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Electrophysiological correlates of interference control in the modified emotional Stroop task with emotional stimuli differing in valence, arousal, and subjective significance

Kamil K. Imbir^{1*}, Maciej Pastwa¹, Joanna Duda-Goławska², Adam Sobieszek¹, Marta Jankowska¹, Aleksandra Modzelewska¹, Adrianna Wielgopolan¹, Jarosław Żygierewicz²

1 Faculty of Psychology, University of Warsaw, Warsaw, Poland, 2 Faculty of Physics, Biomedical Physics Division, Institute of Experimental Physics, University of Warsaw, Warsaw, Poland

* kimbir@psych.uw.edu.pl

Abstract

The role of emotional factors in maintaining cognitive control is one of the most intriguing issues in understanding emotion-cognition interactions. In the current experiment, we assessed the role of emotional factors (valence, arousal, and subjective significance) in perceptual and conceptual inhibition processes. We operationalised both processes with the classical cognitive paradigms, i.e., the flanker task and the emotional Stroop task merged into a single experimental procedure. The procedure was based on the presentation of emotional words displayed in four different font colours flanked by the same emotional word printed with the same or different font colour. We expected to find distinct effects of both types of interference: earlier for perceptual and later for emotional interference. We also predicted an increased arousal level to disturb inhibitory control effectiveness, while increasing the subjective significance level should improve this process. As we used orthogonal manipulations of emotional factors, our study allowed us for the first time to assess interactions within emotional factors and between types of interference. We found on the behavioural level the main effects of flanker congruency as well as effects of emotionality. On the electrophysiological level, we found effects for EPN, P2, and N450 components of ERPs. The exploratory analysis revealed that effects due to perceptual interference appeared earlier than the effects of emotional interference, but they lasted for an extended period of processing, causing perceptual and emotional interference to partially overlap. Finally, in terms of emotional interference, we showed the effect of subjective significance: the reduction of interference cost in N450 for highly subjective significant stimuli. This study is the first one allowing for the investigation of two different types of interference in a single experiment, and provides insight into the role of emotion in cognitive control.

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1. Introduction

Each day, we are flooded by an 'informational tsunami' and forced to process plenty of stimuli. However, our cognitive capabilities have their limits [1]. To achieve our goals and focus on important stimuli, we need a special mechanism, i.e., cognitive control. It is a mental ability, combined from distinct and autonomous, but somehow correlated subcomponents [2,3]. Cognitive control helps us to concentrate on the relevant incentives while ignoring the non-significant ones. A recent review of brain imaging data suggests that the essential factors of cognitive control are shifting, which is the ability to flexibly change between task-sets or goals; updating, monitoring and changes to working memory; and inhibition, which helps to suppress the automatic or prepotent response [2]. Among the critical inhibitory processes, interference control has to be discussed. Generally speaking, this mechanism is responsible for suppressing the stimulus that entails a competitive response and suppressing the distraction that can slow down current working memory operations.

In the current study, we distinguished between two types of interference control measured in different paradigms [4]. Interference control may be perceptual, i.e., based on an object's perceived characteristics (e.g., the physical similarity of letter shapes). This type of interference is present, for example, in the flanker task [5]. However, interference control may also be associated with a stimulus's meaning (e.g., a word eliciting high arousal). In this way, it is inevitably combined with emotional functioning. This type of interference control can be measured, for example, in the emotional functioning. This type of interference control can be measured, for example, in the emotional Stroop task (EST) [6]. In the current study, we wanted to examine whether emotional factors such as valence, arousal (the physical form of activation associated with emotions), and subjective significance (the reflective form of activation related to emotions) influence interference control at perceptual or conceptual levels [7]. Emotional interference is in this case indistinguishable from conceptual interference, as the words used as experimental stimuli were loaded with a particular emotional charge. Event Related Potentials (ERP) measures are suitable for this aim because they allow careful investigation of changes associated with specific emotional factors.

1.1. Emotional factors influencing interference control

A stimulus's emotional load can be described along several dimensions, among which valence and arousal seem to be two critical and separate components [8]. Valence refers to the experience of pleasantness vs. unpleasantness of the stimuli, resulting in an approach or avoidance reaction, whereas arousal indicates the level of bodily activation induced by stimuli exposition [9–11] and its biological aspects appraisal [12]. Interestingly, both mentioned components can be treated as orthogonal elements constituting an emotional experience [8,13]. Therefore, manipulation of one factor while controlling the other is possible and can be used in cognitive control tasks (e.g. [14,15]). Valence describes the evaluation of the stimuli as negative, positive, or neutral. In other words, the unpleasantness vs. pleasantness of the emotional reaction. Research has shown that emotionally loaded stimuli are processed faster than neutral ones as they engage more attentional resources [16]. Additionally, human perception is biased to detect possibly dangerous stimuli. Therefore, negatively loaded stimuli capture more attention than positive ones as this is crucial for survival [17,18]. Arousal manifests a level of energy induced by an emotional reaction, and it is related to the automatic, experiential system based on Epstein's typology [19]. Arousal tends to be a more biologically driven, survival-oriented reaction. Therefore, highly arousing stimuli provoke malfunctioning of complex cognitive processing, such as, for example, cognitive control [20].

However, one should consider the relationship between valence and arousal more carefully. Data suggest that the reported emotional load of words on arousal and valence scales remain

in relation best described by a quadratic function [20,21]. Stimuli characterised as highly positive or highly negative are perceived as more arousing than neutrally valenced ones (e.g. [22,23]). The findings discussed above question the assumption of the orthogonal relationship between the related components. Therefore, it seems crucial to select verbal materials with caution, respecting the association between both factors and adjusting the arousal level to ensure uniform comparisons such as highly arousing negative stimuli compared to highly arousing positive stimuli [24].

Another component describing the emotional experience is the subjective significance, comparable to arousal as it is a type of activation resulting from reflective processes [20,25]. Subjective significance refers to the importance assigned to the stimulus from the perspective of the individual's goals and needs. It might tend to evoke more demanding and energy-consuming systematic cognitive processing [25]. Subjective significance is a similar phenomenon to will-power [26] or the salience concept [27]. Similarly, as arousal activates the experiential mind system, subjective significance is associated with the second, rational (or reflective) system [19,25].

The influence of valence and arousal in cognitive control tasks (like the flanker task or the EST) has shown that emotionally loaded words tend to provoke longer response times compared to neutral ones [6,28]. Firstly, in the classical flanker task, where a positive mood was elicited, more significant interference and slower reaction times were observed than for negative or neutral mood conditions [29]. Additionally, some research used an emotionally modified flanker task where participants were asked to distinguish between the flanker and target stimulus with different arousal levels. It was found that, in a congruent condition (flanker and target stimuli were expressing the same affect), the reaction time was faster compared to incongruent trials (see for example [30-32]). Past results suggest that valence provokes interference in this type of task. The influence of valence and arousal on cognitive control were observed in Van Steenbergen, Band, and Hommel's experiment [33]. Different types of moods were activated by listening to music and evoking positive memories. Moreover, valence significantly affects cognitive control in tasks, such as the EST, flanker task, and Simon task. In the case of arousal, it was observed that highly arousing verbal stimuli result in emotional interference separately from the valence effect [13]. Additionally, research has shown that the arousal induced by physical activity supports cognitive processing in congruent trials but undermines it in incongruent trials [34]. The influence of arousal on cognitive control was also demonstrated in a study using the recall of emotionally loaded words [35,36]. At the same time, data illustrating the effect of subjective significance on cognitive control is still missing [29].

1.2. Electrophysiological correlates of interference control

1.2.1. Flanker task. The flanker task is designed to verify the cognitive charge required for processing [5]. In this task, stimuli presented to the participant are surrounded by the same (in congruent trials) or other stimuli (in incongruent trials). In some studies, neutral conditions are also used. In this case, the distractors flanking the central stimulus are not related to it [37]. The participant is required to respond to the central stimulus, ignoring the flanking stimuli. It has been shown that, on the behavioral level, task solving efficiency is influenced only by the congruency between the central stimulus and the flanker. Namely, incongruent trials have been found to cause slower responses than congruent trials [29,30,37–41]. This effect is caused by the conflicting responses to the tasks. In incongruent conditions, the flankers prime the actual response, generating conflict observed in the response times.

