STANDARD ARTICLE

Journal of Veterinary Internal Medicine AC

American College of Veterinary Internal Medicine

Open Access

Diagnostic utility of cardiac troponin I in cats with hypertrophic cardiomyopathy

Yasutomo Hori¹ All Masayuki Iguchi² | Yasuhiro Heishima^{1,3} | Yohei Yamashita⁴ | Kensuke Nakamura⁵ | Atsushi Hirakawa⁶ | Akihito Kitade⁷ | Toshiki Ibaragi⁸ | Michio Katagi⁹ | Tamotsu Sawada¹⁰ | Masashi Yuki¹¹ | Nobuyuki Kanno¹² | Haruki Inaba¹³ | Noriko Isayama¹⁴ | Hideyuki Onodera¹⁵ | Naoki Iwasa¹⁶ | Mikio Kino¹⁷ | Mikihiro Narukawa¹⁸ | Syuhei Uchida¹⁹

⁶Pet Clinic Hallelujah, 2544-1 Nakabaru, Kasuya-machi, Kasuya County, Fukuoka, Japan

⁷Kitade Animal Hospital, 2 Tajiri, Ichishi-cho, Tsu, Mie, Japan

⁸Miyoshi Inter Animal Hospital, 27-103 Neura Fukuya-cho, Miyoshi, Aichi, Japan

- ⁹Katagi Animal Hospital, 565-5 Matoba, Kawagoe, Saitama, Japan
- ¹⁰Kitanomori Animal Hospital, 17-1-35 11-Jyou, Shin-kotoni, Kita ward, Sapporo, Hokkaido, Japan
- ¹¹Yuki Animal Hospital, 2-99 Kiba-cho, Minato-ku, Nagoya, Aichi, Japan
- ¹²Department of Veterinary Medicine, Veterinary Internal Medicine, College of Bioresource Sciences, Nihon University, 1866 Kameino, Fujisawa, Kanagawa, Japan
- ¹³Inaba Veterinary Hospital, 533-2 Shimojo, Fujinomiya, Shizuoka, Japan
- ¹⁴Uenonomori Animal Clinic, 1-5-11 Yanaka Taito ward, Tokyo, Japan
- ¹⁵Onodera Animal Hospital, 1-10-4 Chuou, Rifu-cho, Miyagi County, Miyagi, Japan
- ¹⁶Hashima Animal Hospital, 2-17 Asahira, Fukujyu-cho, Hashima, Gifu, Japan
- ¹⁷Lita Pet Clinic, 1-170 Matsumoto-cho, Inuyama, Aichi, Japan
- ¹⁸Mie Animal Medical Center, 1596 Nishihino-cho, Yokkaichi, Mie, Japan
- ¹⁹Uchida Animal Hospital, 48 Shinmeishita, Shimo-machi, Nishio, Aichi, Japan

Correspondence

Yasutomo Hori, School of Veterinary Medicine, Rakuno Gakuen University, 582 Midori-machi, Bunkyodai, Ebetsu, Hokkaido 069-8501, Japan. Email: y-hori@rakuno.ac.jp **Background:** Cardiac troponin I (cTnl) is useful for assessing hypertrophic cardiomyopathy (HCM) in cats.

Objective: To measure plasma cTnl concentrations in healthy cats and evaluate the clinical utility of cTnl in determining the severity of HCM.

Abbreviations: CHF, congestive heart failure; cTnl, cardiac troponin I; E, wave mitral early diastolic flow; HCM, hypertrophic cardiomyopathy; HF, heart failure; HOCM, hypertrophic obstructive cardiomyopathy; LAD, left atrial dilatation; LA/Ao, ratio left atrial-to-aortic diameter ratio; LVIDd, left ventricular end-diastolic internal dimensions; LVPWd, end-diastolic left ventricular posterior wall; IVSd, end-diastolic intraventricular septum

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited and is not used for commercial purposes. © 2018 The Authors. Journal of Veterinary Internal Medicine published by Wiley Periodicals, Inc. on behalf of the American College of Veterinary Internal Medicine.

¹School of Veterinary Medicine, Rakuno Gakuen University, 582 Midori-machi, Bunkyodai, Ebetsu, Hokkaido, Japan

²Iguchi Animal Hospital, 6-2-34 Kamijima, Naka ward, Hamamatsu, Shizuoka, Japan

³Heisei Animal Hospital, 2-1-1 Futago-cho, Kasugai, Aichi, Japan

⁴Ebisu Animal Hospital, 3-3-43 Nishitaga, Taihaku ward, Sendai, Miyagi, Japan

⁵Organization for Promotion of Tenure Track, University of Miyazaki, 1-1 Gakuenkibanadai-nishi, Miyazaki, Japan

923

Animals: Clinically healthy cats (n = 88) and cats with HCM (n = 93).

Methods: Multicenter prospective study. Cats with HCM, including hypertrophic obstructive cardiomyopathy at various stages, were diagnosed using echocardiography. Plasma cTnl concentrations were analyzed by a commercial laboratory. Receiver-operating characteristic curve analysis was used to evaluate the accuracy of plasma cTnl concentrations to detect HCM.

