

# Induction regimens for transplant-eligible patients with newly diagnosed multiple myeloma: a network meta-analysis of randomized controlled trials

Zi-Hang Zeng<sup>1,2</sup>

Jia-Feng Chen<sup>1,2</sup>

Yi-Xuan Li<sup>1,2</sup>

Ran Zhang<sup>1,2</sup>

Ling-Fei Xiao<sup>1,2</sup>

Xiang-Yu Meng<sup>1,2</sup>

<sup>1</sup>Center for Evidence-Based and Translational Medicine, Zhongnan Hospital of Wuhan University,

<sup>2</sup>Department of Evidence-Based Medicine and Clinical Epidemiology, Second Clinical College of Wuhan University, Wuhan, People's Republic of China

**Objective:** The aim of this study was to compare the early efficacy and survivals of induction regimens for transplant-eligible patients with untreated multiple myeloma.

**Materials and methods:** A comprehensive literature search in electronic databases was conducted for relevant randomized controlled trials (RCTs). Eligible studies were selected according to the predefined selection criteria, before they were evaluated for methodological quality. Basic characteristics and data for network meta-analysis (NMA) were extracted from included trials and pooled in our meta-analysis. The end points were the overall response rate (ORR), progression-free survival (PFS), and overall survival (OS).

**Results:** A total of 14 RCTs that included 4,763 patients were analyzed. The post-induction ORR was higher with bortezomib plus thalidomide plus dexamethasone (VTD) regimens, and VTD was better than the majority of other regimens. For OS, VTD plus cyclophosphamide (VTDC) regimens showed potential superiority over other regimens, but the difference was not statistically significant. The PFS was longer with thalidomide plus doxorubicin plus dexamethasone (TAD) regimens for transplant-eligible patients with newly diagnosed multiple myeloma (NDMM).

**Conclusion:** The NMA demonstrated that the VTD, VTDC, and TAD regimens are most beneficial in terms of ORR, OS, and PFS for transplant-eligible patients with NDMM, respectively.

**Keywords:** multiple myeloma, newly diagnosed, transplant-eligible, induction therapies, network meta-analysis

## Introduction

MM is a common type of malignant plasma cell disorders. In Western countries, MM accounts for about 0.9% of all cancer deaths, and for about 10% of burdens of hematological malignancies.<sup>1,2</sup> Over the past decade, the novel agents such as thalidomide,<sup>3</sup> bortezomib,<sup>4,5</sup> and lenalidomide<sup>6,7</sup> have significantly improved the response rate and survival in patients with MM.<sup>8-10</sup> Induction therapy followed by HDT (traditionally, high-dose melphalan) and ASCT is considered standard of care for NDMM patients aged <65 years.<sup>11</sup>

Until now, there are many Phase III RCTs reporting diverse induction regimens containing novel agents, such as the GIMEMA,<sup>12</sup> MRC Myeloma IX trial,<sup>13</sup> and HOVON-50.<sup>14</sup> However, certain issues should be noted. First, some induction regimens have not yet been compared in a direct manner in RCTs. Second, a comprehensive evaluation and ranking for all available regimens have not yet been established with respect to the early efficacy and survival measures.

Correspondence: Xiang-Yu Meng  
Center for Evidence-based and Translational Medicine, Zhongnan Hospital of Wuhan University, 169 Donghu Road, Wuhan 430071, People's Republic of China  
Email mengxy\_wuhu@163.com

The NMA is a statistical analysis approach developed recently to address and resolve these problems ideally.<sup>15,16</sup> NMA integrates information from direct and indirect comparison, by which a thorough assessment is realized. To compare the early efficacy (ie, ORR) and survivals (ie, PFS and OS) of different induction therapies for transplant candidates with newly diagnosed MM, the current NMA is performed.

## Materials and methods

This NMA is reported according to the PRISMA-NMA.<sup>17</sup>

### Search strategy

We searched databases including the PubMed, Embase, and Cochrane Library. The conference proceedings from the American Society of Hematology (2000–2016), European Hematology Association (2000–2016), and the American Society of Clinical Oncology (2000–2016), and the website of trial registries (eg, <http://www.controlledtrials.com/> and <https://www.Clinical-Trials.gov/ct>), were also searched to find additional relevant studies. The search terms utilized were “multiple myeloma OR Myelomatosis OR plasmacytoma,” “autologous stem cell transplantation OR stem cell transplantation OR hematopoietic stem cell transplantation OR autologous transplantation OR transplant-eligible,” “initial therapy OR induction treatment OR induction therapy,” and “newly diagnosed OR untreated.” In addition, the references of RCTs were manually searched. The last search was performed on November 21, 2016.

### Study selection

The following selection criteria were used to evaluate the eligibility of references identified by the literature search: 1) RCT design; 2) the participants were transplant-eligible patients with newly diagnosed MM; 3) the studies compared different pre-ASCT induction therapies; and 4) the data of investigative outcome measures (ORR, PFS, or OS) were provided or could be calculated.

### Outcome measures

The study end point was post-induction ORR (an objective response equal to or better than PR [ $\geq$ PR]), OS (the time from randomization to the date of death), and PFS (the time from the start of the treatment to disease progression or death). The definition of PR and progression followed the International Myeloma Working Group Uniform Response Criteria.<sup>18</sup>

### Data extraction

We utilized predesigned data extraction form to guide the data extraction process. We extracted patients' baseline

characteristics, outcomes, and number of events. For some trials in which the HR and its 95% CI for OS and PFS were not reported but the relevant data for imputation were provided, Tierney et al's method<sup>19</sup> was used for calculation. Besides, we reconstructed IPD using Guyot et al's<sup>20</sup> method and performed survival analysis to make a comparison between TAD and VTD in terms of OS, based on extracted arm data from two independent trials.<sup>21,22</sup> All the above-mentioned procedures were independently accomplished by two researchers (Z-HZ and J-FC). If any discrepancies were found, a third researcher (Y-XL) will be involved in discussing.

### Statistical analysis

For ORR, we calculated the natural logarithmic OR and its SE as the effect size and precision measure input into the NMA model. For OS and PFS, the natural logarithmic of HR and its SE were utilized. The consistency of effect sizes among studies was assessed by  $I^2$  statistic indicating heterogeneity among individual studies.<sup>23</sup> When the value of  $I^2 \leq 50\%$ , we would apply fixed-effects model. Otherwise, the random-effects model would be used. Visualization of analysis results including the forest plot and rankogram was performed. All the statistical analyses were made using the R software version 3.2.5.

