



# Preclinical and Clinical Assessment of Cannabinoids as Anti-Cancer Agents

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Cancer is the second leading cause of death in the United States with 1.7 million new cases estimated to be diagnosed in 2016. This disease remains a formidable clinical challenge and represents a substantial financial burden to the US health care system. Therefore, research and development of novel therapeutics for the treatment of cancer is of high priority. Cannabinoids and their derivatives have been utilized for their medicinal and therapeutic properties throughout history. Cannabinoid activity is regulated by the endocannabinoid system (ECS), which is comprised of cannabinoid receptors, transporters, and enzymes involved in cannabinoid synthesis and breakdown. More recently, cannabinoids have gained special attention for their role in cancer cell proliferation and death. However, many studies investigated these effects using *in vitro* models which may not adequately mimic tumor growth and metastasis. As such, this article aims to review study results which evaluated effects of cannabinoids from plant, synthetic and endogenous origins on cancer development in preclinical animal models and to examine the current standing of cannabinoids that are being tested in human cancer patients.

Keywords: cannabinoids, cancer, in vivo, clinical studies, clinical trials, therapeutics, cancer models, endocannabinoids

### CANNABINOIDS AND CANCER

Cannabinoids are a class of hydrophobic molecules that typically bind to G-protein-coupled cannabinoid receptors, cannabinoid receptor type 1 (CB1R) or cannabinoid receptor type 2 (CB2R). Endogenously synthesized cannabinoids (endocannabinoids), cannabinoid receptors, and enzymes involved in cannabinoid formation and breakdown are collectively known as the endocannabinoid system (ECS). This system has been shown to impact different neurological and immunological processes (Zhu, 2006; Tanasescu and Constantinescu, 2010). Additionally, numerous reports demonstrate that endocannabinoids and their putative receptors play a role in the development of various malignancies (Velasco et al., 2016). Many studies investigating the effects of cannabinoids on tumor progression have been carried out in cell culture. However, due to the complexity of the tumor microenvironment, these findings do not always translate to whole animal models. As such, the goal of this review was to compile and analyze the results of studies which evaluated effects of cannabinoids on cancer development in animal models (**Table 1**) and to examine current knowledge regarding the impact of cannabinoids on tumor growth in humans.

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# IN VIVO ANIMAL TUMOR MODELS

Animal tumor models have become a mainstay in preclinical cancer research due to their ability to produce fairly predictable tumor growth. The first tumor model used to study tumorigenesis was the chemical carcinogenesis model. This model employs the use of two known carcinogens, an initiator and promotor. Initiators are typically employed in a single dose to cause irreversible DNA damage. A promotor is given in repeated doses to increase cell proliferation and induce subsequent DNA damage (Kociba and Schwetz, 1982). Implantable or grafted tumor models are also commonly used. The major subtypes of these models are the (1) syngeneic (allograft) model, in which tumor cell lines of host origin are subcutaneously injected into immune-competent animals and (2) the xenograft model, where cells distinct from the implantation host are subcutaneously injected or grafted into immune-deficient animals (Teicher, 2006). A more technically challenging type of tumor grafting is that of the orthotopic model in which tumor cells or tissues are grafted directly into the organ or system of tumor origin (Peterson and Houghton, 2004). Patient derived xenografts offer high translational value and are created when tumor tissue of human patients is implanted into an immune-compromised animal (Jin et al., 2010). Genetically engineered mouse models (GEMMs) are also used to study carcinogenesis. In the GEMMs, transgenic mice which over-express oncogenes or dominant negative tumorsuppressor genes are often more susceptible to spontaneous tumor induction (Sharpless and Depinho, 2006). Knockout models in which the expression of specific genes is disabled in animals exposed to carcinogens also provide valuable information about mechanisms of tumor formation (Rosenberg et al., 2009). Each of these tumor models is distinct and possess advantages and disadvantages depending upon scientific and clinical goals.

# **BRAIN CANCER**

It is estimated that more than 23,000 individuals will be newly diagnosed with central nervous system (CNS) cancers in 2016 (Siegel et al., 2016). There are many distinct neuronal and glial tumor types that develop in the brain. Gliomas are a CNS tumor subtype that are derived from glial tissue and account for approximately 80% of all primary malignant brain tumors (Ostrom et al., 2015). The prognosis for this neoplasm is poor with an average 5-year survival rate of 5.1%. As such, novel strategies are needed to impact current therapeutic approaches. The ECS has been examined in clinical and preclinical glioma models. Several studies show that glioma tissues from rodents and humans express functional ECS components including the CB1 and CB2 receptors (Sánchez et al., 2001; Moreno et al., 2014). Furthermore, CB2 expression was found to be elevated in high grade gliomas (Sánchez et al., 2001; Ellert-Miklaszewska et al., 2007) Hence, a series of informative investigations primarily conducted by the Guzman group, have examined the effects of cannabinoids on glioma cell survival with the goal of assessing the feasibility of developing these agents as novel anti-neoplastics.

Numerous studies indicate that  $\Delta^9$ -tetrahydrocannabinol  $(\Delta^9$ -THC) is a potent inducer of glioma death *in vivo*. Utilizing a C6 glioma cell xenograft model, it was demonstrated that tumor growth was significantly reduced by  $\Delta^9$ -THC (Galve-Roperh et al., 2000). Subsequent to orthotopic implantation of the C6 cells the overall survival of  $\Delta^9$ -THC treated animals was also increased. In vitro studies with the C6 cell line suggested that the  $\Delta^9$ -THC-induced reduction in tumor growth occurred as a consequence of increased ceramide synthesis and Erk activation. Another study showed that  $\Delta^9$ -THC reduced the growth of U87MG glioma xenografts (Salazar et al., 2009). Experimentation in the U87MG cell line determined that ceramide accumulation and the induction of ER stress proteins p8, CHOP10, and TRB3, were required for  $\Delta^9$ -THC-induced death. The authors further demonstrated the importance of p8 in tumor growth by utilizing transformed mouse embryo fibroblasts (MEF) in which tumor development was reduced in p8<sup>+/+</sup> animals treated with  $\Delta^9$ -THC compared to vehicle treated animals. In contrast, no significant difference in tumor growth was observed in  $\Delta^9$ -THC or vehicle treated p8<sup>-/-</sup> mice suggesting that p8 was needed for  $\Delta^9$ -THC-mediated tumor death. In a subsequent study by this group, endoplasmic reticulum stress-mediated autophagy and cell death was observed in  $\Delta^9$ -THC treated glioma. Specifically,  $\Delta^9$ -THC caused an increase in ER stress protein, TRB3, autophagy protein, LC3, and apoptosis as well as a decrease in mTORC protein, p-S6 in U87MG xenograft tumors (Salazar et al., 2009). This pattern of protein expression was also observed in glioma biopsies from 2 patients with glioblastoma multiforme treated via intracranial administration with  $\Delta^9$ -THC. In vitro experiments

Abbreviations: ACF, aberrant crypt foci; 1-AG, 1- arachidonoyl glycerol; 2-AG, 2-arachidonoyl glycerol; ABDH, alpha/beta-hydrolase domain; AEA arachidonoyl ethanolamide; Akt, protein kinase B; Ang2, angiopoietin-2 Protein; AOM, azoxymethane; BBB, blood-brain-barrier; CB1, cannabinoid receptor type 1; CB2 cannabinoid receptor type 2; CBD, cannabidiol; CBG, cannabigerol; CHOP10, C/EBP-homologous protein; COX-2, cyclooxygenase-2; CNS, central nervous system; CRC, colorectal cancer; DEN, diethylnitrosamine; DMBA, dimethylbenz[a]-anthracene; DNA, deoxyribonucleic acid; ECS, endocannabinoid system; EGFR, epidermal growth factor receptor; EMT, endocannabinoid membrane transporter; ER, estrogen receptors; ER-stress, endoplasmic reticulum stress; ERK, extracellular signal-regulated kinase; FAAH, fatty acid amide hydrolase; Fas, TNF receptor superfamily; GEMMs, genetically engineered mouse models; GFAP, glial fibrillary acidic protein; GPR55, G-protein coupled receptor 55; HCC, hepatocellular carcinoma; HER2, human epidermal growth factor receptor type 2; ICAM-1, intracellular adhesion molecule-1; Id-1, inhibitor of DNA binding protein; Jnk, c-jun N-terminal kinase; LC3, Microtubule-associated protein 1A/1B-light chain 3; MAGL, monoacylglycerol lipase; MEF, mouse embryo fibroblasts; MMP, matrix metalloproteinase; mTORC, mammalian target of rapamycin complex; NMSC, non-melanoma skin cancer; NSCLC, non-small-cell lung carcinoma; P-450, cytochrome P-450; pCXCR4, phospho-CXC chemokine receptor 4; PPARy, peroxisome proliferator-activated receptor gamma; PR, progesterone receptor; p-S6, phospho-S6 ribosomal protein; ROS, reactive oxygen species; S-100B, S100 calcium-binding protein B; SCLC, small-cell lung carcinoma; THC, tetrahydrocannabinol; TIMP, tissue inhibitors of metalloproteinases; TMZ, temezolamide; TPA, 12-O-tetradecanoylphorbol-13-acetate; TNBC, triple negative breast cancer; TRB3, tribbles homolog protein 3; TRPM8, transient receptor potential cation channel, subfamily M, member 8; TRPV1, transient potential vanilloid receptor; UVB, ultraviolet light B; VEGF, vascular endothelial growth factor; VEGFR, vascular endothelial growth factor receptor.

