



# Humoral and cellular immune response to SARS-CoV-2 mRNA BNT162b2 vaccine in pediatric kidney transplant recipients compared with dialysis patients and healthy children

Ruveyda Gulmez<sup>1</sup> · Dogukan Ozbey<sup>2</sup> · Ayse Agbas<sup>1</sup> · Bagdagul Aksu<sup>3,4</sup> · Nurdan Yildiz<sup>5</sup> · Diana Uckardes<sup>6</sup> · Seha Saygili<sup>1</sup> · Esra Karabag Yilmaz<sup>1</sup> · Zeynep Yuruk Yildirim<sup>3</sup> · Mehmet Tasdemir<sup>7</sup> · Ayca Kiykim<sup>8</sup> · Haluk Cokugras<sup>8</sup> · Nur Canpolat<sup>1</sup> · Ahmet Nayir<sup>3,9</sup> · Bekir Kocazeybek<sup>2</sup> · Salim Caliskan<sup>1</sup>

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## Abstract

**Background** Compared with the general population, the immune response to COVID-19 mRNA vaccines is lower in adult kidney transplant recipients (KTRs). However, data is limited for pediatric KTRs. In this study, we aimed to assess humoral and cellular immune responses to the COVID-19 mRNA vaccine in pediatric KTRs.

**Methods** This multicenter, prospective, case–control study included 63 KTRs (37 male, aged 12–21 years), 19 dialysis patients, and 19 controls. Humoral (anti-SARS-CoV2 IgG, neutralizing Ab (nAb)) and cellular (interferon-gamma release assay (IGRA)) immune responses were assessed at least one month after two doses of BNT162b2 mRNA vaccine.

**Results** Among COVID-19 naïve KTRs ( $n=46$ ), 76.1% tested positive for anti-SARS-CoV-2 IgG, 54.3% for nAb, and 63% for IGRA. Serum levels of anti-SARS-CoV-2 IgG and nAb activity were significantly lower in KTRs compared to dialysis and control groups ( $p<0.05$  for all). Seropositivity in KTRs was independently associated with shorter transplant duration ( $p=0.005$ ), and higher eGFR ( $p=0.007$ ). IGRA titer was significantly lower than dialysis patients ( $p=0.009$ ). Twenty (43.4%) KTRs were positive for all immune parameters. Only four of 11 seronegative KTRs were IGRA-positive. COVID-19 recovered KTRs had significantly higher anti-SARS-CoV-2 IgG and nAb activity levels than COVID-19 naïve KTRs ( $p=0.018$  and  $p=0.007$ , respectively).

**Conclusions** The humoral and cellular immune responses to SARS-CoV-2 mRNA BNT162b2 vaccine are lower in pediatric KTRs compared to dialysis patients. Further prospective studies are required to demonstrate the clinical efficacy of the mRNA vaccine in KTRs.

This prospective study was registered in ClinicalTrials.gov (NCT05465863, registered retrospectively at 20.07.2022).

**Keywords** mRNA vaccine · BNT162b2 · COVID-19 · Immune response · Anti-SARS-CoV-2 IgG · IGRA · Neutralizing antibody

✉ Ayse Agbas  
ayse.agbas@iuc.edu.tr

<sup>1</sup> Department of Pediatric Nephrology, Cerrahpasa School of Medicine, IU-Cerrahpasa, Istanbul, Turkey

<sup>2</sup> Department of Microbiology, Cerrahpasa School of Medicine, IU-Cerrahpasa, Istanbul, Turkey

<sup>3</sup> Department of Pediatric Nephrology, Istanbul University School of Medicine, Istanbul, Turkey

<sup>4</sup> Institute of Child Health, Istanbul University, Istanbul, Turkey

<sup>5</sup> Department of Pediatric Nephrology, Marmara University School of Medicine, Istanbul, Turkey

<sup>6</sup> Department of Pediatric Nephrology, Medeniyet University School of Medicine, Istanbul, Turkey

<sup>7</sup> Department of Pediatric Nephrology, Istinye University School of Medicine, Liv Hospital, Istanbul, Turkey

<sup>8</sup> Department of Pediatric Immunology and Allergy, Cerrahpasa School of Medicine, IU-Cerrahpasa, Istanbul, Turkey

<sup>9</sup> Department of Pediatric Nephrology, Memorial Hospital, Istanbul, Turkey

## Introduction

Coronavirus 2019 (COVID-19) infection is associated with higher morbidity and mortality in adult patients on dialysis and kidney transplant recipients (KTRs) [1–4]. Pediatric KTRs develop asymptomatic or mild COVID-19 disease with a favorable outcome [5]. An increased risk of subclinical acute kidney injury (AKI) is associated with mild to moderate COVID-19 in children; however, less is known about the transplanted kidney [6]. Given KTRs are immunosuppressed and vulnerable to infection and SARS-CoV-2 appears to have an affinity for the kidney, vaccination of this population is important.

It is well established that vaccine response (to attenuated, conjugated, or recombinant) is lower in pediatric dialysis patients and KTRs when compared with the general population [7, 8]. This is attributed to uremia and immunosuppressant medications [9]. The new mRNA vaccine technology is being used worldwide, including in children and adolescents during the pandemic. Studies have demonstrated a lower immune response to the new SARS-CoV-2 mRNA vaccine in adult KTRs [10–17]. However, there are limited data on the immune response elicited by the vaccine in children and adolescents with kidney replacement therapy [18, 19].

The aim of this study was to investigate both humoral and cellular immune responses to two-doses of BNT162b2 mRNA COVID-19 vaccine in pediatric KTRs compared with dialysis patients and healthy controls. The humoral immune response was assessed using anti-SARS-CoV-2 immunoglobulin G (anti-SARS-CoV-2 IgG) and SARS-CoV-2 neutralizing antibody (nAb). The cellular immune response was assessed using the SARS-CoV-2-specific interferon- $\gamma$ -release assay (IGRA).