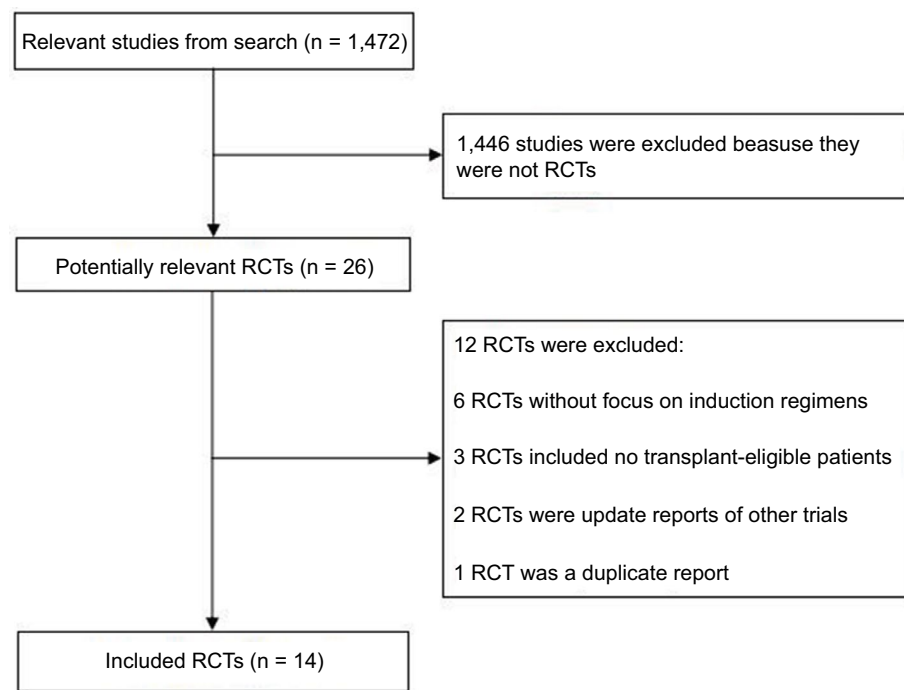
## Results

### Inclusion and basic characteristics of eligible studies

A total of 1,472 articles were obtained through our initial literature search, and 1,458 of these articles were excluded due to reasons indicated (Figure 1). Our NMA finally included 14 RCTs (full texts available for 13 studies<sup>12,14,21,22,24–32</sup> and one conference abstract<sup>33</sup>). Details of induction regimens of included RCTs are provided in Table 1. A total of 4,763 patients were included in the NMA. In total, there were 14 induction regimens, by which 17 pairwise comparisons were established (Figure 2). Only two trials included multiple arm,<sup>26,32</sup> and others included two arms.<sup>12,14,21–25,27–31,33</sup> All 14 trials reported ORR outcome, but eight out of 14 trials reported OS and PFS outcome, respectively. The baseline characteristics of patients from each trial, including gender, median age, International Staging System stage, median  $\beta_2$ -microglobulin, median albumin, and types of M protein, are provided in Table 2.

### Risk of bias assessment

The Cochrane Collaboration's tool for assessing the risk of bias was used to evaluate the quality of the included trials,



**Figure 1** Flow diagram showing literature search results.

**Abbreviation:** RCTs, randomized controlled trials.

except for one conference abstract.<sup>33</sup> The results are shown in Figure 3. The included RCTs had low risks of selection bias about random sequence generation, attrition bias, reporting bias, and other biases, in which the rates of low risk were 100%, 92.3%, 92.3%, and 76.9%, respectively. Studies without clear information on allocation concealment, performance bias and detection bias accounted for 53.8%, 92.3%, and 92.3%, respectively.

## ORR

A total of 13 included trials were able to be used to evaluate ORR with NMA.<sup>12,14,22,24-33</sup> We selected the fixed-effects model due to nonsignificant heterogeneity ( $I^2 = 24\%$ ). The forest plot with Cy-Dex as the reference is shown in Figure 4. For the pairwise comparison of regimens, VTD had significantly higher ORR than other regimens, except for VDCR and VDR to which the superiority was nonsignificant (Table S1). VDR, VDCR, VDC, VD, VBMCP-VBAD-B, TD, RD, and PAD had significantly higher ORR than VAD, Dex, and Cy-Dex. TAD showed significantly higher ORR than Cy-Dex and VAD, but had significantly poorer ORR than PAD, VBMCP-VBAD-B, VDC, VDCR, VDR, and VTD. Meanwhile, VDCR had significantly higher ORR than VDR. VBMCP-VBAD-B resulted in significantly better ORR than VD and TD. No statistically significant difference was found for other comparisons. VTD was ranked the best regimen in

terms of ORR according to rankogram which showed the rank probability (Figure 5).

## OS

Eight studies involving 10 regimens were included in NMA for OS.<sup>12,14,21,22,24,26,29,31</sup> The data of VTD vs TAD were based on reconstructed IPD obtained by Guyot et al's<sup>19</sup> approach. According to the value of  $I^2$  (1%), the fixed-effects model was used in NMA. Results showed that VTD was significantly better than TAD and VAD, and PAD was also significantly superior to VAD. Meanwhile, Cy-Dex had a shorter OS than the other nine regimens (Figure 4). On the other hand, there was no statistically significant difference among VTDC, Cy-Dex, Dex, VD, VBMCP-VBAD-B, PAD, VTD, and TD (Table S2). VTDC was ranked the best regimen for OS with relatively higher probability (Figure 5).

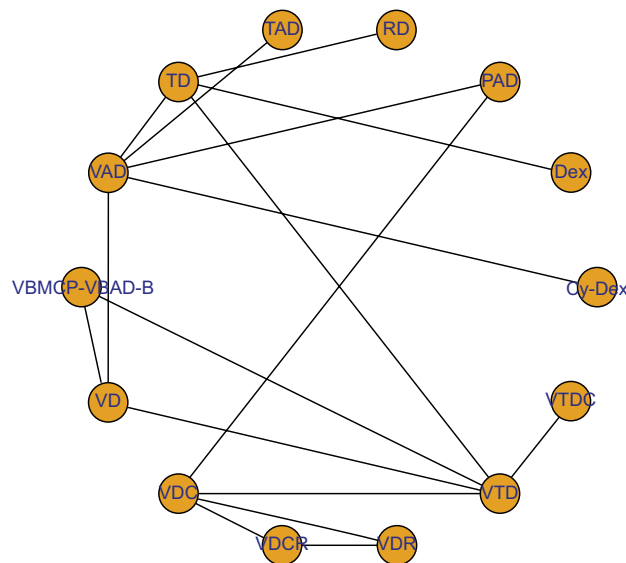
## PFS

Eight out of 14 trials reported data on PFS.<sup>12,14,21,24-26,29,31</sup> The fixed-effects model was used for NMA, because of the value of  $I^2$  (18%). The forest plot of TAD vs other eight regimens is shown in Figure 4. PAD, VD, VTD, VBMCP-VBAD-B, TAD, and VTDC had significant superiority when compared with TD (Table S3). PAD, VD, VTD, VBMCP-VBAD-B, TAD, and VTDC had significantly better PFS than TD. Furthermore, TAD and PAD resulted in significantly better PFS than VAD.

