

Oncostatin M Is a Biomarker of Diagnosis, Worse Disease Prognosis, and Therapeutic Nonresponse in Inflammatory Bowel Disease

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Background: Oncostatin M (OSM) has been implicated in the pathogenesis of inflammatory bowel disease (IBD) and as a marker for nonresponsiveness to anti-tumor necrosis factor (TNF) therapy. We further unraveled the potential of OSM and related receptors as markers of diagnosis, prognosis, and therapy response in IBD.

Methods: We collected inflamed mucosal biopsies and serum from patients with Crohn disease (CD) and with ulcerative colitis: (1) newly diagnosed patients who were treatment-naïve, (2) patients initiating anti-TNF or (3) vedolizumab therapy, (4) postoperative patients with CD, and (5) multiple-affected families with IBD including unaffected first-degree relatives (FDRs). We measured the gene expression of mucosal *OSM* and its receptors *OSMR/LIFR* and co-receptor *IL6ST*, and the protein expression of serum OSM. Statistical significance was defined as $P < 0.05$.

Results: Newly diagnosed patients showed significantly increased mucosal *OSM/OSMR* compared with control patients, with the highest enrichment for *OSM* (fold change [FC] >17.9). Likewise, ileal *OSM/OSMR* were significantly upregulated in postoperative recurrent CD. Serum OSM was increased in newly diagnosed patients and postoperative patients with recurrent CD (FC ≥ 2.6). In families with IBD, higher serum levels were observed in FDRs than in control families (FC = 2.2). Furthermore, elevated colonic *OSM/OSMR* (but not serum OSM) were associated with the early need for biologic therapy (FC ≥ 1.9), and higher *OSM* was also predictive of primary nonresponse to both anti-TNF and vedolizumab therapy (FC ≥ 2.4). Immunohistochemistry highlighted mucosal OSM expression in macrophages.

Conclusions: We found that OSM is a diagnostic biomarker in the tissue and serum not only of newly diagnosed patients with IBD and postoperative patients with recurrent CD but also of their FDRs. Higher colonic *OSM* levels are furthermore associated with poor prognosis and with primary nonresponse to biologic therapies. Therefore, *OSM* could guide clinical decision-making.

Key Words: oncostatin M, biomarker, diagnostic, prognostic, therapy response, IBD

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Abbreviations: AUC, area under the curve; CD, Crohn disease; CI, confidence interval; FC, fold change; FDRs, unaffected first-degree relatives; IBD, inflammatory bowel disease; OSM, oncostatin M; OSMR, oncostatin M receptor- β ; ROC, receiver operating characteristic; TNF, tumor necrosis factor; UC, ulcerative colitis

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INTRODUCTION

Crohn disease (CD) and ulcerative colitis (UC) are chronic, relapsing inflammatory bowel diseases (IBDs) with increasing prevalence worldwide.^{1,2} A single reference standard for IBD diagnosis does not exist.³ Often, the diagnosis is significantly delayed, leading to a postponed treatment initiation and subsequently affecting overall quality of life and disease progression.⁴ Together with the significant rate of primary and secondary resistance to current IBD treatments,⁵ novel therapeutic targets and biomarkers supporting these clinical needs are eagerly awaited.

Among potential targets and biomarkers, oncostatin M (OSM) has gained a lot of interest. In 2017, West, Hegazy, et al⁶ reported an increased expression of *OSM* and the OSM receptor- β (*OSMR*) in inflamed intestinal tissue from patients with IBD, where it drives intestinal stromal cell inflammation. The authors also showed that increased *OSM* predicts nonresponsiveness to anti-tumor necrosis factor (TNF) therapy.

OSM is part of the interleukin (IL)-6 cytokine family and signals via a receptor complex composed of the gp130 co-receptor (similar for all IL-6 family members) and either *OSMR* or the leukemia inhibitory factor receptor- β (*LIFR*; Fig. 1A).⁷⁻⁹ In both cases (ie. *OSMR* or *LIFR*), formation of the heterodimeric complex can induce different signaling cascades (ie, JAK-STAT pathway, PI3K-Akt pathway), which depend on cell type and environmental conditions.^{10,11}

In this study, we aimed to further unravel the potential of OSM and related receptors as markers of diagnosis, prognosis, and therapy response in IBD, both in the mucosa and in serum. We therefore investigated 5 different clinical scenarios: (1) newly diagnosed patients with IBD, (2) patients initiating anti-TNF or (3) vedolizumab therapy, (4) postoperative patients with CD 6 months after surgery, and (5) unaffected first-degree relatives (FDRs).

MATERIALS AND METHODS

Patient Recruitment and Sample Collection

We cross-sectionally studied mucosal biopsies and serum from patients with CD and with UC: (1) newly diagnosed patients, (2) patients initiating anti-TNF or (3) vedolizumab therapy, (4) postoperative patients with CD 6 months after ileocolonic resection with ileocolonic anastomosis, and (5) multiple-affected families with IBD, including unaffected FDRs. For each group, matched samples from non-IBD control patients were included as comparison. Baseline characteristics for each study cohort are listed in [Supplementary Tables S1–5](#). An overview of the studied samples and groups can be found in [Table 1](#). Ileal expression data generated in our study center were only available in the context of early IBD, ie, newly diagnosed and postoperative patients with recurrent CD.¹²

Newly diagnosed patients with IBD who were treatment-naïve were included 6 months after diagnosis, were naïve for biologics/immunosuppressives, and had not had IBD-related surgery. A poor prognosis at the time of diagnosis was defined as the need for biologic therapy within 2 years after diagnosis. Endoscopic remission after anti-TNF or vedolizumab therapy was defined as the complete absence of ulcerations at month 6 (CD) or a Mayo endoscopic subscore of 0 to 1 at week 8/14 (UC). Patients with CD who underwent ileocecal resection with ileocolonic anastomosis and had a Rutgeerts score \geq i2b at month 6, were considered as postoperative recurrent patients.^{13,14} Multiple-affected families with IBD were defined as those with at least 3 FDRs with IBD.

All biopsies were taken during endoscopy and stored in RNALater buffer (Ambion, Austin, TX) at -80°C . Biopsies from patients with IBD were collected at the most affected site, at the edge of the ulcerative surface. Control biopsies were collected from individuals undergoing screening colonoscopies and who had a normal endoscopy.

To localize OSM, resected intestinal tissue from patients with IBD undergoing surgery and resected unaffected intestinal tissue from control patients who did not have IBD but did have colorectal cancer were collected. Tissue from these control patients was collected adjacent to the tumor-free resection margin.