## Material and methods

### Study design

This prospective, multicenter case–control study was conducted with the participation of five pediatric nephrology centers in Istanbul between September 2021 and March 2022. The centers were asked to report all dialysis and kidney transplant patients between the ages of 12 and 21 years to be vaccinated against COVID-19. Patients were informed about the vaccine according to local vaccination schedule and requested to make an appointment for vaccination. The BNT162b2 mRNA COVID-19 vaccine (Pfizer-BioNTech®) was administered intramuscularly into the deltoid region of all participants who agreed

to participate in the study. At least one month after the second vaccine dose, serum and whole blood samples were collected from all patients and controls to analyze the humoral and cellular immune response to the vaccine. All samples were stored at  $-20^{\circ}\text{C}$  until assayed. SARS-CoV-2 PCR test results were collected retrospectively to determine natural SARS-CoV-2 infection. Patients with a history of positive SARS-CoV-2 PCR were defined as “COVID-19 recovered,” and the remaining were defined as “COVID-19 naïve.” The control group consisted of 19 age- and gender-comparable healthy children. See Fig. 1 for the flow diagram of the study design. All patients were recommended a third dose of the vaccine, but only 13 of 63 KTRs received a third dose.

### Assessment of immune response to SARS-CoV-2 vaccine

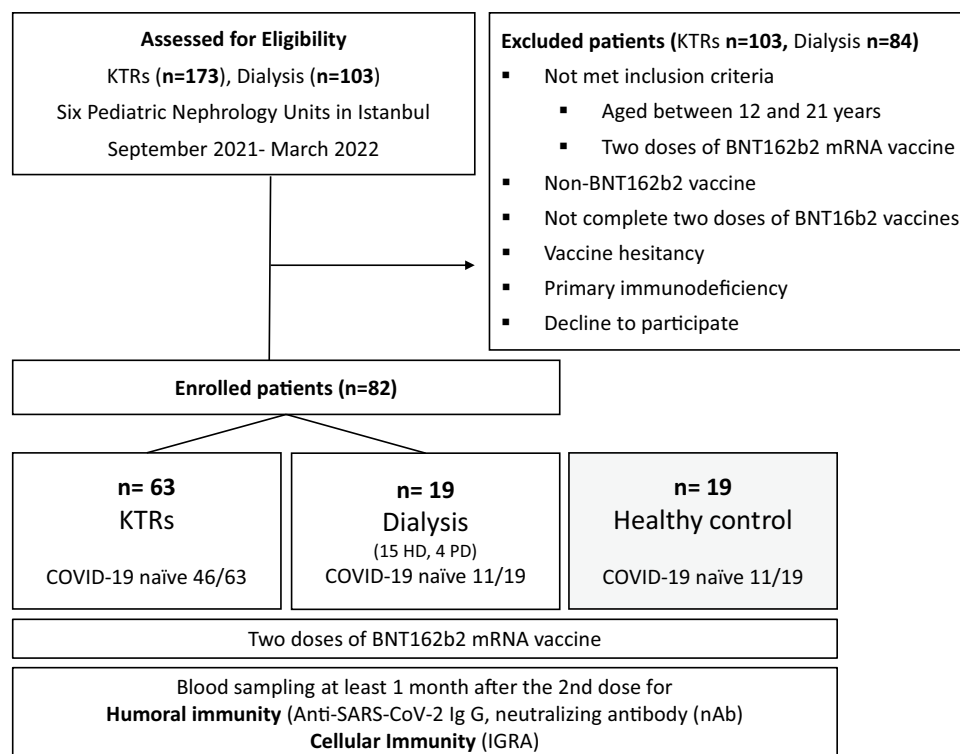
#### Humoral response

Humoral immune response was assessed with anti-SARS-CoV-2 IgG quantification (anti-SARS-CoV-2 IgG) and neutralization test (nAb activity). Anti-SARS-CoV-2 IgG antibody titers, which prevent the binding of SARS-CoV-2 S1/RBD region to ACE2 receptors, were determined by SARS-CoV-2 QuantiVac ELISA (IgG) (Euroimmun AG, Lübeck, Germany). Neutralization capacities of these antibodies were also determined by SARS-CoV-2 NeutralISA (Euroimmun AG, Lübeck, Germany). Antibody titers were obtained in relative units/mL (RU/mL) ( $1\text{ RU/mL} \times 3.2 = 1\text{ Binding Antibody Unit per mL (BAU/mL)}$ ). Antibody titer values below 8 RU/mL (25.6 BAU/mL) were interpreted as “seronegative,” and values above 11 RU/mL (35.2 BAU/mL) were interpreted as “seropositive,” according to manufacturer’s guidelines. Serum samples that exceeded assay measuring range ( $> 120\text{ RU/mL}$ ) were diluted by a 1:10 factor and tested again to obtain more accurate results. Neutralizing antibody responses were assessed as percent inhibition (%IH). Percent inhibition values below 20% were considered “nAb-negative,” and values above 35% were considered “nAb-positive,” according to manufacturer’s guidelines.

#### Cellular immune response

Cellular immune response was assessed with IGRA. A specific stimulation of T-cells by the spike protein of SARS-CoV-2 was performed using the Quan-T-Cell SARS-CoV-2 (Euroimmun AG, Lübeck, Germany) to determine the amount of IFN- $\gamma$  released by immune cells. IFN- $\gamma$  responses were then measured using the Quan-T-Cell ELISA (Euroimmun AG, Lübeck, Germany).

**Fig. 1** Flow diagram of the study design. KTRs, kidney transplant recipients; HD, hemodialysis; PD, peritoneal dialysis



Interferon Gamma Release Assay. Results were obtained in milli-international units per milliliter (mIU/mL) in accordance with the manufacturer's instructions. Values below 100 mIU/mL were interpreted as "IGRA-negative," and values above 200 mIU/mL were interpreted as "IGRA-positive."

