

# Canada acute coronary syndrome score was a stronger baseline predictor than age $\geq 75$ years of in-hospital mortality in acute coronary syndrome patients in western Romania

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**Background:** Several risk scores were developed for acute coronary syndrome (ACS) patients, but their use is limited by their complexity.

**Purpose:** The purpose of this study was to identify predictors at admission for in-hospital mortality in ACS patients in western Romania, using a simple risk-assessment tool – the new Canada acute coronary syndrome (C-ACS) risk score.

**Patients and methods:** The baseline risk of patients admitted with ACS was retrospectively assessed using the C-ACS risk score. The score ranged from 0 to 4; 1 point was assigned for the presence of each of the following parameters: age  $\geq 75$  years, Killip class  $> 1$ , systolic blood pressure  $< 100$  mmHg, and heart rate  $> 100$  bpm.

**Results:** A total of 960 patients with ACS were included, 409 (43%) with ST-segment elevation myocardial infarction (STEMI) and 551 (57%) with non-ST-segment elevation acute coronary syndrome (NSTEMI-ACS). The C-ACS score predicted in-hospital mortality in all ACS patients with a *C*-statistic of 0.95 (95% CI: 0.93–0.96), in STEMI patients with a *C*-statistic of 0.92 (95% confidence interval [CI]: 0.89–0.94), and in NSTEMI-ACS patients with a *C*-statistic of 0.97 (95% CI: 0.95–0.98). Of the 960 patients, 218 (22.7%) were aged  $\geq 75$  years. The proportion of patients aged  $\geq 75$  years was 21.7% in the STEMI subgroup and 23.4% in the NSTEMI-ACS subgroup ( $P > 0.05$ ). Age  $\geq 75$  years was significantly associated with in-hospital mortality in ACS patients (odds ratio [OR]: 3.25, 95% CI: 1.24–8.25) and in the STEMI subgroup (OR  $> 3.99$ , 95% CI: 1.28–12.44). Female sex was strongly associated with mortality in the NSTEMI-ACS subgroup (OR: 27.72, 95% CI: 1.83–39.99).

**Conclusion:** We conclude that C-ACS score was the strongest predictor of in-hospital mortality in all ACS patients while age  $\geq 75$  years predicted the mortality well in the STEMI subgroup.

**Keywords:** elderly, acute coronary syndrome, mortality

## Introduction

Patients admitted with acute coronary syndromes (ACSs) have significant variable in-hospital outcomes.<sup>1–3</sup> They have different responses and vulnerabilities to adverse events with various therapies administered at presentation. An accurate baseline risk score applied to these patients may help decide on the best treatments to reduce mortality.<sup>1,2</sup>

At the initial examination of the patients with symptoms of ACS, the clinical decisions are founded on the history, physical examination, electrocardiogram, and laboratory data. After hospital admission, new decisions are taken based on the clinical

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evolution.<sup>4</sup> Prediction of mortality in ACS is decisive in setting up the therapeutic management to improve outcome.

Several risk scores have been elaborated, the most accepted being the Global Registry of Acute Coronary Events (GRACE) and thrombolysis in myocardial infarction (TIMI) risk scores.<sup>5-7</sup> Although these risk scores are well recognized and validated by several studies, their application in clinical practice remains confined. An important limitation to the use of the GRACE score is the fact that it requires a calculator and the results of several laboratory data to appreciate the risk.<sup>7</sup> The Canada acute coronary syndrome (C-ACS) risk-assessment score was elaborated recently and was found to be easy to apply and to perform well in risk assessment.<sup>8</sup>

The aim of the present study was to identify clinical variables associated with in-hospital mortality in ACS patients, using a simple risk-assessment tool – the new C-ACS risk score.

## Patients and methods

### Patient selection

The study population consists of all consecutive ACS patients admitted to the Cardiology Clinic of Timisoara Clinical Emergency City Hospital from January 2000 to December 2015. The patients with unstable angina and non-ST-segment elevation myocardial infarction formed the non-ST-segment elevation acute coronary syndrome (NSTEMI-ACS) subgroup, while the patients with ST-segment elevation myocardial infarction (STEMI) were included in the STEMI subgroup.

