



# VDR mRNA overexpression is associated with worse prognostic factors in papillary thyroid carcinoma

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## Abstract

The purpose of this study was to assess the relationship between vitamin D receptor gene (*VDR*) expression and prognostic factors in papillary thyroid cancer (PTC). mRNA sequencing and somatic mutation data from The Cancer Genome Atlas (TCGA) were analyzed. *VDR* mRNA expression was compared to clinicopathologic variables by linear regression. Tree-based classification was applied to find cutoff and patients were split into low and high *VDR* group. Logistic regression, Kaplan–Meier analysis, differentially expressed gene (DEG) test and pathway analysis were performed to assess the differences between two *VDR* groups. *VDR* mRNA expression was elevated in PTC than that in normal thyroid tissue. *VDR* expressions were high in classic and tall-cell variant PTC and lateral neck node metastasis was present. High *VDR* group was also associated with classic and tall cell subtype, AJCC stage IV and lower recurrence-free survival. DEG test reveals that 545 genes were upregulated in high *VDR* group. Thyroid cancer-related pathways were enriched in high *VDR* group in pathway analyses. *VDR* mRNA overexpression was correlated with worse prognostic factors such as subtypes of papillary thyroid carcinoma that are known to be worse prognosis, lateral neck node metastasis, advanced stage and recurrence-free survival.

## Key Words

- ▶ *VDR* mRNA
- ▶ papillary thyroid carcinoma
- ▶ TCGA data
- ▶ vitamin D

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## Introduction

Thyroid carcinoma is the most common endocrine malignancy worldwide, the incidence of which is increasing. The most common subtype of thyroid carcinoma is papillary carcinoma (PTC), accounting for 80–90% of all cases (1). Although this type of cancer has an excellent prognosis, the prognosis significantly worsens when the tumor grows and metastasizes (2). For this reason, it is important to understand the characteristics of the tumor at the early stage.

Several epidemiological reports show that higher levels of vitamin D3 are associated with a lower risk of developing cancer (3). The active form of vitamin D3,

1,25-dihydroxyvitamin D3 (1,25D) exerts antitumor activity by binding to the vitamin D receptor (*VDR*). The antitumor activities of 1,25D include the inhibition of cancer cell proliferation and angiogenesis, promotion of cell differentiation and apoptosis (4, 5, 6, 7, 8).

The *VDR* is a receptor expressed by epithelial cells in both normal and malignant thyroid glands. Human *VDR* gene is located on chromosome 12q13.1 (9). In cancer cells, *VDR* expression is a response to 1,25-dihydroxyvitamin D3 (1,25D) by decreasing proliferative activity *in vitro*. Izhakov and coworkers reported that expression of *VDR* mRNA in malignant thyroid tissues is higher than that



in normal thyroid (2). They also reported correlations between *VDR* and other genes such as *ECM1* (extracellular matrix protein-1) and *TMPRSS4* (type II transmembrane serine protease-4), which are associated with tumor progression. Positive correlation was also observed between *VDR* and *ECM1*, as well as between *VDR* and *TMPRSS4* (2).

Our study was designed to evaluate the correlation between the *VDR* mRNA expression and prognostic factors of PTC using ‘The Cancer Genome Atlas’ (TCGA) data. TCGA kindly provides multiplatform genomics data such as sequence and read count data from next-generation sequencing, copy-number analysis, methylomics and proteomics data (10). Genomic data were also combined with patient-matched clinical data to correlate the molecular findings with clinical characteristics.

## Materials and methods

### Data preparation

We downloaded TCGA thyroid cancer data, including clinical information, somatic mutations and gene expression data derived from RNA sequencing. Pathologic data were re-evaluated using scanned images of the paper-written pathologic documents provided by TCGA-associated hospitals. PTC subtype classification and MACIS scores were referenced from the 2014 TCGA thyroid cancer paper’s Supplemental Tables (10). The total number of TCGA samples comprised 59 normal tissues and 501 cancer tissues. Total 499 patient samples were assessed after joining the clinical data without missing attributes.

