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OPEN Green synthesis of novel stable biogenic gold nanoparticles for breast cancer therapeutics via the induction of extrinsic and intrinsic pathways

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Biosynthesis of gold nanoparticles (AuNPs) using algal polysaccharides is a simple, low-cost, and an eco-friendly approach. In the current study, different concentrations of Arthospira platensis exopolysaccharides (EPS) were used to synthetize AuNPs via the reduction of gold ions. The biologically synthesized AuNPs (AuNPs1, AuNPs2, AuNPs3) were prepared in 3 different forms through the utilization of three different ratios of EPS-reducing agents. AuNPs analysis confirmed the spherical shape of the EPS-coated AuNPs. Furthermore, AuNPs prepared by EPS and L-ascorbic acid (AuNPs3) showed more stability than the AuNPs colloidal solution that was prepared using only L-ascorbic acid. Analysis of the antimicrobial effects of AuNPs showed that E. coli was the most sensitive bacterial species for AuNPs3 and AuNPs1 with inhibition percentages of 88.92 and 83.13%, respectively. Also, safety assay results revealed that AuNPs3 was the safest biogenic AuNPs for the tested noncancerous cell line. The anticancer assays of the biogenic AuNPs1, AuNPs2, and AuNPs3 against MCF-7 cell line indicated that this cell line was the most sensitive cell line to all treatments and it showed inhibition percentages of 66.2%, 57.3%, and 70.2% to the three tested AuNPs, respectively. The AuNPs also showed abilities to arrest MCF-7 cells in the S phase (77.34%) and increased the cellular population in the sub G0 phase. Gene expression analysis showed that AuNPs3 down regulated Bcl2, Ikapα, and Survivn genes in MCF-7 treated-cells. Also, transmission electron microscopy (TEM) analysis of MCf-7 cells revealed that AuNPs 3 and AuNPs2 were localized in cell vacuoles, cytoplasm, and perinuclear region.

Recently, Nanotechnology term has become more interesting than before and gained credit from its raising importance during the past few decades. Nanotechnology provides advanced strategies against cancer and could minimize the chemotherapeutic drug-induced adverse effects¹. FDA hasapproved some anticancer drugs, diagnostic, and/or targeting agents such as nanobiomaterials conjugates to combat cancer cells². In addition to the usual liposomes and dendrimers nano-platforms that are used in cancer therapeutics, silver and gold nano biomaterials have gained more significant attention in cancer diagnosis and therapies due to their unique physicochemical properties². Gold nanoparticles (AuNPs) play a significant role in the nanotechnology field due to their potential applications in many important fields including; optics, catalysis, and many medical applications. Their good biocompatibility, possible solubility in aqueous phases, and their photonic properties enabled the integration of AuNPs in diverse biomedical fields³⁻⁷. As anticancer agents, AuNPs considered promising agents in competing different types of cancers such as prostate cancer⁸, breast cancer², and colorectal cancer⁹. Also, the antibacterial activities of AuNPs were confirmed against different pathogenic bacteria such as; Staphylococcus epidermidis, Escherichia coli¹⁰, Corynebacterium pseudotuberculosis¹¹, Gram-positive bacterial

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strain methicillin-sensitive *Staphylococcus aureus* ATCC 29213 (MSSA), methicillin-resistant *Staphylococcus aureus* ATCC 43300 (MRSA), Gram-negative *E. coli* ATCC 25922 (EC), and a clinical isolate of *E. coli* 11046 (CI-EC)¹². Although the significant biomedical and pharmaceutical potentials of the biogenic metals nanoparticles, some hazards have been reviewed¹³ to be associated with the use of the non-biogenic metals nanoparticles, which were prepared by different physical and/or chemical processes. So that, there is an increasing demand for adapting nontoxic, high yield, cost effective, eco-friendly, and environmentally safe methods for synthesizing different types of metal nanoparticles¹⁴. Many biological sources that normally exist in our environment could be used in the biosynthesis of biogenic nanoparticles such as; algae, cyanobacteria, fungi, actinomycetes, yeast, bacteria, plants, and viruses. In addition to a plethora of their metabolites such as; proteins, plysaccharides, lipids, terpenoids, flavonoids, amines, amides, carbonyl groups, phenolics, proteins, pigments, alkoids, and plenty of reducing agents that exist in plant and microbial extracts¹⁵⁻¹⁹. Different biological agents have been used in the production of AuNPs intracellularly including yeast²⁰, fungi²¹, and bacteria²². Biosynthesis of gold nanoparticles could also occur extracellularly, such as in the case of *Aloe vera*¹⁹, *Cinnamomum camphora*²³, *Medicago sativa*²⁴, *Azadirachta indica*²⁵, *Tamarindus indica*¹⁴ and *Pelargonium graveolens*²⁶.

Spirulina (*Arthospira platensis*) is a filamentous *cynanobacterium* (Oscillatoriaceae) that shows great plasticity as it has a soft cell wall made of complex sugars and proteins²⁷. Several factors contribute to their morphological features such as: temperature, physical and chemical factors, and genetic material alteration. Spirulina forms helical trichomes of variable sizes and degrees of coiling. These trichomes can be tightly coiled or even straight uncoiled^{28,29}. This microalga has been reported to be used as food since 1521²⁸. At present days, Spirulina is considered as one of the most important sources of vitamins, essential fatty acids, and other biologically useful substances. Also, it contains up to 70% of vegetable proteins, a good balance in amino acids, and highly enriched with beta carotene and iron^{30,31}. Polysaccharides mainly have large and complex molecular structures, which consist of different monosaccharides linked together via glycosidic bonds³². Spirulina extracted-polysaccharides can act as antioxidant agents. These polysaccharides prevent oxidation of cellular substrates and maintain cellular homeostasis by removing free radicals^{33,34}, which can lead to different degenerative diseases such as cancer, coronary heart disease, Alzheimer's, neurodegenerative disorders, atherosclerosis, diabetes, aging, cataracts and various inflammations^{35,36}. Also, Spirulina extracted-polysaccharides can intensify non-specific cellular immune functions inside the body that help in viruses resistance³⁷.

In the current study, we are examining, for the first time, the use of *Arthospira platensis* exo-polysaccharides in the biosynthesis of gold nanoparticles using a low-cost and an eco-friendly system. In addition, we are investigating the structural properties and the biological activities of the newly biosynthesized nanoparticles against different microbial strains and cancer cell lines as antimicrobial and anticancer agents, respectively.

