



Glycosylation Changes in Prostate Cancer Progression

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Prostate Cancer (PCa) is the most commonly diagnosed malignancy and second leading cause of cancer-related mortality in men. With the use of next generation sequencing and proteomic platforms, new biomarkers are constantly being developed to both improve diagnostic sensitivity and specificity and help stratify patients into different risk groups for optimal management. In recent years, it has become well accepted that altered glycosylation is a hallmark of cancer progression and that the glycan structures resulting from these mechanisms show tremendous promise as both diagnostic and prognostic biomarkers. In PCa, a wide range of structural alterations to glycans have been reported such as variations in sialylation and fucosylation, changes in branching, altered levels of Lewis and sialyl Lewis antigens, as well as the emergence of high mannose "cryptic" structures, which may be immunogenic and therapeutically relevant. Furthermore, aberrant expression of galectins, glycolipids, and proteoglycans have also been reported and associated with PCa cell survival and metastasis. In this review, we discuss the findings from various studies that have explored altered N- and O-linked glycosylation in PCa tissue and body fluids. We further discuss changes in O-GlcNAcylation as well as altered expression of galectins and glycoconjugates and their effects on PCa progression. Finally, we emphasize the clinical utility and potential impact of exploiting glycans as both biomarkers and therapeutic targets to improve our ability to diagnose clinically relevant tumors as well as expand treatment options for patients with advanced disease.

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INTRODUCTION

Prostate Cancer (PCa) is the most common non-cutaneous malignancy and second leading cause of cancer-related mortality in men over the age of 50 (1). Although most men are diagnosed with lowgrade or indolent tumors that are unlikely to metastasize and lead to death, a significant subset of patients develops recurrence of their tumor following local intervention or, more rarely, are diagnosed with distant metastases at clinical presentation (2, 3). Since the vast majority of PCa cells express high levels of androgen receptor (AR) (4), hormonal therapy (i.e. androgen ablation or AR inhibition) remains the mainstay of treatment for men diagnosed with recurrent or advanced disease (2). Unfortunately, the tumor eventually becomes resistant to treatment in all cases which is classified as castration-resistant prostate cancer (CRPC) (5). CRPC is associated with a poor prognosis as the tumor cells are more proliferative and display a higher capacity for metastasis (5).

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Furthermore, treatment for CRPC remains very limited due to an overall lack of mechanistic understanding which in part is due to limited tissue resources as such tumors rarely undergo biopsy or resection.

Many studies have been performed to molecularly profile prostatic tumors to address two clinical situations: 1) Stratify patients with primary PCa into different risk groups for optimal management and 2) Elucidate the molecular features of CRPC to inform novel therapeutic strategies. In recent years, several studies with large patient cohorts (6-9) have been done to survey the molecular landscape in these contexts. Most of these involve the use of RNA or single-cell sequencing as well as proteomic analysis to study differential gene and protein expression amongst different disease stages. Whilst these studies provide powerful information on how the molecular landscape changes during PCa progression, it is becoming increasingly recognized that the glycome is also a significant source of biomarkers and therapeutic targets (10) that has remained relatively unexplored in many cancer settings including PCa. Aberrant glycosylation is a well-known hallmark of cancer and is known to have a significant effect on protein function and cell survival (10). Furthermore, the prostate is a major secretor of glycoproteins and significant changes in the structures of both cell surface and secreted glycans have been reported by several groups (11). In this review, we summarize the wide range of glycosylation changes observed as PCa progresses including changes in N- and O-linked glycans, O-GlcNacylation, as well as altered expression of galectins and glycoconjugates such as heparan and chondroitin sulfate proteoglycans (HSPGs and CSPGs) and glycolipids. Furthermore, we highlight new technological advances in studying glycobiology in human tissue and how this has been applied to PCa. By providing both historical context and modern perspective, this review hopes to emphasize how we may exploit glycans as biomarkers and therapeutic targets to advance the field of PCa biology.

N-LINKED GLYCOSYLATION IN PROSTATE CANCER

N-linked glycosylation is a process by which a pre-assembled group of 14 saccharides are co-translationally added to an asparagine (Asn) residue of a protein at a defined motif (Asn-X-Ser/Thr, where X is any amino acid besides proline) and then post-translationally modified in the Golgi apparatus by several glycosyltransferases and glycosidases which can result in a wide variety of unique structures (Figure 1) (13). Given the large number of glycosyltransferases/glycosidases that catalyze the addition or release of specific saccharide linkages (13), there is a large degree of structural heterogeneity that may be present in a given cell type. However, in most settings, the abundance of specific N-glycan structures is highly consistent in a given tissue type (13) and significant changes in the abundance of specific Nglycans is known to occur in cancer (10). This likely offers a survival benefit to cells and is thought to be due to mutations, changes in expression, epigenetic regulation, or posttranslational modifications to involved enzymes in N-glycan biosynthetic pathways (10, 11). In this section, we summarize the major reported changes in N-linked glycosylation derived from both broad profiling studies as well as targeted studies focusing on changes in glycosylation of select, common PCa biomarkers (PSA, PAP, PSMA). Furthermore, we highlight recent technological advances that have been made in studying the N-glycome and potential applications in the area of molecular histology.