## Statistical analyses

The Statistical Package for Social Sciences (SPSS) for Windows version 20.0 (SPSS, IBM Corporation, Chicago) was used for analysis. GraphPad Prism version 9.4.0 (GraphPad Software, San Diego, CA) was used for figures. Normality of the data were tested with the Kolmogorov–Smirnov test. Continuous data were expressed as mean  $\pm$  standard deviation (SD) in the case of a normal distribution and analyzed with the Student *t*-test or one-way ANOVA test. In the case of a non-normal distribution, data were expressed as the median (interquartile range, 25th; 75th percentiles) and analyzed using the Mann–Whitney *U* test or the Kruskal–Wallis test. Categorical variables were expressed as *n* (%) and analyzed with Chi-Square test. Bonferroni correction was applied when appropriate. The correlation between anti-SARS-CoV-2 IgG, nAb, and IGRA levels were analyzed using the Spearman correlation test. Variables with a *p* value of  $<0.1$  were analyzed

with backward multivariate logistic regression analysis to determine the independent predictors of anti-SARS-CoV-2 IgG and nAb positivity. A two tailed *p* value  $<0.05$  was defined as significant.

## Results

A total of 63 KTRs, 19 dialysis patients (15 HD and 4 PD), and 19 healthy controls were included in the study (Fig. 1 and Table 1). The median time between second vaccine dose and the assessment of immune response was 8 weeks (7;14 weeks) in the KTRs. The difference was not statistically significant from dialysis and control groups. There was no statistically significant difference in age, gender, or SARS-CoV-2 PCR positivity between the three groups (Table 1). Forty-nine of the KTRs (78%) were on standard triple immunosuppressive therapy (prednisolone, tacrolimus, and mycophenolate mofetil/mycophenolic acid (MMF/MPA)), five were on triple treatment with prednisolone, mTORi, and MMF/MPA, and four were on tacrolimus/cyclosporin and MMF/MPA. Fifty-five KTRs (82.5%) received a kidney from a living donor. Acute rejection history was present in six KTRs; none of which occurred within 6 months of the study. Median time posttransplantation was 77 months with all participants having received a transplant greater than 12 months prior to the study. A total of 17 KTRs had a history of COVID-19 before

**Table 1** Characteristics of study population

	<b>KTRs (n = 63)</b>	<b>Dialysis patients (n = 19)</b>	<b>Controls (n = 19)</b>	<b>p value</b>
<b>Clinical characteristics</b>				
Age, years	15.9 ± 2.86	17.1 ± 1.90	15.9 ± 2.27	0.262
Male sex, n (%)	37/63 (58.7)	8/19 (42.1)	9/19 (47.4)	0.373
Time on dialysis, months	1.0 (0–31)	29 (12–48)	-	<b>0.001</b>
Time on transplantation, months	77 (55.5–103)	-	-	
<b>Blood tests</b>				
White blood cells, × 10 <sup>3</sup> U/μl	7.4 (6.1–10.3)	6.1 (5.0–7.9)	NA	<b>0.013</b>
Lymphocytes, × 10 <sup>3</sup> U/μl	2.4 (2.0–2.9)	2.3 (1.6–2.7)	NA	0.135
<b>Vaccination and immunity related features</b>				
SARS-Cov-2 PCR positivity, n (%)	17/58 (29.3)	8/16 (50.0)	8/18 (44.4)	0.218
Time after PCR (+), weeks	47 (33–58)	56 (48–63)	52 (38–64)	0.665
Time after 2nd vaccine dose, weeks	8.0 (5.5–10.5)	8.0 (7.0–14.0)	15.0 (4.0–22.5)	0.448
Anti-SARS-CoV-2 IgG titers, RU/ml	306.3 (28.2–1200) <sup>a</sup>	1052 (369–1200) <sup>b</sup>	731 (394–1200) <sup>b</sup>	<b>0.014</b>
Neutralizing antibody, % activity	91.4 (4.93–99.4) <sup>a</sup>	99.4 (97.6–99.5) <sup>b</sup>	99.4 (98.9–99.6) <sup>b</sup>	<b>&lt;0.001</b>
IGRA titer, mIU/ml	304 (138–1438) <sup>a</sup>	1830 (1024–1985) <sup>b</sup>	841 (421–2057) <sup>a,b</sup>	<b>0.003</b>
Anti-SARS-CoV-2 IgG positivity, n (%)	51/63 (81) <sup>a</sup>	19/19 (100) <sup>a</sup>	19/19 (100) <sup>a</sup>	<b>0.015</b>
Neutralizing antibody positivity, n (%)	41/63 (65.1) <sup>a</sup>	16/19 (84.2) <sup>b</sup>	18/19 (94.7) <sup>b</sup>	<b>0.023</b>
IGRA positivity, n (%)	41/63 (65.1) <sup>a</sup>	19/19 (100) <sup>b</sup>	17/19 (89.5) <sup>a,b</sup>	<b>0.001</b>
<b>COVID-naïve study population</b>				
	(n = 46)	(n = 11)	(n = 11)	
Anti-SARS-CoV-2 IgG titers, RU/ml	235 (14.8–746) <sup>a</sup>	526 (369–1200) <sup>b</sup>	992 (394–1118) <sup>b</sup>	<b>0.012</b>
Neutralizing antibody, %	48.9 (3.9–98.8) <sup>a</sup>	99.4 (97.4–99.5) <sup>b</sup>	99.1 (98.8–99.5) <sup>b</sup>	<b>0.001</b>
IGRA titer, mIU/ml	282 (85.7–1288) <sup>a</sup>	1776 (1024–1985) <sup>b</sup>	723 (366–1793) <sup>a</sup>	<b>0.021</b>
Anti-SARS-CoV-2 IgG positivity, n (%)	35/46 (76.1) <sup>a</sup>	11/11 (100) <sup>a</sup>	11/11 (100) <sup>a</sup>	<b>0.048</b>
Neutralizing antibody positivity, n (%)	25/46 (54.3) <sup>a</sup>	9/11 (81.8) <sup>a</sup>	11/11 (100) <sup>b</sup>	<b>0.005</b>
IGRA positivity, n (%)	29/46 (63.0) <sup>a</sup>	11/11 (100) <sup>b</sup>	9/11 (81.8) <sup>a,b</sup>	<b>0.029</b>
<b>COVID recovered study population</b>				
	(n = 17)	(n = 8)	(n = 8)	
Anti-SARS-CoV-2 IgG titers, RU/ml	906 (177–1200)	1200 (380–12,000)	703 (425–1200)	0.765
Neutralizing antibody, %	99.2 (93.8–99.5)	99.4 (97.6–99.5)	99.4 (98.4–99.5)	0.318
IGRA titer, mIU/ml	523 (162–1984)	1886 (730–2023)	1646 (583–2060)	0.244
Anti-SARS-CoV-2 IgG positivity, n (%)	16/17 (94.1)	8/8 (100)	8/8 (100)	1.000
Neutralizing antibody positivity, n (%)	16/17 (100)	7/8 (87.5)	7/8 (87.5)	1.000
IGRA positivity, n (%)	12/17 (70.6)	8/8 (100)	8/8 (100)	0.053

