

Uptake and transport of a novel anticancer drug-delivery system: lactosyl-norcantharidin-associated *N*-trimethyl chitosan nanoparticles across intestinal Caco-2 cell monolayers

Min Guan¹
Qiao-Ling Zhu¹
Yang Liu¹
Yong-Yan Bei¹
Zong-Lin Gu¹
Xue-Nong Zhang¹
Qiang Zhang²

¹Department of Pharmaceutics, College of Pharmaceutical Science, Soochow University, Suzhou, People's Republic of China; ²Department of Pharmaceutics, School of Pharmaceutical Science, Peking University, Beijing, People's Republic of China

Abstract: In this paper, novel liver-targeting nanoparticles (NPs), lactosyl-norcantharidin (Lac-NCTD)-associated *N*-trimethyl chitosan (TMC) NPs (Lac-NCTD-TMC-NPs), were prepared using ionic cross-linkage. The physical properties, particle size, and encapsulation efficiency of the nanoparticles were then investigated. The continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells (Caco-2) cell monolayer model was used to study the transport mechanism of Lac-NCTD, and the effects of factors such as time, temperature, pH level, drug concentration, enhancers, and inhibitors. This model was also used to indicate the differences among Lac-NCTD, Lac-NCTD-associated chitosan NPs (Lac-NCTD-CS-NPs), and Lac-NCTD-TMC-NPs in the absorption and transportation of membranes. Drug concentration levels were measured using high-performance liquid chromatography. Active transport and paracellular transport were suggested to be both the primary and secondary mechanisms for Lac-NCTD absorption, respectively. Lac-NCTD uptake and absorption were not controlled by pH levels, but were positively correlated to uptake time, and negatively correlated to temperature. The basolateral to apical apparent permeability coefficients (*P_{app}*s) were higher than those of the apical to basolateral values. The inhibitor of P-glycoprotein and the multidrug resistance-associated protein 2 significantly enhanced the uptake amount of Lac-NCTD. Compared with Lac-NCTD, Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs significantly enhanced drug absorption. Additionally, the latter exhibited stronger action. Lac-NCTD-NPs could penetrate the plasma membrane of Caco-2 cells and translocate into the cytoplasm and even into the nucleus. Nanoparticles were uptaken into Caco-2 cells through the endocytosis pathway.

Keywords: Lac-NCTD, Lac-NCTD-TMC-NPs, Caco-2 cell, transport

Introduction

Lactosyl-norcantharidin (Lac-NCTD) is synthesized by modifying NCTD with a lactobiose-bearing galactose group to achieve active targeting. The galactose group can combine with the asialoglycoprotein receptor situated on the hepatocyte membrane.^{1,2} A previous study by the present researchers demonstrated that, compared with NCTD, Lac-NCTD has significantly higher therapy efficiency and lower toxicity.³

Chitosan (CS) is a biocompatible, biodegradable, nontoxic polymer. It has been extensively investigated as a formula carrier in delivery systems for therapeutic molecules.^{4,5} However, the application of CS has been hampered largely by its solubility only in acidic environments, with pH values below 6.0. On the other hand, *N*-trimethyl chitosan (TMC), a partially quaternized chitosan (CS) derivative, can be soluble in the entire pH range and

Correspondence: Xue-Nong Zhang
Department of Pharmaceutics, College of Pharmaceutical Science, Soochow University, DuShuHu High Education Zone, Su Zhou, Jiang Su Province, Post 215123, China
Tel +86 0512 65882087
Email zhangxuenong@163.com

encompasses all the advantages of CS. It can also form nano-complexes with anionic compounds such as drugs, proteins, and DNA through ionotropic gelation. Hence, TMC has potential applications in targeted drug-delivery applications.⁶

To improve the therapeutic efficacy of Lac-NCTD and decrease its side effects, Lac-NCTD-loaded liver-targeting chitosan nanoparticles (Lac-NCTD-CS-NPs) were successfully developed in previous studies.³ Novel liver-targeting nanoparticles Lac-NCTD-associated *N*-trimethyl chitosan nanoparticles (Lac-NCTD-TMC-NPs) were then investigated and discussed in the present study.

For most therapeutic agents, the oral route is still the most convenient for drug administration. Based on this consideration, the present study investigated the absorption mechanisms of Lac-NCTD, and two nanoparticles. The human Caco-2 cell line has been widely used as a potent in-vitro model to predict drug absorption in humans, to explore the mechanisms of drug absorption, and to identify substrates or inhibitors of transporters.⁷

The present study aims to use Caco-2 cells to develop a theoretical basis for the understanding of the oral absorption of Lac-NCTD and its nanoparticles, as well as to further characterize both its uptake and transepithelial transport across Caco-2 cells. The present study could provide a theoretical basis for the formulation and development of a rational design of new agents, as well as for the selection of its administration route.

Methods and materials

Materials

Lac-NCTD and TMC were synthesized in our laboratory. CS (molecular weight [MW] of 8 kDa to 10 kDa, deacetylation degree [DD] 93.1%) was purchased from Xingcheng Biochemical Co, Ltd (Nantong, China). Sodium tripolyphosphate (TPP) was obtained from Sinopharm Group Co, Ltd (Shanghai, China).

Caco-2 cells were obtained from Fu Dan University (Shanghai, China). Cell culture reagents were purchased from Gibco (Grand Island, New York, NY). All other reagents and solvents were of analytical grade and commercially available.

High-performance liquid chromatography (HPLC) was carried out using a chromatograph consisting of two pumps (LC-10AT VP, Shimadzu, Japan) and a UV-vis detector (SPD-M10A VP, Shimadzu, Japan) set at 220 nm. The reversed-phase column used was a Hypersil ODS-C₁₈ (5 μm in 4.6 × 250 mm, Elite, Dalian, China) set to 25°C. The mobile phase was a mixture of acetonitrile and H₂O (at a ratio

of 10:90, adjusted to pH 3.2 by adding phosphoric acid) and the flow rate was 0.8 mL/minute.

Preparation of Lac-NCTD-TMC-NPs

Lac-NCTD-TMC-NPs were prepared according to the procedure first reported by Calvo and colleagues,⁸ which was based on the ionic gel of TMC with TPP anions. Briefly, 0.15 g TMC was dissolved in 50 mL distilled water containing 0.03 g Lac-NCTD. Then, 25 mL of the TPP (1.2 mg/mL) aqueous solution was drip-fed into the TMC solution under magnetic stirring (500 rpm) at 30°C, resulting in crosslinkage. Finally, the opalescent suspension was filtered through a 0.45 μm filter to remove any insoluble aggregate residue, and to obtain the Lac-NCTD-TMC-NPs suspension.