Somatic mutations were provided by two different mutation calling files from the Illumina DNA-sequencing machine. Sequencing experiments were performed by the Baylor College of Medicine, the Broad Institute at MIT and Harvard Genome Sequencing Center. Mutation status of *BRAF*, *RAS* (*NRAS*, *HRAS* and *KRAS*) and *VDR* genes was identified from somatic mutation calling files: identical results in two different calling files were considered as a meaningful mutation.

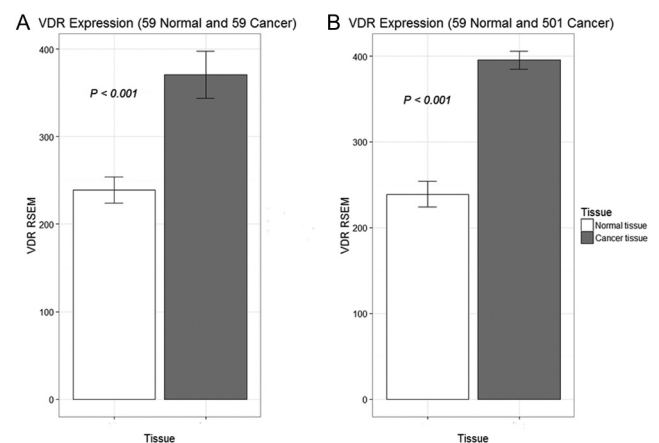
TCGA gene expression data from RNA sequencing were provided with level 3 RSEM (RNA-Seq by expectation-maximization) counts after upper quartile normalization to maintain the standardization of different platforms or housekeeping genes (<https://wiki.nci.nih.gov/>). RNA sequencing was performed by the University of North Carolina using an Illumina HiSeq RNA Sequencing

machine. We analyzed *VDR* gene expression according to tissue type (normal vs cancer) and clinical information. Next, all 20,531 genes were used to assess gene ontology and pathway analysis.

### Statistical analysis

Paired *t*-test was used to assess the differences in gene expression between 59 paired donor-matched normal and cancer samples, whereas unpaired *t*-test was used to assess the global differences between the 59 normal tissues and 499 cancer tissues. Association between clinical variables and *VDR* gene expression was measured by univariable and multivariable linear regression analysis. To predict cancer recurrence based on *VDR* expression, continuous *VDR* expressions was converted into two binary groups (low *VDR* and high *VDR* group) using tree-based classification analysis with a maximized area under the ROC (receiver-operating characteristic) curve. Binary *VDR* groups were used for univariable and multivariable logistic regression analyses to assess the relationship between *VDR* expression and clinicopathologic variables. Backward selection method was used in both linear and logistic regression for multiple model fitting. Kaplan–Meier estimator with log-rank test was used for survival analysis.

Differentially expressed genes (DEG) and gene ontology (GO) tests between two *VDR* groups were performed using ‘EdgeR’ package, which is one of the bioinformatics tools in Bioconductor (<https://www.bioconductor.org/>) (11). Pathway enrichment analysis was performed using The Database for Annotation, Visualization and Integrated Discovery (DAVID) (12, 13) and the Gene Set Enrichment



**Figure 1** VDR mRNA expression counts in normal and papillary thyroid carcinoma tissue. (A) Fifty-nine paired normal and cancer tissues. (B) 59 normal vs 501 cancer tissues.

Analysis (GSEA) program (14). False discovery rate (FDR) correction was used to adjust false-positive rate from multiple testing. All statistical analyses were performed using R 3.2.4. (R Core Team (2016). R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. URL <https://www.R-project.org/>).

## Results

No *VDR* gene single-nucleotide variants were observed in either of the two different mutation calling files. **Figure 1** shows the difference in *VDR* mRNA expression

between normal and PTC tissues. Both paired and unpaired tests revealed that *VDR* expression was higher in cancer tissue than that in normal tissue (*VDR* expression in 55 normal tissues =  $238.971 \pm 14.987$ ; in 55 paired cancer tissues =  $307.567 \pm 26.808$ ; in 501 cancer tissues =  $395.276 \pm 10.323$ , mean  $\pm$  standard error of mean (S.E.M.)).