Broad Changes in *N*-Glycosylation Associated With PCa

Gleason scoring is currently the most commonly used metric for predicting prognosis in men newly diagnosed with PCa (14). With this system, a pathologist renders a score (1-5) based on the most prevalent growth pattern and the second most prevalent



growth pattern (1 = well differentiated, 5 = poorly differentiated). The two scores are then added together with the first score listed being the most prevalent pattern (i.e. a score of 3 + 4 = 7 indicates that grade 3 pattern is more prevalent than grade 4). Men with higher Gleason scores (GS \geq 8) are generally assumed to have a higher chance of disease recurrence followed by metastasis compared to men with lower scores (14). Despite the utility of Gleason scores in stratifying men into different risk groups, the disease course for a specific patient, particularly one with an intermediate score (i.e. GS = 3 + 4 or 4 + 3) can be unpredictable (14, 15). Therefore, many research efforts have been made to discover new biomarkers that can provide prognostic information independent of Gleason score.

Many studies characterized how the N-glycosylation profile changes correlate with PCa biology to discover new biomarkers often using the Gleason score system as a metric for disease aggressiveness. Many of these earlier studies, although insightful, did not characterize the glycan structures themselves but instead looked at changes in the levels of glycoproteins. For example, one of the earlier studies utilized OCT-embedded prostate tissues from patients with either non-aggressive PCa (GS = 6 or GS = 7 with no evidence of recurrence in 15 years) or aggressive PCa (GS = 7 with disease recurrence within 6 years or $GS \ge 8$) and selected for Nglycans using a solid-phase extraction method followed by mass spectrometric (MS) analysis (16). From 350 formerly N-linked glycopeptides, 17 appeared to be differentially expressed between aggressive and non-aggressive PCa. In particular, an N-glycosite signature associated with aggressive PCa emerged from this approach where the expression of COMP and periostin was found to be increased and the expression of VAP-1 was decreased (16). Expanding on this work, a follow-up study was published by the same group with a larger cohort and wider variety of patient samples (17). Here, N-linked glycopeptides were isolated from tissue representing normal prostate (n = 10), non-aggressive PCa (n = 24), aggressive PCa (n = 16), and metastatic PCa (n = 25) and analyzed using SWATH mass spectrometry. In this study, 1430 N-glycosites were identified per sample and 220 showed significant quantitative changes associated with PCa progression and metastasis. Two glycoproteins in particular, N-acylethanolamine acid amidase and protein tyrosine kinase 7, were significantly associated with aggressive PCa and further validation in patient tissue showed the two markers to be highly predictive of advanced disease (17).

High throughput profiling of *N*-glycans on human PCa tissue has historically only been performed on small sample sizes, perhaps due to technological limitations and limited tissue resources. In 2014, Powers et al. utilized MALDI-imaging mass spectrometry (MALDI-IMS) to profile glycans directly on human PCa tissue (18). This powerful technology allows detected glycans to be spatially mapped to specific tissue regions. Here, a human PCa tissue block with both tumor and non-tumor regions was analyzed and it was shown that high mannose glycans (Man5-Man9) were particularly evident in the tumor regions compared to adjacent benign and stroma while multiple biantennary non-sialylated glycans were detected primarily in non-tumor regions (18). A recent study utilized MALDI-IMS to profile a tissue microarray containing prostate tumor tissue (n = 108) and benign tissue (n = 30) from 138 patients (19). Here, high mannose glycans were found to be abundant in tumor regions as well as increased tri- and tetraantennary glycans that increased proportionally with tumor grade (19). Furthermore, the triantennary glycan at 2,320 m/z was found to be highly abundant in patients with biochemical recurrence and was correlated with decreased survival by Kaplan-Meier analysis (19). Although not global approaches, several historical studies have utilized human PCa tissue to survey presence or absence of Lewis antigens which are highly associated with malignant transformation (20-24). These studies indicate reduction of the lewis A/B family of antigens in prostatic adenocarcinoma relative to benign prostate but the presence of sialyl lewis X and lewis Y in metastatic cancer. Furthermore, sialyl lewis X was shown to have a strong association with poor prognosis in men who have undergone hormonal therapy (24).

Although tissue studies remain limited, there is an abundance of studies that have profiled N-glycan structures from PCa patient serum. In a study comparing the serum from men with benign prostate hyperplasia (BPH) (n = 13) to men with PCa (n = 34), it was found that core-fucosylated biantennary glycans and α 2-3 sialic acids were significantly increased in PCa relative to BPH (25). On the other hand, triantennary trigalactosylated glycans and tetraantennary tetrasialylated glycans with outer arm fucose showed a significant decrease compared to BPH (25). An earlier study attempted to profile the glycome in men receiving androgen deprivation therapy (ADT) using MALDI-MS of permethylated glycans released by PNGase F cleavage (26). Compared to healthy men (n = 10), men receiving ADT (n = 24) showed an overall decrease in smaller N-glycans and a significant increase in multiantennary glycans. Furthermore, overall fucosylation was increased in the ADT group (26). Interestingly, FUT8, the enzyme solely responsible for mammalian N-acetylglucosamine I core fucosylation, was found by another group to result in androgen-independent cell survival when overexpressed, potentially linking N-glycosylation to the CRPC phenotype (27). This was found to be associated with up-regulation of EGFR and downstream signaling, suggesting that core fucosylation may result in a "switch" from AR-driven signaling to EGFR-driven signaling in hormone-depleted conditions, allowing increased cell survival.