Results

Green synthesis of AuNPs. Biologically synthesized AuNPs were obtained in 3 different forms using different ratios of the tested reducing agents. The recovered NPs were; AuNPs1 (1:1 molar ratio of NaAuCl₄: polysaccharides); AuNPs2 (2:1 molar ratio of NaAuCl₄: polysaccharides); and AuNPs3 (1:1 molar ratio NaAuCl₄: polysaccharides and reduced by L-ascorbic acid).

Characterization of AuNPs. *AuNPs stability using UV–Vis spectral analysis.* The obtained data illustrated in Fig. 1a display the absorption peaks of the three different samples of gold nanoparticles (AuNPs1, AuNPs2, AuNPs3). The three spectra were normalized at the maximum Plasmon absorptions at 530.0, 540.0, and 550.0 nm. The aggregation state was detected visually by observing the change in solution color from red to blue or purple. Blue shift was observed here from 550 to 530 nm. Furthermore, the UV–Vis spectrum of AuNP3 that were prepared with polysaccharides and L-ascorbic acid was staple and didn't record any significant changes even after more than 3 months comparing with nanogold colloidal solution, which was prepared with only L-ascorbic acid as a reducing and stabilizing agent (Fig. 1b).

X-ray powdered diffraction (XRD). AuNPs were investigated using XRD to confirm their crystalline structures, where all of them expressed the most characteristic peaks of metallic gold. Four intensive Bragg reflections were observed in each case around 38.0996° , 44.3687° , 64.6765° , and 77.5471° corresponding to Miller indices (1 1 1), (2 0 0), (2 2 0), and (3 1 1). This confirmed the face-centered cubic crystalline symmetry of gold nanoparticles (JCPDS file no. 01-1174). The ratios between the intensities of (2 0 0) and (1 1 1) diffraction peaks were 0.31 in case of AuNPs1, 0.26 in case of AuNPs2, and 0.32 in case of AuNPs3 (Fig. 2a,b,c). All intensity ratios were lower than the conventional bulk intensity ratio of ~0.52. These findings confirmed that (1 1 1) is the preferential or predominant orientation, as confirmed previously by the following TEM studies. Nanoparticles sizes were estimated using XRD measurements (Table 1) by applying Debye Scherrer equation.

Transmission electron microscopy (TEM). The morphology of the biogenic AuNPs was investigated using TEM scaning. The results revealed that spherical shape was the predominant shape in all the AuNPs preparations . AuNPs1 particle size that was estimated from TEM analysis ranged from 9.0 to 30.0 nm (Fig. 3). While, AuNPs2 showed a range of particle sizes between 8.0 and 35.0 nm, and AuNPs3 have particle sizes ranged from 6.0 to 40.0 nm (Fig. 3b).

High-resolution TEM imaging indicated that AuNPs1 showed only a single nano-crystal structure that appeared with clear lattice fringes with spacing of 0.234 nm (Fig. 3c). This result confirmed that nanogold crystals grow preferentially on the (1 1 1) plane (Fig. 2). This was confirmed by the d-spacing of (1 1 1) plane (provided from XRD measurement), which is equal to 0.2364 nm and the calculated interplanar distance of Au (1 1 1) plane.



Figure 1. UV–Vis spectral analysis of AuNpPs. (**a**) UV–Vis spectroscopic measurements of the 4 forms of the biogenic nanoparticles; AuNPs1, AuNPs2 and AuNPs3. (**b**) The UV–Visible spectrum of AuNPs after 3 months that prepared by polysaccharides with L-ascorbic acid (AuNPs 3), AuNPs3 were more stable even after more than 3 months comparing with nanogold colloidal solution that prepared by L-ascorbic acid alone as a reducing and stabilizing agent.

FTIR analysis. FTIR analysis of algal polysaccharides. FTIR analysis was used to analyze the functional groups of the extracted polysaccharides and to identify which biomolecules are responsible for the reduction and capping of the prepared biogenic gold nanoparticles.

The FTRI spectrum of the extracted polysaccharides showed peaks at 1464.0, 1699.0, 3070.0, and 3466.0 cm⁻¹. In addition, multiple peaks were observed at 665.0, 846.0, and 1008.0–1190.0 cm⁻¹. A broad intense band at 3466.0 cm⁻¹ was also observed, which could be assigned to OH groups of algal polysaccharides or a secondary amide group (Fig. 4, upper panel). The band detected at 3070.0 cm⁻¹ could be assigned to alkenyl =C—H stretching or to N—H of a secondary amine. The absorption band observed at 1699.0 cm⁻¹ could be assigned to the carbonyl groups, stretching groups of algal polysaccharides, or to the amide groups of algal proteins. The band at 1464.0 cm⁻¹ could be assigned to the –COO⁻ groups. The detected multiple peaks between 1008.0 and 1190.0 cm⁻¹, which are characteristic for sugars moieties that could be due to the coupling of the C–O or C–C stretching modes with the C–O–H bending modes. The stretching vibrations of C—O can be triggered from different sources such as carboxylic acid or polyol, where the extracted polysaccharides have a variety of components like neutral sugars, uronic acids, and amino sugars. The band observed at 846.0 cm⁻¹ can be assigned to –C—O—SO₄ of sulfated polysaccharides. Finally, the band at 665.0 cm⁻¹ can be assigned to SO₄⁻² groups.



Figure 2. X-ray powdered diffraction of AuNPs. X-ray powdered diffraction of AuNPs1 (**a**), AuNPs2 (**b**) and AuNPs3 (**c**).

