CASE REPORT Open Access

# Long-term follow-up of portal vein thrombosis in an American Cocker Spaniel with lobular dissecting hepatitis: a case report

Yumi Sakamoto<sup>1</sup>, Keita Sato<sup>1</sup>, Chieko Ishikawa<sup>1</sup>, Yumiko Kagawa<sup>2</sup>, Tomohiro Nakayama<sup>1</sup> and Manabu Sakai<sup>1\*</sup>

### **Abstract**

**Background:** Lobular dissecting hepatitis (LDH) is a rare form of canine liver cirrhosis that may be accompanied by portal hypertension in American Cocker Spaniels. In human patients with liver cirrhosis, portal vein thrombosis (PVT) is a common complication. However, PVT has not been reported in dogs with LDH. Herein, we describe the long-term follow-up of PVT in an American Cocker Spaniel with LDH.

Case presentation: An 8-year-old neutered male American Cocker Spaniel presented with a 1-month history of severe abdominal effusion. The dog was histopathologically diagnosed with LDH and treated with low-dose prednisolone on day 14. On day 115, computed tomography angiography (CTA) confirmed the presence of a thrombus in the portal vein. Therefore, the dog was subcutaneously administered with the anticoagulant dalteparin, and low-dose prednisolone was continued. As a follow-up for PVT, CTA examinations were performed on days 207, 515, 886, and 1168, and the dog's antithrombin and D-dimer levels were measured. Following anticoagulant therapy, the dog was confirmed to have gradually increased antithrombin activity and decreased D-dimer concentrations. In addition, although the thrombus was confirmed to be in the same area of the portal vein system by CTA, atrophy and increased CT values due to organization were observed during the follow-up period. The dog's condition remained stable without clinical signs until day 1112 when it developed hepatic encephalopathy. The dog died on day 1208. On postmortem examination, histopathologically, the liver showed marked bile duct hyperplasia and fibrosis with chronic thrombus in the portal vein.

**Conclusions:** This case demonstrated that low-dose glucocorticoid combined with dalteparin allowed long-term follow-up of PVT in an American Cocker Spaniel with LDH.

**Keywords:** Cocker spaniel, Computed tomography, Dalteparin, Dog, Portal hypertension, Portal vein thrombosis, Prednisolone

# **Background**

American Cocker Spaniels are predisposed to chronic liver diseases, such as chronic hepatitis and liver cirrhosis; lobular dissecting hepatitis (LDH) also arises in this breed [1–3]. LDH is characterized by reticular fibers

surrounding an individual or group of hepatocytes and is a form of liver cirrhosis according to World Small Animal Veterinary Association guidelines [4]. Dogs with LDH have shorter survival times than dogs with chronic hepatitis [5]. Intrahepatic portal hypertension (PH) is common in American Cocker Spaniels with chronic liver diseases [1, 2]. PH results in a high incidence of ascites and a formation of acquired portosystemic collaterals (APSCs) [1, 4, 6]. Hepatic encephalopathy is a sequela of APSCs. In particular, ascites is a negative prognostic

<sup>&</sup>lt;sup>1</sup> Department of Veterinary Medicine, College of Bioresource Sciences, Nihon University, 1866 Kameino, Fujisawa 252-0880, Kanagawa, Japan Full list of author information is available at the end of the article



<sup>\*</sup>Correspondence: sakai.manabu@nihon-u.ac.jp

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indicator in dogs with chronic liver diseases [7]. However, a study reported that low-dose glucocorticoid therapy can prolong survival in American Cocker Spaniels who present with ascites due to severe chronic liver diseases, including LDH [1].

Portal vein thrombosis (PVT) is a rare thrombotic complication in dogs receiving glucocorticoid therapy and those with hepatic diseases, such as chronic hepatitis, hepatic neoplasia, and congenital portosystemic shunt [8, 9]. By contrast, PVT is common in humans with liver cirrhosis [10]. The thrombus increases the resistance of blood flow into the portal vein, which is a cause of prehepatic PH [11, 12]. Therefore, it is difficult to control ascites in liver cirrhosis patients with PVT.