Data are presented as mean (SD), median (25th; 75th percentile) or n/n (%). Continuous data were analyzed by the Mann–Whitney U test for two groups and the Kruskal–Wallis test or one-way ANOVA for three groups. Chi-square test or Fischer’s Exact test, where appropriate for categorical variables. Superscripts demonstrate the pairwise comparisons by Mann–Whitney U test or Chi-square test, which are given in detail for COVID-19 naïve study population in Fig. 2. P values lower than 0.05 are given in bold

KTRs, kidney transplant recipients; NA, not available; *anti-SARS-CoV-2 IgG*, anti-SARS-CoV-2 immunoglobulin G; *IGRA*, interferon gamma release assay

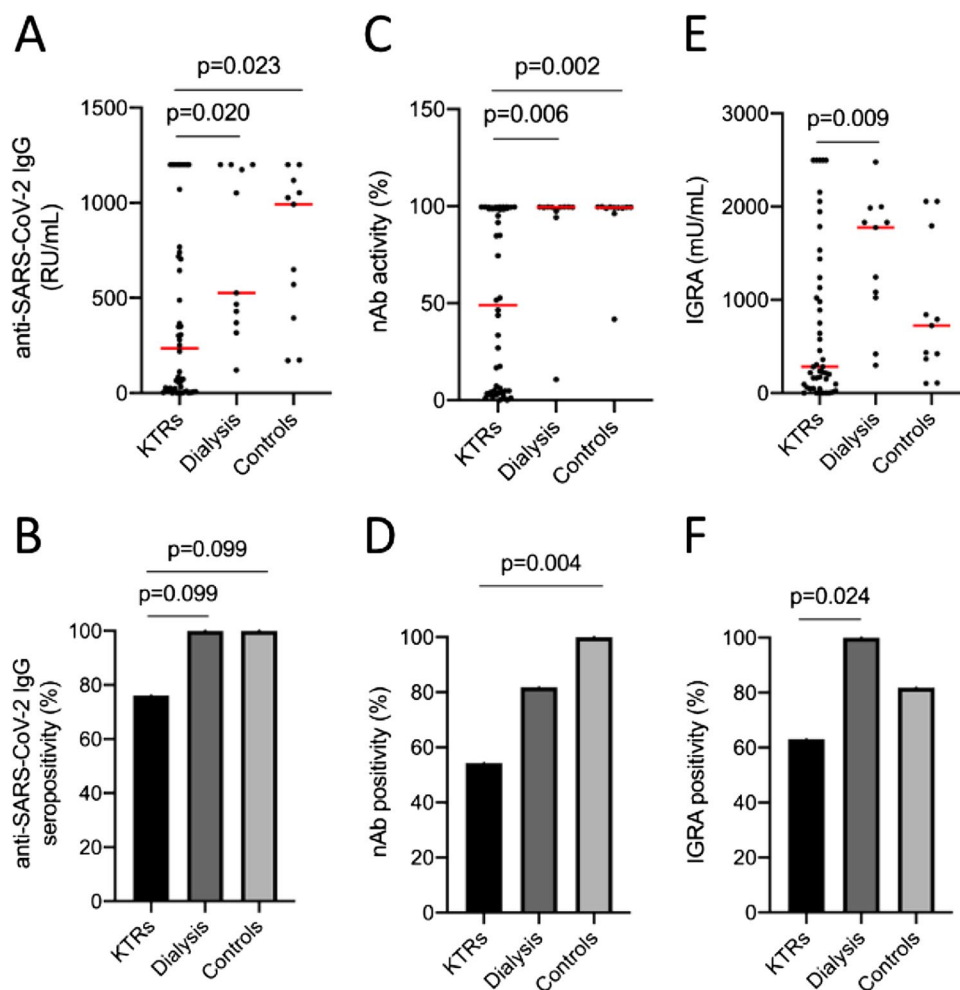
vaccinations; the median time between COVID-19 and evaluation of immune response to vaccine was 47 weeks.

### Immune response to SARS-CoV-2 vaccine in COVID-19 naïve study population

The immune responses to the vaccine in COVID-19 naïve study populations are given in Table 1 and Fig. 2. KTRs had significantly lower anti-SARS-CoV-2 IgG titer levels than both dialysis ( $p = 0.020$ ) and control ( $p = 0.023$ )

groups (Fig. 2A). KTRs also had lower anti-SARS-CoV-2 IgG positivity (76.1%) but the difference did not reach statistical significance, either for dialysis (100%) or control (100%) groups ( $p = 0.099$  for both, Fig. 2B). Furthermore, KTRs had significantly lower nAb activity levels than both dialysis ( $p = 0.006$ ) and control ( $p = 0.002$ ) groups (Fig. 2C). KTRs had also lower nAb positivity (54.3%) than dialysis (81.8%) and control (100%) groups, but the difference was statistically significant only between KTRs and controls ( $p = 0.004$ ) (Fig. 2D).

