#### REVIEW



# Antibiotic Therapy of 3 Days May Be Sufficient After Biliary Drainage for Acute Cholangitis: A Systematic Review

Sylke Haal<sup>1,2</sup> · Mattheus C. B. Wielenga<sup>1</sup> · Paul Fockens<sup>1</sup> · Charlotte A. Leseman<sup>1</sup> · Cyriel Y. Ponsioen<sup>1</sup> · Ellert J. van Soest<sup>3</sup> · Roy L. J. van Wanrooij<sup>4</sup> · Elske Sieswerda<sup>5</sup> · Rogier P. Voermans<sup>1</sup>

Received: 16 September 2020 / Accepted: 31 December 2020 / Published online: 19 January 2021 © The Author(s) 2021

# Abstract

**Background** The optimal antibiotic therapy duration for cholangitis is unclear. Guideline recommendations vary between 4 and 14 days after biliary drainage. Clinical observations and some evidence however suggest that shorter antibiotic therapy may be sufficient.

**Objective** To compare the effectiveness and safety of short-course therapy of  $\leq 3$  days with long-course therapy of  $\geq 4$  days after biliary drainage in cholangitis patients.

**Methods** We searched the databases PubMed, EMBASE, Cochrane Library, and trial registers for literature up to August 5, 2020. RCTs and observational studies including case series reporting on antibiotic therapy duration for acute cholangitis were eligible for inclusion. Two reviewers independently evaluated study eligibility, extracted data, assessed risk of bias and quality of evidence. A meta-analysis was planned if the included studies were comparable with regard to important study characteristics. Primary outcomes included recurrent cholangitis, subsequent other infection, and mortality.

**Results** We included eight studies with 938 cholangitis patients. Four observational studies enrolled patients treated for  $\leq 3$  days. Recurrent cholangitis occurred in 0–26.8% of patients treated with short-course therapy, which did not differ from long-course therapy (range 0–21.1%). Subsequent other infection and mortality rates were also comparable. Quality of available evidence was very low.

**Conclusion** There is no high-quality evidence available to draw a strong conclusion, but heterogeneous observational studies suggest that antibiotic therapy of  $\leq 3$  days is sufficient in cholangitis patients with common bile duct stones.

**Keywords** Acute cholangitis  $\cdot$  Antibiotic therapy duration  $\cdot$  Antimicrobial stewardship  $\cdot$  Biliary drainage  $\cdot$  Systematic review

# Introduction

Acute cholangitis is a life-threatening infection which is managed with adequate source control (biliary drainage) and antibiotic therapy (ABT) [1, 2]. The optimal ABT duration for cholangitis is unclear. The Tokyo Guidelines (TG) 2018 recommend 4 to 7 days of ABT for cholangitis after biliary drainage [3]. If a bacteremia with gram-positive cocci is present, this guideline recommends a minimum duration of

Sylke Haal s.haal@amsterdamumc.nl

Extended author information available on the last page of the article

14 days. The Dutch national sepsis guideline recommends a maximum of 3 days of ABT for cholangitis after biliary drainage [4]. Similarly, the optimal ABT duration for complicated intra-abdominal infections has been debated. A RCT and two post-hoc analyses showed that 4 days of ABT resulted in similar outcomes when compared with longer duration in patients with complicated intra-abdominal infections (of which 10.8% suffered from biliary tree infection) [5–7]. As a result, the revised Surgical Infection Society guidelines recommend to limit ABT to 4 days after source control [8], and the World Society of Emergency Surgery guidelines suggest a short course of 3-5 days for complicated intra-abdominal infections [9]. In contrast, the Surviving Sepsis Campaign guidelines are more conservative and recommend ABT for 7-10 days for most serious infections and sepsis [10].

**Supplementary information** The online version of this article (https://doi.org/10.1007/s10620-020-06820-3) contains supplementary material, which is available to authorized users.

Clinicians hesitate to shorten ABT because consensus and harmonized guidelines are lacking for cholangitis, which leads to a wide variety of ABT duration based on personal preference instead of evidence [11]. Additionally, we assume they fear recurrent infections or insufficient treatment of cholangitis complicated by bacteremia. But recurrent infections are often due to inadequate biliary drainage and may not be preventable with longer ABT [5]. While prolonged ABT does increase the risk of side-effects, mortality and antimicrobial resistance, and causes an extra financial burden on the healthcare system [12–16].

So far, one systematic review on this topic has been published by Tinusz et al.[17] In their review, four studies were included with a total of 205 cholangitis patients, and shortcourse ABT was defined as a shorter ABT duration than suggested by the available guidelines, which resulted in a diversified short-course therapy (SCT) group ranging from 3 to 14 days. In our opinion, it was necessary to reexamine the effectiveness and safety of a real short-course ABT (SCT of  $\leq 3$  days) versus long-course therapy (LCT) of  $\geq 4$  days after biliary drainage in cholangitis patients, and considering that new studies have emerged.