Results: The median cTnI concentration was 0.027 ng/mL (interquartile range, 0.012-0.048 ng/mL) in healthy cats. Concentrations were significantly higher in diseased cats than in healthy controls, and concentrations were significantly higher in cats with heart failure than in asymptomatic cats. A plasma cTnI concentration of 0.163 ng/mL had a sensitivity of 62.0% and specificity of 100% when used to distinguish normal cats from asymptomatic HCM cats without left atrial dilatation. A cutoff of 0.234 ng/mL had high sensitivity (95.0%) and specificity (77.8%) for assessing heart failure. The areas under the receiver-operating characteristic curves were 0.85 and 0.93, respectively.

Conclusions and Clinical Importance: Increased cTnI concentrations reflect the severity of HCM. If other causes of cardiac injury are ruled out, plasma cTnI concentration may be useful for predicting the severity of HCM in cats.

KEYWORDS

biomarker, cTnl, feline, heart failure, hypertrophy

1 | INTRODUCTION

Cardiac troponin contains 3 subunits (cTnT, C, and I) and plays a regulatory role in cardiomyocyte contraction.¹ In dogs, 98% of cardiac troponin is myofibril-bound and 2% is cytosolic.² One study found that both cytosolic and myofibrillar cardiac troponins concentrations were decreased in ischemic myocardial tissue, which may precede histological evidence of necrosis.³ Circulating cardiac troponins are sensitive markers of cardiomyocyte injury, independent of the underlying cause which may be cardiac or noncardiac disease. Reportedly, circulating cTnTs were increased in ischemic heart disease^{4–6} and hypertrophic cardiomyopathy (HCM)^{7,8} in humans.

Although acute myocardial infarction is rare in veterinary medicine, cardiomyopathies including HCM are common types of heart disease in cats.⁹ Cardiomyopathies are progressive diseases associated with ongoing myocardial damage.¹⁰ Advanced cardiomyopathy can trigger congestive heart failure (CHF) and arterial thromboembolism, which is associated with a poor prognosis.^{9,11,12} Earlier clinical studies found that circulating cTnl concentrations were increased in cats with HCM.^{13,14} In addition, HCM cats with higher cTnl concentrations (\geq 0.14 ng/mL) reportedly had poorer prognoses,¹⁵ but both the sensitivity and specificity of cTnl measurements were low. Although assaying the cTnl concentration alone may not predict outcome in individual cats, such data may support echocardiographic evaluations.

Recently, a highly sensitive immunoassay for cTnl, the ADVIA Centaur CP Tnl-Ultra assay (Siemens Healthineers Japan, Tokyo, Japan), has been described.^{16,17} It is a 3-site, second generation sandwich immunoassay employing direct chemiluminometry; the lower limit of cTnl detection is 0.006 ng/mL. Compared with the conventional assay,^{13,14} the cTnl assay allows highly sensitive evaluation of a specific marker of low-grade myocardial injury. Although some studies have reported that cTnI concentrations are increased in cats with HCM, the clinical implications of plasma cTnI concentrations at various stages of HCM remain unclear. We compared changes in plasma cTnI concentrations in cats with various stages of HCM. Our objective was to explore the sensitivity and specificity of plasma cTnI concentration in predicting HCM severity in cats.

2 | MATERIAL AND METHODS

2.1 | Cats

The study population consisted of 181 client-owned cats evaluated in a prospective multicenter manner. All cats were examined between April 2014 and March 2017. We followed the Guidelines for Institutional Laboratory Animal Care and Use of the School of Veterinary Medicine of Rakuno Gakuen University, Japan. All owners provided informed consent before their cats participated in the study. All cats underwent physical examination, indirect blood pressure measurement, echocardiography, and blood sampling. All clinical evaluations were performed without sedation in a quiet room.

Clinically healthy cats (n = 88) were identified on the basis of physical examination, blood pressure measurement, biochemical test data, serum thyroxine concentration, and echocardiography. Cats with HCM and hypertrophic obstructive cardiomyopathy (HOCM) constituted the study subjects (n = 93). Diseased cats were subdivided into 3 groups: asymptomatic cats without left atrial dilatation (ASYMP group), asymptomatic cats with left atrial dilatation (LAD group), and cats with heart failure (HF group). Left atrial dilatation was diagnosed when the left atrium-to-aorta (LA/Ao) ratio was >1.5.¹⁸ Congestive heart failure was diagnosed on the basis of radiographic evidence of pulmonary edema or pleural effusion, in addition to dyspnea. Arterial thromboembolism



was diagnosed on the basis of acute onset limb paresis accompanied by clinical signs such as weak pulse, limb cyanosis, cold limb, or some combination of these findings or by sonographic evidence of a lack of blood flow.¹² Cats with pulmonary edema, pleural effusion, arterial thromboembolism, or some combination of these constituted the HF group. Cats treated with cardiovascular medications chronically and those with concomitant chronic kidney disease were included.