Nanoparticles sample	Average size of particles (nm)
(a) AuNPs1	12.13 ± 0.003
(b) AuNPs2	15.10 ± 0.013
(c) AuNPs3	10.50 ± 0.024

Table 1. The recorded results from applying Scherrer equation for prepared NPs sizes:

FTIR analysis of biogenic AuNPs nanoparticles. FTIR analysis of the prepared biogenic AuNPs revealed the presence of absorption peaks at 1035.0, 1450.0, 1540.0, 1640.0, and 3445.0 cm⁻¹. The broad peak at nearly 3445.0 cm⁻¹ in the nanoparticles spectra can be assigned to OH group (Fig. 4a). This indicates that the presence of OH groups in the polysaccharides is the key group involved in the reduction of Au ions. The absorption band at about 1640.0 cm⁻¹ can be assigned to the stretching vibration of -C = O of associated secondary amide groups³⁸. The two observed peaks at nearly 1540.0 and 1450.0 cm⁻¹ can be assigned to the stretching vibration



Figure 3. Transmission electron microscopy (TEM) of AuNPs. TEM images for biogenic prepared nanoparticles (**a**) AuNPs1, (**b**) AuNPs2, (**d**) AuNPs 3. The high-resolution TEM image is showing a single nanocrystal for AuNPs1 (**c**).

of $-COO^-$ groups (Fig. 4b,c). The band at about 1035.0 cm⁻¹ can be assigned to the stretching vibrations of C—N groups of aromatic amines or to the stretching of S = O of sulfated extracted polysaccharides. The only exception was for sample (C), where it showed a unique peak at 1384.0 cm⁻¹ that can be assigned to C—H deformations of $-CH_3$ or $-CH_2$ groups.

Biological activities of the biogenic AuNP. Antimicrobial activity of the biogenic AuNPs. Antibacterial activity of the biogenic AuNPs was tested on *E. coli, Enterococcus faecalis, Candida albicans, Candida tropicalis, Salmonella enterica*, and *Streptococcus mutans*. The results of microplate assay indicated that *E. coli* was the most sensitive bacterial species for both AuNPs3 and AuNPs1 treatments with inhibition percentages of 88.92 and 83.13%, respectively (Figs. 5a, 6a). In addition, AuNPs3 recorded the lowest MIC value on *E. coli*100.0 µg/ ml (Fig. 6b). Concerning *C. albicans*, its growth was greatly inhibited with AuNPs2 treatment, which showed inhibition percentages for *C. tropicalis* growth with values of 65.51 and 58.57%, respectively (Fig. 5d). Furthermore, both *E. faecalis* and *S. enterica* were sensitive to AuNPs3 with inhibition percentages of 73.76 and 75.35%, respectively (Fig. 5b,e). *S. mutans* was the most resistant strain to AuNPs treatment with maximum inhibition percentage <40.0% (Figs. 5f, 6a). The lowest MIC was recorded on *C. tropicalis* upon treatment with AuNPs with value 90.0 µg/ml (Table 2, Fig. 6b).

Safety pattern of the biogenic AuNPs. In vitro viability test was used to investigate the safety patterns of the AuNPs at different concentrations (2.0 to 0.0156 mg/ml). WISH cell line was used as a non-cancerous cell line model to detect the AuNPs safest doses to be used in the proceeding tests. Using MTs assay, the safest AuNPs preparation was found to be AuNPs3 that showed 17.35% maximum toxicity. While, both AuNPs1 and AuNPs2 recorded 18.92% and 51.4% cytotoxic percentages on WISH cells, respectively. All AuNPs recorded more than 90.0% cellular viability (Fig. 7a) at a concentration of 0.031 mg/ml.

In vitro anticancer activities of the biogenic AuNPs. Cytotoxicity assay of the biogenic AuNPs. Anticancer activities of the biogenic AuNPs were studied against A549, CaCo-2, and MCF-7 cancer cell lines upon treatment with AuNPs1, AuNPs2, and AuNPs3 sub IC₅₀ concentrations. Serious morphological changes in cell structure were observed after treatment. Furthermore, the cytotoxicity results presented in Fig. 7b,c,d indicated that the biogenically-synthesized AuNPs markedly inhibited all tested cancer cell lines with different degrees. The maximum percentages of inhibition on A549 cells after AuNPs1, AuNPs2, and AuNPs3 treatments were 43.6%, 44.5%, and 41.6%, respectively (Fig. 7b), and with IC₅₀ values of 2.3, 2.3, and 1.4 mg/ml, respectively (Fig. 8b).



Figure 4. FTIR analysis of Algal polysaccharides and AuNPs. FTIR measurements were used to analyze the functional groups present in the extracted polysaccharides (P.S) and to identify which biomolecules are responsible for the reduction and capping of AuNPs1 (**a**), AuNPs2 (**b**) and AuNPs3 (**c**).

Furthermore, the percentages of inhibition of AuNPs1, AuNPs2, and AuNPs3 against CaCo-2 cell line were 41.2%, 59.1%, and 14.5%, respectively (Fig. 7c) and with IC_{50} values of 2.2, 1.2, and 4.9 mg/ml, respectively (Fig. 8b). The results indicated that the most sensitive cell line to AuNPs was MCF-7 with inhibition percentages of 66.2%, 57.3%, and 70.2% after AuNPs1, AuNPs2, and AuNPs3 treatments, respectively (Fig. 7d). The calculated IC_{50} values of AuNPs on MCF-7 were 0.5, 0.37, and 0.196 mg/ml for AuNPs1, AuNPs2, and AuNPs3, respectively (Fig. 8a). It is worth to mention that the recorded IC_{50} values of AuNPs1, 2, and 3 on the non-cancerous WISH cell line were 5.08, 0.64, and 5.14 mg/ml, respectively (Fig. 8a). According to these IC_{50} values of both cancerous and non-cancerous cell lines, the selectivity index of AuNPs to cancer cells were indicated in Fig. 8b. In general, the maximum selectivity index values recorded after MCF-7 treatment with AuNPs1 and AuNPs3 were 10.37 and 25.5, respectively (Fig. 8b). Furthermore, comparing with the untreated cells (Fig. 9a), after applying the sub IC_{50} dose of AuNP1 treatment to MCF-7 (Fig. 9b), AuNPs2 (Fig. 9c), and AuNPs3 (Fig. 9d), apoptotic and dead cells occurred in major parts of the cultured plates with serious changes in cell structure and number.

