

# Analyzing master regulators and scRNA-seq of COVID-19 patients reveals an underlying anti-SARS-CoV-2 mechanism of ZNF proteins

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## Abstract

Studies have demonstrated that both mortality and severe illness rates exist significant difference in different gender COVID-19 patients, but the reasons are still very mysterious to date. Here, we firstly find that the survival outcome of female patients is better to male patients through analyzing the 3044 COVID-19 cases. Secondly, we identify many important master regulators [e.g. STAT1/STAT2 and zinc finger (ZNF) proteins], in particular female patients can express more ZNF proteins and stronger transcriptional activities than male patients in response to SARS-CoV-2 infection. Thirdly, we discover that ZNF protein activity is significantly negative correlation with the SARS-CoV-2 load of COVID-19 patients, and ZNF proteins as transcription factors can also activate their target genes to participate in anti-SARS-CoV-2 infection. Fourthly, we

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demonstrate that ZNF protein activity is positive correlation with the abundance of multiple immune cells of COVID-19 patients, implying that the highly ZNF protein activity might promote the abundance and the antiviral activity of multiple immune cells to effectively suppress SARS-CoV-2 infection. Taken together, our study proposes an underlying anti-SARS-CoV-2 role of ZNF proteins, and differences in the amount and activity of ZNF proteins might be responsible for the distinct prognosis of different gender COVID-19 patients.

**Key words:** SARS-CoV-2; COVID-19; master regulator; zinc finger protein; gender difference

## Introduction

Currently, studies indicated that gender differences exist in SARS-CoV-2 infection and the survival rate of COVID-19 patients and the death and critical illness rate of males is higher than females [1–3]. However, the mechanism causing this different outcome is still unclear to date [1–3]. Therefore, a systematic elucidation of the underlying mechanisms is necessary for making the clinically gender-dependent treatment schedule.

The living habits, basic diseases and social activities were suggested to be the possible causes of the disparities in infection and death in different genders [3, 4], but few significant differences exist in the COVID-19 infection rate between different genders [5, 6], implying that those are not the main causes of resulting in the mortality difference. ACE2 and TMPRSS2 can function as receptors and transmembrane serine proteases to help SARS-CoV-2 to enter the host cell [7, 8], and their different expressions might result in the distinct survival outcome for different gender COVID-19 patients [9, 10]. Female patients can retain more immune cells than males, whereas males release more inflammatory factors than females after SARS-CoV-2 infection [11, 12], suggesting that the different reaction intensity of distinct signaling pathways between different gender patients might cause the different mortality. Our latest work identified 30 key master regulators (MRs) that can serve as anti-SARS-CoV-2 roles [13]. These above works suggest that differently expressed MRs might cause the difference outcome for different gender COVID-19 patients. To reveal this issue, we have embarked on the study.

## Materials and methods

### Clinical data source

The clinical data comes from 3044 COVID-19 patients who were hospitalized in Wuhan Huoshenshan Hospital from 4 February 2020 to 13 April 2020. All COVID-19 patients were diagnosed according to the ‘New Coronavirus Pneumonia Diagnosis and Treatment Plan’ (7th edition) issued by the National Health Commission of China. This study has been approved by the Research Ethics Committee of Wuhan Huoshenshan Hospital, China (HSSL011). Written informed consent was obtained from each patient.

### Public data source

The transcriptome data of 430 SARS-CoV-2 positive nasopharyngeal swabs and 54 negative controls are obtained from the GEO database (GSE152075) [14]. The PBMC and bronchoalveolar lavage fluid (BALF) single-cell transcriptome data comes from GSE149689 [15] and GSE145926 [16].

### Differential expression analysis and MR inference

The edgeR R package is used to calculate differentially expressed genes [17, 18]. ARACNe and VIPER algorithms are combined to

identify MRs [19, 20]. ARACNe algorithm is a method based on mutual information theory, which can infer the interaction between transcription factors (TFs) and target genes [19]. VIPER was used to infer the enrichment of each regulatory protein regulator in certain gene expression signature (GES) composed of full transcriptome data of healthy and COVID-19 patients [20]. These two algorithms have proved to be very effective for identifying the MR in the host’s response to viral infection [21, 22]. A method called Leading-edge Gene Set Enrichment Analysis implemented in the VIPER package was performed to identify the core target genes of MRs driving the enrichment on GES [20].

### Gene function analysis and gene set activity calculation

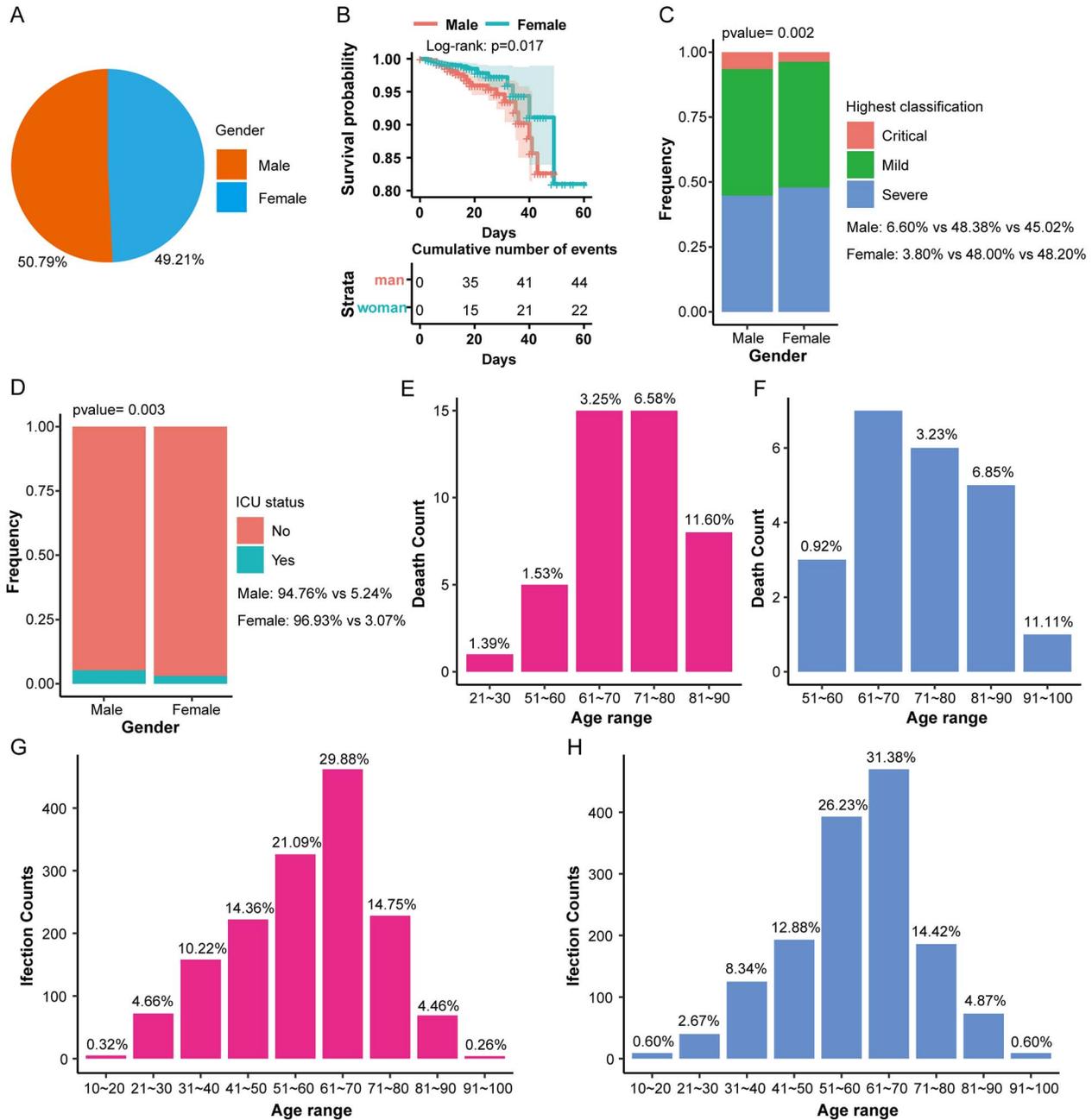
The clusterProfiler package was used for gene ontology and KEGG pathway enrichment analysis [23]. The single-sample gene set enrichment analysis algorithm (ssGSEA) in the GSVA package was used to calculate the overall activity of ZNF proteins [24]. This algorithm can evaluate the overall activity of a predetermined gene set in a single sample based on the entire transcriptome expression. The 456 ZNF protein coding genes matched by the grep function were used as the predetermined antiviral gene set of ZNF proteins.

