Recent Advances in Indirect Pulp Treatment Materials for Primary Teeth: A Literature Review

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ABSTRACT

Aim: To provide an overview of the techniques of indirect pulp treatment (IPT) and the new materials used.

Background: Indirect Pulp Treatment (IPT) is a conservative treatment approach that can be used in primary molars. Pulpotomy has been adopted as the treatment of choice for deep caries in primary molars. IPT showed higher success rates in recent researches.

Materials and methods: Electronic search of English scientific papers was accomplished using PubMed, ScienceDirect, and Scopus. Papers published from 1995 to 2019 were included. Search terms used were recent advances, indirect pulp treatment, mineral trioxide aggregate (MTA), biodentine, TheraCal–LC, chlorhexidine gluconate (CHX), resin-modified glass ionomer (RMGI), and calcium hydroxide.

Review results: Seventy two papers were obtained from the electronic search and references of selected studies. Thirty five papers explained recent advances in IPT materials for primary molars. MTA produces more dentinal bridging with superior quality than calcium hydroxide. Similarly, Biodentine can form reparative dentin in a very short period. TheraCal–LC has increased stability and durability with strong physical properties and low solubility. Furthermore, CHX is a chemical disinfectant which can aid in increasing the success rate of IPT when conjugated with other materials. It produced highly successful IPT when combined with RMGI or calcium hydroxide.

Conclusion: IPT is the preferred treatment approach for preservation of primary dentition. CHX is an emerging material that can provide promising results in IPT when combined with other materials.

Clinical significance: Up to date, no material had replaced the popular use of calcium hydroxide in IPT. The use of CHX with RMGI can increase the success rate while preserving the advantages of the latter as it is considered the liner of choice for primary teeth, making IPT a suitable substitute for pulpotomy in primary molars.

Keywords: Biodentine, Chlorhexidine gluconate, MTA, Resin-modified glass ionomer, Review.

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INTRODUCTION

Decision for treating primary molars is challenging. Preservation of these teeth is essential to prevent premature loss and possible unfavorable outcomes on function and development.¹ These include compromised occlusion and alignment, decrease in arch length, impaction, crowding, poor molar relationship, and ectopic eruption.²

In the past, pulpotomy was considered the best treatment approach for primary molars with deep carious lesions. This is because pulpotomy ensures removal of all involved tooth structure together with the infected part of the pulp leaving no areas of suspicious infection.³ Nowadays, indirect pulp treatment (IPT) has been established as a conservative alternative that can be used in primary molars with no pulpitis or with reversible pulpitis.³ IPT is a better substitute to pulpotomy as it permits normal exfoliation time through preserving pulp vitality.¹

Indirect pulp treatment includes removal of infected dental tissues, while allowing the affected tissues comprising hard dentine to be remineralized by a biocompatible material.¹ This will stimulate the creation of tertiary dentin, avoiding pulp exposure, and consequently maintaining pulp vitality.¹ Then, the cavity will be sealed by a restoration that inhibits microleakage.³

Moreover, proper selection of the case is essential to gain satisfactory results. Diagnosis relies on thorough dental history, clinical examination, and radiographic evaluation.⁴ In primary teeth, IPT presented success rate of 90% or greater regardless of the material used.⁵

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For many years, calcium hydroxide had been proposed to be the best material for IPT.⁶ This is due to its high ability to form tertiary dentine and consequently sealing the pulp with newly formed hard tissues.⁷ Nevertheless, calcium hydroxide has poor bonding ability to dentine and thus it is mechanically unstable.⁸ Moreover, calcium hydroxide may dissolve, therefore it is unable to avoid microleakage in the longer term.⁸ Furthermore, porosities might develop in the set material allowing leakage of microorganisms.⁸ Consequently, secondary infection will develop

© The Author(s). 2021 Open Access This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (https://creativecommons. org/licenses/by-nc/4.0/), which permits unrestricted use, distribution, and non-commercial reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated. jeopardizing pulpal integrity.⁸ This raised the attention to locate materials with similar clinical performance while overcoming drawbacks of calcium hydroxide.⁹

Newly listed biocompatible materials that provided high success rates in IPT of primary molars include mineral trioxide aggregate (MTA), Biodentine, TheraCal–LC, and 2% CHX with resimmodified glass ionomer (RMGI) or with calcium hydroxide.⁹⁻¹³

The purpose of this review was to provide an overview of the techniques of IPT and the new materials used.