cer	Model type -cell line	Animal species/strain	Cannabinoid	Dose (route)	Findings	References
àlioma	Xenograft-C6.9	Immune deficient mice	Delta-9-THC	500 ug/day (p.t.)	Decreased tumor size and tumoral TIMP-1 expression	Blázquez et al., 2008b
			JWH-133	50 ug/day (p.t.)	Decreased tumor size and tumoral TIMP expression, ceramide inhibition increased tumor growth	
	Xenograft-C6	Rag 2-/- mice	WIN 55,212-2 Delta-9-THC	50 ug/day (i.t.) 500 ug/day (i.t.)	Decreased tumor size	Galve-Roperh et al., 200
	Orthotopic—C6	Wistar rat	WIN 55,212-2 Delta-9-THC	50–250 ug/day (i.t.) 500–2500 ug/day (i.t.)	Increased survival	
	Xenograft—U87MG	Nude mice	Delta-9-THC	15 mg/kg/day (p.t.)	Decreased tumor size, TUNEL and p8 levels increased in tumor	Salazar et al., 2009
	Orthotopic—U87MG	CB-17 SCID mice	KM-233	2–12 mg/kg twice/day (i.p.)	Decreased tumor size	Gurley et al., 2012
	Patient Derived Xenograft	Athymic Balb/c (nu/nu)	KM-233	12 mg/kg, twice/day (i.p.)	Tumor growth delay	
	Xenograft-C6	Rag 2-/- mice	JWH-133, WIN55,212-2	50 ug/day (i.t.)	Decreased tumor size, effect of JWH-133 prevented by CB2R antagonism	Sánchez et al., 2001
	Xenograft— astrocytoma cells	Rag 2-/- mice	JWH-133	50 ug/day (i.t.)	Decreased tumor size	
	Xenograft—U87MG	Nude mice	Delta-9-THC + TMZ	15 mg/kg THC, 5 mg/kg TMZ (p.t.)	Greater reduction in tumor size than THC or TMZ alone	Torres et al., 2011
			Delta-9-THC + CBD	7.5 mg/kg THC 7.5 mg/kg CBD (p.t.)	Greater reduction in tumor size than THC or CBD alone	
			Delta-9-THC + CBD + TMZ	3.7 mg/kg THC 3.7 mg/kg CBD 5.0 mg/kg TMZ (p.t.)	Greater reduction in tumor size than THC, CBD, or TMZ alone	
	Xenograft—T98G	Nude mice	Delta-9-THC + TMZ	15 mg/kg THC 5.0 mg/kg TMZ (p.t.)	Greater reduction in tumor size than THC or TMZ alone	
	Xenograft—C6.9	Immune deficient mice	Delta-9-THC	500 ug/day (p.t.)	Decreased tumor growth and tumor MMP-2 expression	Blázquez et al., 2008a
			JWH-133	50 ug/day (p.t.)	Decreased tumor size and tumoral MMP-2 expression, ceramide inhibition reduces tumor growth	
	Xenograft—C6	Rag2-/- mice	JWH-133	50 ug/day (i.t.)	Decreased tumor size and tumor expression of VEGFR	Blázquez et al., 2004
	Xenograft—U87MG	Athymic CD1 nude (nu/nu)	CBD	0.5 mg/day (p.t.)	Decreased tumor size	Massi et al., 2004
	Xenograft—C6 cells or primary astrocytoma	Rag2-/- mice	JWH-133	50 ug/day (i.t.)	Decreased tumor size and blood vessel size and functionality	Blázquez et al., 2003
	Orthotopic—U251	Athymic nude (nu/nu)	CBD	15 mg/kg (i.p.)	Decreased tumor size, decreased Id-1 and Ki67 expression in tumor	Aguado et al., 2007

#### TABLE 1 | Pre-clinical assessment of cannabinoids on tumor development.

Cancer type	Model type -cell line	Animal species/strain	Cannabinoid	Dose (route)	Findings	References
	Xenograft	Athymic nude (nu/nu)	CBD	15 mg/kg (i.p.)	Decreased tumor size, Decreased Id-1 and K167 expression in tumor	Aguado et al., 2007
	Xenograft—U87MG	Nude mice	Delta-9-THC	15 mg/kg/day (p.t.)	Reduced tumor size and increased TRB1, LC3, caspase 3, and decreased S6 in tumors	Salazar et al., 2009
	Xenograft—T98G	Athymic nude	Delta-9-THC	1.5 or 15 mg/kg/day (p.t.)	Decreased tumor size and anti-tumor effect reversed by GRP55 knockdown	Sánchez et al., 2001
	Orthotopic—3832 or 387 cells	Athymic nude (nu/nu)	CBD	15 mg/kg, 5 days/week (i.p.)	Initial decrease in tumor size followed by resistance	Singer et al., 2015
	Orthotopic—GL261	C57BI/6	CBD + Delta-9-THC	2 mg/kg each (i.p.)	CBD and THC enhanced killing effect of ionizing radiation	Scott et al., 2014
	Xenograft—glioma stem cells	Athymic nude	HU-210, JWH-133	30 uM treatment before inoculation (p.t.)	Decreased tumor growth rate and size decreased stem cell markers increased differentiation markers in tumor	Duntsch et al., 2006
	Xenograft—C6.9	Immune deficient mice	Delta-9-THC	500 ug/day (p.t.)	Decreased tumor size and MMP expression in tumor	Blázquez et al., 2008a
			JWH-133	50 ug/day (p.t.)	Decreased tumor size and MMP expression in tumor, ceramide inhibition prevented tumor regression	
Colon ancer	Azoxymethane- induced colon cancer model	Male ICR mice	CBD	5 mg/kg 3x weekly (i.p.)	Reduced aberrant crypt foci (ACF), number of polyps and tumors	Aviello et al., 2012
	Azoxymethane- induced colon cancer model	Male ICR mice	Cannabis extract rich in CBD	5 mg/kg (i.p.)	Reduced aberrant crypt foci (ACF), number of polyps and tumors	Romano et al., 2014
	Xenograft-HCT-116	Athymic nude female	CBG	3 and 10 mg/kg (i.p.)	Reduced the growth	Borrelli et al., 2014
	Azoxymethane- induced colon cancer models		Male ICR mice	5 mg/kg (i.p.)	Reduced ACF, number of tumor/mouse	
	Xenograft—HT-29	Nude mice	HU-331	5 mg/kg (i.p.)	Reduced angiogenesis	Kogan et al., 2006
	Xenograft—HT-29	Nude mice	HU-331	5 mg/kg (i.p., s.c.,i.t.)	Reduced tumor growth	Kogan et al., 2004
	General <i>in vivo</i> toxicity	Sabra male mice, SCID-NOD Mice	HU-331	7.5 mg/kg (i.p.)	Less toxicity than doxorubicin	Kogan et al., 2007
	Xenograft—HT-29		male nude mice	5 mg/kg (i.p.)	Reduced tumor growth and less cardiotoxic than doxorubicin	
	Colitisis induced colon cancer model (Azoxymethane, AOM+dextran sulfate sodium, DSS)	Male CD1 mice	O-1602	3 mg/kg (i.p.)	Reduced number and area of tumors. Decreased histoscore tumor burden and the expression of proliferation marker PCNA. Reduced key mediators that link the inflammation with colorectal cancer such as: inflammatory mediator TNF- $\alpha$ , and oncogenic transcription factors STAT3 and NF $\kappa$ B	Kargl et al., 2013

