Abstracts Nephrology Dialysis Transplantation



FUNCTIONAL CAPACITY AND NUTRITION-INFLAMMATION BINOMIUM IN PATIENTS WITH ADVANCED CHRONIC KIDNEY DISEASE (ACKD)

Ángel Nogueira¹, Graciela Alvarez², Guillermina Barril¹

¹Hospital Universitario de la Princesa, Nephrology, Madrid, Spain and ²Hospital Universitario de la P^rincesa, Nephroogy, Madrid, Spain

BACKGROUND AND AIMS: There are differents factors that will influence the functional capacity of ACKD patients, among them the nutritional condition. AIM: to assess the functional capacity of ACKD patients with the Short Physical Performance test Battery (SPPB), and its relationship with the malnutrition-inflammation binomium.

METHOD: We have evaluated 216 ACKD patients, 66.2% (143) male. xage 70.85 ?12.01 years, being female older than male (72.58 ?13.19 vs 69.96 ?11.32, p=0.129). We have determine plasma proteins indicators of nutritional status such as albumin, prealbumin and CRP as a marker of the status of inflammation. And we have applied malnutrition inflamation score (MIS).

RESULTS: In the univariate analysis, we found an association between the functionality determined with the test and the age (RR95% 0.866 p = 0.000), sex (RR95% 0.387 p = 0.005). albumin (RR95% 2,222 p = 0.035), prealbumin (RR95% 1.065 p = 0.018), CRP (RR95% 0.733 p = 0.022) and the state nutritional value determined with the MIS scale (RR95% 0.791 p = 0.000). We donot any found any association with DM, transferrin and total lymphocytes. Albumin values were established as 3.8g / dl, and CRP at 1g / dl, obtaining 4 groups: (G1: alb> 3,7-PCR < 1, G2: alb> 3,7-PCR> 1, G3: alb < 3,7-PCR < 1 and G4: alb < 3,7-PCR> 1). The table shows the results of the relationship between groups and the limitations determined with SPBB. Group 1 was the most numerous, also being the one with the best nutrition-inflammation profile, observing that in this group 68 patients (78.2%) presented minimal / no limitations.

CONCLUSIONS: 1. The nutritional-inflammation status will influence the functional capacity of the patient with ERCA.

The SPPB test, in addition to being a good choice to evaluate the functional capacity
of patients with ACKD, can provide guidance on the nutritional status of patients.
 Maintaining a good nutritional status will also have a positive influence on the
functional capacity of ACKD patients.

MO606 Table 1: Transplant Kidney Biopsy Findings from Positive COVID-19

	G1:	G2:	G3:	G4:	*p
	Alb>3.8	Alb>3.8	Alb<3.8	Alb<3.8	
	* CRP<1	* CRP>1	* CRP<1	* CRP>1	
Severe limitations	66.7% (8)	0,0% (0)	25% (3)	8.3% (1)	0.012
Moderates	64.9% (24)	27% (10)	0,0% (0)	8.1% (3)	
Limitations					
Mild Limitations	83.3% (65)	7.7% (6)	6.4% (5)	2.6% (2)	
M?mal Limitations	78.2% (68)	10.3% (9)	5.7% (5)	5.7% (5)	

^{*} P<0.05 (sig.) (Fisher test)