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Association of vascular endothelial growth factor (VEGF) protein levels and gene polymorphism with the risk of chronic kidney disease

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ABSTRACT

Vascular endothelial growth factor (VEGF) is a heparin-specific growth factor specific for vascular endothelial cells and induces angiogenesis via binding to vascular endothelial growth factor receptor (VEGFR). Chronic kidney disease (CKD), accompanied by microvascular disease, is recognized as an irreversible reduction of renal function. The effects of VEGF on CKD risk were evaluated in this study. 121 CKD patients and 50 healthy volunteers were evaluated in the current study. Data mining using the China Biological Medicine (CBM) and NCBI/PubMed databases, was performed and applicable investigations were pursued. Pooled mean differences (MD) and pooled odds ratios (OR), with corresponding confidence intervals (Cls), were calculated by meta-analysis. The levels of Scr, BUN and VEGF in the CKD group were significantly higher, when compared with the control group (P < 0.01). For the metaanalysis, thirteen articles and our current study were evaluated. VEGF levels was found to be associated with CKD risk (P < 0.00001). In the sub-group meta-analysis, we found that the pooled MD of VEGF levels was related to the early CKD group, although the difference was not notable. However, the meta-analysis itself indicated that the pooled MD of VEGF levels were in accordance with severe CKD group (P < 0.00001). Furthermore, VEGF +936C/T T allele was not associated with CKD risk (P = 0.69). VEGF levels are apparently associated with CKD risk, especially in more severe CKD. Gene polymorphism analysis indicates that the VEGF +936C/T T allele is not associated with CKD risk.

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KEYWORDS

Chronic kidney disease (CKD); vascular endothelial growth factor (VEGF); +936C/T; gene polymorphism; metaanalysis

1. Introduction

Chronic kidney disease (CKD) is a medical condition whose diagnosis is established when (i) the glomerular filtration rates are lower than 60 ml/min/1.73 m², for more than 3 months, or (ii) the renal injury is greater than 3 months [1]. In China, the prevalence of CKD disease in adults, as well as the awareness of this condition, is 10% [2]. Renal injury is eventually confirmed based on a number of alterations, in the context of renal physiology, imaging examination and/or the levels of specific blood/ urine biomarkers.

Distinct clinical manifestations may appear on different CKD stages. CKD stages 1 to 3 are regarded as early CKD, while stages 4–5 are typically considered as severe CKD, according to the National Kidney Foundation-Kidney Disease Outcomes Quality Initiative (NKF-KDOQI) [3]. Before stage 3 (early CKD), patients are usually asymptomatic or present some mild discomfort(s), such as backache, fatigue, nocturia, and others. A small number of CKD patients may also have metabolic acidosis, loss of appetite, and/or mild anemia. After CKD stage 3 (severe CKD), these symptoms become more evident and, upon entering the renal failure stage, it further aggravates. Additional complications may co-occur, and these could include gastrointestinal symptoms, hypertension, acid-acid balance disorder, severe hyperkalemia, anemia, heart failure, hyperparathyroidism, mineral bone metabolism abnormalities, CNS disorders, and even life-threatening. The outcome for patient with CKD is end-stage renal disease (ESRD), and patients with ESRD require more invasive treatments including hemodialysis, peritoneal dialysis and/or kidney transplantation.

The pathogenesis of CKD is very complex, and many factors can be involved in its development [4–7]. In recent years, it has been reported that vascular endothelial growth factor (VEGF), also known as vascular permeability factor, can be potentially associated with CKD. In fact, a number of studies have found that VEGF is associated with glomerular sclerosis and renal interstitial fibrosis, and is also involved in the progression of CKD [8–10].

VEGF is a heparin-specific growth factor, specific for vascular endothelial cells, which is capable of inducing

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angiogenesis via binding to vascular endothelial growth factor receptor (VEGFR) [11]. Alterations on VEGF protein levels and differential gene polymorphisms have been reported and also associated with a number of diseases [12–16]. In this study, we analyzed VEGF protein levels in the sera of CDK and control patients, and further explored the relationship between VEGF levels and CKD. For this, we have used a meta-analysis method to assess the relationship between VEGF protein levels and gene polymorphisms against CKD risk.

