### **RESEARCH ARTICLE**

# Tumor-released autophagosomes induces CD4<sup>+</sup> T cell-mediated immunosuppression via a TLR2–IL-6 cascade

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### Abstract

**Background:** CD4<sup>+</sup> T cells are critical effectors of anti-tumor immunity, but how tumor cells influence CD4<sup>+</sup> T cell effector function is not fully understood. Tumor cell-released autophagosomes (TRAPs) are being recognized as critical modulators of host anti-tumor immunity during tumor progression. Here, we explored the mechanistic aspects of TRAPs in the modulation of CD4<sup>+</sup> T cells in the tumor microenvironment.

**Methods:** TRAPs isolated from tumor cell lines and pleural effusions or ascites of cancer patients were incubated with CD4<sup>+</sup> T cells to examine the function and mechanism of TRAPs in CD4<sup>+</sup> T cell differentiation and function. TRAPs-elicited CD4<sup>+</sup> T cells were tested for their suppression of effector T cell function, induction of regulatory B cells, and promotion of tumorigenesis and metastasis in a mouse model.

**Results:** Heat shock protein 90α (HSP90α) on the surface of TRAPs from malignant effusions of cancer patients and tumor cell lines stimulated CD4<sup>+</sup> T cell production of IL-6 via a TLR2–MyD88–NF-κB signal cascade. TRAPs-induced autocrine IL-6 further promoted CD4<sup>+</sup> T cells secretion of IL-10 and IL-21 via STAT3. Notably, TRAPs-elicited CD4<sup>+</sup> T cells inhibited CD4<sup>+</sup> and CD8<sup>+</sup> effector T cell function in an IL-6- and IL-10-dependent manner and induced IL-10-producing regulatory B cells (Bregs) via IL-6, IL-10 and IL-21, thereby promoting tumor growth and metastasis. Consistently, inhibition of tumor autophagosome formation or IL-6 secretion by CD4<sup>+</sup> T cells markedly retarded tumor growth. Furthermore, B cell or CD4<sup>+</sup> T cell depletion impeded tumor growth by increasing effector T cell function.

**Conclusions:** HSP90 $\alpha$  on the surface of TRAPs programs the immunosuppressive functions of CD4<sup>+</sup> T cells to promote tumor growth and metastasis. TRAPs or their membrane-bound HSP90 $\alpha$  represent important therapeutic targets to reverse cancer-associated immunosuppression and improve immunotherapy.

**Keywords:** Extracellular vesicles (EVs), Tumor-released autophagosome (TRAP), CD4<sup>+</sup> T cell, Regulatory B cell, IL-6, Heat shock protein 90α (HSP90α)

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### Background

CD4<sup>+</sup> T cells play a critical role in modulating both innate and adaptive anti-tumor immune responses. Research over the past two decades has revealed that CD4<sup>+</sup> effector T cells, especially IFN-y-producing T helper 1 (Th1) cells, can exhibit anti-tumor activity [1]. However, other subtypes of tumor-infiltrating CD4<sup>+</sup> T cells may play a pro-tumorigenic role in the tumor microenvironments via the secretion of inflammatory or regulatory cytokines, such as interleukin (IL)-6, IL-10, IL-17, IL-21, and transforming growth factor (TGF)- $\beta$ , as the abundance of such CD4<sup>+</sup> T cells has been associated with a poor clinical outcome of various types of cancer [1-4]. It has also become clear that many tumor-derived molecules or extracellular vesicles likely influence the differentiation of CD4<sup>+</sup> T cells [5, 6]. However, the precise mechanisms underlying CD4<sup>+</sup> T cell differentiation and functions in the tumor microenvironment are not completely understood.

Extracellular vesicles (EVs) have emerged as a new mode of intercellular communication by functioning as the carriers of bioactive molecules to influence the extracellular environment and the immune system [6–8]. Recent evidences indicate that secretory autophagy, in contrast to canonical autophagy, is an alternative non-degradative mechanism for cellular trafficking and unconventional secretion of proteins and small molecules [9], such as IL-1 $\beta$ [10], high mobility group box 1 (HMGB1) [11], adenosine triphosphate (ATP) [12], TGF- $\beta$  [13], and lysozyme [14]. More importantly, secretory autophagosomes carrying cytoplasmic cargoes, including tumor-specific antigens or viruses, fail to fuse with lysosomes and instead are released into the extracellular environment by the cells under stress [15, 16].

We have previously found extracellular secretory autophagosomes from the supernatant of tumor cells or malignant effusions and ascites of cancer patients [17, 18], and have termed such tumor-released autophagosomes TRAPs. We confirmed that TRAPs can be taken up by phagocytes such as neutrophils and macrophages, as well as B cells, and endow them with immunosuppressive activities [18–20]. These observations highlight that TRAPs are part of an elaborate network of tumor-derived vesicles that can reroute the immune response towards a cancerpromoting direction and should be targeted to improve cancer therapy. However, the mechanistic aspects of TRAPs in the modulation of immune cell function, especially the key anti-tumor effector cell, CD4<sup>+</sup> T cell, in the tumor microenvironment and during tumor progression are unclear.

Here, we demonstrate that TRAPs could educate  $CD4^+$  T cells to produce IL-6 that functions in an autocrine manner to promote the production of IL-10 and IL-21. TRAPs-elicited  $CD4^+$  T cells (T<sub>TRAP</sub>) directly inhibit the anti-tumor IFN- $\gamma$  response of CD4<sup>+</sup> T and CD8<sup>+</sup> T cells and also induce IL-10<sup>+</sup> Bregs, which creates a favorable environment to facilitate tumor growth and metastasis. Mechanistic studies revealed that membrane-bound HSP90 $\alpha$  on intact TRAPs is crucial for inducing IL-6 production in CD4<sup>+</sup> T cells via a TLR2–MyD88–NF- $\kappa$ B signal cascade. Moreover, autocrine IL-6 further stimulates CD4<sup>+</sup> T cells to produce IL-10 and IL-21 via STAT3. Our study unveils novel cellular and molecular mechanisms of tumor-derived extracellular vesicles in regulating CD4<sup>+</sup> effector T cell function and pinpoint TRAPs as a therapeutic target for cancer immunotherapy.

### Materials and methods

### Human subjects

Malignant pleural effusions and ascites were collected from cancer patients pathologically diagnosed with multiple cancer types. The clinicopathological characteristics of the enrolled patients are presented in Additional file 1: Table S1. The study was approved by the Ethics Committee for Human Studies of Southeast University (protocol 2016ZDKYSB112).

### Mice

C57BL/6 female mice were purchased from the Comparative Medicine Center of Yangzhou University.  $Tlr4^{-/-}$ ,  $Tlr2^{-/-}$ ,  $Myd88^{-/-}$  and OT-I mice were purchased from the Nanjing Biomedical Research Institute of Nanjing University (Nanjing, China).  $Il6^{-/-}$  mice were gifts from Dr. Jinping Zhang (Institutes of Biology and Medical Sciences, Soochow University, Suzhou, China). Mice were maintained in the barrier facility at Southeast University. All animal experiments were approved by the Institutional Animal Care and Use Committee of Southeast University.