In a recent study, whole-serum glycome profiling was carried out on 117 PCa patients' serum using ultra-performance liquid chromatography (UPLC) to separate *N*-glycans released from serum glycoproteins (28). Results of this study indicated an increase in hybrid, high mannose, and biantennary digalactosylated monosialylated glycans (M5AG1S1, M8, and A2G2S1) with a decrease in triantennary trigalactosylated trisialylated glycans with and without core fucose (A3G3S3 and FA3G3S3) with PCa progression from indolent through significant/aggressive disease (28). Although insightful, none of the patients in the study received hormonal therapy and were categorized using Epstein's criteria post-prostatectomy. Another recent study examined serum *N*-glycans by glycoblotting from healthy volunteers (n = 80), BPH (n= 286), early-stage PCa (n = 258), PCa being treated with ADT (n = 46), and CRPC (n = 68) (29). Similar to the results obtained by Kyselova et al. (26), this study found elevated levels of tri and tetra antennary glycans in CRPC serum and found this to also be predictive of developing CRPC in the ADT group (29). Collectively, the results of these studies suggest that increased branching of *N*-glycans may be an important mechanism for CRPC and is deserving of further study. However, it is important to note that the serum *N*-glycome does not necessarily indicate the glycans are derived directly from the prostate as this could be due to an effect on other tissue-types as a result of hormonal therapy. Further studies will be needed to elucidate whether these *N*-glycans are indeed prostate-derived.

Expressed prostatic secretions (EPS) and urine are also important sources of glycoconjugates (11). In addition to several proteomic studies that have shown an abundance of N- and Olinked glycoproteins in EPS (30-32), direct N-glycan analysis was performed on EPS-urine derived from men with negative biopsy (n = 10), low grade PCa (n = 10), and high grade PCa (n = 10)(33). Men were classified as having low versus high grade PCa by GS, where GS = 6 was considered low grade and GS = 8-10was considered high grade. The most common glycan species detected in all samples was the biantennary complex glycan, NeuAc2Gal2N2M3N2, with and without core fucose, which is the most common glycan species found on PSA (Figure 2) (33). A global decrease in tri- and tetra-antennary glycans and an increase in bisecting N-acetylglucosamine was found to be correlated with disease severity. Interestingly, structures with bisecting Nacetylglucosamine prevent branching and therefore, metastasis, so their increased presence in EPS derived from high grade PCa is counterintuitive to what is currently reported in the literature (33).

As all these studies were performed on different sources (tissue, serum, EPS, EPS-urine), it is difficult to make definitive



conclusions at the present time as to how *N*-glycosylation changes as PCa progresses. However, general trends observed from these collective studies suggest an increase in complex and high mannose *N*-glycans in PCa relative to benign prostate. In addition, increased branching may occur with disease progression and may be associated with CRPC. Furthermore, increased α 2-3 sialylation as well as core fucosylation appear to be highly associated with PCa and the sialyl lewis X and lewis Y antigens appear correlated with metastatic disease.

N-Glycosylation Changes of Common, PCa Markers I. PSA

The most common screening test for PCa is serum PSA where levels > 4 ng/mL are considered to be abnormal (14). Although serum concentrations higher than 10 ng/mL are highly specific for PCa, most men with abnormal results are found to have only mild elevations on initial screening (i.e. 4-10 ng/mL) where only ~25% of men will be confirmed to have cancer on biopsy (14, 15). Furthermore, PSA levels alone cannot distinguish which tumors are favored to remain indolent versus progress to metastasis, often resulting in unnecessary treatment for men with cancer that would otherwise not affect quality of life or shorten life span (14, 15). Despite its limitations, PSA remains the most commonly used clinical test for PCa screening and monitoring treatment response (14). Importantly, PSA has a confirmed single site for N-glycosylation (Asn-69) and changes in this glycan structure is strongly associated with and quite specific for PCa (34).

Earlier studies have characterized the major N-glycan on PSA as a biantennary, disialylated structure of the Nacetylglucosamine type (Figure 2) (35). A subsequent study by a different group analyzed two isoforms of PSA derived from the seminal plasma of healthy donors (PSA-A and PSA-B) and found that both isoforms had mono- and biantennary N-glycans and found a prevalence of 3 outer chain moieties (Galβ1-4GlcNAcβ1-, GlcNAc β 1-, GalNAc β 1-4GlcNAc β 1-) (36). Interestingly, the GalNAc\beta1-4GlcNAc\beta1- linkage is only found on a limited number of glycoproteins and has been proposed by other authors to potentially have an immunosuppressive effect (37, 38). Another earlier study profiled the N-glycan signature on PSA present in the LNCaP cell line, which is derived from a patient with metastatic PCa without prior hormonal therapy (39). In this setting, triantennary structures were present and there was an observed overall decreased in sialic acid content and increase in fucosylation and N-acetylglucosamine (39). As PSA can be present in its free form (free-PSA) or complexed to alpha-1antichymotrypsin (complexed PSA) (40), researchers have attempted to compare the N-glycans in these different molecular contexts in PCa (41, 42). Results of these studies showed no significant difference in the glycosylation profiles between free and complexed PSA and there was a high prevalence of fucosylated biantennary structures. High levels of sialylation was observed in the samples with a significant fraction found to be α 2-3 linked. Although informative, most of these older studies were done on very small patient cohorts.