Cancer type	Model type -cell line	Animal species/strain	Cannabinoid	Dose (route)	Findings	References
_iver Cancer	Xenograft—HepG2	Male athymic nude	Delta-9-THC	15 mg/kg (p.t.)	Increased PPAR gamma expression	Vara et al., 2013
			JWH-015	1.5 mg/kg (p.t.)	PPAR-dependent reduction in tumor growth	
	Xenograft—HepG2— and HuH-7	Athymic mice	Delta-9-THC	15 mg/kg (p.t.)	Increase pAMPK, Reduced pAKT, pS6. Autogaphy-dependent reduction in tumor growth	Vara et al., 2011
			JWH-015	1.5 mg/kg (p.t.)		
	Orthotopic—HepG2	Athymic mice	Delta-9-THC	15 mg/kg (i.p.)	Decreased ascites formation, increased pAMPK, Reduced pAKT, pS6. Reduced alpha fetoprotein levels	Vara et al., 2011
			JWH-015	1.5 mg/kg (i.p.)		
	Xenograft—Mz-ChA-1 (cholangiocarcinoma)	Nude mice	AEA	10 mg/kg (i.p.)	GPR55-dependent reduction of tumor growth	Huang et al., 2011b
			O-1602	10 mg/kg (i.p.)		
		Athymic mice	AEA	10 mg/kg (i.p.)	Reduction in tumor growth and VEGF expression	DeMorrow et al., 2008
ancreatic	Xenograft-MiaPaCa2	Nude mice	Delta-9-THC	15 mg/kg (p.t.)	Reduced tumor growth	Carracedo et al., 2006
			JWH-133	1.5 mg/kg (p.t.)		
	Orthotopic — MiaPaCa2		WIN 55,212-2	1.5 mg/kg (2 days) then 2.25 mg/kg (2 days) then 3.0 mg/kg (10 days) (i.p.)	Reduced the growth and the spreading of pancreatic tumor cells	
Breast	Orthotopic—4T1.2 MVT-1	BALB/c	CBD	10 mg/kg (p.t.)	Decreased tumor growth. Decreased pAkt and EGFR levels	Elbaz et al., 2015
	Orthotopic-MVT-1	FVB				
	Xenograft—MBA-MD- 321	Athymic nu/nu	CBD-rich extract	6.5 mg/kg (i.t.)	Decreased tumor growth	Ligresti et al., 2006
	Intraplanar—MBA- MD-321	BALB/c	CBD	5.0 mg/kg (i.p.)	Decreased tumor metastasis	
	Orthotopic-4T1	BALB/c	CBD	1.0, 5.0 mg/kg (i.p.)	Decreased tumor growth and metastasis	McAllister et al., 2011
	Orthotopic—4T1	BALB/c	CBD O-1663	0.5, 1.0, 10 mg/kg CBD; 1.0 mg/kg O-1663 (i.p.)	Decreased tumor growth and metastasis	Murase et al., 2014
	Xenograft—MDA-MB- 231	Athymic nu/nu	CBD O-1663	0.5, 1.0, 10 mg/kg CBD; 1.0 mg/kg O-1663 (i.p.)	Decreased tumor metastasis. O-1663 demonstrated greater potency compared to CBD	
	Xenograft—4T1	BALB/c	Delta-9-THC	12.5, 25, 50 mg/kg (s.c.)	Increased tumor growth and Metastasis	McKallip et al., 2005
		SCID-NOD	Delta-9-THC	25 mg/kg (s.c.)	No effect on tumor growth	
	Xenograft (intraplanar)—EMT6	BALB/c	Delta-9-THC	25, 50 mg/kg (i.p.)	No effect on immune response	

Cancer type	Model type -cell line	Animal species/strain	Cannabinoid	Dose (route)	Findings	References
	Xenograft (intraplanar)—4T1	BALB/c	Delta-9-THC	25, 50 mg/kg (i.p.)	Decreased anti-tumor immune response in CB2 dependent manner	
	GEMM-MMTV-neu	MMTV-neu	Delta-9-THC	0.5 mg/animal (p.t.)	Decreased tumor growth, multiplicity, and metastasis. Decreased Akt levels	Caffarel et al., 2010
			JWH-133	0.05 mg/animal (p.t.)		
	Xenograft-N202.1	Athymic nu/nu	Delta-9-THC	0.5 mg/animal (p.t.)	Decreased tumor growth is Akt mediated	
			JWH-133	0.05 mg/animal (p.t.)		
	Xenograft—MDA- MB-231	SCID	WIN-55,212-2, JWH-133	5.0 mg/kg (i.p.)	Decreased tumor growth, angiogenesis, and metastasis	Qamri et al., 2009
	GEMM-MMTV- PyMT	MMTV-PyMT	WIN-55,212-2, JWH-133	5.0 mg/kg (i.p.)	Decreased tumor growth and progression	
	GEMM—MMTV- PYMT	MMTV-PyMT	JWH-015	5.0 mg/kg (p.t.)	Decreased tumor volume and weight. Decreased CXCR4 phosphorylation	Nasser et al., 2011
	Orthotopic-NT2.5	FVB				
	Orthotopic— SUM159	Nude Mice	JWH-015	10.0 mg/kg (p.t.)	Decreased tumor volume and weight. Decreased EGFR and IGF-1R signaling	McKallip et al., 2005
	Orthotopic-MCF-7				· ••• · · · • •••;• ••••;•	
	Xenograft—MDA- MB-231	Athymic nu/nu	Synthetic CB2 agonist	2.0 mg/kg (i.p.)	Decrease tumor growth	Morales et al., 2015
	Allograft—TSA-E1	C57BL/6	Met-F-AEA	0.5 mg/kg (i.p.)	Decreased metastasis	Grimaldi et al., 2006
rostate	Xenograft—LNCaP	MF-1 nude	CBD	1.0, 10, 100 mg/kg (i.p.)	Decreased tumor growth	De et al., 2013
	Xenograft-DU-145	MF-1 nude	CBD	1.0, 10, 100 mg/kg (i.p.)	Potentiated tumor growth	
	Xenograft-PC-3	Athymic nu/nu	JWH-015	0.15 mg/kg (s.c.)	Decreased tumor growth	Olea-Herrero et al., 2009
ung	Xenograft—A549	NMRI nu/nu	CBD	5.0 mg/kg (s.c.)	Decreased tumor growth, plasminogen Activator inhibitor- 1	Ramer et al., 2010a
	Xenograft—A549	NMRI nu/nu	CBD	5.0 mg/kg (i.p.)	Decreased tumor metastasis	Ramer et al., 2010b
	Xenograft—A549	NMRI nu/nu	CBD	5.0 mg/kg (i.p.)	CBD upregulated ICAM-1 and TIMP-1. ICAM-1 was required for anti-metastatic properties of CBD	Ramer et al., 2012
	Xenograft—A549	NMRI nu/nu	CBD	5.0 mg/kg (i.p.)	CBD decreased tumor growth this was reversed by co-administration with PPAR-y antagonist	Ramer et al., 2013
	Allograft-LL2	C57BL/6	Delta-9-THC	5.0 mg/kg (p.t.)	No significant effect on tumor growth	McKallip et al., 2005
	Allograft-3LL	C57BL/6	Delta-9-THC	5.0 mg/kg (i.p.)	Increased tumor growth in immunocompetent mode	Zhu et al., 2000
	Xenograft—L1C2	BALB/c	Delta-9-THC	5.0 mg/kg (i.p.)	No effect on tumor growth in immunosuppressed model	

Cancer type	Model type -cell line	Animal species/strain	Cannabinoid	Dose (route)	Findings	References
	Xenograft—A549	SCID	Delta-9-THC	5.0 mg/kg (p.t.)	Decreased Tumor growth and metastasis. Decreased Akt	Preet et al., 2008
	Xenograft—3LL	C57BL/6	Met-F-AEA	0.5 mg/kg (i.p.)	Decreased tumor metastasis	Bifulco et al., 2001
	Allograft-3LL	C57BL/6	Met-AEA	5.0 mg/kg (i.p.)	Increased tumor growth in a COX-2 dependent manner	
	Xenograft-L1C2	BALB/c	Met-AEA	5.0 mg/kg (i.p.)	Increased tumor growth in a COX-2 dependent manner	Gardner et al., 2003
Thyroid	Xenograft-KiMol	Athymic Nude	VDM-11	5.0 mg/kg (i.t.)	Decreased tumor size	Bifulco et al., 2004
			AA-5-HT	5.0 mg/kg (i.t.)		
			Met-AEA	0.7 mg/kg (p.t.)	Decreased tumor size, anti-tumor effect blocked by CB1 antagonist	Bifulco et al., 2001
			Met-AEA	0.5 mg/kg (p.t.)	Decreased tumor size, anti-tumor effect blocked by CB1 antagonist, VEGF expression decreased in tumor	
	Xenograft—ARO cells	Balb/c (nu/nu) nude mice	JWH-133	50 ug/ml (i.t.)	CB2 overexpressing ARO cells reduced tumor weight vs. ARO-empty vector cells	
Melanoma	Xenograft-CHL-1	Athymic nude mice	Delta-9-THC	15 mg kg (p.o.)	Reduced tumor growth, Ki67 and increased TUNEL positive cells	Armstrong et al., 2015
	Xenograft—HCmel12 (intracutaneous)	Cnr1/2-/- mice were crossed into the Hgf-Cdk <sup>4/R24C</sup> melanoma mouse model to generate mice with a dark skin phenotype which develop CB1 and CB2 receptor-deficient melanomas.	Delta-9-THC	5 mg/kg (s.c.)	CB receptors-dependent reduction in tumor growth	Glodde et al., 2015
	Xenograft—B16	C57BL/6 mice and Nude	WIN-55,212-2 JWH-133	50 ug/day (p.t.)	Reduced tumor growth, cell proliferation, apoptosis, and angiogenesis	Blázquez et al., 2006
	Xenograft B–16	C57BL/6 mice	WIN-55,212-2	50 ug/day (p.t.)	Reduced metastasis in lung	
	(intraplantar)		JWH-133		and liver JWH-133	
			JVVIT-100		JVVIT-100	
NMSC	Xenograft-PDV.C57	Nude (NMRI nu) mice	WIN-55,212-2	6.7 ug/ul (flow pump—0.52 uL/h (11 days)	Inhibited skin tumor growth, angiogenesis and EGFR activation	Casanova et al., 2003
			JWH-133			
	DMBA/TPA skin carcinogenesis model	Female ICR mice	JWH-018	0.02 and 0.2 uM (t.o.)	Inhibited inflammation, promotion of skin papillomas, tumor incidence	Nakajima et al., 2013
			JWH-122	0.2 and 2 uM (t.o.)		
			JWH-210	0.2 and 2 uM (t.o.)		

