



Risk Factors of Anterior Circulation Intracranial Aneurysm Rupture: Extracranial Carotid Artery Tortuosity and Aneurysm Morphologic Parameters

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Background: This study was conducted to explore the risk factors of anterior circulation intracranial aneurysm rupture based on extracranial carotid artery (ECA) tortuosity.

Methods: This retrospective study, conducted from January 1, 2017, to March 1, 2021, collected and reviewed the clinical and imaging data of 308 patients with anterior circulation intracranial aneurysm [133 (43.2%) patients in the ruptured aneurysm group; 175 (56.8%) patients in the unruptured aneurysm group]. Computed tomography angiography (CTA) of the head and neck was used to determine the ECA tortuosity (normal, simple tortuosity, kink, coil) and the morphologic parameters of the aneurysms. The relationship of aneurysm rupture to ECA tortuosity and the morphologic parameters were analyzed.

Results: After univariate analysis, kink, angle of flow inflow (FA), aspect ratio (AR), aneurysm length (*L*), the distance from the tortuosity to the aneurysm (distance), and size ratio (SR) were significantly correlated with anterior circulation intracranial aneurysm rupture (p < 0.05). Spearman correlation analysis showed that ECA tortuosity was correlated with FA and SR (p < 0.05). Multiple logistic analyses showed that FA [odds ratio (OR), 1.013; 95% CI, 1.002–1.025], SR (OR, 1.521; 95% CI, 1.054–2.195), and kink (OR, 1.823; 95% CI, 1.074–3.096) were independently associated with aneurysm rupture.

Conclusion: Study results suggest that FA, SR, and ECA kink were independent risk factors associated with anterior circulation intracranial aneurysm rupture.

Keywords: aneurysm rupture, extracranial carotid artery tortuosity, morphologic parameters, intracranial aneurysm, CTA

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INTRODUCTION

Studies in the literature have reported that intracranial aneurysm prevalence rate can be as high as 3% (1, 2). After aneurysmal rupture, subarachnoid hemorrhage (SAH) often occurs. The incidence varies widely by region, with only 2 per 100,000 cases in China and 22.5 per 100,000 cases in Finland (3). Extracranial carotid artery (ECA) tortuosity is related to connective tissue diseases in which the shape of the ECA is different from the normal shape (4-6). Weibel and Fields (5) first divided ECA into simple tortuosity, kink, and coil according to their degree of tortuosity. ECA tortuosity is often associated with leukoaraiosis, a pathologic appearance of brain white matter, and ischemic stroke, dissecting aneurysms (7-9). However, research on the correlation between ECA tortuosity and intracranial aneurysm was carried out relatively late. It was not until 2017 that Labeyrie et al. (10) conducted a correlation study on ECA tortuosity and the occurrence of intracranial aneurysms. Studies have shown that greater ECA tortuosity will promote hemodynamic changes, leading to the progression of aneurysms (11). Labeyrie et al. (10) and Kliś et al. (12), through subjective observation and quantitative analysis, respectively, both concluded that ECA tortuosity is related to the occurrence of intracranial aneurysms, but it is not a factor for intracranial aneurysm rupture. The reason may be that their studies included the entire intracranial aneurysm, which would bias the experimental results. Taking into account our hypothesis, the ECA may cause rupture of an anterior circulation aneurysm but have little to no effect on posterior circulation aneurysms because of the distance of the ECA from the posterior circulation. Therefore, our study only considers aneurysms in the anterior circulation. The main risk factors for intracranial aneurysm progression and rupture are morphologic parameters and hemodynamics, and the two influence each other (13-15). First, hemodynamics are not easy to measure using computed tomography angiography (CTA). Second, most radiologists use CTA only to measure the morphologic parameters of intracranial aneurysms, and they do not include extracranial parameters. Therefore, we studied the ECA tortuosity and aneurysm morphologic parameters, and we further analyzed what factors were associated with anterior circulation intracranial aneurysm rupture.