Evaluation of Lac-NCTD-TMC-NPs

The particle distribution and zeta potential of Lac-NCTD-TMC-NPs' suspension were measured using a Zetasizer nanoparticle analyzer (model HPP-5001; Malvern Instruments, Malvern, UK), which works on the principle of laser diffraction analysis. The shape of the Lac-NCTD-TMC-NPs particles was determined through transmission electron microscopy (TEM) analysis, which was performed using an H-600 transmission electron microscope (Hitachi, Tokyo, Japan).

The drug entrapment efficiency (EE) and drug-loading (DL) amount of Lac-NCTD-TMC-NPs were determined as described previously.⁹ Briefly, the Lac-NCTD-TMC-NPs' suspension was ultracentrifuged (250,000 × g for 30 minutes at 10°C) in an Optima MAX Centrifuge (Beckman Instruments, Palo Alto, CA). The supernate was sampled, and the Lac-NCTD concentration in the supernate was tested using a reversed-phase HPLC method.

Cell culture

Caco-2 from a passage between 30 and 50 were used in the experiments. The cells were grown in conditions similar to those reported earlier. The cells were maintained in Dulbecco's modified Eagle's medium (DMEM) with high glucose (4.5 g/L), which was supplemented with 15% fetal bovine serum, 1% nonessential amino acids, 1% L-glutamine, and 0.5% penicillin/streptomycin. All cell cultures were maintained in a humidified incubator at 37°C in an atmosphere of 5% CO₂ and 95% relative humidity. The culture medium was changed every two days, and the cells were passaged at a ratio of 1:3, every 3 to 5 days (at 70% to 80% confluence), using 0.25% trypsin and 0.02% EDTA at 37°C.

Uptake studies

Caco-2 cells were plated on 12-well tissue culture plates (Corning, Corning, NY) at a density of 1×10^5 cells/cm². The cell monolayers were used on the 15th day for uptake experiments.

Hank's balanced salt solution (HBSS; pH 7.4) was used as the incubation medium. The Caco-2 cell monolayers were washed twice with the incubation medium, and then preincubated with 1 mL of the incubation medium for 15 minutes at 37°C. The medium was then removed after the preincubation period and uptake was initiated by adding 1 mL of the preincubated drug solution (Lac-NCTD, Lac-NCTD-CS-NPs, or Lac-NCTD-TMC-NPs). At various time points, the cells were quickly washed three times with cold HBSS, and then scraped off using a cell scraper (Corning). Next, the cells were homogenated, vortexed, and ultracentrifuged. The supernate was sampled, and the accumulated amount of Lac-NCTD was assayed by HPLC. The protein content was measured according to Bradford's method.¹⁰

Transport studies

Caco-2 cells were seeded at a density of 1×10^5 cells/cm² onto a permeable polycarbonate insert (1.1 cm², 1 μm pore size) (Millipore, Billerica, MA) in 12-well tissue culture plates (Corning). On the 21st day, the cell monolayers were used for transepithelial transport experiments. The integrity of the monolayers grown on the permeable membrane was assessed using the transepithelial electrical resistance (TEER) of the monolayers, through a Millicell-ERS apparatus (Millipore) and phenol red transport. Caco-2 monolayers could only be used in the experiments when TEER values reached 700 Ω·cm² and phenol red permeability was <0.5% per hour.

The culture medium of both sides was removed by aspiration, and the Caco-2 cell monolayers were washed twice with the incubation medium. After washing, the monolayers were preincubated for 15 minutes at 37°C with 0.5 and 1.5 mL of the incubation medium in the apical and basolateral sides, respectively. After the preincubation, the medium was removed immediately, and the incubation medium containing Lac-NCTD and its nanoparticles (Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs) were added to either the apical side (0.5 mL) or the basolateral side (1.5 mL). The unmodified incubation medium was then added to the opposite side (basolateral, 1.5 mL; apical, 0.5 mL). Next, 50 μL samples were taken from the receiver compartment at intervals of 5, 15, 30, 45, and 60 minutes, and replaced with a fresh buffer.

Concentrations in the transepithelial transport samples were determined using the HPLC method as described above.

Subcellular localization of NPs

To detect cellular uptake using a laser scanning confocal microscope, Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs were labeled with fluorescein isothiocyanate (FITC). The FITC-labeled CS and TMC were prepared by the reaction between the isothiocyanate group of FITC and the primary amino group of CS and TMC, as described by Huang and colleagues.¹¹

The Caco-2 cells were seeded on 6-well dishes at a density of 1×10^5 cells/cm². FITC-Lac-NCTD-TMC-NPs and FITC-Lac-NCTD-TMC-NPs were added to the cells and incubated for 15, 30, and 60 minutes. The cells were washed three times with PBS, fixed with 4% paraformaldehyde, and then stained with 10 μg/mL Hoechst 33258 (Sigma-Aldrich, St Louis, MO). Micrographs were taken on a Nikon laser scanning confocal microscope (Nikon Eclipse TE2000-E; Nikon, Tokyo, Japan).

Uptake process of NPs

The Caco-2 cells were seeded on 6-well dishes at a density of 1×10^5 cells/cm². Lac-NCTD-TMC-NPs were added to the cells and incubated for 4 hours. The cells were then washed three times with PBS, twice with distilled water, and then fixed with 4% paraformaldehyde. Micrographs were taken on an atomic force microscope (AFM; MultiMode V; Veeco Instruments, Woodbury, NY).

Data and statistical analysis

The Lac-NCTD EE and DL amounts were calculated as follows:

$$EE = \frac{T - F}{T - L} \times 100\% \quad (1)$$

$$DL = \frac{T}{W} \times 100\% \quad (2)$$

where T is the total Lac-NCTD in the colloid, F is the free Lac-NCTD in the supernate, and W is the weight of Lac-NCTD-TMC-NPs.

The P_{app} was calculated according to the equation

$$P_{app} = \frac{dQ/dt}{AC_0} \quad (3)$$

where dQ/dt is the slope of the cumulative amount transported during the time course of the period studied, A is the area of the inserts, and C_0 is the starting concentration.

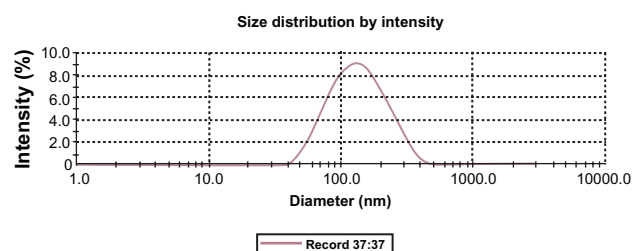


Figure 1 Particle size distribution analysis using a Zetasizer Nano particle analyzer.

Permeability direction ratios (PDR) were calculated according to the following equation:

$$PDR = \frac{P_{app}(BL-AP)}{P_{app}(AP-BL)} \quad (4)$$

where $AP-BL$ is the apical to basolateral transport and $BL-AP$ is the basolateral to apical transport.

