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# The Effects of Rhein and Honokiol on Metabolic Profiles in a Mouse Model of Acute Pancreatitis

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**Background:** Acute pancreatitis (AP) is generally a self-limiting inflammatory disease, but is associated with a high mortality rate when severe. The present study aimed to investigate the effects of rhein and honokiol on AP.

**Material/Methods:** Thirty mice were randomly divided into 5 groups (n=6 per group): blank control, AP model, AP+rhein, AP+honokiol, and AP+rhein+honokiol. The AP model was prepared by intraperitoneal injection of cerulein and lipopolysaccharide (LPS). We observed the pathological changes of the pancreas by hematoxylin and eosin (H&E) staining. A mouse amylase kit was utilized to detect the level of amylase content in serum. Gas chromatography mass spectrometer analysis was performed to detect the differences in metabolites among the blank control, AP model, and AP+rhein+honokiol groups.

**Results:** The serum amylase level was significantly higher in the AP model, which suggested that the AP model was constructed successfully. The AP+rhein+honokiol group had significantly reduced interstitial edema, inflammatory cell infiltration, hemorrhage, and necrosis. In addition, the rhein and honokiol treatment influenced some of the metabolic pathways in AP, including riboflavin metabolism, glycerophospholipid metabolism, linoleic acid metabolism, and the pentose and glucuronate interconversions pathway.

**Conclusions:** This study showed that the combination of rhein and honokiol ameliorated pathological changes in the pancreas of mice with AP.

**MeSH Keywords:** **Medicine, Chinese Traditional • Pancreatitis • Pathological Conditions, Signs and Symptoms**

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## Background

Acute pancreatitis (AP), a polyetiological autodigestive inflammatory disease, is often complicated by a systemic inflammatory response and infectious process. AP is induced by abnormally activated pancreatic digestive enzymes [1] and its incidence is increasing annually [2]. Approximately 20% of patients with AP develop severe AP, which has a mortality rate of 8% to 39% [3]. Although knowledge about the potential pathophysiological mechanisms in AP is increasing, disease management is still considered to only support the organs and not address etiology [4].

Traditional Chinese medicine (TCM) has long been used in the treatment of AP. Certain Chinese medicines play an important role in maintaining intestinal barrier function. Rhein and honokiol are the most widely used TCM compounds that have protective effects on the gastrointestinal tract. Their functions include regulating gastrointestinal motility, increasing the electrical activity of intestinal smooth muscle, and releasing motilin [5].

Rhein is a quinone compound isolated from the flowers of *Cassia fistula* L. [6]. Antonisamy et al. demonstrated that the anti-inflammatory mechanisms of rhein could be related decreased levels of cyclooxygenase-2 (COX-2), tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), interleukin-6 (IL-6), and interleukin-1 $\beta$  (IL-1 $\beta$ ) [7]. Rhein hydrogels alleviate neuroinflammation with long-lasting effects [8]. It has been noted that rhein could induce the necrosis-apoptosis switch of damaged pancreatic acinar cells to ameliorate AP [9] and to prevent endotoxin-induced acute kidney injury [10]. It was demonstrated that rhein can improve the energy metabolism of pancreatic cells by downregulating the expression of adenosine monophosphate-activated protein kinase (AMPK) and enhancing the expression of the phosphatidylinositol-3-hydroxy kinase (PI3K)/threonine kinase (AKT)/mammalian target of rapamycin (mTOR) signaling pathway for protein synthesis [11]. In mice with experimental chronic pancreatitis, rhein attenuates the activation of pancreatic stellate cells and ameliorates pancreatic fibrosis [12].

Honokiol is the main active constituent of *Magnolia officinalis* Rehder & EH Wilson and has anti-inflammatory, anti-anxiety, and antiviral effects. The anti-inflammatory activity of honokiol works by blocking IL-1, TNF- $\alpha$ , IL-6, and mitogen-activated protein kinase kinase 1 (MEK-1) [13–16]. Honokiol is used clinically in the treatment of acute enteritis [17]. Studies have shown that honokiol can prevent pancreatic cell death by lowering the release of lactate dehydrogenase. In addition, honokiol attenuates the severity of AP-associated lung injury by accelerating acinar cell apoptosis [18].

However, the exact effects of the protective mechanisms of rhein and honokiol are still unclear. Analyzing the changes in metabolite profiles after treatment with TCM can reveal their underlying efficacy, metabolism, and mechanisms of action [19]. There are few reports about the metabolic profiles involved in the pathological process of AP. Therefore, we aimed to investigate the mechanisms and metabolic profiles of rhein and honokiol in AP.

## Material and Methods

### Animals

Thirty healthy, specific-pathogen-free grade male C57BL/6 mice (SD, 20 $\pm$ 15 g) were purchased. The experimental protocol was performed according to the animal ethics committee guidelines of the People's Hospital of Deyang City (2017-040). One week after acclimation, the animals were fasted with free access to water for 12 h prior to the experiment [20].