# Methods

We registered the protocol of this systematic review on PROSPERO (CRD42020175393). We reported according to the Preferred Reporting Items for Systematic Reviews and Meta-analysis (PRISMA) Statement [18].

### **Eligibility Criteria**

We considered RCTs and observational studies including case series eligible for inclusion. Case reports (less than five cases), conference abstracts, and reviews were excluded. Studies written in English were eligible if they reported on patients with acute cholangitis who received biliary drainage, in which duration of ABT was reported, and with a follow-up of at least 30 days. Primary outcomes—as defined by the authors of individual studies—were recurrent cholangitis, subsequent other intra-abdominal or extra-abdominal infection, and mortality. Secondary outcomes included ABT duration, total length of hospital stay, adequacy of empirical therapy (empirical ABT covered the causative organisms found in a blood culture), subsequent infection with highly resistant micro-organisms (HRMO), and *Clostridioides difficile* infection.

#### Information Sources and Search Strategy

A clinical librarian searched the electronic databases Pub-Med, EMBASE, and Cochrane Library up to 5 August 2020, using a combination of text words and controlled vocabulary. Two reviewers (S.H. and M.W.) checked the trial registers ClinicalTrials.gov, ISRCTN registry, EU Clinical Trials Register and WHO ICTRP for ongoing/unpublished trials and scanned reference lists of included studies. The search strategies are shown in Appendix 1 in Supplementary Materials.

### Study Selection, Data Extraction and Quality Assessment

Two reviewers (S.H. and M.W.) independently evaluated study eligibility, extracted data, assessed risk of bias and quality of evidence. Disagreements were solved by consensus. Authors of ongoing trials were contacted and asked for the availability of data. We extracted the following data: publication details, study design, eligibility criteria, patient characteristics, sample size, details of the intervention, outcome measures and follow-up duration. We used the Cochrane risk of bias tool version 2, the ROBINS-I tool and the Newcastle-Ottawa scale (NOS) for assessment of risk of bias (at outcome level) in randomized studies, observational intervention studies, and the observational single-arm study, respectively.[19-21] A score of 8-9 stars in the NOS was considered as low risk of bias, 6-7 stars as moderate, and 0-5 stars as high. We rated the quality of evidence using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach.

#### **Statistical Analysis**

We aimed to compare SCT with LCT, with SCT defined as  $\leq 3$  days and LCT as  $\geq 4$  days. In case these data could not be extracted, we planned to compare SCT and LCT as defined by the authors of individual studies. We planned to summarize the data descriptively. We also planned to provide summary measures (risk ratios for dichotomous outcomes and mean differences for continuous outcomes) and to perform a meta-analysis if the included studies were comparable with regard to important study characteristics.

## Results

### **Study Selection**

The electronic database search yielded 2439 records, and 8 records were identified from trial registers. After removal of duplicates, 1766 records were screened for relevance. Three eligible ongoing studies were identified of which the data was not yet available [22–24]. We retrieved 41 full-text articles, of which eight met all inclusion criteria (Fig. 1) [11, 25–31].

