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Original paper

Differentiating gallbladder cancer from polyps using non-enhanced magnetic resonance imaging

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Abstract

Purpose: This retrospective cohort study assessed the efficiency of non-enhanced magnetic resonance imaging (MRI) for differentiating gallbladder cancer (GBC) from gallbladder polyps (GBPs) measuring \geq 10 mm.

Material and methods: Patients diagnosed with GBCs or GBPs \geq 10 mm and GBC \leq T2 stage were eligible for inclusion. Two independent blinded readers assessed the continuity of the mucosal and muscular layers (CMML; present or absent) and normalised signal intensity ratio (NIR) on the apparent diffusion coefficient map (NIR-ADC), T1-weighted image (NIR-T1WI), and T2-weighted half-Fourier acquisition single-shot turbo spin-echo image. Univariate and multivariate logistic regression analyses and interobserver agreement analyses were performed to detect predictive variables differentiating GBCs from GBPs. Receiver operating characteristic (ROC) analysis was performed to evaluate diagnostic performance. A reproducibility test was performed to verify the predictive variables.

Results: Multivariate analysis showed significant differences in CMML, NIR-ADC, and NIR-T1WI (p < 0.001). The positive predictive value (PPV) and specificity of the absence of CMML were approximately 100%. The CMML showed the best specificity, accuracy, and PPV in the reproducibility study. The sensitivity of CMML alone was approximately 50%, whereas it increased to approximately 70% when combined with NIR-ADC. The diagnostic performance of the combination, including sensitivity, was almost like that of tumour size. The combined tumour size and CMML assessment showed higher diagnostic performance than tumour size alone.

Conclusions: The absence of CMML and NIR-ADC \leq 1.86 helped in differentiating GBCs from GBPs. Evaluation of the absence of CMML and measurement of tumour size could better aid in determining between the two than measurement of tumour size alone.

Key words: gallbladder, gallbladder neoplasms, gallbladder cancer, polyps, magnetic resonance imaging, diffusion magnetic resonance imaging.

Introduction

Gallbladder cancers (GBCs) are highly aggressive tumours with a 5-year survival rate of approximately 20% [1]; 90% of cases are diagnosed with metastases or local advancement. The absence of the muscularis mucosa/submucosa and the continuity of connective tissue of the gallbladder along the hepatic surface with the interlobular

connective tissue facilitates local extension or metastasis of GBCs, which may play a role in poor prognosis [2,3].

Complete surgical resection is the only curative treatment for GBCs [4], while laparoscopic cholecystectomy is usually performed for gallbladder polyps (GBPs) where there is no suspicion of GBC. Incidental GBC can be detected in 0.3-2.1% of patients who undergo laparoscopic cholecystectomy for benign gallbladder tumours [2,5,6]. In cases of an assumed benign GBP preoperatively, which de-

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A Study design · B Data collection · C Statistical analysis · D Data interpretation · E Manuscript preparation · F Literature search · G Funds collection

velops intraoperative bile leakage and postoperative pathology reveals a GBC, the patient may be at risk of peritoneal dissemination. If a patient is suspected of having a GBC preoperatively, open cholecystectomy can be chosen to reduce the risk of bile leakage; hence, a preoperative diagnosis of GBC is vital to reduce postoperative recurrence [7,8].

A tumour size ≥ 10 mm serves as a crucial indicator for differentiating GBCs from GBPs [2,9-11]. However, when used as a surgical criterion for GBPs, approximately 50% of GBPs meet this indication [12]. In addition, only 30-50% of all GBCs are diagnosed preoperatively, and the remaining cases are detected during surgery or by postoperative pathology [13,14]. Therefore, additional imaging findings are imperative to enhance diagnostic performance.

Dynamic contrast computed tomography (CT) has proven effective in distinguishing GBCs from GBPs [11,15]. However, CT is not routinely performed for the preoperative evaluation of a GBP in the absence of suspected GBC. In contrast, non-enhanced magnetic resonance imaging (MRI), including cholangiopancreatography, is widely utilised for lesion evaluation, encompassing GBPs and the preoperative assessment of bile duct anatomy [10,11]. The ability of preoperative non-enhanced MRI to differentiate GBCs from GBPs may translate into improved surgical strategies and clinical outcomes.