### Animal model construction and drug treatment

The mice were randomly divided into 5 groups (n=6 per group): blank control (G1 group); AP model (G2 group); AP+rhein (G3 group); AP+honokiol (G4 group); and AP+rhein+honokiol (G5 group). Except for the G1 group, the groups received 7 intraperitoneal injections of cerulein (50  $\mu$ g/kg, 1 h apart) to induce pancreatitis. After the last injection, the G2 group was prepared by intraperitoneal injection of LPS (30 mg/kg) for AP model construction. In the G3 and G5 groups, 0.2% rhein (4 mg/kg) was injected into the tail vein; and in the G4 and G5 groups, honokiol (5 mg/kg) was intraperitoneally injected at 1, 5, and 9 h after the first injection of cerulein. The control G1 group was administered an equal volume of saline.

### Collection of serum and pancreas

The mice were anesthetized with 3% sodium pentobarbital and euthanized by neck dislocation. We conducted orbital blood sample collection from the mice under aseptic conditions. The whole blood was placed at room temperature for 2 h, then centrifuged at 6000 r/min for 5 min. The serum was collected and stored at  $-80^{\circ}\text{C}$ . The pancreas was also collected.

### Detection of serum amylase with an ELISA assay and hematoxylin and eosin staining

To observe the effects of the TCMS rhein and honokiol on the pancreas, we performed hematoxylin and eosin (H&E) staining. A mouse amylase kit (Shanghai Enzyme Biotechnology Co, Ltd, China) was used to detect the amylase content in serum. Pancreatic tissues were fixed in 4% paraformaldehyde

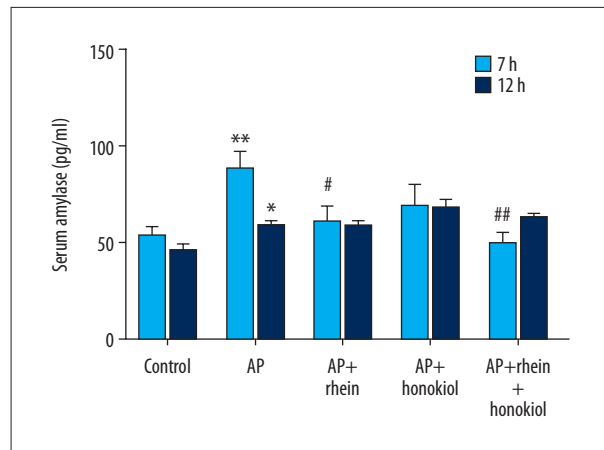
and embedded in paraffin. The tissues were sliced and stained with H&E. Next, the tissue sections were dewaxed in xylene and rehydrated in gradient alcohol. After washing with running water and distilled water, slices were stained with hematoxylin for 3 to 5 min. The slices were washed a second time with tap water and then differentiated with a solution of 1% hydrochloric acid in 70% ethanol. After a third wash with running water, the sections were stained with eosin for 1 to 4 min. Once dehydrated and differentiated, the sections were mounted on a cover glass slide and observed under an optical microscope [1].

### Metabolite extraction

An amount of 100 mg of pancreatic tissue was taken from the G1, G2 and G5 groups, and 900  $\mu$ L of lysate (MeOH: H<sub>2</sub>O=1: 1) was added. In a crushing instrument, the tissue was smashed at 6500 MHz for 1 min and oscillated 3 times. After vortex mixing, the samples were placed overnight in  $-20^{\circ}\text{C}$ , and then centrifuged at 13 000 r/min at  $4^{\circ}\text{C}$  for 20 min. The same volume of supernatant was freeze-dried, and 100  $\mu$ L lysate was added for thawing and ultrasound treatment for 5 min. After centrifugation at 13 000 r/min at  $4^{\circ}\text{C}$  for 20 min, the supernatant was analyzed.