### Single cell data analysis

The Seurat (version 3.0) was used for single-cell transcriptome data quality control, filtering, standardization and subsequent analysis [25]. All inclusion criterion and parameters for cell quality control and dimension reduction clustering were consistent with the data literature source [15, 16]. The canonical correlation analysis and anchors algorithm were used to remove batch effect [25] and high-dimensional cell data were visualized through uniform manifold approximation and projection (UMAP) [26]. We used cell scores to assess how well individual cells express a certain set of predetermined genes via AddModuleScore function in Seurat [25, 27].

### Flow cytometry assay of lymphocyte subsets

A total of 548 individuals from 3044 COVID-19 patients were enrolled in this study, and measured with T cell, B cell and NK cell using flow cytometry. A total of 125 patients of them were measured with 30 types of lymphocyte subsets. The peripheral blood was collected from patients and all samples were tested within 6 h after being obtained. Briefly, 100  $\mu$ L of fresh whole blood was incubated in 2 mL of VersaLyse (Beckman Coulter Life Science) between 20 and 30°C for 15 min to lyse erythrocytes, then being washed with 3 mL of 1  $\times$  PBS. Thereafter, the cell pellet was resuspended in 500  $\mu$ L of 1  $\times$  PBS containing 0.8% IOTest 3 Fixative Solution. The above samples were ready for acquisition. To measure T cell, B cell, NK cell and lymphocyte subsets, stained all the 10 single color tubes from a single pouch of the Compensation Kit provided in the IM DuraClone IM cell subsets Tube, 25 tests (Table S1, see Supplementary Data available online at <http://bib.oxfordjournals.org/>), RUO with venous blood, measured by multiple-color flow cytometry according



**Figure 1.** The distribution of infection and mortality of 3044 COVID-19 patients of different genders. (A) The pie chart shows the overall infection rate of patients of different genders. (B) The overall survival rate curve shows the survival rate of patients during the treatment of different genders. (C) Stacked histogram shows the highest disease classification ratio of patients of different genders. (D) Stacked histogram shows the proportion of ICU admissions of patients of different genders. (E) The histogram shows the mortality of males in different age groups. (F) The histogram shows that the mortality rate of females in different age groups. (G) The histogram shows the infection rate of males at different ages. (H) The histogram shows the infection rate of females in different age groups.

to the manufacturer's instructions (Backman Coulter Life Science). The data were evaluated using the Kaluza Software of Beckman.

