



REVIEW

Treatment of Cutaneous Leishmaniasis and Insights into Species-Specific Responses: A Narrative Review

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ABSTRACT

Cutaneous leishmaniasis (CL) is a complex skin infection that has imposed a heavy burden on many developing countries and is caused by more than 20 *Leishmania* species. This disease is predominantly associated with disfiguring scars and major social stigma upon infection. The severity of the disease seemingly depends on many factors including the species of parasite, the host, region of endemicity, socio-economic status and the accessibility to health facilities. Despite myriad studies that have been performed on current and novel therapies, the treatment outcomes of CL remain contentious, possibly because of the knowledge gaps that still exist. The differential responses to the current CL therapies have become a major drawback in disease control, and the dearth of information

on critical analyses of outcomes of such studies is a hindrance to the overall understanding. On the basis of currently available literature on treatment outcomes, we discuss the most effective doses, drug susceptibilities/resistance and treatment failures of the *Leishmania* genus for both monotherapy and combination therapy. This review focuses on the available treatment modalities for CL caused by different *Leishmania* species, with insights into their species-specific efficacies, which would inform the selection of appropriate drugs for the treatment and control of leishmaniasis.

Keywords: Cure rate, Cutaneous leishmaniasis; Drug resistance; Efficacy; *Leishmania*; Species-specific; Therapy; Treatment

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Key Summary Points

Treatment of cutaneous leishmaniasis (CL) is challenging because of the inconsistencies in host treatment responses, which are multifactorial and include parasite species-specific factors.

Most of the conventional drugs that have been used for decades have become ineffective with species-level unresponsiveness.

Antimonials are the commonly used first-line treatment in most countries with variable treatment outcomes.

Leishmania major appears predominantly susceptible to most of the current treatment methods unlike other CL-causing parasite species.

Combination treatment is more effective against a wide array of leishmaniasis cases where monotherapy has failed.

INTRODUCTION

Leishmaniasis is caused by protozoan parasites of genus *Leishmania* and transmitted to humans by the bite of *Leishmania*-infected *Phlebotomus* or *Lutzomyia* sandflies [1]. The disease is endemic in more than 98 countries, with almost 350 million people at risk and around 2 million new cases reported worldwide annually [2]. At the global level, most annual cases occurred in western Asia, central Asia, the Americas and the Mediterranean basin [3]. Moreover, the poverty and lack of healthcare facilities potentiate contracting the disease and increasing the mortality rate [4, 5]. Leishmaniasis manifests in three major clinical forms: visceral leishmaniasis or kala-azar, cutaneous leishmaniasis (CL) and mucocutaneous leishmaniasis; the cutaneous form is the most common of all types [2].

According to the World Health Organization (WHO) definitions, CL is found in both the Old

and New Worlds [2]. Old World cutaneous leishmaniasis (OWCL), mainly seen in the Eastern hemisphere, is caused by *L. donovani*, *L. infantum*, *L. major*, *L. tropica* and *L. aethiopica*, and New World cutaneous leishmaniasis (NWCL), which is more common in Central and South America, is predominantly caused by *L. braziliensis*, *L. panamensis*, *L. guyanensis*, *L. amazonensis*, *L. mexicana* and *L. peruviana* [6, 7]. Disseminated CL, mostly reported in north-eastern Brazil [8, 9], is comparatively more drug sensitive and manageable than diffuse CL which is more likely to be drug resistant. Moreover, the diffuse CL due to *L. mexicana* and *L. amazonensis* is considered a more difficult form to treat with contemporary treatment methods [10].

Cutaneous leishmaniasis causes skin lesions upon exposure to infection and leaves disfiguring scars and disabilities [11–13]. Lesions caused by CL may be limited to a specific region on the skin (localized CL) or give rise to multiple lesions on a large area of the body (diffused CL and disseminated CL), which are notoriously difficult to treat [10]. Moreover, the clinical presentation of CL lesions may vary depending on the host immunity and causative *Leishmania* species. Although typical CL lesions are painless and tend to self-heal in 3–18 months, in some cases, particularly the ones caused by *L. tropica*, *L. major* and *L. aethiopica*, are associated with long-lasting multiple lesions and severe scarring [5]. Therefore, treatment of CL is of great importance to minimize the probable complications.