2. Material and methods

2.1. Clinical study

2.1.1. Specimen collection

A total of 121 CKD patients (CKD group) were enrolled at the Department of Nephrology of the Second Affiliated Hospital of Shantou University Medical College, between June 2018 and March 2021. These patients included glomerulonephritis (n = 58), diabetes nephropathy (n = 32), hypertensive nephropathy (n = 12), lupus nephritis (n = 2) and obstructive nephropathy (n = 3), and others (n = 14). All patients were non dialysis patients. A healthy control group was also designed by recruiting 50 healthy volunteers from outpatient health checkups.

No significant difference was observed in gender and age when comparing these two groups (P > 0.05; Table 1). Informed consent forms were provided to all patients. Signed forms were reviewed and approved by the Ethics Committee of our institution.

Three milliliters (ml) of blood sample was drawn from each subject, and blood specimens were placed in clean, dry tubes. Samples were allowed to stand for 30 minutes at room temperature for proper coagulation. Specimens were then centrifuged at 3000 rpm for 5 minutes at room temperature, and 2 ml serum was transferred to another dry and clean tube. Serum were stored at -20C until further analysis.

2.2. Detection of serum creatinine (Scr) and blood urea nitrogen (BUN)

The determination of Scr levels in serum samples was performed by Picric acid method, using a Scr assay kit (Beckman Coulter., Co., USA). BUN levels in serum samples were quantified by urease-glutamate dehydrogenase method, using a urea assay kit (AUZ6163, Beckman Coulter., Co., USA). Estimated Scr and BUN levels were detected by Beckman Biochemical AU5400 System (Beckman, Co., USA).

2.3. Detection of VEGF in the serum

VEGF levels were detected according to the manufacturer's instructions, using an enzyme-linked immunosorbent assay (ELISA) kit (Abcam, USA). Samples were measured by absorbance at 450 nm, using an enzyme-labelling measuring instrument (Fermi automatic enzyme-linked immunosorber Co., Switzerland). The VEGF concentrations of the samples were calculated by extrapolating each absorbance values using a standard curve.

2.4. Meta-analysis

2.4.1. Search strategy

The retrieval strategy utilized the following keywords: chronic kidney disease, CKD, vascular endothelial growth factor, VEGF, end-stage renal disease, ESRD and renal failure. Data mining was performed using public databases (China Biological Medicine Database/CBM, and NCBI/PubMed, USA) available up to 1 May 2022. Screening was performed by reference to the literature for further compliance studies.

2.5. Inclusion and exclusion criteria

2.5.1. Inclusion criteria

(1) the investigation was related to a cohort study or casecontrol study; (2) the resulting outcome should be 'CKD' or 'ESRD'; (3) both case and control groups were present.

2.5.2. Exclusion criteria

 Review articles, editorials, and case reports; (2) Articles not providing detailed genotype data and/or VEGF levels;
 Relationship between VEGF genotype/VEGF level and other diseases not related to CKD or ESRD.

2.6. Data extraction and synthesis

Two researchers were selected to independently extracted data and information as the following: First author's last name, year of publication, serum VEGF levels

 Table 1. Characteristics and laboratory data of the study groups.

Tuble II characte	instites and laboratory da	a of the stady groups	
Parameter	CKD group	Healthy group	P value
n	121	50	
Age (years)	59.42 ± 10.95	55.16 ± 9.32	0.194
Sex (M/F)	68/53	27/23	0.792
Scr (umol/L)	719.60 ± 353.18	79.29 ± 15.55	<0.01
BUN (mmol/L)	30.81 ± 19.28	5.17 ± 1.45	<0.01
VEGF (pg/ml)	1141.02 ± 1173.51	107.67 ± 32.48	<0.01

CKD: chronic kidney disease; VEGF: vascular endothelial growth factor; Scr: serum creatinine; BUN: blood urea nitrogen; M: male; F: female. and VEGF genotyping data, for both groups. The allele frequency of the two groups was calculated accordingly. Allele frequency was counted for each group. The extracted data were further compared between the groups.