p.t., peritumor; i.t., intratumor; i.p., intraperitoneal; s.c., cubcutaneous; t.o., topical; p.o. oral.

with the U87MG cell line suggested that  $\Delta^9$ -THC mediated activation of TRB3 was a critical link between the ER stress and autophagy pathways as TRB3 activation was needed for inactivation of Akt and the mTORC1 complex. Other reports indicated that the administration of  $\Delta^9$ -THC improves the therapeutic outcome of the clinically utilized glioma antineoplastic, temezolamide (TMZ) (Torres et al., 2011). In this study,  $\Delta^9$ -THC significantly reduced the growth of U87MG xenograft tumors treated with TMZ when compared to TMZ or  $\Delta^9$ -THC alone. Similarly, administration of  $\Delta^9$ -THC + cannabidiol (CBD) or  $\Delta^9$ -THC + CBD + TMZ significantly reduced tumorigenesis compared to the individual drugs (Torres et al., 2011). The combined drug regimen was associated with prevalent LC3 expression and cell death in U87MG tumors. The mechanism of cell death was also examined in cultured U87MG cells where inhibition of ceramide synthesis and autophagy prevented cellular cytotoxicity (Torres et al., 2011). Since each of these studies also determined that the cytotoxic effect of  $\Delta^9$ -THC was dependent on cannabinoid receptors, the findings of these reports indicate that ceramide synthesis, ER stress, autophagy and cannabinoid receptor activation are likely shared mechanism of  $\Delta^9$ -THC-induced glioma death.

Cannabinoid regulation of matrix remodeling proteins may also play a role in its anti-tumor activity. Matrix metalloproteinases (MMP) can promote or prevent tumor invasion and metastasis by degrading extracellular matrix and other cell-associated proteins (Lukaszewicz-Zajac et al., 2014). In addition, the effects of MMPs are counteracted by tissue inhibitors of metalloproteinases (TIMPs). MMPs/TIMPs also directly regulate tumor growth, tumor apoptosis and angiogenesis. An examination of the effect of  $\Delta^9$ -THC on C6.9 cell xenograft growth showed that animals treated with  $\Delta^9$ -THC contained smaller tumors with reduced MMP-2 expression in contrast control group animals (Blázquez et al., 2008a).  $\Delta^9$ -THC also reduced tumor growth and the expression of MMP-2 in tumors of  $\Delta^9$ -THC-treated patients. Cell culture studies with C6.9 cells confirmed that MMP-2 expression and cell viability were decreased as a result of  $\Delta^9$ -THC exposure (Blázquez et al., 2008a). A different study by this research group also indicated selective participation of TIMP-1 in the anti-neoplastic activity of  $\Delta^9$ -THC (Blázquez et al., 2008b). Similar to MMPs, TIMPs have both a positive and negative impact on tumor growth (Lukaszewicz-Zajac et al., 2014). In C6.9 xenografts,  $\Delta^9$ -THC decreased tumor development and tumoral TIMP-1 but had little impact on TIMP-2 or TIMP-3 expression. Selective TIMP-1 downregulation was also observed in patient tumor samples subsequent to  $\Delta^9$ -THC administration. C6.9 cell culture studies showed that  $\Delta^9$ -THC decreased TIMP-1 expression by increasing ER stress and ceramide synthesis and also demonstrated that  $\Delta^9$ -THC reduced C6.9 cell migration (Lukaszewicz-Zajac et al., 2014). These studies suggest that downregulation of MMP-2 and TIMP-1 is important for  $\Delta^9$ -THC regulation of tumor size, however additional work is needed to reveal whether the reduction in these matrix modulating proteins also alters the metastatic and invasive behavior of tumor cells in vivo.

An investigation of the effects of  $\Delta^9$ -THC on human glioblastoma-T98G xenografts demonstrated concentrationdependent effects with low  $\Delta^9$ -THC concentrations causing a modest increase in tumor growth and high  $\Delta^9$ -THC concentrations promoting tumor cell death (Sánchez et al., 2001). Experiments in cultured T98G cells suggested that this effect was mediated by the formation of a functional dimeric complex between GPR55 and CB2 receptors such that low concentrations of  $\Delta^9$ -THC activated the CB2 receptor and Erk expression thereby promoting tumor cell growth. However, in the presence of high  $\Delta^9$ -THC concentrations,  $\Delta^9$ -THC inhibited GPR55 which blocked the CB2 receptor and Erk activation thereby inhibiting tumor cell growth. This finding is consistent with reports showing that the putative G-protein-coupled cannabinoid receptor, GPR55, is overexpressed in cancers and promotes carcinogenesis (Falasca and Ferro, 2016).

Most clinically available cancer chemotherapeutic agents demonstrate significant toxicity toward cancer and normal cells. This lack of selectivity often produces undesirable side effects that limit its therapeutic utility.  $\Delta^9$ -THC preferentially induced cell death in tumorigenic compared to non-tumorigenic astrocytes (Salazar et al., 2009). Moreover, in non-tumor bearing rats,  $\Delta^9$ -THC (2500 µg) exhibited limited toxicity and did not affect animal survival, health, behavior or hematopoietic parameters (Galve-Roperh et al., 2000). These findings suggest that  $\Delta^9$ -THC will cause limited adverse effects thereby making this compound an attractive candidate for therapeutic use. Furthermore, the anti-emetic, appetite stimulating and analgesic effects of  $\Delta^9$ -THC and other cannabinoids can provide relief for important co-morbidities commonly associated with cancer and cancer chemotherapy.

Cannabidiol (CBD) is a non-psychotropic phytocannabinoid whose effect on tumor growth is being extensively explored. CBD significantly reduced U87MG xenograft growth when compared to vehicle control animals (Massi et al., 2004). An in vitro examination of the mechanism of action suggested that the induction of reactive oxygen species (ROS) and activation of the CB2 receptor was involved in the anti-tumor effect. However, unlike  $\Delta^9$ -THC, CBD toxicity did not appear to be regulated by CB1 or ceramide. Furthermore, in an orthotopic and subcutaneous tumor model, CBD significantly decreased U251 cell tumor growth (Soroceanu et al., 2013). In tumors generated by both methods, the expression of the proliferation marker, Ki67, and inhibitor of DNA binding (Id-1) protein were reduced. Id-1 is a transcription factor that prevents tumor cell differentiation and its expression is elevated in highly aggressive tumors (Ling et al., 2006). Cell culture studies showed that CBD inhibited Id-1 expression which occurred coincident with a reduction in U251 cell invasiveness (Soroceanu et al., 2013). A follow up study by this group demonstrated that CBD inhibited tumor growth and increased the survival of animals orthotopically implanted with primary 3832 and 387 glioblastoma cells (Singer et al., 2015). The reduction in tumor size was accompanied by decreased expression of Id-1 and Sox-2 indicating a reduction in tumor aggressiveness. Continued administration of CBD in this model resulted in reduced responsiveness to CBD, increased antioxidant response gene expression and upregulated expression of mesenchymal markers in the tumors. Investigation of the in vitro mechanism suggested that resistance to CBD was primarily caused by activation of SCL7A11 (a transcriptional target of Nrf2) antioxidant signaling as inhibition of this target decreased tumor cell survival and augmented the antitumor activity of CBD. A different study revealed that CBD potentiated the killing effect of ionizing radiation (IR), a common clinical therapy for glioblastoma. Using an orthotopic xenograft model, CBD +  $\Delta^9$ -THC + IR significantly decreased the size of GL261 gliomas compared to CBD +  $\Delta^9$ -THC or IR alone (Scott et al., 2014). Increased TUNEL positive cells in tumors isolated from animals exposed to  $CBD + \Delta^9$ -THC + IR implicated cell death as the mechanism of tumor growth inhibition. Thus, the antitumor activity of  $\Delta^9$ -THC and CBD has been demonstrated in different *in vivo* tumor models and the diverse pathways by which these agents elicit death appear to favor co-administration with other chemotherapeutic agents.