### Data extraction

Data collection was performed retrospectively from hospital records by trained data collection personnel. Baseline data were age, sex, Killip class at admission, initial heart rate (HR), initial systolic blood pressure (SBP), laboratory data, 12 leads resting electrocardiogram, and medical history. Medical history included data regarding current or recent smoking, hypertension, dyslipidemia, and diabetes mellitus.

### Definition of covariates

STEMI was diagnosed in the presence of ischemic symptoms lasting >20 minutes at rest within 24 hours before admission and at least in one of the following conditions: persistent ST-segment elevation  $\geq 1$  mm in more than two contiguous electrocardiographic leads, documented new or presumed new left bundle-branch block, or documented isolated posterior myocardial infarction.<sup>1</sup>

NSTEMI-ACS was diagnosed in the presence of ischemic symptoms lasting >20 minutes at rest within 24 hours before admission and positive cardiac markers (either creatine kinase-MB or troponin above the local laboratory-specific upper limit of normal or positive bedside troponin assay).<sup>2</sup>

A patient was diagnosed with systemic arterial hypertension when found with high blood pressure during hospitalization ( $\geq 140/90$  mmHg) or when taking antihypertensive therapy for a previous diagnosis of hypertension.<sup>9</sup>

Dyslipidemia was diagnosed in patients with raised total cholesterol level ( $\geq 190$  mg/dL), low-density lipoprotein cholesterol  $\geq 115$  mg/dL, raised triglyceride >150 mg/dL, reduced high-density lipoprotein cholesterol (<40 mg/dL in males and <50 mg/dL in females), or following a specific treatment for these lipid abnormalities.<sup>10</sup>

Diabetes mellitus was diagnosed in the presence of any one of the following conditions: glycosylated hemoglobin  $\geq 6.5\%$ , fasting plasma glucose level  $\geq 126$  mg/dL, and plasma glucose  $\geq 198$  mg/dL 2 hours after 75 g oral glucose load.<sup>11</sup>

Based on physical examination, the ACS patients were ranked into one of four Killip classes in the following way: Class 1 – no clinical signs of heart failure; Class 2 – mild heart failure with limited rales in the lungs, a third heart sound present, and elevated jugular venous pressure; Class 3 – with acute pulmonary edema; Class 4 – cardiogenic shock (with SBP <90 mmHg) and signs of peripheral vasoconstriction (oliguria, cyanosis, or sweating).<sup>12</sup>

The C-ACS score includes clinical parameters that are easily reached at the first medical examination, at home, in the ambulance, or in the emergency department. Its great convenience is the fact that it has no need for an electrocardiogram or laboratory data. The C-ACS score ranges from 0 to 4, 1 point is assigned for the occurrence of each one of the subsequent variables: age  $\geq 75$  years, Killip class >1, SBP <100 mmHg, and HR >100 bpm. This score was deducted from the acute myocardial infarction in Quebec<sup>13</sup> and C-ACS-1<sup>8</sup> registries. It was recently validated in the Gulf Registry of Acute Coronary Events.<sup>14</sup>

We estimated the initial risk of in-hospital mortality using the C-ACS risk-assessment score and estimated the discriminatory capacity of the C-ACS risk score by calculating the C-statistics for the total ACS group and the different ACS subgroups (NSTEMI-ACS and STEMI). The predicted mortality rates were compared with the observed ones.

### Follow-up and outcomes

In-hospital deaths were assessed as adverse outcomes. Mortality was defined as all-cause deaths during hospitalization.

## Statistical analysis

Data were collected and analyzed using the MedCalc 12.3.0.0 statistical software for Windows. Data were given as mean  $\pm$  standard deviation (SD) when normally distributed and as frequency and percentage for categorical variables. Associations between baseline variables were evaluated using one-way analysis of variance or chi-square tests. For assessing the involvement of each variable in the studied outcomes, univariate and multivariate logistic regression models were established. Odds ratios (ORs) and 95% confidence intervals (CIs) were calculated using Cox proportional hazards models. Covariates considered for potential prognostic impact included age, sex, Killip class, HR at admission, SBP at admission, diabetes mellitus, hypertension, recent or current smoking, and C-ACS score at admission. Multivariate logistic regression analysis with forward stepwise method was used for all initial parameters that were associated with in-hospital mortality in univariate analysis. Receiver–operating characteristic (ROC) curves were utilized to determine the optimal sensitivity and specificity of the analyzed parameters. The discrimination ability of the analyzed parameters was estimated by the *C*-statistic, which is equivalent to the area under the ROC curve. A model with *C*-statistic  $>0.75$  is considered to have a meaningful discriminatory ability. A *P*-value of  $<0.05$  was considered as the threshold for statistical significance. All *P*-values are results of two-tailed tests.