MATERIALS AND METHODS

Patients

This retrospective study, conducted from January 1, 2017, to March 1, 2021, was approved by the Ethics Committee Review Board of The General Hospital of Northern Theater Command, and the patients or their family members provided written informed consent. The clinical and imaging data of patients with anterior circulation intracranial aneurysms were collected and reviewed. The inclusion criteria included (1) patients who were admitted to the hospital for aneurysm rupture and were diagnosed with aneurysm rupture-induced SAH by head and neck CTA (these patients were included in the rupture group), (2) patients with unruptured intracranial aneurysms found on incident and diagnosed by head and neck

CTA (these patients were included in the unruptured group), (3) patients with complete clinical and imaging data, and (4) patients with aneurysms and ECA tortuosity that could be accurately measured. The exclusion criteria included (1) patients with SAH caused by trauma, tumor, or other nonspontaneous causes; (2) patients who did not undergo head and neck CTA, or alternatively, the CTA could not distinguish ECA tortuosity; (3) patients with other vascular diseases, such as moyamoya disease and arteriovenous malformation; (4) patients with internal severe medical diseases; (5) patients with multiple intracranial aneurysms (two or more intracranial aneurysms); (6) patients with connective tissue disease associated with internal carotid artery tortuosity and genetic disease associated with intracranial aneurysms (fibromuscular dysplasia, Ehlers-Danlos syndrome, Marfan disease, etc.); and (7) patients with intracranial aneurysms in the posterior circulation. The flowchart of patient enrollment in our study is shown in Figure 1.

Clinical Information

The sex, age, medications (e.g., aspirin), and risk factors for aneurysms, including current smoking, alcohol use, diabetes mellitus, coronary artery disease, and hypertension, were acquired on admission from all patients.

Head and Neck CTA Scan and Image Analysis

All patients were scanned using the US GE Discovery CT 750 HD scanner (GE Healthcare, Milwaukee, WI, USA). Patients were placed in the supine position, with their upper limbs lying flat on both sides of their body and the head slightly inclined. The scan range was from the level of the aortic arch to the top of the skull. Scanning parameters were as follows: 100 kV, 120 mAs, 40-mm collimator width, 25-cm field of view, 5-mm layer thickness, 5-mm layer spacing, and iodixanol contrast agent (270 mg/ml) with a dosage of 60 ml and an injection rate of 5 ml per second, *via* elbow vein injection. The original scanned image was processed in thin layers (0.625 mm) by the post-processing workstation to obtain a boneless blood vessel virtual reality (VR) image; two experienced neuroradiologists collected and measured the morphological parameters and ECA tortuosity of the aneurysm and measured them together (Yusong Pei, Xinxin Qiao).

Determination of Aneurysm Location and Aneurysm Morphology

The criteria for determining aneurysm location (obtained *via* head CTA) were based on the following landmarks: (1) the internal carotid artery, (2) the middle cerebral artery, (3) the anterior cerebral artery, (4) the anterior communicating artery, and (5) the posterior communicating artery. Aneurysm morphology was labeled as regular (no lobes, smooth, no ascus, no protrusion, saccular, or cone).

Measurement of Intracranial Aneurysm Morphologic Parameters

The following list includes the morphologic parameters used in this study and their definitions: (1) aneurysm length (L): the maximum height from the diameter of the aneurysm to the wall



of the aneurysm; (2) aneurysm height (*H*): the maximum vertical distance from the aneurysm diameter plane to the top of the aneurysm; (3) aneurysm neck diameter (*D*): the width of the two edge lines perpendicular to the aneurysm diameter; (4) the main diameter of the vessel (Dm): for lateral wall aneurysms, Dm = (D1 + D1a)/2; for triadic aneurysms, Dm = (Dv1 + Dv2 + Dv3)/3, Dv1 = (D1 + D1a)/2, Dv2 = (D2 + D2a)/2, and Dv3 = (D3 + D3a)/2, D1a (D2a, D3a) = along the direction of blood flow, the diameter of the artery at a distance of 1.5 times D1 (D2,