Recently, computed tomography angiography (CTA) has been used to diagnose and follow up canine PVT [13–16]. Dogs with PVT have been treated with low molecular weight heparin, unfractionated heparin, clopidogrel, aspirin, and warfarin [8, 15]. However, to the best of our knowledge, there are no case reports of simultaneous treatment with glucocorticoid and anticoagulants in dogs with LDH and PVT. Herein, we describe the long-term follow-up of PVT in an American Cocker Spaniel with LDH.

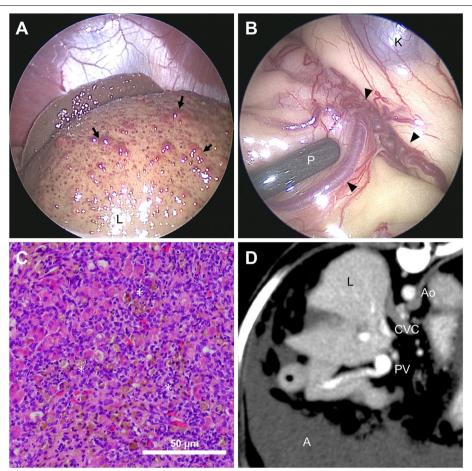
# Case presentation

An 8-year-old neutered male American Cocker Spaniel was presented to the Nihon University Animal Medical Center with a 1-month history of severe abdominal effusion. The dog was treated with furosemide (2 mg/kg every 12h orally), ursodeoxycholic acid (8 mg/kg every 12h orally), and metronidazole (10 mg/kg every 12h orally) for 1 month by the referring veterinarian. On first presentation, the dog was alert with a normal body condition. On physical examination, the dog presented with severe abdominal distention. Physical examination, including cardiovascular examination, was unremarkable. Moreover, complete blood count was unremarkable. A biochemical analysis of blood showed severe hypoalbuminemia (1.5 g/dL; reference range, 2.7–3.8 g/dL) and mildly increased activities of aspartate aminotransferase (73 U/L; reference range, 0-50 U/L) and gammaglutamyl transferase (12 U/L; reference range, 0-7 U/L). Concentrations of serum bile acid were increased (fasting, 57 μmol/L; postprandial, 51 μmol/L; reference value, <25 µmol/L), and blood coagulation screening tests revealed the following abnormalities: prothrombin time of 8.5s (reference range, 6.0-8.0s), activated partial thromboplastin time of 32.5s (reference range, 10.0-16.0 s), and antithrombin activity of 67 % (reference range, 102-156%). Abdominal radiographic examinations demonstrated microhepatica and loss of abdominal detail associated with abdominal effusion. Abdominal

ultrasonography (US) revealed a large volume of free peritoneal fluid, an irregular liver surface, and hyperechogenicity in the hepatic parenchyma. Several small tortuous vessels were detected in the area of the left kidney using color flow Doppler imaging. Cytological analysis of peritoneal fluid was consistent with a low protein transudate. Bilirubinuria was detected on urinalysis. Based on these findings, the dog was suspected of having severe chronic liver disease. Therefore, food was changed to a liver-supportive diet, and the metronidazole dosage was decreased (7.5 mg/kg every 12h orally). Furthermore, spironolactone was started (1 mg/kg every 12h orally) in addition to the other previous medications prescribed by the referring veterinarian. Laparoscopic examinations, including hepatic sampling and CTA, were performed for a definitive diagnosis on day 3.