Cats with severe clinical signs of urinary tract obstruction, acute systemic inflammation, gastrointestinal problems or some combination of these were excluded. Similarly, those with systemic hypertension (systolic blood pressure >180 mm Hg), diabetes mellitus (plasma glucose concentration \geq 280 mg/dL) or hyperthyroidism (serum thyroxine concentration >5.2 µg/dL) also were excluded.^{14,19}

2.2 | Echocardiography

Transthoracic echocardiography was performed by experienced echocardiographers using an ultrasonographic unit fitted with a 7.5–12 MHz probe. The LA/Ao ratio was derived and M-mode echocardiography performed using the right parasternal short-axis view. Relative wall thickness was calculated as follows: (the thickness of the end-diastolic intraventricular septum [IVSd] plus that of the enddiastolic left ventricular posterior wall [LVPWd]) divided by the enddiastolic left ventricular internal dimension (LVIDd). Using the left parasternal long-axis view, pulsed Doppler echocardiography was employed to measure transmitral flow velocity; the sample volume was that at the tips of the mitral valve leaflets. The mitral early diastolic flow (E wave) and late diastolic flow (A wave) velocities also were measured.

Diagnosis of HCM was made by reference to B-mode or M-mode echocardiographic data when the IVSd, LVPWd or both were \geq 6.0 mm.⁹ Hypertrophic obstructive cardiomyopathy was diagnosed if left ventricular hypertrophy was present, combined with \geq 1 of the following: systolic cranial motion of the mitral valve leaflet evident on M-mode echocardiography, mitral valve regurgitant flow and dynamic left ventricular outflow tract obstruction evident on color-flow Doppler echocardiography, and an increased peak (with the characteristic scimitar shape) in the left ventricular outflow velocity apparent on continuous-wave Doppler echocardiography.¹³

2.3 | Blood pressure measurements

Indirect blood pressure was recorded using a noninvasive oscillometric monitor (PetMAP graphic System; Ramsey Chemical Inc, Florida). All cats were allowed to acclimate for a minimum of 5 minutes. An appropriately sized cuff (an inflatable bladder of width approximately $0.4 \times$ the circumference of the measurement site) was applied. All cats were positioned in sternal recumbency and the cuff was placed directly around the forelimb. Five or more readings were obtained from each cat and means were calculated. All measurements were recorded at the initial examinations.

TABLE 1 Intra- and inter-assay CV for cTnl measurements

	Intra-assay			Inter-assay		
	Low	Middle	High	Low	Middle	High
Mean (ng/mL)	0.011	0.022	1.897	0.016	0.032	1.848
Standard deviation	0.0005	0.0017	0.0618	0.001	0.0015	0.0244
CV (%)	16.6	7.9	3.3	14.6	4.8	1.3

2.4 Blood biochemical data and cTnI measurements

Blood samples were collected from the cephalic vein at the initial visit, placed in heparinized and plain tubes, and centrifuged at 3000 rpm for 10 minutes at 4°C. Biochemical tests of plasma and serum thyroxine concentrations were performed in a commercial laboratory (FUJIFILM Monolith, Co, Ltd Tokyo, Japan). Plasma cTnl concentrations were measured using a chemiluminescent immunoassay detecting human cTnl (ADVIA Centaur CP TnI-ultra, Siemens Healthineers Japan, Tokyo, Japan). The measurement range was 0.006–50.0 ng/mL. To allow statistical analyses, blood concentrations below the detection limit were assigned values of 0.006 ng/mL.

The intra- and inter-assay coefficients of variation (CVs) for feline cTnI measurements were calculated (Table 1). Parallelism was determined by serial, 2-fold saline dilutions of plasma from a cat with HF and standard solutions (Liquichek Cardiac Markers Plus Control LT 3, BIO RAD, California), for 7 dilutions. The cat plasma cTnI concentration was 9.593 ng/mL, and the plasma was serially diluted. The final concentrations in the assay were 0.089-9.593 ng/mL. Similar effects of dilution were noted when human standards were employed (Figure 1).

2.5 | Statistical analysis

All data are described as medians (with interquartile ranges [IQR] or minima-to-maxima). The normality of the data was assessed using the



FIGURE 1 Measurements of cTnl concentrations in serially diluted feline plasma samples and human cTnl standards using a chemiluminescent immunoassay. A plasma sample was obtained from a 13-year-old male domestic shorthair cat referred to us for assessment of restrictive cardiomyopathy. Parallelism was evident between the human cTnl standards (white circles) and the feline plasma (black circles)

	Controls	HCM
Domestic Shorthair	66	37
Scottish Fold	4	24
American Shorthair	7	11
Maine Coon	1	7
Munchkin	3	2
Norwegian Forest Cat	0	4
Ragdoll	0	3
Russian Blue	2	0
Singapura	1	1
Chinchilla	1	1
Other breed	3	3

Kolmogorov-Smirnov test. The Mann-Whitney U-test was used to evaluate the significance of between-group differences. The Kruskal-Wallis test was employed to compare data among \geq 3 groups. Posthoc analysis was performed using the Dunn test. Correlations



FIGURE 2 The distribution of plasma cTnl concentrations in 88 healthy cats. The x-axis was truncated at 0.02 ng/mL

Journal of Veterinary Internal Medicine AC

IM 925

between plasma cTnl concentrations and other variables were explored by multiple regression analyses and betas were calculated. Receiver-operating characteristic curve analysis was used to evaluate the accuracy of plasma cTnl concentrations in terms of detecting cardiomyopathy and to derive various cutoff values for these concentrations (MedCalc version 12.2.1.0; MedCalc Software, Ostend, Belgium). A *P* value < .05 was considered to reflect statistical significance.

