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# **OPEN** Prognostic Significance of Mean Platelet Volume on Local Advanced Non-Small Cell Lung Cancer **Managed with Chemoradiotherapy**

Abdullah Sakin 61, Saban Secmeler 62, Serdar Arici 62, Caglayan Geredeli 62, Nurgul Yasar 2, Cumhur Demir 2, Ferdi Aksaray 3 & Sener Cihan 2

Mean platelet volume (MPV), the most commonly used measure of platelet size, and is altered in patients with malignancies. The aim of this study was to investigate the effect of MPV on overall survival (OS) of patients with locally advanced (Stage IIIA/B) inoperable non-small cell lung cancer (NSCLC). This retrospective study included patients who received concomitant chemoradiotherapy (CCRT) with cisplatin + etoposide regimen due to locally advanced stage IIIA/B NSCLC. The study included a total of 115 cases, consisting of 110 (95.7%) male and 5 (4.2%) female patients. The mean age of the patients was 61.3  $\pm$  10.4 (22–82) years. ROC curve generated by MPV for OS yielded an AUC of 0.746 (95% CI 0.659-0.833), (p < 0.001). MPV was detected as >9fL with a sensitivity of 74.4% and a specificity of 72.0%. In patients with stage IIIA, median OS was 45.0 months (95% CI 17.3-74.1) and 21 months (95% CI 10.6–31.3) in groups with MPV > 9.0 fL and  $\leq$  9.0 fL, respectively (p = 0.013). In patients with stage IIIB, median OS was 44.0 months (95% CI 13.8-60.6) and 16 months (95% CI 9.5-22.4) in groups with MPV > 9.0 fL and < 9.0 fL, respectively (p = 0.036). ECOG performance score, total platelet count, and MPV were found as the most significant independent factors affecting survival (p < 0.001, p = 0.008, and, p = 0.034, respectively). In this study, we showed that decreased pre-treatment MPV was an independent risk factor for survival in NSCLC patients who were administered CCRT. As part of routine complete blood count panel, MPV may represent one of the easiest measuring tools as an independent prognostic marker for survival in locally advanced NSCLC.

Lung cancer is the most common cancer in the world and is the number one reason for cancer-related mortality in women and men<sup>1</sup>. Non-small cell lung cancer (NSCLC) accounts for 85% of all lung cancer cases. Stage III NSCLC contains a heterogeneous group of patients, where the choice of treatment remains controversial<sup>2</sup>. Despite radical surgery, radiotherapy (RT), chemotherapy, and recent modalities such as targeted therapy or immunotherapy, the prognosis is still poor with a 5-year survival rate below 15%3. Therefore, investigation of new biomarkers is needed to develop treatment strategies.

Platelet volume is determined during both megakaryopoiesis and thrombopoiesis. Megakaryocytic maturation, platelet production, and platelet size can be modulated by cytokines such as interleukin-6 (IL-6), granulocyte colony-stimulating factor (G-CSF) and macrophage colony-stimulating factor (M-CSF)<sup>4</sup>, Mean platelet volume (MPV), the most commonly used measure of platelet size, is a marker of platelet activation and is associated with various inflammatory conditions<sup>5</sup>. Large platelets could be more easily stimulated for release of chemical mediators; therefore, they are considered more reactive than small platelets. The studies performed so far reported thrombocytosis as an unfavorable prognostic factor for overall survival (OS) in NSCLO<sup>7,8</sup>. In addition, an earlier study reported that lower MPV was significantly associated with decreased OS in operated NSCLC patients9.

This study aimed to investigate the effect of MPV on OS in patients who received concurrent chemoradiotherapy with cisplatin + etoposide regimen due to locally advanced stage (IIIA/B) NSCLC.

