

# Schizandrin A induces the apoptosis and suppresses the proliferation, invasion and migration of gastric cancer cells by activating endoplasmic reticulum stress

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**Abstract.** Apart from its basic antioxidant and anti-inflammatory properties, schizandrin A (SchA), which is isolated from *Fructus schisandra*, can exert anticancer effects on multiple cancer types. However, to the best of our knowledge, there has been no study identifying the impacts of SchA on gastric cancer (GC). Therefore, the aim of the present study was to identify how SchA functioned to affect the progression of GC. To investigate the role of SchA in GC development, Cell Counting Kit-8, colony formation, wound healing and Transwell assays were conducted to assess the viability, proliferation, migration and invasion of AGS cells, respectively. Then, the apoptosis rate and apoptosis- and endoplasmic reticulum (ER) stress-related protein expression levels in AGS cells exposed to SchA were detected via TUNEL assays and western blotting, respectively. Subsequently, the aforementioned functional assays were performed again in AGS cells exposed to both SchA and the ER stress inhibitor 4-phenylbutyric acid (4-PBA) for the confirmation of the effect of SchA on ER stress in GC. It was found that SchA markedly decreased the viability, proliferation, migration and invasion, while it induced the apoptosis of AGS cells. Moreover, the markers of ER stress were elevated by SchA treatment in AGS cells. Nevertheless, 4-PBA reversed the effects of SchA on the viability, proliferation, migration, invasion and apoptosis of AGS cells, accompanied by decreased expression of ER stress markers. In conclusion, the present study demonstrated that SchA induced the apoptosis and suppressed the proliferation, invasion and migration of GC cells by activating

ER stress, which provides a theoretical basis for the use of SchA in the treatment of GC.

## Introduction

Gastric cancer (GC) is one of the most common types of cancer with a high mortality and morbidity, and accounts for ~1 million deaths annually worldwide (1). Due to advances in diagnostic and therapeutic approaches, the incidence and mortality rate of GC in developed countries have decreased to relatively lower levels. In the United States, GC is the sixth leading cause of cancer-related deaths (2). However, GC is often diagnosed at an advanced stage, which increases the difficulty for doctors to effectively treat this disease (3). Therefore, it is important to identify novel treatment methods to improve the life quality of patients with GC.

Schizandrin A (SchA; Fig. 1A), isolated from *Fructus schisandra*, can exert a variety of therapeutic effects, including antioxidant, anti-inflammatory and anticancer effects (4). Accumulating evidence has demonstrated that SchA can suppress the proliferation, invasion and migration, and enhance the apoptosis of breast cancer cells by decreasing the expression levels of microRNA (miR)-155 (5). Additionally, it can promote the cell cycle arrest, apoptosis and cell death induced by heat shock transcription factor 1, thereby impeding the proliferation of colorectal cancer cells (6). SchA can obstruct the proliferation and invasion of melanoma cells and the phosphorylation of PI3K/AKT by repressing H19 imprinted maternally expressed transcript expression (7). In addition, it can modulate the overactivation of Wnt and activate endoplasmic reticulum (ER) stress to induce the cell cycle arrest and apoptosis of triple-negative breast cancer cells (4). It has been shown that inhibition of IKK $\beta$ /NF- $\kappa$ B signaling enhances the efficacy of gefitinib in the treatment of non-small cell lung cancer (4). Furthermore, a previous study reported the role of SchA in controlling the malignant behaviors of the TPC-1 thyroid cancer cell line by decreasing the expression levels of miR-429 (8). However, to the best of our knowledge, the effect of SchA on GC has not been investigated to date.

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Based on the hypothesis that SchA may affect the malignant behaviors of GC cells, SchA was purchased and used to treat GC cell suspensions. The present study investigated whether SchA could induce the apoptosis and suppress the proliferation, invasion and migration of GC cells by activating ER stress.

## Materials and methods

**Cell culture and drug preparation.** SchA (C<sub>24</sub>H<sub>32</sub>O<sub>6</sub>; cat. no. 61281-38-7) was procured from Shanghai Aladdin Biochemical Technology Co., Ltd. GES-1 human gastric epithelial cells and the AGS GC cell line, which were purchased from the American Type Culture Collection, were incubated in RPMI-1640 medium (Thermo Fisher Scientific, Inc.) supplemented with 10% FBS (Thermo Fisher Scientific, Inc.). The cells were cultured at 37°C in an incubator with 5% CO<sub>2</sub>.

For the detection of ER stress, the ER stress inhibitor 4-phenylbutyric acid (4-PBA; Sigma-Aldrich; Merck KGaA) at a concentration of 7 mM was used to pretreat AGS cells for 4 h at 37°C, according to a previous study (9), to determine the role of SchA in ER stress.

**Cell counting kit-8 (CCK-8) assay.** CCK-8 (MedChemExpress) was used to determine cell viability, according to the manufacturer's instructions. Briefly, AGS cells were seeded at a density of 4x10<sup>3</sup> cells/well in 96-well plates and cultured. SchA at concentrations of 10, 20, 30, 40 and 50 μM was administered to the cells, as previously described (4-7,10). After incubation at 37°C for the corresponding time intervals (24, 48 and 72 h), 10 μl CCK-8 was added to the cells at 37°C for 4 h to detect cell viability. The optical density at 450 nm was measured using a microplate reader (Thermo Fisher Scientific, Inc.).

**Colony formation assay.** AGS cells were seeded onto 6-well plates (500 cells per well) with or without treatment of SchA at different concentrations (10, 20 and 30 μM) for 24 h and/or 4-PBA (7 mM, 37°C, 4 h), and cultured at 37°C for 2 weeks. Following fixation with 3.7% paraformaldehyde at room temperature for 20 min, the cell colonies were stained with 0.05% crystal violet solution at room temperature for 30 min. The macroscopic cell group formed by the continuous proliferation of a single cell *in vitro* for more than six generations was regarded as a clone, and cells were counted manually under an inverted optical microscope (magnification, x10; Olympus Corporation).

