



Reconstruction After En Bloc Resection of a Distal Radius Tumor. An Updated and Concise Review

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Abstract: The distal radius is rarely affected by either primary or metastatic bone cancers. The most frequent tumors of the distal radius are giant cell tumors, which are benign tumors with the propensity to invade. En bloc excision of giant cell tumors of the distal radius achieves a low recurrence rate but compromises the wrist joint, necessitates a significant reconstruction, and has functional consequences. Reconstruction after en bloc resection of a distal radius bone tumor is challenging. Furthermore, orthopedic oncologists disagree on treating such long bone anomalies most effectively. The present article summarizes the various biological and non-biological reconstruction techniques performed after en bloc resection of a distal radius tumor, discusses the advantages and disadvantages of each reconstruction strategy, and summarizes several case studies and case reports.

Keywords: benign bone tumor, giant cell tumor, en bloc resection, reconstruction technique, distal radius tumor

Introduction

Giant cell tumors (GCTs) comprise only 5% of primary bone tumors and 20% of benign bone tumors.¹ GCT most frequently affects adults between the ages of 20 and 40 and is more common in females than males.^{2,3} The cell types most frequently contained in GCTs are mononuclear histiocytic cells, large multinucleated cells resembling osteoclasts, and neoplastic stromal cells, the significant proliferative cell populations.^{4,5} The condition is typically regarded as low-grade or borderline and has certain invasive traits supported by biological activities.^{6,7} The main issue with treating GCT is local recurrence after surgery. The recurrence rate is 27–65% following isolated curettage, 0–12% after en bloc resection, and 12–27% after curettage in addition to adjuvants like phenol, high-speed burring, polymethyl methacrylate, or liquid nitrogen.⁶

The distal ulna and radius are the fourth most frequent site for bone GCTs (9% of cases), following the distal femur, proximal tibia, and proximal femur.^{8,9} Numerous studies have reported that the distal ulna and radius are especially susceptible to GCT recurrence after resection. The best way to treat GCTs of the distal ulna and radius remains controversial.^{10,11} En bloc excision of a GCT in the distal radius achieves decreased recurrence rates but compromises the wrist joint, necessitates a significant reconstruction, and negatively affects the wrist function. Even when combined with surgical adjuvants like phenol, liquid nitrogen, or cement, intralesional excision (curettage) still carries a significant risk of local recurrence.^{10,12} For malignant tumors of the distal radius, cancer surgery guidelines recommend en bloc excision of the tumor with substantial margins.

As the wrist has high functional requirements, wrist reconstruction after en bloc a distal radius bone tumor is quite difficult for orthopedic oncologists (Figure 1). Long bone defects have been repaired using various methods; however, orthopedic oncologists disagree on the best strategy.^{13,14} The present article summarizes the different reconstruction techniques performed after en bloc distal radius tumors (Figure 2).

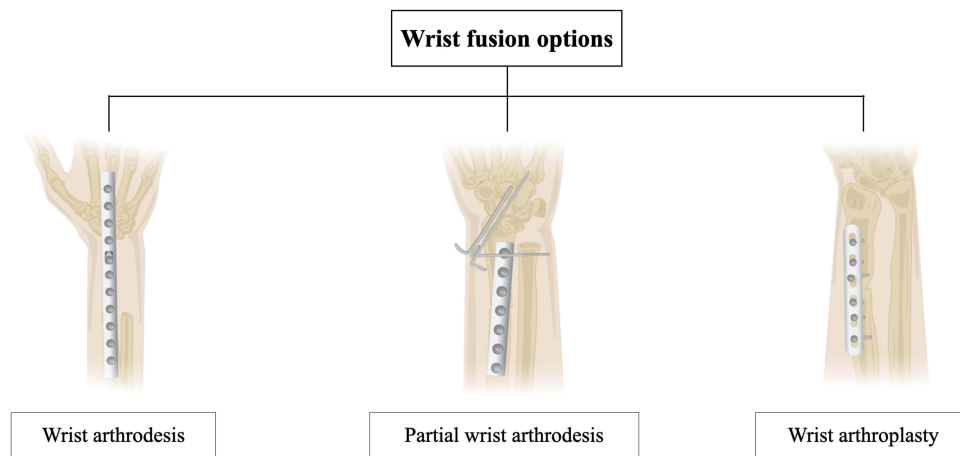


Figure 1 Wrist fusion options.