The mode of anticancer effects of the biogenic AuNPs. Cell cycle analysis by flowcytometry. Flowcytometric analysis of MCF-7 cancer cell cycle pattern was performed by comparing the patterns of the treated cell with the untreated cell lines (Fig. 10). Comparing with the untreated cells (Fig. 10a), cell cycle pattern of MCF-7 cell line treatment with AuNPs1 (Fig. 10b) showed arrested cell population in S phase (77.34%), while both AuNPs2 and AuNPs3 treatments increased the cellular population in sub G0 (Apoptotic phase) with percentages of 37%, 73%,



Figure 5. Antimicrobial Activities of the biogenic AuNPs. The antibacterial activity of the biogenic AuNPs1,2,3 were tested on *Escherichia coli* (**a**), *Enterococcus faecalis* (**b**), *Candida albicans* (**c**), *Candida tropicalis* (**d**), *Salmonella enterica* (**e**), and *Streptococcus mutans* (**f**). The antimicrobial activity were quantified after 24 h. and expressed as inhibition percentage comparing with the non-treated strains.



Microbial strains

Figure 6. The maximum inhibition percentage values and MIC values of the biogenic AuNPs. The maximum antibacterial activity of the biogenic AuNPs1,2,3 were calculated against *Escherichia coli, Enterococcus faecalis, Candida albicans, Candida tropicalis, Salmonella enterica*, and *Streptococcus mutans* (**a**). The minimum inhibitory concentrations of AuNPs1,2,3 were calculated on the tested strains using the different concentrations of the treatments (**b**).

and 42.97%, respectively (Fig. 10c,d,e). Biogenic AuNPs might inhibit DNA replication and eventually arrest the MCF-7 cells cycle in S phase that demonstrated by accumulating cell populations after 24.0 h.

Alternation of cancer cells gene expression after MCF-7 treatment with AuNPs using RT-qPCR. MCF-7 cell line treatment with AuNPs1, AuNPs2, and AuNPs3 showed noticeable variations on the level of gene expression

	MIC (mg/mL)		
Microbial strain	AuNPs1	AuNPs2	AuNPs3
Escherichia coli	0.215 ± 0.02	0.14 ± 0.014	0.105 ± 0.007
Enterococcus faecalis	1.315 ± 0.021	0.635 ± 0.049	0.245 ± 0.007
Candida albicans	0.21 ± 0.014	0.225 ± 0.0353	0.215 ± 0.021
Candida tropicalis	0.085 ± 0.007	0.14 ± 0.0282	0.115 ± 0.0221
Salmonella	0.14 ± 0.028	0.082 ± 0.002	0.16 ± 0.014
Streptococcus mutans	0.093 ± 0.004	0.11 ± 0.014	0.185 ± 0.007

 Table 2.
 The recorded MIC values of the biogenic AuNPs against the tested microbial strains.



Figure 7. Safety assays and anticancer activity of AuNPs. The safety assay of AuNPs on the non-cancerous cell line (WISH cells) using different concentrations 2.00 to 0.25 mg/ml by MTS assay (**a**). the anticancer effects of AuNPs1,2,3 were tested against A549 (**b**), CaCo-2 (**c**) and MCF-7 cell lines (**d**) were investigated using MTS assay protocol using different concentrations 2.00 to 0.25 mg/ml.

for the three cancer correlated genes (Bcl2, Ikapa, and Survivn) as shown in Fig. 11 and supplementary files 1–6. Firstly, AuNPs1 caused up regulation of both Bcl2 and Ikapa genes without any detected effect on Survivin expression pattern. Meanwhile, AuNPs2 up regulated both of Bcl2 and Ikapa genes and down regulated the expression of Survivin gene. Finally, AuNPs3 treatment down regulated all the gene expression levels of the three studied genes.

Transmission electron microscopy (TEM) of AuNPs-treated MCF-7 cell line. As the above mentioned results confirmed that the highest MCF-7 cellular proliferation inhibition percentage was recorded after AuNPs3 treatment. So that, we investigated the internalization of AuNPs2 and AuNPs3 in MCF-7 cell line using TEM imaging technique. Comparing with control (untreated) cells (Fig. 12a), both AuNPs were found in cell vacuoles, cytoplasm (Fig. 12b), and/or in cell perinuclear region (Fig. 12c,d), where AuNPs were taken via endocytosis (Fig. 12d). Also, some changes were recorded in the nucleus and mitochondria morphology. Furthermore, membrane blebbing together with apoptotic bodies (Fig. 12e,f) were also noticed. These results are similar to the results of flowcytometry that confirmed the induction of MCF-7 cell death after AuNPs treatment.

Materials and methods

Microorganisms and cell lines. Microbial strains of *Arthrospira platensis, Escherichia coli, Enterococcus faecalis, Candida albicans, Candida tropicalis, Salmonella enterica,* and *Streptococcus mutans* were provided by the culture collection of Genetic Engineering and Biotechnology Research Institute (GEBRI), City of Scientific Research and Technological Applications (SRTA-City), New Borg El-Arab-City, Alexandria, Egypt. All strains



Figure 8. IC_{50} values and Selectivity index of AuNPs. The calculated IC50 vales of AuNPs1,2,3 were recorded on A549, CaCo-2and MCF-7 cell lines using different concentrations 2.00 mg/ml to 0.25 mg/ml (**a**). Cancer cell selectivity index of the recovered AuNPs was calculated as: $SI = IC_{50}nc/IC_{50}cc$ (**b**).

were isolated, purified, identified by MALDI-TOF mass spectrometry, and tested for the antimicrobial resistance in The Biopharmaceutical Products Research Department, GEBRI, SRTA-City.

Human amnion-derived normal epithelial cells ("WISH" cell line), Human, mammary gland, breast derived from metastatic site: pleural effusion adenocarcinoma cells ("MCF-7" cell line), Human colorectal adenocarcinoma, epithelial cells ("CaCo-2" cell line), and Human lung adenocarcinoma, epithelial cells ("A549" cell line) were purchased from ATCC.

Cultivation of *Arthrospira platensis.* Arthrospira platensis strain was inoculated into 250.0 ml of modified Zarrouk medium, illuminated with white fluorescent light (2500 Lux) for 16.0 days at 25 ± 2 °C, and the flask was shaken twice per day to keep the culture homogenous. At the end of incubation period, the culture filtrate was collected by centrifugation at 4000 rpm for 30.0 min at 4.0 °C and the recovered filtrate was further purified using a Whatman filter paper to remove any remaining suspended algal biomass³⁹.