**Wound healing assay.** For the evaluation of cell migration, cells were incubated in 96-well plates at a density of 4x10<sup>5</sup> cells per well. A scratch was created in the cell monolayer using a 200-μl pipette tip. After culturing in complete medium at 37°C for 0 and 24 h, the plates and the wound closure were visualized using a light microscope (magnification, x100; Nikon Corporation). The cell migration rate was analyzed using Image-Pro Plus 6.0 software (Media Cybernetics, Inc.).

**Transwell assay.** All cells were inoculated at a density of 2x10<sup>4</sup> cells/well in the upper chamber of Transwell plates

(8-μm pore size; Corning, Inc.). The surface of the upper chamber was precoated with Matrigel™ (BD Biosciences) at 37°C for 1 h. The FBS-free RPMI-1640 medium was added in the upper chamber, and 500 μl fresh medium containing 10% FBS was added in the lower chamber. Cells were incubated at 37°C with 5% CO<sub>2</sub> for 24 h, followed by staining using 0.1% crystal violet solution at room temperature for 20 min. Images were obtained using a light microscope (magnification, x100; Nikon Corporation).

**Western blotting.** Total protein was extracted from cells under different culture conditions using RIPA lysis buffer (Sigma-Aldrich; Merck KGaA) according to the manufacturer's protocol. A BCA assay kit (Beyotime Institute of Biotechnology) was used for the quantification of total protein. Proteins (30 μg per lane) were separated via 12% SDS-PAGE and then transferred to PVDF membranes. After blocking in 5% skimmed milk at room temperature for 2 h, membranes were incubated with antibodies against MMP-2 (cat. no. ab92536; 1:1,000; Abcam), MMP-9 (cat. no. ab76003; 1:1,000; Abcam), E-cadherin (cat. no. ab40772; 1:10,000; Abcam), N-cadherin (cat. no. ab76011; 1:5,000; Abcam), vimentin (cat. no. ab92547; 1:1,000; Abcam), Bcl-2 (cat. no. ab32124; 1:1,000; Abcam), Bax (cat. no. ab32503; 1:1,000; Abcam), cleaved-caspase 3 (cat. no. ab32042; 1:500; Abcam), cleaved-poly (ADP-ribose) polymerase (PARP; cat. no. ab32064; 1:1,000; Abcam), caspase 3 (cat. no. ab184787; 1:2,000; Abcam), PARP (cat. no. ab191217; 1:1,000; Abcam), heat shock protein family A (Hsp70) member 5 (HSPA5; cat. no. ab108615; 1:1,000; Abcam), phosphorylated (p)-PERK (cat. no. MA5-15033; 1:1,000; Thermo Fisher Scientific, Inc.), p-eukaryotic initiation factor 2 α (p-eIF2α; cat. no. 3398; 1:1,000; Cell Signaling Technology, Inc.), CHOP (cat. no. PA5-28956; 1:1,000; Thermo Fisher Scientific, Inc.), PERK (cat. no. ab79483; 1:1,000; Abcam), eIF2α (cat. no. 5324; 1:1,000; Cell Signaling Technology, Inc.) and GAPDH (cat. no. ab9485; 1:2,500; Abcam) overnight at 4°C, and then a Goat Anti-Rabbit IgG H&L (HRP) secondary antibody (cat. no. ab6721; 1:2,000; Abcam) was added for 1 h at room temperature. An electrochemical luminescence reagent (MilliporeSigma) was applied for the visualization of the bands. The grey region of bands was semi-quantified using ImageJ software (v1.8.0; National Institutes of Health).

**TUNEL assay.** Apoptosis was analyzed using a TUNEL Apoptosis Detection kit (Beyotime Institute of Biotechnology) according to the manufacturer's protocol. The cells were fixed in 4% paraformaldehyde at room temperature for 0.5 h and then washed in PBS twice. After incubation with TUNEL reaction mixture for 1 h at 37°C in the dark, cells were washed with PBS and incubated with a converter-peroxidase reagent for 30 min. The nuclei were counterstained with DAPI for 5 min at room temperature in the dark. Subsequently, diaminobenzidine solution was used to treat the cells, and five fields of view were randomly selected to capture cell images using a fluorescence microscope (magnification, x100; Nikon Corporation) and analyzed using Image Pro Plus 6.0 software (Media Cybernetics, Inc.).