Open Access

3 | RESULTS

The study population consisted of 88 healthy cats (43 male and 45 female) aged 0.3–16.0 years and weighing 0.9–10.5 kg. Ninety-three cats with cardiomyopathy (73 male and 20 female) aged 0.5–19.0 years and weighing 2.7–9.0 kg were enrolled as diseased cats. The most common breed was the domestic shorthair (n = 103). Other breeds studied are listed in Table 2.

In healthy cats, cTnI concentrations were distributed with a skew toward the left (lower values; Figure 2). The median concentration was 0.027 (IQR, 0.012-0.048) ng/mL. Neither sex nor age affected the cTnI concentration, but the cTnI concentrations of cats weighing >5.1 kg were significantly higher than those of cats weighing 4.1-5.0 kg (Figure 3).

In the diseased group, we included 54 HCM and 39 HOCM cats. Of these, 53 (57.0%) were in the ASYMP group, 19 (20.4%) in the LAD group, and 21 (22.6%) in the HF group; the latter group included 7 cats with arterial thromboembolism, 8 with pleural effusion, and 6 with pulmonary edema. The demographic characteristics and echocardiographic data of all cats are shown in Table 3. Cats with HF were significantly older than healthy controls. Body weight was significantly higher in the ASYMP group than in healthy controls. The plasma cTnl concentration was significantly higher in diseased cats than in healthy cats (0.027 [IQR, 0.012-0.048] ng/mL in controls versus 0.103 [IQR, 0.042-0.345] ng/mL in the ASYMP; 0.305 [IQR, 0.182-0.500] ng/mL in the LAD; and, 1.703 [IQR, 0.376-4.383] ng/mL in the HF groups; Figure 4). In addition, the plasma cTnl concentration was significantly higher in the HF group than in the ASYMP group. However, plasma cTnl concentrations overlapped significantly between the ASYMP and LAD groups.



FIGURE 3 Comparison of plasma cTnI concentrations by sex (A), body weight (B), and age (C) in healthy cats. **A**, The male group included 19 intact and 24 neutered cats, and the female group 16 intact and 29 neutered cats. **B**, Cats were divided into the following four groups in terms of body weight: \leq 3.0 kg (n = 17), 3.1-4.0 kg (n = 26), 4.1-5.0 kg (n = 21), and \geq 5.1 kg (n = 23). The weight of one cat was not recorded. \ddagger : P < .001 versus the 4.1-5.0 kg group. **C**, Cats were divided into the following four groups by age: \leq 1.0 (n = 28), 1.1-5.0 (n = 15), 5.1-10.0 (n = 15), and \geq 10.1 years (n = 29). The age of one cat was not recorded



Open Access

TABLE 3 Demographic, biochemical, and echocardiographic data

	Controls	ASYMP	LAD	HF
Number	88	53	19	21
Sex (male/female)	43/45	42/11	13/6	18/3
Age (years)	6.0 (1.0-11.4)	4.0 (1.4-10.2)	5.9 (3.6-8.8)	11.0 (4.3–13.5)*
Body weight (kg)	3.9 (3.0-4.7)	4.8 (4.0-5.5)‡	4.5 (4.1–5.4)	4.6 (4.0-5.4)
Heart rate (bpm)	180 (163–200)	200 (173-220)	205 (168–217)	170 (143–198)
Systolic blood pressure (mm Hg)	130 (145–157)	142 (132-160)	136 (126–146)	127 (105–146)
Urea nitrogen (mg/dL)	24 (21-28)	26 (22–29)	26 (24-32)	36 (31-46)‡#
Creatinine (mg/dL)	1.3 (1.1-1.5)	1.4 (1.2-1.7)	1.6 (1.3-1.8)	1.7 (1.2-2.0)
Thyroxine (µg/dL)	2.0 (1.7-2.5)	2.0 (1.7-2.7)	1.7 (1.5-2.7)	0.6 (0.9-2.1)*
Echocardiography IVSd (mm) LVIDd (mm) LVPWd (mm) Relative wall thickness LA/Ao ratio E wave (cm/s)	4.1 (3.6-4.6) 14.4 (13.0-15.9) 4.0 (3.5-4.7) 0.57 (0.47-0.67) 1.3 (1.2-1.4) 63.9 (52.7-71.6)	6.5 (5.2-7.1)‡ 14.3 (12.0-15.6) 5.9 (5.1-6.6)‡ 0.85 (0.74-1.09)‡ 1.3 (1.2-1.4) 64.5 (55.2-83.0)	6.1 (5.3-7.3)‡ 14.4 (12.8-16.7) 7.2 (4.9-8.2)‡ 0.87 (0.72-1.14)‡ 2.0 (1.8-2.5)‡# 100.5 (83.1-110.2)‡#	6.4 (5.9-7.2)‡ 14.5 (12.4-15.7) 7.0 (6.1-8.9)‡ 0.93 (0.73-1.17)‡ 2.1 (1.9-2.5)‡# 84.3 (68.4-98.1)†

Data are expressed as medians (IQR).