Correlations of *VDR* mRNA expression according to clinicopathologic variables are shown in **Table 1**. *VDR* gene expression was higher with statistical significance in classic and tall-cell variant PTC (TCVPTC) than that in follicular variant PTC (FVPTC). *VDR* expression was also significantly upregulated in cases with T4 (tumor stage), N1b (lateral neck node metastasis), high MACIS group

**Table 1** Association between *VDR* mRNA expression and clinicopathologic characteristics of 499 PTC patients by linear regression analysis.

Variable		Number	Mean $\pm$ S.E.M.	P value (univariate)	P value (multivariate)
Age	<45	228	390.989 $\pm$ 14.257	0.669	
	$\geq$ 45	271	399.888 $\pm$ 14.838		
Gender	M	134	372.818 $\pm$ 17.539	0.179	0.058
	F	365	404.267 $\pm$ 12.590		
Subtype	Classic PTC	355	408.001 $\pm$ 12.670	Reference	Reference
	FVPTC <sup>†</sup>	101	318.546 $\pm$ 19.165	<0.001	0.009
	TCVPTC <sup>‡</sup>	35	494.194 $\pm$ 32.023	0.033	0.059
	Others	8	400.611 $\pm$ 98.383	0.928	0.955
Size	$\leq$ 2 cm	200	399.179 $\pm$ 15.865	0.791	
	>2 cm	299	393.576 $\pm$ 13.657		
Lymphovascular invasion	No	392	393.643 $\pm$ 11.827	0.688	
	Yes	107	403.803 $\pm$ 21.394		
T stage	T1	144	377.999 $\pm$ 17.633	Reference	
	T2	154	382.805 $\pm$ 20.737	0.858	
	T3	184	411.481 $\pm$ 16.151	0.193	
	T4	17	495.216 $\pm$ 61.736	0.048	
N stage	N0	278	363.768 $\pm$ 12.188	Reference	Reference
	N1a	120	410.893 $\pm$ 23.858	0.059	0.381
	N1b	101	466.142 $\pm$ 24.895	<0.001	0.002
M stage	M0	490	396.254 $\pm$ 10.494	0.759	
	M1	9	372.300 $\pm$ 58.740		
MACIS	Low	345	386.576 $\pm$ 12.243	Reference	
	Intermediate	78	383.270 $\pm$ 24.077	0.909	
	High	76	450.675 $\pm$ 29.909	0.029	
Stage	I	289	379.548 $\pm$ 12.535	Reference	
	II	44	367.811 $\pm$ 35.599	0.753	
	III	98	410.995 $\pm$ 26.292	0.243	
	IV	68	461.242 $\pm$ 30.243	0.009	
<i>BRAF</i> mutation	No	258	378.672 $\pm$ 15.039	Reference	
	V600E	236	415.103 $\pm$ 14.299	0.081	
	Others	5	370.710 $\pm$ 82.387	0.939	
RAS mutation	No	446	399.870 $\pm$ 11.187	0.257	
	Yes	53	361.755 $\pm$ 25.071		
Recurrence	No	459	390.370 $\pm$ 10.905	0.075	0.155
	Yes	40	458.378 $\pm$ 30.682		
Survival	Alive	485	394.442 $\pm$ 10.422	0.433	
	Dead	14	443.627 $\pm$ 78.110		

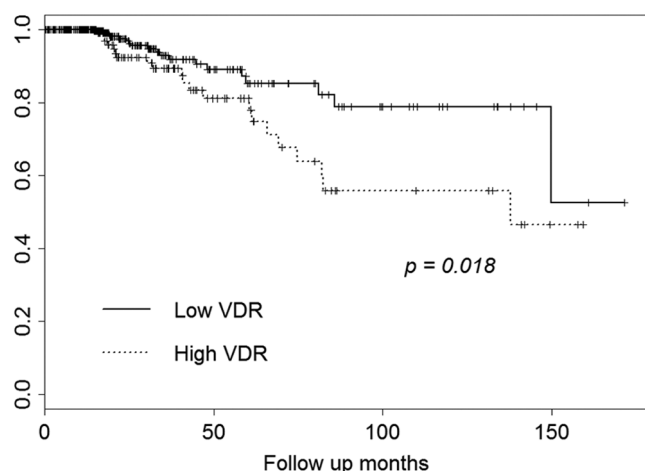
<sup>†</sup>Follicular variant PTC; <sup>‡</sup>tall cell variant PTC.