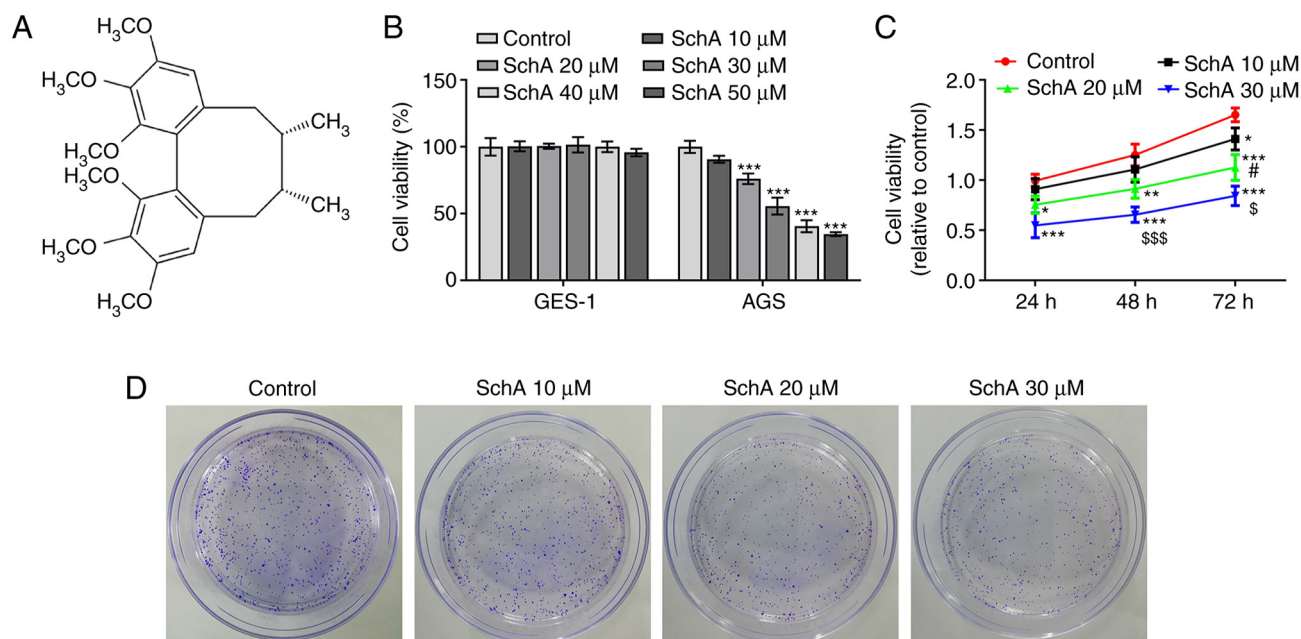


Figure 1. SchA decreases the viability of GC cells. (A) The chemical structure of SchA. (B) The viability of AGS cells affected by SchA at concentrations of 10, 20, 30, 40 and 50  $\mu\text{M}$ . (C) The viability of AGS cells affected by SchA at concentrations of 10, 20 and 30  $\mu\text{M}$ . \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. Control; # $P < 0.05$  vs. 10  $\mu\text{M}$  SchA; \$ $P < 0.05$  and \$\$\$ $P < 0.001$  vs. 20  $\mu\text{M}$  SchA. (D) The colony formation of AGS cells after SchA exposure. SchA, schizandrin A.

**Statistical analysis.** Statistical analysis was performed using GraphPad Prism 6.0 (GraphPad Software, Inc.) and SPSS 22.0 (IBM Corp.) software. Continuous variables are presented as the mean  $\pm$  SD. P-values were calculated using unpaired Student's t-test for comparisons between two groups or one-way ANOVA with Tukey's test for comparisons among multiple groups.  $P < 0.05$  was considered to indicate a statistically significant difference.

## Results

**SchA suppresses the viability, proliferation, invasion and migration of GC cells.** To investigate the role of SchA in the functions of GC cells, GES-1 and AGS cells were treated with different concentrations of SchA. As shown in Fig. 1B, the viability of GES-1 cells was not affected by SchA, while increasing concentrations of SchA gradually reduced the viability of AGS cells. It was further demonstrated that the viability of AGS cells was decreased in a dose- and time-dependent manner (Fig. 1C). Next, the effects of SchA on the proliferation, invasion and migration of GC cells were measured, and the results indicated that SchA exerted inhibitory effects on the proliferation (Fig. 1D), migration (Fig. 2A) and invasion (Fig. 2B) of AGS cells in a dose-dependent manner. The expression levels of MMP-2 and MMP-9 were also decreased by SchA treatment in AGS cells (Fig. 2C). The expression level of E-cadherin was increased, while the expression levels of N-cadherin and vimentin were decreased by SchA treatment in AGS cells (Fig. 2D).

**SchA induces the apoptosis of AGS cells.** The apoptosis of AGS cells exposed to SchA was subsequently detected to determine the role of SchA in this process. Notably, the apoptosis

of AGS cells was enhanced by increasing doses of SchA when compared with the control group (Fig. 3A). Similarly, the expression levels of the anti-apoptotic protein Bcl-2 were downregulated, while those of the pro-apoptotic proteins Bax, cleaved-caspase 3/caspase 3 and cleaved-PARP/PARP were increased after SchA treatment in AGS cells (Fig. 3B). However, the expression levels of caspase 3 and PARP remained unchanged after exposure to 10  $\mu\text{M}$  SchA in AGS cells, while they were markedly decreased as the doses of SchA increased to 20 and 30  $\mu\text{M}$ . Overall, it was suggested that SchA induced the apoptosis of AGS cells.

**SchA activates ER stress in AGS cells.** Stimulating factors, which can disrupt the homeostasis of proteins, can induce ER stress in tumor cells (11). The expression level of HSPA5, the marker of ER stress, was increased by SchA in AGS cells (Fig. 4A). Increasing doses of SchA increased the phosphorylation of eIF2 $\alpha$  and PERK, as well as the expression levels of CHOP, indicating the activation of ER stress by SchA in AGS cells (Fig. 4B). Since 30  $\mu\text{M}$  SchA could notably activate ER stress in AGS cells, this dose was selected for the subsequent experiments.

**4-PBA, an ER stress inhibitor, reverses the anti-proliferative, anti-invasive, anti-migratory and pro-apoptotic effects of SchA on AGS cells.** To further determine whether SchA affects the functions of AGS cells, the ER stress inhibitor 4-PBA was used to treat AGS cells. Cell viability was decreased after treatment with SchA, which was restored by 4-PBA (Fig. 5A). The proliferation, migration and invasion of AGS cells were suppressed by SchA, while co-treatment with 4-PBA and SchA alleviated this effect (Fig. 5B-D). The expression levels of MMP-2 and MMP-9, which are associated with invasion and cancer angiogenesis (12), were

