


Synergistic Antimicrobial Effect of *Lactiplantibacillus plantarum* and *Lawsonia inermis* Against *Staphylococcus aureus*

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Purpose: The developed resistance of pathogenic microorganisms towards the currently used antimicrobial agents requires the fast search for newer potent antimicrobials. One of the most important ways to combat the previously mentioned disaster is the use of natural alternatives like medicinal plants. Our study aimed to estimate the anti-inflammatory property, and antibacterial effects of probiotics *Lactiplantibacillus plantarum* and ethanol extracts of *Lawsonia inermis* leaves against *Staphylococcus aureus* when they were used separately or collectively as synergism.

Material and Methods: Experimentally induced infected wound model in mice was created and divided into 10 groups then treated for two days by *L. plantarum* and *L. inermis* individually or in combination, followed by biochemical assays. The antibacterial, anti-inflammatory, and wound healing activity were evaluated through histopathological sections taken before and after treatment.

Results: Our results revealed that *L. plantarum* and *L. inermis* mixture could inhibit growth of *S. aureus* and decrease the minimal inhibitory concentration (MIC) of *L. plantarum* to 2 mg/mL. The mixture decreased level of both interleukin 6 (IL-6) and interferon-alpha (TNF- α) to a level near the normal uninfected group. Histopathological study showed that animals treated with both *L. plantarum* and *L. inermis* had achieved almost 90% healing.

Conclusion: These results suggest that *L. plantarum* and *L. inermis* mixture has synergistic effect on healing of infected wound.

Keywords: *Lactiplantibacillus plantarum*, *Lawsonia inermis*, *Staphylococcus aureus*, wound healing

Introduction

The skin constitutes the largest organ that serves as the physical barrier protecting the human body against both toxic substances and foreign organisms.¹ *Staphylococcus aureus* (*S. aureus*) is a common human pathogen causing many skin and soft tissue infections. It can result in different local and systemic infections like skin abscesses, sepsis, and toxic shock syndrome (TSS). Also, it can be more invasive and lead to life-threatening infections.² Due to the evolution of bacteria and antibiotic resistance in recent decades, Methicillin resistant *S. aureus* (MRSA) infection rates increased worldwide, and clinical therapy for MRSA became more complicated.³ So, developing new drugs will provide more opportunities to treat *S. aureus* infections, offering more protection for human health. Hence, there is a huge need for natural alternatives targeting *S. aureus* with high efficacy and safety, especially they showed promising results even with pandemic diseases.^{4–10}

Probiotics are living microorganisms that confer a health benefit on the host.^{11,12} *Lactiplantibacillus plantarum* (*L. plantarum*) has been previously approved to produce antimicrobial peptides (bacteriocins). It has been demonstrated

as a promising natural alternative against the resistant dermal and wound infections of *S. aureus*. Also, it was recommended to promote the innate immunity through stimulating the expression of β -defensin at wound sites. Moreover, it enhances the release of cytokines and chemokines during different stages of wound recovery which results in faster wound healing.^{13,14}

Lawsonia inermis (*L. inermis*, Henna plant) has been used for centuries in herbal medicine. Its main chemical components are lawsone, mannite, mucilage, gallic acid, and tannic acid. The main ingredient is 2-dihydroxynaphthoquinone (lawsone). These substances have multiple free hydroxyls that can combine with carbohydrates and proteins in the bacterial cell wall causing antimicrobial activity.¹⁷ *Lawsonia* is one of the most studied plants for wound healing.¹⁸ As well as it's considered a cooling agent, astringent, antifungal, and antibacterial herb for the skin and hair, besides, it has a strong effect against *S. aureus*.¹⁹

The aim of our study is to investigate the effect of combining the probiotic "Lactiplantibacillus plantarum" with "Lawsonia inermis" to treat skin infection caused by *S. aureus* and to achieve better and, maybe, a quicker healing.