**Fig. 2** Comparisons of humoral and cellular immune responses between kidney transplant recipients (KTRs), dialysis patients, and control subjects, among COVID-19 naïve study population. **A** Anti-SARS-CoV2 IgG titer, **B** anti-SARS-CoV2 IgG seropositivity rate, **C** neutralizing antibody (nAb) activity, **D** nAb positivity rate, **E** interferon gamma release assay (IGRA) titer, and **F** IGRA positivity rate. Only the differences between groups with a  $p$  value  $< 0.10$  are shown in the figure



The prevalence of IGRA positivity in KTRs, dialysis, and control groups were 63% (29/46), 100% (11/11), and 81.8% (9/11), respectively. KTRs also had lower IGRA titer levels compared to other two groups. However, the difference was statistically significant only between KTRs and dialysis group for both positivity ( $p=0.024$ ) and titer level ( $p=0.009$ ) (Fig. 2E and F).

None of the humoral (anti-SARS-CoV-2 IgG, nAb) and cellular (IGRA) immune parameters demonstrated statistical significance between dialysis and control groups (Table 1).

### Factors affecting immune response to SARS-CoV-2 vaccine in COVID-19 naïve KTRs

KTRs with a positive anti-SARS-CoV-2 IgG had significantly shorter time on transplantation ( $p=0.005$ ) and higher eGFR ( $p=0.007$ ) compared to seronegative KTRs (Table 2). Three of the 11 seronegative KTRs had a history of rituximab due to acute rejection, while none of the seropositive group had such a history ( $p=0.012$ ). These three KTRs had an eGFR  $< 50$  ml/min/1.73 m<sup>2</sup> and one of them had hypogammaglobulinemia. In multivariate

logistic regression analysis, only shorter time on transplantation and higher eGFR were independently associated with a positive anti-SARS-CoV-2 IgG ( $\beta$ :  $-0.586$ , OR: 0.961, 95% CI: 0.924–0.998 and  $\beta$ : 0.079, OR: 0.1082, 95% CI: 1.014–1.155, respectively). KTRs with a positive nAb activity had higher levels of tacrolimus dose, but the difference did not reach statistical significance ( $p=0.063$ , Table 2). There was no statistical significance between IGRA-positive ( $n=29$ ) and IGRA-negative KTRs ( $n=17$ ) in terms of clinical or laboratory parameters (Table 2).

### The relationship between humoral and cellular immunity among COVID-19 naïve KTRs

The distribution of humoral and cellular immune responses in the COVID-19 naïve KTRs is shown in Fig. 3. Out of 35 anti-SARS-CoV-2 IgG seropositive KTRs, 10 (28.5%) were nAb-negative. Four out of 11 anti-SARS-CoV-2 IgG seronegative KTRs were IGRA-positive. A complete immune response (positive anti-SARS-CoV-2 IgG, nAb, and IGRA) was observed in 20