Abbreviations: ASYMP, asymptomatic cats without left atrial dilatation; E wave, mitral early diastolic flow; HF, cats with heart failure; IVSd, enddiastolic intraventricular septum; LA/Ao ratio, left atrium-to-aorta ratio; LAD, asymptomatic cats with left atrial dilatation; LVIDd, end-diastolic left ventricular internal dimension; LVPWd, end-diastolic left ventricular posterior wall.

*: P < .05 versus healthy controls, †: P < .01 versus healthy controls, ‡: P < .001 versus healthy controls, #: P < .001 versus the ASYMP group.

Multiple regression analyses showed that IVSd, LVPWd, relative wall thickness, and serum thyroxine concentration predicted the plasma cTnl concentration (r = .56; P < .001; Table 4).

The sensitivities and specificities of various cTnl cutoffs for detecting the severity of cardiomyopathy are shown in Table 5. To distinguish ASYMP cats or cats with more serious disease from healthy cats, a plasma concentration of 0.163 ng/mL provided sensitivity of 62.0% and specificity of 100%. To distinguish cats with LAD from those without LAD (ie, healthy and ASYMP cats), a cutoff of 0.213 ng/mL



FIGURE 4 Plasma cTnl concentrations in healthy control and cardiomyopathic cats. The central lines in the boxes represent the medians, and the tops and bottoms of the boxes the 75th and 25th percentiles, respectively. Abbreviations: ASYMP, asymptomatic cats without left atrial dilatation; cTnl, cardiac troponin I; LAD, asymptomatic cats with left atrial dilatation; HF, cats with heart failure. $\ddagger: P < .001$ versus control, #: P < .001 versus the ASYMP group

 TABLE 4
 Results of multiple regression analyses comparing plasma cTnl concentration and other variables

	В	F value	P value
Age	-0.086	0.954	0.330
Body weight	-0.016	0.028	0.867
Heart rate	-0.124	2.206	0.140
Systolic blood pressure	-0.094	1.129	0.290
Urea nitrogen	0.136	1.148	0.286
Creatinine	-0.080	0.428	0.514
Thyroxine	-0.199	5.384	0.022
IVSd	0.254	4.138	0.044
LVIDd	-0.171	1.768	0.186
LVPWd	0.371	7.956	0.005
Relative wall thickness	-0.563	9.325	0.003
LA/Ao ratio	0.093	0.878	0.350
E wave velocity	-0.158	2.824	0.095

Abbreviations: E wave, mitral early diastolic flow; IVSd, end-diastolic intraventricular septum; LA/Ao ratio, left atrium-to-aorta ratio; LVIDd, end-diastolic left ventricular internal dimension; LVPWd, end-diastolic left ventricular posterior wall; β , standardized partial regression coefficient.

 TABLE 5
 Receiver-operating curve analyses for detection of cats

 with HCM

	ASYMP	LAD	HF
Cutoff value (ng/mL)	0.163	0.213	0.234
AUC	0.85	0.86	0.93
95% confidence interval	0.79-0.90	0.80-0.91	0.88-0.96
Sensitivity (%)	62.0	84.6	95.0
Specificity (%)	100	84.9	77.8
FPR (%)	0.0	15.1	22.2
FNR (%)	38.0	15.4	5.0
PPV (%)	100.0	61.1	35.2
NPV (%)	71.1	95.2	99.2

Abbreviations: ASYMP, asymptomatic cats without left atrial dilatation; AUC, area under the receiver-operating characteristic curve; FNR, false negative ratio; FPR, false positive ratio; HF, cats with heart failure; LAD, asymptomatic cats with left atrial dilatation; NPV, negative predictive value; PPV, positive predictive value.

provided sensitivity of 84.6% and specificity of 84.9%. To distinguish cats with HF from those without HF, a cutoff of 0.234 ng/mL provided sensitivity of 95.0% and specificity of 77.8%. The areas under the receiver-operating characteristic curves were 0.85, 0.86, and 0.93, respectively.

4 DISCUSSION

We confirmed that a chemiluminescent immunoassay for human cTnI is applicable for cats; the median plasma cTnI concentration was 0.027 (IQR, 0.012-0.048) ng/mL in healthy cats. The plasma cTnI concentration reflects the severity of HCM in cats, including the severity of HOCM. If other causes of cardiac injury are ruled out, a plasma cTnI concentration \geq 0.234 ng/mL identifies HCM cats experiencing HF with high sensitivity and specificity.

Because the molecular structure of cTnI is highly conserved across species, the current human cTnI assay can be used to evaluate cats.^{16,20} A previous study found that assay repeatability was satisfactory; the intra- and inter-assay CV were 4.8% and 7.8% at 0.05 ng/mL, respectively, and 4.0% at 3.5 ng/mL.¹⁶ Our intra- and inter-assay CV were higher at low cTnI concentrations than at other cTnI concentrations. This observation is consistent with previous data that showed that lower cTnI concentrations were associated with higher CV.²¹ Furthermore, parallelism was established between feline plasma and human cTnI standards in our study. Thus, the chemiluminescent immunoassay for human cTnI is applicable to cats.