### Cell culture

The murine hepatic carcinoma line Hepa1–6, melanoma line B16F10, Lewis lung carcinoma line LLC, lymphoma line EL4, and the human melanoma line A375, hepatic carcinoma line HepG2 and breast carcinoma line MDA-MB-231 were cultured in complete RPMI-1640 medium with 10% FBS (Gibco), 100 U/ml penicillin and 0.1 mg/ml streptomycin at 37 °C in a 5% CO<sub>2</sub> incubator. *Becn1* knockdown (*Becn1* KD) and negative control B16F10 cells (*Becn1* NC) were established by using lentivirus expressing *Becn1*-targeting (5'- GCGGGAGUAUA GUGAGUUUTT-3') and scrambled (5'-TTCTCCGAA CGTGTCACGTAA-3') shRNA (Hanbio Biotechnology, Shanghai, China), respectively.

### Chemicals

The inhibitors PD98059, SP600125, SB203580, LY294002, BAY11–7082, and Stattic were purchased from MCE (Shanghai, China). Recombinant murine IL-2 and IL-12 were purchased from PeproTech (Rocky Hill, USA). CFSE were purchased from Invitrogen/Thermo Fisher Scientific. IL-6, IL-10 and IL-21 neutralizing antibodies were purchased from R&D Systems. Lymphocyte separation media were purchased from MultiSciences (Hangzhou, China). All other reagents were obtained from Sigma-Aldrich (St. Louis, MO).

### TRAPs purification and characterization

Tumor cells were seeded in a T175 flask in complete RPMI-1640 culture medium supplemented with 10% heat-inactivated FBS (Gibco), 100 U/ml penicillin, and 0.1 mg/ml streptomycin and incubated for 3-4 days at 37 °C, 5% CO<sub>2</sub> until 100% confluency was reached. Tumor cell culture supernatants were collected for TRAPs isolation as described previously [18, 20]. Briefly, supernatants were centrifuged at 2000 rpm for 10 min to remove whole cells and debris. The supernatants were further centrifuged at 12,000 g for 30 min to harvest the TRAPs-containing pellet. The TRAPs-containing pellet was washed three times with PBS and isolated with magnetic beads (Miltenyi Biotec) combined with LC3b antibody (Cell Signaling Technology) for TRAPs. The purity of TRAPs was analyzed by flow cytometry and western blot. The size of TRAPs was determined by dynamic light scattering using a Malvern Instrument.

### Primary cell isolation

Mouse splenic B cells (Invitrogen, 11422D), CD4<sup>+</sup> T cells (Invitrogen, 11415D), CD8<sup>+</sup> T cells (Invitrogen, 11417D) and human peripheral blood CD4<sup>+</sup> T cells (Miltenyi Biotec, 130–045-101) were purified by magnetic-activated cell sorting (MACS) following the manufacturer's instructions. After the MACS, the purity of T and B cells were > 95% as assessed by flow cytometry.

### Flow cytometry

Purified CD4<sup>+</sup> T or CD8<sup>+</sup> T cells were cultured in a 24well plate pre-coated with 2 µg/ml anti-CD3 (BD Biosciences, 550,275) and 2 µg/ml anti-CD28 mAb (BD Biosciences, 553,294) in the presence of 50 U/ml IL-2 (PeproTech), purified TRAPs and 30% culture supernatants from CD4<sup>+</sup> T cells or B cells. In some cases, culture supernatants from CD4<sup>+</sup> T cells or B cells were pretreated with neutralizing mAbs against IL-6, IL-10, or IL-21 for 1 h at 4 °C and subsequently exposed to T cells or B cells. Three days later, IFN- $\gamma^+$  CD4<sup>+</sup> T, IFN- $\gamma^+$ CD8<sup>+</sup> T or IL-10<sup>+</sup> B cells were evaluated by flow cytometry. For intracellular staining, the cells were stimulated with the ovalbumin (OVA) protein or anti-CD3 and anti-CD28 mAbs at 37 °C for 24 or 72 h. Leukocyte activation cocktail and GolgiPlug (BD Biosciences) were added to the culture 5 h prior to flow cytometric analysis. Subsequently, the cells were stained with antibodies specific to the various surface molecules, fixed and permeabilized with a Fixation/Permeabilization Kit (BD Biosciences), and finally stained with antibodies against the various intracellular molecules. To detect Bcl-6 and Foxp3, the cells were fixed and permeabilized using a Transcription Factor Buffer Set (BD Biosciences). Data were acquired using a FACS Calibur analyzer (BD Biosciences) and analyzed by FlowJo. The gates were set according to the staining by isotype-matched control antibodies of the respective cells. The fluorochrome-conjugated Abs used are listed in Additional file 1: Table S2.

### Quantitative real-time PCR

Total RNA from CD4<sup>+</sup> T cells was isolated with TRIzol reagent (Invitrogen) and reverse-transcribed using  $5 \times$  PrimeScriptRT Master Mix (Takara), following the manufacturer's instructions. The specific primers used to amplify the genes are listed in Additional file 1: Table S3. The PCR was performed in triplicate using Fast Start Universal SYBR Green Master (ROX) (Roche Life Science) in a StepOne Real-Time PCR System (Thermo Fisher Scientific). GAPDH was used as an internal standard.

### Elisa

Cytokines in the sera or cell culture supernatants were quantified using ELISA kits according to the manufacturer's protocol. ELISA sets were purchased from eBioscience (IL-6 and IL-10) and R&D Systems (IL-21).

### Western blot

The proteins samples were extracted from  $CD4^+$  T cells with RIPA lysis buffer. They were separated and transferred as previously described [21]. The membranes were blocked with 5% BSA in TBST for 1 h and separately incubated with the primary antibodies overnight at 4 °C. After washing with TBST buffer, the membranes were incubated with horseradish peroxidase-conjugated secondary antibodies for 1 h. The results were visualized by enhanced chemiluminescence according to the manufacturer's protocol. The primary antibodies used are listed in Additional file 1: Table S4.

### Animal models

Wild type C57BL/6 mice or  $ll6^{-/-}$  C57BL/6 mice were subcutaneously inoculated with B16F10, B16F10 *Becn1* NC or B16F10 *Becn1* KD cells (2 × 10<sup>5</sup> cells/mouse). Tumor growth was measured using a caliper. On day 21, draining lymph nodes (dLN), spleens or tumor tissues

were harvested from tumor-free or tumor-bearing mice. The frequencies of IL-10<sup>+</sup> CD4<sup>+</sup> T cells, IL-21<sup>+</sup> CD4<sup>+</sup> T cells, or IL-10<sup>+</sup> B cells were evaluated by flow cytometry after ex vivo stimulation with the leukocyte activation cocktail and GolgiPlug (BD Biosciences) for 5 h. In the subcutaneous tumor model, B16F10 tumor cells  $(2 \times 10^5$  cells/mouse) and CD4<sup>+</sup> T cells treated with TRAPs, or B cells treated with the indicated culture conditions  $(2 \times 10^6 \text{ cells/mouse})$  were subcutaneously injected into the right flank of C57BL/6 mice. Subcutaneous tumor growth was monitored and measured using vernier calipers. In the tumor metastasis model, B16F10 tumor cells ( $5 \times 10^5$  cells/mouse) were intravenously injected into C57BL/6 mice and TRAPs-treated or untreated CD4<sup>+</sup> T cells or B cells  $(5 \times 10^6 \text{ cells/mouse})$  treated with the indicated culture conditions were injected every other day for 3 times. Three weeks later, mice were sacrificed, and the tumor nodules in the lungs were examined. To evaluate the role of CD4<sup>+</sup> T cells and B cells treated with the indicated culture conditions in OVA-loaded DC\_mediated specific immune response, C57BL/6 mice were adoptively transferred with OT-I splenocytes  $(1 \times 10^7 \text{ cells/mouse})$  on day 0 and vaccinated with OVA-loaded DCs  $(1 \times 10^6 \text{ cells/mouse})$  on days 1, 4, and 7. After intravenous administration of CD4<sup>+</sup> T cells and B cells on days 2, 5, and 8, mice from each group were sacrificed on day 14 and the frequency and number of CD8<sup>+</sup>V $\beta$ 5.1<sup>+</sup> T cells were evaluated by flow cytometry. The frequency of IFN- $\gamma^+$ CD4<sup>+</sup> and CD8<sup>+</sup> T cells in the spleens was determined by intracellular cytokine staining after ex vivo stimulation with the OVA protein for 24 h.