**Table 2** Comparison of COVID naïve KTRs in terms of humoral and cellular immune response to SARS-CoV-2 vaccine

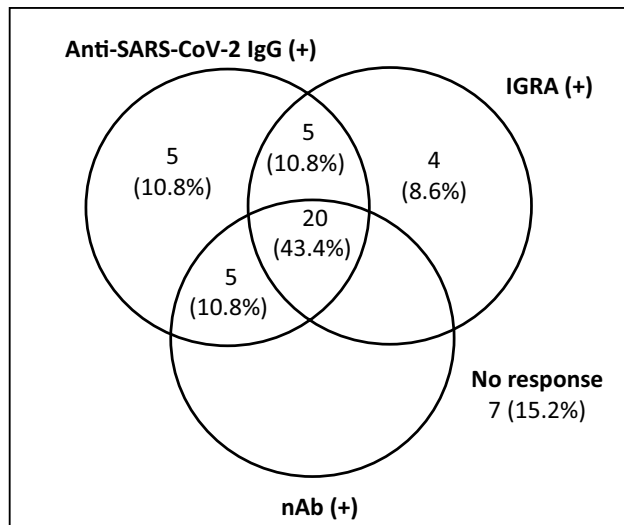
	Anti-SARS-CoV-2 IgG (-) ( <i>n</i> = 11)	Anti-SARS-CoV-2 IgG (+) ( <i>n</i> = 35)	<i>P</i> value	nAb (-) ( <i>n</i> = 21)	nAb (+) ( <i>n</i> = 25)	<i>p</i> value	IGRA (-) ( <i>n</i> = 17)	IGRA (+) ( <i>n</i> = 29)	<i>p</i> value
<b>Clinical characteristics</b>									
Age, years	14.0 (4.0)	16.0 (4.0)	0.221	14.0 (3.5)	16.5 (5.2)	0.089	16.0 (4.0)	16.0 (5.0)	0.604
Male sex, <i>n</i> (%)	7/11 (63.6)	24/35 (68.6)	1.000	12/21 (57.1)	19/25 (76.0)	0.174	10/17 (58.8)	21/29 (72.4)	0.516
Time on transplantation, months	102 (14)	69 (65)	<b>0.005</b>	92.5 (38.7)	71.5 (65.5)	0.732	101 (55)	74 (59)	0.909
Living related donor, <i>n</i> (%)	9/11 (81.8)	32/35 (91.4)	0.580	18/21 (85.7)	23/25 (92)	0.648	16/17 (94.1)	25/29 (86.2)	0.637
Viral infection history (EBV, CMV and/or BKV history), <i>n</i> (%)	3/10 (30.0)	4/34 (11.8)	0.322	4/20 (20.0)	3/24 (12.5)	0.684	1/17 (5.9)	6/27 (22.2)	0.220
Time after 2nd vaccine, months	6.0 (3.0)	9.0 (7.5)	0.454	6.0 (6.2)	9.0 (7.2)	0.222	8.0 (12)	8.0 (5)	0.556
<b>Immunosuppressive treatment</b>									
Induction therapy, (no/anti IL2 R/ATG)	0/9/2	2/26/7	1.000	2/14/5	0/21/4	0.200	2/11/4	0/24/5	0.130
Acute rejection history, <i>n</i> (%)	3/11 (27.3)	0/35 (0)	<b>0.012</b>	3/21 (14.3)	0/23 (0)	0.100	2/17 (11.8)	1/27 (3.7)	0.549
Rituximab treatment, <i>n</i> (%)	3/11 (27.3)	0/35 (0)	<b>0.012</b>	3/21 (14.3)	0/25 (0)	0.100	2/17 (11.8)	1/29 (3.4)	1
Total ATG treatment, <i>n</i> (%)	2/11 (18.2)	7/35 (20.0)	1.000	5/21 (23.8)	4/25 (16.0)	0.711	4/17 (23.5)	5/29 (17.2)	0.707
<b>Maintenance immunosuppression</b>									
Steroid, (no/daily/alternate day)	0/4/7	2/6/27	0.339	0/6/15	3/4/19	0.412	0/4/13	2/6/21	0.740
MMF/MPA, <i>n</i> (%)	11/11 (100)	34/35 (97.1)	1.000	21/21 (100)	24/25 (96.0)	1.000	16/17 (94.1)	29/29 (100)	0.370
MMF dose, mg/m <sup>2</sup> /day	654 (144)	666 (177)	0.687	655 (61)	666 (244)	0.333	650 (411)	671 (159)	0.661
Tacrolimus dose, mg/kg/day	0.05 (0.06)	0.07 (0.04)	0.963	0.08 (0.05)	0.06 (0.05)	0.063	0.08 (0.06)	0.07 (0.05)	0.847
Tacrolimus through level, ng/ml	5.8 (2.0)	5.3 (1.6)	0.646	5.4 (1.9)	5.3 (1.3)	0.708	5.8 (2.1)	5.3 (1.4)	0.162
Tacrolimus, <i>n</i> (%)	10/11 (90.9)	30/35 (85.7)	1.000	20/21 (95.2)	20/25 (80.0)	0.198	16/17 (94.1)	24/29 (82.8)	0.390
<b>Blood tests</b>									
White blood cells, × 10 <sup>3</sup> U/μl	5.6 (3.9)	6.9 (3.7)	0.547	6.8 (4.7)	6.7 (2.1)	0.854	7.5 (5.0)	6.6 (2.5)	0.950
Lymphocytes, × 10 <sup>3</sup> U/μl	2.4 (1.1)	2.4 (0.8)	0.255	2.4 (1.0)	2.2 (0.8)	0.845	2.6 (1.5)	2.4 (0.7)	0.753
Creatinine, mg/dl	1.16 (0.4)	1.14 (0.4)	<b>0.014</b>	1.0 (0.4)	0.97 (0.4)	0.366	1.0 (0.3)	0.95 (0.4)	0.539
eGFR, ml/min per 1.73 m <sup>2</sup>	55.8 (28.8)	69.5 (22.1)	<b>0.007</b>	63.0 (17.3)	68.2 (26.7)	0.264	59.4 (19.2)	69.5 (26.8)	0.301

Data are given as median (interquartile range) and analyzed with the Mann–Whitney *U* test and categorical data are given as *n/n* (%) and analyzed with the Chi-square test or Fischer's Exact test, where appropriate. Bold values indicate statistically significant *p* values (*p* < 0.05). *nAb*, neutralizing antibody; *ATG*, antithymocyte globulin; *MMF*, mycophenolate mofetil; *MPA*, mycophenolic acid; *eGFR*, estimated glomerular filtration rate. *P* values lower than 0.05 are given in bold

KTRs (43.4%), whereas 7/46 KTRs (15.2%) showed no immune response at all. All immune parameters—anti-SARS-CoV-2 IgG, nAb activity, and IGRA titer levels—were significantly correlated with each other (*p* < 0.001 for all, Fig. 4).

### Comparison of immune response to SARS-CoV-2 between COVID-19 naïve and recovered KTRs

COVID-19 recovered KTRs had significantly higher titers of both anti-SARS-CoV-2 IgG and nAb compared to



**Fig. 3** The distribution of COVID-19 naïve kidney transplant recipients (KTRs) according to humoral and cellular immune responses to the mRNA vaccine. IGRA, interferon gamma release assay; nAb, neutralizing antibody

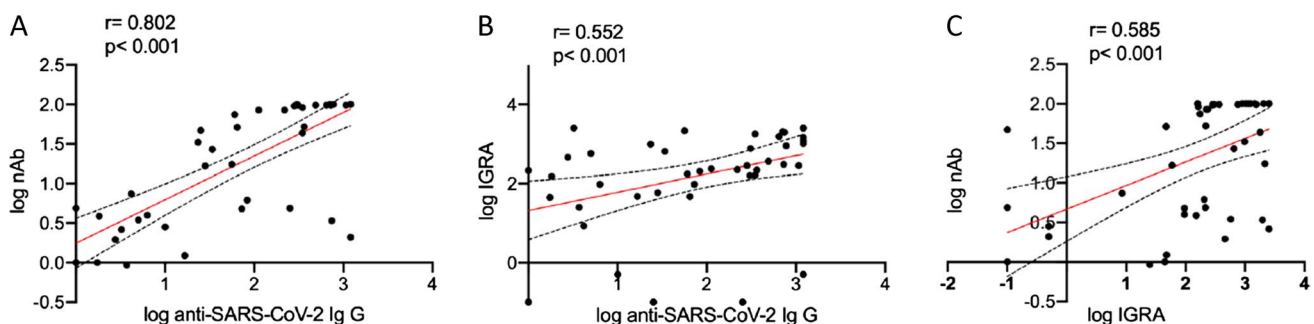
COVID-19 naïve KTRs ( $p=0.018$  and  $p=0.007$  respectively, Table 1). In terms of positivity, COVID-19 recovered KTRs had significantly higher nAb positivity (100% vs. 54.3% respectively,  $p=0.003$ ), but anti-SARS-CoV-2 IgG did not differ significantly (94.1% vs. 76.1% respectively,  $p=0.155$ ). Neither IGRA titer level nor IGRA positivity differed significantly according to COVID-19 history ( $p>0.05$  for both).

