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# *Lactobacillus delbrueckii* might lower serum triglyceride levels via colonic microbiota modulation and SCFA-mediated fat metabolism in parenteral tissues of growing-finishing pigs

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Gut microbiota and its metabolites play a key role in host metabolism. Our previous study found supplemental *Lactobacillus delbrueckii* affected lipid metabolism of pigs, however, the underlying mechanism is unclear. In this study, we investigated the effects of *L. delbrueckii* on colonic bacteria composition and its metabolites, serum lipids and hormone levels, fat metabolism related enzyme activity and gene expression in various tissues of growing-finishing pigs. Twelve pigs were randomly distributed into two groups ( $n = 6$ ), and pigs in each group were fed diets with (Con + LD) or without (Con) 0.1 % *L. delbrueckii* for 28 days. Results exhibited the decreased triglyceride (TG) levels and elevated free fatty acid (FFA) contents in serum and increased concentrations of butyric acid in colonic digesta after *L. delbrueckii* supplementation. Dietary *L. delbrueckii* increased abundance of *Lactobacillus* and *Butyrivibrio* and tended to increase abundance of *Akkermansia* and *Megasphaera* in colonic digesta. *L. delbrueckii* consumption up-regulated glucagon-like peptide1 (*GLP-1*), monocarboxylate transporter1 (*MTC1*) and sodium-dependent monocarboxylate transporter1 (*SMCT1*) expression in colonic tissue. Administration of *L. delbrueckii* tended to increase lipoprotein lipase (LPL) activity, up-regulated *CPT-1*, angiotensin-like protein 4 (*Angpt14*), *LPL* and triglyceride hydrolase (*TGH*) expression and down-regulated fatty acid synthetase (*FAS*), G protein-coupled receptor 41 (*GPR41*) and *GPR43* expression in the liver. *L. delbrueckii* addition increased adenosine monophosphate activated protein kinase (*AMPK*) expression in *longissimus dorsi*, upregulated *LPL*, *CPT-1*, *Angpt14* and cluster of differentiation 36 (*CD36*) expression in subcutaneous fat, and enhanced *LPL*, *CPT-1*, *TGH*, adipocyte determination and differentiation-dependent factor 1 (*ADD1*) and hormone sensitive lipase (*HSL*) expression in leaf lard.

These findings suggested that *L. delbrueckii* might enhance lipolysis and fatty acid  $\beta$ -oxidation to lower serum TG levels via colonic microbiota modulation and short chain fatty acids-mediated lipid metabolism of growing-finishing pigs.

#### KEYWORDS

*Lactobacillus delbrueckii*, lipid metabolism, SCFAs, colonic microbiota, growing-finishing pigs

## Introduction

In China, an increasing proportion of meat products appears in human diets as upturn living standards and rapid economic development in recent decades (1). Pork is a good source of protein and its global production and consumption is about 103.8 million tons in 2021 (2). China is the largest producer and consumer of pork in the world, nearly accounting for 50% of global total, and the annual pork consumption of individual residents is about 40 kg (3, 4). Pork quality directly correlates with human health. Long-term excessive intake of pork and its products is often associated with overconsumption of energy and fat, resulting in excess weight, obesity and an increased risk of some types of chronic disease, such as hyperlipidemia, cardiovascular disease (CVD) and type 2 diabetes, usually characterized by high levels of blood total cholesterol (TC) and TG (5, 6). Adipose tissue deposition is an important factor influencing pork quality (7), and knowledge on the fat metabolism and the mechanisms of fat deposition in pigs is very important for us to develop nutritional manipulations of pork quality.

In recent years, numerous researches on germ-free animals, fecal microbiota transplantation (FMT), probiotics treatment and microbiome analysis have widely confirmed that alterations of microbial ecology contribute to host fat metabolism (8–10). The body fat rate is associated with the intestinal Bacteroidetes and Firmicutes abundance, and lower abundance of Bacteroidetes and higher Firmicutes abundance were found in obese pigs relative to the lean pigs (11). Differences in fat deposition between lard type and lean pigs are closely correlate their gut microbiota, and obesity-associated phenotypes from donors to recipients can be transferred *via* FMT (12). Additionally, metabolites of gut microbes, such as short chain fatty acids (SCFAs) not only is of importance in gut health as signaling molecules, but also might enter the systemic circulation and directly affect the metabolism or function of peripheral tissues (13). SCFAs is considered as a bridge linking gut microbiota and parenteral tissues (13), which exhibit a vital role in fat accumulation *via* affecting lipid metabolism, energy metabolism and appetite (14). In recent years, an increasing attention are paid on intervention studies of probiotics

influencing lipid metabolism *via* manipulation of gut microbiota and metabolites. Accumulating evidences have confirmed that *Lactobacillus* and its related products can effectively regulate lipid metabolism *via* affecting intestinal nutrition digestion and absorption, gut microbiota and metabolites, tissue gene expression and enzyme activity (15, 16). *Lactobacillus delbrueckii* as a *lactobacillus* strain is widely used in the dairy industry for yogurt and cheese (17, 18). Our laboratory have identified and preserved a strain of *L. delbrueckii* and performed a series of researches to evaluate its role on swine production since 2009. Last 5 years, our studies demonstrated that dietary *L. delbrueckii* can lower serum TC and TG levels, reduce fat deposition and improve meat quality of pigs (5, 19–21), but its underling mechanism is still ambiguity.

Given that growing-finishing pigs have a strong capacity of fat deposition and can be a good model for investigation about *Lactobacillus* regulating lipid metabolism. We hypothesized inclusion of *L. delbrueckii* would alter colonic bacterial composition and structure, thereby affecting bacterial fermentation and their metabolites (SCFA profile), and regulating lipid metabolism of pigs. Therefore, we investigated the effects of *L. delbrueckii* on colonic bacteria composition and its metabolites, serum lipids and hormone levels, lipid metabolism related enzyme activity and gene expression in different tissues of growing-finishing pigs.

## Materials and methods

All animal care, handling, and surgical techniques followed protocols approved by the Animal Care and Use Committee of the Institute of Subtropical Agriculture, Chinese Academy of Sciences under the permit number IACUC#201302 (Changsha, China). *Lactobacillus delbrueckii* was provided by the microbiology functional laboratory of the College of Animal Science and Technology in the Hunan Agricultural University (Changsha, China). The strain was activated and sent to the PERFLY-BIO (Changsha, China) for large-scale production, and the viable count of final products reached  $5 \times 10^{11}$  CFU/g.