Numerous studies suggest that synthetic cannabinoids such as JWH-133, WIN 55,212-2 and HU-210 are promising chemotherapeutic agents for treatment of gliomas. In murine C6 xenografts, the growth of glioma solid tumors was significantly inhibited by JWH-133 compared to control group animals (Sánchez et al., 2001). This effect was found to be mediated by the CB2 but not the CB1 receptor. In the same animal model, JWH-133 also inhibited the growth of human glioma cells. Examination of the mechanism of cytotoxicity in cultured C6 cells showed that ceramide synthesis was needed for JWH-133-mediated tumor cell death. Later studies by this group validated the in vitro mechanism by demonstrating that blockade of ceramide synthesis in vivo decreased the anti-tumor activity of JWH-133 (Blázquez et al., 2008a,b). These studies also revealed that ceramide was involved in JWH-133-induced suppression of the invasion associated proteins, MMP-2 and TIMP-1. The combined reports suggest that the induction of ceramide synthesis by JWH-133 causes a reduction tumor cell survival and invasion.

The effect of synthetic cannabinoids on angiogenesis was also examined. JWH-133 reduced the growth of C6 gliomas that was accompanied by a decrease in tumoral, pro-angiogenic VEGF and VEGFR (Blázquez et al., 2004). It was determined that VEGFR levels were also downregulated in glioma biopsies from patients treated with  $\Delta^9$ -THC. In vitro studies with C6 cells demonstrated that both JWH-133 and WIN 55,212-2 decreased VEGFR2 phosphorylation and VEGF levels by increasing ceramide production. The reduction in VEGF signaling by the cannabinoids was also dependent on CB1 and CB2 receptors. A more detailed examination of the effect of cannabinoids on angiogenesis showed that JWH-133 decreased the permeability of tumor localized blood vessels as well as the growth of C6 and patient-derived glioma cells in xenograft tumor studies (Blázquez et al., 2003). Consistent with these results, the mRNA expression of the angiogenesis and metastasis-promoting proteins VEGF, Ang2 and MMP-2 were decreased by JWH-133. Furthermore, in vitro studies using HUVEC cells demonstrated that JWH-133 inhibited endothelial cell migration and initiated death that was reversed by antagonism of CB1 and CB2 receptors. The findings of these reports indicate that cannabinoid prevention of angiogenesis is reliant on ceramide production and cannabinoid receptor activation.

Accumulating evidence suggests that a subpopulation of brain tumors originate from pluripotent stem-like cells (Singh et al., 2004). These undifferentiated cells are often associated with poor prognosis and highly aggressive tumor phenotypes whereas well-differentiated glial cells are typically less aggressive (Wan et al., 2011). As such, the stem-like population of U87MG cells and human gliomas were treated with JWH-133 or HU-210 and then subcutaneously implanted to examine the effect of cannabinoids on this tumor cell subtype (Aguado et al., 2007). Cannabinoid treated cells formed smaller tumors which contained low levels of stem-like stage proteins such as nestin and high levels of differentiation-associated proteins including β-tubulin III and S-100β. Consistent with these findings, JWH-133 and HU-210 decreased the expression of nestin and increased the expression of GFAP, S-100β and β-tubulin III in cultured stem-like glioma cells. Hence it appears that the anti-neoplastic activity of the synthetic cannabinoids may be attributed to their ability to prevent tumor cell survival, invasion, and angiogenesis while promoting tumor cell differentiation.

KM-233 is a synthetic cannabinoid that signals through CB1 and CB2 receptors and is a derivative of  $\Delta^8$ -THC (Krishnamurthy et al., 2008). The anti-neoplastic activity of KM-233 was examined in an orthotopic U87MG cell tumor protocol where a significant reduction in tumor size occurred (Gurley et al., 2012). These results were verified in a xenograft tumor study using patient-derived glioblastoma multiforme tissue. *In vitro* studies showed that KM-233 induced U87MG death was prevented by antagonizing the CB1 receptor. A subsequent study by this group confirmed the anti-tumor activity of KM-233 against U87MG xenograft tumors and also demonstrated that KM-233 produced minimal damage to neuronal tissue within the therapeutic dosage range (Duntsch et al., 2006). As such, KM-233 may be an effective agent against glioma with an acceptable safety profile similar to other cannabinoids.

The bulk of our knowledge about the effect of cannabinoids on cancer growth in in vivo models is derived from the aforementioned glioma studies. Much of this work demonstrated potent antitumor activity, confirmed in vitro mechanisms of cannabinoid antitumor action and provided evidence that these molecules were minimally toxic and therefore paved the way for execution of a clinical study with a small number of glioma patients (Clinical trial ID# NCT01812603). However, additional experimentation in animals is needed to define the pharmacokinetic properties of cannabinoids before large scale human studies are conducted. It will be particularly important to examine drug accumulation in tumors and drug disposition in body compartments subsequent to drug administration via different routes as most of the glioma studies conducted thus far employ intra/peri-tumor drug delivery. Such investigations may identify more clinically convenient routes of administration, establish the extent of drug stability and metabolism while providing clues about potential adverse effects of these agents.

# **DIGESTIVE SYSTEM CANCER**

Digestive system cancers include colon, stomach, liver, and pancreatic cancer. In the United States, these combined malignancies account for the highest incidence of cancer besides skin cancer and are the second leading cause of death for both sexes. In 2016, an estimated 304,930 new cases of digestive system cancer will be diagnosed in the US with 153,030 estimated deaths (Siegel et al., 2016).

### **Colorectal Cancer**

Colorectal cancer (CRC) is the most lethal type of digestive cancer followed by pancreatic and then liver cancer. Recent studies advocate that the ECS plays a critical role in CRC development and is therefore considered an appropriate target for CRC inhibition. The levels of the endocannabinoid, anandamide (AEA), the enzymes participating in AEA biosynthesis and degradation, as well as its molecular target CB2, are elevated in tumor specimens of CRC patients (Cianchi et al., 2008; Chen et al., 2015). Furthermore, there was a positive correlation between CB2 receptor expression and human colon cancer growth. Consistent with this finding, the CB2 receptor was a poor prognostic marker in advanced stages of colon cancer (stage III and IV) (Martinez-Martinez et al., 2015). Hence, the ECS may significantly impact colon tumor progression. The anti-cancer activities of phyto- and synthetic cannabinoids in colon cancer animal models have also been reported. In chemically-induced azoxymethane (AOM) colon carcinogenesis, the phytocannabinoids, CBD and Cannabis sativa extract (which contains high CBD content, one of the main components of the botanical drug, Nabiximols) reduced aberrant crypt foci (ACF) formation and the number of precancerous polyps and tumors (Aviello et al., 2012; Romano et al., 2014). In vitro experiments in the same studies suggested that the cytotoxicity was mediated by CB1, TRPV1, and PPARy (CBD and Cannabis extract) or CB2 (Cannabis extract) (Aviello et al., 2012; Romano et al., 2014). Furthermore, the non-psychoactive phytocannabinoid, cannabigerol (CBG), reduced the growth and development of HCT-116 xenografts and AOM-induced colon cancer formation. Using the HCT-116 cell lines, cell death was prevented by blocking TRPM8 but not CB1, CB2, or TRPV1 receptors (Borrelli et al., 2014). Synthetic cannabinoids also showed anticancer activity in different animal models. HU-331, a quinone compound synthesized from cannabidiol, reduced angiogenesis and tumor growth in a HT-29 xenograft model (Kogan et al., 2004, 2006). In nude mice xenografts with HT-29 cells, HU-331 also showed greater inhibition of tumor growth than the clinically utilized chemotherapeutic, doxorubicin (Kogan et al., 2007). Moreover, a comparative study utilizing multiple animal models showed that HU-331 exhibited less cardiotoxicity than doxorubicin. In a different study, O-1662 an analog of abnormal cannabidiol, reduced the number and size of tumors formed by AOM + dextran sulfate sodium in the colitis-induced colon cancer model. This activity was accompanied by reduced inflammation, proliferation, and induction of apoptosis in the tumor tissue (Kargl et al., 2013). Although numerous studies tested the effect of cannabinoids and their derivatives in different CRC models, reports that utilize agents which bind selectively to CB1 or CB2 receptors are lacking. As such, the direct role of cannabinoid receptor activation in the context of CRC treatment has not been addressed *in vivo*.