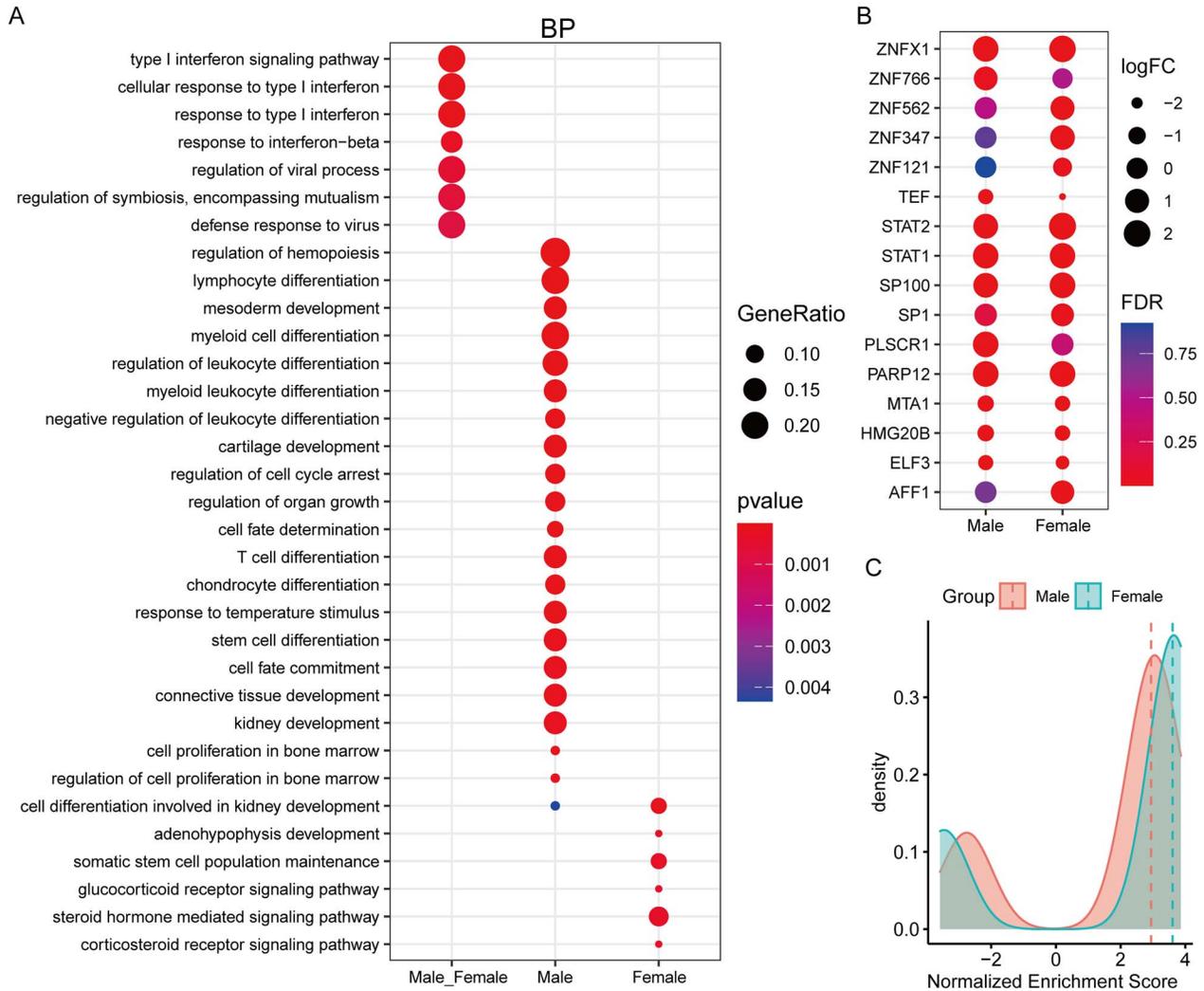
## Results

### The infection rate and prognosis of different genders

As shown in **Figure 1**, the infection rate of males is only 1.58 percentage points higher than females (**Figure 1A**), but males

have a lower survival rate (**Figure 1B**) and a higher critical disease classification (**Figure 1C**) as well as a higher intensive care unit (ICU) admission ratio than females (**Figure 1D**). The death age for males is mainly at 60~90 years (**Figure 1E**), but 70~90 years for females (**Figure 1F**). The mortality rate of males in the same age group is about twice higher than females (**Figure 1E and F**), whereas only slight differences exist in the infection rate of different genders in the same age group except for the minimum or maximum age group with few subjects (**Figure 1G and H**).





**Figure 3.** The similarities and differences in the function and activity of MRs in COVID-19 patients of different genders. (A) Functional enrichment analysis of common and specific MRs of different genders. BP is an acronym for biological process. (B) Changes in the mRNA levels of 16 shared MRs after different genders were infected with the coronavirus SARS-CoV-2. (C) Changes in the protein activity of 16 shared MRs after different sexes infected with the coronavirus SARS-CoV-2. The horizontal axis represents the normalized enrichment score used to estimate the protein activity of MRs. The larger the value, the stronger the protein activity. The vertical axis represents the number of MRs. The red and green lines represent the median value.

### The activity of ZNF protein is related to anti-SARS-CoV-2 infection

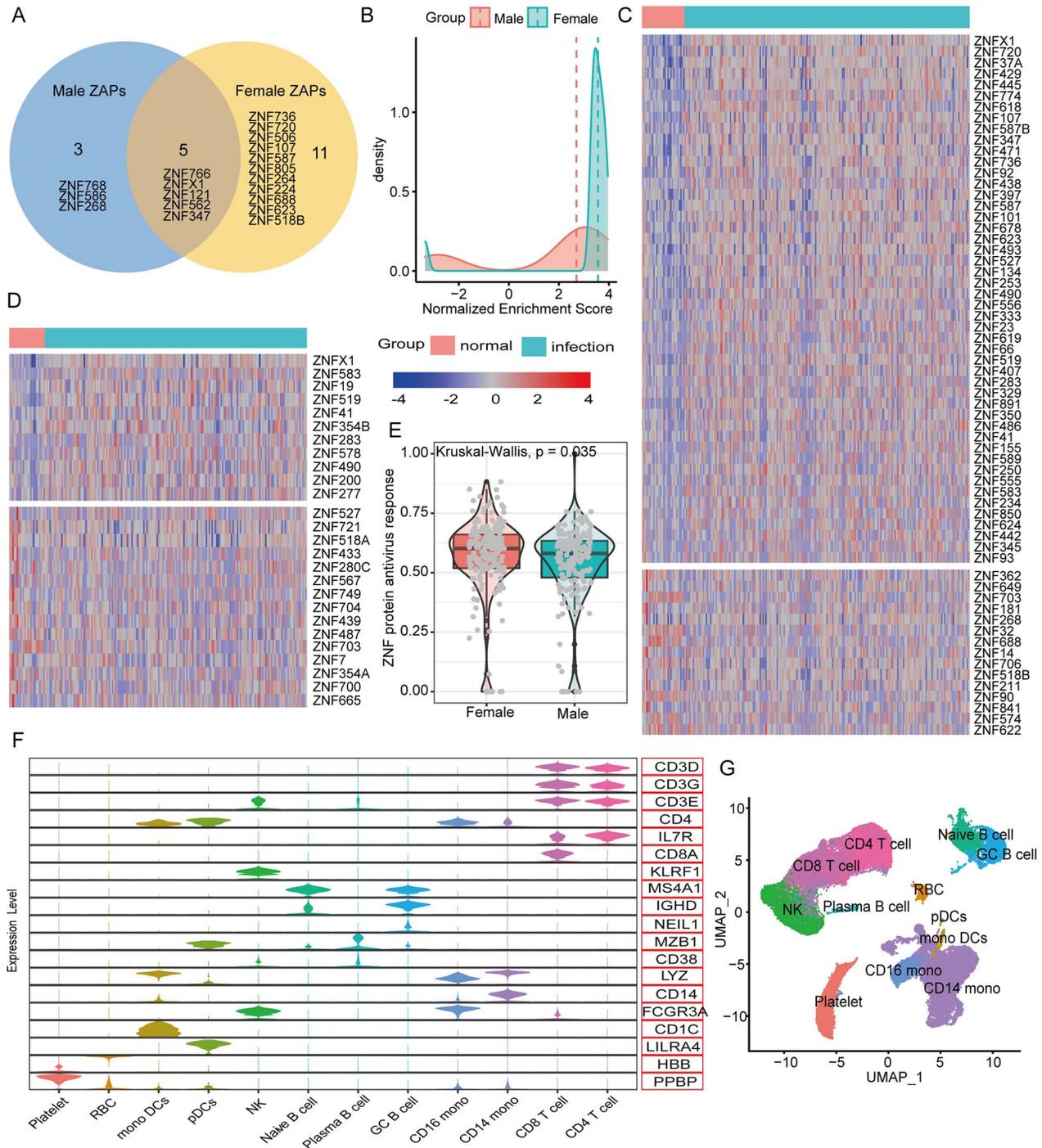
Interestingly, the overall ZNF protein activity of COVID-19 patients was significantly higher than controls, and the ZNF protein activity of patients with high viral load was higher (Figure 6A). Remarkably, the increased ZNF protein activity was significantly negative correlation with the viral load of patients (Figure 6B), in particular the ZNFX1 is more significantly negative correlation with viral load (Figure 6C).