**Table 1** Details of induction regimens of included RCTs

Study	Group	Accrual period	Induction regimens; drugs (day administered) × no. of cycles (duration, days)
Rajkumar et al <sup>22</sup>	TD Dex	June 2002–April 2003	Tha: 200 mg (1–28) × 4 (28), Dex: 40 mg (1–4, 9–12, 17–20) × 4 (28) Dex: 40 mg (1–4, 9–12, 17–20) × 4 (28)
Sonneveld et al <sup>24</sup>	VAD PAD	May 2005–May 2008	Vin: 0.4 mg (1–4) × 3 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 3 (28), Dex: 40 mg (1–4, 9–12, 17–20) × 3 (28) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 3 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 3 (28), Dex: 40 mg (1, 4, 9–12, 17–20) × 3 (28)
Moreau et al <sup>25</sup>	VD VTD	March 2008– January 2009	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4 [all cycles], 9–12 [cycles 1 and 2]) × 4 (21) Bor: 1 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), tha: 100 mg (1–21) × 4 (21), Dex: 40 mg (1–4 [all cycles], 9–12 [cycles 1 and 2]) × 4 (21)
Rosiñol et al <sup>26</sup>	VTD TD VBMCP/ VBAD/B	April 6, 2006– August 5, 2009	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 6 (28), tha: 50 mg (1–14) + 100 mg (15–28) × 1 (28) then 200 mg (1–28) × 5 (28), Dex: 40 mg (1–4, 9–12) × 6 (28) Tha: 50 mg (1–14) + 100 mg (15–28) × 1 (28) then 200 mg (1–28) × 5 (28), Dex: 40 mg (1–4, 9–12) × 6 (28) VBMCP consisted of BCNU: 0.5 mg/kg (1), vin: 0.03 mg/kg (1; upper limit 2 mg), mel: 0.25 mg/kg (1–4), pre: 1 mg/kg (1–4) + 0.5 mg/kg (5–8) + 0.25 mg/kg (9–12). VBAD consisted of vin: 1 mg (1), BCNU: 30 mg/m <sup>2</sup> (1), dox: 40 mg/m <sup>2</sup> (1), Dex: 40 mg (1–4, 9–12, 17–20) (alternate VBMCP and VBAD; total four cycles × 35 days), bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 2 (21)
Lokhorst et al <sup>14</sup>	TAD VAD	November 27, 2001–May 31, 2005	Tha: 200–400 mg (1–28) × 3 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 3 (28) then Dex: 40 mg (1–4, 9–12, 17–20) × 3 (28) Vin: 0.4 mg (1–4) × 3 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 3 (28), Dex: 40 mg (1–4, 9–12, 17–20) × 3 (28)
Moreau et al <sup>27</sup>	VTD VDC	November 2013– March 2015	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4, 9–12) × 4 (21), tha: 100 mg (1–21) × 4 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4, 9–12) × 4 (21), cyc: 500 mg/m <sup>2</sup> (1, 8, 15) × 4 (21)
Cavo et al <sup>28</sup>	TD VAD	January 2002– January 2004	Tha: 100 mg (1–14) then 200 mg × 4 (30), Dex: 40 mg (1–4, 9–12, 17–20; odd cycles) + 40 mg (1–4; even cycles) × 4 (30) Vin: 0.4 mg (1–4) × 4 (30), dox: 9 mg/m <sup>2</sup> (1–4) × 4 (30), Dex: 40 mg (1–4, 9–12, 17–20; odd cycles) + 40 mg (1–4; even cycles) × 4 (30)
Ludwig et al <sup>21</sup>	VTD VTDC	October 2007– September 2009	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4, 9–12) × 4 (21), tha: 100 mg (1–21) × 4 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4, 9–12) × 4 (21), tha: 100 mg (1–21) × 4 (21), cyc: 400 mg/m <sup>2</sup> (1, 8) × 4 (21)
Harousseau et al <sup>29</sup>	VD VAD	August 9, 2005– January 18, 2008	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 4 (21), Dex: 40 mg (1–4 [all cycles], 9–12 [cycles 1 and 2]) × 4 (21) Vin: 0.4 mg (1–4) × 4 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 4 (28), Dex: 40 mg (1–4 [all cycles], 9–12, 17–20 [cycles 1 and 2]) × 4 (28)
Mai et al <sup>30</sup>	VDC PAD	July 2010– October 2012	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 3 (21), Dex: 40 mg (1–2, 4–5, 8–9, 11–12) × 3 (21), cyc: 900 mg/m <sup>2</sup> (1) × 3 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 3 (28), dox: 9 mg/m <sup>2</sup> (1–4) × 3 (28), Dex: 40 mg (1–4, 9–12, 17–20) × 3 (28)
Cavo et al <sup>12</sup>	VTD TD	May 2006–April 2008	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 3 (21), tha: (100 mg [1–14] + 200 mg [15–21]) × 3 (21), Dex: 40 mg (1, 2, 4, 5, 8, 9, 11, 12) × 3 (21) Tha: (100 mg [1–14] + 200 mg [15–21]) × 3 (21), Dex: 40 mg (1–4, 9–12) × 3 (21)
Mellqvist et al <sup>31</sup>	VAD Cy-Dex	November 2001– October 2003	Vin: 1.6 mg/m <sup>2</sup> (1–4) × 3 (28), dox: 36 mg/m <sup>2</sup> (1–4) × 3 (28), Dex: 40 mg (1–4, 9–12, 17–20) × 3 (28) Cyc: 1000 mg/m <sup>2</sup> (1) × 2 (21), Dex: 40 mg (1–4, 9–12) × 2 (21)
Kumar et al <sup>32</sup>	VDCR VDR VDC VCD-mod	June 2008– September 2009	Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 8 (21), Dex: 40 mg (1, 8, 15) × 8 (21), cyc: 500 mg/m <sup>2</sup> (1, 8) × 8 (21), len: 15 mg (1–14) × 8 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 8 (21), Dex: 40 mg (1, 8, 15) × 8 (21), len: 25 mg (1–14) × 8 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 8 (21), Dex: 40 mg (1, 8, 15) × 8 (21), cyc: 500 mg/m <sup>2</sup> (1, 8) × 8 (21) Bor: 1.3 mg/m <sup>2</sup> (1, 4, 8, 11) × 8 (21), Dex: 40 mg (1, 8, 15) × 8 (21), cyc: 500 mg/m <sup>2</sup> (1, 8, 15) × 8 (21)
Kumar et al <sup>33</sup>	TD RD	April 2009– September 2014	Tha: 200 mg (1–28) × 4 (28), Dex: 40 mg (1–4, 9–12) × 4 (28) Len: 25 mg (1–21) × 4 (28), Dex: 40 mg (1–4, 9–12) × 4 (28)

**Abbreviations:** bor, bortezomib; BCNU, bischloroethylnitrosourea; cyc, cyclophosphamide; Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; dox, doxorubicin; len, lenalidomide; mel, melphalan; PAD, bortezomib plus doxorubicin plus dexamethasone; pre, prednisone; RCTs, randomized controlled trials; RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; tha, thalidomide; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; vin, vincristine; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.