Laparoscopy revealed micronodular formations on the surface of the atrophied left liver lobes with multiple small regenerative nodules (Fig. 1A) and APSCs developing in proximity to the left kidney (Fig. 1B). Liver biopsy was performed using 5-mm laparoscopic biopsy forceps, and samples were obtained from both the wedge and surface of the left lobes. On histopathological examination (Fig. 1C), the normal liver architecture was disrupted by portal-portal bridging fibrosis (F4) and multiple regenerative nodules. Diffusely, the lobular structures had collapsed and were replaced by prominent hyperplastic small bile ducts and macrophages. Additionally, a few individual necrotic hepatocytes were observed. Furthermore, severe copper deposition was observed in periportal areas by rhodanine stain (Score 3), and the copper concentration was 1173.9 µg/g dry weight of the liver. No evidence of a thrombus was found in the portal venous system when analyzed using a 64-detector row computed tomography (CT) scanner (Aquilion 16, Canon Medical Systems, Tochigi, Japan) (Fig. 1D). Based on these results, the dog was diagnosed with severe LDH and intrahepatic PH. On day 14, the dog presented with a decreased severity of abdominal effusion. Therefore, furosemide administration was discontinued, and the dosage of spironolactone was increased to 2 mg/kg every 12 h orally. The dog was treated with prednisolone (0.25 mg/kg every 12h orally) in addition to the previously prescribed medications, such as spironolactone (2 mg/kg every 12 h orally), ursodeoxycholic acid (8 mg/kg every 12h orally), and metronidazole (7.5 mg/kg every 12 h orally). On day 28, the serum albumin concentration increased to 2.1 g/dL, and no evidence of ascites was detected on US. Therefore, the oral administration of prednisolone was tapered to a dose of 0.25 mg/kg every 24 h orally, and the dosage of spironolactone was decreased (1 mg/kg every 12 h orally).

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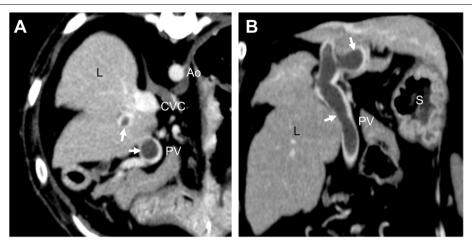


**Fig. 1** Laparoscopy, histopathology, and computed tomography angiography images from an American Cocker Spaniel on day 3. The micronodular formation (arrows) on the surface of atrophied left liver lobes (**A**) and the development of acquired portosystemic collaterals (arrow heads) around the area of the left kidney were observed using a 5-mm palpation probe (**B**). The normal liver architecture was disrupted by diffuse infiltration of hyperplastic bile ducts and inflammatory cells (asterisk) in the hepatic parenchyma, and some regenerative nodules were present on histopathology, hematoxylin and eosin stain (**C**). No evidence of a thrombus was found in the portal vein using computed tomographic angiography (**D**). A, ascites; Ao, aorta; CVC, caudal vena cava; K, kidney; L, liver; P, palpation probe; PV, portal vein

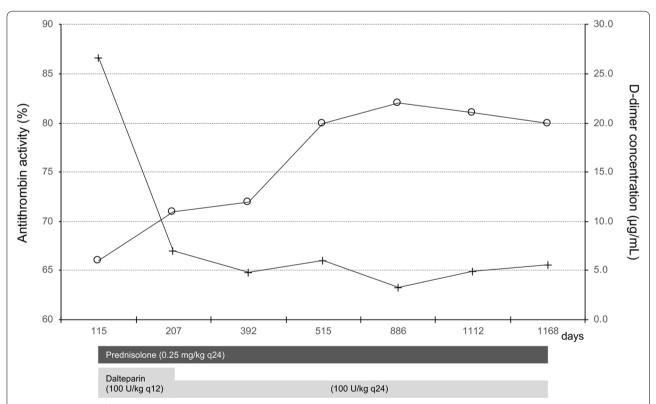
On day 115, the dog arrived at our hospital for a regular recheck. The dog had a good general condition without abdominal distension. Laboratory findings revealed low antithrombin activity (66%), mild thrombocytopenia  $(154,000/\mu L; reference range, 200,000 - 500,000/\mu L), and$ an increased D-dimer concentration (26.7 µg/mL; reference value, < 1.0 µg/mL). Abdominal US showed the presence of a 9.4-mm-diameter heteroechoic mass within the main portal vein at the level of the porta hepatis. Based on these findings, PVT was suspected. CTA was performed again, and the images revealed a thrombus in the main portal vein that extended to the right and left branches of the intrahepatic portal vein (Fig. 2). The medications were continued, such as ursodeoxycholic acid (8 mg/ kg every 12h orally), spironolactone (1 mg/kg every 12h orally), and prednisolone (0.25 mg/kg every 24h orally); anticoagulant therapy was started using dalteparin at a dose of 100 U/kg every 12h subcutaneously.