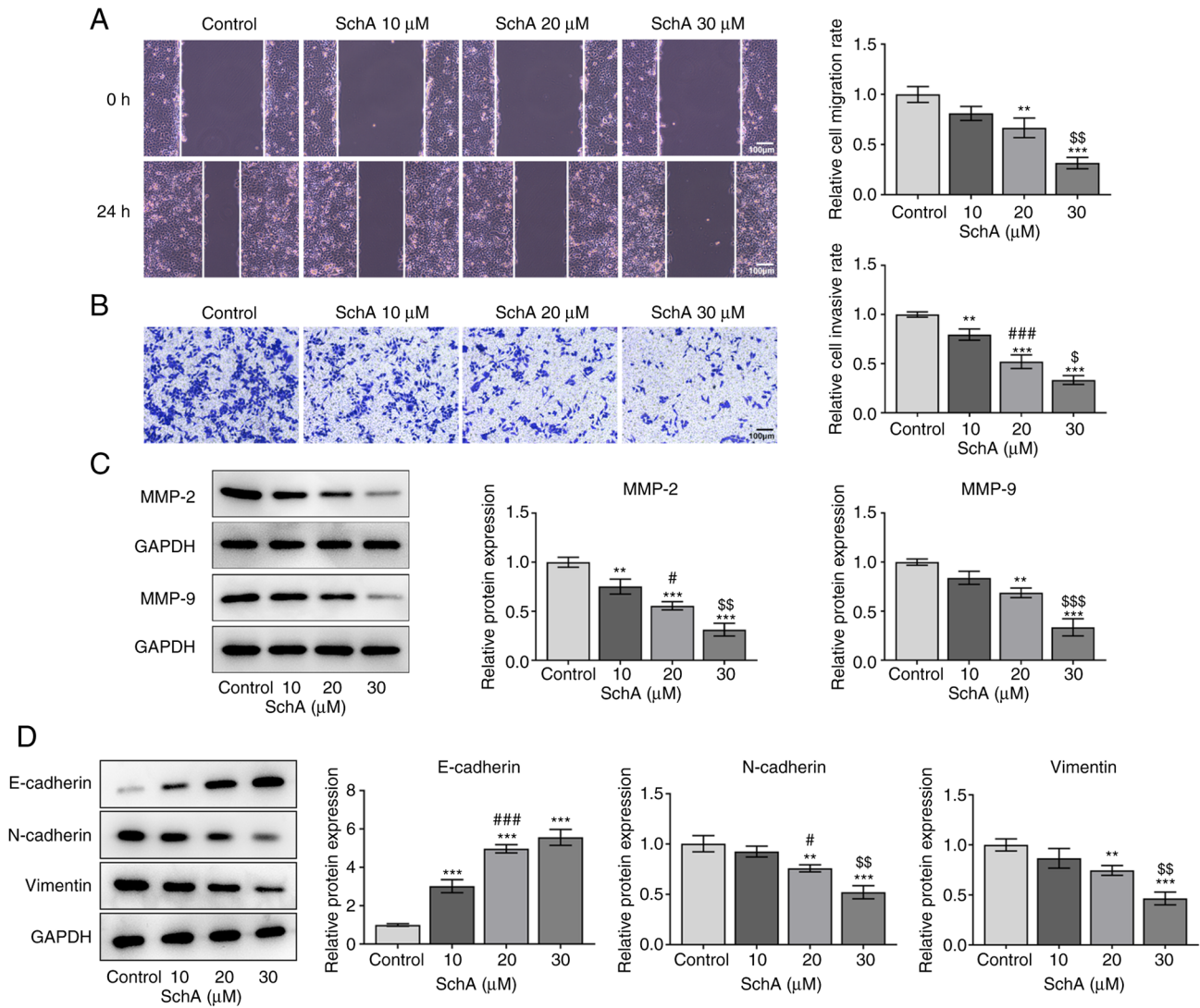


Figure 2. SchA suppresses the proliferation, invasion and migration of GC cells. The (A) migration and (B) invasion of AGS cells after SchA exposure. (C) The expression levels of MMP-2 and MMP-9 were determined via western blotting. (D) The expression levels of epithelial-mesenchymal transition-related proteins were determined via western blotting. \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. Control; # $P < 0.05$  and ### $P < 0.001$  vs. 10  $\mu$ M SchA; \$ $P < 0.05$ , \$\$ $P < 0.01$  and \$\$\$ $P < 0.001$  vs. 20  $\mu$ M SchA. SchA, schizandrin A.

found to be increased by co-treatment with 4-PBA and SchA compared with those in the SchA group (Fig. 5E). The expression of E-cadherin was downregulated, while expression levels of N-cadherin and vimentin were upregulated in the 4-PBA + SchA group compared with that in the SchA group (Fig. 5F). The apoptosis of AGS cells was induced by SchA, while co-treatment of cells with 4-PBA and SchA led to decreased levels of apoptosis compared with the SchA group (Fig. 6A and B). In addition, the results of western blotting demonstrated that HSPA5 expression was increased by SchA treatment, but was reversed by 4-PBA treatment (Fig. 6C). Moreover, the expression levels of p-PERK, p-eIF2 $\alpha$  and CHOP were increased by SchA treatment, while these levels were decreased by 4-PBA and SchA treatment, suggesting that 4-PBA inhibited ER stress, which was activated by SchA (Fig. 6D). These results suggested the important role of 4-PBA in reversing the anti-proliferative, anti-invasive, anti-migratory and pro-apoptotic effects of SchA on AGS cells.

## Discussion

GC is one of the most prevalent types of cancer and, at present, it remains difficult to completely cure (13). Surgical interventions, which are essential methods for cancer treatment, have increased the overall survival rates of patients with GC (14). However, the prognosis of GC remains poor, and the majority of patients with GC are diagnosed at an advanced stage (15). In recent years, the active ingredients of traditional Chinese medicine (TCM) have been demonstrated to serve critical roles in the treatment of cancer, since the combined use of chemotherapy and TCM can greatly improve the overall survival of patients with GC (16).