Materials and Methods

Microorganisms' Inoculation Procedure

Briefly, cultures of *L. plantarum* (ATCC 14917) were grown in MRS broth. MRS media (Acumedia, United States) was prepared by dissolving the solution in one liter of distilled water, mixing it carefully, and immersing it in the autoclave at 121°C for about 15 minutes. After that, the bacteria cultured by injecting 1 mL of *L. plantarum* into 50 mL MRS media and incubated at 37°C for about 24–48 hours under a microaerophilic state and then were separately resuspended with sterile PBS to reach a concentration of 5×10^8 CFU/mL. Bacteria were freshly prepared daily during the 8-week experiment. The bacterial concentration was determined using the McFarland standard, and test suspension was prepared using a new unadulterated culture to do the test on the organism and inoculating an appropriate broth.

Culture of *Staphylococcus aureus*

S. aureus strain USA300 (methicillin-resistant clone) was obtained from VACSERA then cultured, streaked on TSA agar, incubated for 24 h at 37°C. Thereafter, the grown colonies of *S. aureus* grown on brain heart infusion broth (24 h, 37°C) were centrifuged at 4000 g for 10 min at 4°C.

Lawsonia inermis Preparation

L. inermis was purchased from a local fresh market and cleaned. The fresh leaves were collected, dried in shade, and then blended into powder. 200 mg of the prepared powder was added to ethanol (200 mL) at RT for 20 h. The produced mixture was filtered through a filter paper following a fine muslin cloth. Finally, the obtained filtrate was dried in an oven at 40 °C and the produced clear residue was used for the study. Also, preliminary phytochemical tests were performed on the extract. Voucher specimens were deposited at the herbarium of South Valley University, Egypt (unregistered herbarium) with S/N number.

In vitro Study

Antibacterial activity of *L. plantarum* and *L. inermis* on *S. aureus* was measured after overnight liquid cultures quantitatively by measuring the MIC (Minimal Inhibitory Concentration) which is the minimum concentration required from the antimicrobial agent to inhibit the growth of microorganism. Microtitre plate (Nucleon, Germany) with two-fold dilutions of an antimicrobial agent is inoculated with a bacterial suspension with (10^5 CFU/mL) in 100 μ L MHB (Mueller–Hinton broth) and incubated at 37 °C. Inoculated and uninoculated wells of antibacterial free broth were included to check for the adequacy of the broth to support the growth of the organism and check of sterility. The results represent data from three independent experiments.²⁰ To quantify the interactions between *L. inermis* and *L. plantarum*, the fraction inhibitory index was measured as following: $FIC \text{ of the agent} = \frac{MIC \text{ of agent in combination}}{MIC \text{ of agent alone}}$

In vivo Study

Six-week-old male white mice (*Mus musculus*), (bodyweight 25–30 gram) were used throughout the investigation. They were purchased from VACSERA, Egypt. The animals were kept at standardized conditions (22–28°C, 60–70% relative humidity, 12 h dark/light cycle). They were allowed access to food and water. The suspension of *S. aureus* was prepared that contains 1×10^8 CFU that is used to induce infection at dose 0.1 mL. The mice were anesthetized before and during the infliction of the experimental wounds. The surgical procedures were performed at sterile conditions using ketamine anesthesia (120 mg/kg). Transcutaneous wounds (6 mm in diameter) were performed on the backs of the mice. Mice were sacrificed after five days; the injured skin specimens were aseptically removed, fixed with 10% formalin for 24 h at room temperature, and then embedded in paraffin according to standard histological methods.

•Mice were divided into 10 groups each group contains 6 mice:

1. Group 1 is uninfected (negative control).
2. Group 2 is infected by *S. aureus* (positive control).
3. Group 3 is uninfected and treated by *L. plantarum* (cells).
4. Group 4 is uninfected and treated by *L. plantarum* (supernatant).
5. Group 5 is uninfected and treated by *L. inermis*.
6. Group 6 is uninfected and treated by the combination between *L. inermis*, *L. plantarum* supernatant.
7. Group 7 is infected with *S. aureus* and treated by *L. plantarum* debris (cells) only.
8. Group 8 is infected with *S. aureus* and treated by *L. plantarum* supernatant only.
9. Group 9 is skin infected by *S. aureus* and treated by *L. inermis*.
10. Group 10 is skin infected by *S. aureus* and treated by the combination between *L. plantarum* supernatant with the *L. inermis* (1:1).