As a follow-up for PVT, plasma antithrombin and D-dimer levels were measured in the dog (Fig. 3), and CTA examinations were performed on days 207, 515, 886, and 1168 (Fig. 4). The dog's condition remained stable without any clinical signs until day 1112. Therefore, the oral administration of spironolactone was tapered to a dose of 0.5 mg/kg every 24h orally on day 207. After injections of dalteparin, the dog gradually showed increased antithrombin activity and decreased D-dimer concentrations, which did not return to the normal range throughout the treatment period. Additionally, albumin concentration remained at 2.0–2.1 g/dL during the follow-up period. The thrombus had a slight tendency to atrophy, with increased CT values due to organization.

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**Fig. 2** Portal vein thrombosis in an American Cocker Spaniel with lobular dissecting hepatitis on day 115. Transverse (**A**) and dorsal (**B**) computed tomography angiography images revealed a thrombus in the main portal vein, extending to the right and left branches of the intrahepatic portal vein (arrows). The thrombus in the dog was clearly detected as a non-contrast-enhanced structure, and the lumen of the blood vessel was enhanced. Ao, aorta; CVC, caudal vena cava; L, liver; PV, portal vein; S, stomach

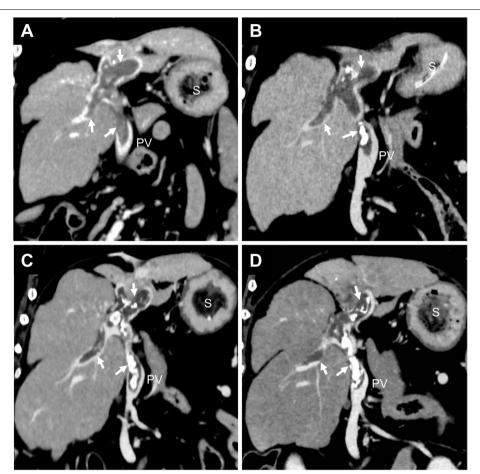


**Fig. 3** Time courses for changes in plasma antithrombin activity (circles) and D-dimer concentration (crosses) in an American Cocker Spaniel with lobular dissecting hepatitis and portal vein thrombosis treated with low-dose glucocorticoid combined with dalteparin

On day 1112, the dog presented with neurological symptoms, including head press and swirling motion, caused by hepatic encephalopathy without abdominal effusion. The fasting ammonia concentration indicated the upper

limit of the reference value ( $98 \mu g/dL$ ; reference range, 0– $98 \mu g/dL$ ). On day 1168, CTA showed no changes in the thrombus in the portal vein, and both spironolactone and ursodeoxycholic acid were discontinued.

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**Fig. 4** Dorsal computed tomography angiography images of the portal vein thrombosis (arrows) in an American Cocker Spaniel with lobular dissecting hepatitis on days 207 (**A**), 515 (**B**), 886 (**C**), and 1168 (**D**). The strong signal in the thrombus is an organized area. The size of the thrombus was slightly decreased, and the organized areas of the thrombosis were gradually increased. PV, portal vein; S, stomach

Hyperammonemia was difficult to control because the dog was anorexic and unable to consume lactulose and a liver-supportive diet. Eventually, the dog could no longer be treated with glucocorticoids and anticoagulants and died on day 1208.