**Figure 2** Network plot of induction treatments included in the NMA.

**Notes:** Circles represent the intervention as a node in the network, lines represent direct comparisons using RCTs, and the thickness of lines corresponds to the number of RCTs included in each comparison.

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; NMA, network meta-analysis; PAD, bortezomib plus doxorubicin plus dexamethasone; RCTs, randomized controlled trials RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.

VBMCP-VBAD-B had significantly better PFS than VTD. No statistically significant difference was found for other comparisons. TAD was ranked the best regimen for PFS with relatively higher probability (Figure 5).

## Discussion

Since the introduction of the proteasome inhibitor bortezomib and IMiDs such as thalidomide and lenalidomide, the novel agents have shown increased benefits compared with traditional regimens such as VAD regimen, the standard induction in the 1990s.<sup>28,29,34</sup> Two meta-analyses found that bortezomib-based induction regimens result in improvements in both PFS and OS, compared with nonbortezomib-based induction regimens, despite higher risk of toxicity.<sup>35,36</sup> The better complete response, ORR, and PFS of velcade plus thalidomide-based regimens vs velcade-based or thalidomide-based regimens were also demonstrated in another meta-analysis.<sup>37</sup> In addition, three-drug induction regimens combining bortezomib and Dex became the standard of care for transplant-eligible NDMM patients in 2014, because of the better efficacy.<sup>24,26,34,38</sup> To date, no comprehensive overall

comparison involving multiple induction options has been realized yet. NMA, first proposed by Lumley,<sup>15</sup> can integrate direct and indirect evidence and make a global comparison of various regimens.

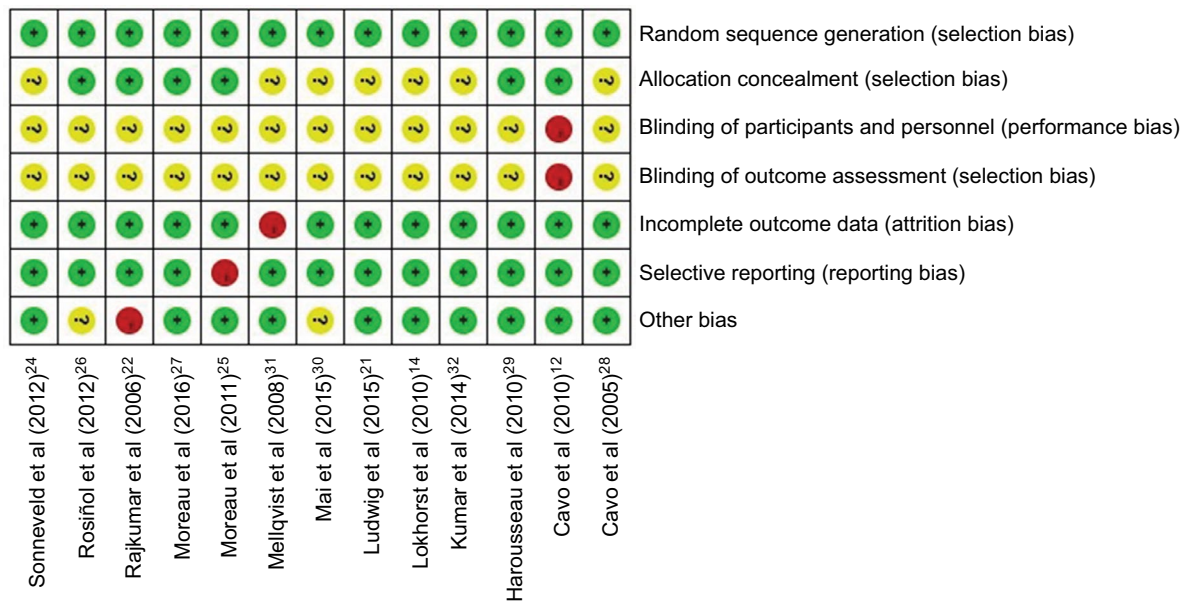
In our NMA, we found the superiority of VTD regimen for ORR. In GIMEMA and PETHEMA/GEM trial, Cavo et al<sup>12</sup> and Rosiñol et al<sup>26</sup> comparing VTD with TD showed significantly higher ORR for VTD. Meanwhile, reduced doses of VTD had higher ORR than VD, without statistical significance.<sup>25</sup> In IFM 2013-04 trial, VTD was significantly superior to VDC.<sup>27</sup> Although VTD resulted in an improvement in ORR when compared with VTDC, VTDC shows better performance in both PFS and OS in the NMA. For OS, VTDC is superior to others in our NMA. In a Phase II trial by Ludwig et al,<sup>21</sup> VTDC showed nonsignificant superiority compared to VTD (HR = 0.87, 95% CI: 0.44–1.72,  $P = 0.69$ ). Interestingly, in our mixed comparisons, the same result was observed (HR = 0.87, 95% CI: 0.44–1.7). For the PFS outcome, TAD had a better PFS than the other eight regimens, including VTD (HR = 0.66, 95% CI: 0.39–1.1) and VTDC (HR = 0.91, 95% CI: 0.44–1.9). However, TAD showed the significant inferiority when compared with VTD in terms of ORR (OR = 0.21, 95% CI: 0.12–0.38) and OS (HR = 1.8, 95% CI: 1.0–3.1), and similar trend was found for the comparison of TAS vs VTDC in terms of OS (HR = 2.0, 95% CI: 0.85–4.9). According to our NMA, VTDC was considered as more beneficial regimen in survival, which was ranked as the best and second regimen for OS and PFS, respectively. VTD and TAD were also promising regimens for transplant-eligible NDMM patients, especially for VTD, which was ranked as the best and second regimen for ORR and OS. On the other hand, in addition to efficacy measures, toxicity profiles, which are not meta-analytically analyzed in this article, may also be of great importance for the choice of treatment. A meta-analysis found that bortezomib-based induction regimens increased the risk of adverse events with a grade  $\geq 3$ , compared with nonbortezomib-based induction regimens (63% vs 59%).<sup>36</sup> Another meta-analysis showed that bortezomib–thalidomide-based regimens were linked to higher incidence of peripheral neuropathy than bortezomib-based regimens or thalidomide-based regimens (OR = 1.64, 95% CI: 0.77–3.46,  $P = 0.2$ ).<sup>37</sup> Furthermore, apparent toxicity was observed for quadruple regimens in some trials.<sup>21,32</sup> In further studies, a comprehensive analysis concerning toxicity will provide valuable information for decision-making.