•Blood samples collection

Blood samples were taken from mice for white blood cell (WBC) count. The plasma was separated by centrifugation at 2000 rpm for 15 minutes at 4°C, aliquot, and stored at –80°C for ELISA assessment of IL-6 and TNF- α (R&D Systems). The results represent data from three independent experiments.

•Histopathological examination

Skin specimens were fixed in 10% neutral buffered formalin solution, then each specimen was dehydrated in a graded alcohol series. Each specimen was assessed grossly for dissection and detection of skin infection. After treatment, the specimen was embedded in paraffin blocks. Five-micron thick sections were cut and stained with Hematoxylin and Eosin (H&E) staining.

Statistical Analysis

Statistical Package for the Social Sciences (SPSS) version 22 was used to analyze the current data. Kolmogorov–Smirnov tests revealed that data was normally distributed, ie, variables were parametric. Post hoc Bonferroni correction test was utilized to show similarities in all the examined parameters among all groups. P value was considered significant if <0.05.

Results

Minimal Inhibitory Concentration (MIC) of *L. plantarum* and *L. inermis* on *S. aureus*

The MIC of *L. plantarum* and *L. inermis* on *S. aureus* was measured after tonight culture. As shown in Figure 1, the MIC of *L. plantarum* and *L. inermis* on *S. aureus* were 13mg/mL and 0.0725 mg/mL respectively. Combined administration of *L. plantarum* and *L. inermis* could decrease the MIC of *L. plantarum* to 2 mg/mL but the MIC of *L. inermis* increased.

ELISA Assessment of IL6 and TNF- α and WBCs Count

The study enrolled (60) mice arranged into ten groups. Infected mice showed significant decreased level of Il-6 after treatment compared with the infected untreated group (19.18 \pm 01 pg/mL). We found that the most effective treatment was *L. plantarum*