### T and B cell depletion

C57Bl/6 mice (n = 5/group) were inoculated subcutaneously in the flank with  $1 \times 10^6$  *Becn1*-NC or *Becn1*-KD B16F10 cells. On day 9, the tumor-bearing mice were subsequently depleted of either CD4<sup>+</sup> T cells, CD8<sup>+</sup> T cells or CD20<sup>+</sup> B cells by intravenous administration of 250 µg/mouse of anti-mouse CD4 (clone GK1.5, BioX-Cell) or anti-mouse CD8 (clone 2.43, BioXCell) twice weekly throughout the course of tumor growth, or 250 µg of anti-mouse CD20 (clone SA271G2, BioLegend), respectively. Control mice were treated similarly but with isotype-matched control antibodies. Depletion was confirmed by staining of peripheral blood cells with anti-mouse CD4 (RM4–5, BD Pharmingen), anti-mouse CD8 (clone 53–6.7, BioLegend), or anti-mouse CD19 (clone 6D5, BioLegend).

### Statistical analysis

Data were derived from at least 3 independent experiments and analyzed using GraphPad Prism 5.0 software. Multiple group comparisons were performed by oneway ANOVA and the Tukey-Kramer multiple test. Comparisons between 2 groups were performed using unpaired Student's t-test or Mann-Whitney U test. P < 0.05was considered significant.

### Results

TRAPs induce CD4<sup>+</sup> T cells to produce IL-6, IL-10, and IL-21 To determine whether TRAPs impact CD4<sup>+</sup> T cell function, we first isolated TRAPs from the culture supernatants of mouse B16F10 melanoma cells [18, 19]. The TRAPs preparation specifically contained the mature autophagosome marker LC-3II (Fig. 1a, b) and exhibited an average size of 436.3 nm, which was distinct from isolated exosomes that had an average size of 85.6 nm (Fig. 1c) and expressed the exosome markers CD63 and TSG101 (Fig. 1d). Treatment of mouse splenic CD4<sup>+</sup> T cells with TRAPs during activation by anti-CD3 and anti-CD28 resulted in the induction of the transcripts encoding Il6, Il21, Il10, and Il17, but not Il1b, Il2, Il4, Il9, Tnf, Ifng, Foxp3 or Tgfb1 (Additional file 2: Figure S1a). Consistently, the frequency of IL-6<sup>+</sup>, IL-10<sup>+</sup> or IL-21<sup>+</sup> CD4<sup>+</sup> T cells and the secretion of IL-6, IL-10 or IL-21 by CD4<sup>+</sup> T cells were increased by TRAPs treatment (Fig. 1e, f). TRAPs-induced IL-21<sup>+</sup> CD4<sup>+</sup> T cells expressed elevated levels of the follicular helper T cell (Tfh)-associated molecules CXCR5 and Bcl-6 (Additional file 2: Figure S1b, c). In contrast, TRAPs reduced the frequency of IFN- $\gamma^+$  CD4<sup>+</sup> T cells (Fig. 1e) and suppressed IL-12-mediated induction of IFN- $\gamma^+$  Th1 cells (Additional file 2: Figure S1d). Depletion of TRAPs from the culture media via ultracentrifugation (Additional file 2: Figure S1e) resulted in a significant reduction of IL-6, IL-10 and IL-21 production by CD4<sup>+</sup> T cells (Fig. 1g). Intriguingly, we also found that LC3B<sup>+</sup> EVs (TRAPs) purified from B16F10 culture supernatant were more potent than LC3B<sup>-</sup> EVs and exosomes in upregulating IL-6 expression, suggesting that LC3B<sup>+</sup> EVs (TRAPs) are the dominant large EVs that instruct CD4<sup>+</sup> T cells (Additional file 2: Figure S2a-d). In order to ascertain the role of TRAPs in inducing IL-6, IL-10 and IL-21 production by CD4<sup>+</sup> T cells in vivo, normal saline (NS) or TRAPs were administered intravenously (i.v.) into C57BL/6 mice every other day for 3 times. The frequencies of IL-6<sup>+</sup>, IL-10<sup>+</sup> and IL-21<sup>+</sup> CD4<sup>+</sup> T cells in the inguinal lymph node and spleen increased markedly after TRAPs administration (Fig. 1h). Consistently, in B16F10 tumor-bearing mice, the frequency of IL-6<sup>+</sup>, IL-21<sup>+</sup> and IL-10<sup>+</sup> CD4<sup>+</sup> T cells in the draining lymph node and spleen were also increased (Fig. 1i). Taken together, these results show that TRAPs could modulate CD4<sup>+</sup> T cell differentiation by inducing IL-6, IL-10, and IL-21 expression and suppressing their IFN-y production.



and the size distribution of the isolated TRAPs. **e** Flow cytometric determination of the percentage of IL-6-, IL-21-, IL-10-, IL-4-, IL-17-, IFN- $\gamma$ -, and Foxp3-expressing CD4<sup>+</sup> T cells treated with control media (CM) or 3 µg/ml TRAPs in the presence of anti-CD3 and anti-CD28 for 72 h. **f** ELISA of IL-6, IL-10 and IL-21 secretion by CD4<sup>+</sup> T cells treated with CM or 1, 3, or 10 µg/ml TRAPs in the presence of anti-CD3 and anti-CD28 for 72 h. **g** ELISA of IL-6, IL-10 and IL-21 secretion by CD4<sup>+</sup> T cells cultured in B16F10 tumor cell-conditioned culture media, TRAP-depleted tumor cell culture media or TRAPs purified from the equal cell culture media in the presence of anti-CD3 and anti-CD28 for 72 h. **h** Flow cytometric and statistical analyses of the percentage of IL-6<sup>+</sup>, IL-10<sup>+</sup> or IL-21<sup>+</sup> CD4<sup>+</sup> T cells in the inguinal lymph nodes (iLN) and spleens of C57BL/6 mice (*n* = 6) 7 days after i.v. administration of normal saline (NS) or TRAPs (30 µg/mouse) every other day for 3 times. **i** Flow cytometric and statistical analyses of the percentage of IL-6<sup>+</sup>, IL-10<sup>+</sup> or IL-21<sup>+</sup> CD4<sup>+</sup> T cells in the draining lymph nodes (dLN) and spleens of C57BL/6 tumor-bearing (TB) mice (*n* = 6) 21 days after s.c. inoculation of B16F10 cells, in comparison to the tumor-free (TF) mice. Data (mean ± SEM) represent 3 independent experiments. \*, *P* < 0.05; \*\*, *P* < 0.01; \*\*\*, *P* < 0.001; ns, not significant, by one-way ANOVA with the Tukey-Kramer multiple test, 2-tailed unpaired t-test or Mann-Whitney U test

## TRAPs-induced IL-6, IL-10, and IL-21 production requires TLR2–MyD88 signaling

We then investigated the mechanism by which TRAPs induce IL-6, IL-10, and IL-21 in CD4<sup>+</sup> T cells. Within the time frame of the induction of these cytokines, TRAPs adhered to the surface of CD4<sup>+</sup> T cells in a dose-dependent manner without being internalized (Fig. 2a, b), suggesting the involvement of surface molecules on

