

# Systematic Review of the Association Between Worsening Renal Function and Mortality in Patients With Acute Decompensated Heart Failure



Takayuki Yamada<sup>1,2,11</sup>, Hiroki Ueyama<sup>1,11</sup>, Nitin Chopra<sup>1</sup>, Takahiro Yamaji<sup>2</sup>, Kengo Azushima<sup>2,3</sup>, Ryu Kobayashi<sup>2</sup>, Sho Kinguchi<sup>2</sup>, Shingo Urate<sup>2</sup>, Toru Suzuki<sup>2</sup>, Eriko Abe<sup>2</sup>, Yusuke Saigusa<sup>4</sup>, Hiromichi Wakui<sup>2</sup>, Paulina Partridge<sup>5</sup>, Alfred Burger<sup>1</sup>, Claudio A. Bravo<sup>6</sup>, Maria A. Rodriguez<sup>7</sup>, Juan Ivey-Miranda<sup>8</sup>, Kouichi Tamura<sup>2</sup>, Jeffery Testani<sup>9</sup> and Steven Coca<sup>10</sup>

<sup>1</sup>Department of Medicine, Mount Sinai Beth Israel, Icahn School of Medicine at Mount Sinai, New York, New York, USA; <sup>2</sup>Department of Medical Science and Cardiorenal Medicine, Yokohama City University Graduate School of Medicine, Yokohama, Japan; <sup>3</sup>Cardiovascular and Metabolic Disorders Program, Duke–National University of Singapore Medical School, Singapore; <sup>4</sup>Department of Biostatistics, Yokohama City University School of Medicine, Yokohama, Japan; <sup>5</sup>College of Arts and Sciences, University of Miami, Coral Gables, Florida, USA; <sup>6</sup>Department of Medicine, Division of Cardiology, Columbia University Medical Center, New York, New York, USA; <sup>7</sup>Department of Medicine, Division of Cardiology, Albert Einstein College of Medicine, Bronx, New York, USA; <sup>8</sup>Cardiology Hospital, XXI Century National Medical Center, Mexican Social Security Institute, Mexico City, Mexico; <sup>9</sup>Section of Cardiovascular Medicine, Yale University School of Medicine, New Haven, Connecticut, USA; and <sup>10</sup>Division of Nephrology, Department of Medicine, Icahn School of Medicine at Mount Sinai, New York, New York, USA

**Introduction:** Outcomes in acute decompensated heart failure (ADHF) have remained poor. Worsening renal function (WRF) is common among patients with ADHF. However, the impact of WRF on the prognosis is controversial. We hypothesized that in patients with ADHF, the achievement of concomitant decongestion would diminish the signal for harm associated with WRF.

**Methods:** We performed a systematic search of PubMed, EMBASE, and the Cochrane Library up to December 2019 for studies that assessed signs of decongestion in patients with WRF during ADHF admission. The primary outcome was all-cause mortality and heart transplantation.

**Results:** Thirteen studies were selected with a pooled population of 8138 patients. During the follow-up period of 60–450 days, 19.2% of patients died. Unstratified, patients with WRF versus no WRF had a higher risk for mortality (odds ratio [OR], 1.71 [95% confidence interval {CI}, 1.45–2.01];  $P < 0.0001$ ). However, patients who achieved decongestion had a similar prognosis (OR, 1.15 [95% CI, 0.89–1.49];  $P = 0.30$ ). Moreover, patients with WRF who achieved decongestion had a better prognosis compared with those without WRF or decongestion (OR, 0.63 [95% CI, 0.46–0.86];  $P = 0.004$ ). This tendency persisted for the sensitivity analyses.

**Conclusions:** Decongestion is a powerful effect modifier that attenuates harmful associations of WRF with mortality. Future studies should not assess WRF as an endpoint without concomitant assessment of achieved volume status.

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KEYWORDS: cardiorenal syndrome; heart failure; meta-analysis; mortality/survival

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**Correspondence:** Steven Coca, Division of Nephrology, Department of Medicine, Icahn School of Medicine at Mount Sinai, 1468 Madison Ave, New York, NY 10029, USA. E-mail: [steven.coca@mssm.edu](mailto:steven.coca@mssm.edu); or Kouichi Tamura, Department of Medical Science and Cardiorenal Medicine, Yokohama City University Graduate School of Medicine, 3-9 Fukuura, Kanazawa Ward, Yokohama, Kanagawa 236-0004, Japan. E-mail: [tamukou@yokohama-cu.ac.jp](mailto:tamukou@yokohama-cu.ac.jp)

<sup>11</sup>TYamad and HU contributed equally to this work.

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Heart failure (HF) is a major public health problem with a high prevalence<sup>1</sup> and a substantial economic burden.<sup>2</sup> Management of ADHF presents a major challenge. Although survival from chronic HF has improved,<sup>3</sup> outcomes in ADHF have changed little because there continues to be a high risk of mortality and rehospitalization.<sup>4</sup>

Chronic kidney disease (CKD) is present in 17%–30% of patients with ADHF and portends a poorer

prognosis.<sup>5</sup> However, the impact of WRF during ADHF admission on prognosis is controversial. While it is well known that WRF is associated with poorer outcomes,<sup>6,7</sup> several studies claim that WRF is unrelated to increased mortality in some patients.<sup>8,9</sup> These findings suggest that this population is heterogeneous and that WRF may be caused by derangements in hemodynamics that are reversible in some patients with ADHF.<sup>10</sup>

We hypothesized that in patients with ADHF, the achievement of concomitant decongestion including hemoconcentration, a decrease of B-type natriuretic peptide (BNP), and the absence of signs of congestion on physical examination would diminish the signal for harm associated with WRF.