D3); (5) size ratio (SR): the ratio of the long neck of the aneurysm to the average diameter of the aneurysm-bearing artery; (6) aspect ratio (AR): the ratio of H to D; (7) angle of flow inflow (FA): the angle between the direction of blood flow and the radial plane of the aneurysm; and 8) aneurysm dip angle (AA): the angle between the maximum height of the aneurysm and the plane of the aneurysm diameter. According to the characteristics of different aneurysms, different measurement methods were used. Aneurysms were divided into end-wall aneurysms and side-wall

aneurysms. Aneurysm-related measurement methods are shown in **Figure 2**.

Definition of ECA Tortuosity

According to the standards of Weibel et al. and Paulsen et al. (5, 16), our study divided the ECA tortuosity into four types: (1) normal: ECA is almost linearly shaped; (2) simple tortuosity: ECA becomes slightly tortuous and develops an "S" shape; (3)

kink: the ECA becomes more tortuous and develops a ">" or "<" shape; and (4) coil: ECA tortuosity is extensive and develops a "U" shape. The distance from the tortuosity to the aneurysm (distance) was also measured. Determination of tortuosity of the internal carotid artery: for an anterior communicating aneurysm, the side with more severe ECA tortuosity on both sides was selected; for other aneurysms, the ECA tortuosity on the side of the ruptured aneurysm was selected (**Figure 3**).



FIGURE 2 Two kinds of aneurysm parameters were measured. (A) End-wall aneurysm; (B) side-wall aneurysm. L = the maximum height from the diameter of the aneurysm to the wall of the aneurysm; H = the maximum vertical distance from the aneurysm diameter plane to the top of the aneurysm; D = the width of the two edge lines perpendicular to the aneurysm diameter; Dm, for lateral wall aneurysms, Dm = (D1 + D1a)/2; for triadic aneurysms, Dm = (Dv1 + Dv2 + Dv3)/3, Dv1 = (D1 + D1a)/2; Dv2 = (D2 + D2a)/2, and Dv3 = (D3 + D3a)/2; D1a (D2a, D3a) = along the direction of blood flow, the diameter of the artery at a distance of 1.5 times D1 (D2, D3); FA = the angle between the direction of blood flow and the radial plane of the aneurysm; AA = the angle between the maximum height of the aneurysm and the plane of the aneurysm diameter.



TABLE 1 | Univariate analysis of factors associated with intracranial aneurysm rupture.

	Ruptured group ($n = 133$)	Unruptured group ($n = 175$)	<i>p</i> -value	
Age, years, mean \pm SD	59 ± 11	62 ± 11	0.076	
Clinical factors, n (%)				
Current smoker	51 (38.3%)	64 (36.6%)	0.750	
Current drinker	24 (18.0%)	47 (26.9%)	0.069	
Hypertension	73 (54.9%)	106 (60.6%)	0.317	
Diabetes mellitus	10 (7.5%)	20 (11.4%)	0.252	
Coronary disease	6 (4.5%)	15 (8.6%)	0.161	
Taking aspirin history	13 (9.8%)	26 (14.9%)	0.184	
Sex, M	59 (44.4%)	85 (48.6%)	0.463	
Location, n (%)				
ICA	35 (26.3%)	61 (34.9%)	0.109	
MCA	18 (13.5%)	36 (20.6%)	0.108	
ACA	25 (18.8%)	24 (13.7%)	0.227	
ACOA	22 (16.5%)	21 (12.0%)	0.255	
PCOA	33 (24.8%)	33 (18.9%)	0.207	
ECA tortuosity, n (%)				
Normal	16 (12.0%)	34 (19.4%)	0.081	
Simple tortuosity	54 (40.6%)	88 (50.3%)	0.091	
Kink	55 (41.4%)	40 (22.9%)	< 0.001	
Coil	8 (6.0%)	13 (7.4%)	0.626	
Distance	156.3 (133.9–178.7)	160.3 (144.6–186.6)	0.031	
Parameter, IQR				
FA	110.20 (90.20–125.45)	99.20 (78.80–110.20)	< 0.001	
AA	70.60 (60.50–97.70)	70.60 (60.0–95.20)	0.519	
Н	2.80 (2.00–3.65)	2.40 (1.80–3.60)	0.151	
D	2.80 (2.10–3.85)	3.00 (2.40–3.90)	0.130	
AR	1.00 (0.74–1.21)	0.92 (0.59–1.12)	0.006	
L	3.10 (2.60–4.70)	2.80 (2.20-4.10)	0.012	
SR	1.96 (1.38–2.26)	1.50 (1.15–2.06)	< 0.001	
Morphology, n (%)				
Ascus	21 (15.8%)	19 (10.9%)	0.202	
Irregular	25 (18.8%)	47 (26.9%)	0.098	