Of note, the control of CL largely depends on early diagnosis, and expeditious treatment [14]. In accordance with the priorities of WHO and world health developmental policies, there is a huge demand for studies focused on the proper use of drugs and treatment methods to cure neglected tropical diseases like leishmaniasis [15]. Successful CL treatment accelerates healing, reduces scarring and reduces the risk of further complications. However, the treatment outcome may depend on factors such as the causative parasite species, especially its pathogenicity, host factors and geographic location [11]. To date, a number of antileishmanial treatments have been introduced such

as chemotherapy [16], cryotherapy [17], thermotherapy [18] and several less frequently used alternative methods [19]. Commonly used leishmanicidal drugs include pentavalent antimonials [20–22], amphotericin B [23, 24], miltefosine [25, 26], paromomycin [27, 28] and, topical and systemic azoles [29, 30]. These chemotherapeutic agents have immensely helped to reduce CL transmission and alleviate the disease burden over decades. Unfortunately, the effective use of these therapies has been barred by limitations such as the emergence of poor responsiveness resulting in low efficacy, need for prolonged treatment, frequent recurrences and serious side effects [31, 32]. Despite the availability of several therapies for leishmaniasis, there is no universal cure for all types of CL and the efficacy of the commonly used prevalent antimonials is species-dependent [29, 33, 34]. Moreover, the published literature reviews based on species-specific effectiveness of CL treatments are extremely scarce.

There is an urgent need for the discovery of efficacious, affordable and safe treatment strategies for CL, including those applicable in a species-specific manner and bridging the knowledge gaps on species-specific treatment modalities. Accordingly, the aim of this review is to summarize the therapeutic efficacy of currently available treatment strategies of CL, highlighting the species-specific treatment response.

Statement of Ethics Compliance

This article is based on previously published work and does not contain novel data or information related to human or animal studies.

ANTILEISHMANIAL MONOTHERAPY

Antimony

Although several antileishmanial drugs have been used during the past few decades, unarguably, antimonials remain the first-line treatment for CL in most countries irrespective of

the causative agent and clinical form of the lesions. Sodium stibogluconate (SSG) and meglumine antimoniate (MA) are the two major formulations of antimonials in current use to treat CL. Among different mechanisms of action of antimonials, a prominent dual action against CL infection is seen: firstly, antimonials activate the macrophages to kill the infected parasites; secondly, Sb(V), the prodrug, is reduced to active Sb(III) that targets inhibition of trypanothione reductase which eventually leads to parasite killing [35]. Accumulating evidence suggests that antimonials increase the expression of aquaglyceroporin (AQP1) and inhibit DNA topoisomerase, glycolysis pathways, ATP/GTP synthesis and glucose catabolism resulting in decreased viability of *Leishmania* parasites [34, 36–39]. Current uses notwithstanding, the emergence of drug resistance, especially in the Indian subcontinent with 60% unresponsiveness [2], has been an instigator for the discovery of alternative treatments for decades.

Genetically distinct populations of *Leishmania* are able to show varied responses to antimony with antimony-resistant phenotypes developing as a result of genetic mutations of parasites [40]. Also, the region of endemicity plays a pivotal role in differential antimonial responses. Cutaneous leishmaniasis caused by *L. (V.) braziliensis* in Peru, Brazil and Guatemala has shown 69.6%, 50.8% and 96.0% chemotherapeutic sensitivity, respectively, towards Sb(V) therapy (20 mg/kg/day for 20 days) [21, 22, 41]. Therefore, it could be hypothesised that either a genetic variation in the parasites of the same species or the differences in the genetic composition and immunity of the people within the regions have affected the therapeutic response. Cutaneous leishmaniasis caused by *L. aethiopica* has less sensitivity to SSG and appears slightly resistant to antimonial drugs in vitro, compared to the high SSG sensitivity that is reported in *L. donovani* [42, 43]. It has also been suggested that self-healing CL species such as *L. major* were fairly sensitive to oxidative stress and showed increased susceptibility to antimonial drugs than other species [44]. The cure rate (CR) of CL due to *L. tropica* treated with intralesional administration of SSG was higher and more

efficient than intramuscular administration of SSG in a randomized controlled clinical trial [45]. Furthermore, intrinsic differences were reported in Sb(III) sensitivities upon exposure to concentration series of potassium antimony tartrate whereas EC₅₀ (effective concentration) data showed 2.6, 3 and 6 times more resistance to Sb in CL caused by *L. braziliensis*, *L. tropica* and *L. panamensis*, respectively, compared to *L. major* [34].