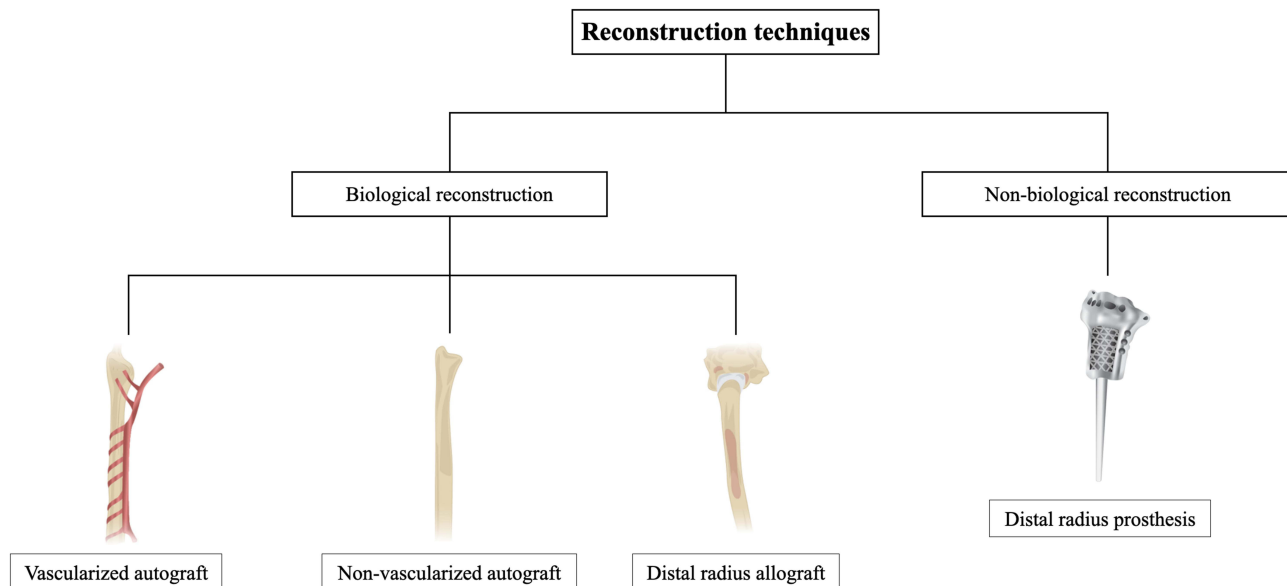


Figure 2 Reconstruction techniques for distal radius.

Reconstruction Techniques

Biological Reconstruction

Non-Vascularized Fibular Graft

The fibula has been used as an autogenous graft in limb reconstruction for many years. The fibula has been used to reconstruct the distal radius following GCT removal.¹⁵ The fibrous fibular autograft has also provided mechanical support for the cervical spine after a corpectomy for spondylotic disease.¹⁶ Furthermore, fibular grafts have been used to reconstruct a wide variety of anatomical features, including the humerus, metatarsus, pelvis, and hip,^{17,18} and for mandibular repair after the removal of cancerous maxillofacial tumors.¹⁹ The fibular graft may be vascularized or non-vascularized, depending on whether a blood supply is transferred along with the bone graft. The optimal type of reconstruction graft is not established in the literature. One study reported that non-vascularized fibular autograft reconstruction and extensive excision of benign and malignant aggressive GCTs of the distal radius in 13 patients achieved satisfactory functional outcomes without jeopardizing the prognosis.²⁰

Fibrous autografts have long been used to restore traumatic and non-traumatic bone abnormalities in adult and pediatric populations.²¹ Non-vascularized graft reconstructions are less expensive, quicker, and easier to carry out than vascularized fibular graft reconstructions.²² Another benefit of the non-vascularized graft method is subperiosteal dissection, which speeds up the regeneration of the resected fibula.²³ Non-vascularized fibular autografts are widely used to successfully reconstruct massive bone defects from malignant pediatric bone tumors.²¹ Non-vascular fibular autografts retain the carpus architecture and wrist functionality. Using a non-vascularized fibular autograft also has no chance of viral transmission.²⁴

Vascularized Fibular Graft

Pho was the first to use a free vascularized fibular head graft to rebuild a long bone defect after removing a tumor of the distal radius.²⁵ The free vascularized fibular graft has been widely used to reconstruct the significant bone defect and articular surface after the surgical removal of the distal radius.^{26,27} The vascularized fibular head autograft also has intrinsic vascularity, which is particularly important if the lesion is larger than 10 cm.²⁸ As well as achieving comparable functional results to non-vascularized fibular head autograft restoration, the vascularized fibular head autograft method minimizes bone collapse brought on by limited blood flow from the transplanted fibular head and promotes fast healing. In distal radius reconstruction following tumor resection, the vascularized fibular head autograft reportedly produces satisfactory treatment outcomes, with a short fusion time, high fusion rate, and no complications such as bone resorption or transplanted fibular head disintegration.^{29,30} However, this technique is highly time-consuming, technically challenging, and requires a high skill level.

