

Inhibitors of PD-1 in Non-Small Cell Lung Cancer: A Meta-Analysis of Clinical and Molecular Features

Gengwei Huo^{1,2†}, Wenjie Liu^{1†} and Peng Chen^{1*}

¹ Department of Thoracic Oncology, Tianjin Medical University Cancer Institute and Hospital, National Clinical Research Center for Cancer, Key Laboratory of Cancer Prevention and Therapy of Tianjin, Tianjin's Clinical Research Center for Cancer, Tianjin, China, ² Department of Oncology, Jining No. 1 People's Hospital, Jining, China

OPEN ACCESS

Edited by:

Tao Jiang, Shanghai Pulmonary Hospital, China

Reviewed by:

Alessandro Rizzo, National Cancer Institute Foundation (IRCCS), Italy Albino Eccher, Integrated University Hospital Verona, Italy

> *Correspondence: Peng Chen chenpengdoc@sina.com

⁺These authors have contributed equally to this work

Specialty section:

This article was submitted to Cancer Immunity and Immunotherapy, a section of the journal Frontiers in Immunology

Received: 13 February 2022 Accepted: 28 February 2022 Published: 05 April 2022

Citation:

Huo G, Liu W and Chen P (2022) Inhibitors of PD-1 in Non-Small Cell Lung Cancer: A Meta-Analysis of Clinical and Molecular Features. Front. Immunol. 13:875093. doi: 10.3389/fimmu.2022.875093 **Objective:** PD-1 inhibitors have become an indispensable treatment in Non-Small Cell Lung Cancer (NSCLC), but the potential predictive value of clinical and molecular features need to be clarified. The objective of the study was to study the potency of PD-1 inhibitors in patients with NSCLC in contexts of both clinical and molecular features, and to aid identification of patients for choice of type of PD-1 inhibitor therapy in order to acquire more accurate NSCLC treatment in immunotherapy.

Method: PubMed, Google Scholar, Embase Science Direct, the Cochrane library, and major oncology conferences were searched for randomized clinical trials (RCTs) that were published prior to December 2021. RCTs that had PD-1 inhibitor alone or in combination with chemotherapy with non-PD-1 inhibitor for the treatment of NSCLC patients were selected. Two authors independently selected studies, data extraction and bias risk assessment. Basic characteristics of included studies, and also the 95% confidence interval and hazard ratios of the overall patients and subgroups were recorded. The inverse variance weighted method was used to estimate pooled treatment data.

Result: A total of eleven RCTs including 5,887 patients were involved. PD-1 inhibitorsbased therapy substantially enhanced OS compared with non-PD-1 inhibitor therapy in patients with age group <65 years, 65–74 years, active or previous smokers, without brain metastases, liver metastases, EGFR wild-type patients, individuals in East Asia and U.S./ Canada, but not in patients with age group \geq 75 years, never smokers, brain metastases, EGFR mutant patients or individuals in Europe. OS was improved in patients with NSCLC who received PD-1 inhibitors regardless of their gender (male or female), histomorphological subtypes (squamous or non-squamous NSCLC), performance status (0 or 1), and PD-L1 tumor proportion score (TPS) (<1%, \geq 1%, 1–49%, or \geq 50%). An analysis of subgroups revealed that, patients with age group <65 years old, male, non squamous cell carcinoma, PS 1, TPS \geq 1%, and TPS \geq 50% benefited from pembrolizumab treatment not related with treatment line and treatment regimen.

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Conclusion: Age group, smoking history, metastasis status/site, EGFR mutation status, and region can be used to predict the potency of PD-1 inhibitors, and to be individualized to choose different types of PD-1 inhibitors, and treatment regimen for NSCLC patients.

Keywords: PD-1 inhibitors, potency, predictor, non-small cell lung cancer, meta-analysis

INTRODUCTION

Lung cancer is one of the most common lethal solid malignancies and the leading cause of death worldwide (1). Non-small cell lung cancer (NSCLC) accounts for almost 85% of all lung cancers in histology (2). During the past two decades, studies in immunobiology and the immune checkpointblockade therapy of cancers have stimulated further interests in immunotherapy of NSCLC (3–5). Immune checkpoint inhibitors (ICIs) have become a 1st-line treatment in a variety of malignant tumors, adding immunotherapy to the ranks of surgery, chemotherapy, radiotherapy and targeted therapy (6, 7). So far, the outcome of many large-scale randomized controlled trials (RCTs) of PD-1 inhibitors against NSCLC individuals have verified the concept of lasting anti-tumor response and improved progression free survival (PFS) and overall survival (OS) (8).

However, only a minority of individuals have benefited from PD-1 inhibitors (9), and it becomes even more urgent to investigate suitable biomarkers in order to identify individuals who are candidates for PD-1 inhibitor therapy and to achieve accurate treatment of NSCLC—both to protect individuals from ineffective treatments and to limit the number of individuals exposed to potential autoimmune side effects from drugs targeting the axis (10, 11).

To date, the best-known and most commonly used biomarker is the expression of PD-L1 in NSCLC, as detected by immunohistochemistry. PD-1 inhibitor therapy is more likely to benefit patients who have high levels of PD-L1 expression reflected in tissue samples (12, 13). Unfortunately, tissue samples are not only difficult to obtain, but are very small in size. Furthermore, the lack of unification between various anti-PD-L1 clones and immunohistochemistry platforms is also an intractable issue (11, 14, 15). Another predictive biomarker is tumor mutation burden (TMB) assessed even from cell blocks (16), but there was no consensus. The KEYNOTE-158 found better response rates of pembrolizumab in patients with high tissue TMB (17), while KEYNOTE-021 and KEYNOTE-189 did not demonstrate a strong correlation between TMB and PD-1 inhibitor potency (18, 19). In addition, microsatellite instability (MSI) and other emerging biomarkers, although promising, also have some limitations (15, 20, 21).

It is of great significance to search other economic and practical factors for predicting the potency of PD-1 inhibitors. There are differences in the role of PD-1 inhibitors among individuals with varying clinical and molecular features (22). As a result, we performed this meta-analysis to determine the predictive value of various clinical and molecular attributes for guiding the selection of individuals with NSCLC who should benefit from PD-1 inhibitors. We provide the following article based on the PRISMA reporting checklist.

METHODS

Inclusion and Exclusion Criteria

The selection of studies that met the inclusion and exclusion criteria was based on the elements of the PICOs (participants, intervention, comparison, and outcomes), with each letter representing the components as population of patients (P), articulation or interventions (I), the comparator/reference group (C), the outcome (O), and the design of the study (S). Prior to screening studies by title and abstract, duplicate articles were removed from the gathered studies. This was done in order to identify research papers that fulfilled the following inclusion criteria: (I) PD-1 inhibitor alone or in combination with chemotherapy compared with non-PD-1 inhibitor for the treatment of NSCLC individuals, (II) reported hazard ratio (HR) and confidence interval (CI) 95% for progression free survival (PFS) and/or overall survival (OS) with predefined subgroups, such as age group, gender, histomorphological subtypes, Eastern Cooperative Oncology Group (ECOG) performance status (PS) score, smoking status, metastasis status/sites, EGFR mutation status, region, and PD-L1 tumor proportion score (TPS), (III) multiple studies confirmed the same trial, utilizing the most recent data with the largest patient population and the longest follow-up, (IV) numerous articles described distinct subgroups of the same trial; we incorporated them all.

The following exclusion criteria apply to a study that is discovered (I) without distinguishing between the effects of multiple PD-1 inhibitors, and has (II) insufficient survival data available or the control group garnered only a placebo. For the information resources, we consulted not only the full text of the article, but also the appendix and the references listed at the end of each article.

Literature Survey and Data Collecting

Our search terms and medical subject headings were specific enough that we were able to find results in a variety of electronic databases, namely, PubMed, Google Scholar, Embase Science Direct, the Cochrane library, and also the proceedings of major oncology conferences. The major browse terms were non-small cell lung cancer, PD-1 inhibitors, predictor, potency and randomized controlled clinical trial, which were supplemented with several other terms, but may not be restricted to pembrolizumab, nivolumab, clinical and molecular characteristics. The search was restricted to research articles that were published prior to December 2021, according to the search criteria. In addition, bibliographies of significant related articles were screened for inclusion in the database.

Two authors (WL and GH) independently selected studies and extracted data from those studies. They went through all of the studies and determined whether or not they were eligible based on the previously described inclusion criteria. If there were any disagreements, the third author would be consulted (PC). Each study provided the following information: the title of the study, 1st author, and year of publication, gender distribution, the mean age group, the design and blinding of the study, study phase, line of therapy, study drug, and the survival outcome measures of predefined subgroups.

Quality Assessment and Statistical Analyses

The validity and reliability of the study was evaluated by two researchers who worked independently (WL and GH) using the Cochrane Bias tool. We performed all the statistical analysis using the statistical software Review Manager 5.3. The primary endpoint of the study was to compare OS in the PD-1 inhibitor treatment group and the non-PD-1 inhibitor group, which was measured by HR and corresponding CI. PFS was used as a secondary endpoint in this experiment. The HR was calculated using either random-effects or fixed-effect models, depending on the heterogeneity of the studies included in the analysis. The existence of heterogeneity was tested using the Chi-square test and I^2 statistics test. If heterogeneity was considered acceptable $(I^2 < 50\% \text{ and } P > 0.10)$, a fixed-effect model was utilized; otherwise, the random effect model was utilized. Due to the fact that the treatment of interest is typically evaluated in a single trial, fixed-effect models are employed. The results are presented as forest plots, along with pooled summary estimates and the 95% CI that correspond to these estimates. The logarithmic scales on forest plots were used to manually extract HRs and 95% CIs when they were not directly reported by the authors in the text. Sensitivity analysis was performed by excluding studies with a small sample size or studies for which the HR and associated 95% CI could not be obtained directly from the studies themselves. The nominal level of significance was set at P <0.05.