Severe renal dysfunction (eGFRcys < 15 ml/min/ 1.73 m2 or were undergoing dialysis)

2.7. Statistical analysis

Clinical study data were collected and analyzed using a statistical software package for the social science 13.0 (SPSS 13.0). Data were presented as mean plus or minus standard deviation (mean \pm SD). Comparison between groups were performed by independent sample t-test. P < 0.05 was regarded as a cut-off for statistical significance.

Extracted data were analyzed in silico, using Cochrane Review Manager Version 5 software. If the heterogeneity test resulted in P-value >0.1, results were pooled using the fixed effects model fixed model statistics, otherwise, a random -effects model was applied. Confidence intervals (CI) at 95% were calculated. Mean differences (MD) were applied to present the results for continuous data, and odds ratios (OR) were applied to show the results for dichotomous data. A P-value <0.5 was considered statistically significant. The Egger regression asymmetry test [17] and Begg adjusted rank correlation test [18] were used to calculate publication bias (P < 0.1 as significance cut-off).

3. Results

3.1. Clinical studies

3.1.1. Comparison of serum VEGF levels between CDK and control patient groups

Compared with the control group, the levels of serum Scr and BUN in CKD group were significantly higher (Scr: 719.60 ± 353.18 vs 79.29 ± 15.55; BUN: 30.81 ± 19.28 vs 5.17 ± 1.45; all *P* < 0.01). Furthermore, VEGF levels in CKD group increased compared with those in the control group (1141.02 ± 1173.51 vs 107.67 ± 32.48; *P* < 0.01).

3.2. Meta-analysis

3.2.1. Search results

Our meta-analysis was performed using 13 articles [19–31], in addition to our current study, all describing a potential association between VEGF levels and CKD susceptibility. Altogether, this compiled data included 788 CKD patients and 602 controls. Five reports [19,22,24,27,31] have associated VEGF levels with early CKD susceptibility, while nine studies [21,22,24–31] and our current work were utilized for the meta-analysis associating VEGF levels with severe CKD susceptibility. Two other reports [32,33] were considered for the meta-analysis correlating a VEGF +936C/T gene polymorphism with CKD susceptibility.

3.3. Relationship between VEGF and CKD susceptibility

In the current meta-analysis, VEGF levels were generally associated with CKD susceptibility (MD = 169.39, 95% CI: 128.50–210.28, P < 0.00001; Figure 1). The heterogeneity test showed a p-value < 0.00001. Thus, a random-effects model has been further applied.

In the sub-group meta-analysis, we have found that the pooled MD of VEGF levels were in favor to an early CKD group, although the difference was not significant (MD = 14.48, 95% Cl: -2.17-31.12, P = 0.09; Figure 2). However, the meta-analysis indicated that the pooled MD of VEGF levels were still in favor to a severe CKD group (MD = 233.77, 95% Cl: 176.77-290.16, P < 0.00001; Figure 2).

		CKD		С	ontrol			Mean Difference		Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl	Year	IV, Random, 95% Cl
Pawlak 2004	628.58	98.28	20	110.61	27.69	20	8.2%	517.97 [473.22, 562.72]	2004	+
Pawlak 2007	387.93	184.63	42	109.65	26.89	20	7.7%	278.28 [221.21, 335.35]	2007	-
Pawlak 2008	485.88	130.46	24	110.56	27.75	18	7.8%	375.32 [321.57, 429.07]	2008	-
Futrakul 2009	219	229	54	230	220	54	6.5%	-11.00 [-95.70, 73.70]	2009	-+
Jie 2010	125	29	49	28	24	33	9.0%	97.00 [85.47, 108.53]	2010	-
Hamed 2012	32.91	24.4	40	3.36	1.69	20	9.0%	29.55 [21.95, 37.15]	2012	-
Kacso 2012	65.3	70.85	36	65.7	78.5	67	8.7%	-0.40 [-30.22, 29.42]	2012	+
Thethi 2012	31.4	2.6	52	2.2	0.1	50	9.1%	29.20 [28.49, 29.91]	2012	- F
Pawlak 2012	486.39	124.97	28	110.55	27.75	18	8.1%	375.84 [327.81, 423.87]	2012	-
Chen 2013	130	139.9	166	52.4	42.4	30	8.8%	77.60 [51.46, 103.74]	2013	-
Sahutoglu 2017	3,787.8	1,382	10	4,945.8	1,069	10	0.1%	-1158.00 [-2240.90, -75.10]	2017	←────
Erturk 2018	280	264	38	321	210	35	5.5%	-41.00 [-150.02, 68.02]	2018	-+
Anderson 2018	132.6	144.7	201	112.5	119.35	201	8.8%	20.10 [-5.83, 46.03]	2018	+
Our study 2019	1,141.02	1,173.51	121	107.67	32.48	50	2.7%	1033.35 [824.06, 1242.64]	2019	-
Total (95% CI)			881			626	100.0%	169.39 [128.50, 210.28]		•
Heterogeneity: Tau ² =	= 4795.42; C	; hi² = 1134	.14, df:	= 13 (P <	0.00001)	; i² = 99	3%			
Test for overall effect					,					-1000 -500 0 500 100 Favours CKD Favours control