The best type of graft for reconstruction is not demonstrated in the literature. Vascularized grafts may raise complications' risk without enhancing union rates.³¹ However, a study of 53 adult and pediatric patients who underwent reconstruction after resection of primary bone sarcoma found no discernible difference in the union rates of vascularized versus non-vascularized grafts ($p = 0.167$).³²

Ulnar Translocation

Ipsilateral ulnar translocation is a simple and cheap method that does not require microvascular expertise and can be completed more quickly than free vascularized fibular grafting. Skin closure following tumor excision is facilitated by the loss in forearm volume caused by the radial displacement of the ulna, mainly when there has been considerable soft tissue. Morbidity is decreased because the surgical process is limited to the same limb. Infection may be reduced by the relatively short surgical procedure and by using a graft with a continuous blood supply. Maintaining the vascularity of the graft also increases the likelihood of union, which occurs more quickly than with a non-vascularized graft.^{33,34}

The most frequent complication of ipsilateral ulnar translocation is delayed union or non-union of the proximal radio-ulnar junction. This necessitates autogenous cancellous bone grafting and modification of the internal fixation.³⁵ The reduced union rate is likely due to micromovement at the osteotomy site caused by the placement of a longitudinal pin to stabilize the radio-ulnar junction. As plates and screws offer more excellent fixation and provide a favorable biological and mechanical environment for bony union, these are frequently used to stabilize the construct.³⁶ One patient with a GCT of the distal radius was effectively treated with a large local excision, ulnar translocation, and wrist arthrodesis;³⁷ the patient exhibited an outstanding functional performance after two years of follow-up, with good supination and pronation ranges of motion and no localized recurrence.

Tibial Cortical Strut

A tibial cortical strut may preserve the wrist extensors and is recommended for minor forearm resections.³⁸ Lauthe et al performed a study of 104 patients who underwent reconstruction of extended bone defects with a tibial strut autograft.³⁹ Four patients experienced morbidity at the donor site. One patient had a stress-fractured tibia that required an osteotomy to be repaired using varus distortion. Two patients' evacuation of hematoma was needed, while one patient required fasciotomies to treat anterior compartment syndrome. At five years postoperatively, the overall likelihood of union was 90%. Time to union was correlated with the bone integrity ($p = 0.006$), reconstruction technique ($p = 0.018$), and tibial graft size ($p = 0.037$).

Iliac Crest Autograft

An iliac crest autograft possesses the crucial traits of being osteoconductive, osteoinductive, and osteogenic and is frequently regarded as the gold standard for defect reconstruction. However, the most frequent donor site morbidity associated with iliac crest

autografting is pain at the graft harvest site. Numerous bone graft extenders have been created to reduce pain at the iliac autograft site, but there is only weak evidence to support their usefulness. Many patients do not consent to the harvest of iliac crest autografts because of the potential pain.⁴⁰ Furthermore, the results of harvesting the anterior and posterior crests vary. Compared with posterior iliac crest autograft harvests, anterior iliac crest autograft harvests are associated with a higher rate of complications, including more iliac wing fractures, postoperative hematomas, and sensory abnormalities. The patient frequently feels more pain owing to the harvest than the treatment itself, with the posterior route being associated with greater levels of postoperative pain than the anterior method. A significant amount of autogenous bone can be obtained from the all-cancellous iliac crest bone graft harvest for various surgeries, such as spinal fusion and bony reconstruction. The primary steps of this method mainly involve offsetting the surgical incision, exposing the iliac crest while attempting to avoid neurologic systems, locating and performing an iliac crest corticotomy, harvesting the cancellous bone graft using curettes, and achieving hemostasis followed by completing a faceted closure. It is crucial to initiate weight-bearing as soon as tolerated postoperatively.⁴¹

Approximately 6% to 39% of patients who undergo posterior iliac crest bone graft (ICBG) harvest report chronic donor site pain.^{42,43} These figures demonstrate that morbidity related to autologous iliac crest harvest is very common. However, Banwart et al reported that severe and numerous minor ICBG-related problems could be prevented with appropriate procedural improvements.⁴⁴ Other studies have emphasized how challenging it is for patients to distinguish between donor site discomfort and lingering lower back pain after surgery.^{45,46} Therefore, the current literature may have exaggerated the discomfort associated with posterior ICBG harvesting.

