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## Treatment impact on COVID-19 evolution in hemodialysis patients



**To the editor:** We retrospectively studied 248 patients on maintenance hemodialysis affected by coronavirus disease 2019 (COVID-19)<sup>1</sup> in 19 private and academic maintenance hemodialysis centers in the Paris, France, area.

The mean follow-up period was 40 ± 19 days. The hospitalization rate was 58%. The overall mortality was 18.1% (30% in hospitalized patients) (Supplementary Tables S1 and S2). Ninety-six patients (39%) were previously treated with angiotensin-converting enzyme inhibitors or angiotensin receptor blockers. By multivariate analysis (Table 1), the main risk factors associated with mortality were age, facility living, dyspnea, and previous immunosuppressive treatment. Average treatment effects were further analyzed by propensity score analysis (Supplementary Methods and Supplementary Table S3). Hydroxychloroquine (odds ratio [OR], 1.02; 95% confidence interval [CI], 0.6–1.71; *P* = 0.95), macrolides (OR, 1.64; 95% CI, 0.94–2.84; *P* = 0.079), and third-generation cephalosporins (OR, 1.35; 95% CI, 0.8–2.29; *P* = 0.265) had no significant effect on mortality. Conversely, previous immunosuppressive treatment was associated with increased mortality (OR, 2.67; 95% CI, 1.43–5.01; *P* = 0.002), and previous treatment with angiotensin-converting enzyme inhibitors or angiotensin receptor blockers was associated with reduced mortality (OR, 0.51; 95% CI, 0.31–0.85; *P* = 0.01).

In this large cohort of patients on maintenance hemodialysis, we highlight the deleterious role of previous immunosuppressive therapy in coronavirus disease 2019 outcome. These data are in line with those observed in patients who had undergone kidney transplantation, who demonstrate a high mortality rate (~20%–30%).<sup>2</sup>

Moreover, since angiotensin-converting enzyme 2 is the receptor for viral cellular entry, a role for angiotensin-converting enzyme inhibitors and angiotensin receptor blockers has been suggested in coronavirus disease 2019 pathophysiology. In our cohort, these treatments were

associated with a significant reduction in mortality risk after propensity score weighting. However, large retrospective studies have not confirmed the impact of these treatments on severity of coronavirus disease 2019<sup>3,4</sup> in the general population. Further studies of cellular angiotensin-converting enzyme 2 expression in patients on maintenance hemodialysis could explain this effect since decreased angiotensin-converting enzyme 2 activity has been reported in this population.<sup>5–7</sup>

### SUPPLEMENTARY MATERIAL

Supplementary File (PDF)

**Table S1.** Demographics, comorbidities and presentation of the cohort.

**Table S2.** Treatment and outcome.

**Table S3.** Variable used for propensity score analysis.

**Supplementary Methods.**

**Supplementary References.**

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**Table 1 | Multivariate analysis of the risk of death (outcome)**

Variable	OR (95% CI)	<i>P</i>
Characteristics		
Age	1.04 (1.01–1.09)	<b>0.029</b>
Facility living	17.29 (3.95–75.6)	<b>&lt;0.001</b>
Comorbidities		
Chronic respiratory failure	7.47 (1.18–47.39)	<b>0.03</b>
Immunosuppressive therapy	8.32 (2.19–31.55)	<b>0.002</b>
Symptoms at diagnosis		
Dyspnea	3.14 (1.24–7.96)	<b>0.015</b>
Blood tests		
Procalcitonin	1.005 (0.99–1.0107)	0.065

CI, confidence interval; OR, odds ratio.

*P* values in bold are considered as statistically significant.

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## Interleukin 6 levels after tocilizumab administration in transplant recipients with COVID-19



**To the editor:** It is with great interest that we read the article by Gautier-Vargas and colleagues that reported a favorable clinical response with tocilizumab in a kidney transplant recipient with severe coronavirus disease 2019 (COVID-19).<sup>1</sup> Our clinical experience has also been similar.<sup>2</sup> The authors reported a dramatic decrease of serum interleukin 6 (IL-6) levels from 430.8 pg/ml to 3.4 pg/ml within 2 days after the administration of tocilizumab. However, as previously

published,<sup>3,4</sup> and in our own experience, IL-6 levels generally increase after the administration of tocilizumab. In our published case report,<sup>2</sup> the IL-6 level was 241 pg/ml before tocilizumab and increased to 1259 pg/ml after the administration of tocilizumab. Given that tocilizumab functions by acting as a competitive inhibitor of the IL-6 receptor (IL-6R), increased serum IL-6 levels after its administration are likely caused by inhibition of IL-6R-mediated clearance as well as the endogenous production of IL-6 with ongoing disease activity. Hence, we wonder if the rapid decline of serum IL-6 level after tocilizumab in the case reported by Gautier-Vargas and colleagues was due to spontaneous improvement of disease activity or factors not related to tocilizumab. Randomized controlled studies are necessary to confirm the benefit of tocilizumab in transplant recipients with COVID-19.

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