TRAPs that interact with receptors on CD4<sup>+</sup> T cells. TRAPs are enriched with various danger-associated molecular patterns (DAMPs) capable of stimulating pattern recognition receptors (PRRs) [17, 18]. CD4<sup>+</sup> T cells expressed appreciable levels of TLR2 and TLR4 (Additional file 2: Figure S3a). We therefore examined whether TLR2 or TLR4 was involved in sensing TRAPs by CD4<sup>+</sup> T cells. While TRAPs-induced IL-6, IL-10 and



IL-21 secretion by CD4<sup>+</sup> T cells was independent of TLR4,  $Tlr2^{-/-}$  and  $Myd88^{-/-}$  CD4<sup>+</sup> T cells were completely defective in producing these cytokines in response to TRAPs (Fig. 2c). Consistently, TLR2 on the surface of CD4<sup>+</sup> T cells was in direct contact with TRAPs (Fig. 2d). In agreement with the above finding,  $Tlr2^{-/-}$  mice bearing B16F10 tumors had a significant reduction of IL-21<sup>+</sup> and IL-10<sup>+</sup> CD4<sup>+</sup> T cells in the tumor tissue compared to WT tumor-bearing mice (Fig. 2e, f). Collectively, these results show that TRAPs induce CD4<sup>+</sup> T cells to produce IL-6, IL-10, and IL-21 in a TLR2- and MyD88-dependent manner.

## TRAPs-elicited IL-6 production by CD4<sup>+</sup> T cells depends on NF- $\kappa$ B/p38/Akt signaling

We further sought to determine the signals downstream of TLR2 in the induction of IL-6, IL-10, and IL-21 by TRAPs. TRAPs treatment of WT CD4<sup>+</sup> T cells resulted in the phosphorylation of NF- $\kappa$ B, Akt, p38 and STAT3, but not ERK1/2 or JNK1/2 (Fig. 3a), whereas TRAPs failed to induce NF- $\kappa$ B, Akt, p38 and STAT3 phosphorylation in *Tlr2<sup>-/-</sup>* or *Myd88<sup>-/-</sup>* CD4<sup>+</sup> T cells when compared to CD4<sup>+</sup> T cells from WT or *Tlr4<sup>-/-</sup>* mice (Additional file 2: Figure S3b). Pretreatment of CD4<sup>+</sup> T cells with an inhibitor of NF- $\kappa$ B, Akt or p38 attenuated TRAPs-induced secretion of IL-6, IL-10 and IL-21, whereas the inhibition of JNK1/2 or ERK1/2 had no effect (Fig. 3b). Of note, pretreatment of CD4<sup>+</sup> T cells with a STAT3 inhibitor diminished the production of IL-10 and IL-21, but not IL-6, in a dose-dependent manner (Fig. 3b, c), indicating that NF- $\kappa$ B, Akt, and p38 activation was needed for TRAPs-induced IL-6, IL-10 and IL-21 production but STAT3 activation was only required for IL-10 and IL-21 production.

### The induction of IL-10 and IL-21 depends on autocrine IL-6 signaling

The IL-6–STAT3 pathway plays a crucial role in Th cell differentiation [22]. Upon IL-6 neutralization with a blocking antibody, the induction of IL-21 and IL-10 mRNA and proteins by TRAPs was completely abolished, with a concomitant decline of STAT3 phosphorylation (Fig. 3d, Additional file 2: Figure S4a). Consistently, TRAPs failed to induce IL-10 and IL-21 expression or STAT3 phosphorylation in  $ll6^{-/-}$  CD4<sup>+</sup> T cells (Fig. 3e, Additional file 2: Figure S4b). Moreover, following i.v. administration of TRAPs, the frequencies of IL-10<sup>+</sup> and IL-21<sup>+</sup> CD4<sup>+</sup> T cells in the



inguinal lymph node and spleen were much lower in  $Il6^{-/-}$  mice than in WT mice (Fig. 3f, g). Collectively, these results support a TRAPs-initiated regulatory cascade of CD4<sup>+</sup> T cell differentiation involving TLR2–NF- $\kappa$ B/p38/Akt-dependent induction of autocrine IL-6 which then promotes IL-10 and IL-21 expression via STAT3.

## Hsp90 $\alpha$ is a TRAPs surface ligand that induces IL-6 in CD4<sup>+</sup> T cells

To identify the molecular components in TRAPs that are responsible for stimulating  $CD4^+$  T cell production of IL-6, we first subjected TRAPs to proteinase K digestion or sonication. These treatments impaired the ability of TRAPs to induce IL-6 from  $CD4^+$  T cells (Fig. 4a, b),



were determined by ELISA. **i** ELISA of IL-6 secretion by human CD4<sup>+</sup> T cells treated with 3 µg/ml human TRAPs (hTRAPs) from 3 human tumor cell lines (A375, MDA-MB-231 and HepG2 cells) or 8 tumor patient effusions and ascites, respectively for 72 h in the presence of anti-CD3/CD28. **j** ELISA of IL-6 secretion by human CD4<sup>+</sup> T cells treated with hTRAPs (3 µg/ml) or anti-Hsp90α-pretreated hTRAPs for 72 h in the presence of anti-CD3/CD28. Data (mean  $\pm$  SEM) represent 3 independent experiments. \*, *P* < 0.05; \*\*, *P* < 0.01; ns, not significant by one-way ANOVA with the Tukey-Kramer multiple test

indicating that proteins on the surface, but not the soluble contents, of TRAPs are largely responsible for IL-6 induction in CD4<sup>+</sup> T cells. In addition, TRAPs from the hepatic carcinoma Hepa1–6, lung cancer LLC or lymphoma EL4 cells also potently enhanced IL-6 secretion in CD4<sup>+</sup> T cells (Additional file 2: Figure S5a). Several ligands of TLR2, including HMGB1, Hsp60, Hsp70, and Hsp90 $\alpha$  [18, 23], were enriched in and present on the surface of TRAPs (Fig. 4c, Additional file 2: Figure S5b). Blocking of Hsp90 $\alpha$ , but not HMGB1, Hsp60 or Hsp70, on the surface of TRAPs partially diminished TRAPsinduced IL-6 secretion by CD4<sup>+</sup> T cells, indicating that other molecules on TRAPs may also play a role (Fig. 4d) . Accordingly, an anti-Hsp $90\alpha$  antibody dose-dependently inhibited TRAPs binding to CD4<sup>+</sup> T cells (Fig. 4e, f), reduced TRAPs-induced IL-6 secretion (Fig. 4g), and suppressed the activation of NF-kB, Akt and p38 (Additional file 2: Figure S5c). Remarkably, compared to intact TRAPs, tumor cell lysates containing an equal amount of total protein but much more Hsp90a, or sonicated TRAPs containing an equal amount of Hsp90a, or proteinase K-treated TRAPs were much less effective in inducing IL-6 secretion from CD4<sup>+</sup> T cells (Fig. 4h). Taken together, these results show that membrane-bound Hsp90α on intact TRAPs effectively induces IL-6 expression from CD4<sup>+</sup> T cells.