Vascularized Ulnar Transposition

The mucoperiosteal cuff is composed of the abductor pollicis longus, ulnar head of the deep digital flexor, and pronator quadratus, and is essential to the ipsilateral vascularized ulnar transposition technique. The ulnar transposition technique can reduce the radius by up to 40%. As the styloid processes and radius are removed concurrently, there is no need to dissect the styloid process and the tumor. Most of the ulnar transplant (90%) is implanted into the defect.⁴⁷ The ulnar head of the deep digital flexor is unaltered distally and proximally, the pronator quadratus is transected both distally and proximally, and the abductor pollicis is transected both distally and proximally. An appropriately sized dynamic compression plate connects the distal side of the third or fourth metacarpal bone to the proximal radius. The ulnar graft is then placed using two screws.⁴⁷

The position of an ipsilateral vascularized ulnar autograft has numerous potential benefits. The graft accomplishes clinical union quickly and results in minimal bone resorption because of its preserved blood supply. Furthermore, the graft experiences hypertrophy and have good resistance to infection. As the graft is extracted from the same limb, there is minor morbidity and a short surgical time, and microvascular anastomosis is not required. These factors may lower the possibility of fatigue fractures, implant failure, and infection. However, using an ipsilateral vascularized ulnar autograft may have disadvantages such as incomplete tumor removal, caudal interosseous artery and vein injury during tapping, drilling, and screw placement, and limb shortening because of the removal of a portion of the styloid process along with the ulna. Furthermore, the surgical margins of the tumor may be compromised to protect the soft tissue connections on the ulna and the caudal interosseous blood vessels.⁴⁸

One case report describes radioulnoscapholunate fusion facilitated by reconstruction with a vascularized ulnar transposition flap that was fixed with the help of a long-stem contralateral variable angle by locking the volar distal radius plate in a dorsal position.⁴⁹ This case demonstrated the interdisciplinary handling of a complex reconstructive challenge and a unique fixation method that repurposed well-known, easily accessible hardware to produce the best possible osteosynthesis.

Allograft

Surgeons often choose allograft reconstruction to cover the bone defect following resection. This method carries a significant risk of non-union of the host-to-graft bone interface, with reported non-union rates ranging from 8.3% to 25% for a transverse cut.⁵⁰ However, one study reported a non-union rate for distal radius allograft reconstruction using a step-cut technique of 0% in 11 patients after a mean follow-up duration of 153 months.⁵¹ Furthermore, an excellent long-term survival rate has been reported after osteoarticular allograft reconstruction and en bloc GCT excision.⁵²

Non-Biological Reconstruction

Wrist Prosthetic Replacement

Prosthetic wrist repair is less commonly used than other reconstruction techniques. Still, it may be an option for patients who are apprehensive about the morbidity of harvesting fibular head autografts or in situations where there are no available allografts. Patients with a short life expectancy should consider a prosthetic replacement. This reconstructive approach primarily benefits repairing extended bone defects without graft-related problems like non-union, bone absorption, donor-site morbidity, and delayed union.⁵³ 3D-printed prostheses can restore bone anatomy after precise and thorough removal of tumors; In addition, when it is necessary to increase the stability of the prosthesis and the bone, fixation holes can be prefabricated in the prosthesis to maximize the recovery of normal limb function after surgery.

The two types of wrist prostheses are the unipolar prosthesis and the complete wrist prosthesis.^{54,55} Although unipolar prostheses reportedly achieved adequate postoperative functional results in early trials, the relatively high complication rate must be considered. One study reported that wrist reconstruction using a specially constructed unipolar prosthesis achieved a normal hand grip strength of around 68%; however, 60% of patients developed problems related to their prosthesis.⁵⁶ Contrary to the findings of several other studies, Zhang et al found no issues related to the prosthesis in patients who underwent wrist reconstruction using personalized unipolar prostheses.⁵⁷

