
693 calibrated model suggests that growth in experimental VO is mostly driven by the
694 neurohormonal response, with the myocardial tissue stretch being compensated in early
695 stages of VO. The model suggests that Endothelin1 receptor activity plays a central role
696 in driving hypertrophic responses and the activation of the fetal gene program. The
697 model predicts the combination of ERA and ARB as a potential therapeutic alternative
698 to dampen cardiomyocyte hypertrophy and dysfunction in VO. Our model provides a
699 plausible explanation for the depression of mechano-transduction signaling pathway in
700 experimental VO, despite the widespread conception of volume overload hypertrophy
701 as driven by myocyte overstretch.

702 **7. Acknowledgements**

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705 **8. References**

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