Linear low-signal intensity representing the mucosal and muscular layers of the normal gallbladder wall in a half-Fourier acquisition single-shot turbo spin-echo (HASTE) sequence during MRI has been reported to be a valuable tool for differentiating GBCs from cholecystitis and adenomyomatosis [16]. Additionally, a loss of low-signal intensity at the tumour base can aid in determining T1a lesions from T1b or higher in the TNM classification of GBCs [17]. Hence, the HASTE sequence may help in distinguishing GBCs from GBPs.

Diffusion-weighted imaging (DWI), which measures the mobility of water in tissues to assess tissue cellularity and microenvironment, was performed. The utility of an apparent diffusion coefficient (ADC) map generated by calculating the ADC values from DWI has been reported in differentiating GBC from other benign lesions, tumour grading prediction, and forecasting prognosis [18-23]. While some studies on GBCs and GBPs have also been performed, GBPs were often assessed as part of inflammatory and other diseases, and the number of GBPs was limited (< 10) [18,19]. We hypothesise that valuable findings, in addition to size measurement on non-enhanced MRI, may aid in differentiating GBCs from GBPs.

Gallbladder lesions < 10 mm are less likely to be malignant [2,9-11]. GBCs \geq T3 in the TNM classification invade surrounding tissues and are easily differentiated from benign lesions [24]. Accordingly, we believe that the differentiation between GBCs and GBPs \geq 10 mm and GBCs \leq T2 stage preoperatively is crucial to improve patient outcomes and aid in decision-making regarding the optimal surgical approach.

This study aimed to assess the usefulness of non-enhanced MRI for differentiating GBCs from GBPs \geq 10 mm.

Material and methods

Patient selection

This retrospective cohort study was approved by our institution's review board. Due to the study's retrospective nature, the need for informed consent was waived. The records of patients with a pathologically proven GBC or GBP were reviewed when the clinical information became available. All patients underwent surgery between January 2010 and April 2022 and were pathologically confirmed to have GBCs or GBPs. Patients with (a) a GBC or GBP \geq 10 mm on pathological reports, (b) GBC \leq T2 stage according to the TNM classification [25], and (c) a preoperative MRI at our institution were included in the study. The exclusion criteria were as follows: patients with (a) a GBC or GBP < 10 mm on the pathological report, (b) GBC \geq T3 stage, (c) incomplete image data due to non-routine protocols or artifacts, and (d) MRI imaging performed at another institution.

The approval of the Bioethics Committee for the research number: 34-209(11360).

MRI scanning protocol

All patients underwent MRI on a 1.5-Tesla MR unit (MAGNETOM Avanto (n = 69) or MAGNETOM Symphony, A Tim System (n = 2), Siemens Medical Solutions, Erlangen, Germany) with a 6-channel body matrix coil, or a 3.0-Tesla MR unit (MAGNETOM Skyra (n = 16) or MAGNETOM Vida (n = 3), Siemens Medical Solutions, Erlangen, Germany) with an 18-channel body coil.

Transverse T1-weighted imaging (T1WI) was performed using fat-saturated 2D or 3D gradient echo (2D fast low-angle shot or 3D volumetric interpolated breathhold sequence). Of the 69 cases performed with Avanto, 43 and 26 were obtained using a 2D and 3D gradient echo, respectively. The remaining cases were evaluated using 3D gradient echo. Transverse and coronal T2-weighted images were obtained using HASTE sequences. For the Avanto and A Tim Systems, transverse DWI was performed as a singleshot echo-planar imaging pulse sequence with b-values of 50 and 800 s/mm² using respiratory triggering; for Skyra and Vida, b-values of 50, 800, or 1000 s/mm² were used. The number of patients scanned and the *b*-values used were as follows: one patient by Vida ($b = 800 \text{ s/mm}^2$), 2 by Vida ($b = 1000 \text{ s/mm}^2$), 8 by Skyra ($b = 800 \text{ s/mm}^2$), and 8 by Skyra ($b = 1000 \text{ s/mm}^2$). ADC maps were automatically generated using an operating console. The MRI pulse sequence parameters are listed in Supplementary Table 1.

Imaging analysis

Two abdominal radiologists with 15 and 5 years of experience, respectively, who were blinded to the pathological diagnosis and clinical information, retrospectively reviewed the anonymised MRI images on a picture archiving and communication system workstation monitor.

