



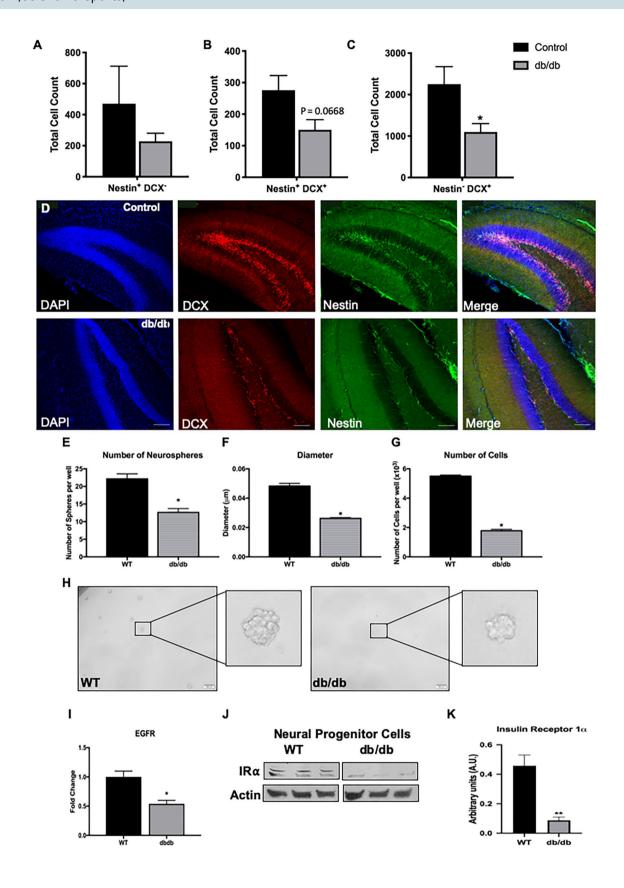
OPEN Deficits in hippocampal neurogenesis in obesity-dependent and -independent type-2 diabetes mellitus mouse models

Jacqueline A. Bonds¹, Aashutosh Shetti¹, Terilyn K. L. Stephen¹, Marcelo G. Bonini², Richard D. Minshall 3,4 & Orly Lazarov 12

Hippocampal neurogenesis plays an important role in learning and memory function throughout life. Declines in this process have been observed in both aging and Alzheimer's disease (AD). Type 2 Diabetes mellitus (T2DM) is a disorder characterized by insulin resistance and impaired glucose metabolism. T2DM often results in cognitive decline in adults, and significantly increases the risk of AD development. The pathways underlying T2DM-induced cognitive deficits are not known. Some studies suggest that alterations in hippocampal neurogenesis may contribute to cognitive deterioration, however, the fate of neurogenesis in these studies is highly controversial. To address this problem, we utilized two models of T2DM: (1) obesity-independent MKR transgenic mice expressing a mutated form of the human insulin-like growth factor 1 receptor (IGF-1R) in skeletal muscle, and (2) Obesitydependent db/db mice harboring a mutation in the leptin receptor. Our results show that both models of T2DM display compromised hippocampal neurogenesis. We show that the number of new neurons in the hippocampus of these mice is reduced. Clone formation capacity of neural progenitor cells isolated from the db/db mice is deficient. Expression of insulin receptor and epidermal growth factor receptor was reduced in hippocampal neurospheres isolated from db/db mice. Results from this study warrant further investigation into the mechanisms underlying decreased neurogenesis in T2DM and its link to the cognitive decline observed in this disorder.

Type-2 diabetes mellitus (T2DM) is a chronic disease characterized by a state of persistent hyperglycemia and insulin resistance. T2DM is associated with a number of pathologies, including cardiovascular disease and neurodegeneration. Particularly alarming is the significant risk of developing cognitive deficits and Alzheimer's disease (AD). Insulin resistance and T2DM increase the risk of AD by nearly two-fold compared to non-diabetics1. The combined overall relative risk for dementia (including clinical diagnoses of both AD and vascular dementia) is 73% higher in people with T2DM than in those without^{2,3}. In turn, AD patients experience brain insulin resistance and hyperinsulinemia^{4,5}. The increased risk of AD in type 2 diabetes mellitus (T2DM) patients suggests that systemic processes in T2DM lead to brain pathology and cognitive impairments. Brain MRI suggested increased frequency of cerebral atrophy in T2DM compared to age- matched individuals without T2DM6. Similarly, a significant and progressive reduction in brain weight was observed in db/db mice^{7,8}. However, the cognitive mechanisms failing in T2DM are not fully understood. In mouse models of T2DM, cognitive deficits were associated mostly with impairments in the hippocampus⁹. For example, changes in synaptic plasticity were observed in hippocampal slices of Streptozotocin-diabetic rats ¹⁰. Specifically, long-term potentiation (LTP) was impaired in the dentate gyrus (DG), CA3 and CA1 regions, while long-term depression was facilitated in CA1¹⁰.