All data were reported as mean \pm standard deviation for at least three independent samples. Data were analyzed by one-way ANOVA with the post hoc Tukey's test applied for paired comparisons using SPSS software (version 16.0; SPSS, Chicago, IL). The criteria for statistical significance were taken as $*P < 0.05$, $**P < 0.01$, $^{\#}P < 0.05$, and $^{\#\#}P < 0.01$ (Figures 5–7; Tables 1,3).

Results

Preparation and evaluation of Lac-NCTD-TMC-NPs

Lac-NCTD-TMC-NPs were prepared through an ionic cross-linking process and evaluated in terms of the NPs EE, DL, particle size, and polydispersity index (PDI). The particle size of Lac-NCTD-TMC-NPs was around 120 nm (PDI < 0.3) (Figure 1). The zeta potential of Lac-NCTD-CS-NPs was 28.08 ± 3.95 mV, whereas that of Lac-NCTD-TMC-NPs was 37.37 ± 3.62 mV, mainly because of the high degree of TMC quaternization (65%).

The EE and DL of Lac-NCTD-TMC-NPs were $69.29\% \pm 0.76\%$ and $9.1\% \pm 0.07\%$, respectively. A TEM image of the Lac-NCTD-TMC-NPs is shown in Figure 2. Under TEM, most of the NPs appeared to be uniform and round, with the majority of particles separated from one another.

Linearity, precision, and accuracy of Lac-NCTD determination

Under the conditions described above, the Lac-NCTD retention was at 5.1 minutes. The active component test

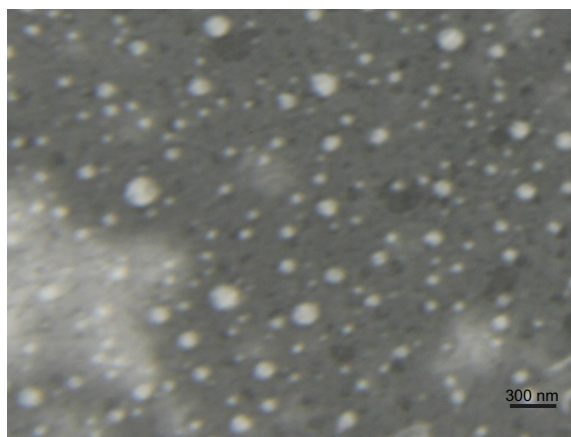


Figure 2 TEM micrograph of Lac-NCTD-TMC-NPs.

Abbreviations: TEM, transmission electron microscopy; Lac-NCTD-TMC-NPs, lactosyl-norcantharitin (Lac-NCTD)-associated N-Trimethyl chitosan nanoparticles.

was uncontaminated, and also had high specificity. In a $0.1 \mu\text{g/mL}$ to $52 \mu\text{g/mL}$ concentration range, Lac-NCTD in PBS/blank cells homogenate showed a good linear relationship. Recovery was 98.99% to 102.46% within the linear range, and relative standard deviation was below 5%, both of which fitted the requirements for analyzing the biological specimen.

Uptake of Lac-NCTD into Caco-2 monolayers

Effect of time on the uptake of Lac-NCTD

The uptake of Lac-NCTD ($250 \mu\text{g/mL}$) into Caco-2 monolayers was shown to be linear in relation to time, from 0 minutes to 30 minutes at 37°C (Figure 3). To ensure the optimal absorption rate, the uptake time of the drug should be determined

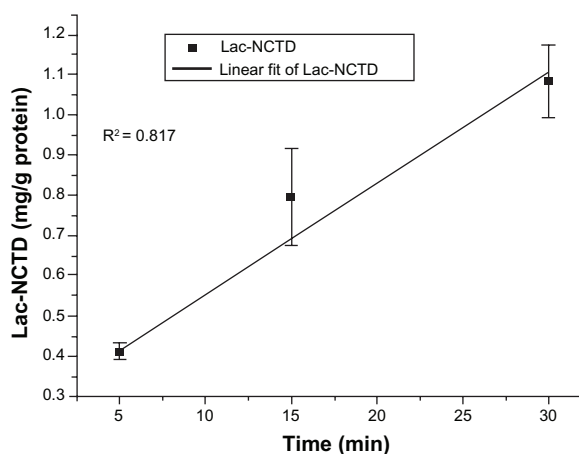


Figure 3 Time course of Lac-NCTD uptake in Caco-2 cell monolayers.

Note: Error bars represent standard error of the mean value for three determinations.

Abbreviations: Lac-NCTD, lactosyl-norcantharitin; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

within its linear absorption range. Considering the nature of the drug, cell characteristics, and operational feasibility, 15 minutes was set as the uptake time for the subsequent experiments.

Effect of concentration on the uptake of Lac-NCTD

Concentration dependence or saturation was observed for the uptake of Lac-NCTD in the concentration range of 100 $\mu\text{g}/\text{mL}$ to 400 $\mu\text{g}/\text{mL}$ (Figure 4).

Effect of pH and temperature

The uptake amount of Lac-NCTD (250 $\mu\text{g}/\text{mL}$) into Caco-2 monolayers in pH 6.0 and 7.4 were (0.82 ± 0.23) and (0.80 ± 0.15) mg/g protein, respectively. There were no significant differences between the uptake amounts in the two pH values ($P > 0.05$). Hence, the subsequent experiments were performed using the medium at pH 7.4.

The uptake amount of Lac-NCTD (250 $\mu\text{g}/\text{mL}$) into Caco-2 monolayers in 4°C and 37°C were (1.35 ± 0.13) and (0.80 ± 0.15) mg/g protein, respectively. The uptake of Lac-NCTD across Caco-2 cell monolayers showed temperature dependence, and was enhanced at low temperatures.

Effect of protein inhibitor

The saturation possibility of the P-glycoprotein (P-gp) and the multidrug resistance-associated protein 2 (MRP2) function was investigated in the present study. Hence, the uptake of Lac-NCTD across Caco-2 in solutions with added P-gp or MRP2 inhibitors 20 $\mu\text{mol}/\text{L}$ cyclosporine (CyA) or 50 $\mu\text{mol}/\text{L}$ MK-571 was investigated. Results are shown in Figure 5, which indicate that CyA and MK-571 can

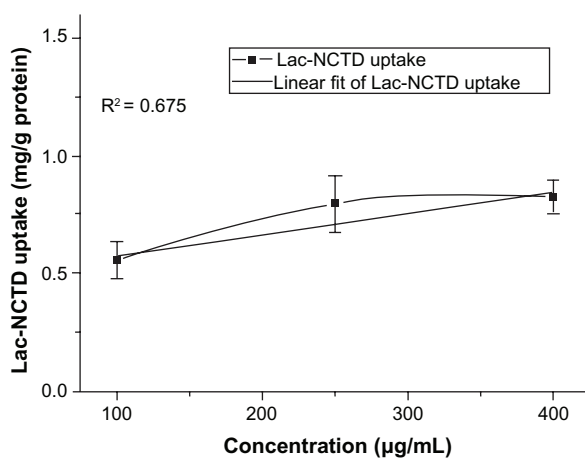


Figure 4 Effect of Lac-NCTD concentration on Caco-2 cells uptake.