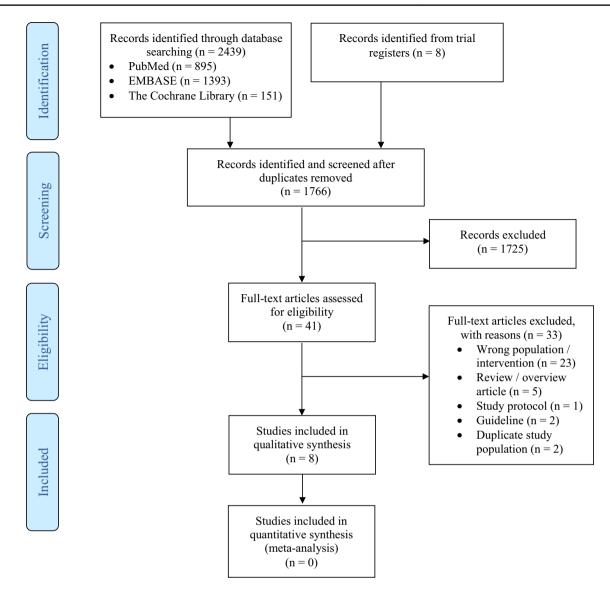


Fig. 1 PRISMA flowchart showing study selection

# **Study Characteristics**

The study characteristics of the included studies are shown in Table 1. Two RCTs were included, one prospective singlearm study, and five retrospective studies with a total of 938 patients. In five out of eight studies, acute cholangitis was defined according to the diagnostic criteria of the TG. More than 80% of patients suffered from cholangitis due to common bile duct stones (CBDS). Patients with different etiologies were enrolled in 5 out of 8 studies [25, 26, 28–30]. Haal et al. and Satake et al. compared SCT ( $\leq$ 3 days) with LCT ( $\geq$ 4 days) [11, 31]. In the single-arm study of Kogure et al. ABT was stopped after temperature was <37 °C for 24 h. [26] Van Lent et al. compared SCT ( $\leq$ 3 days) with mediumcourse therapy (MCT; 4/5 days) and LCT (> 5 days) [30]. The short ABT-regimens in the remaining studies were longer than 3 days and were considered LCT in this review. The short ABT group of Doi et al. was treated for  $\leq 7$  days [25], and of Netinatsunton et al. until temperature was below 38 °C for 72 h.[27] Park et al. assigned patients to early oral antibiotic switch or to conventional intravenous (IV) regime, but all patients received ABT for 14 days [28]. Uno et al. compared patients treated before May 2013 (ABT: 14 days) and after May 2013 (ABT < 14 days) [29]. All patients received empirical ABT intravenously. Some patients switched to oral ABT after initial recovery. Types of ABT prescribed were penicillins, a combination of a penicillin with a aminoglycoside or fluoroquinolone, cephalosporins, a combination of a cephalosporin with a aminoglycoside or metronidazole, a fluoroquinolone or a carbapenem. The ERCP was performed as soon as possible in the study of Kogure et al. [26] In the other studies, the time between

First author	Year	Country	Study design	Study population	Intervention	Outcomes
Studies with SCT of ≤3 days Haal [11] 2020	of ≤3 days 2020	Netherlands	Retrospective multi- center study FU: 3 months	N=296 Inclusion: acute cholangitis <sup>a</sup> due to CBD stones with successful biliary drainage by ERCP; age > 18 years Exclusion: any other etiology of chol- anoities concontinated cholevestites	SCT: ABT for ≤3 days N=137 LCT: ABT for ≥4 days N=159	Primary: occurrence of a local infectious complication Secondary: occur- rence of <i>C. difficile</i> infection total
Kogure [26]	2011	Japan	Prospective single- center, single-arm study FU: 4 weeks	death within 3 days after ERCP N=18 Inclusion: moderate or severe acute cholangitis <sup>b</sup> Exclusion: age < 20 years; most severe cholangitis requiring catecholamine administration, mechanical ventila-	SCT: ABT was stopped after temp was <37 °C for 24 h <i>N</i> =18	length of hospital stay, all-cause mortality Primary: recurrence of acute cholangi- tis within 3 days after withdrawal of antibiotics Secondary: period
				tion, or hemodialysis; acute pancrea- titis; active concomitant infections; inadequate drainage; antibiotic use in the 4 weeks preceding the observa- tion period		between initiation of therapy and normalization of WBC count and CRP, complica- tions related to cholangitis, rate of re-administration of antibiotics within A usoly.
Satake [31]	2020	Japan	Retrospective single- center study FU: 3 months	N=96 Inclusion: acute cholangitis <sup>a</sup> due to CBD stones with successful biliary drainage by ERCP Exclusion: severe cholangitis, inad- equate drainage, stent occlusion, sclerosing cholangitis, concomitant infections	SCT: ABT for ≤3 days N=22 LCT: ABT for ≥4 days N=74	<ul> <li>Primary: 30-day mortality, 3-month recurrence rate</li> <li>Secondary: length of hospital stay, acute</li> <li>bacteremic cholan- gitis rates</li> </ul>
Van Lent [30]	2002	Netherlands	Retrospective single- center study FU: 6 months	<i>N</i> =80 Inclusion: acute cholangitis <sup>c</sup> with succesful biliary drainage by ERCP Exclusion: primary sclerosing cholan- gitis; inflammatory bowel disease; bile duct atresia; liver transplanta- tion; maintenance antibiotic therapy	SCT: ABT for $\leq 3$ days N = 41 MCT: ABT for 4/5 days N = 19 LCT: ABT for >5 days N = 20	Infectious complica- tions and other episodes requiring antibiotic treat- ment, recurrent cholangitis, surgical procedures, death