There are some limitations of this NMA. First, many comparisons in the NMA were based on single study;

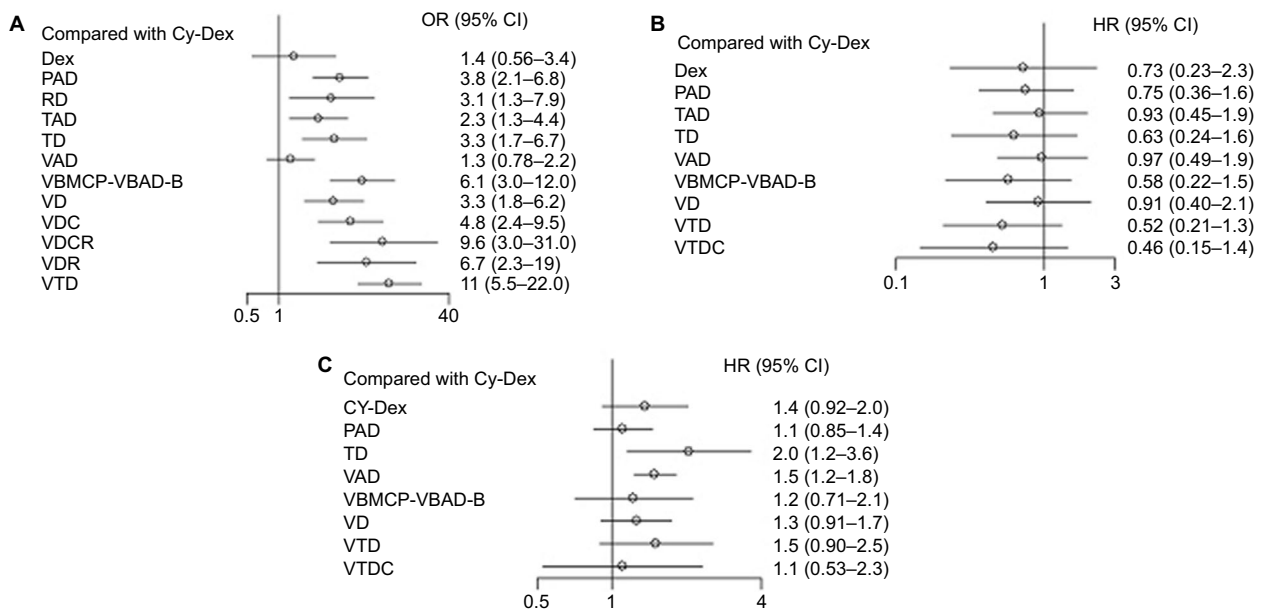
**Table 2** Baseline characteristics of patients from included RCTs

Study	Group	Number	Male (%)	Median; age (range)	ISS stage (%)			Median $\beta_2$ -microglobulin, mg/L (range)	Median; albumin, g/L (range)	M protein(%)			Light chain
					I	II	III			IgG	IgA	IgD	
Rajkumar et al <sup>22</sup>	TD	99	50 (51)	65 (38–83)	54 (55)		11 (11)	NA	NA	21 (21)	NA	0 (0)	16 (16)
	Dex	100	49 (49)	65 (38–82)	43 (43)		12 (12)	NA	NA	22 (22)	NA	1 (1)	17 (17)
Sonneveld et al <sup>24</sup>	VAD	414	247 (60)	57 (25–65)	144 (35)	124 (30)	107 (26)	NA	NA	97 (23)	3 (1)	NA	78 (19)
	PAD	413	253 (61)	57 (31–65)	144 (35)	150 (36)	81 (20)	3.40 (NA)	NA	92 (22)	5 (1)	NA	63 (15)
Moreau et al <sup>25</sup>	VD	99	60 (61)	57 (52–61)	33 (34)	43 (44)	21 (22)	NA	NA	NA	NA	NA	NA
	VTD	100	55 (100)	58 (54–62)	31 (31)	46 (46)	23 (23)	NA	NA	NA	NA	NA	NA
Rosiñol et al <sup>26</sup>	VTD	130	72 (55)	56 (NA)	NA	NA	NA	NA	NA	25 (19)	4 (3)	1 (1)	16 (12)
	TD	127	69 (54)	56 (NA)	NA	NA	NA	NA	NA	32 (25)	4 (3)	0 (0)	22 (17)
	VBMCP-VBAD-B	129	67 (52)	57 (NA)	NA	NA	NA	NA	NA	27 (21)	3 (2)	1 (1)	19 (15)
Lokhorst et al <sup>14</sup>	TAD	268	177 (66)	57 (30–65)	98 (49)	51 (25)	52 (26)	3.4 (0.1–35.4)	36.0 (4.2–57.4)	56 (21)	3 (1)	0 (0)	43 (16)
	VAD	268	160 (60)	56 (32–65)	109 (56)	40 (21)	45 (23)	3.1 (0.0–34.8)	36.0 (17.1–59.1)	53 (20)	3 (1)	1 (0)	50 (19)
Moreau et al <sup>27</sup>	VTD	169	103 (61)	59 (34–65)	38 (22)	94 (56)	37 (22)	3.6 (2.1–8.9)	36.9 (28.2–41.7)	NA	NA	NA	NA
	VDC	169	108 (64)	60 (26–65)	43 (25)	90 (53)	36 (21)	3.8 (2.0–9.3)	35.7 (27.9–41.3)	NA	NA	NA	NA
Cavo et al <sup>28</sup>	TD	100	NA	54.01 (NA)	NA	NA	NA	3.66 (NA)	NA	61 (61)	26 (26)	NA	NA
	VAD	100	NA	53.94 (NA)	NA	NA	NA	3.49 (NA)	NA	60 (60)	31 (31)	NA	NA
Ludwig et al <sup>21</sup>	VTD	49	26 (53)	57 (35–65)	12 (24)	22 (45)	15 (31)	3.5 (1.6–23.2)	34.0 (15–49)	29 (59)	11 (22)	0 (0)	9 (18)
	VTDC	49	25 (51)	58 (33–68)	9 (18)	23 (47)	17 (35)	4.4 (1.5–12.0)	32.0 (14–50)	30 (61)	11 (22)	1 (2)	7 (14)
Harousseau et al <sup>29</sup>	VD	240	139 (58)	57.2 (NA)	102 (42)	81 (34)	52 (22)	NA	NA	NA	NA	NA	NA
	VAD	242	127 (52)	57.1 (NA)	97 (40)	82 (34)	54 (22)	NA	NA	NA	NA	NA	NA
Mai et al <sup>30</sup>	VDC	251	153 (61)	58.7 (33–70)	94 (38)	82 (33)	75 (30)	NA	NA	148 (59)	51 (20)	NA	47 (19)
	PAD	251	147 (59)	59.4 (36–70)	99 (39)	80 (32)	72 (29)	NA	NA	150 (60)	54 (22)	NA	43 (17)
Cavo et al <sup>12</sup>	VTD	236	137 (58)	58 (NA)	107 (45)	91 (39)	38 (16)	3.0 (2.3–4.4)	38.3 (NA)	41 (17)	NA	NA	40 (17)
	TD	238	136 (57)	57 (NA)	107 (45)	92 (39)	39 (16)	3.2 (2.3–4.9)	39.3 (NA)	54 (23)	NA	NA	34 (14)
Mellqvist et al <sup>31</sup>	VAD	156	NA	56 (NA)	37 (24)	76 (49)	42 (27)	NA	NA	NA	NA	NA	NA
	Cy-Dex	158	NA	57 (NA)	38 (24)	82 (52)	38 (24)	NA	NA	NA	NA	NA	NA
Kumar et al <sup>32</sup>	VDCR	48	29 (60)	61.5 (41–81)	16 (33)	22 (46)	10 (21)	NA	NA	33 (69)	8 (17)	NA	7 (15)
	VDR	42	24 (57)	60 (42–75)	16 (38)	18 (43)	8 (19)	NA	NA	27 (64)	9 (21)	NA	6 (14)
	VDC	33	19 (58)	62 (40–75)	11 (33)	11 (33)	11 (33)	NA	NA	22 (67)	7 (21)	NA	3 (9)
	VDC-mod	17	7 (41)	63 (40–72)	8 (47)	6 (35)	3 (18)	NA	NA	8 (47)	2 (12)	NA	6 (35)
Kumar et al <sup>33</sup>	TD	102	136 (68)	54.5 (32–70)	119 (60)		81 (40)	NA	NA	NA	NA	NA	NA
	RD	98						NA	NA	NA	NA	NA	NA