Figure 1. Association of vascular endothelial growth factor protein levels with CKD risk. CKD: chronic kidney disease; SD: standard deviation; Total: the total number of CKD group or control group; CI: confidence intervals; I²: test the heterogeneity among recruited studies; df: degrees of freedom.

Early CKD vs Control

	Ea	rly CKD		C	ontrol			Mean Difference		Mean Differenc	e
Study or Subgroup	Mean	SD 1	otal	Mean	SD	Total	Weight	IV, Fixed, 95% Cl	Year	IV, Fixed, 95% 0	3
Pawlak 2008	133	78.71	11	110.56	27.75	18	11.9%	22.44 [-25.81, 70.69]	2008		
Futrakul 2009	219	229	54	230	220	54	3.9%	-11.00 [-95.70, 73.70]	2009		
Kacso 2012	69.8	71.93	37	65.7	78.5	67	31.1%	4.10 [-25.74, 33.94]	2012		
Pawlak 2012	133	78.71	11	110.56	27.75	18	11.9%	22.44 [-25.81, 70.69]	2012		
Anderson 2018	132.6	144.7	201	112.5	119.35	201	41.2%	20.10 [-5.83, 46.03]	2018	+	_
Total (95% CI)			314			358	100.0%	14.48 [-2.17, 31.12]		•	
Heterogeneity: Chi ^z	= 1.20, df	= 4 (P = 0	1.88); l ^a	= 0%							+ (
Test for overall effe										-100 -50 0	50 100
										Favours Early CKD Favou	rs control
Severe CKI	D vs Co	ntrol									
Severe CKI		ontrol vere CKD		c	Control			Mean Difference		Mean Difference	e
			Total	(Mean		Total	Weight	Mean Difference IV, Random, 95% C	l Year		
Severe CKI Study or Subgroup Pawlak 2004	Sev	vere CKD		Mean	SD	Total 20	<u>Weight</u> 12.1%			IV, Random, 95%	
Study or Subgroup Pawlak 2004	Sev Mean	vere CKD SD	20	Mean 110.61	<u>SD</u> 27.69			IV, Random, 95% C] 2004	IV, Random, 95%	
<mark>Study or Subgroup</mark> Pawlak 2004 Pawlak 2007 Pawlak 2008	Sev Mean 628.58 387.93 485.88	vere CKD SD 98.28	20 42	Mean 110.61 109.65 110.56	27.69 26.89 27.75	20	12.1%	IV. Random, 95% C 517.97 [473.22, 562.72	() 2004 () 2007 () 2008	N, Random, 95%	
Study or Subgroup Pawlak 2004 Pawlak 2007 Pawlak 2008 Kacso 2012	Sev Mean 628.58 387.93 485.88 65.3	vere CKD 98.28 184.63 130.46 70.85	20 42 24 36	Mean 110.61 109.65 110.56 65.7	27.69 26.89 27.75 27.75 78.5	20 20 18 67	12.1% 11.6% 11.7% 12.6%	V. Random, 95% C 517.97 [473.22, 562.72 278.28 [221.21, 335.35 375.32 [321.57, 429.07 -0.40 [-30.22, 29.42	() 2004 () 2007 () 2008 () 2012	N, Random, 95%	
