#### **ORIGINAL ARTICLE**



# Phase I study of primary treatment with 5-FU, oxaliplatin, irinotecan, levofolinate, and panitumumab combination chemotherapy in patients with advanced/recurrent colorectal cancer involving the wild-type RAS gene: the JACCRO CC-14 study

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#### **Abstract**

Background FOLFOXIRI is now regarded as the chemotherapy regimen that offers the best platform for the treatment of colorectal cancer. However, the safety and efficacy of FOLFOXIRI + panitumumab has not been demonstrated. We conducted a phase I study to determine the recommended dose of FOLFOXIRI + panitumumab as first-line treatment for RAS wild-type metastatic colorectal cancer (mCRC).

Methods Patients received combination therapy consisting of panitumumab (6 mg/kg on day 1) + FOLFOXIRI [irinotecan (CPT-11), oxaliplatin (L-OHP) 85 mg/m<sup>2</sup>, and folinate (LV) 200 mg/m<sup>2</sup>] on day 1, followed by fluorouracil (5-FU) 3200 mg/m<sup>2</sup> m<sup>2</sup> infused as a 46-h continuous infusion starting on day 1) repeated every 2 weeks as first-line treatment of RAS wild-type mCRC patients. A decrease in CPT-11 dose was planned (started at level 1: CPT-11 165 mg/m<sup>2</sup>).

Results Seven patients were enrolled, and six were assessed for safety and efficacy. Maximum tolerated dose was not reached at level 1; all patients were treated at these levels. The common Grade 3 or 4 relevant toxicities were diarrhea (50%), hypokalemia (33%) and stomatitis (33%). No treatment-related deaths occurred. Of the six patients assessed four had partial response and the two others had stable disease; hence, the response rate was 66.7% (95% confidence interval 28.9–100%) and the disease control rate was 100%. Time to protocol treatment failure was 7.2 (1.4–7.3) months.

**Conclusion** The FOLFOXIRI + panitumumab chemotherapy regimen was well tolerated by our patients with mCRC and showed promising anti-tumor activity. The recommended phase II dose was determined to be the same as the standard doses of this regimen used worldwide.

**Keywords** FOLFOXIRI · Panitumumab · Triplet chemotherapy · Metastatic colorectal cancer · RAS

#### Introduction

During the last decade the annual rate of colorectal cancer (CRC) in Japan has been steadily increasing. According to one 2014 statistical prediction of cancer incidence, the number of morbidities from CRC (colonic cancer plus rectal

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cancer) will ultimately reach approximately 130,000 [1]. In developed Western countries, CRC ranks as the secondleading cause of death, following lung cancer. Globally, the development of methods for the prevention, early diagnosis, and treatment of CRC remains a matter of urgent concern.

Chemotherapy is the first-line treatment for unresectable metastatic CRC (mCRC), and the greater availability of the key drugs fluorouracil (5-FU), irinotecan (CPT-11), and oxaliplatin (L-OHP) has been shown to be positively correlated with the greater prolongation of prognosis [2]. The efficacy of the FOLFOXIRI [5-FU, leucovorin (LV), L-OHP, CPT-11] and FOLFIRI (5-FU, LV, CPT-11) chemotherapy regimens has been compared, with the FOLFOXIRI regimen