RESULTS

Study Selection and Characteristics

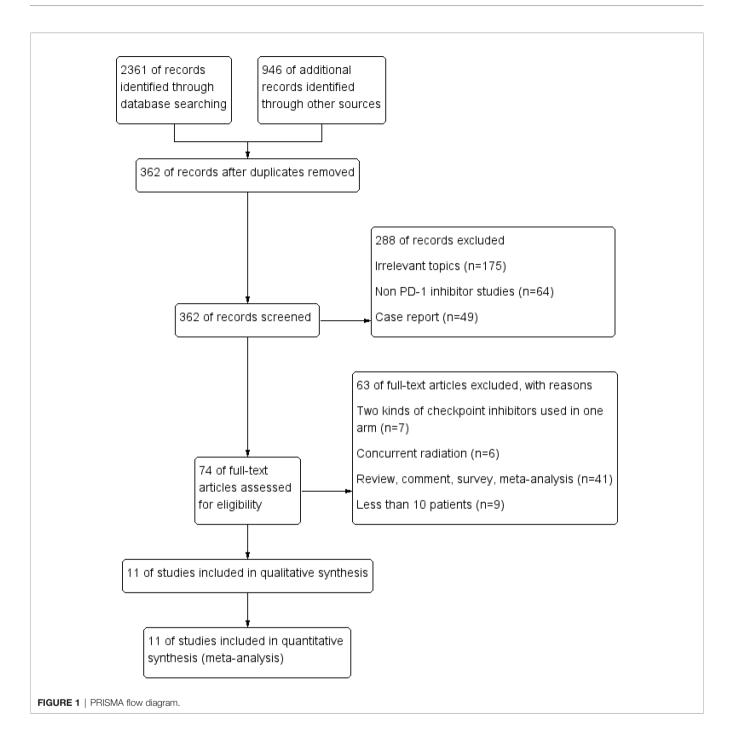
An estimated 3,307 potentially relevant records were identified from databases and conferences as a result of the search strategy employed in the research. **Figure 1** depicts the selection process and the rationale for excluding studies that were deemed ineligible. A total of 3,296 studies were excluded after they were screened for their abstracts and full texts. Thus, 11 randomized controlled trials (RCTs) involving 5,887 patients with advanced NSCLC were considered for inclusion in the meta-analysis (**Table 1**). These clinical trials were published between 2015 and 2021 and were divided into the following categories: Two of the studies were clinical trials in the II phase (23, 24), one was phase II/III trial (31, 32), and eight were phase III trials (25–30, 33–37). Particularly notable is that, despite the fact that KEYNOTE-407 released updated potency data in 2020, there was no data on eligible subgroup analyses, and as a result, it was excluded from the meta-analysis (38). The detailed risk of bias analysis revealed that there was a low risk of bias in all RCTs (**Figure 2**).

Effects of PD-1 Inhibitors by Age Group

Age group-specific survival data for NSCLC individuals was presented in nine publications. In individuals with age group <65 years (HR 0.68; 95% CI, 0.57-0.81; P <0.0001) and with age group ≥65 years (HR 0.77; 95% CI, 0.67–0.88; P = 0.0002), PD-1 inhibitors substantially increased OS relative to non-PD-1 inhibitor therapy. Interestingly, when the cutoff value of age group was set at 65–74 years and ≥75 years, we discovered OS benefit with the age group 65-74 years old individuals (HR 0.61; 95% CI, 0.46-0.80; P = 0.0005), while no OS benefit with the age group \geq 75 years (HR 0.86; 95% CI, 0.66–1.13; P = 0.29) (Figure 3A). Subgroup analyses showed that in individuals with age group <65 years, pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen, while nivolumab only improved OS in ≥2nd-line therapy (HR 0.72; 95% CI, 0.62-0.85; P = 0.0001). Nivolumab improved OS in individuals with age group 65–74 years in \geq 2nd-line monotherapy (HR 0.61; 95% CI, 0.46-0.80; P = 0.0005) (Table S1). For PFS data from eight studies, PD-1 inhibitors substantially enhanced PFS compared with non-PD-1 inhibitor therapy in with age group <65 years (HR 0.71; 95% CI, 0.56–0.89; P = 0.003), and ≥65 years individuals (HR 0.76; 95% CI, 0.58-0.99; P = 0.04). Surprisingly, we did not observe PFS benefit in 65-74 years (HR 0.71; 95% CI, 0.40–1.28; P = 0.26), and ≥75 years individuals (HR 1.24; 95% CI, 0.73–2.11; P = 0.43) (Figure S1A and Table S2).

Effects of PD-1 Inhibitors by Gender

Nine studies have examined the potency of PD-1 inhibitors in both gender individuals about OS. The comprehensive results showed that PD-1 inhibitors substantially enhanced OS in both gender NSCLC individuals compared with non-PD-1 inhibitor therapy (HR 0.73; 95% CI, 0.67-0.80; P <0.00001 for male; HR 0.69; 95% CI, 0.53-0.90; P = 0.0005 for female) (Figure 3B). Subgroup analyses showed that in male individuals, pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen. Nivolumab substantially enhanced OS in \geq 2nd-line therapy (HR 0.68; 95% CI, 0.57–0.80; P <0.00001) or monotherapy (HR 0.74; 95% CI, 0.60–0.91; P = 0.005). In female individuals, we found that pembrolizumab and nivolumab both improved OS in \geq 2nd-line therapy (HR 0.66; 95% CI, 0.52–0.83; P = 0.0004 for pembrolizumab; HR 0.75; 95% CI, 0.59-0.96; P = 0.02 for nivolumab), but not in 1st-line therapy. Pembrolizumab enhanced OS in both monotherapy (HR 0.77; 95% CI, 0.85-0.91; P = 0.002) and combination therapy (HR 0.32; 95% CI, 0.23-0.46; P <0.00001), but not nivolumab in female individuals (Table S1). In the aspect of PFS data from eight studies, which substantially enhanced PFS in male (HR 0.69; 95% CI, 0.58-0.82; P < 0.0001) but not in female individuals (HR 0.80; 95% CI, 0.59-1.10; P = 0.17) (Figure S1B and Table S2).



Effects of PD-1 Inhibitors by Histomorphological Subtypes

The potency of PD-1 inhibitors on squamous and nonsquamous NSCLC was studied in seven and eight studies, respectively. The integrated findings revealed that PD-1 inhibitors obviously enhanced OS in both squamous (HR 0.70; 95% CI, 0.62–0.79; P <0.00001) and non-squamous NSCLC (HR 0.74; 95% CI, 0.63–0.87; P = 0.0003) (**Figure 3C**). Subgroup analyses by the therapy line showed that in squamous NSCLC patients, pembrolizumab only benefits from 1st-line treatment (HR 0.71; 95% CI, 0.60–0.83; P <0.0001) and nivolumab only benefits from receiving \geq 2nd-line treatment (HR 0.60; 95% CI, 0.47–0.75; P <0.0001). Subgroup analyses by the treatment regimen showed that pembrolizumab substantially enhanced OS from both monotherapy (HR 0.77; 95% CI, 0.65–0.92; P= 0.003) and combination therapy (HR 0.64; 95% CI, 0.49–0.85; P= 0.002), and nivolumab prolonged survival as monotherapy (HR 0.64; 95% CI, 0.53–0.79; P <0.0001). In non-squamous NSCLC individuals, pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen, while

TABLE 1 | Basic characteristics of included studies.

Reference	Trial	Year	Study phase	Stage	Treatment line	ICI used (n)	Control arm (n)	Median (range) Age (years)	Males (%)	Never smokers (%)	Squamous (%)	Nsquamous (%)	Tumor PD-L1 expression			EC	OG	Primary endpoint
													<1% (%)	≥1% (%)	Unknown (%)	0 (%)	1 (%)	Shapoint
Arrieta et al. (23)	PROLUNG	2020	II	Advanced/ metastatic	≥2L	Pembrolizumab + docetaxel (40)	Docetaxel (38)	60 (27– 78)	41	43.6	0	89.7	38.5	38.5	23.0	14	86	ORR
Awad et al. (24)	KEYNOTE- 021	2021	II	IIIB/IV	1L	Pembrolizumab + pemetrexed + carboplatin (60)	Pemetrexed + carboplatin (63)	64.3 (37–80)	39	20	0	100	36	64	0	43	56	ORR
Borghaei et al. (25) Vokes et al. (26)	CheckMate 057	2015 2018	III	IIIB/IV/ recurrence/ progression	≥2L	Nivolumab (292)	Docetaxel (290)	62 (21– 85)	55	20	0	100	35.9	42.3	21.8	31	69	OS
Brahmer et al. (27) Vokes et al. (26)	CheckMate 017	2015 2018	III	IIIB/IV/ recurrence/ progression	2L	Nivolumab (135)	Docetaxel (137)	63 (39– 85)	76	6	100	0	39.0	43.7	17.3	24	76	OS
Carbone et al. (28)	CheckMate 026	2017	III	IV/ recurrence	1L	Nivolumab (271)	Platinum doublet chemotherapy (270)	64 (29– 89)	61	11	24	76	0	100	0	33	66	PFS
Gandhi et al. (29) Gadgeel et al. (30)	KEYNOTE- 189	2018 2020	III	metastatic	1L	Pembrolizumab + pemetrexed + platinum (410)	Placebo + pemetrexed + platinum (206)	64.5 (34–84)	58.9	11.9	0	100	30.8	63.0	6.2	43.2	56.0	OS and PFS
Herbst et al. (31) Herbst et al. (32)	KEYNOTE- 010	2016 2020	11/111	IIIB/IV	≥2L	Pembrolizumab (690)	Docetaxel (343)	62.7 (56–69)	61.4	18.4	21.5	70.3	0	100	0	33.6	65.7	OS and PFS
Mok et al. (33)	KEYNOTE- 042	2019	III	Advanced/ metastatic	1L	Pembrolizumab (637)	Platinum- based chemotherapy (637)	63 (57– 69)	70.8	22.1	38.6	61.4	0	100	0	30.6	69.4	OS
Paz-Ares et al. (34)	KEYNOTE- 407	2018	III	IV	1L	Pembrolizumab + paclitaxel/nab- paclitaxel + carboplatin (278)	Placebo +paclitaxel/ nab-paclitaxel + carboplatin (281)	65 (29– 88)	81.4	7.3	97.7	2.3	34.7	63.2	2.1	29.2	70.8	OS and PFS
Reck et al. (35) Reck et al. (36)	KEYNOTE- 024	2016 2019	III	IV	1L	Pembrolizumab (154)	Platinum- based chemotherapy (151)	65.2 (33–90)	61.3	7.9	18.4	81.6	0	100	0	35.1	64.6	PFS
(30) Wu et al. (37)	CheckMate 078	2019	III	IIIB/IV/ recurrence/ progression	≥2L	Nivolumab (338)	(161) Docetaxel (166)	60 (27– 78)	78.8	29.8	39.7	60.3	40.7	50	9.3	13.5	86.3	OS