Mucosal *OSM*, *OSMR*, *LIFR*, and *IL6ST* Expression Levels

Mucosal expression levels of *OSM*, *OSMR*, *LIFR*, and *IL6ST* (encode for the gp130 co-receptor) were obtained using microarray technology or RNA sequencing ([Table 1](#)).

For microarray analysis (postoperative CD cohort only), total RNA was extracted from biopsies using the RNeasy Mini Kit (Qiagen, Hilden, Germany) and was analyzed via GeneChip Human Gene 1.0 ST arrays (Affymetrix, Santa Clara, CA). Quality control and data analysis (R) were performed as previously described.¹² The robust multichip average method¹⁵ was applied on Affymetrix raw data (.cel files), resulting in log₂ expression values at the probe level.

We performed RNA sequencing on mucosal biopsies from newly diagnosed patients and patients initiating anti-TNF or vedolizumab therapy. Total RNA was extracted from the samples using the AllPrep DNA/RNA Mini kit (Qiagen) after tissue lysis using the FastPrep Lysing Matrix D tubes (MP Biomedicals, Brussels, Belgium). The integrity and quantity of RNA were evaluated with a 2100 Bioanalyzer and a Nanodrop ND-1000 spectrophotometer, respectively. After library preparation using the TruSeq Stranded mRNA protocol (Illumina, San Diego, CA), single-end RNA sequencing was performed on 500 ng total RNA (Illumina HiSeq 4000NGS). Raw sequencing data were then aligned to the reference genome (Hisat2 v.2.1.0¹⁶), and absolute counts were generated

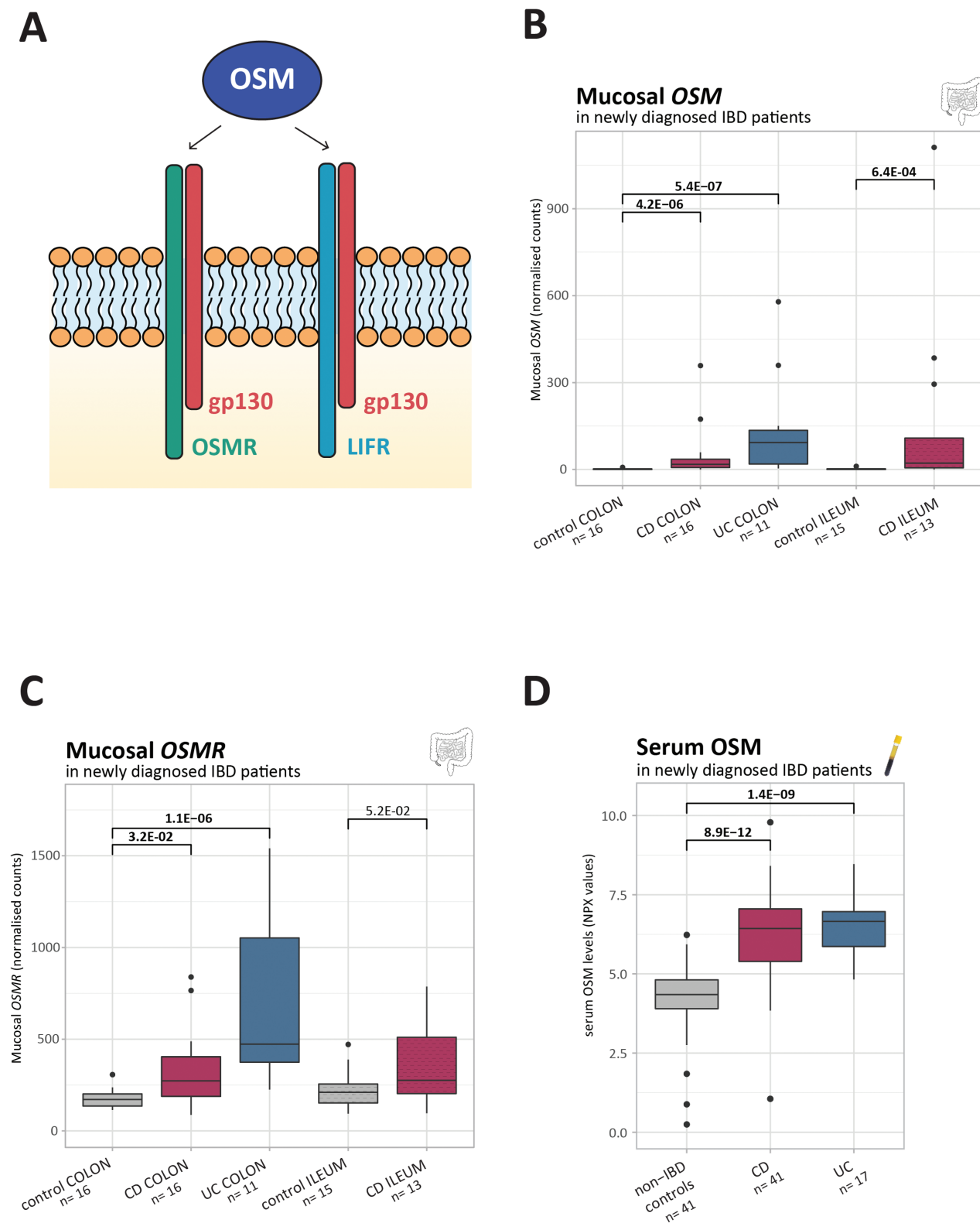


FIGURE 1. Mucosal OSM and OSMR levels and serum OSM in newly diagnosed patients with IBD. A, OSM signals via a receptor complex composed of the gp130 co-receptor and either OSMR or LIFR. B–C, Boxplots of mucosal OSM and OSMR as measured by RNA sequencing (normalized counts). D, Boxplots of serum OSM as measured by the OLINK proximity extension technology (NPX values). Significant comparisons are highlighted in bold. NPX indicates normalized protein expression values.