¹Department of Anatomy and Cell Biology, University of Illinois at Chicago, 578 CME (M/C 512), 808 South Wood Street, Chicago, IL 60612, USA. ²Division of Hematology/Oncology, Department of Medicine, Feinberg School of Medicine and The Robert H. Lurie Comprehensive Cancer Center, Feinberg School of Medicine of Northwestern University, Chicago, IL 60612, USA. ³Department of Anesthesiology, University of Illinois at Chicago, Chicago, IL 60612, USA. ⁴Department of Pharmacology, University of Illinois at Chicago, Chicago, IL 60612, USA. ⁵²email: olazarov@uic.edu



◀ Figure 1. Reduced number of new neurons in the SGZ of db/db mice. (A-C) Quantification of the number of neural progenitor cells (Nestin + DCX-, A), neuroblasts (Nestin + DCX+, B) and immature neurons (Nestin-DCX+, C) in the subgranular zone of the dentate gyrus of db/db and wild type mice using unbiased stereology. The number of neural progenitor cells was similar between genotypes. There was a trending decrease in the number of proliferating neuroblasts (P=0.0668, N=4). A significant decrease was observed in the number of immature neurons (*P < 0.05) in the db/db mice (Unpaired t-test, 12 weeks of age, N=4). (D) Representative images of wild type and db/db brain sections immunolabeled with antibodies raised against doublecortin (DCX) or nestin and counterstained with DAPI. Scale bar = 75 µm. (E-G) Clonogenic assay of primary neural progenitor cells isolated from the dentate gyrus of db/db and wild type mice. Analysis of the number (E) and diameter (F) of neurospheres formed, as well as the total number of cells (G) show a significant decrease in all parameters in the db/db compared to wild type. (H) Representative images of neurospheres cultured from wild type and db/db mice (N = 3, unpaired t-test, *P<0.05). Inserts show high power images of a single neurosphere. (I) Real time PCR analysis of mRNA expression of epidermal growth factor receptor (EGFR) in primary neurospheres shows a significant decrease in the db/db genotype (N = 3, unpaired t-test, *P < 0.05). (J,K) Western blot analysis (J) and semi-quantification using image J (K) of the expression of insulin receptor 1a (IR1a) in protein lysate of neurospheres isolated from db/db and wild type mice. Expression of IR1a is severely compromised in the db/db genotype (N = 3, unpaired t-test, *P < 0.05).

Hippocampal neurogenesis plays important roles in the regulation of hippocampal function, learning and memory 11 . In addition, impaired hippocampal neurogenesis is linked to AD^{12-14} . Several reports suggest that hippocampal neurogenesis is altered in mouse models of T2DM. However, the information is often contradictory or inconclusive. For example, the proliferation of bromodeoxyuridine positive (BrdU+) cells was increased in the subventricular zone (SVZ) and subgranular zone (SGZ) of the DG of Goto-Kakizaki (GK) rat, while their survival significantly decreased. These alterations took place in parallel to increased blood glucose level 15 . However, the identity of these BrdU+cells was not specified. Stranahan and colleagues (2008) report that the numbers of BrdU+cells and BrdU+Tuj1+ are reduced in the SGZ of db/db mice compared to wild type 16 . In contrast, another study reports increased number of BrdU+or DCX+cells in the SVZ, SGZ and cortex of db/db mice. Here too, the identity of BrdU+cells was not studied. In addition, it is not clear whether the number of cells was adjusted to brain volume, given the progressive atrophy 8 . In the context of obesity-related T2DM, a high-fat diet was reported to impair the number of proliferating cells in the SGZ of the hippocampus in male, but not female rats 17 . In contrast, a recent study shows that high-fat diet compromises neurogenesis in C57BL/6 J females but not in males 18 .

Interestingly, several studies suggest that metformin, a drug used to manage T2DM, has pro-neurogenic characteristics¹⁹. For example, Wang and colleagues observed that metformin enhances the differentiation of embryonic cortical NPCs, as well as of adult-born NPCs in the SVZ and the SGZ in mice²⁰. Chronic administration of metformin facilitates cell proliferation and neuronal differentiation and inhibits diabetes-related neuroinflammation in the brains of DIO mice²¹. Treatment of the neonatal mice with metformin following hypoxia-induced brain injury facilitated neurogenesis and led to functional recovery²². This effect has been proposed to be mediated via insulin receptor substrate 1²¹, while another study suggests that the effect on self-renewal and proliferation occurs via the p53 family member and transcription factor TAp73, and it promotes neuronal differentiation of these cells by activating the 5' adenosine monophosphate-activated protein kinase/protein kinase C/transcriptional coactivator CREB-binding protein pathway AMPK-aPKC-CBP pathway^{20,23}. Another study suggests that GLP-1 mimetic Exendin-4, which is used for the treatment of T2DM, enhances hippocampal neurogenesis in three mouse models of T2DM: *ob/ob, db/db* and high-fat-diet-fed mice²⁴. Taken together, these studies suggest that while there is a possible connection between hippocampal neurogenesis and cognitive deficits in T2DM, the fate of hippocampal neurogenesis in T2DM is yet to be established.

To address the current controversy, we analyzed two mouse models of T2DM that may represent different disease mechanisms: obesity-dependent db/db mice, expressing a spontaneous mutation in the leptin receptor ($Lepr^{db}$), and obesity-independent MKR mice, expressing the human insulin-like growth factor I receptor (IGF-1R) gene containing the K1003R mutation driven by the murine creatine kinase, muscle (Ckm) promoter. The extent of neural stem cells and new neurons in the hippocampus of these mice was examined using neurogenic proxies. Consistently, in both models we observed deficits in the number of new neurons as well as deficits in neural progenitor cell proliferation.