**Table 2** Logistic regression analysis using binary VDR mRNA expression (cutoff value=466.5; AUC=0.624; low VDR group, n=342; high VDR group, n=157).

Variables		Univariate		Multivariate	
		Odds ratio	P value	Odds ratio	P value
Age (<45)	≥45	1.108	0.597		
Gender (M)	Female	1.057	0.801		
Subtype (classic)	FVPTC	0.515	0.016	0.576	0.051
	TCVPTC	2.783	0.004	2.540	0.013
	Others	0.696	0.660	0.764	0.747
Size (≤2cm)	>2cm	0.923	0.683		
Lymphovascular invasion (No)	Yes	1.263	0.309		
T stage (T1)	T2	0.823	0.458		
	T3	1.507	0.086		
	T4	2.826	0.046		
N stage (N0)	N1a	1.431	0.128		
	N1b	1.962	0.006		
M stage (M0)	M1	1.091	0.903		
MACIS (low)	Intermediate	1.156	0.592		
	High	1.782	0.027		
Stage (I)	II	0.649	0.275	0.807	0.596
	III	1.341	0.239	1.080	0.772
	IV	2.244	0.003	1.925	0.020
BRAF mutation (No)	V600E	1.349	0.123		
	Others	1.689	0.570		
RAS mutation (No)	Yes	0.538	0.080		
Recurrence (No)	Yes	2.625	0.004	2.329	0.014
Survival (alive)	Dead	1.217	0.729		

and AJCC stage IV. Gender, PTC subtype and N stage were only included in multiple linear regression model. The results also showed an association between VDR expression with *BRAF*<sup>V600E</sup> mutation and recurrence, although the results did not reach statistical significance.

To predict recurrence using VDR gene expression, we divided continuous VDR expression values into binary variables using the tree-based classification and ROC curve. Optimal VDR cutoff value obtained was 466.5, with

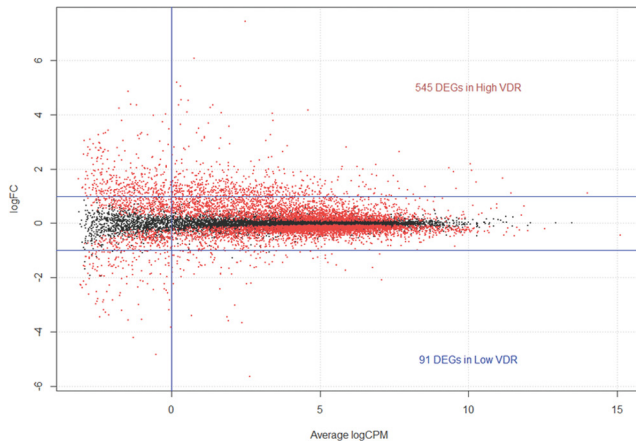


**Figure 2** Recurrence-free survival in the low and high VDR expression groups.

a maximal AUC of 0.624. Based on the cutoff, patients were divided into a low VDR group and a high VDR group. Low VDR group comprised 342 patients and high VDR group comprised 157 patients. Table 2 shows the logistic regression results according to binary VDR group. Both the univariable and multivariable regression models revealed that high VDR group was associated with classic PTC and TCVPTC, advanced AJCC stage (stage IV) and recurrence.

Total 40 patients showed recurrence after surgery. 21 patients had locoregional recurrence including central and lateral neck nodes, whereas 15 patients had distant recurrence such as bone, lung, etc. There is no information for four patients. In high VDR group, 11 patients had locoregional and six patients had distant recurrence (*P* value from Fisher's exact test=0.002). Figure 2 illustrates recurrence-free survival difference for two VDR groups using the Kaplan-Meier estimator. The high VDR group showed worse recurrence-free survival than the low VDR group (*P* value=0.018, follow-up duration: median 647 days, range 1–5150 days). There's no statistical significance in overall survival between the two VDR groups.