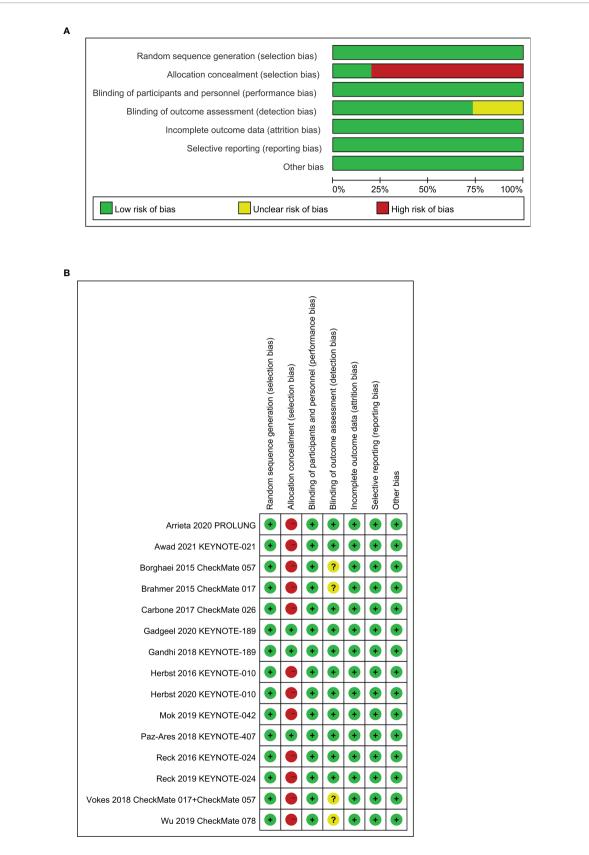
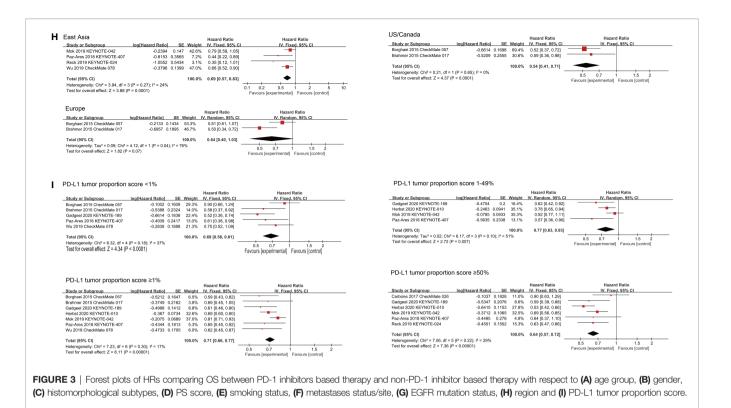


FIGURE 2 | Assessment of bias risk, (A) risk of bias graph, (B) risk of bias summary.