## METHODS

### Literature Search

The search strategy was conducted in accordance with Preferred Reporting Items for Systematic Reviews and Meta-Analyses.<sup>11</sup> We performed a systematic search of PubMed, EMBASE, and the Cochrane Library from inception to December 2019. The following keywords were applied: (“heart failure” [MeSH] OR HF OR “acute heart failure” OR AHF OR “acute decompensated heart failure” OR ADHF) AND (“acute kidney injury” [MeSH] OR AKI OR “worsening renal function” OR WRF OR creatinine) AND (edema [MeSH] OR “edema, cardiac” [MeSH] OR “pulmonary edema” OR congestion OR decongestion OR “natriuretic peptide, brain” OR BNP OR “N-terminal pro b-type natriuretic peptide” [NT-proBNP] OR “NT-proBNP” OR hemoconcentration OR hemoglobin OR hematocrit) AND (mortality [MeSH] OR “all-cause mortality” OR “hospital mortality” OR “heart transplantation” OR prognosis). We restricted the search to human studies. There were no language restrictions. Further manual searches of bibliographies for all relevant studies and review articles were conducted by 2 investigators (TYamad, HU).

### Study Selection and Data Extraction

We included all studies that involved adult patients (>18 years of age) who were admitted for ADHF where the outcomes were comparing patients with or without decongestion between patients with WRF and those without WRF. The primary outcome was a composite of all-cause mortality and heart transplantation. Studies were excluded if (i) they included nonhuman subjects and (ii) no crude mortality data or ORs for the study groups were available even after contact with the authors. All data from eligible studies were independently extracted by 2 investigators (TYamad, HU). Discrepancies were resolved by discussion among the 2 reviewers and by referencing the original report. The Newcastle-Ottawa

Scale<sup>12</sup> and the Newcastle-Ottawa Scale adapted for cross-sectional studies<sup>13</sup> were used to assess the quality of nonrandomized studies. We considered studies to be of high quality if they had a score  $\geq 6$ .

### Statistical Analysis

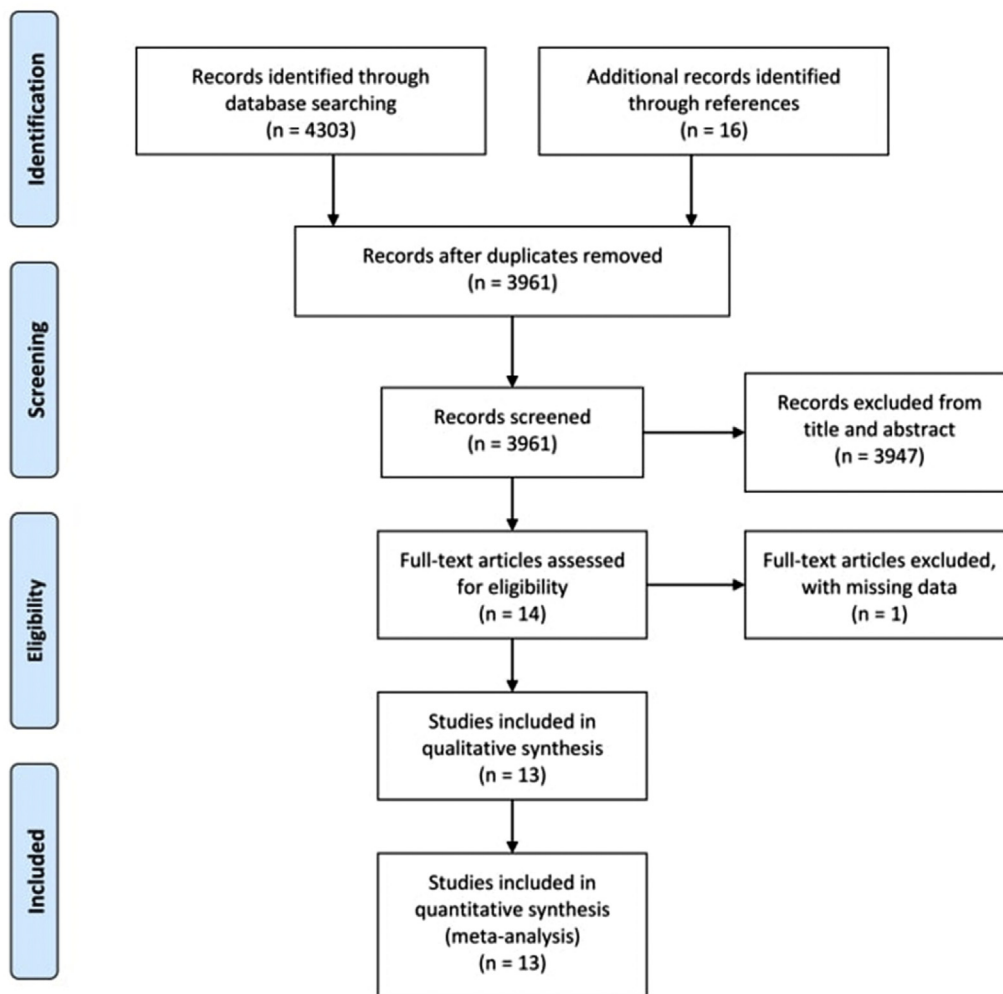
All analyses were conducted using Review Manager version 5.3<sup>14</sup> and Comprehensive Meta-Analysis version 3 (Biostat, Englewood, NJ). ORs and 95% CIs were obtained directly from individual articles or by calculating from crude mortality using Mantel-Haenszel methods. A random effects model was used to determine the risk associated with the presence of WRF/decongestion and all-cause mortality or heart transplantation. All reported probability values were 2-sided, with significance set at  $P < 0.05$ . Heterogeneity was assessed by the probability value of the  $\chi^2$  statistic and  $I^2$ .<sup>15,16</sup> We regarded an  $I^2$  of <40% as “heterogeneity might not be important” and >50% as “may represent substantial heterogeneity” based on the suggestion of the Cochrane Handbook for Systemic Review of Interventions.<sup>17</sup> Sensitivity analyses were performed for (i) the definition of WRF, (ii) short ( $\leq 180$  days) versus long (>180 days) follow-up periods, (iii) the definition of decongestion, and (iv) prospective versus retrospective studies. Univariable meta-regression analysis was conducted to examine the effect of study-level variables: study size, age, sex, left ventricular ejection fraction, angiotensin-converting enzyme inhibitor or angiotensin II receptor blocker, beta-blockers (BBs), diuretics, creatinine, blood urea nitrogen, estimated glomerular filtration rate, hemoglobin level, proportion of WRF, achievement of decongestion, and presence of diabetes, hypertension, CKD, HF, coronary artery disease (CAD), and atrial fibrillation. The general linear method was used for meta-regression, weighting by study sample size.