TABLE 1. Overview of the Studied Samples and Corresponding Applied Definitions and Technologies

Study Cohort	Subgroups	Serum	Mucosa (RNAseq*/microarray**)
Treatment-naïve newly diagnosed patients with IBD (within 6 months after diagnosis, naïve for biologics/immunosuppressives, no IBD-related surgery)	CD	41	16 colonic* 13 ileal*
	UC	17	11 colonic*
	Control patients without IBD	41	16 colonic* 15 ileal*
	Poor prognosis (need for biologic therapy within 2 years after diagnosis)	38	18 colonic*
	Good prognosis	13	9 colonic*
Anti-TNF cohort	Remission (complete absence of ulcerations at month 6 [CD] or a Mayo endoscopic subscore 0-1 at week 8/14 [UC])	91 95	13 colonic* 12 colonic*
	No remission		
Vedolizumab cohort	Remission (complete absence of ulcerations at month 6 [CD] or a Mayo endoscopic subscore 0-1 at week 14 [UC])	99	23 colonic*
	No remission	75	24 colonic*
Postoperative patients with CD undergoing ileocecal resection with ileocolonic anastomosis	No postoperative recurrence (Rutgeerts score i0/i1 at month 6)	36	8 neoterminal ileal**
	Postoperative recurrence (Rutgeerts score \geq i2b at month 6 ¹⁴)	46	24 neoterminal ileal**
	Control patients without IBD	43	12 ileal**
Multiple-affected families with IBD (minimum 3 FDRs with IBD)	Patients with IBD	48	—
	Unaffected FDRs	33	—
	Members of control families without IBD	40	—

RNAseq indicates RNA sequencing. *RNA sequencing based; **Microarray based.

using HTSeq.¹⁷ Counts were then normalized for library size using the RDESeq2 package.¹⁸ Using the cellular xCell deconvolution method,¹⁹ macrophage enrichment scores from bulk RNA data were calculated. The effect of anti-TNF therapy on genes of interest in the colonic mucosa was investigated using publicly available microarray datasets (GEO GSE12251, GSE14580, GSE16879).^{20, 21}

Serum OSM Levels

Relative serum OSM protein levels were quantified using proximity extension technology with an inflammation panel (Olink Proteomics AB, Uppsala, Sweden). Quality control and normalization of the data were performed using an internal extension control and an interplate control to adjust for intra- and interrun variation. Validation data can be found on the manufacturer's website (<https://www.olink.com>). The final readout was expressed in normalized protein expression values, an arbitrary unit on a log2 scale.

Fecal Calprotectin

Fecal calprotectin was extracted using the Smart Prep extraction device (Roche Diagnostics, Mannheim, Germany), and concentrations were measured using the fCAL enzyme-linked

immunosorbent assay kit (Bühlmann Laboratories AG, Schönenbuch, Switzerland).

Immunohistochemistry

Immunohistochemical stainings were performed on 5 μ m-thick glass-mounted sections prepared from formalin-fixed paraffin-embedded transmural bowel biopsies, using the BOND MAX autostainer (Leica Microsystems Ltd., Heerbrugg, Switzerland). Epitope retrieval was performed in citrate buffer (pH 6) at 98°C for 30 minutes. Rabbit polyclonal OSM antibody (ab198830, Abcam, Cambridge, UK) concentration was optimized, and a dilution of 1:200 was applied. The bound primary antibody was visualized using the BOND Polymer Refine Detection kit. All stains were evaluated by an IBD-experienced pathologist (G. De Hertogh). Microscopic images were generated using the Leica Application Suite V4.8.0. software, with a Leica DFC290 HD camera (Leica Microsystems Ltd.) mounted on a Leica DM2000 LED field microscope.

Statistical Analyses

Statistical analyses were conducted in R (R Development Core Team, Vienna, Austria). Comparisons were performed

using Wilcoxon tests or 2 sample *t* tests (continuous variables) and χ^2 tests (categorical baseline characteristics), as appropriate. Continuous variables on plots were expressed as median with interquartile range. Correlations were evaluated using the Spearman *r* correlation coefficient. To assess the performance of univariate and multivariate logistic regression models, receiver operating characteristics (ROCs) and areas under the curve (AUCs) were analyzed, and the Delong test was performed to compare the AUCs (R²pROC package). Statistical significance was defined as $P < 0.05$.

Ethical Considerations

This study was carried out at the University Hospitals Leuven (Leuven, Belgium). The ethics committee of the University Hospitals Leuven approved the study (institutional review board approvals B322201213950/S53684, B322201110724/S52544, and B322201627472/S57662). All individuals gave written informed consent.

RESULTS

OSM and Related Receptors in Early IBD

Comparative analyses between early IBD models/ unaffected FDRs and matched control patients without IBD

In newly diagnosed patients with CD and with UC, colonic mucosal *OSM* expression was upregulated as compared with control patients without IBD (fold change [FC] = 23.6, $P = 4.2\text{E-}06$; FC = 93.0, $P = 5.4\text{E-}07$, respectively; Fig. 1B). Although *OSMR* also showed increased expression in both CD and UC colons (FC = 1.6, $P = 3.2\text{E-}02$; FC = 2.7, $P = 1.1\text{E-}06$; Fig. 1C), *LIFR* did not ($P = 1.6\text{E-}01$; $P = 2.9\text{E-}01$; Supplementary Fig. 1A). Notably, *IL6ST*, which encodes for the gp130 co-receptor, was elevated in UC colons (FC = 1.5, $P = 3.3\text{E-}03$) but not in CD colons ($P = 8.6\text{E-}02$; Supplementary Fig. 1B).

In the ileum of newly diagnosed patients with CD, the same observations were made with increased mucosal *OSM* (FC = 17.9, $P = 6.4\text{E-}04$) and borderline increased *OSMR* (FC = 1.4, $P = 5.2\text{E-}02$) as compared with the ileum of control patients without IBD (Figs. 1B, C). Limited or no differences were found for *LIFR* ($P = 5.8\text{E-}02$) and *IL6ST* ($P = 1.7\text{E-}01$), respectively (Supplementary Figs. 1A, B). Likewise, patients with CD with postoperative recurrent ileitis (Rutgeerts score ≥ 2),¹⁴ a good model to study the earliest mucosal CD lesions,¹² had significantly higher *OSM* and *OSMR* levels in the ileal mucosa at month 6 than did control patients (FC = 2.1, $P = 1.5\text{E-}02$; FC = 2.2, $P = 9.9\text{E-}05$; Figs. 2A, B). No differences for *LIFR* and *IL6ST* were found (Supplementary Figs. 1C, D).

Serum protein analysis showed increased OSM levels in newly diagnosed patients with CD and with UC vs

control patients without IBD (FC = 4.3, $P = 8.9\text{E-}12$; FC = 5.0, $P = 1.4\text{E-}09$; Fig. 1D). Similarly, in postoperative patients with recurrent CD, elevated serum OSM levels were observed at month 6, in comparison to patients with CD without recurrence and to control patients (FC = 2.6, $P = 2.1\text{E-}06$; FC = 3.0, $P = 2.7\text{E-}09$; Fig. 2C). Remarkably, in multiple-affected families with IBD, higher OSM levels were found in unaffected FDRs as compared to matched control families (FC = 2.2, $P = 1.2\text{E-}05$), with levels in these FDRs similar to those of the affected relatives ($P = 4.7\text{E-}01$; Fig. 2D).