With respect to the dosage, intravenous antimonial treatment at a daily dose of 20 mg/kg for 10 consecutive days could produce better cure rates against CL caused by *L. panamensis* and *L. braziliensis* [46, 47]. Furthermore, CL caused by *L. major* showed moderate CRs with the aforementioned treatment regimen [48]. However, CL caused by *L. (V.) panamensis* cured 100% after 20 mg/kg/day for 20 days, compared to the lower CR (64%) with a dose of 10 mg/kg/day, during a course of 20 days of intravenously administered SSG [49]. Another study on *L. braziliensis panamensis* supported the fact that 20-day intramuscular administration of SSG at a daily dose of 13 mg/kg resulted in only a 68% CR [30]. Accordingly, a 20-day SSG administration at a daily dose of 20 mg/kg seems to be the most effective regimen to treat a wide array of CL cases, although distinct species-level variations exist. The lesser doses seemed comparatively insufficient [7, 21, 49] to produce a wide antileishmanial effect, mostly due to the discrepancies in the degree of sensitivity to antimonials between species and even within the same parasites species. On the other hand, administration of antimonials at high concentrations for a shorter time may effectively target the infection and ultimately reduces the cost, healing time and the systemic toxic effects. The most effective and optimum dosage of Sb(V) therapy appears to be 20 mg/kg/day for 20–28 days. *L. major*, *L. donovani*, *L. (V.) braziliensis* (in Guatemala) and *L. tropica* seemed more sensitive to antimonial drugs compared to the lower susceptibility reported with *L. aethiopica*, *L. panamensis* and *L. (V.) braziliensis* (in Brazil). Nevertheless, *Leishmania* species like *L. braziliensis* and *L. panamensis* had contrasting outcomes with antimonial treatment. Furthermore, the

unresponsiveness reported, and the treatment failure of antimonial drugs must be extensively investigated to find out the remedies for emerging resistance and for the longevity of the existing therapies.

Miltefosine

The orally administered drug miltefosine (hexadecylphosphocholine) was first used as an anticancer agent before it was suggested as a treatment for leishmaniasis [25, 50]. Studies have proven antileishmanial activities associated with its ability to derange sterol and phospholipid biosynthesis, and cell signal transduction of parasites [51]. In some instances, where antimony resistance had become a challenge, miltefosine was used as the second-line drug [25] and was effective on diffused CL producing 80–90% parasitological improvement within 2 months [52]. Nonetheless, this regime resulted in high probability of relapsing with the development of new infection in the majority of cases [52].

Miltefosine has been strongly recommended for patients with CL due to *L. guyanensis* and *L. panamensis* [33] albeit with slightly paradoxical research outcomes with several other CL species. For instance, miltefosine showed a robust decline in response against *L. major* CL and slow response against *L. infantum* [33, 53]. However, an in vitro assessment suggested high efficacy for CL due to *L. donovani*, but was unsatisfactory against *L. major*. In contrast, CL due to *L. major* in Iran was more responsive, showing 92.9% CR compared to that of 83% with MA. These CRs were almost compatible with the results obtained in patients with American cutaneous leishmaniasis (ACL) treated with 150 mg daily for 28 days [54]. According to a placebo-controlled trial conducted in Guatemalan patients with CL, the CR for *L. braziliensis* (ca. 50%) seemed unfavourable, but in the Colombian context it was amply responsive (CR 91%) against *L. panamensis* [26]. In contrast, in Brazil, two randomized controlled trials revealed that the therapeutic outcomes of CL due to *L. braziliensis* or *L. (Viannia) guyanensis* were outstanding in patients treated

with miltefosine compared to patients treated intravenously with Sb(V) [55, 56]. As a whole, a frequently recommended treatment regimen for miltefosine is 1.5–2.5 mg/kg/day (orally) for 28 days [26, 53, 55–58]. According to the prevailing data, miltefosine is an effective and safe drug for treating CL caused by *L. guyanensis*, *L. panamensis* and *L. donovani*, whereas CL caused by *L. infantum* and *L. braziliensis* appeared to be more resistant.