Note: Error bars represent standard error of the mean value for three determinations.

Abbreviations: Lac-NCTD, lactosyl-norcantharitin; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

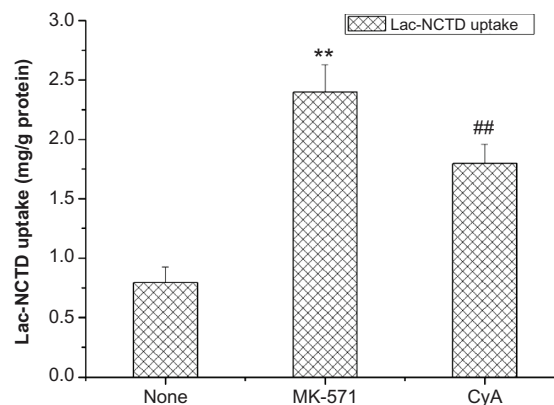


Figure 5 Effect of CyA and MK-571 on Caco-2 cells uptake.

Notes: ** $P < 0.01$ versus control group; ### $P < 0.01$ versus control group. Error bars represent standard error of the mean value for three determinations.

Abbreviations: CyA, cyclosporine; MK-571, Sigma-MK-571 sodium salt hydrate; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

facilitate the uptake procedure. However, the latter had an even stronger action.

Uptake of Lac-NCTD-NPs into Caco-2 monolayers

The uptake of Lac-NCTD-NPs (Lac-NCTD-CS-NPs, Lac-NCTD-TMC-NPs) and Lac-NCTD solution at a dose of 250 $\mu\text{g}/\text{mL}$ at 37°C was investigated. The results are shown in Table 1. Among the three formulations, the order of uptake amount was Lac-NCTD-TMC-NPs > Lac-NCTD-CS-NPs > Lac-NCTD solution.

Transport of Lac-NCTD across Caco-2 monolayers

Effect of concentration on the transport of Lac-NCTD

The influence of concentration on the transport of Lac-NCTD across the Caco-2 cell monolayers was measured (Table 2). The bidirectional transport data for Lac-NCTD showed that the secretory *Papp* (BL-AP) of Lac-NCTD was higher than its absorptive *Papp* (AP-BL) at every concentration point, indicating the existence of efflux proteins.¹²⁻¹³

Table 1 Uptake of Lac-NCTD on Caco-2 cells with different preparations (n = 3)

	Preparations		
	Lac-NCTD	Lac-NCTD-CS-NPs	Lac-NCTD-TMC-NPs
Uptake (mg/g protein)	0.80 ± 0.15	$1.54 \pm 0.32^{**}$	$1.73 \pm 0.17^{**\#}$

Notes: ** $P < 0.01$ versus Lac-NCTD; # $P < 0.05$ versus Lac-NCTD-CS-NPs.

Abbreviations: Lac-NCTD, lactosyl-norcantharitin; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

Table 2 P_{app} of Lac-NCTD at different concentrations in Caco-2 cells (n = 3)

Lac-NCTD ($\mu\text{g/mL}$)	P_{app} ($\times 10^{-6}$)		Ratio P_{B-A}/P_{A-B}
	AP-BL	BL-AP	
100	3.29 ± 0.34	6.29 ± 0.43	1.91
250	3.67 ± 0.17	6.76 ± 0.28	1.845
400	3.34 ± 0.22	4.58 ± 0.15	1.37

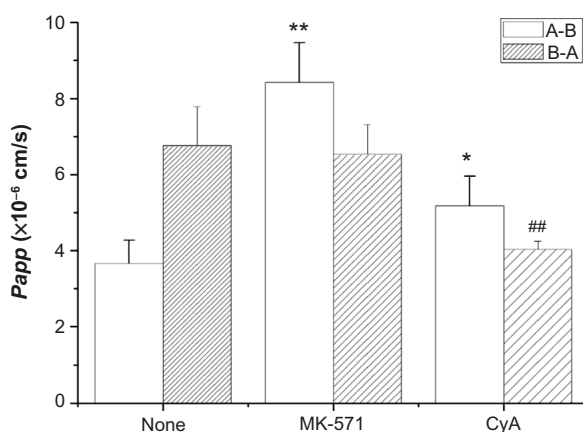
Abbreviations: Lac-NCTD, lactosyl-norcantharitin-associated; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

Effects of protein inhibitor on bi-directional transport of Lac-NCTD

The efflux transport of Lac-NCTD (250 $\mu\text{g/mL}$) was investigated in the presence of CyA (20 $\mu\text{mol/L}$) and MK-571 (50 $\mu\text{mol/L}$). The results are shown in Figure 6. When CyA was added, the P_{app} of the apical to basolateral direction increased, and the P_{app} of the basolateral to apical direction decreased. When MK-571 was added, the P_{app} of the apical to basolateral direction significantly increased, and the P_{app} of the basolateral to apical direction lightly decreased.

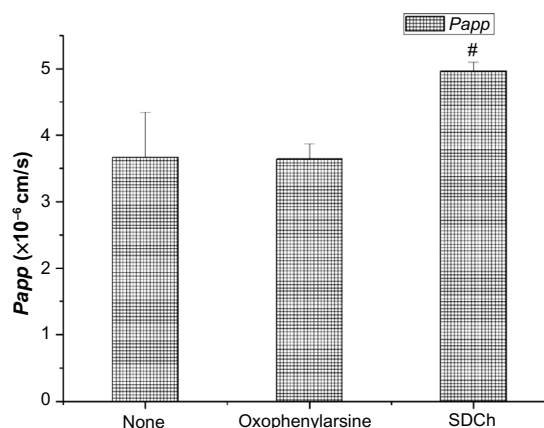
Effect of endocytosis inhibitors and bypass transport enhancers

The transport of Lac-NCTD (250 $\mu\text{g/mL}$) across Caco-2 in solutions with added endocytosis inhibitor oxophenylarsine 25 mmol/L or bypass transport enhancer sodium deoxycholate (SDCh) 100 mmol/L was also investigated. As shown in Figure 7, the P_{app} significantly increased after SDCh ($P < 0.05$) was added. However, no statistical difference in P_{app} existed between the oxophenylarsine group and the control group.