Results

Alterations in the proliferative and differentiation capacity of neural progenitor cells in db/db model of T2DM. To determine the extent of hippocampal neurogenesis in T2DM, we first quantified the number of cells expressing nestin and/or doublecortin (DCX) in the subgranular zone (SGZ) in brain sections of 12-week-old male db/db mice using unbiased stereology (Fig. 1A–D). We observed that the number of neural progenitor cells (NPCs, nestin+DCX-) was similar in db/db and wild type mice (Fig. 1A). The number of neuroblasts (nestin+DCX+) was reduced in db/db, albeit not statistically significant (P=0.0668, N=4, Fig. 1B,D). Interestingly, the number of immature neurons (Nestin-DCX+) was significantly lower in db/db mice compared to wild type (P=0.0490, N=4, Fig. 1C,D), suggesting less new neurons in db/db mice, particularly as age and disease progress. To further examine this, NPCs were isolated from the DG of db/db and wild type mice and grown in culture to form neurospheres. Next, neurospheres were singly dissociated and subjected to a clone-forming assay. Quantification revealed that the number and size of neurospheres and the total number of cells were reduced in the db/db cultures compared to wild type neurospheres (N=3, Fig. 1E-H). This may suggest that proliferation of NPCs derived from the db/db mice is reduced compared to wild type mouse

NPCs. Another possibility is that the survival of NPCs or neuroblasts derived from db/db mice is compromised. To start to explore these possibilities, we examined the expression levels of epidermal growth factor receptor (EGFR) and insulin receptor 1α (IR- 1α), respectively. EGF is a critical proliferation factor of NPCs. Insulin plays a major role in neuronal differentiation and is likely to be compromised in the T2DM brain. In the healthy brain, IR- 1α is highly abundant in the hippocampus and in NPCs and regulates hippocampus-dependent learning and memory²⁵. The expression of EGFR and IR- 1α were examined in RNA extracts and protein lysates, respectively, of neurosphere cultures derived from the brains of db/db and wild type mice. We observed a significant reduction in the expression of EGFR in db/db NPCs compared to wild type mouse NPCs (Fig. 1I, N=3). In addition, we observed a marked reduction in the expression level of IR- 1α in db/db NPCs compared to wild type NPCs (Fig. 1J,K; N=3). Taken together, these results suggest impairments in the proliferation and differentiation of new neurons in the hippocampus of db/db mice at 12 weeks of age.

Impairments in hippocampal neurogenesis in the MKR mouse recapitulate impairments in the db/db. Given that there are several mechanisms leading to T2DM, we chose to investigate an obesity-independent model (the MKR mouse) to determine if the impairments observed in the db/db mouse represent the state of neurogenesis in T2DM. Similar to findings in the db/db brains, results show that levels of NPCs (Nestin+DCX-) were comparable in the hippocampi of MKR and wild type mice (Fig. 2A, N=6). Interestingly, we observed a nearly significant decrease in the number of proliferating neuroblasts (Nestin+DCX+) in the hippocampi of MKR compared to wild type, which could indicate deficits in neuroblast proliferation or neuronal maturation (Fig. 2B, N=6). In agreement with reduced number of neuroblasts, a significant decrease was observed in the number of immature neurons (Nestin-DCX+) in the hippocampus of MKR mice (Fig. 2C,D, N=6).

Differential alterations in neural stem cell population in hippocampus of db/db and MKR mice. To determine if impairments in neurogenesis involve alterations in the neural stem cell (NSC) pool, we next quantified the number of Nestin+GFAP+in the hippocampus of db/db and wild type mice. Intriguingly, there was a reduction in the number of Nestin+GFAP+cells in the hippocampi of db/db mice compared to the wild type, albeit not statistically significant (P=0.0524, N=3, Fig. 3A,D). There was no change in the level of Nestin+GFAP-, which designates several populations of NPCs at different stages of development (Fig. 3B, N=3). Interestingly, we further observed an increase in the number of mature astrocytes (Nestin-GFAP+) in the db/db compared to the wild type mice, however it was not significant (Fig. 3C, N=3).

Examination of these populations in the MKR mice revealed that the number of NSCs (Nestin+GFAP+, N=6, Fig. 4A) in the hippocampus was lower in db/db compared to the wild type mice, albeit not statistically significant (P=0.202). No change was observed in the total number of NPCs (Nestin+GFAP-, N=6, Fig. 4B). In contrast to the db/db, there was a trending decrease in the number of mature astrocytes (P=0.052, N=6, Fig. 4C). However, alterations in the number of mature astrocytes did not reach significance in neither genotype, and the lack of consistency warrants further investigation.

In summary, based on the results of this study, we conclude that hippocampal neurogenesis is deficient in both T2DM mouse models used here, manifested by reduced number of new neurons. We further observed reduced levels of EGFR and IR in NPCs derived from the hippocampi of db/db mice, which may underlie some of these deficits.

Discussion

This study addresses discrepancies in the literature concerning the fate of neurogenesis in T2DM mouse models. These discrepancies are likely the result of lack of use of appropriate neurogenic proxies, and inadequate or lack of quantification. Nevertheless, determining the fate of hippocampal neurogenesis in the brains of T2DM patients and mouse models is critical for understanding the mechanism of cognitive deterioration. Recent intriguing studies show that hippocampal neurogenesis is impaired in mild cognitive impairment and AD, as well as in mouse models of AD^{12,13}. This may imply that dysfunction of hippocampal neurogenesis in T2DM may contribute to the development of AD. To this end, in this study we show that the number of new neurons is reduced in the SGZ of the hippocampus of two mouse models of T2DM, suggesting that less new neurons are available for the recruitment and incorporation in the granular layer of the DG. This is significant because it may lead to hippocampal dysfunction and cognitive deficits, and may provide a putative mechanism underlying the substantial portion of T2DM patients who deteriorate cognitively. Observing reduced number of new neurons in the hippocampus of two different mouse models of T2DM validates this result as physiologically—relevant and excludes the possibility that it is a transgene- related off-target effect. Notably, MKR mice express a mutated form of the human insulin-like growth factor 1 receptor (IGF-1R) in skeletal muscle solely, and yet, pathology develops in the brain and in neural progenitor cells and new neurons specifically and recapitulates the impairments observed in the db/db mouse.