## Ethics

The study was approved by the ethics commission at City Hospital Timisoara, Romania. Written informed consent was not required as all data were abstracted anonymously.

## Results

The study population included 960 ACS patients, 22% being women. The mean age was  $68 \pm 11$  years (range 35–85 years), 22.7% having an age  $\geq 75$  years. Of the total ACS cohort, 42.6% presented with STEMI and 57.4% with NSTEMI-ACS. Comorbid conditions were common. The clinical characteristics of the study patients are shown in Table 1. We observed that STEMI patients tended to be younger, of male sex, with current or recent smoking history, with lower SBP, and higher HR at presentation. The C-ACS score for all ACS patients was  $0.62 \pm 0.78$ , being significantly higher in STEMI vs NSTEMI-ACS patients ( $P < 0.001$ ). In-hospital mortality was 11.8% in the study group, significantly higher in the STEMI subgroup (14.9%) than in the NSTEMI subgroup (9.6%),  $P < 0.02$ . The mortality rate was also significantly higher in patients aged  $\geq 75$  years vs those  $< 75$  years in the study group (OR = 1.71, 95% CI: 1.16–2.54,  $P = 0.006$ ) and in the STEMI subgroup (OR = 4.25, 95% CI: 2.57–7.01,  $P < 0.0001$ ).

Figure 1 shows the observed in-hospital mortality according to the C-ACS score and the category of ACS. We observed a progressive increase in hospital mortality correlated to an increasing C-ACS score, in all ACS presentations. The predicted mortality was somewhat higher than observed mortality, but the difference was not statistically significant (Figure 2).

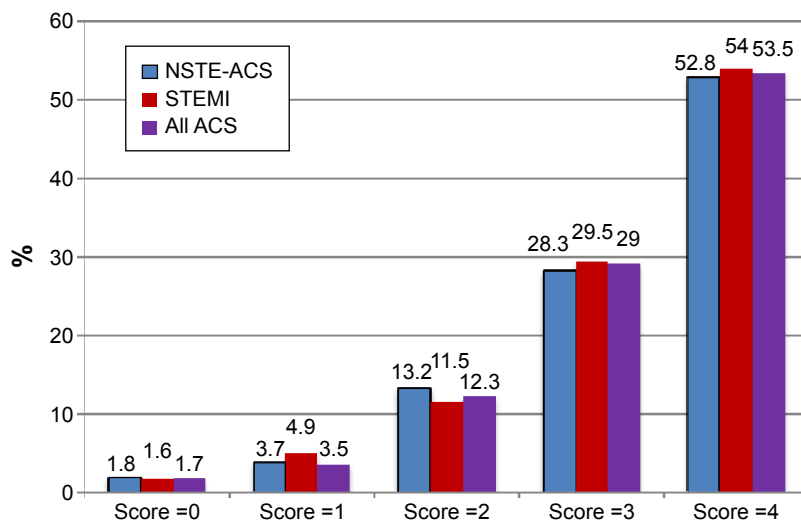
The baseline variables associated with in-hospital mortality in all ACS are presented in Table 2. The ACS patients who died were more frequently older, females, smokers, with a Killip class  $> 1$ , and were more likely to have at presentation an SBP  $< 100$  mmHg and an HR  $> 100$  bpm. The mean