The conflict between responses can also be observed in neural activity. Some authors suggest that the N200 component observed in the anterior parts of the scalp may be the first indicator of visual conflict in the flanker task [40,42,43]. Others argue that in the early period of 200–350 milliseconds after stimulus onset, another component may indicate the visual processing of the task, namely the P2 (or sometimes P200) component [44]. P2 is a positive potential observed from the frontal to parietal areas of the scalp. The differences between processing congruent and incongruent trials have been frequently reported within this component [42,44–47]. Results of an interesting experiment using the flanker task have shown, that processing the incongruent trials evoked larger amplitudes than processing the congruent ones in the P2 component, which in this study was identified as signal recorded over fronto-central areas in the time-period of 150–250 ms from stimulus onset [48].

The late positive complex (LPC) has also been observed to vary according to the flanker's congruency. LPC is a positive going wave observed over the parietal parts of the scalp about 400 milliseconds after the onset of the stimulus. This component has been originally tied to the processes related to memory [49,50], but effects within this component in the flanker task have been frequently reported [51,52]. Incongruent trials have been reported to evoke more positive potentials than congruent ones [53]. Taking into consideration the late time of the differences between incongruent and congruent trials in the LPC component and the associations of the component to the memory processes, it could be argued that the effects observed in the flanker task in LPC are caused by the decision-making process, which requires comparing the viewed stimuli with the previously remembered rules of the task [54,55].

Manipulating the flanker task's affective properties has been frequently reported to have an effect on behavioral characteristics [29,36,38,56,57]. When emotional valence is concerned, a negative affect has been reported to decrease the accuracy in the task [56,58], while positive affect has been reported to slow down reaction times [29,57]. High arousal has been reported to decrease the accuracy in the task [56,58], while positive affect has been reported to slow down reaction times [29,57]. High arousal has been reported to decrease the accuracy of the flanker task [56,59]. However, some studies report that both high and low arousal can cause interference in processing the task [39]. Some studies report that both high arousal may increase the speed of solving the task [59-61], while others report that both high and low arousal can slow down the processing of the task [39,62]. The subjective significance is an emotional dimension, which has not yet been extensively explored. However, a study using emotional stimuli significant to the participants showed that such stimuli could increase the interference in the flanker task [63].

Some authors suggest a difference between the influence on the flanker task of task-relevant vs. task-irrelevant emotional stimuli [64]. The most common way of using the task-relevant ones is employing the procedure of the emotional flanker task [30,65]. This procedure uses emotional stimuli contrary to arrows or geometric shapes used in the classic approach to the flanker task [5]. The stimuli used in the emotional flanker task could be pictures [30,65] or emotional words [66–68]. Analogically to the classic flanker task, negative stimuli have been reported to decrease the performance in the task [68].

Emotional factors also influence the components of ERPs during the processing of the flanker task or emotional flanker task. The valence dimension was reported to differentiate the amplitudes within the P200 component, namely positive stimuli evoke more positive potentials than the negative ones [69]. The context of safety, which could be connected to the positive valence of emotions and relatively low arousal, was also reported to evoke more positive P200 amplitudes in the flanker task than in the threat context, which could be interpreted as negative and highly arousing [70]. The stimuli presenting people from the same race as the participant, which could be interpreted as more positive and more significant stimuli, were also reported to evoke more positive amplitudes than the stimuli presenting people of different races [71]. Valence was also reported to influence the early posterior negativity (EPN) component. EPN is a negative-going wave observed in the posterior parts of the scalp at around 200–350 ms after stimulus onset. Namely, the negative stimuli have been reported to evoke more

negative potentials than neutral ones [72]. Also, in the LPC component, positively valenced stimuli have been reported to evoke more positive potentials than negative ones [69].

1.2.2. Emotional Stroop task. The EST is a modification of the classical Stroop task [73], which measures interference control [4]. As in the classical Stroop task, the participant's primary task in EST is to name the font color of the presented word. The difference is the nature of the interference, which in this case is caused by the emotional load of the word [4,74]. The target words in the EST are carefully chosen to differ only in emotional factors (e.g., valence, arousal, or subjective significance) while being matched concerning other relevant properties (e.g., frequency, length, or grammatical class). This allows us to infer that the behavioral slowdown and ERP effects observed reflect the automatic attraction of attention caused by the word's emotional load [24,75].

EST is a useful procedure in studies involving participants with clinical disorders, such as depression, anxiety and PTSD [76]. This procedure is based on recognising the emotional traits of a word, which causes the interference in processing. The emotional charge causing the interference may be amplified in clinical groups when the meaning of the word is related to the objects evoking anxiety, stress or depressive states [13,77,78]. The results of EST may differ between normal participants and trauma survivors, even if the trauma itself did not cause clinical disorders, which was observed on the difference between adults raised in biological families and orphanages [79]. Some researchers even suggest, that with a particular choice of words EST may be used in predicting the possibility of self-harm and suicide [80].

Past ERP studies investigating the effects of the emotionality of words in EST focused primarily on valence. It is first worth noting that emotional words are processed differently from other, more salient emotional stimuli. While processing emotional scenes and faces modulates very early ERP components, emotional word processing has a much more pronounced effect on later ERP components associated with semantic analysis [81]. As one comprehensive review of EEG and fMRI data [82] reports, most cited studies on emotional word processing show emotional effects (e.g., more negative amplitudes for negative relative to neutral words) starting at the 200–300 ms time-window.

The first effect, reported in studies investigating the effect of valence on ERPs, is the increase in occipitotemporal negativity for both negatively and positively valenced words relative to neutral words called the early posterior negativity (EPN) effect. This effect has been reported in silent word reading [83–85] and lexical decisions [84,85].

Valence effects on EPN have been reported to start as early as 100 ms (e.g., [86]). However, as such early potentials are mainly influenced by orthographic features rather than semantic analysis [87], these findings may only reflect conditioned associations with the visual characteristics of valenced, high-frequency words [88], or represent a spillover effect of the block design, in which past conditions influence early potentials on the next stimulus [89].

The P2 component presents a less regular pattern of valence effects, as it has been reported to be sensitive to negative words only [90], positive words only [91], or both positive and negative words [92,93], generally producing a more positive amplitude relative to neutral words.

The N450 is the first component specific to the EST and is associated with cognitive control. It is observed in a 350–500 ms time window in fronto-central areas, sometimes taking the shape of global negativity [94,95]. It was found to be sensitive to the valence of presented words, enhancing negative amplitude for negative words [94,95], and correlating to a more general increase in amplitude while experiencing emotional interference [96–98]. Both P2 and N450 components tend to reaffirm and resemble the behavioral results in EST, presenting a more sensitive measure of inhibitory control [98,99].

The effects of valence on the LPC are somewhat inconsistent. Studies of silent word reading and lexical decisions report either that the processing of negative words evokes more positive

LPC amplitudes than neutral or negative words [7,83,88,93,100,101], or just the opposite pattern of results [84,85,102,103], but as LPC is claimed to be a manifestation of later stages of semantic processing [104,105] associated with attention and conscious recognition of stimulus [106], one regularity seems to find more and more support in the literature: LPC becomes more emotionally modulated as the level of attention to the valence of the word increases [107,108]. Specifically, González-Villar et al. [107] conducted a study using the EST and a task where participants had to judge the emotionality of words and found that the LPC was modulated by valence only in the latter one. This finding was later replicated by Delaney-Busch, Wilkie, and Kuperberg [109] under different task demands. Similarly, our previous EST study [98] found no valence effect on the LPC.

The literature on the effects of arousal on LPC is less robust than that of valence. The study mentioned above by Delaney-Busch et al. [109] found that while valence did not modulate the LPC in a task in which participants judged whether a word denotes an animal, an increase in the amplitude of the LPC was observed for high arousal words, relative to words with a low level of arousal.

As for earlier components, our previous ERP study in the EST paradigm [98] found that the P2 component was modulated by arousal, exhibiting a more positive amplitude for high arousal words when compared to moderate arousal words. Similar previous results include those of Thomas et al. [99], who found that threat-related words elicit more positive amplitude P2 responses than neutral words.