Study or Subgroup Pawlak 2004 Pawlak 2007 Pawlak 2008 Kacso 2012 Hamed 2012	Sev Mean 628.58 387.93 485.88	vere CKD SD 98.28 184.63 130.46	20 42 24 36	<u>Mean</u> 110.61 109.65 110.56 65.7 3.36	27.69 26.89 27.75 27.75 78.5 1.69	20 20 18 67 20	12.1% 11.6% 11.7% 12.6% 13.1%	V. Random, 95% C 517.97 [473.22, 562.72 278.28 [221.21, 335.35 375.32 [321.57, 429.07 -0.40 [-30.22, 29.42 29.55 [21.95, 37.15	2004 2007 2008 2008 2012 2012	N, Random, 95%	
Study or Subgroup Pawlak 2004 Pawlak 2007 Pawlak 2008 Kacso 2012 Hamed 2012 Pawlak 2012	Sev <u>Mean</u> 628.58 387.93 485.88 65.3 32.91 486.39	vere CKD 98.28 184.63 130.46 70.85 24.4 124.97	20 42 24 36 40 28	Mean 110.61 109.65 110.56 65.7 3.36 110.55	SD 27.69 26.89 27.75 78.5 1.69 27.75	20 20 18 67 20 18	12.1% 11.6% 11.7% 12.6% 13.1% 12.0%	W. Random, 95% C 517.97 [473.22, 562.72 278.28 [221.21, 335.35 375.32 [321.57, 429.07 40 [-30.22, 29.42 29.55 [21.95, 37.16 375.84 [327.81, 423.87	() 2004 () 2007 () 2008 () 2012 () 2012 () 2012 () 2012	N, Random, 95%	
Study or Subaroup Pawlak 2004 Pawlak 2007 Pawlak 2008 Kacso 2012 Hamed 2012 Pawlak 2012 Thethi 2012	Sev <u>Mean</u> 628.58 387.93 485.88 65.3 32.91 486.39 31.4	vere CKD 98.28 184.63 130.46 70.85 24.4 124.97 2.6	20 42 24 36 40 28 52	Mean 110.61 109.66 110.56 65.7 3.36 110.55 2.2	SD 27.69 26.89 27.75 78.5 1.69 27.75 20.169	20 20 18 67 20 18 50	12.1% 11.6% 11.7% 12.6% 13.1% 12.0% 13.1%	W. Random, 95% C 517.97 [473.22, 562.72 278.28 [221.21, 335.35 376.32 [321.57, 429.07 -0.40 [-30.22, 29.42 29.56 [21.95, 37.16 375.84 [327.81, 423.87 29.20 [28.49, 29.91	() 2004 () 2007 () 2008 () 2012 () 2012 () 2012 () 2012 () 2012	N, Random, 95%	
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Figure 2. Association of vascular endothelial growth factor protein levels with early- or severe-CKD risk. CKD: chronic kidney disease; SD: standard deviation; Total: the total number of CKD group or control group; Cl: confidence intervals; I2: test the heterogeneity among recruited studies; df: degrees of freedom.