**Table 1** Clinical characteristics of the study patients stratified by ACS presentation

Variable	All ACS, N=960	STEMI, n=409	NSTEMI-ACS, n=551	P-value (STEMI vs NSTEMI-ACS)
Age, y, mean (SD)	68 (11)	67 (12)	69 (11)	<b>0.007</b>
Age $\geq 75$ y, n (%)	218 (22.70)	89 (21.76)	129 (23.41)	0.59
Female sex, n (%)	211 (21.9)	57 (13.93)	228 (41.37)	<b>&lt;0.0001</b>
DM, n (%)	259 (26.97)	86 (21.02)	173 (31.39)	<b>0.0005</b>
Hypertension, n (%)	414 (43.12)	134 (32.76)	280 (50.81)	<b>&lt;0.0001</b>
Dyslipidemia, n (%)	297 (30.93)	82 (20.04)	215 (39.01)	<b>&lt;0.0001</b>
Smoking, n (%)	306 (31.97)	172 (42.05)	134 (24.34)	<b>&lt;0.0001</b>
Killip class $> 1$ , n (%)	230 (23.95)	106 (25.91)	124 (22.50)	0.25
Initial SBP, mmHg, mean (SD)	136 (24)	131 (27)	140 (28)	<b>&lt;0.0001</b>
Initial HR, bpm, mean (SD)	83 (20)	86 (20)	84 (23)	<b>0.021</b>
Initial SBP $< 100$ mmHg, n (%)	60 (6.25)	38 (9.35)	22 (3.99)	<b>0.001</b>
Initial HR $> 100$ bpm, n (%)	215 (22.39)	98 (23.96)	117 (21.23)	0.35
C-ACS score, mean (SD)	0.62 (0.78)	0.73 (0.83)	0.54 (0.85)	<b>0.0006</b>
Hospital mortality, n (%)	114 (11.8)	61 (14.9)	53 (9.6)	<b>0.016</b>

**Notes:** Data are presented as mean  $\pm$  1SD for categorical variables and as number (%) for continuous variables. Data in bold indicates statistical significance.

**Abbreviations:** ACS, acute coronary syndrome; STEMI, ST-segment elevation myocardial infarction; NSTEMI-ACS, non ST-segment elevation acute coronary syndrome; y, years; DM, diabetes mellitus; SBP, systolic blood pressure; HR, heart rate; C-ACS, Canada Acute Coronary Syndrome scale; SD, standard deviation.



**Figure 1** Rate of in-hospital mortality stratified by C-ACS score and type of ACS.

**Abbreviations:** C-ACS, Canada acute coronary syndromes score; ACS, acute coronary syndrome; NSTE-ACS, non-ST-segment elevation acute coronary syndrome; STEMI, ST-segment elevation myocardial infarction.

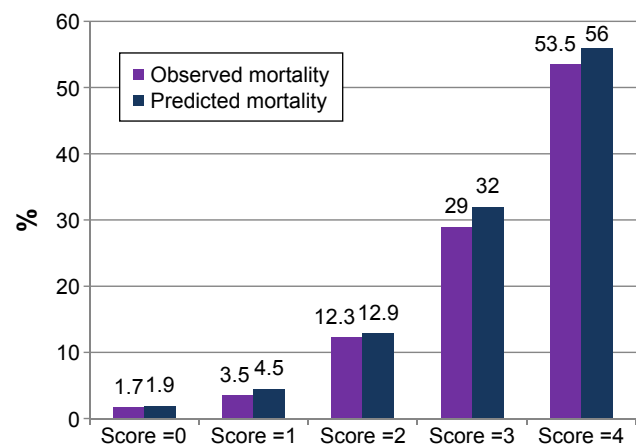
C-ACS score was significantly higher among the dead ACS patients (3.02 vs 0.54,  $P < 0.0001$ ). The STEMI patients who died were also more likely to be older, hypertensive, smokers, with a Killip class  $> 1$ , dyslipidemia, and presented more frequently with SBP  $< 100$  mmHg and an HR  $> 100$  bpm. Their mean C-ACS score was 2.80 vs 0.61 in the STEMI survivors ( $P < 0.0001$ ). The NSTE-ACS patients who did not survive were more frequent females, with diabetes mellitus, a Killip class  $> 1$ , and had lower SBP and higher HRs at admission. Their mean C-ACS score was 3.3, comparative to 0.48 in the NSTE-ACS survivors ( $P < 0.0001$ , Table 2).