Publication bias of studies with different sample sizes was assessed by the Begg and Mazumdar rank correlation test<sup>18</sup> and the Egger regression test.<sup>19</sup>

## RESULTS

### Literature Search and Included Studies

A diagram of the study selection is shown in Figure 1. Initially, a total of 4303 studies were obtained in the primary database search and 16 studies were identified through references. We removed 358 duplicate studies; 3961 studies were screened. By screening titles and abstracts, 3947 articles were excluded. By assessing full-text articles, 13 studies published up to December 2019 were selected for our meta-analysis according to the inclusion criteria.<sup>20–32</sup> The pooled population consisted of 8138 patients. The prevalence of WRF was 27.8%. More than



**Figure 1.** Flow diagram for study selection.

half (55.4%) of those with WRF and 58.1% of those without WRF experienced decongestion.

### Study Characteristics and Quality Assessment

The definitions of terms and characteristics of the included studies are listed in Tables 1 and 2, respectively.<sup>20–32</sup> The median ages of patients in the included studies ranged from 56–78 years. The proportion of the history of HF varied from 46%–78% and left ventricular ejection fraction ranged from 20%–45%. Four prospective studies were identified in the meta-analysis, while the other 9 studies were retrospective or *post hoc* studies. Most studies regarded WRF as an increase in creatinine of >0.3 mg/dl from baseline, except studies by Stolfo *et al.*<sup>24</sup> and Testani *et al.*,<sup>21</sup> in which WRF was defined as a decrease in estimated glomerular filtration rate of  $\geq 20\%$ . The definition of decongestion varied by study. Six studies defined decongestion based on physical examination findings (such as jugular venous distention, hepatomegaly, edema, pulmonary rales, third heart sound, and a decrease in blood pressure); 5 studies regarded decongestion as a decrease in BNP or NT-proBNP; and 2 studies determined decongestion as hemoconcentration,

such as an increase in hemoglobin or hematocrit. According to the Newcastle–Ottawa Scale, all studies were of high quality and had scores  $\geq 6$  (Supplementary Table S1).

### WRF and All-Cause Mortality

After a follow-up period of 60–450 days, 19.2% of patients died; the crude mortality rates for patients with and without WRF were 26.6% and 16.6%, respectively. This resulted in a combined unadjusted OR for mortality of 1.71 (95% CI, 1.45–2.01,  $P < 0.00001$ ;  $I^2 = 29\%$ ) (Figure 2).<sup>20–32</sup> The funnel plot is symmetric for the overall effect (Figure 3). The Begg and Mazumdar rank correlation test and the Egger regression test indicated no statistically significant publication bias (2-tailed  $P$  values of 0.54 and 0.82, respectively).

### Effect Modification of Decongestion on the Association Between WRF and All-Cause Mortality in Patients with ADHF

We divided patients with WRF into 2 groups: patients with or patients without decongestion, as defined as