We further detected the overall ZNF protein activity in single cell level and found that healthy people and COVID-19 patients have the same cell subpopulation distribution (Figure 6D), but the proportion of CD4 and CD8 T cells in the serum of severe patients is, respectively, lower than healthy individuals and mild patients, and the monocytes are higher than healthy or mild ones (Figure 6E). The order of overall ZNF protein activity is healthy people > mild patient > severe patient (Figure 6F). We also found that the ZNF protein antiviral activity of CD4 T

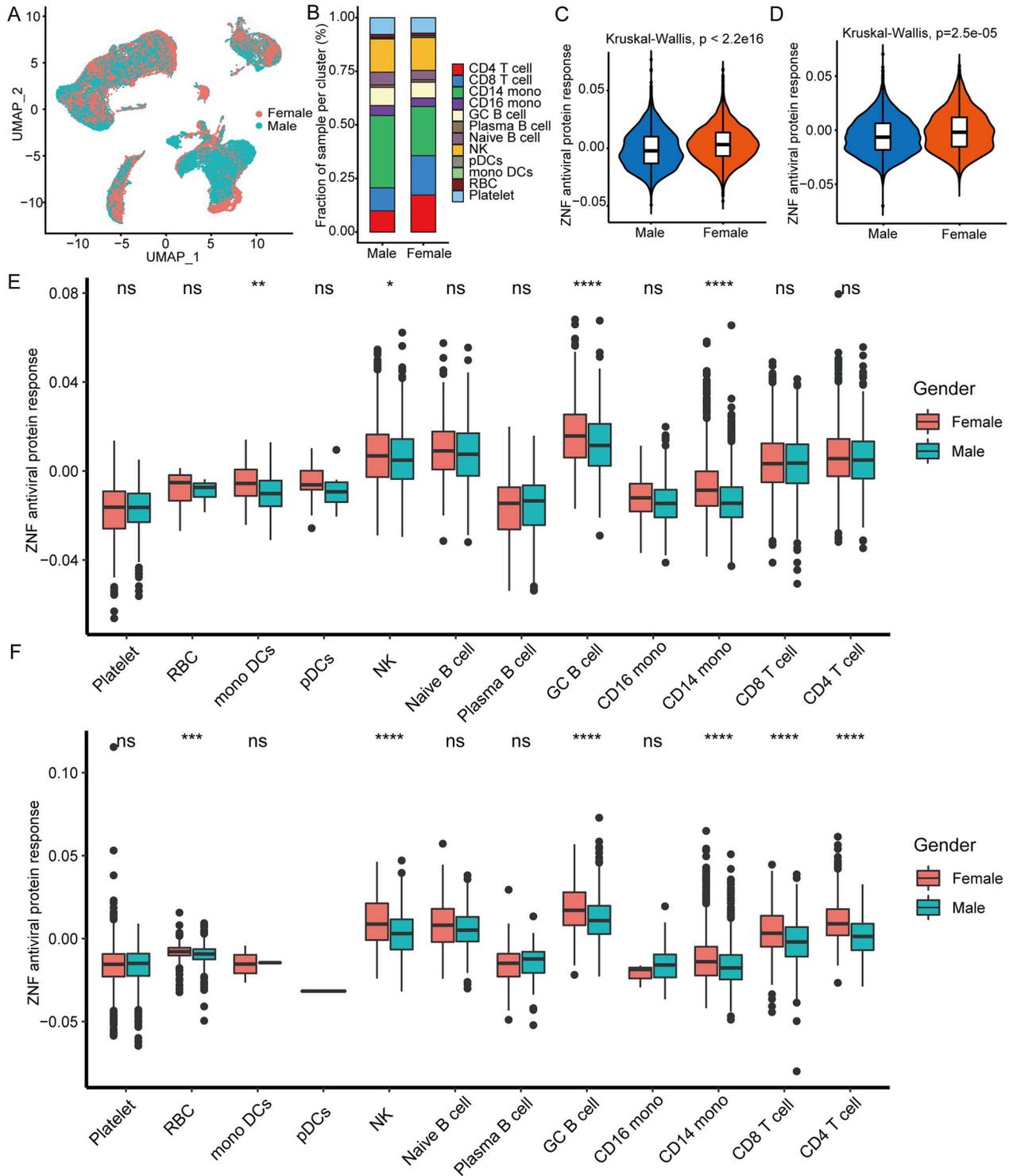
cells, CD8 T cells, CD14 and CD16 monocytes in severe patients are lower than healthy people and mild patients (Figure 6G), whereas the anti-SARS-CoV-2 activity of the other 8 cell subgroups has no obvious differences (Figure S6, see Supplementary Data available online at <http://bib.oxfordjournals.org>). Remarkably, the ZNF protein activity is positively correlated with the abundance of 19 immune cells, especially T cells (Figure 6H), and it also is positively correlated with the abundance of T cells in scRNA-seq (Figure S7, see Supplementary Data available online at <http://bib.oxfordjournals.org>).

### ZNF proteins as TFs participate in anti-SARS-CoV-2 role

Interestingly, male and female patients shared five same ZNF TFs (Figure 4A), but their target genes were not identical, and females had more target genes than males (Figures S8 and S9, see Supplementary Data available online at <http://bib.oxfordjournals.org>). Go enrichment analysis demonstrated that these target genes of male and female patients can significantly enrich