### Gas chromatography mass spectrometer analysis

In order to identify the differences in the metabolic profiles among the 3 groups, hydrogen nuclear magnetic resonance spectra was segmented and subjected to orthogonal projections to latent structures discriminant analysis (OPLS-DA). A DB-5 MS capillary column (30 $\times$ 0.25 $\times$ 0.25 mm; Agilent, USA) was used for the non-targeted metabolite study. The temperature program of the gas chromatography was optimized as follows: an initial temperature of  $70^{\circ}\text{C}$  was held for 4 min, then increased to  $110^{\circ}\text{C}$  at a rate of  $20^{\circ}\text{C}$  per min, and finally increased to  $270^{\circ}\text{C}$  at a rate of  $8^{\circ}\text{C}$  per min and held for 7 min. The total program time was 33 min with a 5-min solvent cut time. Helium (99.99%) was used as the carrier gas with a flow rate of 1.3 mL per min. The injection volume was 1 mL with a split ratio of 30: 1. The temperatures of the injector, ion source, and interface were  $280^{\circ}\text{C}$ ,  $200^{\circ}\text{C}$ , and  $275^{\circ}\text{C}$ , respectively. The mass spectrometer was operated under an electron impact mode set at 70 eV, and a detector voltage of 0.94 kV in full-scan mode at 0.2 s per scan ( $m/z$  35e750) [21]. To explore the metabolic pathways influenced by rhein and honokiol, pathway analysis was performed by MetaboAnalyst 3.0, which combined the results from the pathway enrichment analysis with the topology analysis.



**Figure 1.** The effect of rhein and honokiol on serum amylase level in mice with AP. (\*  $P<0.05$  and \*\*  $P<0.01$  compared with the control group, #  $P<0.05$  and ##  $P<0.01$  compared with the model group). Con – control group; AP – AP model group; AP+rhein – rhein treatment group; AP+honokiol – honokiol treatment group; AP+rhein+honokiol – rhein and honokiol treatment group.

### Statistical analysis

The statistical analyses were performed using GraphPad Prism (GraphPad Software, La Jolla, CA, USA). One-way ANOVA followed by Fisher's least significant difference test was used to assess statistical significance among different groups. A  $P$  value of  $<0.05$  was considered statistically significant. Graphs are presented as mean $\pm$ standard error of the mean (SEM). All experiments were repeated independently at least 3 times.