**Table 1.** Definitions of terms in included studies

Author, yr	Study design	Definition of decongestion	Definition of WRF	Follow-up, d	Outcome
Breidhardt <i>et al.</i> , <sup>26</sup> 2017	Prospective cohort	Increase >3 of the parameters (Hgb, Hct, Alb, and TP) after day 4	Increase Cr $\geq$ 0.3 mg/dl	90	All-cause mortality
Brisco <i>et al.</i> , <sup>32</sup> 2016	Post hoc analysis	NT-proBNP reduction >30%	Increase Cr $\geq$ 0.3 mg/dl	60	All-cause mortality
Fudim <i>et al.</i> , <sup>22</sup> 2018	Post hoc analysis	No physical signs of congestion	Increase Cr $\geq$ 0.3 mg/dl	180	All-cause mortality
Martins <i>et al.</i> , <sup>27</sup> 2018	Retrospective analysis	Increase in Hgb during hospitalization	Increase Cr $\geq$ 0.3 mg/dl	180	All-cause mortality
Metra <i>et al.</i> , <sup>20</sup> 2012	Prospective cohort	No physical signs of congestion (third heart sound, pulmonary rales, jugular venous distention, hepatomegaly, or edema)	Increase Cr $\geq$ 0.3 mg/dl	365	Death, heart transplantation
Metra <i>et al.</i> , <sup>29</sup> 2018	Post hoc analysis	No physical signs of congestion (orthopnea, edema, or jugular venous distention)	Increase Cr $\geq$ 0.3 mg/dl	90	All-cause mortality
Rao <i>et al.</i> , <sup>31</sup> 2019	Post hoc analysis	NT-pro BNP reduction >30%	Increase Cr $\geq$ 0.3 mg/dl	60	All-cause mortality
Salah <i>et al.</i> , <sup>25</sup> 2015	Retrospective cohort	NT-pro BNP reduction >30%	Increase Cr >0.3 mg/dl and >25%	180	All-cause mortality
Skolski <i>et al.</i> , <sup>28</sup> 2019	Prospective cohort	Not needed increase of i.v. diuretics or ultrafiltration	Increase Cr $\geq$ 0.3 mg/dl or eGFR decrease >25%	365	All-cause mortality
Stolfo <i>et al.</i> , <sup>24</sup> 2017	Prospective cohort	BNP reduction >40%	$\geq$ 20% decrease eGFR	390	All-cause mortality
Testani <i>et al.</i> , <sup>21</sup> 2011	Retrospective analysis	SBP reduction over the median	$\geq$ 20% decrease eGFR	180	All-cause mortality
Wattad <i>et al.</i> , <sup>23</sup> 2015	Post hoc analysis	No physical signs of congestion (jugular venous distention, hepatomegaly, edema, pulmonary rales, and third heart sound)	Increase Cr $\geq$ 0.3 mg/dl	450	All-cause mortality
Wettersten <i>et al.</i> , <sup>30</sup> 2019	Retrospective analysis	BNP reduction >30%	Increase Cr $\geq$ 0.3 mg/dl or $\geq$ 50%	365	All-cause mortality

Alb, albumin; BNP, brain natriuretic peptide; Cr, creatinine; eGFR, estimated glomerular filtration rate; Hct, hematocrit; Hgb, hemoglobin; NT-proBNP, N-terminal pro-brain natriuretic peptide; SBP, systolic blood pressure; TP, total protein; WRF, worsening renal function.

above. The crude mortality rates for patients with WRF with and without decongestion were 15.2% and 38.8%, respectively. In patients without decongestion, WRF was associated with a higher risk of mortality (OR, 2.30 [95% CI, 1.79–2.94];  $P < 0.00001$ ;  $I^2 = 37\%$ ) (Figure 4).<sup>20–32</sup> On the other hand, the harmful effect of WRF was nullified by decongestion. In patients with WRF who achieved decongestion, mortality was not inferior to that in patients who did not have WRF (OR, 1.15 [95% CI, 0.89–1.49];  $P = 0.30$ ;  $I^2 = 28\%$ ) (Figure 5).<sup>20–32</sup> Moreover, patients with WRF who achieved decongestion were found to have lower mortality than those without WRF who did not reach decongestion (OR, 0.63 [95% CI, 0.46–0.86];  $P = 0.04$ ;  $I^2 = 46\%$ ).

### Sensitivity Analyses

In the 11 studies that defined WRF as an increase in creatinine of >0.3 mg/dl from baseline, WRF was associated with higher mortality overall (OR, 1.64 [95% CI, 1.36–1.98];  $P < 0.0001$ ;  $I^2 = 49.2\%$ ), but the effect was not seen in patients with decongestion (OR, 1.17 [95% CI, 0.89–1.53];  $P = 0.27$ ;  $I^2 = 38.1\%$ ). However, in 2 studies that defined WRF as a decrease in estimated glomerular filtration rate of  $\geq 20\%$ , WRF did not show a statistically significant difference (OR, 1.28 [95% CI, 0.73–2.25];  $P = 0.39$ ;  $I^2 = 0\%$ ).

Second, we performed a sensitivity analysis stratified by follow-up period. The results are consistent in studies with a short period ( $\leq 180$  days: overall OR, 1.80 [95% CI, 1.44–2.25];  $P < 0.0001$ ;  $I^2 = 39.3\%$ ; in decongested patients: OR, 1.15 [95% CI, 0.76–1.74];  $P = 0.50$ ;  $I^2 = 51.3\%$ ) and a long period ( $> 180$  days: overall OR, 1.33 [95% CI, 1.12–1.59];  $P = 0.001$ ;  $I^2 = 0\%$ ; in decongested patients: OR, 1.17 [95% CI, 0.88–1.56];  $P = 0.28$ ;  $I^2 = 0\%$ ).

Third, we divided studies according to the definitions of decongestion. In 6 studies that defined decongestion based on physical examination findings, WRF was related to poor outcomes (OR, 1.55 [95% CI, 1.27–1.90];  $P < 0.0001$ ;  $I^2 = 22.8\%$ ) but not in the decongested group (OR, 1.10 [95% CI, 0.82–1.47];  $P = 0.51$ ;  $I^2 = 26.2\%$ ). This tendency was similar in the 2 studies that defined decongestion as hemoconcentration (overall: OR, 2.17 [95% CI, 1.70–2.77];  $P < 0.0001$ ;  $I^2 = 0\%$ ; in decongested patients: OR, 1.66 [95% CI, 0.54–5.12];  $P = 0.38$ ;  $I^2 = 71.3\%$ ). However, in 5 studies that regarded decongestion as a decrease in BNP or NT-proBNP, WRF did not show a statistically significant difference in either overall patients (OR, 1.29 [95% CI, 0.94–1.77];  $P = 0.11$ ;  $I^2 = 19.6\%$ ) or decongested patients (OR, 1.23 [95% CI, 0.63–2.40];  $P = 0.54$ ;  $I^2 = 42.4\%$ ).