In 2009, White et al. utilized thiophilic absorption chromatography to enrich for PSA and prostate acid phosphatase (PAP) in seminal plasma followed by purification of each protein by SDS-PAGE (43). The seminal plasma used was derived from men with no disease (n = 65), BPH (n = 59), and PCa (n = 92). Following analysis by HPLC and MALDI-TOF, 40 glycoforms of PSA were discovered (21 for PAP) and these structures ranged from complex bi- and tetraantennary structures to hybrid and high mannose forms (43). Given the degree of variability, the authors were unable to determine disease-specific patterns and suggested that the use of pooled samples for analysis was a limiting factor in the experimental design (43). In 2016, Llop et al. utilized lectin-based assays to analyze the core fucosylation and sialylation of N-glycans on serum-derived PSA from men with BPH (n = 29) and PCa (n = 44) (44). Here, a significant increase in core fucose and $\alpha 2-3$ sialic acid PSA was found in patients with PCa. Furthermore, a cut-off value of 0.86 of the PSA core fucose ratio could distinguish between high-risk PCa (GS \ge 8) and BPH with 90% sensitivity and 95% specificity (44). In the case of α 2-3 sialic acid percentage of PSA, the cut off value of 30% distinguished between high risk PCa and the group of BPH, low risk PCa (GS \leq 6, tPSA < 10 ng/mL, clinical stage \leq pT2a), and intermediate risk PCa (GS = 6 with tPSA \ge 10 ng/mL or clinical stage \geq pT2a or GS = 7) with a sensitivity of 85.7% and specificity of 95.5% (44). The utility of α 2-3 sialic acid PSA in discriminating high-risk PCa from benign or low-risk disease has been confirmed in subsequent studies and shows significant promise as a parameter for stratifying which patients require treatment and which are favored to have an indolent course (45, 46).

II. PAP

PAP is a 50 kDa glycoprotein which was one of the earliest biomarkers used for PCa screening before being replaced by the PSA test. In 1997, it was declared no longer clinically useful due to its lower sensitivity for detecting cancer (47%) compared to PSA (96%) (47). However, as PAP has three *N*-glycosylation sites (Asn-62, Asn-301, and Asn-188) (43, 48), there was significant interest in determining whether certain structural changes to glycans could improve sensitivity and specificity for PCa.

Asn-62 and Asn-301 have been historically characterized by X-ray crystallography as having primarily high mannose structures while Asn-188 had complex structures (48). An earlier study utilized lectin affinity chromatography to compare the N-glycans on PAP purified from homogenized human PCa tissue (n = 5) and BPH (n = 5) (49). Here, it was found that PCaderived PAP had decreased high mannose structures compared to BPH with an increase in nonfucosylated hybrid structures (49). In the previously mentioned cohort studied by White et al. (43) utilizing thiophilic absorption chromatography for PSA and PAP enrichment, it was found that PAP contained 21 glycoforms. This study confirmed the presence of high mannose structures at Asn-301; however, Asn-62 was defined as having mostly sialylated complex bi and tri-antennary structures (43). Asn-188 was less characterized in this study but was thought to have a tetra-antennary structure with sialic acid and fucose content (43). A study in 2013 which analyzed expressed prostatic secretions representing different stages of prostate cancer further confirmed the presence of high mannose structures at Asn-301 with bi and tri-antennary structures present at Asn-62 and Asn-188 (33). The authors further suggested that increased bisecting *N*-acetylglucosamine, decreased branching, and the presence of Neu5GC on PAP glycans may be correlated with disease severity (33).

The cumulative studies that have examined the Nglycosylation status of PAP suggests that a combination of high mannose, bi, and tri-antennary structures are present between the 3 sites. Decreased branching and increased bisecting N-acetylglucosamine of these glycans may be associated with disease progression. Furthermore, the presence of Neu5GC on Asn-301 is significant as this sialic acid is only synthesized by non-humans due to irreversible mutation of the CMAH gene (50, 51). Therefore, if present on human cells, it is assumed to be obtained through dietary means and is considered immunogenic (50, 51). As PAP is highest in prostate tissue (52), this finding is deserving of further study to determine whether Neu5GC may be a target in PCa.