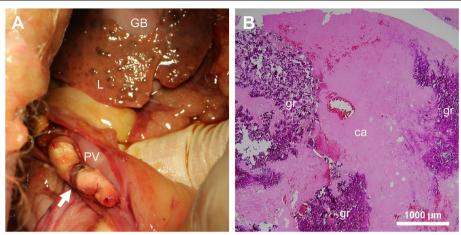
Postmortem examination of the dog demonstrated atrophied liver lobes with multiple small regenerative nodules. In addition, a large ( $30 \times 10 \, \text{mm}$ ) thrombus was attached to the wall of the main portal vein (Fig. 5A). Histologically, a marked intralobular bridging fibrosis with proliferation of small bile ducts was noted. Furthermore, multifocal calcification and mild proliferation of granulation tissue were observed in the thrombus (Fig. 5B).

# **Discussion and conclusions**

LDH is a form of liver cirrhosis, which reflects the end stage of chronic hepatitis, and is histopathologically characterized by substantial architectural distortion, fibrosis, and intrahepatic sinusoidal PH [1, 2, 4]. An

initial diagnosis of liver cirrhosis has been associated with a shortened survival time compared with that of chronic hepatitis in dogs [17]. Our patient presented with abdominal effusion and was diagnosed histopathologically with LDH, and laparoscopic examination confirmed the presence of APSCs. In dogs with chronic liver diseases, ascites is a negative prognostic indicator [7], and the development of APSCs is indicative of PH that leads to severe complications [12]. In a retrospective study, oral prednisolone treatment (1 mg/kg/day) was not beneficial for canine liver cirrhosis [17]. However, our patient was treated with low-dose prednisolone (0.25–0.5 mg/kg/day) and survived without ascites for more than 3 years. Our results agree with a report that showed American Cocker Spaniels with LDH who were treated with low-dose prednisolone had relatively long survival times [1]. Prednisolone may have suppressed inflammation and fibrosis in these dogs and supported liver function, such as albumin synthesis.

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**Fig. 5** Autopsy findings in an American Cocker Spaniel with lobular dissecting hepatitis and portal vein thrombosis. The autopsy performed on day 1208 confirmed atrophied liver lobes with a number of small regenerative nodules and a large, hard thrombus (arrow) attached to the wall of the main portal vein (**A**). The thrombus showed calcification (ca) and granulation (gr) on histopathology, hematoxylin and eosin stain (**B**). GB, gall bladder; L, liver; PV, portal vein

The prevalence of PVT in 33 dogs is relatively high (42%) in 14 dogs with hepatic diseases such as chronic hepatitis [8]. In canine liver disorders, hypercoagulability associated with alterations in either primary or secondary hemostasis arises from increased procoagulant activity, decreased anticoagulant factor activity, altered vascular flow, and disordered fibrinolysis [18]. In humans, PVT is a fairly common complication of liver cirrhosis and may influence the prognosis of patients with this disease [10]. Hypercoagulability is caused by decreased levels of protein C, protein S, and antithrombin in human patients with liver cirrhosis [19, 20]. In our canine patient with LDH, antithrombin activity was remarkably low due to severe liver dysfunction. Antithrombin levels were decreased in healthy dogs treated with prednisone, which may lead to increased thromboembolic risk [21]. Furthermore, glucocorticoid therapy has been associated with PVT in dogs [8, 12, 22, 23]. Therefore, the administration of prednisolone may have partly triggered the formation of thrombosis in the portal vein of our patient. In addition, decreased velocity and stagnation of portal blood flow were shown to play a role in the development of PVT in human patients with cirrhosis [19]. In our dog, portal blood flow was stagnated by intrahepatic PH. The mechanism of hypercoagulability and pathogenesis of PVT are unclear in dogs with liver cirrhosis and LDH. However, we conclude that PVT in our case may have been associated with hypercoagulability due to low antithrombin activity, glucocorticoid therapy, and abnormalities of the portal vein system from intrahepatic PH.