Second, our observations showed trending reductions in the numbers of Nestin + DCX + cells in the SGZ of both the db/db and MKR mice. This result was strengthened by the observed reduction in cell proliferation in neurospheres isolated from db/db mice. Nevertheless, it should be noted that the population of cells positive for Nestin + DCX +, as well as the population of cells encompassing neurospheres in vitro, each includes several subpopulations that proliferate at different rates. In addition, a difference in clone-formation capacity in culture could be due to mechanisms other than proliferation, for example, cell adhesion. Further investigation is needed in order to clarify the specific mechanisms underlying the reduced numbers of proliferating NPCs and neuroblasts in these mouse models.

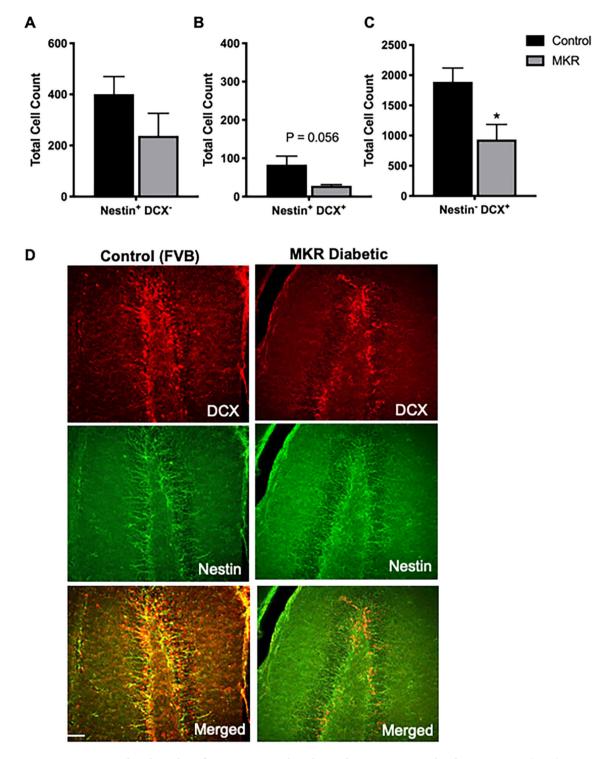


Figure 2. Reduced number of new neurons in the subgranular zone is recapitulated in MKR mice. (A–C) Stereological analysis of neural progenitor cells (Nestin+DCX-, A), neuroblasts (Nestin+DCX+, B) and immature neurons (Nestin-DCX+, C) in the subgranular zone of the dentate gyrus of MKR and wild type FVB mice. The number of neural progenitor cells was similar between genotypes. A trending decrease was observed in proliferating neuroblasts (Nestin+ DCX+; P=0.056) and a significant decrease of immature neuroblasts (Nestin- DCX+) in MKR mice compared to FVB control (N=6, Unpaired t-test, *P<0.05). (D) Representative confocal images of brain sections of MKR and wild type mice stained with antibodies raised against Nestin and DCX. Scale bar=75 μ m.

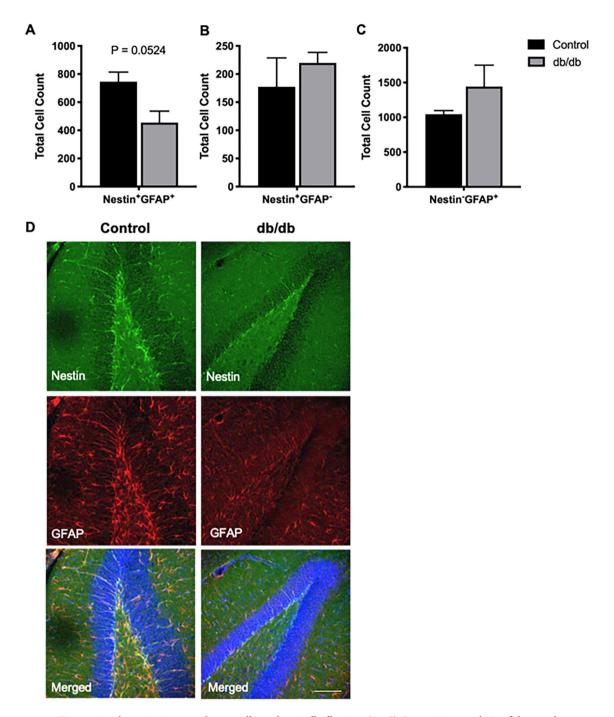


Figure 3. Alterations in neural stem cell number in db/db mice. (A–C) Quantitative analysis of the number of neural stem cells (Nestin + GFAP +, A), neural progenitor cells (Nestin + GFAP -, B) and mature astrocytes (Nestin – GFAP +, C) in the subgranular zone of the dentate gyrus in db/db and wild type mice shows a trending decrease in the number of neural stem cells in db/db mice (P=0.0524). The number of neural progenitors or mature astrocytes was similar in both genotypes (N=3, 12 weeks of age, Unpaired t-test). (D) Representative confocal images of neural stem cells in the dentate gyrus in brain sections of db/db and wild type mice. Scale bar=75 μ .