Subjective significance, being the factor that only recently started to be examined experimentally, is most lacking in systematic empirical studies. Research has already indicated its influence on ERP components. For example, Herbert et al. [110] showed that emotional stimuli self-referentiality correlated with greater LPC amplitudes. Recently, we have demonstrated [111] that subjective significance influences even earlier components, such as FN400. In a lexical decision task experiment, amplitudes for highly significant words were more positive than for words of low subjective significance while controlling for arousal and valence. Because such a task employs deeper processing of words than the EST and, as we discussed, the strength of ERP effects tends to resemble the depth of processing and attention to emotional factors, it remains an empirical question whether subjective significance modulates components related to inhibitory control in the EST. Preliminary behavioral results showed that subjective significance shaped reaction times [25]. Even more promisingly, in an EST experiment with a much shorter word list and not examining valence effects [98], we found that subjective significance modulated the N450 and even the P2 components. The P2 amplitude was more positive for moderately significant words relative to highly significant words. The N450 amplitude was more positive for highly significant words as compared to minimally significant words.

1.2.3. Merging the flanker task with the emotional Stroop task. Many procedures have been proposed that merge the emotional flanker task with the EST [33,112]. In different variations of this task, the emotional word, written in a specific colour, is either placed next to the flanker word [113] or surrounded by flanker words [113–117]. Some researchers also use separate screens, including and excluding flankers with a short break between them [117]. The words used as flankers could be the names of the colours [33,113] or the same words as the target written in either the same colour (congruent condition) or a different colour (incongruent condition) [113,115–117]. No matter the exact structure of the displayed trials, the participant's task is always to name the colour of the target word, as in the EST.

Combining the two tasks has been confirmed as a procedure revealing the influence of emotional charge on cognitive control. It has been reported that emotions speed up the processing of incongruent trials, both negative [114,118] and positive ones [116,119]; some

suggest that negative emotions may be more impactful [33,117]. These results suggest that both valence and arousal may speed up processing in this kind of task. As for the ERP results, the N200 component, usually involving differences in the flanker task, also turned out to be stimulated by emotions in the combination of flanker and Stroop tasks [43,118,119]; however, some studies also observed differences in the N450 component [113] typical to the EST. We hypothesise that, in this combination of two tasks, we could expect the effects related to processing both the flanker task and EST, as this task includes incongruence on the purely visual level and emotional stimulation on the level of the meaning of the word.

1.3. Aim and hypothesis

In the current experiment, we aimed to investigate the electrophysiological correlates of two different types of cognitive control that can be measured in the combined flanker and Stroop tasks: perceptual and conceptual (associated with meaning) levels of interference control [7]. In the flanker test, the interference is based on the perceptual features of the stimuli. In contrast, in the EST, the interference is based on stimuli meaning and emotional connotations. A high emotional load is thought to capture attention for stimulus processing, and thus it is harder to get the correct answer for an untrained task (naming the colour of the text). On the behavioural level, we expected both flanker incongruence and the affective features of words to impose interference costs and thus lengthen reaction times. Considering emotional factors, we predicted that increasing the arousal level would cause increasing difficulty in maintaining interference control (thus longer reaction latencies would be observed). We also predicted that increasing levels of subjective significance, a factor introduced as an activation mechanism for reflective and effortful processing, would increase the effectiveness of interference control, thus reducing reaction times.

The measurement of ERP correlates of cognitive processing gives us a unique chance to investigate, precisely in time, the course of changes evoked by the different types of cognitive interference (perceptual and conceptual). Since the analysed issue is relatively new in the literature, we decided to analyse the data using two different approaches: exploratory and classical component-based. Considering the exploratory approach, in general, we expected the effect of flanker congruency (perceptual features inhibition) earlier than the effects of emotional factors (conceptual meaning features interference). The amplitude in conditions characterising greater interference (e.g., incongruent flanking stimuli) was expected to be augmented (i.e., more negative or more positive, depending on the amplitude general tendency) in comparison to conditions characterising lower interference (e.g., congruent).

Considering the classical component-based approach, we expected to find the flanker congruency effect in EPN, i.e., more negative amplitudes for incongruent stimuli in comparison to congruent stimuli. We also expected to find arousal and subjective significance effects in the P2 and N450 components. Arousal was expected to impair inhibition control effectiveness and amplitudes were expected to be augmented (more positive in P2 and more negative in N450) for high arousal words conditions than low arousal words. Subjective significance was expected to improve the effectiveness of inhibition control. Thus, amplitudes were expected to be less augmented (less positive in P2 and less negative in N450) for the conditions with high subjectively significant words than low subjectively significant words. Finally, we expected to find a valence effect in LPC component amplitude, i.e., differentiation between negative and positive valence categories of words, since LPC indexes the meaning of word processing and discrimination of different categories [82].

We also expected interactions between the manipulated variables. However, because the current experiment was the first in the field allowing us to investigate this, we had no specific expectations, and we have treated this part of our work as pure exploration.

2. Materials and methods

2.1 Participants

The participants were recruited from various faculties of Warsaw universities. They had to meet the following criteria to be included in the experimental group, i.e., they had to be right-handed, native Polish speakers, without chronic clinical issues that may affect EEG recording directly or through medication (e.g. neurological and mental disorders). The participants had their vision intact or corrected to normal by glasses. They received a small compensation for taking part in the experiment. The entire experimental group consisted of 36 participants (18 men and 18 women), from 19 to 28 years old (M = 21.78; SD = 2.40). After collecting the data, some participants were excluded from EEG analyses if, due to excessive artefacts or extremely short or long response time, they had more than 50% of trials rejected. Effectively, there were 34 participants included in the further analysis, 18 men and 16 women, aged 19–28 years (M = 21.88; SD = 2.42).

Based on our previous research using similar procedures with the same emotional factors (Imbir et al., 2021), as well as other recent research (Citron et al., 2013; González-Villar et al., 2014), we estimated, that the expected effect sizes could be from $\eta^2 = .1$ to $\eta^2 = .21$ for simple effects and from $\eta^2 = .1$ to $\eta^2 = .28$ for interaction effects. We conducted a-priori power analysis using G-Power software (Faul et al., 2009), estimating that the number of participants needed to achieve a high statistical power of the study (at least .8) for the interaction of two factors would be at least 18 participants. The design of the study, with a large number of repeated measures for each emotional factor, ensures the high statistical power, while a larger number of participants (initially double the estimated number) allows us to observe an interaction of more than two factors–such interactions, however, are burdened with smaller statistical power.

We did not collect any personal data that would allow for the identification of the participants. The participants provided written informed consent to participate in the experiment, which was documented and stored in the research diary. The bioethical committee of the Faculty of Psychology at the University of Warsaw approved the design, experimental conditions, and procedure. All of the procedures involving human participants were done following the ethical standards of the institutional and national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

2.2 Design

We investigated the behavioural and electrophysiological measures related to interference control while performing a flanker task combined with EST. We manipulated the factors of valence (3 levels), arousal (3 levels), and subjective significance (3 levels) while controlling the following properties of words: concreteness, frequency of appearance in language, and length. There were also two levels related to the flanker task, i.e., the congruent or incongruent colours of stimulus vs. flankers.

2.3 Linguistic materials

2.3.1 Word selection. As the word stimuli, we used 405 nouns acquired from the Affective Norms for Polish Words Reload database [120]. In the process of validating this database, each word had been assessed on a self-assessment manikin scale [121] by 50 participants (25 women and 25 men) on eight different dimensions (Valence, Arousal, Dominance, Origin, Significance, Concreteness, Imageability, and Age of Acquisition). Mean values for every dimension were calculated for each of these words.

Words were divided into 27 groups (15 words each) by their valence (negative, neutral, and positive), arousal (low, moderate, and high), and subjective significance (low, moderate, and high). We also controlled for two other factors, namely the length of the words (the number of letters) and the frequency of usage in the Polish language, transformed into natural logarithms [122].