Diagnostic prediction model

We built univariate logistic regression models for mucosal *OSM/OSMR* and serum OSM levels and assessed their performance. The ROC analysis based on mucosal *OSM* showed high accuracy in discriminating between newly diagnosed patients with CD and with UC and control patients without IBD (AUC $\geq 86.2\%$; 95% confidence interval [CI] $\geq 69.1\%$; Table 2). Similar, serum OSM had a strong discriminative power, with an accuracy of 90.0% (95% CI, 83.0%-97.1%) and 94.5% (95% CI, 89.2%-99.9%) in patients with CD and with UC vs control patients (Table 2). Mucosal *OSMR* resulted in a significant AUC of $\geq 71.2\%$ (95% CI $\geq 51.9\%$) to distinguish newly diagnosed patients with CD and with UC from control patients (Table 2).

Early recurrence prediction model

Serum OSM 6 months after surgery was found as a marker for early postoperative recurrent CD, with an AUC of 79.6% (95% CI, 67.6%-91.5%) to distinguish postoperative patients with CD with recurrence from those without recurrence (Fig. 2E). This serum OSM model numerically outperformed fecal calprotectin concentrations, which had an accuracy of 66.0% (95% CI, 51.4%-80.6%; $P = 1.8\text{E-}01$; Fig. 2E).

Unaffected FDR prediction model

Serum OSM levels could also discriminate between unaffected and entirely asymptomatic FDRs and matched control families, with an accuracy of 81.0% (95% CI, 71.0%-91.0%; Fig. 2F). However, fecal calprotectin could not accurately classify unaffected FDRs and control families (AUC = 60.6%; 95% CI, 48.9%-72.4%). The discriminative power of serum OSM in unaffected FDRs thus outperformed fecal calprotectin ($P = 9.1\text{E-}03$; Fig. 2F).

OSM and Related Receptors Depending on Disease Prognosis

Elevated colonic expression of *OSM*, *OSMR*, and *IL6ST* at diagnosis was associated with a worse prognosis as defined by the need for biologic therapy within 2 years after diagnosis (poor vs good prognosis: FC = 2.5, $P = 2.0\text{E-}02$; FC = 1.9, $P = 1.1\text{E-}02$; FC = 1.5, $P = 1.7\text{E-}02$, respectively; Figs. 3A, B, Supplementary Fig. 2B). Colonic *LIFR* and serum

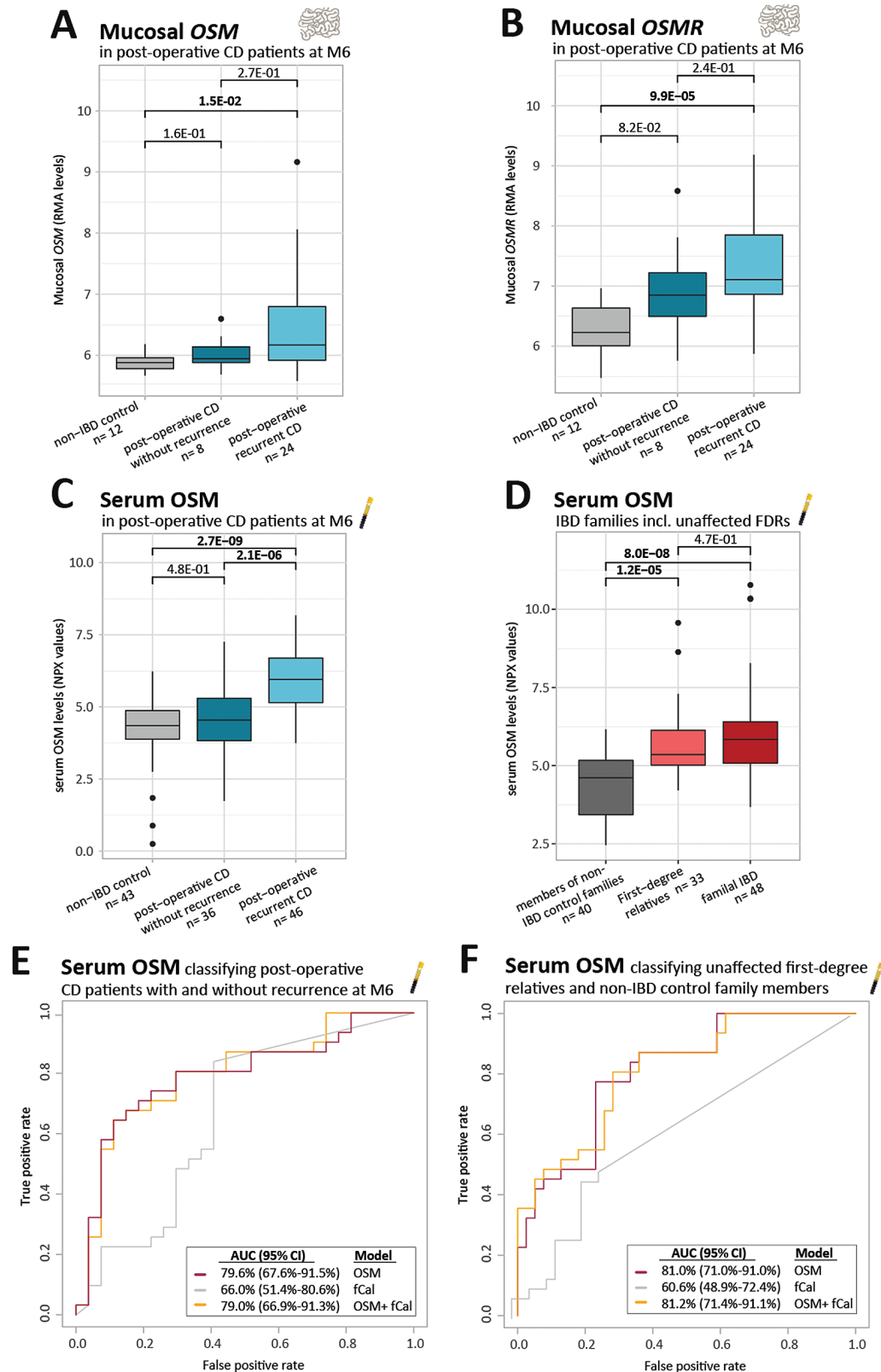


FIGURE 2. Mucosal OSM and OSMR levels in postoperative patients with CD and serum OSM in postoperative patients with CD and multiple-affected families with IBD. A-B, Boxplots of mucosal OSM and OSMR as measured by microarray technologies (RMA values). C and D, Boxplots of serum OSM as measured by the OLINK proximity extension technology (NPX values). E and F, ROC analysis classifying (D) postoperative CD with and