 Table 1
 Characteristics of the included studies

	(nc					
First author	Year	Country	Study design	Study population	Intervention	Outcomes
Studies without SCT of ≤3 days Doi [25] 2018	CT of ≤3 days 2018	Japan	Retrospective single- center study FU: 3 months	<i>N</i> =263 Inclusion: acute bacteremic cholangitis <sup>d</sup> with successful biliary drainage by procedures such as ERCP ERCP Exclusion: age < 16 years	1: ABT for≤7 days N=86 2: ABT for≥8 days N=177	Primary: 30-day mortality Secondary: recur- rence, recru- descence; new bacteremia or liver abscess, other complications that occurred as a consequence of cholangitis within 3 months
Netinatsunton [27]	2019	Thailand	Single-center, rand- omized controlled trial FU: 8 weeks	N = 34 Inclusion: acute cholangitis <sup>c</sup> due to CBD stones with successful biliary drainage by ERCP Exclusion: severe cholangitis based on Reynold's Pentad; other causes of cholangitis; concomitant cholecys- titis; severe co-morbidity; active concomitant infection	1: ABT was stopped after temp was < 38 °C for 72 h for 72 h N=18 2: ABT for 14 days N=16	Primary: recurrence of cholangitis after discontinuation of antibiotics Secondary: clinical and laboratory parameters, out- come of patients with and without bacteremia, hospi- tal stay, complica- tions
Park [28]	2014	Korea	Multicenter, rand- omized controlled trial FU: 30 days	N=59 Inclusion: acute cholangitis <sup>b</sup> and bacte- remia with successful biliary decom- pression; age > 20 and < 85 years Exclusion: immunocompromised; severe infection requiring ventilation or inotropes/vasopressors administra- tion; biliary drainage in the previous 2 weeks; other severe infection; complications associated with bacte- remia at diagnosis; need for surgery; withdrawal	<ul> <li>1: Early oral switch: IV for 6 days + oral for 8 days</li> <li>8 days</li> <li>N = 29</li> <li>2: Conventional IV: IV for &gt; 10 days + oral for 4 days</li> <li>N = 30</li> </ul>	Primary: eradica- tion of bacteria in the bloodstream 30 days after diag- nosis of bacteremia Secondary: recur- rence of acute cholangitis, 30-day mortality

Table 1 (continued)

	(non					
First author	Year	Country	Study design	Study population	Intervention	Outcomes
Uno [29]	2017	Japan	Retrospective single- N=92 center study Inclusic FU: 3 months tive b Exclusi tion; t positi	N=92 Inclusion: acute cholangitis <sup>c</sup> and posi- tive blood culture Exclusion: malignant biliary obstruc- tion; bacteremia caused by gram- positive cocci; complication of cholecystitis or hepatic abscess;	1: ABT for $< 14$ days After May 2013 (updated TG) N = 52 2: ABT for 14 days Before May 2013 N = 40	Primary: 30-day mortality, recur- rence rate within 3 months of onset Secondary: treatment duration, length of hospital stay
				non-receipt of drainage		
ABT antibiotic Tokyo guidelin	<i>4BT</i> antibiotic therapy, <i>CBD</i> common b Tokyo guidelines, <i>WBC</i> white blood cell	<i>ABT</i> antibiotic therapy, <i>CBD</i> common bile duct, <i>CRP</i> C-reactive Tokyo guidelines, <i>WBC</i> white blood cell	P C-reactive protein, FU	follow-up, IV intravenous, LCT long-cour	protein, FU follow-up, IV intravenous, LCT long-course therapy, MCT medium-course therapy, SCT short-course therapy, TG	, SCT short-course therapy, TG
<sup>a</sup> Diagnostic criteria of TG18	teria of TG18					
<sup>b</sup> Diagnostic criteria of TG07	teria of TG07					

Acute cholangitis was defined as an illness characterized by fever (> 38 °C) and bile duct obstruction, as evidenced by increased bilirubin levels or dilated bile ducts by ultrasound

<sup>d</sup>Acute bacteraemic cholangitis was defined by clinical diagnosis of treating physicians with positive blood cultures

<sup>a</sup>Diagnostic criteria of TG13

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admission and the ERCP ranged from within 24 h, [11, 25, 27–29] to a maximum of 4.5 days [30, 31]. The timing of the drainage differed significantly between the study groups in the studies of Haal et al., Satake et al., and Doi et al. [11, 25, 31]. Follow-up duration ranged between 4 weeks and 6 months.

# **Risk of Bias in Included Studies**

Table 2a–c shows the results of the risk of bias assessments. All studies had methodological limitations. The two RCTs were at low risk of bias in three out of five domains, while two out of five domains raised some concerns [27, 28]. We considered the observational intervention study of Doi et al. to be at moderate risk of bias [25], and the four other observational intervention studies to be at serious risk of bias, especially due to a high risk of confounding [11, 29–31]. We judged the prospective single-arm study of Kogure et al. to be at moderate risk of bias [26].

# **Quality of Evidence**

The quality of evidence was very low for all outcomes. Main reasons for down rating the evidence were design limitations of the included studies, indirectness (different study populations, and only a minority of patients treated for  $\leq 3$  days), and imprecision (only small studies, and few events).

# **Results of Individual Studies**

Tables 3 and 4 show the individual study results regarding primary and secondary outcomes.