SD, standard derivation; IQR, interquartile range; ICA, internal carotid artery; MCA, middle cerebral artery; ACA, anterior cerebral artery; ACOA, anterior communicating artery; PCOA, posterior communicating artery; ECA, extracranial carotid artery; FA, angle of flow inflow; AA, aneurysm dip angle; H, aneurysm height; D, aneurysm neck diameter; AR, aspect ratio; L, aneurysm length; SR, size ratio.

Statistical Analysis

Categorical variables were expressed as frequency or percentage. Normally distributed continuous variables were represented by mean and SD, and non-normally distributed data were represented by quartiles and interquartile range (IQR). The independent samples t-test was used for normally distributed data, and the Mann-Whitney U test was used for nonnormally distributed data. Chi-square testing was used for categorical variables. First, univariate analysis of the clinical data and the imaging parameters of the aneurysms in the rupture group and the unruptured group was performed. Second, Spearman correlation was used to analyze the relationship between ECA tortuosity and the morphologic parameters of the intracranial aneurysm. Finally, the factors with significance in the univariate analysis were corrected, and those with p < p0.10 in the univariate analysis were included in the multivariate logistic analysis. Interobserver agreement was assessed using the kappa statistic (*K*) and single measures statistic (intraclass correlation efficient, ICC). K > 0.6 was considered good agreement, whereas K > 0.8 was considered excellent; ICC > 0.75 was considered excellent (17–19). All *p*-values were two-sided, and statistical significance was defined as p < 0.05. All data were analyzed from December 15, 2020, to January 10, 2021, using the Statistical Package for Social Sciences of Windows, version 24 (IBM Corporation, Armonk, NY, USA).

RESULTS

Interreader Agreement in Evaluation of FA, AA, H, D, L, Distance, and ECA Tortuosity

The CTA quality met the diagnostic standard and allowed the neuroradiologist to measure FA, AA, H, D, L, distance, and ECA tortuosity; images of some patients were excluded due to poor

TABLE 2 | Spearman analysis of ECA tortuosity and the morphologic parameters of aneurysms.

	FA		SR	
	r	р	r	p
ECA tortuosity	0.312	<0.001	0.210	<0.001

ECA, extracranial carotid artery; FA, angle of flow inflow; SR, size ratio; r, Spearman correlation coefficient.

quality. The agreement between readers was excellent for FA (ICC = 0.976), AA (ICC = 0.962), *H* (ICC = 0.953), *D* (ICC = 0.932), *L* (ICC = 0.974), distance (ICC = 0.968), and ECA tortuosity (K = 0.992).

Univariate Analysis of the Ruptured Group and the Unruptured Group

Of the 308 patients [mean age \pm SD, 61 \pm 11 years; 144 men (46.7%)] included in the study, the results of the univariate analysis showed that the differences in kink, FA, AR, *L*, distance, and SR were significant (p < 0.05) (**Table 1**).