We performed DEG tests for the low and high VDR groups using EdgeR package. The differential gene expression pattern is shown in Fig. 3. DEG boundaries were defined as follows: average log CPM (counts per million)

**Figure 3**

MA plot of genes differentially expressed in the low and high VDR expression groups. DEG cutoff consisted of average logCPM (count per million) >0,  $|\logFC$  (fold change) >1 and FDR  $q$ -value <0.01.

>0 and  $|\logFC$  (fold change) >1, and FDR  $q$ -value <0.01 (indicated as vertical and horizontal lines in Fig. 3). A total of 545 genes were highly expressed in high VDR group, whereas 91 genes were highly expressed in low VDR group. Table 3 lists the top 20 highly expressed DEGs in high VDR group.

Supplementary Table 1 (see section on supplementary data given at the end of this article) shows the pathways that are significantly enriched by 545 upregulated DEGs in high VDR group, using DAVID. Cellular interaction, autoimmune thyroid disease, immune receptor-related signal pathways, cancer-related chemokine signaling

**Table 3** Top 20 upregulated genes in the high VDR group.

Gene ID	Gene symbol	logFC	logCPM	P value	FDR
7421	VDR	1.282	4.312	2.61E-149	4.39E-145
165904	XIRP1	4.100	0.524	3.83E-93	3.22E-89
256076	COL6A5	6.088	0.755	4.51E-92	2.53E-88
57016	AKR1B10	7.436	2.483	1.73E-86	7.27E-83
1646	AKR1C2	4.052	3.393	1.47E-78	4.95E-75
2877	GPX2	5.053	0.296	4.00E-77	1.12E-73
146802	SLC47A2	3.199	1.098	1.38E-59	3.32E-56
8038	ADAM12	2.429	3.250	3.35E-56	7.05E-53
8111	GPR68	1.868	2.199	4.08E-53	6.24E-50
729238	SFTPA2	4.175	4.587	9.36E-53	1.31E-49
10468	FST	2.823	0.579	1.06E-51	1.37E-48
1281	COL3A1	2.048	9.347	4.38E-50	4.91E-47
6947	TCN1	4.253	1.294	9.78E-50	1.03E-46
1278	COL1A2	1.894	9.490	2.00E-48	1.87E-45
1293	COL6A3	1.761	7.459	3.02E-48	2.67E-45
3909	LAMA3	2.289	2.671	1.02E-47	8.32E-45
92747	BPIFB1	4.529	0.566	1.04E-47	8.32E-45
10699	CORIN	1.836	0.284	1.21E-47	9.22E-45
1462	VCAN	2.082	5.740	6.74E-47	4.93E-44
10631	POSTN	2.160	6.867	1.07E-46	7.52E-44

and the JAK-STAT pathway were significantly enriched in high VDR group. The GSEA pathway analysis showed similar results: chemokine signaling, immune cell-related pathways, cell adhesion, cellular interactions and the JAK-STAT pathway, all of which are associated with carcinogenesis, were significantly enriched in the high VDR group compared to low VDR group (Supplementary Table 2). The ‘chemokine signaling pathway’ that was enriched in both DAVID and GSEA analysis harbors thyroid cancer related ‘MAPK signaling pathway’ composed with RAS-RAF-MEK-ERK1/2 cascade.

GO analysis conducted with EdgeR also showed increased immune-related biological processes, enrichment of cell membrane components and upregulation of receptor signaling activity in the high VDR group. Top 10 enriched gene ontologies in high VDR group are listed in Supplementary Table 3.

## Discussion

Although most thyroid carcinomas have a good prognosis, some types of cancer have intractable features and a significantly unfavorable prognosis. Current prognosis and treatment guidelines are based on clinicopathologic data. Recently, additional information using immunohistochemistry and molecular methods was introduced to improve the sensitivity and specificity of the diagnosis and to predict disease prognosis. Molecular markers such as BRAF, RAS, RET/PTC rearrangement, RAX8/PPAR $\gamma$  and galectin-3 may be useful for these purposes according to the American Thyroid Association guidelines (15).