For the dimension of valence, mean ratings of the experimental stimuli were M = 3.98, SD = 0.54 for negative, M = 5.12, SD = 0.22 for neutral and M = 6.15, SD = 0.46 for positive words. As for the arousal, stimuli of low arousal had mean ratings M = 3.34, SD = 0.26, moderate arousal words were M = 3.98, SD = 0.15 and words of high arousal were M = 4.75, SD = 0.41. In subjective significance, words of low significance were M = 3.0, SD = 0.28, these of moderate significance M = 3.62, SD = 0.14, and stimuli of high subjective significance were M = 4.36, SD = 0.39. The list of words used in the experiment may be found in S1 Appendix.

We conducted ANOVA in a 3 (levels of valence) x 3 (levels of arousal) x 3 (levels of subjective significance) model for all dimensions (including also the two controlled ones), verifying the accuracy of experimental stimuli selection. To justify stimuli selection, we should obtain significant effects of valence levels on valence ratings only (treated as the dependent variable), effects of arousal on arousal ratings, and effects of significance on significance ratings. There should be no more significant effects, therefore indicating that groups were different on the experimental dimensions only.

As expected, we found significant differences between groups of valence divided by valence rating: F(2, 396) = 878.65, p < 0.001, $\eta^2 = 0.82$. There were no significant effects for valence divided by other experimental dimensions, namely for the arousal ratings: F(2, 396) = 1.60, p = 0.2, $\eta^2 = 0.008$ and for subjective significance ratings: F(2, 402) = 0.49, p = 0.61, $\eta^2 < 0.01$. There were also no significant differences between groups of valence on controlled dimensions: F(2, 402) = 0.65, p = 0.52, $\eta^2 < 0.01$ for the frequency of usage in the Polish language: F(2, 402) = 1.09, p = 0.34, $\eta^2 < 0.01$ for the number of letters.

On the dimension of arousal, we found only a significant effect for groups of arousal divided by arousal ratings: F(2, 396) = 775.90, p < 0.001, $\eta^2 = 0.80$. We did not find any statistically significant effects for arousal on the scale of valence: F(2, 396) = 0.69, p = 0.5, $\eta^2 = 0.003$, or subjective significance: F(2, 402) = 0.025, p = .98, $\eta^2 < 0.01$. Again, there were no differences between groups of arousal on the frequency of usage in the Polish language: F(2, 402) = 0.68, p = 0.5, $\eta^2 < 0.01$ or for the number of letters: F(2, 402) = 0.066, p = 0.98, $\eta^2 < 0.01$.

For subjective significance, there was only an effect for the groups of significance divided by significance ratings: F(2, 396) = 747.32, p < 0.001, $\eta^2 < 0.798$. There were no significant effects for valence ratings: F(2, 396) = 2.27, p = 0.10, $\eta^2 = 0.01$, or arousal ratings: F(2, 396) =0.12, p = 0.89, $\eta^2 = 0.001$. Also, for this dimension, there were no differences between groups on the frequency of usage in the Polish language F(2, 402) = 0.92, p = 0.72, $\eta^2 < 0.01$ or the number of letters: F(2, 402) = 1.18, p = 0.15, $\eta^2 < 0.01$.

2.4 Procedure

The participants sat in a comfortable chair. The words were displayed on a 17.3-inch diagonal LCD, at a distance of approximately 1 m from the participant's eyes. The font was Helvetica, a size of 10 percent of the screen height. Participants were encouraged to respond as quickly and as accurately as possible.

The task was to assess the font colour of the middle word by pressing tagged keys on the keyboard. Above and below the target stimuli, there was the same word but printed in either a congruent or incongruent font colour. The content and latency of the response were recorded. A single experiment consisted of two runs of comprised 810 trials, i.e., 15 words in each of 27

categories (3 arousal levels x 3 valence levels x 3 subjective significance levels, repeated in two conditions (congruent and incongruent). The categories were presented in blocks. The order of the categories in each run was randomised. The order of words within a block and order of congruent/incongruent conditions was also randomised but subjected to the condition that the same word could not be presented in successive trials. A trial proceeded as follows:

- 1. Fixation cross displayed for a randomly varied interval between 400-500 ms.
- 2. The stimulus presented until the participant responds, but not shorter than for 300 ms.
- 3. The blank screen displayed for a randomly varied interval between 1000–1100 ms.

The experimental protocol provided three-second breaks for normal blinking every 30 trials. A break self-regulated by the participant separated the runs of the experiment. The procedure is outlined in Fig 1.

2.5 EEG recording

2.5.1 Apparatus. The stimuli were displayed on a standard personal computer monitor. The stimuli were synchronised to EEG recording by a circuit that recorded changes in the brightness of a small rectangle on display, covered from the participant's view. Its brightness changed synchronously with the content of the screen. We recorded EEG signals from 19 electrode sites: Fz, Cz, Pz, Fp1/2, F7/8, F3/4, T7/8, C3/4, P7/P8, P3/4, O1/2 referenced to linked earlobes. The ground electrode was placed at the AFz position. All impedances were kept at a similar value below 5 kOhm. The signal was acquired using a Porti7 (TMSI) amplifier, sampled at 1024 Hz.

2.5.2 Offline EEG signal processing. We conducted offline signal processing utilising Matlab® with the EEGLAB toolbox [123] and custom-made scripts. Offline, the signal was



Fig 1. Diagram of the experimental protocol. The task was to assess the font colour of the middle word ignoring the colour of the word above and below the target. In the diagram, an incongruent example is shown.

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zero-phase filtered. We used the second-order Butterworth filters with 12 dB/octave roll-off; the high-pass filter cut-off was 0.1 Hz, the low-pass cut-off was 30 Hz. Additionally, we used the notch filter for the 49.5–50.5 Hz band, also implemented as the second-order Butterworth filter.

We extracted intervals ranging from -200 to 800 ms, with 0 being the onset of the stimulus. The signals were baseline corrected to the interval -200 to 0 ms. We removed from further analysis trials in which the participant did not correctly identify the colour of the presented word.

Additionally, we removed trials with response time shorter than the (Q1-W) or longer than the (Q3 + W) of the response time individually for each participant, where Q1 is the 25th percentile, Q3 is the 75th percentile, W = $1.5^*(Q3-Q1)$. These operations were performed on data transformed by a natural logarithm. Effectively, the response time for the analysed data across all participants is within 295–5700 ms. The mean number of trials per condition was M = 28.59, SEM = 0.03.

We prepared the data in the following way. Bad channels were identified as those with normalised kurtosis greater than 5. They were removed and interpolated. Because the stimulus consisted of three lines of text, there were many saccades, which could influence the analysis. Therefore, the signals were decomposed into independent components using the runica algorithm. Components related to blinks and saccades were identified and removed using the MARA procedure [124]. The remaining components were used to reconstruct the clean signal at the electrodes.

2.6 Statistical procedures

The distribution of response accuracy was not Gaussian; therefore, the significance of effects concerning this variable was assessed using the Kruskal-Wallis test.

The effects concerning other variables, with approximately normal distributions, were assessed using ANOVA with repeated measures in a hierarchical procedure. We investigated behavioural effects (logarithm of reaction time) and the classical EEG component amplitude effects. The significant main effects were analysed with post-hoc paired t-tests with Holm's correction for repeated comparisons [125]. The significant two-way interactions were similarly investigated using post-hoc paired t-tests with Holm's correction (we report the corrected p-values). In the case of significant three-way interactions, they were further analysed by a series of two-way ANOVAs with the levels of a selected variable set iteratively to subsequent levels. The selected variables were permuted. The significance of the effects repeatedly appearing in the series was assessed, taking into account the Bonferroni correction for the number of multiple comparisons, but note that for these analyses, we report the uncorrected p-values. The significant two-way interactions were further investigated using post-hoc t-tests with Holm's correction. In case an effect could be obtained by different paths in the hierarchical analysis, we report the most conservative result.

We also performed an exploratory analysis of the EEG effects. In this case, there were additionally two factors that we had to consider: time-window and region of interest (ROI). On the first level of the procedure, we performed a four-way ANOVA with repeated measures, one for each time window. The significance of the effects repeatedly appearing in the series was corrected for multiple comparisons by the Bonferroni correction.