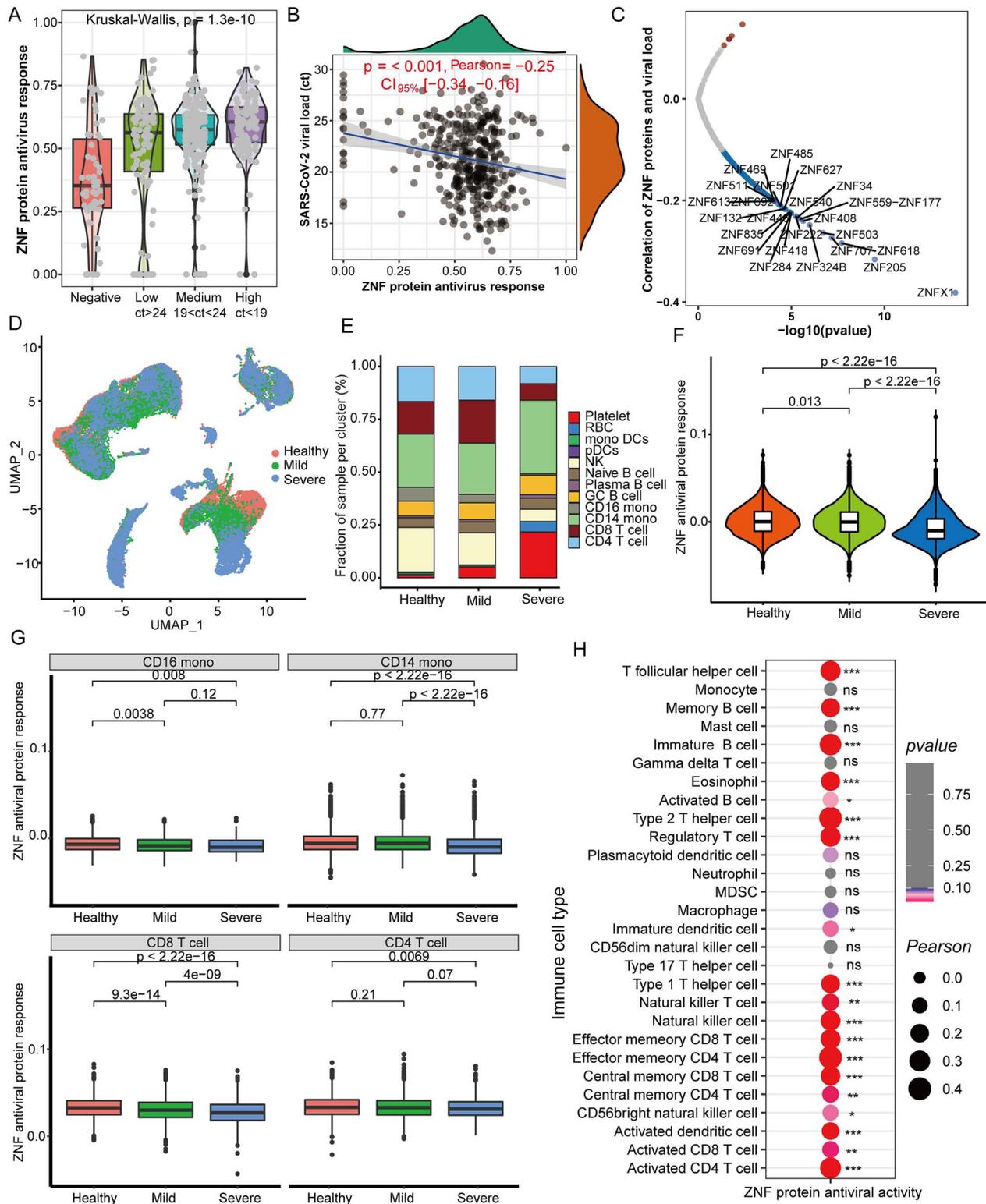
**Figure 4.** The similarities and differences in the functions and activities of ZNF proteins in COVID-19 patients of different genders. (A) The Venn diagram shows the common and specific ZNF proteins of different genders. (B) The difference in protein activity of the 5 shared ZNF proteins after different genders were infected with the coronavirus SARS-CoV-2. The horizontal axis represents the normalized enrichment score used to predict the protein activity of ZNF proteins. The larger the value, the stronger the protein activity. The vertical axis represents the number of MRs. The red and green lines represent the median value. (C) The heat map shows the expression changes of differentially expressed ZNF proteins in normal women and COVID-19 women. (D) The heat map shows the expression changes of differentially expressed ZNF proteins in normal women and COVID-19 men. (E) Differences in the overall ZNF protein activity among COVID-19 patients of different genders. The ssGSEA algorithm was used to calculate the overall expression activity of ZNF family genes. (F) The violin chart shows the expression of marker genes in different cell populations. For more information and marker combinations, please refer to Figure S4, see Supplementary Data available online at <http://bib.oxfordjournals.org/>, and its legend. (G) UMAP cluster diagram shows the cell population identification of single cell sequencing of all samples.



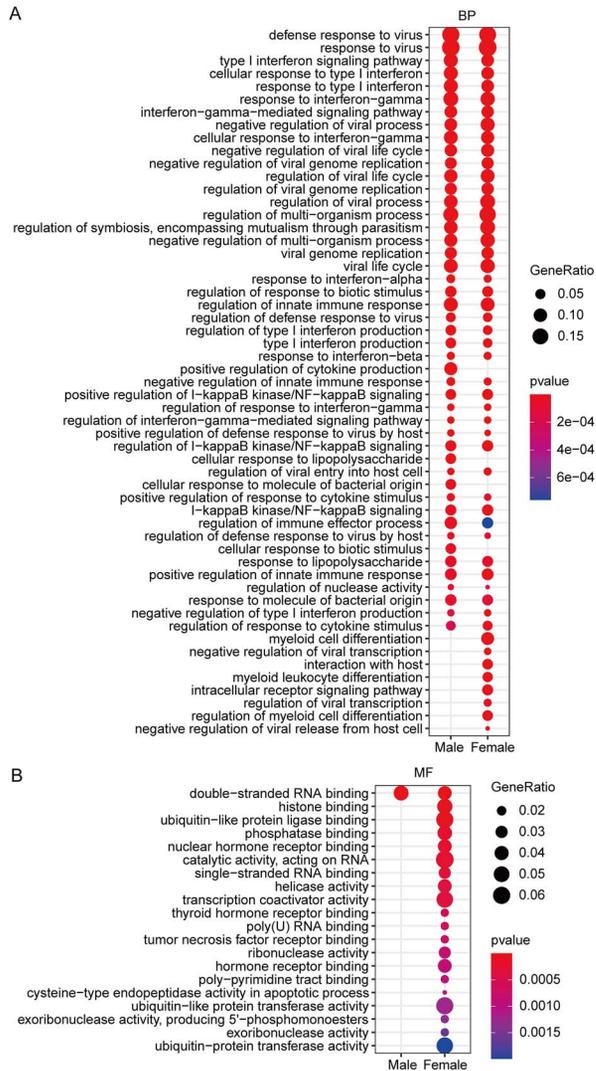
**Figure 5.** Female patients have higher antiviral activity of ZNF protein than male patients. (A) UMAP cluster diagram shows the single-cell distribution of COVID-19 patients of different genders. (B) Stacked histogram shows the cell ratio of COVID-19 patients of different genders. (C and D) Box diagram showing the antiviral activity of ZNF protein in mild and severe COVID-19 patients. (E) The box diagram shows the antiviral activity of ZNF protein in each cell cluster in mild COVID-19 patients. (F) The box diagram shows the antiviral activity of ZNF protein in each cell cluster in severe COVID-19 patients. Kruskal-Wallis test was used for statistical significance. Kruskal-Wallis test was used for statistical significance, \*\*\*\* $P < 0.001$ , \*\* $P < 0.01$ , \* $P < 0.05$ , ns $P > 0.05$ .