A Aged <65 years Hazard Ratio Hazard Ratio	Aged 65-74 years Hazard Ratio Hazard Ratio
Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% CI IV. Random. 95% CI Borghaei 2015 CheckMate 057 -0.2143 0.1313 12.4% 0.81 [0.62, 1.04] •	Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed, 95% Cl IV. Fixed, 95% Cl Borghael 2015 CheckMate 057 -0.4575 0.174 67.6% 0.63 [0.45, 0.89]
Brahmer 2015 CheckMate 017 -0.6604 0.1929 9.5% 0.52 [0.35, 0.75] Carbone 2017 CheckMate 026 0.1227 0.1577 11.1% 1.13 [0.83, 1.54]	Brahmer 2015 CheckMate 017 -0.5866 0.2512 32.4% 0.56 [0.34, 0.91]
Gandhi 2018 KEYNOTE-189 -0.8327 0.1727 10.4% 0.43 [0.31, 0.61] Herbst 2020 KEYNOTE-010 -0.4805 0.0984 14.0% 0.62 [0.51, 0.75]	Total (95% Cl) 100.0% 0.61 [0.46, 0.80] Heterogeneity: Chi ^p = 0.18, df = 1 (P = 0.67); P = 0%
Mok 2019 KEYNOTE-042 -0.2103 0.097 14.1% 0.81 [0.67, 0.98] Paz-Ares 2018 KEYNOTE-407 -0.651 0.2183 8.4% 0.52 [0.34, 0.80]	Test for overall effect: Z = 3.49 (P = 0.0005) Favours [experimental] Favours [control]
Reck 2019 KEYNOTE-024 0.5042 0.2364 7.8% 0.60 (0.38, 0.96) Wu 2019 CheckMate 078 -0.2739 0.1294 12.5% 0.76 (0.59, 0.98)	
Total (95% CI) 100.0% 0.68 (0.57, 0.81)	
Heterogeneity: Tau ² = 0.05; Chi ² = 28.96, df = 8 (P = 0.0007); P = 70% Total consett and the consett and	
Favours [experimental] Favours [control]	
Aged ≥65 years Hazard Ratio Hazard Ratio	Aged ≥75 years Hazard Ratio Hazard Ratio
Study or Subgroup log[Hazard Ratio] SE Weight IV, Fixed, 95% CI IV. Fixed, 95% CI	Study or Subgroup log[Hazard Ratio] SE Weight IV, Fixed, 95% CI IV, Fixed, 95% CI
Carbone 2017 CheckMate 026 0.0411 0.1543 20.9% 1.04 [0.77, 1.41] Gandhi 2018 KEYNOTE-189 -0.4476 0.2022 12.1% 0.64 [0.43, 0.95]	Borghaei 2015 CheckMate 057 -0.109 0.375 13.6% 0.90 [0.43, 1.87] * Brahmer 2015 CheckMate 017 0.6159 0.4543 9.3% 1.85 [0.76, 4.51]
Herbst 2020 KEYNOTE-010 -0.231 0.1179 35.7% 0.79 [0.63, 1.00] Paz-Ares 2018 KEYNOTE-407 -0.3028 0.189 13.9% 0.74 [0.51, 1.07]	Herbst 2020 KEYNOTE-010 -0.3285 0.263 27.6% 0.72 [0.43, 1.21]
Reck 2019 KEYNOTE-024 -0.4439 0.2162 10.6% 0.64 [0.42, 0.98]	Reck 2019 KEYNOTE-024 -0.7215 0.5359 6.6% 0.49 [0.17, 1.39]
Total (95% Cl) 100.0% 0.77 [0.67, 0.88]	Total (95% Cl) 100.0% 0.86 [0.66, 1.13]
Heterogeneity: Chi ² = 8.06, df = 5 (P = 0.15); ² = 38%	Heinorogeneity: Chin = 4,48, ct = 4 (P = 0,34); P = 11% 0.2 0.5 1 2 5 Test for overall effect: Z = 1.05 (P = 0.29) Favours [experimental] Favours [control]
Test for overall effect: 2 = 3.75 (P = 0.0002) Favours [experimental] Favours [control]	
B Male	Female
Hazard Ratio Hazard Ratio	Hazard Ratio Hazard Ratio
Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed, 95% CI IV. Fixed, 95% CI Borghaei 2015 CheckMate 057 -0.3103 0.1375 9.6% 0.73 (0.56, 0.96)	<u>Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% Cl IV. Random. 95% Cl</u> Borgheel 2015 CheckMate 057 -0.2528 0.149 13.5% 0.78 [0.58, 1.04]
Brahmer 2015 CheckMate 017 -0.57 0.1641 6.7% 0.57 [0.41, 0.78] Carbone 2017 CheckMate 026 -0.035 0.1358 9.8% 0.97 [0.74, 1.26]	Brahmer 2015 CheckMate 017 -0.3993 0.3176 8.4% 0.67 [0.36, 1.25] Carbona 2017 CheckMate 026 0.1355 0.1894 12.2% 1.15 [0.79.1.66]
Gandhi 2018 KEYNOTE-189 -0.3516 0.1743 6.0% 0.70 (0.50, 0.39) Herbst 2020 KEYNOTE-010 -0.3595 0.0945 20.3% 0.70 (0.58, 0.84)	Gandhi 2018 KEYNOTE-189 -1.2409 0.2142 11.4% 0.29 [0.19, 0.44] Herbst 2020 KEYNOTE-010 -0.4201 0.1193 14.4% 0.66 [0.52, 0.83]
Mok 2019 KEYNOTE-042 -0.2238 0.0826 26.6% 0.89 [0.68, 0.94]	Mok 2019 KEYNOTE-042 -0.1143 0.1384 13.8% 0.89 [0.68, 1.17] Paz-Ares 2018 KEYNOTE-407 -0.8624 0.3325 8.0% 0.42 [0.22, 0.81]
Pack/052/010c Pack/052	Reck 2019 KEYNOTE-024 -0.0467 0.271 9.6% 0.95 [0.56, 1.62] Wu 2019 CheckMate 078 -0.3011 0.3013 8.8% 0.74 [0.41, 1.34]
Wu 2019 Childoxivate 0/78 -0.3420 0.1432 8.5% 0.11 [0.54, 0.54] Total (95% Cl) 100.0% 0.73 [0.67, 0.80] ◆	Total (95% Cl) 100.0% 0.69 [0.53, 0.90]
Heterogeneity: Chi ² = 10.74, df = 8 (P = 0.22); P = 26%	Heterogeneity: Tau ² = 0.11; Chi ² = 31.09, df = 8 (P = 0.0001); l ² = 74%
Test for overall effect: Z = 7.32 (P < 0.0001) U.5 U.5 U.5 [Favours [experimental] Favours [control]	rest for overall effect: $z = 2.80$ (P = 0.005) Favours [experimental] Favours [control]
0.0	
C Squamous	Non-squamous Hazard Ratio Hazard Ratio
Hazard Ratio Hazard Ratio Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed, 95% Cl IV. Fixed, 95% Cl	Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% CI IV. Random. 95% CI
Brahmer 2015 CheckMate 017 -0.5284 0.1493 16.4% 0.59 (0.44, 0.79) Carbone 2017 CheckMate 026 -0.2005 0.2121 8.1% 0.82 (0.54, 1.24)	Awad 2021 KEYNOTE-021 -0.3426 0.2326 7.4% 0.71 [0.45, 1.12] Borghael 2016 CheckMate 057 -0.232 0.1001 14.7% 0.72 [0.60, 0.88]
Herbst 2020 KEYNOTE-010 -0.1773 0.1618 14.0% 0.84 (0.61, 1.15) Mok 2019 KEYNOTE-042 -0.2917 0.1118 29.3% 0.75 (0.60, 0.93)	Carbone 2017 CheckMate 026 0.1604 0.1322 12.6% 1.17 [0.91, 1.52] Gadgeel 2020 KEYNOTE-189 -0.5776 0.1127 13.9% 0.56 [0.45, 0.70]
Paz-Ares 2018 KEYNOTE-407 -0.4401 0.1394 18.8% 0.64 [0.49, 0.85]	Herbst 2020 KEYNOTE-010 -0.3884 0.0896 15.4% 0.68 [0.57, 0.81]
Wu 2019 CheckMate 078 -0.492 0.1916 10.0% 0.61 [0.42, 0.89]	Reck 2019 KEYNOTE-024 -0.539 0.1799 9.8% 0.58 [0.41, 0.83] Wu 2019 CheckMate 078 -0.2703 0.1579 11.0% 0.76 [0.56, 1.04]
Total (95% Cl) 100.0% 0.70 [0.62, 0.79]	Total (95% Cl) 100.0% 0.74 [0.63, 0.87]
Test for overall effect: Z = 5.88 (P < 0.00001) 0.5 0.7 1 5.2 Test for overall effect: Z = 5.88 (P < 0.00001)	Heterogeneity: Tau ² = 0.03; Chi ² = 23.72, df = 7 (P = 0.001); P = 70% Test for overall effect: Z = 3.68 (P = 0.0003) Favours [experimental] Favours [control]
	r avono favbarritariati r avona finsilini
PS 0	PS 1
Hazard Ratio Hazard Ratio Hazard Ratio SE Weight IV. Fixed, 95% Cl IV. Fixed, 95% Cl	Hazard Ratio Hazard Ratio Atio Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% Cl IV. Random. 95% Cl
D Borghaei 2015 CheckMale 057 -0.4468 0.1909 13.2% 0.64 [0.44, 0.93] Brahner 2015 CheckMale 057 -0.257 0.3665 3.6% 0.48 [0.24, 0.99]	Brahmer 2015 CheckMate 017 -0.6214 0.1634 11.4% 0.54 [0.39, 0.74] Gandhi 2018 KEYNOTE-189 -0.6228 0.1599 11.7% 0.53 [0.39, 0.73]
Carbone 2015 CheckMate 026 0.1029 0.2061 11.3% 0.14 [0.24, 0.39] Gardhi 2018 KEVNOTE-189 -0.8119 0.2428 8.25 0.44 [0.28, 0.71]	Herbit 2020 KEYNOTE-010 -0.4453 0.0822 21.2% 0.83 [0.71, 0.98]
Gambin 2016 RETWOTE-109 -0.0119 0.2420 8.279 0.44 (0.26, 0.71) Herbst 2020 RETWOTE-1010 -0.2504 0.1329 272% 0.78 (0.06, 1.01) Mok 2019 KEYNOTE-042 -0.2394 0.147 22.3% 0.79 (0.59, 1.05)	Paz-Ares 2018 KEYNOTE-407 -0.4197 0.1604 11.6% 0.66 [0.48, 0.90] Reck 2019 KEYNOTE-202 -0.576 2. 0.1865 9.6% 0.56 [0.39, 0.81]
Mok 2019 KEYNOTE-042 - 0.2394 - 0.147 - 22.375 - 0.79 (0.59, 1.05) Paz-Ares 2018 KEYNOTE-407 - 0.6202 - 0.3062 - 5.1% - 0.54 (0.29, 0.98) Reck 2019 KEYNOTE-024 - 0.2231 - 0.2897 - 5.7% - 0.78 (0.44, 1.37)	Wu 2019 CheckMate 078 -0.3711 0.1356 14.1% 0.69 [0.53, 0.00]
Next 2019 Ker NO 1E-024 -0.2651 0.2897 5.75 0.78 [0.44, 1.37] Wu 2019 CheckMate 078 0.01 0.3735 3.4% 1.01 [0.49, 2.10]	Total (95% CI) 100.0% 0.65 [0.57, 0.75] Heterogeneity: Tau ² = 0.02; Chi ² = 12.12, df = 6 (P = 0.06); l ² = 51%
Total (95% Cl) 100.0% 0.74 [0.64, 0.84]	Test for overall effect: Z = 6.16 (P < 0.00001) 0.00001 Favours [experimental] Favours [control]
Heterogenetity: Chr' = 12.31, dit = 3 (h' = 0.14); h' = 35% 0.5 0.7 1 1.5 2 Test for overall effect: Z = 4.42 (P < 0.00001) Favours [control]	
E Active or previous smokers	Never smoker
Hazard Ratio Hazard Ratio Hazard Ratio Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed, 95% CI IV. Fixed, 95% CI	Hazard Ratio Hazard Ratio Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% CI IV. Random. 95% CI
Borghael 2015 CheckMate 057 -0.3624 0.11 25.2% 0.70 [0.56, 0.86] Brahmer 2015 CheckMate 017 -0.5221 0.1525 13.1% 0.59 [0.44, 0.80]	Borghaei 2015 CheckMate 057 0.0178 0.2336 22.0% 1.02 [0.64, 1.61] Carbone 2017 CheckMate 026 0.0198 0.3245 16.8% 1.02 [0.54, 1.93]
Gandhi 2018 KEYNOTE-189 -0.617 0.1401 15.5% 0.54 [0.41, 0.71]	Gandhi 2018 KEYNOTE-189 -1.4567 0.4316 12.2% 0.23 [0.10, 0.54]
Reck 2019 KE1YNOTE-242 -0.457 0.152 13.1% 0.050 10.07 0.06 Wu 2019 CheckMate 078 -0.3147 0.1312 17.7% 0.73 0.56 0.94	Reck 2019 KEYNOTE-024 -0.104 1.0872 2.8% 0.90 [0.11, 7.59] Wu 2019 CheckMate 078 -0.4009 0.2759 19.5% 0.67 [0.39, 1.15]
Total (95% CI) 100.0% 0.67 [0.60, 0.74]	Total (95% Cl) 100.0% 0.78 [0.54, 1.13]
Heterogeneity: Chi ² = 5.37, df = 5 (P = 0.37); P = 7% Text for grand [ffeet 7 = 7.32 (P = 0.0001)	Heterogeneity: Tau ² = 0.11; Chi ² = 11.66, df = 5 (P = 0.04); l ² = 57% 0.1 0.2 0.5 1 2 5 10
Test for overall effect: Z = 7.32 (P < 0.00001) Favours (experimental) Favours (control)	Favours (experimental) Favours (control) Favours (control)
F With brain metastases Hazard Ratio Hazard Ratio	Without brain metastases Hazard Ratio Hazard Ratio
Study or Subgroup log[Hazard Ratio] SE Weight IV. Random. 95% CI IV. Random. 95% CI	Study or Subgroup log[Hazard Ratio] SE Weight IV., Fixed, 95%, C1 IV., Fixed, 95%, C1 Borghaei 2015 CheckMate 057 -0.3363 0.1064 29.3% 0.71 [0.58, 0.88] =
Borghael 2015 CheckMate 057 0.436 0.2662 31.5% 1.04 (0.62, 1.76) Geogreel 2020 KEYNOTE-169 -0.9033 0.2588 32.1% 0.41 (0.24, 0.67) Reak 2019 KEYNOTE-024 -0.3157 0.6523 11.9% 0.73 (0.20, 2.62)	Brahmer 2015 CheckMale 037 - 0.5320 0.100 2.353 0.11 (0.56, 0.66)
Rock 2019 KEYNOTE-024 0.3157 0.6525 11.9% 0.73 (0.20, 2.62) Wu 2019 CheckMate 078 -0.2017 0.3846 24.5% 0.82 (0.40, 1.67)	Gadgeel 220 KETWOTE-169 -0.552 0.124 2.13% 0.39 (0.46, 0.75) - Reck 2019 KETWOTE-024 -0.4522 0.1655 12.1% 0.64 (0.46, 0.88) - Wu 2019 CheckNate 078 -0.3567 0.123 2.15% 0.70 (0.55, 0.89)
Total (95% Cl) 100.0% 0.70 [0.42, 1.16]	Wu 2019 CheckMate 078 -0.3567 0.123 21.9% 0.70 [0.55, 0.89]
Heterogeneity: Tau ² = 0.15; Chi ² = 6.87, df = 3 (P = 0.08); P = 56% 0.2 0.5 1 2 5 Test for overall effect; Z = 1.39 (P = 0.16) Favours [experimental] Favours [control]	Heterogeneity: Chi ² = 2.11, df = 4 (P = 0.72); l ² = 0% 0.5 0.7 1 1.5 2
	Test for overall effect: Z = 7.35 (P < 0.00001) 1.3 Z Favours [experimental] Fevours [control]
Liver metastases Hazard Ratio Hazard Ratio	
Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed, 95% Cl IV. Fixed, 95% Cl Gadgeel 2020 KEYNOTE-189 -0.4809 0.2351 29.1% 0.62 (0.39, 0.98)	
Vokes 2018 CheckMaes 017+CheckMaes 057 -0.3897 0.1507 70.9% 0.68 [0.50, 0.91]	
Heterogeneity: Ch ² = 0.11, df = 1 (P = 0.74); l ² = 0%	
Test for overall effect: Z = 3.28 (P = 0.001) Favours [experimental] Favours [control]	
G EGFR mutant Hazard Ratio Hazard Ratio	EGFR wildtype Hazard Ratio Hazard Ratio
Study or Subgroup log[Hazard Ratio] SE Weight IV. Fixed. 95% Cl IV. Fixed. 95% Cl Borghaei 2015 CheckMate 057 0.1638 0.2707 53.2% 1.18 [0.69, 2.00] Image: Cl Image: Cl <t< td=""><td></td></t<>	
Herbst 2020 KEYNOTE-010 -0.108 0.285 46.8% 0.99 [0.51, 1.58]	Herbst 2020 KEYNOTE-010 -0.3692 0.0808 73.1% 0.69 [0.59, 0.81]
	Total (95% Cl) 100.0% 0.68 [0.60, 0.78]
Total (95% CI) Helerogeneity: Ch ² = 0.47, df = 1 (P = 0.49); P = 0%	meter ogenery, Chin = 0.06, ci = 1 (r = 0.76), r = 0%
Total (85%, C) = 0.47; d) = 1 (0* 0.49); P = 0.5; 100.9% 1.04 (0.70, 1.53) Heterogenetity, C) = 0.47; d) = 1 (0* 0.49); P = 0.5; 0.5 0.7 1.5 2 Text for ownel affect: Z = 0.19 (0* 0.48); P = 0.03; Favours (reportmental) [Favours Control] Favours (reportmental) [Favours Control]	Heterogeneity: Chi ² = 0.08, df = 1 (P = 0.78); P = 0% 0.5 0.7 1 .5 2 Test for overall effect: Z = 5.51 (P < 0.0001) Favours [experimental] Favours [control]
Heterogeneity: Chi ² = 0.47, df = 1 (P = 0.49); P = 0%	