At multivariate logistic regression, we found two independent predictors of in-hospital mortality in the total ACS

cohort: the C-ACS score ( $P < 0.0001$ ) and the age  $\geq 75$  years ( $P = 0.016$ ). The C-ACS score had the greatest power of discrimination in the whole ACS group, with a C-statistic of 0.94 (95% CI: 0.92–0.95). The C-statistic for age  $\geq 75$  years was 0.70 (95% CI: 0.67–0.73). The ROC curves of these variables are presented in Figure 3.

In the STEMI cohort, multivariate logistic regression also retained two independent predictors of in-hospital mortality: C-ACS score ( $P < 0.0001$ ) and the presence of dyslipidemia ( $P = 0.005$ ). The best discriminative value was observed for C-ACS score, with a C-statistic of 0.92 (95% CI: 0.89–0.94). Dyslipidemia had a C-statistic of 0.59, 95% CI: 0.54–0.63, Figure 4).

In the NSTE-ACS subgroup, multivariate logistic regression identified two independent predictors of in-hospital mortality: C-ACS score ( $P < 0.0001$ ) and female sex ( $P = 0.016$ ). Discriminative power had both the C-ACS score, with a C-statistic of 0.97 (95% CI: 0.95–0.98) and the female sex, with a C-statistic of 0.75 (95% CI: 0.73–0.78), as shown in Figure 5.



**Figure 2** Comparison of observed and predicted in-hospital mortality (by C-ACS score) in the total ACS group.

**Abbreviations:** C-ACS, Canada-acute coronary syndromes score; ACS, acute coronary syndrome.

## Discussion

Our study was exclusively hospital based, with a retrospective recruitment of all ACS patients hospitalized in our clinic from 2000 to 2015. The mean age of the ACS was  $68 \pm 11$  years, 22% were women, and 22.7% were aged  $\geq 75$  years. In the Romanian Register of STEMI (RO\_STEMI) patients (1997–2009) that included 19,510 patients, the mean age was  $63 \pm 12$  years, 32% of the patients were women, and 23.6% were aged  $\geq 75$  years.<sup>15</sup> In-hospital mortality was 11.79%,

**Table 2** Univariate relationship between baseline variables and in-hospital mortality

Variables	All ACS, N=960	Alive, n=846	Dead, n=114	P-value
Age, y, mean (SD)	68 (11)	58 (11)	69 (9)	<0.0001
Age ≥75 y, n (%)	218 (22.70)	177 (21)	41 (36)	0.0005
Female sex, n (%)	211 (21.9)	175 (20)	36 (32)	0.005
DM, n (%)	259 (26.97)	234 (27)	25 (22)	0.30
Hypertension, n (%)	414 (43.12)	361 (43)	53 (47)	0.47
Dyslipidemia, n (%)	297 (30.93)	270 (32)	27 (24)	0.10
Smoking, n (%)	306 (31.97)	257 (30)	49 (43)	0.007
Killip class > I, n (%)	230 (23.95)	146 (17)	84 (74)	<0.0001
Initial SBP, mmHg, mean (SD)	136 (24)	138 (22)	134 (18)	0.06
Initial HR, bpm, mean (SD)	83 (20)	81 (22)	85 (24)	0.07
Initial SBP <100 mmHg, n (%)	60 (6.25)	40 (5)	20 (18)	<0.0001
Initial HR >100 bpm, n (%)	215 (22.39)	167 (20)	48 (42)	0.039
C-ACS score, mean (SD)	0.62 (0.78)	0.54 (0.74)	3.02 (1.02)	<0.0001
	<b>STEMI, N=409</b>	<b>Alive, n=348</b>	<b>Dead, n=61</b>	
Age, y, mean (SD)	67 (12)	57 (12)	70 (9)	<0.0001
Age ≥75 y, n (%)	89 (21.76)	51 (15)	38 (62)	<0.0001
Female sex, n (%)	57 (13.93)	52 (15)	5 (8)	0.05
DM, n (%)	86 (21.02)	78 (22)	8 (13)	0.15
Hypertension, n (%)	134 (32.76)	106 (30)	28 (46)	0.020
Dyslipidemia, n (%)	41 (10.02)	27 (8)	14 (23)	0.0009
Smoking, n (%)	172 (42.05)	139 (40)	33 (54)	0.039
Killip class > I, n (%)	77 (18.82)	37 (10)	40 (66)	<0.0001
Initial SBP, mmHg, mean (SD)	131 (27)	135 (34)	128 (31)	0.13
Initial HR, bpm, mean (SD)	86 (20)	84 (15)	88 (24)	0.07
Initial SBP <100 mmHg, n (%)	39 (9.35)	7 (2)	32 (52)	<0.0001
Initial HR >100 bpm, n (%)	99 (23.96)	46 (13)	53 (86)	<0.0001
C-ACS score, mean (SD)	0.73 (0.83)	0.61 (0.55)	2.80 (1.12)	<0.0001
	<b>NSTE-ACS, N=551</b>	<b>Alive, n=498</b>	<b>Dead, n=53</b>	
Age, y, mean (SD)	69 (11)	69 (12)	72 (8)	0.07
Age ≥75 y, n (%)	129 (23.41)	113 (23)	16 (31)	0.25
Female sex, n (%)	228 (41.37)	187 (38)	41 (77)	<0.0001
DM, n (%)	173 (31.39)	149 (30)	24 (45)	0.037
Hypertension, n (%)	280 (50.81)	247 (50)	33 (62)	0.12
Dyslipidemia, n (%)	215 (39.01)	192 (38)	23 (43)	0.67
Smoking, n (%)	134 (24.34)	120 (24)	14 (27)	0.75
Killip class > I, n (%)	153 (27.76)	112 (26)	41 (77)	<0.0001
Initial SBP, mmHg, mean (SD)	140 (28)	143 (31)	136 (35)	0.42
Initial HR, bpm, mean (SD)	84 (23)	82 (10)	87 (13)	0.077
Initial SBP <100 mmHg, n (%)	22 (3.99)	13 (2.61)	9 (17)	<0.0001
Initial HR >100 bpm, n (%)	117 (21.23)	105 (21)	12 (53)	<0.0001
C-ACS score, mean (SD)	0.54 (0.85)	0.48 (0.73)	3.3 (1)	<0.0001