Biosynthesis of gold nanoparticles. *Extraction of water soluble polysaccharides.* The total cellular metabolites of *Arthrospira platensis* were collected from the culture as previously described³⁹. Briefly, an aliquot of 500 ml of algal filtrate was boiled for 30 min at 100 °C and allowed to cool down at room temperature. Polysaccharides were precipitated by the addition of fourfold ethyl alcohol 95.0% (v/v). The precipitated polysaccharides were collected by filtration using Whatman filter papers (110 mm) and washed by absolute ethanol and left to dry in oven at 50 °C to complete dryness.

Biosynthesis of AuNPs by thermal reduction method. Sodium tetrachloroaurate (III) dihydrate (NaAuCl₄·2H₂O, Sigma-Aldrich) was used to prepare a stock solution of initial concentration 1.0 mM in ultra-high purified water (Milli-Q plus system, Millipore Co., USA). The prepared solution was boiled for 30.0 min then left to cool down at room temperature. This pre-boiled stock solution was used to prepare AuNPs using two different methods; thermal reduction and L-ascorbic acid reduction methods.

The following experiments were performed using different dilutions of the NaAuCl₄ stock solutions (0.25, 0.50, and 1.00 mM) to adjust the optimum molar ratios used in the biosynthesis of AuNPs. The best NaAuCl₄ concentration was used in further optimization processes to maximize the production of AuNPs as follows.

In the first experiment; (NaAuCl₄:polysaccharides (1:1 molar ratio), 100.0 ml of 0.25 mM pre-boiled NaAuCl₄ solution (optimum concentration) was added to 100.0 ml of 0.5% EPS solution (w/v) (pH = 10.2 at 20.0 °C) in a 500.0 ml round-bottom flask, where this polysaccharide solution was previously pre-boiled with vigorous stirring for 1.0 h. After that, the mixture was left to boil for 30.0 min until the formation of intense ruby red color. This colloidal solution was labeled as AuNPs1.



Figure 9. Morphological changes of MCF-7 cancer cells after AuNPs treatment. The phase contrast microscopic photos of the non-treated MCF7 cells (**a**) and the treated cells with sub IC50 dose of AuNPs1 (**b**), AuNPs2 and (**c**) AuNPs 3 (**d**).

In the second experiment; NaAuCl₄:polysaccharides (2:1 molar ratio), 200.0 ml of 0.25 mM pre-boiled NaAuCl₄ solution was added to 100.0 ml of 0.5% polysaccharide solution (w/v) (pH = 10.2 at 20.0 °C) in a 500.0 ml round-bottom flask, and the same procedure was repeated as described above. The generated colloidal solution with purple color was labeled as AuNPs2.

Biosynthesis of AuNPs by l-ascorbic acid reduction method. A volume of 100.0 ml of 0.5% EPS solution (w/v) (pH = 10.2 at 20.0 °C) was added into a 500.0 ml beaker and stirred vigorously at room temperature, then 100.0 ml of the previously pre-boiled NaAuCl₄ solution was added to it. After that, 5.0 ml of 0.35% L-ascorbic acid (Sigma-Aldrich) solution (w/v) was added drop-wise with continuous stirring until the instant formation of dark violet color. The colloidal solution with dark violet color was labeled as AuNPs3.

Characterization of the synthesized AuNPs. *UV–Vis spectral analysis.* UV–Vis spectroscopic measurements were performed for 3.0 ml of the produced homogenous colloidal solutions of each AuNPs preparation. The measurements were carried out on a T80+spectrophotometer (PG instruments, T60 UV–Vis Spectrophotometer United Kingdom) at wave lengths ranged between 400.0 and 1100.0 nm using a quartz cuvette of 10.0 mm path length. The samples were scanned at the central laboratory of Faculty of Science, Alexandria University, Alexandria, Egypt.

X-ray powdered diffraction (XRD) analysis. The obtained AuNPs preparations were dried out at 50.0 °C for 16.0 h and the purified dried powders were scanned using diffraction angles (2 Θ) that ranged between 5.0° and 80.0°. The XRD patterns of the produced nanoparticles were measured using a diffractometer (LabX-6100, SHI-MADZU) with a 40-kV voltage and a 30.0 mA electric current employing Cu Kα radiation (λ = 1.5418 Å). The analysis was performed at the Egypt-Japan University of Science and Technology (E-JUST).

Nanoparticles sizes were estimated using XRD measurements by applying Debye Scherrer equation, where strong reflections with large intensities were used to measure the full width at half maximum (FWHM). The Scherrer equation for calculating the particle size is given by:

$$D = \frac{K\lambda}{\beta\cos\theta}$$



Figure 10. Flowcytometric analysis of MCF-7 cell lines cell cycle after AuNPs treatments. The flowcytometric analysis of MCF-7 cancer cell cycle pattern (flowcytometry charts) of the untreated cells (**a**) and MCF-7cell lines after 24 h. treatment with AuNPs1 (**b**), AuNPs2 (**c**) and AuNPs 3 (**d**). Th cell cycle patterns of untreated MCF-7 cell lines and MCF-7 cell treated with AuNPs1, AuNPs2 and AuNPs 3 after 24 h (**e**).



Figure 11. RTqPCR of MCF-7 cell lines after AuNPs treatment. The expression levels of three cancer correlated genes (Bcl2, Ikapα, and Survivn) of MCF-7 cell line treated with AuNPs1, AuNPs2 and AuNPs3 after 24 h.

where D = the crystallite size in the direction perpendicular to the lattice plane, K = Scherrer constant "crystal shape factor", λ = wavelength of light used for the diffraction, β = full width at half maximum (FWHM), and θ = Bragg angle.

The Scherrer constant (K) in the above formula accounts for the shape of the particle and is generally taken to have the value 0.9 as a good approximation.



Figure 12. Transmission Electron Microscopy (TEM) of AuNPs-treated MCF-7 cell line. The internalization of AuNPs 3 and AuNPs2 in MCF-7 cell line after 24 h. incubation, comparing with control (untreated) cells (\mathbf{a}). NPs were founded in the cytoplasm (\mathbf{b}) and in vacuoles (\mathbf{c} , \mathbf{d}) in perinuclear region (\mathbf{d}). Membrane blebbing, together with apoptotic bodies, were also noticed (\mathbf{e} , \mathbf{f}).