Paromomycin

Paromomycin (PM), an aminoglycoside-aminocyclitol antibiotic, is used in some countries to treat CL as a topical or parenteral drug [59, 60]. However, the systemic use of PM is less common. PM acts as an inhibitor of *Leishmania* parasite propagation by interfering with protein translation, with only a minute influence on human cell counterparts [61, 62]. According to the Pan American Health Organization (PAHO) guidelines, PM has not yet been recommended as a treatment for CL [63]. In Ethiopia, as per their health guidelines, the preferential first-line treatment for CL caused by *L. aethiopica* is intramuscular administration of PM [42].

In Colombia and Belize, CL therapy with PM doses of 18 mg/kg/day for 14 days or 14 mg/kg/day for 20 days regimens produced moderate CRs of 50% and 59%, respectively [64, 65]. Therefore, various PM formulations were introduced with increased efficacies. In particular, the formulation of PM comprising 15% PM sulfate with 12% methylbenzethonium chloride (MBCL) completely cured *L. major*-related CL in 6–10 days [66]. Likewise, *L. major* in Israel and *L. mexicana* in Guatemala were successfully treated with MBCL having CRs of greater than 85% [67, 68]. This ointment was 85% effective in healing patients with *L. braziliensis panamensis*-related NWCL in Ecuador after 12 months, albeit with some criticism of local stringency after application [27]. Interestingly, CL attributed to *L. tropica* has largely been identified as a species resistant to PM ointments [69, 70]. However, current evidence suggests that, despite rarely reported low response incidents, CL treatment with MBCL for more than

6 days seems to be more effective against a wide range of CL infections.

Subsequently, the topical treatment of Bolivian CL caused by *L. braziliensis* with 15% PM in aquaphilic base, a complex with a propensity for better adsorption into the lesion, afforded a CR of 77.5% (31 of 40 patients) in 6 months and was superior to the aquaphilic vehicle negative control [71]. The formulation containing 15% PM and 0.5% gentamicin was able to significantly accelerate the CR of *L. panamensis* CL in Columbia [72]. However, evidence suggests similar CR for both PM and PM-gentamicin in ulcerative *L. major* CL which in turn necessitates further investigations on the use of PM-gentamicin or PM alone [73]. In addition, the formulation containing PM-urea, was 100% effective against CL due to *L. major*, with around 30% relapsed rate [60]. Taken together, CL due to *L. major*, *L. mexicana* and *L. braziliensis panamensis* have been shown to be more susceptible towards PM, although CL caused by *L. tropica* appears unresponsive to PM-based ointments.

Amphotericin B

Amphotericin B is commonly used as an alternative drug with a broad spectrum of antiparasitic or antifungal activities to treat patients with leishmaniasis with resistance to antimonials [16]. There are two main types of amphotericin B: amphotericin B deoxycholate and liposomal amphotericin B (L-AmpB, trade name AmBisome) used intralesionally or intravenously as a second-line treatment for CL [10]. Upon binding to ergosterol, the major sterol of the protozoal cell membrane, amphotericin B leads to cell death by promoting ion leakage, pore formation, changes in cell membrane permeability and sudden metabolic shock [74, 75].

Several studies have reported successful treatment of *L. major* and *L. tropica*-induced CL with intravenous (11 out of 13 patients cured) or intralesional injection of L-AmpB at a daily dose of 3 mg/kg for 5 days with an additional dose on the tenth day. Initial infection was gradually re-epithelialized and then disappeared in 8 weeks without abnormalities [24, 76].

Furthermore, a recent study validated this treatment regimen to be more responsive than SSG (CR was 85% vs 70% for SSG) and recommended as the first-line drug for CL caused by *L. braziliensis* [77]. AmpB regimen of 3 mg/kg/day for at least 5 days cured CL infections against *L. major* and *L. aethiopica* [24, 78]. However, a weakened Amp-B regimen like 1.5 mg/kg/day for 5 days was able to show only a CR of 50% against *L. braziliensis* [79], which demonstrated the inadequacy of the selected dose. *L. mexicana* was least sensitive to amphotericin B deoxycholate [80]. Evidence suggests treatment failure or poor responsiveness of AmpB in patients infected with *L. infantum*, even after treatment with a total dose of 20 mg/kg or daily 3 mg/kg for 13 days [81, 82]. Accordingly, the current recommendation is to administer AmpB in doses higher than 1.5 mg/kg/day for more than 5 days to obtain promising results to treat CL due to *L. tropica*, *L. braziliensis*, *L. major* and *L. aethiopica* but not for *L. infantum*.