Table 1. Results of patient and tumour characteristics

Variable	GBC (n = 39)	GBP (n = 51)	<i>p</i> -value	
Age (years)	73 (57.0-78.0)	49 (39.0-60.5)	< 0.001	
Sex				
Male	24 (61.5)	36 (70.6)	0.37	
Female	15 (38.5)	15 (29.4)		
Tumour location				
Neck	5 (12.8)	9 (17.6)	> 0.05	
Body	15 (38.5)	21 (41.2)		
Fundus	19 (48.7)	21 (71.2)		
Pathological tumour size (mm)	31.0 (19.3-46.0)	11 (10.0-15.0)	< 0.001	
Methods of surgery				
Laparoscopic choledochotomy	15 (38.5)	42 (82.4)	a	
Simple cholecystectomy	6 (15.4)	6 (11.8)		
Extended cholecystectomy	13 (33.3)	2 (3.9)		
Extended cholecystectomy with hepatectomy	5 (12.8)	1 (2.0)		
T-stage				
Tis	3 (7.7)	_		
T1a	10 (25.6)	-		
T1b	6 (15.4)	-		
T2	20 (51.3)	_		

^aThere was a significant difference between laparoscopic choledochotomy and extended cholecystectomy, and between laparoscopic choledochotomy and extended cholecystectomy with hepatectomy; *p*-values were 0.00 and 0.02, respectively. Numbers in parentheses represent percentages. Age and pathological tumour size are expressed as median and interquartile range (25th-75th percentile).

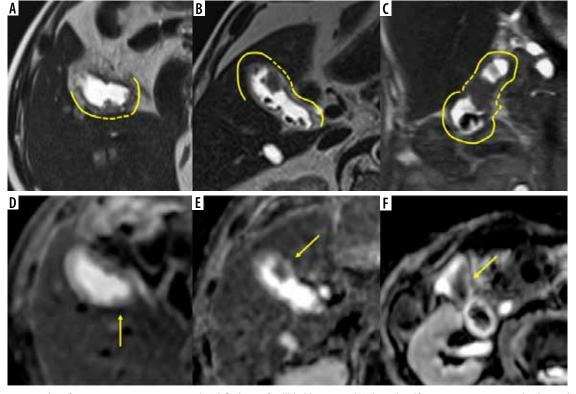


Figure 1. Examples of magnetic resonance imaging (MRI) findings of gallbladder cancer (GBC). A-C) Half-Fourier acquisition single-shot turbo spin-echo images. D-F) Apparent diffusion coefficient (ADC) map images. C) Coronal and (A, B, D-F) axial images. A, D) A 76-year-old male with a T2 GBC. B, E) A 78-year-old male with a T2 GBC. C, F) A 78-year-old female with a T2 GBC. A-C) The tumour sizes were 11, 14, and 14 mm, respectively. A-C) The continuity of the mucosal and muscular layers in the area adjacent to the lesion is absent. Yellow lines on the image indicate preserved mucosal and muscular layers; yellow dotted lines indicate interruption. D-F) The normalised signal intensity ratio on the ADC map was 1.626, 1.606, and 1.498, respectively

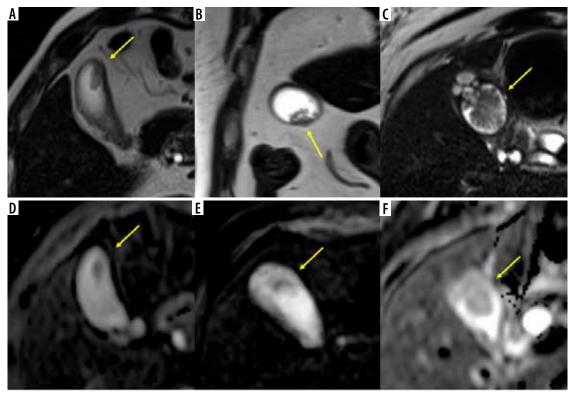


Figure 2. Examples of magnetic resonance imaging (MRI) findings of a gallbladder polyp (GBP). A-C) Half-Fourier acquisition single-shot turbo spin-echo images. D-F) Apparent diffusion coefficient (A,D,C) map images. B) Coronal and (A, C-F) axial images. A, D) A 58-year-old male with a GBP. B, E) A 73-year-old male with a GBP. C, F) A 65-year-old female with a GBP. A, C) The tumour sizes were 15, 23, and 26 mm, respectively. A-C) The continuity of the mucosal and muscular layers in the area adjacent to the lesion is present. D-F) The normalised signal intensities ratio on the ADC map were 1.931, 2.340, and 1.322, respectively

When 2 or more lesions were present, and no histological difference was observed between the lesions in the same case, the largest lesion was selected for evaluation.