MATERIALS AND METHODS

Literature search of scientific papers was made electronically. Search engines used were PubMed, ScienceDirect, and Scopus. Papers published from 1995 to 2019 were included. Search terms used were recent advances, indirect pulp treatment, MTA, Biodentine, TheraCal–LC, CHX, resin-modified glass ionomer, and calcium hydroxide.

Review Results

Seventy two papers were obtained from the electronic search and references of selected studies. Thirty five papers discussed the recent advances in IPT materials for primary molars.

DISCUSSION

Definition

Indirect pulp treatment is a form of vital pulp therapy that aims to preserve tooth vitality.³ In primary teeth, preservation of the pulp is of particular importance to allow for normal exfoliation time.¹ In addition, premature loss of primary teeth can lead to unfavorable consequences including arch length discrepancies, malocclusion, and impaction.²

Moreover, in IPT, a layer of hard caries is left over the pulp to prevent pulpal exposure.¹⁴ However, deep carious lesions may cause bacterial infection in the coronal pulp altering pulpal integrity.¹⁵ Therefore, the selection of capping material is crucial. A biocompatible material with antibacterial effect should be used to create a suitable environment for pulpal healing.¹⁶

Additionally, the procedure of indirect pulp treatment comprises removal of soft dental tissues infected by caries while remineralizing the hard tissues affected by caries using a biocompatible material that encourages formation of tertiary dentin.¹ Tertiary dentin is created via activation of adjacent odontoblasts.¹⁷ This will aid in avoiding pulp exposure and subsequently preserving pulp vitality.¹

Indications

Indirect pulp treatment is indicated in primary teeth comprising deep caries with no pulpitis or with reversible pulpitis that are capable to heal following treatment.³

Diagnosis

Properly diagnosing teeth indicated for IPT is the key for success.¹⁸ Diagnosis starts by clinical examination to evaluate caries pattern.¹⁹ Additionally, radiographic examination is done to confirm caries depth and assess periapical and furcation areas.³ Moreover, cold test or electric pulp testing can be used to ascertain pulp vitality.¹⁹ Cold test is the suggested method that can be used in primary teeth.¹⁹ Nevertheless, electric pulp testing is not recommended as it is not reliable in primary teeth.²⁰

Technique

Indirect pulp treatment is a risky procedure in which level of reduction should be carefully decided. A thin layer of caries is left to prevent pulpal exposure.¹⁴ Moreover, caries detecting tool can be used to aid in distinguishing infected from affected dentine and hence ensure adequate caries removal.²¹

The procedure starts using a high-speed handpiece to remove gross caries, followed by a low-speed handpiece with large round bur or a spoon excavator to remove residual caries close to the pulp.¹² Later, a biocompatible material with antibacterial activity should be placed to ensure disinfection and healing of pulpal tissues.²² Finally, a well-sealed restoration should be placed to avoid microleakage.³

Methods of Caries Detection

Several methods have been suggested to distinguish infected from affected dentin. These include visual evaluation, tactile examination, caries detecting dye, laser light, electronic caries monitor, fiber-optic transillumination, and light scattering.²³ Caries detecting dye is used frequently in researches and acts by staining collagen associated with organic matrix of less mineralized dentine, thus it is considered specific for demineralization.²¹

Materials

Several materials have been used in IPT. Selection of proper material may contribute to the success of IPT procedure.¹⁰ Material selected should provide adequate seal to the underlying dentin, preserve vitality of the pulp, and cause no post-treatment signs or symptoms.³ Different materials for IPT are illustrated in Table 1.

Mineral Trioxide Aggregate

Mineral trioxide aggregate (MTA) was first developed in 1993 by Mahmoud Torabinejad in Loma Linda University.²⁴ In 1998, MTA was approved by The U.S. Food and Drug Administration.²⁵ The early uses of MTA were sealing of root perforations or root-end filling.²⁶ Later, MTA was broadly used in the field of pediatric dentistry.

Additionally, MTA is a Portland cement formed by the interaction of calcium oxide and silicon dioxide, resulting in the formation of tricalcium aluminate, tricalcium silicate, dicalcium silicate, and tetracalcium aluminoferrite.²⁷ Bismuth oxide is then added to make the material easily distinguished on radiographs.²⁷

There are two types of MTA: white MTA and gray MTA.²⁸ The main difference between the two types is the concentration of ferrous oxide, magnesium oxide, and aluminium oxide.²⁹ Additionally, the setting expansion of white MTA is lower than that of grey MTA.³⁰