Lastly, we separated prospective and retrospective studies. In 4 prospective studies, WRF was associated

**Table 2.** Baseline characteristics of included studies

Author, yr	Patients, n	Age, yr	Male, %	DM, %	HTN, %	CKD, %	HF, %	CAD, %	Afib, %	LVEF, %	ACEI/ARB, %	BB, %	Diuretic, %	Cr, mg/dl	eGFR, ml/min per 1.73 m <sup>2</sup>	Hgb, g/dl	WRF, %	Decongestion (%)
Breidhardt et al., <sup>26</sup> 2017	1019	77.9	54.9	30.6	76.2	44	49.4	24.9	N/A	45	56.1	51.7	54	N/A	N/A	N/A	33.2	21.3
Brisco et al., <sup>32</sup> 2016	301	66.0	73.4	52.5	80.4	N/A	74.4	N/A	N/A	34.5	63.8	83.4	100	1.6	51.8	11.7	15.5	46.1
Fudim et al., <sup>22</sup> 2018	206	N/A	73.8	31.1	N/A	N/A	54.9	44.8	N/A	20	78.2	64.6	98.5	N/A	N/A	N/A	44.8	47.8
Marfins et al., <sup>27</sup> 2018	618	79	41.9	36.2	60.7	22.5	N/A	20.5	N/A	43	65	32.4	66.7	1.4	N/A	12.2	49	43.2
Mehta et al., <sup>20</sup> 2012	594	69.1	74	35	53	35	66	56	36	33.3	76	60	99	1.6	42.8	12.8	50.2	87.2
Mehta et al., <sup>29</sup> 2018	1537	70	66.4	45.3	79.4	N/A	66.4	38.6	53.5	30.3	N/A	N/A	N/A	1.3	49	12.7	20.5	77.4
Rao et al., <sup>31</sup> 2019	188	67.5	70.5	62.0	N/A	N/A	73.3	60.6	51.5	32.5	51.0	73.5	88.0	1.99	N/A	N/A	26.4	41.1
Salah et al., <sup>25</sup> 2015	1232	74	60	32	50	N/A	74	49	43	N/A	66	57	95	1.52	56.3	12.57	10.9	56.8
Skoliski et al., <sup>28</sup> 2019	266	67	70.7	36.8	56	38.7	72.9	51.5	48.5	35	65.8	69.2	7.9	1.2	54.3	13	14.3	71.8
Solito et al., <sup>24</sup> 2017	122	69.3	74	28	N/A	61	N/A	53	31	34.7	N/A	N/A	N/A	1.44	55.1	12.4	23	59.8
Testani et al., <sup>21</sup> 2011	386	56.4	74.1	31.9	46.6	N/A	50.3	50.3	N/A	19.5	N/A	N/A	N/A	N/A	56.9	12.5	20.5	50
Waheed et al., <sup>23</sup> 2015	762	77.1	49.7	45	87.7	N/A	46	66	47.1	N/A	71	66.1	N/A	1.3	51	11.7	27	66.8
Wehsten et al., <sup>30</sup> 2019	814	69	63	44	80.1	26	N/A	47	N/A	N/A	31.4	72	70.8	1.2	60	11.7	32.2	51.7

ACEi, angiotensin-converting enzyme inhibitor; Afib, atrial fibrillation; ARB, angiotensin II receptor blocker; BB, beta blocker; BUN, blood urea nitrogen; CAD, coronary artery disease; CKD, chronic kidney disease; Cr, creatinine; DM, diabetes; eGFR, estimated glomerular filtration rate; HF, heart failure; Hgb, hemoglobin; HTN, hypertension; LVEF, left ventricular ejection fraction; N/A, not available; NOS, Newcastle-Ottawa scale; WRF, worsening renal function.

with poor prognosis, but not in decongested group (OR, 1.74 [95% CI, 1.33–2.27];  $P < 0.0001$ ;  $I^2 = 0\%$ ; and OR, 1.28 [95% CI, 0.63–2.58];  $P = 0.49$ ;  $I^2 = 43.1\%$ , respectively). The results were similar in 9 retrospective studies as well but with high heterogeneity (overall: OR, 1.59 [95% CI, 1.27–1.99];  $P < 0.0001$ ;  $I^2 = 55.3\%$ ; decongested group: OR, 1.13 [95% CI, 0.85–1.49];  $P = 0.40$ ;  $I^2 = 33.6\%$ ).