To further determine whether human TRAPs (hTRAPs) could induce human CD4<sup>+</sup> T cells to produce IL-6, we collected hTRAPs from the culture media of 3 human tumor cell lines, A375, MDA-MB-231 and HepG2, and from the malignant effusions or ascites of 8 cancer patients (Additional file 1: Table S1). Western blotting analysis revealed that LC3-II was expressed at high levels in the collected hTRAPs and Hsp90 $\alpha$  was detected in most of hTRAPs (Additional file 2: Figure S5d). RT-PCR analysis and ELISA showed that hTRAPs from cancer patients and tumor cell lines efficiently induced human peripheral blood CD4<sup>+</sup> T cells to express IL6 transcript and secrete IL-6 (Fig. 4i, Additional file 2: Figure S5e). Similar to mouse TRAPs, hTRAPs-induced IL-6 transcription and secretion by human CD4+ T were almost completely abolished by pretreatment of hTRAPs with an anti-hsp90a blocking antibody (Fig. 4j, Additional file 2: Figure S5f). Altogether, these results indicate that induction of CD4<sup>+</sup> T cells IL-6 expression by HSP90a on the surface of TRAPs is a common characteristic in humans and mice.

## TRAPs-elicited CD4<sup>+</sup> T cells ( $T_{TRAP}$ ) suppress effector T cells and promote tumorigenesis

To characterize the function of TRAPs-elicited CD4<sup>+</sup> T cells ( $T_{TRAP}$ ), we activated CD4<sup>+</sup> and CD8<sup>+</sup> T cells with anti-CD3 and anti-CD28 in culture supernatants harvested from  $T_{TRAP}$  or control CD4<sup>+</sup> T cells.  $T_{TRAP}$  supernatants (SN/T<sub>TRAP</sub>) strongly suppressed the secretion of IFN- $\gamma$  by activated CD4<sup>+</sup> and CD8<sup>+</sup> T cells (Fig. 5a). Pretreatment of SN/T<sub>TRAP</sub> with a neutralizing antibody against IL-6 or IL-10, but not IL-21, abolished its suppressive effect on IFN- $\gamma$  production by activated CD4<sup>+</sup> and CD8<sup>+</sup> T cells (Fig. 5b). We then transferred control CD4<sup>+</sup> T cells or T<sub>TRAP</sub> into C57BL/6 mice that had received OVA-specific V $\beta$ 5.1<sup>+</sup>CD8<sup>+</sup> OT-I T cells and vaccinated with OVA-loaded dendritic cells (DC<sub>OVA</sub>). DC<sub>OVA</sub> vaccination induced the expansion of V $\beta$ 5.1<sup>+</sup>CD8<sup>+</sup> OT-I T cells in the host, which was suppressed by the adoptive

transfer of  $T_{TRAP}$  but not control CD4<sup>+</sup> T cells (Fig. 5c). Moreover, the transfer of  $T_{TRAP}$  but not control CD4<sup>+</sup> T cells led to a decrease of IFN- $\gamma^+$  CD8<sup>+</sup> and CD4<sup>+</sup> T cells induced by DC<sub>OVA</sub> vaccination (Fig. 5d). Therefore,  $T_{TRAP}$  could suppress T cell IFN- $\gamma$  response in vivo.

To see whether  $T_{TRAP}$  have a tumor-promoting effect in vivo, we subcutaneously (s.c.) inoculated B16F10 melanoma cells into C57BL/6 mice with or without coadministration of control CD4<sup>+</sup> T cells or  $T_{TRAP}$ . Coadministration of B16F10 cells with  $T_{TRAP}$  enhanced tumor growth as compared to inoculation of B16F10 cells alone or co-administration with control CD4<sup>+</sup> T cells (Fig. 5e). When B16F10 melanoma cells were inoculated i.v. together with  $T_{TRAP}$   $T_{TRAP}$  promoted tumor metastasis to the lung (Fig. 5f). Collectively, these results show that  $T_{TRAP}$  could promote tumor growth and metastasis in vivo.

## $T_{\text{TRAP}}$ enhance regulatory B cell function via IL-6, IL-10, and IL-21

To better define the immunosuppressive capacity of  $T_{TRAP}$  we examined the impact of  $T_{TRAP}$  on regulatory B cell (Breg) differentiation. In accordance with our earlier findings [18], TRAPs induced B cell differentiation into IL-10-producing Bregs (Fig. 6a). Moreover, co-culture of B cells and CD4<sup>+</sup> T cells in the presence of TRAPs led to a marked increase in Bregs differentiation (Fig. 6a). Consistently, SN/T<sub>TRAP</sub> could directly promote IL-10<sup>+</sup> Bregs differentiation and IL-10 secretion (Additional file 2: Figure S6a, b). Next, adoptive transfer of T<sub>TRAP</sub> but not control CD4<sup>+</sup> T cells, also significantly increased the frequency and number of IL-10<sup>+</sup> Bregs in vivo (Fig. 6b). Therefore, TRAPs can promote IL-10<sup>+</sup> Breg differentiation directly by activating on B cells and indirectly by conditioning CD4<sup>+</sup> T cells.

We then investigated the mechanism by which  $T_{TRAP}$  promote IL-10<sup>+</sup> Bregs differentiation. In agreement with the above results, culturing B cells in SN/T<sub>TRAP</sub> together with TRAPs resulted in a synergistic increase the frequencies of IL-10<sup>+</sup> Bregs and IL-10 secretion as compared to TRAPs or SN/T<sub>TRAP</sub> alone, whereas the supernatant of control CD4<sup>+</sup> T cells did not have this effect (Fig. 6c). Neutralizing IL-6, IL-10 or IL-21 partially abolished the effect of SN/T<sub>TRAP</sub> in promoting IL-10 production of TRAPs-induced B cells (Fig. 6c). These data indicate that secreted cytokines, including IL-6, IL-10, and IL-21, from T<sub>TRAP</sub> were involved in promoting Bregs differentiation.

Subsequently, the potential regulatory effect of B cells pretreated by TRAPs and SN/T<sub>TRAP</sub> (B<sub>TRAP+SN/TTRAP</sub>) on the antitumor effector function of T cells was assessed. IFN- $\gamma$  production by activated CD4<sup>+</sup> and CD8<sup>+</sup> T cells was strongly suppressed when these cells were cultured in the supernatants from B<sub>TRAP+SN/TTRAP</sub> (SN/



**Fig. 5** IL-6/IL-10 from  $T_{TRAP}$  is responsible for tumor growth and metastasis. **a** Flow cytometric and statistical analyses of the percentage of IFN- $\gamma^+$  CD4<sup>+</sup> and CD8<sup>+</sup> T cells treated with the supernatants from  $T_{TRAP}$  (SN/ $T_{TRAP}$ ) or control CD4<sup>+</sup> T cells for 3 d in the presence of anti-CD3/CD28. **b** SN/  $T_{TRAP}$  was pretreated with anti-IL-6, IL-10, IL-21 neutralizing antibodies respectively, and then co-cultured with the purified CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells in the presence of anti-CD3/CD28 for 3 d. The percentages of IFN- $\gamma^+$  CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells were evaluated by flow cytometry. **c** C57BL/6 mice were adoptively transferred i.v. with OT-I spleen cells and then vaccinated s.c. with OVA-loaded DC on day 1, 4 and 7, following injection i.v. with  $T_{TRAP}$  or control CD4<sup>+</sup> T cells on day 2, 5 and 8. On the 15th day, the frequencies and the number of Vβ5.1<sup>+</sup>CD8<sup>+</sup> T cells in spleen were analyzed by flow cytometry. **d** C57BL/6 mice were vaccinated with OVA-loaded DC and following adoptively transferred with  $T_{TRAP}$  or CD4<sup>+</sup> T cells. On the 15th day, the splenocytes were re-stimulated with OVA-protein for 24 h, and the frequencies of IFN- $\gamma^+$  T cells were determined by flow cytometry. **e** B16F10 tumor cells were intravenously injected into C57BL/6 mice (n = 6 per group). The growth of the tumor was monitored. **f** B16F10 tumor cells were adoptively transferred i.v. 3 times with 1 d of interval. Three weeks later, the tumor nodules in the lungs were examined. Data (mean ± SEM) represent 3 independent experiments. \*, P < 0.05; \*\*, P < 0.01; \*\*\*, P < 0.001; ns, not significant, by 1-way ANOVA with the Tukey-Kramer multiple test, 2-tailed unpaired t-test or Mann-Whitney U test