Moreover, MTA is a biocompatible material that is not mutagenic and less cytotoxic than other materials such as IRM and super EBA.³¹ When used in IPT, MTA can encourage collagen formation from cells, thus it is capable to form a dentine bridge with superior quality compared to calcium hydroxide.²⁸ Also, MTA offers antibacterial activity against *Streptococcus mutans* (*S. mutans*), *Streptococcus sanguis* (*S. sanguis*) and Enterococcus faecalis (*E. faecalis*).^{32,33} However, no proved effect was detected of MTA against anaerobic bacteria, although some effect was noticed against facultative bacteria.²⁷

On the contrary, the compressive strength of MTA is about 70 MPA, much lower than that of amalgam which is almost



Indirect Pulp Treatment Materials for Primary Molars

Material	Advantages	Disadvantages	Success rate
Mineral trioxide aggregate (MTA)	 Biocompatible Antimicrobial activity Increased marginal adaptation thus has less leakage Improved sealing properties Induced osteogenesis Promotes healing⁶⁷ 	–Discoloration ⁶⁸ –Prolonged setting time ⁶⁹ –High cost ²⁵	100% ³⁸
Biodentine	 Biocompatible Antimicrobial activity Increased marginal adaptation High bond strength Can induce odontogenic differentiation and formation of reparative dentin¹¹ 	–High cost ⁷⁰	98.3% ⁴⁹
TheraCal–LC	–Enhanced physical properties –Low solubility –Improved sealing ability –High calcium release –Induced formation of dentin bridge ¹¹	–Opaque whitish color ¹¹	87.8% ⁵⁶
Chlorhexidine gluconate (CHX) (In IPT, it was combined with resin-modified glass ionomer (RMGI) or calcium hydroxide)	–Disinfect any bacteria remains following removal of infected dentin ¹⁰		CHX with RMGI: 97% ¹⁰ CHX with calcium hydrox- ide: 97% ¹²
Resin-modified glass ionomer (RMGI)	–Biocompatible –Antimicrobial activity –Ability to bond to enamel and dentin –High mechanical strength –Uptake and releases fluoride ⁶²	 -Cytotoxic effect -Reduced wear resistance⁷¹ 	96.5% ⁷²
Calcium hydroxide	-Biocompatible -Antimicrobial activity -Induction of calcified barrier -Promotes healing and repair -Stimulates fibroblasts -Inexpensive -Easy to use ⁷³	–May dissolve after one year –Poor sealing properties ⁷³	94% ⁷⁴

Table 1: Different materials used for indirect pulp treatment

311 MPA.^{34,35} Therefore, it is not recommended to use MTA in stress-bearing areas.³⁶ Additionally, MTA has an excellent sealing ability, no solubility, and is more radiopaque on radiographs than calcium hydroxide.37

Several studies addressed the success of MTA used in IPT of primary molars. In 2015, George et al. published an article that evaluated 40 primary molars. They divided the sample into two groups: 20 teeth were treated with MTA while 20 teeth were treated with calcium hydroxide.⁹ They followed up the patients 6 months post treatment.⁹ They concluded that MTA is superior to calcium hydroxide in performing IPT of primary molars as it deposited more dentinal bridging.⁹

Moreover, a study was carried out in 2016 compared the success of IPT in primary molars performed with three materials: MTA, calcium hydroxide, and glass ionomer cement.³⁸ The sample composed of 50 second primary molars distributed as follows: 18 teeth received IPT with MTA, 15 teeth received IPT with calcium hydroxide, whilst 17 teeth received IPT with glass ionomer cement.³⁸ Teeth were followed up for 12 months.³⁸ The conclusion was that there is no statistically significant difference in success rate among the three groups.³⁸

In addition, another study was performed in 2016 compared IPT using MTA and TheraCal–LC in primary molars.³⁹ Teeth treated with MTA were 22 whilst teeth treated with TheraCal-LC were 21.³⁹ No statistically significant difference was noticed between the two groups.³⁹ Nevertheless, TheraCal-LC showed better handling properties. 39

Furthermore, a clinical trial was conducted evaluating the success of IPT performed with calcium hydroxide, MTA, and Biodentine in primary molars.⁴⁰ The sample size was 45 primary molars divided into three groups in which 15 teeth were treated with each material.⁴⁰ They found that the clinical success rate is 100% for all groups.⁴⁰ However, Biodentine was superior to the other groups on radiographic evaluation.⁴⁰ Nevertheless, High cost and extended setting time restricted the use of MTA in IPT.^{25,41}

Biodentine

Biodentine is a new material that was introduced to replace dentine.⁴² It has mechanical properties similar to that of natural dentine.¹¹ Biodentine is provided in a capsule that consists of the ideal liquid and powder ratio.⁴³ Also, components of Biodentine include tricalcium silicate, dicalcium silicate, calcium carbonate, zirconium oxide, iron oxide, and calcium chloride.⁴³

