

## Roadmap for the Development and Implementation of Entrustable Professional Activities to Enable Effective Clinical Training

### Abstract

In the field of clinical training, entrustable professional activities (EPAs) generally deal with those activities that health-care professionals will be encountering in their routine practice, and thus exposure to these activities prepares them for their future clinical practice. Workplace-based assessment tools have been used to assess the progress of medical students across these defined EPAs. The act of development of EPAs essentially requires the adoption of a systematic process to identify and define the core tasks and responsibilities that medical students must be able to perform independently in a specific specialty. The process of integration of EPAs into the medical school curriculum essentially requires systematic planning and implementation to ensure that students get an adequate number of opportunities to develop and demonstrate the desired competencies. In conclusion, EPAs provide an excellent framework for transforming medical education by preparing medical students to be ready for the complexities of health-care delivery.

**Keywords:** Curriculum, entrustable professional activities, workplace-based assessment

### Introduction

Entrustable professional activities (EPAs) refer to specific activities within a particular area of clinical practice that can be entrusted to a learner after they have demonstrated the requisite knowledge and skills.<sup>[1]</sup> With reference to competency-based medical education, EPAs deal with defining and assessing competencies of medical students essential for successful medical practice.<sup>[2]</sup> EPAs provide a framework to define, assess, and advance the competence of medical students about their clinical practice. In other words, these activities play a defining role in maintaining an alignment between curriculum and professional practice, thereby preparing medical student for a successful career in health care.<sup>[2,3]</sup>

### Role of Entrustable Professional Activities in Assessing Student Readiness

EPAs generally deal with those activities that health-care professionals will be encountering in their routine practice, and thus exposure to these activities prepares them for their future clinical practice.<sup>[1,3]</sup> Workplace-based assessment (WPBA) tools

have been used to assess the progress of medical students across these defined EPAs.<sup>[4]</sup> Depending on the performance of medical students in these activities, teachers can make evidence-driven decisions regarding the readiness of students to perform the task independently.<sup>[5]</sup> Upon the assessment of these EPAs, the teachers can identify the learning gaps, wherein students will need additional support to become ready for their future clinical practice. In fact, it also gives a platform for teachers and students to prepare a shared action plan to bridge the learning gaps.<sup>[4,5]</sup>

Assessment of students in these defined EPAs enables comprehensive assessment of learners.<sup>[4]</sup> Moreover, as individual students are assessed for their performance, we can provide individual feedback, which becomes a platform for bringing about improvement in them over a period of time.<sup>[6,7]</sup> In continuation, EPAs advocate progressive assessment, wherein students are assessed periodically to monitor their abilities to perform increasingly complex tasks.<sup>[8]</sup> Further, EPAs play a vital role in augmenting self-awareness and promoting self-reflection among medical students, as they think about their readiness to perform specific tasks.<sup>[9]</sup> In other words, students

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become accountable, as they know what is expected of them and what is their current position.<sup>[9,10]</sup>

## Development of Entrustable Professional Activities

The act of development of EPAs essentially requires the adoption of a systematic process to identify and define the core tasks and responsibilities that medical students must be able to perform independently in a specific specialty (for instance, public health).<sup>[11-14]</sup> This begins with carrying out a comprehensive need assessment to earmark specific competencies that are a must for effective public health practice.<sup>[11]</sup> It should be followed up with the engagement of different stakeholders (namely, public health educators, policymakers, community medicine specialists, and representatives from the community), in terms of obtaining their input and feedback on essential tasks that a public health professional should be able to perform.<sup>[11,12]</sup> Subsequently, we must carry out a task analysis by dividing the broader competencies into smaller and executable tasks.<sup>[11,13]</sup> This should be followed up by involving a panel of experts to review and refine the identified tasks and arrive at a consensus on the essential EPAs for public health professionals.<sup>[15,16]</sup>

After following these steps, a set of EPAs appropriate for public health experts should be drafted that are specific, measurable, and representative of essential public health practice.<sup>[11,17]</sup> These drafted EPAs should be circulated for review and validation among other stakeholders, and experts should be asked to comment regarding their clarity and relevance.<sup>[15,18]</sup> Subsequently, we have to perform the pilot run of these EPAs to ascertain any operational constraints, including the lessons learned. The feedback from pilot testing should be incorporated to finalize the EPAs and then implement the same in the public health students.<sup>[12-14]</sup> This completes the development procedure and is followed by formulating an implementation plan to enable the assessment of students in different settings by different observers.<sup>[19]</sup> As educators, we must monitor the implementation process and evaluate their effectiveness in assessing the readiness of students in public health practice.<sup>[11,19]</sup>

## Integrating Entrustable Professional Activities into the Medical Curriculum

The process of integration of EPAs into the medical school curriculum essentially requires systematic planning and implementation to ensure that students get an adequate number of opportunities to develop and demonstrate the desired competencies.<sup>[19,20]</sup> The most important aspect is to perform curriculum mapping, wherein we map EPAs to specific learning objectives, competencies, and reasonable milestones to ensure that they are covered throughout the duration of curriculum of individual subject specialty.<sup>[20-22]</sup> This mapping should also define when a specific EPA will

be assessed, the periodicity of assessment, using which assessment method, the settings of assessment (namely, outpatient, ward, emergency room, and community), and the potential assessor.<sup>[20-22]</sup> The important thing is that learning experiences should be given in authentic settings or those settings that mimic real-world exposure, which will prepare students for their future clinical practice.<sup>[2-4]</sup>

Faculty development is a crucial aspect in ensuring successful implementation of EPAs in any setting, to empower them to effectively teach, assess, and provide feedback to students about their performance.<sup>[6,7]</sup> The planned workshop and sessions should target the scope-need-significance of EPAs, methods for EPAs assessment (WPBAs or Objective structured clinical examination [OSCE]), and approaches to deliver effective constructive feedback.<sup>[6,7,23]</sup> Once students are assessed for the decided EPAs using relevant WPBA tools or OSCE depending on the nature of EPAs, teachers must provide feedback to students about their performance, including the areas for improvement.<sup>[7,23,24]</sup> In addition, students should be encouraged to reflect upon the entire experience and this act will make them self-aware.<sup>[9]</sup> There is always a scope to explore the possibility of interdisciplinary collaboration and integration of technology, as these will make the assessment process comprehensive.<sup>[25,26]</sup> The employment of the above measures will ensure the effective integration of EPAs into the curriculum and will play a defining role in producing competent medical graduates.<sup>[19-25]</sup>

## Conclusion

EPAs provide an excellent framework for transforming medical education by preparing medical students to be ready for the complexities of health-care delivery. Considering the role of EPAs in medical training, there is an immense need to adopt a systematic process to develop and implement them in medical institutions to facilitate learning and benefit students.

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## Conflicts of interest

There are no conflicts of interest.

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