# **Recurrent Cholangitis**

All studies assessed recurrent cholangitis. Haal et al. reported recurrence rates of 7.3% and 11.3% in the SCT  $(\leq 3 \text{ days})$  and LCT groups  $(\geq 4 \text{ days})$ , respectively (p=0.238) [11]. In the study of Kogure et al., none of the 18 patients developed recurrent cholangitis (median ABT: 3 days) [26]. Satake et al. reported rates of 9.1% and 1.4% in the SCT ( $\leq 3$  days) and LCT groups ( $\geq 4$  days), respectively (p=0.13) [31]. Van Lent et al. reported rates of 26.8%, 21.1% and 20% in the SCT ( $\leq$ 3 days), MCT (4/5 days) and LCT groups (>5 days), respectively (p=0.80) [30]. Doi et al. reported rates of 6.5% and 7.9% in patients treated for  $\leq 7$  days and  $\geq 8$  days (p = 0.69) [25]. In the study of Netinatsunton et al., recurrent cholangitis did not occur in the fever-based group (mean ABT: 4.6 days), compared to one recurrence (6.3%) in the 14-day group (p=0.485) [27]. Park et al. reported rates of 3.4% in the early oral switch group, and 0% in the conventional IV group (p=0.50) [28]. Uno et al. reported four recurrences (13.3%) in the group treated for 14 days (median ABT: 14.5 days), and zero in the group treated for <14 days (median ABT: 10 days; p = 0.036) [29].

# Subsequent Other Intra-abdominal or Extra-abdominal Infection

Three studies assessed this outcome [11, 25, 26]. Haal et al. reported six patients (4.3%) with a local infectious complication in the SCT group, compared with seven patients (4.4%) in the LCT group (p=0.992) [11]. In the study of Kogure et al. none of the patients developed complications related to cholangitis or needed re-administration of ABT [26]. In the study of Doi et al., four patients (5.6%) treated for  $\leq 7$  days developed bacteremia, liver abscess or other complications related to cholangitis, compared with 12 patients (9.1%) treated for  $\geq 8$  days (p=0.43) [25].

#### Mortality

Six studies assessed mortality [11, 25, 28–31]. The studies of Kogure et al. and Netinatsunton et al. did not report mortality as outcome but we assessed rates of 0%, because all patients visited the outpatient clinic or were contacted by telephone [26, 27]. Haal et al. reported mortality rates of 0% and 2.5% in the SCT and LCT groups, respectively (p=0.13) [11]. Satake et al. reported rates of 0% and 2.7% in the SCT and LCT groups (p=1) [31]. Van Lent et al. reported rates of 14.6%, 10.5% and 5% in the SCT, MCT and LCT groups (no *p* value reported) [30]. In the study of Doi et al., mortality rates were 4.7% and 5.7% in patients treated for  $\leq 7$  days and  $\geq 8$  days (p=0.74) [25]. No deaths were observed in the study of Park et al.[28]. Uno et al. reported two deaths (5.7%), and both patients were treated *before May 2013* (p=0.179) [29].

#### **ABT Duration**

Five studies reported total ABT duration which are show in Table 4 [24–29]. In these studies, most patients received biliary drainage within 24 h after admission. Haal et al. and Satake et al. reported both total and ABT duration after biliary drainage [11, 31], while van Lent et al. only after biliary drainage (timing unknown) [30].

#### **Total Length of Hospital Stay**

Five studies assessed hospital stay [11, 27–29, 31]. Haal et al. reported a median hospital stay of 6 days for SCT, and 7 days for LCT (p = 0.03) [11]. Satake et al. reported a mean hospital stay of 19.5 days in the SCT, and 21.3 days

in the LCT group (p=0.73) [31]. In the study of Netinatsunton et al., mean hospital stay did not significantly differ (5.8 days vs 6.4 days; p=0.467) [27]. Park et al. reported a mean hospital stay of 10.8 days in the *early oral switch* group and 12.3 days in the *conventional IV group* (p=0.02)[28]. Uno et al. reported a median hospital stay of 14 days and 17.5 days in the groups treated *after* and *before May* 2013 (p < 0.001) [29].

#### Adequacy of Empirical Therapy

Two studies assessed adequacy of empirical therapy [25, 29]. Doi et al. reported rates of adequate empirical ABT of 96% and 87% in the groups treated for  $\leq$ 7 days and  $\geq$ 8 days (*p*=0.02) [25]. Uno et al. reported rates of 90% and 75% in the groups treated *after* and *before May 2013* (no *p*-value reported) [29].

#### Subsequent Infection with HRMO and C. difficile Infection

None of the enrolled patients developed these outcomes, only assessed by Haal et al.[11]

# Synthesis of Results: SCT $\leq$ 3 Days Versus LCT $\geq$ 4 Days

Four observational studies included a total of 211 patients treated for  $\leq 3$  days [11, 26, 30, 31]. Recurrent cholangitis occurred in 0 to 26.8% of patients treated with SCT of  $\leq 3$  days, which did not differ from LCT (range 0–21.1%). Subsequent other infection (range 0-4.3% vs 4.4%-9.1%) and mortality (range 0-14.6% vs 0-10.5%) were also comparable. Secondary outcomes were scarcely reported. Haal et al. reported a median hospital stay of 6 days in patients with SCT of  $\leq 3$  days [11], while Satake et al. reported a mean stay of 19.5 days [31]. A wide range was found in patients treated for  $\geq 4$  days (5.8–21.3 days) [11, 27–29, 31]. We did not perform a meta-analysis because the included studies were too heterogeneous. The study populations differed significantly in etiology and severity of cholangitis, and number of patients with bacteremia. Moreover, the definition of ABT duration varied from total versus after drainage.