**TABLE 1** Ingredients composition and nutritional levels of basal diets (air-dry basis, %).

Ingredients	Contents
Corn	66.76
Wheat middling	4.00
Wheat bran	6.00
Soybean meal (43% crude protein)	18.00
Soybean oil	1.00
L-lysine	0.24
Premix <sup>a</sup>	4.00
Total	100.00
Calculated nutritional levels	
Digestible energy (DE, kcal/kg)	3,413.79
Crude protein	14.82
Standardized ileal digestible lysine (SID Lys)	0.85
Calcium	0.60
Total phosphorus	0.55

<sup>a</sup>The premix provided the following per kg of diet: VA 2,512 IU, VD3 1,200 IU, VE 34 IU, VK3 1.5 mg, VB12 17.6 µg, lactoflavin 2.5 mg, pantothenic acid 6.8 mg, niacin 20.3 mg, choline chloride 351 mg, Mn 10 mg, Fe 50 mg, Zn 50 mg, Cu 20 mg, I 0.3 mg, Se 0.3 mg.

## Animals, diets and experimental design

Twelve crossbred barrows (Landrace × Yorkshire) with an average initial body weight of (38.70 ± 5.33) kg were randomly assigned to 2 groups with 6 pigs, and all pigs were individually housed in the metabolism crates (1.4 × 0.7 × 0.6m) equipped with a feeder, a nipple drinker and a fully slatted plastic floor. Pigs were fed a basal diets supplemented with either 0 (Con) or 0.1% *L. delbrueckii* (5 × 10<sup>10</sup> CFU/g, Con + LD) for 28 days. The basal diets (Table 1) were formulated to satisfy or exceed the nutritional requirement recommendation for 50- to 75-kg pigs (22). All pigs were fed their respective diets twice each day (8:00 a.m. and 15:00 p.m.) and had free access to water. All pigs were individually weighed at the beginning and end of the experiment, and the daily feed consumption per pig was recorded during the experimental period.

## Sample collection and preparation

On day 29, the jugular vein blood samples were collected from the fasting pigs before slaughter using electrical stunning. Serum was obtained, aliquoted, and stored at -20°C for lipid, hormone and SCFAs analysis. Digesta (in colon) and tissues (in colon, liver, *longissimus dorsi*, subcutaneous fat and leaf lard) were quickly removed, snap frozen in the liquid nitrogen, and stored at -80°C for microbiota composition, SCFAs, enzyme activity and gene mRNA expression measurements.

## Measurement of serum lipids and hormone levels

Serum concentrations of triglyceride (TG), glucose (GLU) and free fatty acid (FFA) were detected using the BS 200 automatic blood biochemical analyzer (Mindray, Shenzhen, China) with corresponding kits. Serum levels of insulin (INS), leptin (LEP), peptide tyrosine tyrosine (PYY) and glucagon-like peptide-1 (GLP-1) were determined according to the instruction of corresponding commercial ELISA Kits (Jiangsu Yutong Biological Technology Co., Ltd., Jiangsu, China).

## SCFAs profiles analysis in serum and colonic digesta

Measurement of acetic acid, propionic acid and butyric acid contents in serum and colonic digesta were performed using an Agilent 7890A gas chromatographer (Agilent Technologies Inc., Palo Alto, CA, USA) equipped with an HP-FFAP elastic quartz capillary vessel column (30 m × 0.25 mm × 0.25 µm) according to the method detailedly described in our previous studies (23, 24).

## Determination of hepatic enzyme activity related to lipid metabolism

Hepatic total protein contents (g protein/L) were quantified using a BCA protein assay reagent kit (Nanjing Jiancheng Bioengineering Institute, Nanjing, China), and the concentrations of hepatic fatty acid synthetase (FAS, U/g.prot), hormone sensitive lipase (HSL, U/g.prot), lipoprotein lipase (LPL, U/g.prot) and adipose triglyceride lipase (ATGL, IU/g.prot) were measured using corresponding commercial ELISA Kits (Jiangsu Yutong Biological Technology Co., Ltd., Jiangsu).

## Colonic bacterial composition and structure

Colonic microbiota composition and structure were identified according to our previous description (5). Briefly, total DNA was extracted and purified from colonic digesta samples (*n* = 6 pigs/group) using a TIANamp Stool DNA kit (Tiangen Biotech (Beijing) Co., Ltd, China). DNA quality and quantity were evaluated by gel electrophoresis and a NanoDrop ND-1000 spectrophotometer (Thermo Fisher Scientific, USA), respectively. However, one low-quality DNA sample per group was discarded. Finally, ten acceptable DNA samples were delivered to Novogene (Beijing, China) for 16S rDNA sequencing.

The V3-V4 hypervariable region of the bacterial 16S rDNA gene was amplified with the barcoded universal primers (341F-806R). Purified amplicons were sequenced on the Illumina HiSeq platform (Illumina, USA) according to the standard procedures in Novogene (Beijing, China). Sequences with 97% similarity were assigned to the same operational taxonomic units (OTUs). An OTU table was further generated to record the abundance of each OTU in each sample, and a profiling histogram was made using R software (v3.1.1) to represent the relative abundance of taxonomic groups from phylum to species. A Venn diagram was generated to visualize the occurrence of shared and unique OTUs among groups.

## Real-time PCR

Total RNA of tissues in colon, liver, *longissimus dorsi*, subcutaneous fat, and leaf lard were isolated and reversed transcribed to cDNA as previously described (5). The two-step qRT-PCR reactions were performed in triplicate on 96-well plates using a 7500 Real-time PCR system (Applied Biosystems, Foster, CA) with the SYBR<sup>2</sup> Premix Ex Taq<sup>TM</sup> (TaKaRa Biotechnology (Dalian), China). The primer sequences (Table 2) for G protein-coupled bile acid receptor (*TGR5*), farnesoid X receptor (*FXR*), glucagon-like peptide1 (*GLP1*), peptide tyrosine tyrosine (*PYY*), G protein-coupled receptor 41 or 43 (*GPR41*, *GPR43*), monocarboxylate transporter (*MCT1*), sodium-dependent monocarboxylate transporter (*SMCT1*), lipoprotein lipase (*LPL*), carnitine palmitoyltransferase (*CPT1*), angiopoietin-like protein 4 (*Angptl4*), cluster of differentiation 36 (*CD36*), peroxidase proliferative receptor  $\gamma$  (*PPAR $\gamma$* ), triglyceride hydrolase (*TGH*), adipose triglyceride lipase (*ATGL*), adipocyte determination and differentiation-dependent factor 1 (*ADD1*), hormone sensitive lipase (*HSL*), fatty acid synthetase (*FAS*), adenosine monophosphate activated protein kinase (*AMPK*) and *GAPDH* were synthesized by the Sangon Biotech (Shanghai, China). Target gene expression was calculated by the  $2^{-\Delta\Delta t}$  method relative to *GAPDH* gene amplification.