**Figure 6** Effect of CyA, MK-571 on the transport of Lac-NCTD.

Notes: * $P < 0.05$ versus control group; ** $P < 0.01$ versus control group; ## $P < 0.01$ versus control group. Error bars represent standard error of the mean value for three determinations.

Abbreviations: CyA, cyclosporine; MK-571, Sigma-MK-571 sodium salt hydrate; Lac-NCTD, lactosyl-norcantharitin.

**Figure 7** Effect of oxophenylarsine and SDCh on the transport of Lac-NCTD.

Notes: * $P < 0.05$ versus control group. Error bars represent standard error of the mean value for three determinations.

Abbreviations: SDCh, sodium deoxycholate; Lac-NCTD, lactosyl-norcantharitin.

Transport of Lac-NCTD-NPs across Caco-2 mono layers

The bidirectional transport of Lac-NCTD-NPs (Lac-NCTD-CS-NPs, Lac-NCTD-TMC-NPs) and Lac-NCTD solution at a dose of 250 $\mu\text{g/mL}$ at 37°C was also investigated. Results are shown in Table 3.

Subcellular localization of NPs

The uptake of Lac-NCTD-NPs (Lac-NCTD-CS-NPs, Lac-NCTD-TMC-NPs) by human Caco-2 cells was evaluated by laser scanning confocal microscopy (Figure 8). After incubating 250 $\mu\text{g/mL}$ of FITC-labeled Lac-NCTD-NPs with Caco-2 cells for 15, 30, and 60 minutes, the cells were fixed and the nuclei were stained with Hoechst 33258. The fluorescence intensity profiles for both Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs were roughly comparable. After 15 minutes of incubation, the Lac-NCTD-NPs mostly gathered in the surface of the cell membrane, and a small part gathered into the cytoplasm (Figure 8, green fluorescence). As the incubation time was extended, more NPs gathered in the cytoplasm, and even inside the nucleus.

Table 3 P_{app} of Lac-NCTD on Caco-2 cells with different preparations (n = 3)

Preparations (250 $\mu\text{g/mL}$)	P_{app} ($\times 10^{-6}$)		Ratio P_{B-A}/P_{A-B}
	AP-BL	BL-AP	
Lac-NCTD solution	3.67 ± 0.68	6.76 ± 1.12	1.85
Lac-NCTD-CS-NPs	$5.38 \pm 0.23^{**}$	$6.01 \pm 0.45^*$	1.11**
Lac-NCTD-TMC-NPs	$5.73 \pm 0.44^{***}$	$6.12 \pm 0.67^*$	1.07**

Notes: * $P < 0.05$ versus Lac-NCTD; ** $P < 0.01$ versus Lac-NCTD; ## $P < 0.05$ versus Lac-NCTD-CS-NPs.

Abbreviations: Lac-NCTD, lactosyl-norcantharitin; Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells.

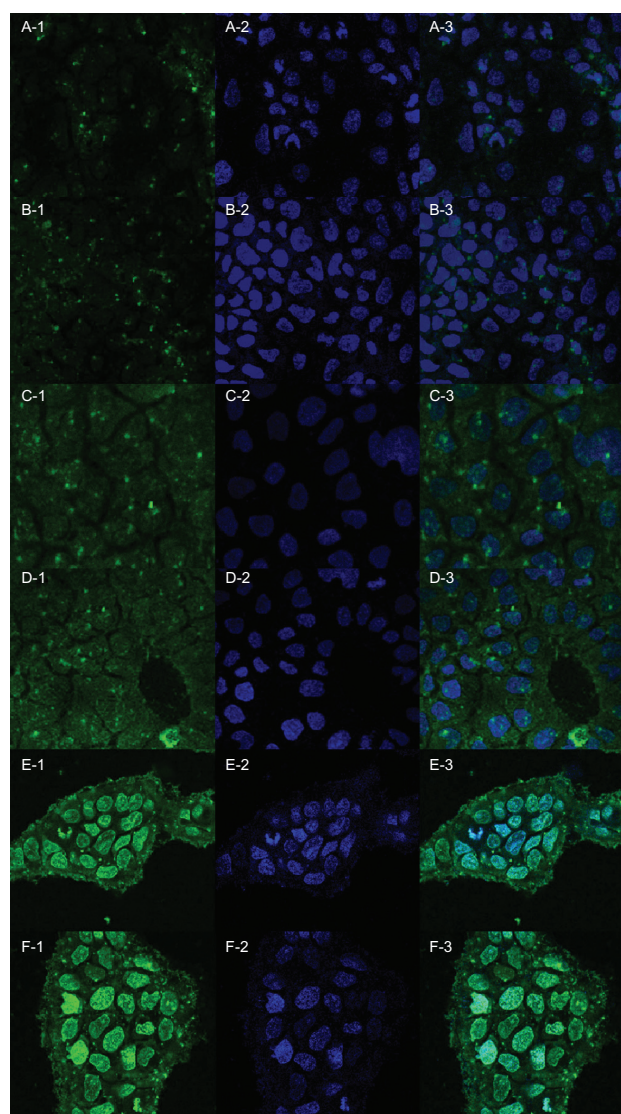


Figure 8 Laser scanning confocal microscopy images showing uptake and subcellular localization of FITC-labeled Lac-NCTD-CS-NPs and FITC-labeled Lac-NCTD-TMC-NPs. Panel 1. Green fluorescence shows the location of FITC-labeled Lac-NCTD-CS-NPs or FITC-labeled Lac-NCTD-TMC-NPs. Panel 2. Blue fluorescence shows nuclear staining with Hoechst33258. Panel 3. Overlaid image of Panel 1 and Panel 2. (A, C, E): Lac-NCTD-CS-NPs groups. (B, D, F): Lac-NCTD-TMC-NPs groups. (A and B): 15 min. (C and D): 30 min. (E and F): 60 min.

Abbreviations: FITC-labeled, fluorescein isothiocyanate-labeled; Lac-NCTD-CS-NPs, lactosyl-norcantharitin (Lac-NCTD)-associated *N*-Trimethyl chitosan nanoparticles; Lac-NCTD-TMC-NPs, lactosyl-norcantharitin (Lac-NCTD)-associated *N*-Trimethyl chitosan nanoparticles.

Uptake process of NPs

The uptake of Lac-NCTD-TMC-NPs by human Caco-2 cells was observed using atomic force microscopy (Figure 9).

Figure 9A shows the surface of Caco-2 cells without any treatment. Figure 9B shows the cells' surface morphology when treated with nanoparticles for 4 hours. The surface is relatively flat in Figure 9A, whereas multiple depressions are present in Figure 9B. These changes indicated the occurrence of endocytosis.