in 'interferon response', 'antiviral response', 'regulation of viral replication and cycle' (Figure 7A) as well as a wide range of 'RNA binding ability' molecular function (Figure 7B), implying

that the five ZNF TFs indeed involve in the anti-SARS-COV-2 infection. Importantly, we found that target genes of females could be enriched in some specific items, such as 'myeloid cell



**Figure 6.** The ZNF protein activity is negatively correlated with virus loads but positively correlated with certain immune cells. (A) Differences in overall ZNF protein activity between COVID-19 patients and healthy controls with different viral loads in the pharynx. The  $C_t$  value represents the content of the SARS-CoV-2 pharynx, and the quartile value is used to determine the low, medium and high viral loads. (B) Correlation between pharynx viral loads and the overall ZNF protein activity in COVID-19 patients. (C) The correlation between the viral load of the pharynx and the mRNA level of a single ZNF family gene in COVID-19 patients. (D) UMAP cluster diagram shows the single-cell distribution of healthy control, mild and severe COVID-19 patients. (E) Stacked box chart shows the changes in cell proportions in healthy, mild and severe patients. (F) Box chart displays the overall ZNF protein antiviral activity of patients with different disease classes (healthy, mild and severe). (G) Box chart displays the overall ZNF protein antiviral activity in CD16 monocytes, CD14 monocytes, CD8 T cells and CD4 T cells of different disease classes (healthy, mild and severe). (H) Correlation between the abundance of throat immune cells and the overall ZNF protein activity in COVID-19 patients. Kruskal-Wallis test was used for statistical significance.



**Figure 7.** Functional enrichment analysis of target genes of ZNF TFs shared by different genders. (A) The biological process function enrichment analysis of the target genes of ZNF TFs shared by different genders. (B) Molecular function enrichment analysis of target genes of ZNF TFs shared by different genders.

differentiation', 'myeloid lymphocyte differentiation', 'interaction with host' and 'negative regulation of virus release' (Figure 7A). In contrast, these target genes of males are mainly enriched in the 'positive regulation cytokine production', 'cellular response to lipopolysaccharide' and 'cellular response to biotic stimulus' (Figure 7B). Especially, some target genes of females can be enriched in some certain molecular function, such as helicase activities, 'histone binding' and 'ubiquitin-like protein ligase binding' (Figure 7B).

### BALF scRNA-seq reveals the anti-SARS-CoV-2 role of ZNF proteins

The 60 326 BALF single cells could be further clustered into 27 clusters (Figure S10, see Supplementary Data available online at <http://bib.oxfordjournals.org/>). According to the specific marker genes, 27 cell clusters were identified as 12 main cell types (Figures 8A and B and S11, see Supplementary Data available online at <http://bib.oxfordjournals.org/>). We found that the overall ZNF protein activity of different cell types undergone

extensive changes after SARS-CoV-2 infection (Figure 8C). Compared with healthy people, the ZNF protein activity of the lung epithelial cells was significantly decreased in mild and severe patients (Figure 8C). Conversely, the ZNF activity of some immune cells, such as macrophages, CD8 T cells, CD4 T cells and NK cells, is, respectively, significantly increased in mild patients, but significantly reduced in severe patients (Figure 8C). Especially, the expression level and proportion of ZNFX1 in mild and severe patients were significantly increased, and similar expression trends also existed in other key immune genes (Figure 8D). The overall ZNF protein activity in the lung immune cells of mild and severe females was also higher than males, especially macrophages, T cells and NK cells (Figure 8E and F).

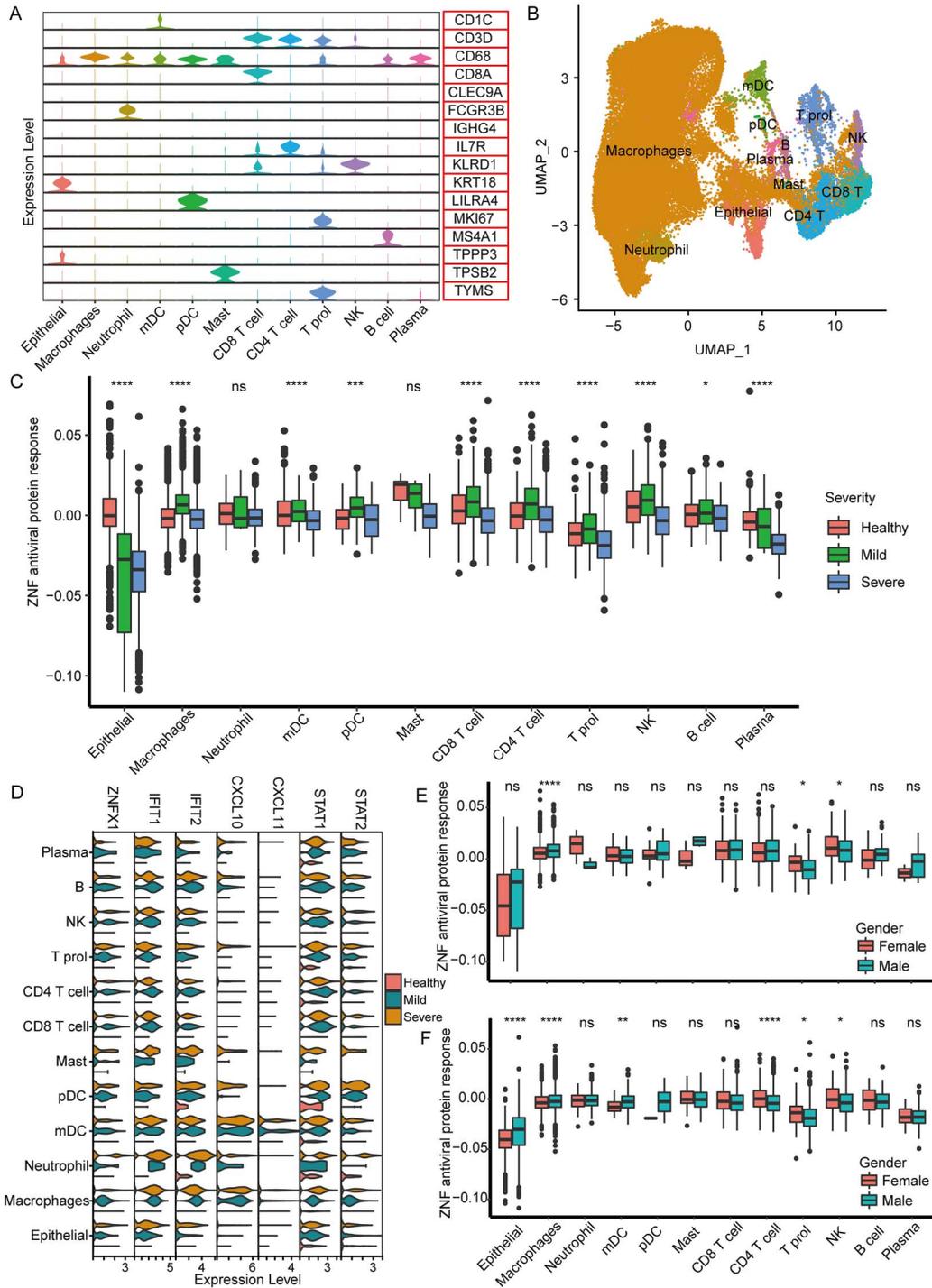
### Analysis of clinical indicators of male and female patients