**Meta-regression**

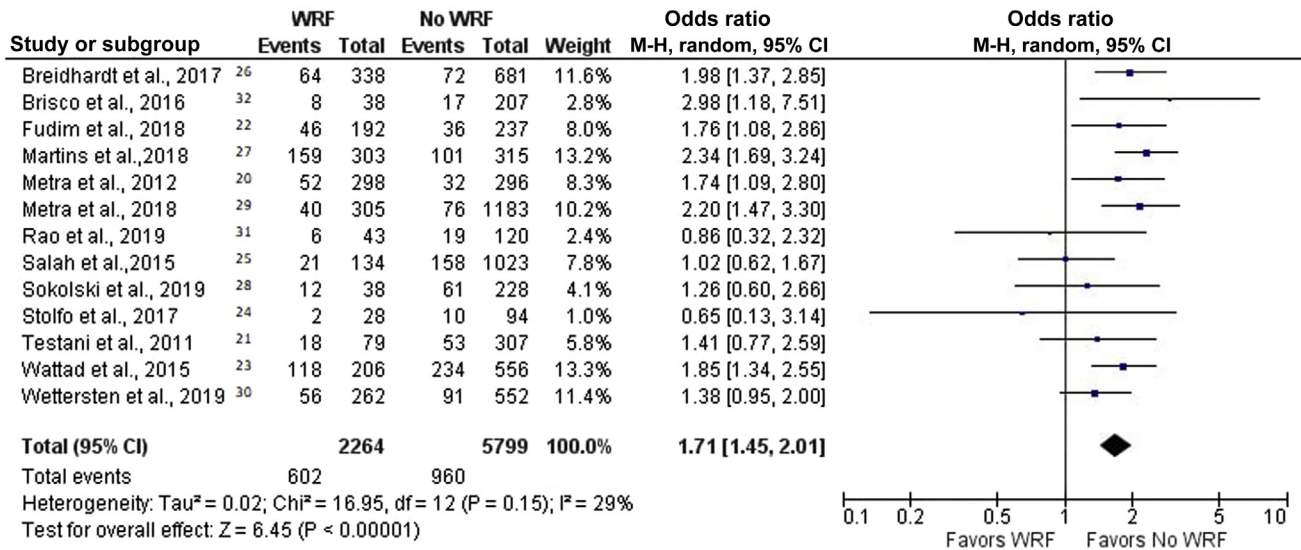
Meta-regression analysis for all 11 studies suggested that the proportion of CAD ( $P = 0.0004$ ) and BB ( $P = 0.0023$ ) contributed to overall heterogeneity (Table 3). In 11 studies that defined WRF as an increase in creatinine  $>0.3$  mg/dl, meta-regression suggested that WRF accounted for heterogeneity but CAD and BB did not ( $P$  values for CAD, BB, and WRF were 0.20, 0.057, and 0.0013, respectively).

**DISCUSSION**

In this systematic review and meta-analysis we examined the effect modification of decongestion on the association between WRF and mortality in patients with ADHF. Unstratified analysis showed that WRF was associated with higher mortality, a finding that is well known.<sup>6</sup> This study divided WRF patients into 2 groups: patients with and without signs of decongestion at the time of hospital discharge. The results of the pooled analyses demonstrated that decongestion was associated with the mitigation of the harmful effects of WRF in patients with ADHF. This fact suggests that WRF in ADHF can be heterogeneous in terms of prognosis. Moreover, our study revealed that patients with WRF who achieved decongestion had a better prognosis compared with patients without WRF who did not accomplish decongestion.

Multiple mechanisms are involved in the pathophysiology of WRF; among them, venous congestion plays a central role. Studies have shown that elevated central venous pressure is associated with a higher risk of WRF.<sup>10,33</sup> Venous congestion can lead to WRF via several mechanisms, including activation of the renin-angiotensin-aldosterone system, an increase in renal interstitial pressure, and sympathetic nervous system stimulation.<sup>34</sup> Renal dysfunction resulting from neurohormonal or hemodynamic abnormalities (also known as vasomotor nephropathy) can be reversible.

This meta-analysis suggests that WRF caused by vasomotor nephropathy should be distinguished from WRF related to intrinsic kidney disease. It also indicates that aggressive diuresis can be warranted even though it may cause WRF because it is related to a better prognosis. Despite aggressive therapy,



**Figure 2.** Forest plot of the association between worsening renal function (WRF) and mortality in patients with acute decompensated heart failure. Odds ratios are presented as means and 95% confidence intervals (CIs). M-H, Mantel–Haenszel.<sup>20–32</sup>

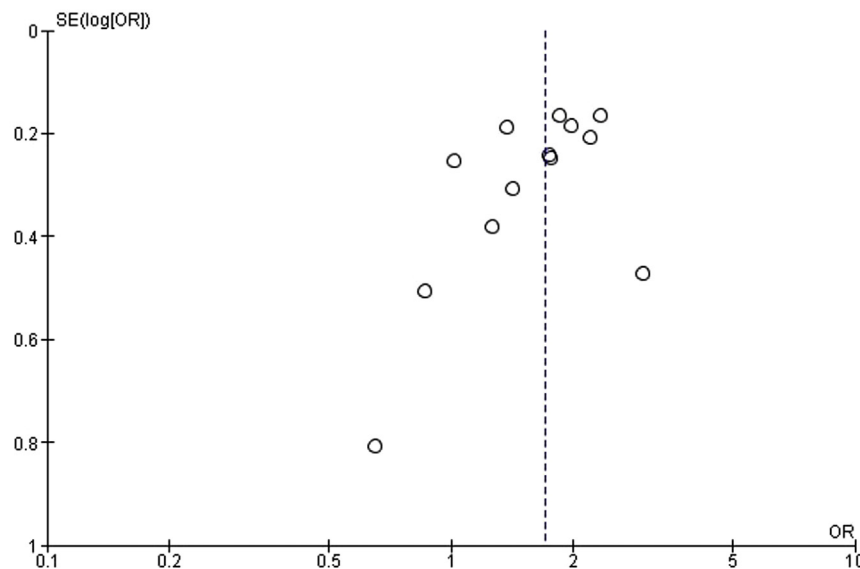
congestion at discharge is frequent and is associated with a higher risk of death or rehospitalization.<sup>35</sup>