Sch is the fruit of *Schisandra chinensis* and is a type of TCM used as a food supplement, as well as for medical interventions (17). In addition to its use in the treatment of clinical symptoms, such as fatigue, cough, dysentery and insomnia, it has been investigated for its notable antioxidant and antiviral effects in recent years (18). Accumulating evidence

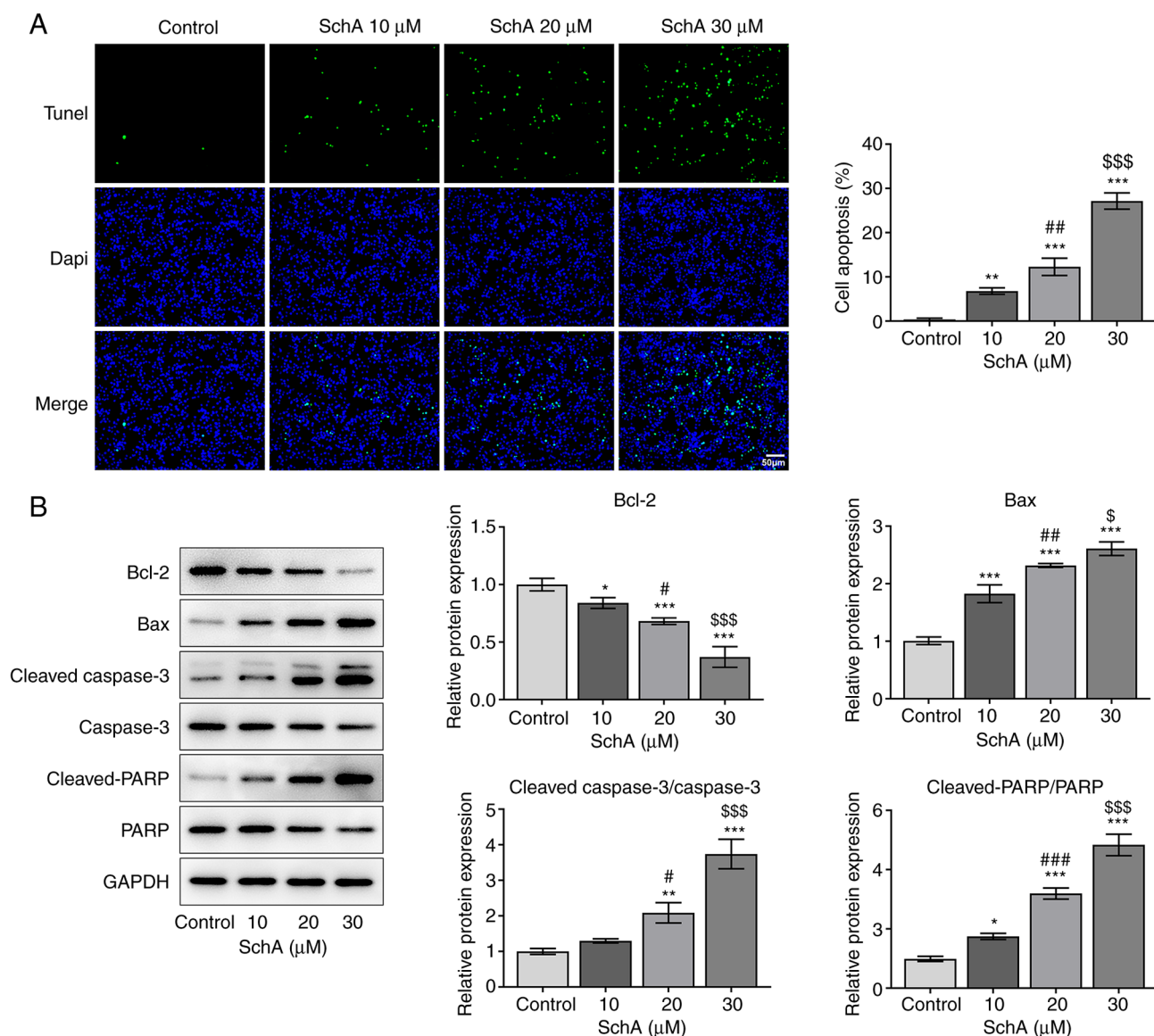


Figure 3. SchA induces the apoptosis of AGS cells. (A) The apoptosis of AGS cells after SchA exposure. (B) The expression levels of apoptosis-related proteins in AGS cells after SchA exposure. \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. Control; # $P < 0.05$ , ## $P < 0.01$  and ### $P < 0.001$  vs. 10  $\mu\text{M}$  SchA; \$ $P < 0.05$  and \$\$\$ $P < 0.001$  vs. 20  $\mu\text{M}$  SchA. SchA, schizandrin A; PARP, poly(ADP-ribose) polymerase.

has indicated that the cytotoxicity of SchA can suppress the proliferation of human cancer cells, thereby inducing their apoptosis and delaying cancer progression (19). The present study first revealed that the viability of AGS cells was affected by increasing doses of SchA, and the results of the colony formation assay demonstrated the reduced colony-forming ability of AGS cells upon SchA exposure. Moreover, the migration and invasion of AGS cells were both decreased after SchA treatment, and SchA at the concentration of 30  $\mu\text{M}$  exerted the most obvious inhibitory effects on the migration and invasion of AGS cells. Furthermore, the apoptosis of AGS cells was significantly induced by SchA, which was in line with previous findings suggesting the promoting role of SchA in the apoptosis of human cancer cells (7).