## Determination of TG concentrations in selected tissue

The contents of TG (mmol/g.prot) in the liver, *longissimus dorsi*, subcutaneous fat or leaf lard was measured according to our previous description (5).

## Statistical analysis

All results were expressed as Mean  $\pm$  SD. Statistical analysis, except for microbial data, were conducted by the two-tailed

unpaired Student's *t*-test of SPSS 17.0 (SPSS Inc., Chicago, IL, USA), with individual pig as an experimental unit. The Kruskal test was used for *post-hoc* comparison of taxonomy. For all tests,  $P < 0.05$  was considered as significant difference, while  $0.05 < P < 0.10$  as a tendency.

## Results

All pigs appeared in good health during the 28-d trial. Administration of *L. delbrueckii* into diet did not significantly ( $P > 0.05$ ) affect the growth performance of growing-finishing pigs, and the detailed results have been reported in our previous study (5, Supplementary Table 1).

## Serum lipids and hormone levels

Dietary *L. delbrueckii* significantly lowered ( $P < 0.05$ ) serum TG levels (Figure 1A), elevated ( $P < 0.05$ ) serum contents of FFA (Figure 1D) and tended to increase ( $P = 0.084$ ) serum LEP concentrations (Figure 1E) compared with the control group. No significant differences were found between two groups regarding serum levels of GLU, INS, PYY and GLP-1 (Figures 1B,C,F,G,  $P > 0.05$ ).

## Serum and colonic SCFA composition

Butyric acid concentrations in colonic digesta in the Con+LD group was higher than those in the Con group (Table 3,  $P < 0.05$ ). Meanwhile, serum contents of butyric acid in the Con+LD group tended to elevate compared with the Con group ( $P = 0.064$ ). However, no obvious differences were observed in other detected SCFAs between two groups ( $P > 0.05$ ).

## Colonic bacterial structure

The Venn diagram exhibited 932 shared OTUs between two groups, and 193 and 162 particular OTUs were seen in the Con and Con + LD group, respectively (Figure 2A). At phylum level, Firmicutes, Bacteroidetes, Actinobacteria and Proteobacteria were four dominant bacterial population (Figure 2B). Administration of *L. delbrueckii* increased Euryarchaeota and Spirochaetes abundance ( $P < 0.01$ ), but tended to lower the abundance of Firmicutes ( $P = 0.092$ ) and Melainabacteria ( $P = 0.096$ ) and the Firmicutes/ Bacteroidetes ratio (Figure 2B and Supplementary Table 2). Down to the genus level, higher abundance of *Lactobacillus*, *Erysipelotrichaceae*, *Methanobrevibacter*, *Spirochaetaceae* and *Butyrivibri*, and lower abundance of *Romboutsia*, *Clostridiales* and *Streptococcus*

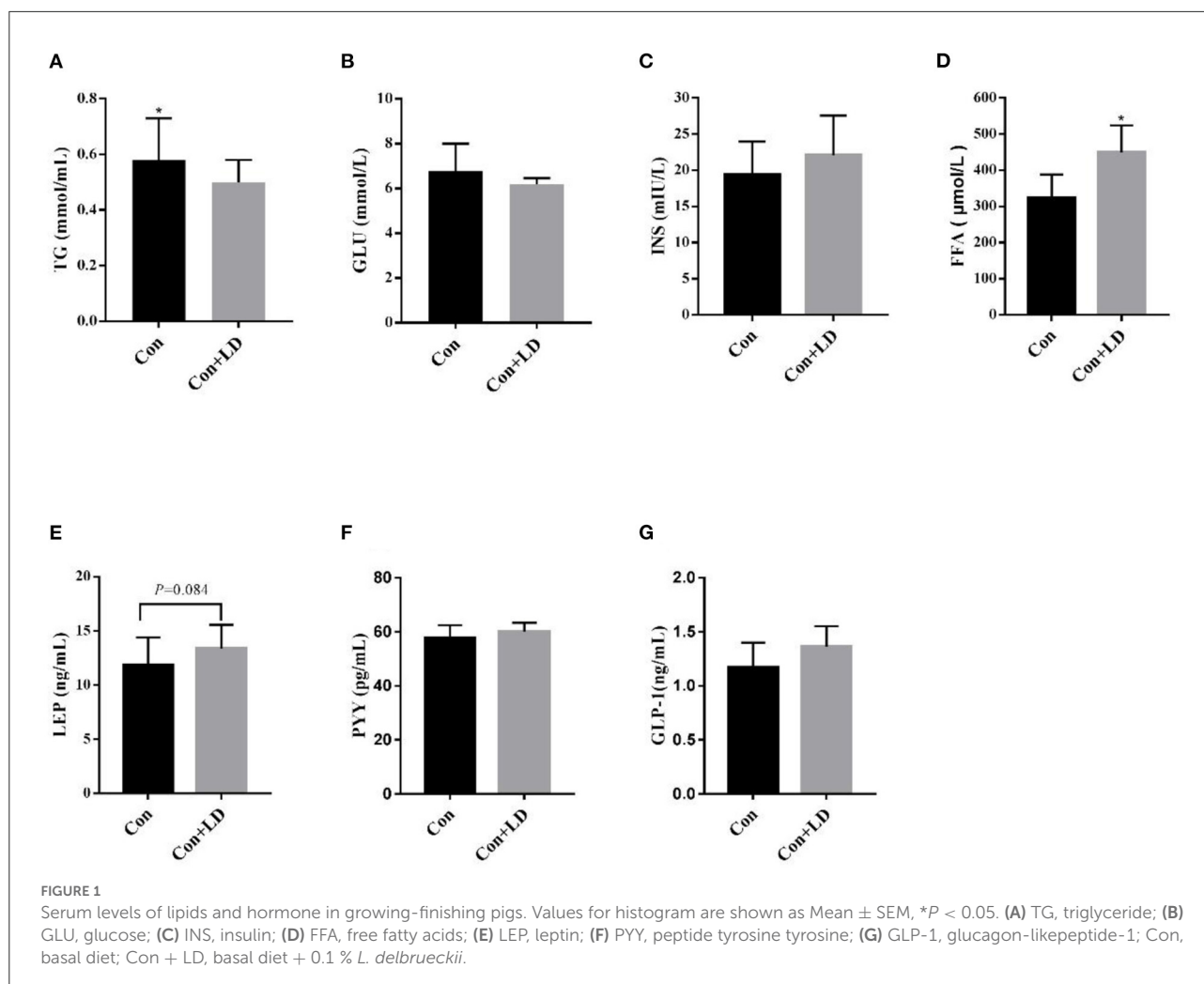
TABLE 2 Primers for target genes.