III. PSMA

Prostate-specific membrane antigen (PSMA) is a type II membrane glycoprotein (100-120 kDa) that is expressed highly in PCa and correlates with aggressiveness (53). In recent years, PSMA has received significant attention due to its important role in PCa imaging and therapy (53, 54). Despite its name, the protein is also expressed in other cell types where its enzymatic functions as a folate hydrolase and NAALADase have been widely characterized (55). In PCa, its exact function remains unclear but it is thought to be negatively regulated by androgens and has become a useful marker for hormone-refractory carcinomas and for the detection of metastases (56). Studies show that PSMA has 10 N-glycosylation sites, three of which are in the catalytic domain (Asn 336, Asn 459, and Asn 476) and it is predicted that 20-25% of the total molecular weight is due to carbohydrates (56). Despite having a high level of Nglycosylation, there are surprisingly very few studies have attempted to elucidate the specific glycan structures present on PSMA and how they are altered with disease progression. An early study used a series of exo and endoglycosidases, which target different glycan moieties, to determine what types of structures are present in LNCaP cells, patient tumor tissue lysate, and serum (57). Here, complex type glycans lacking polylactosamine were observed on PSMA derived from tissue and serum while primarily high mannose forms were observed in the LNCaP setting (57). The authors stated this discrepancy is likely due to a defect in one of the N-glycan biosynthetic steps where LNCaP cells are unable to convert the high mannose forms to the complex type that is observed in vivo (57).

Barinka et al. studied the enzymatic activity of PSMA as a consequence of glycosylation by mutating different *N*-glycosylation sites on the protein (58). The results of this study showed that mutations at Asn-76 (N76A), Asn-336 (N336A), and Asn-459 (N459A) caused an increase in activity exceeding 50% of the wild-type (58). Interestingly, Asn-336 and Asn-459

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are within the catalytic domain and it was hypothesized these mutations would cause the opposite effect. For mutations at Asn-121 (N121A), Asn-140 (N140A), Asn-153 (N153A), Asn-195 (N195A), and Asn-638 (N638A), the exopeptidase activity was markedly compromised (58). In particular, N121A, N195A, and N638A caused nearly complete inactivity (58). Collectively, these studies show that PSMA is highly glycosylated and that *N*-glycosylation, particularly at distal sites, is critical to the function of the protein. Further studies are needed to characterize the specific glycan structures and what changes occur as disease progresses.

Advances in Studying N-Glycopathology

Historical studies that have characterized glycosylation changes associated with disease primarily relied on chemical reactions with monosaccharide constituents, metabolic labeling of glycoconjugates with radioactive sugars to help elucidate glycan composition, as well as lectin-based assays to characterize specific structural features of glycans [for a complete review of tools used for characterizing glycans, refer to Chapter 50 of (13)]. Although these methods have proven quite useful, most of these studies are unable to characterize the entire glycan species present which has caused slow progress in defining changes to carbohydrates that occur with disease progression. Many modern studies have utilized solid phase extraction techniques/chromatography to isolate N-glycans from total protein lysates and this has allowed specific glycans to be determined in various tissue homogenates. However, as many glycans are secreted into the extracellular matrix or stroma, spatial information is lost and whether or not a specific glycan is located within the tumor or stroma becomes a significant limiting factor in the interpretation of the data. The Drake lab, in collaboration with Anand Mehta, has developed an Imaging mass spectrometry (MALDI-IMS) technique for profiling N-glycans directly on formalin-fixed, paraffin-embedded (FFPE) tissue, which has been further applied to many disease settings including PCa (18, 59). The approach involves spraying a molecular coating of PNGase-F directly on the tissue to release the N-glycans. The reaction takes place in a humidified chamber so that there is little diffusion. Following the application of enzyme, chemical matrix is applied and glycans are analyzed by MALDI at each discrete tissue location in a rastered-grid format. Glycan abundances at each tissue location is then determined and visualized using intensity maps (similar to heat maps). This powerful technology adds significant advance to the fields of glycobiology and molecular histology and since it can be applied to formats such as tissue microarray, has the ability to profile the glycans across large patient cohorts.

MUCIN-TYPE O-LINKED GLYCOSYLATION AND PROSTATE CANCER PROGRESSION

Mucin-Type O-linked glycosylation is a post-translational process occurring in the Golgi apparatus where a GalNAc is added to the

Ser/Thr residue of a protein followed by the step-wise addition of individual monosaccharides (13). The glycans resulting from this process, which may contain any of 8 core structures (**Figure 1**), are found on cell-surface and secreted proteins and are particularly prevalent on mucins which are further described subsequently. Unlike *N*-linked glycosylation, there is no pre-formed precursor and a consensus site has yet to be determined although predictive algorithms exist (13). There have been few historical studies that have attempted to characterize the *O*-glycome in PCa due to the high number of possible *O*-glycan modifications which remains incompletely characterized (60). However, due to advances in glycoproteomics in recent years, newer studies are emerging which provide insight into how mucin-type *O*-glycosylation is altered with PCa progression.

Broad Changes to Mucin-Type O-Glycosylation in PCa Progression

Studies attempting to characterize global changes to the mucintype O-glycome as a function of PCa disease severity are currently very limited. In 2014, Chen et al. demonstrated that PCa has elevated levels of GCNT1, an enzyme catalyzing the formation of core-2 O-glycans (61). It was further shown that its increased expression was associated with increased levels of core-2 O-linked sialyl lewis X structures on PSA, MUC1, and PAP (61). Although the pathological significance of this structure on these proteins remains unknown, its presence was able to differentiate PCa from benign tissue with improved specificity compared to protein level alone (61). Interestingly, a subsequent study demonstrated that GCNT1-positive tumors were highly associated with extracapsular extension and that its detection in urine post digital rectal examination was an independent risk factor for biochemical recurrence (62). Future work is needed to determine the full utility of GCNT1 as a screening tool in predicting which tumors are favored to remain indolent versus metastasize as well as mechanisms as to how GCNT1 and its product contribute to PCa progression.