proving to be significantly better in terms of response rate (RR), progression-free survival (PFS), and overall survival (OS) [3]. In addition, the results of the TRIBE study established the FOLFOXIRI + bevacizumab combination regimen as standard therapy for patients with mCRC [4]. Accordingly, FOLFOXIRI ± bevacizumab therapy is now regarded as a first-line treatment for mCRC. However, there are several aspects of the FOLFOXIRI regimen which require attention. One of these is the CPT-11 dosage in FOL-FIRI therapy in Japan, which at 150 mg/m<sup>2</sup> is lower than the 180 mg/m<sup>2</sup> used in Western countries. On the other hand, despite L-OHP being used concomitantly in FOLFOXIRI therapy, the dose of irinotecan in the FOLFOXIRI regimen is set at 165 mg/m<sup>2</sup> in Japan, the same as that in Western countries and higher than that for FOLFIRI therapy in Japan. We previously reported that the combination therapy regimen of FOLFOXIRI + bevacizumab could be administered in the same way as global standard doses [L-OHP 85 mg/ m<sup>2</sup>; CPT-11 165 mg/m<sup>2</sup>, LV 200 mg/m<sup>2</sup>, 5-FU 3,200 mg/ m<sup>2</sup>, infused as a 46-h continuous infusion + bevacizumab 5 mg/kg] in Japanese patients [5]. This was confirmed in the QUATTRO trial (No. UMIN000013797), a phase II study which evaluated a global standard regimen of FOLFOXIRI + bevacizumab as first-line therapy in patients with mCRC. The results of this trial showed that the standard dose of FOLFOXIRI could be administered safely. Furthermore, the combination of panitumumab + FOLFOX therapy or FOL-FIRI therapy is recommended as the primary treatment for patients with mCRC with the wild-type RAS gene. Although the combination of panitumumab + FOLFOXIRI therapy achieves a high response rate, the addition of panitumumab to the FOLFOXIRI regimen has been shown to increase the incidence and severity of diarrhea [6]. Hence, the dosage and safety of FOLFOXIRI + panitumumab have not yet been established.

In the study reported here, we conducted a phase I study to determine the recommended dose (RD) of CPT-11 in FOLFOXIRI therapy.

# **Patients and methods**

#### **Eligibility criteria**

Eligibility criteria were age  $\geq$  18 years at the time of registration; histologically identified CRC (adenocarcinoma); unresectable advanced/recurrent CRC involving the wild-type *KRAS* or *RAS* gene; evaluable lesion confirmed by objective methods, such as computed tomography (CT) within 30 days prior to registration; no prior chemotherapy for unresectable primary tumor and distant metastases or lymph node metastases; Eastern Cooperative Oncology Group (ECOG) performance status 0 or 1; adequate organ

function, as defined by a white cell blood (WBC) count of  $3000-12,000/\text{mm}^3$ , absolute neutrophil count of  $\geq 2000/\text{mm}^3$ , hemoglobin  $\geq 10$  g/dl, platelet count of  $\geq 10.0 \times 10^4/\text{mm}^3$ , total bilirubin  $\leq 1.5$  mg/dl, serum transaminase levels of  $\leq 100$  U/l ( $\leq 200$  IU/l for patients with hepatic metastases), and serum creatinine level of  $\leq 1.5$  mg/dl. Exclusion criteria were evidence of prior chemotherapy with panitumumab, oxaliplatin, or irinotecan; prior myocardial infarction within 3 months; history of unstable angina pectoris, interstitial pneumonia, fibroid lung, or severe emphysema; concurrent active malignancy; uncontrolled infection; severe mental disorder; peripheral sensory neuropathy > Grade 2; pregnancy or lactation.

This trial was carried out in accordance with the Helsinki Declaration and Ethical Guidelines for Clinical Studies and was approved by the institutional review boards of all participating institutions. All patients were required to give written informed consent before entering the study. Japan Clinical Cancer Research Organization (JACCRO) conducted the data management, central monitoring, and statistical analysis.