The mean ERP amplitude within a given time window was the dependent variable, and the independent variables were valence, arousal, significance, and ROI. Similarly, we investigated the interaction effects occurring between the factors at subsequent steps through the analysis of variance, which took as independent variables the interacting factors from a previous step,

as for behavioural and classical component-based ERP analysis. We continued the investigation to a level at which one could understand the interactions in terms of differences in effects of simple factors, or by the interaction of two factors, under specific conditions determined by the particular levels of the other factors. We performed the post-hoc analysis using pairwise ttests. We handled the problem of multiple comparisons by utilising the Holm procedure. We checked the sphericity with Mauchly's test and applied the Greenhouse-Geisser correction where necessary. The analyses were implemented in the R statistical package [126].

3. Results

3.1 Behavioural

3.1.1. Response accuracy. We investigated the accuracy of performing the task (M = 97.43%, SEM = 0.27%). We performed a series of Kruskal-Wallis rank sum tests for each of the design factors. We did not obtain any significant effects, namely the statistics are for valence ($\chi^2(2) = 2.13 \ p > .05$), for arousal ($\chi^2(2) = 0.16, \ p > .05$), for subjective significance ($\chi^2(2) = 0.28, \ p > .05$), and for flanker congruency ($\chi^2(2) = 0.56, \ p > .05$).

3.1.2 Reaction time. We performed ANOVA with repeated measures on the natural logarithms of reaction times. We obtained a significant main effect of subjective significance (*F*(2, 66) = 3.38, p = .040; $\eta^2 = 0.09$). The post-hoc tests showed that, for moderately significant stimuli, the latency (M = 913.24 ms, SEM = 28.72 ms) was significantly shorter than for low significant words (M = 934.33 ms, SEM = 27.14 ms; t(33) = -2.56, p = .046, d = -0.89) (Fig 2A). Furthermore, the main effect of flanker congruency also was significant (*F*(1, 33) = 85.56, p < .001; $\eta^2 = 0.72$). Here, the latency for incongruent (M = 943.10 ms, SEM = 29.32 ms) colours was significantly longer than in the case of congruent colours (M = 901.47 ms, SEM = 26.73 ms; t(33) = 9.25, p < .001, d = 3.22) (Fig 2B). The main effects of neither valence nor of arousal were found significant.





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Moreover, we obtained a significant effect of interaction between valence and arousal (*F*(4, 132) = 2.64, p = .037; $\eta^2 = 0.07$). Further analysis of variance within each level of valence revealed that for neutral stimuli there was a main effect of arousal levels (*F*(2, 66) = 7.21, p = .001; $\eta^2 = 0.18$). The post-hoc tests showed that latency for high arousal words (M = 947.64 ms, *SEM* = 27.38) was longer than for both low arousal (M = 921.68 ms, *SEM* = 33.95 ms; *t*(33) = -3.07, p = .013, d = -1.07), and for moderate arousal (M = 919.56, *SEM* = 31.61; *t*(33) = -3.06, p = .013, d = -1.06) stimuli.

3.2 EEG

3.2.1 Exploratory approach. For the exploratory analysis of ERP amplitude, we selected three regions of interest (ROI): frontal (F: F3, Fz, F4), central (C: C3, Cz, C4), and parietal (P: P3, Pz, P4), as they allow the study of possible frontal-posterior asymmetry. Furthermore, we selected five time windows: 60-120 ms, 120-220 ms, 220-290 ms, 290-390, and 390-550 ms. The choice of these ranges was based on the global field power (GFP) curve (Fig 3). Successive minima and inflection points of GFP were used to determine the edges of evoked potential components. The topographic plots of amplitude distribution at the bottom of Fig 3 illustrate the microstates corresponding to the components. The overview of the time course of obtained ERPs is given in Fig 4. We conducted a four-way analysis of variance with repeated measures in successive time windows. The summary of the obtained results is shown in Fig 5. All amplitudes are given in μ V. Below we present details of the obtained results including the non-significant main effects.

For the **time range of 60–120 ms**, we only observed the main effect of flanker congruency $(F(1, 33) = 9.05, p = .005; \eta^2 = 0.22)$. The amplitude for incongruent colours (M = -0.24, SEM = 0.28) was significantly more negative than in the congruent case (M = -0.09, SEM = 0.28; t(33) = -3.01, p = .005, d = -1.05) (Fig 5A). We did not find a main effect of the other factors, i.e., valence, arousal, or subjective significance.

In the **time window of 120-220ms**, we also obtained a main effect of flanker congruency (*F* (1, 33) = 9.90, p = .003; $\eta^2 = 0.23$). The amplitude in the incongruent (M = 4.87, SEM = 0.56) condition was significantly more positive than in the congruent condition (M = 4.63, SEM = 0.53; t(33) = 3.15, p = .003, d = 1.10). (Fig 5B). The main effects of other factors were



Fig 3. The global field power (upper trace) and topographical distribution of mean amplitude in the selected timewindows (lower part). The vertical lines mark the boundaries of the successive time windows.

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Fig 4. The grand average across all participants and ROIs for each factor and each level. The vertical lines mark the boundaries of the selected time windows. Horizontal axis: time in ms; vertical axis: amplitude in μ V.

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not significant, i.e., valence (F(2, 66) = 0.60, p = 0.55, $\eta^2 = 0.02$), arousal (F(2, 66) = 0.78, p = 0.46, $\eta^2 = 0.02$), and subjective significance (F(2, 66) = 0.41, p = 0.67, $\eta^2 = 0.01$).

Furthermore, an interaction between ROI and flanker congruency (F(1.20, 39.74) = 36.51, p < .001, $\eta^2 = 0.53$) was found. Mauchly's test indicated that the assumption of sphericity had been violated for this factor (Xi2 (2) = 0.34, p < .001), so degrees of freedom were corrected using Greenhouse-Geisser estimates of sphericity (epsilon = 0.60). Further analysis within each ROI revealed that the effect of flanker congruency was significant in frontal (F(1, 33) = 29.51, p < .001; $\eta^2 = 0.47$) and central (F(1, 33) = 16.10, p < .001; $\eta^2 = 0.33$) ROIs. In both cases, the amplitude for the incongruent condition was more positive than for the congruent condition. Namely, the following statistics were observed: in the frontal ROI, incongruent (M = 6.33, SEM = 0.65) vs. congruent (M = 5.84, SEM = 0.63; t(33) = 5.43, p < .001, d = 1.89) (Fig 5C); in the central ROI. incongruent (M = 5.14, SEM = 0.59) vs. congruent (M = 4.80, SEM = 0.56; t(33) = 4.01, p < .001, d = 1.40) (Fig 5D).

Moreover, a three-way interaction between arousal, valence, and subjective significance (*F* (8, 264) = 3.21, p = .002; $\eta^2 = 0.09$) was found. Further ANOVA tests within each level of subjective significance showed that, for the moderate level, there was an interaction between valence and arousal (*F*(4, 132) = 5.63, p < .001; $\eta^2 = 0.15$). Post-hoc tests revealed that the amplitude in case of neutral, high arousal words (M = 5.00, SEM = 0.58) was more positive



Fig 5. Illustration of significant effects found in the exploratory analysis of ERPs. Main effects of flanker congruency in successive time windows: a) 60–120 ms, b) 120–220 ms. Effect of interaction between flanker congruency and ROIs: c) frontal, and d) central, in 120–220 ms time window. Main effects of flanker congruency in successive time windows: e) 290–390 ms, f) 390–550 ms. g) Interaction between valence and significance for high arousal words in the time window 220–290 ms. h) Interaction between arousal and valence for words of moderately subjective significance in the time window 120-220ms. i) The main effect of significance in time window 290–390 ms. j) Effect of valence for low arousal stimuli in the time window 290–390 ms.

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than for neutral and low arousal stimuli (M = 4.24, SEM = 0.56; t(33) = -3.55, p = .041, d = -1.24). In case of low arousal, negative stimuli (M = 5.03, SEM = 0.60) the amplitude was more positive than for low arousal, neutral stimuli (M = 4.24, SEM = 0.56; t(33) = -3.86, p = .018, d = -1.34) (Fig 5G).