One of the most frequent adverse effects after unipolar hemiarthroplasty is subluxation. After resecting the distal radius, the wrist is rebuilt using a whole wrist prosthesis to achieve a more secure wrist joint. The entire wrist prosthesis achieves a stable wrist joint and satisfactory postoperative performance.^{58,59} However, one study reported two patients who required revision surgery due to a failed wrist arthroplasty using a complete wrist prosthesis.⁶⁰

The most frequent reason for prosthesis replacement failure is aseptic displacement. Three-dimensional technology based on mechanical-biological reconstruction may significantly lower the rate of prosthesis loosening.⁶¹ One study reported that wrist reconstruction using a three-dimensional, printed, uncemented tailored prosthesis produced satisfactory postoperative functional results without problems related to the prosthesis.⁶² However, the average duration of follow-up was just 14.45 months. Additionally, degenerative alterations in the restored wrist were imminent and may be brought on by decreased wrist motion and unfavorable prosthetic-bone contact.

Total Wrist Arthrodesis

Total wrist arthrodesis may result in a stable wrist with no discomfort; this method can also minimize several issues related to arthroplasty, such as subluxation, displacement, and degenerative alterations in the wrist joint, and therefore avoids the pain induced by these issues. As a result, this reconstructive procedure is frequently used in patients who must perform strenuous physical activities. Total wrist arthrodesis is the preferred treatment when wrist arthroplasty fails.^{63,64}

Total wrist arthrodesis with a large allograft has some benefits, including a technically easy surgery and no donor-site-related morbidity. However, using an allograft has disadvantages, such as higher rates of non-union and fracture.^{50,65} Therefore, some surgeons oppose allograft reconstruction, and autogenous grafts are more widely used.

Partial Wrist Arthrodesis

Although total wrist arthrodesis achieves a strong and secure wrist joint, patients may find it challenging to carry out everyday tasks due to the lack of wrist motion. In contrast, partial wrist arthrodesis preserves the metacarpal joint, improving quality of life. The three types of partial wrist arthrodesis are radio-lunate fusion, radio-scaphoid-lunate fusion, and radio-scaphoid fusion.⁶⁶

Zhu et al reported that partial wrist arthrodesis and wrist arthroplasty produce different functional and radiological results. Partial wrist fusion reportedly achieves a stable and robust wrist with good motion, long-term function, and a minimal complication rate.⁶⁷

The various surgical techniques used for reconstruction after distal radius resection and the associated outcomes reported in the literature are presented in [Table 1](#).

Wrist Arthroplasty

The real benefit of a wrist arthroplasty over a wrist arthrodesis is that it creates a more movable wrist joint, which

Table I Surgical Reconstruction Techniques and Outcomes After Distal Radius Resection

Authors and Year of Publication	Surgical Technique	Outcomes					Mean Follow Up Time
		Union	Callus formation	Range of motion	Grip strength	Scores	
Hatano et al, 2006 ⁵⁵	En bloc distal radius resection and ceramic prosthesis reconstruction	NA	NA	Average wrist motion: - Extension, 32.5° - Flexion, 15° - Supination 47.5° - Pronation 45°	Mean, 74.9% compared with the contralateral side	Mean functional Enneking score, 83%	10 years
Szabo et al, 2006 ⁶⁸	En bloc excision and osteoarticular allograft replacement with the Sauve-Kapandji procedure	-Union achieved in all nine cases	NA	Average wrist motion: - Extension, 51° - Flexion, 19° - Supination 63° - Pronation 79°	Mean, 23 kg	-Mean DASH score, 15 -Mean Mayo wrist score, 72 -Mean SF-36 score, 73	7 years
Asavamongkolkul et al, 2009 ⁶⁵	Wide resection of the distal radius and osteoarticular allograft reconstruction	Mean, 6 months	NA	Average wrist motion: -Dorsiflexion, 40° -Flexion, 35° -Radial deviation, 15° -Ulnar deviation, 22° -Supination, 70° -Pronation, 50°	Mean, 72.2% compared with the contralateral side	Mean MSTs score, 93% (range, 80–100%)	60.5 months
Asavamongkolkul et al, 2009 ⁶⁵	Wide resection of the distal radius and non-vascularized autogenous fibular graft reconstruction	Mean, 5 months	NA	Average wrist motion: -Dorsiflexion, 45° -Flexion, 38° -Radial deviation, 20° -Ulnar deviation, 28° -Supination, 80° -Pronation, 42°	Mean, 69% compared with the contralateral side	Mean MSTs score, 93% (range 80–100%)	60.5 months
Puri et al, 2010 ⁶⁹	En bloc resection and reconstruction by ulnar translocation with arthrodesis of the wrist.	Mean, 5 months (radio-ulna junction) Mean, 4 months (ulno-carpal junction)	NA	Excellent pronation and supination	NA	Mean MSTs score, 26 (range, 20–28)	26 months