The ER is the organelle where protein handling, modification and folding occur (20). The homeostasis of the ER is essential for cell functions and cell fate (20). However, upon

stimulation by certain environmental factors, the homeostasis of the ER cannot be maintained, thereby triggering ER stress (21). ER stress has been well-documented to be involved in the pathophysiology of most common diseases, including metabolic disease, neurodegenerative disease, inflammatory disease and cancer (22). ER stress, which is associated with the form of heat shock protein 70-type binding immunoglobulin protein/HSPA5, activates intraluminal ER sensors, including eIF2 $\alpha$ , PERK and activating transcription factor 6 (23). p-eIF2 $\alpha$  suppresses the commencement of protein synthesis, which reduces the protein loading in the ER and ameliorates ER stress (24). PERK serves as a critical signaling protein related to the evolution of ER stress, and it is considered to block the aggregation of unfolded proteins in the ER, thereby modulating ER stress in an adverse feedback pattern (25). CHOP is considered as a key protein responsible for the modulation of ER stress-mediated cell apoptosis (26). A previous study reported that ER stress hyperactivated both

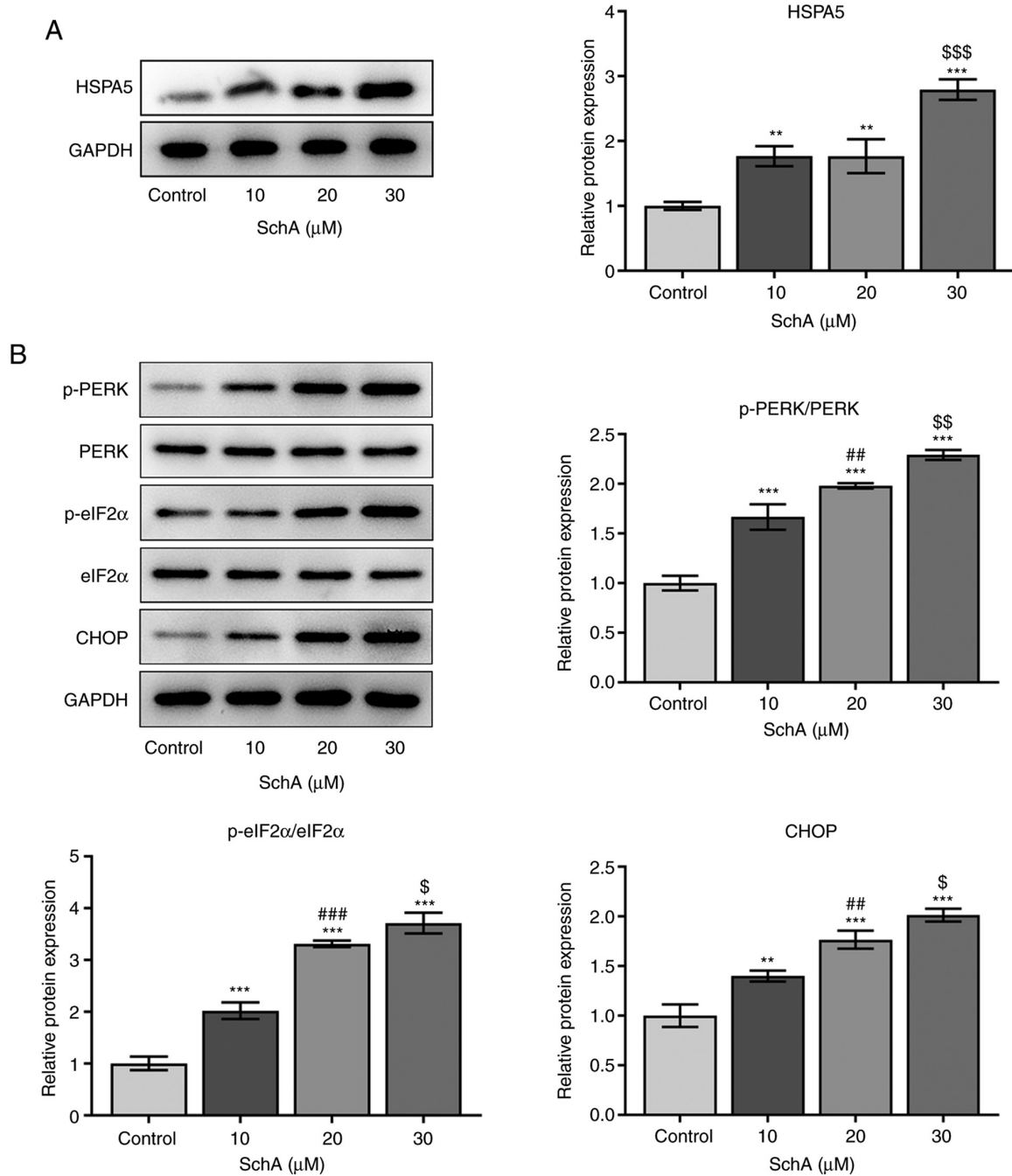


Figure 4. SchA activates ER stress in AGS cells. (A) The expression level of the marker of ER stress (HSPA5). (B) The expression levels of markers related to ER stress. \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. Control; ## $P < 0.01$  and ### $P < 0.001$  vs. 10  $\mu$ M SchA; \$ $P < 0.05$ , \$\$ $P < 0.01$  and \$\$\$ $P < 0.01$  vs. 20  $\mu$ M SchA. ER, endoplasmic reticulum; HSPA5, heat shock protein family A (Hsp70) member 5; p-, phosphorylated; eIF2 $\alpha$ , eukaryotic initiation factor 2  $\alpha$ ; SchA, schizandrin A.

PERK and inositol-requiring transmembrane kinase/endonuclease 1 $\alpha$  (IRE-1 $\alpha$ ), contributing to the entry into the apoptosis pathway (27). In the present study, SchA triggered the apoptosis of AGS cells and phosphorylation of PERK and IRE-1 $\alpha$ . Therefore, it was hypothesized that SchA may affect the behaviors of AGS cells via the activation of ER stress. These results suggested that the phosphorylation of PERK and eIF2 $\alpha$ , and elevated expression levels induced by SchA were reversed by 4-PBA, which verified this hypothesis.