Meta-regression analysis suggested that the proportion of CAD, BB, and WRF could affect the result. It has been reported that the presence of CAD is independently associated with increased mortality in patients with ADHF,<sup>36</sup> which is a possible explanation. A cohort study suggested that the use of BB was protective for in-hospital mortality in patients with ADHF who were complicated by WRF.<sup>37</sup> Further studies can be

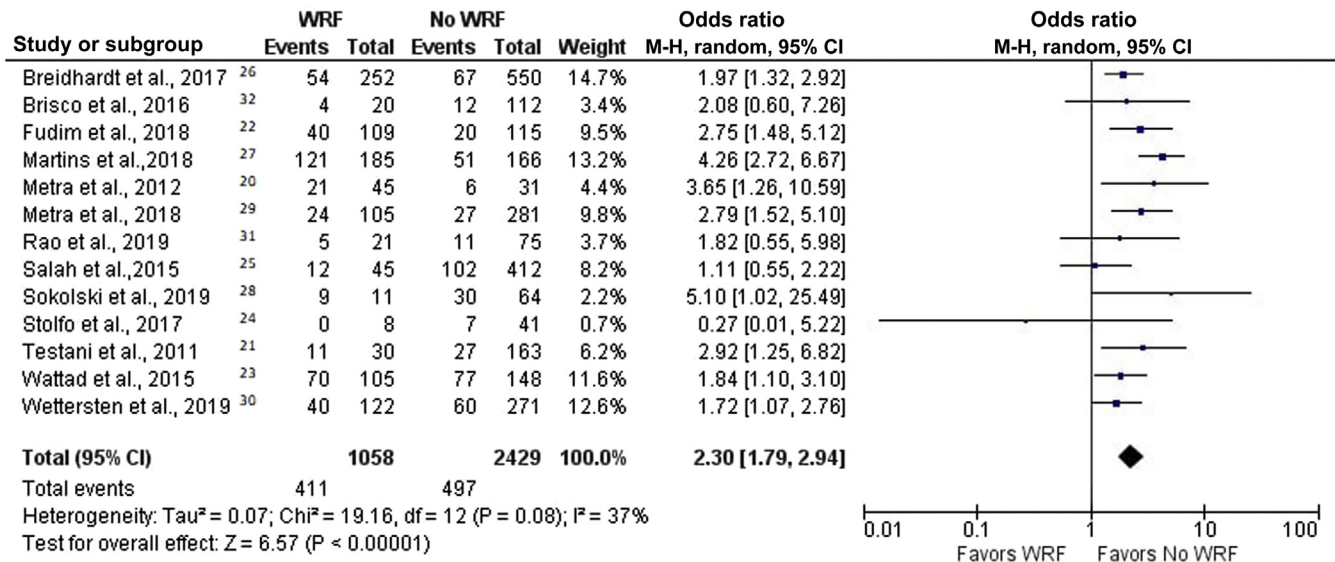
warranted to assess the association between BB and mortality in patients with ADHF and WRF.

As far as we know, this is the first systematic review and meta-analysis that stratified patients with WRF into decongestion and nondecongestion groups.

The large number of patients analyzed is a strength of our study. We included 7730 patients, enough to show the statistically significant differences. The results are consistent with sensitivity analyses, which strengthens our findings.



**Figure 3.** Funnel plot of worsening renal function and all-cause mortality. OR, odds ratio; SE, standard error.



**Figure 4.** Forest plot of the association between worsening renal function (WRF) and mortality in patients without decongestion. Odds ratios are presented as means and 95% confidence intervals (CIs). M-H, Mantel–Haenszel.<sup>20–32</sup>