Third, we observed reduced expression of IR-1 α in NPCs derived from the db/db mouse. We cannot exclude the possibility that this may be due to the mutation in leptin receptor expressed in the db/db mice. Specifically, previous studies suggest that both insulin and leptin circulate at levels that vary in proportion to body fat stores and both enter the CNS in proportion to their plasma level, where they act on their respective receptors²⁶. Deficiency of either hormone or their respective receptors in the CNS results in insulin resistance^{27,28}. In light of the tight functional association, it is expected that the mutation in leptin receptor would affect insulin receptor expression and signaling. Thus, levels of IR-1 α in NPCs should be validated in other mouse models of T2DM.

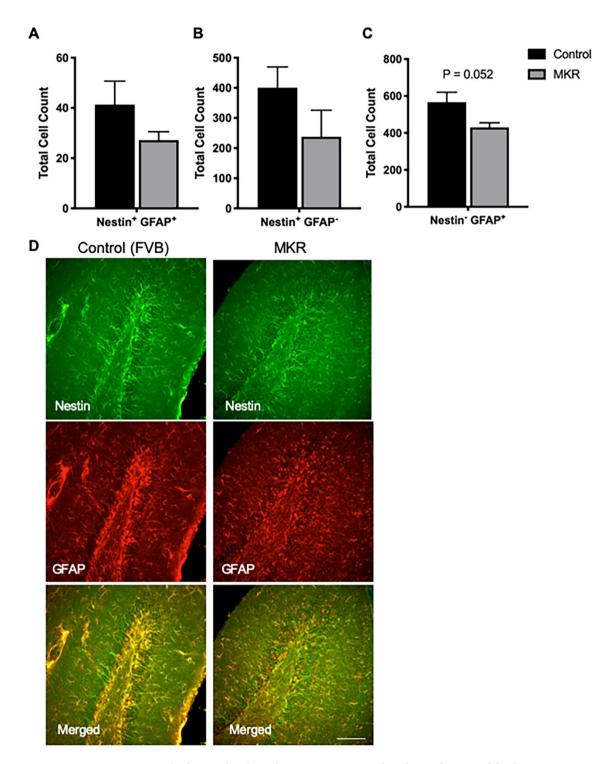


Figure 4. MKR mice display trending loss of mature astrocytes in the subgranular zone of the dentate gyrus. (A–C) The number of neural stem cell (Nestin+GFAP+, A) and neural progenitor cells (Nestin+GFAP-, B) was similar in db/db and wild type mice at 12 weeks of age, as determined by unbiased stereology. However, MKR mice display a trending decrease in the number of mature astrocytes (Nestin-GFAP+, P=0.052), (N=6, Unpaired t-test). (D) Representative confocal images of Nestin+ and GFAP+ cells in the subgranular zone of the dentate gyrus of MKR and wild type mice. Scale bar=75 μ m.

Another mechanism by which insulin resistance or deprivation can compromise neurogenesis is via the Wnt3-NeuroD1 pathway. Previous studies have shown that Wnt3 promotes neuronal differentiation by the activation of the transcription factor NeuroD1, which in turn, induces the expression of insulin²⁹⁻³¹. Notably, deficiency of NeuroD1 causes malformation of the DG and sever diabetes³²⁻³⁴. Lastly, it should be noted that insulin, IGF-1,

and IGF-2 also play a role in oligodendrocyte differentiation and neuronal survival³²⁻³⁴. Thus, dysfunctional insulin signaling would have major implications for neurogenesis and gliogenesis.

Fourth, in addition to IR- 1α , we observed that levels of EGFR are reduced in NPCs derived from the db/db mouse. EGF is a critical regulator of NPC proliferation. Interestingly, EGFR can be compromised directly or indirectly by lack of leptin receptor signaling. Evidently, a leptin-EGFR-Notch 1 axis has been described under pathological conditions 35 . Interestingly, a recent study described EGF-like metabolic hormones that bind EGFR as critical modulators of neural activity, coupling insulin secretion to the nutritional status in Drosophila 36 . Future studies should address the mechanism by which deficits in EGFR and IR- 1α in NPCs play a role in altered hippocampal neurogenesis in T2DM.

Fifth, inconsistencies were found between db/db and MKR as to the number of NSCs and mature astrocytes as compared to their respective wild type strains. This may be either genotype related or a representation of differential effects of diabetic mechanisms on the neurogenic population in the two mouse models. These observations warrant further investigations addressing the effect of distinct molecular signaling mechanisms on hippocampal neurogenesis. In that regard, it should be noted that this study examined levels of hippocampal neurogenesis in male mice. Sex differences in levels of neurogenesis have been reported in T2DM related mouse models^{17,18}. Thus, future studies should include a comparative analysis of neurogenesis in both sexes.

In summary, the results of this study suggest that hippocampal neurogenesis is deficient in mouse models of T2DM. Deficient neurogenesis may contribute to the development of cognitive impairment in T2DM patients. Understanding the mechanism underlying defective neurogenesis may help alleviate T2DM-linked memory impairments.