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; ISS, International Staging System; NA, not available; PAD, bortezomib plus doxorubicin plus dexamethasone; RCTs, randomized controlled trials; RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.



**Figure 3** Graph of assessments of risk of bias.  
**Notes:** Green, yellow, and red represent low, unclear, and high risk of bias, respectively.

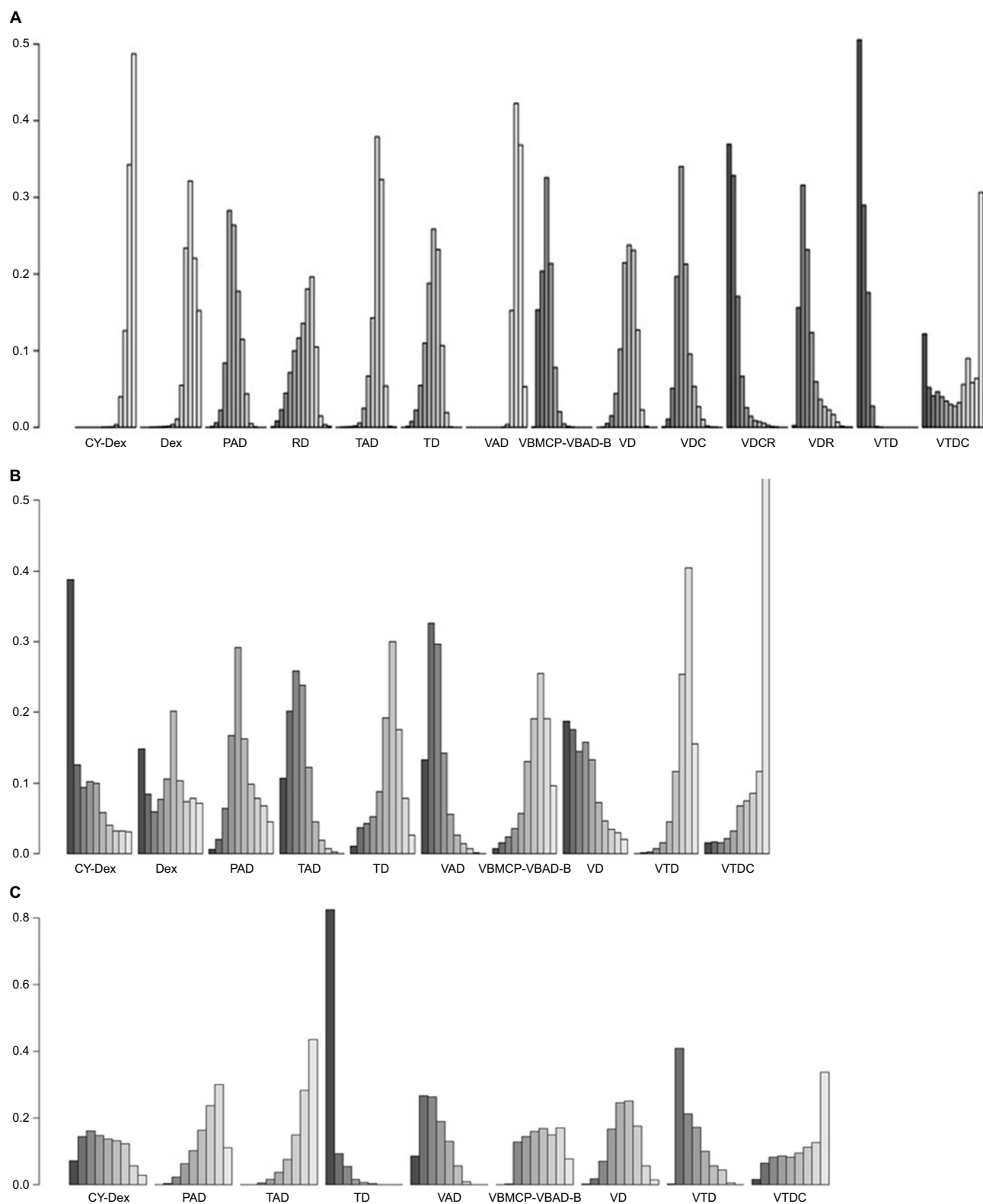


**Figure 4** Forest plots comparing different induction treatments in terms of (A) the ORR, with Cy-Dex as the reference, (B) the OS, with Cy-Dex as the reference, and (C) the PFS, with TAD as the reference.

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; HR, hazard ratio; OR, odds ratio; ORR, overall response rate; OS, overall survival; PAD, bortezomib plus doxorubicin plus dexamethasone; PFS, progression-free survival; RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide; TAD, thalidomide plus doxorubicin plus dexamethasone.

thus, the results might be altered if a single trial result has modifications. Second, some Phase II trials were included, but these trials had limited large sample size. Third, the survival of NDMM could be influenced by transplantation schemes,

consolidation therapy, and maintenance therapy. Therefore, the results of this NMA should be interpreted with cautions, and more high-quality studies with adequate sample size are needed to confirm our findings.



**Figure 5** Rankograms of different induction treatments.

**Notes:** (A) Rankogram for ORR, (B) rankogram for OS, (C) rankogram for PFS.

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; ORR, overall response rate; OS, overall survival; PAD, bortezomib plus doxorubicin plus dexamethasone; PFS, progression-free survival; RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.



## Conclusion

The NMA demonstrated that the VTD, VTDC, and TAD regimens are most beneficial in terms of ORR, OS, and PFS for transplant-eligible patients with NDMM, respectively.

## Abbreviations

ASCT, autologous stem cell transplantation; BCNU, bischloroethylnitrosourea; Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; HDT, high-dose therapy; HR, hazard ratio; IMiDs, immunomodulatory drugs; IPD, individual patient data; MM, multiple myeloma; NDMM, newly diagnosed multiple myeloma; NMA, network meta-analysis; OR, odds ratio; ORR, overall response rate; OS, overall survival; PAD, bortezomib plus doxorubicin plus dexamethasone; PFS, progression-free survival; PR, partial response; PRISMA-NMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses Extension for Network Meta-analysis; RCTs, randomized controlled trials; RD, lenalidomide plus dexamethasone; SE, standard error; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.