 $B_{TRAP\,+\,SN/TTRAP}$ ), and the suppressive activity of the  $SN/B_{TRAP\,+\,SN/TTRAP}$  on IFN- $\gamma$  production by T cell was largely abolished using an anti-IL-10 neutralizing antibody (Fig. 6d). To further investigate the suppressive effects of  $B_{TRAP\,+\,SN/TTRAP}$  on effector T cell response in vivo, C57BL/6 mice, with or without adoptive transfer of OT-I cells were vaccinated with  $DC_{OVA}$  and

subsequently were adoptively transferred with  $B_{TRAP+SN/TTRAP}$  or  $B_{TRAP}$ .  $DC_{OVA}$  vaccination induced the expansion of V $\beta 5.1^+CD8^+$  OT-I T cells in the recipient mice. Adoptive transfer of  $B_{TRAP}$  inhibited the expansion of OT-I T cells, and the transfer of  $B_{TRAP+SN/TTRAP}$  resulted in a more pronounced and almost complete inhibition of the expansion of OT-I T cells (Fig. 6e).



**Fig. 6** T<sub>TRAP</sub> enhance Breg differentiation and function via IL-6, IL-10, and IL-21. **a** Flow cytometric assessment of IL-10 expression by splenic B cells after 3 d of co-culture with 3 µg/ml TRAPs or 3 µg/ml TRAPs and an equal number of CD4<sup>+</sup> T cells. **b** T<sub>TRAP</sub> were adoptively (i.v.) transferred into C57BL/6 mice (n = 3 per group) every other day for 3 times. The frequency and number of splenic IL-10<sup>+</sup> Bregs 7 days after the last transfer of T<sub>TRAP</sub> was determined by flow cytometry. **c** SN/T<sub>TRAP</sub> was pretreated with an anti-IL-6, –IL-10 or -IL-21 neutralizing antibody and co-cultured with splenic B cells and TRAPs for 72 h. The numbers of IL-10<sup>+</sup> Bregs and IL-10 secretion were determined by flow cytometry and ELISA, respectively. **d** The supernatants from B cells stimulated with 3 µg/ml TRAPs and SN/T<sub>TRAP</sub> (SN/B<sub>TRAP+SN/TTRAP</sub>) were untreated or pre-treated with an anti-IL-10 neutralizing antibody and then used to culture anti-CD3/28-activated CD4<sup>+</sup> or CD8<sup>+</sup> T cells for 3 days. The percentage of IFN-γ<sup>+</sup> T cells was determined by flow cytometry. **e** C57BL/6 mice were i.v. injected with OT-I splenocytes and vaccinated s.c. with DC<sub>OVA</sub> on day 1, 4 and 7, following adoptive transfer of B cells in spleens were analyzed by flow cytomety. **f** C57BL/6 mice were vaccinated with DC<sub>OVA</sub> and transferred with B<sub>TRAP</sub> or B<sub>TRAP+SN/TTRAP</sub>. At day 15, the frequencies of splenic IFN-γ<sup>+</sup> CD4<sup>+</sup> and CD8<sup>+</sup> T cells were determined after ex vivo re-stimulation. **g**, **h** B16F10 tumor cells were mixed with B<sub>TRAP</sub>, B<sub>TRAP+SN/CD4+ T, or B<sub>TRAP+SN/TTRAP</sub> and injected s.c. into C57BL/6 mice (n = 4 per group). The growth of tumor was monitored (g). B16F10 tumor cells were i.v. insferred every other day for 3 times. Three weeks later, tumor nodules in the lungs were examined (h). Data (mean ± SEM) represent 3 independent experiments. \*, P < 0.05; \*\*, P < 0.01; \*\*\*, P < 0.001; ns, not significant</sub>

Moreover, adoptive transfer of  $B_{TRAP + SN/TTRAP}$  decreased the numbers of IFN- $\gamma^+$  CD8<sup>+</sup> and CD4<sup>+</sup> T cells induced by DC<sub>OVA</sub> vaccination (Fig. 6f) and promoted the growth of B16F10 melanoma cells and their metastasis to the lung (Fig. 6g, h). Taken together, these results suggest that IL-6, IL-10, and IL-21 from T<sub>TRAP</sub> augment the differentiation and immunosuppressive function of TRAPs-induced B cells to facilitate tumor growth and metastasis.

## Inhibition of autophagosomes formation or IL-6 secretion delay tumor growth

Having shown a critical role of TRAPs in the inhibition of anti-tumor immunity, we explored whether inhibition of TRAPs formation by targeting *Becn1*, a gene essential for autophagosome formation, could abolish the generation of tumor-promoting  $T_{TRAP}$  (Additional file 2:

Figure S7a, b). Becn1 knock-down in B16F10 cells diminished intracellular LC3-II accumulation and markedly reduced TRAPs secretion (Additional file 2: Figure S7b, c). The culture media collected from Becn1 knockdown B16F10 cells had reduced ability to induce IL-6, IL-10, and IL-21 in CD4 $^{\scriptscriptstyle +}$  T cells (Fig. 7a). In the mice bearing knock-down B16F10 tumors, the frequency of IL-21<sup>+</sup> and IL-10<sup>+</sup> CD4<sup>+</sup> T cells in the tumor draining lymph node and tumor tissue and the serum IL-6 level were significantly reduced as compared to those in the mice bearing control tumors (Fig. 7b-d). Moreover, the frequency of IL-10<sup>+</sup> B cells and IFN- $\gamma^+$ CD4<sup>+</sup> T cells in mice bearing Becn1 knock-down tumors was markedly decreased and increased, respectively (Fig. 7e, f). Additionally, Becn1 knock-down B16F10 cells exhibited significantly slower growth in vivo (Additional file 2: Figure S7d). These results indicate that inhibition of tumor