A statistical analysis of the height of the protruding particles on the cell surface (Figure 10) then followed. Figure 10A shows the Caco-2 cell surface without any treatment. The height of the protruding particles was mostly located from 100 nm to 150 nm. Figure 10B shows the cell surface morphology when treated with nanoparticles for 4 hours. The height of protruding particles mostly gathered at 280 nm. The height difference between 10A and B was consistent with the particle size of the nanoparticles.

Discussion

In the present study, a novel liver-targeting drug-delivery system (Lac-NCTD-TMC-NPs) with stable EE and high DL efficacy was prepared. The particle size of Lac-NCTD-TMC-NPs was 120.6 ± 1.7 nm. The majority of fenestrated liver sinusoids were, usually, smaller than 200 nm in diameter.¹⁴ Additionally, several abnormalities existed between tumor blood vessels and physiologically normal vessels, including a relatively high proportion of proliferation in vivo, increased tortuosity, aberrant basement membrane formation, and enhanced permeability.^{15–17} Thus, the prepared Lac-NCTD-TMC-NPs, with a mean particle size of around 120 nm, can pass through the fenestrated sinusoids and accumulate in the tumor sites of the liver. The small particle size reduced the adverse reaction of Lac-NCTD-TMC-NPs on normal hepatic cells, by reducing the passive targeting in the liver. The TEM image suggested that these nanoparticles were probably ionically stabilized against particle agglomeration, due to the positive charges on their surface.

The intestinal transport mechanism of Lac-NCTD and its NPs was also investigated in the present study using Caco-2 cells. In recent years, the Caco-2 cell model has become a popular model of the intestinal mucosa¹⁸ due to the fact that these cells have a colonic origin, and express transporters which are normally found in the intestinal mucosa. Among these transporters, some promote drug absorption.¹⁹ However, others (P-gp, MRP2, and MRP1) are known to restrict drug absorption in the intestinal mucosa.²⁰

In the uptake study, concentration dependence or saturation was observed for the uptake of Lac-NCTD in the concentration range of 100 $\mu\text{g/mL}$ to 400 $\mu\text{g/mL}$. This finding suggests that active transport occurred during the uptake process. The effects of pH level and temperature on the uptake of Lac-NCTD in Caco-2 monolayers were also studied. The uptake amount of Lac-NCTD in Caco-2 cells was observed to be dependent on temperature, but not on pH values. Generally, in low temperatures, the generation of adenosine triphosphate (ATP) is blocked, and so active

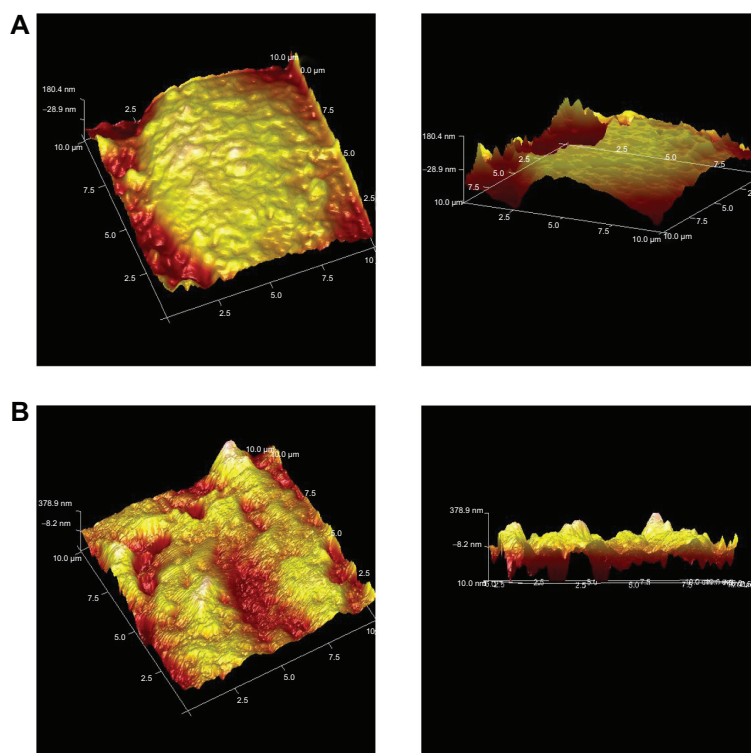


Figure 9 Atomic force microscope micrograph of Caco-2 cells. **A:** Caco-2; **B:** Caco-2 after treatment with Lac-NCTD-TMC-NPs. (10 μm \times 10 μm).

Abbreviations: Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells; Lac-NCTD-TMC-NPs, lactosyl-norcantharitin (Lac-NCTD)-associated *N*-Trimethyl chitosan nanoparticles.

transport is inhibited; therefore the uptake amount of Lac-NCTD in Caco-2 cells should be reduced. However, the experimental result was contrary to this finding. According to the literature,^{21,22} Caco-2 cells highly express drug efflux transporters, which are energy-dependent drug efflux pumps. The uptake amount was enhanced at a low temperature, suggesting the presence of efflux proteins.^{22–24}

Previous studies have demonstrated that a class of proteins is related to drug uptake and intracellular transport.^{25,26} In addition to P-gp, MRP2 also plays a targeted transport pump role, affecting the intestinal absorption of compounds. These two types of protein are both expressed in Caco-2 cells; thus, specific inhibitors were applied in the present study to observe the interaction between Lac-NCTD and inhibitors. Results showed that P-gp and MRP2 each play an important role in the uptake and transport process of Lac-NCTD. When either CyA (20 $\mu\text{mol/L}$) or MK-571 (50 $\mu\text{mol/L}$) was added to the apical side of Caco-2 cell monolayers, the *Papp* of the apical to basolateral direction significantly increased by 1.41 and 2.29 times, respectively.

Both P-gp and MRP2 efflux pumps are located predominantly in the apical membranes of the epithelia (eg, small intestine, colon), making the secretion rate faster than the absorption rate.²⁷ Efflux proteins show a strong efflux effect

in low drug concentrations, and become saturated in high drug concentrations. When the Lac-NCTD concentration increased from 100 $\mu\text{g/mL}$ to 400 $\mu\text{g/mL}$, the ratios of *Papp* BL-AP to *Papp* AP-BL decreased from 1.91 to 1.37, respectively. Between the two types of efflux proteins, MRP2 showed a stronger action. This conclusion needs to be verified further, using a MDCK-MRP2 cell model.

Figure 7 shows the effects of oxophenylarsine and SDCh, which were added to the apical side of Caco-2 cell monolayers on the transport of Lac-NCTD. The paracellular transport enhancer SDCh promoted the absorption of Lac-NCTD, while the endocytosis inhibitor oxophenylarsine had no effect. This indicates that only a small proportion of Lac-NCTD was transported by the paracellular mode, which speculation is consistent with the physical and chemical properties of Lac-NCTD. Water-soluble small molecule compounds and paracellular transport are common modes of transport for these types of drugs.