<sup>1</sup>Department of Medical Oncology, Yuzuncu Yil University Medical School, 65030, Van, Turkey. <sup>2</sup>Department of Medical Oncology, University of Health Sciences, Okmeydani Training and Research Hospital, 34384, Istanbul, Turkey. <sup>3</sup>Department of Radiation Oncology, University of Health Sciences, Okmeydani Training and Research Hospital, 34384, Istanbul, Turkey. Correspondence and requests for materials should be addressed to A.S. (email: drsakin@hotmail.com)

		All patients (n = 115)		$MPV \le 9 (n = 65)$		MPV > 9 (n = 50)			
		n	%	n	%	n	%	p	
Gender	Female	5	4.3	4	6.2	1	2	0.258	
	Male	110	95.7	61	93.8	49	98		
Age (years)	Mean ± SD (min-max)	61.30 ± 10.40 (22-82)		61.53 ± 10.25 (40-82)		61.0 ± 10.67 (22-80)		0.784	
	<65	75	65.2	43	66.2	32	64	0.810	
	≥65	40	34.8	22	33.8	18	36		
Constitution of the	No	7	6.1	6	9.2	1	2	0.136	
	Yes	108	93.9	59	90.8	49	98		
Smoking status	≤40 (pack-years)	52	45.2	30	46.2	22	44	0.818	
	>40 (pack-years)	63	54.8	35	53.8	28	56		
ECOG PS status	0-1	84	73	43	66.2	41	82	0.058	
ECOG PS status	2	31	27	22	33.8	9	18		
НТ	No	78	67.8	46	70.8	32	64	0.441	
пі	Yes	37	32.2	19	29.2	18	36		
DM	No	109	94.8	62	95.4	47	94	0.741	
DM	Yes	6	5.2	3	4.6	3	6		
BMI (kg/m²)	Mean ± SD (min-max)	24.48 ± 4.91 (14.19-	40.06)	22.98 ± 4.37 (14.19			5.0 (16.44-37.64)	0.002	
Tumor histology	Undetermined subtype	23	20	13	20	10	20	0.984	
	Squamous cell carcinoma	63	54.8	36	55.4	27	54		
	Adenocarcinoma	29	25.2	16	24.6	13	26		
Tumor stage	IIIA	42	36.5	18	27.7	24	48	0.025	
Tumor stage	IIIB	73	63.5	47	72.3	26	52		
Einal status	Alive	41	35.7	11	16.9	30	60	< 0.001	
Final status	Dead	74	64.3	54	83.1	20	40		

**Table 1.** Patients' characteristics by MPV groups. **Abbreviations: BMI**, body mass index; **ECOG PS**, Eastern Cooperative Oncology Group Performance Status; **DM**, diabetes mellitus; **HT**, hypertension; **Max**, maximum; **Min**, minimum; **MPV**, mean platelet volume.

#### Results

The study included 115 cases, consisting of 110 (95.7%) male and 5 (4.2%) female patients. The mean age of the patients was  $61.3\pm10.4$  (range: 22-82) years. Forty (34.8%) patients were  $\geq 65$  years old. Most of patients (93.9%, n = 108) had history of smoking, and among them, 63 (54.8%) patients had smoked > 40 pack-years. ECOG PS score was found as 2 in 31 (27%) patients. Distribution of comorbidities showed 37 patients (32.2%) with hypertension (HT) and six patients (5.2%) with diabetes (DM). The mean body mass index (BMI) was  $24.4\pm4.9\,\text{kg/m}^2$  (14.1–40.0). Analysis of tumor histology showed 23 cases (20%) with undetermined histologic subtype, 63 cases (54.8%) with squamous cell carcinoma, and the remaining 29 cases (25.4%) with adenocarcinoma. Stage IIIA and IIIB patients constituted 36.5% (n = 42) and 63.5% (n = 73) of the study population, respectively. Seventy-four patients (64.3%) had died during the median 16.2 months' follow-up (Table 1).

No statistically significant difference was found between MPV groups in terms of mean FPG, creatinine, AST, ALT, GGT, LDH, sodium, potassium, calcium, albumin, WBC, Hb, RDW, TNC, TLC, and TMC. Mean TPC and PDW were significantly higher in MPV  $\leq$  9 fL group than those in MPV > 9 fL group (p = 0.005 and p = 0.027, respectively), (Table 2).