### Liver Cancer

There are two major types of liver cancer, hepatocellular carcinoma (HCC; also known as hepatoma), which originates in hepatocytes and accounts for approximately 75% of liver cancers and cholangiocarcinoma, which develops within the bile ducts of the liver (Huang et al., 2011a). Xu et al. found that the expression of both CB1 and CB2 receptors was increased in HCC tissues and was strongly associated with improved prognosis and disease-free survival rates (Xu et al., 2006). Conversely, Mukhopadhyay et al. reported that CB1 receptors promote the initiation and progression of diethylnitrosamine (DEN)induced HCC in mice (Mukhopadhyay et al., 2015). Hence, it is appropriate to investigate whether cannabinoid receptors are suitable targets for treatment of liver cancer. Phytocannabinoid,  $\Delta^9$ -THC, and synthetic CB2 receptor agonist, JWH-015 reduced the growth of HepG2 and HuH-7-derived tumor xenografts and diminished ascites development in an orthotopic model of HCC. The anti-tumor activities of  $\Delta^9$ -THC and JWH-015 in hepatocellular carcinoma cell lines (HepG2 and HuH-7) were mediated by the activation of CB2 receptors followed by increased ceramide, ER-stress, PPAR-y activity, and eventually the induction of autophagy (Vara et al., 2011, 2013). Furthermore, the endocannabinoid, AEA, reduced the growth of Mz-ChA-1derived cholangiocarcinoma xenografts and downregulated the tumor expression of angiogenic factors, VEGF-C, VEGF-R2, and VEGF-R3 in AEA-treated tumors. The anti-neoplastic activity of AEA was mediated by GPR55 receptors (in vivo and in vitro), activation of Wnt/JNK signaling (in vitro), and recruitment of the Fas death receptor into lipid rafts (in vitro) (DeMorrow et al., 2008; Huang et al., 2011b). These studies provide strong support that phyto, synthetic, and endogenous cannabinoids confer antiproliferative effects on liver tumor cells, however, in these reports xenografts are the primary model utilized. Additional insight would be gained by assessing the effect of cannabinoids on HCC using chemical carcinogenesis models which evaluate tumor growth with clinically relevant carcinogens in their native microenvironment.

### **Pancreatic Cancer**

The ECS plays an active role in pancreatic carcinogenesis. It was reported that CB1 and CB2 receptor expression was elevated in human pancreatic tumors when compared to normal pancreas (Carracedo et al., 2006; Michalski et al., 2008). Although the levels of endocannabinoids, AEA, 1-AG, and 2-AG were unchanged in pancreatic cancer compared to normal human pancreas, high levels of CB1 receptor expression and low levels of endocannabinoid degrading enzymes, FAAH and monoacyl glycerol lipase (MAGL), were associated with shorter survival (Michalski et al., 2008). On the other hand, Carracedo et al., demonstrated that  $\Delta^9$ -THC and JWH-133 reduced growth of MiaPaCa2-derived xenografts. Additionally, WIN-55,212-2 reduced the growth of orthotopically implanted MiaPaCa2

pancreatic tumors and prevented the spread of tumor cells to distal organs (Carracedo et al., 2006). *In vitro* studies showed that the anti-proliferative activity of the cannabinoids was mediated by the activation of CB2 receptors followed by *de novo* synthesis of ceramide and the induction of ER-stress (Carracedo et al., 2006).

Collectively, the ECS plays an important role in the progression of digestive cancers including colon, liver, and pancreatic cancers. Cannabinoid receptor expression is elevated in tumors when compared to normal tissues, indicating that endogenous cannabinoids have cancer promoting activity. However, preclinical studies revealed that exogenous synthetic, phyto-, and endo- cannabinoids reduced tumor incidence, growth, and angiogenesis. Although sufficient evidence is not available to explain this effect, these seemingly opposing events may be explained by the biphasic effect of cannabinoids. Whereas low cannabinoid concentrations (<10 uM) increase tumor progression, high concentrations (>10 uM) reduce cancer cell proliferation (Martinez-Martinez et al., 2015). Further research is required to uncover potential in vivo biphasic effects and determine the optimum drug concentrations needed to prevent pancreatic cancer growth. Moreover, since the number of pancreatic tumor studies with cannabinoids is extremely limited, more research is required to demonstrate cannabinoid efficacy.

# **BREAST CANCER**

Breast cancer is the most commonly diagnosed cancer in women and the second leading cause of female cancer deaths in the United States (Siegel et al., 2016). Risk factors for developing this type of cancer include: being of the female sex, having a family history of this disease, obesity, and menopause-associated hormone replacement (Kaminska et al., 2015). Recent research suggested that cannabinoids and the ECS played a role in breast cancer progression and may possess therapeutic potential (Caffarel et al., 2012).

Breast cancer can be divided into three sub-types: hormone sensitive breast cancer, which expresses estrogen receptors (ER) and/or progesterone receptors (PR); HER2-positive breast cancer, which expresses human epidermal growth factor receptor (ErbB2, a member of the EGFR family); and triple negative breast cancer (TNBC), a type of breast cancer which is difficult to treat due to the lack of ER, PR, and HER2 expression. Cannabinoid receptor expression differs between these breast cancer sub-types. CB1 receptors were reported to be present in 28% of all breast carcinoma patients, with 14% being HER2 positive. On the other hand CB2 receptors were found in 72% of breast carcinomas and 91% of these tumors were HER2 positive, suggesting a possible link between HER2 and CB2 expression (Qamri et al., 2009; Caffarel et al., 2010; Pérez-Gómez et al., 2015). Of interest, a correlation between CB2 receptor expression and breast cancer aggressiveness has been suggested (Caffarel et al., 2006). As such, the effects of cannabinoids on breast tumor growth and metastasis using in vivo models has helped elucidate their therapeutic and prognostic potential.

Phytocannabinoids such as  $\Delta^9$ -THC and CBD induce both breast cancer regression and progression in vivo, indicating that a complex interaction between these compounds and cancer exists. CBD was shown to decrease tumor growth in multiple breast cancer models including: two orthotopic models, one genetically engineered mouse model (GEMM) and one TNBC xenograft model (Ligresti et al., 2006; McAllister et al., 2011; Murase et al., 2014; Elbaz et al., 2015). CBD significantly decreased the incidence of lung metastasis in TNBC xenograft metastatic and orthotopic mouse models. Furthermore, two of these studies which used genetically engineered and xenograft models proposed that CBD elicited these effects by inhibiting EGFR activation, cytokine secretion, and Akt expression (McAllister et al., 2011; Elbaz et al., 2015). The CBD derivative, O-1663, was also shown to decrease TNBC xenograft growth through a mechanism requiring the generation of oxidative stress (Murase et al., 2014). Consistent with the findings for CBD,  $\Delta^9$ -THC impaired tumor growth, multiplicity and metastasis in both HER2 positive MMTV-neu mice (a GEMM) and HER2 positive xenografted mice (Caffarel et al., 2010). This group also found that downregulation of pro-tumorigenic Akt was involved in the anti-proliferative effects of  $\Delta^9$ -THC (Caffarel et al., 2010). In contrast, phytocannabinoids also promoted tumor development. The Nagarkatti group found that mice implanted with 4T1 cells that were treated with  $\Delta^9$ -THC displayed greater tumorigenicity and metastatic potential by inhibiting host anti-tumor immune responses (McKallip et al., 2005). Indeed, phytocannabinoidinduced immune suppression has been reported to be mediated by the CB2 receptor in similar tumor models (Zhu et al., 2000).

Synthetic cannabinoid receptor agonists have also been utilized to elucidate the role of CB1 and CB2 receptors in breast cancer growth. Activation of CB1/CB2 receptors using WIN-55,212-2 led to significant decreases in tumor growth and lung metastasis in a TNBC xenograft and a genetically engineered MMTV-PyTV (mouse mammary tumor virus encoding polyoma virus middle T antigen) mouse model (Qamri et al., 2009). Furthermore, selective CB2 receptor activation with JWH-133 inhibited the growth of tumors and decreased metastasis in MMTV-PyTV mice, HER2 positive MMTV-neu mice and MDA-MB231-derived xenografts (Qamri et al., 2009; Caffarel et al., 2010; Morales et al., 2015). Follow-up in vitro studies performed in MDA-MB231, MDA-MB468 and N202.1 cells also suggested that CB2 receptor activation by synthetic cannabinoids such as JWH-133 downregulated pro-tumorigenic prostaglandin E2 (PGE<sub>2</sub>) or Akt similar to phytocannabinoids (Qamri et al., 2009; Caffarel et al., 2010). Another CB2 receptor agonist, JWH-105, was found to inhibit tumor growth in a NT2.5-orthotopic mouse model and the MMTV-PyMT model and this observation corresponded to decreased pro-metastatic phospho-CXCR4 and phospho-ERK levels in vivo and in vitro (Nasser et al., 2011). Additionally, activation of CB2 receptors by a similar compound, JWH-015, was also found to decrease tumor growth and weight in both, ER- positive and ER- negative orthotopic models (Elbaz et al., 2016). JWH-015 treated mice exhibited decreased EGFR and IGF-1R signaling and Akt expression (Elbaz et al., 2016). Finally, the synthetic and metabolically stable analog of AEA, 2-methyl-2'F-anandamide (Met-F-AEA), was also shown

to decrease lung metastasis in TSA-E1 cell-derived xenografts (Grimaldi et al., 2006). For the most part, *in vivo* studies indicate that phyto-, synthetic- and endo- cannabinoids suppress tumor development in hormone receptor positive, EGFR positive and triple negative breast cancer animal models. However, additional animal studies are needed to understand how cannabinoid regulation of the immune system impacts breast tumor growth.