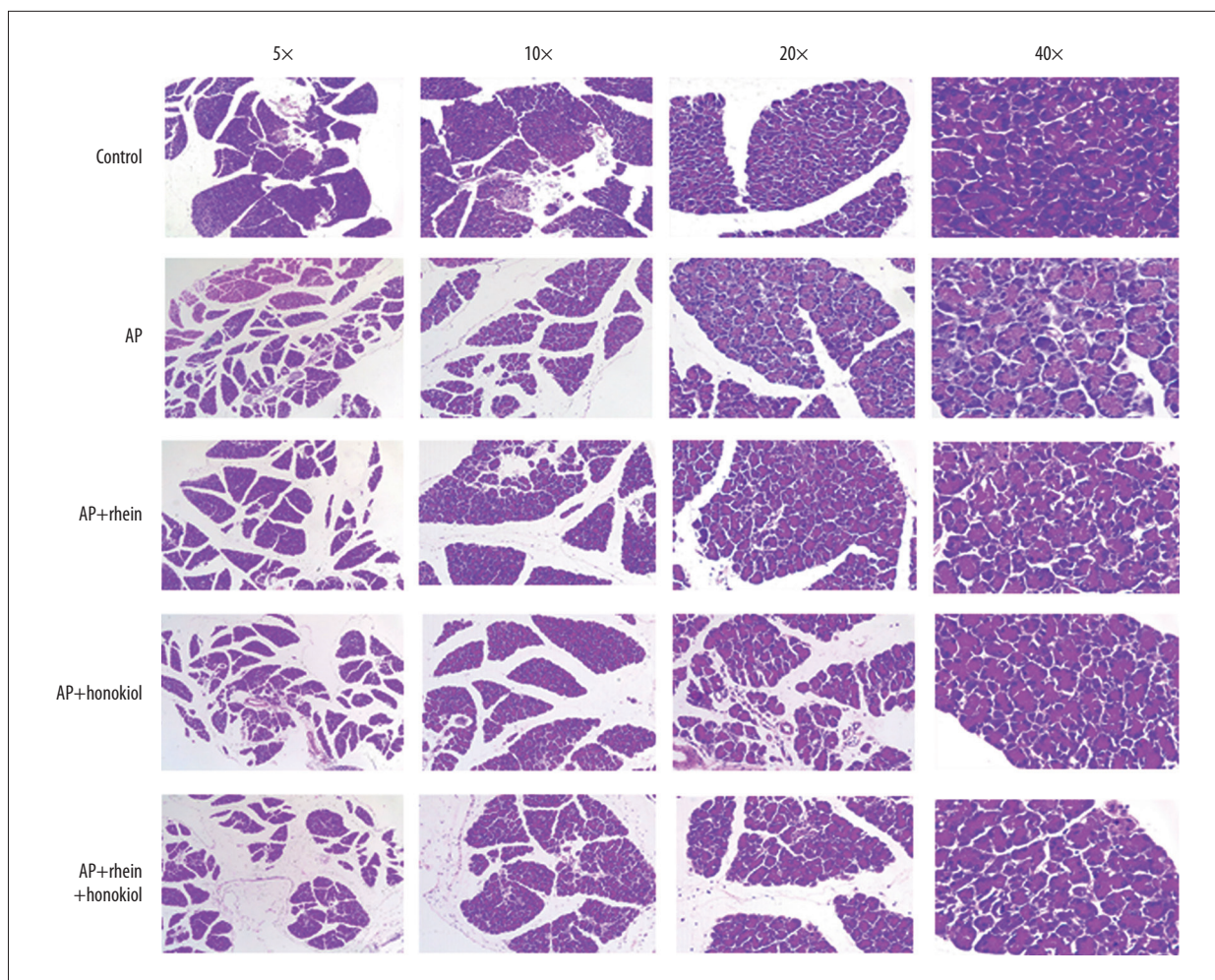
## Results

### TCM decreased the serum amylase level

Serum amylase activity is used for the diagnosis of AP. The serum amylase level in the G2 AP model group was significantly higher after treatment for 7 h ( $P<0.01$ ) and 12 h ( $P<0.05$ ) than that in the G1 control group, indicating that the AP model was successfully constructed. In Figure 1, the results show that the levels of serum amylase in the G3 ( $P<0.05$ ) and G5 ( $P<0.01$ ) groups were significantly decreased compared with those of the G2 group after treatment for 7 h.

### TCM treatment alleviated the pathological features of the pancreas

The pancreatic tissue H&E staining results are shown in Figure 2. Normal morphology of the pancreas was observed in the G1 group. Morphological changes such as interstitial edema,



**Figure 2.** Pathological changes of the pancreas in H&E staining. Con – control group; AP – AP model group; AP+rhein – rhein treatment group; AP+honokiol – honokiol treatment group; AP+rhein+honokiol – rhein and honokiol treatment group.

interstitial hemorrhage, hemorrhage, necrosis, and fat necrosis occurred in the G2 group. Compared with that of the G1 group, the G2 group had larger intercellular spaces and more nuclei, indicating that the AP caused macrophages to accumulate around the inflammation. In the G3 and G4 groups, the intercellular spaces and the number of nuclei were reduced. The G5 group had significantly reduced intercellular spaces and numbers of nuclei. These results indicated that the TCM treatments could relieve inflammation in pancreatitis.

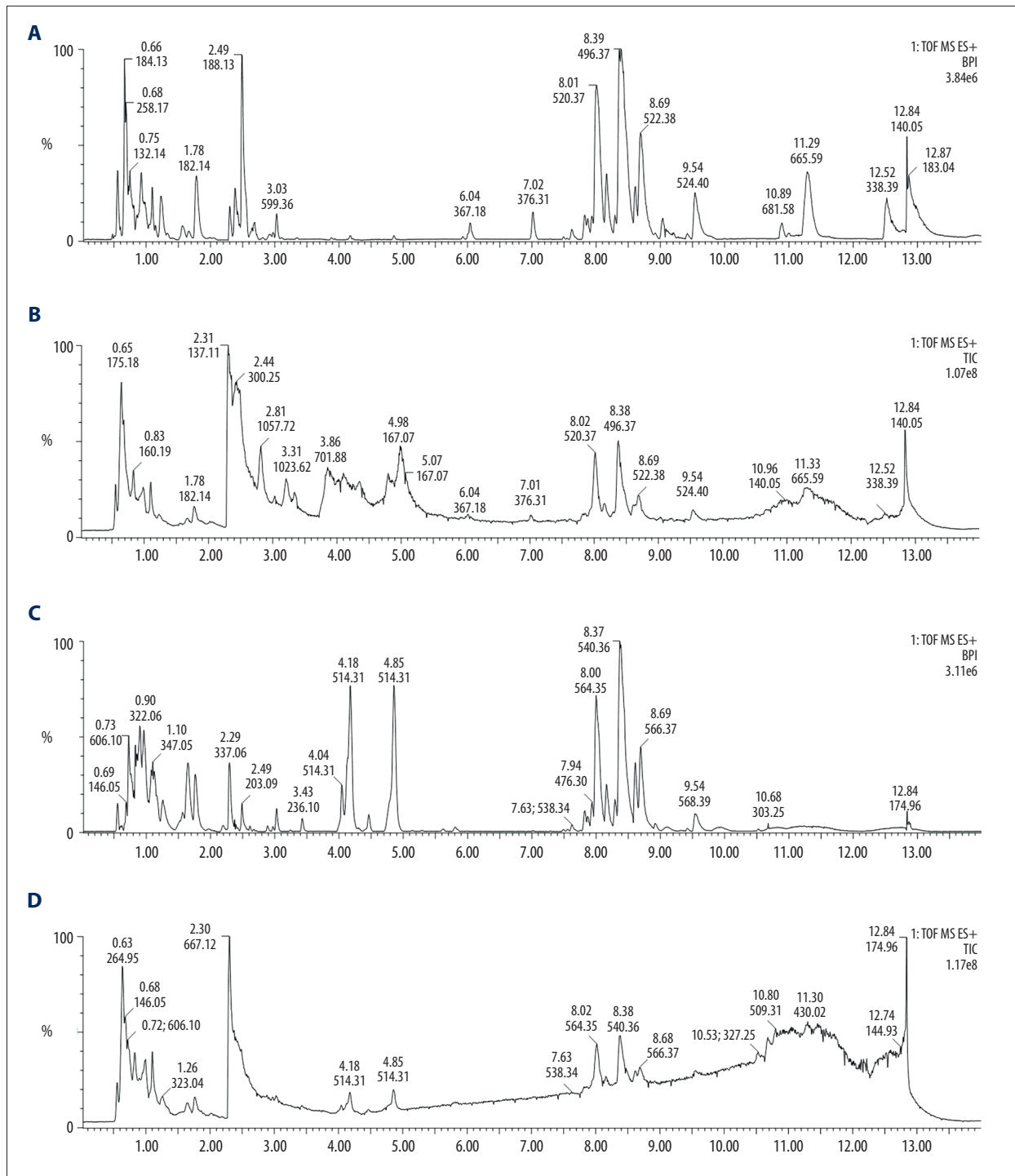
#### Total ion chromatogram and analysis of principal component analysis and OPLS-DA model