# Study design and treatment

The protocol treatment was defined as chemotherapy consisting of L-OHP, CPT-11, LV, 5-FU, plus panitumumab. Specifically, the treatment regimen consisted of a 1-h intravenous (i.v.) administration of panitumumab, 1-h administration of CPT-11, 2-h concomitant infusion of L-OHP 85 mg/ m<sup>2</sup> and LV 200 mg/m<sup>2</sup>, followed by 46-h continuous i.v. administration of 5-FU 3200 mg/m<sup>2</sup>. This treatment regimen was repeated for a maximum of 12 courses, with 2 weeks regarded as one course. The study was designed to evaluate the maximum tolerated dose (MTD) of combination therapy with 5-FU, L-OHP, CPT-11, LV, and panitumumab as an initial treatment in patients with unresectable mCRC involving the wild-type KRAS or RAS gene, and to determine the RD. Six patients were treated at dose level 1 (L-OHP 85 mg/ m<sup>2</sup>, CPT-11 165 mg/m<sup>2</sup>, LV 200 mg/m<sup>2</sup>, 5-FU 3,200 mg/m<sup>2</sup>, infused as a 46-h continuous infusion, and panitumumab 6 mg/kg). If three or more of the six patients experienced a dose limiting toxicity (DLT), six additional patients were accrued at the next lower dose level (L-OHP 85 mg/m<sup>2</sup>, CPT-11 150 mg/m<sup>2</sup>, LV 200 mg/m<sup>2</sup>, 5-FU 3,200 mg/m<sup>2</sup>, infused as a 46-h continuous infusion, and panitumumab 6 mg/kg). Among the levels at which a DLT was observed in more than three of the six patients, the lowest level was estimated to be the MTD. If an MTD was not observed in three or more of the six patients at dose level 1, level 1 or higher was estimated to be the MTD. One level below the MTD was tentatively determined to be the RD. If the MTD was estimated to be level 1 or higher, level 1 was tentatively determined to be the RD.



The DLT was defined as any one or more of the following adverse events occurring during the DLT evaluation period: (1) neutropenia of Grade 4 (neutrophil count < 500/mm<sup>3</sup>) persisting for  $\geq 4$  days; (2) thrombocytopenia of Grade 4 (platelet count  $< 2.5 \times 10^4 / \text{mm}^3$ ); (3) febrile neutropenia with a fever of  $\geq 38.5$  °C; (4) clinically significant nonhematotoxicity of Grade 3 or higher; (5) discontinuation of treatment due to an adverse event; (6) any death for which a possible association with treatment could not be ruled out. The DLT evaluation period was the period from drug administration on Day 1 of the first course to before drug administration on Day 1 of the second course. Treatment was administered biweekly until evidence of progression, unacceptable toxicity, or patient refusal. Treatment was delayed if, on the planned day of treatment, the WBC was < 2000/ mm<sup>3</sup>, neutrophil level was < 1000/mm<sup>3</sup>, platelet count was  $< 7.5 \times 10^4$ /mm<sup>3</sup>, hemoglobin level was < 9.0 g/dl, serum bilirubin level was > 1.5 mg/dl, or persistent diarrhea or stomatitis, skin symptoms, or peripheral sensory or motor neurotoxicity higher than Grade 1 (NCI-CTC) was present. In the event of peripheral sensory or motor neurotoxicity > Grade 3, treatment with L-OHP was interrupted. In the event of Grade 4 non-hematologic toxicities, treatment was definitively interrupted.

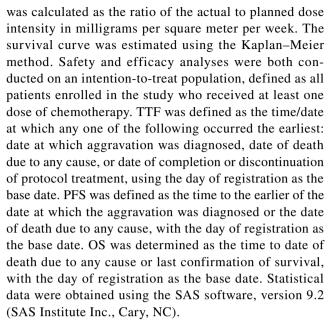
To prevent chemotherapy-induced nausea and vomiting (CINV), the 5-hydroxytryptamine 3 (5HT<sub>3</sub>) antagonist dexamethasone was administered at 9.9 mg i.v., and neurokinin 1 receptor antagonists (aprepitant, fosaprepitant) were administered before chemotherapy. Prophylactic use of granulocyte colony-stimulating factor (G-CSF) was not allowed. No after-treatment was specified in cases of completion or discontinuation of the protocol treatment.