Studies have shown that the ER stress response was ubiquitous in tumor tissues, and that it regulates the occurrence and development of tumors, and participates in tumor invasion and

metastasis (28-31). The degree of ER stress is positively correlated with the depth of invasion and the degree of metastasis (32). Li *et al* (33) revealed that downregulation of heparinase can reverse ER stress-mediated invasion of breast cancer cells. Moreover, Liu *et al* (34) observed that knocking down the expression of HSPA5, an indicator protein of ER stress, could significantly reduce the invasive ability of tumor cells by inhibiting the PI3K/AKT signaling pathway. These studies suggest that ER stress may be an important inducement for tumor cell invasion, and could play a key role in tumor metastasis. The invasion and migration of gastric cancer cells are significantly enhanced after treatment with tunicamycin (an ER stress inducer), indicating that

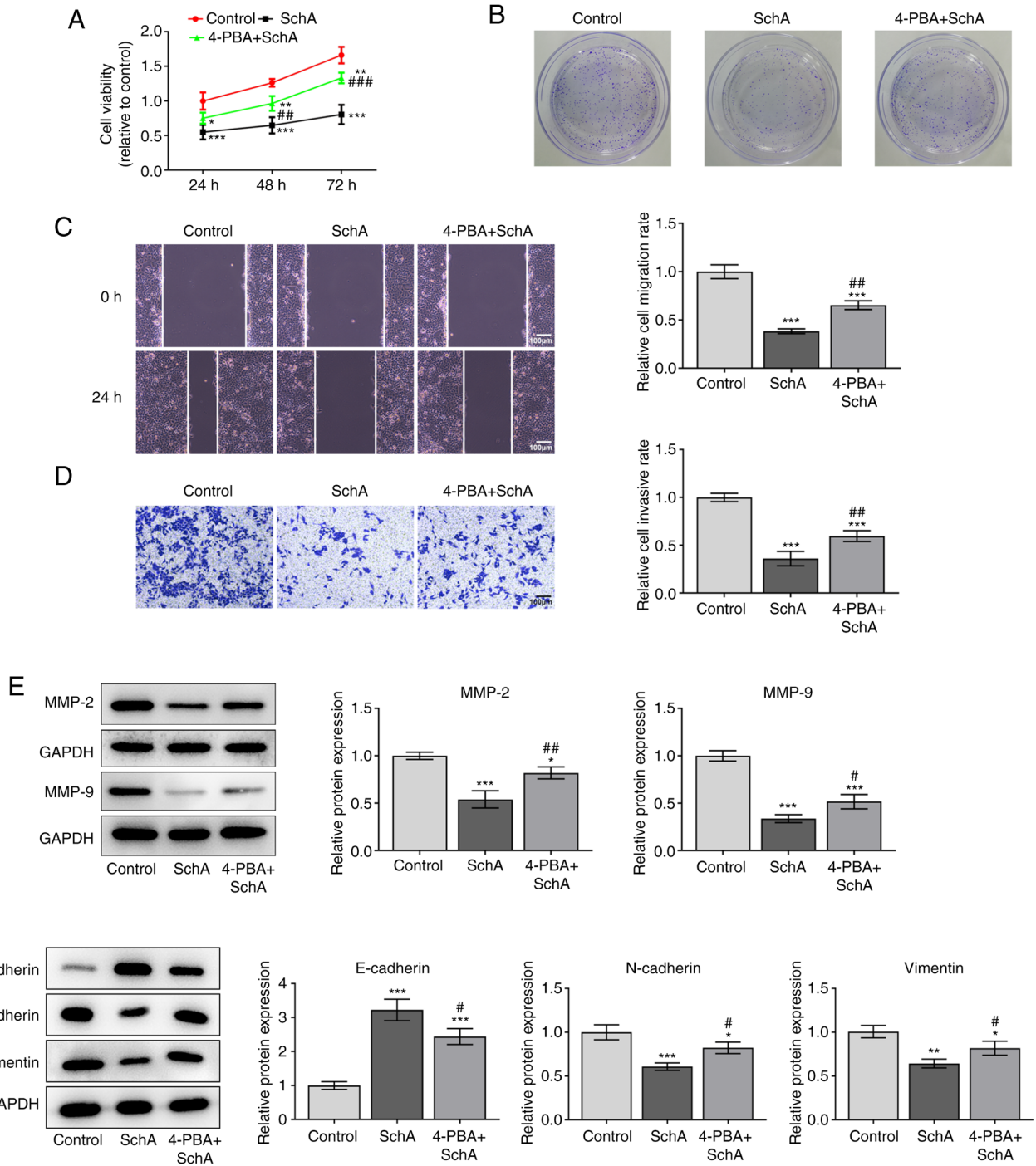


Figure 5. 4-PBA, an endoplasmic reticulum stress inhibitor, reverses the anti-proliferative, anti-invasive and anti-migratory effects of SchA in AGS cells. (A) The viability of AGS cells was affected by SchA and 4-PBA treatment. The (B) colony formation, (C) migration and (D) invasion of AGS cells after SchA and 4-PBA exposure. (E) The expression levels of MMP-2 and MMP-9 were determined via western blotting. (F) The expression levels of epithelial-mesenchymal transition-related proteins were determined via western blotting. \*P<0.05, \*\*P<0.01 and \*\*\*P<0.001 vs. Control; #P<0.05, ##P<0.01 and ###P<0.001 vs. SchA. SchA, schizandrin A; 4-PBA, 4-phenylbutyric acid.