Materials and methods

Mice. All animal experiments were approved by the University of Illinois at Chicago Institutional Animal Care and Use Committee, ACC Protocol # 17–123 (Lazarov) and # 16–204 (Minshall). All experiments were performed in accordance with institutional guidelines and regulations.

All mice used in this study were obtained from Jackson Laboratories. Twelve week old db/db and wild-type control & 4–5-month-old male MKR diabetic and FVB control mice were used in this study. FVB/NJ (stock # 001800), MKR (FVB-Tg(Ckm-IGF*K1003R)1Dlr/J, stock #016618), C57B6 (stock #000664), db/db (BKS.Cg-Dock7^m+/+Lepr^{db}/J, stock #000642).

Immunohistochemistry. Following perfusion with cold PBS, brains were post-fixed in 4% PFA for 24 h. Brains were rinsed three times with PBS and transferred to 30% sucrose for 24 h. Tissue sections were obtained on a freezing microtome (Leica) where they were serially sectioned at 50 μm. Sections were washed three times at room temperature in 1 × TBS for 5 min. Tissue was then blocked in blocking buffer (1 × TBS, 0.3 M glycine, 5% normal donkey serum, 0.25% Triton X-100) for 2 h at room temperature and then incubated in primary antibodies, diluted in blocking buffer, for 72 h at 4 °C. Primary antibodies: Nestin (EMD Millipore, Mouse, Cat# MAB353), DCX (Santa Cruz Biotechnologies, Goat, Cat# sc-8066) GFAP (Dako, Rat, Cat# Z0334). Tissue was then washed three times at room temperature in 1 × TBS for 5 min and incubated in secondary antibodies, diluted in blocking buffer, for 2 h at room temperature. Secondary antibodies obtained from Jackson-Immuno (Biotin anti-Mouse, Cat# 715-065-150; Streptavidin Cy2, Cat# 016-220-084; Donkey anti-Rat Cy3, Cat# 712-166-150; Donkey anti-Goat Cy3, Cat# 705-165-147). Tissue was then washed three times at room temperature in 1 × TBS for 5 min and incubated in DAPI (0.5 μg/mL; ThermoFisher Scientific #D1306) for 5 min at room temperature and then mounted and stored at 4 °C.

Unbiased stereology. Cell counts were performed using design-based stereology (StereoInvestigator, MBF Biosciences). For the analysis, every sixth section of brain tissue was quantified using the optical fractionator workflow of StereoInvestigator. Regions of interest were traced under $5 \times$ magnification with counting performed under $63 \times$ magnification with a counting frame of $225 \, \mu m \times 145 \, \mu m$ and sampling grid of $100 \, \mu m \times 100 \, \mu m$ with $12.5 \, \mu m$ top and bottom guard zones.

Primary neurosphere culture. *Isolation.* 8–12 weeks old mice were euthanized via isoflurane overdose and brains dissected into HBSS stored on ice followed by dissection of the hippocampus. Tissue was minced with a sterile scalpel and transferred to 3 mL warm media (DMEM/F-12, 20 mM KCl, 2 μ g/mL heparin, 1% penicillin–streptomycin, 20% B27 supplement, 10% N2 supplement). After tissue was settled, media was removed, and tissue was dissociated with 0.1% trypsin–EDTA and incubated with agitation at 37 °C for 7 min. Trypsin inhibitor (139 μ g/mL plus 10 μ g/mL DNase I in HBSS^{-/-}) was added and samples spun at 700 rpm for 5 min. Tissue pellet was resuspended in 1 mL warm media supplemented with 20 ng/mL EGF and 10 ng/mL bFGF and pipetted 20 × with a P1000 pipet and cultured at 37 °C, 5% CO₂ and passaged every 7 days.

Passaging. Media is collected and spun at 1000 rpm for 5 min. Neurospheres are dissociated with 0.05% trypsin–EDTA and incubated in a 37 $^{\circ}$ C water bath for 7 min. Trypsin inhibitor was added, and cells spun at 1000 rpm for 5 min. Cells are counted and plated at 10,000 cells/cm².

Western blot analysis. Cells were collected and homogenized in lysis buffer (150 mM Na_2CO_3 , 1 mM EDTA, pH 8) containing protease inhibitor cocktail (1:100, Sigma) and sonicated 3 × for 15 s. Protein was quantified via microplate BCA method, normalized to equal concentrations, and boiled at 95 °C for 10 min with 4 × sample buffer (0.35 M Tris–HCl, pH 6.8, 30% glycerol, 5% β-Mercaptoethanol, 10% SDS, bromophenol blue).

Protein was separated via SDS-PAGE. Membranes were blocked for 30 min in 5% non-fat dry milk in PBST (PBS+0.1% Tween-20), then incubated in primary antibody overnight at 4 °C with shaking. Membranes were placed in appropriate HRP secondary antibody in blocking buffer for 1 h at room temperature with shaking. Levels of protein were quantified using densiometric measurements from ImageJ Software (La Jolla, CA). All protein levels were normalized to levels of actin unless otherwise noted.