In all patients, median OS was 45.0 months (95% CI 35.7–54.2) and 19.0 months (95% CI 12.2–25.7) in groups with MPV > 9.0 fL and  $\le$  9.0 fL, respectively (log-rank p < 0.001). Analysis by stages showed median OS as 39.0 months (95% CI 17.3–60.6) and 22.0 months (95% CI 6.6–37.3) in patients with stage IIIA and stage IIIB, respectively (log-rank p = 0.044). In patients with stage IIIA, median OS was found as 45.0 months (95% CI 17.3–74.1) and 21.0 months (95% CI 10.6–31.3) in groups with MPV > 9.0 fL and  $\le$  9.0 fL, respectively (log-rank p = 0.013). In patients with stage IIIB, median OS was detected as 44.0 months (95% CI 13.8–60.6) and 16.0 months (95% CI 9.5–22.4) in groups with MPV > 9.0 fL and  $\le$  9.0 fL, respectively (log-rank p = 0.036). With regard to tumor histology: In patients with squamous cell carcinoma, median OS was detected as 44.0 months (95% CI 13.8–88.5) and 14.0 months (95% CI 8.8–19.1) in groups with MPV > 9.0 fL and  $\le$  9.0 fL, respectively (log-rank p = 0.039). In patients with adenocarcinoma median OS was not reached and 27.0 months (95% CI 9.9–44.0) in groups with MPV > 9.0 fL and  $\le$  9.0 fL, respectively (log-rank p = 0.044) (Fig. 1).

In univariate analysis, ECOG PS score, HT, BMI, stage, Hb, TPC, and MPV were found as the most significant independent factors affecting survival (p < 0.001, p = 0.040, p = 0.022, p = 0.045, p = 0.023, p = 0.005, and p = 0.001, respectively). On the other hand, ECOG PS score, TPC, and MPV were the most significant independent factors affecting survival in multivariate analysis (p < 0.001, p = 0.008, and, p = 0.034, respectively), (Table 3).

		Total		MP	$PV \le 9 (n = 65)$		MPV > 9 (n = 50)			
		N	Mean ± SD (min-max)	N	Mean ± SD (min-max)	N	Mean ± SD (min-max)	p		
FPG	(mg/dL)	109	110.3 ± 48.8 (10-292)	60	107.7 ± 37.8 (64-287)	49	113.6 ± 50.5 (10-292)	0.482		
Creatinine	(mg/dL)	107	0.9 ± 0.2 (0.4-1.8)	60	0.9 ± 0.2 (0.5-1.7)	47	0.9 ± 0.2 (0.4-1.8)	0.601		
AST	(U/L)	101	18.0 ± 7.3 (7-53)	55	18.1 ± 6.9 (7-41)	46	17.8 ± 7.8 (8-53)	0.851		
ALT	(U/L)	101	17.9 ± 13.4 (1-100)	55	16.2 ± 9.7 (2-49)	46	20.0 ± 16.7 (1-100)	0.159		
ALP	(U/L)	80	108.6 ± 51.1 (45-321)	47	107.7 ± 46.9 (48-307)	33	109.9 ± 57.2 (45-321)	0.852		
GGT	(U/L)	72	56.3 ± 73.1 (9-438)	43	57.9 ± 65.8 (13-333)	29	53.8 ± 83.9 (9-438)	0.817		
LDH	(U/L)	73	257.6 ± 274.6 (117–2358)	47	291.5 ± 334.8 (117-2358)	26	196.5 ± 69.9 (127–458)	0.158		
Sodium	(mmol/L)	59	138.4 ± 3.7 (125-148)	32	137.8 ± 3.8 (125-142)	27	139.1 ± 3.6 (128-148)	0.168		
Potassium	(mmol/L)	59	4.6 ± 0.5 (3.6-5.8)	29	4.6 ± 0.5 (3.7-5.7)	30	4.5 ± 0.4 (3.6-5.8)	0.641		
Calcium	(mg/dL)	55	9.3 ± 0.5 (7.7–10.6)	30	9.3 ± 0.5 (8.2–10.5)	25	9.4 ± 0.5 (7.7–10.6)	0.352		
Albumin	(g/dL)	41	3.7 ± 0.6 (2.4-4.6)	21	3.6 ± 0.5 (2.63-4.6)	20	3.8 ± 0.6 (2.0-4.6)	0.399		
WBC	(10 <sup>9</sup> /U)	115	9.3 ± 2.9 (4.9–18.0)	65	9.4 ± 2.9 (4.9-18.0)	50	9.0 ± 3.0 (4.9-16.2)	0.530		
Hb	(g/dL)	115	12.5 ± 1.9 (7.96-17.10)	65	12.3 ± 1.8 (7.96-10.97)	50	12.8 ± 2.0 (8-17.1)	0.214		
TPC	(10 <sup>9</sup> /U)	115	345.4 ± 121.4 (76.1-696.0)	65	373.2 ± 120.1 (211-696)	50	309.1 ± 114.3 (76.1-647.0)	0.005		
PDW	(%)	110	16.6 ± 9.6 (8.2-63.3)	61	18.4 ± 10.6 (8.2-54.2)	49	14.3 ± 7.6 (10.0-63.3)	0.027		
MPV	(fL)	115	8.8 ± 1.33 (5.8–13.2)	65	7.9 ± 0.8 (5.86-9.0)	50	9.9 ± 0.8 (9.1–13.2)	< 0.001		
RDW	(%)	97	14.9 ± 2.3 (11.0-25.0)	47	15.4 ± 2.7 (11.9-25.0)	50	14.5 ± 1.9 (11.0-21.0)	0.057		
TNC	(10 <sup>9</sup> /U)	115	6.4 ± 2.4 (2.1-14.4)	65	6.7 ± 2.4 (3.02-14.40)	50	6.1 ± 2.4 (2.1-10.9)	0.19		
TLC	(10 <sup>9</sup> /U)	115	1.9 ± 0.8 (0.3-4.5)	65	1.7 ± 0.8 (0.34-4.05)	50	2.0 ± 0.8 (0.3-4.5)	0.086		
TMC	(10 <sup>9</sup> /U)	114	0.7 ± 0.3 (0.1–2.4)	64	0.7 ± 0.3 (0.1–1.34)	50	0.7 ± 0.4 (0.1–2.4)	0.933		