### (See figure on previous page.)

Fig. 7 Knockdown of Beclin1 or knockout of IL-6 inhibits tumor growth and alters CD4+T and B cells polarization. a ELISA of IL-6, IL-10, and IL-21 secretion by CD4<sup>+</sup> T cells treated with CM, or media from negative control (NC) or Becn1-knockdown (KD) B16F10 cells in the presence of anti-CD3/CD28 for 72 h. b-f Control (NC) or Becn1-KD B16F10 cells were inoculated s.c. into C57BL/6 mice (n = 6 per group). Twenty-one days later, serum IL-6 level was measured by ELISA (b). The frequency of IL-10<sup>+</sup> CD4<sup>+</sup> T cells (c), IL-21<sup>+</sup> CD4<sup>+</sup> T cells (d), IFN-γ<sup>+</sup> CD4<sup>+</sup> T cells (e), and IL-10<sup>+</sup> B cells (f) in tumor-draining lymph nodes (dLN) or tumor tissues (Tumor) were analyzed by flow cytometry. q-j The tumorbearing mice (n = 5 per group) were depleted of either CD4<sup>+</sup> or CD8<sup>+</sup> T cells or CD20<sup>+</sup> B cells by intravenous administration of 250 µg/mouse of anti-mouse CD4 or anti-mouse CD8 antibodies twice weekly throughout the course of tumor growth, or 250 µg of anti-mouse CD20 antibodies, respectively. Control mice were treated with isotype-matched control antibodies. g Tumor growth was monitored by calipers. h, i The frequency of CD4<sup>+</sup> IFN-γ<sup>+</sup> and CD8<sup>+</sup> IFN-γ<sup>+</sup> T cells in tumor infiltrating lymphocytes were determined by intracellular staining, j The frequency of B cells in tumor infiltrating lymphocytes were determined by flow cytometry. k-n WT or *II6<sup>−/−</sup>* C57BL/6 mice were inoculated s.c. with B16F10 cells. On day 21, the frequencies of IL-10<sup>+</sup> CD4<sup>+</sup> T cells (k), IL-21<sup>+</sup> CD4<sup>+</sup> T cells (I), and IL-10<sup>+</sup> B cells (m) in dLN and tumor tissues were evaluated by flow cytometry. n Tumor size was measured by caliper. o, p B16F10 tumor cells were mixed with WT T<sub>TRAP</sub> or  $Ilc^{-/-}$  T<sub>TRAP</sub> and injected s.c. into C57BL/6 mice (n = 6 per group). The growth of the tumor was monitored. **o**, **q** B16F10 tumor cells were i.v. injected into C57BL/6 mice (n = 6 per group). Subsequently, WT T<sub>TRAP</sub> or  $ll6^{-/-}$  T<sub>TRAP</sub> were transferred i.v. every other day for 3 times. Three weeks later, tumor nodules in the lungs were examined. r A proposed model for the mechanisms and immunosuppressive functions of TRAPs-induced CD4<sup>+</sup> T cells. Data (mean ± SEM) represent 3 independent experiments. \*, P < 0.05; \*\*, P<0.01; \*\*\*, P<0.001; ns, not significant, by 1-way ANOVA with the Tukey-Kramer multiple test, 2-tailed unpaired t-test or Mann-Whitney U test

autophagosome formation and release could enhance anti-tumor immunity and inhibit tumor growth in vivo.

Furthermore, the growth of both the negative control and Becn1 knock-down B16F10 tumors was inhibited in mice depleted of B cells or CD4<sup>+</sup> T cells (Fig. 7g, Additional file 2: Figure S8). Depletion of CD8<sup>+</sup> T cells resulted in accelerated growth of Becn1 knock-down but not negative control tumors (Fig. 7g, Additional file 2: Figure S8). Besides, the frequency of IFN-y-producing CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells in Becn1 knock-down tumor tissue was markedly increased (Fig. 7h, i). Notably, B-cell or CD4<sup>+</sup> Tcell depletion resulted in a significant increase of the percentage of intra-tumoral IFN- $\gamma^+$  CD4<sup>+</sup> or CD8<sup>+</sup> T cells (Fig. 7h, i). The frequency of tumor-infiltrating B cells was markedly reduced upon CD4<sup>+</sup> T cell depletion (Fig. 7j). These results suggest that the effector function of CD8<sup>+</sup> T cells in the tumors was dampened by CD4<sup>+</sup> T cells or B cells. In conclusion, TRAPs-educated CD4 $^{\scriptscriptstyle +}$  T cells play an important role in promoting tumor growth by inhibiting effector T cell function.

To determine the role of CD4<sup>+</sup> T cell-derived IL-6 in the differentiation of IL-10- and IL-21-producing CD4<sup>+</sup> T cells and IL-10-producing Bregs in vivo, WT or Il6<sup>-/-</sup> mice were s.c. inoculated with B16F10 cells. Consistent with previous results, the frequencies of IL-10<sup>+</sup> and IL- $21^+$  CD4<sup>+</sup> T cells (Fig. 7k, l) and IL-10<sup>+</sup> B cells (Fig. 7m) in tumor-draining lymph nodes and tumor tissues from  $ll6^{-/-}$  tumor-bearing mice were significantly decreased. Accordingly, B16F10 tumors grew more slowly in *Il6*<sup>-/-</sup> mice than in WT mice (Fig. 7n). We then inoculated mice with B16F10 cells together with either WT  $T_{TRAP}$ or  $Il6^{-/-}$  T<sub>TRAP</sub>. Mice co-inoculated with B16F10 cells and WT T<sub>TRAP</sub> showed accelerated growth and lung metastasis as compared to those inoculated with B16F10 cells alone (Fig. 70-q). In contrast, co-inoculation of B16F10 cells with  $Il6^{-/-}$  T<sub>TRAP</sub> resulted in no enhancement of tumor growth and lung metastasis, and the mice even exhibited slightly, albeit not statistically significant, retarded tumor growth (Fig. 7o-q). These results corroborate the conclusion that  $T_{TRAP}$  rely on IL-6 to dampen T cell-mediated antitumor immunity and foster tumor progression, and suggest that targeting TRAPs or IL-6 may be an effective therapeutic strategy for improving cancer immunotherapy.

### Discussion

In addition to soluble factors, tumor cell-derived extracellular vesicles are being recognized as critical modulators of host anti-tumor immunity during tumor progression [7, 8, 18, 19, 24]. Among them are autophagosomes generated by secretory autophagy. In contrast to canonical autophagy that functions in a primarily degradative capacity to sustain cellular metabolism and homeostasis and is often induced conditions of cellular stress, such as nutrient starvation, organelle damage, and pathogen infection, secretory autophagy is a nondegradative mechanism for cellular trafficking and unconventional protein secretion [10, 11, 13, 14, 25]. Secretory autophagosomes fail to fuse with lysosomes, but are released into the extracellular environment through fusing with the plasma membrane or other pathways [15, 26]. Abundant autophagosomes have been detected in gastrointestinal tumors and invasive melanomas and have been associated with tumor cell proliferation, metastasis, and poor prognosis [27, 28]. Our previous studies showed that extracellular autophagosomes harvested from the supernatant of tumor cells or malignant effusions and ascites of cancer patients, which we have termed as TRAPs, could promote the generation of IL-10<sup>+</sup> Bregs, reactive oxygen species (ROS)producing neutrophils, and PD-L1<sup>hi</sup> macrophages exerting immunoinhibitory activities [18–20].

CD4<sup>+</sup> T cells that infiltrate advanced solid tumors consist of different effector cells, such as Th1, Th2, Th17, Tfh or regulatory T cells (Tregs), with distinct impact on antitumor immunity, immune escape, angiogenesis and metastasis [2, 4, 29], but the influence of the tumors on CD4<sup>+</sup> effector T cell differentiation remains incompletely understood. Here, we have revealed a TRAPs-mediated regulatory mechanism of CD4<sup>+</sup> T cells differentiation whereby HSP90 $\alpha$  on the surface of TRAPs educate CD4<sup>+</sup> T cells via a TLR2–autocrine IL-6 cascade to express IL-10 and IL-21 and engender immune suppression to promote tumor growth and metastasis (Fig. 7r). Our findings have revealed TRAPs as one of the tumor-derived extracellular vesicles that could inhibit anti-tumor immune response by enhancing the generation of immunosuppressive cells.