A total of 15 013 and 10 431 features were detected in the positive ions and negative ions, respectively. The base peak intensity (BPI) and total ion chromatogram (TIC) of the samples are shown in Figure 3. The principal component analysis (PCA) showed that different samples in the same group were clustered in a relatively concentrated range and could

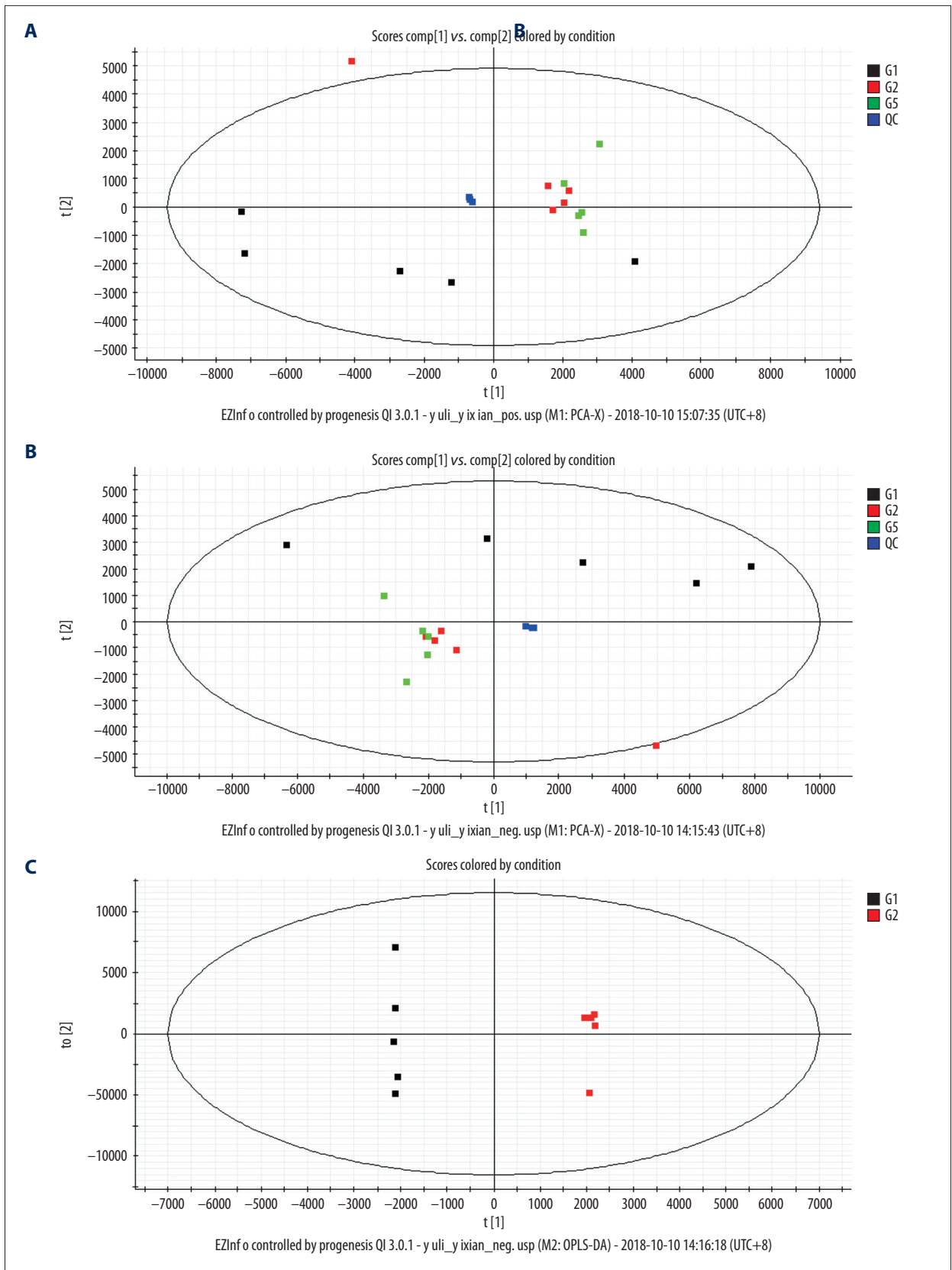
be distinguished from the data aggregation areas of other groups (Figure 4A, 4B). Construction of the OPLS-DA model contained 2 main predictive ingredients ( $R^2Y=99\%$ ,  $Q^2=98\%$ ; Figure 4C). The samples of the G1, G2, and G5 groups exhibited clearly distinguishable clustering, as well as good fitting and predictive ability.