# Discussion

The optimal ABT duration for cholangitis after biliary drainage remains arguable, while appropriate ABT use improves patient outcomes and reduces antimicrobial resistance [12-16]. None of the included studies found significant 

 Table 2
 Risk of bias in (a) the randomized controlled trials—RoB-2 tool, (b) the observational studies (non-randomized studies of interventions)

 —ROBINS-I tool, (c) single-arm observational study—Newcastle–Ottawa assessment scale

Study	Randomi	zation process	Deviations from intended interve tions	0	tcome data			Selection of the reported result	Overall bias
(a)									
Netinatsunton	n [27] Low risk	of bias	Some concerns	Low risk of	f bias	Som	e concerns	Low risk of bias	Some concerns
Park [28]	Low risk	of bias	Some concerns	Low risk of	f bias	Low	risk of bias	Some concerns	Some concerns
Study	Bias due to confounding	Bias in selec- tion of partici- pants into the study	Bias in clas- sification of interventions	Bias due to deviations from intended interventions	Bias due to missing da	ita	Bias in meas- urements of outcomes	Bias in selection of the reported result	Overall bias
(b)									
Doi [25]	Moderate risk of bias	Low risk of bias	Low risk of bias	Low risk of bias	Moderate 1 of bias	risk	Moderate risk of bias	Moderate risk of bias	Moderate risk of bias
Haal [ <mark>11</mark> ]	Serious risk of bias	Moderate risk of bias	Moderate risk of bias	Low risk of bias	Moderate 1 of bias	risk	Moderate risk of bias	Low risk of bias	Serious risk of bias
Satake [31]	Serious risk of bias	Moderate risk of bias	Moderate risk of bias	Low risk of bias	Low risk o bias	of	Moderate risk of bias	Low risk of bias	Serious risk of bias
Uno [29]	Serious risk of bias	Moderate risk of bias	Moderate risk of bias	No informa- tion	Moderate n of bias	risk	Moderate risk of bias	Moderate risk of bias	Serious risk of bias
Van Lent [30]	Serious risk of bias	Serious risk of bias	Low risk of bias	Low risk of bias	Moderate i of bias	risk	Moderate risk of bias	Low risk of bias	Serious risk of bias
Study	Se	lection	Co	mparability		Expo	sure	Over	all bias
(c) Kogure [26]	3 (	out of 4 stars	0 o	ut of 2 stars		3 out	of 3 stars	Mod	erate risk of bias

differences in outcomes between SCT and LCT according to their own definition of SCT and LCT. No evidence was available from RCTs on the effectiveness and safety of SCT of  $\leq 3$  days in cholangitis patients after biliary drainage. Heterogeneous observational studies of low quality suggest that ABT of  $\leq 3$  days is sufficient in cholangitis patients with CBDS.

ABT plays an important role in the initial treatment of acute cholangitis [2]. In the included studies, blood cultures appeared to be standard care while bile cultures were done infrequently. As advised by the TG18, blood and bile cultures should be routinely performed to guide and further optimise ABT [1]. Evidence in patients with complicated intra-abdominal infections support the option that ABT can be stopped quickly after source control is established [5–7]. Still, there is a need for well-designed studies which accurately evaluate the effectiveness and safety of SCT  $\leq 3$  days after biliary drainage in cholangitis patients.

We are looking forward to the results of three ongoing studies [22, 24]. The FANTASTIC trial might end with a

SCT group of  $\leq 3$  days—as they randomly assigned patients to a fever-based group: ABT is stopped when temperature is below 37 °C for 24 h or to a guideline-based group: ABT for 4–7 days [22]. The group of Doi et al. compares ABT of  $\geq 5$  days with ABT of  $\geq 7$  days in a RCT [24], while the third study (retrospective case–control) compares ABT of <7 days with ABT >7 days in patients with cholangitis admitted to the intensive care [22].

Strengths of this review are that we aimed to minimize bias by performing a thorough search, by working with two independent reviewers, and by our decision not to pool the data. On the other hand, our review has limitations. First, the majority of included studies was observational. Second, we were not able to draw a strong conclusion about the effectiveness and safety of SCT of  $\leq 3$  days, because only 211 patients were treated for  $\leq 3$  days. Third, the variance in reporting ABT duration (after and total) and different enrolled study populations withheld us providing summary measures and performing a meta-analysis. At the same time, we were not able to perform a subgroup