Table 2. Laboratory values by MPV groups. Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; fL, femtoliter; FPG, fasting plasma glucose; Hb, hemoglobin; GGT, gamma-glutamyl transferase; LDH, lactate dehydrogenase; mg/dL, milligram/decilNiter; MPV, mean platelet volume; N, number of patients; PDW, platelet distribution width; RBC, red blood cell; RDW, red blood cell distribution width; U/L, Units per liter; TLC, total lymphocyte count; TMC, total monocyte count; TNC, total neutrophil count; TPC, total platelet count, WBC, white blood cell.

#### Discussion

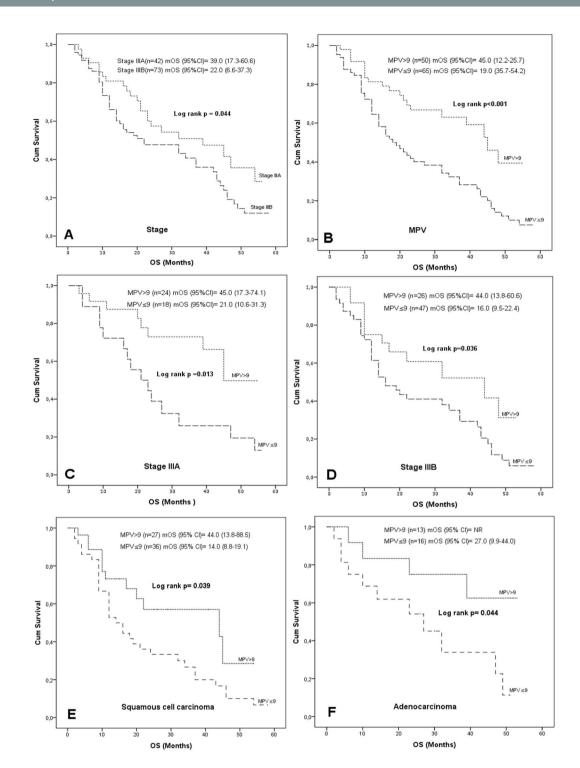
A number of prognostic factors has been investigated to predict the clinical course in NSCLC yet many of them could be used in clinical practice<sup>10,11</sup>. In this study, the association of MPV to survival in non-metastatic inoperable NSCLC was evaluated, where a low MPV was determined as an unfavorable risk factor.