For qualitative analysis, the following imaging parameters were evaluated: (a) lesion shape (pedunculated or sessile-shaped), (b) lesion margin (well- or ill-defined), (c) basis indentation (present or absent), (d) continuity of the mucosal and muscular layers (CMML) (present or absent), (e) gallstone (present or absent), and (f) lymphadenopathy > 10 mm in minimum diameter (present or absent). The lesion shape was classified as pedunculated or sessile-shaped based on the classification of Ishikawa et al. [26]. Basis indentation was defined as the concavity of the wall in contact with the lesion or the lesion itself. In the presence of an uninterrupted low-signal intensity layer on HASTE showing mucosal and muscular layers, CMML was considered to be present. CMML was considered absent when it was interrupted or absent due to the invasion of cancer, which showed a different signal intensity than the mucosal and muscular layers (Figures 1 and 2). When the inside of the gallbladder showed a low signal on HASTE due to sludging of bile in the gallbladder, the layer was additionally evaluated on T1WI.

For quantitative analysis, the following imaging parameters were evaluated: (a) maximum tumour diameter and (b) signal intensity of the lesion on T1WI, HASTE,

and ADC map. For normalisation, the signal intensity of the lesion on each sequence was divided by the signal intensity of the spinal cord as a control, which differs little between each patient unless affected by neurological pathology [23]. This divided value was named the normalised signal intensity ratio (NIR) and was calculated as follows:

 $NIR = \frac{\text{(mean intensity of the lesion)}}{\text{(mean intensity of the spinal cord)}}$

The region of interest (ROI) was set to the largest portion of the tumour and the lumbar enlargement on the T1WI, HASTE, and ADC map to measure the signal intensity of the lesion and spinal cord. The signal intensity was measured twice by setting the ROI, and the average value was used for the calculation.

Reproducibility test

A reproducibility test was performed by 2 other radiologists with 5 and 4 years of experience, respectively, using only selected variables that showed statistical significance in the multivariate analysis. The maximum tumour diameter was measured to compare the results with tumour size. They independently evaluated images by referencing all imaging sequences available for lesion detection.

Tumour size plays a critical role in differentiating a GBC from a GBP [2,3,9-11]; the size of a GBC and GBP in the reproducibility test was limited to those less than or equal to the maximum diameter of the GBP.

Statistical analysis

Qualitative variables were analysed using the χ^2 or Fisher's exact test, while the Mann-Whitney U test was used for quantitative analysis. Tukey's honestly significant difference test was used for multiple comparisons among 3 or more groups. Interobserver agreement was evaluated by calculating Cohen's κ coefficient and intraclass correlation coefficients (ICCs), which were classified as follows: 1.0, perfect agreement; 0.81-0.99, almost perfect agreement; 0.61-0.80, substantial agreement; 0.41-0.60, moderate agreement; 0.21-0.40, fair agreement; and \leq 0.20, slight agreement. A multivariate analysis was performed using the variables that showed significant differences between GBCs and GBPs in the univariate analysis and the knowledge and clinical judgment from previous reports [2,3,9-11]. Tumour size was excluded as a multivariate analysis variable for this study to identify additional characteristic findings beyond size.

The diagnostic performance (sensitivity, specificity, accuracy, positive predictive value (PPV), and negative predictive value (NPV)) of each quantitative variable was estimated using receiver operating characteristic (ROC) analysis. The optimal thresholds for differentiating between the GBC and GBP groups were chosen based on the highest possible sensitivity and specificity on the ROC curves.

Statistical analyses were performed using SPSS version 25.0 (IBM Corp. SPSS for Windows, Armonk, NY, USA). Statistical significance was set at p < 0.05.