Gene	Accession number	Sequences (5'–3')	Product size (pb)
<i>TGR5</i>	XM_013984487.2	F: CCATGCACCCCTGTTGCT R: GGTGCTGTTGGGTGTCATCTT	100
<i>FXR</i>	NM_001287412.1	F: GGTCTCTCGTAGAATTCACAA R: TGAACGGAGAAACATAGCTT	109
<i>GLP1</i>	NM_214324.1	F: ATGAGGCCGGAACGGAGCCG R: CTAATCTCACTCTCCTCGAG	140
<i>PYY</i>	NM_001256528.1	F: AGATATGCTAATACACCGAT R: CCAAACCCCTTCTCAGATG	132
<i>GPR41</i>	NM_001315601.1	F: TGGAGACCTTACGTGTTG R: CGAGGATGAGAAGTAGTAGAT	151
<i>GPR43</i>	NM_001278758.1	F: CGTGTTCATCGTTCAGTA R: GAAGTTCATAGCAGGTA	193
<i>MCT1</i>	AM286425.1	F: CATCAACTACCGACTTCTG R: TACTGGTCTCCTCCTCTT	106
<i>SMCT1</i>	NM_001128445.1	F: CGCAGATTCCTACTAACC R: GATTGTCAGTTCACCAT	132
<i>LPL</i>	NM_214286.1	F: CACATTCACCAGAGGGTC R: TCATGGGAGCACTTCACG	126
<i>CPT1</i>	NM_001129805.1	F: GACAAGTCCTTACCCTCATCGC R: GGGTTTGGTTTGGCCAGACAG	117
<i>Angptl4</i>	NM_001038644.1	F: GACTGCCAAGAGCTGTTGAAGA R: GACTGCCAAGAGCTGTTGAAGA	173
<i>CD36</i>	NM_001044622.1	F: GCTAGACATCGGCAAATGCAA R: AGCCTTCAATCGGTCTGAGA	133
<i>PPAR<math>\gamma</math></i>	NM_214379.1	F: ACTTTATGGAGCCCAAGTTC R: GCAGCAAATTGTCTTGAATGTCC	108
<i>TGH</i>	NM_214246.2	F: TGAAGAACACCACCTCCTACC R: CCTGTGCTGAAGAATCCC	108
<i>ATGL</i>	NM_001098605.1	F: TCACCAACACCAGCATCCA R: GCACATCTCTCGAAGCACCA	129
<i>ADD1</i>	XM_013978492.2	F: GGTAGTGGACACTGACAAGCT R: GCTTAGCTCAACAGACGGAG	110
<i>HSL</i>	NM_214315.3	F: GCCTTCTCAGCCTCATGGACCC R: CCGCACCAGTCCCATCATGCC	119
<i>FAS</i>	NM_213839.1	F: TTTTCCCTGGCACTGGCTACCTG R: TGCAGCGTCACGTCCTCAAACAC	81
<i>AMPK</i>	NM_001167633.1	F: ACGACGGGCGGGTGAAAATCG R: CACTTTGCCGAAGGTCCCGACC	141
<i>GAPDH</i>	NM_001206359.1	F: ATGGTGAAGTCCGAGTGAAC R: CTCGCTCCTGGAAGATGGT	235

TGR5, G protein-coupled bile acid receptor; FXR, Farnesoid X receptor; GLP1, Glucagon-like peptide; PYY, peptide tyrosine tyrosine; GPR41, G protein-coupled receptor41; GPR43, G protein-coupled receptor43; MCT1, Monocarboxylate transporter; SMCT1, Sodium-dependent monocarboxylate transporter; LPL, Lipoprotein lipase; CPT1, Carnitine palmitoyltransferase; Angptl4, Angiopoietin-like protein 4; CD36, Cluster of differentiation 36; PPAR $\gamma$ , Peroxidase proliferative receptor  $\gamma$ ; TGH, Triglyceride hydrolase; ATGL, Adipose triglyceride lipase; ADD1, Adipocyte determination and differentiation-dependent factor 1; HSL, Hormone sensitive lipase; FAS, Fatty acid synthetase; AMPK, Adenosine monophosphate activated protein kinase.

were seen in the Con + LD group ( $P < 0.05$ , Figure 2C and Supplementary Table 2). The abundance of *Akkermansia* ( $P = 0.060$ ), *Parabacteroides* ( $P = 0.099$ ), *Turicibacter* ( $P =$

0.074), and *Megasphaera* ( $P = 0.077$ ) tended to increase, but *Ruminococcaceae* ( $P = 0.065$ ) tended to decrease in the Con + LD group.



## Colonic gene expression associated with SCFA transport and signaling

Several genes involved in SCFA transport and signaling of colon tissues were measured using qRT-PCR (Figure 3). *L. delbrueckii* consumption led to up-regulated *FXR*, *TGR5*, *GLP-1*, *MTC1* and *SMCT1* expression compared to the control group ( $P < 0.05$ ). The mRNA expression of remaining target genes in colon were no differences between two treatments ( $P > 0.05$ ).

## Lipid metabolism related enzyme activity and gene expression in liver

*L. delbrueckii* addition tended to increase LPL activity ( $P = 0.056$ ), however, did not affect ( $P > 0.05$ ) other selected lipid metabolism related enzyme activity compared with the control

diet (Table 4). Dietary *L. delbrueckii* down-regulated ( $P < 0.05$ ) *FAS*, *GPR41* and *GPR43* expression, but up-regulated ( $P < 0.05$ ) *CPT-1*, *Angpt14*, *LPL* and *TGH* expression relative to the Con group (Figure 4).

## Gene expression related to lipid metabolism in muscle and fat tissues

Administration of *L. delbrueckii* increased AMPK expression in *longissimus dorsi* (Figure 5,  $P < 0.05$ ). Expression of *LPL*, *CPT-1*, *Angpt14* and *CD36* were upregulated ( $P < 0.05$ ), and there was an upward trend for *ADD1* expression ( $P = 0.076$ ) in subcutaneous fat by *L. delbrueckii* addition (Figure 6). Dietary *L. delbrueckii* enhanced *LPL*, *CPT-1*, *TGH*, *ADD1* and *HSL* expression in leaf lard (Figure 7,  $P < 0.05$ ).

## Concentrations of TG in various tissue

Dietary *L. delbrueckii* did not affect the TG contents in the selected tissue, and the detailed results are showed in our previous study (5, Supplementary Table 3).