The cTnl detection limit varies by the assay used, ranging from 0.03 to 0.2 ng/mL.^{13,14,22} By contrast, the detection limit of the current cTnl assay is 0.006 ng/mL. A previous study reported that the mean serum cTnl concentration in 23 pure-bred healthy cats was 0.012 (range, 0.003-0.09) ng/mL.¹⁵ In our study, the median concentration was 0.027 (IQR, 0.012-0.048) ng/mL in healthy cats. The difference

may be attributable to variations in the plasma and sera tested, different populations or both.

927

Regarding the distribution of cTnI in healthy cats, a previous study found that neither sex nor age significantly affected the cTnI concentration in 35 healthy cats; also, the concentration was not affected by breed (British Shorthairs, Maine Coons, and Norwegian Forest Cats).¹⁷ We studied a large population of healthy cats and found that the cTnI concentration varied significantly by body weight. One possible explanation for this finding is that heavier cats may exhibit more ventricular hypertrophy.^{23,24} In particular, body weight correlated with IVSd and LVPWd values in pure-bred cats.^{25,26} Ventricular hypertrophy associated with body weight may increase the concentration of circulating cTnI. Further studies are needed to clarify the relationship between body weight and cTnI concentration.

Measurements of cTnl concentrations are used to diagnose heart disease in humans and dogs.²⁷⁻³⁰ In previous studies, serum cTnl concentrations were significantly increased in HCM cats compared with those in healthy cats.¹³⁻¹⁵ A study showed that plasma cTnl concentrations in cats with CHF (n = 6) were significantly higher than those in cats without CHF (n = 3).¹⁴ However, another study reported no difference (6 cats with CHF and 10 without CHF).¹³ These studies enrolled small numbers of animals, and the clinical implications of cTnl for assessing HCM severity remain controversial. We found that plasma cTnl concentrations were significantly increased in cats with HCM (including HOCM) compared with healthy controls, and concentrations in the HF group were significantly higher than in the ASYMP and LAD groups. These results suggest that plasma cTnl concentrations reflect HCM severity, especially HF, in cats.

Increased cTnI concentrations are thought to be useful for evaluating HCM disease severity, especially in cats with CHF.^{31,32} One study found that a plasma cTnI concentration 20.157 ng/mL provided 85% sensitivity and 97% specificity when used to diagnose HCM, regardless of disease severity.¹⁴ In addition, a high plasma cTnI concentration (>0.7 ng/mL) predicted poor prognosis in cats with HCM, independent of the presence of HF or LAD.³³ Although these studies measured cTnI concentrations using a conventional method, the diagnostic utility of the current assay at various stages of HCM in cats has been unclear. We found that a plasma cTnl concentration >0.163 ng/mL identified ASYMP cats with low sensitivity, but a concentration <0.163 ng/mL served as an excellent cutoff to exclude HCM. Asymptomatic HCM diagnosed by echocardiography may include pseudohypertrophy such as changes associated with dehydration and tachycardia. In addition, because some cats in the ASYMP group had normal cTnI concentrations, caution should be taken when diagnosing early stage HCM based on the cTnl concentration alone. In contrast, the use of plasma cTnl concentrations >0.213 and 0.234 ng/mL to identify HCM accompanied by LAD and HF provided high sensitivity and specificity, respectively. A plasma cTnl concentration >0.234 ng/mL may be a useful cutoff for predicting cats with severe HCM.

Other types of heart disease may affect cTnl concentrations.^{31,34} Increased cTnl concentrations have been reported in dogs with mitral valve disease, cardiomyopathy, and cardiac hemangiosarcoma.^{27,30,35} The cTnl concentration may support echocardiographic data but



cannot be used alone to diagnose any cardiac disease. Furthermore, many disease processes trigger myocardial injury, even in cats without primary cardiac disease.^{36,37} Increased cTnl concentrations have been reported in animals with systemic inflammatory disease, trauma, and hyperthyroidism.³⁶⁻³⁹ Such possible confounders should be considered when measuring cTnI concentrations in cats.

5 | LIMITATIONS

We included cats treated with cardiovascular medications; such animals often are encountered in clinical practice. Because the plasma cTnl concentrations in cats with historical CHF did not significantly differ from those in cats without clinical signs,¹⁴ we cannot rule out the possibility that the use of cardiovascular drugs affected our results. In particular, we included cats with chronic kidney disease in our diseased group, and cTnl concentrations often are increased in dogs and cats with azotemic renal failure,^{40,41} which indicates that these conditions often trigger myocardial injury.

6 | CONCLUSION

The plasma cTnl concentration reflects the severity of disease in cats with HCM, including HOCM. A plasma cTnI concentration <0.163 ng/ mL likely excludes HCM, and a concentration \geq 0.234 ng/mL may identify cats with severe HCM. Our results suggest that if other causes of cardiac injury have been ruled out, measuring cTnI provides additional information that is useful for assessing the severity of HCM.

CONFLICT OF INTEREST DECLARATION

The authors declare that they have no conflict of interest with the contents of this article.

OFF-LABEL ANTIMICROBIAL DECLARATION

Authors declare no off-label use of antimicrobials.

INSTITUTIONAL ANIMAL CARE AND USE COMMITTEE (IACUC) OR OTHER APPROVAL DECLARATION

Authors declare no IACUC or other approval was needed.