## **PROSTATE CANCER**

Carcinoma of the prostate is the development of malignant cells within the male reproductive prostate gland. It is the most commonly diagnosed cancer in all men with an estimated 180,000 new cases in 2016 (Siegel et al., 2016). This cancer type is also the second leading cause of cancer deaths in men, which primarily appears to be a result of late detection. Risk factors for developing this disease are advanced age, family history, and race.

Cannabinoids and their receptors have shown promise as potential therapeutics in prostate cancer. CB1 and CB2 receptor expression was shown to be elevated in prostate cancer compared to normal prostate tissue and are suggested to be positively correlated with poor disease outcome (Sarfaraz et al., 2005; Chung et al., 2009). Prostate cancer progression depends on androgen activity and while the ECS may influence this signaling, the interplay between these systems in the context of cancer is poorly understood (Sánchez et al., 2003a,b). Although numerous studies have evaluated the effect of cannabinoids on prostate cancer in cell culture studies, relatively few reports have determined if these effects occur in in vivo animal models. Di Marzo's group found that cannabis extracts enriched with CBD effectively decreased tumor growth in androgen receptor positive LNCaP xenografts but potentiated tumor growth of androgen receptor negative DU-145 xenografts (De et al., 2013). Furthermore, in vitro experiments using PC-3, DU-145, 22RV1, and LNCaP cell lines in this study found that CBD decreased androgen receptor expression suggesting that crosstalk between the CBD and androgen signaling pathways may affect tumor growth. CBD also significantly increased the generation of ROS and pro-apoptotic CHOP10 expression in these four prostate cancer cell lines (De et al., 2013). Similarly, JWH-015 led to decreased tumor proliferation in PC-3 derived xenografts. These anti-proliferative effects were examined in vitro and were suggested to be mediated by CB2 induced synthesis of ceramide (Olea-Herrero et al., 2009). While these studies show a promising role for cannabinoids in targeting prostate cancer, more research is needed to definitively establish cannabinoid efficacy in vivo and the importance of androgen receptor signaling in this system.

### LUNG CANCER

Lung cancer is the most deadly neoplasm in both males and females in the United States with a death toll anticipated to exceed 150,000 individuals in 2016 (Siegel et al., 2016). The two major types of lung cancer are small-cell lung cancer (SCLC) and non-small-cell lung cancer (NSCLC). Risk factors for developing this disease are tobacco smoking, genetic predisposition, and exposure to radon gas. Survival figures from this disease powerfully demonstrate the need for novel interventions. As such, cannabinoids have been evaluated *in vivo* for their efficacy against lung cancer.

CB1 receptors were expressed in 24% human NSCLC tissues, while CB2 receptor expression was found in 55% of NSCLC, suggesting a role for CB-receptors in tumor development (Preet et al., 2011). Cannabinoids such as  $\Delta^9$ -THC, CBD and Met-AEA elicited different effects in lung cancer animal models. CBD administration to mice with A549 cell xenografts decreased tumor growth, invasion and metastasis (Ramer et al., 2010a,b, 2012). Follow up in vitro experiments using A549, H358, and H460 lung cancer cell lines suggested that the anti-metastatic effect of CBD was mediated by upregulation of intracellular adhesion molecule-1 (ICAM-1), an anti-metastatic protein which has been suggested to suppress tumor growth via an immunosurveillance mechanism (Wolfram et al., 2000; Ramer et al., 2012). In another study, CBD exhibited anti-tumor effects that were reversed by co-administration of a PPARy antagonist in vivo (Ramer et al., 2013). Similarly, Preet et.al. found that the phytocannabinoid,  $\Delta^9$ -THC, downregulated Akt in A549derived xenografts, which corresponded with decreased tumor growth and metastasis (Preet et al., 2008). In contrast, Zhu et al. showed that  $\Delta^9$ -THC increased the tumorigenicity of 3LL lung cancer cells in allografted immunocompetent mice and demonstrated that CB2 mediated inhibition of anti-tumor lymphocyte activity was the primary mechanism for accelerated tumor growth (Zhu et al., 2000). Furthermore, these investigators and the Arevalo group found that  $\Delta^9$ -THC administration had no effect on tumor growth in xenografted immunodeficient mice (Zhu et al., 2000; McKallip et al., 2005). Stable analogs of AEA also showed differential effects on lung cancer progression in vivo. The Dubinett group found that met-AEA increased tumor growth in a xenograft and allograft murine model and that COX-2 inhibition abrogated these effects (Gardner et al., 2003). Conversely, Bifulco et al. found that met-F-AEA treatment decreased tumor metastasis in a 3LL cell-derived xenograft model (Bifulco et al., 2001). These studies suggest that the ECS plays a role in both lung cancer progression and suppression. Consequently, several of these studies indicate that anti-tumor immunity is suppressed by certain cannabinoids, exacerbating tumor growth in immune-competent animals. As such, exploring the interplay between the immune system, the ECS and lung cancer development may be critical in determining whether cannabinoids are suitable for lung cancer treatment.

### **THYROID CANCER**

Thyroid cancer is the most frequently diagnosed endocrine malignancy in the United States. It is estimated that more than 64,000 new cases will be identified and 1900 deaths will result from this disease (Siegel et al., 2016). Although the death rate is relatively low compared to other types of cancer, therapeutic options are needed for aggressive forms of this disease whose lethality is thought to be associated with the differentiation

state of the tumor (Lee et al., 2016). Relatively few studies have examined the effect of cannabinoids on thyroid tumor development in vivo, but these reports showed that the ECS was expressed and was capable of modulating tumor growth (Portella et al., 2003; Bifulco et al., 2004; Shi et al., 2008). For example, the activity of a variety of ECS modulators was examined in KiMol thyroid cells which generate undifferentiated tumors in xenograft models (Bifulco et al., 2004). In this study, the endogenously synthesized cannabinoid, 2-AG reduced thyroid tumor development. Similarly, agents that inhibited the EMT (VDM-11) and blocked AEA hydrolysis (AA-5HT) prevented in vivo tumor growth. Also, the metabolically stable molecules, arvanil and met-F-AEA also produced a significant reduction in tumor growth. The results of this study suggested that manipulation of the EC system was a viable option to prevent propagation of thyroid tumor cells. Additional preclinical studies were conducted with met-F-AEA. Using the xenograft model with KiMol cells it was determined that met-F-AEA prevented thyroid tumor growth and this that effect was reversed by antagonism of the CB1 receptor (Bifulco et al., 2001). Other studies with KiMol cells confirmed the anti-tumor activity of met-F-AEA and also indicated that this agent regulated tumor angiogenesis (Portella et al., 2003). Specifically, tumors isolated from met-F-AEA treated animals contained reduced levels of VEGF and VEGF receptor compared to vehicle treated animals. Furthermore, the reduction in VEGF signaling could be prevented by blockade of CB1 receptor activity. In another study, the synthetic cannabinoid, JWH-133, was tested in the highly aggressive ARO cell tumor model (Shi et al., 2008). Xenograft tumor growth using ARO/CB2 cells (a CB2 receptor overexpressing thyroid cancer cell line) was inhibited in mice treated with JWH-133 compared to vehicle. Cell culture experimentation suggested that JWH-133 toxicity was mediated by the CB2 receptor in contrast to met-F-AEA which was reported to initiate thyroid carcinoma cell death via CB1 (Portella et al., 2003). The data collected thus far suggest that synthetic EC system modulators represent novel therapeutic targets for thyroid cancer. However, because of the scarcity of in vivo thyroid cancer studies with cannabinoids, more extensive evaluation is needed to confidently define the role of the ECS in this malignancy.

# **SKIN CANCER**

The epidermis is comprised of different cell types including keratinocytes and melanocytes, which are the source of nonmelanoma skin cancer (NMSC) and melanoma, respectively. Skin cancer is the most common cancer in the United States with approximately 5.4 million new lesions (3.3 million cases) of NMSC and more than 76,000 new cases of melanoma diagnosed each year (American Cancer Society, 2016; Siegel et al., 2016). Melanoma is more deadly and aggressive than NMSC. It is estimated that over 10,000 patients will die from melanoma in 2016 (Siegel et al., 2016). Several *in vitro* and *in vivo* studies suggest that the ECS plays a vital role in melanoma and NMSC development and progression (reviewed in Soliman et al., 2016a). It has been reported that CB1 and CB2 receptors were expressed in human melanoma cell lines as well as in human cutaneous melanoma biopsies (Blázquez et al., 2006). In addition, circulating levels of the endocannabinoid, 2-AG, increased in metastatic B16F10 mouse melanoma as well as in patients with metastatic melanoma suggesting a link between the ECS and melanoma progression (Sailler et al., 2014). Furthermore, in human and murine normal keratinocytes and non-melanoma skin tumors (e.g., papilloma, basal cell carcinoma, squamous cell carcinoma) CB1 and CB2 receptors were expressed and were required for the development of NMSC *in vivo* (Casanova et al., 2003; Zheng et al., 2008).