nivolumab only improved OS in \geq 2nd-line therapy (HR 0.73; 95% CI, 0.62–0.87; P = 0.0003) (**Table S1**). When it comes to PFS data from nine studies, which substantially enhanced PFS both in squamous NSCLC individuals (HR 0.63; 95% CI, 0.56–0.72; P < 0.00001) and in non-squamous NSCLC individuals (HR 0.75; 95% CI, 0.58–0.99; P = 0.04) (**Figure S1C** and **Table S2**).

Effects of PD-1 Inhibitors by ECOG PS Score

For individuals with PS 0, nine studies examined the effectiveness of PD-1 inhibitors, while for individuals with PS 1, seven studies investigated the effectiveness. The combined results showed that compared with non-PD-1 inhibitor treatment, both individuals with PS 0 (HR 0.74; 95% CI, 0.64-0.84; P < 0.00001) and PS 1 (0.65 HR; 95% CI, 0.57-0.75; P <0.00001) realized OS enhancements after applying PD-1 inhibitors (Figure 3D). For patients with PS 0, subgroup analyses by the treatment line showed that pembrolizumab only benefits from 1st-line treatment (HR 0.67; 95% CI, 0.54-0.83; P = 0.0002) and nivolumab only benefits from \geq 2nd-line treatment (HR 0.66; 95% CI, 0.49-0.89; P = 0.007). Subgroup analyses by the treatment regimen showed that pembrolizumab enhanced OS in both monotherapy (HR 0.78; 95% CI, 0.65–0.94; P = 0.008) and combination therapy (HR 0.48; 95% CI, 0.33-0.69; P = 0.0001), but not nivolumab. In patients with PS 1, pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen, nivolumab improved OS as ≥2nd-line monotherapy (HR 0.62; 95% CI, 0.51-0.76; P < 0.00001) (Table S1). For PFS data from eight studies, which substantially enhanced PFS in individuals with PS 1 (HR 0.65; 95% CI, 0.59– 0.72; P <0.00001) but not in individuals with PS 0 (HR 0.76; 95% CI, 0.53–1.10; P = 0.15) (**Figure S1D** and **Table S2**).

Effects of PD-1 Inhibitors by Smoking Status

PD-1 inhibitors were found to be more effective than non-PD-1 inhibitor medication in improving OS in individuals who were either actively smoking or had previously smoked six various studies (HR 0.67; 95% CI, 0.60-0.74; P <0.00001) (Figure 3E). Subgroup analyses by the treatment line showed that pembrolizumab benefits from 1st-line treatment (HR 0.65; 95% CI, 0.52–0.82; P = 0.0003) while nivolumab benefits from \geq 2ndline treatment (HR 0.68; 95% CI, 0.59-0.79; P <0.00001). Subgroup analyses by the treatment regimen showed that pembrolizumab improved OS in both monotherapy (HR 0.72; 95% CI, 0.59-0.88; P = 0.002) and combination therapy (HR 0.54; 95% CI, 0.41-0.71; P <0.0001), nivolumab benefits from monotherapy (HR 0.68; 95% CI, 0.59-0.79; P < 0.00001) (Table S1). PD-1 inhibitors were found to be effective in six investigations in individuals who had never smoked. Cancer individuals who received PD-1 inhibitors and those who received conventional treatment had no statistically significant difference in survival (HR 0.78; 95% CI, 0.54-1.13; P = 0.19) (Figure 3E). An analysis of subgroups showed that only the combination therapy of pembrolizumab, pemetrexed and platinum was observed for survival benefit in individuals who never smoked (HR 0.23; 95% CI, 0.10–0.54; P = 0.0007) (**Table S1**). In terms of PFS data from six studies, PFS was substantially enhanced in individuals who are active or were former smokers (HR 0.67; 95% CI, 0.55–0.82; P = 0.0001) but not in individuals who never smoked (HR 1.06; 95% CI, 0.60–1.86; P = 0.85) (**Figure S1E** and **Table S2**).

Effects of PD-1 Inhibitors by Metastatic Status/Site

In individuals with asymptomatic brain metastases, there were four studies reporting data on overall survival and progression-free survival. Individuals on PD-1 inhibitors-based therapy had an OS rate of 0.70, with a 95% CI of 0.42–1.16 (P = 0.16), but a prolonged progression-free survival rate of 0.57, with a 95% CI of 0.43–0.76 (P = 0.0001) (**Figure 3F** and **Figure S1F**). Subgroup analyses showed that 1st-line therapy based on pembrolizumab, had better OS (HR 0.44; 95% CI, 0.27–0.70; P = 0.0006) and PFS (HR 0.44; 95% CI, 0.29–0.67; P = 0.0001) than those who received non-PD-1 inhibitor treatment (**Tables S1, S2**).

Individuals without brain metastases were the focus of five studies that examined the OS. Individuals without brain metastases who received PD-1 inhibitors had a longer OS (HR 0.65; 95% CI, 0.58-0.73; P <0.00001) compared to those who received non-PD-1 inhibitor therapy (Figure 3F). Subgroup analyses by the treatment line showed that in individuals without brain metastases, pembrolizumab benefits from 1st-line treatment (HR 0.60; 95% CI, 0.50–0.73; P <0.00001) and nivolumab benefits from ≥2nd-line treatment (HR 0.68; 95% CI, 0.59-0.78; P <0.00001). Subgroup analyses by the treatment regimen showed that pembrolizumab substantially enhanced OS both monotherapy (HR 0.64; 95% CI, 0.46-0.88; P = 0.006) and combination therapy (HR 0.59; 95% CI, 0.46-0.75; P <0.0001), and nivolumab prolonged survival as monotherapy (HR 0.68; 95% CI, 0.59-0.78; P < 0.00001) (Table S1). In terms of PFS, we also observed survival benefits in patients without brain metastases (HR 0.65; 95% CI, 0.50-0.85; P = 0.002) (Figure S1F and Table S2).