Recently, association of thrombocytosis to the poor prognosis has been reported in colon, stomach, endometrial, and lung cancer<sup>12-15</sup>. In the last decade, several studies have suggested that platelet activation represents an important biological process in metastasis and carcinogenesis<sup>12</sup>. Previous studies investigated prognostic effect of platelet counts in patients with NSCLC and reported that platelet counts could be used as a prognostic factor. Supporting these reports, increased platelet counts was found to be an independent risk factor in our study. Nevertheless, our study population consisted of locally advanced patients, unlike other studies<sup>8,9,16</sup>.

As it was reported to be associated with platelet aggregation, the release of thromboxane B2, and increased expression of platelet adhesions molecule glycoprotein IIB/IIIA, MPV is thought to reflect platelet activity<sup>17–19</sup>.

A study reported that microparticles from P-selectin-bearing lung cancer cells activated tissue factor carrying platelets and led to thrombus formation<sup>20</sup>. The tendency of larger platelets to respond stimuli renders them to be selectively consumed, causing decreased MPV of circulating platelets. Recent studies have suggested alteration of MPV levels in various diseases, including a number of cancers<sup>9,16,21</sup>. Several clinical trials reported increased MPV to be associated with thromboembolic diseases such as myocardial infarction<sup>21</sup>. A significant reduction in MPV was demonstrated in cancer patients with bone marrow metastasis compared to control group<sup>22</sup>. Mutlu *et al.* examined MPV levels in various types of cancer and reported significantly decreased MPV levels during thrombotic events<sup>23</sup>. In addition, Osada *et al.* reported that MPV was statistically higher in patients with stomach cancer compared to healthy volunteers<sup>24</sup>. Shen *et al.* reported optimal MPV cut-off value for survival as 4 fL with a 28.2% sensitivity and 85.2% specificity in the study they performed on patients with esophagus cancer. They detected 5-year OS as 47% in the group with high MPV compared to 28.3% in the group with low MPV<sup>25</sup>.

Kumagai *et al.* reported to detect preoperative low MPV as an independent poor prognostic factor in their study with 308 Japanese resected NSCLC patients, where they found the optimal cut-off value as 8.5 fL with a sensitivity of 87.2% and a specificity of 44.1%. The authors further reported 5-year OS as 93.3% in the group with MPV  $\geq$  8.50 fL compared to 73.6% in the group with MPV < 8.50 fL (p = 0.001) $^{9}$ . In addition, Gao *et al.* in their study of 546 operated Chinese patients, found preoperatively increased TPC and decreased MPV as unfavorable risk factor for survival. They determine the cut-off value of MPV as 11.0. Those with MPV < 11 fL and TPC  $\geq$  300  $\times$  10 $^{9}$  had a 5-year OS of 27.9%, which was significantly lower in those with MPV value above the cut-off point (p < 0.001) $^{26}$ . Inagaki *et al.* reported low MPV/TPC ratio as unfavorable risk factor for OS in the study they performed with 268 advanced stage NSCLC patients. In this study, the number of patients in stage III was only 15 $^{16}$ . Interestingly, a recent study has reported that increased MPV negatively influenced progression-free survival in patients with metastatic stage EGRF mutant NSCLC adenocarcinoma $^{27}$ .



**Figure 1.** (**A**) Overall survival by clinical stages, (**B**) Overall survival by MPV groups in all patients (**C**) Overall survival by MPV groups in stages IIIA, (**D**) Overall survival by MPV groups in stages IIIB, (**E**) Overall survival by MPV groups in squamous cell carcinoma, (**F**) Overall survival by MPV groups in adenocarcinoma. **Abbreviations:** CI, *confidence interval*; **MPV**: mean platelet volume, **mOS**: median overall survival, **N**, number of patients; **OS**: overall survival.

Consistent with those in the literature, our study detected declined MPV as an independent risk factor for OS. We determined cut-off value of MPV as 9.0 fL with 74.4% sensitivity and 72.0% specificity. Median OS was 45 months in patients with a MPV value of above 9.0 fL and 19 months in those with MPV  $\leq$  9.0 (p < 0.001). In stage IIIA stratum, these were 45 months and 21 months, respectively (p = 0.013). Similarly, median OS were 44 months and 16 months, respectively, in patients with stage IIIB NSCLC (p < 0.036).