**Notes:** Data are presented as mean ± 1SD for categorical variables and as number (%) for continuous variables. Data in bold indicates statistical significance.

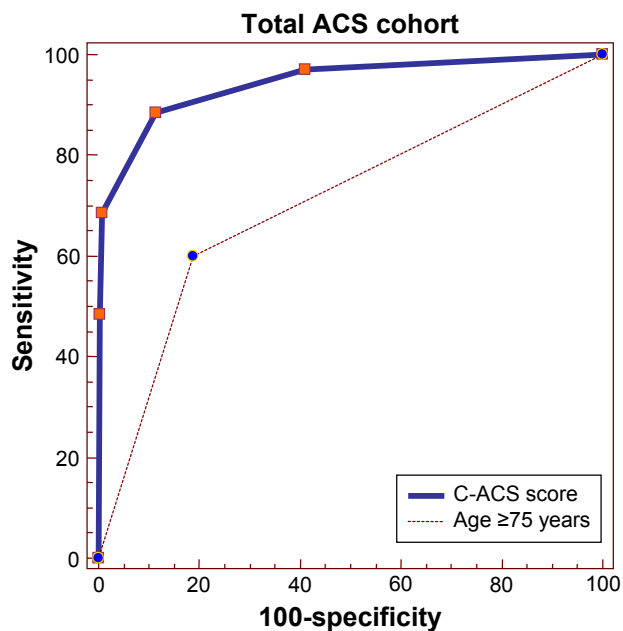
**Abbreviations:** ACS, acute coronary syndrome; y, years; DM, diabetes mellitus; SBP, systolic blood pressure; HR, heart rate; C-ACS, Canada Acute Coronary Syndrome scale; STEMI, ST-segment elevation myocardial infarction; NSTEMI-ACS, non ST-segment elevation acute coronary syndrome; SD, standard deviation.

with differences between geographical regions (9%–13%). Mortality in STEMI patients aged ≥75 years was not analyzed in this registry.

Chronological age is an independent risk factor for adverse outcomes in many conditions and is often included in risk indices.<sup>16</sup> However, the assessment of C-ACS score emerged as a superior predictor when compared with chronological age, respectively, with age ≥75 years, which represents only one parameter included in the C-ACS score.