#### Melanoma

The anti-tumor activity of phyto- and synthetic-cannabinoids against melanoma was reported in different in vivo studies using xenograft tumor models. Phytocannabinoid,  $\Delta^9$ -THC decreased proliferation, increased death and reduced the growth of CHL-1 melanoma xenografts (Armstrong et al., 2015). Using CB1/CB2-receptor deficient mice (CB1/ $2^{-/-}$ ), Glodde's group demonstrated that the anti-tumor effect of  $\Delta^9$ -THC on HCmel12 xenografts was dependent on cannabinoid receptors (Glodde et al., 2015). Synthetic cannabinoids, with different affinities for CB1 and CB2 receptors, have helped to shed light on the potential of targeting CB1 and CB2 receptors in melanoma. Mixed CB1/CB2 agonist, WIN-55212,2 decreased the progression and metastasis of B16F10 melanoma cells in mice after subcutaneous and intra-plantar implantation, respectively (Blázquez et al., 2006). Because the psychotropic effects of WIN-55212,2 are primarily mediated by the CB1 receptor, the anti-tumor effects of the non-psychoactive, CB2 selective cannabinoid, JWH-133 was examined. JWH-133 was as effective as WIN55212,2 in inhibiting melanoma tumor growth, suggesting that the anti-tumor activity of cannabinoids was mediated by CB2 receptor activation (Blázquez et al., 2006). Hence, the data generated thus far indicate that cannabinoid receptor agonists may be appropriate therapeutic targets for melanoma. Newer clinical approaches to combat melanoma involve mobilization of cytotoxic T-cells with monoclonal antibodies such as ipilimumab and nivolumab. Since cannabinoids are known immunomodulators, the effects of cannabinoids on cancer immunosurvailence must be addressed in future studies to have a complete understanding of the therapeutic potential of these molecules.

### Non-melanoma Skin Cancer

Several studies report that cannabinoids and endocannabinoids have anti-cancer activity against NMSC via cannabinoid receptor dependent or independent pathways (Van Dross et al., 2013; Soliman and Van Dross, 2015; Soliman et al., 2016b). There are two well-known animal models for NMSC, the UVBlight-induced skin carcinogenesis model (Fischer et al., 2007) or the two-stage chemical carcinogenesis protocol using a tumor initiator such as dimethylbenz[a]-anthracene (DMBA) and a tumor promoter such as 12-O-tetradecanoylphorbol-13-acetate (TPA) (Kiraly et al., 2016). Using CB1 and CB2 receptor deficient (CB1/2<sup>-/-</sup>) and wild type (CB1/2<sup>+/+</sup>) mice, it was determined that CB1 and CB2 receptors were required

for papilloma formation initiated by UVB-light. In contrast, similar studies with  $CB1/2^{+/+}$  and  $CB1/2^{-/-}$  mice in the DMBA/TPA model demonstrated that cannabinoid receptors were not required for skin tumorigenesis. Data from these two different studies indicate that the involvement of ECS in skin cancer development is dependent on the type of the stimulus (Zheng et al., 2008; Gegotek et al., 2016). The in vivo antitumor activities of different synthetic cannabinoids have also been reported. WIN-55,212-2 and JWH-133 reduced the growth, impaired vascularization, and reduced the expression of various pro-angiogenic factors in the murine epidermal tumor cell PDV.C57 xenograft model (Casanova et al., 2003). In a different study, the anti-tumor activity of other synthetic cannabinoids was analyzed in the DMBA/TPA skin carcinogenesis model where JWH-018, JWH-122, and JWH-210 reduced tumor incidence and multiplicity compared to vehicle treated animals (Nakajima et al., 2013). Collectively, it appears that the ECS is involved in the formation of UVB-induced NMSC and that phyto- and synthetic- cannabinoids are capable of decreasing NMSC growth in different tumor models. It will be important for future investigations to include human NMSC tissue models (such as PDX) in the examination of cannabinoid activity since many of the existing reports primarily utilize mouse tissue xenograft and carcinogen-induced cancer models.

# ANTI-CANCER EFFECTS OF CANNABINOIDS IN HUMANS

Human studies that investigate the pharmacotherapeutic benefits associated with the use of cannabinoid ligands focus on reductions in pain, spasticity and cognitive deficits in a number of central and peripheral nervous system disorders (Velasco et al., 2016). To date only a few cannabis-based pharmacological agents are licensed for clinical use. In Europe, Sativex<sup>®</sup> is approved for treatment of spasticity associated with multiple sclerosis and in Canada it is additionally approved as an adjunct analgesic for cancer pain. The CB1 antagonist rimonabant (Acomplia<sup>®</sup>) was licensed for use in Europe to treat obesity and related conditions but was discontinued due to adverse effects (Fijal and Filip, 2016). In the United States and Europe, nabilone (Cesamet<sup>®</sup>) and dronabinol (Marinol<sup>®</sup>) are approved compounds for prevention of chemotherapy-induced nausea and vomiting. The emergence of preclinical studies that demonstrate the anti-tumor effects of cannabinoids are growing in number and have formed the basis of limited clinical studies which are beginning to shed light on the translational value of the preclinical work.

Guzman and colleagues were the first group to report a Phase I human study of the anti-metastasic effects of  $\Delta^9$ -THC. In this open-labeled two-part clinical trial, nine patients with recurrent glioblastoma who were refractory to surgery and radiotherapy were treated with intracranial  $\Delta^9$ -THC in combination with high-dose chemotherapeutic agent, temozolomide (Temodar<sup>®</sup>). Following a washout phase (a period in a clinical trial where patients receive no active medication), the safety and tolerability of  $\Delta^9$ -THC was then compared to placebo (Clinical trial ID# NCT01812603). The primary outcome measured was the

incidence of adverse effects in patients receiving the combination of  $\Delta^9$ -THC and Temodar<sup>®</sup>. Secondary measures were the progression free survival at 6 months and overall survival. Additional study outcomes have not yet been reported.  $\Delta^9$ -THC was found to reduce tumor cell growth in vitro from 2 study participants and reduce tumor cell immunostaining in these same patients. Importantly, intracranial administration of  $\Delta^9$ -THC was found to be a safe and tolerable approach with no apparent psychoactive effects (Gúzman et al., 2006). In a 2011 case report by Foroughi et al. two children with septum pellucidum/forniceal policytic astrocytomas experienced tumor regression following craniotomies and partial excision. The tumor regression occurred during the time that cannabis was inhaled by the patients (Foroughi et al., 2011). In another study, a 14-year-old female Philadelphia chromosome positive patient who had been unsuccessfully treated with "traditional" therapy (i.e., chemotherapy, bone marrow transplant and radiation) for acute lymphoblastic leukemia experienced a dose-dependent management of the condition with orally administered cannabinoid extracts (Singh and Bali, 2013). A clear limitation of the current human studies evaluating the anticancer effects of cannabinoid compounds is the small patient size. To date, no study findings have been replicated in multiple cohorts. Moreover, the measured outcomes and study designs are often variable across trials, making it difficult to compare their findings. However, despite these challenges, the evidence generated in these human studies are still informative and, when taken together with the strong in vivo animal data demonstrating anti-tumor effects of cannabinoids, offer promise for a clinical role for cannabinoids in the eradication of tumors.

# CONCLUSION

To gain an understanding regarding the translational and therapeutic potential of cannabinoids, this review focused on examining the overall efficacy of these molecules in animal and human studies. The majority of *in vivo* animal studies discussed here indicate that cannabinoids from plant, synthetic and endogenous origin are capable of effectively decreasing tumor growth and invasion (**Table 1**). Furthermore, clinical studies evaluating cannabinoid efficacy in human subjects are limited, yet these studies showed that cannabinoids may be safe and effective anti-neoplastics. Because large scale clinical trials are lacking, examining the activity of cannabinoids in clinically translatable animal models (such as PDX) should be the goal of future research as this approach may provide a more accurate assessment of the therapeutic potential of cannabinoids.

This review also sought to couple *in vivo* animal studies with *in vitro* experiments in order to examine proposed cannabinoid mechanisms of action and to identify specific cellular targets. The studies reviewed herein indicate that cannabinoids elicit activity through cannabinoid receptor dependent and independent pathways. Moreover, processes such as ceramide production, ER-stress, autophagy, angiogenesis and matrix remodeling also appear to regulate the anti-tumor activity of cannabinoids. Hence, these investigations shed light on the role of cannabinoids

on tumor growth *in vivo* and may ultimately pave the way for the development of novel cannabinoid therapeutics for cancer treatment.

### **AUTHOR CONTRIBUTIONS**

DL, ES, LG, and RV contributed to the conception and design of the study, the acquisition of data, and the analysis and interpretation of the data. All authors participated in drafting

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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