Pentamidine

Pentamidine inhibits mitochondrial topoisomerase II, polyamine synthesis, calcium transport, lysin-arginine transport, and eventually impedes the active transport system and mitochondrial membrane potential that leads to parasite death [83]. As per PAHO guidelines, pentamidine is recommended and included in the first line of drugs against CL due to *L. guyanensis* and *L. panamensis* [10]. However, except for *L. guyanensis*, extensive studies on the species-specific responses to pentamidine are rare.

Pentamidine (58.1%) and MA (55.5%) were approximately equally effective in treating *L. guyanensis*-related American tegumentary leishmaniasis (ATL) in Brazil [84]. In a study on *L. guyanensis* CL, patients given pentamidine isethionate showed 78.8% CR for single injection (7 mg/kg), and 83.6% following two injections; hence, a single treatment at a high dose of 7 mg/kg has been recommended unless the lesions remain unhealed [85]. Furthermore, in an effort to minimize the number of treatment

sessions, a Colombian study on CL revealed that four injections on alternate days of 2 mg pentamidine/kg and 3 mg pentamidine/kg could give rise to 84% and 96% CRs, respectively, with even lesser side effects [86]. It was also found that *L. guyanensis* treatment with weekly pentamidine at a dose of 7 mg/kg could result in increasing efficacies with the number of treatment sessions, up to a CR of 96% [87]. However, the intramuscular administration of pentamidine isethionate tended to fail more than the intravenous administration of pentamidine, in the treatment of CL due to *L. guyanensis* [31]. The CL therapy for *L. braziliensis* also showed attractive healing rates with 3-day regimen of 120 mg pentamidine/mm² of the lesion as an alternative for Sb treatment [88], whereas treatment with three doses of 4 mg pentamidine/kg/day in 1 week was as effective as antimonials for the treatment of ACL. Furthermore, pentamidine mesylate has been introduced in Suriname as a treatment of CL [89]. As a drawback, some studies report an induction of rhabdomyolysis during CL treatment with pentamidine [90, 91]. Therefore, to test the effects on the other *Leishmania* species and to resolve the apparent ambiguities in treatment, more comprehensive studies are warranted to compare the species dependency and treatment regimens of pentamidine.

Azoles

The azole drugs, including fluconazole, ketoconazole and itraconazole, have been attractive candidates for the treatment of CL and have been authenticated in vitro, in vivo and also by clinical trials [21, 30, 92, 93], albeit with paradoxical outputs in their efficacies. The global efficacy rates of azoles for *L. mexicana*, *L. infantum*, *L. donovani*, *L. major*, *L. braziliensis* and *L. tropica* were 89%, 88%, 80%, 53%, 49% and 15%, respectively, which implicated a broader variation in species dependency of azole therapy [29]. Interestingly, the growth inhibition observed with itraconazole, fluconazole and ketoconazole against *L. donovani* and *L. braziliensis* strains was substantial as opposed to *L. aethiopica*, *L. major*, *L. tropica* or *L. m.*

mexicana strains that had lower inhibition [93]. Contradictory results are rife in azole treatment; hence, the dearth of data and the presence of discrepancies in the literature encourage extensive investigations on the antileishmanial activity of azoles, particularly species-specificities, to overcome the current confusions. In a recent study, De Prates et al. excluded the possibility of using fluconazole (at a dose of 6.5–8 mg/kg/day for 28 days) as an effective regimen for CL due to *L. braziliensis* [94] and a non-randomized phase 2 trial in the Brazilian Amazon revealed that orally administered fluconazole has no potency in treating *L. guyanensis* CL [32]. Nonetheless, in Saudi Arabia, 6-week administration of fluconazole was safe and efficient in treating CL due to *L. major* [95].

