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### Data Article

# A low-field Nuclear Magnetic Resonance dataset of whole milk during coagulation and syneresis



E. Curti, A. Pardu, S. Del Vigo, R. Sanna, R. Anedda\*

Porto Conte Ricerche s.r.l., S.P. 55 Porto Conte-Capo Caccia, Km 8.400 Loc. Tramarglio, Alghero (SS), Italy

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#### ABSTRACT

We report the relaxometric dataset obtained on renneted milk during syneresis by Time-Domain Nuclear Magnetic Resonance spectroscopy (TD-NMR). Data were obtained on cow's milk provided by two different producers in two different lactation seasons (April and October) and on a group of goat's milk samples (one season, November–December, one producer). TD-NMR data refer to spin-spin relaxation times (T<sub>2</sub>) decay curves and distributions measured at 40 °C at seven time points after rennet addition, up to 70 minutes of syneresis. Curd was cut 30 min after rennet addition without removing the NMR tube from the TD-NMR instrument. The dataset here reported is related to the research article entitled “Non invasive monitoring of curd syneresis upon renneting of raw and heat-treated cow's and goat's milk” [E. Curti, A. Pardu, S. Del Vigo, R. Sanna, R. Anedda, Non-invasive monitoring of curd syneresis upon renneting of raw and heat-treated cow's and goat's milk, *Int. Dairy J.* 90 (2019) 95–97].

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\* Corresponding author.

E-mail address: [anedda@portocontericerche.it](mailto:anedda@portocontericerche.it) (R. Anedda).

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## Specifications Table

Subject area	Food Chemistry
More specific subject area	Dairy Science
Type of data	xlsx file (XY data table)
How data was acquired	Low-field Nuclear Magnetic Resonance Spectrometer (20 MHz, 0.47 T, Bruker the miniSpec, Germany)
Data format	Raw and processed (CONTIN software, Bruker, Germany) $T_2$ CPMG decays
Experimental factors	Fresh whole milk was analyzed raw and heat-treated
Experimental features	<ol style="list-style-type: none"> <li>1. Heat treatment of milk (72 °C, 1 minute)</li> <li>2. Addition of rennet, coagulation and syneresis</li> <li>3. Acquisitions of <math>T_2</math> [transverse relaxation time, Carr-Purcell-Meiboom-Gill (CPMG) pulse sequence] decays at selected syneresis time points, up to 70 minutes</li> <li>4. Analysis of <math>T_2</math> data decays with CONTIN software to obtain <math>T_2</math> distributions</li> <li>5. Comparison of <math>T_2</math> distributions of raw and heat-treated milk and curd</li> </ol>
Data source location	Porto Conte Ricerche S.r.l., Tramariglio, Alghero (SS), Italy
Data accessibility	Data are included in this article, as a supplementary file
Related research article	Curti, E. Pardu, A., Del Vigo, S. Sanna, R., and Anedda R. Non invasive monitoring of curd syneresis upon renneting of raw and heat-treated cow's and goat's milk. <i>Int. Dairy J.</i> 90 (2019) 95–97. <a href="https://doi.org/10.1016/j.idairyj.2018.11.003">https://doi.org/10.1016/j.idairyj.2018.11.003</a>

**Value of the Data**

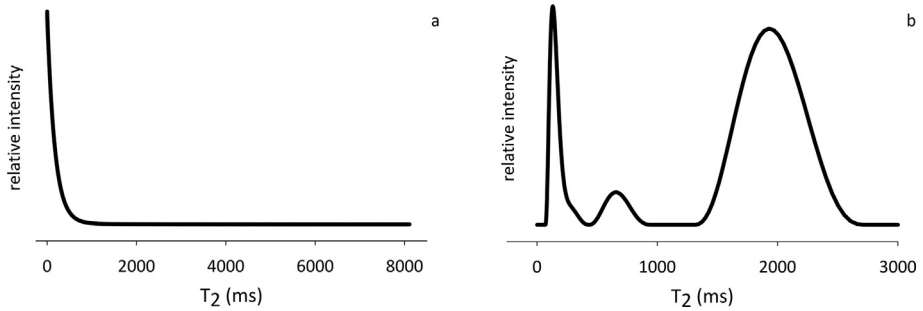
- The dataset is useful to demonstrate and understand the effect of heat treatments of milk on the microstructural features of curd during syneresis
- The dataset can be useful to both researchers involved in the application of NMR relaxometry in dairy science and to dairy technologists
- The dataset can be used as a comparison in studies investigating the effect of other parameters (e.g. season, cattle diet, cattle species, rearing environment, climate) on milk and curd microstructural features.
- To the best of our knowledge, this is the first published NMR relaxometry dataset on whole milk
- Our dataset would serve as a starting point for the implementation of NMR in process and quality control of dairy products