Spearman Analysis Between ECA Tortuosity and the Morphologic Parameters of Aneurysms

Results of the Spearman analysis showed that only FA (r = 0.312, p < 0.001) and SR (r = 0.210, p < 0.001) were correlated with ECA tortuosity. The greater the degree of tortuosity of the ECA, the greater the FA and SR (**Table 2**).

Multivariate Logistic Analysis of Risk Factors for Aneurysm Rupture

Multivariate logistic analysis takes SAH as the dependent variable and takes age, current drinker, normal, simple tortuosity, kink, distance, FA, AR, *L*, SR, and irregular as independent variables. After multivariate analysis, FA (OR, 1.013; 95% CI, 1.002–1.025; p = 0.017), SR (OR, 1.521; 95% CI, 1.054–2.195; p = 0.025), and ECA kink (OR, 1.823; 95% CI, 1.074–3.096; p = 0.026) were significantly different (p < 0.05). They were independent risk factors associated with intracranial aneurysm rupture. However, it did not differ in current drinker, age, ECA normal, ECA simple tortuosity, distance, AR, *L*, and irregular (p > 0.05) (**Table 3**).

DISCUSSION

Our study found that FA and SR were independently associated with intracranial aneurysm rupture, which is consistent with the studies of Jiang et al. (20) and Juvela (21). Our study also found that ECA kink is an independent risk factor associated with aneurysm rupture. This is inconsistent with the study of Labeyrie et al. (10), whose conclusion was that ECA tortuosity was not associated with rupture. The probable reason for this is that they considered all intracranial aneurysms, whereas we only included intracranial aneurysms from the anterior circulation. Another reason may be that they included a small sample size or a population of people with a different race/ethnicity. $\ensuremath{\mathsf{TABLE 3}}\xspace$] Multivariate analysis of anterior circulation intracranial aneurysm rupture risk factors.

	OR value	<i>p</i> -value	95% CI	
Current drinker	0.579		0.316	1.056
Age	0.984	0.140	0.962	1.005
Normal	0.911	0.871	0.297	2.799
Simple tortuosity	1.243	0.672	0.454	3.406
Kink	1.823	0.026	1.074	3.096
Distance	0.994	0.120	0.986	1.002
FA	1.013	0.017	1.002	1.025
SR	1.521	0.025	1.054	2.195
AR	1.166	0.566	0.690	1.970
L	0.900	0.271	0.745	1.086
Irregular	0.685	0.209	0.380	1.236

FA, angle of flow inflow; SR, size ratio; AR, aspect ratio; L, aneurysm length.

ECA tortuosity can cause the original cranial blood flow pattern to change, which causes abnormal hemodynamics resulting in a change in the vascular structure. Changes in the vascular structure make the aneurysm-bearing artery vulnerable within its environment. Based on the study of the correlation between ECA tortuosity and aneurysm morphologic parameters, we concluded that ECA tortuosity was associated with FA, and Spearman correlation analysis showed that the greater the degree of tortuosity of the ECA, the greater the FA. We suspect that ECA tortuosity causes the blood flow trajectory of an aneurysmbearing artery to shift, thereby causing its FA to increase. Skodvin et al. (22) pointed out that the larger the FA, the more likely the aneurysm is to rupture. When the FA value increases, which could induce an unfavorable hemodynamic environment, more complicated flow pattern and the wall shear stress (WSS) of the aneurysm can be relatively increased (23), which is likely to cause the aneurysm to rupture (24). Studies have highlighted that FA, as the most common hemodynamics parameter, is the strongest influencing factor leading to aneurysmal rupture (25). However, because the instantaneity of the blood flow of an aneurysm is relatively uncertain, FA serves as an accurate measure at the moment of aneurysm rupture. Therefore, FA has not been regarded as an independent risk factor in clinical practice, and it should be analyzed jointly with other factors. Future studies should perform a combined analysis of ECA kink (as a cofactor) and FA to establish a new system of predicting aneurysmal rupture, to improve the treatment of aneurysms, and ultimately, to prevent rupture.