Results

Ninety lesions (39 GBCs and 51 GBPs) were included in the study (Figure 3). The cohort consisted of 60 men and 30 women, with an average age of 57.5 years (range: 24-87 years). Based on the TNM classification [25], GBCs were Tis, T1a, T1b, and T2 in 3 (7.7%), 10 (25.6%), 6 (15.4%), and 20 (51.3%) lesions, respectively. There were no cases in which GBC and GPP \geq 10 mm were present simultaneously. The average interval between MRI investigation and surgery was 41 \pm 36.5 days. The results of the patient and tumour characteristics analyses are summarised in Table 1. Age and pathological tumour size showed significant intergroup differences (p < 0.001).

The results of qualitative, quantitative, and reproducibility analyses are summarised in Table 2. Examples of GBC and GBP images are shown in Figures 1 and 2. In the qualitative evaluation, lesion shape, gallstone, and CMML showed statistically significant differences for both readers (p < 0.001). The presence of gallstone and absence of

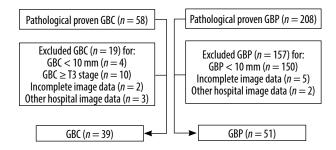


Figure 3. Flow diagram summarizing the patient sampling process GBC – gallbladder cancer, GBP – gallbladder polyp.

CMML showed substantial agreement in Cohen's κ coefficient. Quantitative analysis showed that tumour size and NIR on the T1WI, HASTE, and ADC map were statistically significant for both readers. The highest AUCs (area under the curve) were as follows: tumour size, 0.92, and NIR-ADC, 0.82. All variables in the quantitative analysis showed substantial agreement or better ICC values.

The diagnostic performance results are summarised in Table 3. The PPV of CMML was approximately 100%. The cut-off value of tumour size was 13 mm, and the cut-off ratios of the NIR-T1WI, NIR-HASTE, and NIR-ADC map were 1.11, 2.77, and 1.86, respectively.

The results of the multivariate logistic regression analysis were as follows: there were significant differences in CMML, NIR-T1WI, and NIR-ADC between GBC and GBP (odds ratio: 46.90, 5.99, 9.82; 95% confidence interval: 5.43-404.94, 1.24-28.92, 2.52-38.32; *p*-value: < 0.001, 0.03, < 0.001, respectively). NIR-HASTE did not show statistically significant differences between groups (*p*-value > 0.05). The results of the multivariate logistic regression analysis are summarised in Supplementary Table 2.

The results of the reproducibility tests are summarised in Table 4. Fifteen GBC lesions \leq 25 mm were selected for the reproducibility test, in accordance with the pathological results that the largest GBP lesion was 25 mm. There were 8 (53.3%) T1a, 2 (13.3%) T1b, and 5 (33.3%) T2 stages. Similarly to the main study, there were 51 cases of GBPs. The CMML had the best specificity, accuracy, and PPV. Moreover, the sensitivity was improved when used in combination with NIR-ADC.

The results of the diagnostic performance of tumour size and other findings in the reproducibility test are summarised in Table 5. The addition of CMML assessment to tumour size resulted in only a slight decrease in the specificity of reader C compared to tumour size alone. At the same time, other diagnostic performances, including sensitivity and accuracy, increased. The remaining combinations did not outperform the tumour size alone evaluation.

Discussion

Multivariate analysis showed significant differences in CMML, NIR-T1WI, and NIR-ADC to differentiate GBCs

Table 2. Results of quantitative and qualitative assessment and those of reproducibility