ER stress promotes the invasion and migration of gastric cancer cells (35). Thus, ER stress may be an important regulatory mechanism of gastric cancer metastasis. In the present study, 4-PBA reversed the anti-proliferative, anti-invasive, anti-migratory and pro-apoptotic effects of SchA on AGS cells. However, a limitation of the present study is the lack of flow cytometry assays to further confirm the apoptosis rates. Furthermore, the downstream regulators of SchA in the regulation of ER stress are still unknown, and thus will be investigated in the future.

In conclusion, the present study demonstrated that SchA induced the apoptosis and suppressed the proliferation, invasion and migration of GC cells by activating ER stress, providing a theoretical basis for the use of SchA in the treatment of GC.

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Not applicable.

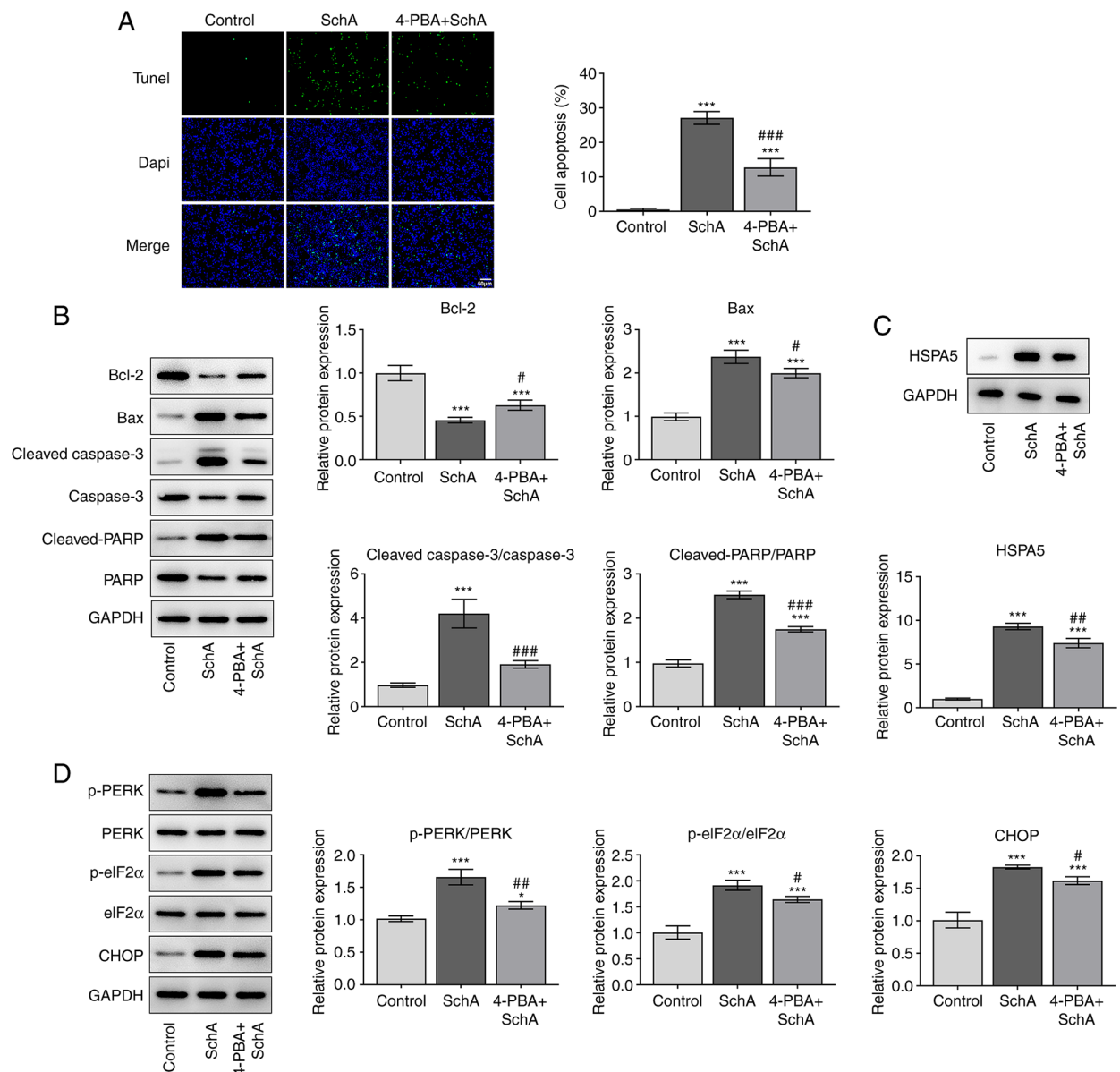


Figure 6. 4-PBA, an ER stress inhibitor, reverses the pro-apoptotic role of SchA in AGS cells. (A) The apoptosis of AGS cells after SchA and 4-PBA exposure. (B) The expression levels of apoptosis-related proteins after in AGS cells after SchA and 4-PBA exposure. (C) The expression levels of the marker of ER stress (HSPA5). (D) The expression levels of markers related to ER stress. \* $P < 0.05$  and \*\*\* $P < 0.001$  vs. Control; # $P < 0.05$ , ## $P < 0.01$ , ### $P < 0.001$  vs. SchA. SchA, schizandrin A; 4-PBA, 4-phenylbutyric acid; ER, endoplasmic reticulum; HSPA5, heat shock protein family A (Hsp70) member 5; p-, phosphorylated; eIF2 $\alpha$ , eukaryotic initiation factor 2  $\alpha$ ; PARP, poly(ADP-ribose) polymerase.

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## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Authors' contributions

HP designed the present study and wrote the manuscript. HP, QQ, FW and MG performed the experiments and analyzed the

data. XG conceived and supervised the study and co-wrote the manuscript. XG and HP confirm the authenticity of all the raw data. All authors have read and approved the final manuscript.

## Ethics approval and consent to participate

Not applicable.

## Patient consent for publication

Not applicable.

## Competing interests

The authors declare they have no competing interests.



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