In the **time window of 220–290 ms**, we did not find any significant main effects. However, an effect of the three-way interaction between valence, arousal, and subjective significance was found (F(8, 264) = 2.972, p < .003; $\eta^2 = 0.08$). Further analysis within each level of arousal showed that, in the case of high arousal words, there was an interaction between valence and subjective significance (F(4, 132) = 4.39, p = .002; $\eta^2 = 0.12$). The post-hoc tests revealed that, for moderately significant words, the amplitude was more positive in the neutral (M = 4.70, SEM = 0.66) vs. the positive condition (M = 3.64, SEM = 0.68; t(33) = -4.30, p = .005, d = -1.50). Moreover, for positive words, the amplitude was more positive for highly significant (M = 4.47, SEM = 0.60) than for moderately significant stimuli (M = 3.64, SEM = 0.68; t(33) = -3.53, p = .044, d = -1.23) (Fig 5H).

In the **time window of 290–390 ms**, we obtained the effect of flanker congruency (*F*(1, 33) = 12.63, *p* = .001; η^2 = 0.28). The average amplitude was significantly more positive in the incongruent (*M* = 2.99, *SEM* = 0.70) than in the congruent condition (*M* = 2.60, *SEM* = 0.71; (*F*(1, 33) = 12.63, *p* = .001; η^2 = 0.28) (Fig 5E). Furthermore, the main effect of subjective significance (*F*(2, 66) = 8.46, *p* = .001; η^2 = 0.20) was found. The amplitude for words of high

subjective significance (M = 3.02, SEM = 0.71) was more positive than both for words of low subjective significance (M = 2.66, SEM = 0.68; t(33) = -4.39, p < .001, d = -1.53), and for moderately subjective significance (M = 2.72, SEM = 0.73; t(33) = -3.22, p = .006, d = -1.12) (Fig 51). The main effects of the other two factors, i.e., valence and arousal, turned out to be insignificant.

Moreover, we observed a significant effect of interaction between arousal and valence (F (2.94, 97.16) = 4.04, p = .010, η^2 = 0.11). Mauchly's test indicated that the assumption of sphericity had been violated for this factor (Xi2 (4) = 0.53, p = .021)m so degrees of freedom were corrected using Greenhouse-Geisser estimates of sphericity (epsilon = 0.74).

Further analysis within the levels of arousal showed that the effect of valence was significant for low arousal words ($F(2, 66) = 4.49, p = .015; \eta^2 = 0.12$). The post-hoc tests revealed that the amplitude for neutral stimuli (M = 2.54, SEM = 0.71) was significantly less positive than both for the negative (M = 3.03, SEM = 0.71; t(33) = -2.43, p = .041, d = -0.85) and positive (M = 3.04, SEM = 0.74; t(33) = 3.16, p = .010, d = 1.10) stimuli (Fig 5]).

In the **time window of 390–550 ms**, we observed only a main effect of flanker congruency $(F(1, 33) = 14.39, p = .001; \eta^2 = 0.30)$. The amplitude was significantly more positive in the incongruent (M = 2.26, SEM = 0.72) than in the congruent condition (M = 1.80, SEM = 0.69; t (33) = 3.79, p = .001, d = 1.32). The main effects of the other factors were insignificant.

3.2.2 Classical approach. Besides the exploratory approach, we also analysed relevant components known from the literature to possibly be related to the tasks in the current experiment. We analysed the mean amplitude in the EPN, P2, N450, and LPC components. In the following subsections, we describe the details of effects found for each of them. Additionally, in <u>S2 Appendix</u> we report the descriptive statistics and ANOVa results including the non-significant main effects.

We analysed the mean amplitude in the time window 100 ms to 200 ms (Fig 6A) in the region of interest characteristic for the EPN component, ROI_{EPN}, i.e., (O1, O2, T5, T6). We obtained the main effect of flanker congruency ($F(1, 33) = 31.60, p < .001; \eta^2 = 0.49$) The amplitude for incongruent colours (M = -1.73, SEM = 0.41) was significantly more negative than for the congruent condition (M = -1.35, SEM = 0.40; t(33) = -5.62, p < .001, d = -1.96) (Fig 6B). The main effects of the other factors were insignificant.

Additionally, we observed an interaction between subjective significance, valence, and flanker congruency (F(4, 132) = 2.50, p = .045; $\eta^2 = 0.07$). Further analysis within the levels of subjective significance showed that there was an interaction between valence and flanker congruency for moderately significant conditions (F(2, 66) = 4.92, p = .010; $\eta^2 = 0.13$). The posthoc tests revealed that the amplitude for negative incongruent stimuli (M = -1.83, SEM = 0.40) was significantly more negative than for the negative congruent stimuli (M = -1.38, SEM = 0.42; t(33) = -3.76, p = .009, d = -1.31) (Fig 6C). Furthermore, the amplitude in the positive incongruent condition (M = -1.25, SEM = 0.42; t(33) = -3.98, p = .005, d = -1.39) (Fig 6C).

We analysed the mean **P2** amplitude in the time window 160–250 ms in the region of interest characteristic for this component (ROI_{P2}), i.e., F3, Fz, F4, C3, Cz, C4, P3, Pz, and P4. The ground mean for the P2 component is shown in Fig 7A. We observed the main effect of valence (F(2, 66) = 4.25, p = .018; $\eta^2 = 0.11$). The post-hoc tests showed that the amplitude for neutral (M = 5.39, SEM = 0.61) was significantly more positive than for the negative condition (M = 5.21, SEM = 0.61; t(33) = 2.92, p = .019, d = 1.02) (Fig 7B). Furthermore, we obtained a main effect of flanker congruency (F(1, 33) = 5.35, p = .027; $\eta^2 = 0.14$). The amplitude for the congruent condition (M = 5.42, SEM = 0.60) was more positive than for the incongruent one (M = 5.24, SEM = 0.62; t(33) = -2.31, p = .027, d = -0.81) (Fig 7C). The main effects of arousal and subjective significance were not insignificant.



Fig 6. a) Grand mean for the EPN component. The time of the EPN waveform is marked in pink. In the inset, the topography of the mean amplitude is shown, the enlarged dots mark the channels constituting the ROI_{EPN}. b) The main effect of flanker congruency. c) Effect of the interaction between valence and flanker congruency for a moderate level of subjective significance.

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Moreover, we observed an interaction between arousal and valence ($F(3.12, 102.95) = 3.75, p = .012, \eta^2 = 0.10$). Mauchly's test indicated that the assumption of sphericity had been violated for this factor (Xi2 (4) = 0.55, p = .027), so degrees of freedom were corrected using Greenhouse-Geisser estimates of sphericity (epsilon = 0.78). Further analysis showed that for moderate arousal words there was an effect of valence ($F(2, 66) = 7.40, p = .001; \eta^2 = 0.18$). The post-hoc tests in this condition revealed that the amplitude for negative stimuli (M = 5.02, SEM = 0.62) was significantly less positive than for both neutral (M = 5.54, SEM = 0.61; t(33) = 3.32, p = .007, d = 1.16) and positive ones (M = 5.51, SEM = 0.63; t(33) = 2.89, p = .013, d = 1.01) (Fig 7D).

Furthermore, we obtained a three-way interaction between valence, arousal, and subjective significance (*F*(8, 264) = 4.12, p < .001; $\eta^2 = 0.11$). We analysed it further with a series of two-way ANOVAs, each time keeping successive levels of one of the factors constant. The analysis within the levels of arousal showed that for the high arousal condition, there was an interaction



Fig 7. The effects found for the P2 component. a) Grand mean for the P2 component. The time of the P2 waveform is marked in pink. In the inset, the topography of the mean amplitude in this time window is shown; the enlarged dots mark the channels constituting the ROI_{P2}. b) Main effect of valence. c) Main effect of flanker congruency. d) Effect of valence for moderate arousal words. e) Interaction between valence and subjective significance for high arousal words. f) Interaction between valence and arousal for moderately significant words.