		Univariate analysis for OS			Multivariate analysis for OS			
		HR	95% CI	p	HR	95%	p	
Gender	Male vs. female	1.176	0.427-3.238	0.754				
Age at diagnosis	Years	1.012	0.988-1.036	0.320				
C1-1	Current vs. never	0.778	0.336-1.799	0.557				
Smoking status	>40 vs.≤40 pack-years	1.117	0.704-1.769	0.639				
ECOG PS	2 vs. 0-1	5.132	3.131-8.409	< 0.001	4.428	2.373-8.264	< 0.001	
HT	No vs. yes	0.547	0.329-0.908	0.040				
DM	No vs. yes	0.629	0.197-2.002	0.433				
BMI	kg/m <sup>2</sup>	0.932	0.877-0.990	0.022				
Tumor histology	Undetermined subtype	1.000		0.113				
	Squamous carcinoma	1.613	0.895-2.905	0.112				
	Adenocarcinoma	0.943	0.460-1.933	0.873				
Stage	IIIB vs. IIIA	1.645	1.001-2.702	0.045				
FPG	(mg/dL)	0.997	0.990-1.002	0.259				
Creatinine	(mg/dL)	0.821	0.313-2.149	0.687				
AST	(U/L)	1.008	0.972-1.045	0.662				
ALT	(U/L)	1.004	0.984-1.025	0.678				
ALP	(U/L)	1.002	0.995-1.008	0.546				
GGT	(U/L)	1.002	0.999-1.006	0.187				
LDH	(U/L)	1.000	0.999-1.001	0.227				
Sodium	(mmol/L)	0.969	0.894-1.051	0.449				
Potassium	(mmol/L)	1.147	0.565-2.330	0.706				
Calcium	(mg/dL)	0.955	0.515-1.769	0.883				
Albumin	(g/dL)	0.649	0.352-1.193	0.164				
WBC	(10 <sup>9</sup> /U)	1.055	0.978-1.137	0.164				
Hb	(g/dL)	0.868	0.767-0.981	0.023				
TPC	(10³/U)	1.003	1.000-1.005	0.005	1002	1000-1005	0,041	
PDW	(%)	1.021	0.999-1.044	0.053				
MPV	(fL)	0.767	0.646-0.910	0.001	0.807	0.662-984	0.034	
RDW	(%)	1.081	0.984-1.125	0.103				
TNC	(10 <sup>9</sup> /U)	1.071	0.980-1.171	0.129				
TLC	(10 <sup>9</sup> /U)	0.880	0.668-1.158	0.362				
TMC	(10 <sup>9</sup> /U)	1.840	0.897-3.771	0.096				

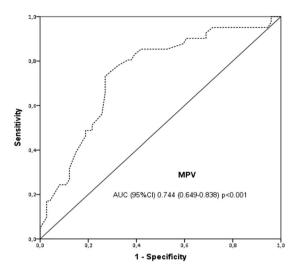
**Table 3.** Predictors of the survival. **Abbreviations:** see Table 1 and Table 2.

Contrary to previous studies in the literature, our study included patients with locally advanced disease managed with CCRT<sup>7–9,16,26,27</sup>. Nonetheless, the limitations of current study were its retrospective design and comparably lower sample size. Further studies are warranted to elucidate the exact mechanisms how MPV affects prognosis of patients with locally advanced NSCLC.

In conclusion, we showed that low pre-treatment MPV was an independent risk factor for survival in NSCLC patients who received cisplatin plus etoposide-based CCRT. As part of routine complete blood count panel, MPV may represent one of the easiest measuring tools as an independent prognostic marker for survival in locally advanced NSCLC.