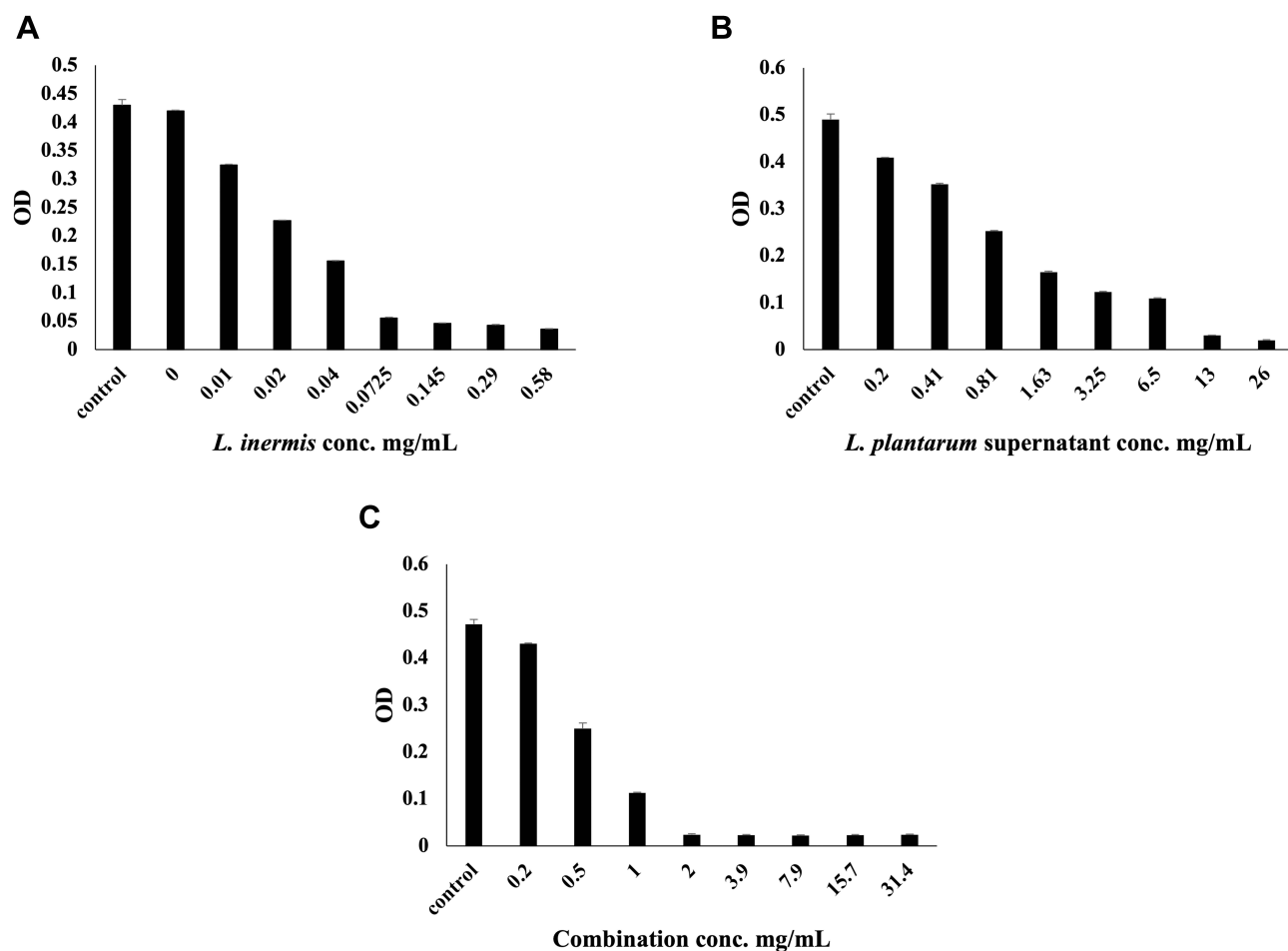


Figure 1 (A) Optical density (OD) of *S. aureus* with different conc. of *L. inermis* total extract (MIC = 0.0725 mg/mL). (B) OD of *S. aureus* with different conc of *L. plantarum* supernatant (MIC=13mg/mL). (C) OD of *S. aureus* with different conc. of *L. plantarum* supernatant and *L. inermis* extract (1:1), (MIC = 2 mg/mL).

supernatant combined with *L. inermis* that showed a level near the normal uninfected group (7.60 ± 0.3 pg/mL, $p < 0.05$) (Table 1). TNF- α level was also significantly decreased in infected mice after treatment compared to the infected untreated group (44.47 ± 0.29 pg/mL), and we found that the most effective treatment was *L. inermis* individually (16.17 ± 0.6 pg/mL, $p < 0.05$) followed by the combination (7400 ± 58 , $p < 0.05$) (Table 1). We assessed the total leucocytic count in infected mice before and after treatment, and we found that leukocytes count was the highest in infected mice ($10,183 \pm 44/\mu\text{L}$). The greatest decrease in leucocytic count is achieved by treatment with *L. plantarum* cell either individually ($7800 \pm 29/\mu\text{L}$, $p < 0.05$) or in combination ($7400 \pm 58/\mu\text{L}$, $p < 0.05$) (Table 1).

Histopathological Analysis of the Wound

Microscopic examination of histopathological section of the uninfected wound before treatment revealed shallow ulcerative lesion scoring 4 (Figure 2A, and B, Table 2).²¹ Maximum wound healing was achieved by treatment with *L. plantarum* cell, *L. inermis* scoring 9 or the combination scoring 10 while *Lactiplantibacillus* supernatant group showed a characteristic wide ulcerative lesion. Tissue sections of uninfected wound after treatment showed secondary saprophytic infection with unknown capsulated multi-septated rod-shaped eosinophilic structures, both longitudinal and cross-sections were seen (Figure 2C–J). Microscopic examination of histopathological section of the infected wound before treatment revealed deep ulcerative lesion with complete exposure of epidermis that was extended to dermis scoring 3. Maximum wound healing was achieved by treatment with *L. plantarum* supernatant scoring 7 and the combination scoring 9. Tissue sections of infected wound after treatment with *L. plantarum* supernatant showed