Herein, we analyzed the TBNC cells data (T cells, B cells and NK cells) from 548 COVID-19 patients. Fascinatingly, female patients have higher immune abundance of CD3+, CD4+ T cells, B cells and CD4/CD8 ratio than males (Figure 9A and E), but males have more NK cells than females (Figure 9F). Female patients have more naive B cells and effectors CD8 T cells than males (Figure 9G and H). Although no significant differences existed in other 25 cell subsets (Figures S12–S14, see Supplementary Data available online at <http://bib.oxfordjournals.org/>), female patients do have higher proportion and stronger activity of lymphocytes than males.

Herein, we further found that the incidence of critical illness and death patients is significantly increased with abnormal decrease of lymphocyte cell abundances (hazard ratio: 2.7330), indicating that lymphocytes could serve as a good protective factor for COVID-19 patients (Figure S15, see Supplementary Data available online at <http://bib.oxfordjournals.org/>). The lymphocyte abundance of male patients is always lower than females in earlier multiple tests, but the lymphocyte abundance gradually tends to be consistent between them with the treatment progresses (Figure 9I). Remarkably, lymphopenia is more detrimental to male COVID-19 patients than females with hazard ratio (male: 3.2977 versus female: 1.9776) (Figure S15, see Supplementary Data available online at <http://bib.oxfordjournals.org/>). Finally, we analyzed the effect of major lymphocyte subtypes on the prognosis of COVID-19 patients. Our results revealed that CD3, CD4, T cells and B cells as protective factors were significantly associated with the prognosis of COVID-19 patients, but CD8 T cells, NK cells and CD4/CD8 ratio were no significant effect on the prognosis of COVID-19 patients (Figure 9J).

### Discussion

Elucidating the mechanism of the anti-SARS-CoV-2 infection is very important for the prevention and treatment of COVID-19 patients. Although many studies have revealed that certain genes or proteins play very key roles in anti-SARS-CoV-2 response [30–34], the mechanism of the anti-SARS-CoV-2 infection remains to be further studied. In this work, we demonstrated that female patients have better survival rates than males (Figure 1), which agrees with these reports [1–3]. The better prognosis of female patients to males was attributed to the lower expression of ACE2, TMPRSS2 and stronger autoimmunity [9–12]. However, the expression reduction of B cell and NK cell-specific transcripts as well as the suppression of NF- $\kappa$ B expression in male patients might be the reason of the poor prognosis [14], but this study only used gender as a batch correction without