#### Methods

**Study population.** This retrospective study included subjects who received CRT due to locally advanced NSCLC in the department of oncology in Okmeydani Training and Research Hospital, Istanbul between years of 2010 and 2017. Cases with malignancies other than NSCLC, hematological disease, early stage or metastatic disease, infection before the treatment, or using immunosuppressive drugs or acetylsalicylic acid, or those who had incomplete data were not included to the study. Study population consisted of >18-year-old patients who were administered concomitant CRT (CCRT) with cisplatin plus etoposide regimen due to inoperable stage IIIA/B with no distant metastasis. Staging in our hospital is based on pre-treatment 18-fluorodeoxyglucose positron emission tomography/computed tomography (PET/CT), computed tomography, cranial magnetic resonance, and mediastinoscopy findings. Routine blood tests were obtained in all patients by venous sampling after 8 hours of fasting before treatment. For routine biochemical tests, tubes not containing anticoagulants were used and for hemogram we used tubes containing ethylenediamine tetraacetic acid. Complete blood counts were done using by homogram autoanalyzer (Mindray, BC6800 model, China). Biochemical tests were performed by colorimetric method in autoanalyser (Beckman Coulter Brand, AU 5800 model, USA). CCRT consists of cisplatin (50 mg/m² on days 1, 8, 29, and 36) + etoposide (on days 1–5 and 29–33) regimen. In CCRT, thoracic RT was applied as a total of 60 Gy in 30 fractions of 2 Gy/day.



**Figure 2.** ROC curve analyses for overall survival by MPV is represented by the line with an AUC = 0.746 (95%CI 0.659-0.833, p < 0.001), where the MPV cut-off value was detected as 9.0 fL with a sensitivity of 74.4% and a specificity of 72.0%. *Abbreviations*: AUC, area under the curve; CI, *confidence interval*; *MPV*, *me*an platelet volume.

**Data collection.** Age, gender, smoking, ECOG PS, comorbidities, histological type, planned treatment, and final status of the patients were obtained from the medical records. Similarly, pre-treatment laboratory parameters including fasting plasma glucose (FPG, creatinine, aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase (ALP), gamma-glutamyl transferase (GGT), lactate dehydrogenase (LDH), sodium, potassium, calcium, albumin, white blood cell (WBC) count, red blood cell (RBC) count, hemoglobin (Hb), hematocrit (Hct), MPV, total platelet count (TPC), total neutrophil count (TNC), total lymphocyte count (TLC), total monocyte count (TMC) were recorded from initial assessment after diagnosis. ROC curve generated for OS by MPV yielded an AUC of 0.746 (95% CI 0.659–0.833, p < 0.001). MPV was detected as >9 fL with a sensitivity of 74.4% and a specificity of 72.0% (Fig. 2). Patients were divided into two groups as having MPV  $\leq$  9 fL and MPV  $\geq$  9 fL. Several characteristics of cases were also group as such: the age as <65 or  $\geq$ 65 years old; ECOG PS as 0–1 or 2; and smoking as non-smoker or smoker and smoking  $\leq$ 40 or >40 pack-years.

**Statistical analysis.** SPSS 15.0 for Windows software was used for the statistical analysis. Descriptive statistics were presented as the mean, standard deviation, minimum, and maximum values for numerical variables; and as number and percentage for categorical variables. Numerical variable between two independent groups were analyzed with student t-test in case of normal distribution and with Mann Whitney U test if else. The comparison of the rates between the groups was performed by chi-square analysis. Monte Carlo simulation was applied if conditions could not be met. Survival analyses were performed with Kaplan-Meier Analysis. Determinant factors were examined with cox regression. Backward stepwise model was used with parameters having a p-value below 0.100. Cut-off value was determined with receiver operating characteristics (ROC) curve analysis. An overall 5% alpha error level was used to infer statistical significance.

**Institutional review board statement.** The study was performed in accordance with the declaration of Helsinki and was reviewed and approved by the Ethics Committee of the University of Health Sciences, Okmeydani Training and Research Hospital (26.02.2018).

**Informed consent statement.** Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment by written consent.

#### Data Availability

All relevant data are available in the supplementary materials.

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## **Author Contributions**

Concept – A.S., S.C. Design – S.A., S.S. Supervision – S.C., A.S., F.A. Resources – N.Y., C.G., F.A. Materials – A.S., N.Y., C.D. Data Collection and/or Processing – A.S., N.Y., C.G. Analysis and/or Interpretation – S.C., A.S. Literature Search – C.D., C.G., S.S., S.A. Writing Manuscript - AS; Critical Review – S.C., C.D. Other – C.G., N.Y.

### Additional Information

**Competing Interests:** The authors declare no competing interests.

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