Transmission electron microscopy (TEM). AuNPs samples were collected by centrifugation at 9000.0 rpm for 30.0 min. The pellets were dispersed in double distilled water and sonicated to remove any clumps. Structural characterization of the generated biogenic AuNPs was carried out by a JEM-2100F Transmission Electron Microscope (JEOL, Japan) at E-JUST with 200.0 kV magnification power. The samples for TEM characterization were prepared by placing a 5.0 μ l of the colloid solution on a carbon coated 3 mm copper grid, until the formation of a thin film of the sample on the grid, and then the grid was left to dry at room temperature.

FTIR analysis. The dried AuNPs were analyzed using IRTracer-100 spectrophotometer (SHIMADZU) at the central laboratory of SRTACity.

Biological activities of AuNPs. Antimicrobial activities of AuNPs. According to the Clinical and Laboratory Standards guidelines (CLSI) with minor modifications, different concentrations of AuNPs were prepared and 100.0 μ l of each concentration was incubated with about 10⁶ CFU/ml of each of the following antimicrobial resistant microbial strains (*Escherichia coli, Enterococcus faecalis, Candida albicans, Candida tropicalis, Salmonella enterica,* and *Streptococcus mutans*) in a 96 well plate. In addition, 100.0 μ l of LB media was added to 100.0 μ l of the microbial culture to setup the experimental control groups. The inoculated plates were incubated at 37.0 °C for 24.0 h. After incubation, the absorbance was measured at 620.0 nm using automated ELIZA microplate reader BINDER BIOTECK E LX 800 (Germany)⁴⁰. The inhibition percentage of AuNPs was calculated according to the following equation:

Inhibition percentage =
$$(A - A1/A0) \times 100$$

where A: the absorbance of the treatment group, A1: the absorbance of the blank, and A0: the absorbance of the control group.

The lowest concentration of the tested extracts resulted in the inhibition of bacterial growth was taken as the Minimal Inhibitory Concentration (MIC).

Safety assay and anticancer activities of AuNPs. Mammalian cell lines culture. WISH, CaCo-2, and A549 cell lines were cultured on DMEM media (Sigma-Aldrich), while MCF-7 cell line was cultured on RBMI media. The used media were supplemented with 200.0 mM L-glutamine (Lonza) and 10.0% fetal bovine serum (Bio Whit-taker) and 1.0% penicillin/streptomycin. Cells were seeded in 25.0 cm tissue culture flasks and incubated for 24.0 h or till confluency at 37.0 °C in a 5.0% CO₂ humidified incubator.

Gene	Sequences
Bcl2	F: 5'-TATAAGCTGTCGCAGAGGGGGCTA-3'
	R: 5'-GTACTCAGTCATCCACAGGGCGAT-3'
IKap-α	F: 5'-CATGAAGAGAAGACACTGACCATGGAAA-3'
	R: 5'-TGGATAGAGGCTAAGTGTAGACACG-3'
Survivin	F: 5'-TGCCCCGACGTTGCC-3'
	R: 5'-CAGTTCTTGAATGTAGAGATGCGGT-3'
GAPDH	F: 5'-TGCCCTCAACGACCACTTTG-3'
	R: 5'-TACTCCTTGGAGGCCATGTG-3'

Table 3. Primers sequence used for quantitative real time PCR.

Safety assay of AuNPs. The safety assay was performed to determine the concentration that does not depict any toxic effects on the non-cancerous cell line (WISH cells)⁴¹. In 96-well plates, 100.0 μ l of 6 × 10⁴ cell/ml cells was seeded in each well and the plates were incubated at 37.0 °C in a humidified 5.0% CO₂ incubator for 24.0 h. After incubation, the exhausted old medium was replaced with 100.0 μ l of different treatment concentrations (previously prepared in RPMI medium starting from 2.0 to 0.25 mg/ml). The treated plates were incubated at the same growth conditions for 24.0 h. At the end of incubation, cellular viability was quantified using MTS assay kit (Promega, USA) according to the manual. Briefly, MTS Reagent Powder is a novel tetrazolium compound [3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt] and an electron coupling reagent (phenazine ethosulfate; PES). PES has enhanced chemical stability, which allows it to be combined with MTS to form a stable solution. About 20.0 μ l of the solution was directly added to each well at the end of incubation with the treatment and then the plates were incubated for 2.0–4.0 h. The quantity of formazan products was quantified at 490.0 nm, which indicates the number of living cells.

Cytotoxicity percentage = $(A - A1/A0) \times 100$

where A: the absorbance of the treatment group, A1: the absorbance of the blank, and A0: the absorbance of the control group.

In vitro anticancer activity of green synthesized NPs. Anticancer activities of AuNPs against A549, CaCo-2, and MCF-7 cell lines were investigated using MTS assay protocol as described in the safety assay method. The morphological changes occurred in cancer cells, post AuNPs treatment, were inspected using CKX41 Olympus Inverted Microscope, Japan.

Selectivity index (SI). Cancer cell selectivity index of the biogenic AuNPs was calculated as reported by Koch et al.⁴² with a minor modification;

$SI = IC_{50}nc/IC_{50}cc$

where IC_{50} nc refers to the IC_{50} value of the tested compound on normal cells, IC_{50} cc refers to the IC_{50} of the tested compound on the tested cancer cell line.

Mode of anticancer action of AuNPs treatments against A549, CaCo-2, and MCF-7 cell lines. Cell cycle analysis by flowcytometry. The alterations in cell cycle patterns were checked using propidium iodide (PI) method and flowcytometer (BD FACSCanto, USA)^{43,44}. After 48.0 h of AuNPs-cellular treatment, the collected cells (approximately 2.0×10^5 cells/ml) were re-suspended in warm PBS, fixed with 4.0 ml ice cold absolute ethanol (drop-wisely added), and then stained for 30.0 min with 0.5 ml of warm PI working solution (0.35 ml of PI stock solution (1.0 mg/ml) and 0.7 ml RNase A solution (1.0 mg/ml)). All samples were kept under 4.0 °C until flowcytometric measurement.