A recent study utilized surgically removed PCa tissue representing different histological grades (Grade 1-5, n = 10cases per grade) as well as tissue from patients diagnosed with BPH (n = 5) (63). Here, 17 structures covering 13 compositions were observed and Core-1 and -2 structures were predominant across all samples (63). A significant reduction in sialylated core-1 and an increase in sialylated core-2 structures were observed as PCa progresses. Correlation analysis between the *O*-glycome and *O*-glycoproteome further revealed that the sialylated core-2 structure found to be elevated as PCa progressed was highly correlated with collagen IV and the glycoform was confidently identified at T1627 across all 54 replicates (63). Interestingly, Core-2 structures have been linked to evasion of natural killer (NK) cell immunity in the context of PCa which is deserving of further study (64).

Truncated O-glycans, such as Tn or sTn antigen, are commonly found in many tumor settings and linked to poor prognosis (10, 65–67). Furthermore, these carbohydrates are immunoreactive and several agents have been developed for therapeutic targeting (65). In PCa, there is conflicting data regarding the prevalence of these antigens. However, it is has been reported that 4-26% of adenocarcinomas are positive for the Tn antigen and therefore, may qualify for Tn-targeted therapy (68). Interestingly, studies have shown that ST6GalNAC1, the enzyme that catalyzes the formation of sTn, is a direct and rapidly activated target gene of AR and transforms the cells to a more mesenchymal phenotype (69). Further studies are ultimately needed to determine the true prevalence of truncated *O*-glycans in PCa of different stages as well as the functional significance of their presence.

Mucins

Mucins are cell-surface or secreted glycoproteins containing clusters of O-glycans (13). They can be antiadhesive and repel cell-surface interactions or promote adhesion by recognizing glycan binding proteins via their O-GalNAc glycans (13). Furthermore, they are known to have multiple effects on the immune system and maintain cellular homeostasis through various signaling mechanisms (13). In 2005, Cozzi et al. characterized the expression of MUC1, MUC2, MUC4, MUC5AC, and MUC6 using tissue microarray (TMA) from 120 paraffin-embedded specimens derived from patients who underwent radical prostatectomy or transurethral resection of the prostate (TURP) (70). The cases included both nonmetastatic primary PCa as well as 10 matched lymph node metastases. Here, MUC1 overexpression was found in 58% of primary PCa and 90% of lymph node metastases but not in normal adult or benign tissues (70). In addition, 86% of MUC1positive tumors had GS scores > 7 (70). In another study, 57 biopsy specimens from PCa patients treated with hormone therapy as well as 10 normal cases were collected and stained for sialyl-Tn MUC-1 (71). Here, it was found that the level of sialyl-Tn MUC1 significantly correlated with progression-free and cause-specific survival and may predict prognosis for patients undergoing hormonal therapy (71).

Recently, Yasumizu et al. has shown that up-regulation of MUC1-C in hormone-sensitive PCa cells suppresses AR and induces neuroendocrine (NE) differentiation through up-regulation of the neural BRN2 transcription factor and suppression of the p53 pathway (72). Furthermore, another study has shown that MUC1-C directly binds to E2F1 resulting in activation of the BAF pathway and increased cancer stem cell (CSC) renewal in NE prostate cancer (NEPC) (73). These results only highlight the important role that *O*-glycans have in disease progression and the critical need for therapeutic targeting.

O-GIcNAcylation

The O-GlcNAc modification occurs in the nuclear and cytoplasmic compartments of the cell and does not elongate to form complex structures such as what is observed in other forms of glycosylation (13). Elevated levels of UDP-GlcNAc, derived from the hexosamine biosynthesis pathway (HBP), drive O-GlcNAcylation through activation of the enzyme, OGT (13, 74). Similar to phosphorylation, the residue is attached and removed several times in the lifetime of a polypeptide and the

process is known to have significant effects on cellular processes such as transcription, signaling, and epigenetics (13, 75).

In 2014, Gu et al. performed immunostaining for O-GlcNAc on several PCa tissues (n = 55) as well as adjacent benign (n = 10)and BPH (n = 19) (76). Here, it was observed that O-GlcNAcylation was significantly increased in PCa tissue relative to benign disease (76). Furthermore, levels of O-GlcNAc are found to positively correlate with GS and be associated with reduced patient survival (77). Levels of OGT have been similarly found to be overexpressed in PCa and correlated with GS (78). Furthermore, its activity has been shown to be critical to c-MYC stability and MYC-driven proliferation of PCa cells (79). In addition to the effects on c-MYC, inhibition of OGT has been linked to decreased glucose consumption, decreased lactate secretion, and has been shown to lead to suppression of CDK1, whose expression predicts PCa recurrence (80). Effectively targeting aberrant O-GlcNAcylation through OGT inhibition may represent a good therapeutic strategy for targeting PCa cells. However, as O-GlcNAcylation is a critical process to every cell type, selectivity remains a limiting factor.