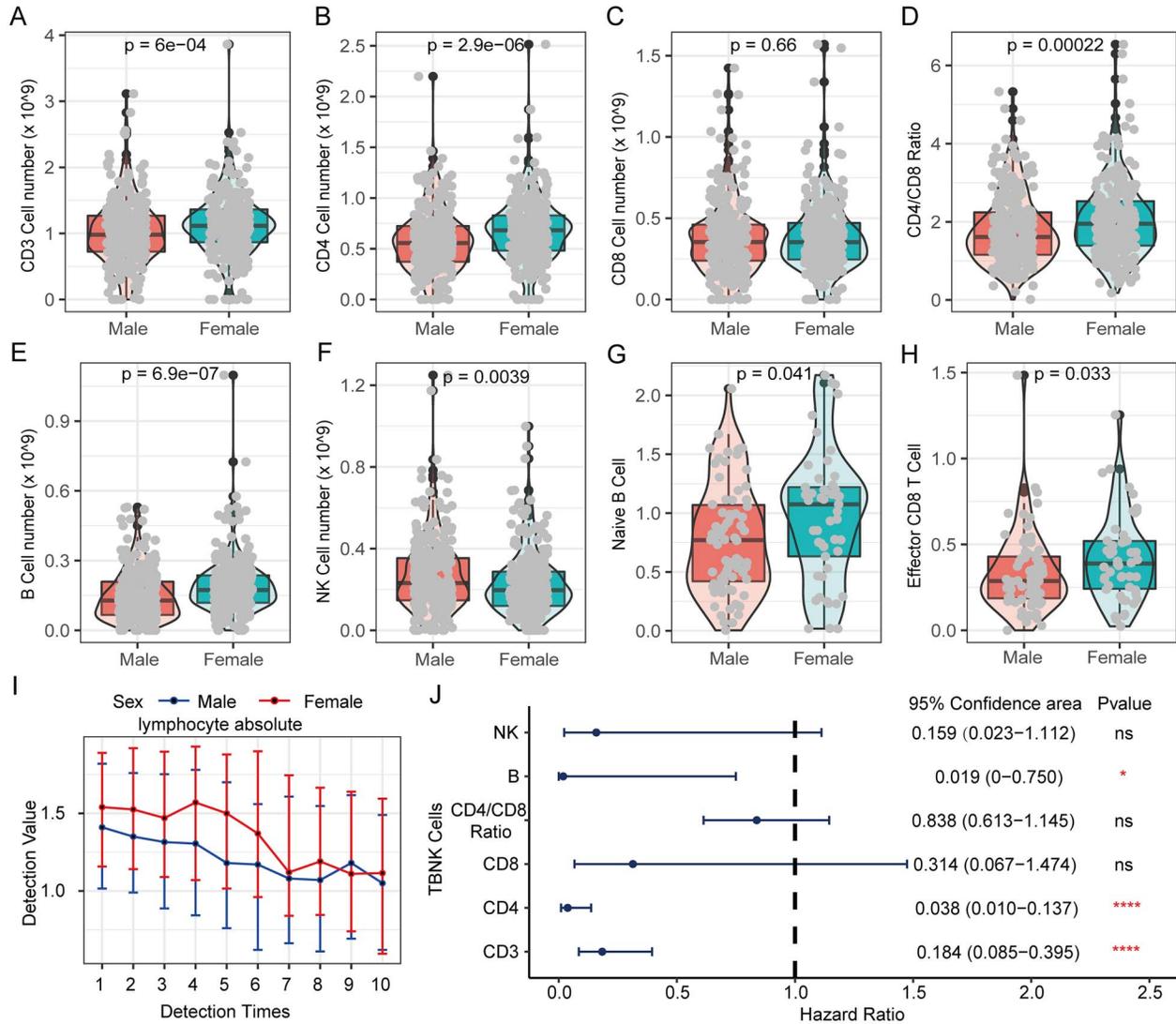


**Figure 8.** The antiviral activity of ZNF in different BALF cell populations. (A) The violin diagram shows the expression levels of marker genes of different cell types. (B) The UMAP cluster map shows the cell clustering of BALF single cells. (C) The box diagram shows the overall ZNF protein activity of different cell populations of mild and severe patients in healthy people. (D) The violin key antiviral gene ZNFX1, for example, figure displays IFIT1, IFIT2, CXCL10, CXCL11, STAT1 and STAT2 in healthy people, patients with mild and severe expression. (E) The box plot shows the overall ZNF protein activity of different cell populations of mild patients of different genders. (F) Box plot shows the overall ZNF protein activity of different cell populations in severe patients of different genders. Kruskal-Wallis test was used for statistical significance, \*\*\*\* $P < 0.0001$ , \*\*\* $P < 0.001$ , \*\* $P < 0.01$ , \* $P < 0.05$ , ns $P > 0.05$ .

distinguishing the molecular differences between different genders. Therefore, the molecular mechanism that induces different prognostic outcomes between male and female patients is still a mystery up to now. In particular, it is unclear why women

show stronger immunity and more immune cells than men after SARS-CoV-2 infection [35].

In our study, two key types of MRs (e.g. STAT1/STAT2 and ZNF proteins) are significantly upregulated after SARS-CoV-2



**Figure 9.** The difference of lymphocytes in COVID-19 patients of different genders and their prognostic effects. (A) The proportion of CD3 T cells in PBMC of COVID-19 patients of different genders. (B) The proportion of CD4 T cells in PBMCs of COVID-19 patients of different genders. (C) Proportion of CD8 T cells in PBMC of COVID-19 patients of different genders. (D) Differences in the ratio of CD4/CD8 in PBMC of COVID-19 patients of different genders. (E) Proportion of B cells in PBMC of COVID-19 patients of different genders. (F) The proportion of NK cells in PBMC of COVID-19 patients of different genders. (G) The proportion of Naive B cells in PBMCs of COVID-19 patients of different genders. (H) Proportion of Effector CD8 T cells in PBMC of COVID-19 patients of different genders. Kruskal-Wallis test was used for statistical significance. (I) The cumulative event rate shows that lymphocyte absolute value contributes to the prognosis of all COVID-19 patients. (J) The cumulative event rate shows the contribution of lymphocyte absolute value to the prognosis of male COVID-19 patients. (K) The cumulative event rate shows the contribution of lymphocyte absolute value to the prognosis of female COVID-19 patients. (L) The line chart shows the dynamic changes of lymphocyte absolute value of COVID-19 patients of different genders. With the progress of treatment and the passage of time, multiple test values during the patient's hospitalization are used for comparison.

infection (Figures S2, see Supplementary Data available online at <http://bib.oxfordjournals.org/>, and 2–4), and the ZNF protein activity is strongly negative correlation with the SARS-CoV-2 load (Figure 6B), revealing that ZNF proteins might play critical anti-SARS-CoV-2 roles. Previous studies indicated that STAT1/STAT2 as the important members of the JAK-STAT signaling pathway could activate many ZNF protein expressions [28, 29, 36], and ZNF proteins could recognize and bind to the CpG site of SARS-CoV-2 to degrade or inhibit its replication and translation [37, 38]. In our work, the activity of ZNFX1 is significantly negative correlation with SARS-CoV-2 load (Figure 6C). Remarkably, this recent study has proven that SARS-CoV-2 can be restricted by zinc finger antiviral protein

despite pre-adaptation to the low-CpG environment in humans, in particular type I, II and III IFNs all can strongly inhibit SARS-CoV-2 and further induce ZAP expressions, while these knockdown experiments also manifest that endogenous ZAPs can significantly restrict SARS-CoV-2 [37]. These above results seem to suggest that SARS-CoV-2 infection may activate STAT1/STAT2 expressions to promote multitudinous ZNF protein up-regulation to resist SARS-CoV-2 infection via binding to its CpG site [28, 29, 36, 37].

In addition, ZNF proteins can also serve as TFs to regulate target genes to involve in anti-SARS-CoV-2 infection (Figure 7A and B). Previous reports revealed that ZNF proteins as TFs can activate type I interferon signaling and multiple antiviral



48]. While ZNF proteins can also function as TFs to regulate the expression of a large number of target genes including ISGs to enhance interferon signaling or directly promote the activation and mature of multiple types of immune cells against SARS-CoV-2 infection [36, 39–41, 43, 46, 49, 50]. Taken together, we here suggest that the highly expressed SATA2 in female patients might result in releasing more ZNF proteins and stronger ZNF protein activities to promote immune cell activities than males, and that these differentially expressed ZNF proteins and distinct activity might be responsible for the different survival outcome for different gender COVID-19 patients.

### Key Points

- The systems biology algorithms ARACNe and VIPER are very effective for identifying major regulators (MRs) in response to viral infections.
- We have identified MRs such as STAT1/STAT2, SP1, REL, etc., especially ZNF family proteins (also called zinc finger antiviral proteins), which respond to SARS-CoV-2 infection.
- ZNF family proteins can inhibit SARS-CoV-2 and increase immune activity through transcription factor activity and as antiviral effector proteins.
- Women have a better prognosis and higher ratio and activity of lymphocytes than men with COVID-19, which may be attributed to the higher ZNF activity in women.

### Supplementary Data

Supplementary data are available online at *Briefings in Bioinformatics*.

### Availability of Data and Materials

All the data supporting this article are available in the methods section and supplementary files of manuscript or can be obtained by contacting the author.

### Authors' contributions

S.Q., F.M. and X.X. conceived the study. S.Q. and C.W. collected omics data and conducted analysis; S.Q., C.W. and S.J. visualized diagrams. W.D. performed flow cytometry experiments and data collation. S.Q. and W.X. wrote the draft; F.M., S.Q. and P.J. revised the draft. X.X., W.X., Y.Y. and J.S. collected and provided COVID-19 clinical data; P.J. supervised the project progress. Y.Y. and J.S. participated in the commentary of the manuscript.

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### Conflicts of interest

All authors declare that there is no conflict of interest.

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