During the study period, six out of 63 KTRs had COVID-19 after two doses of SARS-CoV-2 vaccine. Two of them had no humoral or cellular immune response to the vaccine. None of them experienced a severe disease needing hospitalization. Thirteen of 63 KTRs received a third dose of the vaccine. Only one of four anti-SARS-CoV-2 IgG-seronegative KTRs and two of five IGRA-negative KTRs had a positive result after the third dose of the vaccine.

## Discussion

In this prospective multicenter study, both humoral and cellular immune responses to the two doses of BNT162b2 mRNA COVID-19 vaccine were assessed in pediatric KTRs and compared with pediatric dialysis patients and healthy controls. The main findings of our study were that COVID-19 naïve KTRs have significantly lower levels of anti-SARS-CoV-2 IgG titer and nAb activity compared to both dialysis and control groups, demonstrating lower vaccine-induced humoral immunity among KTRs. Shorter time on transplantation and higher eGFR were independently associated with anti-SARS-CoV-2 seropositivity in the KTRs. Furthermore, COVID-19 naïve KTRs had significantly lower IGRA levels than dialysis patients. They also demonstrated a trend toward lower IGRA levels than controls, but the difference did not reach statistical significance. COVID-19 recovered KTRs had significantly higher anti-SARS-CoV-2 IgG titer and nAb activity levels compared to COVID-19 naïve KTRs, but IGRA titers did not differ significantly. These findings demonstrated the booster effect of natural SARS-CoV-2 infection on humoral immunity, but not on cellular immunity. Dialysis patients demonstrated similar humoral and cellular immune response to the SARS-CoV-2 mRNA vaccine compared to the healthy individuals, which is similar to data in adult cohorts [15, 16, 20].

The reported prevalence of a positive humoral immune response to SARS-CoV-2 mRNA vaccines varies widely in adult KTRs due to differences in study protocols, established cut-off values, and sensitivity of different assays. The prevalence of seroconversion in KTRs has been reported to range from 36 to 63%, which is significantly lower compared to both CKD, dialysis, and healthy individuals [10–16]. Younger age, lower MMF dose, low tacrolimus trough level, and higher eGFR have been reported to be associated with improved humoral immune response [10–12, 15–17], whereas shorter time on transplantation, especially



**Fig. 4** The correlations between **A** anti-SARS-CoV2 IgG titers, **B** neutralizing antibody (nAb) activities, and **C** interferon gamma release assay (IGRA) levels in COVID-19 naïve kidney transplant recipients. All parameters were significantly correlated with each other

post-transplant first year, has been associated with a negative humoral immune response [15, 16].

There are few studies conducted in pediatric KTRs. Haskin et al. [18] demonstrated a 63% seroconversion rate in 38 adolescents and young adults with a mean age of 18 years after two doses of BNT162b2 mRNA vaccine. The authors reported that seroconverted KTRs had a significantly lower use of rituximab and a longer time after the second vaccine dose compared to seronegative KTRs. Crane et al. [19] have reported a 52% seroconversion rate after two doses of BNT162b2 mRNA vaccine in 25 adolescents with a median age of 19 years. The authors reported a higher number of KTRs on MMF and higher doses of MMF use in the non-responders. In the present study, the seroconversion rate was 76.1% in COVID-19 naïve KTRs. This higher prevalence of seroconversion compared to previous studies among adolescents and adults may be partly explained by younger age of our cohort or by the different assays used in these studies. Consistent with the previous studies, anti-SARS-CoV-2 IgG seropositivity in our cohort was associated with higher eGFR in KTRs. Lower eGFR does not explain lower immunity against SARS-CoV-2 vaccination as dialysis patients with much lower eGFR had significantly higher anti-SARS-CoV-2 IgG than KTRs. Three of the eleven anti-SARS-CoV-2 seronegative KTRs were given rituximab due to acute rejection. These patients had low eGFR and one of them had hypogammaglobulinemia. Although rituximab or acute rejection history did not remain in the regression analysis, they may have an effect on eGFR and seropositivity association. The seronegative group was small; larger cohorts are needed to assess this association. In contrast to the published reports, shorter time on transplantation was associated with seropositivity in the present study. However, it is important to note that in our cohort none of the KTRs had a shorter transplant duration than 12 months. Although the seroconversion rate seems higher than previous studies, COVID-19 naïve KTRs had still significantly lower anti-SARS-CoV-2 IgG titers compared to both dialysis and control groups.

Neutralizing antibody activity indicates the functional antibodies that can inhibit SARS-CoV-2 infection; in other words, it represents the clinical efficacy of vaccine-induced measured antibodies [21]. Lower nAb titers have been reported in adult KTRs compared with healthy controls [16, 22], but pediatric data is not yet available. The prevalence of nAb positivity has been reported to range from 31 to 65.8% in adult studies including all KTRs. On the other hand, in the studies including only seropositive adult KTRs, this prevalence has been reported as high as 79.3%, which is still lower than in healthy controls [13, 16, 22]. In our cohort, COVID-19 naïve KTRs had significantly lower nAb activity compared to both dialysis and control groups. The prevalence of nAb positivity was also significantly lower

in COVID-19 naïve KTRs than controls (54.3% vs. 100%). In line with the literature, there was a strong correlation between the titer of anti-SARS-CoV-2 IgG and nAb activity [16]. The frequency of a negative nAb among anti-SARS-CoV-2 IgG seropositive KTRs was about 30% in the present study, which has been reported as 10% by Pedersen et al. [22]. These findings demonstrate that not only seropositivity but also titer levels of anti-SARS-CoV-2 IgG are important to predict protection from COVID-19 in KTRs.