#### Study assessment

Pretreatment evaluation included a medical history; physical examination; complete blood cell count and serum chemistry tests; colonoscopy; chest, abdominal and pelvic CT scans. Clinical examination and biochemical tests were required before and during each cycle. All adverse events experienced during the study were recorded and graded according to the National Cancer Institute Common Terminology Criteria for Adverse Events (CTCAE version 4.0; https://ctep.cancer.gov/). Response, as determined by the investigators, was recorded according to Response Evaluation Criteria In Solid Tumors (RECIST) criteria v1.1 (http://www.irrecist.com/).

#### **Endpoints**

The primary endpoint in this study was the MTD and RD of this regimen. Secondary endpoints included RR, time to treatment failure (TTF), PFS, OS, treatment completion rate (12 courses), and safety. Dose intensity



This trial was registered with the University Hospital Medical Information Network (No. UMIN000015475).

### Results

#### **Patients**

From January 2015 to July 2015, a total of seven patients were enrolled. One patient was excluded from further treatment and all analyses because the patient could not start protocol treatment within 30 days of enrollment, leaving six patients for assessment (Fig. 1). Characteristics of the patients are listed in Table 1. All patients were chemo-naïve and had a good performance status. All six patients had histologically proven adenocarcinoma, of whom two had the *KRAS* exon2 wild-type and four had the *KRAS*, *NRAS*, *HRAS* 

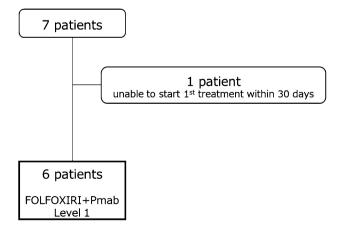


Fig. 1 Flow diagram of patient enrollment. Pmab Panitumumab



**Table 1** Patient characteristics (n = 6)

Variables	Values	
Age (years)	60 (38–74)	
Sex		
Male	3 (50)	
Female	3 (50)	
ECOG PS		
0	6 (100)	
1	0 (0)	
RAS status		
KRAS wt	2 (33)	
RAS wt	4 (67)	
UGT1A1		
WT	4 (67)	
Single hetero	2 (33)	
Cancer status		
Advanced	4 (67)	
Relapse	2 (33)	
Primary tumor		
Colon	4 (67)	
Rectum	1 (17)	
Other	1 (17)	
TNM T stage <sup>a</sup>		
Т3	2 (33)	
T4a	3 (50)	
T4b	1 (17)	
TNM N stage <sup>a</sup>		
N0	1 (17)	
N1a	1 (17)	
N1b	2 (33)	
N2b	2 (33)	
TNM M stage <sup>a</sup>		
M1a	1 (17)	
M1b	5 (83)	

Values in table are presented as a number with the percentage in parenthesis, with the exception of Age which is presented as the median with the range in parenthesis

ECOG Eastern Cooperative Oncology Group, PS performance status, wt wild type, WT wild type

<sup>a</sup>TNM classification according to the Union for International Cancer Control (UICC) TNM classification of malignanttumors 7th edition (Wiley, Hoboken)

wild-type. The primary tumor locations were left-sided (distal to splenic flexure) in four patients and right-sided (proximal to splenic flexure) in two patients.

# Treatment administration, DLT, RD and dose intensity

Six patients were treated at dose level 1 (L-OHP 85 mg/m<sup>2</sup>, CPT-11 165 mg/m<sup>2</sup>, 1-LV 200 mg/m<sup>2</sup>, 5-FU 3,200 mg/m<sup>2</sup>, infused as a 46-h continuous infusion, and panitumumab 6 mg/kg). No patient had a DLT at level 1, and the RD was determined to be L-OHP 85 mg/m<sup>2</sup>, CPT-11 165 mg/m<sup>2</sup>, LV 200 mg/m<sup>2</sup>, and 5-FU 3,200 mg/m<sup>2</sup> infused as a 46-h continuous infusion + panitumumab 6 mg/kg.