TABLE 2. ROC Curve Analyses for the OSM-Related Markers in All Study Cohorts

Study Cohort	Outcome	Serum OSM Protein Levels, AUC (95% CI)	Mucosal Gene Expression Levels, AUC (95% CI)
Treatment-naïve newly diagnosed patients with IBD (within 6 months after diagnosis, naïve for biologics/immunosuppressives, no IBD-related surgery)	Patients with CD and control patients without IBD	90.0% (83.0%-97.1%)	Colonic <i>OSM</i> : 92.3% (83.7%-100.0%) Colonic <i>OSMR</i> : 72.7% (52.8%-92.6%) Ileal <i>OSM</i> : 86.2% (69.1%-100.0%) Ileal <i>OSMR</i> : 71.2% (51.9%-91.6%)
	Patients with UC and control patients without IBD	94.5% (89.2%-99.9%)	Colonic <i>OSM</i> : 98.9% (96.1%-100.0%) Colonic <i>OSMR</i> : 98.3% (94.9%-100.0%)*
	Poor prognosis and good prognosis	55.7% (35.3%-76.0%)	Colonic <i>OSM</i> : 77.8% (59.7%-95.9%) Colonic <i>OSMR</i> : 80.3% (62.8%-97.7%)
Anti-TNF cohort	Remission and no remission	52.2% (43.8%-60.6%)	Colonic <i>OSM</i> : 73.7% (53.7%-93.7%) Colonic <i>OSMR</i> : 76.3% (55.6%-96.9%)
Vedolizumab cohort	Remission and no remission	51.0% (42.6%-59.4%)	Colonic <i>OSM</i> : 68.5% (52.9%-84.0%) Colonic <i>OSMR</i> : 62.0% (45.6%-59.4%)
Postoperative patients with CD undergoing ileocecal resection with ileocolonic anastomosis	Postoperative recurrence and control patients without IBD	84.5% (76.5%-92.6%)	Ileal <i>OSM</i> : 75.0% (58.9%-91.1%) Ileal <i>OSMR</i> : 87.9% (76.2%-99.4%)
	Postoperative recurrence and no postoperative recurrence	79.6% (67.6%-91.5%)	— ^a
Multiple-affected families with IBD (minimum 3 FDRs with IBD)	Unaffected FDRs and members of control families without IBD	81.0% (71.0%-91.0%)	—

*Significant accuracies. ^aSample size too small.

OSM did not differ depending on disease prognosis ($P = 9.4\text{E-}01$; $P = 5.6\text{E-}01$; [Supplementary Fig. 2A](#), [Fig. 3C](#)).

We then further assessed the prognostic accuracy of colonic *OSM* and *OSMR* gene expression levels and observed a significant AUC of 77.8% (95% CI, 59.7%-95.9%) and 80.3% (95% CI, 62.8%-97.7%), respectively ([Table 2](#)).

OSM and Related Receptors Depending on Therapy Response

Before anti-TNF therapy, colonic *OSM* and *OSMR* were upregulated in patients not achieving endoscopic remission (FC = 6.8, $P = 4.6\text{E-}02$; FC = 1.8, $P = 3.0\text{E-}02$, respectively; [Figs. 3D, E](#)). Baseline expression of *LIFR* and *IL6ST* was independent of response to anti-TNF ($P = 1.00\text{E+}00$; $P = 2.7\text{E-}01$; [Supplementary Figs. 2C, D](#)). In the vedolizumab cohort, increased colonic *OSM* levels were also observed in future nonresponders (FC = 2.4, $P = 3.0\text{E-}02$; [Fig. 3G](#)). No significant differences in *OSMR*, *LIFR*, and *IL6ST* expression between

future vedolizumab responders and nonresponders could be observed ($P = 1.6\text{E-}01$; $P = 7.9\text{E-}02$; $P = 6.4\text{E-}01$; [Fig. 3H](#), [Supplementary Figs. 2E, F](#)). At protein level, baseline serum OSM could not identify future anti-TNF or vedolizumab nonresponders ($P = 6.0\text{E-}01$; $P = 5.4\text{E-}01$; [Figs. 3F, I](#)). In the anti-TNF cohort, colonic *OSM* and *OSMR* differentiated responders from nonresponders with an AUC of 73.7% (95% CI, 53.7%-93.7%) and 76.3% (95% CI, 55.6%-96.9%), respectively ([Table 2](#)). The mucosal *OSM* signature predicted endoscopic response to vedolizumab with an accuracy of 68.5% (95% CI, 52.9%-84.0%) ([Table 2](#)).

Notably, paired transcriptomic data obtained before the first anti-TNF administration and 4 to 6 weeks after treatment initiation displayed a significant decrease in colonic *OSM* in endoscopic responders and responders ($P = 6.1\text{E-}04$; $P = 3.3\text{E-}02$, respectively), but levels were also significantly lower in responders after treatment than in nonresponders after treatment ($P = 4.2\text{E-}07$; [Supplementary Fig. 3](#)).

without recurrence or (F) unaffected FDRs of patients with IBD and members of control families without IBD based on serum OSM levels and fCal. Significant comparisons are highlighted in bold. fCal indicates fecal calprotectin; M6, six months after surgery; NPX, normalized protein expression values; RMA, robust multichip average.