TLRs play crucial roles in the innate host defense as well as the control of adaptive immunity [30, 31]. Our findings indicated TLR2 as a key receptor for TRAPsmediated IL-6 expression by CD4<sup>+</sup> T cells. Exogenous pathogen-associated molecular patterns (PAMPs) and endogenous DAMPs can be recognized by TLRs to trigger the production of various inflammatory mediators [30]. The current findings showed that TRAPs-mediated regulation of CD4<sup>+</sup> T cell differentiation involved membrane-associated Hsp90a. Evidences suggested that extracellular Hsp90 $\alpha$  could be released to the extracellular space via unconventional secretion, such as exosomes and necrosis [32]. We observed Hsp90 $\alpha$  on the surface of TRAPs, indicating that secretory autophagosomes may also be involved in the release of Hsp90a. Moreover, extracellular Hsp90a was reported to function as a DAMP and provoke biological effects through cell surface receptors, including TLRs and CD91 [23, 33]. Early work showed that heat shock proteins gp96, Hsp90, Hsp70, and calreticulin could function as potential adjuvants to stimulate DC antigen cross-presentation and maturation through the CD91 receptor [33], but Hsp90 $\alpha$ was more recently found to also stimulate tumor proliferation and metastasis through binding to cancer cell surface CD91 and be positively correlated with tumor malignancy in cancer patients [34-36]. The present study uncovers a new role of Hsp90 $\alpha$  on the surface of TRAPs as a cancer-associated pathological factor that interferes with host anti-tumor immunity.

Chronic inflammation and increased levels of inflammatory mediators at the tumor site can reroute the immunomodulatory response towards a cancer-promoting direction [4, 37, 38]. IL-6 has a profound effect on CD4<sup>+</sup> T cells survival and proliferation [39]. Otherwise, studies also showed that IL-6 has inhibitory effects via the induction of IL-10-producing T and B cells [40, 41]. Moreover, IL-6 also dampens Th1 differentiation and inhibits CD8<sup>+</sup> T cell activation and cytokine production [42, 43]. Consistent with the above results, we provided evidences that TRAPs stimulated IL-10 and IL-21 production in CD4<sup>+</sup> T cells via an autocrine IL-6 loop. Moreover, IL-6 from  $T_{TRAP}$  remarkably suppressed T cell anti-tumor effector function. IL-21 has been identified to be derived mainly from Tfh cells, which was thought to regulate the proliferation, class switching, and plasmacytoid differentiation of B cells and promote the generation and proliferation of human antigen-specific cytotoxic T-cell responses [4, 44, 45]. Mounting evidences have shown that IL-21 also has anti-inflammatory activities by inhibiting DC maturation and stimulating IL-10 production in T and B cells [46-48]. Nonetheless, the role of CD4<sup>+</sup> T cells in Bregs differentiation in the tumor microenvironment has not been addressed. In our investigation, the IL-21<sup>+</sup> T<sub>TRAP</sub> displayed Tfh-associated molecules CXCR5 and Bcl-6. Interestingly, IL-6, IL-10, and IL-21 secretion by T<sub>TRAP</sub> synergistically enhanced TRAPselicited Breg differentiation and immunosuppressive function. These findings together imply that  $T_{TRAP}$ -derived IL-21 is a pleiotropic effector that can either facilitate or thwart tumor growth depending on the cytokine milieu in the tumor microenvironment, warranting careful consideration of the selective targeting of IL-6 or IL-21 for the treatment of cancer in the future.

Many recent studies have suggested that inhibiting tumor autophagy may have anti-tumor effects by modulating the tumor microenvironment [49–51]. Consistent with this notion, we found that inhibiting autophagy by targeting the key autophagy gene *Becn1*, which led to a substantial decrease in extracellular TRAPs, could inhibit tumor growth in mice. Of note, inhibiting autophagy resulted in a significant decrease in the frequency of IL-10<sup>+</sup> B cells, IL-21<sup>+</sup> and IL-10<sup>+</sup>CD4<sup>+</sup> T cells, as well as a significant increase in IFN- $\gamma^+$ CD4<sup>+</sup> T cells, in the tumor-draining lymph nodes and tumor tissue. Thus, intervening tumor release of TRAPs could be an effective strategy for cancer therapy.

### Conclusions

In this study, we have revealed that TRAPs can educate  $CD4^+$  T cells to promote tumor growth and metastasis through an HSP90 $\alpha$ -TLR2-IL-6-IL-10/IL-21 axis and the induction of IL-10<sup>+</sup> Bregs. Our study reveals a novel cellular and molecular mechanism of how tumor-derived extracellular vesicles regulate  $CD4^+$  effector T cell function and highlights TRAPs and their membrane-bound DAMPs as important therapeutic targets to reverse the immunosuppressive tumor microenvironment.

### **Additional files**

Additional file 1: Table S1. Clinical and demographic characteristics of the patients presenting with malignant pleural effusions or ascites. Table S2. Antibodies used in flow cytometry. Table S3. Primer

sequences for qPCR used in our study. **Table S4**. Antibodies used for immunoblotting. (DOCX 25 kb)

Additional file 2: Figure S1. Effect of TRAPs on differentiation of CD4<sup>+</sup> T cells. Figure S2. Comparison of LC3B<sup>+</sup> EVs and LC3B<sup>-</sup> EVs in instructing CD4<sup>+</sup> T cells. Figure S3 TRAPs induce Akt/p38/NF-kB/STAT3 activation in CD4<sup>+</sup> T cells via the TLR2–MyD88 pathway. Figure S4 IL-10 and IL-21 production by TRAPs-induced CD4<sup>+</sup> T cells occurs via autocrine IL-6. Figure S5 Hsp900 on TRAPs is essential for the induction of IL-6 secretion from CD4<sup>+</sup> T cells. Figure S6. The secretion of cytokines from TRAPs-induced CD4<sup>+</sup> T cells. Figure S7 Evaluation of Bcclin-1 expression in B16F10 cells. Figure S8 Depletion of selected cellular subsets during tumor growth. (DOCX 2.11 mb)

### Abbreviations

APCs: Antigen-presenting cells; Bregs: Regulatory B cells;

CFSE: Carboxyfluorescein succinimidyl ester; DAMPs: Damage-associated molecular pattern molecules; dLNs: Draining lymph nodes; EVs: Extracellular vesicles; HMGB1: High mobility group box 1; HSP: Heat shock protein; KD: Knock down; KO: Knock out; mAb: Monoclonal antibody; NS: Normal saline; PAMPs: Pathogen-associated molecular patterns; PBMC: Peripheral blood mononuclear cell; ROS: Reactive oxygen species; TB: Tumor-bearing; TF: Tumor-free; TLRs: Toll-like receptors; TRAPs: Tumor cell-released autophagosomes; WT: Wild-type

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### Authors' contributions

LXW, YQC, YLC, KC and HMH designed and discussed this research. YQC, PCL, NP, RG, ZFW, TYZ, FH and FYW performed the experiments. NP, KC and JPZ provided experimental support. YLC provided malignant pleural effusions and ascites from tumor patients. LXW and YQC prepared the figures and wrote the manuscript. KC and HMH contributed to manuscript editing. All authors analyzed and discussed the data. All authors read and approved the final manuscript.

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### Availability of data and materials

The datasets analyzed during the current study are available from the corresponding author on reasonable request.

### Ethics approval and consent to participate

All animal experiments were approved by the Animal Care and Use Committee of Southeast University. All human experiments were approved by the Ethics Committee for Human Studies of Southeast University and performed under protocol 2016ZDKYSB112. Informed consent was obtained from all patients.

### Consent for publication

All authors provide their consent for publication of the manuscript.

### **Competing interests**

The authors declare that they have no competing interests.

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