Quantitative reverse transcription polymerase chain reaction. RNA was extracted from cultured cells using the ISOLATE II RNA Mini Kit (Bioline USA, Inc, Taunton, MA, USA) according to manufacturer's instructions and was quantified using a Nanodrop and stored at − 80 °C until used. cDNA synthesis was performed using the SuperScript[™] III First-Strand Synthesis SuperMix (ThermoFisher Scientific) according to manufacturer's instructions starting with 1 μ g total RNA per sample and using oligo(dT) priming and stored at − 20 °C until used. qPCR was performed using SensiFAST[™] SYBR[†] and Fluorescein Kit (Bioline USA, Inc, Taunton, MA, USA). Each reaction was done using 1 μ L of starting cDNA. Relative expression was calculated using the ΔΔCt method using RPLP0 as the housekeeping gene. Primer sequences for EGFR (Gene ID 13649) were Forward (5′- GCCATCTGGGCCAAAGATACC-3′) and Reverse (5′- GTCTTCGCATGAATAGGCCAAT-3′).

Statistical analyses. All statistical analyses were performed in GraphPad Prism (Version 7.0a; GraphPad Software Inc). Data shown are ± SEM and a probability of less than 0.05 was considered significant, using unpaired two-tailed t-test. Western blot analyses were done by densitometry and compared using the unpaired two-tailed t-test normalized to actin levels (noted as arbitrary units or A.U.).

Received: 26 May 2020; Accepted: 16 September 2020

Published online: 01 October 2020

References

- 1. Ohara, T. et al. Glucose tolerance status and risk of dementia in the community: the Hisayama study. Neurology 77, 1126–1134. https://doi.org/10.1212/WNL.0b013e31822f0435 (2011).
- Gudala, K., Bansal, D., Schifano, F. & Bhansali, A. Diabetes mellitus and risk of dementia: a meta-analysis of prospective observational studies. J. Diabetes Investig. 4, 640–650. https://doi.org/10.1111/jdi.12087 (2013).
- 3. Biessels, G. J., Strachan, M. W., Visseren, F. L., Kappelle, L. J. & Whitmer, R. A. Dementia and cognitive decline in type 2 diabetes and prediabetic stages: towards targeted interventions. *Lancet Diabetes Endocrinol.* 2, 246–255. https://doi.org/10.1016/S2213-8587(13)70088-3 (2014).
- 4. Biessels, G. J. & Reagan, L. P. Hippocampal insulin resistance and cognitive dysfunction. *Nat. Rev. Neurosci* 16, 660–671. https://doi.org/10.1038/nrn4019 (2015).
- Stanley, M., Macauley, S. L. & Holtzman, D. M. Changes in insulin and insulin signaling in Alzheimer's disease: cause or consequence?. J. Exp. Med. 213, 1375–1385. https://doi.org/10.1084/jem.20160493 (2016).
- 6. Araki, Y. et al. MRI of the brain in diabetes mellitus. Neuroradiology 36, 101-103. https://doi.org/10.1007/bf00588069 (1994).
- Ramos-Rodriguez, J. J. et al. Differential central pathology and cognitive impairment in pre-diabetic and diabetic mice. Psychoneuroendocrinology 38, 2462–2475. https://doi.org/10.1016/j.psyneuen.2013.05.010 (2013).
- 8. Ramos-Rodriguez, J. J. et al. Central proliferation and neurogenesis is impaired in type 2 diabetes and prediabetes animal models. PLoS ONE 9, e89229. https://doi.org/10.1371/journal.pone.0089229 (2014).
- 9. Bonds, J. A. et al. Depletion of caveolin-1 in type 2 diabetes model induces alzheimer's disease pathology precursors. J. Neurosci. 39, 8576–8583. https://doi.org/10.1523/JNEUROSCI.0730-19.2019 (2019).
- Kamal, A., Biessels, G. J., Urban, I. J. & Gispen, W. H. Hippocampal synaptic plasticity in streptozotocin-diabetic rats: impairment of long-term potentiation and facilitation of long-term depression. *Neuroscience* 90, 737–745. https://doi.org/10.1016/s0306-4522(98)00485-0 (1999).
- 11. Gage, F. H. Adult neurogenesis in mammals. Science 364, 827-828. https://doi.org/10.1126/science.aav6885 (2019).
- 12. Tobin, M. K. et al. Human hippocampal neurogenesis persists in aged adults and alzheimer's disease patients. Cell Stem Cell 24(974–982), e973. https://doi.org/10.1016/j.stem.2019.05.003 (2019).
- 13. Moreno-Jimenez, E. P. et al. Adult hippocampal neurogenesis is abundant in neurologically healthy subjects and drops sharply in patients with Alzheimer's disease. *Nat. Med.* 25, 554–560. https://doi.org/10.1038/s41591-019-0375-9 (2019).
- Demars, M., Hu, Y. S., Gadadhar, A. & Lazarov, O. Impaired neurogenesis is an early event in the etiology of familial Alzheimer's disease in transgenic mice. J. Neurosci. Res. 88, 2103–2117. https://doi.org/10.1002/jnr.22387 (2010).
- 15. Lang, B. T., Yan, Y., Dempsey, R. J. & Vemuganti, R. Impaired neurogenesis in adult type-2 diabetic rats. *Brain Res* 1258, 25–33. https://doi.org/10.1016/j.brainres.2008.12.026 (2009).
- Stranahan, A. M. et al. Diabetes impairs hippocampal function through glucocorticoid-mediated effects on new and mature neurons. Nat. Neurosci. 11, 309–317. https://doi.org/10.1038/nn2055 (2008).
- 17. Lindqvist, A. et al. High-fat diet impairs hippocampal neurogenesis in male rats. Eur. J. Neurol. 13, 1385–1388. https://doi.org/10.1111/j.1468-1331.2006.01500.x (2006).
- 18. Robison, L. S. *et al.* High-fat diet-induced obesity causes sex-specific deficits in adult hippocampal neurogenesis in mice. *eNeuro7*, 1. doi:https://doi.org/10.1523/ENEURO.0391-19.2019 (2020).
- Potts, M. B. & Lim, D. A. An old drug for new ideas: metformin promotes adult neurogenesis and spatial memory formation. Cell Stem Cell 11, 5–6. https://doi.org/10.1016/j.stem.2012.06.003 (2012).
- 20. Wang, J. et al. Metformin activates an atypical PKC-CBP pathway to promote neurogenesis and enhance spatial memory formation. Cell Stem Cell 11, 23–35. https://doi.org/10.1016/j.stem.2012.03.016 (2012).
- 21. Tanokashira, D. et al. Metformin treatment ameliorates diabetes-associated decline in hippocampal neurogenesis and memory via phosphorylation of insulin receptor substrate 1. FEBS Open Biol. 8, 1104–1118. https://doi.org/10.1002/2211-5463.12436 (2018).
- 22. Dadwal, P. et al. Activating endogenous neural precursor cells using metformin leads to neural repair and functional recovery in a model of childhood brain injury. Stem Cell Rep. 5, 166–173. https://doi.org/10.1016/j.stemcr.2015.06.011 (2015).
- 23. Fatt, M. et al. Metformin acts on two different molecular pathways to enhance adult neural precursor proliferation/self-renewal and differentiation. Stem Cell Rep. 5, 988–995. https://doi.org/10.1016/j.stemcr.2015.10.014 (2015).
- 24. Hamilton, A., Patterson, S., Porter, D., Gault, V. A. & Holscher, C. Novel GLP-1 mimetics developed to treat type 2 diabetes promote progenitor cell proliferation in the brain. *J. Neurosci. Res.* 89, 481–489. https://doi.org/10.1002/jnr.22565 (2011).
- Soto, M., Cai, W., Konishi, M. & Kahn, C. R. Insulin signaling in the hippocampus and amygdala regulates metabolism and neurobehavior. Proc. Natl. Acad. Sci. USA 116, 6379–6384. https://doi.org/10.1073/pnas.1817391116 (2019).