The hallmark of thyroid cancer, besides aggressive behavior, is a loss of uptake and trapping of radioactive iodine, which means resistance to the best systemic therapy for thyroid cancer. The standard chemotherapy regimens approved for thyroid cancer have poor efficacy and relatively high toxicity compared to their benefit. Therefore, the discovery of alternative therapeutic targets for advanced differentiated thyroid cancer is important (16).

Vitamin D receptor is a member of the nuclear hormone receptor superfamily. It binds to DNA at vitamin D3 response elements upon ligand binding to alter the transcription of vitamin D3-responsive genes (17). Vitamin D3 appears to exert anticancer activity by decreasing proliferation, promoting re-differentiation, inhibiting angiogenesis and accentuating the effects of standard chemotherapy (18, 19, 20, 21).



Clinical interest in the association of vitamin D levels with cancer, and in the potential of vitamin D receptor as a therapeutic target, has dramatically increased in recent years. A correlation between vitamin D and cancer prevention has been shown in breast, prostate and colorectal cancer (22). It rises to a consensus conference by the World Health Organization evaluating the evidence associated with vitamin D and cancer (23). Observational, preclinical and clinical studies strongly suggest that vitamin D3 deficiency increases the risk of developing multiple malignancies, whereas other studies do not support this hypothesis (24). However, several studies suggest that adequate vitamin D3 levels may provide protection against chronic diseases such as cancer and may improve cancer prognosis (25, 26, 27). Expression of the *VDR* gene and 25-hydroxyvitamin D3 1- $\alpha$ -hydroxylase, the rate-limiting enzyme in the production of active vitamin D3, has been found in several tissues and tumor types (28). Active vitamin D3 is important for regulating differentiation and cell growth in many different organs, and expression of 1 $\alpha$ -hydroxylase/*VDR* is regarded as an important response against tumor progression.

A prior report by Izkhakov and coworkers showed that *VDR* mRNA expression was higher in malignant thyroid tissues than that in normal thyroid tissues, which indicates a possible correlation between *VDR* gene expression and thyroid cancer prognosis (2); however, there were no clinicopathological differences between patients with low levels of gene expression and those with high levels of gene expression. Clinckspoor and coworkers reported that lower vitamin D3 metabolism was associated with the progression of thyroid cancer of follicular origin (29). Here, we found that overexpression of *VDR* mRNA was correlated with aggressive PTC subtypes – classic PTC and TCVPCTC, lateral neck node metastasis, advanced tumor (T4) and AJCC stage (IV) and worse recurrence-free survival. Our results also showed an association between high *VDR* mRNA and *BRAF*<sup>V600E</sup> mutant PTC, although did not gain statistical significance. Chemokine signaling pathway enrichment that harbors MAPK signaling cascade derived from two different pathway analyses also suggest that high *VDR* expression may be associated with thyroid cancer progression by enhancing MAPK pathway. Overall, results show that overexpression of *VDR* mRNA is associated with poor prognostic factors in PTC, aggressive subtype, advanced T and AJCC stage, lateral neck node metastasis and worse recurrence-free survival.

One possible explanation for these results is impaired expression of vitamin D receptor on the cell membrane:

*VDR* mRNA may be overexpressed in response to decreased vitamin D receptor protein expression in damaged cellular membranes. Another explanation may be genomic discordance between the expression levels of mRNA and the expression of protein. Guo and coworkers reported on the usefulness of mRNA to predict protein expression, but they described that the prediction of protein expression using mRNA was far from perfect (30). Because of limitations in our study design, the correlation between *VDR* mRNA expression and vitamin D receptor protein expression could not be clearly assessed in this report. Further study in thyroid cancer is required.

In conclusion, we used public multigenomics data to demonstrate that elevated *VDR* mRNA levels are associated with aggressive PTC subtypes, worse prognostic factors and recurrence-free survival. Further experimental validation should be performed to prove the biologic influence of *VDR* and circulating vitamin D.

#### Supplementary data

This is linked to the online version of the paper at <http://dx.doi.org/10.1530/EC-17-0001>.

#### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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