Four patients completed the protocol treatment of 12 cycles (67%). Two patients discontinued the protocol treatment, one due to disease progression and one due to adverse events. All patients required a dose reduction for CPT-11 at a median of the fourth cycle, mainly due to diarrhea. Four patients needed a reduction of the L-OHP dose at a median of the third cycle due to neuropathy. All patients needed a reduction of the 5-FU dose at a median of the fourth cycle, mainly due to diarrhea or stomatitis. Two patients needed a reduction of the panitumumab dose at a median of the sixth cycle due to paronychia and stomatitis. The relative dose intensity delivered was 81.1% for L-OHP, 88.1% for CPT-11, 97.2% for L-LV, 90.4% for 5-FU, and 83.7% for panitumumab, with a median of 12 cycles per patient (range 3–12 cycles).

# Toxicity

The worst toxicity during the DLT evaluation period and throughout the treatment period is listed in Tables 2 and 3, respectively. All six patients who received protocol treatment were assessed for safety. Non-hematological adverse events of Grade  $\geq 3$  occurred in none of patients during the DLT evaluation period, and Grade 3 or higher neutropenia and febrile neutropenia did not occur in any of the patients through the treatment period. Common Grade 3 or higher relevant toxicities were diarrhea (50%), hypokalemia (33%), and stomatitis (33%). No treatment-related death was observed.

# **Efficacy and survival**

Response was assessable in all six patients who received the protocol treatment. No complete response was observed, and partial response was observed in four patients, giving a RR of 66.7% [95% confidence interval (CI) 28.9–100%]. The other two patients had stable disease. There was no patient with progressive disease as best response. At the time of analysis, all six patients were alive. With a median follow-up period of 11.6 months, median TTF was 7.2 months (95% CI 1.4–7.3), and neither median PFS nor OS was reached (Fig. 2).



**Table 2** Maximum toxicity per patient during the dose limiting toxicity evaluation period (n = 6)

Adverse event	NCI-CTC grade		
	All grades, n (%)	$\geq$ Grade 3, $n$ (%)	
Hematologic			
Leukopenia	0 (0)	0 (0)	
Neutropenia	0 (0)	0 (0)	
Thrombocytopenia	0 (0)	0 (0)	
AST increased	1 (17)	0 (0)	
ALT increased	1 (17)	1 (17)	
Hypoalbuminemia	2 (33)	0 (0)	
Hypokalemia	2 (33)	0 (0)	
Hyponatremia	1 (17)	1 (17)	
Hypomagnesemia	2 (33)	0 (0)	
Non-hematologic			
Alopecia	2 (33)	_	
Anorexia	3 (50)	0 (0)	
Conjunctivitis	1 (17)	0 (0)	
Constipation	1 (17)	0 (0)	
Diarrhea	4 (67)	0 (0)	
Dry skin	2 (33)	0 (0)	
Fatigue	1 (17)	0 (0)	
Febrile neutropenia	0 (0)	0 (0)	
Infusion-related reaction	1 (17)	0 (0)	
Malaise	3 (50)	_	
Nausea	3 (50)	0 (0)	
Palpitations	1 (17)	0 (0)	
Peripheral sensory neuropathy	3 (50)	0 (0)	
Pruritus	1 (17)	0 (0)	
Rash acneiform	3 (50)	0 (0)	
Stomatitis	2 (33)	0 (0)	
Vomiting	1 (17)	0 (0)	
Weight loss	1 (17)	0 (0)	

NCI-CTC National Cancer Institute Common Toxicity Criteria, AST aspartate transaminase, ALT, alanine transaminase

# Discussion

In this study, we determined that the RD of FOLFIXIRI + panitumumab in patients with mCRC was L-OHP 85 mg/m<sup>2</sup>, CPT-11 165 mg/m<sup>2</sup>, LV 200 mg/m<sup>2</sup>, 5-FU 3,200 mg/m<sup>2</sup>, all infused as a 46-h continuous infusion, and panitumumab 6 mg/kg. These are the same as the standard doses for this regimen used worldwide. To our knowledge, this is the first report of the feasibility and activity of FOLFIXIRI + panitumumab in Asian patients with mCRC.