3.4. Relationship between the VEGF +936C/T gene polymorphism and CKD susceptibility

In the current meta-analysis, VEGF +936C/TT allele was not found to be associated with CKD susceptibility (OR = 1.31, 95% CI: 0.34-5.05, P = 0.69; Figure 3).

3.5. Evaluation of publication bias

No significant publication bias associating VEGF levels with CKD susceptibility was detected (Begg P = 0.001, funnel plot was presented in Figure 4; Egger P = 0.001).

4. Discussion

In this clinical study, no statistical difference in baseline data was observed after comparing the CKD group with a healthy control group. Patients with CKD had a significant increase on both Scr and BUN levels when compared with healthy subjects. Interestingly, VEGF protein levels in CKD patients were also significantly higher than those in the control group. This suggests that VEGF might be closely related to the CKD pathogenesis. However, how VEGF participates in the pathogenesis of CKD is still unclear. Whether it is because the excretion of related factors decreases after the decline of renal function, or whether it is because VEGF is really activated and participates in the pathogenesis of CKD. This problem needs further research and confirmation in the future.

The data structure of a single center frequently has some limitations. Therefore, we conducted metaanalysis to better establish a correlation between VEGF and CKD. In this meta-analysis, fourteen studies

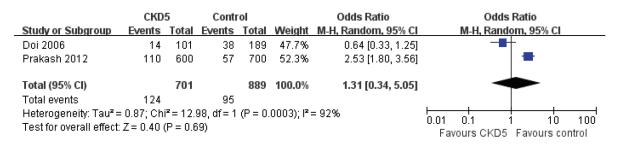


Figure 3. Association of the VEGF +936C/T gene polymorphism with CKD susceptibility. CKD: chronic kidney disease; SD: standard deviation; Total: the total number of CKD group or control group; CI: confidence intervals; I2: test the heterogeneity among recruited studies; df: degrees of freedom.

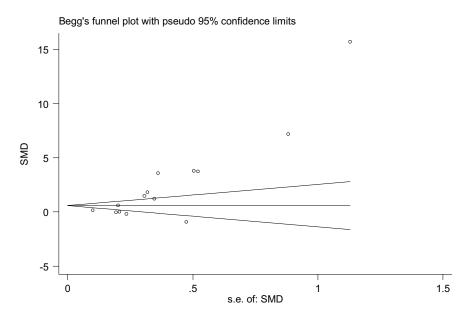


Figure 4. Publication bias was evaluated for association of vascular endothelial growth factor protein levels with chronic kidney disease risk. SMD, standardized mean difference; SE, standard error.

(including our study) were included and the results clearly indicated that VEGF levels are possibly associated with CKD susceptibility, especially in more advanced conditions. We reviewed these reports and verified that one particular study reported that low levels of VEGF were associated with CKD susceptibility [26], while seven studies (including our own study) indicated that higher levels of VEGF were associated with CKD susceptibility [20,22,23,29-31] indicated that high levels of VEGF were associated with CKD susceptibility. However, six other studies did not find any correlation VEGF with between CKD risk [19,21,24,25,27,28]. We also conducted an evaluation of publication bias, and found that there was significant variation of published data intended to associate VEGF levels with CKD susceptibility. This suggests that our results might not be conclusive. A higher number of standardized studies should be conducted to confirm this relationship.

We have also utilized the meta-analysis approach to investigate the relationship between *VEGF* gene polymorphism and CKD. In this study, only VEGF +936C/T polymorphism was included to assess any potential association with CKD susceptibility. Our results indicated that the VEGF +936C/TT allele was not associated with CKD risk. However, this metaanalysis only included two specific studies and, therefore, the sample size was small. Further clinical studies are still needed to confirm the current results in the near future.

Based on our knowledge, no other meta-analysis has attempted to establish an association between VEGF protein levels/gene polymorphisms and the pathogenesis of CKD. In the current study, VEGF levels were found to be associated with CKD susceptibility.

Nevertheless, some limitations should be pointed out in this study. In the clinical side, the sample size was small and then study was not conclusive. Second, the sample size for the meta-analysis correlating VEGF +936C/T polymorphism and CKD risk was small and, therefore, still preliminary. Of note, the heterogeneity among the studies establishing a relationship between VEGF levels and CKD susceptibility was relevant. This heterogeneity could be associated with variations on the equipment and detection kits used in the current work. More studies are still required to strengthen the promising correlation that we have here defined, in the context of CKD. Furthermore, more studies such as genomewide association study (GWAS) should be performed to confirm the correlation between VEGF +936C/T polymorphism and CKD risk in the future.

5. Conclusion

In the current study, the VEGF levels in CKD group were increased compared with those in a healthy control group. Furthermore, the increased levels of VEGF were associated with CKD susceptibility, especially in a more severe CKD condition, but VEGF +936C/T T allele was not associated with CKD susceptibility. More in-depth studies should be conducted to confirm our current observations.

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Disclosure statement

No potential conflict of interest was reported by the author(s).

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Abbreviations

- VEGF vascular endothelial growth factor
- CKD chronic kidney disease
- Scr serum creatinine
- BUN blood urea nitrogen

Data availability statement

All data generated of this study are included in the published article. The data used in this study are available on request from the corresponding author.

Ethics approval

This study was approved by the ethics committee of the Second Affiliated Hospital, Shantou University Medical College. Written informed consent were given to all the participants prior to the collection of samples.

Informed consent

All authors consent to the submission of this manuscript.

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