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between valence and subjective significance (F(4, 132) = 5.17, p = .001; $\eta^2 = 0.14$). The posthoc tests showed that, in the case of moderately significant words of neutral valence (M = 5.81, SEM = 0.65), the amplitude was significantly more positive than for words of positive valence (M = 4.93, SEM = 0.64; t(33) = -3.81, p = .020, d = -1.33). Moreover, for positively valenced words, the amplitude was significantly more positive in the condition of high subjective significance (M = 5.72, SEM = 0.58) than in the moderately subjective significant condition (M = 4.93, SEM = 0.64; t(33) = -3.54, p = .044, d = -1.23) (Fig 7E). For the neutral valence condition, we obtained an interaction of arousal and subjective significance (F(4, 132) = 3.01, p =.020; $\eta^2 = 0.08$). The post-hoc tests showed that the amplitude for moderately significant and high arousal words (M = 5.81, SEM = 0.65) was more positive than for moderately significant but low arousal words (M = 4.90, SEM = 0.63; t(33) = -3.77, p = .023, d = -1.31) (Fig 7E).

The time range for the **N450** component was adjusted to 360–500 ms. The mean amplitude for this component was averaged across the Cz and Pz channels (Fig 8). We observed a main effect of subjective significance F(2, 66) = 4.32, p = .017; $\eta^2 = 0.12$). The amplitude for highly significant words (M = 2.06, SEM = 0.87) was more positive than for low significant stimuli (M = 1.69, SEM = 0.84; t(33) = -3.00, p = .015, d = -1.05) (Fig 8B). Furthermore, we observed the main effect of flanker congruency (F(1, 33) = 13.78, p = .001; $\eta^2 = 0.29$). Here, the amplitude for incongruent condition (M = 2.09, SEM = 0.86; t(33) = 3.71, p = .001, d = 1.29). The main effects for the other two factors were not significant.

The amplitude of the **LPC** component was analysed in the time window from 450–800 ms in the region of interest characteristic for this component: P3, Pz, and P4. None of the main effects was significant, i.e., valence (F(2, 66) = 0.69, p = 0.50, $\eta^2 = 0.02$), arousal (F(2, 66) = 0.24, p = 0.79, $\eta^2 = 0.01$), subjective significance (F(2, 66) = 0.85, p = 0.43, $\eta^2 = 0.02$), and flanker congruency (F(1, 33) = 0.81, p = 0.37, $\eta^2 = 0.02$).

4. Discussion

This experiment was the first to search for the role of emotional factors such as valence arousal and subjective significance in the control of inhibition effectiveness, measured for both perceptual and conceptual control. We expected two distinct effects due to two types of inhibition. On the behavioural level, we observed them all simultaneously, but in ERPs, analyses differentiated perceptual inhibition from conceptual inhibition.

4.1. Behavioural results

At the behavioural level, the current study revealed a significant difference in reaction times between congruent and incongruent trials. Such an effect is consistent with the effect of congruency observed in both the classical Stroop task [37,40,41,113,127,128] and in studies employing the flanker task [29,37,38,40,41,57,116,129]. Taking these into account, we might conclude that the experiment's paradigm employed interference control accordingly and thus delivers useful modification and synthesis of both paradigms of a flanker task and EST.

The second observed result was the effect of subjective significance; words low on this dimension elicited longer reaction times than those with moderate significance. This effect is partially congruent with previous studies employing the EST and combined Stroop task (with



Fig 8. The effects found for the N450 component. a) The grand mean ERP for the Cz and Pz channels, the time of N450 is marked. The topography of the mean amplitude on the selected time range is shown in the inset. b) The main effect of subjective significance. c) The main effect of flanker congruency.

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emotional words displayed below and above the colour-meaning word of the classical Stroop task), where mildly significant words evoked longer reaction times than highly significant ones [25,98]. Typically, such effects are because some stimuli are less commonly used. Thus, they require more time to be processed, but in the current experiment, words were aligned for the frequency of usage in the Polish language, so this explanation is not valid here. The effect observed in this study, together with those from previous studies, suggests that high subjective significance can speed up the reaction in tasks requiring cognitive control.

The last behavioural result was an interaction between valence and arousal. The arousal effect was found for neutrally valenced stimuli: reaction latencies to trials with high arousal stimuli were longer than both low and moderate arousal ones, which remains in line with the current state of knowledge about the influence of arousal on cognitive control [6,7,13,14,28,36,130–134]. A high load of arousal slows down reactions, as the words bring a high

emotional charge to processing. In contrast to previous studies (e.g., [14,58,94,129,135,136]), we did not observe a valence effect in the current study. However, some studies have revealed a lead-ing role of arousal in tasks employing cognitive control, when valence and arousal are precisely controlled in orthogonally crossed manipulations [57,114,116,119,127].

4.2. Electrophysiological results

We will discuss EEG results starting from the earliest effects after stimulus onset. In the exploratory analysis, we note that the perceptual effect of flanker incongruence started as early as 60 ms after onset. In the first 60-120 ms window, the amplitude for incongruent colours was more negative when compared to congruent colours. The effect of the flanker persisted throughout the analysis. However, from the second window (120-220 ms) onward, the direction of the effect flipped, as incongruent colours produced a more positive amplitude when compared to congruent colours. The effect of incongruent contextual information observed as an EPN manifestation was revealed experimentally [137]. This global effect may be seen as the reflection of a general slow-down in the processing of incongruent trials that was reflected in behavioural results. However, early after stimuli onset we also observed some more localized effects of incongruent colors, which indicated early preferential processing of conflict between possible responses in the frontal regions. Specifically, in the 120-220 ms time window, there was an interaction between ROIs and congruency. The post-hoc analysis indicated it stemmed not from a change in direction of the effect, but a larger size of the effect in the frontal compared to central electrodes. This result is congruent with previous research indicating that in such tasks, the resolution of flanker conflict is associated with components in the 120-220 ms time range [48]. This result expands this result by suggesting that this resolution may be performed primarily in the frontal regions.

The first component in the classical analysis was the EPN, a negative deflection of amplitude observed in occipito-temporal regions, commonly occurring between 200 and 300 ms after stimulus presentation [82]. However, our analysis indicated an EPN component occurring before 200 ms, that is, before the start of the first electrophysiological signs of processing of the word's meaning [87]. We obtained a main effect of congruency; a higher amplitude was observed for the incongruent colour of a word than for the congruent condition.

Despite such an early EPN time range, we observed some emotional modulation: we obtained a third-order interaction between colour congruence, valence, and subjective significance. In the moderate significance condition, there was an interaction between valence and congruence. For both positive and negative valence, congruence conditions differed in amplitude in the same way as in the main effect (more positive amplitude for incongruent stimuli). This effect, however, disappeared in the neutral valence condition. Research has shown that a larger amplitude of EPN component occurs for emotionally charged words [83,100,105,138]. However, as this effect occurred before the analysis of the word's meaning, so this effect cannot be attributed directly to emotional word processing. As emotional effects have repeatedly been reported to start only after 200ms [100], two possible explanations of this effect emerge. First, the effect could be a sign of some rapid decoding of the word's emotional load. This is extremely unlikely as such rapid reactions seem to be possible only for high-frequency words, yet we controlled for frequency while picking word stimuli for this experiment. Such an effect would also likely not be a complex interaction like the one we observed. However, this effect becomes theoretically interesting when we consider that, as the present study employed a block design, a second explanation is more credible. Namely, that such early emotional interference should be interpreted as stemming from the affect induced in previous trials of the same levels of emotional factors, i.e., a spillover effect. The influence that the emotional load of

the previous trial has on responses has been shown even on the level of behavioral effects [89]. Thus a subsequent presentation of many stimuli with the same emotional load has all the more power to influence early potentials, which presents a prime opportunity to observe the interaction between perceptual and emotional interference. Interpreting the effect in this light, we see that no congruence effect appears in blocks of sufficiently neutral emotional load (moderate significance, neutral valence). Thus, employing a crossover design with both emotional and perceptual interference allowed us to observe that the perceptual interference is exacerbated under affect induced from previous stimuli. Coming to the P2 component, we observed an apparent effect of incongruent colours of flanker words. This modulation continues from the modulation observed in the EPN and exhibits a pattern repeated throughout the flanker literature, in which congruent trials produce a greater amplitude than incongruent ones [42,44–46,48].