Qualitative analysis	Reader A		Reader B					
	GBC (n = 39)	GBP (n = 51)	<i>p</i> -value	GBC (n = 39)	GBP (n = 51)	<i>p</i> -value	1	κ
Lesion shape								
Pedunculated-shaped	4 (10.3)	34 (66.7)	< 0.001	11 (28.2)	50 (98.0)	< 0.001	0.	52
Sessile-shaped	35 (89.7)	17 (33.3)		28 (71.8)	1 (2.0)			
Lesion margin	Lesion margin							
Well-defined	35 (89.7)	41 (80.4)	0.23	29 (74.4)	50 (98.0)	< 0.001	0.	21
III-defined	4 (10.3)	10 (19.6)		10 (25.6)	1 (2.0)	1		
Basis indentation								
Present	8 (20.5)	1 (2.0)	0.01	5 (12.8)	1 (2.0)	0.08	0.	49
Absent	31 (79.5)	50 (98.0)		34 (87.2)	50 (98.0)	1		
Continuity mucosal and m	uscular layer							
Present	14 (35.9)	50 (98.0)	< 0.001	17 (43.6)	51 (100)	< 0.001	0.	72
Absent	25 (64.1)	1 (2.0)		22 (56.4)	0 (0)			
Gallstone								
Present	23 (59.0)	3 (5.9)	< 0.001	17 (43.6)	4 (7.8)	< 0.001	0.	74
Absent	16 (41.0)	48 (94.1)		22 (56.4)	47 (92.2)			
Lymphadenopathy								
Present	3 (7.7)	0 (0)	0.08	2 (5.1)	0 (0)	0.19	0.	38
Absent	36 (92.3)	51 (100)		37 (94.9)	51 (100)			
Tumour size (mm)	20 (13.5-26.5)	8.0 (6.0-10.0)	< 0.001	20.0 (14.0-27.5)	8.0 (7.0-10.0)	< 0.001	0.92	0.94
NIR-T1WI	0.939 (0.810-1.069)	1.121 (0.922-1.362)	0.01	0.952 (0.809-1.069)	1.083 (0.905-1.328)	0.02	0.64	0.83
NIR-HASTE	2.427 (1.832-3.567)	3.771 (2.958-4.658)	< 0.001	2.377 (1.499-3.820)	3.801 (2.723-5.089)	< 0.001	0.72	0.76
NIR-ADC	1.535 (1.338-1.841)	2.340 (1.920-2.736)	< 0.001	1.491 (1.193-1.841)	2.254 (1.937-2.594)	< 0.001	0.82	0.81

The AUC value is based on the receiver operating characteristic analysis. Numbers in parentheses represent percentages. Continuous variables are expressed as median and interquartile range (25th-75th percentile).

GBC – gall bladder cancer, GBP – gall bladder polyp, AUC – area under the curve, ICC – intraclass correlation coefficient, NIR – normalised signal intensity ratio, T1WI – T1-weighted imaging, HASTE – half-Fourier acquisition single-shot turbo spin-echo, ADC – apparent diffusion coefficient.

from GBPs \geq 10 mm. The absence of CMML is a helpful indicator of GBC due to its PPVs of ~100%. When the lesion size is \geq 10 mm, a GBC is more likely, but the possibility of a GBP persists. In such cases, evaluating the absence of CMML and NIR-ADC helped in differentiating GBCs from GBPs. Evaluating the absence of CMML and measuring tumour size showed superior diagnostic performance compared to assessing tumour size alone in the differentiation of GBCs from GBPs.

Continuity of the mucosal and muscular layers

A low-signal intensity layer on HASTE of the gallbladder wall correlates with the mucosal and muscular layer [16]. In contrast, GBCs show homogeneous low-signal intensity without a layer structure, reflecting the infiltration of cancer cells into the wall. In GBPs, because the mucosal and muscular layer is intact, their low intensity is preserved, which

may be advantageous for differentiation from GBCs. Our results showed that CMML was maintained in all GBPs, except one, according to Reader A. In this case, the gallbladder collapsed and was in close contact with the lesion, which may have resulted in a false positive result. CMML accuracy, PPV, and sensitivity were approximately 82%, ~100%, and 60%, respectively, indicating superiority in PPV and specificity compared with tumour size, including in the reproducibility test. In the TNM classification, T1a, T1b, and T2 represent the invasion of the lamina propria, muscular layer, and perimuscular fibrosis with penetration of the muscle layer, respectively [25]. Therefore, it can be inferred that the poorly defined CMML is seen in T1b and absent in T2. Previous reports show that the loss of normal low-signal intensity of the muscle layer is observed at T1b or higher [17]. Herein, Tis and T1a accounted for 33.3% of lesions (n = 13), which may have reduced the sensitivity. In the reproducibility study, the rate of T1a lesions further increased to 53% (eight lesions),

Table 3. Diagnostic performance of findings showing statistically significant difference and high reproducibility