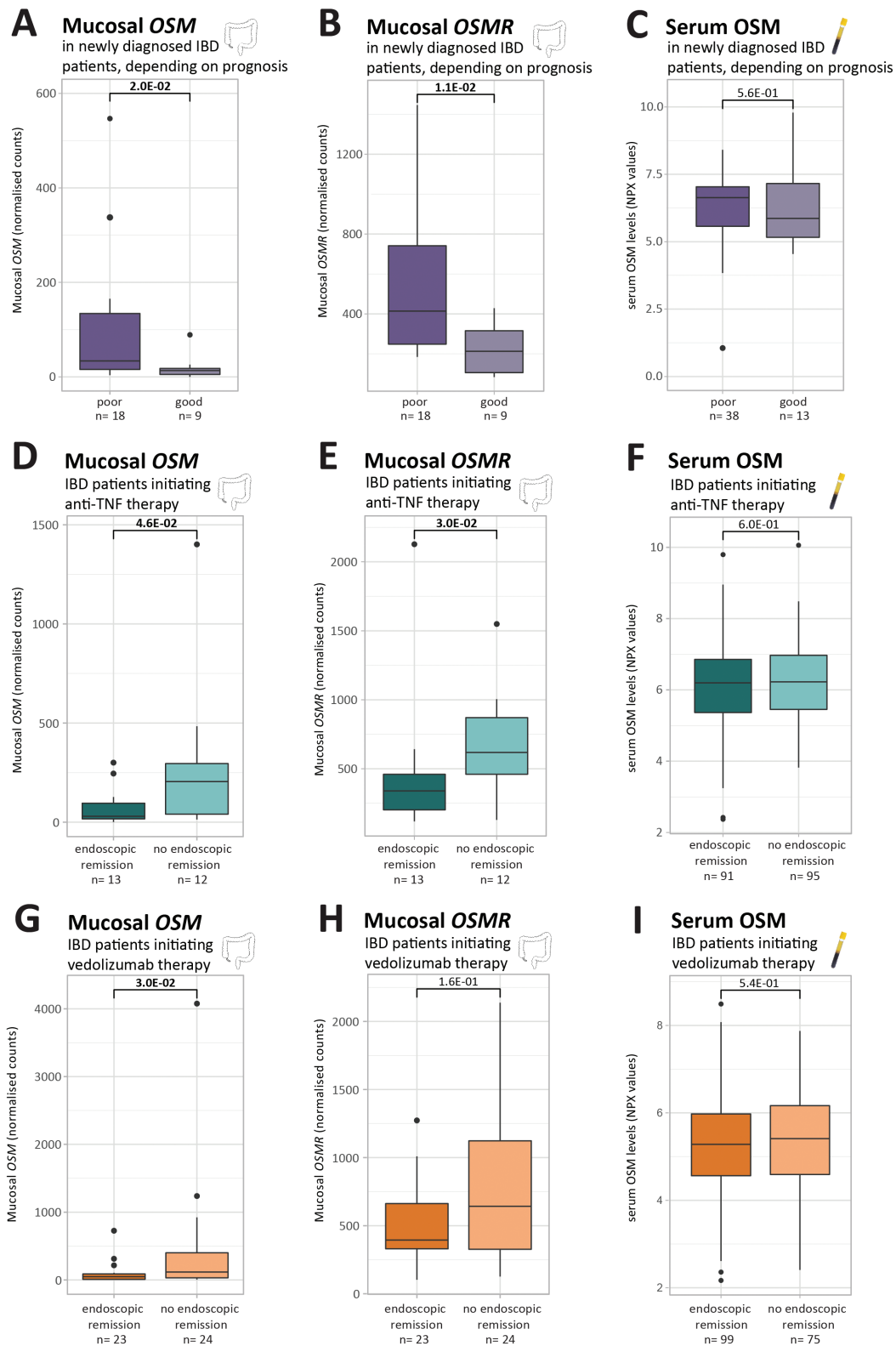


FIGURE 3. Mucosal OSM and OSMR levels and serum OSM in newly diagnosed patients with IBD depending on disease prognosis and in patients with IBD initiating anti-TNF or vedolizumab therapy. A-B, D-E, G-H. Boxplots of mucosal OSM and OSMR as measured by RNA sequencing (normalized counts). C, F, I. Boxplots of serum OSM as measured by the OLINK proximity extension technology (NPX values). Significant comparisons are highlighted in bold. NPX indicates normalized protein expression values.

Lack of Correlation Between Mucosal OSM and Serum OSM

We then assessed the relationship between mucosal *OSM* and serum *OSM* levels within 86 patients with IBD (ie, 86.7% of all patients whose colonic data we studied). No significant correlations between tissue *OSM* and serum *OSM* were found within patients with IBD overall, patients with CD, or patients with UC ($r = 0.09$, $P = 4.2\text{E-}01$; $r = 0.27$, $P = 1.0\text{E-}01$; $r = -0.04$, $P = 7.8\text{E-}01$).

Immunohistochemical Localization of OSM in the Intestinal Wall

Immunohistochemical analysis of surgically resected intestinal tissue localized *OSM* in macrophages residing in the superficial lamina propria, irrespective of location (ileum, colon) and disease status (CD, UC, control; Figs. 4A-C 4E, F). In CD, epithelioid granulomas and multinucleated giant cells also showed positive *OSM* staining (Figs. 4G, H). In penetrating CD, *OSM* expression was observed in macrophages lining the fissuring ulcer (Fig. 4D). These findings were further supported by a significant correlation between mucosal *OSM* mRNA levels and macrophage enrichment scores in CD and UC colons at the time of diagnosis ($r = 0.90$, $P < 2.2\text{E-}16$; $r = 0.66$, $P = 3.1\text{E-}02$, respectively; Supplementary Figs. 4A, B). This observation was mainly driven by macrophage M1 subtypes showing stronger correlations (CD: $r = 0.84$, $P = 2.9\text{E-}05$; UC: $r = 0.60$, $P = 5.6\text{E-}02$) than macrophage M2 subtypes (CD: $r = 0.71$, $P = 2.7\text{E-}03$; UC: $r = 0.48$, $P = 1.4\text{E-}01$; Supplementary Figs. 4C-F).

Furthermore, *OSM* staining was also detected in endothelial cells (Supplementary Fig. 5G). Considering the enteric nerve system, in both control and IBD tissue there was a weak staining for *OSM* in ganglion cells of the submucosa and the myenteric plexus (Supplementary Figs. 5A-F, 5H-I).

DISCUSSION

The need for a personalized approach for patients with IBD is high.^{22, 23} Diagnostic delay results in postponed treatment initiation and may affect patient outcomes.⁴ Hence, we need to prioritize early diagnosis and effective treatment at the individual patient level. In this study, we investigated *OSM* and its receptors in tissue and serum from various IBD cohorts and unaffected FDRs and provided further evidence for its potential as a diagnostic, prognostic, and therapeutic biomarker.