Saikia et al, 2010 ²⁶	En bloc resection and reconstruction arthroplasty using an autogenous non-vascularized ipsilateral fibular graft	Mean, 12.5 weeks	Mean, 29 weeks	Adequate ROM attained in 18 of 24 patients	Mean, 67% compared with the contralateral side	Excellent, 25%; good, 58.3%; fair, 16.7%	6.6 years
Saini et al, 2011 ¹³	Large tumor excision and reconstruction with ipsilateral non-vascularized fibular graft, attached to the remainder of the radius by a small layer of fragment. Autogenous iliac crest graft was added at the radio-ulnar junction	Mean, 33 weeks	NA	Average wrist motion: -Supination, 37° -Pronation, 42° -Dorsiflexion, 31° -Palmar flexion, 62°	Mean, 71% compared with the contralateral side	Mean MSTS score, 27.4	5.8 years
Jaminet et al, 2012 ⁷⁰	Distal radius resection and fibulo-scapho-lunate fusion	Mean, 8 weeks	NA	Average wrist motion: - Extension, 35° - Flexion, 20°	Slightly reduced grip strength	Excellent emotional acceptance	34 months
van de Sande et al, 2013 ³⁸	Wide resection of the distal radius and tibial cortical strut autograft interposition arthrodesis	Median time to final union, 13 months (range, 7–29 months)	NA	Average wrist motion: - Extension, 10.4° - Flexion, 22.7° - Radial deviation, 9.8° - Ulnar deviation, 16.2°	Mean, 77.7% compared with the contralateral side	Mean MSTS score, 73% Mean DASH score, 6	13.8 years
Duan et al, 2013 ⁷¹	En bloc resection and osteoarticular allograft reconstruction with a locking compression plate	-Union in all 15 cases -Mean time to bone union on X-ray, 9 months (range, 6–12 months)	2–3 months	Average wrist motion: -Dorsiflexion, 46.7° -Volar flexion, 33.3° -Supination, 61.3° -Pronation, 72.3°	Mean, 27 kg (range, 14–43 kg)	Mean Mayo wrist score, 70 Mean SF-36 score, 71	5.2 years
Taraz-Jamshidi et al, 2014 ²⁴	En bloc resection and reconstruction of the distal radius with a non-vascularized fibular autograft	Union achieved in all 15 patients	NA	Average wrist motion: -Dorsiflexion, 42° -Palmar flexion, 35°	Mean, 70% compared with the contralateral side	Mean Mayo wrist score, 64.0	7.2 years
McLean et al, 2014 ⁷²	En bloc resection and reconstruction by ipsilateral ulnar translocation using a clover leaf plate	Mean, 3 months	NA	Mean supination, 25° (range, 0°–75°) mean pronation, 83° (range, 80°–90°)	NA	Mean TESS, 94.5 (range, 92.5–98.2)	40.6 months

(Continued)

Table 1 (Continued).

Authors and Year of Publication	Surgical Technique	Outcomes					Mean Follow Up Time
		Union	Callus formation	Range of motion	Grip strength	Scores	
Nagoba et al, 2015 ⁷³	En bloc resection and reconstruction by arthroplasty using autogenous non-vascularized ipsilateral proximal fibular graft.	Mean, 12 weeks	Mean, 20 weeks	Mean dorsiflexion, 20°; mean palmar flexion, 20°	Moderate	NA	6 months
Zhang et al, 2015 ⁵⁷	En bloc excision and custom prosthetic replacement of the distal radius	NA	NA	Average wrist motion: - Dorsiflexion, 40.9° - Volar flexion, 30.0° - Supination, 46.4° - Pronation, 38.2°	Mean, 71% (range, 42–86%)	Mean revised MSTS score, 80.3% (range 63.3–93.3%)	55.5 months
Wang et al, 2016 ⁵⁶	Wide resection of the distal radius and wrist arthrodesis with a structural iliac crest bone graft	-Mean time to union of the distal junction, 4 months (± 2 months) -Mean time to union of the proximal junction, 9 months (± 5 months)	NA	Mean arc of forearm rotation, 113° (± 49°)	Mean, 51% (± 23%) compared with the contralateral side	-Mean DASH score, 9 (± 7) -Mean MSTS score, 96%	45 months
Yang et al, 2016 ³⁰	En bloc distal radius resection and vascularized proximal fibular autograft reconstruction	Union achieved 3–5 months after surgery	NA	Average wrist motion: -Extension, 52° -Flexion, 49°	Mean, 77.2% compared with the contralateral side	Mean Mayo wrist score, 77.3	4.3 years
Zhang et al, 2017 ⁷⁴	En bloc resection and reconstruction of the distal radius with an ipsilateral double barrel segmental ulnar bone graft combined with a modified Sauve-Kapandji procedure	Mean, 8 months (range, 5–12 months)	NA	Average wrist motion: -Supination, 75° -Pronation, 70°	Mean, 31 kg (range, 20–42 kg); mean, 71% compared with preoperatively	Mean MSTS score, 25 Mean DASH score, 48.9	36 months