Table 1 IL-6, TNF- α Levels and WBCs Count of All Groups

	Groups									
	Uninfected	Infected	<i>Lawsonia</i>	<i>Lactiplantibacillus</i> Supernatant	<i>Lactiplantibacillus</i> Cell	Combination	<i>Lawsonia</i> Infected with <i>S. aureus</i>	<i>Lactiplantibacillus</i> Supernatant Infected with <i>S. aureus</i>	<i>Lactiplantibacillus</i> Cell Infected with <i>S. aureus</i>	Combination Infected with <i>S. aureus</i>
IL-6 (pg/ mL)	3.33±0.88 ^a	19.18 ±012 ^b	4.65 ±0.24 ^a	4.71±0.21 ^{a,c}	4.73±0.18 ^{a,c}	6.54±0.29 ^{c,e}	9.01±0.29 ^{d,f}	9.73±0.15 ^d	10.21±0.15 ^d	7.60±0.31 ^{e,f}
TNF-α (pg/ mL)	2.15±0.09 ^a	44.47 ±029 ^b	5.78 ±0.15 ^c	4.69±0.17 ^{a,c}	10.41±0.3 ^d	10.56±0.3 ^d	16.17±0.6 ^e	20.48±0.29 ^f	32.67±1.45 ^g	16.92±0.22 ^e
WBCs/ μL	7700±58 ^{a,d}	10,183 ±44 ^b	7190±21 ^a	7700±58 ^{a,d}	7583±44 ^{a,d}	7100±58 ^a	9260±136 ^{b,c}	8250±29 ^c	7800±29 ^d	7400±58 ^{a,d}

Notes: Data are shown as mean \pm standard error of the mean. Values in the similar line not having the same subscript are significantly different at $p < 0.05$ in the two-sided test of equality for column means. Cells with no subscript are excluded from the test. Tests assume equal variances. Tests are adjusted for all pairwise comparisons within a row of each innermost sub table using the Bonferroni correction.