A role for the *OSM-OSMR* axis in the pathogenesis of IBD was first discovered by a disease-susceptibility single-nucleotide polymorphism within the *OSMR* locus on chromosome 5.²⁴ More recently, the landmark study by West, Hegazy, et al⁶ showed that *OSM*, out of 64 candidate cytokines, was the most highly and consistently expressed cytokine in the inflamed mucosa of patients with IBD. This upregulation of mucosal *OSM* was associated with an overexpression of *OSMR*,

whereas *LIFR* and *IL6ST* (encoding for gp130) showed no or limited differences, respectively.⁶ In light of these results, those authors further investigated the functional role of the *OSM-OSMR* axis in IBD and suggested that *OSM* may act as an inflammatory amplifier and driver of disease chronicity. More specifically, they found that the binding of *OSM* to the *OSMR*-gp130 complex on intestinal stromal cells promotes chemokine, cytokine, and adhesion factor production.⁶

Similar to the findings by West, Hegazy, et al,⁶ we observed increased expression levels of *OSM* and *OSMR* in the colon and ileum of patients with IBD at an early disease stage: at diagnosis and also 6 months after surgery in recurrent CD ileitis. Postoperative recurrent CD is indeed a good model to study the earliest mucosal CD lesions.¹² Likewise, at the serum level, we found increased *OSM* protein expression in newly diagnosed patients with IBD and postoperative patients with recurrent CD compared with control patients. Thus far, serum *OSM* has been measured in just 1 IBD study, in which *OSM* was indicated as UC-specific.²⁵ However, as highlighted by those authors, their heterogeneous study cohorts were not ideal for the purpose of diagnostic biomarker identification. To further assess the utility of mucosal and serum *OSM* as diagnostic biomarkers for IBD, a comparison with *OSM* levels in other inflammatory gastrointestinal conditions is warranted.

Because increased *OSM* was observed at the time of diagnosis in the patients we studied (mucosal accuracy $\geq 86.2\%$; serological accuracy $\geq 90.0\%$), we asked whether studying *OSM* in the unaffected FDRs of patients with IBD might further support its potential as a diagnostic marker. In multiple-affected families with IBD, serum *OSM* levels were indeed elevated in FDRs compared with those in matched control families, and those levels could differentiate between the 2, with an accuracy of 81.0%, thereby outperforming fecal calprotectin (accuracy of 60.6%). Preliminary analysis of the GEM cohort showed that higher fecal calprotectin levels in FDRs are predictive for the development of CD.^{26, 27} Likewise, FDRs with serum *OSM* levels comparable to those observed in patients merit close follow-up to confirm whether these levels can predict disease onset. In the recent PREDICTS study, preclinical serum *OSM* was not selected as one of the features for a machine learning model predicting CD development.²⁸ However, this finding does not necessarily imply that serum *OSM* at an individual level does not have the power to predict disease, so future work should investigate whether *OSM* is increased in those prediagnostic samples. Finally, we showed that serum *OSM* levels 6 months after surgery can predict early recurrent CD ileitis with an accuracy of 79.6%, as opposed to fecal calprotectin levels (66.0%). Because the majority of postoperative patients with recurrent CD are asymptomatic,²⁹ their early mucosal lesions thus mimic what happens during the subclinical phase of CD before overt diagnosis is established.

From a prognostic perspective, elevated colonic *OSM* and *OSMR* were associated with a worse disease prognosis, ie,

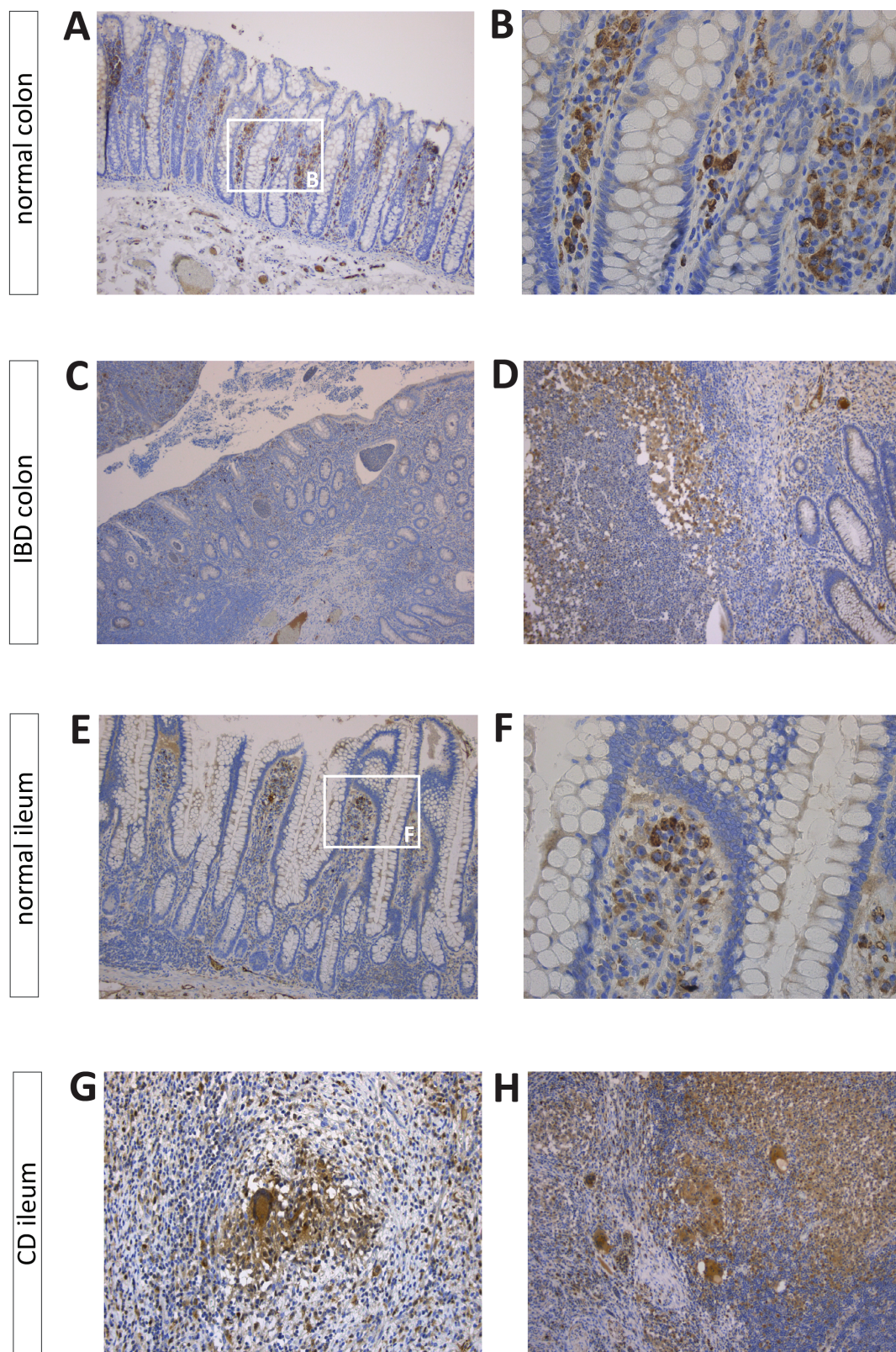


FIGURE 4. Immunohistochemical localization of OSM in the intestinal mucosa. Immunohistochemical staining of resected normal colon from a control patient without IBD (A and B), resected colonic tissue from a patient with IBD (C: UC; D: CD), resected normal ileum from a control patient without IBD (E and F), and resected ileal tissue from a patient with CD (G and H) undergoing surgery. Original magnification $\times 50$ (C), $\times 100$ (A, D, E, H), $\times 200$ (G), and $\times 400$ (B and F).