**1. Data**

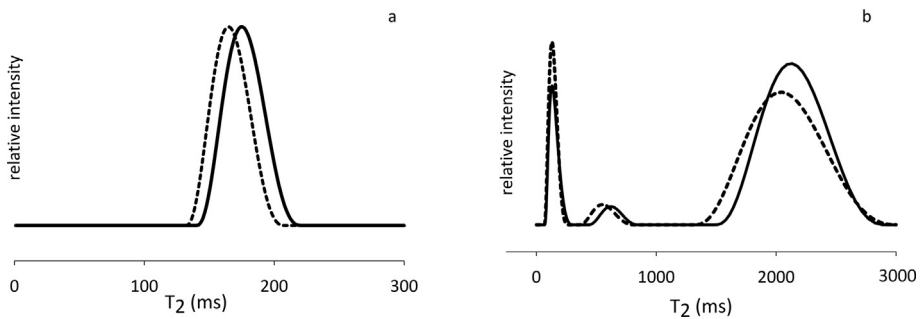
TD-NMR technique showed its ability and suitability in unraveling dairy products features and quality attributes [1–3]. Heating is known to affect milk functional properties [4,5] and, consequently, the following processing steps in cheese manufacturing. With TD-NMR being able to highlight molecular changes related to coagulation and syneresis [6,7], a TD-NMR  $T_2$  dataset of whole milk is here presented, to deepen the knowledge of the syneresis process. Both raw ( $T_2$  decays, Fig. 1a) and processed ( $T_2$  distributions, Fig. 1b) data of raw and heat-treated cow's and goat's milk (after rennet addition, and up to 70 minutes of syneresis) [1] are provided as supplementary files, with an explanatory legend. Representative examples of the differences between the NMR relaxometric profiles of raw and heat-treated milk (Fig. 2a) and curd (Fig. 2b) are also reported.

**2. Experimental design, materials, and methods****2.1. Sample preparation**

Fresh whole raw milk was collected and heat-treated at 72 °C. Raw and heat-treated milk samples were put into NMR glass tubes and inserted inside the magnet to equilibrate at 40 °C. Liquid rennet (Naturen®, Christian Hansen, Parma, Italy) was added to milk inside the NMR tubes, where curd evolution was monitored during coagulation and syneresis.



**Fig. 1.** Dataset on curds during syneresis. Representative graphical examples of (a) CPMG signal decays and (b)  $T_2$  quasi-continuous distributions obtained by using CONTIN software.



**Fig. 2.** (a)  $T_2$  quasi-continuous distributions (CONTIN) of milk immediately after rennet addition (at  $T_0$ ) and (b) on curds after 70 min ( $T_6$ ). Solid lines refer to raw milk and derived curd, dashed lines represent the heat-treated counterparts.

## 2.2. Curd syneresis monitoring

$T_2$  distributions were acquired at  $T_0$  (just after rennet addition),  $T_{3C}$  (curd cutting), and every 10 minutes until 70 minutes ( $T_4$ ,  $T_5$ ,  $T_6$  and  $T_7$ ).

## 2.3. TD-NMR analysis

A low-field Nuclear Magnetic Resonance spectrometer was used (Bruker the miniSpec, Germany).  $^1\text{H}$   $T_2$  decays were acquired with a Carr-Purcell-Meiboom-Gill (CPMG) pulse sequence (recycle delay: 6 s; interpulse spacing 0.05 ms; 8 scans; 8000 data points) [Bruker the miniSpec (20MHz, 0.47T), Germany] and  $T_2$  quasi-continuous distributions (400 points; range: 1–3000 ms) were obtained (CONTIN Bruker software).

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## Conflict of interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.dib.2019.104520>.

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