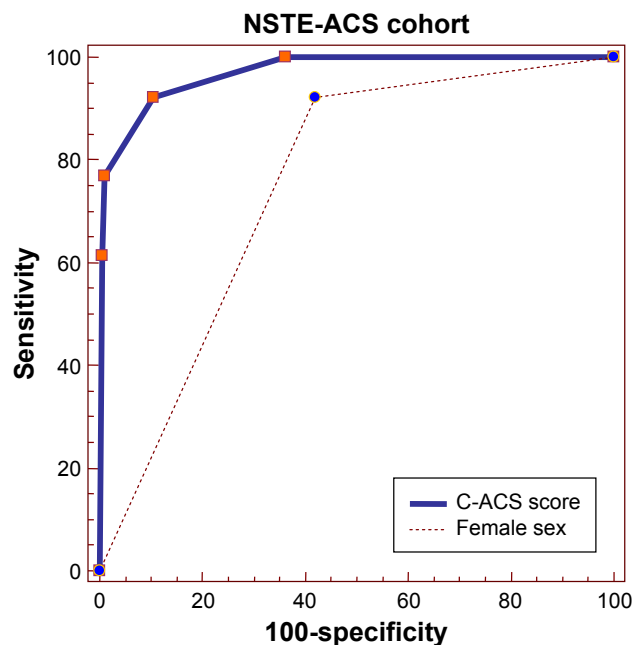
To our knowledge, this is the first study to endorse the C-ACS score in a broad spectrum of ACS patients in Romania. Comparing the predicted with the observed in-hospital mortality, we found out that, despite its simplicity, the C-ACS score enabled an accurate early risk stratification in all ACS patients.

The C-ACS score is an easy and practical risk score that includes only clinical data available at the first medical examination. In contrast to other risk-assessment tools,



**Figure 3** Receiver–operating characteristic (ROC) curves for C-ACS and age  $\geq 75$  years as independent predictors of in-hospital mortality in the total ACS cohort.

**Abbreviations:** C-ACS, Canada-acute coronary syndrome; ACS, acute coronary syndrome.

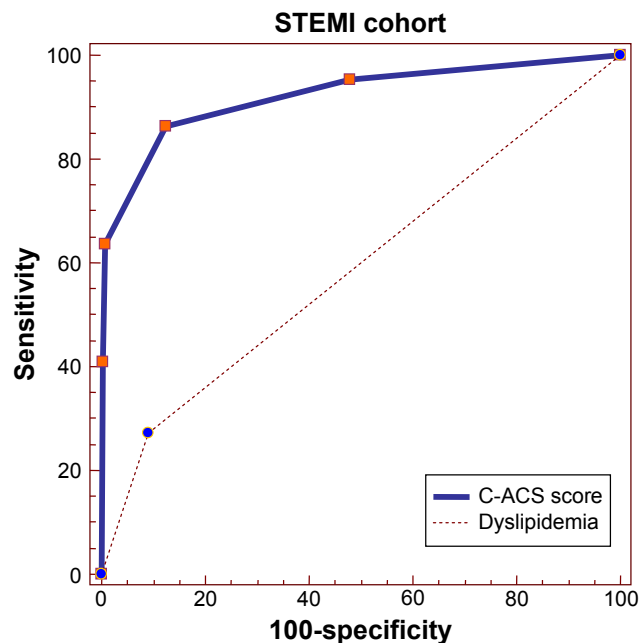


**Figure 5** Receiver–operating characteristic (ROC) curves for C-ACS and female sex as independent predictors of in-hospital mortality in the NSTEMI cohort.

**Abbreviations:** C-ACS, Canada-acute coronary syndrome; NSTEMI, non-ST-elevation acute coronary syndrome.

the C-ACS score provides an accurate estimation of risk applicable to all categories of ACS.

Over the past decades, several ACS risk estimation tools have been elaborated, developed, and validated. The GRACE



**Figure 4** Receiver–operating characteristic (ROC) curves for C-ACS and dyslipidemia as independent predictors of in-hospital mortality in the STEMI cohort.