the requirement of biologic therapy within 2 years after diagnosis. In contrast to mucosal *OSM* having a predictive power of 77.8%, serum *OSM* at diagnosis was not associated with a poor prognosis. The value of serum *OSM* as a prognostic biomarker needs further study because in patients with colorectal cancer, serum *OSM* levels increase in patients with lymphovascular involvement, higher tumor stage, and distant metastasis.³⁰

The landmark study by West, Hegazy, et al⁶ also identified and validated mucosal *OSM* and *OSMR* expression as predictive biomarkers for anti-TNF responsiveness in IBD, with high pretreatment *OSM* being strongly associated with anti-TNF therapy failure. We confirmed the association between elevated mucosal *OSM* and *OSMR* and the absence of endoscopic response to anti-TNF, and those markers could predict response with an accuracy of 73.7% and 76.3%. Again, we could not translate the mucosal *OSM* signal into a serological *OSM* biomarker, nor a whole-blood *OSM* biomarker as previously reported,³¹ in contrast to other reported markers such as TREM1.^{31–33} A preliminary proteomic analysis of the large PANTS cohort confirmed that baseline serum *OSM* is independent of anti-TNF therapy response in CD.³⁴ Although Bertani et al³⁵ reported baseline serum *OSM* as a predictor for mucosal healing at week 54 in patients with CD treated with infliximab, the sample size of this study cohort was limited. Likewise, in a small cohort of pediatric patients with CD, an association was found between elevated plasma *OSM* levels and a poor biochemical response to infliximab.³⁶

Because mucosal *OSM* closely correlates with histopathologic disease severity,⁶ we then questioned whether the mucosal *OSM* signal was predictive for the failure of anti-TNF therapy specifically. Indeed, colonic *OSM* was increased also in future vedolizumab nonresponders, with an accuracy of 68.5%. In addition, transcriptomic data from inflamed UC biopsies collected during the phase II TURANDOT study (anti-MAdCAM-1) showed that *OSM* expression was associated with the efficacy of the compound being investigated.³⁷ The ROC analysis in this study resulted in a significant AUC of 83%.³⁷ The differences in the results may be related to a more homogeneous and larger cohort that was studied in the trial. Overall, together with the observation of increased mucosal *OSM* in future nonresponders to corticosteroids,³⁸ upregulated mucosal *OSM* can now be considered as a validated surrogate marker of a more refractory and difficult-to-treat disease.

Although *OSM* mainly displays a hematopoietic expression pattern, several studies have reported clear distinctions in the hematopoietic origin and profile of *OSM* expression in various disease states.³⁹ Because previous reports on *OSM* protein expression in the intestinal mucosa are lacking, we localized *OSM* in resected tissues using immunohistochemistry and found a clear expression in macrophages residing in the superficial lamina propria and in epithelioid granulomas and multinucleated giant cells. Moreover, macrophage enrichment scores strongly correlated with mucosal *OSM*. Indeed,

monocytes and macrophages have been shown to produce *OSM*,³⁹ and West, Hegazy, et al⁶ reported the highest enrichment for mucosal *OSM* in antigen-presenting cells (B cells excluded). Their study also detected *OSM* gene expression—although to a lesser extent—in B and T cells,⁶ which we did not observe at the protein level in intestinal tissue. Furthermore, a recent high-resolution characterization of immune and stromal cells from ileal CD lesions showed that *OSM* is most highly expressed by inflammatory macrophages.⁴⁰ Based on our results and previous findings, elevated mucosal *OSM* may be related to an increased accumulation of macrophages and especially proinflammatory M1 macrophages, typically seen in IBD lesions.^{41,42}

Overall, we are the first to study both mucosal and serological *OSM* and related receptors in different clinical settings related to IBD care. Moreover, postoperative patients with CD, unaffected FDRs, and patients stratified by early treatment escalation have never been studied in the context of *OSM*. Despite these strengths, a few limitations must be considered. First, although the Olink proximity extension technology and RNA sequencing are good screening tools, these only generate semi-quantitative data. Our findings thus not only require validation in larger, independent cohorts but also require the use of other methodologies to allow quantitative cutoffs for tissue and serum *OSM* and *OSMR* before translation into daily clinical practice. Second, the study cohort of newly diagnosed patients with IBD, especially at the mucosal site, was too limited to assess differences among patients based on disease location, behavior, extent, and prognosis at the ileal level. Likewise, the number of patients initiating biologic therapy from whom we obtained ileal expression data was too limited to study. Third, research focusing on *OSM* in other body fluids (eg, saliva or feces) should be considered. Finally, given the varying proportions of cell types within mucosal biopsies, we studied averaged expression patterns of all cells present in the biopsy. Although cell deconvolution provided us insight regarding the relative numbers of macrophage subtypes, single-cell transcriptomics would be more informative in this context.

CONCLUSIONS

In conclusion, *OSM*, a key player in the pathogenesis of IBD, is dysregulated in the serum and intestinal mucosa of newly diagnosed patients with IBD and early postoperative CD recurrence and in FDRs of patients with IBD. Hence, the diagnostic accuracy of *OSM* as a subclinical marker should be further examined. There is now consistent data that elevated colonic *OSM* points toward a more refractory phenotype. Future work should study whether early surgery may be preferred in these patients. Likewise, because anti-*OSM* antibodies have been developed (eg, NCT04151225; (<https://clinicaltrials.gov/>)), it will be interesting to see whether patients with high *OSM* levels may benefit from anti-*OSM* therapy.

SUPPLEMENTARY DATA

Supplementary data are available at *Inflammatory Bowel Diseases* online.

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