A FOLFOXIRI + anti-epidermal growth factor receptor (EGFR) antibody chemotherapy regimen for mCRC has been investigated in several prospective trials and shown to have promising efficacy, with a high RR and prolonged survival.

**Table 3** Maximum toxicity per patient during the overall treatment period (n = 6)

Adverse event	NCI-CTC grade	
	All grades, n (%)	$\geq$ Grade 3, $n$ (%)
Hematologic		1
Leukopenia	5 (83)	0 (0)
Neutropenia	5 (83)	0 (0)
Thrombocytopenia	1 (17)	0 (0)
Anemia	2 (33)	0 (0)
AST increased	1 (17)	0 (0)
ALT increased	3 (50)	1 (17)
Alkaline phosphatase increased	2 (33)	0 (0)
Hyperkalemia	1 (17)	0 (0)
Hypermagnesemia	1 (17)	1 (17)
Hypoalbuminemia	3 (50)	0 (0)
Hypocalcemia	2 (33)	1 (17)
Hypokalemia	4 (67)	2 (33)
Hyponatremia	1 (17)	1 (17)
Hypomagnesemia	6 (100)	1 (17)
Proteinuria	1 (17)	0 (0)
Non-hematologic		
Abdominal pain	1 (17)	0 (0)
Alopecia	4 (67)	_
Anorexia	4 (67)	0 (0)
Anal hemorrhage	1 (17)	0 (0)
Cheilitis	1 (17)	0 (0)
Conjunctivitis	2 (33)	0 (0)
Constipation	3 (50)	0 (0)
Diarrhea	6 (100)	3 (50)
Dry skin	5 (83)	0 (0)
Dysgeusia	5 (83)	_
Fatigue	2 (33)	0 (0)
Febrile neutropenia	0 (0)	0 (0)
Fever	1 (17)	0 (0)
Hypertension	1 (17)	0 (0)
Infusion-related reaction	3 (50)	0 (0)
Malaise	5 (83)	_
Nausea	5 (83)	0 (0)
Palpitations	1 (17)	0 (0)
Paronychia	3 (50)	0 (0)
Peripheral sensory neuropathy	6 (100)	0 (0)
Pruritus	1 (17)	0 (0)
Rash acneiform	5 (83)	0 (0)
Skin hyperpigmentation	2 (33)	_
Stomatitis	5 (83)	2 (33)
Urticaria	1 (17)	0 (0)
Vomiting	2 (33)	0 (0)
Weight loss	2 (33)	0 (0)



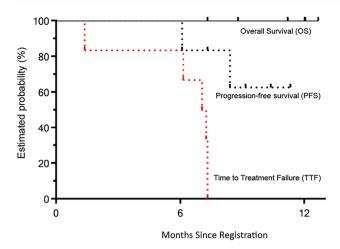


Fig. 2 Time to treatment failure, progression-free survival, and overall survival

Nevertheless, the recommended doses have not yet been determined. In a phase II trial evaluating the FOLFOXIRI + cetuximab regimen on 13 wild-type KRAS exon 2 codon 12 mCRC patients, the RR, median PFS, and median OS were 70% and 10.2 and 30.3 months, respectively, although there were high rates of Grade  $\geq 3$  neutropenia (23%), diarrhea (53%), and stomatitis (10%) [7]. In another phase II trial evaluating FOLFOXIRI + panitumumab for RAS, BRAF wildtype mCRC patients demonstrated a particularly high RR of 89% and median PFS of 11.3 months, with increased incidence and severity of neutropenia (≥ Grade 3, 48%), diarrhea  $(\geq Grade 3, 35\%)$ , and stomatitis  $(\geq Grade 3, 14\%)$  [6]. Due to the increasing incidence of severe hematological and nonhematological toxicities, the dosage of FOLFOXIRI + anti-EGFR antibody regimens ranged from CPT-11 150–180 mg/ m<sup>2</sup>, L-OHP 65–85 mg/m<sup>2</sup>, and 5-FU 1200–3200 mg/m<sup>2</sup> with/ without bolus infusion [6–8]. In the present study, half of the patients experienced ≥ Grade 3 diarrhea. However, scopolamine in combination with anticholinergic medicine would likely be effective from the following cycle onwards; on this basis, the recommended phase II dose for FOLFOXIRI + panitumumab was determined to be the same as the standard doses for this regimen used worldwide.