Salunke et al, 2017 ⁷⁵	Distal radius resection and wrist fusion with radio-ulnar junction fixation using a small dynamic compression plate	Mean, 6.5 months (radio-ulnar junction) Mean, 4.5 months (ulno-carpal junction)	NA	'Superior' pronation and supination ability	'Stronger' in 17, and 'average' in 7 out of 25 patients (compared with the contralateral side)	Mean MSTS score, 24	23 months
Dheeprajappa, 2017 ⁷⁶	Wide resection and reconstruction using autogenous fibular grafts	Achieved in three of four patients	NA	Mean supination, 31° (range, 0°–50°); mean pronation, 75° (range, 60°–90°)	NA	Mean MSTS score, 22 (range, 18–26)	16.2 months
Vyas et al, 2018 ⁷⁷	En bloc excision of the tumor with ulnar translocation	NA	NA	Average wrist motion: -Supination, 80.25° -Pronation, 77.5°	Mean, 71% compared with the contralateral side	NA	3.9 years
Kamal and Muhamad, 2020 ⁷⁸	En bloc resection and reconstruction of the distal radius with a free vascularized fibular graft or non-vascularized fibular graft	NA	NA	NA	NA	<i>Free vascularized fibular graft group</i> – excellent MSTS score in 100% of patients <i>non-vascularized fibular graft group</i> – excellent, good, and fair MSTS score in 77.7%, 11.1%, and 11.1% of patients, respectively	47 months
Kuptniratsaikul et al, 2021 ⁷⁹	En bloc distal radius resection and anatomic 3D-printed endoprosthesis implantation with multiligament reconstruction	NA	NA	Average wrist motion: - Extension, 20° - Flexion, 10° - Supination 10° - Pronation 60°	Mean, 60% compared with the contralateral side	-Mean visual analog scale pain score, 2/10 -Satisfactory outcome	2 years

Abbreviations: MSTS, Musculoskeletal Tumor Society; TESS, Toronto Extremity Salvage Score; DASH, Disability of Arm, Shoulder, and Hand; SF-36, Short-Form 36.

enhances the patient’s quality of life. However, in multiple studies, the Disability of Arm, Shoulder, and Hand (DASH) and Musculoskeletal Tumor Society (MSTS) scores indicate that wrist arthrodesis may be preferable to wrist arthroplasty. This may be because wrist motion is not evaluated in the DASH or MSTS scoring methods. The Mayo wrist score may be more reliable and accurate in assessing wrist function after reconstruction.⁸⁰

Following the removal of the distal radius, a sizeable osteoarticular allograft is recommended for wrist reconstruction due to its excellent wrist-specific compatibility, lack of donor site morbidity, and fair to exceptional functional outcomes. Duan et al reported that osteoarticular allograft reconstruction after the removal of a distal radius tumor produced adequate wrist functionality in all 15 included patients.⁷¹ Scoccianti et al reported satisfactory wrist functionality after distal radius tumor resection and reconstruction in 17 patients, with a mean International Society of Limb Salvage-MSTS score of 86% after a mean follow-up of 58.9 months.⁸⁰

Because of the anatomical commonalities between the proximal fibula and the distal radius, the fibular head autograft is preferred for reconstructing distal radius defects. A non-vascularized fibular head autograft in wrist arthroplasty has produced good and excellent outcomes in numerous studies. Still, it has also been linked to non-union, delayed graft union, bone resorption, and secondary bony collapse of the grafted fibular head.⁸¹ The vascularized fibular head autograft may be a good option because of its independent vascularity, mainly if the defect is larger than 10 cm.²⁸ Along with offering comparable functional results to non-vascularized fibular head autograft restoration, the vascularized fibular head autograft promotes fast healing. It minimizes bone collapse by inadequate blood flow from the grafted fibular head.