#### Related metabolic pathway analysis for different treatments of AP

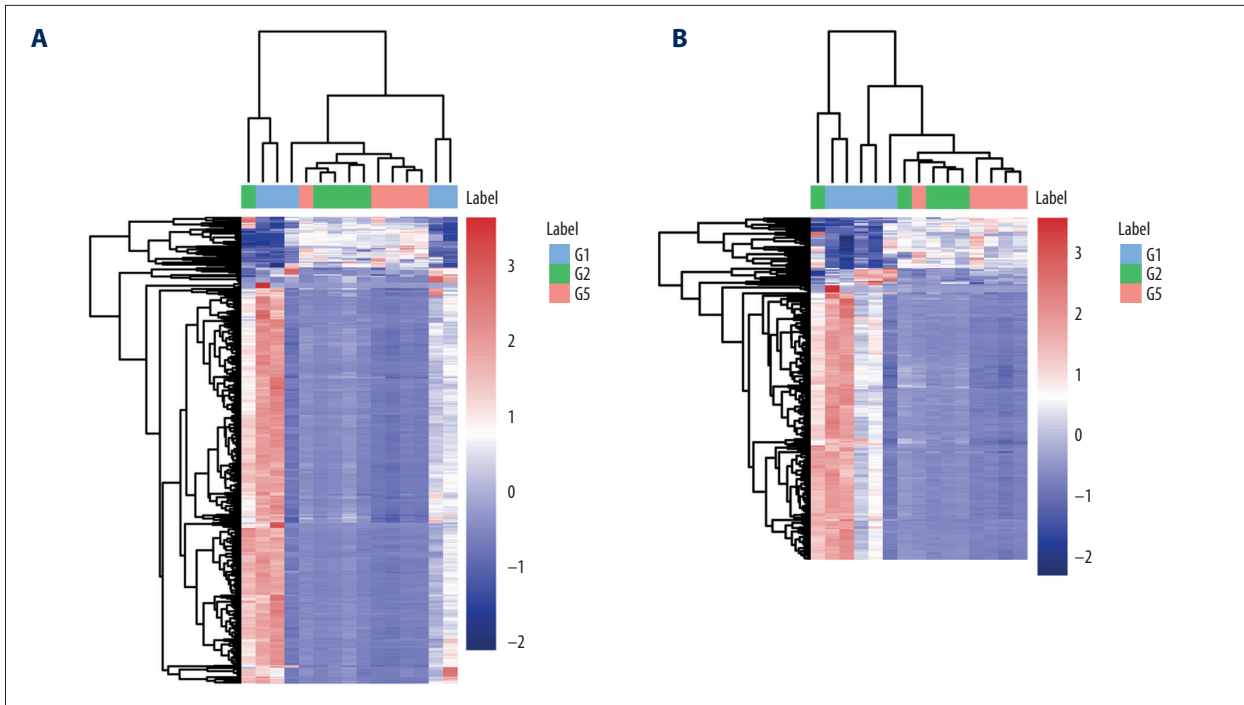
From the identified significant metabolites, heat map analysis was used to classify the upregulated and downregulated metabolites (Figure 5). Metabolic pathway analysis revealed that more than 11 pathways were influenced in small molecule negative ions, including riboflavin metabolism, glycerophospholipid metabolism, and linoleic acid metabolism. In addition, glycerophospholipid metabolism and the pentose and glucuronate interconversions pathway were obviously enriched in the small molecule positive ions (Figures 6, 7).