Treatment of CL due to *L. braziliensis panamensis* with ketoconazole showed comparable efficacy to parenteral antimonials, and has been suggested as an initial treatment for CL [30]. Furthermore, *L. braziliensis* demonstrated substantial in vitro growth inhibition with ketoconazole [93]. Ketoconazole is used to successfully treat *L. major*-related CL using 400 mg/day dose for 4 weeks [96]. However, the topical treatment though considered more safe is found to be less effective [97]. Even though many studies bear evidence for successful treatment of *L. mexicana mexicana* with ketoconazole, contradictory outcomes also have been reported with the occurrence of treatment failure [93, 98]. However, it was proven that *L. mexicana* was predominantly sensitive to ketoconazole at a dose of 600 mg/day for 4 weeks [21]. Currently, formulations like lipogel, cream and topical gel have been invented that contain different concentrations of ketoconazole; however, in vivo studies have implied meagre antileishmanial activities of these formulations [99] in treating CL caused by *L. (Viannia) braziliensis* or *L. (V.) panamensis* [100]. As per the outcomes of in vitro studies and clinical trials that have been performed, ketoconazole can be taken as a reliable treatment against *L. braziliensis*, *L. braziliensis panamensis*, *L. mexicana mexicana* and *L. mexicana*.

Dogra et al. observed promising antileishmanial activity of itraconazole that was based on two studies that demonstrated its effects on

patients with CL [101, 102], and it was also effective in vivo by treating BALB/c mice subcutaneously inoculated with *L. major* [103]. Momeni suggested that treatment of CL due to *L. major* with itraconazole (7 mg/kg/day for 3 weeks) as a single agent may not be fruitful, owing to low response rates [104]. Moreover, supportive evidence emphasizes that response following itraconazole therapy was comparable to that of a placebo in the treatment of *L. major*-associated CL [105]. Therefore, the usefulness of itraconazole in the treatment of CL due to *L. major* remains doubtful because of inconsistent results shown in various studies. Apart from that, novel azoles, namely voriconazole, 3-imidazolylflavanones, and luliconazole, have brought about prominent repression of both promastigotes and amastigotes of *L. major* in CL treatment in vitro or in vivo [92, 106, 107].

Cryotherapy

Cryotherapy involves exposing the lesions to extreme temperatures like -196°C , using cryogens like liquid N_2 or CO_2 , which facilitates the destruction of infected tissues. Although painful, cryotherapy does not cause adverse systemic side effects compared to other drugs. It is a simple, inexpensive and rapid procedure that is devoid of the need for local anaesthesia. A number of studies provide evidence for satisfactory cosmetic results and lower relapse rates associated with cryotherapy [17, 108], with only a minority of cases reporting burning and possibility of secondary infections after treatment [17].

Studies suggest thermosensitiveness of *L. braziliensis*, *L. tropica*, *L. infantum* and *L. aethiopica*, indicating cryotherapy as a promising option for CL treatment [109]. However, according to Soto et al., cryotherapy resulted in unfavourable treatment outcomes against single CL lesions caused by *L. braziliensis* [110]. Cutaneous leishmaniasis due to *L. major* showed nearly 84% healing rate in 1–4 treatment sessions with liquid N_2 and the rest of the lesions were cured with an additional 1–3 sessions, leaving negligible scarring and no relapses. However, the physical location and the

lesion size severely affected the treatment response (lesions smaller than 1 cm giving the better results) [17]. Cryotherapy given fortnightly was successful in treating CL caused by *L. donovani* in Sri Lanka, with ulceration, depigmentation and scarring post-treatment, and in Ethiopia, *L. aethiopica* was treated with an efficiency similar to SSG [111, 112]. In addition, a meta-analysis based on clinical trials affirmed that the overall efficacy of cryotherapy is similar to that of antimonials for the treatment of genus *Leishmania* [113] and therefore one can exclude the notion of species-specific response fluctuations. Overall, cryotherapy seems to be effective against a wide variety of CL infections caused by mostly OWCL species, whereas the number of previous studies on NWCL remains very few.

Thermotherapy

Thermotherapy is a cost-effective and uncomplicated method that is used to treat CL in fewer treatment sessions with minimal side effects and scarring, and immensely useful for medically austere areas [114, 115]. The few minor complications associated with this method are superficial burns (which heals without scarring) and the need for local anaesthesia when thermotherapy is applied with certain devices [18].