#### Table 3 Primary outcomes

Study	Intervention	Sample size	Recurrent chol- angitis ( <i>n/N</i> , %)	Subsequent other infection ( <i>n/N</i> , %)	Mortality ( <i>n/N</i> , %)
Studies with SCT of $\leq 3 \text{ d}$	ays				
Haal [11]	SCT: ABT for $\leq 3$ days LCT: ABT for $\geq 4$ days	N=137 N=159	10/137 (7.3%) 18/159 (11.3%)	6/137 (4.3%) <sup>a</sup> 7/159 (4.4%) <sup>a</sup>	0 4/159 (2.5%)
Kogure [26]	SCT: ABT stopped after T < 37 °C 24 h	N=18	0	0 <sup>b</sup>	0
Satake [31]	SCT: ABT for $\leq 3$ days LCT: ABT for $\geq 4$ days	N=22 N=74	2/22 (9.1%) 1/74 (1.4%)	NR	0 2/74 (2.7%)
Van Lent [30]	SCT: ABT for $\leq 3$ days MCT: ABT for 4/5 days LCT: ABT for > 5 days	N = 41 N = 19 N = 20	11/41 (26.8%) 4/19 (21.1%) 4/20 (20%)	NR	6/41 (14.6%) 2/19 (10.5%) 1/20 (5%)
Studies without SCT of $\leq 3$	3 days				
Doi [25]	<ol> <li>ABT for ≤7 days</li> <li>ABT for ≥8 days</li> </ol>	N = 86 N = 177	5/77 (6.5%) 6/153 (7.9%)	4/72 (5.6%) <sup>c</sup> 12/132 (9.1%) <sup>c</sup>	4/85 (4.7%) 10/176 (5.7%)
Netinatsunton [27]	1: ABT stopped after T < 38 °C 72 h 2: ABT for 14 days	N = 18 N = 16	0 1/16 (6.3%)	NR	0 0
Park [28]	1: ABT for 14 days (early oral switch) 2: ABT for 14 days (conventional IV)	N = 29 N = 30	1/29 (3.4%) 0	NR	0 0
Uno [29]	1: ABT for < 14 days ( <i>after May 2013</i> ) 2: ABT for 14 days ( <i>before May 2013</i> )	N = 52 N = 40	0/37 (0%) 4/30 (13.3%)	NR	0/47 (0%) 2/35 (5.7%)

ABT antibiotic therapy, IV intravenous, LCT long-course therapy, MCT medium-course therapy, NR not reported, SCT short-course therapy, T temperature

<sup>a</sup>Local infectious complication

<sup>b</sup>Cholangitis-related complications or re-administration of antibiotics

<sup>c</sup>Bacteremia, liver abscess or other complications that occurred as a consequence of cholangitis

analysis due to the limited number of patients with other etiologies than CBDS. Hence, the generalizability of our results is limited. Only van Lent et al. included a high number of patients (64%) with complex causes of cholangitis, which are more dependent on the technical success of drainage [30]. This might explains the high rates of recurrent cholangitis and mortality in all treatment groups. Besides the technical success of the ERCP, timing of biliary drainage has also impact on the outcome of acute cholangitis, regardless of ABT duration [32, 33]. In three included studies, the timing of biliary drainage differed significantly between the SCT and LCT groups [11, 26, 31]. However, in the study of Doi et al. both groups underwent biliary drainage within 24 h. While in the two other studies, biliary drainage was performed on a later time point in the SCT group. Hence, it unlikely that the effectiveness and safety of SCT were positively affected by the variance in timing of biliary drainage.

In conclusion, currently, there is no high-quality evidence available to draw a strong conclusion about the optimal ABT duration for cholangitis after biliary drainage. Prospective studies are awaited to confirm the results of observational studies which suggest that ABT of  $\leq 3$  days is sufficient in cholangitis patients with CBDS.

**Acknowledgments** The authors would like to thank the clinical librarian F.S. van Etten-Jamaludin for her help with the search strategy.

Funding The authors did not receive external funding.