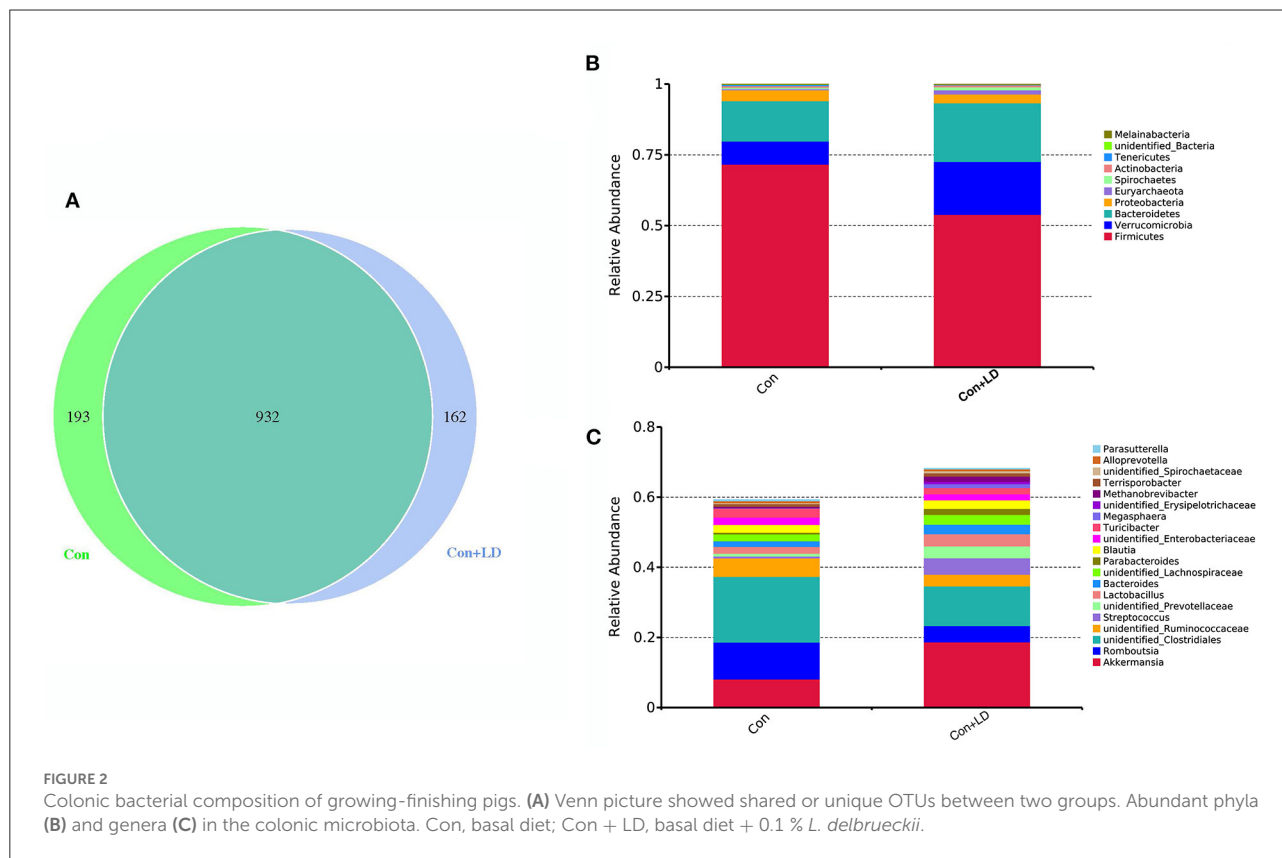
TABLE 3 Effects of *L. delbrueckii* on SCFA composition in the serum and colonic digesta of growing-finishing pigs.

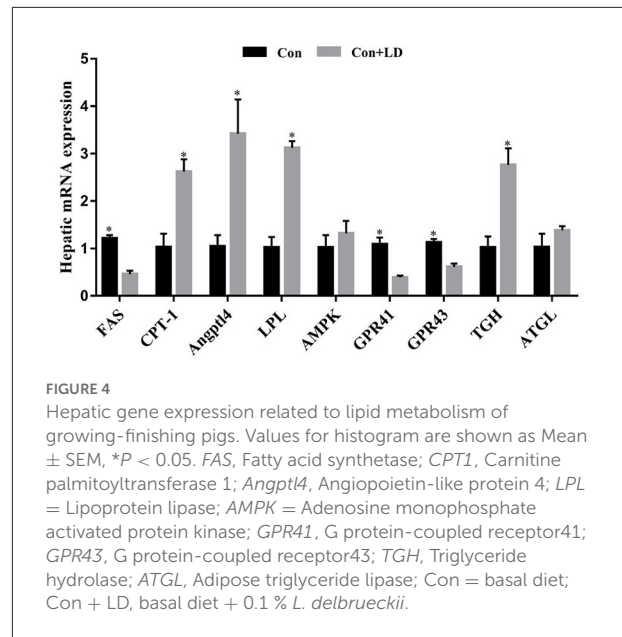
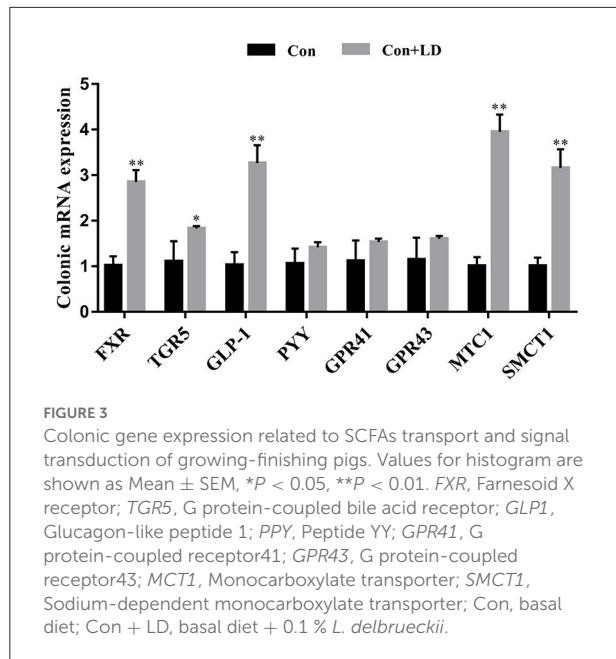
Items	Con	Con+LD	P-value
Serum (μmol/L)			
Acetic acid	161.27 ± 16.58	173.97 ± 37.21	0.247
Propionic acid	47.03 ± 7.21	52.02 ± 9.02	0.143
Butyric acid	1.73 ± 0.07	2.07 ± 0.09	0.064
Total SCFAs	210.04 ± 20.23	228.06 ± 31.08	0.835
Colonic digesta (mg/g)			
Acetic acid	1.56 ± 0.19	1.71 ± 0.27	0.076
Propionic acid	0.67 ± 0.08	0.82 ± 0.02	0.093
Butyric acid	0.53 ± 0.06	0.76 ± 0.09*	0.042
Total SCFAs	2.76 ± 0.14	3.31 ± 0.24	0.131

Con, basal diet; Con + LD, basal diet + 0.1 % *L. delbrueckii*; SCFA, Short chain fatty acids. \*Means significant difference ( $P < 0.05$ ).