Previous studies have evaluated and shown that thermotherapy as a treatment for CL is safe and efficacious, which could produce better outcomes [18]. Berman et al., and Sacks et al., demonstrated the potential for thermotherapy in hampering the multiplication of *Leishmania* parasites using temperatures greater than 39 °C [116, 117]. The underlying mechanism is believed to be both physical damage and immunological destruction of parasites [118, 119]. More importantly, the authors observed the incontestable elimination of *L. tropica* parasites from the macrophages at 39 °C, compared to the low response seen in *L. donovani* parasites [116]. Response to thermotherapy in *L. donovani* CL in Sri Lanka was very encouraging with increasing responsiveness observed with longer periods of follow-up (46.5%, 56.5% and 65.9% CRs in 8, 10 and

12 months, respectively) when it was compared with conventional SSG treatment tested in a randomized controlled clinical trial [114]. Furthermore, thermotherapy has been effective in treating CL lesions which have failed treatment with antimonials [18]. Similarly, thermotherapy was efficacious for CL in Iran (CR 80.7%) with marked superiority over intralesional antimonials (CR 55.3%) [120]. A comparative study between thermotherapy and intravenous antimonials against *L. major* revealed elevated CR with thermotherapy with lesser side effects [53]. Also, localized thermotherapy at 50 °C for 30 s was more effective than SSG in CL due to *L. major* [48]. Likewise, a study in Guatemala revealed similar efficacies (73%) with both thermotherapy and antimony therapy, against *L. braziliensis* and *L. mexicana* [121]. In Colombia, no significant difference was reported between efficacies of thermotherapy and miltefosine in patients with CL caused by *L. (V.) panamensis* and *L. (V.) braziliensis* [122]. A single application of thermotherapy gave satisfactory outcome with approximately 69.4% efficacy (SSG, 75.3%) in *L. tropica* CL in Afghanistan [45]. Apart from that, single localized thermotherapy for 5 days was more effective (CR 82.5%) for CL caused by *L. tropica* than intralesional treatment with glucantime for 5 days (CR 74%) [115]. Thermotherapy could produce better response upon exposure of CL lesion to 52 ± 2 °C for 3 min per day for 7 days, especially with the patients infected with *L. (V.) peruviana*, *L. (V.) guyanensis* or *L. (V.) braziliensis* that had reported relapsing after prior antimonial treatments [123]. More importantly, thermotherapy given by a current field-radio frequency (LCF-RF) device resulted in 90% healing rate at 8 weeks post treatment, in Mexico [124]. The heat therapy has shown promising results as a CL treatment that is comparable to antimonial therapy [119], and warrants further pragmatic trials and inclusion in treatment guidelines as a first-line or an alternative therapy depending on the various reported CRs. The application of thermotherapy has been increasing as a form of treatment for patients with CL due to a wide array of *Leishmania* parasites of both OWCL and NWCL. Since the temperature effect is more effectual as

a physical means of cell disruption, thermotherapy has been recommended as an alternative for CL cases with treatment failure [18].

COMBINATION OF TREATMENT METHODS

Many studies emphasise that combination therapy not only results in increased efficacy in treating CL but also reduces the dose of each drug, adverse side effects, duration, and the risk of emergence of drug resistance [109, 125–127]. Hence, the combination therapy is of great importance. Glucantime with allopurinol was suggested as a suitable drug combination for the treatment of CL due to *L. tropica* and resulted in comparatively better efficacy compared to glucantime or allopurinol alone [128]. Also, allopurinol (20 mg/kg/day) plus MA (30 mg/kg/day) was more effective over high dose of just allopurinol (60 mg/kg/day) against *L. major* [125]. *L. braziliensis panamensis*-infected patients with CL showed increased CRs once they were treated with SSG and allopurinol combination (CR 71%) than that of stibogluconate alone (CR, 39%) [129]. In *L. tropica* treatment, when antimony was injected at a dose of 8 mg/kg/day combined with orally administered allopurinol, the efficacy was higher than that of antimony alone [128]. Similarly, the combination of allopurinol and MA increased the leishmanicidal effects of antimoniate [125]. Hence, the combination of antimonials with allopurinol seems to be more productive in treating CL with high efficacy and low side effects. The mechanism of action of allopurinol is still under investigation with some studies suggesting its involvement in purine metabolism, RNA and protein synthesis [130].