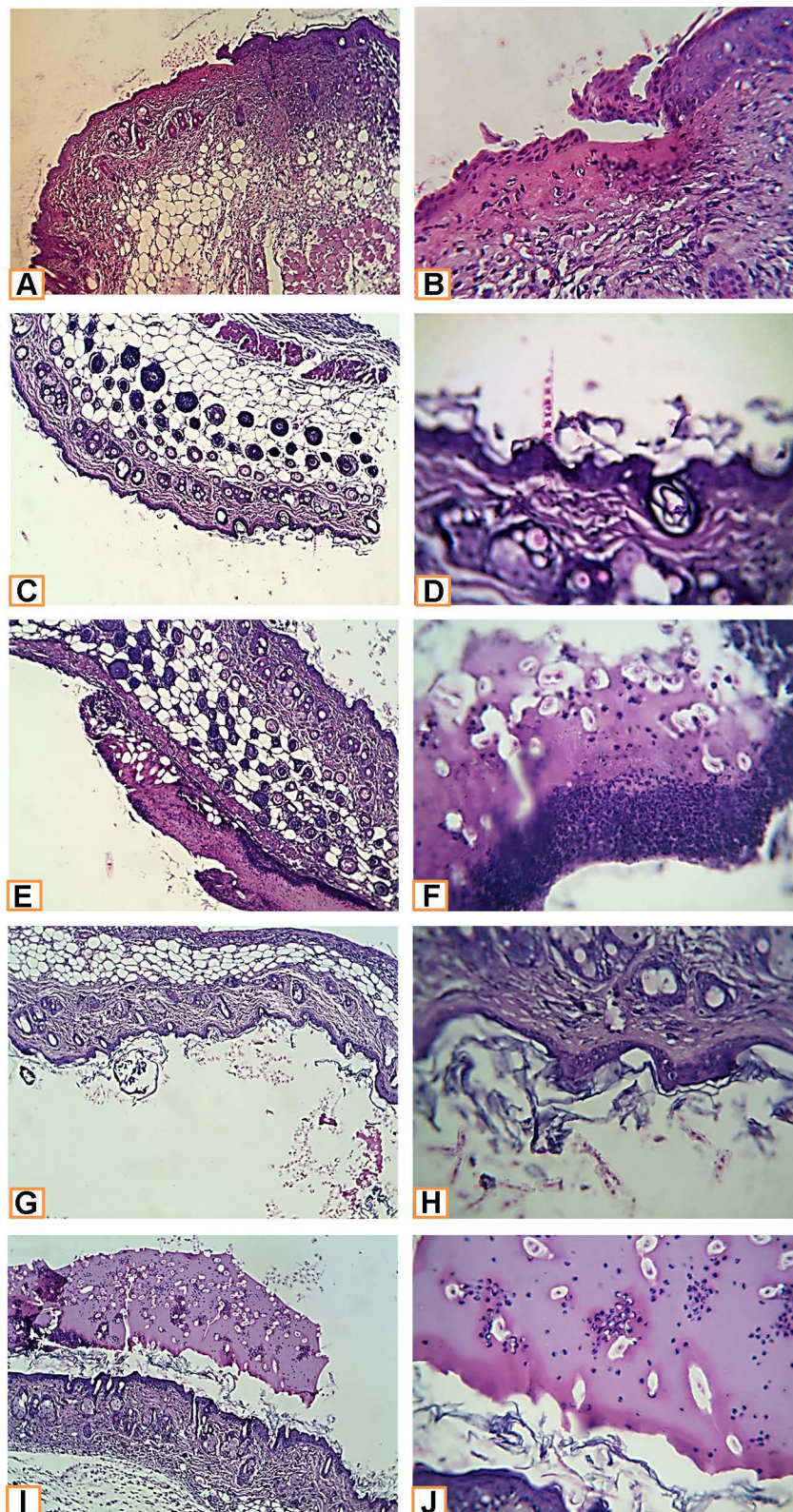


Figure 2 Histopathological examination of non infected wound before and after treatment with *L. plantarum* and or *L. inermis*. (**A** and **B**) Uninfected group. Sections showed a shallow ulcerative lesion with minimal epidermal and dermal florid inflammatory reaction. All other structures of the skin keep a normal morpho-histological appearance. (**C** and **D**) *Lactiplantibacillus* cell group. The skin specimens revealed normal morpho-histological structures; however mild superficial contamination was seen, but without any significant pathologic reaction. (**E** and **F**) that replaced large parts of the epidermis was seen. The ulcerated tissue is replaced by suppurative inflammatory exudate with a predominance of neutrophils and secondary saprophytic infection. (**G** and **H**) Lawsonia Group. Examined sections revealed a mild superficial exfoliative reaction with secondary contamination. (**I** and **J**) Combination group. Although clear ulcerative lesions were not seen, a peculiar exudative epidermal reaction was seen. Such exudate was seen covering the epidermis and contained a moderate number of neutrophils and the saprophytic contaminant. An epidermal exfoliative reaction was also seen (H&E X400, zoomed section X30).

Table 2 Parameters of Histologic Assessment of Wound

Characteristic	Score	Features
Wound reepithelialization	0	Migration of keratinocytes
	1	Bridging of cells
	2	Keratinization
Inflammatory cells	0	Absence
	1	Mild presence
	2	Marked presence
Fibroblasts	0	Absence
	1	Mild presence
	2	Marked presence
New vessels	0	Absence
	1	Mild presence
	2	Marked presence
Collagen	0	Absence
	1	Mild presence
	2	Marked presence

secondary saprophytic infection with unknown capsulated multi-septated rod-shaped eosinophilic structures (Figure 3A–J).

Discussion

L. inermis (Henna) has been commonly used over centuries for treatment of wound due to its healing properties. Muhammed et al had described usage of henna in management of burn wound infections due to its antimicrobial and antiinflammatory properties.²² *L. plantarum* is a probiotic, which is known as a natural alternative for the treatment of the resistant dermal and wound infections of *S. aureus*.¹⁴ The fixed combination of probiotics and herbal extracts has been investigated in many inflammatory diseases.¹⁵ This combination was used effectively in treatment of irritable bowel syndrome, inflammatory bowel disease and skin diseases.^{15,16} This study discussed the potential synergistic effect of combining *L. inermis* and *L. plantarum* for treatment of infected wound.