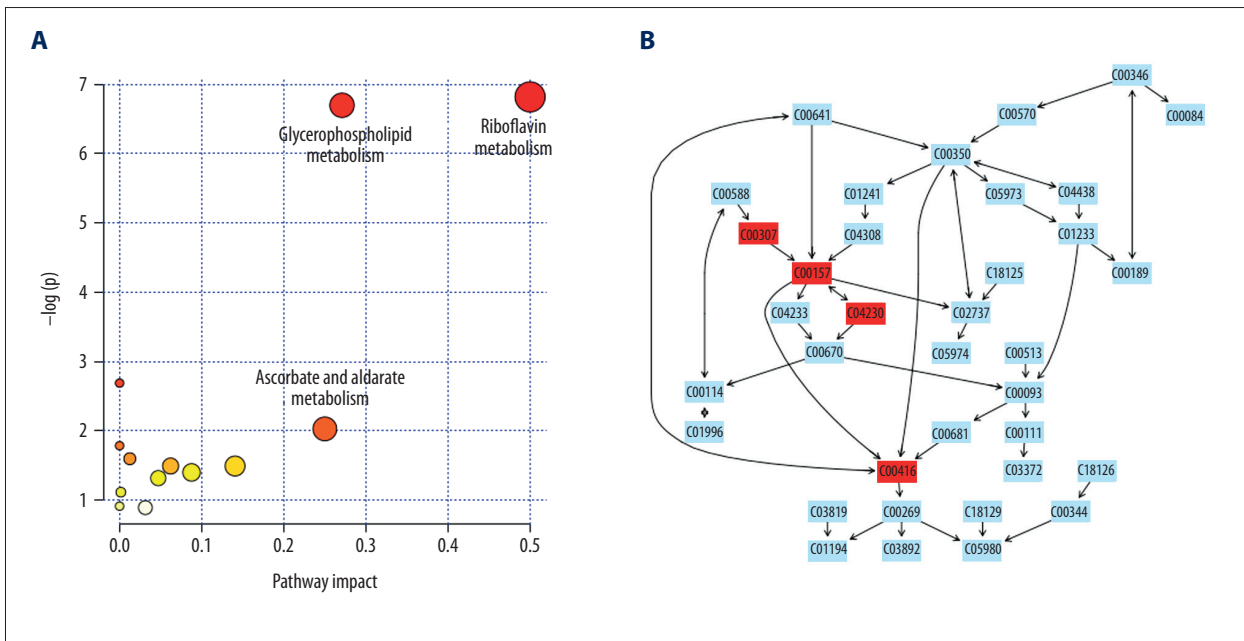
**Figure 3.** Base peak intensity (BPI) and total ion chromatogram (TIC) of the 3 groups. **(A)** BPI for the positive ions; **(B)** TIC for the positive ions; **(C)** BPI for the negative ions; **(D)** TIC for the negative ions.



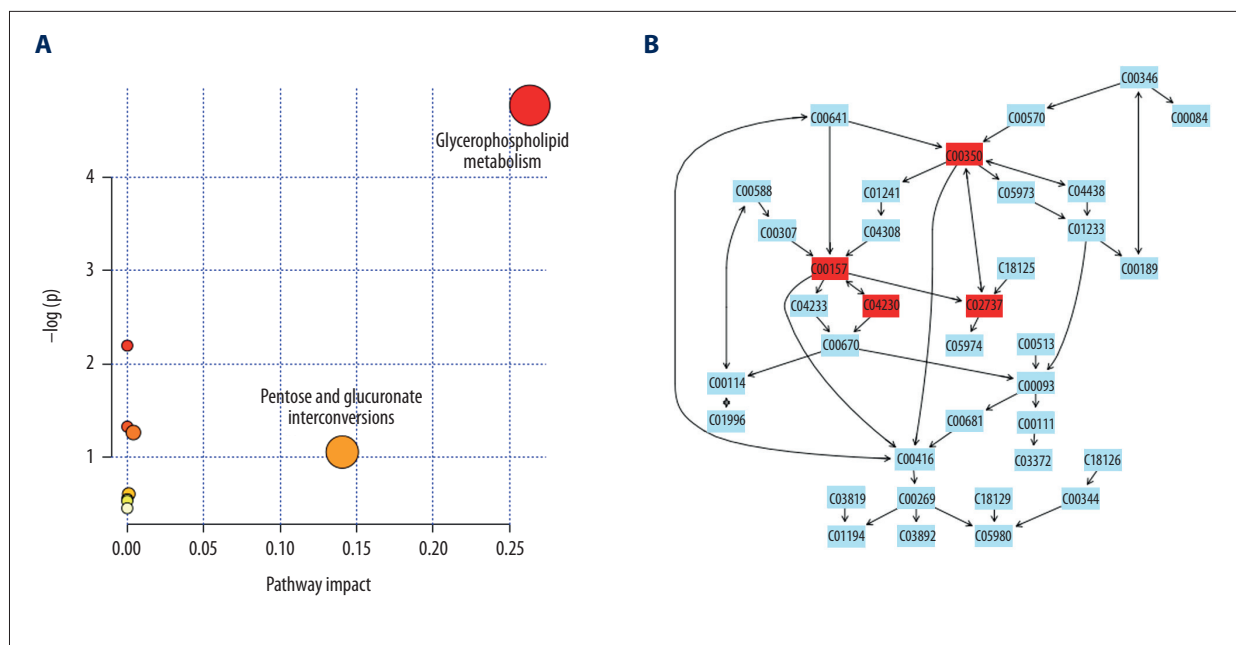
**Figure 4.** Principal component analysis (PCA) score scatter plot: (A) positive ions; (B) negative ions; (C) OPLS-DA scatter plot.