Likewise, a significant increase in the CR of patients with CL was detected when treated with MA plus cryotherapy compared to patients treated with meglumine or cryotherapy alone [109, 131]. As demonstrated by El-Sayed et al., intralesional administration of SSG in combination with intramuscularly administered SSG or orally administered ketoconazole resulted in over 90% CR in CL treatment compared to

lesser efficacy by single therapy [132]. With respect to the species-specificities, CL associated with *L. donovani* or *L. infantum* responds better to combination treatment of antimonials and cryotherapy [133]. In northern Afghanistan, the intralesional treatment of *L. major* with antimonials with or without cryotherapy was successful; however, around 20% of patients required miltefosine as a secondary treatment [134]. In Iran, the combination therapy is recommended for CL cases commonly caused by *L. tropica* or *L. major* which were efficiently cured by cryotherapy with MA or SSG [127]. Further, Glucantime with 50% trichloroacetic acid or carbon dioxide laser treatment generated promising results [135]. Cutaneous leishmaniasis due to *L. braziliensis* in Bolivia gave a CR of 92% (46 patients out of 50) once treated by miltefosine and intralesional pentamidine combination therapy. There was an increment of CL-related antileishmanial activity of MA after combination with oxiranes [126]. However, a recent in vitro study elucidated the possibility of emerging resistance in *L. donovani* against drug combinations like miltefosine plus PM and Sb(III) plus PM [136]. For diffuse CL, 60 days' treatment regimen of pentavalent 20 mg antimonial/kg plus 15 mg PM/kg was superior for *L. aethiopica* CL, over their respective monotherapies [42]. Collectively, *L. donovani*, *L. tropica*, *L. major* and *L. infantum* can be successfully treated with antimonial plus cryotherapy. Combination of antimonial with allopurinol is effective for CL due to *L. tropica*, *L. braziliensis panamensis* and *L. major* with lesser side effects. *L. braziliensis* CL is sensitive to miltefosine/pentamidine combination or antimonial/allopurinol combination. However, further investigations are warranted to ensure the proper use of drug combinations with long-term efficacy and the ability to treat a variety of *Leishmania* species.

CONCLUSIONS

Broad variations are noted in efficacies of CL treatment methods depending on the *Leishmania* species, with a possible relationship to the region of endemicity. Antimonial drugs, despite

treatment failures reported in some instances, appeared to be efficacious in treating a wide array of CL cases, caused by different *Leishmania* species, all over the world. Miltefosine had a good or rather near-perfect responsiveness as a treatment for a variety of *Leishmania* species. Formulations of PM including, MBCL, PM-gentamicin and PM-urea were effective against CL caused by a variety of *Leishmania* species; however, *L. tropica* was highly resistant to PM. Amphotericin B treatment with 1.5 mg/kg/day for more than 5 days was an effective regimen for OWCL and NWCL species but probably not for *L. infantum*. Pentamidine can be recommended for the treatment of CL caused by *L. guyanensis* and *L. braziliensis*, but its applicability to other CL species is still under debate. Azoles were the drugs with the most controversial treatment outcomes; however, the availability of a number of azoles has enabled its use in treating several CL species. It is noteworthy that there was a tendency to get better results with azoles against NWCL infections than OWCL. Cryotherapy has shown high efficacy for the treatment of OWCL in a number of studies. However, the efficacies and response parameters of NWCL have to be further established. Thermotherapy was as effective as the antimonial treatment, and should be extensively utilized whenever possible, as the side effects associated are minimal compared to the other CL therapies. More importantly, the heat effect had substantially inhibited several *Leishmania* species belonging to both OWCL and NWCL and was effective for CL cases with treatment failure to chemotherapy. Combination therapy is more effective for antimonial drugs viz. with cryotherapy, miltefosine, and allopurinol, than using monotherapy of antimonials alone, as the cumulative effect could augment the efficacy of the antimonials. Combinations were more powerful against both OWCL and NWCL cases. Combinations were able to produce a favourable treatment outcome where treatment failure has become a hindrance with respective monotherapies. Furthermore, combination therapy followed by a monotherapy may elevate the efficacy of treatment of CL above that of monotherapy alone. Of all the species, *L. major* was the most

sensitive to almost all the currently available treatment methods with other species showing diverse responses depending on the situation. Treatment failure or unresponsiveness is a limiting factor for effective use of most of the drugs against leishmaniasis. Discovery of new drugs or non-chemotherapeutic treatment methods, recognizing and utilizing already existing drugs that have leishmanicidal effects and using treatment combinations, with a focus on species-specific responses will lead to better treatment outcome and control of leishmaniasis.

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