The vascularized fibular head autograft reportedly produces a favorable functional outcome for reconstructing the distal radius after tumor removal, with a shortened fusion time, greater fusion rate and no complications related to bone resorption or fibular head collapse.³⁰ However, this technique is very time-consuming, technically demanding, and requires a high level of competence. Wrist instability is the most frequent adverse effect of vascularized/non-vascularized fibular head autograft repair. Soft tissue repair techniques have been applied to improve wrist stabilization.¹⁰ In addition, an imbalance between the proximal carpal row and the fibular head results in persistent degenerative alterations. However, as young patients undergo joint-surface remodeling, the degenerative changes in such patients are likely to be minimal.

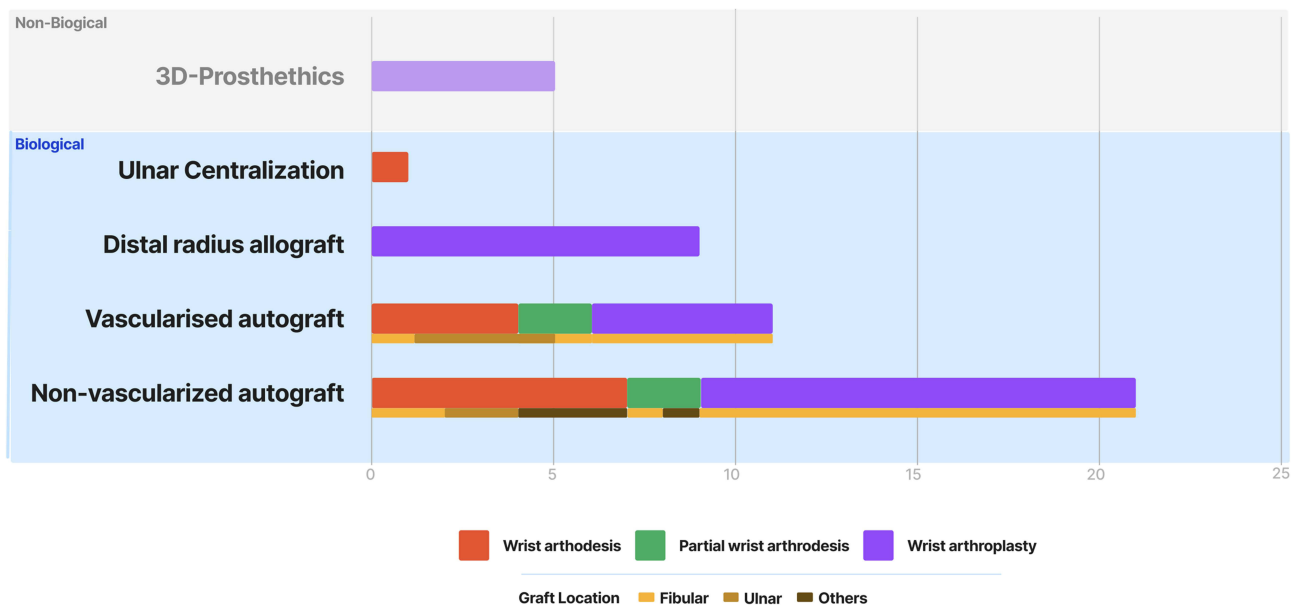


Figure 3 Distal radius reconstruction procedures described in the literature.

Conclusion

Various procedures have been used to reconstruct the wrist after en bloc resection of distal radius bone tumors (Figure 3). Each strategy has benefits and disadvantages. According to previous reviews and personal experiences, wrist arthroplasty using a vascularized fibular head autograft may be a reasonable choice because this method achieves increased wrist function, sufficient grip strength, and a relatively low complication rate. However, this method requires a microvascular team and prolonged operative time. Vascularized ipsilateral ulnar transposition with partial wrist arthrodesis does not require a microvascular surgeon and takes a shorter operation time but results in limited wrist motion. Tumor recurrence is an essential indicator for selecting reconstruction options that are concerning for one more time of surgery. Orthopedic oncologists should be well-informed about each procedure to choose the most suitable reconstruction approach based on each patient's specific conditions.

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Disclosure

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