## Disclosure

The authors report no conflicts of interest in this work.

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## Supplementary materials

**Table S1** Effect of induction regimens for transplant-eligible patients with NDM1M on ORR

Cy-Dex	1.4 (0.56-3.4)	3.8 (2.1-6.8)	3.1 (1.3-7.9)	2.3 (1.3-4.4)	3.3 (1.7-6.7)	1.3 (0.78-2.2)	6.1 (3.0-12.0)	3.3 (1.8-6.2)	4.8 (2.4-9.5)	9.6 (3.0-31.0)	6.7 (2.3-19.0)	11 (5.5-22.0)
0.72 (0.29-1.8)	Dex (1.2-6.1)	2.7 (1.0-5.2)	2.3 (1.3-7.9)	1.7 (0.74-3.9)	2.4 (1.4-4.3)	0.94 (0.45-2.0)	4.4 (2-9.7)	2.4 (1.1-5.2)	3.4 (1.4-8.3)	6.9 (1.9-25.0)	4.8 (1.5-16.0)	8.0 (3.8-17.0)
0.26 (0.15-0.47)	0.36 (0.16-0.81)	PAD (0.37-1.9)	0.83 (0.38-0.98)	0.62 (0.38-0.98)	0.88 (0.50-1.5)	0.34 (0.26-0.46)	1.6 (0.92-2.8)	0.87 (0.54-1.4)	1.3 (0.84-1.9)	2.5 (0.93-1.0)	1.8 (0.72-4.4)	2.9 (1.7-4.9)
0.32 (0.13-0.80)	0.44 (0.19-1.0)	RD (0.53-2.7)	0.74 (0.32-1.7)	0.74 (0.32-1.7)	1.1 (0.58-1.9)	0.41 (0.19-0.89)	1.9 (0.86-4.3)	1.1 (0.48-2.3)	1.5 (0.62-3.7)	3.1 (0.85-11.0)	2.1 (0.64-7.1)	3.5 (1.6-7.5)
0.43 (0.23-0.79)	0.59 (0.26-1.4)	1.6 (1.0-2.6)	1.3 (0.58-3.2)	TAD (0.78-2.6)	1.4 (0.78-2.6)	0.56 (0.39-0.80)	2.6 (1.4-4.7)	1.4 (0.84-2.4)	2.0 (1.1-3.7)	4.1 (1.4-13.0)	2.8 (1.0-7.9)	4.7 (2.6-8.4)
0.30 (0.15-0.60)	0.41 (0.24-0.73)	1.1 (0.65-2.0)	0.94 (0.52-1.7)	0.70 (0.39-1.3)	TD (1.1-3.1)	0.39 (0.24-0.63)	1.8 (1.1-3.1)	0.99 (0.59-1.7)	1.4 (0.73-2.8)	2.9 (0.91-9.2)	2.0 (0.70-5.7)	3.3 (2.0-5.3)
0.77 (0.46-1.3)	1.1 (0.50-2.2)	2.9 (2.2-3.9)	2.4 (1.1-5.2)	1.8 (1.3-2.6)	2.6 (1.6-4.2)	VAD (1.7-3.7)	4.7 (2.9-7.5)	2.5 (1.7-3.7)	3.6 (2.2-5.9)	7.4 (2.6-21.0)	5.1 (2.0-13.0)	8.4 (5.3-13.0)
0.16 (0.081-0.33)	0.23 (0.10-0.50)	0.62 (0.36-1.1)	0.52 (0.23-1.2)	0.39 (0.21-0.70)	0.55 (0.32-0.95)	0.21 (0.13-0.35)	VBMCP- (0.40-1.5)	0.54 (0.38-0.78)	0.78 (0.40-1.5)	1.6 (0.51-5.0)	1.1 (0.39-3.1)	1.8 (1.3-2.5)
0.30 (0.16-0.57)	0.42 (0.19-0.90)	1.1 (0.71-1.8)	0.95 (0.43-2.1)	0.71 (0.42-1.2)	1.0 (0.60-1.7)	0.39 (0.27-0.58)	1.8 (1.3-2.6)	VD (0.70)	1.4 (0.79-2.6)	2.9 (0.96-8.8)	2.0 (0.74-5.5)	3.3 (2.3-4.8)
0.21 (0.10-0.42)	0.29 (0.12-0.70)	0.80 (0.54-1.2)	0.66 (0.27-1.6)	0.49 (0.27-0.90)	0.70 (0.36-1.4)	0.27 (0.17-0.45)	1.3 (0.66-2.5)	0.70 (0.38-1.3)	VDC (0.80-5.2)	2.0 (0.63-3.2)	1.4 (0.63-3.2)	2.3 (1.2-4.4)
0.10 (0.032-0.33)	0.14 (0.039-0.52)	0.40 (0.14-1.1)	0.33 (0.089-1.2)	0.24 (0.080-0.74)	0.35 (0.11-1.1)	0.14 (0.047-0.38)	0.63 (0.20-2.0)	0.34 (0.11-1.0)	0.50 (0.19-1.3)	VDCR (0.48-0.99)	0.69 (0.48-0.99)	1.1 (0.37-3.5)
0.15 (0.051-0.43)	0.21 (0.062-0.68)	0.57 (0.23-1.4)	0.47 (0.14-1.6)	0.35 (0.13-0.96)	0.50 (0.17-1.4)	0.20 (0.076-0.50)	0.91 (0.32-2.6)	0.50 (0.18-1.4)	0.71 (0.32-1.6)	1.4 (1.0-2.1)	VDR (0.59-4.6)	1.7 (0.59-4.6)
0.091 (0.046-0.18)	0.13 (0.060-0.27)	0.34 (0.20-0.59)	0.29 (0.13-0.61)	0.21 (0.12-0.38)	0.30 (0.19-0.49)	0.12 (0.075-0.19)	0.55 (0.39-0.77)	0.30 (0.21-0.43)	0.43 (0.23-0.82)	0.87 (0.28-2.7)	0.61 (0.22-1.7)	VTD

**Note:** Data presented as OR (95% CI).

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; NDM1M, newly diagnosed multiple myeloma; ORR, overall response rate; PAD, bortezomib plus doxorubicin plus dexamethasone; RD, lenalidomide plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VDC, bortezomib plus dexamethasone plus cyclophosphamide; VDCR, bortezomib plus dexamethasone plus cyclophosphamide plus lenalidomide; VDR, bortezomib plus dexamethasone plus lenalidomide; VTD, bortezomib plus thalidomide plus dexamethasone