The uptake and transport studies of NPs have shown that in the same concentrations, absorption of Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs was greater than that of the Lac-NCTD solution. Additionally, Lac-NCTD-TMC-NPs have a stronger action; thus, NPs can improve the cell uptake and transportation of drugs. Adsorptive endocytosis has been suggested to exist as a nonspecific interaction of the cell

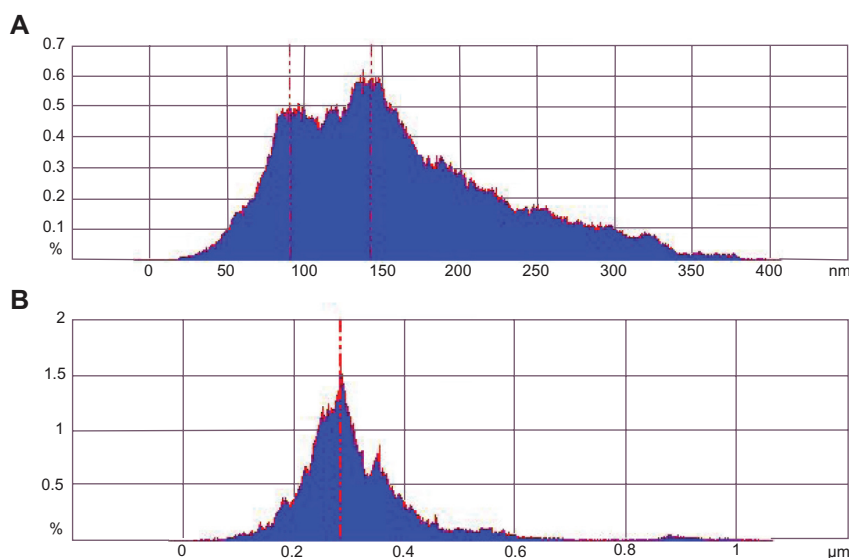


Figure 10 Size distribution histogram of protrusions on Caco-2. **A:** Caco-2; **B:** Caco-2 after treatment with Lac-NCTD-TMC-NPs.

Abbreviations: Caco-2, continuous line of heterogeneous human epithelial colorectal adenocarcinoma cells; Lac-NCTD-TMC-NPs, lactosyl-norcantharitin (Lac-NCTD)-associated *N*-Trimethyl chitosan nanoparticles.

membrane with the NPs. Meschini and colleagues reported that higher intracellular content of a drug via endocytosis of a carrier can remarkably increase its therapeutic effect against the target cells.¹⁶ On the other hand, CS and TMC can improve uptake. The mechanism is that CS and TMC can open tight junctions.¹⁷ TMC's high degree of quaternization (65%) enables high absorption-enhancing properties. Moreover, TMC-containing formulations reportedly exceed the potency of CS in mucoadhesion.²⁸ In particular, as shown in Table 3, the *Papp* BL-AP of NPs was greater than the *Papp* AP-BL, and the ratios of *Papp* BL-AP to *Papp* AP-BL were largely reduced compared with the Lac-NCTD solution.

These results suggested that after being encapsulated in CS or TMC, a small portion of Lac-NCTD was directly transported into the cells in nanoparticle form, effectively bypassing the need for efflux proteins. Therefore, for multidrug-resistant cells with a decreased drug uptake, CS-NPs or TMC-NPs can act as a transmembrane delivery vehicle, to help transport the drug molecules into the cells. Thus, CS-NPs or TMC-NPs can decrease drug efflux as well as increase cell internalization and intracellular accumulation of the drugs.²⁹

Efficient cellular internalization of nanoparticles is necessary, for both intracellular drug delivery, and efficient therapy. The results in Figure 8 proved that Lac-NCTD-NPs can penetrate the plasma membrane of Caco-2 cells, and, from there, translocate into the cytoplasm, and even into the nucleus. CS was regarded as a versatile polymer.³⁰ Nanoparticles made of polymer materials may pass through the nuclear pore, and then enter the nucleus during the

cell division process.³¹ Additionally, the positive charge of CS-NPs and TMC-NPs enables an electrostatic interaction with the phosphate groups of nucleic acids.³² Isolated spots of green fluorescence showed higher fluorescence intensity in some cells, demonstrating the cluster of the nanoparticles. The figures obtained from atomic force microscopy (Figure 9) indicate that nanoparticle uptake into cells occurred through an endocytosis pathway. The combination of the nanoparticles and the cells is relatively secure.

Conclusion

Active transport and paracellular transport are suggested as both main and secondary mechanisms for the absorption of Lac-NCTD, respectively. Lac-NCTD uptake and absorption are not controlled by pH levels; however, they are positively correlated to uptake time, and negatively correlated to temperature. The *Papp* of the basolateral to apical direction is higher than that of the apical to basolateral direction. The P-gp and MRP2 inhibitor significantly enhances the uptake amount of Lac-NCTD. Compared with Lac-NCTD, Lac-NCTD-CS-NPs and Lac-NCTD-TMC-NPs also significantly enhance drug absorption. Lac-NCTD-NPs can penetrate the plasma membrane of Caco-2 cells and translocate into the cytoplasm, and even into the nucleus.

Acknowledgments

Technology support program of JiangSu province (BE2011670) and a project founded by the Priority Academic Program Development of JiangSu Higher Education Institutions.

Disclosure

The authors report no conflicts of interest in this work.