Gene expression pattern alternation in MCF-7 cancer cell line after AuNPs treatments. The anticancer molecular mode of action of AuNPs was studied via screening their activities in controlling the expression of Bcl2, IKap- α , and Survivin genes (Table 3) in MCF-7 cells (the most sensitive cancer cell line for AuNPs). After cellular treatment, MCF-7 cell line was cultured in 12.0-well plates (6.0×10^3 cell/ml) for 24.0 h along with the resulted non-toxic concentration of AuNPs. After incubation, total cellular RNA was extracted using RNA extraction kit (Qiagen). Then, cDNA was synthesized using Oligo-dT primer and AMV reverse transcriptase (Promega Corp., Madison, WI). β -actin primers were used to amplify the house-keeping, β -actin, gene as an internal control for standardization of PCR products. The RTq-PCR was done using SYBR Green dye (QuantiTect SYBR Green PCR Kits) and Light Cycler fluorimeter Bio-Rad S1000 Tm thermal cycler (Bio-Rad, USA).

Transmission electron microscopy for MCF-7 treated cells. The most sensitive cell line to AuNPs treatments was selected to be scanned using Transmission Electron Microscope (JEOL, Japan). The treated MCF-7 cells were collected, fixed, and dehydrated using a series of acetone washes. Then, the cells were passed through a transition solvent such as propylene oxide, infiltrated, and finally embedded in a liquid resin (epoxy and LR

White resin). After embedding, the solidified resin block was then sectioned by ultramicrotome, where sections of 50.0–70.0 nm thickness were made using a diamond knife. The sections were mounted on TEM grids and stained with 4.0% Uranyl acetate for 25.0 min. Then, the grids were rinsed four times with pure water before staining with 1.0% lead citrate for 5.0 min and rinsing with pure water. The grids were finally stored in a grid box until examination under TEM.

Statistical analysis. Data are presented as mean \pm SD. Two means were compared by Student's *t-test* and three or more group were meant by one-way analysis of variance (ANOVA) with X tests for pair-wise comparisons. A *p* value < 0.05 was considered significant. All statistical calculations were conducted using Graph Pad Prism 7 software.

Discussion

Nanoparticles and nanotechnology are playing important roles in different fields such as medicine, biology, physics, chemistry, and sensing due to their distinctive properties⁴⁵. The nanoparticles of noble metals (Cu, Hg, Ag, Pt, and Au) comparing with other metal nanoparticles, are increasingly attracting researchers attention⁴ due to their unique optical and electrical properties. For example, AuNPs was used in various applications of interdisciplinary branches of science including medicine, material science, biology, chemistry and physics⁴⁶. The FDA organization has approved the conjugation of anticancer drugs, diagnostic agents, and/or targeting agents to nanobiomaterials to build nanostructure weapons against cancer cells². At the time being, AuNPs are prepared by different green and synthetic techniques with different shapes as nanospheres, nanorods, nanocubes, nanobranches, nanobipyramids, nanoflowers, nanoshells, nanowires, and nanocages^{47,48}. Green chemistry is one of the promising research areas in nanotechnology for the fabrication of nanomaterials due to the growing demand to the synthesis of environmentally safe nanomaterials⁴⁹ and to reduce the cost and energy consumption associated with the production process using the physical/chemical techniques⁵⁰. The green synthesis approach are nontoxic, one step, easily available in affordable value, and thus are more preferable than the chemical and physical approaches⁸. Metallic nanoparticles have been biosynthesized using various natural resources as algae^{39,51}, fungi^{52–54}, bacteria⁵⁵, and plants^{56,57} as reducing and stabilizing agents for the fabrication of nanoparticles with different morphologies⁵⁸ and size distributions.

Therefore, in this study, we reported for the first time the green synthesis of biologically effective AuNPs via different concentrations of Arthospira platenisis exopolysaccharides and evaluated their efficacy against various cancer cell lines and microbial strains. The majority of the published research studies reported plant-mediated synthesis processes for the production of AuNPs and the most effective biogenic particles were spherical or nearly spherical shaped AuNPs with diameter size less than 100.0 nm⁵⁹. Our recovered biogenic AuNPs2 showed a range of particle sizes from 8.0 to 40.0 nm, the particles were isotropic, which are well known for small spherical nanoparticles due to their small aspect ratio^{60,61}. Each of the prepared AuNPs colloidal solutions expressed a very intense color, which is not found in the case of its parent material as previously reported in the published literatures⁶²⁻⁶⁴. The reason behind these colors is attributed to the collective oscillation of free conduction electrons. The surface plasmon resonance (SPR) absorbance is highly sensitive to the size, nature, temperature, shape of particles, and the environment of the surroundings⁶⁵. Generally, gold nanoparticles show intensive SPR bands in the region of 500.0 to 600.0 nm at the visible spectral region depending on the method of fabrication, the size of the particles, and the surrounding parameters^{66,67}. Also, UV-Vis spectrum of the recovered AuNPs showed absorption band at 560.0 nm, which indicate a little red shift as a result of the occurrence of some degree of aggregation. The aggregation states could be detected visually by a change in color of the solution from red to blue or purple. Blue shift was observed in the current study from 550.0 to 530.0, which emphasis the dependence of spectra on the size of AuNPs, as the size of gold nanoparticles decreases, the maximum absorption peaks were shifted to smaller wavelengths, a phenomenon called "Blue Shift"68. Different research studies showed that different biological sources which were used for AuNPs biosynthesis significantly affected their biological activities. As the biomolecules extracted from natural sources are used as unique reducing and capping agents for the reduction of metallic ions into differently-shaped and effective nanoparticles, whose specific chemistry are definitely linked to the efficacies of the parent materials⁶⁹. In addition to the type of the capping agents used in NPs preparation, nanoparticles characteristics such as their shape, size, surface chemistry, and charge could affect their pharmacokinetics (absorption, metabolism, distribution, and elimination)⁷⁰. These findings could explain the cytotoxic effects of the prepared AuNPs in the current study, as it was reported that AuNPs with average size < 30.0 mm were more cytotoxic and could be endocytosed by cells⁷¹. Furthermore, capping agents and NP characteristics such as shape, size, surface chemistry, and charge also influence the safety properties of NPs. Although different research articles confirmed the significant biomedical activities of biogenic metallic nanoparticles, it is very important to detect the hazards associated with the use of biogenic NPs. It is noteworthy that AuNPs safety is a hot topic that has gained great interest due to their potential biotechnological applications, but their safety is still a matter of debate among scientists. A large number of in vitro and in vivo experiments have proved the safety of AuNPs, while others confirmed their toxicity⁷⁰. Different factors such as size, shape, surface capping materials, charges of the surface, dose, and exposure time affect the toxicological properties of the prepared nano-particles⁷². In the current study, our results indicated that the safest concentration of AuNPs on WISH cells was 30.0 µg/ml), which is a very low concentration comparing with both the reported concentrations in the scientific literature and the previously reported concentration of the biologically prepared AgNPs using the same polysaccharides³⁹. In addition, another report explained that the biogenic AuNPs exert their toxic effect at concentrations as low as 40.0 μ g/ml⁷³.