Blood concentrations of D-dimer were elevated in cirrhotic human patients with PVT, and it was associated

with the degree of liver dysfunction in these patients [24, 25]. In dogs, the D-dimer is a diagnostic tool for the early detection of thrombosis [26-28]; furthermore, an elevated D-dimer concentration has been reported in canine PVT [15]. In our canine patient with LDH, the D-dimer concentration was above normal on the day of PVT diagnosis, and the concentrations gradually decreased with the continuous injection of dalteparin. Thus, the D-dimer test was a useful monitoring tool for PVT over time in our dog with LDH. However, D-dimer concentrations in this dog continued to be above the normal range during treatment for LDH and PVT. In addition, corticosteroids have been shown to induce a state of hypercoagulability in healthy dogs, as demonstrated by abnormalities in thromboelastography parameters [29-31]. Therefore, D-dimer concentrations may have been affected by liver function and prednisolone therapy in our dog.

In humans with liver cirrhosis, CTA is the gold standard for the definitive diagnosis of PVT [32]. In a previous report of 33 dogs with PVT, thrombus formation in the portal vein was determined by abdominal US (27/33), necropsy (4/33), direct visualization at surgery (1/33), or CTA (1/33). Recently, however, CTA has been reported to be a good tool for detecting and monitoring canine PVT [13–16]. Additionally, CTA rapidly provides a considerable amount of information, including the presence of APSCs and the portal vein/aorta ratio in dogs with PH [15, 33]. In the present case, the thrombus was clearly detected in the portal vein system by CTA. Using CTA, changes in thrombus size and organization were followed in canines after treatment with dalteparin and rivaroxaban [15, 34]. However,

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no information is available regarding CTA images in canines diagnosed with LDH and PVT after long-term anticoagulant treatment.

As confirmed by postmortem examination, the administration of dalteparin in our patient resulted in a slight reduction in thrombus formation due to thrombus regression and gradual calcification during thrombus organization. The result of CTA suggested that dalteparin might be effective in our dog with PVT. However, heparin requires antithrombin to inactivate factor Xa and dalteparin must be injected subcutaneously in dogs [15]. Thus, dogs with low antithrombin activity due to LDH and liver cirrhosis may require alternative drugs, such as rivaroxaban. Rivaroxaban is a direct factor Xa inhibitor that can be administered orally.

In conclusion, the administration of low-dose gluco-corticoid combined with dalteparin allowed long-term follow-up of LDH and PVT in an American Cocker Spaniel.

### Abbreviations

APSCs: Acquired portosystemic collaterals; CT: Computed tomography; CTA: Computed tomography angiography; LDH: Lobular dissecting hepatitis; PH: Portal hypertension; PVT: Portal vein thrombosis; US: Ultrasonography.

### Acknowledgements

Not applicable.

# Authors' contributions

KS and MS managed patient medical care. YS and MS drafted the manuscript. YK performed histologic evaluation and contributed to manuscript. CI and TN performed computed tomographic evaluation and contributed figure and text to manuscript. YS and MS reviewed the manuscript. All authors read and approved the final manuscript.

## **Funding**

Not applicable.

# Availability of data and materials

The datasets and images used and/or analyzed during the current study available from the corresponding author on reasonable request.

### **Declarations**

# Ethics approval and consent to participate

This study did not require official or institutional ethical approval as it was not experimental. The dog in this study was examined with the written consent of their owner.

# Consent for publication

Written informed consent for publication of the clinical details was obtained from the owner of the dog.

# Competing interests

The authors declare that they have no competing interests.

### **Author details**

<sup>1</sup>Department of Veterinary Medicine, College of Bioresource Sciences, Nihon University, 1866 Kameino, Fujisawa 252-0880, Kanagawa, Japan. <sup>2</sup>North Lab, 8–35 Kita, 2-chome Hondori, Shiroishi-ku, Sapporo 003–0027, Hokkaido, Japan. Received: 6 April 2021 Accepted: 3 September 2021 Published online: 30 September 2021

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