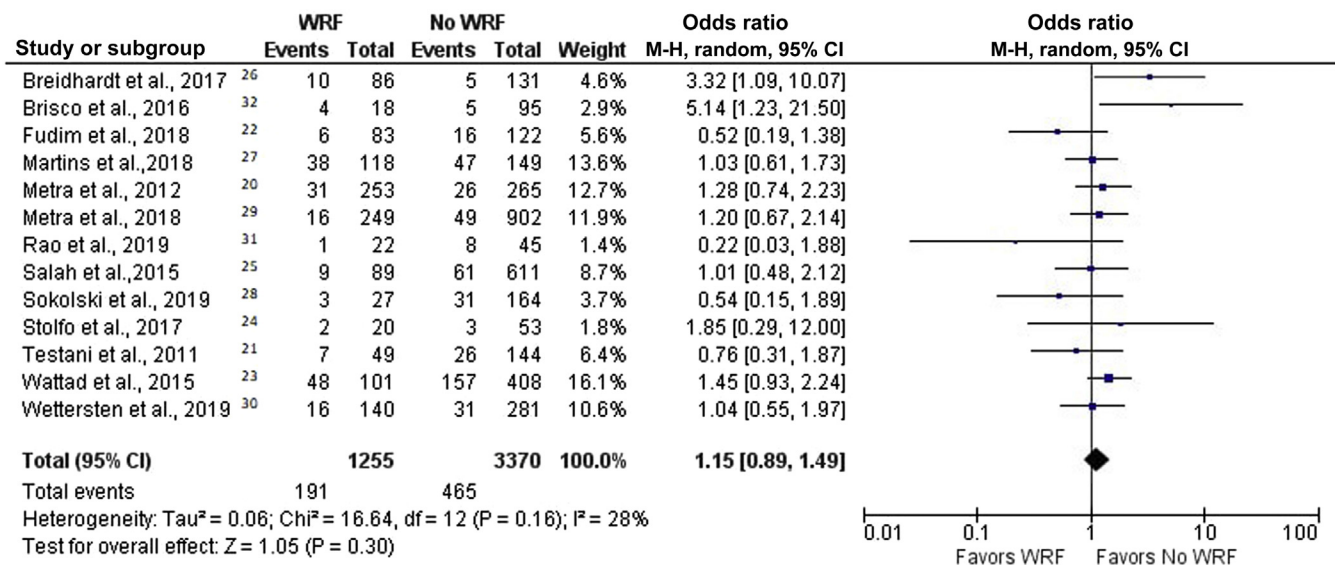
Our study has several limitations. First, this analysis contained retrospective data that are subject to bias. Second, we used the reported crude data to calculate effect estimates for most of the studies, since multivariate-adjusted data were not available in most articles. Therefore, the results should be interpreted with caution because the data may be biased by confounding factors. Third, the definitions of decongestion varied among studies, based on physical examinations, hemoconcentration, or change in BNP. Moreover, the definition of WRF used in the main analysis and meta-regression varied as well. These factors may lead to heterogeneity. Finally, patients who achieve

decongestion are likely less diuretic resistant and represent a less severe phenotype of cardiorenal syndrome.

In conclusion, decongestion is a powerful effect modifier that attenuates the harmful associations of WRF with mortality in ADHF. Future studies should not assess WRF in isolation as an endpoint without concomitant assessment of the volume status that accompanied the WRF.

**DISCLOSURE**

All the authors declared no competing interests.



**Figure 5.** Forest plot of the association between worsening renal function (WRF) and mortality in patients with decongestion. Odds ratios are presented as means and 95% confidence intervals (CIs). M-H, Mantel–Haenszel.<sup>20–32</sup>

**Table 3.** Meta-regression analyses of mortality on predictors

Covariate	Coefficient	Standard error	95% lower limit	95% upper limit	Z value	Two-sided P value
Study size	0.0001	0.0002	-0.0003	0.0006	0.59	0.56
Age	0.0046	0.013	-0.021	0.031	0.35	0.73
Male, %	-0.005	0.0085	-0.022	0.012	-0.58	0.56
Diabetes, %	-0.0048	0.012	-0.028	0.018	-0.42	0.68
Hypertension, %	0.002	0.0073	-0.012	0.016	0.27	0.78
CKD, %	-0.011	0.014	-0.039	0.018	-0.74	0.46
HF, %	-0.0007	0.0093	-0.019	0.018	-0.07	0.94
CAD, %	-0.014	0.0039	-0.021	-0.006	-3.6	0.0004
Afib, %	0.011	0.021	-0.030	0.052	0.51	0.61
LVEF, %	0.011	0.0092	-0.0070	0.029	1.20	0.23
ACEi/ARB, %	0.0020	0.0076	-0.013	0.017	0.26	0.79
BB, %	-0.016	0.0052	-0.026	-0.0056	-3.05	0.0023
Diuretics, %	-0.008	0.0046	-0.0098	0.0082	-0.18	0.86
Cr, mg/dl	-0.18	0.64	-1.44	1.08	-0.28	0.78
BUN, mg/dl	-0.079	0.0057	-0.0033	0.019	1.39	0.17
eGFR, ml/min per 1.73 m <sup>2</sup>	-0.024	0.018	-0.058	0.011	-1.33	0.18
Hgb, g/dl	0.048	0.24	-0.42	0.51	0.2	0.84
Proportion of WRF, %	0.011	0.0064	-0.0020	0.023	1.65	0.099
Achievement of decongestion, %	-0.030	0.0051	-0.013	0.0069	-0.59	0.55

ACEi, angiotensin-converting enzyme inhibitor; Afib, atrial fibrillation; ARB, angiotensin II receptor blocker; BB, beta blocker; BUN, blood urea nitrogen; CAD, coronary artery disease; CKD, chronic kidney disease; Cr, creatinine; eGFR, estimated glomerular filtration rate; HF, heart failure; Hgb, hemoglobin; LVEF, left ventricular ejection fraction; WRF, worsening renal function.

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## AUTHOR CONTRIBUTIONS

TYamad designed the study, collected the data, contributed to the statistical analysis, and served as the primary author of the manuscript. HU collected the data, contributed to the statistical analysis, and served as an author of the manuscript (equivalent contributor). NC, KA, RK, SK, HW, and KT contributed to the statistical analysis and assisted with the writing of the manuscript. TYamaj, SU, TS, EA, PP, AB, and MAR contributed to the data collection and assisted with the writing of the manuscript. YS and JI-M contributed to the data collection and data analysis. CAB contributed to the data collection and assisted with the data analysis and writing of the manuscript. JT and SC contributed to study design and assisted with the writing of the manuscript.

## SUPPLEMENTARY MATERIAL

[Supplementary File \(PDF\)](#)

**Table S1.** Newcastle-Ottawa scale for assessment of quality of included studies (each asterisk represents if individual criterion within the subsection was fulfilled).

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