Moreover, Biodentine is a biocompatible material which stimulates tertiary dentine formation by encouraging odontoblastic differentiation.44 Odontoblastic differentiation takes place in a very short period, thus Biodentin is considered suitable for IPT.⁴⁵ Additionally, Biodentine has strong antibacterial effects against *S. mutans and E. faecalis*.³³ Surprisingly, Biodentine has greater zone of inhibition against *E. faecalis* and *S. mutans* when compared to MTA.³³

Furthermore, the compressive strength of Biodentine can reach 300 MPA following first month of administration.⁴⁶ This value is much higher than that of MTA though comparable to that of natural dentine, which is almost 297 MPA.^{34,35,47} Besides, Biodentine has good adaptability and seal, low solubility, and lower radiopacity when compared with MTA.⁴⁸

In 2017, Pediatric Dentistry Journal published an article studying the effect of using Biodentine in IPT of primary molars.⁴⁹ They evaluated 60 patients in which each had two teeth treated in a split-mouth design: one side underwent IPT with Biodentine and the other side treated with calcium hydroxide.⁴⁹ They concluded that, after 12 months follow-up, there was no statistically significant difference in success rate among the two groups.⁴⁹ Remarkably, the cost of Biodentine is reduced compared to MTA, which made it more accessible for use.⁴³

TheraCal-LC

TheraCal-LC is a new light-cured resin-modified calcium silicate-filled base/ liner that is suggested for direct and indirect pulp treatments.¹¹ TheraCal-LC consists of Portland cement, polyethylene glycol dimethacrylate polymerizable methacrylate monomers, and barium zirconate.⁵⁰

Moreover, TheraCal-LC has high ability to release calcium.⁵¹ Calcium ions trigger proliferation and differentiation of pulpal tissues and stimulate hard tissue formation.⁵² In addition, TheraCal-LC has improved physical properties, enhanced durability, increased stability, and reduced solubility.⁵³

Regarding antibacterial activity, it was found that TheraCal-LC is as effective against *S. mutans* as calcium hydroxide.⁵⁴ However, it has lower effect on *S. sanguis* and *S. salivarius*.⁵⁴ Surprisingly, the compressive strength of TheraCal-LC is considered the greatest among MTA and biodentine.⁵⁵ Neverthless, TheraCal-LC is opaque whitish in color.¹¹ Therefore, it should be applied in a thin layer to avoid affecting the shade of final restoration.¹¹

Furthermore, a study published in 2019 compared the success of IPT performed with TheraCal–LC, MTA, and calcium hydroxide.⁵⁶ The sample composed of 153 second primary molars followed up for 24 months.⁵⁶ They found no statistically significant difference in success rate of IPT among the three groups, although MTA group presented higher success rate.⁵⁶

Chlorhexidine Gluconate with Resin-modified Glass Ionomer or with Calcium Hydroxide

CHX is a chemical disinfectant which was proved to be effective in various dental uses. 57 CHX is the salt form of chlorhexidine, created via addition of gulonic acid. 58

In addition, CHX is a strong bacteriostatic and bactericidal against multiple gram-positive and gram-negative organisms.¹⁰ These include *E. faecalis, S. mutans, S. aureus, P. intermedia, C. albicans,* viruses, and spores.⁵⁹ Moreover, CHX is positively charged, therefor it acts by interrupting the osmolarity of bacterial cell wall, leading to cell death.⁶⁰

Previously, CHX was used as a dental mouthwash, included in dentifrices, varnishes, gels, or used as intracanal medicament.⁶¹ Recently, CHX was used in IPT of primary molars in conjunction with other materials to offer antibacterial activity.^{10,12,13}

Furthermore, some researches were carried out evaluating the effect of combining 2% CHX with RMGI to perform IPT in primary molars.^{10,12,13} Although previous researches showed satisfactory results upon using RMGI alone in IPT, the aim of incorporating 2% CHX was to achieve a higher level of disinfection.¹⁰ The use of CHX with RMGI can maximize the success rate while preserving the advantages of the latter as it is considered the liner of choice for primary teeth.¹⁰

The American Academy of Pediatric Dentistry published an article that studied the success of IPT performed using 2% CHX together with RMGI in primary molars.¹⁰ Their goal of disinfection was to sterilize any residual bacteria after removal of infected dentine.¹⁰ Their results showed that using 2% CHX with RMGI may contribute to the success of IPT.¹⁰