## Discussion

Lipid control by probiotics in animal or human studies have attracted extensive attention, and increasing evidences manifested probiotics consumption can effectively reduce serum TG, TC and LDL-C levels (25). *Lactobacillus* is the most popular probiotic and a meta-analysis of *Lactobacillus* (*L.reuteri* and *L.plantarum*) lowering serum TG, TC and LDL-C is reviewed by Wu et al. (15). Our results showed dietary *L. delbrueckii* decreased serum TG contents, elevated serum FFA concentrations and tended to increase serum LEP levels of growing-finishing pigs, coinciding with our previous report (5, 20). The reduced serum TG and increased serum FFA might ascribe the catabolism of TG to produce FFA and glycerol, because TG are first hydrolyzed to diacylglycerol (DG), then to monoacylglycerol (MG), and finally to FFA and glycerol under the action of ATGL, HSL and Monoacylglycerol lipase (MGL), respectively (26). LEP is an adipose tissue-derived protein hormone, participating in glucose and lipid metabolism via inhibition of feeding and fat synthesis and promotion of energy expenditure (27–29). The elevated trend of serum LEP might imply pigs had low feedintake and fat deposition but high energy consumption after *L. delbrueckii* treatment. Gastrointestinal tract is the main site where microbiota colonize and inhabit (29). Intestinal microbes are dense bioactive communities serving as





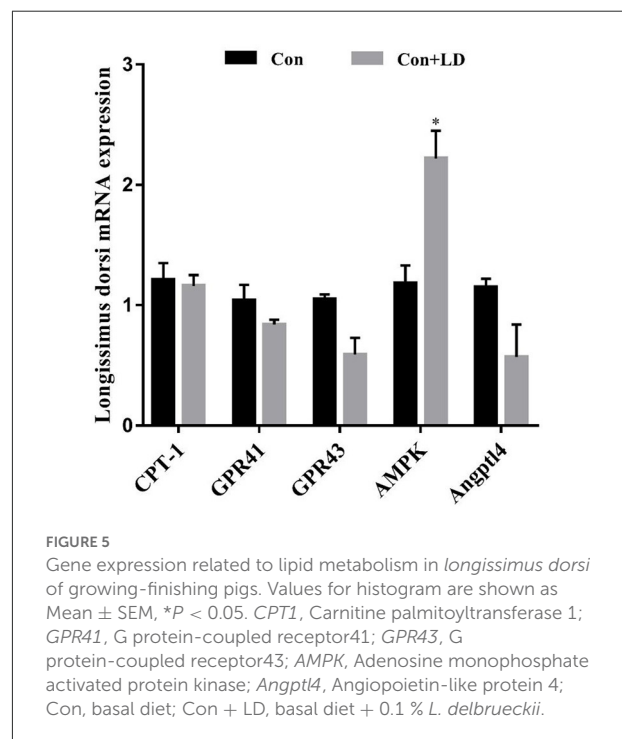
**TABLE 4** Effects of *L. delbrueckii* on hepatic enzyme activity related to fat metabolism of growing-finishing pigs.

Items	Con	Con+LD	<i>P</i> -value
HSL (U/g.prot)	207.89 ± 64.38	254.68 ± 40.18	0.167
LPL (U/g.prot)	158.51 ± 23.02	180.12 ± 41.12	0.056
FAS (U/g.prot)	266.40 ± 85.76	286.57 ± 76.98	0.906
ATGL (IU/g.prot)	74.41 ± 13.24	63.77 ± 9.70	0.293

Con, basal diet; Con + LD, basal diet + 0.1 % *L. delbrueckii*; HSL, Hormone sensitive lipase; LPL, Lipoprotein lipase; FAS, Fatty acid synthetase; ATGL, Adipose triglyceride lipase.

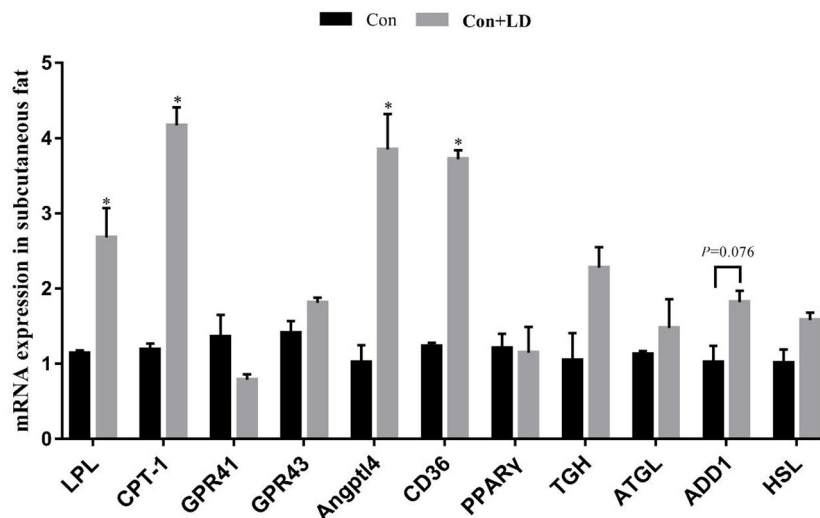
the junction between animals and their nutritional environment and their activity profoundly affects many aspects of host animal physiology and metabolism (30). These alterations in serum levels of lipids and hormone might be associated with the changes of intestinal microbiota and metabolites of pigs after *L. delbrueckii* consumption.

The swine gut harbors vast, highly diverse and dynamic microbial communities exhibiting a vital role in the host nutrient acquisition and energy homeostasis (23, 31, 32). Our findings showed that the abundance of Firmicutes and the Firmicutes to Bacteroidetes (F/B) ratio tended to reduce after *L. delbrueckii* administration. The increased Firmicutes abundance, lowered Bacteroidetes abundance and the enhanced F/B ratio were positively associated with the individual obesity (33). Obesity primarily results from imbalance of energy intake and expenditure (9). Changes at the level of the phylum indicated dietary *L. delbrueckii* might interfere with the energy metabolism and ameliorate obesity. Down to the genus level, the abundance of *Akkermansia*, *Lactobacillus*,