**Figure 5.** Heat map plots of upregulated and downregulated metabolites. (A) Positive ions; (B) negative ions.



**Figure 6.** Summary of pathway analysis with MetaboAnalyst 3.0: (A) negative ions; (B) glycerophospholipid metabolism pathway.



**Figure 7.** Summary of pathway analysis with MetaboAnalyst 3.0: (A) positive ions; (B) glycerophospholipid metabolism pathway.

## Discussion

In recent years, systematic research on the efficacy of different TCM treatments has been carried out, with significant results. The effect of TCM on AP is achieved by inhibiting the function of inflammatory mediators such as cytokines, improving pancreatic microcirculation, protecting pancreatic cells, and inhibiting pancreatic enzyme function [22]. Herein, we evaluated the effect of rhein and honokiol for the treatment of AP in a mouse model.

Interestingly, serum amylase levels have long been used for AP diagnosis. Early animal studies showed that serum amylase levels were correlated with the histological changes of AP [23]. In the present study, we detected the level of serum amylase after rhein, honokiol, and rhein+honokiol treatment. The results showed that the level of serum amylase in the AP+rhein ( $P<0.05$ ) and AP+rhein+honokiol ( $P<0.01$ ) groups was significantly decreased compared with the AP model after treatment for 7 h. Our findings further demonstrated that serum amylase was the significant parameter to detect complicated AP. In addition, rhein and honokiol reduced the levels of serum amylase in the AP model.

Metabolomics is a powerful method for studying pathophysiological processes. Metabolomics analysis of human samples can help clarify the mechanisms of AP and identify potential therapeutic targets [24]. The results of the OPLS-DA score plots revealed clear group separations among the blank control group, AP model group, and AP+rhein+honokiol group in our study. Metabolic pathway analysis revealed that more than

11 pathways were influenced, including riboflavin metabolism, glycerophospholipid metabolism, and linoleic acid metabolism in small molecule negative ions. Accordingly, the pentose and glucuronate interconversion pathway was obviously enriched in small molecule positive ions. The anti-inflammatory activity of riboflavin has been found in peritonitis and severe endotoxemia [25]. In addition, a riboflavin deficiency is found in patients with AP [26]. Glycerophospholipids are key structural components of all biological membranes and bioactive molecules involved in cellular functions [27]. It was found that the glycerophospholipid metabolic pathway is related to pancreatic cancer [28]. High concentration of linoleic acid has been found in human pancreatic necrosis collections, which can lead to necrotic cell death by inhibiting mitochondrial complexes I and V [29]. In patients with mild AP of nonalcoholic etiology, the percentage of total gamma linoleic acid is increased [30]. Stevens et al. found that oxidized metabolites of linoleic acid were elevated in chronic pancreatitis [31]. In addition, the association between linoleic acid metabolism and the severity of AP has been demonstrated [32]. Pentose and glucuronate interconversions are an insulin-relevant tissue-specific signaling pathway [33], which is the pathway associated with metabolites in fecal samples of patients with pancreatic cancer [34]. The pathological changes observed in the pancreatic tissues of the AP group were in line with the injuries induced by cerulein. Following treatment with rhein and honokiol, the pathological features of the pancreas were alleviated, indicating that rhein and honokiol were able to improve the pathological changes induced by AP.



## Conclusions

In summary, the present study indicates that rhein and honokiol improved the pathological changes induced by AP. In addition, rhein and honokiol may influence some metabolic pathways in AP such as riboflavin metabolism, glycerophospholipid metabolism, linoleic acid metabolism, and pentose and glucuronate interconversions pathways. However, there are limitations to our study. First, the study included a limited number of animals. Future studies with larger sample sizes and prospective trials are required. Second, intestinal injury

was not investigated. Further experiments on intestinal injury, such as H&E staining and immunohistochemistry of intestine tissue, and immune response and inflammatory cytokine detection by reverse transcription polymerase chain reaction, western blot analysis, and flow cytometer should be conducted in future studies.

## Conflict of interest

None.

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