Individuals with liver metastases were followed up in three RCTs as part of two investigations. Cancer individuals with liver metastases who were given with PD-1 inhibitors had a longer OS (HR 0.66; 95% CI, 0.51–0.85; P = 0.001) compared to those who received non-PD-1 inhibitor therapy (**Figure 3F**). According to a single research, the combination of pembrolizumab with chemotherapy was found to be significantly more successful than non-PD-1 inhibitor therapy in 1st-line treatment (HR, 0.62; 95% CI, 0.39–0.98; P = 0.04). According to the combined results of the investigations CheckMate 057 and CheckMate 017, individuals with liver metastases who received nivolumab as a \geq 2nd-line monotherapy (HR 0.68; 95% CI, 0.50–0.91; P = 0.01) had a longer OS than those who received docetaxel (**Table S1**).

Effects of PD-1 Inhibitors by Driver Mutation Status

Results in terms of OS were published in two studies, both of which assessed whether PD-1 inhibitor monotherapy in the \geq 2nd line was superior to docetaxel in individuals with EGFR mutations. Combined results showed that PD-1 inhibitors provided longer OS for EGFR wild-type individuals (HR 0.68;

95% CI, 0.60–0.78; P <0.00001), while did not for EGFR mutant individuals (HR 1.04; 95% CI, 0.70–1.53; P = 0.85) compared with non-PD-1 inhibitor therapy (**Figure 3G**). In terms of PFS, we did not observe PFS benefit in EGFR mutation-positive individuals (HR 1.10; 95% CI, 0.50–2.42; P = 0.81), or EGFR wild-type individuals (HR 0.69; 95% CI, 0.48–0.99; P = 0.05) (**Figure S1G** and **Table S2**).

Effects of PD-1 Inhibitors by Region

In individuals from East Asia, the effectiveness of PD-1 inhibitors has been demonstrated in four clinical trials. PD-1 inhibitors therapy was found to substantially improve OS when compared to non-PD-1 inhibitor therapy (HR 0.69; 95% CI, 0.57-0.83; P = 0.0001), according to the combined data (Figure 3H). Subgroup analyses showed that pembrolizumab substantially enhanced OS in 1st-line therapy (HR 0.69; 95% CI, 0.54-0.90; P = 0.005) (Table S1). Two studies reported the potency of PD-1 inhibitors in European individuals, and showed that nivolumab monotherapy as \geq 2nd-line therapy did not prolong OS compared to non-PD-1 inhibitor treatment (HR 0.64; 95% CI, 0.40-1.03; P = 0.07) (Figure 3H and Table S1). Two studies reported the potency of PD-1 inhibitors in U.S./Canadian individuals, and showed that nivolumab monotherapy as $\geq 2nd$ -line therapy provided longer OS than non-PD-1 inhibitor treatment (HR 0.54; 95% CI, 0.41-0.71; P < 0.0001) (Figure 3H and Table S1). In terms of PFS, similar to OS results, PD-1 inhibitors improved PFS in East Asian (HR 0.46; 95% CI, 0.29-0.71; P = 0.0006), U.S./ Canadian (HR 0.65; 95% CI, 0.50-0.84; P = 0.001) populations compared to non-PD-1 inhibitor, but did not prolong survival in Europeans (HR 0.78; 95% CI, 0.43-1.39; P = 0.39) (Figure S1H and Table S2).

Effects of PD-1 Inhibitors by PD-L1 Tumor Proportion Score

There was five researches that looked at the potency of PD-1 inhibitors in individuals with PD-L1 TPS <1%, and the combined results showed that PD-1 inhibitors therapy substantially enhanced OS when compared to non-PD-1 inhibitor therapy (HR 0.69; 95% CI, 0.58–0.81; P <0.0001) (**Figure 3I**). Subgroup analyses by the treatment line showed that pembrolizumab benefits from 1st-line treatment (HR 0.55; 95% CI, 0.41–0.73; P <0.0001) and nivolumab benefits from ≥2nd-line treatment (HR 0.77; 95% CI, 0.63–0.96; P = 0.02). Subgroup analyses by the treatment regimen showed that pembrolizumab substantially enhanced OS as combination therapy (HR 0.55; 95% CI, 0.41–0.73; P <0.0001), and nivolumab prolonged survival as monotherapy (HR 0.77; 95% CI, 0.63–0.96; P = 0.02) (**Table S1**).

Seven studies reported the potency of PD-1 inhibitors in individuals with TPS \geq 1%. The aggregated findings indicated that PD-1 inhibitors therapy prolonged OS (HR 0.71; 95% CI, 0.66–0.77; P <0.00001) (**Figure 3I**). Subgroup analyses showed that pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen, and only observed benefit in \geq 2nd-line monotherapy based on nivolumab (HR 0.63; 95% CI, 0.51–0.77; P <0.00001) (**Table S1**).

TABLE 2 Different treatment lines and regimens with OS benefited from PD-1 inhibitor over non-PD-1 inhibitors in targeted patient

Line	Regimen	Population	No. of studies	HR	95% CI	P-valu
1st Line	P monotherapy	Aged <65 years	2	0.78	0.65–0.93	0.005
		Aged ≥65 years	1	0.64	0.42-0.98	0.04
		Squamous	2	0.74	0.61-0.92	0.005
		Active or previous smoker	2	0.72	0.59–0.88	0.002
		Without brain metastases	1	0.64	0.46-0.88	0.006
		PD-L1 TPS ≥1%	1	0.81	0.71-0.93	0.003
		PD-L1 TPS ≥50%	2	0.67	0.57-0.80	<0.000
	P combined therapy	Aged <65 years	2	0.47	036-0.61	<0.000
		Aged ≥65 years	2	0.69	0.53-0.91	0.007
		Male	2	0.70	0.56-0.88	0.002
		Female	2	0.32	0.23-0.46	<0.000
		Squamous	1	0.64	0.49-0.85	0.002
		Non-squamous	2	0.59	0.48-0.72	<0.000
		PS 0	2	0.48	0.33-0.69	0.000
		PS 1	2	0.59	0.47-0.74	< 0.000
		Active or previous smoker	1	0.54	0.41-0.71	<0.000
		Never smoker	1	0.23	0.10-0.54	0.000
		With brain metastases	1	0.41	0.24-0.67	0.000
		Without brain metastases	1	0.59	0.46-0.75	< 0.00
		Liver metastases	1	0.62	0.39-0.98	0.04
		East Asia	1	0.44	0.22-0.89	0.02
		PD-L1 TPS <1%	2	0.55	0.41-0.73	<0.00
		PD-L1 TPS ≥1%	2	0.62	0.50-0.77	<0.00
		PD-L1 TPS 1-49%	2	0.60	0.44-0.81	0.000
		PD-L1 TPS ≥50%	2	0.60	0.44-0.84	0.00
	N monotherapy	None				
	N combined therapy	None				
≥2nd Line	P monotherapy	Aged <65 years	1	0.62	0.51-0.75	< 0.000
		Male	1	0.70	0.58-0.84	0.000
		Female	1	0.66	0.52-0.83	0.000
		Non-squamous	1	0.68	0.57-0.81	<0.00
		PS 1	1	0.64	0.54-0.76	< 0.000
		EGFR mutant	1	0.69	0.59-0.81	<0.000
		PD-L1 TPS ≥1%	1	0.69	0.60-0.80	<0.000
		PD-L1 TPS 1-49%	1	0.78	0.65-0.94	0.00
		PD-L1 TPS ≥50%	1	0.53	0.42-0.66	<0.000
	P combined therapy	None	I	0.00	0.42-0.00	<0.000
	N monotherapy	Aged <65 years	3	0.72	0.62-0.85	0.000
	попошегару	Aged ≥65 years	1	0.50	0.29-0.85	0.000
		Aged 65–74 years	2	0.61	0.29-0.83	0.000
		Male	3	0.68	0.40-0.80	<0.000
		Female	3	0.08	0.59-0.96	<0.000
			2	0.75	0.39-0.98	<0.02
		Squamous Non-squamous	2	0.80		<0.00
					0.62-0.87	
		PS 0	3	0.66	0.49-0.89	0.00
		PS 1	2	0.62	0.51-0.76	< 0.000
		Active or previous smoker	3	0.68	0.59-0.79	< 0.000
		Without brain metastases	3	0.68	0.59-0.78	< 0.000
		Liver metastases	1	0.68	0.50-0.91	0.01
		EGFR mutant	1	0.66	0.51-0.86	0.00
		East Asia	1	0.68	0.52-0.90	0.00
		US/Canada	2	0.54	0.41-0.71	<0.00
		PD-L1 TPS <1%	3	0.77	0.63-0.96	0.02
		PD-L1 TPS ≥1%	3	0.63	0.51-0.77	<0.000
	N combined therapy	None				

In the four trials that looked at the effectiveness of PD-1 inhibitors in individuals with TPS 1–49%, it was discovered that treatment with the medicine significantly enhanced OS when compared to treatment without the drug (HR 0.77; 95% CI, 0.63–0.93; P = 0.007) (**Figure 3I**). Analysis of subgroups by the treatment line showed that receiving \geq 2nd-line treatment

based on pembrolizumab prolonged OS (HR 0.78; 95% CI, 0.65–0.94; P = 0.009), but not in 1st-line treatment (HR 0.72; 95% CI, 0.52–1.01; P = 0.06). Pembrolizumab improved OS as both monotherapy (HR 0.85; 95% CI, 0.75–0.97; P = 0.01) and combination therapy (HR 0.60; 95% CI, 0.44–0.81; P = 0.0007) (**Table S1**).