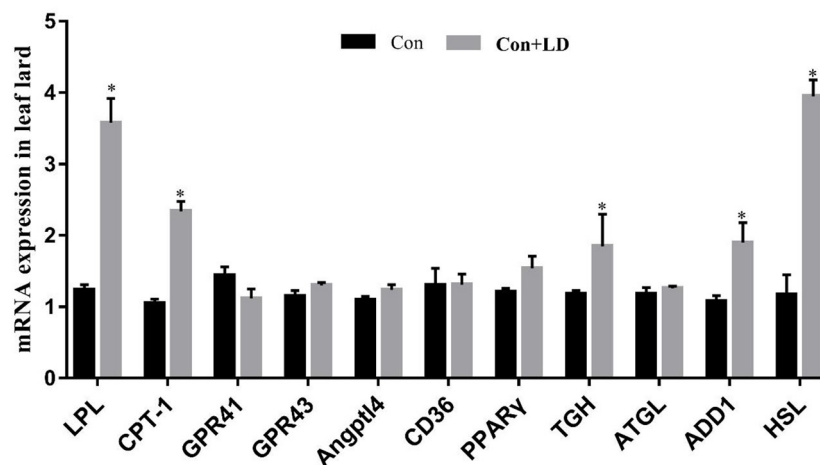


*Parabacteroides*, *Turicibacter*, *Megasphaera*, *Methanobrevibacter* and *Butyrivibrio* were elevated by *L. delbrueckii* addition. *Akkermansia* is a mucin-degrading bacterium colonizing in the mucus and inversely correlates with body weight in rodents and humans (34), and now it is recommended as a new probiotic to deal with obesity, diabetes and liver disease (35).





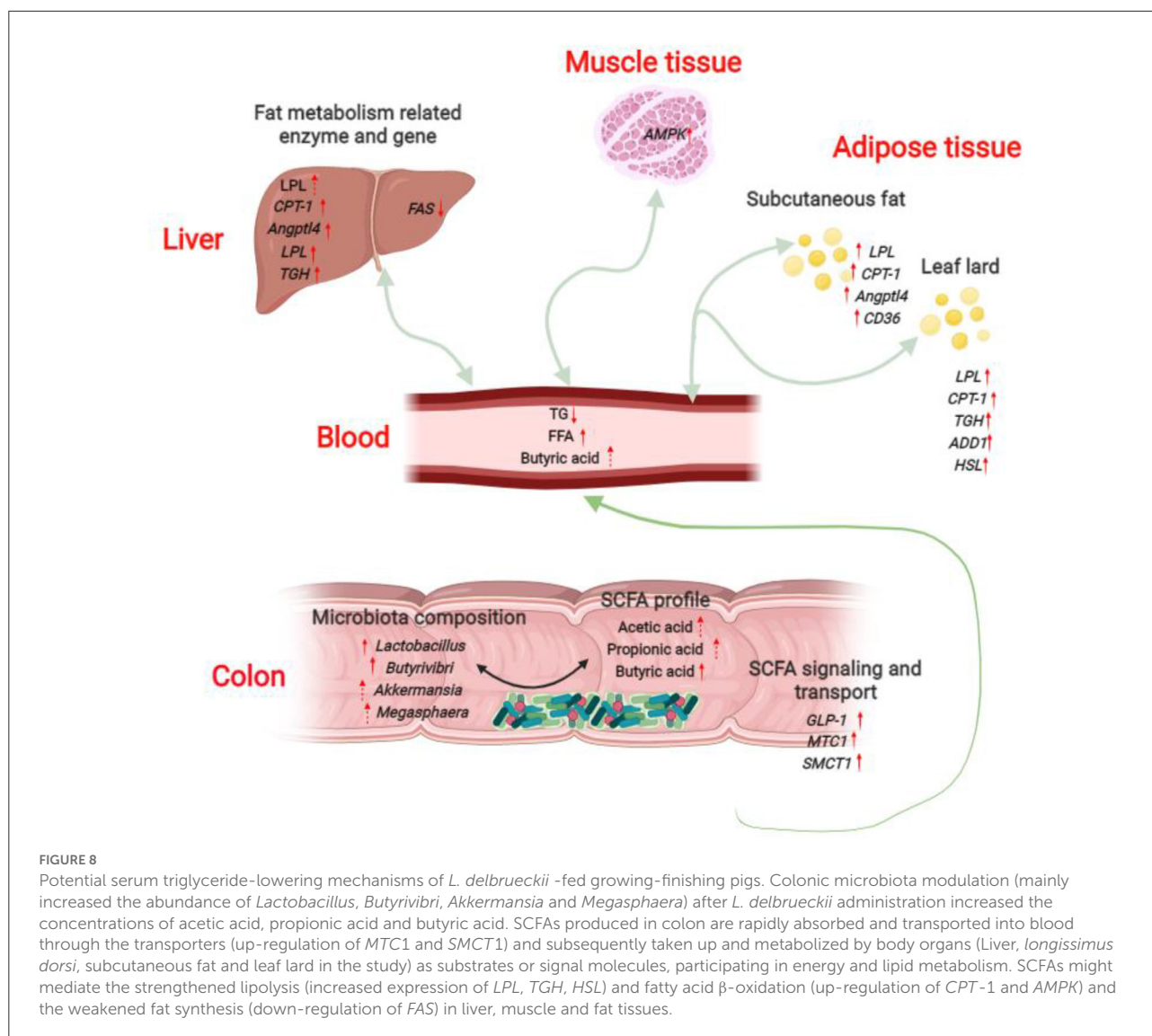
**FIGURE 6**  
Gene expression related to lipid metabolism in subcutaneous fat of growing-finishing pigs. Values for histogram are shown as Mean ± SEM, \* $P < 0.05$ . LPL, Lipoprotein lipase; CPT1, Carnitine palmitoyltransferase 1; GPR41, G protein-coupled receptor41; GPR43, G protein-coupled receptor43; Angptl4, Angiopoietin-like protein 4; CD36, Cluster of differentiation 36; PPARγ, Peroxidase proliferative receptor γ; TGH, Triglyceride hydrolase; ATGL, Adipose triglyceride lipase; ADD1, Adipocyte determination and differentiation-dependent factor 1; HSL, Hormone sensitive lipase; Con, basal diet; Con + LD, basal diet + 0.1 % *L. delbrueckii*.



**FIGURE 7**  
Gene expression related to lipid metabolism in leaf lard of growing-finishing pigs. Values for histogram are shown as Mean ± SEM, \* $P < 0.05$ . LPL, Lipoprotein lipase; CPT1, Carnitine palmitoyltransferase 1; GPR41, G protein-coupled receptor41; GPR43, G protein-coupled receptor43; Angptl4, Angiopoietin-like protein 4; CD36, Cluster of differentiation 36; PPARγ, Peroxidase proliferative receptor γ; TGH, Triglyceride hydrolase; ATGL, Adipose triglyceride lipase; ADD1, Adipocyte determination and differentiation-dependent factor 1; HSL, Hormone sensitive lipase; Con, basal diet; Con + LD, basal diet + 0.1 % *L. delbrueckii*.