#### **Compliance with Ethical Standards**

**Conflict of interest** The authors declare that they have no conflict of interest.

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Table 4 Secondary outcomes	/ outcomes						
Study	Intervention	Sample size	ABT duration (in days)	Length of hospital stay (in days)	Adequacy of empirical therapy	Infection with resistant pathogen	C. difficile infection
Studies with SCT of ≤3 days	≤3 days						
Haal [11]	SCT: ABT for ≤3 days	N = 137	Median: $2 (1-3)^{1a}$ Median: $4 (3-6)^{2a}$	Median: 6 (4–8) <sup>a</sup>	NR	0	0
	LCT: ABT for≥4 days	N = 159	Median: $6 (4-7)^{1a}$ Median: $7 (6-10)^{2a}$	Median: 7 (5–9) <sup>a</sup>		0	0
Kogure [26]	SCT: ABT stopped after T < 37 °C 24 h	N = 18	Median: 3 (2–7) <sup>2b</sup>	NR	NR	NR	NR
Satake [31]	SCT: ABT for ≤3 days	N = 22	Median: 1.5 (1–3) <sup>1b</sup> Mean: 6.3 (2.4) <sup>2c</sup>	Mean: 19.5 (21.6) <sup>c</sup>	NR	NR	NR
	LCT: ABT for≥4 days	N = 74	Median: $7 (4-17)^{1b}$ Mean: 11.1 (3.8) <sup>2c</sup>	Mean: 21.3 (21.1) <sup>c</sup>			
Van Lent [30]	SCT: ABT for ≤3 days MCT: ABT for 4/5 days LCT: ABT for >5 days	N = 41 $N = 19$ $N = 20$	NR	NR	NR	NR	NR
Studies without SCT of $\leq 3$ days	of $\leq 3$ days						
Doi [25]	<ol> <li>ABT for ≤7 days</li> <li>ABT for ≥8 days</li> </ol>	N = 86 N = 177	Median: 6 (2–7) <sup>2b</sup> Median: 12 (8–46) <sup>2b</sup>	NR	75/78 (96%) 136/157 (87%)	NR	NR
Netinatsunton [27]	<ol> <li>ABT stopped after T &lt; 38 °C 72 h</li> <li>ABT for 14 days</li> </ol>	N = 18 N = 16	Mean: 4.6 (3–9) <sup>2b</sup> Fixed: 14 <sup>2</sup>	Mean: 5.8 (2.4) <sup>c</sup> Mean: 6.4 (2.3) <sup>c</sup>	NR	NR	NR
Park [28]	1: ABT for 14 days (early oral switch) 2: ABT for 14 days (conventional IV)	N = 29 $N = 30$	Fixed: 14 <sup>2</sup> Fixed: 14 <sup>2</sup>	Mean: 10.8 (3.8) <sup>c</sup> Mean: 12.3 (5.7) <sup>c</sup>	NR	NR	NR
Uno [29]	1: ABT for < 14 days ( <i>after May 2013</i> ) 2: ABT for 14 days ( <i>before May 2013</i> )	$\substack{N=52\\N=40}$	Median: 10 (7.3–12.8) <sup>2a</sup> Median: 14.5 (14–15) <sup>2a</sup>	Median: 14 (10–17) <sup>a</sup> Median: 17.5 (16–22.5) <sup>a</sup>	47/52 (90%) 30/40 (75%)	NR	NR
ABT antibiotic ther	ABT antibiotic therapy. C Clostridioides. IV intravenous. LCT long-course therapy. MCT medium-course therapy. NR not reported. SCT short-course therapy. T temperature	CT long-course	therapy. MCT medium-c	course therapy NR not reported.	SCT short-course the	trany. T temperature	

ABT antibiotic therapy, C Clostridioides, IV intravenous, LCT long-course therapy, MCT medium-course therapy, NR not reported, SCT short-course therapy, T temperature <sup>1</sup>ABT duration after ERCP

<sup>2</sup>Total ABT duration

<sup>a</sup>Interquartile range

<sup>b</sup>Range

<sup>c</sup>Standard deviation

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**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

# Affiliations

# Sylke Haal<sup>1,2</sup> • Mattheus C. B. Wielenga<sup>1</sup> · Paul Fockens<sup>1</sup> · Charlotte A. Leseman<sup>1</sup> · Cyriel Y. Ponsioen<sup>1</sup> · Ellert J. van Soest<sup>3</sup> · Roy L. J. van Wanrooij<sup>4</sup> · Elske Sieswerda<sup>5</sup> · Rogier P. Voermans<sup>1</sup>

Mattheus C. B. Wielenga m.c.wielenga@amsterdamumc.nl

Paul Fockens p.fockens@amsterdamumc.nl

Charlotte A. Leseman c.a.leseman@amsterdamumc.nl

Cyriel Y. Ponsioen c.y.ponsioen@amsterdamumc.nl

Ellert J. van Soest e.van.soest@spaarnegasthuis.nl

Roy L. J. van Wanrooij rl.vanwanrooij@amsterdamumc.nl

Elske Sieswerda e.sieswerda@amsterdamumc.nl

Rogier P. Voermans r.p.voermans@amsterdamumc.nl

- <sup>1</sup> Department of Gastroenterology and Hepatology, Amsterdam UMC, University of Amsterdam, Amsterdam Gastroenterology Endocrinology Metabolism, Amsterdam, The Netherlands
- <sup>2</sup> Department of Internal Medicine, Spaarne Gasthuis, Hoofddorp, The Netherlands
- <sup>3</sup> Department of Gastroenterology, Spaarne Gasthuis, Hoofddorp, The Netherlands
- <sup>4</sup> Department of Gastroenterology and Hepatology, Amsterdam UMC, Vrije Universiteit Amsterdam, Amsterdam Gastroenterology Endocrinology Metabolism, Amsterdam, The Netherlands
- <sup>5</sup> Department of Medical Microbiology and Infection Control, Amsterdam UMC, Vrije Universiteit Amsterdam, Amsterdam, The Netherlands