Our study results suggest that SR was an independent risk factor associated with aneurysmal rupture. SR was first proposed by Dhar et al. (26) to be related to aneurysm rupture. Kang et al. (27) found that the greater the SR value, the higher the risk of aneurysm rupture, which was also found in our study. Compared with the AR value, which only considers the shape of the aneurysm itself, SR introduces the diameter of the aneurysmbearing artery, which is more comprehensive, and its threshold is more stable (the threshold value of the ratio is \sim 1.8–2). We concluded that ECA tortuosity was associated with SR, and



Spearman correlation analysis showed that the greater the degree of tortuosity of the ECA, the greater the SR. We suspect that ECA tortuosity would first lead to changes in FA, and with long-term changes in FA, it would lead to changes in the SR of intracranial aneurysms.

In recent years, there have been many correlation studies on the influence of morphologic parameters on aneurysm rupture. It is known that AR, SR, L, and other related indicators are significantly related to aneurysm rupture, but most of these studies used univariate analyses. Considering the correlation between morphologic parameters, the results of multivariate analyses may deviate greatly from those of univariate analyses. Dhar et al. (26) first conducted a multivariate analysis of the relationship between morphologic parameters and aneurysm rupture and found that only SR and FA were independent risk factors. However, univariate analysis showed that six morphologic factors were significantly correlated with aneurysm rupture. We examined univariate factors, and the results suggest that AR, SR, L, kink, and FA were significantly correlated. According to the comparison between the morphologic parameters of ECA and aneurysms, we found that FA and SR were associated with ECA. Before the multivariate logistic analysis, we considered that there might be a colinear relationship between them, but in the end, there was no colinear relationship found. Finally, it was concluded that FA, SR, and ECA kink were independent risk factors associated with aneurysm rupture.

In conclusion, our study results suggest that ECA kink was independently associated with the rupture of anterior circulation intracranial aneurysm. The main mechanism of intracranial aneurysm rupture is morphological change and hemodynamic change. Firstly, ECA kink changes hemodynamics, leading to an increase in FA. Secondly, with the increase of FA, the vascular wall was gradually affected, resulting in a gradual change in the morphological parameters (SR) of aneurysms. Finally, both morphological and hemodynamic changes synthetically lead to rupture of intracranial aneurysm (**Figure 4**).

There are several limitations of our study. First, this study was a retrospective analysis at a single center. For example, considering our hypothesis, if ECA had a coil shape, the risk of intracranial aneurysm rupture was higher, but because of the low incidence of the coil itself and the small sample size (21 cases), our study could not conclude that ECA coil was directly related to rupture. In the future, we will increase the sample size in a multicenter prospective research approach. Second, vasospasm after aneurysm rupture has an effect on the study measurements, but the peak period for vasospasm occurrence is \sim 5 days. Most of this study was measured within 24 h after rupture; therefore, the effects of vasospasm may have been missed. Third, our study did not include hemodynamics. In the future, we will discuss the influence of hemodynamics, and this study will be more complete. Finally, this research involved the manual measurement of the morphologic parameters of aneurysms, which will inevitably produce certain errors. We will use related software to take more precise measurements in the future.

CONCLUSION

Our study results suggest that ECA kink was associated with intracranial anterior circulation aneurysm morphologic parameters. Further, FA, SR, and ECA kink were independent risk factors associated with the rupture of intracranial anterior circulation aneurysms.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by The Ethics Committee of the General Hospital of the

Northern Theater Command of the People's Liberation Army of China. The patients/participants provided their written informed consent to participate in this study.

AUTHOR CONTRIBUTIONS

YP, ZX, and YD conceived the project idea and wrote the paper. GL and HJ provided the clinical data and follow-up. XQ and HY collected the imaging data. YP, ZX, and HY provided the imaging

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analysis. DX sorted medical images and clinical dates. YD and BY supervised the project. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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