**Abbreviations:** C-ACS, Canada acute coronary syndrome; STEMI, ST-elevation myocardial infarction.

score has showed an excellent performance in predicting both short- and long-term mortalities.<sup>5,17–19</sup> This risk score is appropriate for use in both STEMI and NSTEMI-ACS. Its main weakness is that it is relatively difficult to evaluate and it requires a calculator that is not always available in the daily clinical practice and also requires the results of certain laboratory data, for instance, an electrocardiogram, cardiac biomarkers, and serum creatinine levels, which may not be available at the first medical contact. The TIMI score is also applicable for use in both STEMI- and NSTEMI-ACS patients.<sup>20,21</sup> It is easier to calculate than the GRACE score, but it also requires access to the cardiac markers and an electrocardiogram. The predictive power of the TIMI score was revealed to be poorer when compared to GRACE score.<sup>6</sup>

The great advantage of the C-ACS score is that it only needs demographic and basic hemodynamic data. Regardless of the score’s simplicity, it is very useful in stratifying the risk level of ACS patients in the emergency department. It can also be applied at the patient’s home or in the ambulance, helping with the decision to send the patient to a hospital with facility of percutaneous coronary intervention (when necessary) and to choose the best medical therapy. The C-statistic for the C-ACS score was 0.94 (95% CI: 0.92–0.95) in the total ACS cohort, 0.92 (95% CI: 0.89–0.94) in STEMI patients, and 0.97 (95% CI: 0.95–0.98) in the NSTEMI-ACS patients.

Another risk stratification score based on demographic and initial hemodynamic data is the TIMI Risk Index. It uses age, HR, and SBP and it assigns the ACS patients into one of five risk categories. Each risk category of the STEMI patients is associated with a 24-hour, in-hospital, and 30-day mortality rate.<sup>21</sup> TIMI Risk Index was also validated in patients with NSTEMI-ACS.<sup>22</sup>

These simpler risk stratification scores in ACS patients, welcomed by the busy clinicians, may be however less accurate when compared to the more complex ones.<sup>23,24</sup> They are useful as initial risk-assessment tools, at the first medical examination, and should be followed during hospitalization by increasingly sophisticated risk evaluations.

The primary objective of a risk-prediction score is its forthcoming use in ACS patients to adapt therapy in agreement with the risk category. Until now, only limited data exist about the effect of risk assessment on mortality using traditional risk stratification scores, such as GRACE or TIMI.<sup>7</sup> Accordingly, the use of risk scores in the management of NSTEMI ACS patients was assigned by the European Society of Cardiology guidelines for a class I, with a level of evidence B,<sup>2</sup> while the American College of Cardiology/American Heart Association guidelines designated this procedure for class IIa, with a level of evidence B.<sup>25</sup>

## Conclusion

Our study showed that the C-ACS risk score performed well when used to evaluate the ACS patients using exclusively clinical data at first medical examination. Despite its simplicity, this risk-assessment tool was useful in all types of ACS. Age  $\geq 75$  years was associated with in-hospital mortality in the total ACS cohort and in the STEMI subgroup while female sex was associated with in-hospital mortality in the NSTEMI-ACS subgroup. Future studies are necessary to evaluate prospectively the C-ACS score regarding its impact on ACS therapy and subsequently on hospital mortality. We believe that the C-ACS risk score is satisfactory to guide routine clinical practice and to perform research activities concerning ACS treatment strategies.

## Limitations of the study

This study has several limitations, the most important one being the fact that it is based on data collected at the level of a single center. However, the advantage of this study design was that it allowed a unitary analysis of the medical records of all patients hospitalized during the analyzed 15 years. Another limitation is related to the use of the C-ACS risk score, that, although is easy to apply, lacks precision, being more a categorical than

a continuous scoring system. One of its variables, the Killip class evaluation, is totally dependent on the clinical evaluation and expertise of the examiner. We chose to use this risk score because it was applicable to the data we found in all medical records while the GRACE risk score was used in Romania only since 2012, when the European Society of Cardiology Guidelines for the management of ACSs were published.<sup>1</sup>

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## Author contributions

AP, DAB, and MCT – conception and design of the study, statistical analysis and interpretation of data, revising the manuscript for intellectual content, and drafting the article. IMC – design of the manuscript, help in drafting manuscript, and interpretation of data. FC – acquisition and interpretation of data. All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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