- Morton, G. J. & Schwartz, M. W. Leptin and the central nervous system control of glucose metabolism. *Physiol. Rev.* 91, 389–411. https://doi.org/10.1152/physrev.00007.2010 (2011).
- Bruning, J. C. et al. Role of brain insulin receptor in control of body weight and reproduction. Science 289, 2122–2125. https://doi. org/10.1126/science.289.5487.2122 (2000).
- 28. Sipols, A. J., Baskin, D. G. & Schwartz, M. W. Effect of intracerebroventricular insulin infusion on diabetic hyperphagia and hypothalamic neuropeptide gene expression. *Diabetes* 44, 147–151. https://doi.org/10.2337/diab.44.2.147 (1995).
- 29. Lie, D. C. et al. Wnt signalling regulates adult hippocampal neurogenesis. Nature 437, 1370-1375 (2005).
- 30. Kuwabara, T. et al. Wnt-mediated activation of NeuroD1 and retro-elements during adult neurogenesis. Nat. Neurosci 12, 1097–1105. https://doi.org/10.1038/nn.2360 (2009).
- 31. Naya, F. J., Stellrecht, C. M. & Tsai, M. J. Tissue-specific regulation of the insulin gene by a novel basic helix-loop-helix transcription factor. *Genes Dev.* 9, 1009–1019. https://doi.org/10.1101/gad.9.8.1009 (1995).
- 32. Liu, M. et al. Loss of BETA2/NeuroD leads to malformation of the dentate gyrus and epilepsy. Proc Natl Acad Sci U S A 97, 865–870. https://doi.org/10.1073/pnas.97.2.865 (2000).
- Naya, F. J. et al. Diabetes, defective pancreatic morphogenesis, and abnormal enteroendocrine differentiation in BETA2/neuroD-deficient mice. Genes Dev 11, 2323–2334. https://doi.org/10.1101/gad.11.18.2323 (1997).
- 34. Miyata, T., Maeda, T. & Lee, J. E. NeuroD is required for differentiation of the granule cells in the cerebellum and hippocampus. *Genes Dev.* 13, 1647–1652. https://doi.org/10.1101/gad.13.13.1647 (1999).
- Knight, B. B. et al. Survivin upregulation, dependent on leptin-EGFR-Notch1 axis, is essential for leptin-induced migration of breast carcinoma cells. Endocr. Relat. Cancer 18, 413–428. https://doi.org/10.1530/ERC-11-0075 (2011).
- Meschi, E., Leopold, P. & Delanoue, R. An EGF-responsive neural circuit couples insulin secretion with nutrition in drosophila. Dev Cell 48, 76–86. https://doi.org/10.1016/j.devcel.2018.11.029 (2019).

Acknowledgements

This work was supported by NIA AG033570, AG060238, AG062251, AG061628, AG057468 (OL), RO1AI131267 and RO1ES028149 (MB).

Author contributions

J.A.B. planned and performed experiments, analyzed data and wrote the manuscript, A.S. and T.K.L.S. performed experiments and analyzed data, M.G.B. and R.D.M. provided reagents and wrote the manuscript, O.L. planned experiments, supervised experiments and data analysis and wrote the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to O.L.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2020