The antibacterial effects of nanomaterials such as silver, gold, copper, titanium, zinc oxide, and magnesium oxide made them potential substitutes or complementary agents for antibacterial therapies⁷⁴. However, there is

no clear explanation in the scientific literature on the exact mechanism of NPs antibacterial effects, it is hypothetical that NPs could target the microbial cell membranes and damage the membrane potential. By considering the biomolecules capping of the prepared NPs surface, we believe that their strong antibacterial effects could be related to an easier penetration of the cell membranes by these biomolecules that resulted in increasing toxicity. Our results indicated that Gram negative bacteria were more sensitive to AuNPs treatments and this could be the result of the presence of tough cell wall in Gram-positive bacteria, but gram-negative bacterial cell wall is thinner. Therefore, AuNPs easily penetrate the cell membrane of the gram-negative bacteria and cause damaging effects to the bacterial cell⁷⁵. This finding confirmed the antimicrobial effects of AuNPs that could be used as a potential antimicrobial agent in the future.

The different anticancer effects of the biologically synthesized NPs on the same cell lines was found to be related to the nature of the biological capping agents, the metal NPs size distribution and shapes, and⁷⁶ the experimental conditions such as pH, temperature, and the concentration of metal salt^{8,76,77}. As we mentioned above, the different cytotoxic effects of nanoparticles could be attributed to the different nature of the capping agent present in algal polysaccharides. Although, the variable cytotoxic effects of the biogenic nanoparticles on different mammalian cells could be attributed to the size and level of aggregation of the NPs⁷². Various biomolecular agents were reported to be involved in AuNPs synthesis and stabilization into smaller nanoclusters. These agents could be amino acids, protein side chains, glutathione, phospholipids, and many more agents⁷².

The results of screening the efficacy of the biogenic AuNPs against breast cancer could be summarized in 4 groups⁵⁹, the first group confirmed the cytotoxic effects of biogenic AuNPs against breast cancer cells, while the second one reported no cytotoxic effects were observed upon cancer cells treatment with the nanostructures. In addition, the third group confirmed significant cytotoxic effects of the biogenic AuNPs against breast cancer cells, but low or no cytotoxicity against non-cancerous cells. Meanwhile, the last group didn't record any cytotoxic effects against both cancerous and non-cancerous cells. Interestingly, no reports were found to confirm the higher cytotoxic effects of the biogenic AuNPs on non-cancerous cells over breast cancer cells⁵⁹. In agreement with the third group, the current study confirmed the anticancer selectively effects of the biogenic AuNPs against MCF-7 cell line with low cytotoxic effects against noncancerous cells (about 25 times cytotoxic effects on the MCF-7 cells over the non-cancerous cells). The anticancer effects of the biogenic AuNPs were explained by arresting MCF-7 cells in the S phase and increasing the cellular population in the sub G0 phase. Similar results were found by earlier reports on MCF-7 and S phase arrest in MDA-MB-23178-80. Furthermore, decreasing the size of materials to the nanoscale extraordinary increases the reactivity and subsequently the interaction of NPs with the biological entities. Our recovered AuNPs were found to be deposited in the vacuoles, the cytoplasm, and in the perinuclear region of MCF-7 cells. AuNPs may be internalized into these cellular structures and caused different ultrastructural modifications. Generally, positively charged molecules have higher uptake ratio, but poor intracellular stability comparing to neutral or negatively charged molecules⁸¹. Furthermore, nanoparticles size positively affect their internalization⁸². Two main AuNPs internalization mechanisms were reported: membrane-bound vesicles and endosomes⁸³. It has been indicated that AuNPs rods may be endosomes internalized by vesicular bodies into human dermal fibroblasts and colon adenocarcinoma^{84,85}. Other studies reported that AuNPs could be phagocytic internalized in A549 and HBL-100 cells^{86,87}. Furthermore, AuNPs can be located in the cytosol, lysosomes, and perinuclear region as aggregates or singletons^{86,87}. The abilities of biogenic nanoparticles to alter the expression patterns of cancer cell genes and their genotoxic effects in different in vitro and in vivo models were reported^{51,88}. Furthermore, the abilities of AuNPs to induce cellular apoptosis by decreasing the expression levels of Survivin and Bcl-2 were confirmed. Choudhury et al., reported a reduction in the level of Bcl-2 protein (anti-apoptotic protein) in A549 cells after treatment with 40 nm AuNPs⁸⁹. Also, Selim et al., indicated that AuNPs could decreased the level of Bcl-2 proteins in the treated MCF-7 cells⁹⁰.

Conclusion

In the present work, it has been demonstrated that *Arthospira platensis* exopolysaccharides (EPS) are capable of reducing gold ions into three different AuNPs and the generated nanoparticles were stable for more than 3 months. The biosynthesized nanoparticles showed potent antimicrobial and cytotoxic effects against the tested cell lines and microbial strains. This study opens the door for the usage of the biogenic AuNPs alone or in parallel with chemotherapies and antibiotics for future cancer and microbial therapies, respectively.

Future prospective

Although we provided strong and comprehensive in vitro results, further biological applications and in vivo studies are required to confirm the reliability and efficacy of these AuNPs in animal models, which is our future prospective.

Data availability

All data generated or analyzed during this study are included in this published article [and its supplementary information files].

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Author contributions

N.M.El., perform the safety, anticancer, cell cycle and share with S.M.K. in the gene expression assay. N.M.El, conceived the study, wrote the first draft of the paper, and supervised the biological experiments. M.A.A. supervised the NPs synthesis and characterization experiments. S.M.K., prepare the AuNPs, share with A.M.A. in NPs characterization and stability studies under the supervision of M.A.A., and test the antimicrobial assay. All authors agree to be accountable for all aspects of work, ensuring integrity and accuracy.

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Competing interests

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