GALECTINS

Galectins are among the most widely expressed lectins in all organisms, typically recognizing β -galactose containing glycoconjugates (13). They have been reported to have a wide variety of biological functions including regulation of immune response, microbial recognition, as well as roles in development (13). Importantly, they are known to have roles in cancer progression and metastasis, likely through modulation of interactions between tumor cells and the surrounding microenvironment (endothelial cells, stromal cells, and immune cells) (81). In PCa, galectin-1 (Gal-1) was found to be the most abundant galectin expressed in PCa tissue with marked up-regulation as the disease progresses to CRPC (82). Interestingly, all other galectins were found to be expressed at lower levels with Gal-3, Gal-4, Gal-9, and Gal-12 becoming downregulated with disease evolution and Gal-8 remaining unchanged (82). Furthermore, Gal-1 has been shown to be highly associated with angiogenesis and use of an allosteric inhibitor (LLS30) resulted in significant growth inhibitory effects in human CRPC xenograft models (83).

In a study that examined galectin-3 (Gal-3) expression by tissue microarray constructed from 83 patients who underwent prostatectomy (83 tumor, 78 adjacent benign, and 75 benign tissues), it was shown that Gal-3 expression was significantly decreased in tumor tissue compared to benign (84). However, despite decreased expression, Gal-3 staining in tumor specimens was able to predict biochemical recurrence (PSA ≥ 0.2 ng/mL) with 91.3% sensitivity and 75% specificity, potentially implicating it as a prognostic marker (84). In 2018, Gao et al. determined that cleaved Gal-3, rather than intact Gal-3 (detected by older studies), is present in PCa tissue but completely absent in benign (85). Furthermore, cleaved Gal-3 was positively

associated with tumor progression and metastasis and its expression was closely related to PSA level (85). In addition, previous studies have shown that cleaved Gal-3 was crucial to bone remodeling in the metastatic niche implicating it as a potential therapeutic target for men with metastatic disease (86). Future studies are needed to further determine the pathological significance of cleaved Gal-3 and whether therapeutic targeting could be beneficial.

The role of other galectins in PCa progression remains controversial. Although Gal-4 was reported previously to have decreased expression with PCa progression (82), some authors have found that expression of both Gal-4 and C1GALT1 together predicts poor overall survival (87). Furthermore, Gal-4 was found to interact with C1GALT1-dependent *O*-glycans resulting in castration resistance through activation of receptor tyrosine kinase signaling and SOX9 (88). Gal-8, which remains stably expressed throughout PCa development and progression, was shown to contribute to metastasis through rearrangement of the cytoskeleton and modulation of E-Cadherin expression (89). Future studies are ultimately needed to determine the therapeutic benefit of targeting galectins in the context of PCa in relation to effects on patient survival as well as the toxicity of such an approach.

GLYCOCONJUGATES

Glycoconjugates are carbohydrates that are covalently linked to other biological molecules, such as proteins (glycoproteins) and lipids (glycolipids) (13). These molecules make up the majority of the cell surface (termed the "glycocalyx") and have significant effects on regulating cell-cell interactions, interactions with the extracellular matrix, as well as intracellular signaling to control a wide-variety of cellular functions (13). In this section, major studies are summarized that highlight the functional consequences of glycoconjugate expression in the context of PCa, both as potential tumor drivers and also tumor suppressors.

Proteoglycans

Proteoglycans are heavily glycosylated proteins, consisting of both a core protein and one or more glycosaminoglycan (GAG) chains, such as heparan sulfate, chondroitin sulfate, or dermatan sulfate (13). They can be located on the cell-surface or secreted into the extracellular matrix and have significant contributions to intracellular signaling and cell-cell interactions (13). Due to these functions, they have a high degree of control over proliferation and apoptosis and have been implicated in many tumor settings including PCa. For example, an earlier study showed that the CSPG, versican, was superior to tumor grade in predicting progression in patients with early stage PCa (90). Furthermore, the anti-adhesive properties of versican were observed to cause PCa cells to lose attachment to fibronectin, a major component of the stroma, which can increase the metastatic potential of cells (91). Subsequent studies have shown that versican contains ARresponse elements and is positively regulated by AR, suggesting this may be a critical downstream mediator of AR-driven

signaling (92). Biglycan, a proteoglycan of the extracellular matrix, was found to be expressed in 78% of 11,070 PCa tumors and was linked to the presence of TMPRSS2:ERG fusion and PTEN deletion (93). In addition, although not functionally proven, its expression was strongly linked to AR levels suggesting androgen regulation (93). Perlecan, a basement-membrane specific HSPG, has been shown to be up-regulated in PCa, positively correlating with Gleason score and Ki67 indices (94). Furthermore, its effects have been shown to be due to its ability to regulate sonic hedgehog (HH) signaling, which was found to occur independently of androgen (94). Other studies have shown that the HSPG, Syndecan-1, is an independent predictor of poor survival (95, 96), associated with the epithelial to mesenchymal transmission (97), and may be associated with resistance to docetaxel chemotherapy (98).