According to the cumulative findings from six studies, PD-1 inhibitors therapy markedly enhanced OS over non-PD-1 inhibitor therapy in individuals with TPS \geq 50% (HR 0.64; 95% CI, 0.57–0.72; P <0.00001) (**Figure 3I**). Subgroup analyses showed pembrolizumab substantially enhanced OS not related with treatment line and treatment regimen (**Table S1**).

A total of ten studies reported PFS data of NSCLC individuals stratified by PD-L1 tumor proportion score, and were found to benefit from PD-1 inhibitors compared to non-PD-1 inhibitor therapy with PD-L1 TPS <1% (HR 0.74; 95% CI, 0.58–0.95; P = 0.02), TPS ≥1% (HR 0.60; 95% CI, 0.42–0.86; P = 0.005), and TPS ≥50% (HR 0.58; 95% CI, 0.43–0.79; P = 0.0006), respectively, while PFS benefit was not observed in individuals with TPS 1–49% (HR 0.68; 95% CI, 0.41–1.12; P = 0.13) (**Figure S1I** and **Table S2**).

Drug Selection

The clinical and molecular features could be used to predict the efficacy of pembrolizumab and nivolumab in different treatment lines and treatment regimens, as shown in **Table 2** and **Table S3**.

According to the cumulative findings from our results, PD-1 inhibitor therapy markedly enhanced OS over non-PD-1 inhibitor therapy in 1st-line and \geq 2nd-line treatment in patients with different characteristics. Analysis of subgroups showed that in 1st-line treatment, pembrolizumab monotherapy and combination therapy substantially enhanced OS compared to non-PD-1 inhibitor treatment. In \geq 2nd-line treatment, monotherapy based on pembrolizumab and nivolumab substantially prolonged patients OS.

Sensitivity Analysis and Publication Bias

The two trials of KEYNOTE-021 and PROLUNG included a small number of individuals, thus the sensitivity analysis was carried out by excluding these two trials. The findings indicated that the predictive value of numerous clinical and molecular PD-1 inhibitors in the treatment of OS remained steady during the course of the analysis. Furthermore, we excluded the CheckMate 078 trial, which only provided HR, 95% CI was estimated from the forest plot, and found that the conclusion of the preliminary analysis had not changed. Besides, we found no significant publication bias according to the OS and PFS funnel of each subgroup (**Figures S2, S3**).

DISCUSSION

In earlier meta-analyses of the effects of PD-1 inhibitors on NSCLC clinical and molecular characteristics, a smaller number of individuals were included than in the active study. Eleven RCTs involving 5,887 patients with advanced NSCLC made up our meta-analysis. Using the most recent clinical data, we seek to determine whether there are useful and cost-effective clinical and molecular pathological markers that can be used to predict the potency of PD-1 inhibitor therapy and guide treatment options for people who may benefit from pembrolizumab or nivolumab in the field.

Based on previous clinical trials, it remains controversial whether PD-1 inhibitors benefit elderly patients with NSCLC (39-43). When treating cancer in the elderly, it is not apparent if pembrolizumab or nivolumab should be utilized. In our metaanalysis, we found that treatment with PD-1 inhibitors in individuals <65 years old is more likely to get OS benefit from pembrolizumab. In individuals with 65-74 years, the OS benefit only was observed from \geq 2nd-line monotherapy based on nivolumab, but the therapeutic effect of pembrolizumab needs to be further clarified. Furthermore, we did not find treatment benefit for PD-1 inhibitors in patient from age group 65-74 years for PFS; this may be the reason for the heterogeneity of the experiment or the small scale of this population. In individuals \geq 75 years old, our result had not shown that PD-1 inhibitors are far more powerful than non-PD-1 inhibitor therapy; this may be due to, firstly, they are more likely to have a poor PS when they have comorbidities, which indicates that they will gain less benefit from medicine (44, 45). Secondly, elderly people are associated with a functional decline of the immune system called immune-senescence so that they are unable to restore anti-tumor activity (46), and thirdly, older adults experience more frequent or severe toxicities from immunotherapy, and they may be more vulnerable to treatment-related toxicities (47). Individuals from the age group of \geq 75 make about half of all those diagnosed with NSCLC, and that figure is only going to rise. Additionally, a cost-benefit analysis should be performed (48, 49). Thus, we need to be cautious about using PD-1 inhibitors and there is a need for more explorations of PD-1 inhibitors in NSCLC individuals aged ≥75 years. The meta-analysis by Elias et al. explored the potency of PD-1/PD-L1 inhibitors in multiple kinds of solid tumor of the elderly population and found that this benefit was consistent in the subgroups of individuals with age groups <65 and \geq 65, with HR of 0.68 (95% CI, 0.61–0.75) and HR of 0.64 (95% CI, 0.54-0.76). In the subgroup analyses of four PD-1 inhibitor treatment trials, they did not observe the improvement of OS in elderly individuals aged ≥75 years (HR Value 0.86; 95% CI, 0.41-1.83) (41). Zhang et al. conducted a meta-analysis of the potency of PD-1/CTLA-4 inhibitors in elderly individuals with lung cancer and showed that immunotherapy failed to prove that individuals ≥75 years old were statistically beneficial (HR Value 0.90; 95% CI, 0.64 to 1.25) (43). The outcomes of these studies provided additional support for our meta-analysis. Following the meta-analysis of Wu et al., individuals with age group 65 and older had considerably greater overall survival with PD-1 inhibitors than those receiving chemotherapy; however individuals with age group 75 and older had significantly shorter overall survival with PD-1 inhibitors. They discovered, however, that nivolumab was related with a superior overall survival (OS) and progressionfree survival (PFS) in individuals with age group 65 and older with NSCLC (42). In our meta-analysis, we found that pembrolizumab was significantly associated with better OS (HR Value 0.73; 95% CI, 0.62-0.86; P-value = 0.0002) and PFS (HR Value 0.69; 95% CI, 0.52-0.91; P-value = 0.008) in with age group \geq 65 years old individuals, while nivolumab did not substantially enhanced OS and PFS. The reason why our

results varied from that of Wu et al. is that we included more RCTs and more individuals.

The variable of gender is well-known, and it has an impact on both innate and adaptive immune responses (50). The effect of the gender of individuals on the potency of PD-1 inhibitors as treatment in NSCLC still remains controversial (51-55). Our meta-analysis showed that for male individuals given with PD-1 inhibitors, OS and PFS were improved compared to those given with non-PD-1 inhibitor, whereas in females, we found only benefited in OS but not in PFS. Previous study also suggested that male was a favorable prognostic factor for PFS and male benefits more than female, although the OS for both genders can be improved by PD-1 inhibitors (52, 55, 56). Differences between men and women may be explained by the fact that women have a stronger immune environment in their bodies, which leads to more effective cancer cell escape mechanisms (due to stronger innate and adaptive immune responses), which may make PD-1 inhibitors less effective in women than in men and may lead to increased resistance against PD-1 inhibitors (50, 57, 58). On the other hand, men with higher smoking frequency associated with high TMB (59, 60), whereby further genetic mutations generate neoantigens, reflecting the high antigenicity of tumors (61, 62), may obtain greater benefit from PD-1 inhibitors in males. While common driver mutations in lung adenocarcinoma associated with low-TMB, usually female patients get higher EGFR mutations rate probability to have lower TMB (63) that lead females not respond well to immunotherapy. Consequently, improving the immune environment and the antigenicity of tumor in female patients may be a useful strategy, which is worth exploring in the future. Immunotherapy research and development should take gender disparities in immune response into consideration. We should also consider gender differences when we seek biomarkers which predict immunotherapy response.

Based on our analysis of subgroups of patients with histomorphological subtypes in NSCLC, we recommend individuals with squamous cell carcinoma to consider pembrolizumab as 1st-line treatment and nivolumab as \geq 2ndline treatment. We recommend pembrolizumab therapy as 1stline treatment and pembrolizumab or nivolumab as \geq 2nd-line treatment for individuals with non-squamous cell carcinoma. Both squamous and non-squamous cell carcinoma individuals can benefit from pembrolizumab monotherapy and combination therapy. Furthermore, the combination therapy of nivolumab in patients with any histomorphological subtypes remains to be explored.

The introduction of ICIs has substantially enhanced the prognosis of individuals with NSCLC, but only in individuals with ECOG PS of 0 or 1 (64). In our meta-analysis, both of the PS 0 and 1 patients given with PD-1 inhibitors achieved OS benefit compared with those given with non-PD-1 inhibitor. However, only PS 1 patients but not PS 0 patients acquired PFS benefit. When we performed a sensitivity analysis on patients with PS 0, excluding CheckMate 026, the 1st-line monotherapy based on nivolumab, and we unexpectedly observed a significant PFS benefit after applying PD-1 inhibitors. Therefore, the ECOG

PS 0, 1 seems not an appropriate predictor for evaluating the potency of PD-1 inhibitors.

In addition, the potency of PD-1 inhibitors in various smoking status was also analyzed, and found that a survival benefit of PD-1 inhibitors was observed in active or former smokers, but not in never smokers from our results. Some studies have shown that in NSCLC, smokers have a favorable trend of PD-1 inhibitor treatment compared with non-smokers (65–67) and support the result of our meta-analysis. This may be because smoking is considered to increase the mutation load in tumors and increase the expression of carcinogenic new antigens, thus activating an effective anti-tumor immune response (68). A combination strategy, rather than a single medicine, pembrolizumab, may be given more consideration in patients who have never smoked.