**Table S2** Effect of induction regimens for transplant-eligible patients with NDMM on OS

VTDC	2.2 (0.69–6.9)	1.6 (0.61–4.2)	1.7 (0.64–4.3)	2.0 (0.85–4.9)	1.4 (0.64–3.0)	2.1 (0.85–5.3)	1.3 (0.59–2.7)	2.0 (0.72–5.6)	1.2 (0.58–2.3)
0.46 (0.15–1.4)	Cy-Dex	0.73 (0.23–2.3)	0.75 (0.36–1.6)	0.93 (0.45–1.9)	0.63 (0.24–1.6)	0.97 (0.49–1.9)	0.58 (0.22–1.5)	0.91 (0.40–2.1)	0.52 (0.21–1.3)
0.63 (0.24–1.6)	1.4 (0.44–4.3)	Dex	1.0 (0.40–2.6)	1.3 (0.54–3.0)	0.86 (0.48–1.5)	1.3 (0.54–3.3)	0.79 (0.39–1.6)	1.3 (0.46–3.4)	0.72 (0.37–1.4)
0.60 (0.24–1.6)	1.3 (0.64–2.8)	0.97 (0.38–2.5)	PAD	1.2 (0.86–1.8)	0.84 (0.40–1.7)	1.3 (1.0–1.7)	0.77 (0.37–1.6)	1.2 (0.72–2.0)	0.70 (0.36–1.3)
0.49 (0.20–1.2)	1.1 (0.51–2.2)	0.78 (0.33–1.8)	0.81 (0.56–1.2)	TAD	0.67 (0.36–1.3)	1.0 (0.81–1.3)	0.62 (0.33–1.2)	0.98 (0.58–1.6)	0.56 (0.33–0.96)
0.72 (0.34–1.6)	1.6 (0.61–4.2)	1.2 (0.65–2.1)	1.2 (0.58–2.5)	1.5 (0.79–2.8)	TD	1.5 (0.78–3.1)	0.91 (0.63–1.3)	1.5 (0.64–3.3)	0.83 (0.60–1.2)
0.47 (0.19–1.2)	1.0 (0.52–2.0)	0.75 (0.30–1.8)	0.77 (0.60–1.0)	0.96 (0.74–1.2)	0.65 (0.33–1.3)	VAD	0.59 (0.30–1.2)	0.94 (0.60–1.5)	0.54 (0.30–0.98)
0.79 (0.37–1.7)	1.7 (0.66–4.6)	1.3 (0.63–2.5)	1.3 (0.63–2.7)	1.6 (0.86–3.1)	1.1 (0.75–1.6)	1.7 (0.85–3.4)	VBMCP- VBAD-B	1.6 (0.70–3.6)	0.91 (0.65–1.3)
0.50 (0.18–1.4)	1.1 (0.48–2.5)	0.80 (0.29–2.2)	0.82 (0.49–1.4)	1.0 (0.61–1.7)	0.69 (0.30–1.6)	1.1 (0.68–1.7)	0.63 (0.28–1.4)	VD	0.57 (0.27–1.2)
0.87 (0.44–1.7)	1.9 (0.77–4.7)	1.4 (0.71–2.7)	1.4 (0.75–2.8)	1.8 (1.0–3.1)	1.2 (0.86–1.7)	1.9 (1.0–3.4)	1.1 (0.79–1.5)	1.7 (0.82–3.7)	VTDC

**Note:** Data presented as HR (95% CI).

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; Dex, dexamethasone; NDMM, newly diagnosed multiple myeloma; OS, overall survival; PAD, bortezomib plus doxorubicin plus dexamethasone; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VTD, bortezomib plus thalidomide plus dexamethasone; VD, bortezomib plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.

**Table S3** Effect of induction regimens for transplant-eligible patients with NDMM on PFS

PAD	1.3 (1.1–1.6)	1.1 (0.83–1.5)	1.4 (0.81–2.3)	1.1 (0.65–1.9)	1.8 (1.0–3.2)	0.90 (0.69–1.2)	1.2 (0.84–1.8)	1.0 (0.48–2.1)
0.74 (0.62–0.89)	VAD	0.84 (0.65–1.1)	1.0 (0.62–1.6)	0.82 (0.49–1.4)	1.4 (0.80–2.3)	0.67 (0.55–0.82)	0.91 (0.65–1.3)	0.74 (0.36–1.5)
0.89 (0.65–1.2)	1.2 (0.92–1.5)	VD	1.2 (0.80–1.8)	0.98 (0.63–1.5)	1.6 (1.0–2.6)	0.80 (0.58–1.1)	1.1 (0.71–1.7)	0.88 (0.45–1.7)
0.73 (0.44–1.2)	0.99 (0.61–1.6)	0.83 (0.55–1.3)	VTD	0.81 (0.70–0.94)	1.3 (1.1–1.7)	0.66 (0.39–1.1)	0.90 (0.50–1.6)	0.73 (0.43–1.2)
0.90 (0.53–1.5)	1.2 (0.73–2.0)	1.0 (0.66–1.6)	1.2 (1.1–1.4)	VBMCP-VBAD-B	1.7 (1.4–2.0)	0.82 (0.47–1.4)	1.1 (0.60–2.1)	0.90 (0.52–1.5)
0.54 (0.31–0.96)	0.73 (0.43–1.3)	0.61 (0.38–0.99)	0.74 (0.59–0.93)	0.60 (0.49–0.74)	TD	0.49 (0.28–0.87)	0.67 (0.35–1.3)	0.54 (0.31–0.97)
1.1 (0.85–1.4)	1.5 (1.2–1.8)	1.3 (0.91–1.7)	1.5 (0.90–2.5)	1.2 (0.71–2.1)	2.0 (1.1–3.6)	TAD	1.4 (0.92–2.0)	1.1 (0.53–2.3)
0.81 (0.55–1.2)	1.1 (0.78–1.5)	0.92 (0.60–1.4)	1.1 (0.61–2.0)	0.9 (0.49–1.7)	1.5 (0.79–2.8)	0.73 (0.50–1.1)	Cy-Dex	0.81 (0.37–1.8)
1.0 (0.48–2.1)	1.4 (0.67–2.8)	1.1 (0.58–2.2)	1.4 (0.81–2.3)	1.1 (0.65–1.9)	1.8 (1.0–3.3)	0.91 (0.44–1.9)	1.2 (0.56–2.7)	VTDC

**Note:** Data presented as HR (95% CI).

**Abbreviations:** Cy-Dex, cyclophosphamide plus dexamethasone; NDMM, newly diagnosed multiple myeloma; PAD, bortezomib plus doxorubicin plus dexamethasone; PFS, progression-free survival; TAD, thalidomide plus doxorubicin plus dexamethasone; TD, thalidomide plus dexamethasone; VAD, vincristine plus doxorubicin plus dexamethasone; VBMCP-VBAD-B, BCNU plus vincristine plus melphalan plus prednisone plus dexamethasone plus bortezomib; VD, bortezomib plus dexamethasone; VTD, bortezomib plus thalidomide plus dexamethasone; VTDC, bortezomib plus thalidomide plus dexamethasone plus cyclophosphamide.

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