References

- Li Y, Huang G, Diakur J, Wiebe LI. Targeted delivery of macromolecular drugs: asialoglycoprotein receptor (ASGPR) expression by selected hepatoma cell lines used in antiviral drug development. *Curr Drug Deliv*. 2008;5(4):299–302.
- Morell AG, Irvine RA, Sternlieb I, Scheinberg IH, Ashwell G. Physical and chemical studies on ceruloplasmin. V. Metabolic studies on sialic acid-free ceruloplasmin *in vivo*. *J Biol Chem*. 1968;243(1):155–159.
- Hu ZH, Liu Y, Zhang L, et al. Preparation of a novel liver-targeting nanoparticle of norcantharidin derivative and evaluation of its antitumor activity. *J Exp Nanosci*. 2011;6(2):183–199.
- Chew JL, Wolfowicz CB, Mao HQ, Leong KW, Chua KY. Chitosan nanoparticles containing plasmid DNA encoding house dust mite allergen, Der p 1 for oral vaccination in mice. *Vaccine*. 2003;21(21–22):2720–2729.
- Wu Y, Yang WL, Wang CC, Hu JH, Fu SK. Chitosan nanoparticles as a novel delivery system for ammonium glycyrrhizinate. *Int J Pharm*. 2005;295(1–2):235–245.
- Amidi M, Mastrobattista E, Jiskoot W, Hennink WE. Chitosan-based delivery systems for protein therapeutics and antigens. *Adv Drug Delivery Rev*. 2010;62(1):59–82.
- Yamashita S, Tanaka Y, Endoh Y, et al. Analysis of drug permeation across Caco-2 monolayer: implication for predicting *in vivo* drug absorption. *Pharm Res*. 1997;14(4):486–491.
- Calvo P, Remuñan-López C, Vila-Jato JL, Alonso MJ. Chitosan and chitosan/ethylene oxide-propylene oxide block copolymer NPs as novel carriers for proteins and vaccines. *Pharm Res*. 1997;14(10):1431–1436.
- Yang ZQ, Xu J, Pan P, Zhang XN. Preparation of an alternative freeze-dried PH-sensitive cyclosporine A nanoparticle formulation and its pharmacokinetic profile in rats. *Pharmazie*. 2009;64(1):26–31.
- Bradford M. A rapid and sensitive method for the quantitation of microgram quantities of protein utilizing the principle of protein dye binding. *Anal Biochem*. 1976;72:248–254.
- Huang M, Ma Z, Khor E, Lim LY. Uptake of FITC-chitosan nanoparticles by A549 cells. *Pharm Res*. 2002;19(1):1488–1494.
- Hu M, Chen J, Zhu Y, Dantzig AH, Stratford RE Jr, Kuhfeld MT. Mechanism and kinetics of transcellular transport of a new beta-lactam antibiotic loracarbef across an intestinal epithelial membrane model system (Caco-2). *Pharm Res*. 1994;11(10):1405–1413.
- Sun H, Pang KS. Permeability, transport, and metabolism of solutes in Caco-2 cell monolayers: a theoretical study. *Drug Metab Dispos*. 2008;36(1):102–123.
- Reza MS, Quadir MA, Haider SS. Comparative evaluation of plastic, hydrophobic and hydrophilic polymers as matrices for controlled-release drug delivery. *J Pharm Pharm Sci*. 2003;6(2):282–291.
- Brannon-Peppas L, Blanchette JO. Nanoparticle and targeted systems for cancer therapy. *Adv Drug Delivery Rev*. 2004;56(11):1649–1659.
- Meschini S, Molinari A, Calcabrini A, Citro G, Arancia G. Intracellular localization of the antitumor drug adriamycin in living cultured cells: a confocal microscopy study. *J Microsc*. 1994;176(Pt 3):204–210.
- Kotzé AF, Luessen HL, de Leeuw BJ, de Boer AG, Verhoef JC, Junginger HE. Comparison of the effect of different chitosan salts and *N*-trimethyl chitosan chloride on the permeability of intestinal epithelial cells (Caco-2). *J Control Release*. 1998;51(1):35–46.
- Artursson P, Palm K, Luthman K. Caco-2 monolayers in experimental and theoretical predictions of drug transport. *Adv Drug Deliv Rev*. 2001;46(1–3):27–43.
- Dantzig AH, Hoskins JA, Tabas LB, et al. Association of intestinal peptide transport with a protein related to the cadherin superfamily. *Science*. 1994;264(5157):430–433.
- Kool M, de Haas M, Scheffer GL, et al. Analysis of expression of cMOAT (MRP2), MRP3, MRP4, and MRP5, homologues of the multidrug resistance-associated protein gene (MRP1), in human cancer cell lines. *Cancer Res*. 1997;57(16):3537–3547.
- van der Sandt IC, Blom-Roosemalen MC, de Boer AG, Breimer DD. Specificity of doxorubicin versus rhodamine-123 in assessing P-glycoprotein functionality in the LLC-PK1, LLC-PK1:MDR1 and Caco-2 cell lines. *Eur J Pharm Sci*. 2000;11(3):207–214.
- Artursson P, Karlsson J. Correlation between oral drug absorption in humans and drug permeability coefficients in human intestinal epithelial (Caco-2) cells. *Biochem Biophys Res Commun*. 1999;175(3):880–885.
- Nakagami T, Yasui-Furukori N, Saito M, Tateishi T, Kaneo S. Effect of verapamil on pharmacokinetics and pharmacodynamics of risperidone: *in vivo* evidence of involvement of P-glycoprotein in risperidone disposition. *Clin Pharmacol Ther*. 2005;78(1):43–51.
- Haimeur A, Conseil G, Deeley RG, Cole SP. The MRP-related and BCRP/ABCG2 multidrug resistance proteins: biology, substrate specificity and regulation. *Curr Drug Metab*. 2004;5(1):21–53.
- Varma MV, Asbokraji Y, Dey CS, Panchagnula R. P-glycoprotein inhibitors and their screening: a perspective from bioavailability enhancement. *Pharm Res*. 2003;48(4):347–359.
- Martinez MN, Amidon GL. A mechanistic approach to understanding the factors affecting drug absorption: a review of fundamentals. *J Clin Pharmacol*. 2002;42(6):620–643.
- Collnot EM, Baldes C, Wempe MF, et al. Mechanism of inhibition of P-glycoprotein mediated efflux by vitamin ETPGS: influence on ATPase activity and membrane fluidity. *Mol Pharm*. 2007;4(3):465–474.
- Florea BI, Thanou M, Junginger HE, Borchard G. Enhancement of bronchial octreotide absorption by chitosan and *N*-trimethyl chitosan shows linear *in vitro/in vivo* correlation. *J Control Release*. 2006;110(2):353–361.
- Gottesman MM, Fojo T, Bates SE. Multidrug resistance in cancer: role of ATP-dependent transporters. *Nat Rev Cancer*. 2002;2(1):48–58.
- Hoggard KM, Varum KM, Issa M, et al. Improved chitosan-mediated gene delivery based on easily dissociated chitosan polyplexes of highly defined chitosan oligomers. *Gene Ther*. 2004;11(19):1441–1452.
- Sebolt-Leopold JS, Herrera R. Targeting the mitogen-activated protein kinase cascade to treat cancer. *Nat Rev Cancer*. 2004;4(12):937–947.
- Lai WF, Lin MC. Nucleic acid delivery with chitosan and its derivatives. *J Control Release*. 2009;134(3):158–168.

International Journal of Nanomedicine

Publish your work in this journal

The International Journal of Nanomedicine is an international, peer-reviewed journal focusing on the application of nanotechnology in diagnostics, therapeutics, and drug delivery systems throughout the biomedical field. This journal is indexed on PubMed Central, MedLine, CAS, SciSearch®, Current Contents®/Clinical Medicine,

Submit your manuscript here: <http://www.dovepress.com/international-journal-of-nanomedicine-journal>

Dovepress

Journal Citation Reports/Science Edition, EMBASE, Scopus and the Elsevier Bibliographic databases. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit <http://www.dovepress.com/testimonials.php> to read real quotes from published authors.