It is known that repeated vaccination may not elicit a humoral response but a cellular immune response. The prevalence of a positive cellular immune response to an mRNA vaccine has been reported to range between 16.2 and 60% in adult KTRs [15, 16, 23, 24]. The current study was the first to investigate the cellular immune response in pediatric KTRs after SARS-CoV-2 vaccination. The prevalence of a positive cellular response was 63% in COVID-19 naïve KTRs, which was quite low compared with both dialysis patients (100%) and healthy controls (81.8%). Both the positivity and titer levels of IGRA were significantly lower compared to dialysis patients, but not from controls. However, the number of COVID-19 naïve healthy controls was low. Four of eleven seronegative KTRs had positive cellular immunity. We could not detect any clinical or laboratory factors affecting cellular immune response.

The effect of natural COVID-19 on immunity in vaccinated KTRs was assessed in adults by Magicova et al. [25]. They demonstrated a higher prevalence of seroconversion after two doses of BNT162b2 or Moderna mRNA-1273 vaccine, in KTRs with a COVID-19 history, than COVID-19 naïve vaccinated KTRs (97% vs. 40%). In our study, COVID-19 recovered KTRs had significantly higher titers of anti-SARS-CoV-2 IgG and nAb activity compared to COVID-19 naïve KTRs. These results demonstrate the booster effect of natural infection on humoral immunity. Although the IGRA positivity was higher in COVID-19 recovered KTRs than COVID-19 naïve KTRs (100% vs. 81%), the difference did not reach statistical significance. Magicova et al. [25] also demonstrated a better cellular immune response in previously infected, vaccinated adult KTRs compared with naïve vaccinated KTRs (90% vs. 9%).

This study demonstrated a trend toward an improved cellular immune response at higher anti-SARS-CoV-2 IgG titers. The seroconversion rate appears to be high, but a complete immune response, i.e., positive nAb and cellular immune response in addition to seroconversion, was present in about 40% of the KTRs. This may be indicative of the lower clinical efficacy of the SARS-CoV-2 mRNA vaccine in pediatric KTRs. These results suggest that booster vaccination and/or possibly an increase in vaccine dose is needed, similar to HBV vaccination in CKD patients. In our cohort, only 13 KTRs received a third dose of the vaccine during the study period. One out of four anti-SARS-CoV-2



IgG seronegative and two out of five IGRA-negative KTRs were positive after a third dose of vaccine. It is difficult to draw significance from this, given the small sample size. Nevertheless, results from the adult studies demonstrate an enhanced humoral and cellular immune response after the third dose of mRNA vaccine in KTRs [23, 26].

Our study has several limitations. Sampling was planned after 4 weeks following the second vaccine dose; however, the delay in study approval resulted in heterogenous timing of blood sampling with a median 8 weeks in KTRs. Nevertheless, timing was not significantly different from dialysis or control groups. Secondly, due to this delay in the study start, we missed the prevaccination sampling to measure anti-SARS-CoV-2 IgG to determine natural SARS-CoV-2 infection. Therefore, we defined natural SARS-CoV-2 infection with a previously positive PCR test, which may result in asymptomatic cases being missed. Lastly, the number of dialysis and control groups was small. Although KTRs had lower IGRA levels and positivity than controls, the difference was not statistically significant. This finding can be explained by the small sample size for controls and the sensitivity of the assay. The strength of our study is that we assessed not only seroconversion but also detailed immune analyses, including SARS-CoV-2-specific nAb and cellular immune responses to mRNA vaccination, in a relatively high number of KTRs.

In conclusion, the humoral and cellular immune response after two doses of SARS-CoV-2 mRNA vaccination appears to be better in pediatric KTRs than in adult KTRs, whereas the immune response is still lower compared to healthy children. In particular, KTRs with longer transplant duration and lower eGFR have a lower humoral immune response, whereas natural SARS-CoV-2 infection has a booster effect on the humoral immune response. Although seroconversion prevalence appears to be high, only about 40% of the KTRs have both a positive nAb and T-cell immune response in addition to seroconversion, which may demonstrate the need for booster doses or an increase in vaccine dose. Further prospective studies are required to demonstrate the clinical efficacy of the SARS-CoV-2 mRNA vaccine-induced immune response in KTRs.

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**Author's contribution** Conceptualization: Salim Caliskan; methodology: Salim Caliskan, Bekir Kocazeybek, Ayca Kiykim; data collection: Ruveyda Gulmez, Bagdagul Aksu, Nurdan Yıldız, Diana Uckardes, Seha Saygılı, Esra Karabag Yılmaz, Zeynep Yuruk Yıldırım, Mehmet Tasdemir, Ahmet Nayır; material preparation and analysis were performed by Ruveyda Gulmez, Dogukan Ozbey; statistical analysis: Ayse Agbas; writing—original draft preparation: Ruveyda Gulmez, Ayse Agbas; writing—review and editing: Nur Canpolat, Salim Caliskan;

supervision: Salim Caliskan, Bekir Kocazeybek, Haluk Cokugras. All authors read and approved the final manuscript.

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**Data availability** All data generated or analyzed during this study are included in this published article and its supplementary information files.

## Declarations

**Ethics approval** This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the Ethics Committee of Istanbul University-Cerrahpasa, Cerrahpasa School of Medicine (2021–70493).

**Consent** Written informed consent was obtained from the parents and participants where available.

**Competing interests** The authors declare no competing interests.

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