Parameter	Reader A	Reader B		
Continuity mucosal and muscular layer				
Sensitivity	0.64	0.56		
Specificity	0.98	1.00		
Accuracy	0.83	0.81		
Positive predictive value	0.96	1.00		
Negative predictive value	0.78	0.75		
Gallstone				
Sensitivity	0.41	0.44		
Specificity	0.94	0.92		
Accuracy	0.71	0.71		
Positive predictive value	0.84	0.81		
Negative predictive value	0.68	0.68		
Tumour size (cut-off ratio 13 mm)				
Sensitivity	0.90	0.87		
Specificity	0.76	0.92		
Accuracy	0.82	0.90		
Positive predictive value	0.74	0.89		
Negative predictive value	0.91	0.90		
NIR-T1WI (cut-off ratio 1.11)				
Sensitivity	0.82	0.85		
Specificity	0.51	0.49		
Accuracy	0.64	0.64		
Positive predictive value	0.56	0.56		
Negative predictive value	0.79	0.81		
NIR-HASTE (cut-off ratio 2.77)				
Sensitivity	0.64	0.51		
Specificity	0.82	0.86		
Accuracy	0.74	0.71		
Positive predictive value	0.74	0.74		
Negative predictive value	0.75	0.70		
NIR-ADC (cut-off ratio 1.86)				
Sensitivity	0.77	0.77		
Specificity	0.80	0.78		
Accuracy	0.79	0.78		
Positive predictive value	0.75	0.73		
Negative predictive value	0.82	0.82		
R — normalised signal intensity ratio, T1WI — T1-weighted imaging, HASTE — half-Fourie				

 $NIR-normalised\ signal\ intensity\ ratio, T1WI-T1-weighted\ imaging,\ HASTE-half-Fourier\ acquisition\ single-shot\ turbo\ spin-echo,\ ADC-apparent\ diffusion\ coefficient.$

Table 4. Diagnostic performance in reproducibility test of findings that showed significant differences in multivariate analysis

Parameter	Reader C	Reader D			
Continuity mucosal and muscular layer					
Sensitivity	0.67	0.33			
Specificity	0.94	1.00			
Accuracy	0.88	0.85			
Positive predictive value	0.77	1.00			
Negative predictive value	0.91	0.84			
NIR-T1WI					
Sensitivity	0.73	0.87			
Specificity	0.43	0.47			
Accuracy	0.50	0.56			
Positive predictive value	0.28	0.33			
Negative predictive value	0.85	0.92			
NIR-ADC					
Sensitivity	0.60	0.53			
Specificity	0.86	0.86			
Accuracy	0.80	0.79			
Positive predictive value	0.56	0.53			
Negative predictive value	0.88	0.86			
Continuity mucosal and muscular layer or NIR-T1V	NI				
Sensitivity	1.00	0.93			
Specificity	0.41	0.47			
Accuracy	0.55	0.58			
Positive predictive value	0.33	0.34			
Negative predictive value	1.00	0.96			
Continuity mucosal or muscular layer or NIR-ADC					
Sensitivity	0.73	0.67			
Specificity	0.82	0.86			
Accuracy	0.80	0.82			
Positive predictive value	0.55	0.59			
Negative predictive value	0.91	0.90			
NIR-T1WI or NIR-ADC					
Sensitivity	1.00	1.00			
Specificity	0.35	0.41			
Accuracy	0.50	0.55			
Positive predictive value	0.31	0.33			
Negative predictive value	1.00	1.00			
AII ^a					
Sensitivity	1.00	1.00			
Specificity	0.33	0.41			
Accuracy	0.49	0.55			
Positive predictive value	0.31	0.33			
Negative predictive value	1.00	1.00			

 3 All means the combined findings of continuous mucosal and muscular layer, NIR-T1WI, or NIR-ADC. NIR — normalised signal intensity ratio, T1WI — T1-weighted imaging, ADC — apparent diffusion coefficient.