*Lactobacillus* has been widely applied in animal production, and the increased *Lactobacillus* abundance in the colonic digesta might be main the *L. delbrueckii*, which has been proven probiotic roles in promoting intestinal nutrients digestion and absorption and regulating lipid metabolism of pigs in our

previous studies (5, 21, 36). *Parabacteroides distasonis* can alleviate obesity and metabolic dysfunctions via production of succinate and secondary bile acids (37). *Turicibacter* can produce lactic acid during fermentation and play a crucial role on muscle regulation and anti-fatigue (37). *Megasphaera*



and *Butyrivibrio* belongs to butyrate-producing bacteria (38), and butyrate has received particular attention for its beneficial effects on intestinal homeostasis and energy metabolism (39). These results indicated dietary *L. delbrueckii* might be tightly link to the host energy and lipid metabolism via colonic microbiota modulation.

The gut microbiota can participate in host lipid metabolism through their metabolites, such as SCFAs, secondary bile acids, trimethylamine and lipopolysaccharide (40). SCFAs are mainly generated by colon fermentation and more than 95% of SCFAs are rapidly absorbed and transported into blood, and subsequently are taken up and metabolized by body organs as substrates or signal molecules, participating in energy and lipid metabolism (12, 13, 41–43). For example, butyrate is almost completely used by colonocytes as their preferred energy substrate, whereas acetate and propionate move to the liver via the portal vein and are used for cholesterol and fatty acid

synthesis and gluconeogenesis, respectively (13). In our study, the concentrations of acetic, propionic and butyric acid as well as total SCFA in colonic digesta rose in different extent in the Con + LD group. The elevated concentrations of butyrate might be associated with the increased abundance of *Megasphaera* and *Butyrivibrio* aforementioned. Meanwhile, the mRNA expression of SCFA transporters (*MTC1*, *SMCT1*) were upregulated might be due to the increased SCFA contents. Furthermore, activation of *FXR $\alpha$*  and *TGR5* can improve triglyceride control via stimulating thyroid hormone in brown adipose tissue and muscle to increase energy expenditure (15). PYY and GLP-1 are two anorectic gut hormones secreted from enteroendocrine L-cells, and the upregulated colonic *GLP-1* illustrated the satiety signal was amplified, coinciding with the change of serum LEP level, which might be link to the appetite regulation of SCFAs (44, 45). Additionally, the values for contents of corresponding serum SCFA profiles showed the similar tendency as those in

colonic digesta, which implied that SCFA produced in colon did not completely used onsite and the remaining entered into the blood to take part in whole body metabolism. The findings implied that SCFAs might be an important bridge between gut microbiota and parenteral tissues or organs in host metabolism.

The liver is the center of lipid synthesis and metabolism. FAS, HSL, LPL and ATGL are the key enzymes for hepatic fatty acid synthesis and lipolysis (46). FAS is responsible for lipogenesis, whereas HSL, LPL and TGH are in charge of lipolysis. In our study, dietary *L. delbrueckii* tended to increase the LPL enzyme activity, upregulated *LPL* and *TGH* mRNA expression and down-regulated *FAS* mRNA expression in the liver, illustrating hepatic lipolysis was strengthened but lipogenesis weakened. LPL provides fatty acid for tissue utilization and storage and can be inhibited by *Angptl4*. *Angptl4* is highly expressed in liver and adipose tissue and susceptible to regulation by gut microbiota and SCFAs, controlling TG deposition into adipocytes (11, 47). However, we found the *Angptl4* and *LPL* expression were both increased, which might be related to the SCFAs generated in colon, just as a report from Jiao et al. (45) that SCFAs could reduce lipogenesis, and enhance lipolysis in different tissues of pigs via regulating related hormones and genes. *CPT1* is a rate-limiting enzyme in the  $\beta$ -oxidation process of fatty acids and located in the outer mitochondrial membrane, catalyzing the transfer of long-chain fatty acids from acyl-CoA to carnitine, then it enters the mitochondria from the cytoplasm for oxidation (14). The upregulated hepatic *CPT-1* mRNA expression demonstrated that fatty acid  $\beta$ -oxidation might be enhanced. The above description indicated that the decreased lipogenesis and increased lipolysis in the liver might be due to the SCFA-mediated regulation of related genes and enzyme activity.

Skeletal muscle and adipose tissue are important sites involved in fatty acid metabolism. Our results showed that mRNA expression of *AMPK* in longissimus, *LPL*, *CPT-1*, *Angptl4*, *CD36* and *ADD1* in subcutaneous fat, and *LPL*, *CPT-1*, *TGH*, *ADD1* and *HSL* in leaf lard were upregulated by dietary *L. delbrueckii*. *AMPK* is a key regulator of energy metabolism, and activated *AMPK* can promote catabolic pathways, resulting in ATP generation and inhibiting ATP-consumed anabolic pathways to restore body energy homeostasis (48). *LPL*, *TGH*, *HSL*, *Angptl4* and *CPT-1* involved in lipolysis and fatty acid  $\beta$ -oxidation process as previously mentioned. *CD36* is widely distributed on the cell surface, including extracellular, transmembrane and cytoplasmic region, is an important FA transport receptor that mediates FA uptake of tissue, which accounts for 50% of the FA uptake in adipose tissues and muscle in mice (49). *ADD1* belongs to a member of *SREBPs* family, directly involving in fat synthesis and glucose metabolism by regulating gene expression of *PPAR $\gamma$* , *FAS*, *ACC* and *PEPCK* (50). These results implied administration of *L. delbrueckii* might increase lipolysis and energy expenditure in muscle and adipose tissues of growing-finishing pigs via regulation of lipid metabolism related genes.

## Conclusions

Taken together, our results demonstrated that dietary *L. delbrueckii* might lower serum TG levels of growing-finishing pigs via enhancing colonic *Lactobacillus*, *Butyrivibri*, *Akkermansia* and *Megasphaera* abundance and Butyric acid content, and upregulating mRNA expression of genes related lipolysis and fatty acid  $\beta$ -oxidation in liver, muscle and fat tissues (Figure 8).

## Data availability statement

The datasets presented in this study can be found in online repositories. The names of the repository and accession number are SRA and PRJNA670289 respectively.

## Ethics statement

The animal study was reviewed and approved by the Animal Care and Use Committee of the Institute of Subtropical Agriculture, Chinese Academy of Sciences under the permit number IACUC#201302 (Changsha, China). Written informed consent was obtained from the owners for the participation of their animals in this study.

## Author contributions

RL, GH, and XH are responsible for the conceptualization. GH, LW, and YYu contribute to animal trail, sample collection, and measurement. GH and RL are responsible for data analysis and drafting of the manuscript. WP and JY provides technical support. XH, RL, and YYi contribute to the resources. RL, JY, and YYi are responsible for supervision and critical revision of the manuscript. All authors contributed to the article and approved the submitted version.

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## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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## Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fvets.2022.982349/full#supplementary-material>

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