ORCID

Yasutomo Hori (b) http://orcid.org/0000-0001-8333-0600 Kensuke Nakamura D http://orcid.org/0000-0002-1010-3228

REFERENCES

- [1] Katagiri T, Kobayashi Y, Sasai Y, Toba K, Niitani H. Alterations in cardiac troponin subunits in myocardial infarction. Jpn Heart J. 1981:22:653-664.
- [2] Voss EM, Sharkey SW, Gernert AE, et al. Human and canine cardiac troponin T and creatine kinase-MB distribution in normal and diseased myocardium. Infarct sizing using serum profiles. Arch Pathol Lab Med. 1995;119:799-806.

- [4] Alpert JS, Thygesen K, Antman E, Bassand JP. Myocardial infarction redefined-a consensus document of The Joint European Society of Cardiology/American College of Cardiology Committee for the redefinition of myocardial infarction. J Am Coll Cardiol. 2000;36: 959-969
- [5] Katus HA, Remppis A, Neumann FJ, et al. Diagnostic efficiency of troponin T measurements in acute myocardial infarction. Circulation. 1991;83:902-912.
- [6] Mach F, Lovis C, Chevrolet JC, et al. Rapid bedside whole blood cardiospecific troponin T immunoassay for the diagnosis of acute myocardial infarction. Am J Cardiol. 1995;75:842-845.
- [7] Hładij R, Rajtar-Salwa R, Dimitrow PP. Troponin as ischemic biomarker is related with all three echocardiographic risk factors for sudden death in hypertrophic cardiomyopathy (ESC Guidelines 2014). Cardiovasc Ultrasound. 2017;15:24-28.
- [8] Zhang C, Liu R, Yuan J, et al. Predictive values of N-terminal pro-Btype natriuretic peptide and cardiac troponin I for myocardial fibrosis in hypertrophic obstructive cardiomyopathy. PLoS One. 2016;11: e0146572.
- [9] Ferasin L, Sturgess CP, Cannon MJ, Caney SM, Gruffydd-Jones TJ, Wotton PR. Feline idiopathic cardiomyopathy: a retrospective study of 106 cats (1994-2001). J Feline Med Surg. 2003;5:151-159.
- [10] Serra M, Papakonstantinou S, Adamcova M, O'Brien PJ. Veterinary and toxicological applications for the detection of cardiac injury using cardiac troponin. Vet J. 2010;185:50-57.
- [11] Rush JE, Freeman LM, Fenollosa NK, Brown DJ. Population and survival characteristics of cats with hypertrophic cardiomyopathy: 260 cases (1990-1999). J Am Vet Med Assoc. 2002;220:202-207.
- [12] Smith SA, Tobias AH, Jacob KA, Fine DM, Grumbles PL. Arterial thromboembolism in cats: acute crisis in 127 cases (1992-2001) and long-term management with low-dose aspirin in 24 cases. J Vet Intern Med. 2003;17:73-83.
- [13] Connolly DJ, Cannata J, Boswood A, Archer J, Groves EA, Neiger R. Cardiac troponin I in cats with hypertrophic cardiomyopathy. J Feline Med Surg. 2003;5:209-216.
- [14] Herndon WE, Kittleson MD, Sanderson K, et al. Cardiac troponin I in feline hypertrophic cardiomyopathy. J Vet Intern Med. 2002;16: 558-564.
- [15] Langhorn R, Tarnow I, Willesen JL, Kjelgaard-Hansen M, Skovgaard IM, Koch J. Cardiac troponin I and T as prognostic markers in cats with hypertrophic cardiomyopathy. J Vet Intern Med. 2014;28:1485-1491.
- [16] Langhorn R, Willesen JL, Tarnow I, Kjelgaard-Hansen M. Evaluation of a high-sensitivity assay for measurement of canine and feline serum cardiac troponin I. Vet Clin Pathol. 2013;42:490-498.
- [17] Langhorn R, Willesen JL, Tarnow I, Kjelgaard-Hansen M, Koch J. Cardiac troponin I in three cat breeds with hypertrophic cardiomyopathy. Vet Rec. 2016;178:532.
- [18] Zimmering TM, Hungerbuhler S, Meneses F, Nolte I, Simon D. Evaluation of the association between plasma concentration of Nterminal proatrial natriuretic peptide and outcome in cats with cardiomyopathy. J Am Vet Med Assoc. 2010;237:665-672.
- [19] Brown S, Atkins C, Bagley R, et al. Guidelines for the identification, evaluation, and management of systemic hypertension in dogs and cats. J Vet Intern Med. 2007;21:542-558.
- [20] Rishniw M, Barr SC, Simpson KW, Winand NJ, Wootton JA. Cloning and sequencing of the canine and feline cardiac troponin I genes. Am J Vet Res. 2004;65:53-58.