Table 5. Diagnostic performance regarding tumour size and combination with other findings in reproducibility test

Parameter	Reader C	Reader D			
Tumour size					
Sensitivity	0.73	0.60			
Specificity	0.91	0.88			
Accuracy	0.80	0.82			
Positive predictive value	0.55	0.60			
Negative predictive value	0.91	0.88			
Tumour size or continuity mucosal and muscular layer					
Sensitivity	0.87	0.73			
Specificity	0.82	0.88			
Accuracy	0.83	0.85			
Positive predictive value	0.59	0.65			
Negative predictive value	0.95	0.92			
Tumour size or NIR-ADC					
Sensitivity	0.73	0.67			
Specificity	0.73	0.78			
Accuracy	0.73	0.76			
Positive predictive value	0.44	0.48			
Negative predictive value	0.90	0.89			
Alla					
Sensitivity	0.87	0.73			
Specificity	0.73	0.78			
Accuracy	0.76	0.77			
Positive predictive value	0.48	0.50			
Negative predictive value	0.95	0.91			

*All NIR — normalised signal intensity ratio. ADC — apparent diffusion coefficient means the combined findings of tumour size, continuous mucosal and muscular layer, or NIR-ADC.

which may have also reduced the sensitivity. Therefore, the absence of CMML would strongly support the diagnosis of GBC yet may be unsuitable for detecting GBC.

NIR-ADC map

The assessment of diffusion restriction has been found valuable for differentiating between benign and malignant tumours, which correlates with the degree of malignancy and prognosis, and some reports state that the evaluation of DWI is helpful in GBC [18-23]. This study is the first to demonstrate the usefulness of the ADC value assessment in distinguishing GBC from GBP in a relatively large number of cases. GBC typically shows a wide range of signal intensities, from hypo- to isointensity on T1WI and iso- to hyperintensity on T2WI [10]. The GBC ADC value is significantly correlated with the T-stage, which is inversely proportional to the ADC value [22]; this may be why NIR-ADC is more useful in terms of specificity,

accuracy, and PPV than other sequences. The moderate sensitivity of NIR-ADC may be due to the ADC value correlating with T-stage; this study targeted lesions \leq T2.

Tumour size, assessment of CMML absence, and measurement of NIR-ADC

Tumour size determination helps in differentiating a GBC from a GBP owing to its high sensitivity and accuracy, and all lesions with size > 25 mm were pathologically proven as a GBC in this study. While many studies have highlighted the utility of 10 mm in differentiating between them [2,9-11], Wennmacker et al. reported that the diagnostic performance of 10 mm was insufficient and that 50% of GBPs met the surgical threshold of 10 mm [12]. In this study, approximately 25% (51/208) of patients with a GBP measured ≥ 10 mm. Tumour size proved beneficial, but the sensitivity and accuracy were reduced in the reproducibility study, where the subject lesions were \geq 10 mm but not \leq 25 mm. For both readers, the combination of CMML and NIR-ADC was almost equivalent to tumour size in terms of sensitivity, specificity, or accuracy. This combination may prove valuable in predicting a GBC without relying solely on tumour size measurements, especially in cases such as ≤ 25 mm. Evaluating the addition of CMML to tumour size improved the sensitivity and accuracy compared to tumour size alone or in combination with other findings. The increased sensitivity with almost no decrease in specificity may be due to the high PPV of CMML, although the sensitivity is not as high. This may allow the complementary diagnosis of GBC that is not detected by tumour size alone. In conclusion, assessing the CMML absence and measuring tumour size may help in differentiating GBC from GBP, especially when evaluating lesions ≤ 25 mm.

Study limitations

Our study has some limitations. First, this was a retrospective cohort study conducted at a single institution; thus, the possibility of selection bias could not be ruled out. Second, the sample size of GBCs was not large. Further prospective studies with larger sample sizes that consider our findings are required. Third, we only applied NIR-ADC based on the mean ADC value for this study. Considering the heterogeneity within the tumour and given that the minimum ADC value can theoretically represent the most malignant part if the tumour is a GBC, further studies comparing the mean and minimum ADC values for the differentiation between GBC and GBP should be conducted.

Conclusions

The absence of CMML and NIR-ADC ≤ 1.86 using nonenhanced MRI may contribute to differentiating GBCs

from GBPs \geq 10 mm. Moreover, evaluation of CMML absence, in addition to measuring tumour size, could aid in distinguishing GBCs from GBPs, especially of lesion size \leq 25 mm, compared to measuring tumour size alone. Preoperative differentiation using these findings may contribute to determining the most appropriate surgical strategies and preventing secondary causes of peritoneal dissemination due to the unexpected occurrence of bile leakage during surgery.

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Conflict of interest

The authors report no conflict of interest.

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