At present, PD-1 inhibitors have become an important treatment choice for individuals with distant metastasis (such as brain or liver metastasis). Our meta-analysis of a longer PFS but not OS for PD-1 inhibitors in patients with asymptomatic brain metastases does not support previous studies that patients with advanced brain metastasis of NSCLC given with PD-1/PD-L1 inhibitors obtained longer OS (69). Reasons for these conflicting findings include that these results are mixed with the PD-1/PD-L1 inhibitors, while our results specifically focused on the effects of the PD-1 inhibitors on individuals with asymptomatic brain metastases. In addition, the possibility that the unknown consequence of crossover at disease progression, and a significant heterogeneity existed in the results (P-value = 0.08; $I^2 = 56\%$), which also may be the reason why PFS does not translate to OS improvement. Notably, although OS was not a statistically significant benefit in individuals given with PD-1 inhibitors, compared with non-PD-1 inhibitor treatment, we observed that 1st-line treatment based on pembrolizumab prolonged survival in brain metastases patients for both OS and PFS. Following a retrospective cohort study revealed the potential benefits of the use of pembrolizumab for patients with brain metastases (70). As for individuals without brain metastasis, both OS and PFS were improved after PD-1 inhibitor treatment. Individuals with liver metastases had OS benefit from PD-1 inhibitors, and may benefit from 1st-line combined treatment of pembrolizumab with chemotherapy and ≥2nd-line nivolumab monotherapy from our subgroup analysis. Consequently, metastatic status/site may be independent predictors of survival outcome in NSCLC individuals given with PD-1 inhibitors.

The connection between PD-1 inhibitors and driving mutations has long been a focus of investigation. In this investigation, we discovered that EGFR mutation status was linked to the potency of PD-1 inhibitors. Individuals with EGFR wild-type cells benefited from PD-1 inhibitors, whereas those with EGFR mutations did not. On EGFR mutant NSCLC, it is possible that PD-1 inhibitors are ineffective due to the fact that: NSCLC individuals with EGFR wild-type and high levels of PD-L1 expression may benefit better from immune checkpoint blockade therapy than standard chemotherapy (71–73). Additionally, TMB levels in individuals with EGFR mutant tumors were shown to be lower than those in individuals with

EGFR wild-type tumors, suggesting that TMB may be a contributing factor to the poor potency of immunomodulatory drugs in these individuals (74-77). Numerous studies have demonstrated that a high CD8⁺ T infiltration rate is related with a favorable prognosis for NSCLC (78-80). Nonetheless, tumors harboring EGFR mutations frequently have a reduced percentage group of CD8⁺ tumor-infiltrating lymphocytes (TILs) (77, 81), which may result in immunological dysfunction and a poor prognosis (82). Additionally, CD73 expression is increased in the tumor cells of NSCLC individuals with EGFR mutations (83). High expression of CD73 can cause immunosuppression via decreased T-cell activation and effector function, and hence reduced benefit from checkpoint inhibitor therapies (84, 85). Natural killer (NK) cells, CD4⁺ T cells, and CD8⁺ T cells are all found in high numbers in tumors with EGFR mutations (86). Tregs secrete interleukin-10, -35, and transforming growth factor- (TGF-) in order to suppress the anti-tumor immune response mediated by NK cells, CD4⁺ T cells, and $CD8^+$ T cells (87).

Actively, PD-1 inhibitors are widely used in clinical practice, and this region information will be essential to bring maximum benefit to individuals with NSCLC. From our meta-analysis, different regions could predict clinical potency of PD-1 inhibitors, where survival benefit of PD-1 inhibitors was observed in individuals from East Asia and the U.S./Canada, but not in European individuals. Given the analysis of subgroups, due to the small number of individuals analyzed, the results should be interpreted with caution. Individuals with advanced NSCLC of different regions have different clinical, genetic characteristics, and socioenvironmental make-up that may influence their response to PD-1 inhibitors (88). It is possible that there is some yet unknown mechanism that could explain the differences, or it is far more likely that this statistical significance is due to chance (89). Therefore, further research and further confirmatory studies were required with large numbers of patients applying PD-1 inhibitors in different regions.

In our meta-analysis, we found that PD-1 inhibitor treatment substantially enhanced OS compared with non-PD-1 inhibitor therapy in individuals with any level of PD-L1 expression. Subgroup analyses showed that both pembrolizumab and nivolumab substantially enhanced OS of individuals with PD-L1 TPS <1% and TPS \geq 1%, and pembrolizumab significantly prolonged OS of individuals with PD-L1 TPS ≥50%. We did not found survival benefit in individuals with TPS 1-49% given with 1st-line based on pembrolizumab, but when we performed a sensitivity analysis and excluded Keynote-042 (1st monotherapy based on pembrolizumab), the results were statistically significant when compared with non-PD-1 inhibitor treatment, that pembrolizumab combination therapy as 1st-line therapy substantially enhanced OS in individuals with PD-L1 TPS 1-49% (HR Value 0.60; 95% CI, 0.44-0.81; P-value = 0.0007). A metaanalysis had shown similar results that pembrolizumab combination therapy seem to be reasonable 1st-line regimens when PD-L1 TPS 1-49% (HR Value 0.55; 95% CI, 0.34-0.89; Pvalue = 0.015); by contrast, there was no significant statistical difference in ICI monotherapy as 1st-line therapy (90). Secondly, pembrolizumab combination therapy shows the advantage groups

of early disease control in improving PFS and preventing early disease progression in individuals with PD-L1 TPS 1-49% (90, 91).

Despite the fact that our research generated helpful insights, we recognize that it has several limits. To begin, our analysis found publication bias and heterogeneity, which might be accounted by differences in the characteristics of the research that was included in the study. We found that heterogeneity among the selected investigations has a small impact on our principal conclusions, as evidenced by our subgroup analyses and sensitivity analysis results. Second, the data were extracted from summary data rather than from the individuals from each trial, which might lead to heterogeneity among the various studies. Third, because our study was based on correlations rather than causal findings, further investigation is needed to understand the mechanisms by which various clinical and molecular characteristics can predict PD-1 inhibitor potency, and to determine whether other biomarkers have a relationship with PD-1 inhibitor potency. Fourth, rather than research exploring the effect of specific clinicopathological characteristics on the effectiveness of PD-1 immune checkpoint blocking medicine, our meta-analysis is based on the results of planned subgroup analyses of published randomized controlled trials. Various clinicopathological characteristics such as smoking status and squamous cell carcinoma may be associated with one another. When we focus primarily on a single trait, it is possible that other confounding variables have an effect on the survival outcomes. Fifth, because not all results showed all subgroup characteristics, the effects of those that did were omitted in the analysis of subgroups, which may have resulted in imprecise categorization of factors leading to heterogeneity.

From our meta-analysis, in patients with NSCLC, age group, smoking status, metastasis status/site, EGFR mutation status, and region can predict the potency of PD-1 inhibitors, which individuals with age group <65 years, 65–74 years, active or previous smokers, without brain metastasis, liver metastasis, EGFR wild-type, East Asia and U.S./Canada may benefit from PD-1 inhibitor treatment. PD-1 inhibitors can improve OS regardless of gender, histomorphological subtypes, ECOG PS, and PD-L1 TPS. Patients with age group <65 years old, male, non squamous cell carcinoma, PS 1, TPS \geq 1%, and TPS \geq 50% benefited from pembrolizumab treatment not related with treatment line and treatment regimen.

In the treatment of NSCLC, the relationship between gene expression and the potency of chemotherapy is not intimate. Targeted therapy is an intervention that targets specific genes of a patient. Our meta-analysis showed that the efficacy of PD-1 inhibitors may be associated with clinical and molecular features, which maybe represent the genomic "terrain map" of patients. The so-called "terrain map" of genome is the specific picture of gene expression in patients with certain particular clinical and molecular characteristics, which may be related to the immune anti-tumor and tumor immune microenvironment. Therefore, the exploration of the overview of the genomic "terrain map" of patients is expected to comprehensively and deeply understand the relationship between different clinical and molecular characteristics and the efficacy of PD-1 inhibitors, so as to achieve the purpose of individualized therapy, which is not for

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a specific individual, but for a group of patients with the similar certain clinical and molecular characteristics, with the specific genetic "terrain map".

In conclusion, specific clinical characteristics can be used to predict the potency of PD-1 inhibitors. They are useful in the practical application of PD-1 inhibitors to better guide the treatment of NSCLC patients and to acquire more accurate NSCLC treatment in immunotherapy. Additionally, our article may aid in the identification of patients for PD-1 inhibitor therapy and may serve as a reference for the design of future clinical trials. Subgroup analyses suggest that when selecting PD-1 inhibitor therapy for pembrolizumab and nivolumab, careful consideration should be given to the appropriate population, in order to achieve the precise and individualized treatment purpose of immunotherapy.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/**Supplementary Material**, further inquiries can be directed to the corresponding author.

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AUTHOR CONTRIBUTIONS

Conception and design: PC, GWH, WJL. Collection and assembly of data: GWH, WJL. Assessed the eligibilities of feasible studies: WJL, GWH. Statistical analysis: GWH, WJL. Methodology and visualization: GWH. Wrote the first draft of the manuscript: GWH, WJL. Revised and edited themanuscript: GWH. Final approval of manuscript: all authors.

FUNDING

This work was funded by the Tianjin Major Disease Prevention and Control Science and Technology project, Tianjin Municipal Science and Technology Bureau (18ZXDBSY00050).

SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fimmu.2022.875093/ full#supplementary-material.

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