In addition to promoting tumor growth in certain settings, several proteoglycans have been reported as tumor suppressors. Glypican-5, a member of the HSPG family, was shown to be lowly expressed in PCa cell lines and its overexpression significantly inhibited cell proliferation and invasion through inhibition of EMT and Wnt/ β -catenin signaling (99). Glypican-1 was shown by Quach et al. to suppress proliferation in DU-145 cells but promote it in PC-3 cells (100). Interestingly, when PC-3 was either grown in vivo or co-cultured with stromal cells, Glypican-1 was found to prevent tumor growth suggesting a cell-dependent role as well as highlighting the importance of the tumor environment in affecting the activity of proteoglycans (100). In addition to glypicans 1 and 5, decorin has been observed to be negatively associated with PCa (90, 101) and was shown to suppress tumor growth through inhibition of EGFR and AR phosphorylation, leading to inhibition of PI3K/ AKT, a critical pathway in PCa (102). Lumican, a small leucinerich proteoglycan of the extracellular matrix, has also been shown to inhibit PCa progression when present in the reactive stroma, potentially implicating it as a positive prognostic marker (103). Overall, the roles that various proteoglycans have on PCa progression is extremely complex and is significantly influenced by the tumor microenvironment. A combination of both in vitro and high quality in vivo models are needed to fully understand the role specific proteoglycans have in the evolution of PCa.

Glycosphingolipids

Glycosphingolipids (GSLs) are the major class of glycolipids found in animals (13). They consist of a hydrophobic ceramide backbone linked to a hydrophilic carbohydrate moiety and are responsible for maintaining the stability of cell membranes as well as regulating numerous cellular processes (proliferation, apoptosis, cell-cell-adhesion, migration, etc) (13, 104). An earlier study extracted the glycolipids from human prostate tissue surgically derived from six patients with BPH (105). Here, abundant neutral mono- to tetraglycosylceramides were obtained in addition to mono and disialylgangliosides (105). In a 2004 study, three AR-negative cell lines (PC-3, DU-145, and HH870) and two AR-positive cell lines (LNCaP-FGC, LNCaP-FGC 10) were used to characterize the gangliosides on both 2-D



chromatograms as well as by confocal fluorescent microscopy (106). It was found that AR-negative cells expressed higher levels of GM1b and GD1a relative to AR-positive cells. Furthermore, O-AcGD2 was specific to the AR-negative cell lines, PC-3 and HH870 (106). A follow-up study profiled the IgM responses to 8 gangliosides (GM3, GM2, GD3, GD2, GD1a, GM1a, GD1b, GT1b) in the sera of patients with BPH (n = 11), organ-confined PCa (T1/T2, n = 36), PCa with extra-prostatic extension (T3/T4, n = 27), and age-matched healthy controls (n = 11) (107). Patients with PCa showed increased titers against GD1a and decreased titers against GD3 (107). Interestingly, patients with organconfined PCa showed increased titers against GD1a relative to unconfined PCa despite the previous study showing cell lines with more advanced phenotype (PC-3, DU-145, and HH870) showing elevated levels of the ganglioside. The authors conclude this may be due to B cells recognizing tumor-derived GD1a as a "danger signal", producing IgM to target GD1a-positive cells, contributing to the decline in GD1a as disease progresses (107). The specific role of GD1a in PCa remains unknown; however, its expression has been suggested to be controlled indirectly by NF-KB through transcriptional regulation of ST3GalI, II, and III, which are critical to its biosynthesis (108).

CONCLUSIONS AND PERSPECTIVES

It is well accepted that aberrant glycosylation is a hallmark of cancer and has a significant effect on tumor progression. As the prostate is a major producer of glycoproteins, it is not surprising that several structural changes to glycans and changes in the expression of glycoconjugates are observed throughout the evolution of PCa (**Figure 3**) and that these appear to be critical to disease progression. Furthermore, as shown by Munkley et al. (109), several enzymes involved in the synthesis and degradation of glycans are directly regulated by androgen stimulation, suggesting that downstream glycosylation is very likely an important mediator of PCa activity deserving of further study. Due to technological limitations, as well as small sample sizes used for glycan profiling in many of these studies, progress in defining changes to the PCa tumor glycome has been slow. There are many unanswered questions in the field of PCa including how to predict which patients will have indolent versus aggressive disease, why hormonally-treated tumors become resistant to therapy, how NE differentiation occurs, and why PCa tumors can evade immunosurveillance. Despite a surge in RNAsequencing and proteomic studies that have included large cohorts of men with PCa in different disease stages, these questions remain unanswered and many of the molecular drivers that are discovered in these studies are "undruggable". Therefore, there is a need to survey other molecular changes that occur as PCa progresses in addition to the products of gene expression. With greater realization of the contribution of carbohydrates to disease, the development of glycan-targeted therapy has become a high area of interest in the pharmaceutical community (110). These agents includes antibodies, enzyme inhibitors, as well as compounds that can disrupt glycan-protein interactions. In the field of PCa, it is of critical importance to thoroughly define the PCa glycome in different disease stages so that as these agents become widely available, they can be applied to patients with advanced PCa. A deeper understanding as to how glycosylation changes as PCa progresses may shed light on some of the major unanswered questions in the field and provide more opportunities for therapeutic intervention ultimately improving patient survival.

AUTHOR CONTRIBUTIONS

WB wrote the manuscript. JH supervised WB and edited the manuscript. All authors contributed to the article and approved the submitted version.

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