Journal of Veterinary Internal Medicine ACVIM 929

- [21] Venge P, Johnston N, Lindahl B, James S. Normal plasma levels of cardiac troponin I measured by the high-sensitivity cardiac troponin I access prototype assay and the impact on the diagnosis of myocardial ischemia. J Am Coll Cardiol. 2009;54:1165–1172.
- [22] Sleeper MM, Clifford CA, Laster LL. Cardiac troponin I in the normal dog and cat. J Vet Intern Med. 2001;15:501–503.
- [23] Freeman LM, Rush JE, Feugier A, van Hoek I. Relationship of body size to metabolic markers and left ventricular hypertrophy in cats. J Vet Intern Med. 2015;29:150–156.
- [24] Gundler S, Tidholm A, Häggström J. Prevalence of myocardial hypertrophy in a population of asymptomatic Swedish Maine coon cats. Acta Vet Scand. 2008;50:22–27.
- [25] Borgeat K, Stern J, Meurs KM, Fuentes VL, Connolly DJ. The influence of clinical and genetic factors on left ventricular wall thickness in Ragdoll cats. J Vet Cardiol. 2015;17:S258–S267.
- [26] Häggström J, Andersson ÅO, Falk T, et al. Effect of body weight on echocardiographic measurements in 19,866 pure-bred cats with or without heart disease. J Vet Intern Med. 2016;30:1601–1611.
- [27] Hezzell MJ, Boswood A, Chang YM, Moonarmart W, Souttar K, Elliott J. The combined prognostic potential of serum highsensitivity cardiac troponin I and N-terminal pro-B-type natriuretic peptide concentrations in dogs with degenerative mitral valve disease. J Vet Intern Med. 2012;26:302–311.
- [28] Jaeger C, Wildi K, Twerenbold R, et al. One-hour rule-in and ruleout of acute myocardial infarction using high-sensitivity cardiac troponin I. Am Heart J. 2016;171:92–102. e101–105.
- [29] Shah AS, Anand A, Sandoval Y, et al. High-sensitivity cardiac troponin I at presentation in patients with suspected acute coronary syndrome: a cohort study. *Lancet.* 2015;386:2481–2488.
- [30] Wess G, Simak J, Mahling M, Hartmann K. Cardiac troponin I in Doberman Pinschers with cardiomyopathy. J Vet Intern Med. 2010; 24:843–849.
- [31] Connolly DJ, Brodbelt DC, Copeland H, Collins S, Fuentes VL. Assessment of the diagnostic accuracy of circulating cardiac troponin I concentration to distinguish between cats with cardiac and noncardiac causes of respiratory distress. J Vet Cardiol. 2009;11:71–78.
- [32] Herndon WE, Rishniw M, Schrope D, Sammarco CD, Boddy KN, Sleeper MM. Assessment of plasma cardiac troponin I concentration as a means to differentiate cardiac and noncardiac causes of dyspnea in cats. J Am Vet Med Assoc. 2008;233:1261–1264.

[33] Borgeat K, Sherwood K, Payne JR, Payne JR, Luis Fuentes V, Connolly DJ. Plasma cardiac troponin I concentration and cardiac death in cats with hypertrophic cardiomyopathy. J Vet Intern Med. 2014; 28:1731–1737.

Open Access

- [34] Wells SM, Shofer FS, Walters PC, Stamoulis ME, Cole SG, Sleeper MM. Evaluation of blood cardiac troponin I concentrations obtained with a cage-side analyzer to differentiate cats with cardiac and noncardiac causes of dyspnea. J Am Vet Med Assoc. 2014;244:425-430.
- [35] Chun R, Kellihan HB, Henik RA, Stepien RL. Comparison of plasma cardiac troponin I concentrations among dogs with cardiac hemangiosarcoma, noncardiac hemangiosarcoma, other neoplasms, and pericardial effusion of nonhemangiosarcoma origin. J Am Vet Med Assoc. 2010;237:806–811.
- [36] Hamacher L, Dorfelt R, Muller M, Wess G. Serum cardiac troponin I concentrations in dogs with systemic inflammatory response syndrome. J Vet Intern Med. 2015;29:164–170.
- [37] Langhorn R, Thawley V, Oyama MA, et al. Prediction of long-term outcome by measurement of serum concentration of cardiac troponins in critically ill dogs with systemic inflammation. J Vet Intern Med. 2014;28:1492–1497.
- [38] Connolly DJ, Guitian J, Boswood A, Neiger R. Serum troponin I levels in hyperthyroid cats before and after treatment with radioactive iodine. J Feline Med Surg. 2005;7:289–300.
- [39] Sangster JK, Panciera DL, Abbott JA, Zimmerman KC, Lantis AC. Cardiac biomarkers in hyperthyroid cats. J Vet Intern Med. 2014;28: 465–472.
- [40] Porciello F, Rishniw M, Herndon WE, Birettoni F, Antognoni MT, Simpson KW. Cardiac troponin I is elevated in dogs and cats with azotaemia renal failure and in dogs with non-cardiac systemic disease. Aust Vet J. 2008;86:390–394.
- [41] Sharkey LC, Berzina I, Ferasin L, Tobias AH, Lulich JP, Hegstad-Davies RL. Evaluation of serum cardiac troponin I concentration in dogs with renal failure. J Am Vet Med Assoc. 2009;234:767–770.

How to cite this article: Hori Y, Iguchi M, Heishima Y, et al. Diagnostic utility of cardiac troponin I in cats with hypertrophic cardiomyopathy. *J Vet Intern Med.* 2018;32:922–929. <u>https://</u>doi.org/10.1111/jvim.15131