Our results show a smaller proportion of Grade 3 or more hematologic toxicities than has been reported previously. Our previous phase I study of FOLFOXIRI + bevacizumab identified the same recommended dose of FOLFOXIRI as did this study, but in the former we reported an incidence of ≥ Grade 3 neutropenia of 67% [5]. The authors of another phase I study of FOLFOXIRI for Japanese patients concluded that a modified dosage might be feasible [9]. Patients with homozygosity for UGT1A1\*28 (\*28/\*28) or UGT1A1\*6 (\*6/\*6) and heterozygosity for both UGT1A1\*28 and \*6 (\*28/\*6), which are associated with severe CPT-11-related neutropenia in Japanese patients,

were coincidentally not enrolled in this study. The PRIME study, a phase III trial of FOLFOX with or without panitumumab for mCRC, showed that  $\geq$  Grade 3 neutropenia did not increase when panitumumab was added to chemotherapy regimen [10]. To the contrary, a meta-analysis indicated that bevacizuamb is associated with an increased risk of neutropenic events [11]. These results mean that panitumumab added to chemotherapy does not increase the risk of neutropenia, but that bevacizumab does increase the risk of neutropenia. Furthermore, all patients needed a reduction in both CPT-11 and 5-FU dose due to gastrointestinal toxicities (diarrhea or stomatitis). This might explain why no patients in our study experienced ≥ Grade 3 neutropenia. FOLFOXIRI should be started at the recommended dose with prompt dose modifications as needed for adverse events. This modification suggests that these recommended doses are feasible.

A limitation of our present study related to study design should be discussed. We planned a de-escalation design for this study, but the dose of CPT-11 of FOLFOXIRI did not reach the MTD. The question therefore remains whether the dosage of CPT-11 could have been escalated higher in combination with panitumumab.

The association of an anti-EGFR antibody in combination with FOLFOXIRI would be a promising treatment in *RAS* wild-type mCRC patients and deserves further validation in prospective trials. In the present study, the recommended phase II dose was determined to be L-OHP 85 mg/m², CPT-11 165 mg/m², LV 200 mg/m², 5-FU 3,200 mg/m², infused as a 46-h continuous infusion, and panitumumab 6 mg/kg. The randomized phase II JACCRO CC-13 study, titled the DEEPER trial, is now recruiting patients and is evaluating the addition of bevacizumab or cetuximab to FOLFOXIRI as a first-line therapy in Japanese patients with *RAS* wild-type mCRC (UMIN000018217).

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#### Compliance with ethical standards

Conflict of interest Hironaga Satake has received honoraria from Bayer, Chugai Pharma, Eli Lilly Japan, Merck Serono, Takeda, Taiho Pharmaceutical, and Yakult Honsha. Akihito Tsuji has received honoraria from Chugai Pharma, Takeda Pharmaceutical, Eli-Lilly, Taiho Pharma, Bayer, Bristol-Myers Squibb Japan, Daiichi Sankyo, and Merck Serono. Masato Nakamura has received honoraria from Merck Serono, Taiho Pharma, and Yakult Honsha. Masahiro Takeuchi has received consulting fees from Taiho Pharmaceutical, Shionogi, AbbVie GK, Astra Zeneca Co., Hisamitsu Pharma Co., and Mitsubishi Tanabe Pharma.



**Ethical approval** All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and national research committee, and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

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