It is at this component that we started to observe a simultaneous, parallel occurrence of perceptual and emotional interference, indexed by the start of emotional modulation. Precisely, we observed a main effect of valence: neutral words produced a larger P2 amplitude than negative words. Moreover, we saw an interaction between valence and arousal. The shape of this interaction showed that the main effect of valence was exacerbated in the high arousal condition. There, both positive and neutral words produced larger P2 amplitudes than negative words. A valence effect was expected; the direction of differences, however, is different from that commonly reported [91–94]. Three key things may help us to understand this effect: behavioural results, task differences, and the role of subjective significance.

Firstly, this pattern may reflect the fact that no behavioural effect of valence was found. P2 amplitudes tend to resemble behavioural responses and serve as an even more sensitive measure of inhibitory control [99]. For this reason, even when a pattern of behavioural slow down for valenced words is not present, we may still observe emotional modulation. However, the direction of amplitude differences may be different, revealing the underlying cognitive control mechanism involved in the task [98]. Causally, the shape of the observed pattern may come down to the specifications of the task [82], as our task differs from previous EST studies by the inclusion of flanker words and the inclusion of subjective significance as a controlling factor. Suppose subjective significance is a factor that partly explains previously seen emotional effects. In that case, its inclusion may have contributed to a change in the contribution of valence to emotional interference, indexed by the lack of a behavioural effect of valence.

The third level interaction between valence, arousal, and subjective significance may give us a clue about the role that controlling arousal and subjective significance plays in the shape of this component. Notably, for this discussion, we observed that the amplitude for positive words significantly differed between levels of subjective significance for high arousal words, and the amplitude for neutral words differed between levels of arousal in the moderately subjective significance condition. As the amplitude for positive and neutral words, relative to negative words, is the source of the different patterns of valence effects, this points to a crucial role in controlling these factors and examining their interaction with each other. Crucially, this also suggests that all three factors in some regard contribute to modulating the processing of words and inhibitory control in this time window.

Interestingly, in the exploratory analysis, valence effects failed to reach significance in the two corresponding time windows of 120–220 ms and 220–290 ms. Only in the third window of 290–390 ms was there significant emotional modulation of the ERP amplitude. The factor that instigated this modulation, however, was subjective significance.

The N450 component is connected with conflict detection and conflict monitoring in interference control [139]. For this component, we observed a more positive amplitude for incongruent trials in comparison with congruent ones, which puts the present study in line with effects reported in the flanker literature [140]. Moreover, a subjective significance effect was observed, in that the amplitude for highly significant words was more positive than for words with a low score of this factor. This result indicates a clear difference in the processing of low and highly significant stimuli, pointing to the prominent role of this factor for cognitive control. As before, we noted the absence of an arousal effect; together, these results indicate that subjective significance may be a factor that better explains the previous effects of the emotional load of words seen in studies of control inhibition.

Comparing these results to the exploratory analysis, we see that the flanker effect, which started at around 60 ms, persists in the 390–550 ms window, as the amplitude was significantly more positive in the incongruent condition than in the congruent condition. However, there is no corresponding effect of subjective significance in this window. We may now see that the subjective significance modulation we had seen in the previous window was not associated with the emotional modulation of the P2 component, but with the modulation of N450. Thus, we may speculate that the process responsible for modulation in the N450 time window started even earlier, maybe as early as 290 ms after stimulus onset.

Lastly, we should discuss the lack of the predicted valence effect on the LPC. While early studies of emotional word processing reported emotional modulation of the LPC in tasks such as the EST [83,84,94,104], a difference between these and later studies, that could've caused this result may have been that these early studies frequently didn't control for factors such as arousal. However, a more general principle may better explain the observed lack of LPC modulation. As the LPC is associated with later stages of semantic processing [105,106] and conscious attention to the word [107], our result may be seen as supporting the more recent proposition, that the LPC becomes more emotionally modulated, as the level of attention to the word's emotionality increases [108,109], and thus that we should not expect the LPC to be emotionally modulated in tasks such as the EST, that does not draw the participants attention to the word's meaning. Concretely, our result mirrors the mentioned results of González-Villar et al. [108], who compared the LPC modulation using the Emotional Stroop Task and the Emotional Decision Task and found it to be modulated by valence only in the latter, as well as corroborate the results of our previous EST study [99].

4.3. Limitations

There are several limitations of the study. The first one refers to the study design. Three dimensions were crossed orthogonally and used to create the study design: valence, arousal, and subjective significance. In general, affective dimensions are correlated to each other. For example, a U-shaped relation naturally occurs between valence and arousal, i.e., highly negative and positive stimuli are characterised by high arousal [20]. On the other hand, the advantages of the applied design are more significant than potential risks: the orthogonal design enables (1) the identification of effects that may work in opposite directions in the natural world (i.e., increasing arousal and increasing subjective significance levels), and (2) controlling for factors such as word length and frequency of usage in language.

Another limitation is related to sample selection. The study was run on a group of students. Although the sample was highly homogenous and specific, this type of sample selection allowed for omitting confounding factors related to the diversification of cognitive abilities according to age and education and was congruent with the sample assessing the word stimuli in affective norms studies used for selection of stimuli for an affective manipulation.

4.4. Conclusions

The current electrophysiological experiment was investigating the role of the three emotional factors simultaneously, namely valence, arousal, and subjective significance, in processes of

inhibition control. The advantage of our approach was the use of orthogonal manipulation, providing the opportunity to precisely separate the effect of each emotional dimension on control effectiveness. We have also used a paradigm merging two types of interferences: perceptual (associated with physical traits interferences in vision) and conceptual (associated with meaning interferences). We have shown that: (1) to some extent, interferences at the perceptual and conceptual levels are distinct from each other, i.e., the flanker congruency effect (more polarised amplitude for the incongruent condition in comparison to congruent conditions) was present only in the EPN component, while in the later component, the effect was significant, but surprisingly reversed (more polarised amplitude for the congruent condition in comparison to incongruent conditions). (2) Emotional factors shape each interference type in a different way, i.e., valence was found to interact with earlier ERP components (EPN, P2), while subjective significance was found to interact with the later component (N450). (3) Once more [24,25,99,112,121,141–144], subjective significance was found to reduce cognitive control costs, both in behavioural measures and indexed by the amplitude of the N450 component.

Supporting information

S1 Appendix. The list of words used in the experiment and analises showing their validity as experimental stimuli. (XLSX)

S2 Appendix. The descriptive statistics and ANOVa results including the non-significant main effects for EEG results. (XLSX)

Author Contributions

Conceptualization: Kamil K. Imbir.

- Data curation: Maciej Pastwa, Joanna Duda-Goławska, Adam Sobieszek, Jarosław Żygierewicz.
- Formal analysis: Kamil K. Imbir, Joanna Duda-Goławska, Adam Sobieszek, Jarosław Żygierewicz.

Funding acquisition: Kamil K. Imbir.

Investigation: Kamil K. Imbir, Jarosław Żygierewicz.

Methodology: Kamil K. Imbir, Maciej Pastwa, Jarosław Żygierewicz.

Project administration: Kamil K. Imbir.

Resources: Kamil K. Imbir, Maciej Pastwa.

Software: Joanna Duda-Goławska, Jarosław Żygierewicz.

Supervision: Kamil K. Imbir, Jarosław Żygierewicz.

Validation: Kamil K. Imbir, Jarosław Żygierewicz.

Visualization: Kamil K. Imbir, Joanna Duda-Goławska, Adam Sobieszek, Jarosław Żygierewicz.

Writing – original draft: Kamil K. Imbir, Maciej Pastwa, Joanna Duda-Goławska, Adam Sobieszek, Marta Jankowska, Aleksandra Modzelewska, Adrianna Wielgopolan, Jarosław Żygierewicz. Writing – review & editing: Kamil K. Imbir, Maciej Pastwa, Joanna Duda-Goławska, Adam Sobieszek, Marta Jankowska, Aleksandra Modzelewska, Adrianna Wielgopolan, Jarosław Żygierewicz.

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