Additionally, a study was carried out in 2016 compared the effect of using 2% CHX with RMGI (as study group) vs. using 2% CHX with calcium hydroxide (as control group) in performing IPT of primary molars.¹² The total sample size was 60 primary molars assigned randomly into study and control groups. They found that IPT with 2% CHX and RMGI is recommended over the other group.¹²

Recently, a study was conducted comparing three treatment groups in which IPT was performed by three different materials.¹³ The first group was treated with biodentine. The second group was treated with 2% CHX followed by RMGI. The third group was treated using calcium hydroxide. The total sample size composed of 54 primary molars assigned randomly into the treatment groups. They found no statically significant difference among the three groups, although higher success rate was observed with biodentine.¹³

Restoration of Teeth Treated with Indirect Pulp Treatment

Resin-based Composites

The use of resin-based composites allows minimal reduction of tooth structure.⁶² No extension for prevention is needed, minimal removal of involved tooth structure is sufficient.⁶² However, long time is needed for placement of resin restorations.⁶² Moreover, resins are technique sensitive, thus if the isolation is questionable, other type of restoration should be considered.⁶²

Stainless Steel Crowns

Stainless steel crowns (SSCs) are considered the material of choice for primary molars with deep or extensive carious lesions.⁶² The use of SSCs raised over the past years as they have higher success rates than multisurface intracoronal restorations.⁶² Also, SSCs are durable, easily adapted, inexpensive, minimally technique sensitive, and allow for full coverage of the crown.⁶³ Therefore, teeth treated with SSCs most likely will not require any further treatment in the future.⁶²

Success of Indirect Pulp Treatment over Pulpotomy

AAPD recommended IPT as the preferred treatment for deep caries in primary teeth due to its higher success rate compared to pulpotomy and ability to provide normal exfoliation time.³

In 2000, Farooq et al. studied the success of IPT in comparison to formocresol pulpotomy (FP). Their results showed that IPT is significantly more successful than FP. Moreover, they stated that IPT can be successfully performed in a one-step procedure.¹⁴



In addition, a study was published in 2004 evaluating success rates of vital pulp therapies. They concluded that IPT produces superior long-term success compared to FP. Furthermore, teeth treated with FP experienced significantly earlier exfoliation pattern.⁶⁴

On the other hand, a study conducted in 2015 compared IPT with MTA pulpotomy. They found no statistically significant difference in success rates between the two treatments. Additionally, indication for treatment are the same for the two procedures. Since IPT is less invasive, it is preferable over MTA pulpotomy. Other advantages of IPT include lesser side effects, lesser chair time, reduced cost, and finally is more acceptable by children.¹⁸

In 2016, pediatric dentistry journal published an article studied the success of IPT, FP, and ferric sulfate pulpotomy. They concluded that, over 4 years of follow - up, IPT produced better survival rate than either groups.⁶⁵

Moreover, comparison between IPT and ferric sulfate pulpotomy was assessed in 2019. The study found that, over 4 years of follow-up, IPT produced significantly higher success rate than ferric sulfate pulpotomy. Additionally, teeth treated with ferric sulfate pulpotomy experienced accelerated exfoliation time.⁶⁶

Finally, proper diagnosis is the key for a successful IPT.¹⁸ Besides, adequate caries excavation with complete cleaning of lateral walls plays a major role in the success of IPT.¹⁸

CONCLUSION

AAPD recommended IPT as the preferred treatment approach for deep caries in primary teeth. This is due to its higher success rate compared to pulpotomy and ability to allow normal exfoliation time. Studies are carried out to find materials that can overcome drawbacks of calcium hydroxide. MTA produces more dentinal bridging with superior quality than calcium hydroxide. Similarly, Biodentine can form reparative dentin in a very short period. On the other hand, TheraCal-LC has increased stability and durability with strong physical properties and low solubility.

Furthermore, CHX is an emerging material that can provide promising results in IPT when conjugated with other materials such as RMGI and calcium hydroxide. Finally, proper diagnosis is the key for a successful IPT.

AUTHORS CONTRIBUTIONS

Literature search and studies selection were performed by Afnan M. Saber, Omar A El Meligy, Sumer M Alaki; Afnan M Saber: provided the research idea and wrote the manuscript. Omar A El Meligy: contributed in the design and revised the manuscript. Sumer M Alaki: performed contributions to manuscript revisions. All authors have read and approved the final manuscript.

CLINICAL SIGNIFICANCE

Up to date, no material had replaced the popular use of calcium hydroxide in IPT. The use of CHX with RMGI can increase the success rate while preserving the advantages of the latter as it is considered the liner of choice for primary teeth, making IPT a suitable substitute for pulpotomy in primary molars.

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