Our microbiological studies revealed that both *L. inermis* and *L. plantarum* could inhibit *S. aureus* growth. This comes in agreement with previous studies that described antibacterial properties of *L. inermis* and *L. plantarum*.^{14,23,24} The MIC of *L. plantarum* could be decreased from 13mg/mL to 2 mg/mL when combined with *L. inermis* indicating a synergistic effect in case of *L. plantarum* with FIC (fraction inhibitory concentration) =0.5. On the other side the combination had an antagonistic effect on *L. inermis* with MIC increased from 0.7 to 13 mg/mL with FIC (fraction inhibitory concentration) =9.²⁵ IL-6 is a proinflammatory cytokine paradoxically associated with both skin healing and inflammation, in our experiment IL-6 level was decreased in infected mice after treatment in comparison with the infected untreated group, and we found the most effective sample is *L. plantarum* in combination with *L. inermis* that showed level near from normal uninfected group.²⁶ Tumor necrosis factor (TNF) is also a proinflammatory cytokine implicated in the pathophysiology of various inflammatory diseases.²⁷ TNF- α was decreased in our experiment in infected mice after treatment in comparison with the infected untreated group. In contrast, Galehdari et al reported

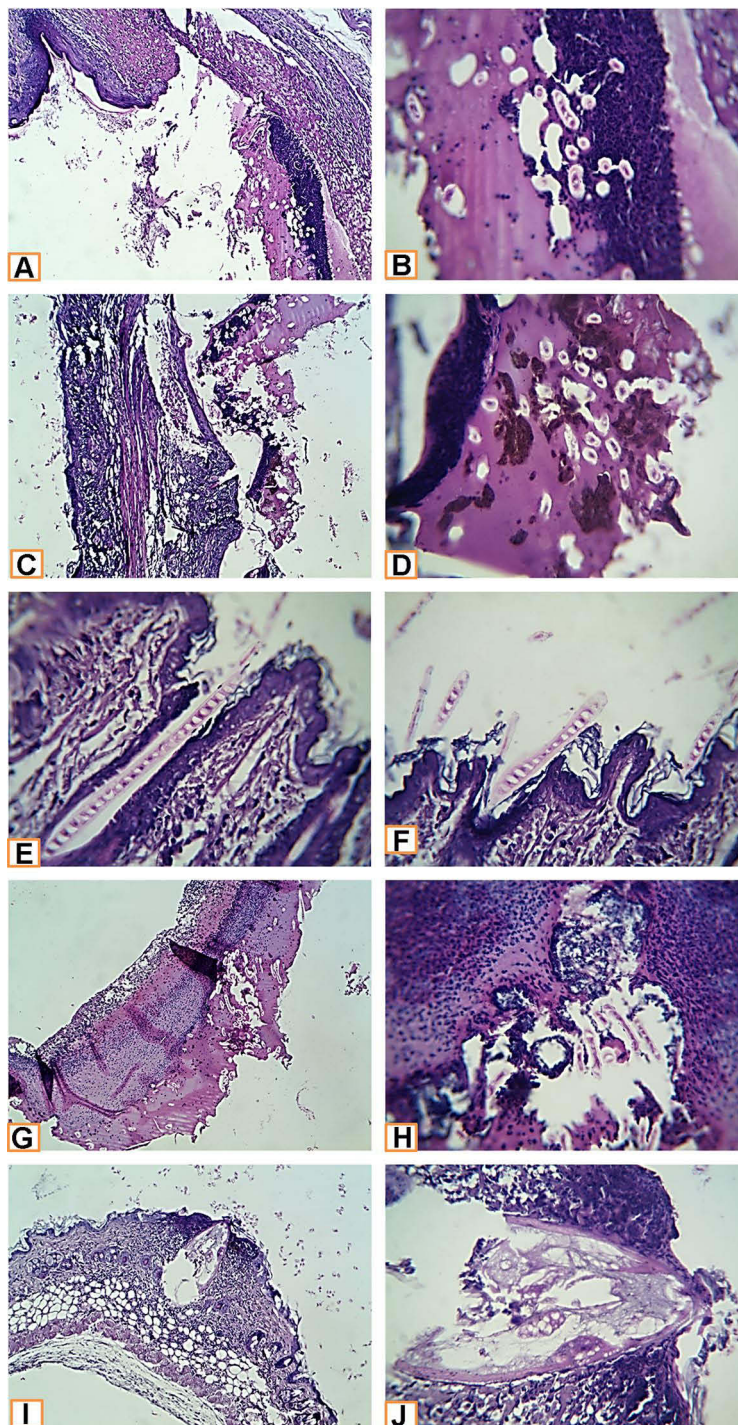


Figure 3 Histopathological examination of infected wound before and after treatment with *L. plantarum* and or *L. inermis*. (A and B) Infected group. Sections showed deep ulcerative lesions with complete exposure of the epidermis and extending to the dermis. An extensive inflammatory reaction with secondary infection and predominance of neutrophilic infiltration were seen. (C and D) *Lactiplantibacillus* cell group infected with *S. aureus*. A wide detached ulcer was seen overlying denuded dermal tissue. The ulcerated materials were mostly formed from suppurative exudate rich in neutrophils and contained contaminated saprophytes and amorphous brownish materials (bloody-like). (E and F) *Lactiplantibacillus* supernatant group infected with *S. aureus*. The skin structures were completely normal. An elongated septated eosinophilic contaminant of unknown nature was seen overlying the epidermis and superficially invaded it. (G and H) *Lawsonia* group infected with *S. aureus*. A huge detached ulcerative tissue was seen. It was formed from suppurative exudate rich in neutrophils, bacterial colonies, dead necrotic tissue, and saprophytic structures. (I and J) Combination group infected with *S. aureus*. A characteristic narrow, deep ulcerative lesion was seen. It extended deep to the hypodermis. The contents of the ulcer were funneled shape hyalinized membranous structures entangling necrotic debris. Neutrophils extensively infiltrated the adjacent skin tissue; other parts of the skin in the vicinity of the ulcer showed a florid inflammatory reaction, enclosing different types of leucocytes (H&E X400, zoomed section X30).

increase in level of TNF- α in mice treated with herbal mixture containing *L. inermis*. These contradictory results could be due to the effect of other herbs used in the study or due to pathophysiology of diabetes as the study was conducted on diabetic rats.²⁸ Consistent with our results, Rakhshandeh et al reported potential neuroprotective effects of *L. inermis* due to its anti-oxidant, and anti-inflammatory effects manifested by decreased level of TNF- α .²⁹

In the histopathological study, the healing capacity in uninfected mice is 90% in the *L. inermis* group and combination group. But, in infected mice only *L. plantarum* group and combination group could achieve almost 90% healing. This indicated that *L. inermis* mainly helped in skin regeneration while *Lactiplantibacillus* mainly helped in elimination of infection. In line with this conclusion, many studies reported *L. inermis* extracts were capable of promoting wound healing activity through enhanced wound contraction and tensile strength.^{30,31}

Conclusion

L. plantarum and *L. inermis* combination has synergistic effect on healing of infected wound. The combination could effectively decrease the level of both IL-6 and TNF- α . Thus, these findings indicate that coadministration of *L. plantarum* and *L. inermis* can be used as treatment in resistant wound infection.

Institutional Review Board Statement

All experiments were approved by ethics committee of the care and use of animals in education and scientific research at Sadat City University (Approval No. 12-214 at 21/6/2020). The use and care of experimental animals, used in this study, comply with the Egyptian animal welfare laws and policies.

Data Sharing Statement

The authors confirm that the data supporting the findings of this study are available within the article.

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Author Contributions

All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, agreed to the submitted journal, and agree to be accountable for all aspects of the work.

Disclosure

The authors report no conflicts of interest in this work.

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